

**NHS Forth Valley**

Date 19/06/2026

Carseview House, Stirling, Fk9 4sw  
Stirling  
FK94SW

Our Ref: DSAR-20260619-9738B6  
Client Ref: 100243

Subject: Data Subject Access Request – Hospital / NHS Trust Records - Our Reference:100243

Client Name: Miss Kirsty Heggie  
Client Reference: 100243  
Client Address: 59 Mariner Road, amelon, FALKIRK, FK1 4LE  
Date of Birth: 19/10/1990  
Name in Care: Kirsty Cummings  
Previous Address: tillicoulpry  
NHS Number (if known):  
Previous Addresses (if applicable):

Dear Sir/Madam,

We act on behalf of the above-named individual and submit this request under Article 15 of the UK GDPR and the Data Protection Act 2018.

Please provide copies of personal data held by your organisation which is relevant to our client's history of abuse, care records, patient records and/or historical trauma arising from their time in care.

In particular, please search for and disclose records relating to:

childhood or historic abuse, neglect, safeguarding, care history or time spent in care;  
mental health, psychiatric, psychological or trauma-related treatment;  
PTSD, anxiety, depression, distress, crisis presentations or self-harm;  
suicide attempts, suicidal ideation or overdoses;  
substance misuse, addiction, alcohol or drug dependency;  
injuries, physical symptoms or medical conditions potentially linked to abuse or trauma;  
referrals, assessments, discharge summaries, care plans, risk assessments and correspondence

with GPs, social work, police, care providers or other agencies.

Please include relevant records from A&E, inpatient and outpatient services, mental health services, crisis teams, safeguarding teams, archived systems, paper files, scanned records and any legacy or predecessor organisation records.

We are not seeking routine or unrelated medical records unless they are relevant to the matters above.

We enclose signed authority and proof of identity.

If you do not hold relevant records, please confirm whether the individual attended your organisation and identify any known successor or alternative record-holding organisation.

Please respond within one calendar month. We only accept service of documents by email to: [evidence@mmalegal.co.uk](mailto:evidence@mmalegal.co.uk). If this is not possible, please notify us by email as soon as possible.

Yours faithfully,

Investigations Team

MMA Legal

E: [evidence@mmalegal.co.uk](mailto:evidence@mmalegal.co.uk)

T: 0161 570 0550

## **DEED OF AUTHORITY & CONSENT**

| <b>THIS DEED is made on the date of signature below by (the “Client”)</b> |                                                 |
|---------------------------------------------------------------------------|-------------------------------------------------|
| Full Name:                                                                | Kirsty Heggie                                   |
| Date of Birth:                                                            | 19/10/1990                                      |
| Previous Names (if any):                                                  |                                                 |
| Current Address:                                                          | 59 Mariner Road<br>amelon<br>FALKIRK<br>FK1 4LE |
| Previous Addresses (relevant to care placements):                         |                                                 |
| CHI / NHS Number (if known):                                              |                                                 |

| <b>IN FAVOUR OF (the “Representative”)</b> |                                       |
|--------------------------------------------|---------------------------------------|
| Firm Name:                                 | MMA Legal                             |
| Address                                    | SToK, 43-59 Princes Street, Stockport |
| Postcode                                   | SK1 1RY                               |
| Email                                      | evidence@mmalegal.co.uk               |
| Telephone Number                           | 0161 563 0816                         |

### **1. STATUS AND CONSTRUCTION**

- 1.1. This Deed is executed as a deed and constitutes valid written authority for the purposes of:
  - 1.1.1. UK GDPR
  - 1.1.2. Data Protection Act 2018
  - 1.1.3. Common law confidentiality
  - 1.1.4. Any related statutory, regulatory or supervisory framework
- 1.2. This Deed shall be interpreted purposively and broadly to give full effect to the Client’s intention that all personal data and Records relating to them be disclosed to the Representative, subject only to lawful statutory restriction.
- 1.3. This Deed is intended to provide clear and comprehensive authority for disclosure of the Client’s personal data.

### **2. APPOINTMENT**

- 2.1. The Client appoints the Representative to act fully on their behalf in connection with:
  - 2.1.1. An application to Redress Scotland;
  - 2.1.2. Any review, reconsideration or appeal;
  - 2.1.3. Evidence gathering and submission;
  - 2.1.4. Any associated advisory, compensatory or restorative process.
- 2.2. Requests made by the Representative shall be treated as made personally by the Client.

### **3. SCOPE OF AUTHORITY**

- 3.1. This Authority applies to all public and private bodies including (without limitation):
  - 3.1.1. Local Authorities and Councils
  - 3.1.2. NHS Boards and GP Practices
  - 3.1.3. Health & Social Care Partnerships
  - 3.1.4. Integration Joint Boards
  - 3.1.5. Religious bodies and orders
  - 3.1.6. Residential and foster care providers
  - 3.1.7. Education authorities and schools
  - 3.1.8. Government departments
  - 3.1.9. Archive services
  - 3.1.10. Insurers holding historical liability files
  - 3.1.11. Successor, merged or restructured public bodies
- 3.2. The Authority applies whether Records are:
  - 3.2.1. Archived, microfiche, digitised or handwritten;
  - 3.2.2. Stored off-site by contractors;
  - 3.2.3. Held by dissolved or reconstituted institutions;
  - 3.2.4. Transferred following statutory reorganisation.
- 3.3. The Client requests that records not be withheld solely on administrative grounds such as archival storage or institutional restructuring including, for example:
  - 3.3.1. The institution has closed or restructured;
  - 3.3.2. Records are archived or require manual retrieval;
  - 3.3.3. Records are held by insurers or successor bodies;
  - 3.3.4. Retrieval involves time or administrative burden.

### **4. SPECIAL CATEGORY DATA – EXPLICIT CONSENT**

- 4.1. For the purposes of Article 9 UK GDPR and Schedule 1 Data Protection Act 2018, the Client gives explicit consent to disclosure of all special category data including:
  - 4.1.1. Physical and mental health records
  - 4.1.2. Psychiatric and psychological reports
  - 4.1.3. Therapy and counselling notes
  - 4.1.4. CAMHS records
  - 4.1.5. Social work and safeguarding files
  - 4.1.6. Ethnicity or religious data where recordedThis includes all NHS and private medical providers.

This explicit consent may be withdrawn at any time by written notice.

## **5. CRIMINAL OFFENCE DATA – EXPLICIT CONSENT**

5.1. For the purposes of Article 10 UK GDPR and Schedule 1 Data Protection Act 2018, the Client gives explicit consent to disclosure of:

- 5.1.1. Criminal offence data
- 5.1.2. Police investigation material
- 5.1.3. Child protection investigations
- 5.1.4. Statements and intelligence logs
- 5.1.5. Outcome decisions

including records held by:

- 5.1.6. Police Scotland
- 5.1.7. Any predecessor Scottish police force
- 5.1.8. Prosecuting authorities.

## **6. THIRD-PARTY DATA AND REDACTION**

- 6.1. The existence of third-party data shall not justify refusal to disclose the Client's personal data.
- 6.2. Where necessary, redaction shall be limited strictly to third-party information.
- 6.3. Mixed data shall be disclosed in redacted form rather than withheld in entirety.

## **7. PROPORTIONALITY AND REASONED DECISION-MAKING**

- 7.1. Any refusal, limitation or redaction must:
  - 7.1.1. Identify the specific statutory exemption relied upon;
  - 7.1.2. Explain how that exemption applies to the particular Record;
  - 7.1.3. Confirm why partial disclosure is not possible;
  - 7.1.4. Be communicated in writing.
- 7.2. Blanket refusal without statutory justification may not satisfy statutory obligations under applicable data protection legislation.
- 7.3. Any reliance upon "disproportionate effort" must provide written reasoning demonstrating why staged disclosure or redaction is not feasible.

## **8. VALIDITY AND FORMAL REQUIREMENTS**

- 8.1. This Deed remains valid for 24 months from execution unless withdrawn in writing.
- 8.2. Disclosure shall not be refused because:
  - 8.2.1. An internal template form has not been used;
  - 8.2.2. The Authority is considered "out of date" within internal policy;
  - 8.2.3. Additional consent is sought beyond reasonable identity verification.
- 8.3. Any organisation acting in good faith reliance upon this Deed shall be fully discharged in making disclosure.

## **9. REGULATORY AND STATUTORY RIGHTS**

In the event of non-compliance, refusal, or unreasonable delay in responding to a lawful request made under this Deed, the Client and/or the Representative reserve the right to pursue any statutory or regulatory remedies available under applicable law.

This may include raising concerns with the relevant supervisory authority or regulator where appropriate.

Nothing in this Deed limits the Client's rights under the UK GDPR, the Data Protection Act 2018, or any other applicable statutory framework.

Withdrawal shall not invalidate disclosures already made in reliance upon this Deed.

### **EXECUTION AS A DEED**

| Signed and delivered as a Deed by the Client: |                                                                                    |
|-----------------------------------------------|------------------------------------------------------------------------------------|
| Signature                                     |  |
| Print Name                                    | Kirsty Heggie                                                                      |
| Date                                          | 10/03/2026                                                                         |

| Witness    |                                                |
|------------|------------------------------------------------|
| Name       | Ben Jacobs                                     |
| Address    | SToK, 43-59 Princes Street, Stockport, SK1 1RY |
| Occupation | Case Handler                                   |
| Signature  | <b>Ben Jacobs</b>                              |
| Date       | 10/03/2026                                     |

# Completion Certificate

Reference ID: 62a88b8a-43e7-4523-a481-c2743a30a89f

## Document Details

**Document Name(s):** part-1, part-3, cfa, loa, fee-clarity  
**Total Pages:** 4  
**Sent By:** Ben Jacobs (195.21.72.3)  
**Completed Date:** Mar 10, 2026 10:43:55 UTC

## Signer Information

**Name:** Miss Kirsty Heggie  
**Email:** kirstyheggie.music@gmail.com  
**Telephone:** 07784453284  
**IP Address:** 82.132.218.29



Verified Electronic Signature

## Audit Trail

| Action                                | Timestamp           | IP Address    |
|---------------------------------------|---------------------|---------------|
| Created                               | 2026-03-10 10:41:26 | System        |
| Document link sent to client by email | 2026-03-10 10:41:26 | System        |
| Document link sent to client by sms   | 2026-03-10 10:41:27 | System        |
| Document link opened by client        | 2026-03-10 10:41:31 | 74.125.208.43 |
| Document electronically signed        | 2026-03-10 10:43:55 | 82.132.218.29 |

## Security Verification

SHA-256 Checksum: 06b4b1e02fafc5801bd3390989e6feb685c2979f77d53a372df1ce22cc236b17





Social Security Scotland  
Tèarainteachd Shòisealta Alba

19462/24423



Kirsty Heggie  
59 MARINER ROAD  
CAMELON  
FALKIRK  
Scotland  
FK1 4LE

31600



**Carer Support Payment**

PO Box 10328

DUNDEE

DD1 9HE

Freephone: 0800 182 2222

[mygov.scot/benefits](https://mygov.scot/benefits)

**11 February 2026**

Dear Kirsty,

**Payment increase**



We're writing to tell you that Carer Support Payment will increase on 5 April 2026. This is because of the annual increase in benefits. Carer Support Payment will increase from £83.30 to £86.45 a week.

You'll get £345.80 every 4 weeks.

**Earnings limit increase**

To be eligible for Carer Support Payment you must earn less than the weekly earnings limit. From 5 April 2026 the earnings limit will increase from £196.00 a week to £204.00 a week.

**If anything changes**

Your award could also stop if you no longer meet the eligibility criteria for the benefit.

You must tell us of changes so that we can make sure you're still entitled to the benefit. If you do not tell us about changes and this means you're no longer eligible, you could be committing an offence under section 72 of the Social Security (Scotland) Act 2018.

To find out more about change of circumstances, go to [mygov.scot/if-your-circumstances-change](https://mygov.scot/if-your-circumstances-change).

You must tell us if you:

- change your address
- change your name

Dignity, fairness, respect.