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Section 1: Personal details

This information will be used to join together Part 1 and Part 3 of your application forms.

Name

Richard Dean

Date of birth

Day Month Year

The next section asks you to write your statement of abuse.

Section 2: Your statement of abuse

Please refer to page 32 of the “Help to apply” guidance when filling in this form.

Please make sure that whatever way you provide your statement, you include all the information Redress Scotland needs to make a decision. You can find out more on page 35 of “Help to apply”.

You may find that writing this brings up feelings or memories. If you need support you can speak to a case worker who can refer you to further help:

- **Telephone:** 0808 175 0808 (freephone)
- **International:** +44 131 297 6500
Lines are open Monday to Thursday, from 10am to 4pm (except Scottish public holidays)
- **Email:** apply@redress-scheme.scot

Providing your statement of abuse

In Part 1, you will have provided information about any relevant care settings you were abused in.

In Part 3, you need to provide a statement about your abuse. You can choose how you want to provide your statement. You can complete Q1, Q2, Q3 and Q4. Or you can:

- submit a previous statement (for example, a copy of a statement given to the police)
- write your statement in another format that is better suited to you

How to complete this section

You may have been abused in one relevant care setting, or in several different ones.

For this part of the application form, please provide a statement about each care setting you were abused in.

For example, if you were abused in 3 relevant care settings, please provide 3 statements.

You can do this in any order that makes sense to you.

There are pages for 4 care settings included in this form. If you need more copies, you can:

- contact a case worker
- make a copy yourself
- print additional pages from mygov.scot/redress

Please remember:

- **there are no wrong answers - if Redress Scotland needs more or different information, your case worker will get in touch with you and let you know**
- **do not worry about your spelling**
- **use as much or as little space as you need to give your information - you can continue on additional pages if you want to**

Your statement for Care setting 1

Please read page 32 of the “Help to apply” guidance before you begin.

In Part 1, you will have already provided information about the care settings you were abused in. By providing this information here, your case worker can join together the name of the care setting with your statement of abuse.

Q1 | What is the name or location of the relevant care setting you were abused in?

(For example, the name of the care home, or the city or region where you lived in foster care or while boarded out).

Foster Family- Lanarkshire

Do not worry if you are uncertain about dates or time. Please provide your best estimate.

Q2 | When were you abused?

For example: a single date, an age, or an approximate time or time range.

1966

You do not have to provide names, if you cannot remember or do not feel comfortable doing so. If you do provide a name it will be passed to Police Scotland.

Q3 | Who was involved in your abuse?

For example: a member of staff, a peer or someone outside the care setting.

The information you provide will be used by Redress Scotland to make a decision about your application. Redress Scotland will use the “Assessment framework” to help them do this, available on gov.scot. Please be aware that it contains graphic descriptions of abuse.

Q4 | On the next page, please provide as much information as you can about:

- the abuse you experienced while living in this care setting
- what life was like for you during this time
- how the people responsible for your care and welfare failed to carry out that duty (within or beyond your care setting)

You can continue on additional pages if you need to.

Please read page 36 of “Help to apply” to find out more about what information you may want to include.

I was placed with a foster family where, from the very beginning, I experienced neglect. My sister and I were both kept there together, but we were not treated with the care, warmth, or compassion that children need. One of the strongest memories I have is around food. Meals were not a safe or nurturing time for us. Food would be placed in front of us, and if we didn't like it or struggled to eat it, we were not given any understanding or choice. Instead, we were force-fed. This would continue until we were physically sick, which was deeply distressing and frightening. It made me associate fear and anxiety with something as basic as eating.

We were also pushed around physically and shouted at frequently. The environment felt hostile and unpredictable, and I was often scared. My memories from this time are very vague, which I now understand can be a result of trauma. There are gaps and blurred moments, but the feelings of fear, confusion, and sadness have stayed with me.

It was very clear to me, even as a child, that we were treated differently from the foster carers' own children. They received affection, attention, and kindness, while my sister and I were denied those basic emotional needs. We were not given cuddles, comfort, or treats. Instead, we were kept isolated and secluded, which made us feel unwanted and alone. There was a constant sense that we did not belong and that we were somehow less deserving.

This experience had a profound impact on my mental health. Being neglected and treated this way at such a young age affected how I see myself and others. I have struggled with feelings of low self-worth, anxiety, and difficulty trusting people. The lack of affection and the harsh treatment I received have made it hard for me to form secure relationships and feel safe with others.

Even now, these early experiences continue to affect my life. I can still feel the emotional impact of that neglect and fear. It has shaped the way I respond to stress, the way I view relationships, and my overall sense of safety in the world. These memories, although sometimes unclear, carry a lasting emotional weight that I continue to live with every day.

Your statement for Care setting 2

Please read page 32 of the “Help to apply” guidance before you begin.

In Part 1, you will have already provided information about the care settings you were abused in. By providing this information here, your case worker can join together the name of the care setting with your statement of abuse.

Q1 | What is the name or location of the relevant care setting you were abused in?

(For example, the name of the care home, or the city or region where you lived in foster care or while boarded out).

Burnside childrens home

Do not worry if you are uncertain about dates or time. Please provide your best estimate.

Q2 | When were you abused?

For example: a single date, an age, or an approximate time or time range.

1967

You do not have to provide names, if you cannot remember or do not feel comfortable doing so. If you do provide a name it will be passed to Police Scotland.

Q3 | Who was involved in your abuse?

For example: a member of staff, a peer or someone outside the care setting.

The information you provide will be used by Redress Scotland to make a decision about your application. Redress Scotland will use the “Assessment framework” to help them do this, available on gov.scot. Please be aware that it contains graphic descriptions of abuse.

Q4 | On the next page, please provide as much information as you can about:

- the abuse you experienced while living in this care setting
- what life was like for you during this time
- how the people responsible for your care and welfare failed to carry out that duty (within or beyond your care setting)

You can continue on additional pages if you need to.

Please read page 36 of “Help to apply” to find out more about what information you may want to include.

Your statement for Care setting 2 continued

When I arrived at this place, I was immediately treated in a way that made me feel frightened and completely alone. I remember being dragged to my room as soon as I got there. I was then kept secluded and locked away from the other children, which meant I was not allowed to interact, socialise, or make friends. This isolation made me feel cut off from everyone and deeply lonely from the very beginning.

At the time, I was a bed wetter, which is something I now understand can be linked to stress and trauma, but instead of being supported, I was humiliated and abused for it. The staff would embarrass me, hit me, and deliberately draw attention to it in front of the other children. They would allow the other children to laugh at me, and even encourage it. I remember them hanging my sheets out of the window so others could see, making me feel exposed and ashamed. There were also times when they made me stay in the soiled bed sheets, again allowing other children to laugh at me. This was deeply degrading and has stayed with me ever since.

The physical abuse was severe. The head would grab me by the ears and drag me down the corridors, which was extremely painful and frightening. The staff were very vicious with their hands and would hit us regularly. I was often restrained in ways that caused me pain, including having my arms bent back forcefully. As punishment, they would also wash my mouth out with soap, which was both physically and emotionally distressing.

I was not only abused by staff but also targeted by the older children. They would pick on me, bully me, and physically hurt me. What made this even worse was that the staff allowed it to happen. They would stand by, laugh, and even torment me while I was being beaten up. There was never any intervention or protection. I felt completely unsafe at all times, with no one to turn to.

I was kept away from my siblings and was not really allowed family visits. This made me feel abandoned and completely alone in what I was going through. I had no one to help me, no one to comfort me, and no one I could call out to for support or protection.

I was also often hungry. Food was used as a form of punishment. Meals would be taken away, or if I didn't eat what was given, I would be forced to have the same plate of food put in front of me for days on end until I eventually ate it. This created a very unhealthy relationship with food and added to my distress.

All of these experiences affected me deeply, both mentally and physically. The abuse, neglect, and humiliation I suffered during this time have had a lasting and damaging impact on my life. I continue to struggle with severe depression and anxiety as a result of what I went through. These experiences have affected my confidence, my ability to trust others, and my overall sense of safety in the world. I feel that this period of my life has had a profound and lasting effect on who I am today, and it has, in many ways, ruined my life.

Your statement for Care setting 3

Please read page 32 of the “Help to apply” guidance before you begin.

In Part 1, you will have already provided information about the care settings you were abused in. By providing this information here, your case worker can join together the name of the care setting with your statement of abuse.

Q1 | What is the name or location of the relevant care setting you were abused in?

(For example, the name of the care home, or the city or region where you lived in foster care or while boarded out).

Eastlands- Peterborough

Do not worry if you are uncertain about dates or time. Please provide your best estimate.

Q2 | When were you abused?

For example: a single date, an age, or an approximate time or time range.

1968

You do not have to provide names, if you cannot remember or do not feel comfortable doing so. If you do provide a name it will be passed to Police Scotland.

Q3 | Who was involved in your abuse?

For example: a member of staff, a peer or someone outside the care setting.

The information you provide will be used by Redress Scotland to make a decision about your application. Redress Scotland will use the “Assessment framework” to help them do this, available on [gov.scot](https://www.gov.scot). Please be aware that it contains graphic descriptions of abuse.

Q4 | On the next page, please provide as much information as you can about:

- the abuse you experienced while living in this care setting
- what life was like for you during this time
- how the people responsible for your care and welfare failed to carry out that duty (within or beyond your care setting)

You can continue on additional pages if you need to.

Please read page 36 of “Help to apply” to find out more about what information you may want to include.

I was then taken to Eastlands in Peterborough. On my arrival, I was immediately struck by how chaotic and frightening the environment was. The staff were screaming at the other children, and the whole place felt completely out of control and unsafe. It was a feral atmosphere, where there was no sense of care, stability, or protection for any of us.

The staff were very rough with us from the beginning. Just like in the previous place, they humiliated me by hanging my bed clothes out of the window for others to see, which brought back the same feelings of shame and embarrassment. One of the most distressing things I experienced there was being forced to smoke at just 9 years old. This was used as a punishment. I was made to smoke cigarette after cigarette, even though I didn't want to and it made me feel extremely unwell. I clearly remember one occasion where they forced me to smoke around 10 cigarettes in a row until I was physically sick and in pain. It was a deeply traumatic experience that has stayed with me ever since.

The physical abuse continued in this place. The staff would restrain us by holding us down and sitting on us, which caused significant pain and fear. I felt completely powerless and helpless during these moments. They would also force us to do things we didn't want to do, without any regard for our feelings or wellbeing.

The older children were again used to intimidate and harm us. The staff would deliberately set them on us, which meant I was not only living in fear of the adults but also of the other children. There was no safety anywhere. I was constantly on edge, not knowing when something would happen.

We were often locked in our bedrooms and kept secluded for long periods of time. This isolation had a serious impact on my mental health. Being shut away like that made me feel trapped, abandoned, and forgotten. It added to the ongoing trauma I was experiencing and made it even harder to cope.

As a result of everything I went through in Eastlands, and the places before it, I have always suffered with anxiety and post-traumatic stress. These experiences have stayed with me throughout my life. I still carry the memories, the fear, and the emotional pain. I will never forget how I was neglected, abused, and made to feel worthless during that time, and it continues to affect me every day.

Your statement for Care setting 4

Please read page 32 of the “Help to apply” guidance before you begin.

In Part 1, you will have already provided information about the care settings you were abused in. By providing this information here, your case worker can join together the name of the care setting with your statement of abuse.

Q1 | What is the name or location of the relevant care setting you were abused in?

(For example, the name of the care home, or the city or region where you lived in foster care or while boarded out).

Do not worry if you are uncertain about dates or time. Please provide your best estimate.

Q2 | When were you abused?
For example: a single date, an age, or an approximate time or time range.

You do not have to provide names, if you cannot remember or do not feel comfortable doing so. If you do provide a name it will be passed to Police Scotland.

Q3 | Who was involved in your abuse?
For example: a member of staff, a peer or someone outside the care setting.

The information you provide will be used by Redress Scotland to make a decision about your application. Redress Scotland will use the “Assessment framework” to help them do this, available on [gov.scot](https://www.gov.scot). Please be aware that it contains graphic descriptions of abuse.

Q4 | On the next page, please provide as much information as you can about:

- the abuse you experienced while living in this care setting
- what life was like for you during this time
- how the people responsible for your care and welfare failed to carry out that duty (within or beyond your care setting)

You can continue on additional pages if you need to.

Please read page 36 of “Help to apply” to find out more about what information you may want to include.



Do you want help
with this section?

If you want help before sending in the form, you can:

- read page 32 of the “Help to apply” guidance
- contact a case worker

The next section has questions about your supporting documents.

Section 3: Supporting documents

Please provide any supporting documents you have related to your abuse in care.

You can find out more about these types of documents on page 33 of the “Help to apply” guidance.

In some cases, it may be difficult to find supporting documents. To help with this part of the application, you can:

- include supporting documents when you send this part of the form, if you already have them
- send in your form without any supporting documents – your case worker will get in touch with you and have a conversation about what you can provide

Please tick which option you have chosen:

- I am including supporting documents with my form
- I am not including supporting documents
(if you tick this, a case worker will contact you)
- I am collecting my documents and will submit them a later date

Do you want help
with this section?

If you want help before sending in the form, you can:

- read page 33 of the “Help to apply” guidance
- contact a case worker

The next section has a declaration you must sign and details about how your information is kept and shared.

Section 4: Declaration and privacy notice

In this section, you must sign your form.

For information about how Scotland's Redress Scheme will record and protect your personal information, please read the Privacy Notice for Scotland's Redress Scheme. You can find this on mygov.scot/redress.

Before you send your application you must agree to these statements:

I confirm that the details and information I have given in this application form are true and accurate to the best of my knowledge and belief.

I understand that I must notify Scotland's Redress Scheme of changes in my circumstances that may affect my application.

I confirm that if any of the information I gave in Part 1, Section 8 (related to previous payments and convictions) changes, I must let my case worker know.

I confirm that any documents I have provided in support of my application are genuine and any copy is a true copy of the original. I understand that if I provide a document which is not genuine, I may be subject to court proceedings.

I understand that if I give false or misleading information in support of my application or make a fraudulent application I may:

- be subject to court proceedings
- have to re-pay any money I was not entitled to

I confirm I have read and understood the Privacy Notice for Scotland's Redress Scheme which explains how the information I provide will be lawfully used and stored.

Your signature



Date

26/03/2026

Next steps

This is the end of Part 3. You do not need to submit your forms all at once. Once you are ready, you can submit your forms by email.

Afterwards, a case worker will contact you to confirm:

- they have received your application
- if they have any follow up questions
- next steps

By email

Please submit your application and any relevant documents to:

[**apply@redress-scheme.scot**](mailto:apply@redress-scheme.scot)

If you would like to contact a case worker

Please use these details to contact a case worker:

- **Telephone:** 0808 175 0808 (freephone)
- **International:** +44 131 297 6500
Lines are open Monday to Thursday, from 10am to 4pm
(except Scottish public holidays)
- **Email:** [**apply@redress-scheme.scot**](mailto:apply@redress-scheme.scot)

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