

NHS Lothian - Referral Letter

Referral To	AHP - Dietetics Weight Management L Weight Management - Adult
Urgency of referral	Routine
Date of referral	10/10/2018
Date submitted	10/10/2018
UCPN	101017156997X

<u>PATIENT DETAILS</u>		Contact Details	
CHI number:	3012571450	8/5 NORTHCOTE STREET	Voice (Mobile) : 07804894530
Name:	MR RONALD MCROBB	DALRY	
Date of birth:	30/12/1957	EDINBURGH	
Sex:	Male	EH11 2HL	

<u>REFERRING PRACTITIONER DETAILS</u>		Practice address
Name:	Dr Sarah Murray (GMC: 7013340)	39 ARDMILLAN TERRACE
Practice:	Springwell Medical Centre	EDINBURGH
Phone:	Voice : 01313471860	EH11 2JL

CLINICAL INFORMATION

Reason for Referral: Weight management

Main Referral Text: This 60 year old man is very keen to work on his weight which he feels has increased despite dietary measures. He feels this has a negative impact on his mental health and he has requested help to manage this. He does have a history of depression/psychosis but is currently stable on his medication. He engages well. We would be grateful if you would consider him for assessment/help.

Investigations

<u>Description</u>	<u>Result</u>	<u>Date</u>
Patient weight in kilograms :	84kg	
Patient height in metres :	1.67m	
Patient BMI (kilograms per square metre) :	30.1	
Has first line dietary advice been provided? :	Yes	
Has this patient's readiness been assessed? :	Yes	
Do you expect the benefits of the programme to outweigh the risks involved? :	Yes	
Would you be willing to support prescription of anti-obesity meds? :	Yes	
Would this patient like to be considered for bariatric surgery? :	No	
Does this patient have known mental health problems? :	Yes	
If Yes, please provide details :	Currently stable on meds - Mirtazepine/Quetiapine under Dr Cooper psychiatry consultant	
Is this patient currently engaged in treatment with Community Mental Health services? :	Yes	
If Yes, please provide details :	Has a CPN who he sees weekly and Dr Cooper psychiatrist on a 6 monthly basis.	
Are there any known risks associated with visiting this patient at home? :	No	

Pre-existing conditions (High & Medium Priority)

<u>Description</u>	<u>Modifier</u>	<u>Extension</u>	<u>Start Date</u>	<u>Date Recorded</u>
Nonorganic psychosis NOS	New event		02/08/2018	02/08/2018
Psychotic episode NOS	New event	F23	07/03/2017	07/03/2017
Psoriasis NOS	New event		08/12/2015	08/12/2015
Plantar fasciitis	New event		01/12/2011	01/12/2011

Erectile dysfunction	New event	14/09/2011	14/09/2011
Chronic depression		11/01/2011	11/01/2011
Anxiety with depression		13/10/2010	13/10/2010
H/O: psoriasis		01/01/1999	01/01/1999
Minor head injury		04/07/1998	04/07/1998
Other finger injuries unsp.	finger fracture	20/06/1997	20/06/1997
Neurotic (reactive) depression	history of	23/10/1995	23/10/1995
Viral warts	perineal. Recurrent	13/04/13	11/05/1992

Past procedures (High and Medium Priority)

<u>Procedure</u>	<u>Comment</u>	<u>Modifier</u>	<u>Date Performed</u>	<u>Date Recorded</u>
Removal of FB from cornea			08/05/1990	08/05/1990

Recent medication (Any medication issued within last 90 days not shown above)

<u>Drug name</u>	<u>Formulation</u>	<u>Dosage</u>	<u>Frequency</u>	<u>Course started</u>	<u>Duration</u>	<u>Last Prescribed Date</u>
Canesten HC cream (Bayer Plc)	gram	APPLY TWICE DAILY FOR 10 DAYS		09/10/2018		09/10/2018
Omeprazole 20mg gastro-resistant capsules	capsule	1 CAPSULE ONCE A DAY FOR ACID[more]		09/10/2018		09/10/2018
Mirtazapine 30mg tablets	tablet	1 TABLET ONCE A DAY AT NIGHT		03/10/2018		03/10/2018
Quetiapine 400mg modified-release tablets	tablet	1 TABLET ONCE DAILY AT NIGHT		03/10/2018		03/10/2018
Quetiapine 400mg modified-release tablets	tablet	1 TABLET ONCE DAILY AT NIGHT		14/09/2018		14/09/2018
Mirtazapine 30mg tablets	tablet	1 TABLET ONCE A DAY AT NIGHT		14/09/2018		14/09/2018
CosmoCol Lemon and Lime Flavour oral powder sachets (Stirling Anglian Pharmaceuticals Ltd)	sachet	1-2 SACHETS AT NIGHT FOR CON[more]		13/09/2018		13/09/2018
Senna 7.5mg tablets	tablet	2 TABLETS AT NIGHT FOR CONSTIPATION		13/09/2018		13/09/2018
Biotene Oralbalance dry mouth saliva replacement gel (GlaxoSmithKline Consumer Healthcare)	gram	AS DIRECTED		13/09/2018		13/09/2018
Mirtazapine 30mg tablets	tablet	1 TABLET ONCE A DAY AT NIGHT		31/08/2018		31/08/2018
CosmoCol Lemon and Lime Flavour oral powder sachets (Stirling Anglian Pharmaceuticals Ltd)	sachet	1-2 SACHETS AT NIGHT FOR CON[more]		30/08/2018		30/08/2018
Otomize ear spray (Teva UK Ltd)	ml	1 SPRAY THREE TIMES DAILY 7 D[more]		30/08/2018		30/08/2018
Canesten HC cream (Bayer Plc)	gram	APPLY TWICE DAILY FOR 10 DAYS		16/08/2018		16/08/2018
Temazepam 10mg tablets	tablet	1 TAB BEFORE SLEEP		16/08/2018		16/08/2018
Mirtazapine 30mg tablets	tablet	1 TABLET ONCE A DAY AT NIGHT		07/08/2018		07/08/2018
Quetiapine 50mg modified-release tablets	tablet	1 TABLET(S) AT NIGHT AND INCR[more]		02/08/2018		02/08/2018
Quetiapine 400mg modified-release tablets	tablet	1 TABLET ONCE DAILY AT NIGHT [more]		02/08/2018		02/08/2018
Haloperidol 500microgram capsules	capsule	4 CAPS IN MORNING AND 2 IN TH[more]		02/08/2018		02/08/2018
Zopidone 3.75mg tablets	tablet	1 TABLET AT NIGHT FOR 2 WEEKS[more]		02/08/2018		02/08/2018
Otomize ear spray (Teva UK Ltd)	ml	1 SPRAY THREE TIMES DAILY FOR[more]		02/08/2018		02/08/2018
Temazepam 10mg tablets	tablet	1 TAB BEFORE SLEEP		02/08/2018		02/08/2018

Diazepam 5mg tablets	tablet	1 TABLET MAXIMUM TWICE DAILY	02/08/2018	02/08/2018
Betamethasone valerate 0.1% scalp application	ml	APPLY EVERY 2 DAYS TO SCALP ([more]	02/08/2018	02/08/2018
Clotrimazole 1% cream	gram	APPLY TWO TO THREE TIMES DAIL[more]	02/08/2018	02/08/2018
Haloperidol 500microgram capsules	capsule	ONE CAPSULE BD (IN ADDITION T[more]	23/07/2018	23/07/2018
Hydrocortisone 1% cream	gram	APPLY THINLY TWICE A DAY FOR [more]	19/07/2018	19/07/2018
Zopidone 7.5mg tablets	tablet	1 TABLET AT NIGHT	19/07/2018	19/07/2018
Temazepam 10mg tablets	tablet	1 TAB BEFORE SLEEP	19/07/2018	19/07/2018
Haloperidol 1.5mg tablets	tablet	ONE TABLET BD	19/07/2018	19/07/2018
Mirtazapine 30mg tablets	tablet	1 TABLET ONCE A DAY AT NIGHT	19/07/2018	19/07/2018
Clotrimazole 1% cream	gram	APPLY TWO TO THREE TIMES DAIL[more]	19/07/2018	19/07/2018

Additional information

Smoking history (Encounters):Ex smoker

Date recorded:02-Feb-2018

Alcohol history (Encounters):Harmful alcohol use

Date recorded:07-Mar-2017

Exercise history (Encounters):30 mins/day of at least mod intensty physc activity >=5 week Date recorded:02-Feb-2018

Patient Weight in Kilograms:84

Patient Height in Metres:1.67

NHS Lothian - Referral Letter

Referral To	Mental Health Edinburgh - Adult Psychiatry (South West) L Edinburgh Adult Psychiatry
Urgency of referral	Routine
Date of referral	18/01/2018
Date submitted	18/01/2018
UCPN	101015284779Y

<u>PATIENT DETAILS</u>		Contact Details	
CHI number:	3012571450	8/5 NORTHCOTE STREET	Voice (Mobile) : 07804894530
Name:	MR RONALD MCROBB	DALRY	
Date of birth:	30/12/1957	EDINBURGH	
Sex:	Male	EH11 2HL	

<u>REFERRING PRACTITIONER DETAILS</u>		Practice address
Name:	Dr. Alasdair Lynch (GMC: 7077737)	Springwell Medical Centre
Practice:	Springwell Medical Group (71082)	39 Ardmillan Terrace
Phone:	Voice : 0131 347 1860	Edinburgh
		EH11 2JL

CLINICAL INFORMATION

Reason
for
Referral: Brief Psychotic episodes
Main
Referral As discussed with Dr Cooper
Text: Dear Dr,

Many thanks for your review of this 60 year old gentleman who describes 2 distinct episodes of paranoia. The first of these occurred between christmas and new year. It was triggered after a period of insomnia. Ronald describes becoming very paranoid and heard voices outside his flat threatening to harm him. This resolved over 3-4 days. However it recurred on friday after not sleeping on thursday night. Over the course of friday he became acutely more paranoid, locking himself in his flat. He describes seeing 3 men outside his window (lives on 2nd floor) discussing ways of harming him. Hid in bath for most of the time and armed himself with large kitchen knife. States that he also heard people on the phone after he called the surgery for an appointment stating they would 'get him on the way to springwell'. Over the past 48hr symptoms have completely resolved, although Ronald is obviously quite distressed about these episodes. he admits to thoughts of suicide over last weekend.

Ronald has a history of similar episodes - see correspondence by IHTT. After this episode 1 year ago he was started on olanzapine, however this was changed to risperidone by Dr Quinn because of perceived lack of benefit (not SE as discussed on the phone - apologies). At this stage he was taking 10mg per day but still having quite anxious paranoid thoughts about leaving th house.

Unfortunately he did not tolerate risperidone due to SE of 'edginess'. At this stage his paranoia had improved so we aimed to treat his anxiety and insomnia. Trial of mirtazepine seemed to be going well until the last month.

Ronald's personal history is noted previously. he currently attends V1P where he sees william kilpatrick (tel no 220 9920) on a weekly basis for CBT. He also volunteers weekly at Gorgie city farm.

I have restarted his olanzapine at 5mg nocte and also given him a course of zopiclone to aid sleep. He will be seeing me next week and at regular intervals for the current time.

Yours Sincerely

Dr Alasdair Lynch

Investigations

<u>Description</u>	<u>Result</u>	<u>Date</u>
Presence of new psychotic symptoms :	true	
Escalating mental health deterioration despite GP intervention :	true	
Risk to employment or education (e.g. requiring time off work) :	true	

Pre-existing conditions (High & Medium Priority)

<u>Description</u>	<u>Modifier</u>	<u>Extension</u>	<u>Start Date</u>	<u>Date Recorded</u>
Psychotic episode NOS	New event	F23	07/03/2017	07/03/2017
Psoriasis NOS	New event		08/12/2015	08/12/2015
Plantar fasciitis	New event		01/12/2011	01/12/2011
Erectile dysfunction	New event		14/09/2011	14/09/2011
Chronic depression			11/01/2011	11/01/2011
Anxiety with depression			13/10/2010	13/10/2010
H/O: psoriasis			01/01/1999	01/01/1999
Minor head injury			04/07/1998	04/07/1998
Other finger injuries unsp.		finger fracture	20/06/1997	20/06/1997
Neurotic (reactive) depression		history of	23/10/1995	23/10/1995
Viral warts		perineal. Recurrent	13/04/13	11/05/1992

Past procedures (High and Medium Priority)

<u>Procedure</u>	<u>Comment</u>	<u>Modifier</u>	<u>Date Performed</u>	<u>Date Recorded</u>
Removal of FB from cornea			08/05/1990	08/05/1990

Recent medication (Any medication issued within last 90 days not shown above)

<u>Drug name</u>	<u>Formulation</u>	<u>Dosage</u>	<u>Frequency</u>	<u>Course started</u>	<u>Duration</u>	<u>Last Prescribed Date</u>
Zopiclone 7.5mg tablets	tablet	1 TABLET AT NIGHT WHEN REQUIRED		18/01/2018		18/01/2018
Olanzapine 5mg tablets	tablet	1 TABLET AT NIGHT		18/01/2018		18/01/2018
Lymecycline 408mg capsules	capsule	ONE TO BE TAKEN DAILY		18/12/2017		18/12/2017
Mirtazapine 45mg tablets	tablet	1 TABLET ONCE A DAY AT NIGHT		18/12/2017		18/12/2017

Diazepam 5mg tablets	tablet	1 TABLET MAXIMUM TWICE DAILY	18/12/2017	18/12/2017
Otomize ear spray (Teva UK Ltd)	ml	1 SPRAY THREE TIMES DAILY INT[more]	10/11/2017	10/11/2017
Mirtazapine 15mg tablets	tablet	2 TABLET ONCE A DAY AT NIGHT	06/11/2017	06/11/2017
Sodium bicarbonate 5% ear drops	ml	INSTIL TWICE A DAY FOR 7-10 DAYS	06/11/2017	06/11/2017
Mirtazapine 15mg tablets	tablet	2 TABLET ONCE A DAY AT NIGHT	03/11/2017	03/11/2017

Additional information

Smoking history (Encounters):Current smoker Date recorded:22-Sep-2014

Alcohol history (Encounters):Harmful alcohol use Date recorded:07-Mar-2017

Exercise history (Encounters):Enjoys moderate exercise Date recorded:01-Jan-1900

Patient Weight in Kilograms:80

Patient Height in Metres:1.67

3012571450
Born 30/12/1957

17/02/2017 10:27:26
Male

McROBB, RONALD

RIE (1)
Dept: Emergency Dept. (4>

Rate 113

PR 167
QRSD 85
QT 346
QTc 475

--AXIS--
P 24
QRS 23
T 2

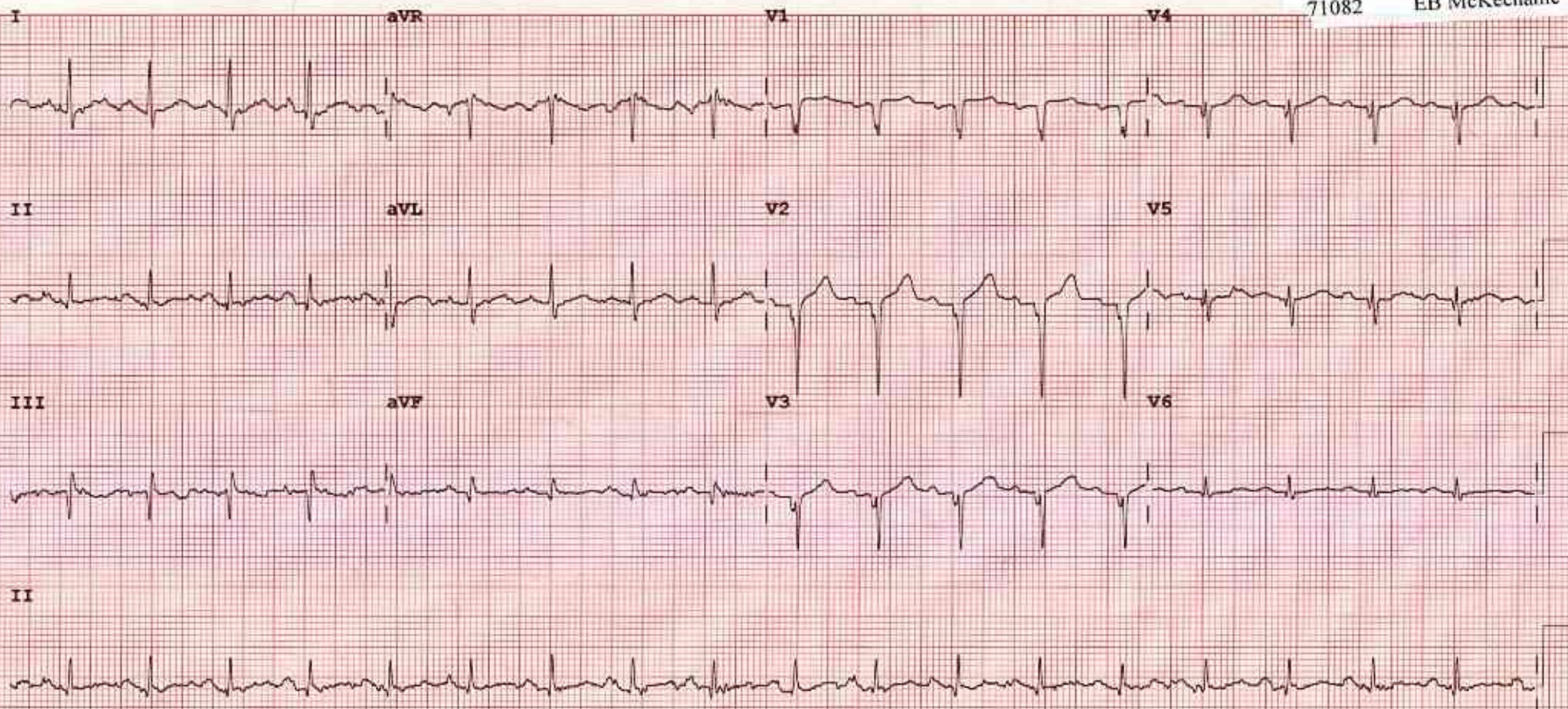
Knee pain denie) chest pain
infection.

sinus tachy

Oper: OLIVIA

Review:]
Time:]
Actions:]

600086642R/E3488908 M 30/12/1957
McRobb, Ronald
8/5 Northcote Street,
Edinburgh,
Midlothian,
EH11 2HL
CHI 3012571450
71082 EB McKechnie



Dev: 50515

Speed: 25 mm/sec Limb: 10 mm/mV Chest: 10.0 mm/mV

F 50~ 0.15-100 Hz

PH10 CL P?

MCROBB, RONALD

ID:3012571450

17-FEB-2017 10:27:26

NHS Lothian-RIE_ED ROUTINE RECORD

30-DEC-1957 (59 yr)
Male Unknown

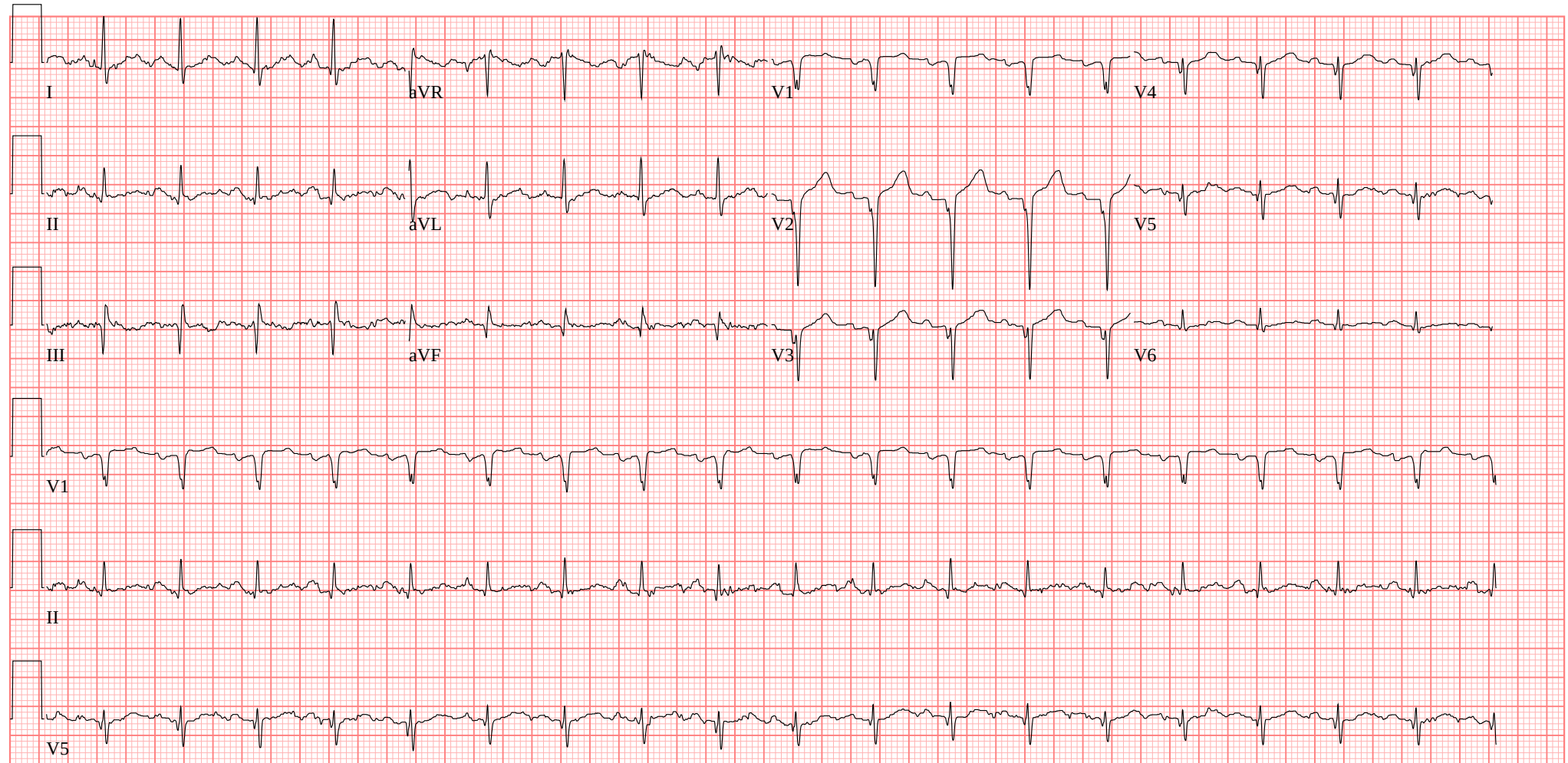
Vent. rate	113	BPM
PR interval	167	ms
QRS duration	85	ms
QT/QTc	346/474	ms
P-R-T axes	24 23	2

Room:
Loc:40

Technician: OLIVIA
Test ind:

Referred by:

Unconfirmed



25mm/s 10mm/mV 150Hz 8.0.1 CID: 50515

SID: 1219543 EID: EDT: ORDER:

NHS Lothian - Referral Letter

Referral To	Lauriston Buildings Dermatology L Dermatology
Urgency of referral	Routine
Date of referral	21/05/2015
Date submitted	21/05/2015
UCPN	1010092845068

PATIENT DETAILS		Contact Details	
CHI number:	3012571450	8/5 NORTHCOTE STREET	Voice (Mobile) : 07804894530
Name:	MR RONALD MCROBB	DALRY	
Date of birth:	30/12/1957	EDINBURGH	
Sex:	Male	EH11 2HL	

REFERRING PRACTITIONER DETAILS		Practice address
Name:	Dr. Eilis McKechnie (GMC: 6065122)	Springwell Medical Centre
Practice:	Springwell Medical Group (71082)	39 Ardmillan Terrace
Phone:	Voice : 0844 477 8712	Edinburgh EH11 2JL

CLINICAL INFORMATION

Reason for Referral: Flare of psoriasis

Main Referral Text: Dear Dermatology,

This 57yo male has been struggling to keep his psoriasis under control for some time now. He has had problems with anxiety over the last few months and has found that during this time he has also lost control of his psoriasis.

He has widespread involvement but the main areas that bother him are his face/neck and his lower leg (particularly his right leg). He finds the appearance of his skin embarrassing and while he is happy to exercise at the gym he avoids the pool.

He is currently using emollients, betnovate and coal tar regularly but this doesn't seem to be helping. He had UVB treatment in 2013 and is keen to be considered for this again.

He is currently taking citalopram for his anxiety and this is starting to have an impact.

Many thanks,

Dr E McKechnie

Investigations

Description	Result	Date
List present treatment(s) :	emoillents Betnovate Coal Tar	
List all previously prescribed treatment(s) :	Responded well to previous UVB therapy	

Pre-existing conditions (High & Medium Priority)

Description	Modifier	Extension	Start Date	Date Recorded
Plantar fasciitis	New event		01/12/2011	01/12/2011
Erectile dysfunction	New event		14/09/2011	14/09/2011
Chronic depression			11/01/2011	11/01/2011
Anxiety with depression			13/10/2010	13/10/2010
H/O: psoriasis			01/01/1999	01/01/1999
Minor head injury			04/07/1998	04/07/1998
Other finger injuries unsp.		finger fracture	20/06/1997	20/06/1997
Neurotic (reactive) depression		history of	23/10/1995	23/10/1995
Viral warts		perineal. Recurrent	11/05/1992	11/05/1992

Past procedures (High and Medium Priority)

<u>Procedure</u>	<u>Comment</u>	<u>Modifier</u>	<u>Date Performed</u>	<u>Date Recorded</u>
Removal of FB from cornea			08/05/1990	08/05/1990

Current medication (Active Repeat medication issued within the last 12 months)

<u>Drug name</u>	<u>Formulation</u>	<u>Dosage</u>	<u>Frequency</u>	<u>Course started</u>	<u>Duration</u>	<u>Last Prescribed Date</u>
Oilatum cream (GlaxoSmithKline Consumer Healthcare)	gram	USE AS REQUIRED		17/04/2015		17/04/2015

Recent medication (Any medication issued within last 90 days not shown above)

<u>Drug name</u>	<u>Formulation</u>	<u>Dosage</u>	<u>Frequency</u>	<u>Course started</u>	<u>Duration</u>	<u>Last Prescribed Date</u>
Otomize ear spray (Forest Laboratories UK Ltd)	ml	1 SPRAY THREE TIMES DAILY		21/05/2015		21/05/2015
Diazepam 5mg tablets	tablet	TAKE ONLY WHEN NEEDED FOR ANXIETY		21/05/2015		21/05/2015
Citalopram 20mg tablets	tablet	1 TABLET DAILY		21/05/2015		21/05/2015
Betamethasone valerate 0.1% scalp application	ml	APPLY EVERY 2 DAYS TO SCALP		17/04/2015		17/04/2015
Mometasone 0.1% cream	gram	APPLY THINLY ONCE DAILY		17/04/2015		17/04/2015
Betamethasone valerate 0.1% cream	gram	APPLY AT NIGHT		17/04/2015		17/04/2015
Diazepam 2mg tablets	tablet	1 TABLET AS REQUIRED UP TO 4 [more]		17/04/2015		17/04/2015
Trazodone 50mg capsules	capsule	1 CAPSULE AT NIGHT		17/04/2015		17/04/2015
Citalopram 10mg tablets	tablet	1 TABLET DAILY		17/04/2015		17/04/2015

Additional information

Smoking history (Encounters):Current smoker Date recorded:22-Sep-2014
Alcohol history (Encounters):Alcohol consumption Date recorded:14-Sep-2011
Exercise history (Encounters):Enjoys moderate exercise Date recorded:01-Jan-1900
Patient Weight in Kilograms:80
Patient Height in Metres:1.67

NHS Lothian - Referral Letter

Referral To	Lauriston Buildings Dermatology L Dermatology
Urgency of referral	Routine
Date of referral	07/01/2013
Date submitted	07/01/2013
UCPN	1010047001354

PATIENT DETAILS		Contact Details	
CHI number:	3012571450	8/5 NORTHCOTE STREET	Voice (Home) : 313-0753
Name:	MR RONALD MCROBB	DALRY	
Date of birth:	30/12/1957	EDINBURGH	
Sex:	Male	EH11 2HL	

REFERRING PRACTITIONER DETAILS		Practice address
Name:	Dr. Shehzad Ali (GMC: 6055985)	Springwell Medical Centre 39 Ardmillan Terrace Edinburgh EH11 2JL
Practice:	Springwell Medical Group (71082)	
Phone:	Voice : 0844 477 8712	

CLINICAL INFORMATION

Reason for Referral: Poorly controlled psoriasis

Main Referral Text: Many thanks for seeing this 55 year old gentleman with poorly controlled psoriasis. The regime as attached has been mildly helpful. The plaques are widespread and itching is worse at night. He is keen on specialist input.

Pre-existing conditions (High & Medium Priority)

Description	Modifier	Extension	Start Date	Date Recorded
Plantar fasciitis	New event		01/12/2011	01/12/2011
Erectile dysfunction	New event		14/09/2011	14/09/2011
Chronic depression			11/01/2011	11/01/2011
Anxiety with depression			13/10/2010	13/10/2010
H/O: psoriasis			01/01/1999	01/01/1999
Minor head injury			04/07/1998	04/07/1998
Other finger injuries unsp.		finger fracture	20/06/1997	20/06/1997
Neurotic (reactive) depression		history of	23/10/1995	23/10/1995
Viral warts		perineal warts	11/05/1992	11/05/1992

Past procedures (High and Medium Priority)

Procedure	Comment	Modifier	Date Performed	Date Recorded
Removal of FB from cornea			08/05/1990	08/05/1990

Current medication (Active Repeat medication issued within the last 12 months)

Drug name	Formulation	Dosage	Frequency	Course started	Duration	Last Prescribed Date
Dovobet ointment (LEO Pharma)	gram	APPLY THINLY DAILY		10/07/2012		10/07/2012
Neutrogena T/Gel Therapeutic shampoo (Johnson & Johnson Ltd)	ml	SHAMPOO AS DIRECTED		10/07/2012		10/07/2012
E45 crm	gram pump	APPLY AS NEEDED		01/12/2011		17/04/2012

E45 emollient wash cream
(Forum Health Products Ltd)

ml

SOAP
SUBSTITUTE

01/12/2011

24/01/2012

Recent medication (Any medication issued within last 90 days not shown above)

<u>Drug name</u>	<u>Formulation</u>	<u>Dosage</u>	<u>Frequency</u>	<u>Course started</u>	<u>Duration</u>	<u>Last Prescribed Date</u>
Coal tar solution 5% cutaneous emulsion	ml	APPLY TWICE DAILY		07/12/2012		07/12/2012
Mometasone 0.1% cream	gram	APPLY AT NIGHT		07/12/2012		07/12/2012
Coal tar solution 5% cutaneous emulsion	ml	APPLY TWICE DAILY		15/11/2012		15/11/2012
Calcitriol 3micrograms/g ointment	gram	APPLY TWO TIMES A DAY		14/11/2012		14/11/2012
Carbo-Dome 10% cream (Sandoz Ltd)	gram	APPLY ONCE DAILY		14/11/2012		14/11/2012
Loratadine 10mg tablets	tablet	1 TABLET ONCE A DAY		14/11/2012		14/11/2012
Ibugel Forte 10% gel (Dermal Laboratories Ltd)	gram	APPLY BOTH KNEES THREE TIMES DAILY		14/11/2012		14/11/2012
Mometasone 0.1% cream	gram	APPLY AT NIGHT		14/11/2012		14/11/2012
Anusol HC ointment (McNeil Products Ltd)	gram	APPLY TWICE DAILY		14/11/2012		14/11/2012
Cetirizine 10mg tablets	tablet	1 TABLET ONCE A DAY		01/11/2012		01/11/2012
Calcitriol 3micrograms/g ointment	gram	APPLY TWO TIMES A DAY		01/11/2012		01/11/2012
Carbo-Dome 10% cream (Sandoz Ltd)	gram	APPLY ONCE DAILY		01/11/2012		01/11/2012
Dithranol 0.1% cream	gram	APPLY TO LESION AND LEAVE FOR[more]		01/11/2012		01/11/2012
Betnovate 0.1% scalp application (GlaxoSmithKline UK Ltd)	ml	AS DIRECTED		01/11/2012		01/11/2012
Temazepam 10mg tablets	tablet	1 TAB AT NIGHT		01/11/2012		01/11/2012
Anusol HC ointment (McNeil Products Ltd)	gram	APPLY TWICE DAILY		01/11/2012		01/11/2012

Clinical warnings

Allergies

<u>Description</u>	<u>Comment</u>	<u>Modifier</u>	<u>Start Date</u>	<u>Recorded Date</u>
H/O: drug allergy	[TRUNCATED]Drug code for allergy: Diclofenac 50mg dispersible tablets sugar free, Reaction type: Adverse Effect, Read code for reaction: H/O: drug allergy [14L..00], Certainty of allergy: Likely, Se			28/02/2011

Additional information

Smoking history (Encounters):Current smoker Date recorded:10-Jul-2012
Alcohol history (Encounters):Alcohol consumption Date recorded:14-Sep-2011
Exercise history (Encounters):Enjoys moderate exercise Date recorded:1-Jan-1900
Patient Weight in Kilograms:78
Patient Height in Metres:1.67

CNA

NHS Lothian - Referral Letter

Referral To	Royal Infirmary of Edinburgh at Little France General Surgery L Basic SIGN Referral
Urgency of referral	Routine
Date of referral	07/12/2012
Date submitted	07/12/2012
UCPN	1010046026113

PATIENT DETAILS		Contact Details	
CHI number:	3012571450	8/5 NORTHCOTE STREET	Voice (Home) : 313-0753
Name:	MR RONALD MCROBB	DALRY	
Date of birth:	30/12/1957	EDINBURGH	
Sex:	Male	EH11 2HL	

REFERRING PRACTITIONER DETAILS		Practice address
Name:	Dr. Shehzad Ali (GMC: 6055985)	Springwell Medical Centre
Practice:	Springwell Medical Group (71082)	39 Ardmillan Terrace
Phone:	Voice : 0844 477 8712	Edinburgh
		EH11 2JL

CLINICAL INFORMATION

Reason for Referral:	Anal skin tags/warts					
Main Referral Text:	Many thanks for seeing this gentleman with a history of chronic progressively worsening anal lesions. They appear as skin tags or warts, They are irritant and can bleed. Haemorrhoid creams have been helpful. I believe he has had these operated on in the past but I cannot find any hospital letters with regards this. I would be grateful if you could review him and advise on further management.					
Pre-existing conditions (High & Medium Priority)						
Description	Modifier	Extension	Start Date	Date Recorded		
Plantar fasciitis	New event		01/12/2011	01/12/2011		
Erectile dysfunction	New event		14/09/2011	14/09/2011		
Chronic depression			11/01/2011	11/01/2011		
Anxiety with depression			13/10/2010	13/10/2010		
H/O: psoriasis			01/01/1999	01/01/1999		
Minor head injury			04/07/1998	04/07/1998		
Other finger injuries unsp.		finger fracture	20/06/1997	20/06/1997		
Neurotic (reactive) depression		history of	23/10/1995	23/10/1995		
Viral warts		perineal warts	11/05/1992	11/05/1992		
Past procedures (High and Medium Priority)						
Procedure	Comment	Modifier	Date Performed	Date Recorded		
Removal of FB from cornea			08/05/1990	08/05/1990		
Current medication (Active Repeat medication issued within the last 12 months)						
Drug name	Formulation	Dosage	Frequency	Course started	Duration	Last Prescribed Date

Dovobet ointment (LEO Pharma)	gram	APPLY THINLY DAILY	10/07/2012	10/07/2012
Neutrogena T/Gel Therapeutic shampoo (Johnson & Johnson Ltd)	ml	SHAMPOO AS DIRECTED	10/07/2012	10/07/2012
E45 crm	gram pump	APPLY AS NEEDED	01/12/2011	17/04/2012
E45 emollient wash cream (Forum Health Products Ltd)	ml	SOAP SUBSTITUTE	01/12/2011	24/01/2012

Recent medication (Any medication issued within last 90 days not shown above)

<u>Drug name</u>	<u>Formulation</u>	<u>Dosage</u>	<u>Frequency</u>	<u>Course started</u>	<u>Duration</u>	<u>Last Prescribed Date</u>
Coal tar solution 5% cutaneous emulsion	ml	APPLY TWICE DAILY		07/12/2012		07/12/2012
Mometasone 0.1% cream	gram	APPLY AT NIGHT		07/12/2012		07/12/2012
Coal tar solution 5% cutaneous emulsion	ml	APPLY TWICE DAILY		15/11/2012		15/11/2012
Calcitriol 3micrograms/g ointment	gram	APPLY TWO TIMES A DAY		14/11/2012		14/11/2012
Carbo-Dome 10% cream (Sandoz Ltd)	gram	APPLY ONCE DAILY		14/11/2012		14/11/2012
Loratadine 10mg tablets	tablet	1 TABLET ONCE A DAY		14/11/2012		14/11/2012
Ibugel Forte 10% gel (Dermal Laboratories Ltd)	gram	APPLY BOTH KNEES THREE TIMES DAILY		14/11/2012		14/11/2012
Mometasone 0.1% cream	gram	APPLY AT NIGHT		14/11/2012		14/11/2012
Anusol HC ointment (McNeil Products Ltd)	gram	APPLY TWICE DAILY		14/11/2012		14/11/2012
Cetirizine 10mg tablets	tablet	1 TABLET ONCE A DAY		01/11/2012		01/11/2012
Calcitriol 3micrograms/g ointment	gram	APPLY TWO TIMES A DAY		01/11/2012		01/11/2012
Carbo-Dome 10% cream (Sandoz Ltd)	gram	APPLY ONCE DAILY		01/11/2012		01/11/2012
Dithranol 0.1% cream	gram	APPLY TO LESION AND LEAVE FOR [more]		01/11/2012		01/11/2012
Betnovate 0.1% scalp application (GlaxoSmithKline UK Ltd)	ml	AS DIRECTED		01/11/2012		01/11/2012
Temazepam 10mg tablets	tablet	1 TAB AT NIGHT		01/11/2012		01/11/2012
Anusol HC ointment (McNeil Products Ltd)	gram	APPLY TWICE DAILY		01/11/2012		01/11/2012
Omeprazole 20mg gastro-resistant capsules	capsule	ONE CAPSULE TO BE TAKEN TWO T[more]		08/10/2012		08/10/2012
Omeprazole 20mg gastro-resistant capsules	capsule	ONE CAPSULE TO BE TAKEN TWO T[more]		26/09/2012		26/09/2012
Amoxicillin 500mg capsules	capsule	TWO CAPSULES TO BE TAKEN TWO [more]		26/09/2012		26/09/2012
Clarithromycin 500mg tablets	tablet	ONE TABLET TO BE TAKEN TWO TI[more]		26/09/2012		26/09/2012
Temazepam 10mg tablets	tablet	1 TAB AT NIGHT		26/09/2012		26/09/2012

Propranolol 40mg tablets	tablet	1 TABLET EVERY DAY, CAN INCREASE [more]	20/09/2012	20/09/2012
Omeprazole 20mg gastro-resistant capsules	capsule	1 CAPSULE ONCE A DAY	20/09/2012	20/09/2012
Otomize ear spray (Forest Laboratories UK Ltd)	ml	1 SPRAY THREE TIMES DAILY	20/09/2012	20/09/2012

Clinical warnings

Allergies

<u>Description</u>	<u>Comment</u>	<u>Modifier</u>	<u>Start Date</u>	<u>Recorded Date</u>
H/O: drug allergy	[TRUNCATED]Drug code for allergy: Diclofenac 50mg dispersible tablets sugar free, Reaction type: Adverse Effect, Read code for reaction: H/O: drug allergy [14L.00], Certainty of allergy: Likely, Se			28/02/2011

Additional information

Smoking history (Encounters):Current smoker Date recorded:10-Jul-2012

Alcohol history (Encounters):Alcohol consumption Date recorded:14-Sep-2011

Exercise history (Encounters):Enjoys moderate exercise Date recorded:1-Jan-1900

Patient Weight in Kilograms:78

Patient Height in Metres:1.67

NHS Lothian - Referral Letter

Referral To	Royal Infirmary of Edinburgh at Little France General Surgery L Basic SIGN Referral
Urgency of referral	Routine
Date of referral	07/12/2012
Date submitted	07/12/2012
UCPN	1010046026113

PATIENT DETAILS		Contact Details	
CHI number:	3012571450	8/5 NORTHCOTE STREET	Voice (Home) : 313-0753
Name:	MR RONALD MCROBB	DALRY	
Date of birth:	30/12/1957	EDINBURGH	
Sex:	Male	EH11 2HL	

REFERRING PRACTITIONER DETAILS		Practice address
Name:	Dr. Shehzad Ali (GMC: 6055985)	Springwell Medical Centre
Practice:	Springwell Medical Group (71082)	39 Ardmillan Terrace
Phone:	Voice : 0844 477 8712	Edinburgh
		EH11 2JL

CLINICAL INFORMATION

Reason for Referral: Anal skin tags/warts

Main Referral Text: Many thanks for seeing this gentleman with a history of chronic progressively worsening anal lesions. They appear as skin tags or warts, They are irritant and can bleed. Haemorrhoid creams have been helpful. I believe he has had these operated on in the past but I cannot find any hospital letters with regards this. I would be grateful if you could review him and advise on further management.

Pre-existing conditions (High & Medium Priority)

Description	Modifier	Extension	Start Date	Date Recorded
Plantar fasciitis	New event		01/12/2011	01/12/2011
Erectile dysfunction	New event		14/09/2011	14/09/2011
Chronic depression			11/01/2011	11/01/2011
Anxiety with depression			13/10/2010	13/10/2010
H/O: psoriasis			01/01/1999	01/01/1999
Minor head injury			04/07/1998	04/07/1998
Other finger injuries unsp.		finger fracture	20/06/1997	20/06/1997
Neurotic (reactive) depression		history of	23/10/1995	23/10/1995
Viral warts		perineal warts	11/05/1992	11/05/1992

Past procedures (High and Medium Priority)

Procedure	Comment	Modifier	Date Performed	Date Recorded
Removal of FB from cornea			08/05/1990	08/05/1990

Current medication (Active Repeat medication issued within the last 12 months)

Drug name	Formulation	Dosage	Frequency	Course started	Duration	Last Prescribed Date
Dovobet ointment (LEO Pharma)	gram	APPLY THINLY DAILY		10/07/2012		10/07/2012
Neutrogena T/Gel Therapeutic shampoo (Johnson & Johnson Ltd)	ml	SHAMPOO AS DIRECTED		10/07/2012		10/07/2012

E45 crm	gram pump	APPLY AS NEEDED	01/12/2011	17/04/2012
E45 emollient wash cream (Forum Health Products Ltd)	ml	SOAP SUBSTITUTE	01/12/2011	24/01/2012

Recent medication (Any medication issued within last 90 days not shown above)

<u>Drug name</u>	<u>Formulation</u>	<u>Dosage</u>	<u>Frequency</u>	<u>Course started</u>	<u>Duration</u>	<u>Last Prescribed Date</u>
Coal tar solution 5% cutaneous emulsion	ml	APPLY TWICE DAILY		07/12/2012		07/12/2012
Mometasone 0.1% cream	gram	APPLY AT NIGHT		07/12/2012		07/12/2012
Coal tar solution 5% cutaneous emulsion	ml	APPLY TWICE DAILY		15/11/2012		15/11/2012
Calcitriol 3micrograms/g ointment	gram	APPLY TWO TIMES A DAY		14/11/2012		14/11/2012
Carbo-Dome 10% cream (Sandoz Ltd)	gram	APPLY ONCE DAILY		14/11/2012		14/11/2012
Loratadine 10mg tablets	tablet	1 TABLET ONCE A DAY		14/11/2012		14/11/2012
Ibugel Forte 10% gel (Dermal Laboratories Ltd)	gram	APPLY BOTH KNEES THREE TIMES DAILY		14/11/2012		14/11/2012
Mometasone 0.1% cream	gram	APPLY AT NIGHT		14/11/2012		14/11/2012
Anusol HC ointment (McNeil Products Ltd)	gram	APPLY TWICE DAILY		14/11/2012		14/11/2012
Cetirizine 10mg tablets	tablet	1 TABLET ONCE A DAY		01/11/2012		01/11/2012
Calcitriol 3micrograms/g ointment	gram	APPLY TWO TIMES A DAY		01/11/2012		01/11/2012
Carbo-Dome 10% cream (Sandoz Ltd)	gram	APPLY ONCE DAILY		01/11/2012		01/11/2012
Dithranol 0.1% cream	gram	APPLY TO LESION AND LEAVE FOR[more]		01/11/2012		01/11/2012
Betnovate 0.1% scalp application (GlaxoSmithKline UK Ltd)	ml	AS DIRECTED		01/11/2012		01/11/2012
Temazepam 10mg tablets	tablet	1 TAB AT NIGHT		01/11/2012		01/11/2012
Anusol HC ointment (McNeil Products Ltd)	gram	APPLY TWICE DAILY		01/11/2012		01/11/2012
Omeprazole 20mg gastro-resistant capsules	capsule	ONE CAPSULE TO BE TAKEN TWO T[more]		08/10/2012		08/10/2012
Omeprazole 20mg gastro-resistant capsules	capsule	ONE CAPSULE TO BE TAKEN TWO T[more]		26/09/2012		26/09/2012
Amoxicillin 500mg capsules	capsule	TWO CAPSULES TO BE TAKEN TWO [more]		26/09/2012		26/09/2012
Clarithromycin 500mg tablets	tablet	ONE TABLET TO BE TAKEN TWO TI[more]		26/09/2012		26/09/2012
Temazepam 10mg tablets	tablet	1 TAB AT NIGHT		26/09/2012		26/09/2012
Propranolol 40mg tablets	tablet	1 TABLET EVERY DAY, CAN INCRE[more]		20/09/2012		20/09/2012
Omeprazole 20mg gastro-resistant capsules	capsule	1 CAPSULE ONCE A DAY		20/09/2012		20/09/2012
Otomize ear spray (Forest Laboratories UK Ltd)	ml	1 SPRAY THREE TIMES DAILY		20/09/2012		20/09/2012

Clinical warnings

Allergies

<u>Description</u>	<u>Comment</u>	<u>Modifier</u>	<u>Start Date</u>	<u>Recorded Date</u>
H/O: drug allergy	[TRUNCATED]Drug code for allergy: Diclofenac 50mg dispersible tablets sugar free, Reaction type: Adverse Effect, Read code for reaction: H/O: drug allergy [14L..00], Certainty of allergy: Likely, Se			28/02/2011

Additional information

Smoking history (Encounters):Current smoker Date recorded:10-Jul-2012
 Alcohol history (Encounters):Alcohol consumption Date recorded:14-Sep-2011
 Exercise history (Encounters):Enjoys moderate exercise Date recorded:1-Jan-1900

Patient Weight in Kilograms:78
Patient Height in Metres:1.67

NHS Lothian - Referral Letter

Referral To	Royal Infirmary of Edinburgh at Little France Endocrinology L Basic SIGN Referral
Urgency of referral	Routine
Date of referral	20/07/2011
Date submitted	20/07/2011
UCPN	101002291452S

PATIENT DETAILS		Contact Details	
CHI number:	3012571450	8/5 NORTHCOTE STREET	Voice (Home) : 313-0753
Name:	MR RONALD MCROBB	DALRY	
Date of birth:	30/12/1957	EDINBURGH	
Sex:	Male	EH11 2HL	

REFERRING PRACTITIONER DETAILS		Practice address
Name:	Dr. Alexander Cavaghan (GMC: 6134572)	Springwell Medical Centre
Practice:	Springwell Medical Group (71082)	39 Ardmillan Terrace
Phone:	Voice : 0844 477 8712	Edinburgh EH11 2JL

CLINICAL INFORMATION

Reason for Referral: hypogonadism

Main Referral Text: This 53 year old man recently attended the GP over concerns about his testosterone levels. He had read in a magazine article about someone who had similar problems as himself and this had been the problem.

He initially attended at the beginning of July with a long history of erectile dysfunction with absent morning erections for many years. He also had felt persistently low in mood and energy and long standing loss of libido.

A check of his morning testosterone levels area attached which are indeed low, LH FSH and prolactin are reduced.

Examination of his testes show normal anatomy with no obvious atrophy nor masses.

I wonder if this gentleman would benefit from testosterone replacement therapy and would value your opinion.

Pre-existing conditions (High & Medium Priority)

Description	Modifier	Extension	Start Date	Date Recorded
Chronic depression			11/01/2011	11/01/2011
Anxiety with depression			13/10/2010	13/10/2010
H/O: psoriasis			01/01/1999	01/01/1999
Minor head injury			04/07/1998	04/07/1998
Other finger injuries unsp.		finger fracture	20/06/1997	20/06/1997
Neurotic (reactive) depression		history of	23/10/1995	23/10/1995
Viral warts		perineal warts	11/05/1992	11/05/1992

Past procedures (High and Medium Priority)

Procedure	Comment	Modifier	Date Performed	Date Recorded
Removal of FB from cornea			08/05/1990	08/05/1990

Current medication (Active Repeat medication issued within the last 12 months)

Drug name	Formulation	Dosage	Frequency	Course started	Duration	Last Prescribed Date
CANESTEN crm 1%	gram(s)	APPLY 1-2 TIMES/DAY		23/05/2011		18/07/2011

Recent medication (Any medication issued within last 90 days not shown above)

<u>Drug name</u>	<u>Formulation</u>	<u>Dosage</u>	<u>Frequency</u>	<u>Course started</u>	<u>Duration</u>	<u>Last Prescribed Date</u>
CANESTEN crm 1%	gram	APPLY TWO OR THREE TIMES A DAY		05/07/2011		05/07/2011
CANESTEN crm 1%	gram(s)	APPLY 1-2 TIMES/DAY		23/05/2011		23/05/2011
MOVELAT crm	gram(s)	APPLY 3 TIMES/DAY		23/05/2011		23/05/2011

Clinical warnings**Allergies**

<u>Description</u>	<u>Comment</u>	<u>Modifier</u>	<u>Start Date</u>	<u>Recorded Date</u>
H/O: drug allergy	[TRUNCATED]Drug code for allergy: DICLOFENAC SODIUM disp tab 50mg, Reaction type: Adverse Effect, Read code for reaction: H/O: drug allergy [14L..00], Certainty of allergy: Likely, Severity of aller			28/02/2011

Additional information

Smoking history (Encounters):Current smoker Date recorded:21-Jul-2010
Alcohol history (Encounters):Heavy drinker - 7-9u/day Date recorded:13-May-1997
Exercise history (Encounters):Enjoys moderate exercise Date recorded:1-Jan-1900
Patient Weight in Kilograms:78
Patient Height in Metres:1.67