

East Practice Springfield Medical Centre

Date 19/08/2026

Springfield Medical Centre

30 Ponderlaw

St, Arbroath

DD111ES

Our Ref: DSAR-20260819-AAFD0F

Client Ref: 101149

Subject: Data Subject Access Request - Full GP Medical Records - Our Reference:101149

Client Name: Mr Ian Stewart Wilson Forsyth

Client Reference: 101149

Client Address: 64 Strathairlie Avenue, Arbroath, Scotland, DD11 1LP

Date of Birth: 30/07/1980

Name in Care:

Previous Address: 29 Largo Street, Arbroath, Scotland, DD11 5ES

NHS Number:

Dear Sir/Madam,

We act on behalf of the above-named individual and submit this request under Article 15 of the UK General Data Protection Regulation and the Data Protection Act 2018.

Scope of Request

We request a complete copy of the patient's full medical records, including all data held in electronic, paper, and archived formats.

This specifically includes:

Full GP records (not a summary printout)

Consultation notes and free-text entries

Historical paper records (including Lloyd George records where applicable)

Coded clinical data

Correspondence to and from hospitals, specialists, and external providers

Mental health records held within the GP file

Safeguarding concerns or alerts

Referral records and outcomes
Medication and prescription history
Any scanned documents or attachments

Format Requirement

We require a full record extract, not a patient summary or abbreviated report.

Where possible, please provide a complete system export including consultation notes and attachments.

Historical Records

Please ensure searches include:
Archived and legacy systems
Paper and scanned records
Records transferred from previous GP practices

Enclosures

We enclose:
Signed authority
Proof of identity

Should you require any further information to process this request, please advise promptly.

Statutory Timeframe

We expect a response within one calendar month. If an extension is required, please confirm with reasons in writing.

Non-Holding of Data

If you do not hold a complete record, please confirm:
The dates of records held
Details of any previous GP practices

Service of Documents

We only accept service of documents via email at evidence@mmalegal.co.uk. Should you for any reason be unable to send documents to the above email, please notify us via the same email imminently.

Yours faithfully,

James Taylor
Investigations Team
INS Law

E: evidence@inslaw.co.uk

T: +441618880834

Your customer account number:
A36183050

Supply address:
Strathairlie Avenue, 64., DD11 1LP

Rota block letter: ☐ K



0000977

Ian Forsyth
64 STRATHAIRLIE AVENUE
ARBROATH
ANGUS
DD11 1LP



Date:
10th July 2026

Reference:
BG/PAYG/AS/DM

① Your energy bill from April 2026

Your energy bill has been discounted from the 1st of April following action taken by the UK Government in the 2025 Budget. You can find more information at gov.uk/your-energy-bill

Hello Ian,

Let's look back at your electricity use over the year

Don't worry — this isn't a bill. It's just for your information.

It's always good to know what you've spent, so here's a handy summary of your electricity costs for the last 12 months.



Your electricity account summary

Here's what you spent on **electricity**
Based on your usage from 01/07/2025 to 30/06/2026



Remember, you'll need to top-up regularly during the warmer months to



Letter of Authority

Autorisation to Act in Relation to Data Subject Access Requests

Full Name	Ian Forsyth
Date of Birth	30/07/1980
Previous Names (if any)	
Current Address	64 Strathairlie Avenue Arbroath Scotland DD11 1LP
Previous Address (relevant to care placements)	29 Largo Street Arbroath Scotland DD115ES
Mothers Name:	Deardrie Christie
Fathers Name:	Ian Stewart Wilson Forsyth

Authorised Representative

Firm Name	INS Law
Address	Building B, 23 Goodlass Road, Speke, Liverpool, England, L24 9HJ
Email	evidence@inslaw.co.uk
Telephone	0161 888 0830
Matter Reference	101149

Dear Sir/Madam,

I, Ian Forsyth , confirm that I have instructed INS Law to act on my behalf in relation to the exercise of my data protection rights, including my right of access under the UK General Data Protection Regulations and the Data Protection Act 2018. This authority is provided specifically in relation to my application to The Scottish Redress Scheme, providing authority to INS Law to obtain any and all information they deem necessary to progress my application.

I authorise INS Law, including its partners, directions, employees, consultants, agents, and authorised representatives, to:

1. Prepare, submit, and pursue Data Subject Access Requests on my behalf;
2. Correspond with you and communicate with you on my behalf in relation to any Data Subject Access Request or associated data protection matter;
3. Request confirmation as to whether you process my personal data;
4. Request access to, and copies of, my personal data and any supplementary information to which I am entitled under applicable data protection law;
5. Request information concerning the purposes of processing, categories of personal data processed, recipients or categories of recipients, retention periods, sources of data, and any automated decision-making or profiling, where applicable;
6. Provide, confirm, or clarify information reasonably required to identify me and locate my personal data;
7. Receive correspondence, disclosures, copies of personal data, explanations, schedules, electronic files, paper records, and any other response or material provided in connection with the request;
8. Correspondence with you regarding the scope, timing, format, completeness, or adequacy of any response;
9. Raise queries, challenge omissions, request clarification, request further searches, and pursue follow-up correspondence where necessary; and
10. Where appropriate, assist me in making complaints or representations to the Information Commissioner's Office or in taking any further steps arising from your response or failure to respond.

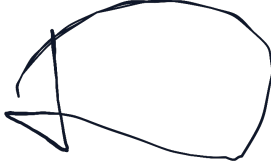
This authority applies to personal data held by you in any form, including paper records, electronic records, correspondence notes, call recordings, account records, internal records, case files, databases, emails, messages, audio recordings, CCTV footage, and any other records containing my personal data.

This authority extends to all personal data concerning me that you hold.

I request all correspondence and disclosure materials relating to any Data Subject Access Request be sent directly to INS Law using the contact details above, quoting reference

I further authorise INS Law to disclose any records, personal data, special category personal data, witness statements and application materials obtained on my behalf to independent Scottish solicitors or legal advisers where reasonably required for the purpose of advising me on any offer, award, review, reconsideration or statutory waiver under the Scottish Redress Scheme.

This authority remains valid from the date of signature, unless revoked by me in writing.

Signature	
Print Name	Ian Forsyth
Date	22/07/2026

Certificate of Authenticity

Fintrixor — electronic signature record



Certificate ID	01KY4WCR6PJWDSRN147A3AH20F
Document ID	01KY4TGEJKQSF5GZY91T17N7SZ
SHA-256 Document Hash	3043d707c6cb91dcfaa26b21c326fccd37d93e6aa3a09cf393c372e515288a12
Recipient Name	Mr Ian Stewart Wilson Forsyth
Recipient Email	gersforsyth@hotmail.com
Signing Timestamp (UTC)	2026-07-22 12:21:46
IP Address	82.2.187.212
Browser	Safari on iOS

Signing Consent & Review

Document opened	2026-07-22 11:52:50 UTC
Document reviewed (scrolled through)	2026-07-22 11:59:06 UTC
Consent confirmed	2026-07-22 12:21:46 UTC from 82.2.187.212

Statement confirmed: "I confirm that my electronic signature is legally binding and has the same legal effect as a handwritten signature."

Audit Trail

Event	Timestamp (UTC)	IP Address	Browser
Document created	2026-07-22 11:48:51	45.145.101.64	Unknown browser
Document sent to recipient	2026-07-22 11:49:01	45.145.101.64	Unknown browser
Document opened by recipient	2026-07-22 11:52:50	82.2.187.212	Safari
Document opened by recipient	2026-07-22 11:56:05	82.2.187.212	Safari
Document opened by recipient	2026-07-22 11:56:11	82.2.187.212	Safari
Document opened by recipient	2026-07-22 11:57:29	82.2.187.212	Safari
Document reviewed (scrolled through)	2026-07-22 11:59:06	82.2.187.212	Safari
Document opened by recipient	2026-07-22 11:59:16	82.2.187.212	Safari
Document opened by recipient	2026-07-22 11:59:49	82.2.187.212	Safari
Document opened by recipient	2026-07-22 12:05:01	82.2.187.212	Safari
Document opened by recipient	2026-07-22 12:05:59	82.2.187.212	Safari
Document opened by recipient	2026-07-22 12:07:03	82.2.187.212	Safari

Document opened by recipient	2026-07-22 12:07:59	82.2.187.212	Safari
Document opened by recipient	2026-07-22 12:11:03	82.2.187.212	Safari
Legally-binding consent confirmed	2026-07-22 12:21:46	82.2.187.212	Safari
Document signed	2026-07-22 12:21:46	82.2.187.212	Safari

Verify this certificate at <https://esign.fintrixor.co.uk/verify/01KY4WCR6PJWDSRN147A3AH20E>