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Legal Desk
Health Records
Dalmellington Road
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KA6 6DX

MMA Legal
Building B
23 Goodlass Road
Liverpool
Speke
L24 9HJ

Date 22/07/2026
Our Ref CMcA/2907813579
Your Ref 100082
Enquires to Charlene
Telephone 01292 616452

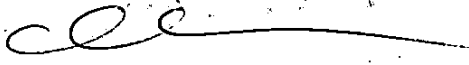
E-mail Charlene.mcanally@aapct.scot.nhs.uk

Dear Sir/Madam

RE: Christopher Mulholland, 71 Kirklandneuk Road, Renfrew, PA4 9BP

I refer to your recent request to myself regarding the above and enclose the relevant documentation you require.

Yours faithfully,


Mr R H Bryden
Head of Health Records Services

**NHS Ayrshire and
Arran Medical
Records**

**Christopher
Mulholland
(2907813579)**

MULHOLLAND, CHRISTOPHER (Mr)

Date of Birth 29-Jul-1981 (44y) undefined Male CHI Number 2907813579

History for Summary of contact

From 18/06/1926 Until 18/06/2026

Assessed 1st Feb 2024 at 11:40

Summary of contact	
Addictions v4 Contact Record 11:39 sent to Mistylaw Practice Beith on 01/02/2024	

Assessed 1st Feb 2024 at 11:39

Summary of contact/details	
Christopher did not attend arranged appointment. Christopher has missed 5 days dispensing of Methadone 30ml daily Supervised. Christopher has refused all appointments to be reassessed. Writer telephoned Christopher and he reports he no longer requires service and wishes to be closed to service. Writer attempted to encourage Christopher to address his ongoing Heroin/Cocaine use. Christopher states "I don't want your service I am not going to pharmacy every day". Writer advised Christopher he would be discharged from service as requested, with the understanding he may refer in the future should he reflect and decide to engage with service. Plan: Update prescriber Dr C. Duncan Advise GP of same Discharge from service	

Assessed 31st Jan 2024 at 09:11

Summary of contact/details	
Writer received email from colleague CAW Andrew Dickson advising Christopher had missed 3 days at pharmacy and refused duty appointment for Re-assessment as he no longer wished to be daily supervised. Christopher was last dispensed on 26/01/2024. Writer telephoned Christopher who stated "I am fed up going to pharmacy everyday". Writer explained continued illicit drug use (Cocaine/Heroin) would be detrimental to relaxation of dispensing. Christopher advised he would "rather do without". Writer encouraged Christopher to attend Caley Court tomorrow to discuss options moving forward. Christopher agreed to attend between 10:00-12:00 Christopher advised should he not attend appointment, episode of care would be closed with the understanding Christopher could refer again should he require service.	

Assessed 30th Jan 2024 at 09:36

Summary of contact/details	
ORT Medication: Methadone 30mls daily supervised Pharmacy: Penman's Beith Prescriber: Dr Duncan Duty contact from the above pharmacy to advise that Christopher has missed 3 days collection of his ORT medication. Writer has attempted telephone call to Christopher this morning at 09:36 hours but the call rang out. Writer has left a brief message detailing day, date and time of my call. I have requested a return call from Christopher as soon as possible.	

MULHOLLAND, CHRISTOPHER (Mr)

Date of Birth 29-Jul-1981 (44y) undefined Male CHI Number 2907813579

History for Summary of contact

From 18/06/1926 Until 18/06/2026

Assessed 12th Dec 2023 at 10:05

Summary of contact

Dear Dr McLaughlin

CHRISTOPHER MULHOLLAND 49 REFORM STREET, BEITH, AYRSHIRE, KA15 2AE
CHI No: 2907813579

Diagnosis F11.2 Opioid dependence syndrome - currently on replacement treatment

Medication Prescribed by Addiction Services
Methadone 30ml daily supervised

Prescribed by General Practitioner
Amitriptyline 25mg nocte

Follow Up 1. Ongoing input key worker
2. Out-patient clinic in four months

I spoke with Mr. Mulholland for telephone review on 12 December 2023. He said that he is making occasional use of heroin and cocaine which he is smoking. He denies the use of any other illicit substances at this time. We spoke about risks attached to current use.

I have also outlined to Mr. Mulholland opportunities to facilitate titration to Buprenorphine formulations including depot. He said his preference is to get through the festive period and he knows he is able to refer to the service into the New Year should he wish. I will update you with regards to his progress.

Assessed 24th Nov 2023 at 19:08

summary of contact/details

Christopher attended arranged appointment.

Current medication:

NADARS:

Methadone 30ml daily Supervised, Dispensed Penmans Beith

GP: Tramadol

Mental Health:

Christopher reports no issues with his Mental Health. Christopher presented upbeat and engaging with writer. Writer noted no immediate concerns today.

Substance use:

Christopher reports he continues to smoke 1/2 bags heroin and cocaine. Writer discussed harm reduction and risks involved.

Christopher states he is aware of risks, however stated "no intention of stopping cocaine use".

Writer advised discussion would take place with prescriber ANP James Hill regarding same.

Social:

Christopher reports he has not returned to work, due to pain in his feet, he has been attending GP surgery for nurse to apply compression bandages.

Christopher reports he is mostly idle, however declined attendance to local groups for support.

MULHOLLAND, CHRISTOPHER
(Mr)

CHI Number 2907813579

Date of Birth 29-Jul-1981 (44y)

Sex Male

Addiction Services Assessment v3

Date of Activity 01 November 2023 14:28 by Leighann O'Donnell

Status Closed

Centre of Care North Drug & Alcohol Rec Serv

Presentation

Source of current referral

Self

Date referral received

13 October 2023

Assessment type

New

Patient agreed to carer being involved in treatment?

Yes

Current medication

Christopher is currently prescribed Methadone 30ml daily Supervised from NADARS and this is dispensed from Penmans pharmacy Beith.

Christopher reports that he has been given a prescription of Tramadol from his GP today for pain to his left leg from bad circulation and ulcers.

Crisis arrangements

Christopher is aware to contact his GP, NHS 24 and NADARS for support.

Summary of strengths, goals and aspirations

Christopher reports that his goal is to become abstinent from all illicit substances. Christopher reports that he works full time at Roof Profile in Irvine making timber frames for houses.

Previous notes:

Working full time 8-6 in factory in Irvine.

Stable on Methadone.

No concerns re Mental or Physical health.

Has Care Programme Approach been considered?

No

Has the Adult Support and Protection Act been considered?

No

Has the Mental Health Act been considered?

No**Has Adults with Incapacity Act been considered?**

No

Advanced Statement**Advanced Statement in place?**

No

Has the individual been made aware of their right to have an Advanced Statement?

No, due to other clinical priority

Named Person**Named Person identified?**

No

Has the individual been made aware of their right to identify a Named Person?

No – due to other clinical priority

Summary of Assessment**Summary of Assessment**

Christopher attended Kilbirnie Health Centre this PM as arranged for the purpose of writer carrying out an Addiction Services Assessment v3. Christopher appeared unkempt looking wearing a jumper and jogging suit trousers that were stained with dirty marks. Christopher did not appear under the influence of substances at this time. Christopher quickly established a good rapport with writer, maintaining good eye contact throughout the assessment, speech was at a normal rate and tone, and there were no signs of psychosis present at this time.

Christopher reports that his goal is to become abstinent from all illicit substances. Christopher reports that he has managed to reduce his illicit substance use reporting that he is using 0.2 gram of Cocaine (smoking) daily and Heroin x 2 bags daily (smoking). Christopher reports that he has managed to stop IV use of Heroin since starting Methadone 30mls daily supervised. Writer offered Christopher support of CHAN Nurses however Christopher reports that he was seen in March 2023 and he has not put himself at risk. Safe Talk and Harm Reduction advice given at this time, Christopher accepted same. Writer offered Naloxone however Christopher reports that he has one at home, however asked for Nyxoid, however writer did not have any at this time therefore this will be arranged for Christopher.

6 Panel Urine Drug Screen positive for illicit Opiates, and Cocaine and Methadone as prescribed.

Christopher reports that his mental health is good at present and denies any thoughts of deliberate self harm or any suicidal ideation, plans or intent at this time. Christopher reports that he works full time for Roof Profiles in Irvine building timber frames for houses. Christopher reports that he spends most of his time with his friend [REDACTED] on his days off, and that he likes going up North for the day to Glencoe. Christopher reports that he has long standing physical issues with his Left leg, he reports that he has bad circulation and ulcers, reporting that he wears compression bandages for daily, and he has been prescribed Tramadol today from him GP for the pain. Christopher reports that he has been off work for about 8 weeks due to this.

Christopher reports that he has 3 children and 1 step-son. [REDACTED]

[REDACTED] Christopher reports that he has no contact with his children.

Christopher reports that he has a pending charge of having an offensive weapon and the trial is due Jan/Feb 2024.

Christopher reports that he is now on a curfew from 19.00hrs-07.00hrs, Christopher reports that the weapon was in his friends car when the police stopped them therefore the both of them were charged for this.

Previous notes: Attended Beith Health centre for follow up MAT assessment.

Engages well with conversation and talks openly about current/past ongoing in his life. Chris states that he is tolerating his current dose of 50mls methadone and that he is happy to continue this for the foreseeable future as he is in full

time employment. Chris does share long term ambitions to either reduce off his methadone gradually or detox via Espranor. Denies any illicit use other than the use of cannabis. Shows awareness of codeine/opiate use and how this may/possible impact on addiction. Denies any ongoing issues with his mental health, stating that he is currently stable. however working full time at a factory in Irvine (Roof Profiles), working 8am- 4:30pm which will change to 8am-6pm in summer months and this will be a challenge whilst on daily Supervised. Reports physical concerns with ulcers in his leg and prescribed Co-Codamol for same. Writer discussed alternative to co-codamol and urged Christopher to discuss with GP.

Christopher has no contact with his children.

No further concerns noted at time of assessment, Christopher happy to continue to be seen on a 8 weekly basis to allow him to attend his work. Made aware of Consultant in near future and to expect this via post.

Ayrshire Mental Health Risk Assessment Framework

Mental state

Mental state

Green

Note: Christopher appeared unkempt looking wearing a jumper and jogging suit trousers that were stained with dirty marks. Christopher did not appear under the influence of substances at this time. Christopher quickly established a good rapport with writer, maintaining good eye contact throughout the assessment, speech was at a normal rate and tone, and there were no signs of psychosis present at this time. Christopher reports that his mental health is good at present and denies any thoughts of deliberate self harm or any suicidal ideation, plans or intent at this time. Christopher reports "some days I'm down", however states this is due to his current drug use and being idle as he is "on sick leave from work in order to address his drug use. Christopher was bright and engaging throughout assessment. Writer noted no immediate concerns at this time Historical Note: 2nd April 2015 Christopher reported that his mental health was not good at present. Christopher spoke of being homeless, having his children in care and his drug use have all had an impact on his mood. Christopher voiced that he worries about having paranoid schizophrenia as this is hereditary in his family. He voiced that Christopher reported that he hears voices which can be rather aggressive and tell him to harm others although he claims he has never followed through on this act. Christopher also reported that the voices tell him to steal things when he is in shops. He admitted he has taken things from shops without paying as this funds his drug use.

Engagement

Engagement with services

Green

Note: Christopher attended Kilbirnie Health Centre today for arranged appointment and engaged well. No concerns raised at this time from the pharmacy. Christopher reports that his goal is to become abstinent from all illicit substances. Previous notes: Christopher stated that his last episode of care with NADARS began on 16/11/2022 up until he relapsed and stopped going to pharmacy for dispensing due to heroin IV-Cocaine daily. Episode of care closed on 19/09/2023 Christopher self reported he "avoided service as I was not interested"

Medication management

Green

Note: Christopher reported to be on prescribed Co-Codamol for ulcers on his legs. 30/500 daily x4 He stated when he is working he takes 4 daily however when he is not working he does not need to take any. However recently he has taken his co-codamol daily Writer stated to Christopher that this assessment would be passed onto his GP and they may decide to stop his prescription. Christopher was accepting of this and was open to an alternative to opioi medication. He stated he would make an appointment with his GP to discuss further.

Risk of absconding

Green

Note: No risks of absconding and no history of this. Previous notes: Writer noted statement from Christopher "avoiding service" and explained the importance of attending service. Community Setting.

Risk of suicide/self-harm**Risk of self-harm**

Green

Note: Christopher reports that his mental health is good at present and denies any thoughts of deliberate self harm or any suicidal ideation, plans or intent at this time. Previous notes: Christopher is aware his current drug use (Heroin IV) is a form of self harm and risk of overdose by misadventure is viable. Safe Talk and Harm Reduction undertaken. Writer arranging for Christopher to attend IEP service PM today. No historical note of self-harm.

Risk of suicide

Green

Note: Christopher reports that his mental health is good at present and denies any thoughts of deliberate self harm or any suicidal ideation, plans or intent at this time. Previous notes: Christopher is aware his current drug use (Heroin IV) is a form of self harm and risk of overdose by misadventure is viable. Safe Talk and Harm Reduction undertaken. Writer arranging for Christopher to attend IEP service PM today. No historical note of suicidal ideation. Christopher reported no history of this and stated his mental health is normally stable.

Risk of harm to or from others**Risk of harm to others**

Amber

Note: Christopher did not pose a risk to writer during assessment. Christopher reports that he has a pending charge of having an offensive weapon and the trial is due Jan/Feb 2024. Christopher reports that he is now on a curfew from 19.00hrs-07.00hrs. Christopher reports that the weapon was in his friend's car when the police stopped them therefore the both of them were charged for this. Previous notes: Christopher reports a current charge for carrying an offensive weapon and possession of cocaine. Christopher currently released on a TAG 7am 7pm. Christopher states he has no court date as yet. Writer requested update as soon as Christopher knew. Previous notes suggest an assault charge.

Abuse issues

Green

Note: No abuse issues reported during assessment.

Neglect/Vulnerability issues (consider ASP/AWIA)

Amber

Note: Christopher appeared unkempt looking wearing a jumper and jogging suit trousers that were stained with dirty marks. Previous notes: Christopher reported that he can self-neglect when his drug use is particularly bad.

Child protection concerns

Green

Note: Christopher reports that he has 3 children and 1 step-son.

reports that he has no contact with his children.

Child well-being concerns

Green

Note: No child well-being concerns. Christopher has no contact with his children due to his drug use.

Risk from substance misuse

Substance misuse

Amber

Note: Christopher reports that his goal is to become abstinent from all illicit substances. Christopher reports that he has managed to reduce his illicit substance use reporting that he is using 0.2 gram of Cocaine (smoking) daily and Heroin x 2 bags daily (smoking). Christopher reports that he has managed to stop IV use of Heroin since starting Methadone 30mls daily supervised. Writer offered Christopher support of CHAN Nurses however Christopher reports that he was seen in March 2023 and he has not put himself at risk. Safe Talk and Harm Reduction advice given at this time, Christopher accepted same. Writer offered Naloxone however Christopher reports that he has one at home, however asked for Nyxoid, however writer did not have any at this time therefore this will be arranged for Christopher. 6 Panel Urine Drug Screen positive for illicit Opiates, and Cocaine and Methadone as prescribed. Previous notes: Christopher reports he relapsed a "few weeks ago" and things have escalated, Christopher stated he is injecting up to 6 bags heroin daily and regular cocaine use. Christopher states his intention is primarily to stop cocaine use and return to treatment to stabilise his heroin use. He stated he has not put himself at risk in 10 years with needles and reports using clean needles when injecting. He was offered IEP and foils today however declined this. He was given Naloxone at time of appointment. He reported he'd had 1 half a gram of heroin this morning. Urine screen undertaken which showed positive for illicit OPIATES and Cocaine only. Christopher reported his heroin use has gone back 20 years. He stated he has been involved with the service many times before with the last intervention being 16/11/2022-19/09/2023. Christopher feels now is the best time to get on treatment. He stated he is currently on sick leave from work is "to get himself 'straight' before going back to work". Christopher stated he would like to go back on Methadone. Writer stated that this would be reviewed on a regular basis and he was understanding of this. Writer discussed Christopher's case with ANP James Hill who agreed to commence Christopher on Methadone 30ml daily supervised. Writer arranged for Penmans Pharmacy to dispense starting today Christopher agreed to collect Prescription from Kilbirnie HC after 14:00 and present same to Penman's in Beith (Writer made Pharmacist aware of same). Christopher will have a follow up appointment on Wednesday 25th October to consider titration/Assessment V3..

Social and personal risks

Support network

Amber

Note: Christopher reported a poor support network however has reported that his friend [REDACTED] who he lives with and has identified him as his NOK is a good support and reported his friends at work can also be a good support at times. Recovery activities were discussed however Christopher was unable to say if he could go due to work commitments.

Physical health

Amber

Note: Christopher reports that he has long standing physical issues with his Left leg, he reports that he has bad circulation and ulcers, reporting that he wears compression bandages for daily, and he has been prescribed Tramadol today from his GP for the pain. Christopher reports that he has been off work for about 8 weeks due to this. Previous notes: Christopher normally keeps well. He stated that he was admitted to hospital 2 years for Hep C concerns. He stated he did not need treatment as it cleared up on its own. He stated that his BBV bloods were up to date however agreed he would attend a review with the CHAN Nurse at next appointment on 25/10/23. Christopher is currently prescribed Co-Codamol for ulcers on his legs. He reports that they can become very sore when he is on his feet all day at work. He stated he needs them when he is at work however when he is off work he does not need them.

Occupation of time

Green

Note: Christopher reported he works full time as a builder. He stated he works a lot can be extremely busy. He

stated that he has hidden his heroin addiction from his colleagues and no-one knows. Christopher can find this very difficult at times. Currently on sick leave:

Housing and finances

Green

Note: No concerns noted regarding housing and finances at this time. Christopher works full time and does not receive any benefits. Christopher is currently off work sick due to his physical health.

Any other issues

Any other issues

Not known

Note: No further issues discussed at this time

Overall Impression of Risk

Overall Impression of Risk

Amber

Note: Overall impression of risk is Amber due to illicit substance misuse however reports that this has reduced, poor physical health, poor support network and poor self care due to illicit substance use.

Immediate Risk Management Plan

Immediate Risk Management Plan

Christopher to continue on his Methadone 30mls daily supervised from Penmans Pharmacy Beith
Christopher to continue to reduce his illicit substance use
Christopher to provide drug screens on request by NADARS staff
Christopher to attend all appointments offered by NADARS
Christopher aware to contact his GP, NHS 24 and NADARS for support
Writer will discuss Christopher at Locality Meeting on 08/11/23 to be provided with a keyworker
Writer will update GP
Writer will provide Nyxoid for Christopher

Gender Based Violence Assessment

Was gender based violence routine enquiry carried out during this assessment?

Yes - (Outcome: No disclosure)

Gender Based Violence Disclosure Assessment (ONLY COMPLETE THIS SECTION IF ANSWERED YES (OUTCOME:VICTIM) ABOVE, FOR ALL OTHER ANSWERS LEAVE AS 'NOT APPLICABLE')

What type of GBV is involved

Not recorded

Is abuse current or past or both?

Not recorded

Describe the relationship between the service user and the perpetrator

Not recorded

What is the sex of perpetrator(s)?

Not recorded

Response to disclosure

Referred to other specialist service

Not applicable

Information given on local services

Not applicable

Shared information with other health professional

Not applicable

Shared information with external agency (e.g. police, social work etc)

Not applicable

Safety planning discussed

Not applicable

Child protection procedures initiated

Not applicable

Adult protection procedures initiated

Not applicable

No further action required

Not applicable

Documented plan in case record

Not applicable

Revisit enquiry at a later date

Not applicable

Has consent been given to share this information with GP?

Not applicable

Mental health and well-being

Mental health and well-being strengths/needs identified?

Yes

Behaviour

Aggressive behaviour

No problem

Suspicious or accusatory behaviour

No problem

Eating problems

No problem

Wandering

No problem

Overactivity

No problem

Odd, inappropriate or unacceptable behaviour

No problem

Cognition

Memory

No problem

Attention and concentration

No problem

Understanding

No problem

Expression

No problem

Mental health

Thought disorganisation

No problem

Delusions

No problem

Hallucinations and other perceptual abnormalities

No problem

Elated or expansive mood

No problem

Depressed mood and ideation

No problem

Obsessional ideas and compulsive behaviour

No problem

Intrusive ideation

No problem

Anxiety, phobias and panics

No problem

Somatic preoccupations

No problem

Lowering of energy, drive or interest

No problem

Self-esteem

No problem

Sleep disturbance

No problem

Involvement in treatment and care

No problem

Mental health and well-being summary

Mental health and well-being summary

Christopher appeared unkempt looking wearing a jumper and jogging suit trousers that were stained with dirty marks. Christopher did not appear under the influence of substances at this time. Christopher quickly established a good rapport with writer, maintaining good eye contact throughout the assessment, speech was at a normal rate and tone, and there were no signs of psychosis present at this time. Christopher reports that his mental health is good at present and denies any thoughts of deliberate self harm or any suicidal ideation, plans or intent at this time.

Alcohol or substance misuse

Alcohol misuse

No

Misuse of prescribed drugs

No

Misuse of non-prescribed drugs

Yes

Alcohol / substance profile

Main alcohol / substance name

Heroin x 2 bags daily (smoking)

Prescribed

Not prescribed

Route

Smoked/chased

Level of use

Daily

Alcohol / substance name (2)

Cocaine x 0.2 gram (smoking)

Prescribed

Not prescribed

Route

Smoked/chased

Level of use

Daily

Alcohol / substance name (3)

Not Recorded

Prescribed

Not known

Route

Not known

Level of use

Not Recorded

Alcohol / substance name (4)

Not Recorded

Prescribed

Not known

Route

Not known

Level of use

Not Recorded

Alcohol / substance name (5)

Not Recorded

Prescribed

Not known

Route

Not known

Level of use

Not Recorded

Substance career

Teens

Christopher reports that he did not start taking illicit substances until he was 26 years old.

20's

Heroin (smoking and IV), Cocaine, Ecstasy and Cannabis.

30's

Heroin (smoking and IV), Cocaine, Ecstasy and Cannabis.

40's

Heroin (smoking and IV), and Cocaine.

50's

Not Recorded

60's

Not Recorded

Forensic/Criminal

Forensic/criminal

Christopher reports that he has a pending charge of having an offensive weapon and the trial is due Jan/Feb 2024.
Christopher reports that he is now on a curfew from 19.00hrs-07.00hrs, Christopher reports that the weapon was in his friends car when the police stopped them therefore the both of them were charged for this.

Previous notes:

Christopher reports a current charge for carrying an offensive weapon and possession of cocaine
Christopher currently released on a TAG 7am-7pm
Christopher states he has no court date as yet. Writer requested update as soon as Christopher knew.

Previous notes suggest an assault charge.

Physical

Physical health and well-being strength/needs identified?

Yes

Physical impairment or disability

Not known

Physical health condition

No problem

Long term physical health conditions

Not known

Long term condition

Not known

Long term condition (2)

Not known

Long term condition (3)

Not known

Long term condition (4)

Not known

Mobility

Not recorded

Sensory impairment

Not known

Diet/hydration

Not known

Swallowing difficulties

Not known

Continence

Not known

Distress/pain caused by physical state

Not known

Side-effects of prescribed medication

Not known

Health promotion advice required

Not known

Sexual health

Not recorded

Blood borne virus testing

Not recorded

Physical health check/assessment

Does the patient meet SMI (Severe Mental Illness) criteria, and/or is patient prescribed anti-psychotic medication?

Yes

Physical health check

Not known

Responsible for annual physical health check

Not recorded

Date of last physical health assessment

Date BMI last measured and recorded

Smoking status

Does the patient smoke?

Yes

Note: Christopher currently smokes Tobacco 30g a week. Does not wish to stop smoking.

Offered referral for smoking cessation support

Yes, declined

Physical summary

Physical summary

Christopher reports that he has long standing physical issues with his Left leg, he reports that he has bad circulation and ulcers, reporting that he wears compression bandages for daily, and he has been prescribed Tramadol today from him GP for the pain. Christopher reports that he has been off work for about 8 weeks due to this.

Social

Social strengths/needs identified?

Yes

Work/vocational/educational performance

No problem

Note: Christopher reports that he has long standing physical issues with his Left leg, he reports that he has bad circulation and ulcers, reporting that he wears compression bandages for daily, and he has been prescribed Tramadol today from him GP for the pain. Christopher reports that he has been off work for about 8 weeks due to this.

Ability to work now

No problem

Social activities outside the home

No problem

Activities of daily living

No problem

Personal care

Mild problem

Relationship with close family

Very severe problem

Relationship with partner

Not applicable

Relationships with others close by

No problem

Carer's needs/support

Carer's needs assessment

Not required

Carer support offered

No

Social summary

Social summary

Christopher works full time in Irvine (Roof Profiles), building timber frames for houses. Christopher reports that he spends most of his time with his friend [REDACTED] on his days off, and that he likes going up North for the day to Glencoe.

However Christopher reports that he has been off sick for 8 weeks due to long standing physical issues with his Left leg, he reports that he has bad circulation and ulcers, reporting that he wears compression bandages for daily, and he has been prescribed Tramadol today from him GP for the pain.

Consent to care and treatment

Sufficient information provided?

Yes

Does the person understand the information given to them that is relevant to the decision?

Yes

Can the person retain that information long enough to be able to make the decision?

Yes

Can the person use or weigh up the information as part of the decision-making process?

Yes

Can the person communicate their decision?

Yes

Is consent valid?

Yes

Is the consent given voluntarily?

Yes

MULHOLLAND, CHRISTOPHER (Mr)

Date of Birth 29-Jul-1981 (44y) undefined Male CHI Number 2907813579

History for Summary of contact

From 18/06/1926 Until 18/06/2026

Writer discussed at length Christopher's treatment plan and the negative impact continued Cocaine use has on same. Christopher clear he is not ready to change his illicit drug use.

Plan:

- Christopher to contemplate cocaine use
- Writer to arrange further review in 4 weeks.
- Writer to update ANP James Hill
- Christopher aware of all out of hours contact numbers
- Christopher aware to contact service should he require support before review

Assessed 8th Nov 2023 at 14:10**Summary of contact/details**

Christopher is currently prescribed Methadone 30mls daily supervised from NADARS and this is dispensed from Penmans Pharmacy Beith.

Writer attended Christopher's home address this afternoon to deliver Nyxoid. His friend [REDACTED] answered the door reporting that Christopher was not at home at this time, therefore his friend [REDACTED] has taken this and will give the Nyxoid to Christopher when he gets home.

Assessed 1st Nov 2023 at 14:29**Summary of contact**

Addiction Services Assessment v3 01/11/23 14:29 SENT TO MISTYLAH MEDICAL PRACTICE ON 03/11/23

Assessed 1st Nov 2023 at 14:00**Summary of contact/details**

Christopher attended Kilbirnie Health Centre this PM as arranged for the purpose of writer carrying out an Addiction Services Assessment v3. Christopher appeared unkempt looking wearing a jumper and jogging suit trousers that were stained with dirty marks. Christopher did not appear under the influence of substances at this time. Christopher quickly established a good rapport with writer, maintaining good eye contact throughout the assessment, speech was at a normal rate and tone, and there were no signs of psychosis present at this time.

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6 Panel Urine Drug Screen positive for illicit Opiates, and Cocaine and Methadone as prescribed.

Christopher reports that his mental health is good at present and denies any thoughts of deliberate self harm or any suicidal ideation, plans or intent at this time. Christopher reports that he works full time for Roof Profiles in Irvine building timber frames for houses. Christopher reports that he spends most of his time with his friend [REDACTED] on his days off, and that he likes going up North for the day to Glencoe. Christopher reports that he has long standing physical issues with his Left leg, he reports that he has bad circulation and ulcers, reporting that he wears compression bandages for daily, and he has been prescribed Tramadol today from him GP for the pain. Christopher reports that he has been off work for about 8 weeks due to this.

Christopher reports that he has 3 children and 1 step-son. [REDACTED]

MULHOLLAND, CHRISTOPHER (Mr)

Date of Birth 29-Jul-1981 (44y) undefined Male CHI Number 2907813579

History for Summary of contact

From 18/06/1926 Until 18/06/2026

Christopher reports that he has no contact with his children.

Christopher reports that he has a pending charge of having an offensive weapon and the trial is due Jan/Feb 2024. Christopher reports that he is now on a curfew from 19.00hrs-07.00hrs, Christopher reports that the weapon was in his friends car when the police stopped them therefore the both of them were charged for this.

Plan

Christopher to continue on his Methadone 30mls daily supervised from Penmans Pharmacy Beith

Christopher to continue to reduce his illicit substance use

Christopher to provide drug screens on request by NADARS staff

Christopher to attend all appointments offered by NADARS

Christopher aware to contact his GP, NHS 24 and NADARS for support

Writer will discuss Christopher at Locality Meeting on 08/11/23 to be provided with a keyworker

Writer will update GP

Writer will provide Nyxoid for Christopher

Assessed 25th Oct 2023 at 14:08**Summary of contact/details**

Christopher attended Kilbirnie health centre this afternoon, at 1400hrs after his scheduled appointment for 1100hrs.

Writer unable to undertake a full v3 assessment as scheduled due to the lateness of Christopher's attendance and other diarised assessments.

Christopher explains that he was late due to a car breaking down and being at the side of the road.

Christopher explains that over the last week his substance use has been:

-3/4 bags of heroin a day; both smoke and IV use.

-Cocaine; smoked as crack cocaine. Last had two days ago.

Methadone; prescribed 30mls by NADARS

Christopher is also prescribed co-codamol however reports that he has not used these since being started on methadone.

Christopher provided a urine screen this afternoon:

LOT: 0000744460

REF: DBA 167672

Showing positive for:

+Opiates

+Cocaine

+Methadone

Writer has emailed ANP James Hill, prescribing to ask if Christopher's prescription can be released for Christopher to attend again on 1st November 2023 at 1400hrs with SN O'Donnell.

ANP James Hill agreeable for Christopher's script to be released today and be held again next Wednesday to encourage his attendance at this appointment.

Writer has communicated this with the Penman's pharmacy in Beith who are happy with this information.

Assessed 25th Oct 2023 at 11:12**Summary of contact/details**

MULHOLLAND, CHRISTOPHER (Mr)

Date of Birth 29-Jul-1981 (44y) undefined Male CHI Number 2907813579

History for Summary of contact

From 18/06/1926 Until 18/06/2026

Christopher has not attended this morning for his pre arranged New Allocations Assessment appointment in Kilbirnie with writer.

Christopher has not made contact to advise of his non-attendance at this time; additionally, Christopher has not collected calls from writer this morning either, with his phone not accepting calls.

Writer made contact with Christopher's friend [REDACTED], as listed on Carepartner as a contact number.

[REDACTED]

[REDACTED]

Writer made telephone contact with Penman's pharmacy who advise that Christopher has not been in this morning as yet for his medication. They advise that they will continue to hold his script until told otherwise by NADARs, as is process for a new allocation assessment.

Writer will await contact from Christopher today and highlight to senior staff within the GVT of his non-attendance for future assessment appointment.

Assessed 18th Oct 2023 at 14:57**Summary of contact/details**

Christopher attended Kilbirnie Health centre to collect his prescription and take it to Penman Pharmacy Beith to be dispensed.

Assessed 18th Oct 2023 at 13:58**Summary of contact**

Request for ARAF assessment be sent to GP

Assessed 18th Oct 2023 at 12:16**Summary of contact/details**

Christopher attended today for arranged MAT Assessment

Christopher stated that his last episode of care with NADARS began on 16/11/2022 up until he relapsed and stopped going to pharmacy for dispensing due to heroin IV-Cocaine daily. Episode of care closed on 19/09/2023

Christopher self-reported he "avoided service as I was not interested"

Christopher engaged well with writer throughout appointment.

Christopher reported to be on prescribed Co-Codamol for ulcers on his legs from GP, 30/500 daily x4. He stated when he was working he takes 4 daily however when he is not working he does not need to take any. However recently he has taken his co-codamol daily

Writer advised Christopher that this assessment would be passed onto his GP and they may decide to stop/change his prescription. Christopher was accepting of this and was open to an alternative to opioid medication. He stated if necessary he would make an appointment with his GP to discuss further.

No thoughts of self-harm noted today. Christopher is aware his current drug use (Heroin IV) is a form of self harm and risk of overdose by misadventure is viable. Safe Talk and Harm Reduction undertaken. Writer arranging for Christopher to attend IEP service PM today.

No historical note of self-harm.

Christopher posed no risk to writer during assessment.

Christopher reports a current charge for carrying an offensive weapon and possession of cocaine

Christopher currently released on a TAG 7am-7pm

Christopher states he has no court date as yet. Writer requested update as soon as Christopher knew.

Previous notes suggest an assault charge

MULHOLLAND, CHRISTOPHER (Mr)

Date of Birth 29-Jul-1981 (44y) undefined Male CHI Number 2907813579

History for Summary of contact

From 18/06/1926 Until 18/06/2026

Christopher reports he relapsed a "few weeks ago" and things have escalated; Christopher stated he is injecting up to 6 bags heroin daily and regular cocaine use. Christopher states his intention is primarily to stop cocaine use and return to treatment to stabilise his heroin use. Safe talk/harm Reduction discussed

He stated he has not put himself at risk in 10 years with needles and reports using clean needles when injecting. He was offered IEP and foils today however declined this. He reported he'd had 1 half a gram of heroin this morning and states 5/6 bags Daily IV. Christopher reports Cocaine was "never my thing" and intends to address same. Christopher states he feels things are escalating quickly and "wants help"

Urine screen undertaken which showed positive for illicit OPIATES and Cocaine only.

Christopher reported his heroin use has gone back 20 years. He stated he has been involved with the service many times before with the last intervention being 16/11/2022-19/09/2023. Christopher feels now is the best time to get on treatment. He stated he is currently on sick leave from work is "to get himself 'straight' before going back to work .

Christopher stated he would like to go back on Methadone .

Writer stated that this would be reviewed on a regular basis and he was understanding of this.

Writer discussed Christopher's case with ANP James Hill who agreed to commence Christopher on Methadone 30ml daily supervised.

Writer arranged for Penmans Pharmacy to dispense starting today

Christopher agreed to collect Prescription from Kilbirnie HC after 14:00 and present same to Penman's in Beith (Writer made Pharmacist aware of same) .

Christopher will have a follow up appointment on Wednesday 25th October to consider titration/Assessment V3..

Christopher normally keeps well.

He stated that he was admitted to hospital 2 years for Hep C concerns. He stated he did not need treatment as it cleared up on its own. He stated that his BBV bloods were up to date however agreed he would attend a review with the CHAN Nurse at next appointment on 25/10/23.

Christopher is currently prescribed Co-Codamol for ulcers on his legs. He reports that they can become very sore when he is on his feet all day at work. He stated he needs them when he is at work however when he is off work he does not need them.

Christopher Rated AMBER due to current IV heroin use /Cocaine.

He does however have good motivation to change and will be commenced on medication today to reduce the risks.

30ml Daily Supervised from Penmans Pharmacy Beith

PLAN:

1. Christopher will commence on his Methadone 30ml today daily supervised.
2. Christopher will attend follow up on 25/10/2023 Kilbirnie Health Centre 11:00.
3. Christopher will reduce illicit use.
4. Christopher is aware that his GP may stop his Co-codamol however open to the idea of alternative anti-inflammatory/painkillers.
5. Christopher will attend the pharmacy daily supervised and this will be reviewed.
6. Christopher aware of all out of hours services
7. Christopher is aware he can contact the service if he requires support.

Assessed 18th Oct 2023 at 10:47

Summary of contact/details	
Diagnosis F11.2 Opioid dependence syndrome - currently on replacement treatment	
Medication Prescribed by Addiction Services:- Nil at this time.	

MULHOLLAND, CHRISTOPHER
(Mr)

CHI Number 2907813579

Date of Birth 29-Jul-1981 (44y)

Sex Male

Ayrshire Mental Health Risk Assessment Framework v3

Date of Activity 18 October 2023 10:38 by Mrs Frances Dickson

Status Closed

Centre of Care North Drug & Alcohol Rec Serv

Ayrshire Mental Health Risk Assessment Framework

Assessment completed by

Individual clinician

Note: CAW Frances Dickson

Mental state

Mental state

Green

Note: Christopher reports "some days I'm down", however states this is due to his current drug use and being idle as he is "on sick leave from work in order to address his drug use. Christopher was bright and engaging throughout assessment. Writer noted no immediate concerns at this time Historical Note: 2nd April 2015 Christopher reported that his mental health was not good at present. Christopher spoke of being homeless, having his children in care and his drug use have all had an impact on his mood. Christopher voiced that he worries about having paranoid schizophrenia as this is hereditary in his family. Christopher reported that he hears voices which can be rather aggressive and tell him to harm others although he claims he has never followed through on this act. Christopher also reported the voices tell him to steal things when he is in shops. He admitted he has taken things from shops without paying as this funds his drug use.

Engagement

Engagement with services

Green

Note: Christopher attended today for arranged MAT Assessment Christopher stated that his last episode of care with NADARS began on 16/11/2022 up until he relapsed and stopped going to pharmacy for dispensing due to heroin IV-Cocaine daily. Episode of care closed on 19/09/2023 Christopher self reported he "avoided service as I was not interested" He engaged well with writer throughout appointment.

Medication management

Green

Note: Christopher reported to be on prescribed Co-Codamol for ulcers on his legs. 30/500 daily x4 He stated when he is working he takes 4 daily however when he is not working he does not need to take any. However recently he has taken his co-codamol daily Writer stated to Christopher that this assessment would be passed onto his GP and they may decide to stop his prescription. Christopher was accepting of this and was open to an alternative to opioid medication. He stated he would make an appointment with his GP to discuss further.

Risk of absconding

Green

Note: No risks of absconding and no history of this. Writer noted statement from Christopher "avoiding service"

and explained the importance of attending service. Community Setting

Risk of suicide/self-harm

Risk of self-harm

Amber

Note: No thoughts of self-harm noted today. Christopher is aware his current drug use (Heroin IV) is a form of self harm and risk of overdose by misadventure is viable. Safe Talk and Harm Reduction undertaken. Writer arranging for Christopher to attend IEP service PM today. No historical note of self-harm.

Risk of suicide

Amber

Note: No thoughts, plan or intent of suicide today. Christopher is aware his current drug use (Heroin IV) is a form of self harm and risk of overdose by misadventure is viable. Safe Talk and Harm Reduction undertaken. Writer arranging for Christopher to attend IEP service PM today. No historical note of suicidal ideation. Christopher reported no history of this and stated his mental health is normally stable.

Risk of harm to or from others

Risk of harm to others

Amber

Note: Christopher posed no risk to writer during assessment. Christopher reports a current charge for carrying an offensive weapon and possession of cocaine Christopher currently released on a TAG 7am-7pm Christopher state he has no court date as yet. Writer requested update as soon as Christopher knew. Previous notes suggest an assault charge

Abuse issues

Green

Note: No abuse issues reported during assessment.

Neglect/Vulnerability issues (consider ASP/AWIA)

Green

Note: No risks identified regarding neglect or vulnerability during assessment. Christopher reported that he can self-neglect when his drug use is particularly bad.

Child protection concerns

Green

Note: Christopher has 3 children: [REDACTED] Christopher reported he has no contact with his children.

Child well-being concerns

Green

Note: No child well-being concerns. Christopher has no contact with his children due to his drug use.

Risk from substance misuse

Substance misuse

Amber

Note: Current: Christopher reports he relapsed a "few weeks ago" and things have escalated, Christopher stated he is injecting up to 6 bags heroin daily and regular cocaine use. Christopher states his intention is primarily to stop cocaine use and return to treatment to stabilise his heroin use. He stated he has not put himself at risk in 10 years with needles and reports using clean needles when injecting. He was offered IEP and foils today however declined this. He was given Naloxone at time of appointment. He reported he'd had 1 half a gram of heroin this morning. Urine screen undertaken which showed positive for illicit OPIATES and Cocaine only. Christopher reported his heroin use has gone back 20 years. He stated he has been involved with the service many times before with the last intervention being 16/11/2022-19/09/2023. Christopher feels now is the best time to get on treatment. He stated he is currently on sick leave from work is "to get himself 'straight' before going back to work. Christopher stated he would like to go back on Methadone. Writer stated that this would be reviewed on a regular basis and he was understanding of this. Writer discussed Christopher's case with ANP James Hill who agreed to commence Christopher on Methadone 30ml daily supervised. Writer arranged for Penmans Pharmacy to dispense starting today Christopher agreed to collect Prescription from Kilbirnie HC after 14:00 and present same to Penman's in Beith (Writer made Pharmacist aware of same). Christopher will have a follow up appointment on Wednesday 25th October to consider titration/Assessment V3..

Social and personal risks**Support network**

Amber

Note: Christopher reported a poor support network and reported his friends at work can be a good support at times. Recovery activities were discussed however Christopher was unable to say if he could go due to work commitments.

Physical health

Green

Note: Christopher normally keeps well. He stated that he was admitted to hospital 2 years for Hep C concerns. He stated he did not need treatment as it cleared up on its own. He stated that his BBV bloods were up to date however agreed he would attend a review with the CHAN Nurse at next appointment on 25/10/23. Christopher is currently prescribed Co-Codamol for ulcers on his legs. He reports that they can become very sore when he is on his feet all day at work. He stated he needs them when he is at work however when he is off work he does not need them.

Occupation of time

Green

Note: Christopher reported he works full time as a builder. He stated he works a lot can be extremely busy. He stated that he has hidden his heroin addiction from his colleagues and no-one knows. Christopher can find this very difficult at times. Currently on sick leave

Housing and finances

Green

Note: No concerns noted regarding housing and finances at this time.

Any other issues**Any other issues**

Not known

Note: No further issues discussed at this time

Overall Impression of Risk

Overall Impression of Risk

Amber

Note: Christopher Rated AMBER due to current IV heroin use /Cocaine. He does however have good motivation to change and has been commenced on medication today to reduce the risks. 30ml Daily Supervised from Penmans Pharmacy Beith

Immediate Risk Management Plan

Immediate Risk Management Plan

PLAN:

1. Christopher will commence on his Methadone 30ml today daily supervised.
2. Christopher will attend follow up on 25/10/2023 Kilbirnie Health Centre 11:00.
3. Christopher will reduce illicit use.
4. Christopher is aware that his GP may stop his Co-codamol however open to the idea of alternative anti-inflammatory/painkillers.
5. Christopher will attend the pharmacy daily supervised and this will be reviewed.
6. Christopher aware of all out of hours services
7. Christopher is aware he can contact the service if he requires support.

HAT 930-16/10/23



NORTH AYRSHIRE

Health and Social Care Partnership

Delivering care
together

North Ayrshire Drug and Alcohol Recovery Service Referral Form **NADARS STAFF ONLY**

Client Details:

First Name:	Christopher	Surname:	Mullholland	DOB/CHI:	29/07/81
Gender:	M	GP Practice:	Mistylaw, Beith	CF No:	
Address:	49 Reform Street Beith				
Post Code:	KA15 2AE		Phone no: 07771244021		
Next of Kin:	Name: [REDACTED]		Contact Number: [REDACTED]		
	Relationship: friend				

Self referral:	Yes ☒	No ☐
Is client aware of referral and given consent?	Yes ☒	No ☐
Intervention Type	Drug ☒	Alcohol ☐

Brief description of current substance misuse: (Dose, frequency and route)
 Heroin 4-5 bag's a both IV + smoking, previously on
 meth, missed over bank holiday. Reports no
 other drug use.

How long has the client's use been problematic?
 Known to services
 since 2008

Reason for Referral/Recovery Goal:	
☒ Opiate Substitution Therapy	☐ BBV/Sexual Health
☐ Alcohol Detox	☐ Social work assessment and support
☐ Harm Reduction/Advice Injecting equipment provision (needle exchange)	☐ Psychosocial intervention
☐ Non-Fatal Overdose follow up support	☐ Other (specify below)

WORKING TOGETHER IN PARTNERSHIP

North Ayrshire Council NHS Ayrshire & Arran TSI North Ayrshire Scottish Care

If the presenting issue is Drug, do they wish the option of being seen at the MAT clinic? Do they reside in 3 Towns or Kilwinning, or are the priority groups applicable? If yes, please provide the duty appointment details to them and record the date and time here: Date <u>16/10/25</u> Time <u>9:30</u>	Yes ☒	No ☐
Prevention, Early Intervention And Recovery Service (PEAR) All referrals to NADARS will also be given the option to be immediately contacted by PEAR whilst awaiting formal assessment by NADARS staff, please seek agreement to share their information and provide information on PEAR's family/carer interventions. Does the client consent to their details being shared with PEAR? Yes ☒ No ☐		
Does the client have a current risk assessment/care plan? Yes ☐ No ☒ Any other services involved? Including Housing First: Yes ☐ No ☒ If yes, please provide details:		
<u>Dependent children living/accessing home environment?</u> ☐ Yes ☒ No Date of Birth of Children: Is the client pregnant? ☐ Yes ☒ No If yes, please mark the referral as 'Urgent'		

WORKING TOGETHER IN PARTNERSHIP

North Ayrshire Council NHS Ayrshire & Arran TSI North Ayrshire Scottish Care

April 2021

Relevant information for appointments. Is there a day or time that would not suit to come for assessment? Do you have internet access for video calling? <u>Any additional support needs (e.g. language interpreter, visual impairment, hearing impairment, sign language).</u> If yes, please provide details:	Yes ☐ Yes ☒ Yes ☐	No ☒ No ☐ No ☒
We know from feedback that it can be helpful to be supported by a family member, carer, friend or advocate at appointments and as such we encourage you to invite someone to attend with you.		

Referral taken by:

<u>Name</u>	<u>Designation</u>	<u>Date</u>
Rosie Russell	C/D	13/10/23

Locality or MAT clinic staff to investigate dates of involvement/reasons for involvement and any known risks factors:			
NADARS		Service Access	
Justice Services		Physical Disabilities	
Children & Families		Mental Health	
Learning Disabilities		Other	

WORKING TOGETHER IN PARTNERSHIP

North Ayrshire Council NHS Ayrshire & Arran TSI North Ayrshire Scottish Care

MULHOLLAND, CHRISTOPHER (Mr)

Date of Birth 29-Jul-1981 (44y) undefined Male CHI Number 2907813579

History for Summary of contact

From 18/06/1926 Until 18/06/2026

Medications prescribed by GP:- Co-codamol 30/500

Recommendations/Plan:-

1. Recommence Methadone 30mls Daily, which will be dispensed from Penman's Pharmacy in Beith.
2. Christopher to engage with our MAT process.
3. No action required by the GP.
4. Christopher to reduce illicit use and engage with all arranged appointments.

Drug Use:- Currently reports to be injecting 6 bags of Heroin daily; he also reported to have been using crack cocaine, denies the use of any alcohol or over the counter medications.

I assessed Christopher at our MAT clinic within Kilbirnie Health Centre on the 18th of October 2023 with regards his suitability of being recommenced back onto OST, Christopher has been well known to the service over the years and was recently on a prescription for Methadone back in August, however disengaged with the team. On assessment Christopher was dressed casually, he appeared slightly unkempt, he engaged well with writer having known him from the past, He did not appear to be under the influence and maintained good eye contact throughout. Subjectively he reported a relapse back to the use of Heroin and is currently reporting to be injecting 6 bags most days, he has admitted to using crack cocaine, however denied any use of this prior to today's assessment.

As a result of his presentation and also his current injecting behaviours, I have agreed to recommence him onto 30mls daily, he is aware that there will be no titration of his prescription whilst he continues to test positive for cocaine which he was acceptant off. He is also aware that he must engage with the team and that he will be allocated both a keyworker and prescriber in due course.

Assessed 18th Oct 2023 at 10:39**Summary of contact**

Ayrshire Mental Health Risk Assessment Framework v3 10:38 sent to Mistylaw Practice Beith on 18/10/23

Assessed 16th Oct 2023 at 09:46**Summary of contact/details**

DUTY - Christopher telephoned to cancel this morning's 1st MAT appointment due to not having anyone to bring him to Caley Court. Further MAT appointment arranged for Wednesday 18th October at 10am in Kilbirnie Health Centre. Christopher has agreed to attend.

Assessed 18th Sep 2023 at 10:50**Summary of contact/details**

No contact from Christopher. Writer has confirmation he has been seen in community from Pharmacist Penmans Beith. Following discussion with Team Leader Lorna Wallace agreed discharge at this time with the understanding Christopher may refer into service should he require treatment.

Assessed 14th Sep 2023 at 12:15**Summary of contact/details**

Key Item Review of Care Plan for North Drug & Alcohol Rec Serv

Date of Activity 19 September 2023 10:56 by Mrs. Frances Dickson

Status Closed

Centre of Care North Drug & Alcohol Rec Serv

Mental state

Green

Note: On mental state examination he was a 41 year old man, dressed in casual clothes and appeared well-kempt. There was good eye contact throughout assessment. His speech was spontaneous and coherent and was normal in rate, tone and content. Subjectively he described his mood as 'fine'. Objectively he appeared euthymic with reactive affect and displayed no biological signs of depressed mood. His thought form, possession and stream were normal. His thought content revealed no evidence of any psychotic symptomatology. There was no evidence of any on-going suicidal thoughts, plan or intent. There were no perceptual abnormalities and his cognitive function appeared grossly intact. He has good insight into current mental health circumstances.

Substance misuse

Amber

Note: Current: Christopher states he relapsed last week and smoked 2 bags heroin, however acknowledged this as a "blip" and has no intention of returning to heroin use. Historical Initial MAT appointment Report: Christopher reported today that he is currently smoking/snorting 2 grams of heroin daily. He stated he has also been injecting however this stopped 2 weeks ago due to him being unable to find a vein. He stated he has not put himself at risk in 10 years with needles and reports using clean needles when injecting. He was offered IEP and foils today however declined this. He was given Naloxone at time of appointment. He reported he'd had 1 half a gram of heroin this morning. Urine screen undertaken which showed positive for illicit OPIATES only. Christopher also reported that he had taken diverted Methadone from a friend last week however reported this was a one-off. This did not show up on the urine screen. Christopher reported his heroin use has gone back 20 years. He stated he has been involved with the service many times before with the last intervention being 3-4 years ago. Christopher feels now is the best time to get on treatment. He stated work is going well and he would like to get himself 'straight' before going back to work in January. Christopher stated he would like to go back on Methadone with a view of being titrated to 50ml. Writer stated that this would be reviewed on a regular basis and he was understanding of this. Writer discussed Christopher's case with ANP Senga Boyd who agreed to commence Christopher on Methadone 30ml daily supervised. Christopher was able to leave with a script and Penman's in Beith stated they would take him on. Christopher will have a follow up appointment with duty on Wednesday 28th December to consider titration. Due to Christmas holidays, it was suggested that Christopher be titrated on 23/12/2022 and then this can be reviewed. Christopher was accepting of this. Current: Christopher reports he is currently stable on Methadone 50ml daily supervised, however advised writer he continues to take co-codamol if and when required for pain due to ulcers in his leg. Writer advised Christopher to consult with GP for alternative. Christopher discussed detoxing in the future and requested an appointment with Nurse to discuss Espranor. Writer agreed to arrange same. Further appointment arranged for UDS on 12th April 2023 14:00 Kilbirnie Health Centre

Support network

Amber

Note: Christopher reported a poor support network and reported his friends at work can be a good support at times. Recovery activities were discussed however Christopher was unable to say if he could go due to work commitments.

Physical health

Green

Note: Christopher normally keeps well. He stated that he was admitted to hospital 2 years for Hep C concerns. He stated he did not need treatment as it cleared up on its own. He stated that his BBV bloods were up to date however he had a review with the CHAN Nurse when he was there. Christopher is currently prescribed Co-Codamol for ulcers on his legs. He reports that they can become very sore when he is on his feet all day at work. He stated he needs them when he is at work however when he is off work he does not need them.

MULHOLLAND, CHRISTOPHER (Mr)

Date of Birth 29-Jul-1981 (44y) undefined Male CHI Number 2907813579

History for Summary of contact

From 18/06/1926 Until 18/06/2026

Writer was carrying out a visit in Beith, following this visit writer attended Christopher's home.
No Reply at home and no reply to telephone call.
Writer will stop prescription today and should Christopher contact service today or tomorrow he will be given appointment for 11:30 Monday 18th Caley Court with writer for assessment.

Assessed 13th Sep 2023 at 17:07**Summary of contact/details**

Writer attended home to review Christopher as he has missed 4 days of dispensing.
No reply at home and no sign of anyone being home.
Writer attended pharmacy and spoke to Holly (Pharmacist) who advised writer although Christopher had not presented at pharmacy for dispensing, herself and staff had seen him today in the street talking to someone.
Following a conversation Holly advised recently there had been a change in Christopher's presentation, suggesting he may have relapsed.
Writer again attended home, no reply to door or phone.
As there had been a confirmed sighting of Christopher today writer did not arrange a police health check
Writer will arrange outreach tomorrow should Christopher not contact service today

Assessed 12th Sep 2023 at 14:27**Summary of contact/details**

Writer was advised Christopher had not attend for dispensing since 07/09/2023. Writer currently on visits in Beith and therefore attending for home visit, no reply. Writer attempted telephone call, no reply.
[REDACTED]
Pharmacy has been advised to hold prescription to encourage contact from Christopher.

Assessed 12th Sep 2023 at 12:23**Summary of contact/details**

DUTY- Penmans Pharmacy Beith called to advise Chris hasn't collect his prescription since Thursday 9th September. Message will be passed onto key worker also.
Plan - Writer called pharmacy and held prescription until Chris makes contact. Discreet voicemail left on mobile phone for Chris to contact the service.

Assessed 18th Aug 2023 at 11:44**Summary of contact**

Dear Dr McLaughlin

CHRISTOPHER MULHOLLAND 49 REFORM STREET, BEITH, AYRSHIRE, KA15 2AE
CHI No: 2907813579

Diagnosis F11.2 Opioid dependence syndrome - currently on replacement treatment

Medication Prescribed by Addiction Services:
Methadone 60ml, daily - twice weekly dispensed

Prescribed by General Practitioner

MULHOLLAND, CHRISTOPHER (Mr)

Date of Birth 29-Jul-1981 (44y) undefined Male CHI Number 2907813579

History for Summary of contact

From 18/06/1926 Until 18/06/2026

co-codamol 30/500 prn

- Follow Up
1. Ongoing input key worker
 2. Out-patient clinic in four months

I met with Mr Mulholland at out-patient clinic at Caley Court resource centre on 18 August 2023. He reports no use of illicit substances and reports stability on current OST from the service. He said he had been smoking heroin, last was two months ago. Since an increase in Methadone to current dose he said he has been stable and has used no illicit substances.

He said that he is prescribed co-codamol from the Practice for longstanding issues with leg ulcers dating back to when he was taking use of intravenous drugs.

Mr Mulholland continues to work on full-time basis in a housing fabrication company based in Irvine. He said he enjoys his work and has recently moved into a supervisory role.

On assessment today Mr Mulholland was dressed casually, clean and tidy. He did not appear intoxicated and engaged well with the interview process. He maintained good eye contact and did not appear anxious. He reports his mood as stable. There was no evidence of psychotic features today.

I will re-appoint and update you with regards to his progress.

Assessed 18th Jul 2023 at 11:33

Summary of contact

Christopher Mulholland
49 Reform Street
Beith
Ayrshire
PA15 2AE

Dear Mr Mulholland

I was sorry not to see you at your outpatient clinic appointment. Please note you are required to attend for review in order to remain on medication from this service. I will re-appoint and look forward to seeing you then.

Yours sincerely

Authorised on 25/08/2023 17:16:17 by C Duncan.

DR C DUNCAN
Consultant Psychiatrist

Dr TM McLaughlin
Mistylaw Medical Practice
31 Main Street
Lochwinnoch
PA12 4AH

MULHOLLAND, CHRISTOPHER (Mr)

Date of Birth 29-Jul-1981 (44y) undefined Male CHI Number 2907813579

History for Summary of contact

From 18/06/1926 Until 18/06/2026

Assessed 5th Jun 2023 at 09:12**Summary of contact/details**

Multi disciplinary meeting on Christopher Mulholland on the 5th June 2023. Issue raised: On 50 ml methadone. Smoking 2 bags of heroin. He is looking for an increase to 60 ml. Action: Emma to email Dr Woolston to provide a recent drug screen.

Assessed 30th May 2023 at 08:36**Summary of contact/details**

Christopher attended arranged review.

Christopher presented clean and tidy with no indication of intoxication

Mental Health:

Christopher described his mood as "good" and reports no issues with his mindset although did discuss weekend when not working as his "worst time" as he has nothing to do.

Writer discussed referral to KA leisure which Christopher agreed to consider.

Physical Health:

Christopher reports he normally keeps well. He stated that he was admitted to hospital 2 years for Hep C concerns. He stated he did not need treatment as it cleared up on its own. He reports that his BBV bloods were up to date.

Christopher reported to be on prescribed Co-Codamol for ulcers on his legs. He reports that his legs become very sore when he is on his feet all day at work. He stated he needs them when he is at work however when he is off work he does not need them. He stated when he is working he takes 4 daily however when he is not working he does not need to take any.

Writer advised Christopher to discuss alternative with GP. Christopher was accepting of this and was open to an alternative to opioid medication. He stated he would make an appointment with his GP to discuss further.

Substance Use:

Christopher reports he continues to smoke 1/2 bags heroin at the weekend. During discussion Christopher acknowledged he was "getting nothing from it".

Christopher states he feels as if he is in withdrawal at weekend when he is inactive and discussed possible increase

Writer agreed to discuss with Dr Woolston with the understanding Christopher address 1/2 bags heroin and alternative pain relief with GP

Christopher had limited time today due to work commitments. Writer agreed to see him again on 27th June Beith Health Centre

11:00

1. Christopher will continue to reduce/ refrain from illicit use.
2. Christopher is aware that his GP may stop his Co-codamol however open to the idea of alternative anti-inflammatory/painkillers.
3. Christopher will attend the pharmacy daily supervised and this will be reviewed.. Christopher is aware he can contact the service if he requires support.

Assessed 12th Apr 2023 at 14:26**Summary of contact/details**

Christopher attended appointment today with writer within Kilbirnie Health Centre at the request of Key worker Frances Dickson for purpose of a drug screen.

Six panel urine drug screen positive for Opiates and EDDP (methadone). Christopher reported he is smoking 1-2 bags of heroin a week. Christopher reported he has cut down his heroin use from "a quarter" every 2 days to 1-2 bags a week.

Writer provided safe talk and harm reduction.

MULHOLLAND, CHRISTOPHER (Mr)

Date of Birth 29-Jul-1981 (44y) undefined Male CHI Number 2907813579

History for Summary of contact

From 18/06/1926 Until 18/06/2026

Writer discussed Espranor with Christopher, who advised it is something he will think about for the future.

Plan

Update key worker

Assessed 21st Mar 2023 at 09:09**Summary of contact/details**

Christopher attended Beith Health centre for follow up MAT assessment.

Engaged well with conversation and talks openly about current/past issues ongoing in his life. Chris states that he is tolerating his current dose of 50mls methadone and that he is happy to continue this for the foreseeable future as he is in full time employment. Chris does share long term ambitions to either reduce off his methadone gradually or detox via espranor. Denies any illicit use other than the use of cannabis. Shows awareness of codeine/opiate use and how this may/possible impact on addiction. Denies any ongoing issues with his mental health, stating that he is currently stable. however working full time at a factory in Irvine (Roof Profiles), working 8am- 4:30pm which will change to 8am-6pm in summer months and this will be a challenge whilst on daily Supervised.

Reports physical concerns with ulcers in his leg and prescribed Co-Codomol for same. Writer discussed alternative to co-codamol and urged Christopher to discuss with GP.

Christopher's 3 children. [REDACTED]

[REDACTED] Christopher has no contact with his children

No further concerns noted at time of assessment, Christopher happy to continue to be seen on a 8 weekly basis to allow him to attend his work. Made aware of Consultant in near future and to expect this via post

PLAN:

1. Christopher will continue to refrain from illicit use.
2. Christopher is aware that his GP may stop his Co-codamol however open to the idea of alternative anti-inflammatory /painkillers.
3. Christopher will attend the pharmacy daily supervised and this will be reviewed.
4. Christopher will be reviewed again in one month.
5. Christopher is aware he can contact the service if he requires support.

Assessed 7th Mar 2023 at 12:45**Summary of contact/details**

Writer telephoned Christopher when made aware he was open to service.

Christopher was currently in work and agreed to contact writer on Wednesday morning (08/03/2023) to arrange review.

Assessed 29th Dec 2022 at 10:03**Summary of contact/details**

Pharmacy phoned regarding Christopher stating that he had a prescription for 40mls of methadone daily supervised which ended on 27/12/22, he was reviewed yesterday by duty staff and given a new prescription for 50mls of methadone daily supervised however this did not start until 29/12/22 therefore he missed one day. The writer discussed this with ANP Boyd who was happy for Christopher to be dispensed his methadone today.

PLAN

Pharmacy to dispense methadone today.

MULHOLLAND, CHRISTOPHER (Mr)

Date of Birth 29-Jul-1981 (44y) undefined Male CHI Number 2907813579

History for Summary of contact

From 18/06/1926 Until 18/06/2026

Assessed 28th Dec 2022 at 11:30

Summary of contact/details	
Christopher contacted the service this morning to advised he has slept in. Writer returned call to Christopher asking him to attend when he could today. Christopher attended the service this morning at 11am. Christopher presented well and engaged in conversation. There was no signs of intoxication or substance misuse. Christopher undertook a urine drug screen which was positive for prescribed methadone and opiates. Christopher reported to snorting 1 bag of heroin, daily but stated he will look at reducing this when receives his 10ml increase. Writer discussed 10ml increase to Christopher's prescribed 40mls Methadone. Daily, Supervised with ANP, Senga Boyd who was in agreement to 10ml increase starting tomorrow, 29/12/22. Writer completed and sent a change sheet. Plan Writer gave Christopher his prescription to hand into his pharmacy at Penman's, Beith. 10ml increase to start from tomorrow, 29/12/22. Christopher to be followed up by his key worker, Frances Dickson.	

Assessed 22nd Dec 2022 at 10:31

Summary of contact/details	
ORT medication - Methadone 30mls increasing to 40mls from 23.12.22 Pharmacy - Penman's, Beith Prescriber - ANP Senga Boyd Duty call received from Christopher today in relation to his prescription. Christopher informs that pharmacy staff advise that his ORT prescription runs out today and they require a new one for tomorrow. Writer checked data systems and prescriptions generated are still sitting within NADARS. Writer advises Christopher that staff will deliver this to his pharmacy. Telephone call to Penman's to confirm that Christopher has been receiving his medication in the last 3 days as a prescription dated 20.12.22 was still within NADARS. Pharmacy staff confirm that they have been providing Christopher with 30mls of methadone and were aware of up coming titrations. Writer spoke with the Garnock Valley Team who will deliver this prescription out to them tomorrow.	

Assessed 20th Dec 2022 at 13:26

Summary of contact	
Addictions v4 Contact Record dated 20/12/2022 @ 13.25 sent to Mistylaw Medical Practice on 22/12/2022	

Assessed 20th Dec 2022 at 13:25

Summary of contact/details	
CHRISTOPHER MULHOLLAND 49 Reform Street Beith KA15 2AE CHI No: 2907813579 Diagnosis: 1. F11.2 Opioid Dependence Syndrome, Psychiatric Medication:	

MULHOLLAND, CHRISTOPHER (Mr)

Date of Birth 29-Jul-1981 (44y) undefined Male CHI Number 2907813579

History for Summary of contact

From 18/06/1926 Until 18/06/2026

Prescribed by Addiction Services:

Nil

Prescribed by General Practitioner

Co Codamol 30/500mg(self reported)

Recommendations/Plan:

1. Commence Methadone 30ml 20/12/2022 increase to 40ml 23/12/2022
2. To be seen weekly, for 4 weeks at titration clinic
To be allocated key worker within locality.

I reviewed Mr Mulholland today 20/12/2022 following self referral for opiate replacement therapy via the rapid access clinic (MAT) in Caley Court Resource Centre Stevenston. He reported a 20 year history of heroin misuse last being prescribed ORT treatment of Methadone 5 years ago. He reported having used IV heroin until 2 weeks ago when he was unable to source a vein. He reports since then he has been smoking/snorting since then approximately 2g daily. He reports he smoked 1/2g this morning prior to appointment. Urine drug screen positive for opiates only. Mr Mulholland denied any other unprescribed medications, alcohol or over the counter medications.

Mr Mulholland reports having leg ulcers at present with previous DVT and bad circulation. No other physical health concerns raised. No known allergies reported. He was reviewed by the Community Health Addiction Nurse (CHAN) whilst at this appointment this morning. BP 128/74 P84 BPM Resp 26.

He reports no mental health concerns at this time.

Mr Mulholland reports he lives alone in his own mortgaged property, is in full time employment in the building trade. He reports no financial concerns. He reported that he has four children two teenagers who live with an uncle and two younger children who are in foster care. Mr Mulholland advised that he has no contact with any of his children. Mr Mulholland reports that he has no family support, however reports he is happy with this current situation.

On examination he attended well kempt and appropriately dressed. Objectively he engaged well in the review with nothing to suggest being under the influence of substances. I found him pleasant, reactive in his affect and euthymic in mood. His content of thought was future focused and positively themed. I found no evidence of active mental illness.

In closing we agreed to commence Mr Mulholland on Methadone 30ml 20/12/2022 to increase to 40ml on 23/12/2022. He will be reviewed in the titration clinic weekly for the next four weeks and be allocated a key worker within his locality. I will update you in due course.

Assessed 20th Dec 2022 at 12:58**Summary of contact/details**

Christopher attended the MAT clinic and was seen by writer. Christopher presented appropriately and conversed well. Discussion had re interventions that CHAN offer. Christopher reports that he was admitted to hospital a few years ago and was tested for HEP C which resulted in a positive test, he states that he was in a week and was advised that he had cleared HEP C by discharge. Discussion had re risks and transmission. Christopher states he doesn't require HEP B/Flu vaccinations. Christopher agreed to BBV test, DBS test undertaken for HIV, HEP C and Hep B, Christopher happy and agreeing to same. Christopher declined sexual health testing/advice stating that he does not require this today. Christopher states that he has ulcer on his legs, reports that he is attending the Nurse at Misty Law Medical Practice for same,

MULHOLLAND, CHRISTOPHER (Mr)

Date of Birth 29-Jul-1981 (44y) undefined Male CHI Number 2907813579

History for Summary of contact

From 18/06/1926 Until 18/06/2026

advises that his next appointment is Thursday 22nd of December, advised to engage with these appointments. Christopher states that he will, declined to show writer today. Christopher states that he has been injecting in his arms, sites observed and clean with no issues. Hacks on his hands which are work related, Christopher states that these will heal over the Christmas period when he is not working.

Christopher reports no further physical issues/concerns.

Plan:

Christopher will be contacted when his results are available.

Christopher to attend his GP for care for hi leg ulcers.

Christopher aware that he can contact the service if he feels he needs further support/information.

Assessed 20th Dec 2022 at 10:30

Summary of contact/details

Christopher attended Caley Court this morning for purpose of MAT assessment. He did not appear under the influence and engaged well with writer.

MENTAL HEALTH

On mental state examination he was a 41 year old man, dressed in casual clothes and appeared well-kempt. There was good eye contact throughout assessment. His speech was spontaneous and coherent and was normal in rate, tone and content. Subjectively he described his mood as 'fine'. Objectively he appeared euthymic with reactive affect and displayed no biological signs of depressed mood. His thought form, possession and stream were normal. His thought content revealed no evidence of any psychotic symptomatology. There was no evidence of any on-going suicidal thoughts, plan or intent. There were no perceptual abnormalities and his cognitive function appeared grossly intact. He has good insight into current mental health circumstances.

PHYSICAL HEALTH

Christopher normally keeps well.

He stated that he was admitted to hospital 2 years for Hep C concerns. He stated he did not need treatment as it cleared up on its own. He stated that his BBV bloods were up to date however he had a review with the CHAN Nurse when he was there.

Christopher is currently prescribed Co-Codamol for ulcers on his legs. He reports that they can become very sore when he is on his feet all day at work. He stated he needs them when he is at work however when he is off work he does not need them.

SUBSTANCE USE

Christopher reported today that he is currently smoking/snorting 2 grams of heroin daily. He stated he has also been injecting however this stopped 2 weeks ago due to him being unable to find a vein. He stated he has not put himself at risk in 10 years with needles and reports using clean needles when injecting. He was offered IEP and foils today however declined this. He was given Naloxone at time of appointment. He reported he'd had 1 half a gram of heroin this morning.

Urine screen undertaken which showed positive for illicit OPIATES only. Christopher also reported that he had taken diverted Methadone from a friend last week however reported this was a one-off. This did not show up on the urine screen.

Christopher reported his heroin use has gone back 20 years. He stated he has been involved with the service many times before with the last intervention being 3-4 years ago. Christopher feels now is the best time to get on treatment. He stated work is going well and he would like to get himself 'straight' before going back to work in January.

Christopher stated he would like to go back on Methadone with a view of being titrated to 50ml. Writer stated that this would be reviewed on a regular basis and he was understanding of this. Writer discussed Christopher's case with ANP Senga Boyd who agreed to commence Christopher on Methadone 30ml daily supervised. Christopher was able to leave with a script and Penman's in Beith stated they would take him on. Christopher will have a follow up appointment with duty on Wednesday 28th December to consider titration. Due to Christmas holidays, it was suggested that Christopher be titrated on 23/12/2022 and then this can be reviewed. Christopher was accepting of this.

MULHOLLAND, CHRISTOPHER
(Mr)

CHI Number 2907813579

Date of Birth 29-Jul-1981 (44y)

Sex Male

Ayrshire Mental Health Risk Assessment Framework v3

Date of Activity 20 December 2022 10:30 by Hazel McSorley

Status Closed

Centre of Care North Drug & Alcohol Rec Serv

Ayrshire Mental Health Risk Assessment Framework

Assessment completed by

Individual clinician

Note: Staff Nurse Hazel McSorley

Mental state

Mental state

Green

Note: On mental state examination he was a 41 year old man, dressed in casual clothes and appeared well-kempt. There was good eye contact throughout assessment. His speech was spontaneous and coherent and was normal in rate, tone and content. Subjectively he described his mood as 'fine'. Objectively he appeared euthymic with reactive affect and displayed no biological signs of depressed mood. His thought form, possession and stream were normal. His thought content revealed no evidence of any psychotic symptomatology. There was no evidence of any on-going suicidal thoughts, plan or intent. There were no perceptual abnormalities and his cognitive function appeared grossly intact. He has good insight into current mental health circumstances.

Engagement

Engagement with services

Green

Note: Christopher attended today for his 1st MAT appointment. Christopher stated that he was involved with the service 3-4 years ago however disengaged due to work commitments. He engaged well with writer throughout appointment.

Medication management

Green

Note: Christopher reported to be on prescribed Co-Codamol for ulcers on his legs. He stated when he is working he takes 4 daily however when he is not working he does not need to take any. Writer stated to Christopher that this assessment would be passed onto his GP and they may decide to stop his prescription. Christopher was accepting of this and was open to an alternative to opioid medication. He stated he would make an appointment with his GP to discuss further.

Risk of absconding

Green

Note: No risks of absconding and no history of this.

Risk of suicide/self-harm

Risk of self-harm

Green

Note: No thoughts of self-harm noted today. No history of self-harm.

Risk of suicide

Green

Note: No thoughts, plan or intent of suicide today. Christopher reported no history of this and stated his mental health is normally stable.

Risk of harm to or from others

Risk of harm to others

Green

Note: No risk identified during assessment. Previous notes suggest an assault charge however Christopher denies any forensic history today.

Abuse issues

Green

Note: No abuse issues reported during assessment.

Neglect/Vulnerability issues (consider ASP/AWIA)

Green

Note: No risks identified regarding neglect or vulnerability during assessment. Christopher reported that he can self-neglect when his drug use is particularly bad.

Child protection concerns

Green

Note: Christopher has 3 children:

Christopher reported he has no contact with his children.

Child well-being concerns

Green

Note: No child well-being concerns. Christopher has no contact with his children due to his drug use.

Risk from substance misuse

Substance misuse

Amber

Note: Christopher reported today that he is currently smoking/snorting 2 grams of heroin daily. He stated he has also been injecting however this stopped 2 weeks ago due to him being unable to find a vein. He stated he has no put himself at risk in 10 years with needles and reports using clean needles when injecting. He was offered IEP and foils today however declined this. He was given Naloxone at time of appointment. He reported he'd had 1 half a gram of heroin this morning. Urine screen undertaken which showed positive for illicit OPIATES only. Christopher also reported that he had taken diverted Methadone from a friend last week however reported this was a one-off. This did not show up on the urine screen. Christopher reported his heroin use has gone back 20 years. He stated he has been involved with the service many times before with the last intervention being 3-4 years ago.

Christopher feels now is the best time to get on treatment. He stated work is going well and he would like to get himself 'straight' before going back to work in January. Christopher stated he would like to go back on Methadone with a view of being titrated to 50ml. Writer stated that this would be reviewed on a regular basis and he was understanding of this. Writer discussed Christopher's case with ANP Senga Boyd who agreed to commence Christopher on Methadone 30ml daily supervised. Christopher was able to leave with a script and Penman's in Beith stated they would take him on. Christopher will have a follow up appointment with duty on Wednesday 28th December to consider titration. Due to Christmas holidays, it was suggested that Christopher be titrated on 23/12/2022 and then this can be reviewed. Christopher was accepting of this.

Social and personal risks

Support network

Amber

Note: Christopher reported a poor support network and reported his friends at work can be a good support at times. Recovery activities were discussed however Christopher was unable to say if he could go due to work commitments.

Physical health

Green

Note: Christopher normally keeps well. He stated that he was admitted to hospital 2 years for Hep C concerns. He stated he did not need treatment as it cleared up on its own. He stated that his BBV bloods were up to date however he had a review with the CHAN Nurse when he was there. Christopher is currently prescribed Co-Codamol for ulcers on his legs. He reports that they can become very sore when he is on his feet all day at work. He stated he needs them when he is at work however when he is off work he does not need them.

Occupation of time

Green

Note: Christopher reported he works full time as a builder. He stated he works a lot can be extremely busy. He stated that he has hidden his heroin addiction from his colleagues and no-one knows. Christopher can find this very difficult at times.

Housing and finances

Green

Note: No concerns noted regarding housing and finances at this time.

Any other issues

Any other issues

Not known

Note: Christopher at one point asked to go outside for a cigarette and stated he would need to go out to 'the car' to get his tobacco. Writer therefore had concerns that he was driving. Christopher denied this and stated he had a licence but was aware he could not drive. He stated his friend drove him here. He stated 'I know I can't drive on th Methadone', 'I have been through this before'. Christopher is therefore aware of the legalities of him driving and the risk surrounding his medication. DVLA/Police could be informed if there are further suspicions.

Overall Impression of Risk

Overall Impression of Risk

Amber

Note: Christopher is classed as AMBER due to heroin use and physical health. He does however have good

motivation to change and has been commenced on medication today to reduce the risks.

Immediate Risk Management Plan

Immediate Risk Management Plan

PLAN:

1. Christopher will commence on his Methadone 30ml today daily supervised.
2. Christopher will be titrated to 40ml on Friday 23/12/2022.
3. Christopher will continue to refrain from illicit use.
4. Christopher is aware that his GP may stop his Co-codamol however open to the idea of alternative anti-inflammatories/painkillers.
5. Christopher will attend the pharmacy daily supervised and this will be reviewed.
6. Christopher has an appointment for Wednesday 28th December at 10am within Caley Court.
7. Christopher is aware he can contact the service if he requires support.

MULHOLLAND, CHRISTOPHER (Mr)

Date of Birth 29-Jul-1981 (44y) undefined Male CHI Number 2907813579

History for Summary of contact

From 18/06/1926 Until 18/06/2026

SUPPORT

Christopher reported a poor support network and reported his friends at work can be a good support at times. Recovery activities were discussed however Christopher was unable to say if he could go due to work commitments.

PLAN:

1. Christopher will commence on his Methadone 30ml today daily supervised.
2. Christopher will be titrated to 40ml on Friday 23/12/2022.
3. Christopher will continue to refrain from illicit use.
4. Christopher is aware that his GP may stop his Co-codamol however open to the idea of alternative anti-inflammatories/painkillers.

Christopher will attend the pharmacy daily supervised and this will be reviewed.

6. Christopher has an appointment for Wednesday 28th December at 10am within Caley Court.
7. Christopher is aware he can contact the service if he requires support.

Assessed 14th Dec 2022 at 10:19**Summary of contact/details**

Christopher contacted service to advise that he was suppose attend for MAT (1st) appointment 22/11/2022 however unable to attend due to work commitments. Christopher reports that he is now due to finish up work for Christmas and would be keen to be commenced on ORT. Writer spoke with Christopher and offered him an appointment for MAT on 20/12/2022 at Caley Court for 10:30am.

PLAN

- Christopher to attend for 1st MAT appointment on 20/12/2022 at 10:30 Caley Court

Assessed 22nd Nov 2022 at 09:23**Summary of contact/details**

Christopher failed to attend initial MAT appointment for assessment. - Second appointment will be offered. Key worker Frances Dickson informed same.

Assessed 16th May 2018 at 11:37**Summary of contact/details**

Notes accessed on TRIAGE. Writer had been requested to contact Jane Stephens SW (Kilbirnie) as she was enquiring if Christopher open to service. Advised closed to NADARs June 2017. Number given for Bentick Centre as Christopher had been staying in East Ayrshire.

Assessed 10th May 2018 at 14:43**Summary of contact/details**

Christopher failed to respond to 7 day letter therefore will be discharged from Addiction Services. GP to be notified.

Assessed 10th May 2018 at 11:12**Summary of contact/details**

Activity record 10/05/2018 discharged - no GP.

MULHOLLAND, CHRISTOPHER (Mr)

Date of Birth 29-Jul-1981 (44y) undefined Male CHI Number 2907813579

History for Summary of contact

From 18/06/1926 Until 18/06/2026

Assessed 20th Apr 2018 at 16:41**Summary of contact/details**

PX stopped. 7 Day letter sent out to home address. Failure to respond ill result in discharge from Service for non engagement.

Assessed 16th Apr 2018 at 13:25**Summary of contact/details**

Multi-Disciplinary Case Discussion held on 16th April 2018 regarding Christopher Mulholland (29.07.81)

Issues Raised

Client picks up prescription in Irvine. He is on Methadone 20mls daily. His pharmacy did not receive his monthly prescription as there had been an issue with a few pharmacies not receiving their print run prescriptions through the post last week. Peter spoke to the relief pharmacist who said he was going to the sorting office to collect the prescription. Client phoned Peter on Thursday to say that he still had not received his Methadone and he wanted to make a complaint. Peter spoke to pharmacist who had forgotten to go and get prescription from sorting office. Peter arranged for another prescription to be printed and delivered this to the chemist. Peter phoned client to let him know about this but he has still not been to collect his prescription

Assessed 30th Jan 2018 at 15:01**Summary of contact/details**

Christopher has failed to attend another review with writer this evening @ Bentinck Centre at 5.30pm. Writer will update ANP Martin around non attendance and arrange reductions to px to encourage attendance.

Assessed 15th Jan 2018 at 16:45**Summary of contact/details**

Multi-Disciplinary Case Discussion held on 15th January 2018 regarding Christopher Mulholland (29.07.81)

Issues Raised:

Client is a transfer from North. He has failed to attend one appointment and cancelled one appointment with Brian. Evening appointments were offered to accommodate work but he has still not attended.

Action Points:

One off 5ml reduction to be given.

Assessed 9th Jan 2018 at 17:30**Summary of contact/details**

Activity Record - ADDICTIONS V3 09/01/18 17.30 sent to Registration 16/02/18.

Assessed 9th Jan 2018 at 17:30**Summary of contact/details**

CHRISTOPHER MULHOLLAND 18A LOAN, MAUCHLINE, AYRSHIRE, KA5 6AN
CHI No: 2907813579

MULHOLLAND, CHRISTOPHER (Mr)

Date of Birth 29-Jul-1981 (44y) undefined Male CHI Number 2907813579

History for Summary of contact

From 18/06/1926 Until 18/06/2026

Christopher failed to attend for his recent NHS Addiction Services Advanced Nurse Practitioner outpatient clinic appointment at the Bentinck Centre on 9th of January 2018.

As he is prescribed medication by the Addiction Service it is very important that I have the opportunity to review him regularly in order to ensure that this prescription remains safe. His attendance at appointments also gives the chance to discuss his views and take an active part in planning his care and recovery.

I plan to discuss this latest failed appointment at the clinical team meeting and agree a plan of action aimed at encouraging him to engage with his recovery and attend for planned appointments for review. This is likely to require a 5ml reduction to his prescribed Methadone.

Should you wish to discuss this gentleman further with me at any point please do make contact.

Assessed 7th Nov 2017 at 17:30

Summary of contact/details	
Activity Record - ADDICTIONS V3 07/11/17 17.30 sent to Frew Terrace Surgery, Irvine 28/11/17.	

Assessed 7th Nov 2017 at 17:30

Summary of contact/details	
CHRISTOPHER MULHOLLAND 18A LOAN, MAUCHLINE, Ayrshire, KA5 6AN CHI No: 2907813579	
Christopher called to cancel his recent NHS Addiction Services Advanced Nurse Practitioner outpatient clinic appointment at the Bentinck Centre on 7th of November 2017.	
As he is prescribed medication by the Addiction Service it is very important that I have the opportunity to review him regularly in order to ensure that this prescription remains safe. His attendance at appointments also gives the chance to discuss his views and take an active part in planning his care and recovery.	
I plan to offer out one further appointment in the hope that he chooses to engage at this time. Should he fail to do so then there will be requirement to reduce his prescribed Methadone aimed at encouraging his engagement with the service going forward.	
Should you wish to discuss this gentleman further with me at any point please do make contact.	

Assessed 31st Oct 2017 at 14:59

Summary of contact/details	
Failed to attend evening review with writer at Bentinck Centre. Will offer one last appointment before liaising with prescriber around reductions to px.	

Assessed 21st Aug 2017 at 13:28

Summary of contact/details	
Confirmation of Holiday by Christopher provided. Holiday PX generated to cover from 22/08/2017 to 28/08/2017. Christopher denies any ongoing concerns sharing that he is going away to Blackpool for a week with friends as he has a week off from work. Agrees to be reviewed on writer on writers return from annual leave mid Sept.	

MULHOLLAND, CHRISTOPHER (Mr)

Date of Birth 29-Jul-1981 (44y) undefined Male CHI Number 2907813579

History for Summary of contact

From 18/06/1926 Until 18/06/2026

Assessed 8th Aug 2017 at 12:58

Summary of contact/details
Dear Dr Bothwell CHRISTOPHER MULHOLLAND 18A LOAN, MAUCHLINE, AYRSHIRE, KA5 6AN CHI No: 2907813579 Diagnosis: F11.2 Opioid Dependence Syndrome, currently on substitute treatment Psychiatric Medication: Prescribed by Addiction Services: Methadone 25mls daily (on a twice weekly pick up) Prescribed by General Practitioner None Recommendations/Plan: 1. No changes to medication. 2. I will request my ANP colleague to consider appointing in the evening clinic due to his work commitments. 3. Keyworker review in the interim. I saw Mr Mulholland in my outpatient clinic at Cumnock Health Centre on 8th August 2017. This appointment was arranged following his recent transfer from North Ayrshire Addiction Services. As you are probably aware, he has a long history of Opioid dependence and has been stable on the current dose of Methadone for a while now. He denied taking any illicit drugs recently and then admitted that he tends to take Co-codamol 8/500mgs tablets for toothache. It appears to be prescribed through the pharmacy prescribing services. He takes one or two tablets every second to third day. He advised me that he would be making an appointment with the dentist to get his dental problems looked at properly. Continued... Page 2 29th August 2017 Dr Bothwell, Re: Christopher Mulholland He has a long history of Opioid dependence and has been on Methadone for a while. He attempted Suboxone detox in 2010 and successfully remained abstinent for approximately two years. Unfortunately his father died and he relapsed into taking Heroin. Suboxone detoxification was tried again but he did not succeed that time and he went on to Methadone substitute treatment. He has been gradually chipping away his Methadone and has been on this dose for a few months now. He is settling in his new area and still stays with his ex partner in Irvine on a few days, whenever he has a late shift work pattern. He works in a factory in Irvine. He denied any recent history of pervasive low mood or significant anxiety symptoms. He advised me that he was prescribed antidepressants approximately a year ago and he was initially on Mirtazapine which did not work. He was then started on a

MULHOLLAND, CHRISTOPHER
(Mr)

CHI Number 2907813579

Date of Birth 29-Jul-1981 (44y)

Sex Male

Ayrshire Mental Health Risk Assessment Framework

Date of Activity 20 June 2017 14:33 by Peter Wood

Status Closed

Centre of Care East Ayrshire RADAR

Ayrshire Mental Health Risk Assessment Framework

Assessment completed by

Individual clinician

Note: Staff Nurse Peter Wood.

Mental state

Mental state

Green

Note: Chris is reporting his Mental Health as "not bad" presently, he has recently moved house and reports current stresses regarding his children and social work has not been easy, but reports he is dealing with this as it has been ongoing for a number of years.

Engagement

Engagement with services

Green

Note: Attended for assessment

Medication management

Green

Note: Currently dispensed 25mls methadone twice weekly pick up. currently using 8/500 co codomal for tooth ache.

Risk of absconding

Not applicable

Note: community setting

Risk of suicide/self-harm

Risk of self-harm

Green

Note: no concerns raised or identified at appointment today

Risk of suicide

Green

Note: Denies any suicidal ideation, plan or intent at time of review

Risk of harm to or from others

Risk of harm to others

Green

Abuse issues

Green

Note: No concerns raised or identified at review appointment today

Neglect/Vulnerability issues (consider ASP/AWIA)

Green

Note: No concerns raised or identified at review appointment today

Child protection concerns

Green

Note: Christopher's 3 children, [REDACTED]

[REDACTED] Current on going LAC meetings with regards to permanency for the care of his children. Christopher reported that he is currently allowed access/contact with his children 3 times a week which he visits them in Kilbirnie, however reports this may be changing as Christopher has moved away from his partner and is now living in Mauchline but reports he has not been made aware of the outcome of the latest LAC meeting

Risk from substance misuse

Substance misuse

Amber

Note: Chris is reporting occasionally smoking a cannabis joint and reports no other illicit substance use. Utilising 3 4 8/500mg co codamol every couple of days for tooth ache. Reports having been doing this for 7 days.

Social and personal risks

Support network

Green

Note: Although Chris is reporting to have moved away from his partner [REDACTED] he reports that they are still getting on fine and she continues to provide support for him.

Physical health

Green

Note: Chris is reporting to be "not bad" just now, he reports he does get some aches and pains from his varicose veins and he has toothache which has been on and off for a few months which he treats with co-codamol.

Occupation of time

Green

Note: Chris is reporting to visit/contact sessions with his children [REDACTED] and [REDACTED] 3 times a week in Kilbirnie, he informs writer he has just moved house so has been with this.

Housing and finances

Green

Note: no concerns

Any other issues

Green

Note: Writer advised of free furniture or recycling sites with regards to helping him furnish his new home. No other concerns were raised or identified at review appointment.

Overall Impression of Risk

Green

Note: Rated green although there are child protection issues these are still ongoing and no concerns or risks identified currently due to children residing with foster carer and contact visits are supervised and monitored 3 times a week. Illicit substance use is reported as occasional Cannabis joint, good engagement with services and 2 times weekly pick up of 25mls Methadone.

Immediate Risk Management Plan

Immediate Risk Management Plan

Whilst in receipt of substitute medication Chris, with the assistance of his named worker, will actively engage in their recovery journey to achieve their goals and aspirations. Their identified goals/aspirations are and they wish to achieve. Chris has agreed that:

1. - along with keyworker will jointly commit to NHS Ayrshire and Arran's recovery agreement
2. - would engage fully with their keyworker to achieve a therapeutic relationship where he/she will have the opportunity to ventilate any thoughts, feelings and concerns via regular review appointments.
3. Part of this therapeutic relationship will involve an onus on - to have regular urine screens and health measurements including blood pressure and pulse measurements.
4. It has been agreed that - will have access to the doctor if and when required with the support of his key worker. Or for regular review as standard practice - minimum 1 year
5. - will identify specific problems relating to her substance use.
6. - will identify cues/triggers/risk factors which could lead to a possible lapse/relapse.
7. - will discuss with the keyworker, and consider, alternative coping skills/behaviour changes to deal with the identified problems/risk factors.
- 8 Throughout - recovery journey any information relevant to their care and any identified risks will be communicated to other professionals involved in their care
9. - will be encouraged to participate in regular review and agreed next stage of recovery journey will be documented in notes.

206231

* 10.30 am
Tue 16/5/17
with Peter
Auntie H.C.

NHS Addiction Services Referral Form

East ☒ North ☐ South ☐

Patient Details

Name: Christopher Mulholland
D.O.B: 29/07/81
CHI. No: _____
Address: 18A Loan
Mauchline
Tel. No: KA5 - 6AN
Mobile. No: 07879278329

GP Practice

GP Name: _____
Address: The overland
Surgery
Kilwinning
Tel. No: _____

Referrer Details

Name: Transfer of Care
Job Title: from North
Service/Organisation: Dumfrieshire

Address: _____
Tel. No: _____

Name of 'Triage' worker taking referral details

Sharon

Is GP aware of referral?

☐ Yes ☐ No

(For all Detox referrals: Please advise GP of referral)

Is patient aware of this referral and consented to referral?
YES ☐ / NO ☐

Date of Referral 2/5/17

Reason for Referral

☐ Alcohol ☒ Drug

Current Substance(s) - 25ml. Methadone

Average daily intake - Daily - 3x week (SDPU)

How is substance(s) being taken?

☐ Oral ☐ Smoking ☐ Injecting

RECOVERY

What addiction support does the person wish from NHS Addiction Services to assist with their recovery?

What is the person's recovery aims/aspirations and within what timescales?

* Sharon Adrain, North Addiction Team *

01294 - 476000

Sharon will give script from 9/5/17 for 28 days
Sharon can do a joint visit (not available - Wed or Fri)

Type of Treatment		
☐ Detoxification	☐ Alcohol Relapse Management	☒ Substitute Medication
☐ Occupational Therapy	☐ BBV Support/Sexual Health	☐ Mental Health
☐ Physical and Social Health	☐ Loudoun Day Attendance	☐ Loudoun Residential

Any current or previous mental health problems? (If yes, please give details): _____ _____	YES ☐ / NO ☐
Any history of aggression or violence? (If yes, please give details): For example is it unsafe for lone worker to visit at home. _____ _____	YES ☐ / NO ☐
Any additional risk, If yes please give details _____ _____	YES ☐ / NO ☐
Is client or partner pregnant	YES ☐ / NO ☐
Living with own/partner's children <i>living alone</i>	YES ☐ / NO ☒
Any prescribed medication relevant to this referral (include dose)? (if yes, please give details) <i>25ml meth 3x week (3000)</i> _____ _____	YES ☐ / NO ☐

Any additional support needs e.g. – Language interpreter required, vision impairment, hearing impairment, sign language interpreter required: _____ _____	<i>NO</i>
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Any further relevant information – (e.g. any involvement with other services). Please detail <i>Child Protection involvement from North Ayrshire</i>

Referrals can be emailed via secure email account:

South Ayrshire: AA-UHB.ClinicalAddictionServices-SouthAyrshire@nhs.net
 North Ayrshire: AA-UHB.ClinicalAddictionServices-NorthAyrshire@nhs.net
 East Ayrshire: AA-UHB.ClinicalAddictionServices-EastAyrshire@nhs.net

Referral forms can be posted to: NHS Addiction Services

South Upper Killochan Ailsa Campus Dalmellington Road Ayr KA6 6AB Tel: 01292 559800	North Caley Court Resource Centre Moorpark Road West Stevenston KA20 3HN Tel: 01294 476162	East Bentinck Centre East Netherton Street KILMARNOCK KA1 4AX Tel: 01563 574237
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MULHOLLAND, CHRISTOPHER (Mr)

Date of Birth 29-Jul-1981 (44y) undefined Male CHI Number 2907813579

History for Summary of contact

From 18/06/1926 Until 18/06/2026

different antidepressant but he did not take it any longer than two weeks. He did not feel he required being on an antidepressant which is the reason why he stopped taking it. He denied a previous history of self harm or any suicide attempts.

On examination, he was casually dressed and well kempt. He maintained good eye contact. His affect was reactive. He was euthymic. He denied any suicidal or homicidal ideas. There was no evidence of psychosis.

Follow up arrangements are as above.

Yours sincerely

sessed 1st Aug 2017 at 16:38**Summary of contact/details**

Failed to attend review with writer in evening clinic at Bentinck on 1/8/17. Writer will arrange another review for next month.

Assessed 20th Jun 2017 at 17:00**Summary of contact/details**

Writer received confirmation from CN Peter Wood that Chris has now officially transferred care to the EAST CAT, and they will be taking over his prescription from 4/7/17. Writer has submitted a stop change form for same and closed on SAMS and informed ANP James Hill of same.

Assessed 17th May 2017 at 11:46**Summary of contact/details**

Writer discussed prescription issues with ANP James Hill and has agreed to make a change to Chris prescription to a twice a week pick up. Writer has submitted change form for same with an additional pick up for Chris to start 18/7/17 and then twice weekly pick up from Friday 19/5/17. Writer has confirmed a place with Boots Fullarton Square and has contacted Well Pharmacy to advise of same. Writer has attempted to contact Chris via mobile phone and will continue to do so to confirm changes to his prescription. Writer will drop prescription off at pharmacy.

Assessed 16th May 2017 at 11:36**Summary of contact/details**

Writer received a phone call from SN Peter Wood East CAT to say that Chris had not attended for his appointment with them today, writer confirmed that Chris had contacted writer the day before to ask for the East CAT number, writer informed Peter that Chris had started a new job on Monday and had attempted to meet with Chris last week to make changes to his prescription but Chris was visiting his children that day and didn't manage to get back home on time to meet with writer. Peter advised writer that it would be a while before he could appoint Chris again and writer agreed that she would continue to look after Chris care until his transfer. Writer received another phone call from Margaret in the East CAT informing writer that Chris had called to cancel his appointment at 1pm which it was at 10:30 and to request a pharmacy move back to Irvine area as he can pick up at lunch time.

Writer contacted Chris via mobile phone to discuss a change of Pharmacy back to Irvine, Chris confirmed this would be easier for him as he can pick it up at lunchtime, Chris confirmed he had not picked up his Methadone from Well pharmacy today and was not going to be able to get back to do so. Writer confirmed she hoped to make a change by Thursday which would mean Chris would miss Tuesday and Wednesday dose, and Chris reported he will be fine.

MULHOLLAND, CHRISTOPHER (Mr)

Date of Birth 29-Jul-1981 (44y) undefined Male CHI Number 2907813579

History for Summary of contact

From 18/06/1926 Until 18/06/2026

Assessed 16th May 2017 at 10:34**Summary of contact/details**

Writer had arranged to meet with Christopher @ Auckinleck H.C for 10.30 however failed to attend. Writer liaises with Assistant Community Drug worker Sharon Adrain and informs of non attendance. Writer suggest that follow up is made with Christopher from North Addictions and update to be provided to East when appropriate. Writer will await further contact from North before re-appointing Christopher for assessment and transfer of care to be complete.

Assessed 11th May 2017 at 16:00**Summary of contact/details**

Writer contacted Chris via telephone to discuss his request for a change in his prescription, Chris informed writer that he didn't have any documentation with regards to his work but would contact his work and get some paperwork, writer discussed that it may be a possibility to make a change to his dispensing should he be able to provide evidence of work and a drug screen, Chris informed writer that he had taken 2X co-codamol for toothache 2 days ago, writer agreed to meet Chris at his home at 4pm today, Chris informed writer that he was visiting his children but hoped to back home by 4pm. Writer attended Chris home however there was no answer, writer attempted to contact Chris on his mobile, however it went to voicemail, writer had a note of his old number and tried that, [REDACTED] writer suggested that if Chris wished to speak to writer then he could contact Caley Court, writer has updated ANP James Hill of same. James suggests should Chris contact writer again then any further changes should be made by East CAT team as Chris has an appointment with them on 16/5/17.

Assessed 10th May 2017 at 14:30**Summary of contact/details**

Writer received a message via clinical admin team to contact Chris on his mobile number. Writer contacted Chris and he informed writer that he was successful in the job he had applied for and they wanted him to start Monday 15/5/17 and he was wondering if he could get a change to his dispensing as he reported that he was working in Irvine from 8am to 6pm and wouldn't be home until 7pm, writer discussed with Chris that he would possibly be better to discuss this with his new worker, however Chris asked writer if she could discuss this with ANP James Hill in the first instance. Writer agreed and discussed with James, James requested that providing evidence was produced with regards to Chris working situation and a drug screen carried out he suggested he would consider a weekly pick up. Writer to discuss with Chris his working arrangements, i.e would he have any breaks during the day to access a pharmacy in the Irvine area perhaps. Writer was unable to call Chris back today and would contact again tomorrow.

Assessed 5th May 2017 at 15:19**Summary of contact/details**

Writer contacted East CAT to arrange transfer of Chris's care they have agreed that a hand over won't be necessary and advised writer to arrange 28 day prescription for Chris with his new pharmacy. East CAT team have confirmed an appointment for Chris on 16/5/17 at 10:30am and writer has dropped off 28 day prescription for 3 times weekly pick up of 25ml Methadone to start on 9/5/17 and confirmed with East CAT. Writer has tried to contact Chris via telephone but no answer, writer has contacted pharmacy boots Fullarton Square in Irvine and advised of arrangements and they have confirmed they will advise Chris of same. Writer will close Chris on SAMS after transfer date of 16/5/17 and advise clinical admin team of change. Writer has updated prescriber ANP James Hill of current status.

Assessed 1st May 2017 at 14:30**Summary of contact/details**

MULHOLLAND, CHRISTOPHER
(Mr)

CHI Number 2907813579

Date of Birth 29-Jul-1981 (44y)

Sex Male

Generic ICP Assessment V4

Date of Activity 01 May 2017 14:30 by Sharon Adrain

Status Closed

Centre of Care North Drug & Alcohol Rec Serv

Presentation

Source of current referral

Not recorded

Reason for referral

Not Recorded

Assessment type

Not known

Target date for completion

Was target date for completion met?

Not known

Current contact with other services

Not known

Previous contact with other services

Not known

Patient's perspective of current problems and interventions

Not Recorded

Carer's perspective of current problems and interventions

Not Recorded

Patient agreed to carer being involved in treatment?

Not known

Patient's perspective of previous problems and interventions

Not Recorded

Does the patient feel they might benefit from spiritual support or guidance?

Not known

Summary of strengths, goals and aspirations

Not Recorded

Were alternative care options considered?

Not known

Has Care Programme Approach been considered?

Not known

Has the Adult Support and Protection Act been considered?

Not known

Has referral been made to local authority under ASP legislation for further investigation?

Not known

Has the Mental Health Act been considered?

Not known

Summary of Assessment

Not Recorded

Action points

Not Recorded

Ayrshire Mental Health Risk Assessment Framework

Assessment completed by

Individual clinician

Note: ACAW Sharon Adrain

Mental state

Mental state

Green

Note: Chris is reporting his Mental Health as "not bad" presently, he has recently moved house and reports current stresses regarding his children and social work has not been easy, but reports he is dealing with this as it has been ongoing for a number of years.

Engagement

Engagement with services

Green

Note: Chris attends his appointments in timely manner, recently missed an appointment with writer due to moving house and Chris apologised to writer for not ringing to re arrange.

Medication management

Green

Note: Chris is on a 3 weekly pick up supervised on day of collection, he has been collecting 3 time a week since Feb 2016 and began reducing Methadone by 2 mls per fortnight in Sept 2016 and has requested a hold at 25ml Methadone 3 times a week since Oct 2016.

Risk of absconding

Not applicable

Note: community setting

Risk of suicide/self-harm

Risk of self-harm

Green

Note: no concerns raised or identified at appointment today

Risk of suicide

Green

Note: Denies any suicidal ideation, plan or intent at time of review

Risk of harm to or from others

Risk of harm to others

Green

Abuse issues

Green

Note: No concerns raised or identified at review appointment today

Neglect/Vulnerability issues (consider ASP/AWIA)

Green

Note: No concerns raised or identified at review appointment today

Child protection concerns

Green

Note: Christopher's 3 children. [REDACTED] Current on going LAC meetings with regards to permanency for the care of his children. Christopher reported that he is currently allowed access/contact with his children 3 times a week which he visits them in Kilbirnie, however reports this may be changing as Christopher has moved away from his partner and is now living in Mauchline but reports he has not been made aware of the outcome of the latest LAC meeting 28/4/17.

Risk from substance misuse

Substance misuse

Amber

Note: Chris is reporting occasionally smoking a cannabis joint and reports no other illicit substance use.

Social and personal risks

Support network

Green

Note: Although Chris is reporting to have moved away from his partner [REDACTED], he reports that they are still getting on fine and she continues to provide support for him.

Physical health

Green

Note: Chris is reporting to be "not bad" just now, he reports he does get some aches and pains from his varicose veins and he has toothache which has been on and off for a few months which he treats with co-codamol.

Occupation of time

Green

Note: Chris is reporting to visit/contact sessions with his children [REDACTED] and [REDACTED] 3 times a week in Kilbirnie, he informs writer he has just moved house so has been with this.

Housing and finances

Green

Note: Chris reports to just moving house in to rented accommodation in Mauchline with an initial lease of 6 months he reports he has a TV, Sofa and mattress on the floor and informed writer that he had applied for a community grant which had been turned down and Chris informed writer he was going to be appealing. Financially Chris is currently receiving ESA benefits however he informs writer that he has applied for a roofing job as he has been feeling much better but he is unsure if he will get this and asked writer for advice with regards to his ESA, writer advised to discuss with the job centre.

Any other issues

Green

Note: Writer advised of free furniture or recycling sites with regards to helping him furnish his new home. No other concerns were raised or identified at review appointment.

Overall Impression of Risk

Green

Note: Rated green although there are child protection issues these are still ongoing and no concerns or risks identified currently due to children residing with foster carer and contact visits are supervised and monitored 3 times a week. Illicit substance use is reported as occasional Cannabis joint, good engagement with services and 3 times weekly pick up supervised on day of collection of 25mls Methadone.

Immediate Risk Management Plan

Immediate Risk Management Plan

Plan

1. Writer to transfer care to East CAT
2. Writer to arrange new pharmacy in Mauchline area
3. Writer to liaise with current prescriber ANP James Hill re transfer of care
4. Hold current dose of Methadone at 25mls further reductions in future then Suboxone detox.

5. Chris to register with new GP and Dentist in Mauchline area.

Personal and social history

Aspects relevant to minority / ethnic communities

Not known

Maternal status

Not known

Is there a dependent child?

Not known

Gender based violence

Was gender based violence routine enquiry carried out?

Not recorded

Why was gender based violence routine enquiry not possible?

Not recorded

Did disclosure take place?

Not applicable

Forensic/Criminal

Has the patient been convicted of a criminal offence?

Not known

Forensic contact

Previous Criminal Justice Service involvement

Not known

Current Criminal Justice Service involvement

Not known

Charges pending

Not known

Psychological well-being

Behaviour

Aggressive behaviour

Not known

Suspicious or accusatory behaviour

Not known

Eating problems

Not known

Wandering

Not known

Overactivity

Not known

Odd, inappropriate or unacceptable behaviour

Not known

Level of care required to manage behaviour

Not known

Cognition

Memory

Not known

ACE-III total score

Not Recorded

Attention and concentration

Not known

Understanding

Not known

Expression

Not known

Mental health

Thought disorganisation

Not known

Delusions

Not known

Hallucinations and other perceptual abnormalities

Not known

Elated or expansive mood

Not known

Depressed mood and ideation

Not known

Obsessional ideas and compulsive behaviour

Not known

Intrusive ideation

Not known

Anxiety, phobias and panics

Not known

Somatic preoccupations

Not known

Lowering of energy, drive or interest

Not known

Self-esteem

Not known

Sleep disturbance

Not known

Psychological Therapies and interventions

In need of psychological therapy

Not known

Currently suitable for psychological therapy

Not known

Alcohol or substance misuse

Alcohol misuse

Not known

Misuse of prescribed drugs

Not known

Misuse of non-prescribed drugs

Not known

Smoking

Not known

Current cigarette intake

Not Recorded

Offered referral for smoking cessation support

Not known

Alcohol / substance profile

Main alcohol / substance name

Not Recorded

Prescribed

Not known

Route

Not known

Level of use

Not Recorded

Alcohol / substance name (2)

Not Recorded

Prescribed

Not known

Route

Not known

Level of use

Not Recorded

Alcohol / substance name (3)

Not Recorded

Prescribed

Not known

Route

Not known

Level of use

MULHOLLAND, CHRISTOPHER (Mr)

Date of Birth 29-Jul-1981 (44y) undefined Male CHI Number 2907813579

History for Summary of contact

From 18/06/1926 Until 18/06/2026

Writer met with Chris at Ballot Road clinic for review and to carry out up to date ARAF and arrange transfer of care to East CAT. Chris presented well kempt and kept good eye contact with writer and his speech was of normal rate and tone.

See updated Generic ICP Assessment V4 ARAF 1/5/17

Oral drug screen undertaken + Methadone, Opiates (co-codamol)

Chris is reporting no illicit substance use with exception of occasional cannabis joint, writer advised Chris of risks of Cannabis use and Chris verbalised his understanding of same. Chris is reporting stable on his current dose of 25mls Methadone 3 times weekly pick up, and wishes to remain on this dose until he has transferred to East CAT whereby he can discuss further reductions and then Suboxone detox. Chris is reporting ongoing toothache and informed writer that he had taken 2X co-codamol last night for his toothache however is reporting that they are not always working now, writer advised Chris to register with a dentist in Mauchline as Chris reports he has not been back to see the dentist in Irvine again and as he has moved it would be easier for him to register locally, also discussion about Chris registering with a GP in Mauchline, Chris verbalised his understanding of same. Chris reports no alcohol use with the exception on 1 night recently where he reports to have 2 drinks of Jim Beam, however he states eh doesn't usually drink alcohol, writer advised of harm reduction and Chris demonstrated his understanding of same.

Plan

1. Writer to transfer care to East CAT
2. Writer to arrange new pharmacy in Mauchline area
3. Writer to liaise with current prescriber ANP James Hill re transfer of care
4. Chris to register with new GP and dentist in Mauchline area
5. Hold current dose of Methadone at 25mls further reductions in future then Suboxone detox.
6. Change form sent re change of clients address 18A Loan, Mauchline, KA5 6AN to clinical email admin team NADARS.

Assessed 28th Apr 2017 at 12:04**Summary of contact/details**

Writer was contacted via telephone by Jane Stephens Social worker for [REDACTED] and [REDACTED] Chris's children. Writer was to attend LAC meeting today at 1pm at HSCP, Craigton Road, Kilbirnie however Jane asked writer for an update over the telephone. Writer informed Jane that she had not been asked to write a report for today's meeting and Jane confirmed that was the case but could writer provide an update since the last LAC meeting on 18/1/17. Writer confirmed the following information for the meeting today to Jane over the phone.

Attendance and engagement

- 1/5/17 - to meet re transfer of care to EAST community addiction team
- 21/4/17 - Did not attend due to moving house
- 19/4/17 - attended
- 17/3/17 - attended
- 8/2/17 - attended
- 18/1/17 - attended
- 13/1/17 - attended

Reporting stable on 25mls Methadone prescribed on a 3 weekly pick up and supervised on day of pick up. Reports no illicit substance use. Discussion have taken place with regards to reduction in his Methadone or alternative Suboxone medication.

Drug screen 17/3/17 + Methadone only

Reports good mental health and physical health with exception of toothache now and again which he treats with co-codamol.

MULHOLLAND, CHRISTOPHER (Mr)

Date of Birth 29-Jul-1981 (44y) undefined Male CHI Number 2907813579

History for Summary of contact

From 18/06/1926 Until 18/06/2026

Attends appointment well and engages with service, client requested monthly appointments and has attended them.

Client keen on getting a focus on activities such as the gym and he has been provided gym vouchers.

Assessed 25th Apr 2017 at 12:14**Summary of contact/details**

writer contacted Christopher as he did not attend his appointment with writer on 21/4/17 at ballot Road, Christopher apologised for not attending and reported that he meant to phone writer as he moved house on 21/4/17 but forgot to contact writer. Writer discussed with Christopher that she would like to see him to complete risk assessments and arrange transfer for his care to East CAT team. Writer offered Christopher an appointment this week but he reported he was busy and requested an appointment the following week. Writer has arranged to see Christopher at Caley Court on 1/5/17 at 11.30am.. Christopher reported that he was still coming up to Irvine daily and to Kilburnie 3 times a week for contact visits with his children. Writer will discuss with ANP James Hill re transfer to East CAT.

Assessed 21st Apr 2017 at 10:13**Summary of contact/details**

Christopher did not attend his appointment with writer today at Ballot road, however writer notes from ANP James Hill FACE notes 19/4/17 that he mentioned that Christopher had an appointment with writer at woodland view, the Grove. Writer has not received any information with regards to Christopher turning up for his appointment with writer at the Grove. Writer will attempt to contact Christopher via telephone as writer has been informed via ANP James hill that Christopher is planning on moving out of the area very shortly.

Assessed 19th Apr 2017 at 11:28**Summary of contact/details**

Diagnosis:- F11.2 Opioid Dependence Syndrome

Medication prescribed by Addiction Services:- Methadone 35mls dispensed on a three times weekly pick up regime from Boots Pharmacy in Irvine.

Medication prescribed by GP:- Nil

Recommendations:-

1. I will discuss transferring his care to my ANP colleague Brian Martin within the East team if Christopher moves to Mauchlan within the next 3 months, if not I will review him again in clinic.
2. Christopher to attend appointment with keyworker on Friday at Woodland View.
3. No action required by the GP at this time.

Drug Use:- Christopher denies any use of illicit drugs or alcohol at this time, he also reports no use of any over the counter medications.

I saw Christopher at my clinic within Woodland View Hospital on the 19th of April 2017 to review his current care and treatment. Christopher presented well and raises no concerns in relation to his current mental or physical health. He continues to report abstinence from illicit substances at this time. and remains keen to be commenced on Suboxone in the next few months once his social circumstances have settled down. He stated that he plans on moving to Mauchlan in the next few weeks, however will keep

MULHOLLAND, CHRISTOPHER (Mr)

Date of Birth 29-Jul-1981 (44y) undefined Male CHI Number 2907813579

History for Summary of contact

From 18/06/1926 Until 18/06/2026

his keyworker up to date with this. His plan is to move due to on going child protection involvement as it appears he is classed as the main risk factor, he stated that they have decided to go their separate ways for the sake of the children as he would rather they remained with their mother, however I am unsure as to the full case.

I have made no changes to his care at this time as our plan had been to work towards a detox, however I will liaise with my colleague from the East team to take over his care with the view to continue this plan should he move to Mauchlan. I will review him again in 3 month time should he remain within North Ayrshire.

Assessed 19th Apr 2017 at 11:28**Summary of contact/details**

Activity Record Addiction V3 19/04/2017 11:28 sent to Oxenward Surgery on 25/04/2017.

Assessed 17th Mar 2017 at 10:00**Summary of contact/details**

Writer met with Chris today at Ballot Road clinic.

Oral drug screen + Methadone

Chris Reports to be doing well on his 25ml of prescribed Methadone, writer discussed any plans he had with regards to reducing further or suboxone detox and Chris isn't sure what he will do yet and reports that he just wishes to remain on the current dose whilst he still has Child protection ongoing and writer encouraged this.

Chris reports of a good mood and physically well, writer had given Chris a gym voucher last time and he hadn't managed to get to the gym with still visiting his children 3 times a week so writer completed another voucher for him. Chris does still have toothache but it has been quiet recently and he reports that he hasn't had to take any opiate based pain relief for this.

Writer discussed further support for Chris and he would like to continue with monthly appointments for the time being. Writer has made a further appointment for 21/4/17 at 9.30am at Ballot Road for further psychosocial support.

Assessed 8th Feb 2017 at 10:30**Summary of contact/details**

Writer met with Chris for a joint appointment with Addiction worker Dawn Campbell at Caley Court.

Dawn Campbell was able to offer further support to Chris with regards to a recent decision that had been made at a Looked After conference, however Chris reports that he was "ok" with the decision, and in his words "it is what it is" and demonstrated a level of acceptance of the result. Chris understands that the level of supervised visits will be reducing, they are currently 3 times a week. Chris confirmed that he was happy with the level of support and thanked Dawn, and is agreeable to be discharged from Social care services. Dawn left the room after this discussion had taken place.

Writer met with Chris to provide psychosocial support.

Urinalysis 6 panel drug screen - Chris was happy to provide a drug screen for writer, he unfortunately spent approximately 10 minutes in the bathroom and was unable to provide a urine sample despite running water from the tap, which writer could audibly hear from the corridor. Writer will carryout a drug screen at next appointment.

MULHOLLAND, CHRISTOPHER (Mr)

Date of Birth 29-Jul-1981 (44y) undefined Male CHI Number 2907813579

History for Summary of contact

From 18/06/1926 Until 18/06/2026

Chris reports to remain abstinent from illicit substance use and denies any alcohol use, he reports to still be taking opiate based pain killers for toothache and from FACE notes he had reported the same to his prescriber.

Chris reports to be doing well and raised no concerns with writer with regards to his mental health. Physically he reports to be well except he is struggling with toothache, he reports to have been to the dentist for his initial examination however he states he is really nervous about having treatment, discussions took place surrounding this and writer advised Chris that he should return to his dentist to discuss his concerns and explore other treatment options. Writer discussed with Chris his plans for recovery and relapse prevention, Chris is keen on starting at the gym and getting some focus and activities in place, he was bearing in mind additional time he will have when his children supervised visits reduce, writer was encouraging of this, writer agreed to look into providing a voucher for a gym assessment. Writer discussed with Chris some mini goals, as Chris has toothache and currently using co codamol for pain relief it was agreed that Chris would make an appointment with his dentist and meet with writer for further psychosocial support in a months time.

Summary

1. Writer to look into Gym vouchers - writer has sent a new appointment and gym assessment voucher for KA leisure to pharmacy.
2. Further psychosocial support appointment with writer 17/3/16

Assessed 18th Jan 2017 at 15:30**Summary of contact/details**

Activity Record - ADDICTIONS V3 18/01/7 14.36 sent to Oxenward Surgery, Kilwinning 15/02/17.

Assessed 18th Jan 2017 at 14:36**Summary of contact/details****Diagnosis:-** F11.2 Opioid Dependence Syndrome

Medication prescribed by Addiction Services:- Methadone 35mls dispensed on a three times weekly pick up regime from Boots Pharmacy in Irvine.

Medication prescribed by GP:- Nil

Recommendations:-

1. Clinic review in 3 months time.
2. No changes to current dose of Methadone, however will be looking to recommence reductions in 1 months time and will contact his keyworker.
3. No action required by the GP at this time.
4. Christopher to engage with his keyworker.

Drug Use:- Christopher self reported abstinence from illicit substances at this time, however reported to have used some opiate based pain killers for toothache, he denies the use of any alcohol.

Mental Health:- Objectively pleasant and amenable with easily established and maintained rapport throughout appointment, affect was reactive with normal rate, tone and rhythm of speech. Subjectively he tells me that things are well but stressful at times in relation to ongoing social work involvement. He has no concerns relating to his mental health.

Physical Health:- Christopher reported that he has been attending the Dentist and is due to undergo further treatment, however is apprehensive regarding this.

MULHOLLAND, CHRISTOPHER (Mr)

Date of Birth 29-Jul-1981 (44y) undefined Male CHI Number 2907813579

History for Summary of contact

From 18/06/1926 Until 18/06/2026

Socially:- Christopher currently lives within the Irvine area with his partner, he reports no issues relating to housing or finances at this time. He has 2 children [REDACTED]

Forensic:- Nil at this time.

I saw Christopher for review at my clinic in Woodland View Hospital on the 18th of January 2017, as stated he presented well and did not appear to be under the influence of any illicit substances at this time. He stated that apart from the ongoing stresses he feels imposed by Social Services that things are going well. He raised no concerns in relation to his current dose of methadone and has spoken of reducing this at sometime in the near future with the view to being considered again for Suboxone. He has ongoing dental pain, however has anxieties about the treatment offered to him although stated that he will go through with it.

Other than this I have no concerns in relation to his current care and treatment and i will review him again in 3 months time, he is aware that should he wish to reduce in his prescription prior to this that he can discuss this with his keyworker.

Assessed 13th Jan 2017 at 11:44**Summary of contact/details**

Writer has only be recently handed Christopher to her case load from Andrew Dickson.

Christopher attended review appointment with writer however he turned up at reception with a letter showing an appointment with his social worker for the same time as his appointment with writer, so writer agreed to see Christopher briefly as he was at the clinic.

Writer didn't have time to undertake a urinalysis screen as Christopher was seen outwith his appointment time, however writer noted that Christopher is due to see ANP James Hill next week and Christopher is aware of this appointment. Christopher states to be stable and would like to discuss titration as he would like to come off his Methadone. Writer suggested he spoke to James Hill t his next appointment.

Christopher reports his mental and Physical health to be good, he has been getting a bit of toothache and has planned a visit to the dentist but is very nervous.

Socially he claims to have made good changes in his life and feels ready to remain abstinent and begin the process of coming off of his prescribed Methadone.

Summary

1. Christopher to discuss titration of Methadone
2. Writer will see Christopher again for review in 3 months.

Assessed 7th Dec 2016 at 15:00**Summary of contact/details**

Mr Mullholland failed to attend for his arranged appointment at my addictions ANP out-patient clinic at Woodlands View Hospital on the 7th of December 2016. He is currently prescribed 25mls of Methadone (daily) dispensed on a three times weekly basis from Boot's Pharmacy, Fullarton Square, Irvine. There have been no reports from his pharmacy raising concerns at this time.

I will discuss his failed appointment at our next clinical meeting, in the meantime I will offer him one more appointment to allow

MULHOLLAND, CHRISTOPHER (Mr)

Date of Birth 29-Jul-1981 (44y) undefined Male CHI Number 2907813579

History for Summary of contact

From 18/06/1926 Until 18/06/2026

him to engage and discuss his recovery, if he fails to attend I will commence him on reductions of his Methadone.

Should you wish to discuss this gentleman further with me at any point then please do make contact.

Assessed 7th Dec 2016 at 15:00**Summary of contact/details**

Activity Record Addiction V3 07/12/2016 15:00 sent to Oxenward Surgery on 09/12/2016.

Assessed 6th Sep 2016 at 11:30**Summary of contact/details****Diagnosis:**

F11.2 Opioid Dependence Syndrome

Medication prescribed by Addiction Services:

35ml methadone three times weekly pick up

Medication prescribed by GP (as per patient):

none

Recommendations:

1. Reduce methadone by 2ml/fortnight and stop at 25ml for review
2. Liaison with key worker
3. Review with prescriber in three months
4. Issue activity voucher for gym

Christopher attended my clinic at Caley Court, Stevenson on Tuesday 6th September 2016. He denied any illicit drug or alcohol intake and presented well with no signs of intoxication or withdrawal effects.

Mentally he reported no concerns but he reported some dental pain and his teeth looked to be in need of some treatment. I will discuss this with the team to see if we can signpost him to a dentist. He occasionally takes over-the-counter co-codamol tablets for his pain. We discussed alternative analgesia like NSAIDs but Christopher reports to suffer from dyspepsia, perhaps his GP could consider gastric protection? He would like an activity voucher as he would like to be physically more active.

He still has access to his children three times weekly as is engaging with all services and help offered.

We discussed his current treatment plan and he was disappointed his prescription had not already been reduced as agreed the last time with his key worker. We have agreed to reduce by 2ml every fortnight and cap at 25ml to be reassessed by his new prescriber. Follow up arrangements as above.

Assessed 6th Sep 2016 at 10:40**Summary of contact/details**

CHRISTOPHER MULHOLLAND 44 AFTON COURT IRVINE KA12 8EL
D.O.B: 29/07/1981 CHI No: 2907813579

MULHOLLAND, CHRISTOPHER (Mr)

Date of Birth 29-Jul-1981 (44y) undefined Male CHI Number 2907813579

History for Summary of contact

From 18/06/1926 Until 18/06/2026

Diagnosis: F11.2 Opioid Dependence Syndrome

Medications:

Prescribed by Addiction Services:

35ml methadone three times weekly pick up

Prescribed by GP (as per patient):

none

Recommendations/Plan:

1. Reduce methadone by 2ml/fortnight and stop at 25ml for review
2. Liaison with key worker
 1. Review with prescriber in three months
4. Issue activity voucher for gym

Please see attached assessment information completed on 6 September 2016. If you require any further information please do not hesitate to contact me on the above telephone number.

Assessed 14th Jul 2016 at 13:01**Summary of contact/details**

CHRISTOPHER MULHOLLAND 44 AFTON COURT IRVINE KA12 8EL
D.O.B: 29/07/1981 CHI No: 2907813579

Please see attached assessment information completed on 14 July 2016. If you require any further information please do not hesitate to contact me on the above telephone number.

Assessed 14th Jul 2016 at 12:52**Summary of contact/details**

Christopher called to cancel his appointment with me today at Caley Court, Stevenson as he had access to his children in Kilbirnie. Another appointment will be issued.

Assessed 8th Jul 2016 at 11:03**Summary of contact/details**

Christopher attended review appointment with writer at Ballot Road Clinic. Reports to be abstinent from illicit drugs at this time. Urinalysis + for methadone and opiates. Christopher attributes opiate result to ongoing use of co codamol and not heroin. Writer unable to differentiate between the two with current testing equipment. Christopher's presentation was appropriate with no signs of sedation or intoxication. Christopher has also requested that his methadone be reduced at 2mg every two weeks and writer has agreed to action when new prescriptions are due. Christopher reports to be physically well at this time and mood to be "ok". Ongoing interventions from North Ayrshire child and families team re Christopher's children and writer will continue to report re same. Next review appointment in three months time.

Assessed 16th Jun 2016 at 14:22**Summary of contact/details**

MULHOLLAND, CHRISTOPHER (Mr)

Date of Birth 29-Jul-1981 (44y) undefined Male CHI Number 2907813579

History for Summary of contact

From 18/06/1926 Until 18/06/2026

Received email message from admin:

Can you please give Allison Clouws - Social Worker a call re - CM DOB 29/07/81 tel no :- 01505 684551.

I called today but she was out-of-office and gave my email address as not back until 230616

Assessed 14th Apr 2016 at 16:25

Summary of contact/details

CHRISTOPHER MULHOLLAND 44 AFTON COURT IRVINE KA12 8EL

.O.B 29/07/1981 CHI No: 2907813579

Diagnosis: F11.2 Opioid Dependence Syndrome

Medications: Prescribed by Addiction Services:
35ml methadone three times weekly pick up
Prescribed by GP (as per patient):
none

Recommendations/Plan:

1. Discuss case with consultant psychiatrist
2. Liaison with key worker
3. Review with prescriber in three months

Please see attached assessment information completed on 14 April 2016. If you require any further information please do not hesitate to contact me on the above telephone number.

Assessed 14th Apr 2016 at 12:40

Summary of contact/details

Diagnosis:
F11.2 Opioid Dependence Syndrome

Medication prescribed by Addiction Services:
35ml methadone three times weekly pick up

Medication prescribed by GP (as per patient):
none

Recommendations:

1. Discuss case with consultant psychiatrist
2. Liaison with key worker
3. Review with prescriber in three months

Christopher attended my clinic at Caley Court, Stevenson on Thursday 14th April 2016. He tolerates current dose of methadone and denied any illicit drug intake or alcohol intake.

MULHOLLAND, CHRISTOPHER
(Mr)

CHI Number 2907813579

Date of Birth 29-Jul-1981 (44y)

Sex Male

Addiction Service Assessment V2

Date of Activity 18 January 2016 16:47 by Julie Gee

Status Closed

Centre of Care North Drug & Alcohol Rec Serv

Referral

New referral to service

No

Reason for referral

Reason for referral

Substitute medication

Brief intervention

No

Patient's reason for attending

Review appointment

Summary of strengths, goals and aspirations

Reports abstinence of all illicit substances. Christopher has supervised contact with his children 3 times weekly.

Current contact with other services

Yes

Note: Social service involvement with his children

Previous involvement with services

Addictions service

Risks

History of risk

Yes

Note: History of risk due to drug misuse

Risk to self

No apparent risk

Risk to others

No apparent risk

Risk to child

No

Note: Christopher has 2 children [REDACTED]
Christopher has contact with his children 3 times weekly on a supervised basis.

Risk from others

No

Gender based violence

Was routine gender based violence enquiry carried out?

No

Why was gender based violence enquiry not possible?

Not appropriate due to other clinical priority

Did disclosure take place?

No

Substance career

Teens

Cannabis and cocaine

20's

Cannabis and heroin, occasional benzodiazepines.

30's

Heroin, benzodiazepines, occasional cannabis.

40's

50's

60's

History

History of presenting complaint

Significant family history

No

Significant social history

Yes

Is there a dependent child?

Yes

Note: Christopher has 2 children [REDACTED]
Christopher has contact with his children 3 times weekly on a supervised basis.

Child protection issues

Present now and previous history

Housing

No problem

Physical health

Physical health

No concerns were offered or noted at this time

Seizure activities

None reported

Current medication

Christopher is currently prescribed 35mls methadone daily supervised from our service. Christopher offered no concerns regarding his methadone but requested a change of dispensing. Oral drug test undertaken provided a positive for cannabis only. This test did not test for methadone

Psychiatric history

No formal diagnosis

Current mental state

Reports to thinking he has paranoid schizophrenia due to a family hist

Forensic history

VARIOUS SENTENCES FOR DRUG RELATED CRIMES

Assessment

Current substance use

Christopher reported that he injected 0.5mg heroin into his arm prior to attending the appointment. Christopher showed writer and Frances fresh injecting sites on his arms. Christopher denied any other illicit substance or alcohol use at this time but reported that he took "some kind of ADHD tablet 2 weekends ago", 1 tenth of heroin at the weekend and regularly smokes cannabis. A 6 panel urine drug test was undertaken which provided a positive result for opiates, benzodiazepines and cannabis. Christopher strongly denied any benzodiazepine use and appeared not to understand why this was showing on the drug test. Christopher admitted that he uses various dealers to obtain heroin and has no idea what the heroin is being cut with. Christopher claimed to using clean injecting equipment and obtains same for Townhead pharmacy in Kilwinning.

Clinical Institute Withdrawal Assessment score

-17

The Alcohol Use Disorder Identification Test (AUDIT)**Total incidence**

-17

Mini Mental State Examination**Mini Mental State score**

-17

Addenbrooke's Cognitive Examination - ACE-III**ACE-III total score**

-17

Domain Scores**Attention**

-2

Memory

-2

Fluency

-2

Language

-2

Visuospatial

-2

Summary of Assessment**Summary of Assessment**

REVIEW: Christopher attended his arranged review appointment at Ballot road this pm. Christopher offered no concerns regarding his mental or physical health at this time. Christopher is currently prescribed 35mls methadone daily supervised from our service. Christopher offered no concerns regarding his methadone but requested a change of dispensing. Oral drug test undertaken provided a positive for cannabis only. This test did not test for methadone. As Christopher has evidence stability on prescribed medication, writer agreed to forward his request for a change of dispensing to his key worker and prescriber for their consideration. Christopher reported to have 3 times weekly supervised contact with his 2 children who reside in Foster care. Christopher reported that he thinks social services are going to decide on permanency care of his children which he claims he will fight all the way. Christopher offered no other concerns at this time. Christopher appeared pleasant in manner and conversed well through the appointment. Christopher is happy to be reviewed by our service in April 2016.

Action plan

Christopher is to be offered review appointments on a 3 monthly basis by our service to allow Christopher to voice any concerns he may have regarding his mental health, physical health, illicit substance use, prescribed medication, care, treatment and recovery process:

Christopher is to attend all appointments offered.

Christopher is to continue to refrain from using illicit substances and alcohol.

Christopher is to continue to comply with his prescribed medication and report any side effects or affects to his key worker, prescriber and/or GP.

Christopher is aware to contact our service should any concerns arise meantime.

MULHOLLAND, CHRISTOPHER (Mr)

Date of Birth 29-Jul-1981 (44y) undefined Male CHI Number 2907813579

History for Summary of contact

From 18/06/1926 Until 18/06/2026

He reported low mood for which he used to take antidepressants for. He stated that he was supposed to get a full psychiatric evaluation from our service which will be discussed with psychiatrist. He did not report of any physical health concerns.

He has access to his children three times weekly as is engaging with all services and help offered.

On examination, he was alert and coherent. There were no signs of intoxication or withdrawals symptoms

We discussed about current treatment plan and agreed not to make any changes to methadone. Follow up arrangements as above.

Assessed 21st Jan 2016 at 10:47**Summary of contact/details**

Due to stability on prescribed medication of 35mls methadone and no illicit drug use, as verified by drug screen taken by Julie Gee at Review appointment a request has been submitted to Dr Rizov for Chris to be moved to 3 x weekly dispensing supervised on day of pick up.

Assessed 18th Jan 2016 at 16:50**Summary of contact/details**

REVIEW: Christopher attended his arranged review appointment at Ballot road this pm. Christopher offered no concerns regarding his mental or physical health at this time. Christopher is currently prescribed 35mls methadone daily supervised from our service. Christopher offered no concerns regarding his methadone but requested a change of dispensing. Oral drug test undertaken provided a positive for cannabis only. This test did not test for methadone. As Christopher has evidence stability on prescribed medication, writer agreed to forward his request for a change of dispensing to his key worker and prescriber for their consideration. Christopher reported to have 3 times weekly supervised contact with his 2 children who reside in Foster care. Christopher reported that he thinks social services are going to decide on permanency care of his children which he claims he will fight all the way. Christopher offered no other concerns at this time. Christopher appeared pleasant in manner and conversed well through the appointment. Christopher is happy to be reviewed by our service in April 2016.

Assessed 7th Jan 2016 at 11:30**Summary of contact/details**

Diagnosis: F11.2 Opioid Dependence Syndrome

Medication prescribed by Addiction Services:

35ml methadone mixture 1mg/ml daily supervised pick up from Lloyds Pharmacy, Irvine

Medication prescribed by GP (as per patient):

Fluoxetine 20mg od

Recommendations:

1. Transfer of prescribing responsibility to C Cairns
2. Liaison with key worker for drug screens
3. Review with prescriber in three months unless needs sooner
4. Attend GP surgery for blood tests and ECG

Christopher attended for his introductory review appointment at Caley Court, Stevenson with pharmacist, Claire Cairns. He

MULHOLLAND, CHRISTOPHER (Mr)

Date of Birth 29-Jul-1981 (44y) undefined Male CHI Number 2907813579

History for Summary of contact

From 18/06/1926 Until 18/06/2026

engaged well throughout the consultation and appeared well kempt. Christopher responded well to the idea of changing prescriber.

Christopher states no regular illicit substance misuse although admitted to smoking heroin six weeks ago as a one-off. Alcohol is not an issue.

Mentally, Christopher reports to be depressed and attends his GP for medication. He has only been taking fluoxetine for three weeks and states he has no suicidal thoughts or intent. Physically he reports he was told he has an irregular pulse and his GP advised blood tests and ECG. I have encouraged him to make an appointment with practice.

Currently he lives with his partner who he and reports a good relationship with. His two children are in foster care at present and he is working with social workers to maintain access. He has no criminal charges pending but currently wears a tag the will serve one year's probation. This was for intent to supply illegal substances and theft.

Currently he occupies his time with reading books and is managing financially.

We discussed his current treatment plan which he is coping well. He would like to reduce his daily visits to the pharmacy so advised him to link in with key worker for drug screens then the prescription can be amended.

I will review his in three months time.

Assessed 17th Dec 2015 at 10:13**Summary of contact/details**

CHRISTOPHER MULHOLLAND 44 AFTON COURT IRVINE KA12 8EL
D.O.B 29/07/1981 CHI No: 2907813579

Please see attached assessment information completed on 17 December 2015. If you require any further information please do not hesitate to contact me on the above telephone number.

Assessed 17th Dec 2015 at 09:15**Summary of contact/details**

Christopher called to cancel his introductory appointment with Claire Cairns as he had access to his children in Kilbirnie at noon. A new appointment will be made in the new year.

Assessed 11th Nov 2015 at 09:50**Summary of contact/details**

Dear Lorna,

CHRISTOPHER MULHOLLAND 44 AFTON COURT, IRVINE, KA12 8EL
CHI No: 2907813579

Diagnosis: F11.2 - Opioid Dependence Syndrome

Psychiatric Medication: Prescribed by Addiction Services
Methadone 35ml, daily supervised dispense

MULHOLLAND, CHRISTOPHER (Mr)

Date of Birth 29-Jul-1981 (44y) undefined Male CHI Number 2907813579

History for Summary of contact

From 18/06/1926 Until 18/06/2026

Recommendations/Plan: 1. No medications changes made
2. Link in to pharmacy clinic
3. Ongoing monitoring by North CAT

I saw Christopher at my Caley Court Resource Centre clinic on 11th November 2015. He reported no illicit drug use in the previous month, and said that the 35ml Methadone was holding him well. He did not present with any concerning physical or mental health problems. He is keen to work on providing urine samples to reduce his level of supervision, which I have encouraged him to do.

In view of his stability I am going to see if I can link him in with the pharmacy clinic and will request another review in December 2015.

Assessed 16th Oct 2015 at 14:57**Summary of contact/details**

Chris presented for appointment at Ballot Road clinic today maintaining stability on his prescribed medication reporting no illicit heroin use. Chris did admit to taking cocodamol for his toothache due to broken front teeth. Writer discussed dental work needing done - Chris stated that he had no dentist at present. writer offered Chris dentists within the Irvine area and contact numbers. Writer reiterated the importance of not taking opiate based medication whilst on a prescription - Chris stated that nothing else worked and hoped to get his teeth fixed soon as he was not sleeping due to the pain. Chris also discussed his recovery plan and feels that he needs further activities within the community. Writer discussed momentum for relapse prevention and Smart group for peer support. Chris happy with this and referral made at appointment. Chris is also interested in improving his fitness and writer discussed KA leisure pass - Chris also interested in this and a pass will be sent out. Chris is continuing to see his children on a regular basis and has recently been to a children's panel. Chris's children are continuing to be looked after by north Ayrshire Council. Overall Chris doing well and will be seen in due course - writer will liaise with Momentum regards Chris's attendance and progress.

Assessed 4th Sep 2015 at 11:55**Summary of contact/details**

Chris attended his review appointment at Ballot Road Clinic today. Chris is using 0.5gm heroin 3 - 4 times per week and has received a 10ml increase to assist him with this illicit use. Chris has ongoing mental and physical health issues and will be seen in due course to monitor titration. ARAF updated.

Assessed 30th Aug 2015 at 15:06**Summary of contact/details**



MULHOLLAND, CHRISTOPHER
(Mr)

CHI Number 2907813579

Date of Birth 29-Jul-1981 (44y)

Sex Male

Ayrshire Mental Health Risk Assessment Framework

Date of Activity 04 September 2015 13:44 by Lorna Wallace

Status Closed

Centre of Care North Drug & Alcohol Rec Serv

Ayrshire Mental Health Risk Assessment Framework

Assessment completed by

Individual clinician

Mental state

Mental state

Amber

Note: Christopher reported that his mental health was not good at present. Christopher reported that he hears voices which can be rather aggressive and tell him to harm others although he claims he has never followed through on this act.

Engagement

Engagement with services

Green

Note: No concerns today Chris attended appointment as requested

Medication management

Green

Note: Chris attended Dr Stirling yesterday and increased to 35mls - 10ml increase

Risk of absconding

Green

Note: Not applicable as in the community

Risk of suicide/self-harm

Risk of self-harm

Amber

Note: Potential risk due to injecting behaviours. Reports no risk of deliberate self harm at this time.

Risk of suicide

Green

Note: No records of any past suicide attempts and Christopher denies any ongoing thoughts.

Risk of harm to or from others

Risk of harm to others

Green

Note: History of assault is noted but no current concerns were offered or noted at this time.

Abuse issues

Green

Note: No concerns were offered or noted at this time.

Neglect/Vulnerability issues (consider ASP/AWIA)

Green

Note: No concerns were offered or noted at this time.

Child protection concerns

Amber

Note: Christopher's 3 children.

Christopher became tearful as he reported that social services are applying for permanency for the care of his children. Christopher also reported that he is not currently allowed access/contact with his children due to his current illicit substance use.

Risk from substance misuse

Substance misuse

Amber

Note: Chris has been using 0.5gm heroin 3 - 4 times per week - attended Dr Stirling yesterday who gave him a 10 mls increase - Chris to be reviewed in due course to monitor this.

Social and personal risks

Support network

Green

Note: Christopher reported that his partner is supportive of him. He also has some good friends but has mostly associates.

Physical health

Amber

Note: Christopher claimed to have approximately 2 DVT's in his legs and struggles to walk over a long distance due to pain associated with same.

Occupation of time

Amber

Note: Christopher offered no real structure to his day,

Housing and finances

Green

Note: Chris reported to residing with his partner in rented council accommodation. Christopher is currently unemployed and in receipt of benefits.

Any other issues

Green

Note: No other issues identified at today's appointment.

Overall Impression of Risk

Amber

Note: Overall impression of risk considered amber due to Christopher's current illicit substance use and his mental health issues.

Immediate Risk Management Plan

Immediate Risk Management Plan

Christopher is to be offered regular appointments by our service to allow Christopher to voice any concerns he may have regarding his mental health, physical health, illicit substance use, prescribed medication, care, treatment and recovery process.

Christopher is to attend all appointments offered.

Christopher is to aim to reduce his illicit substance use.

Christopher has received a 10ml increase to his methadone which will be monitored for any further titrations and illicit use. Chris is to comply with his prescribed medication and report any side effects or affects to his key worker, prescriber and or GP.

Christopher is aware to contact our service should any concerns arise meantime.

MULHOLLAND, CHRISTOPHER (Mr)

Date of Birth 29-Jul-1981 (44y) undefined Male CHI Number 2907813579

History for Summary of contact

From 18/06/1926 Until 18/06/2026

Diagnosis: F11.2 Opioid Dependence Syndrome

Medication from Addiction Services: Methadone 25 mg supervised daily.

I noticed that following Christopher starting Methadone 25 mg supervised daily on the 2nd of April 2015 he has not been reviewed back in the clinic.

I think he has slipped through the net but I note from FACE that he is being monitored by yourselves. I have requested an out patient appointment for him in the next available space and I would be grateful if you could encourage him to attend.

With thanks

Assessed 18th Aug 2015 at 09:46**Summary of contact/details**

Telephone call received from Chris. he reported that he has been trying to secure a place in Lloyd's pharmacy in Irvine but is often informed that he has to return when the manager is in. Chris reported that he never knows when the manager is in and he is struggling to get to Kilwinning everyday. Writer telephoned Lloyd's pharmacy in Irvine who agreed to dispense to Chris. Writer telephoned Lloyd's Kilwinning and advised that Chris will be in to collect his prescription and take it to Lloyd's in Irvine. Telephone call to Chris to advise of same. Writer has forwarded a change sheet to admin to change his pharmacy. No further concerns noted.

Assessed 10th Aug 2015 at 16:59**Summary of contact/details**

DUTY - Christopher telephoned asking if he can change his pharmacy due to financial pressures. Writer advised Christopher to find a new pharmacy then contact the service so the system can be updated. Christopher agreed to this.

Assessed 15th Jun 2015 at 16:20**Summary of contact/details**

Returned telephone call to Alison Close (Social Services). Allison was seeking an update of Chris's contact with our service. Alison was informed that Chris had failed to attend the appointment offered to undertake a urine drug test and there was no contact from him. Allison was also informed that Chris's care has now been transferred to the Irvine Team so writer will request an appointment for Chris as Chris has a pending child protection meeting on 2nd July at 10am at Kilbirnie Social Work Department. Writer has emailed the Irvine Team to request an appointment for Chris.

Assessed 20th May 2015 at 16:28**Summary of contact/details**

Writer was requested to carry out urine drug screen on behalf of Julie Gee. Julie had been contacted by Alison from Social Work who was concerned at Chris's presentation. Chris was asked to come to Caley Court this morning. He failed to attend this appointment.

Assessed 15th May 2015 at 14:12**Summary of contact/details**

MULHOLLAND, CHRISTOPHER (Mr)

Date of Birth 29-Jul-1981 (44y) undefined Male CHI Number 2907813579

History for Summary of contact

From 18/06/1926 Until 18/06/2026

Assessed 6th May 2015 at 16:51**Summary of contact/details**

As Chris is now linked in with NHS addiction services he will be discharged from the homeless nurse team with no follow up required. Chris as well as temporary accommodation team support worker aware of how to re-refer should any further concerns arise.

Assessed 6th May 2015 at 16:43**Summary of contact/details**

Chris attended his arranged appointment this pm at Caley Court. Chris reported that he was well and was happy on his current dose of prescribed methadone 25mls. Chris reported that he had been abstinent of heroin since being prescribed methadone but stated that he "bumped into a friend" at the weekend and they smoked a bag of heroin. Chris reported that his partner "went mental" at him. Chris stated that it was a "one off" and he will think twice before doing it again. Chris reported that he is feeling much better as he has put approximately one stone in weight on, his mood has lifted and his arms (injecting sites) have healed. Writer observed same. Chris agreed to come back to Caley Court on 15/5/15 to undertake a drug test to evidence stability on prescribed medication. No further concerns offered or noted at this time.

Assessed 30th Apr 2015 at 14:13**Summary of contact/details**

Returned telephone call to Chris. Chris reported that he did not receive his appointment letter for appointment date 24/4/15. Chris was informed that the letter was generated and posted from the service side and writer was unsure why he did not receive same. Chris was offered a further appointment for 6/5/15 at 14.30 hours at Caley Court. Chris agreed to attend. Chris reported that he was feeling well but would appreciate a "catch up" with writer. No further concerns noted.

Assessed 24th Apr 2015 at 16:24**Summary of contact/details**

Chris failed to attend his arranged appointment at Caley Court this pm. No contact was received from Chris at time of writing. A further appointment is to be offered.

Assessed 14th Apr 2015 at 10:13**Summary of contact/details**

Returned telephone call to Chris. Chris reported that he had called in to Caley Court on the off chance of speaking to writer. Chris reported that he intended on asking for a small increase to his prescribed methadone currently 25mls daily supervised however voiced that he has changed his mind and is coping well on same. Chris was informed that an appointment has been arranged for him at Caley Court on 24/4/15 at 14.00 hours. Chris agreed to attend. No further concerns noted at this time.

Assessed 7th Apr 2015 at 11:51**Summary of contact/details**

Writer attempted to return Christopher's telephone call however received no response. A voicemail was left advising that writer will try to telephone him again later this afternoon.



MULHOLLAND, CHRISTOPHER
(Mr)

CHI Number 2907813579

Date of Birth 29-Jul-1981 (44y)

Sex Male

Ayrshire Mental Health Risk Assessment Framework

Date of Activity 02 April 2015 11:35 by Julie Gee

Status Closed

Centre of Care North Drug & Alcohol Rec Serv

Ayrshire Mental Health Risk Assessment Framework

Assessment completed by

Individual clinician

Mental state

Mental state

Amber

Note: Christopher reported that his mental health was not good at present. Christopher spoke of being homeless, having his children in care and his drug use have all had an impact on his mood. Christopher voiced that he worries about having paranoid schizophrenia as this is hereditary in his family.

Christopher reported that he hears voices which can be rather aggressive and tell him to harm others although he claims he has never followed through on this act. Christopher also reported that the voices tell him to steal things when he is in shops. He admitted he has taken things from shops without paying as this funds his drug use.

Engagement

Engagement with services

Amber

Note: Christopher was recently discharged from our service for non engagement with our service. Christopher was previously undertaking a suboxone detox however ended up in homeless accommodation and it was difficult for him to engage with our service and for staff to monitor the medication. Christopher reported that he is not currently utilising any other services at this time to aid his recovery although he has been engaging with Charlie Howie (Health and Homeless Nurse).

Medication management

Green

Note: Dr Stirling has agreed to commence Christopher on 25mls methadone daily supervised commencing 3/4/15. Lloyd's Kilwinning have agreed to dispense to Christopher.

Risk of absconding

Not applicable

Note: Not applicable as in the community

Risk of suicide/self-harm

Risk of self-harm

Green

Note: Potential risk due to injecting behaviours. Reports no risk of deliberate self harm at this time. Provided with naloxone kit and locked box

Risk of suicide

Amber

Note: Christopher voiced that he has fleeting thoughts of suicide but relates this to the "mess" his life is in and due to missing his children. He was ranting about being "dead by next week" due to his heroin use if he did not get help "right now". No plan for suicide attempts were offered or noted at this time.

Risk of harm to or from others

Risk of harm to others

Green

Note: History of assault is noted but no current concerns were offered or noted at this time.

Abuse issues

Green

Note: No concerns were offered or noted at this time.

Neglect/Vulnerability issues (consider ASP/AWIA)

Green

Note: No concerns were offered or noted at this time.

Child protection concerns

Amber

Note: Christopher's 3 children, [REDACTED] Christopher became tearful as he reported that social services are applying for permanency for the care of his children. Christopher also reported that he is not currently allowed access/contact with his children due to his current illicit substance use.

Risk from substance misuse

Substance misuse

Amber

Note: Christopher reported that he injected 0.5mg heroin into his arm prior to attending the appointment. Christopher showed writer and Frances fresh injecting sites on his arms. Christopher denied any other illicit substance or alcohol use at this time but reported that he took "some kind of ADHD tablet 2 weekends ago", 1 tenth of heroin at the weekend and regularly smokes cannabis. A 6 panel urine drug test was undertaken which provided a positive result for opiates, benzodiazepines and cannabis. Christopher strongly denied any benzodiazepine use and appeared not to understand why this was showing on the drug test. Christopher admitted that he uses various dealers to obtain heroin and has no idea what the heroin is being cut with. Christopher claimed to using clean injecting equipment and obtains same for Townhead pharmacy in Kilwinning.

Social and personal risks

Support network

Amber

Note: Christopher reported that his partner is supportive of him. He also has some good friends but has mostly associates.

Physical health

Green

Note: Christopher claimed to have approximately 2 DVT's in his legs and struggles to walk over a long distance due to pain associated with same.

Occupation of time

Amber

Note: Christopher offered no real structure to his day,

Housing and finances

Green

Note: Chris reported to residing with his partner in rented council accommodation. Christopher is currently unemployed and in receipt of benefits.

Any other issues

Green

Note: No other issues were identified at this time.

Overall Impression of Risk

Amber

Note: Overall impression of risk considered amber due to Christopher's current illicit substance use and his mental health issues.

Immediate Risk Management Plan

Immediate Risk Management Plan

Christopher is to be offered regular appointments by our service to allow Christopher to voice any concerns he may have regarding his mental health, physical health, illicit substance use, prescribed medication, care, treatment and recovery process.

Christopher is to attend all appointments offered.

Christopher is to aim to reduce his illicit substance use.

Christopher is to commence on methadone on 3.4.15 is to continue to comply with his prescribed medication and report any side effects or affects to his key worker, prescriber and/or GP.

Christopher is aware to contact our service should any concerns arise meantime.

MULHOLLAND, CHRISTOPHER (Mr)

Date of Birth 29-Jul-1981 (44y) undefined Male CHI Number 2907813579

History for Summary of contact

From 18/06/1926 Until 18/06/2026

Assessed 2nd Apr 2015 at 11:17**Summary of contact/details**

Chris attended his arranged assessment appointment this am. Community Drug Worker Frances Harkin was also in attendance. Christopher reported that he injected 0.5mg heroin into his arm prior to attending the appointment. Christopher showed writer and Frances fresh injecting sites on his arms. Christopher denied any other illicit substance or alcohol use at this time but reported that he took "some kind of ADHD tablet 2 weekends ago", 1 tenth of heroin at the weekend and regularly smokes cannabis. A 6 panel urine drug test was undertaken which provided a positive result for opiates, benzodiazepines and cannabis. Christopher strongly denied any benzodiazepine use and appeared not to understand why this was showing on the drug test. Christopher admitted that he uses various dealers to obtain heroin and has no idea what the heroin is being cut with. Christopher claimed to using clean injecting equipment and obtains same for Townhead pharmacy in Kilwinning. Christopher was a times agitated and tearful throughout the appointment as he voiced about missing his children, missing his bereaved father and wanting to get stable in order to sort himself out. Due to Christopher presenting fairly well at the appointment and not appearing under the influence of substances writer and Frances agreed to request that Dr Stirling consider commencement on a small dose of methadone. Dr Stirling agreed to meet with Christopher to make his decision. Christopher was provided with naloxone training and a kit. Christopher was provided with a locked box also. Christopher was informed that he will be requested to attend regular appointments with our service to undertake urine drug screens to evidence his stability. Christopher agreed to same. Lloyd's pharmacy in Kilwinning agreed to dispense to Christopher should he be provided with a prescription. No further concerns noted at this time.

Assessed 30th Mar 2015 at 15:47**Summary of contact/details**

EMAIL CONTACT- from Julie Gee to advise, Chris presented to meet with Dr Rizov on 25/3/15. He tested positive for benzo's, cannabis and cocaine-negative for opiates. Therefore deemed unsuitable for their service. FACE records indicate Chris has been referred on to CAT for further appointment. Homeless Nurse will offer follow up appointment in due course.

Assessed 30th Mar 2015 at 15:13**Summary of contact/details**

Community Drug Worker Frances Harkin attempted to telephone Chris on 3 occasions this pm. On 2 occasions a female answered and when Frances asked for Chris she hung up. [REDACTED]. Writer telephoned the same number using writer's work mobile phone. A female answered. Writer immediately stated name and was seeking to speak to Chris. The female passed the phone to Chris. Chris was informed that an appointment was being offered to him for 2/4/15 at 09.30 hours at Caley Court. Chris was informed that he would be meeting with Community Drug Worker Frances Harkin and writer. Chris was informed that he would not be receiving any form of prescription at this appointment but it was about reassessing his current situation with regards to his substance use. Chris agreed to attend. Chris appeared pleasant in manner and did not appear under the influence at this time.

Assessed 30th Mar 2015 at 15:02**Summary of contact/details**

MULHOLLAND, CHRISTOPHER (Mr)

Date of Birth 29-Jul-1981 (44y) undefined Male CHI Number 2907813579

History for Summary of contact

From 18/06/1926 Until 18/06/2026.

ALLOCATIONS MEETING: Discussion was had surrounding Chris's unsuitability for the methadone program as decided on 25/3/15 following his assessment appointment with Consultant Psychiatrist Dr Rizov and receipt of a further self referral today. Consultant Psychiatrist Dr Stirling and Dr Rizov both stated that Chris should be offered a further appointment with CAT key workers but to be informed that he is not to expect a prescription at that appointment or in the near future until he can evidence clear dependence on or withdrawals from opiates. Chris is also to undertake a period of preparatory work to address his cocaine and benzodiazepine use. Dr Stirling advised that Chris be seen by 2 workers in the clinic setting.

Assessed 30th Mar 2015 at 14:59**Summary of contact/details**

dd on to notes 27/03/2015: Writer attempted to make telephone contact with Chris regarding being discharged from our service but writer received no response. No voicemail message was left at this time.

Assessed 27th Mar 2015 at 09:33**Summary of contact/details**

Due to being considered unsuitable for the methadone program by Dr Rizov on 25/03/2014, Chris will be discharged from our service at this time but is welcome to self refer when he is ready to fully address his substance misuse issues. Should Chris refer he is to undertake preparatory work with the allocated key worker. Social Services have been informed via message left for Alison Close Children and families). Charlie Howie (Health and Homeless Nurse) to be informed via email due to being on annual leave.

Assessed 25th Mar 2015 at 12:18**Summary of contact/details**

Dr Rizov requested drug screen to be carried out in line with assessment process. Christopher tested positive for Cocaine, cannabis and Benzodiazapine. negative for Opiate. Christopher became irate stating he was using 2 bags heroin daily, Dr Rizov stated he "was unwilling to prescribe substitue medication at this time. Christopher stated he would come back later when he takes "a charge" as he wants methadone to get his children back. Christopher encouraged to leave clinical room by writer who agreed to see him in another room as he was becoming angry as Dr Rizov reiterated he was not going to prescribe methadone at this time. Writer spoke to chrisopher in duty room and advised him again of outcome of appointment today, heinsited he will take a charge today and come back, writer advised Christopher to address his cocaine and bezodiazapine use, Christopher unhappy and asked that J. Gee telephone him today, writer agreed to request on behalf of Christopher.

Assessed 25th Mar 2015 at 12:12**Summary of contact/details**

Mr. Mulholland was referred for a new assessment in connection with a possible Opiate substitution treatment prescription. The patient attended his NHS Addiction Services outpatient clinic appointment and he informed me that currently he smokes two bags of Heroin most days, but up to twice weekly he smokes four bags of Heroin. The patient also informed me that currently he also uses Cannabis once per week. Mr. Mulholland rejected any use of Benzodiazepines, alcohol or any other non-prescribed drugs. I checked the patient's clinic notes of FACE, but I was not able to find a recent urine drug screen sample, therefore I asked the duty CAT worker to screen the patient. The screen came back as Opiate negative and positive for Benzodiazepines and Cocaine. I informed the patient that in this situation I am not able to prescribe any Methadone for him. The patient was very upset by this news, and he asked me to prescribe Methadone for him. I informed the patient that it is not possible for him to be prescribed on any Opiate substitution treatment as currently he is Opiate-free. As his former CAT worker and current duty worker was present at this appointment, she informed him that it is a rule of the service that the patient cannot be commenced on Methadone if they

NHS ADDICTION SERVICES REFERRAL FORM

Area/Service required (please tick appropriate box)

East Ayrshire ☐

North Ayrshire ☒

South Ayrshire ☐

PATIENT DETAILS

NAME: CHRISTOPHER MULHOLLAND

DOB/CHI NO: 2907813579

ADDRESS: 76 CHURCH STREET
KILWINNING
KA13 6BB

TEL NO:

MOBILE NO: 07967379678

GP PRACTICE

NAME:

ADDRESS: THE OXENWARD SURGERY
3 OXENWARD
KILWINNING

TEL NO:

REFERRER DETAIL

NAME: SELF

Is GP aware of Referral?

YES ☐

NO ☒

SERVICE/ORGANISATION

TEL NO:

Is patient aware of referral and given consent?

YES ☒

NO ☐

(for all Detox referral: Please advise GP)

REASON FOR REFERRAL

ALCOHOL ☐

DRUG ☒

INJECTING? YES ☒

NO ☐

Current substance use

HEROIN 2-4 X 10 bags daily, IV into arms, since February 2015.

Was on Suboxone detox prior to this.

Any prescribed medication relevant to this referral (including dose). YES ☐

NO ☒

If Yes, please give details:

Immediate Issues

PHYSICAL HEALTH ☒

MENTAL HEALTH ☒

SEXUAL HEALTH ☐

Any history of aggression/violence e.g. Is it unsafe for lone worker to visit at home?

History of assault, last known 2012.

DEPENDENT CHILDREN UNDER 16 YEARS LIVING / ACCESSING HOME ENVIRONMENT

YES ☐

NO ☒

Has 3 children all in care of social services.

IS CLIENT PREGNANT: YES ☐

NO ☒

IS CLIENT'S PARTNER PREGNANT: YES ☐

NO ☒



RECOVERY AIMS/ASPIRATIONS

(What addiction support does the person wish from NHS Addictions to assist with their recovery?)

Christopher wishes to be prescribed Methadone.

Any additional support needs required e.g. - Language Interpreter required, visions impairment, hearing impairment, sign language

None.

Any further relevant information e.g. any involvement with other services? Please detail

Social services - child + family / Charlie Howie - health + homeless nurse.

Referrals can be emailed via secure email account, i.e. nhs.net, GSI - equivalency

South Ayrshire Service AA-UHB.ClinicalAddictionServices-SouthAyrshire@nhs.net

North Ayrshire Service AA-UHB.ClinicalAddictionServices-NorthAyrshire@nhs.net

East Ayrshire Service AA-UHB.ClinicalAddictionServices-EastAyrshire@nhs.net

Or referral forms should be posted to: NHS Addiction Services

<u>South</u>	<u>North</u>	<u>East</u>
Upper Killoch Ailsa Campus Dalmellington Road Ayr KA6 6AB Tel: 01292 559800	Caley Court Resource Centre Moorpark Road West Stevenston KA20 3HN Tel: 01294 476162	35-41 Lister Street Crosshouse Hospital Kilmarnock KA2 0BE Tel: 01563 826177

Referral Taken By: Kay Montgomery

Date: 27.3.15

Christopher phoned to complain about how he had been treated by our service but through this call he wished to self refer. Christopher at his appointment with Dr Rizov on 3.15 proved negative for opiates, therefore Dr Rizov would not prescribe Methadone. He denies use of Cocaine or benzodiazepines that his drug screen was positive for. He states he injects 2-4 x £10 bags of heroin daily and needs Methadone to stabilise and work on getting his children back. He claims our drug screen (via urine sample) are wrong.
* Please drug screen via urine + saliva prior to any treatment being decided. ??? for prep work 1st.

Physical health - attending GP re kidney pain no treatment as yet. Also has a long term DVT in @ leg denies IV into groin. Advised to attend IEP clinic at Stevenston or Irvine - details provided.

Mental health - claims he has had anxiety depression all his life as grew up in childrens homes. Wished the doctor to diagnose him on Wednesday - frustrated that this did not happen.

MULHOLLAND, CHRISTOPHER
(Mr)

CHI Number 2907813579

Date of Birth 29-Jul-1981 (44y)

Sex Male

Addiction Service Assessment V2

Date of Activity 20 March 2015 15:12 by Julie Gee

Status Closed

Centre of Care North Drug & Alcohol Rec Serv

Referral

New referral to service

Yes

Reason for referral

Reason for referral

Substitute medication

Brief intervention

No

Patient's reason for attending

Wishes to commence on the methadone program

Summary of strengths, goals and aspirations

Reports wishing to achieve abstinence of heroin in order to have contact with his children

Current contact with other services

Yes

Note: Reports to have a tenancy support worker.

Previous involvement with services

Addictions service

Note: Previously known to addiction service and health and homeless nurse Charlie Howie. Also known to Victoria House and Adrossan hostels.

Risks

History of risk

Yes

Note: History of risk due to illicit substance use and injecting behaviours

Risk to self

Low apparent risk

Note: Risk to self due to injecting behaviours

Risk to others

No apparent risk

Risk to child

Yes

Note: Christopher's 3 children. [REDACTED] Christopher became tearful as he reported that social services are applying for permanency for the care of his children. Christopher also reported that he is not currently allowed access/contact with his children due to his current illicit substance use.

Risk from others

No

Gender based violence

Was routine gender based violence enquiry carried out?

No

Why was gender based violence enquiry not possible?

Not appropriate due to other clinical priority

Did disclosure take place?

No

Substance career

Teens

Cannabis and cocaine

20's

Cannabis and heroin. occasional benzodiazepines.

30's

Heroin, benzodiazepines. occasional cannabis.

40's

50's

60's

History

History of presenting complaint

Significant family history

No

Significant social history

Yes

Is there a dependent child?

Yes

Note: Christopher's 3 children.

Christopher became tearful as he reported that social services are applying for permanency for the care of his children. Christopher also reported that he is not currently allowed access/contact with his children due to his current illicit substance use.

Child protection issues

Present now and previous history

Housing

Mild problem

Physical health

Physical health

Reports to have 2 DVT's in his legs. Reports poor mobility over long distances.

Seizure activities

None reported

Current medication

None reported

Psychiatric history

No formal diagnosis

Current mental state

Reports to thinking he has paranoid schizophrenia due to a family hist

Forensic history

VARIOUS SENTENCES FOR DRUG RELATED CRIMES

Assessment

Current substance use

Reports to injecting 2 to 3 bags of heroin into his arms daily

Clinical Institute Withdrawal Assessment score

-17

The Alcohol Use Disorder Identification Test (AUDIT)

Total incidence

-17

Mini Mental State Examination

Mini Mental State score

-17

Addenbrooke's Cognitive Examination - ACE-III

ACE-III total score

-17

Domain Scores

Attention

-2

Memory

-2

Fluency

-2

Language

-2

Visuospatial

-2

Summary of Assessment

Summary of Assessment

Christopher attended his arranged assessment appointment with writer and Charge Nurse James Hill. See Ayrshire Mental Health Risk Assessment for more details. Christopher has been offered an appointment with Consultant Psychiatrist Dr Rizov for 25/3/15 at 11.30 hours at Caley court.

Action plan

Christopher is to receive an appointment with the Consultant Psychiatrist to further assess his suitability for opiate replacement therapy.
Christopher is to attend all appointments offered by our service.
Christopher is to aim to reduce his heroin use.

MULHOLLAND, CHRISTOPHER
(Mr)

CHI Number 2907813579

Date of Birth 29-Jul-1981 (44y)

Sex Male

Addiction Service Assessment V2

Date of Activity 20 March 2015 15:12 by Julie Gee

Status Closed

Centre of Care North Drug & Alcohol Rec Serv

Referral

New referral to service

Yes

Reason for referral

Reason for referral

Substitute medication

Brief intervention

No

Patient's reason for attending

Wishes to commence on the methadone program

Summary of strengths, goals and aspirations

Reports wishing to achieve abstinence of heroin in order to have contact with his children

Current contact with other services

Yes

Note: Reports to have a tenancy support worker.

Previous involvement with services

Addictions service

Note: Previously known to addiction service and health and homeless nurse Charlie Howie. Also known to Victoria House and Adrossan hostels.

Risks

History of risk

Yes

Note: History of risk due to illicit substance use and injecting behaviours

Risk to self

Low apparent risk

Note: Risk to self due to injecting behaviours

Risk to others

No apparent risk

Risk to child

Yes

Note: Christopher's 3 children. [REDACTED]

[REDACTED] Christopher became tearful as he reported that social services are applying for permanency for the care of his children. Christopher also reported that he is not currently allowed access/contact with his children due to his current illicit substance use.

Risk from others

No

Gender based violence

Was routine gender based violence enquiry carried out?

No

Why was gender based violence enquiry not possible?

Not appropriate due to other clinical priority

Did disclosure take place?

No

Substance career

Teens

Cannabis and cocaine

20's

Cannabis and heroin, occasional benzodiazepines.

30's

Heroin, benzodiazepines, occasional cannabis.

40's

50's

60's

History

History of presenting complaint

Significant family history

No

Significant social history

Yes

Is there a dependent child?

Yes

Note: Christopher's 3 children, [REDACTED] Christopher became tearful as he reported that social services are applying for permanency for the care of his children. Christopher also reported that he is not currently allowed access/contact with his children due to his current illicit substance use.

Child protection issues

Present now and previous history

Housing

Mild problem

Physical health

Physical health

Reports to have 2 DVT's in his legs. Reports poor mobility over long distances.

Seizure activities

None reported

Current medication

None reported

Psychiatric history

No formal diagnosis

Current mental state

Reports to thinking he has paranoid schizophrenia due to a family hist

Forensic history

VARIOUS SENTENCES FOR DRUG RELATED CRIMES

Assessment

Current substance use

Reports to injecting 2 to 3 bags of heroin into his arms daily

Clinical Institute Withdrawal Assessment score

-17

The Alcohol Use Disorder Identification Test (AUDIT)

Total incidence

-17

Mini Mental State Examination

Mini Mental State score

-17

Addenbrooke's Cognitive Examination - ACE-III

ACE-III total score

-17

Domain Scores

Attention

-2

Memory

-2

Fluency

-2

Language

-2

Visuospatial

-2

Summary of Assessment

Summary of Assessment

Christopher attended his arranged assessment appointment with writer and Charge Nurse James Hill. See Ayrshire Mental Health Risk Assessment for more details. Christopher has been offered an appointment with Consultant Psychiatrist Dr Rizov for 25/3/15 at 11.30 hours at Caley court.

Action plan

Christopher is to receive an appointment with the Consultant Psychiatrist to further assess his suitability for opiate replacement therapy.

Christopher is to attend all appointments offered by our service.

Christopher is to aim to reduce his heroin use.

MULHOLLAND, CHRISTOPHER (Mr)

Date of Birth 29-Jul-1981 (44y) undefined Male CHI Number 2907813579

History for Summary of contact

From 18/06/1926 Until 18/06/2026

provide an Opiate-free urine drug sample. I informed the patient that as his urine drug sample was positive for Cocaine and Benzodiazepines he should start thinking about these problems and speaking with his CAT worker to create a plan in connection with this.

Assessed 23rd Mar 2015 at 14:45**Summary of contact/details**

Writer presented at Christopher's home to deliver an appointment card offering him an assessment appointment with Dr Rizov on 25/3/15 at 11.30 hours at Caley Court. Writer received no response and could not gain access to the flats. Writer telephoned Chris and reported that writer had tried to telephone him numerous times on 20/3/15 to advise of the appointment. Chris reported that his phone had been on the whole time and does not understand why writer never got through. Writer informed Christopher of the appointment and he agreed to attend. No further concerns.

Assessed 20th Mar 2015 at 15:53**Summary of contact/details**

Christopher attended his arranged assessment appointment this pm. The purpose of this appointment was to assess Christopher's suitability for opiate replacement therapy. Acting Charge Nurse James Hill was also present due to Christopher appearing disgruntled whilst waiting in the reception area of Caley Court. Christopher appeared angry at times and claiming to have received no support from our service. He also appeared tearful at times when speaking about his mental and physical health concerns and of missing his children who are currently in foster care. (See Ayrshire Mental health risk Assessment for further details). Writer arranged an appointment with a prescriber on 25/3/15 at 11.30 hours at Caley Court however writer was unable to inform Christopher due to no response received when writer attempted to telephone him on numerous occasions. Writer did leave a message on his voicemail. Writer will drop an appointment card through Christopher's door on 23/3/15.

Assessed 18th Mar 2015 at 12:06**Summary of contact/details**

Visited Christopher at his home address today 10am as planned. Also present was C/N Charlie Howie and Christopher's partner. Christopher reports history of IV heroin use. Advised in the past he has 'done well' on methadone prescription, and reports successfully completing suboxone detox in 2012, advised relapsed due to father dying in December 2013. Reports currently injecting 1 bag of heroin per day IV. Uses needle exchange for equipment. Christopher advised he is unsure as to whether he would like methadone or suboxone at this time appears undecided. Has an appointment with Julie Gee NHS addictions Friday 20/3/15 and intends to discuss further here. Christopher advised by C/N Charlie Howie of additional third sector support services/groups in the community which may also help him to maintain abstinence. Christopher appeared keen. Christopher advised he has two children living with foster parents, has supervised access. [REDACTED]

plan:

1. Christopher to engage with addiction services as discussed.
2. Christopher aware he can contact homeless nurse via T.A team worker (Amanda), should he require any interim support and advice.
3. Christopher will remain open to homeless nursing team at this time until linked with appropriate service.

Assessed 16th Feb 2015 at 14:18**Summary of contact/details**

MULHOLLAND, CHRISTOPHER (Mr)

Date of Birth 29-Jul-1981 (44y) undefined Male CHI Number 2907813579

History for Summary of contact

From 18/06/1926 Until 18/06/2026

Mr Mulholland commenced a Suboxone detox on the 26/01/2015, however this was postponed due to him not presenting in withdrawal and reporting heroin use later than directed. His detox was re-scheduled for the 02/02/2015, he contacted the writer to inform that he has started his medication, however was unable to attend his appointment to have this monitored. The writer explained to him that he had agreed to the process of the detox and therefore agreed to attend his appointments. He was asked to attend Caley Court on the 03/02/2015 and if he did not attend his detox would be stopped. Mr Mulholland failed to attend and in view of this and not being able to monitor his detox, he has been discharged from the service, his prescription has been stopped and his social worker Alison Close, has been informed of his discharge due to on going child protection issues.

Assessed 16th Feb 2015 at 14:14**Summary of contact/details**

Writer called Social Worker Alison Close to inform her of Christopher's discharge from the service as there are child protection issues.

Assessed 16th Feb 2015 at 00:00**Summary of contact/details**

Dear Doctor,

CHRISTOPHER MULHOLLAND, 100 HAYOCKS ROAD, STEVENSTON, KA20 4DW
D.O.B 29/07/1981 CHI No: 2907813579

Please see attached discharge information completed on 16th February 2015. If you require any further information please do not hesitate to contact me on the above telephone number.

Assessed 3rd Feb 2015 at 14:13**Summary of contact/details**

Christopher was to attend Caley Court today at 14.00hrs to have his Suboxone detox monitored. He failed to attend this appointment. The writer is unable to monitor this detox, therefore it has been stopped. The writer called his pharmacy to withhold the prescriptions dated 05/02/2015 and 11/02/2015. Christopher was made aware that his detox would be stopped if he failed to attend today, this was discussed at his last contact with the writer.

Assessed 2nd Feb 2015 at 12:47**Summary of contact/details**

Telephone message left again today from Chris stating that he has another appointment today and can not attend Caley Court to see the writer, today is day 1 of his Suboxone detox. He informed that he has started his Suboxone medication. Writer attempted to call him again to discuss his detox, however no response on phone, another message left. Prescription dates (26/01/2015, 05/02/2015, 11/02/2015). His detox was supposed to start on the 26/01/2015, however he was not in withdrawals and then informed that he was using more heroin than reported and had taken heroin later in the day. Due to this his detox was changed to today (02/02/2015), he already had the medication (Suboxone).

Christopher called the writer back at 13.35hrs today, Christopher reported that he had an appointment with one of his children that he had to attend. He stated that he has started his Suboxone detox today, writer explained to him that he is to get this monitored and that he was aware of this. Chris advised that he is residing in Victoria House, Irvine and does not know how long he will be there. He reported that he is unable to come to Caley Court today as he has no money. Writer discussed with him that he had agreed to attend Caley Court to do his detox and that the writer does not cover Irvine area. The writer asked him to come to Caley Court tomorrow and if he does not then his detox can not be monitored and his prescription dated 05/02/2015 will be

MULHOLLAND, CHRISTOPHER (Mr)

Date of Birth 29-Jul-1981 (44y) undefined Male CHI Number 2907813579

History for Summary of contact

From 18/06/1926 Until 18/06/2026

withheld. He stated that he would come to Caley Court tomorrow. Meanwhile the writer will speak with the Irvine team to discuss passing his care to them. Chris reported that his last heroin use was at 09.00hrs on the 01/02/2015, he reported that he had got this down to smoking 1 x £10 daily. No withdrawal symptoms reported now, he stated that he felt unwell this morning prior to taking his Suboxone. He reported that he took 1 x 8mg tablet of Suboxone. Writer explained again that he had agreed that the service would monitor this detox, therefore he must attend appointments. Chris was asked to bring his medication with him tomorrow to be checked. He is to attend at 14.00hrs at Caley Court on the 03/02/2015.

Assessed 30th Jan 2015 at 12:42**Summary of contact/details**

essage left with writer from Martin stating that he has an appointment on Monday 02/02/2015 at 11.30hrs and needed to speak with the writer. Writer attempted to call him twice on number provided, no answer message left asking him to call.

Assessed 26th Jan 2015 at 14:39**Summary of contact/details**

Chris arrived at Caley Court as requested. He stated that he was not honest with the writer and informed that he was in fact smoking on average 5 x £10 bags of heroin daily. Discussed this with him and he has agreed to reduce his use over the next week to 2 x £10 bags and to start his detox on the 02/02/2015 at 11.30hrs at Caley Court. He is to bring his medication along and be drug screen (oral swab) first, this is to be negative for opiates and then his detox will commence. He reported that after he left the writer this morning, he was not coping and ended up smoking a bag of heroin. He realized that he was struggling because he was smoking more heroin than reported. Detox now to commence on the 02/02/2015 as long as he follows instructions given by the writer.

Assessed 26th Jan 2015 at 10:05**Summary of contact/details**

Chris attended Caley Court today to commence his Suboxone detox. He reported that he had taken heroin later than expected and did not feel he was in withdrawals yet. No evidence of withdrawals observed. In view of this he has been asked to attend later today (13.00hrs) to see if he is in withdrawals by then. He agreed with same and will return at 13.00hrs to see the writer at Caley Court.

Assessed 14th Jan 2015 at 11:44**Summary of contact/details**

Chris attended his appointment today with the writer at Caley Court to discuss another Suboxone detox. Blood pressure taken was 122/68, pulse 78. 3 panel urine drug screen positive for opiates only, breathalyzer reading of zero. Service user agreement signed. Suboxone detox explained again and information provided. Chris reported that he is currently smoking or injecting 2 x £10 bags of heroin daily. He stated that before Christmas he had managed to reduce this further to only 1/2 bag daily but this has increased again. He was advised to stop his IV use. He stated that he injects into his arms only, he showed the writer his injection sites and only bruising evident. Denies injecting into any other area of his body. He reported that he used to have a DVT in his left leg but he is not sure if it is still there, not prescribed any medication for same. He reported that after walking for long distances, his right leg tightens up. Discussed this further and he would like to be seen by the service's BBV nurse Carolanne Lonie, appointment to be arranged, meanwhile if he is concerned about his leg he will attend his GP. Chris has already been seen by Dr Rizov and he has agreed to Chris having a Suboxone detox. Chris informed that he would like to pick up his medication from Gallagher's New Street. Gallagher's New Street have agreed to take his Suboxone prescription but have asked that he takes identification with him and that the prescription is handed in in enough time to order the medication. Chris aware that he must stop his heroin use 24 hours before his detox is to commence and he has agreed to stop IV use. He is aware not to drink any

MULHOLLAND, CHRISTOPHER
(Mr)

CHI Number 2907813579

Date of Birth 29-Jul-1981 (44y)

Sex Male

Ayrshire Mental Health Risk Assessment Framework

Date of Activity 14 January 2015 15:51 by Ms Amanda Drury

Status Closed

Centre of Care North Drug & Alcohol Rec Serv

Ayrshire Mental Health Risk Assessment Framework

Assessment completed by

Individual clinician

Note: Charge Nurse Amanda Drury

Mental state

Mental state

Green

Note: Reports his mental state and mood as "ok" at this time.

Engagement

Engagement with services

Green

Note: Christopher is suspicious of services and communication between same. This would appear to be due to ongoing Social Work involvement with his kids. Writer has explained fully the scope of communications between services and the reasons for same. Christopher accepting of same but remains guarded in his self reporting.

Medication management

Green

Note: No medications from this service at this time. Looking for a Suboxone detox.

Risk of absconding

Not applicable

Risk of suicide/self-harm

Risk of self-harm

Green

Note: Reports no history or thoughts around self harming.

Risk of suicide

Green

Note: No reported history or current ideation.

Risk of harm to or from others

Risk of harm to others

Green

Note: No apparent risk at this assessment

Abuse issues

Green

Note: None reported

Neglect/Vulnerability issues (consider ASP/AWIA)

Green

Note: Presents well. No evidence of self neglect.

Child protection concerns

Amber

Note: Christopher's 3 children. [REDACTED]

[REDACTED] Writer contacted Kilbirnie Social Work and updated them re address and treatment plan.

Risk from substance misuse

Substance misuse

Amber

Note: Reports to be injecting or smoking 2 x £10 bags of heroin daily, injecting into his arms only, advised to stop his IV use, he agreed to do so. No alcohol use reported and no other illicit drug use, 3 panel urine drug screen positive for opiates only.

Social and personal risks

Support network

Green

Note: Reports that he has a few supportive friends and a supportive partner.

Physical health

Green

Note: Reports to being physically well. He is concerned about his right leg and that this swells and tightens up at times after walking on it for a while, he reported that he has had a DVT in his leg in the past and is not currently on any medication for this, advised to see GP. Advised to get liver function tested as he wants to be prescribed Naltrexone after his detox is complete.

Occupation of time

Green

Note: Spends most of his time using or seeking drugs.

Housing and finances

Amber

Note: Reports that he is in a friends house at this time, his partner [REDACTED] is staying with him and he states that they stay at different people's houses depending on who will allow them to sleep over. Detox to be carried out at Caley Court.

Any other issues

Green

Note: Nil reported today.

Overall Impression of Risk

Amber

Note: Amber risk due to requiring a Suboxone detox, injecting and smoking heroin (£20 worth daily) and not having stable accommodation to carry out detox.

Immediate Risk Management Plan

Immediate Risk Management Plan

PLAN - Chris to stop his IV use and to smoke a maximum of 2 x £10 bags daily, not to start any other illicit drug use or drink alcohol.

Chris to attend his GP if he has any concerns regarding his legs and past DVT's.

Referral to Carolanne Lonie (BBV nurse) to offer testing for BBV.

Date of detox to be confirmed once a worker is arranged to carry out detox.

He is aware that he is to be drug screen when required.

Chris to get his Liver function tested as he wants to be prescribed Naltrexone after his detox is complete.

MULHOLLAND, CHRISTOPHER (Mr)

Date of Birth 29-Jul-1981 (44y) undefined Male CHI Number 2907813579

History for Summary of contact

From 18/06/1926 Until 18/06/2026

alcohol or to take any other illicit substances.

PLAN - to discuss at Zone meeting on the 15/01/2015 to see if another member of staff can facilitate this detox and then Chris to be informed of when the detox is to commence and a change sheet to be generated to request this medication (for a 28 day detox).

Assessed 6th Jan 2015 at 14:42**Summary of contact/details**

Dear Dr Kirk

CHRISTOPHER MULHOLLAND 100 HAYOCKS ROAD, STEVENSTON, AYRSHIRE, KA20 4DW
CHI No: 2907813579

Diagnosis: F11.2 Opioid dependence syndrome

Psychiatric Medication: The patient is not prescribed any medication from this service.

Recommendations/Plan:

Mr Mulholland attended his outpatient clinic appointment on 6 January 2015. He informed me that he takes up to two bags of Heroin IV a day. The patient told me that he doesn't take any other unprescribed drugs including benzos, Cannabis or alcohol. The patient informed me that now he is highly motivated to start his Suboxone treatment and his plan is to have a short-term Suboxone detoxification followed by Naltrexone support. I explained to the patient that this is a good idea but he has to be aware about the principal risks with Naltrexone treatment. I explained to the patient that after a period of Naltrexone treatment he has to be aware that his tolerance will be quite low and that he can die even from a small dose of Heroin. The patient told me that he aware of this.

Prior to this appointment I had a conversation with the patient's CAT worker and she explained to me that she agrees to the patient being commenced on Suboxone treatment and she is going to organise his treatment in due course. We decided that after I see the patient and decide that he is suitable for Suboxone treatment I will inform her and she will organise the initiation of the treatment.

He will be reviewed in clinic in two months.

Yours sincerely

Assessed 30th Dec 2014 at 10:30**Summary of contact/details**

Staff Nurse MacLeod and Charge Nurse Drury attended Christopher's home today for arrange 10:30am appointment. No answer at door and at this current time there has been no contact from Christopher.

Assessed 12th Dec 2014 at 10:51**Summary of contact/details**

MULHOLLAND, CHRISTOPHER
(Mr)

CHI Number 2907813579

Date of Birth 29-Jul-1981 (44y)

Sex Male

Ayrshire Mental Health Risk Assessment Framework

Date of Activity 11 December 2014 12:54 by Mr Andrew Dickson

Status Closed

Centre of Care North Drug & Alcohol Rec Serv

Ayrshire Mental Health Risk Assessment Framework

Assessment completed by

Individual clinician

Mental state

Mental state

Green

Note: Reports his mental state and mood as "ok" at this time.

Engagement

Engagement with services

Green

Note: Christopher is suspicious of services and communication between same. This would appear to be due to ongoing Social Work involvement with his kids. Writer has explained fully the scope of communications between services and the reasons for same. Christopher accepting of same but remains guarded in his self reporting.

Medication management

Green

Note: No medications from this service at this time.

Risk of absconding

Not applicable

Risk of suicide/self-harm

Risk of self-harm

Green

Note: Reports no history or thoughts around self harming.

Risk of suicide

Green

Note: No reported history or current ideation.

Risk of harm to or from others

Risk of harm to others

Green

Note: No apparent risk at this assessment

Abuse issues

Green

Note: None reported

Neglect/Vulnerability issues (consider ASP/AWIA)

Green

Note: Presents well. No evidence of self neglect.

Child protection concerns

Amber

Note: Christopher's 3 children, [REDACTED]

[REDACTED] Writer contacted Kilbirnie Social Work and updated them re address and treatment plan.

Risk from substance misuse

Substance misuse

Amber

Note: Reports to be smoking heroin most days. This has been a significant reduction from up to a gram of heroin daily.

Social and personal risks

Support network

Green

Note: Reports that he has a few supportive friends and a supportive partner.

Physical health

Green

Note: Reports to being physically well.

Occupation of time

Green

Note: Spends most of his time using or seeking drugs.

Housing and finances

Amber

Note: Reports that he is in a friends house at this time.



Any other issues

Green

Note: None reported

Overall Impression of Risk

Green

Note: Christopher reports to having reduced his heroin use from a gram daily to less than a bag most days. However, he states that he has been unable to reduce this further to zero despite numerous attempts in the last few months. Writer discussed strategies that could help achieve same and advice on possible overdose and how to avoid same. Christopher demonstrates a good understanding of same. Christopher has requested that he be considered for a suboxone detox and writer has agreed to arrange assessment for same. Writer notes that Christopher has three children all with Social Works care at this time and has contacted and updated them re Christopher's new address and treatment plan.

Immediate Risk Management Plan

Immediate Risk Management Plan

Charge Nurse Amanda Drury to assess for suboxone in the next few weeks.
Appointment made for Dr Rizof on the 6/1/12 at Caley Court

NHS ADDICTION SERVICES REFERRAL FORM

Area/Service required (please tick appropriate box)

East Ayrshire ☐

North Ayrshire ☒

South Ayrshire ☐

PATIENT DETAILS

NAME: CHRISTOPHER MULLHOLLAND
DOB/CHI NO: 29/12/81
ADDRESS: 5, BLACKTHORN AVE.
BEITH.

TEL NO:

MOBILE NO: 0747 6193147

GP PRACTICE

NAME: DR. KIRK
ADDRESS:

BEITH REFORM STREET

TEL NO:

REFERRER DETAIL

NAME: SELF

SERVICE/ORGANISATION

TEL NO.

(for all Detox referral: Please advise GP)

Is GP aware of Referral?

YES ☐

NO ☒

Is patient aware of referral and given consent?

YES ☒

NO ☐

REASON FOR REFERRAL

ALCOHOL ☐

DRUG ☒

INJECTING?

YES ☒

NO ☐

+ SMOKING

Current substance use

HEROIN 1 BAG ONCE OR TWICE A WEEK.

Any prescribed medication relevant to this referral (including dose). YES ☐

NO ☒

If Yes, please give details:

Immediate issues

PHYSICAL HEALTH ☒

MENTAL HEALTH ☒

SEXUAL HEALTH ☐

Any history of aggression/violence e.g. Is it unsafe for lone worker to visit at home?

NO

DEPENDENT CHILDREN UNDER 16 YEARS LIVING / ACCESSING HOME ENVIRONMENT

YES ☐

NO ☒

IS CLIENT PREGNANT: YES ☐

NO ☒

IS CLIENT'S PARTNER PREGNANT: YES ☐

NO ☒

RECOVERY AIMS/ASPIRATIONS

(What addiction support does the person wish from NHS Addictions to assist with their recovery?)

Looking for Suboxone to stabilise

Any additional support needs required e.g. - Language interpreter required, visions impairment, hearing impairment, sign language

Any further relevant information e.g. any involvement with other services? Please detail

Referrals can be emailed via secure email account, i.e. nhs.net, Gsi - equivalency

South Ayrshire Service

AA-UHB.ClinicalAddictionServices-SouthAyrshire@nhs.net

North Ayrshire Service

AA-UHB.ClinicalAddictionServices-NorthAyrshire@nhs.net

East Ayrshire Service

AA-UHB.ClinicalAddictionServices-EastAyrshire@nhs.net

Or referral forms should be posted to: NHS Addiction Services

<u>South</u>	<u>North</u>	<u>East</u>
Upper Killochan Ailsa Campus Dalmellington Road Ayr KA6 6AB Tel: 01292 559800	Caley Court Resource Centre Moorpark Road West Stevenston KA20 3HN Tel: 01294 476162	35-41 Lister Street Crosshouse Hospital Kilmarnock KA2 0BE Tel: 01563 826177

Referral Taken By:

V. Cole

Date:

12/11/14

MULHOLLAND, CHRISTOPHER (Mr)

Date of Birth 29-Jul-1981 (44y) undefined Male CHI Number 2907813579

History for Summary of contact

From 18/06/1926 Until 18/06/2026

Appointment letter sent for staff Nurse MacLeod and Charge Nurse Drury to attend Christophers home on 30/12/2014 at 10:30 and to assess for an alcohol detox.

Assessed 3rd Dec 2014 at 15:49

Summary of contact/details	
Christopher attended Caley Court today to enquire if another appointment has been sent to him from the 3 towns area. This will be discussed at tomorrows meeting.	

Assessed 26th Nov 2014 at 11:15

Summary of contact/details	
Christopher did not attend appointment for assessment at Kilbirnie Health Centre this morning, telephone contact received stating that he is residing in Stevenston and requesting appointment being offered within Stevenston area. Christopher reported that he does not intend to return to Beith, however has no permanant address in Stevenston as he is currently living between friend's houses. Christopher requested that appointments be arranged via phone contact. Information and file passed to addictions support worker Juli Reid who will take this to 3 Towns team allocation meeting tomorrow (27/11/14).	

Assessed 26th Jun 2014 at 16:16

Summary of contact/details	
Writer received Care Group Meeting Minutes. Writer and other colleagues have previously telephoned and sent secure emails advising that Christopher is no longer involved with Addiction Services and correspondence should no longer be sent. Writer telephoned Kilbirnie Social Work Department and asked to speak to Jan Meldrum, Team Manager or Angela McMenemy, Social Worker, however neither were available. Writer spoke with Liz McHugh, Team Secretary and advised of confidential information getting sent incorrectly and that this has been reported to them on a number of occasions. Liz apologised for same, advised she would look into same and remove Addiction Services from the distribution list.	

Assessed 8th Apr 2014 at 11:11

Summary of contact/details	
Dr McLaughlan, Beith Health Centre Reform Street BEITH KA15 2AE Date: 07 April 2014 Date Dict: 19 February 2014 Our ref: 2907813579/aw/ma Dear Dr McLaughlan CHRISTOPHER MULLHOLLAND 5 BLACKTHORN AVENUE BEITH KA15 2AR DOB: 29/07/1981 CHI: 2907813579 Please see attached information in relation to discharge for the above named patient. If you require any further information please do not hesitate to contact me on the above telephone number. Yours sincerely	

MULHOLLAND, CHRISTOPHER (Mr)

Date of Birth 29-Jul-1981 (44y) undefined Male CHI Number 2907813579

History for Summary of contact

From 18/06/1926 Until 18/06/2026

Angela Wood
Charge Nurse
NHS Addiction Services - North Ayrshire

Assessed 26th Mar 2014 at 13:07**Summary of contact/details**

Writer telephoned Social Services, Cunningham House, Irvine, to advised that Christopher is no longer involved with Addiction Services and could they be removed from the distribution list as confidential paperwork was still being received. Katie Belsey advised this would be done and paperwork received has been shredded.

Assessed 21st Feb 2014 at 15:24**Summary of contact/details**

Message received that Christopher had contacted the service stating that his social worker had informed him that if he did not do so he would be discharged from addiction services. Writer attempted to return call to Christopher to inform him that, due to non attendance, no further contact is planned and he is to be discharged. No response on available contact number for Christopher. In the absence of keyworker S/N Jillian Easson, Christopher's care has been passed to Ch/N Angela Wood. Writer has informed Ch/N Angela Wood of contact via email.

Assessed 19th Feb 2014 at 15:59**Summary of contact/details**

No contact received from Christopher therefore as he has disengaged from treatment episode of care now closed. GP to be informed. Copies of activity records to be sent to GP for information.

Assessed 12th Feb 2014 at 16:44**Summary of contact/details**

Contacted Jan Meldrum and advised that Christopher had disengaged from our service and therefore he would be discharged in he fails to make contact by 15/2/14 this episode of care ill be closed. Advised Jan of summary of recent activities documented in records by other staff members. Added that writer could not comment for forthcoming hearing as no meeting with Christopher has taken place.

Assessed 5th Feb 2014 at 12:21**Summary of contact/details**

Christopher failed to attend arranged joint appointment with C/N Hill and writer at kilbirnie health centre to review current treatment phase. Christopher's suboxone medication is due to end on thursday 6/2/14. No further requests to be processed for further suboxone medication any enquiries regarding this to be discussed with either C/N Hill and C/N Wood. Await contact from Christopher if none before 15/2/2014 discharge to be discussed with team colleagues.

Assessed 23rd Jan 2014 at 16:56**Summary of contact/details**

Writer contacted a Jan Meldrum (Social Services and Health) to inform them that staff nurse Jillian Easson is currently off work and will not be able to attend a core group meeting on the 29/01/2014. The writer informed Jan that she attempted to see Christopher on the 22/01/2014 at 11.00hrs at Caley Court, however he cancelled this appointment because he did not have any

MULHOLLAND, CHRISTOPHER (Mr)

Date of Birth 29-Jul-1981 (44y) undefined Male CHI Number 2907813579

History for Summary of contact

From 18/06/1926 Until 18/06/2026

money or any transport. He asked why he can't be seen at home, the writer stated that she will discuss his case with the team and ask that a member of staff that covers his area sees him nearer his home. It was agreed that Charge Nurse Angel Wood will arrange to see him at Kilbirnie Health Centre in the near future. Jan was informed of this.

Assessed 21st Jan 2014 at 15:10

Summary of contact/details	
Christopher called the writer to cancel his appointment for tomorrow with the writer at 11.00hrs at Caley Court. He reported that he has no money or transport to get to Caley Court and asked why he can't be seen at home. The writer informed him that she would discuss his case at the team meeting tomorrow and see if anyone else can visit him at home who covers his area and then get back to him regarding another appointment. Christopher sounded agitated and aggressive in tone over the phone when the writer informed him that he needs to attend his appointments or his Suboxone can not be monitored. He informed that he was actually looking for an increase in his Suboxone, the writer informed him that he would have to attend an appointment to discuss this before this decision can be made. At this point he hung up the phone.	

Assessed 20th Jan 2014 at 16:29

Summary of contact/details	
Writer checked Gillian's tray and noticed a letter for Gillian to attend a core group meeting on the 29/01/2014 at 11:30hrs. The writer called Social Services and informed them that Gillian is currently off work, but asked that a member of staff call the writer tomorrow if they are looking for information. Due to Christopher not attending appointments with the writer, it will be difficult to give updated information. Writer due to see Christopher on the 22/01/2014 at 11.00 at Caley Court.	

Assessed 14th Jan 2014 at 11:55

Summary of contact/details	
Appointment for today at 10.00hrs at Caley Court. Christopher failed to attend this appointment, no contact from Christopher, writer tried to call him, however no reply. Another appointment to be sent out for the 22/01/2014 at 11.00hrs at Caley Court.	

Assessed 10th Jan 2014 at 11:54

Summary of contact/details	
Written on behalf of Amanda Drury - Amanda telephoned Christopher to advise him that S/N Louise Steele would deliver his prescription for Suboxone to Beith Pharmacy.	

Assessed 8th Jan 2014 at 15:34

Summary of contact/details	
Writer called Christopher to inform him that his key worker, Jillian Eason is off work at this time. He stated that he has been trying to get a hold of her because his Suboxone medication is about to run out and he feels he needs this extended. The writer asked him to come to Caley Court tomorrow, 08/01/2014 at 15.00hrs to see the writer to discuss his medication.	

Assessed 8th Jan 2014 at 09:31

Summary of contact/details	
Note dated 08/01/2014 was written on this day, however the conversation took place on the 07/01/2014.	
Christopher arrived at Caley Court at 16.40 hours to see the writer, he was late in attending therefore this did not leave much time	

MULHOLLAND, CHRISTOPHER (Mr)

Date of Birth 29-Jul-1981 (44y) undefined Male CHI Number 2907813579

History for Summary of contact

From 18/06/1926 Until 18/06/2026

to re-assess his situation or to obtain a urine sample for drug analysis. Discussed that his Suboxone medication is due to run out on the 09/01/2014 (his last 2mg Suboxone being on the 09/01/2014), he asked for an extension on his 2mgs Suboxone for another 28 days. Discussed the possibility of being prescribed Lofexadine near the end of his 28 days and then to be prescribed Naltrexone. He was in agreement with same. A prescription sheet has been completed to start on the 10/01/2014 for 2mgs Suboxone x 28 days. Christopher reported that he will collect this prescription on the 09/01/2014 and take this to his pharmacy (Penmans in Beith). He reported only the occasional cannabis use, no alcohol or other illicit substances, urine sample to be obtained at next appointment. Christopher reported that everything in his life is going well, he is just concerned that he may lapse if his Suboxone is not extended as he does not feel ready at this time.

Next appointment arranged for the 14/01/2014 at 10.00hrs at Caley Court.

Assessed 23rd Dec 2013 at 15:50**Summary of contact/details**

Christopher called back to inform that he will not be able to make his appointment today as he is still having trouble with his car insurance. Appointment to be re-arranged.

Assessed 23rd Dec 2013 at 11:59**Summary of contact/details**

Writer called Christopher to ask him if he could possible make it in to see a member of staff today, he reported that he will try, however he is trying to get his car insurance sorted out and until he does he has no way of making it to Caley Court, he reported that he did not think he had an appointment today. The appointment was in staff nurse Jillian Easson's diary. He informed that he will contact the service if he can not make it. He reported that he is doing well at this time.

Assessed 23rd Dec 2013 at 09:40**Summary of contact/details**

J/N Amanda Drury attempted to telephone Christopher, to advise him that his appointment with S/N Jillian Easson would be cancelled today as she is off work. Amanda could not not speak to Christopher as he was not at home but message left with his partner stating that Amanda will telephone him back later today.

Assessed 20th Dec 2013 at 12:16**Summary of contact/details**

[REDACTED]

Assessed 18th Dec 2013 at 15:44**Summary of contact/details**

Writer met with Christopher as arranged. Christopher is now on day 3 of his Suboxone detoxification. Christopher reports no side effects from same, however he states that he only took 8mg of Suboxone yesterday, rather than the 16mg as prescribed. He reports that he began to feel withdrawals later in the evening, however did not take any more Suboxone. Christopher again took 8mg this morning. Writer advised Christopher to follow medication guidelines to ensure maximum benefit of detoxification. Christopher stated that he may take the other 8mg later on in the day. Writer again advised the importance of following the medication regime as directed as this may jeopardise future prescriptions. Christopher scored one on the Clinical Opiate

MULHOLLAND, CHRISTOPHER (Mr)

Date of Birth 29-Jul-1981 (44y) undefined Male CHI Number 2907813579

History for Summary of contact

From 18/06/1926 Until 18/06/2026

Withdrawal Scale, reporting only mild runny nose. His blood pressure was 120/70 and his pulse was 80. No problems were expressed or noted at time of appointment. It was agreed that Christopher does not need follow up tomorrow and that Christopher would attend Caley Court on 22/12/13 to monitor blood pressure, pulse, withdrawals and side effects.

Assessed 17th Dec 2013 at 10:44**Summary of contact/details**

Christopher telephoned to advise that he was taking a friend to court and could therefore not make his appointment this morning. Christopher reports that he took 8mg Suboxone tablet as prescribed yesterday and has taken 8mg Suboxone again today. Writer advised Christopher the prescription is for 16 mgs today, however if Christopher is experiencing no withdrawal symptoms not to take the other 8mgs. Writer also asked Christopher if he could attend Kilbirnie Health Centre this afternoon for writer to monitor blood pressure and pulse. Christopher advised that he should be back in time and be able to do so. Writer advised that if this is not possible she will attend Christopher's home tomorrow morning. Christopher accepting of same and offered no concerns at time of telephone call.

Assessed 16th Dec 2013 at 11:48**Summary of contact/details**

Writer met with Christopher as arranged to commence Suboxone detoxification. Christopher's partner also in attendance. Christopher reports that he does not feel any withdrawal symptoms as yet. Due to other commitments writer could not return to Christopher's home later today to commence detoxification, however after discussing with Christopher and his partner, due to Christopher already having completed two Suboxone detoxifications and his partner being present throughout the day, it was agreed that Christopher would take one Suboxone tablet as prescribed when he feels he is in withdrawal. No concerns were expressed at time of appointment. Writer advised Christopher to contact service should he experience any difficulties. Christopher accepting of same. Writer will return to Christopher tomorrow.

Assessed 11th Dec 2013 at 14:22**Summary of contact/details**

Christopher attended his appointment with Dr Cochrane to discuss commencement of Suboxone detoxification. Procedure, possible side effects and risk associated discussed. Christopher accepting and aware of same due to previous detoxifications. Dr Cochrane agreed to Suboxone detoxification and this is to be commenced on 16/12/13. Christopher signed Suboxone agreement. Prescription generated. Advised Christopher to cease his heroin use no later than the evening of 14/12/13 to ensure he is in withdrawal to commence Suboxone on 16/12/13. Writer will attend Christopher home at 0930 hours on 16/12/13 to commence same. Christopher accepting of same and no concerns were offered or identified at time of appointment.

Assessed 11th Dec 2013 at 12:46**Summary of contact/details**

Dear Dr Kirk

CHRISTOPHER MULHOLLAND 5 BLACKTHORN AVENUE, BEITH, KA15 2AR
CHI No: 2907813579

Diagnosis: F11.2 Opiate Dependency

Psychiatric Medication: To be commenced on Suboxone detoxification

MULHOLLAND, CHRISTOPHER (Mr)

Date of Birth 29-Jul-1981 (44y) undefined Male CHI Number 2907813579

History for Summary of contact

From 18/06/1926 Until 18/06/2026

Recommendations/Plan: North Community Addiction Team beyond Suboxone detox supervised by PCAT

This gentleman attended his appointment on 11th December 2013 at Caley Court.

He was once again being assessed for a Suboxone detoxification and we have agreed to go ahead with this. He is currently using ½-1 bag of Heroin daily which he smokes. He has reduced this sequentially in the preparation work done with his PCAT worker. He takes occasional Cannabis about once a fortnight and does not use any other drugs or alcohol. He has safe storage in his house for the medication and there were no other concerning factors today. He reports stable mood and feels that the previous prescription of Mirtazapine was, in retrospect, unnecessary and that his transient lowering of mood was in the context of the aftermath of withdrawal from drugs. He hopes that the Suboxone can be reduced at a rate that can be slowed down at the lower doses as necessary as he struggled to cope with the eventual discontinuation of the Suboxone from 2mg at the one month stage. We have agreed that this will be possible. Beyond detoxification he hopes to try Naltrexone and, again, I think this seems appropriate.

We will therefore review him back at the clinic when this becomes necessary as determined by his PCAT worker.

Assessed 4th Dec 2013 at 09:49**Summary of contact/details**

Christopher failed to attend his appointment yesterday (3/12/2013) with Dr Cochrane to discuss commencement of Suboxone detoxification. Christopher telephoned service this morning and writer spoke with him. Christopher reports that he believed his appointment was today and that he has no letter for this appointment. Writer advised Christopher he would be reappointed as soon as possible and writer would notify him of same. No concerns expressed at telephone call.

Assessed 3rd Dec 2013 at 09:33**Summary of contact/details**

Dear Dr Kirk

CHRISTOPHER MULHOLLAND 5 BLACKTHORN AVENUE, BEITH, AYRSHIRE, KA15 2AR
CHI No: 2907813579

Diagnosis: F11.2 Opioid dependence syndrome

Psychiatric Medication: Nil

Recommendations/Plan:

1. He will be re-appointed to this clinic with a view to a three month Suboxone stabilisation and detoxification.

This gentleman failed to attend his appointment as arranged by his PCAT worker with a view to once again having a Suboxone detoxification. He had returned to using one bag of Heroin daily and has been fairly stable in this regard without escalating his drug use further. He was very keen to try a longer stabilisation period on the Suboxone and it was surprising that he did not attend in this regard. He will be booked in for the next available appointment which may now be after the New Year.

Yours sincerely

Assessed 26th Nov 2013 at 15:03

MULHOLLAND, CHRISTOPHER
(Mr)

CHI Number 2907813579

Date of Birth 29-Jul-1981 (44y)

Sex Male

Ayrshire Mental Health Risk Assessment Framework

Date of Activity 14 November 2013 12:30 by Jillian Easson

Status Closed.

Centre of Care North Drug & Alcohol Rec Serv

Ayrshire Mental Health Risk Assessment Framework

Assessment completed by

Individual clinician

Note: Staff Nurse Jillian Easson

Mental state

Mental state

Green

Note: Subjectively rates his mood as 5 out of 10 (10 being good).

Engagement

Engagement with services

Green

Note: Previous involvement with service states irregular engagement. Appears keen for detoxification.

Medication management

Green

Note: No issues identified.

Risk of absconding

Green

Note: N/A

Risk of suicide/self-harm

Risk of self-harm

Green

Note: Denies any self harming thoughts or behaviour past or present.

Risk of suicide

Green

Note: No records of any past suicide attempts and Christopher denies any ongoing thoughts.

Risk of harm to or from others

Risk of harm to others

Green

Note: No recent involvement with criminal services to date.

Abuse issues

Green

Note: Christopher did not disclose any abuse issues.

Neglect/Vulnerability issues (consider ASP/AWIA)

Green

Note: No concerns identified.

Child protection concerns

Green

Note: Son, [REDACTED], who is currently residing with Christopher's partner. Christophe reports he has distanced himself whilst addressing his addiction issues and is currently staying with a friend.

Risk from substance misuse

Substance misuse

Amber

Note: Reports to be smoking one and a half bags of heroin per day. Denies any other substance use.

Social and personal risks

Support network

Green

Note: Reports to receive support from his family.

Physical health

Green

Note: No Physical Health issues disclosed or noticed by writer.

Occupation of time

Green

Note: Christopher reports that he caring for a friend who is wheelchair bound.

Housing and finances

Green

Note: Reports to be currently staying with a friend whilst he is addressing his addiction issues. His partner and son are living in their family home.

Any other issues

Green

Note: None identified.

Overall Impression of Risk

Amber

Note: Due to current substance use.

Immediate Risk Management Plan

Immediate Risk Management Plan

Christopher attended his assessment appointment today for consideration for Suboxone Detoxification. Christopher has attempted same detoxification recently, however, for various factors has relapsed into smoking heroin again. he reports that he has managed to reduce his intake to smoking one and a half bags of heroin daily in preparation for detoxification. He feels that he is now ready to attempt a further detoxification in order to cease his heroin use and maintain abstinence from same. Writer advised an appointment would be arranged with the consultant to discuss same further and for Christopher to have his routine bloods checked in the meantime. Christopher accepting of same and offered no concerns at time of appointment. Writer offered further appointment on 19/11/13 between 11 and 1 at home to discuss further and obtain drug screen. Appointment card given.

MULHOLLAND, CHRISTOPHER (Mr)

Date of Birth 29-Jul-1981 (44y) undefined Male CHI Number 2907813579

History for Summary of contact

From 18/06/1926 Until 18/06/2026

Summary of contact/details

Writer met with Christopher as arranged. Christopher's partner and son were also in attendance. Christopher reports that he is continuing maintain stability of his heroin use whilst waiting upon his appointment with the consultant. Christopher reports that he has passed his medical with the job centre and has had back dated money. He reports this has been useful at this time and that he is organised for Christmas. He denies any temptation of buying more illicit substances. Christopher remains motivated and keen to commence his Suboxone Detoxification as soon as possible. Next appointment arranged for 3/12/13 at 1300 hours at Caley Court with Dr Cochrane.

Assessed 19th Nov 2013 at 15:32**Summary of contact/details**

Writer met with Christopher as arranged. Christopher's partner and son also in attendance. Christopher reports that he maintains stability on his use of heroin. He reports he continues to smoke between one to one and a half bags of heroin daily. He also admits to smoking cannabis. Writer advised Christopher of appointment with consultant to discuss medication for Suboxone detoxification. Christopher remains keen to commence same. Christopher tested positive for opiates and cannabis on 6 panel urinalysis. House was in satisfactory condition [REDACTED]. No concerns were identified at time of appointment. Further appointment arranged.

Assessed 14th Nov 2013 at 14:08**Summary of contact/details**

Dear Dr McLaughlin

Please see attached assessment letter for the above named patient. If you require any further information please do not hesitate to contact me on the above telephone number.

Assessed 14th Nov 2013 at 12:39**Summary of contact/details**

Christopher attended his assessment appointment today for consideration for Suboxone Detoxification. Christopher has attempted same detoxification recently, however, for various factors has relapsed into smoking heroin again. He reports that he has managed to reduce his intake to smoking one and a half bags of heroin daily in preparation for detoxification. He feels that he is now ready to attempt a further detoxification in order to cease his heroin use and maintain abstinence from same. Writer advised an appointment would be arranged with the consultant to discuss same further and for Christopher to have his routine bloods checked in the meantime. Christopher accepting of same and offered no concerns at time of appointment. Writer offered further appointment on 19/11/13 between 11 and 1 at home to discuss further and obtain drug screen. Appointment card given.

Assessed 22nd Aug 2013 at 15:23**Summary of contact/details**

Writer telephoned Angela McMenemy, Kilbirnie Social Work, to advise her of Christopher's relapse. Angela stated that there was a child protection meeting scheduled for Monday however writer was unable to attend same due to lack of notice and other commitments. Writer provided Angela with a verbal report of writer's involvement. Angela stated that she would visit the family home today due to ongoing concerns re Christopher's son. Angela advised that she would take a colleague as Christopher has been verbally aggressive in the past.

MULHOLLAND, CHRISTOPHER
(Mr)

CHI Number 2907813579

Date of Birth 29-Jul-1981 (44y)

Sex Male

Ayrshire Mental Health Risk Assessment Framework

Date of Activity 22 August 2013 14:10 by Mrs Lynelle Drain

Status Closed

Centre of Care North Drug & Alcohol Rec Serv

Ayrshire Mental Health Risk Assessment Framework

Assessment completed by

Individual clinician

Note: Acting Charge Nurse Lynelle Drain

Mental state

Mental state

Green

Note: Mental health assessment not possible on discharge as same completed over the telephone. Christopher appeared angry and upset that he had lapsed but appeared to be placing blame for same onto writer.

Engagement

Engagement with services

Amber

Note: Patchy engagement with writer throughout detox. Puts blame of relapse at the hands of writer.

Medication management

Green

Note: Appeared to follow own Suboxone regime as he believed that the Suboxone dosages were too high. He the voiced that he was halving the tablets at the end of the detox.

Risk of absconding

Not applicable

Risk of suicide/self-harm

Risk of self-harm

Green

Note: Denies any past or current self harm episodes and denies any thought, plan or intent with regards to same.

Risk of suicide

Green

Note: No records of any past suicide attempts and Christopher denies any ongoing thoughts.

Risk of harm to or from others

Risk of harm to others

Green

Note: No recent involvement with criminal services to date.

Abuse issues

Green

Note: Christopher did not disclose any abuse issues.

Neglect/Vulnerability issues (consider ASP/AWIA)

Green

Note: No concerns identified

Child protection concerns

Amber

Note: Christopher has 1 son [REDACTED] who lives with both Christopher and his partner at their home in Beith. Christopher reported that [REDACTED] was on the a CPA order for 6 months and came off this in July 2012. Christopher reported that they are still in contact with social worker services who visit them regularly [REDACTED].

Risk from substance misuse

Substance misuse

Red

Note: Christopher failed his Suboxone detox by using heroin however voiced that he would like to cease same therefore writer requested Lofexidine, Buscopan and Zopiclone to help him cease all illicit drug use. Unfortunately Christopher did not commence his Lofexidine medication and subsequently then purchased illicit Suboxone. Writer offered to detox him from same using his Lofexidine or stabilise his drug use by commencing him on Methadone however he refused. Christopher requested further Suboxone however due to two failed detox's and breach of agreement, writer felt that this was inappropriate.

Social and personal risks

Support network

Green

Note: Christopher reports to have continued support from his partner.

Physical health

Green

Note: No Physical Health issues disclosed or noticed by writer.

Occupation of time

Green

Note: Christopher reported that he spends most his time in the company of his partner and looking after his son.

Housing and finances

Green

Note: Christopher states that his finances are suffering as he is paying for illicit Suboxone.

Any other issues

Not applicable

Overall Impression of Risk

Amber

Note: Amber due to ongoing drug use.

Immediate Risk Management Plan

Immediate Risk Management Plan

Plan: Discharged from the service due to breach of agreement and continued drug use.

Advised Christopher that he can self refer into the service in the future should he wish further support.

Advise GP of discharge.



MULHOLLAND, CHRISTOPHER (Mr)

Date of Birth 29-Jul-1981 (44y) undefined Male CHI Number 2907813579

History for Summary of contact

From 18/06/1926 Until 18/06/2026

Assessed 22nd Aug 2013 at 14:25**Summary of contact/details**

Further to last entry, writer offered to provide a Lofexidine detox with the medication that writer previously obtained however Christopher refused. He also declined being placed on Methadone to stabilise his drug use. Due to ongoing illicit drug use writer telephoned Penman's and advised them not to dispense his Naltrexone medication as this was not being monitored.

Assessed 22nd Aug 2013 at 13:56**Summary of contact/details**

Writer telephoned Christopher as he had failed to make contact. Christopher stated that he was buying illicit Suboxone at £10 for an 8mg tablet. Christopher then went into a tirade of accusations towards writer stating that it 'was writer's fault' that he had relapsed as he had requested an extension to his Suboxone detox which was refused. Writer disagreed with this statement stating that due to patchy attendance, writer was unable to review Christopher until the end of his detox to find out that he wished an extension. On that day it was not feasible to obtain a further prescription and after further discussion about options Christopher agreed to cease his Suboxone as planned and commence Naltrexone. Christopher would not take any responsibility for his relapse and stated that he felt that he 'had been left' despite writer offering continued appointments, trying to facilitate a Lofexidine detox and attempting to offer further support. Christopher requested a further prescription for Suboxone however writer declined same due to breach of contract and lack of engagement. Advised that he would be discharged at this time and he could self refer in the future should he wish. GP to be made aware of discharge.

Assessed 22nd Aug 2013 at 10:06**Summary of contact/details**

Dear Dr Kirk

CHRISTOPHER MULHOLLAND, 5 BLACKTHORNE AVENUE, BEITH, KA15 2AR (D.O.B: 29.07.1981) (CHI NO: 2907813579)

Please see attached discharge letter for the above named patient. If you require any further information please do not hesitate to contact me on the above telephone number.

Yours sincerely

Lynelle Drain
Acting Charge Nurse
NHS Addiction Services - North Ayrshire

Ayrshire Mental Health Risk Assessment Framework Confidential
Title Mr.

Name: CHRISTOPHER MULHOLLAND
Address line 1: 5 BLACKTHORNE AVENUE
Town: BEITH
Postcode: KA15 2AR

MULHOLLAND, CHRISTOPHER (Mr)

Date of Birth 29-Jul-1981 (44y) undefined Male CHI Number 2907813579

History for Summary of contact

From 18/06/1926 Until 18/06/2026

CHI number 2907813579

Date of birth: 29/07/1981

Care co-ordinator:

Completed by: Mrs. Lynelle Drain

Profession: Psychiatric nurse

Location: Patient's Home

Date: 22/08/2013

Ayrshire Mental Health Risk Assessment Framework

Assessment completed by: Individual clinician

Acting Charge Nurse Lynelle Drain

ental state

ental state: Green

Mental health assessment not possible on discharge as same completed over the telephone. Christopher appeared angry and upset that he had lapsed but appeared to be placing blame for same onto writer.

Engagement

Engagement with services: Amber +

Patchy engagement with writer throughout detox. Puts blame of relapse at the hands of writer.

Medication management: Green

Appeared to follow own Suboxone regime as he believed that the Suboxone dosages were too high. He then voiced that he was halving the tablets at the end of the detox.

Risk of suicide / self harm

Risk of self-harm: Green

Denies any past or current self harm episodes and denies any thought, plan or intent with regards to same.

Risk of suicide: Green

No records of any past suicide attempts and Christopher denies any ongoing thoughts.

Risk of harm to or from others

Risk of harm to others: Green

No recent involvement with criminal services to date.

Abuse issues: Green

Christopher did not disclose any abuse issues.

Neglect/Vulnerability issues (consider ASP/AWIA): Green

No concerns identified

Child protection concerns: Amber +

Christopher has 1 son [REDACTED] who lives with both Christopher and his partner at their home in Beith. Christopher reported that Kayden was on the a CPA order for 6 months and came off this in July 2012. Christopher reported that they are still in contact with social worker services who visit them regularly [REDACTED]

Risk from substance misuse

Substance misuse: Red ++

Christopher failed his Suboxone detox by using heroin however voiced that he would like to cease same therefore writer requested Lofexidine, Buscopan and Zopiclone to help him cease all illicit drug use. Unfortunately Christopher did not commence his Lofexidine medication and subsequently then purchased illicit Suboxone. Writer offered to detox him from same using his Lofexidine or stabilise his drug use by commencing him on Methadone however he refused. Christopher requested further Suboxone however due to two failed detox's and breach of agreement, writer felt that this was inappropriate.

Social and Personal risks

Support network: Green

Christopher reports to have continued support from his partner.

Physical health: Green

No Physical Health issues disclosed or noticed by writer.

Occupation of time: Green

MULHOLLAND, CHRISTOPHER (Mr)

Date of Birth 29-Jul-1981 (44y) undefined Male CHI Number 2907813579

History for Summary of contact

From 18/06/1926 Until 18/06/2026

Christopher reported that he spends most his time in the company of his partner and looking after his son.

Housing and finances: Green

Christopher states that his finances are suffering as he is paying for illicit Suboxone.

Overall Impression of Risk: Amber

Amber due to ongoing drug use.

Immediate Risk Management Plan

Immediate Risk Management Plan

Plan: Discharged from the service due to breach of agreement and continued drug use.

Advised Christopher that he can self refer into the service in the future should he wish further support.

Advise GP of discharge.

In this report key item status is indicated as follows: + = Nominated, ++ = Prioritised, - = Resolved, * = Strength

In this report alerted item status is indicated as follows: [!] = Alert Attached, [-!] = Alert Removed

Printed by: Mrs. Lynelle Drain

Signature:

Date printed: 27/08/2013

Assessed 12th Aug 2013 at 14:34**Summary of contact/details**

Christopher failed to attend his review appointment at home today as agreed for additional support. Writer telephoned his mobile to which his partner answered. She stated that Christopher had went into Kilbirnie and knew that writer was visiting at twelve. She reported that Christopher had experience poor sleep, stomach cramps and vomiting last night but that his Buscopan had little settling effect. She did not know if he had utilised his Zopiclone. Writer requested that Christopher contact writer to arrange a further appointment. Await contact.

Assessed 9th Aug 2013 at 14:25**Summary of contact/details**

Writer visited Christopher this morning under the impression that he would have commenced his prescription for Lofexidine however the pharmacist had nil in stock and there had been an error in ordering this medication for today. Christopher did not appear too distressed about this and was displaying nil physical withdrawal symptoms. Christopher stated that he had managed to get a couple of hours sleep last night. Discussed relapse prevention and gaining structure to his day. Christopher stated that he was did not struggle in this area during his last attempt to cease his opiate use as he had been caring full time for his father who was dying of cancer. He accepted the invitation to be referred to Robert Donald, NAC Addictions to complete Relapse prevention and participate in the activity program. He understands Robert's association with Child Protection Services. Writer has advised Christopher not to take his lofexidine medication as he will not be monitored commencing same. Writer advised him to utilise non opiate pain relief and his Buscopan and Zopiclone to help ease withdrawals if they return. His prescription for Naltrexone was also provided and Christopher understands that he must wait at least 7 days before he can take same. Full Naltrexone pack and second care plan explained and signed as understood. Christopher declined a copy of his care plan and declined further support over the weekend. Writer provided him with the weekend telephone numbers anyway. Further visit arranged 12/08/2013.

Assessed 8th Aug 2013 at 14:09**Summary of contact/details**

Telephone call received from Christopher stating that he had relapsed yesterday by smoking one bag of heroin. He was very remorseful about same and stated that he had not told his partner about this. Christopher stated that he had been struggling with withdrawals from opiates over the last few days and was apprehensive about continuing without intervention for fear of

MULHOLLAND, CHRISTOPHER (Mr)

Date of Birth 29-Jul-1981 (44y) undefined Male CHI Number 2907813579

History for Summary of contact

From 18/06/1926 Until 18/06/2026

resorting to his previous drug taking behaviours. Writer offered to get him a prescription for Lofexidine, Buscopan and Zopiclone to help ease his symptoms of withdrawal. Medication request sent to his GP and Christopher was advised to collect his prescription late this afternoon. Christopher stated that he would be able to cope until writer could assess him tomorrow.

Assessed 6th Aug 2013 at 09:45**Summary of contact/details**

Dear Dr Kirk

CHRISTOPHER MULHOLLAND 5 BLACKTHORN AVENUE, BEITH, AYRSHIRE, KA15 2AR
HI No: 2907813579

I am writing to confirm that the above gentleman successfully completed his recent 28 day outpatient opiate (Suboxone) detoxification. He has been supported through this by CAT Charge Nurse James Hill and PCAT Charge Nurse Lynelle Drain. Christopher expressed a desire to commence on the opioid receptor antagonist Naltrexone. Recent LFT's sent from the practice (many thanks for this) were satisfactory. Christopher understands the risks and benefits of this prescription and has been provided with safety information around this.

Christopher has been commenced on Naltrexone from 09/08/13, titrating up to a dose of 50mg. The Addiction Service will supply the first six weeks of this medication. I would be grateful if the practice could take over prescribing of Naltrexone 50mg daily thereafter. Christopher will be monitored for the duration of this prescription by Charge Nurse Lynelle Drain. We recommend the prescription be continued for six months in the first instance. I will not review Christopher again routinely at the outpatient clinic at this time but Addictions psychiatry review can be arranged at the request of yourself or Lynelle Drain if felt appropriate.

Yours sincerely

Assessed 26th Jul 2013 at 11:34**Summary of contact/details**

Seen at home today for review. Christopher's partner was present and their young son was upstairs having his afternoon nap. Christopher reported that he has been coping well with his detox however has been reducing his doses himself outwith the chart. Christopher reported that he had been suffering from poor sleep and cramps last week and initially stated that he felt a continuation in his Suboxone would be beneficial however then agreed that it would be a better option to cease his Suboxone as planned and commence Naltrexone. Christopher has had his bloods taken in preparation for this. Writer spoke with Dr Wilson and he has agreed to initiate a prescription for Naltrexone on the basis that writer provides safety information. Further appointment arranged on 26/07/2013 for review and continued monitoring.

Assessed 16th Jul 2013 at 13:48**Summary of contact/details**

Writer attempted to review Christopher at home this morning as agreed however there was nobody at home. Writer will issue a further appointment in due course.

Assessed 11th Jul 2013 at 13:56**Summary of contact/details**

MULHOLLAND, CHRISTOPHER (Mr)

Date of Birth 29-Jul-1981 (44y) undefined Male CHI Number 2907813579

History for Summary of contact

From 18/06/1926 Until 18/06/2026

[REDACTED]
[REDACTED]

Assessed 5th Jul 2013 at 14:27

Summary of contact/details	
Writer visited Christopher at home today. His partner and young son [REDACTED] were also present. [REDACTED]. Writer introduced self as Christopher's new key worker. Christopher reported that he is coping well with his current Suboxone regime however only increased his dose to 12mgs before reducing as he felt 16mgs would be too much based on his previous detox. Christopher spoke of finishing his detox early however writer advised against same stating that he should reduce and stabilise his detox slowly without abruptly stopping. Christopher spoke of his desire to be commenced on Naltrexone post detox therefore writer advised him to get his bloods taken by his practice nurse in preparation for this. Writer will request a further appointment with Dr Wilson for Naltrexone. Further appointment 16/07/2013.	

Assessed 28th Jun 2013 at 15:00

Summary of contact/details	
Writer can confirm the entry made by Student Nurse Derek Delany is accurate although writer would add that Christopher was in the company of his Partner [REDACTED] and his son [REDACTED] no concerns raised by writer with regards to [REDACTED].	

Assessed 27th Jun 2013 at 15:24

Summary of contact/details	
Joint visit from writer & Charge Nurse James Hill for day 3 home Suboxone detox. Christopher reported he was still feeling positive. Today on arrival Christopher reported still no withdrawal symptoms which was evident in the Clinical Opiate Withdrawal Scale (COWS) in which he scored 0. Christopher took his 12mg Suboxone tablet under the supervision of the writer & Charge Nurse James Hill where no adverse reactions were reported & after Christopher took his Suboxone tablet his pulse & B.P were recorded. The writer informed Christopher that Staff Nurse Lynelle Drain would do his next follow up appointment on the 05/07/13 between 10.00am & 12.00pm. Writer informed Christopher that if he has any concerns that he can contact the service at any time.	

Assessed 26th Jun 2013 at 15:58

Summary of contact/details	
Home visit as arranged today to monitor day 2 of Suboxone detox, Christopher reported no adverse from commencing back onto to 8mg of Suboxone. Writer completed Clinical Opiate Withdrawal Scale (COWS) where he scored 5 and this will be uploaded to our system. Christopher then observed taking a further 8mg tablet today he was due to be on 16mg, today, however we had discussed this with Dr Wilson who advised Christopher that if he felt 16mg was too much then he could run with the 8mg dose until such times as this is due to be reduced. Christopher is aware that should he feel that he is struggling then he can take the other tablet. Pulse and BP have been recorded and no other concerns identified at this appointment. Plan:- Christopher will be seen tomorrow for day 3.	

MULHOLLAND, CHRISTOPHER (Mr)

Date of Birth 29-Jul-1981 (44y) undefined Male CHI Number 2907813579

History for Summary of contact

From 18/06/1926 Until 18/06/2026

- Christopher is aware that he can contact writer should he have any concerns.

Writer can also confirm that the entry made by Student nurse Derek Delany is true and accurate.

Assessed 25th Jun 2013 at 11:39**Summary of contact/details**

Joint visit from writer & Charge Nurse James Hill to commence day 1 home Suboxone detox. Detox was agreed after appointment with Dr Wilson on the 24/06/13 where Charge Nurse James Hill drug screened Christopher, in which he tested negative for illicit drug use. Christopher reported he was feeling positive about commencing the home detox. Today on arrival Christopher reported mild withdrawal symptoms which was evident in the Clinical Opiate Withdrawal Scale (COWS), but nothing that should cause any concern. Christopher took his 8mg Suboxone tablet under the supervision of the writer & Charge Nurse James Hill where no adverse reactions were reported & before Christopher took his Suboxone tablet his pulse & B.P were recorded. Christopher reported he has been finding support on-line within a Suboxone support forum. Writer made Christopher aware if he has questions or concerns with regards his treatment he should contact us at any time of the day. Appointment arranged for tomorrow for day 2.

Assessed 24th Jun 2013 at 12:04**Summary of contact/details**

Dear Dr Kirk

CHRISTOPHER MULHOLLAND 5 BLACKTHORN AVENUE, BEITH, Ayrshire, KA15 2AR
CHI No: 2907813579

Diagnosis: F11.2 Opioid dependence syndrome

Psychiatric Medication: Methadone 20mg by daily supervised dispense being discontinued after 23/06/13 dose.

Four week Suboxone outpatient detoxification being commenced from 25/06/13 as per local protocol (this will be supplied by Addiction Service).

Follow-up: CAT Charge Nurse James Hill

No further Addictions outpatient clinic appointments at this time though if Chris decides to commence Naltrexone on concluding his detox I will see him again as a one-off to commence this.

Recommendations/Plan:

I reviewed Chris in the company of James Hill on 24 June 2013 at the Caley Court Addictions outpatient clinic. Chris is a man with a long addictions history who was previously prescribed Methadone through our service before successfully completing Suboxone detoxification in July of last year. He did extremely well at that time though disengaged from the service soon afterwards. He tells me that he maintained abstinence from all unprescribed substances for five months. In December his father died however and he describes lapsing back to IV Heroin use soon after this.

In recent months Chris described initially injecting Heroin chaotically before gradually reducing this to two bags IV daily. He was

MULHOLLAND, CHRISTOPHER
(Mr)

CHI Number 2907813579

Date of Birth 29-Jul-1981 (44y)

Sex Male

Ayrshire Mental Health Risk Assessment Framework

Date of Activity 13 June 2013 09:56 by Mr James Hill

Status Closed

Centre of Care North Drug & Alcohol Rec Serv

Ayrshire Mental Health Risk Assessment Framework

Assessment completed by

Individual clinician

Note: Christopher was assessed by Charge Nurse James Hill at Caley Court Resource Centre to be assessed for the suitability for Methadone.

Mental state

Mental state

Green

Note: Objectively: Christopher appeared to be low in his mood at this time which he claims is the result of his current drug use. He denies any past or current Mental Health issues and none were witnessed by writer at today's appointment. Subjectively:- Christopher self reports feelings of anxiety which he identified were related to being commenced onto treatment.

Engagement

Engagement with services

Green

Note: Christopher was known to addiction services in 2012 where he completed a Suboxone detox, however he has since relapsed, he engaged well during this time and no concerns were identified.

Medication management

Green

Note: No risks identified at today's appointment.

Risk of absconding

Green

Note: No concerns whilst within a community setting.

Risk of suicide/self-harm

Risk of self-harm

Green

Note: Denies any past or current self harm episodes and denies any thought, plan or intent with regards to same.

Risk of suicide

Green

Note: No records of any past suicide attempts and Christopher denies any ongoing thoughts.

Risk of harm to or from others

Risk of harm to others

Green

Note: No recent involvement with criminal services to date.

Abuse issues

Green

Note: Christopher did not disclose any abuse issues to writer at today's appointment.

Neglect/Vulnerability issues (consider ASP/AWIA)

Green

Note: No concerns identified at this appointment and none voiced by Christopher.

Child protection concerns

Amber

Note: Christopher has 1 son [REDACTED] who lives with both Christopher and his partner at their home in Beith. Christopher reported that [REDACTED] was on the a CPA order for 6 months and came c this in July 2012. Christopher reported that they are still in contact with social worker services who visit them regularly [REDACTED]

Risk from substance misuse

Substance misuse

Red

Note: Christopher self reported that he has been smoking 2 bags of Heroin on a daily basis and this was evident within his urine drug screen.

Social and personal risks

Support network

Green

Note: Christopher reports to have continued support from his partner.

Physical health

Green

Note: No Physical Health issues disclosed or noticed by writer at today's appointment.

Occupation of time

Green

Note: Christopher reported that he spends most his time in the company of his partner and looking after his son.

Housing and finances

Green

Note: Christopher lives with his partner at their home in Beith and didn't raise any concerns with regards to his current housing or financial situation.

Any other issues

Green

Note: No other issues identified at today's appointment.

Overall Impression of Risk

Green

Immediate Risk Management Plan

Immediate Risk Management Plan

Plan:- Christopher was commenced onto 20mls of Methadone short term until he is seen by Dr Wilson on the 24/6/13 at 09:30 to be reviewed for Suboxone.

- Writer will continue to monitor Christopher and initiate procedures for him being commenced onto the detox.
- Writer has agreed with acting Charge Nurse Lynelle Drain to take over Christopher's care after the 1st week of the detox as writer will be on annual leave.

MULHOLLAND, CHRISTOPHER
(Mr)

CHI Number 2907813579

Date of Birth 29-Jul-1981 (44y)

Sex Male

Addiction Service Assessment V2

Date of Activity 13 June 2013 10:26 by Mr James Hill

Status Closed

Centre of Care North Drug & Alcohol Rec Serv

Referral

New referral to service

Yes

Reason for referral

Reason for referral

Substitute medication

Brief intervention

No

Patient's reason for attending

To be considered for the Methadone programme or a suboxone detox.

Summary of strengths, goals and aspirations

Christopher completed a suboxone detox in 2012, however has since relapsed following the death of his Father in December, and he is keen to stabilise his life in order to spend quality time with his son [REDACTED]

Current contact with other services

No

Previous involvement with services

Addictions service

Note: North Addiction Services in 2012.

Risks

History of risk

No

Note: No records of any past suicide attempts and Christopher denies any ongoing thoughts.

Risk to self

Low apparent risk

Risk to others

Low apparent risk

Risk to child

No

Note: Christopher has 1 son [REDACTED] who lives with both christopher and his partner at their home in Beith. Christopher reported that [REDACTED] was on the a CPA order for 6 months and came c this in July 2012. Christopher reported that they are still in contact with social worker services who visit them regularly [REDACTED]

Risk from others

No

Gender based violence

Was routine gender based violence enquiry carried out?

Yes, first contact

Why was gender based violence enquiry not possible?

Not relevant as already carried out

Did disclosure take place?

No

Substance career

Teens

Using recreational drugs throughout teens.

20's

Reported commencing on heroin at the age of 26 years.

30's

Currently using 2-3 bags of Heroin which he reports to be smoking.

40's

Not Recorded

50's

Not Recorded

60's

Not Recorded

History

History of presenting complaint

Significant family history

Not recorded

Significant social history

Not recorded

Is there a dependent child?

Yes

Child protection issues

Absent but previous history

Note: Christopher has 1 son [REDACTED] who lives with both christopher and his partner at their home in Beith. Christopher reported that [REDACTED] was on the a CPA order for 6 months and came c this in July 2012. Christopher reported that they are still in contact with social worker services who visit them regularly [REDACTED]

Housing

Not recorded

Physical health

Physical health

Reports no physical problems and no medication other than methadone.

Seizure activities

Nil reported

Current medication

Recently commenced onto 20mls of Methadone short.

Psychiatric history

Nil reported

Current mental state

Nil disclosed

Forensic history

Disclosed

Assessment

Current substance use

Reports no current illicit use.

Clinical Institute Withdrawal Assessment score

-17

The Alcohol Use Disorder Identification Test (AUDIT)**Total incidence**

-17

Mini Mental State Examination**Mini Mental State score**

-17

Addenbrooke's Cognitive Examination - ACE-III**ACE-III total score**

-17

Domain Scores**Attention**

-2

Memory

-2

Fluency

-2

Language

-2

Visuospatial

-2

Summary of Assessment**Summary of Assessment**

Christopher was assessed at Caley Court for the suitability of Methadone, however he reported that he was keen to be considered for Suboxone. This was discussed with Dr Merry and we have agreed with Christopher to commence him onto 20mls of Methadone at this time as Dr Wilson is currently on Holiday. He will be seen by writer in the meantime to prepare for this.

Action plan

Plan:- Christopher was commenced onto 20mls of Methadone short term until he is seen by Dr Wilson on the 24/6/13 at 09:30 to be reviewed for Suboxone.

- Writer will continue to monitor Christopher and initiate procedures for him being commenced onto the detox.
- Writer has agreed with acting Charge Nurse Lynelle Drain to take over Christopher's care after the 1st week of the detox as writer will be on annual leave.

MULHOLLAND, CHRISTOPHER
(Mr)

CHI Number 2907813579

Date of Birth 29-Jul-1981 (44y)

Sex Male

Addiction Service Assessment

Date of Activity 03 July 2012 13:57 by Emma Barbour

Status Closed

Centre of Care North Drug & Alcohol Rec Serv

Referral

New referral to service

No

Reason for referral

Reason for referral

Detoxification

Brief intervention

Yes

Note: Education and Advice, Motivation.

Patient's reason for attending

Reports reducing down methadone from 50mls to 16mls. Reports wishing to be detoxed from same.

Summary of strengths, goals and aspirations

Reports having a 13 week old son, reports wishing to not rely on methadone prescription.

Current contact with other services

No

Previous involvement with services

Addictions service

Risks

History of risk

Yes

Note: Reports thoughts of suicide 2 years ago due to drug misuse. Reports current and previous assault charges.

Risk to self

Low apparent risk

Note: Reports thoughts of suicide 2 years ago due to drug misuse. Reports no current thoughts or plans to harm himself.

Risk to others

Low apparent risk

Note: Previous and current assault charges.

Risk to child

No

Note: Reports having a son with partner, all of whom live together. informed health visitor Rona Fisher of commencing detoxification.

Risk from others

No

Gender based violence

Was routine gender based violence enquiry carried out?

Yes, first contact

Why was gender based violence enquiry not possible?

Not relevant as already carried out

Did disclosure take place?

No

Form of abuse disclosed

Domestic?

No

Childhood sexual abuse?

No

Other form of abuse?

No

Is abuse current or past or both

Not relevant

Relationship of perpetrator

Not relevant

Sex of perpetrator

Not relevant

Response to disclosure

Referred to other specialist service

Not recorded

Information given on local services

Not recorded

Shared information with other health professional

Not recorded

Shared information with external agency (e.g. police, social work etc)

Not recorded

Safety planning discussed

Not recorded

Child protection procedures initiated

Not recorded

Adult protection procedures initiated

Not recorded

No further action required

Not recorded

Documented plan in case record

Not recorded

Revisit enquiry at a later date

Not recorded

Has consent been given to share this information with GP?

Not recorded

Substance career

Teens

Using recreational drugs throughout teens.

20's

Reported commencing on heroin at the age of 26 years.

30's

Reported commencing on methadone at the age of 30, reports being on same for 18 months.

40's

Not Recorded

50's

Not Recorded

60's

Not Recorded

History

History of presenting complaint

Significant family history

Not recorded

Significant social history

Not recorded

Is there a dependent child?

Yes

Note: Reports having a [REDACTED] with partner, all of whom live together. [REDACTED], informed health visitor Rona Fisher of commencing detoxification.

Child protection issues

Absent but previous history

Note:

[REDACTED]. Writer and Staff Nurse Jillian Easson will make home visit for preparatory work prior to commencing detoxification on Monday 9/07/2012 to assess home environment. Have informed Health Visitor Rona Fisher for [REDACTED] son of Christopher and his partner of Christophers pending detoxification.

Housing

Not recorded

Physical health

Physical health

Reports no physical problems and no medication other than methadone.

Seizure activities

Nil reported

Current medication

Methadone 16mls, reports this is being reduced 2mls a fortnight.

Psychiatric history

Nil reported

Current mental state

Nil disclosed

Note: Reports no mental ill health, when questioned reports being anxious about detoxification.

Forensic history

Disclosed

Note: Reports two court dates of 22/07/2012 and 14/08/2012 for current assault charge, Christopher reported he was being restrained by reliance worker who, Christopher stated, was bending his thumb, Christopher stated he pulled to dislodge thumb and hit a third party. Previous charges of assault, shoplifting, breach of peace, possession reported.

Assessment

Current substance use

Reports no current illicit use.

Clinical Institute Withdrawal Assessment score

-17

The Alcohol Use Disorder Identification Test (AUDIT)

Total incidence

-17

Mini Mental State Examination

Mini Mental State score

-17

Addenbrooke's Cognitive Examination - ACE-III

ACE-R score

-17

Subscores - ACE-R

1. Attention and Orientation

-17

2. Memory

-17

3. Fluency

-17

4. Language

-17

5. Visuospatial

-17

Summary of Assessment**Summary of Assessment**

Joint clinic appointment with writer and Staff Nurse Jillian Easson to assess Christopher for suitability for home detoxification from methadone. Christopher reported currently being on 16mls of methadone, reporting this was being reduced by named worker Val Coleman by 2mls a fortnight to same. Discussed lofexedine and suboxone detox, Christopher stated he wished to be commenced on suboxone detox. Reports no past traumas, reports no illicit substance misuse. Appointment with consultant psychiatrist to discuss medication on Monday morning at 9am, next appointment to drug screen and commence suboxone preparatory work with staff Nurse Jillian Easson on Monday 09/07/2012 at 1pm. Contacted Rona Fisher, Health Visitor regarding pending detox as Christopher has [REDACTED] son who lives at home with him and his partner.

Action plan

Over the next 6 - 8 weeks Christopher, with the assistance of the named nurse, will safely complete a home detox programme and examine the areas in his/her life which cause difficulties.

Christopher has agreed that:-

1. Their blood pressure and pulse will be monitored by the named nurse at each appropriate visit.
2. Their withdrawal symptoms will be monitored by both himself/herself and the named nurse using the Symptom of Severity Checklist.
3. The effectiveness of the prescribed medication for detox will be monitored by the named nurse and observations discussed.
4. He/She will identify specific problems relating to his/her methadone use.
5. He/She will identify cues/triggers/risk factors which could lead to a possible lapse/relapse.
6. He/She will discuss with the named nurse, and consider, alternative coping skills/behaviour changes to deal with the identified problems/risk factors.
7. He/She will initiate use of at least one alternative coping skills/behaviour change, and with the assistance of the named nurse, evaluate the result to determine further action.
8. He/She will be encouraged by the named nurse to use the "working through it" booklet, to help achieve these goals.

MULHOLLAND, CHRISTOPHER (Mr)

Date of Birth 29-Jul-1981 (44y) undefined Male CHI Number 2907813579

History for Summary of contact

From 18/06/1926 Until 18/06/2026

commenced on a short term Methadone prescription in preparation for detoxification two-weeks ago. Since then he describes a one-off Co-codamol use and one day where he took alcohol but no other unprescribed substance use. His drug screen today was clear for all but Methadone.

He gives his physical health as stable, his social circumstances are largely unchanged from those described last autumn, and he is currently prescribed no regular medication. He tells me he was commenced on Mirtazapine soon after the death of his father but did not take this regularly and discontinued it of his own volition. He did not report symptoms suggestive of active mental disorder today and did not report thoughts of self harm or of harming others.

Chris showed a good understanding of his addictions difficulties and is well aware of the treatment options available for this. He understands the risks and benefits of a Suboxone detox and was keen to go ahead with this. As such we have agreed the above prescription. Chris seems keen to go on Naltrexone upon completion of the detox, he will require routine LFT's prior to doing so and James may contact the practice in the coming weeks to request these be sent if appropriate if Chris does decide to go ahead.

Yours sincerely

Assessed 11th Jun 2013 at 16:26

Summary of contact/details	
Christopher attended his arranged appointment 1 hour late and it was agreed with Dr Merry that we would assess him, writer and Dr Merry assessed Christopher at today's appointment no risks identified at this time and writer will update Ayrshire Risk assessment tomorrow. He was commenced onto 20mls of Methadone short term as he is keen to be commenced onto Suboxone.	

Assessed 11th Jun 2013 at 16:09

Summary of contact/details	
Drug screen and breathalyzer undertaken as part of Assessment. Drug screen showed positive for Cocaine, Cannabis and opiates. Zero reading on breathalyzer. Information passed on to James Hill, Charge Nurse.	

Assessed 11th Jun 2013 at 13:38

Summary of contact/details	
Christopher failed to attend his arranged appointment with writer today to be assessed for the suitability of Methadone and as a result of this he will be discharged from our service and can re refer should he feel he requires our service in the future.	

Assessed 11th Jun 2013 at 12:19

Summary of contact/details	
Dear Dr Kirk CHRISTOPHER MULHOLLAND 5 BLACKTHORN AVENUE, BEITH,KA15 2AR CHI No: 2907813579 Diagnosis: F11.2 - Opioid Dependence I saw Christopher for the first time, as a self referral, on the 11 June 2013 at the Caley Court Clinic. Christopher had been on Suboxone last year under the care of Dr Wilson, and as a result, had been clean from opiates for six to eight months.	

MULHOLLAND, CHRISTOPHER (Mr)

Date of Birth 29-Jul-1981 (44y) undefined Male CHI Number 2907813579

History for Summary of contact

From 18/06/1926 Until 18/06/2026

Unfortunately his father [REDACTED] died late last year, Christopher being his main carer. He lapsed about four weeks later smoking Heroin initially, then injecting for a period of time and now smoking again, one to two bags daily. Christopher is keen to get back on Suboxone as he felt this helped him significantly, and feels Methadone is not the answer for him. However on discussion with him, he feels that going on Methadone for a short period of time will help him with his problems in his relationship, as his partner is at the end of her tether, this being one of the main reasons he referred himself back into the service. Christopher is not using any other drugs at present.

He has a past history of DVT in 2008, following injection into his groin but has no other significant past medical history. He is not on any treatment at present.

He currently live in Beith with his partner [REDACTED]. He also has a [REDACTED] son and in fact his partner and son left temporarily yesterday due to his drug use. Happily they returned today. Christopher is currently unemployed, having been a carer for his father from last June until December, when he died. He has never been in prison due to drug use, but has been in prison once due to unpaid fines.

Christopher began smoking Cannabis aged twelve with his friends and due to his father having to move round the country, didn't get involved in any other substance use until he began drinking aged seventeen. This was never heavy. At this time he also experimented with Ecstasy and "powder". He first used Heroin aged twenty five, [REDACTED] but relapsed onto Heroin, and he began dabbling with this. This became habit quickly and he first injected aged twenty six. He has never shared needles or solutions. He was on Methadone for a period, aged twenty eight, and as I have said went through a Suboxone detox last year.

After discussion with his CAT counsellor we decided to start him on 20mls Methadone and will refer him onto PCAT for the Suboxone programme. He will be monitored closely in the interim by one of the member of PCAT.

Assessed 17th Oct 2012 at 15:56**Summary of contact/details**

Christopher did not respond to a 7 day awaiting contact letter. Will therefore assume Christopher no longer wishes support from this service and discharge.

Assessed 17th Oct 2012 at 11:28**Summary of contact/details**

Dear Dr Kirk

CHRISTOPHER MULHOLLAND, 32 MAINS AVENUE, BEITH, KA15 2AT.
(D.O.B: 29.07.1981) (CHI NO: 2907813579)

I am writing to update you on the above named patient.

Christopher successfully completed a home detoxification from Methadone and received support following same.

Christopher recently disengaged from our service but I have no concerns regarding his welfare so have therefore discharged him today.

If you have any queries please do not hesitate to contact me on the above telephone number.

Assessed 8th Oct 2012 at 15:55

MULHOLLAND, CHRISTOPHER (Mr)

Date of Birth 29-Jul-1981 (44y) undefined Male CHI Number 2907813579

History for Summary of contact

From 18/06/1926 Until 18/06/2026

Summary of contact/details

Christopher did not attend today's pre arranged appointment. Have posted a 7 day letter and will await contact for that time. Will discharge if no contact made assuming Christopher no longer wishes contact with this service.

Assessed 28th Sep 2012 at 15:11**Summary of contact/details**

Joint home visit today from writer and Staff Nurse Emma Barbour to follow up from Christopher's home detoxification from methadone. Christopher advised that he has been feeling "rough". He is finding night time especially difficult and described poor sleep. Staff Nurse Barbour provided Christopher with some information around sleep hygiene and advised to contact with his GP to gain some support around regulating his sleeping pattern. Christopher has made an appointment with the same to discuss his options in regards to poor sleep but demonstrated an understanding that this would settle back to normal given time. Christopher reported no other ill effects following his home detoxification and stated that he has had no physical or psychological cravings for methadone. Christopher was reminded to telephone the service should he require any additional support through this period. Christopher did not wish to undertake any recovery focused workbooks at this time but requested another home visit to monitor his progress and provide some support. An appointment has been made for next week with Staff Nurse Emma Barbour.

Assessed 26th Sep 2012 at 14:53**Summary of contact/details**

Home visit to review Christopher's progress following successful completion of home detoxification of methadone by suboxone.

Assessed 12th Sep 2012 at 13:13**Summary of contact/details**

Home visit to review Christopher's progress. Christopher reported 'no issues' reporting sleep and agitation issues had subsided since last visit. Christopher stated that he had been on holiday with his son, girlfriend and Father at the weekend and had a good time. Christopher reported ceasing mirtazapine as he 'didn't want to be on an anti depressant' and stated he did not need it as it was only to aid sleep hygiene and this was no longer an issue. Christopher stated he wished a further appointment for support, advised him that writer would visit in a fortnight as no therapeutic intervention was currently taking place but he could telephone in the interim should any issues arise, Christopher happy with same.

Assessed 5th Sep 2012 at 09:59**Summary of contact/details**

Home visit to review Christopher's progress following the completion of a methadone detox. Christopher reported doing 'a lot better'. Christopher reported being prescribed mirtazapine and was anxious as had been told not to just stop immediately that it was addictive. Explained how anti depressants work physiologically that there would be no withdrawals, explained that to cease an anti depressant immediately may raise low mood or anxiety, but if titrated off properly this would not be an issue, Christopher reported he would 'try it'. Advised Christopher it would not have an immediate effect and would need a few weeks to build in his system. Christopher reported he was going on holiday this weekend to a caravan in England until Tuesday. Next appointment next Wednesday 12/09/2012.

MULHOLLAND, CHRISTOPHER (Mr)

Date of Birth 29-Jul-1981 (44y) undefined Male CHI Number 2907813579

History for Summary of contact

From 18/06/1926 Until 18/06/2026

Assessed 28th Aug 2012 at 16:19**Summary of contact/details**

Previous face entry verified by writer as correct written by Student Nurse Rachel Mckee.

Assessed 21st Aug 2012 at 13:24**Summary of contact/details**

Home visit today to continue to monitor Christopher during his home detoxification from methadone. Christopher reported no ill effects from detoxification, no cravings and no other issues outwith same. Christopher advised he had 5 days to go until the end of detoxification and stated he felt nervous finishing stating he 'hadn't had nothing for a long time'. Advised Christopher of low dosage at present and the minimal effect of same advising that finishing would not be vastly different physiologically. Next appointment given next week 28/08/2012 following completion of detoxification.

Assessed 14th Aug 2012 at 16:33**Summary of contact/details**

Home visit on this Christopher's third week of home detoxification from methadone with Staff Nurse Jillian Easson and writer. Christopher discussed [REDACTED] and stated he was not going to attend college as pre arranged due to looking after his Father, discusses same, Christopher felt he was making the right decision as his [REDACTED]. Advised Christopher to discuss with college, Christopher stated he would. Christopher stated this was not affecting his abstinence and stated he was ready for the detox. Negative drug test for all substances. Discussed follow on services briefly, Christopher stated he wished to receive support, gave Christopher first emergency workbook, Christopher stated he would read same. Next appointment next week 21/08/2012 to continue to monitor same.

Assessed 7th Aug 2012 at 13:16**Summary of contact/details**

Writer met with Christopher as arranged. Christopher appeared of low mood when writer arrived and he reported that [REDACTED]. Christopher reports that he is finding this difficult to cope with, however states it is making him more determined to stay complete his detox and stay away from drugs, stating he 'has to be there for him'. Christopher tested positive for cannabis and methadone on a urine drug screen. Christopher states he has stopped smoking cannabis, however according to the last time he took it, this would still be in his system. Christopher denies having used any methadone since his last prescribed dose. Oral drug screen was taken and tested negative for methadone. Writer advised that she would contact the chemist to dispense Christopher's next dose of Suboxone. Christopher advised he would go and pick this up this afternoon. No further concerns were expressed at time of appointment. Writer advised should he require any support to contact the office and that Staff Nurse Emma Barbour would contact him with his next appointment upon her return from annual leave. Christopher accepting of same. Writer contacted Penman's Pharmacy and informed them that Christopher's prescription could be dispensed today.

Assessed 3rd Aug 2012 at 12:57**Summary of contact/details**

Activity Record dated 03/08/2012 by Student Nurse Rachael Mckee verified by writer as correct.

MULHOLLAND, CHRISTOPHER (Mr)

Date of Birth 29-Jul-1981 (44y) undefined Male CHI Number 2907813579

History for Summary of contact

From 18/06/1926 Until 18/06/2026

Assessed 3rd Aug 2012 at 10:49**Summary of contact/details**

Joint home visit today with writer and Staff Nurse Emma Barbour for Christopher's fifth day of home detoxification from methadone. Christopher took prescribed medication shortly after arrival (2 x 8 mgs suboxone sublingually). Christopher scored 0 on the clinical opiate withdrawal scale and reported no cravings. Blood Pressure: 121/81, Pulse: 67.

Staff Nurse Barbour reminded Christopher of Staff Nurse Jillian Easson's home visit to carry out a drug screen next week (07/08/12). Christopher was advised to contact the service should he require any additional support prior to this. Christopher was also given the weekend telephone number.

Christopher described feeling more motivated stating his intentions to make a start on decorating his son's bedroom and reports that he will be commencing a Construction course at college in the near future.

Assessed 2nd Aug 2012 at 12:14**Summary of contact/details**

Joint home visit with writer and Staff Nurse Jillian Easson. Christopher took prescribed medication on arrival 2 x 8mg suboxone sublingually. Christopher reported no adverse effects from detoxification reporting no cravings and scoring 0 on clinical opiate withdrawal scale. Blood pressure 135/78, pulse 78. Advised Christopher of tomorrow's final daily visit to monitor taking of medication and Staff Nurse Jillian Easson advised Christopher of next week's visit on Tuesday 7/08/2012 when a drug screen would take place to allow Christopher to pick up next prescription if clear drug screen is taken. Christopher happy with same.

Assessed 1st Aug 2012 at 11:10**Summary of contact/details**

Joint home visit with writer and Student Nurse Rachel McKee. Christopher reported no cravings and no illicit substance misuse on this Christopher's third day of home detoxification from methadone. Witnessed Christopher taking 2 x 8mg suboxone medication sublingually. Christopher scored 0 on clinical opiate withdrawal scale. Blood pressure 112/76, pulse 68. Next appointment to continue to monitor Christopher tomorrow 02/08/2012.

Assessed 31st Jul 2012 at 10:16**Summary of contact/details**

Joint home visit with writer and staff Nurse Jillian Easson on this Christopher's second day of home detoxification from methadone on suboxone medication. Christopher took 2 x 8mg tablets sublingual. Blood pressure 132/78, pulse 72. Christopher reported no ill effects from detoxification other than slight sweating. Christopher scored 1 on Clinical Opiate Withdrawal Scale for same. Advised Christopher of pharmacies advise to pick up medication on 7th or 8th of August from next two prescriptions. Next appointment tomorrow to continue to monitor same tomorrow 01/08/2012.

Assessed 30th Jul 2012 at 14:02**Summary of contact/details**

Joint home visit to commence home detoxification from methadone. Witnessed Christopher take first dose of suboxone 1x8mg under tongue. Blood pressure 128/82, pulse 82. Gave Christopher suboxone reduction chart and informed him of same, Christopher understanding of same. Advised Christopher of need to pick up next two prescriptions medication prior to day 11. Christopher reported no issues yesterday without methadone though reported a runny nose and agitation today. Advised

MULHOLLAND, CHRISTOPHER (Mr)

Date of Birth 29-Jul-1981 (44y) undefined Male CHI Number 2907813579

History for Summary of contact

From 18/06/1926 Until 18/06/2026

Christopher that writer would drug screen him at start of week two, Christopher happy with same. Next appointment given for tomorrow. Writer visited Penmans pharmacy to advise them of workings of suboxone prescription and handed over medication reduction chart and prescriptions sheet in relation to same and explained both to pharmacist who was happy with same. Pharmacist advised next prescription cannot be picked up before day 9 of detoxification, will advise Christopher of same.

Assessed 25th Jul 2012 at 16:14**Summary of contact/details**

Home visit to provide Christopher with prescription for suboxone to commence methadone detoxification. Christopher stated he was ready to commence detox and had no questions at time of visit, advised Christopher to telephone should he wish to ask any questions. Next appointment Monday 30/07 to commence detoxification and provide medication reduction chart. Visited Penmans pharmacy who stated they were happy with pending prescriptions.

Assessed 23rd Jul 2012 at 16:46**Summary of contact/details**

Dear Dr Kirk,

CHRISTOPHER MULHOLLAND DOB: 29/07/1981 CHI No: 2907813579
32 MAINS AVENUE, BEITH, AYRSHIRE, KA15 2AT

Diagnosis: F11.2 Opioid dependence syndrome

Medication: Methadone 14mg daily been discontinued after last dose on 28/07/12.

Four week Suboxone outpatient detoxification being commenced from 30/07/12 as per local protocol (this will be supplied by Addiction Service).

Follow-up: Intensive PCAT support during detoxification.

No further Addictions outpatient clinic appointments at this time, though if Chris decides to commence Naltrexone on concluding his detox I will see him again to commence this.

I reviewed Chris in the company of his PCAT keyworker on 23 July 2012 at the Caléy Court Addictions outpatient clinic. The purpose of the appointment was to assess suitability for commencing Suboxone detoxification. Chris looked very well today and tells me that his mental and physical health have recently been stable. [REDACTED] Child Protection Social Work remain involved and he and his partner maintain custody. Financially he is struggling at present as his benefits have recently been cut, though he has applied for Employment Support Allowance and is hopeful that this will increase his income.

With the exception of Cannabis, he has been abstinent from alcohol and all illicit substances for some time. He has continued to use Cannabis on an occasional basis, last around two weeks ago, though tells me he now plans to discontinue this altogether. He has done very well with his gradual Methadone reductions in recent months and reports no major difficulties at reaching the current level.

At interview he looked very well today, presenting as well kempt, relaxed, pleasant and wholly euthymic. We have agreed to commence the Suboxone detoxification as above he understands the potential risks/side effects from this and has a good

MULHOLLAND, CHRISTOPHER (Mr)

Date of Birth 29-Jul-1981 (44y) undefined Male CHI Number 2907813579

History for Summary of contact

From 18/06/1926 Until 18/06/2026

understanding of these. On successful completion of the detoxification he will be offered further relapse prevention support through the PCAT. You will be kept updated as to his progress.

Yours sincerely

Assessed 16th Jul 2012 at 14:26**Summary of contact/details**

Joint home visit with writer and Staff Nurse Jillian Easson to provide preparatory visit prior to suboxone detoxification from methadone. Drug screen taken, positive for methadone and cannabis, Christopher stated he was smoking cannabis 'every now and then'. Advised Christopher again of Dr Wilson's appointment on 23/07 which will be attended with Staff Nurse Jillian Easson to be prescribed, if suitable, suboxone. Next appointment given for 25/07/2012 to provide Christopher with reduction chart and a date to commence detoxification if prescription has been actioned.

Assessed 9th Jul 2012 at 15:24**Summary of contact/details**

Joint home visit to provide preparatory work prior to home detoxification from methadone commencing. Drug screen taken, positive for cannabis and methadone only. Discussed suboxone flip chart, Christopher stated he had looked up suboxone on internet and knew most of which writer informed him, both him and his partner [REDACTED] stated they had no questions regarding same. Christopher stated he had social work input at present and wished to become 'clean from drugs' to take his sons name from child protection register. Advised Christopher, who had earlier stated that he only smokes cannabis seldomly, to cease cannabis use at this time whilst social services are monitoring Christophers progress, Christopher agreed with same. Advised Christopher of forthcoming drug screens both prior to commencing detox and following commencement of same. Christopher stated he had missed appointment with Dr Wilson to discuss commencement of suboxone, another appointment made for Dr Wilson for 23/07/2012 at 11am, Christopher informed of same. Next appointment arranged for next Monday 16/07/2012

Assessed 9th Jul 2012 at 14:04**Summary of contact/details**

Mr Mulholland did not attend his Caley Court addictions outpatient clinic appointment on 9th July 2012, although this was a 9am appointment and I am aware of difficulties in travelling from Beith at this time. I believe the appointment may have been to consider Chris's suitability for discontinuation of prescribed Methadone and transfer on to four week outpatient Suboxone detoxification.

I will inform his Keyworkers of his non attendance today.

Chris's current Methadone prescriber within the service is Dr Laraway. I will not routinely send another appointment to him at this time, but this can be requested by his Keyworkers if he wishes another appointment to consider Suboxone detoxification. Otherwise he will be reappointed by his own prescriber in due course.

Assessed 4th Jul 2012 at 10:08**Summary of contact/details**

Christopher attended appointment reporting that he had received his first assesment for Suboxone and is "glad to start it, but wary of unknown". Christopher reported all is well with partner and new baby. Christopher chatted about working or voluntary work in the future, writer agreed to enquire about voluntary work with Addaction and Lighthouse Foundation. No urine analysis required as Christopher will undertake urine analysis following week with PCAT team for Suboxone commencement.

MULHOLLAND, CHRISTOPHER
(Mr)

CHI Number 2907813579

Date of Birth 29-Jul-1981 (44y)

Sex Male

Ayrshire Mental Health Risk Assessment Framework

Date of Activity 03 July 2012 11:28 by Emma Barbour

Status Closed

Centre of Care North Drug & Alcohol Rec Serv

Ayrshire Mental Health Risk Assessment Framework

Assessment completed by

Individual clinician

Mental state

Mental state

Green

Note: Reports being anxious about commencing detoxification but reports no other mental health issues. Reporter suicidal ideation 2 years ago cites drug use at time and 'always having to seek out bags' as reason for same. No current thoughts or intent to harm himself.

Engagement

Engagement with services

Green

Medication management

Green

Risk of absconding

Green

Risk of suicide/self-harm

Risk of self-harm

Green

Risk of suicide

Green

Risk of harm to or from others

Risk of harm to others

Amber

Note: Reports current charge of assault, reports reliance workers holding down his thumb and hit someone whilst trying to release it. Court dates for same 22/07/2012 and 14/08/2012. Reports previous charges of shoplifting,

breach of peace, possession and assault.

Abuse issues

Green

Note: Reports no previous abuse issues.

Neglect/Vulnerability issues (consider ASP/AWIA)

Green

Child protection concerns

Green

Note: Reports having a [REDACTED] son [REDACTED] health visitor Rona Fisher, will contact Rona Fisher to relay information.

Risk from substance misuse

Substance misuse

Green

Note: Reports no illicit substances taken, prescribed medication 16 mls of methadone.

Social and personal risks

Support network

Green

Note: Lives with partner.

Physical health

Green

Note: Reports no physical ailments, reports no medication other than methadone.

Occupation of time

Green

Housing and finances

Green

Any other issues

Green

Overall Impression of Risk

Green

Immediate Risk Management Plan

Immediate Risk Management Plan

MULHOLLAND, CHRISTOPHER (Mr)

CHI Number 2907813579

Date of Birth 29-Jul-1981 (44y)

Sex Male

Wishes to commence suboxone detoxification to cease methadone use.

Another appointment given to acquire drug screen.

Will ask Consultant Psychiatrist to appoint Christopher to discuss suboxone, if suitable to commence writer will monitor Christopher during suboxone detox and provide follow on support should Christopher wish same.

MULHOLLAND, CHRISTOPHER (Mr)

Date of Birth 29-Jul-1981 (44y) undefined Male CHI Number 2907813579

History for Summary of contact

From 18/06/1926 Until 18/06/2026

Assessed 3rd Jul 2012 at 14:56**Summary of contact/details**

Joint clinic appointment with writer and Staff Nurse Jillian Easson to assess Christopher for suitability for home detoxification from methadone. Christopher reported currently being on 16mls of methadone, reporting this was being reduced by named worker Val Coleman by 2mls a fortnight to same. Discussed lofexedine and suboxone detox, Christopher stated he wished to be commenced on suboxone detox. Reports no past traumas, reports no illicit substance misuse. Appointment with consultant psychiatrist to discuss medication on Monday morning at 9am, next appointment to drug screen and commence suboxone preparatory work with staff Nurse Jillian Easson on Monday 09/07/2012 at 1pm. Contacted Rona Fisher, Health visitor regarding pending detox as Christopher has [REDACTED] son who lives at home with him and his partner.

Assessed 12th Jun 2012 at 15:25**Summary of contact/details**

Writer completed and handed referral from to Kimberly from PCAT for Christopher to be assessed for Suboxone.

Assessed 6th Jun 2012 at 15:43**Summary of contact/details**

Christopher attended appointment voicing all is well with medication and would now like to be referred for Suboxone detox. Writer agreed to this. Christopher tested positive for methadone, drug analysis was carried out for next Core Group meeting.

Assessed 22nd May 2012 at 10:22**Summary of contact/details**

Writer returned telephone call. Christopher asking when next appointment is. Writer informed Christopher a letter has been sent out on Wednesday 6th June @ Dalry health centre @ 3;15pm.

Assessed 27th Apr 2012 at 11:09**Summary of contact/details**

Writer attended Core Group meeting. Writer reported to group that Christopher engages well with writer and all urine analysis is positive for methadone. [REDACTED]

Assessed 25th Apr 2012 at 14:52**Summary of contact/details**

Christopher attended appointment voicing all is well with medication. Christopher voiced that his new son [REDACTED] is eating well and gaining weight and that health visitors are pleased with his progress. Christopher voiced he and partner have been thinking of gaining contact/custody of daughter [REDACTED] who is in temporary foster care. Christopher tested positive for methadone at time of screen.

Assessed 19th Apr 2012 at 15:15**Summary of contact/details**

MULHOLLAND, CHRISTOPHER (Mr)

Date of Birth 29-Jul-1981 (44y) undefined Male CHI Number 2907813579

History for Summary of contact

From 18/06/1926 Until 18/06/2026

Writer returned call to clarify next appointment which is on Wednesday 25th April @ 2:30pm @ Dalry health centre. Christopher in agreement.

Assessed 4th Apr 2012 at 15:18**Summary of contact/details**

Christopher attended appointment. Christopher tested positive at time of screen for methadone. Christopher informed writer he missed chemist on Saturday therefore went without methadone for 2 days voicing that he felt a "bit rough" on Sunday but is fine at present. Writer discussed Suboxone, Christopher voiced he is interested but would wait until he is around 20mls of methadone, he is currently on 30mls and voluntary reducing at 2mls per fortnight. Writer agreed. Christopher discussed baby [REDACTED] and that Christopher is enjoying fatherhood and is soon to be decorating with a mural [REDACTED] room.

Assessed 30th Mar 2012 at 11:52**Summary of contact/details**

Writer attended Core group meeting where Christopher was present. Christophers son [REDACTED] Baby [REDACTED] is residing with Christopher and partner at their home, health care support will visit twice daily, Health visitor (Rhona) visits weekly. Midwives at meeting voiced they have no concerns and baby is being looked after well and Christopher and partner are bonding well with [REDACTED]. Writer reported that Christopher was engaging with all appointments and would discuss Suboxone at next appointment. Next Core Group meeting agreed for 20th April @ 11:30am @ Social Work Kilbirnie.

Assessed 22nd Mar 2012 at 12:42**Summary of contact/details**

Writer completed change sheet for Christophers voluntary reduction of 2mls per fortnight and change to twice weekly dispense to start from next script run.

Assessed 22nd Mar 2012 at 12:10**Summary of contact/details**

Dear Dr Kirk,

CHRISTOPHER MULHOLLAND DOB: 29/07/1981 CHI No: 2907813579
32 MAINS AVENUE, BEITH, AYRSHIRE, KA15 2AT

Diagnosis: F11.2 Opioid dependence syndrome

Medication: Methadone 32mg by 3xweekly dispense

Follow-up: Repeat OPC six months

Keyworker: Val Coleman

I reviewed Chris at the Caley Court Addictions outpatient clinic on 22 March 2012. He looked very well today, presenting as well kempt, relaxed and wholly euthymic. This was in keeping with his self report of stability from the addictions and mental health viewpoints. He gives his mood as stable, is eating and sleeping well and denied thoughts of suicide or aggression towards others.

MULHOLLAND, CHRISTOPHER (Mr)

Date of Birth 29-Jul-1981 (44y) undefined Male CHI Number 2907813579

History for Summary of contact

From 18/06/1926 Until 18/06/2026

He denies any recent illicit drug or alcohol use (having discontinued his previous Cannabis use some two months ago). He feels very stable on his current Methadone dose.

He is happy with his accommodation and reports financial stability (his Benefits recently having been cut, though he plans to attend Citizens Advice Bureau to look at his options regarding this). He is living with his partner, who is currently pregnant.

Christopher spoke with some excitement about this event and seems prepared for the new arrival. He has two children from a previous relationship with whom he has no current contact. He plans to seek legal advice on re-establishing contact with them. Child Care Social Work are involved in their care and are also linked in as regards the current pregnancy.

Chris told me he was being reduced by 2mg fortnightly on the Methadone from 50mg last year, but that these reductions stopped during a four day period of incarceration (there are no outstanding charges) and had not been re-commenced. He was keen for the reductions to commence again having coped well with the previous reductions. We discussed options for reducing the dose further, including Suboxone detox which has recently become available through the Addiction Service and have agreed that I will discuss with Val the possibility of re-starting his 2mg reductions and that this Suboxone detox may be an option in future once things have settled down with the baby. Val will follow him up in this regard.

Yours sincerely

Assessed 21st Mar 2012 at 09:36**Summary of contact/details**

Christopher attended appointment enquiring when his voluntary methadone reduction will start again. Writer agreed to arrange 2ml per fortnight reduction. Christopher is working towards twice weekly pick up of methadone. Christopher tested positive for methadone at time of screen.

Assessed 13th Mar 2012 at 09:43**Summary of contact/details**

Writer telephoned Christopher to cancel appointment on Wed 14th March due to clinic being closed for training.

Assessed 8th Mar 2012 at 14:43**Summary of contact/details**

Mr Mulholland did not attend his Caley Court Addictions Out-patient Clinic appointment on 8 March 2012. His notification of this appointment was actually returned to ourselves as it had been sent to an old address. His records have been updated with his current details and he will be re-appointed in due course. He continues to be prescribed Methadone 32mg by three times weekly dispensing.

Assessed 2nd Mar 2012 at 16:02**Summary of contact/details**

Writer attended a Core group meeting at Kilbirnie social work, Christopher and partner attended. Writer agreed to fortnightly appointments and urine screening, plus random screens every 2 weeks. Writer voiced to discuss at next appointment various support options re-voluntary reduction with Christopher.

MULHOLLAND, CHRISTOPHER (Mr)

Date of Birth 29-Jul-1981 (44y) undefined Male CHI Number 2907813579

History for Summary of contact

From 18/06/1926 Until 18/06/2026

Assessed 29th Feb 2012 at 16:14**Summary of contact/details**

Christopher attended appointment voicing how he is looking forward to the birth of his baby on 4th April and voiced he and partner had bought clothing etc for baby, Christopher reflecting on how good it was to have money to buy for his child. Discussions took place as to where Christopher is now in his journey to recovery, Christopher voicing how positive he feels now. Christopher tested positive for methadone at time of screen and is working towards twice weekly pick up of methadone.

Assessed 22nd Feb 2012 at 11:45**Summary of contact/details**

Christopher attended appointment and tested positive for methadone, Christopher voiced he does not consume alcohol at this time and has not used any illicit benzodiazepam. Christopher voiced he is awaiting date for court appearance. Christopher looking to work towards 2time.weekly pick up of methadone as he is looking to start work again as soon as possible. Writer agreed to arrange drug screens to support this and speak to prescriber.

Assessed 15th Feb 2012 at 12:48**Summary of contact/details**

Change sheet completed and handed to Lisa for change to dispensing to 3 times weekly pick up of methadone, supervised on days of pick up, discussed with Ross Allan.

Assessed 15th Feb 2012 at 09:24**Summary of contact/details**

See addictions assessment.

Assessed 16th Jan 2012 at 12:24**Summary of contact/details**

[REDACTED]

Assessed 14th Dec 2011 at 16:30**Summary of contact/details**

CHRISTOPHER MULHOLLAND 59 BURNHOUSE AVENUE DALRY KA24 4AX
DOB: 29/07/1981 CHI: 2907813579

Christopher attended review at Dalry Health Centre on 19 October 2011.

40mls methadone. Weekly pick up.

Mental Health

No issues at present.

Physical Health

MULHOLLAND, CHRISTOPHER (Mr)

Date of Birth 29-Jul-1981 (44y) undefined Male CHI Number 2907813579

History for Summary of contact

From 18/06/1926 Until 18/06/2026

Pain in leg occasionally from past DVT.

Pending Court Cases

Breach of the peace.

Christopher reports to be doing well on voluntary reduction (2mls methadone per fortnight) and is wishing to continue to zero.

Writer informed Christopher reduction can be stopped at any given time if requested by himself.

Christopher has two dependant children who live with their mother.

Christopher apologised for missing last appointment with Dr. Mannan due to letter being sent to wrong address. Christopher informed writer change of address. Christopher voiced he had problems with DVT in past and was treated for this.

CHRISTOPHER MULHOLLAND CHI: 2907813579

Christopher is currently living with partner in Dalry but is hoping to move to Beith with partner early November. Christopher was reflecting over past drug use and lack of money, but is now happy that he is able to buy himself things, voicing he had bought himself clothing and PS3 (game machine) also going to purchase mobile phone.

Christopher enquired about Naloxone training as he is around people who are at risk. Writer informed Christopher his name will be put forward for training.

Urine Analysis

Positive for cannabis and methadone.

Plan

To attend next appointment with consultant.

To attend review appointments with NCAT

To continue voluntary reduction of methadone.

Assessed 25th Oct 2011 at 10:50

Summary of contact/details	
Writer returned call to Derek Galt (criminal justice). Derek required update on how Christopher was doing and what amount of methadone he was on.	

Assessed 19th Oct 2011 at 12:12

Summary of contact/details	
Christopher attended review at Dalry health centre on 19/10/11	
40mls methadone. Weekly pick up.	
Mental Health	
No issues at present.	
Physical Health	
Pain in leg occasionally from past DVT.	
Pending Court Cases	
Breach of the peace.	

MULHOLLAND, CHRISTOPHER (Mr)

Date of Birth 29-Jul-1981 (44y) undefined Male CHI Number 2907813579

History for Summary of contact

From 18/06/1926 Until 18/06/2026

Christopher reports to be doing well on voluntary reduction (2mls methadone per fortnight) and is wishing to continue to zero.

Writer informed Christopher reduction can be stopped at any given time if requested by himself.

Christopher has 2 dependant children who live with their mother.

Christopher apologised for missing last appointment with Dr, Mannan due to letter being sent to wrong address. Christopher informed writer change of address. Christopher voiced he had problems with DVT in past and was treated for this. Christopher is currently living with partner in Dalry but is hoping to move to Beith with partner early November. Christopher was reflecting over past drug use, and lack of money, but is now happy that he is able to buy himself things, voicing he had bought himself clothing and PS3 (game machine) also going to purchase mobile phone.

Christopher enquired about Naloxone training as he is around people who are at risk. Writer informed Christopher his name will be put forward for training.

Urine Analysis

Positive for cannabis and methadone.

Plan

To attend next appointment with consultant.

To attend review appointments with NCAT

To continue voluntary reduction of methadone.

Assessed 7th Sep 2011 at 11:59**Summary of contact/details**

NAME : CHRISTOPHER MULHOLLAND, 5 BLACKTHORN AVENUE, BEITH

DOB: 29.07.1981 CHI: 2907813579

Christopher failed to attend my clinic at Dalry Health Centre on 16 August 2011.

o further appointments will be sent unless requested.

Assessed 27th Jul 2011 at 15:46**Summary of contact/details**

Christopher reported all is fine, he is in part-time employment. Discussions took place round Christopher reducing methadone by 2mls per fortnight, this is part of Christophers revised care plan. Christopher is working towards being methadone free. Reduction will start at next script run Tuesday 23rd of August. Writer will appoint Christopher in 3 months, Christopher in agreement but is aware to contact service if needed before next appointment

Assessed 25th May 2011 at 08:16**Summary of contact/details**

Christopher attended clinic apponitment

reports continuing to work with lisa mullaney (Vernon centre) on relapse prevention work

Christopher requested writer advocate for twice weekly as he has moved to dalry with his new partner who does not use any illicit substances. christopher reports he is actively seeking employment and would like to start working towards his recovery and

MULHOLLAND, CHRISTOPHER (Mr)

Date of Birth 29-Jul-1981 (44y) undefined Male CHI Number 2907813579

History for Summary of contact

From 18/06/1926 Until 18/06/2026

reduce his methadone at a pace that would assist in this.

Writer discussed a care plan that would reflect this and agreed with Christopher following his consideration to move forward and discuss further with Dr mannan

Assessed 7th Mar 2011 at 15:07**Summary of contact/details**

Christopher attended reports no illicit drug use and working with Lisa Mullaney (Vernon Centre) on Relapse prevention.

Drug screen undertaken

greement reached for 3 monthly appointments

Continue to attend Vernon Centre every 2 weeks

Assessed 20th Jan 2011 at 13:53**Summary of contact/details**

CHRISTOPHER MULHOLLAND 18 ASH DRIVE BEITH KA15 2DF
D O B 29.07.81. CHI. NO. 2907813579

I saw Mr. Mulholland at my outpatient clinic in Dalry Health Centre on the 14th December 2010. He was recently assessed by my colleague, Frances Harkin and I believe you are in receipt of correspondence from that assessment.

Mr. Mulholland reported that he has been injecting up to 3 to 5-bags of Heroin a day. He has been abusing Heroin for the past four to five years but this has escalated over the last year. He has tried a Dihydrocodeine detox and going 'cold turkey' over recent times, but was not successful. He now states that he is 'fed-up' with his drug habit and wants to achieve abstinence.

He has used Ecstasy, Cocaine and other stimulants in the past but denied any recent usage. He occasionally uses street Valium and street Methadone when Heroin is not available, but does not use them regularly. He drinks very occasionally and denied any excessive alcohol usage.

He currently lives with his dad and funds his drug habit with his benefit money.

He has suffered a DVT in the past and is on Fragmin 1500 units sub-cut every day. He also has a damaged cartilage in his knee. He did not report any other physical health problems or mental health problems.

On mental state examination, Mr. Mulholland was casually but neatly dressed and there was no evidence of any self-neglect. His mood was euthymic both subjectively and objectively and his affect was reactive. There was no evidence of any psychotic symptoms. He appeared motivated to tackle his drug habit.

I have agreed to start him on Methadone 30mls per day which will subsequently be titrated as necessary. He will attend regular review sessions with his key worker, Frances Harkin and provide periodic urine drug screens as requested. He will be reviewed at my outpatient clinic in due course.

Should you have any further concerns regarding his management, please do not hesitate to contact me.

Assessed 18th Jan 2011 at 17:02**Summary of contact/details**

MULHOLLAND, CHRISTOPHER
(Mr)

CHI Number 2907813579

Date of Birth 29-Jul-1981 (44y)

Sex Male

Generic ICP Assessment V2

Date of Activity 19 November 2010 11:40 by Frances Harkin

Status Closed

Centre of Care North Drug & Alcohol Rec Serv

Presentation

New referral to service

Yes

Source of current referral

Self

Assessment type

New

Target date for completion

19 November 2010

Was target date for completion met?

Yes

Current contact with other services

Yes

Note: Currently in contact with Vernon Centre

Previous contact with other services

No

Current problems and interventions

Illicit Drug use, heroin 4-5 bags daily IV

Carer's perspective of current problems and interventions

Stabilise drug use and refer to prescriber for methadone treatment

Previous problems and interventions

Summary of strengths, goals and aspirations

Were alternative care options considered?

Yes

Note: Considered reducing and smoking heroin as an alternative to IV and Home detox in future

Current medication

Summary of Assessment

Christopher presented for assessment reporting he is currently using 2-3 bags daily IV

He reports his drug use is funded by benefits.

Christopher reports a history of illicit drug use since the age of 13rs until present day, including ecstasy, cocaine and heroin. Although Christopher initially smoked heroin he quickly progressed to IV. Christopher was employed on and off during this time, however as his drug use escalated he was unable to hold down a permanent post.

Following the break up of his parents marriage Christopher was raised by his father, whom he currently resides with at present.

While discussing Christopher's current mood he reported he has been diagnosed with depression and was prescribed Prozac which he no longer takes. He also reported he has feelings of anxiety which results in his heart rate increasing. No disturbed sleep pattern reported.

In terms of his physical health he reports to having DVT and cartilage ligament damage.

Christopher was last tested for BBV 6 months ago and results proved negative.

Forensic history consists of possession of 9 bags heroin, for which he was sentenced to 12 months probation. Current charges are for shoplifting in order to fund his drug use.

Christopher reports no daytime activities, reporting TV and heroin consume his routine.

In summary, Christopher reports to being highly motivated to cease his illicit drug use with the help of methadone treatment and continued support from the Vernon Centre and addiction services. His presentation in terms of his self care is deteriorating. He reports to being "tired of his lifestyle".

Christopher has agreed a care plan of regular appointments/ drug screens with named worker which would also include relapse prevention work.

Action points

Risk

History of risk

No

Risk to self

Low apparent risk

Risk to others

No apparent risk

Risk from others

No

Risk to child

No

Contact with children

None

Personal and social history

Aspects relevant to minority / ethnic communities

No

Maternal status

None

Is there a dependent child?

No

Gender based violence

Routine gender based violence enquiry carried out

No

Why was gender based violence enquiry not possible?

No private space (environmental reasons)

Did disclosure take place?

No

Form of abuse disclosed

Domestic?

No

Childhood sexual abuse?

No

Other form of abuse?

No

Is abuse current or past or both

Current

Relationship of perpetrator

Partner / ex-partner

Sex of perpetrator

Male

Response to disclosure

Referred to other specialist service

No

Information given on local services

No

Shared information with other health professional

No

Shared information with external agency (e.g. police, social work etc)

No

Safety planning discussed

No

Child protection procedures initiated

No

Adult protection procedures initiated

No

No further action required

No

Documented plan in case record

No

Revisit enquiry at a later date

No

Has consent been given to share this information with GP?

No

Forensic/Criminal

Have they been convicted of a crime

Yes - drug related

Forensic contact

Previous Criminal Justice Service involvement

Yes

Current Criminal Justice Service involvement

No

Charges pending

No

Psychological well-being

Behaviour

Physical harm to others

No problem

Aggressive behaviour

No problem

Suspicious or accusatory behaviour

No problem

Suicidality

No problem

Self harm

No problem

Alcohol or substance misuse

Moderate problem

Eating problems

No problem

Wandering

No problem

Overactivity

No problem

Odd, inappropriate or unacceptable behaviour

No problem

Level of care required to manage behaviour

No problem

Cognition

Memory

No problem

ACE-III total score

-17

Mini Mental State score

-

Attention and concentration

No problem

Understanding

No problem

Expression

No problem

Mental health

Thought disorganisation

No problem

Delusions

No problem

Hallucinations

No problem

Elated or expansive mood

No problem

Depressed mood and ideation

No problem

Obsessional ideas and compulsive behaviour

No problem

Intrusive ideation

No problem

Anxiety, phobias and panics

No problem

Somatic preoccupations

No problem

Lowering of energy, drive or interest

No problem

Self-esteem

No problem

Sleep disturbance

No problem

Assessed for psychological therapies

Requested

Assessed for psychosocial interventions

Requested

Alcohol or substance misuse

Alcohol misuse

Absent

Misuse of prescribed drugs

Absent

Misuse of non-prescribed drugs

Absent

Smoking

No

Alcohol / substance profile

Main alcohol / substance name

Heroin

Prescribed

Not prescribed

Route

I.V.

Level of use

3-4 bags

Alcohol / substance name (2)

Prescribed

Prescribed

Route

Oral

Level of use

Alcohol / substance name (3)

Prescribed

Prescribed

Route

Oral

Level of use

Alcohol / substance name (4)

Prescribed

Prescribed

Route

Oral

Level of use

Alcohol / substance name (5)

Prescribed

Prescribed

Route

Oral

Level of use

Physical

Physical health condition

No problem

Physical impairment or disability

No problem

Long term chronic conditions

No

Long term condition

None

Long term condition (2)

None

Long term condition (3)

None

Long term condition (4)

None

Mobility inside the home

No problem

Mobility over distances

No problem

Difficulty transferring to vehicles/transport?

No

Ease of movement (upper body)

No problem

Uses aids, equipment or adaptations

No

Sensory impairment

No problem

Nature of main impairment

Visual

No

Auditory

No

Tactile

No

Other

No

Side-effects of prescribed medication

No problem

Diet

No problem

Malnutrition Universal Screening Tool

Requested

Overall risk of malnutrition

0

Swallowing difficulties

No problem

Continence

No problem

Distress/pain caused by physical state or condition

No problem

Physical health check

Requested

Sexual health

-

Blood borne virus testing

No need for testing

Health promotion advice required

No

Activities of daily living and life skills

Eating and drinking

No problem

Self-care

No problem

Activities of daily living in the home

No problem

Activities of daily living outside the home

No problem

Money management

No problem

Keeping occupied

No problem

Work/vocational/educational performance

No problem

Ability to work now

No problem

Current support received in activities of daily living

No problem

Formal Lifeskills Assessment

Requested

Family, friends and carers

Relationship with close family

No problem

Relationship with partner

No problem

Friendships

No problem

Social activities outside the home

No problem

Relationships with others close by

No problem

Carers Needs Assessment

Impact of caring role upon independence of carer

No problem

Emotional impact of caring role upon carer

No problem

Social circumstances

Housing

No problem

Financial situation

No problem

Daytime activity

No problem

Social vulnerability

No problem

Involvement in recovery

Involvement in treatment and care

No problem

Communication about emotions/difficulties

No problem

Reflectiveness

No problem

Concordance with medication

No problem

Self assessment

Requested

Crisis arrangements

Capacity to consent to care and treatment

Sufficient information provided?

Yes

Does the person have capacity

Understand the information given to them that is relevant to the decision

Yes

Retain that information long enough to be able to make the decision

Yes

Use or weigh up the information as part of the decision-making process

Yes

Communicate their decision

Yes

Is consent valid?

Yes

Is the consent given voluntarily?

Yes

Summary

Overall change in state

Much better

Overall impact of difficulties upon quality of life

Mild impact

MULHOLLAND, CHRISTOPHER
(Mr)

CHI Number 2907813579

Date of Birth 29-Jul-1981 (44y)

Sex Male

Transfer of Care/Discharge Information

Date of Activity 25 July 2009 14:32 by Mr John Murphy

Status Closed

Centre of Care Crosshouse Psychiatric Unit

Discharge Information

Reason for episode of care

In patient detox from opiates.

On discharge you have been referred to:

Name

Not Recorded

Address

Address line 1

Not Recorded

Address line 2

Not Recorded

Address line 3

Not Recorded

Town

Not Recorded

Postcode

Not Recorded

Telephone number

Not Recorded

These agencies will contact you with an appointment:

Consultant Psychiatrist

Name

Not Recorded

Appointment date

Appointment time

Not Recorded

Venue

Not Recorded

Key worker

Name

Not Recorded

Appointment date

Appointment time

Not Recorded

Venue

Not Recorded

Discharge assessment

Mental health

Chris approached staff and asked to be discharged. [REDACTED]
[REDACTED] Staff encouraged Chris to complete his detox and explained that discharging himself would be against medical advice. Chris reported that he understood this. Chris further reported that he did not feel that the admission would be of any benefit and he would rather be at home.

Staff contacted the duty doctor who advised that Dr Hart (Chris's consultant) had advised that Chris was not detainable and as such he could take his own discharge ama. Duty doctor also advised that Dr Hart had explained the nature of the detox admission to Chris and had advised Chris that he would not be readmitted for detox if he took his own admission.

[REDACTED]
[REDACTED]
No evidence of low mood on discharge. Chris denies any thoughts of self harming or suicidal ideation. Chris's father took Chris home from the ward.

Chris signed the necessary ama paperwork before going home.

Physical health

Chris is self medicating with Fragmin re a possible DVT. Fragmin supply returned to Chris on discharge.

Nutritional care

Not Recorded

Medication

None supplied from the hospital pharmacy on discharge as Chris discharged himself ama. Chris's own supply of Fragmin and analgesics were returned to him. Duty doctor aware of same. Chris reported to staff that he has antibiotics at home - Chris is presently prescribed Flucloxacillin 500 mgs qid.

Risk assessment

Return to previous opiate abuse is a possible risk at this time.

Housing needs

Social care needs

Occupational/recreational needs

Benefits assessment

CPA consideration/rationale

Respite arrangements

Discharge plan

Identified need

That Chris continues to abstain from opiate abuse.

Relapse indicators

Opiate misuse.

Has the patient consented for discharge information to be sent to those involved?

Yes

MULHOLLAND, CHRISTOPHER
(Mr)

CHI Number 2907813579

Date of Birth 29-Jul-1981 (44y)

Sex Male

Health and Social Assessment (AMH V1)

Date of Activity 23 July 2009 23:34 by Mr Jim McPherson

Status: Closed

Centre of Care Crosshouse Psychiatric Unit

Risk

Risk to others

Not known

Risk to self

No apparent risk

Risk of suicide

No

Risk of deliberate self-harm

No

Risk of severe self-neglect

Yes

Note: Risk of self neglect due to opiate misuse

Risk of accidental self-harm

Yes

Note: Actual harm already sustained to physical health due to opiate use

Admitted to acute inpatient psychiatric ward (past 3 months)

No

Duration of admission (days)

Not applicable

Admission status

Informal

Involved in a serious incident in last 3 months?

Not known

Level of care required to manage behaviour

High

Note: Inpatient required for detox from opiates - arranged admission

Psychological

Behaviour

Physical harm to others

Not known

Aggressive behaviour

Not known

Suicidality

No problem

Other deliberate self-harm

No problem

Alcohol or substance misuse

Very severe problem

Note: IV opiate user causing actual harm to physical health.

Eating problems

No problem

Overactivity

No problem

Odd, inappropriate or unacceptable behaviour

No problem

Cognition

Memory

No problem

Attention and concentration

No problem

Mental health

Thought disorganisation

No problem

Delusions

No problem

Hallucinations

No problem

Dissociation

No problem

Elated or expansive mood

No problem

Depressed mood and ideation

Mild problem

Note: Reports to feeling depressed although not on medication for same.

Obsessional ideas and compulsive behaviour

No problem

Anxiety, phobias and panics

Mild problem

Note: Reports to feelings of anxiety although same not clearly evident during admission interview.

Somatic preoccupations

No problem

Lowering of energy, drive or interest

Not known

Sleep disturbance

No problem

Physical

Physical health condition

Moderate problem

Note: Currently has DVT in left leg due to injecting behaviour

Physical impairment or disability

Mild problem

Note: Some restriction to movement due to DVT and ongoing problems with left knee injured in fall at work approximately one year ago.

Uses aids, equipment or adaptations

No

Side-effects of prescribed medication

Not known

Diet

No problem

Continence

No problem

Distress/pain caused by physical state or condition

Mild problem

Note: Pain in left knee from injury sustained when last working.

Activities of daily living and life skills

Self-care

No problem

Activities of daily living in the home

Not known

Activities of daily living outside the home

Not known

Money management

Not known

Keeping occupied

Not known

Work/vocational/educational performance

Not known

Ability to work now

Severe problem

Current support received in activities of daily living

Not known

Interpersonal relationships

Availability of social support network

Not known

Relationship with close family

Not known

Relationship with partner

Not known

Friendships

Not known

Social activities outside the home

Not known

Relationships with others close by

Not known

Social interaction

Not known

Interpersonal orientation

Not known

Family and carers

Presence of carer(s)

Not known

Relationship of closest carer

Not known

Frequency of main carer contact

Not known

Impact of caring role upon independence

Not known

Social circumstances

Housing

Not known

Financial situation

Not known

Access to health and social services

Not known

Social vulnerability

Not known

Access to social contacts and amenities

Not known

Daytime activity

Not known

Response to care

Involvement in treatment and care

Mild problem

Taking of medication

No problem

Overall functioning

Overall change in state

Not applicable

Overall impact of difficulties upon quality of life

Not known

Diagnosis

Main psychiatric diagnosis

Not known

Summary

Summary of Assessment

Arranged informal admission for detox from opiates. IV heroin user- reports to using 2 bags heroin daily. Last injected on day of admission. Reason for detox due to recent diagnosed with blood clot/DVT due to injecting behaviour.

Reports to some feelings of depression/anxiety. Not on any medication for same. Denies any symptoms of psychosis and none evident. Eye contact good, concentration good. Appears irritable in mood.

Sleep okay, appetite okay. Lives with father, currently unemployed.

Bloods and physical still to be done. Ward contract signed. Urine sample for urinalysis and drug screen to be obtained. Reporting to ongoing problems with left knee sustained from falling from ? a roof. Note in doctors' diary regards same.

Not deemed detainable, can be SHO/nurse led discharged in contract is breached.

Action points

Admit to ward 1E for opiate detox.

MULHOLLAND, CHRISTOPHER
(Mr)

CHI Number 2907813579

Date of Birth 29-Jul-1981 (44y)

Sex Male

Triage Assessment (AMH V1)

Date of Activity 23 July 2009 21:22 by Mr Jim McPherson

Status Closed

Centre of Care Crosshouse Psychiatric Unit

Risk

Risk to self

No apparent risk

Risk to others

Not known

Level of care required to manage behaviour

High

Note: Inpatient required for detox from opiates - arranged admission

Behaviour

Physical harm to others

Not known

Aggressive behaviour

Not known

Suicidality

No problem

Other deliberate self-harm

No problem

Alcohol or substance misuse

Very severe problem

Note: IV opiate user

Eating problems

No problem

Overactivity

No problem

Cognition

Memory

No problem

Attention and concentration

No problem

Mental health

Thought disorganisation

No problem

Delusions

No problem

Hallucinations

No problem

Elated or expansive mood

No problem

Depressed mood and ideation

Mild problem

Note: Reports to feeling depressed although not on medication for same.

Obsessional ideas and compulsive behaviour

No problem

Anxiety, phobias and panics

Mild problem

Note: Reports to feelings of anxiety although same not clearly evident during admission interview.

Somatic preoccupations

No problem

Lowering of energy, drive or interest

Not known

Sleep disturbance

No problem

Summary

Summary of Assessment

Arranged informal admission for detox from opiates. IV heroin user- reports to using 2 bags heroin daily. Last injected on day of admission. Reason for detox due to recent diagnosed with blood clot/DVT due to injecting behaviour.

Reports to some feelings of depression/anxiety. Not on any medication for same. Denies any symptoms of psychosis and none evident. Eye contact good, concentration good. Appears irritable in mood.

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Not deemed detainable, can be SHO/nurse led discharged in contract is breached.

Action points

Admit to ward 1E for opiate detox.

MULHOLLAND, CHRISTOPHER (Mr)

Date of Birth 29-Jul-1981 (44y) undefined Male CHI Number 2907813579

History for Summary of contact

From 18/06/1926 Until 18/06/2026

Christopher reports relationship with his father has improved and he feels no triggers in terms of his drug use. currently seeking a astime

Assessed 22nd Nov 2010 at 08:31

Summary of contact/details

Christopher presented for assessment reporting he is currently using 2-3 bags daily IV

He reports his drug use is funded by benefits.

Christopher reports a history of illicit drug use since the age of 13rs until present day, including ecstasy, cocaine and heroin. Although Christopher initially smoked heroin he quickly progressed to IV. Christopher was employed on and off during this time, however as his drug use escalated he was unable to hold down a permanent post.

Following the break up of his parents marriage Christopher was raised by his father , whom he currently resides with at present.

While discussing Christopher's current mood he reported he has been diagnosed with depression and was prescribed Prozac which he no longer takes. He also reported he has feelings of anxiety which results in his heart rate increasing. No disturbed sleep pattern reported.

In terms of his physical health he reports to having DVT and cartlidge ligament damage.

Christopher was last tested for BBV 6 months ago and results proved negative.

Forensic history consists of possession of 9 bags heroin, for which he was sentenced to 12 months probation. Current charges are for shoplifting in order to fund his drug use.

Christopher reports no daytime activities, reporting TV and heroin consume his routine.

In summary, Christopher reports to being highly motivated to cease his illicit drug use with the help of methadone treatment and continued support from the Vernon Centre and addiction services. His presentation in terms of his self care is deteriorating. He reports to being "tired of his lifestyle".

Christopher has agreed a care plan of regular appointments/ drug screens with named worker which would also include relapse prevention work.

Assessed 25th Jul 2009 at 14:14

Summary of contact/details

Chris approached staff and asked to be discharged. [REDACTED] Staff encouraged Chris to complete his detox and explained that discharging himself would be against medical advice. Chris reported that he understood this. Chris further reported that he did not feel that the admission would be of any benefit and he would rather be at home.

Staff contacted the duty doctor who advised that Dr Hart (Chris's consultant) had advised that Chris was not detainable and as such he could take his own discharge ama. Duty doctor also advised that Dr Hart had explained the nature of the detox admission to Chris and had advised Chris that he would not be readmitted for detox if he took his own admission.

MULHOLLAND, CHRISTOPHER (Mr)

Date of Birth 29-Jul-1981 (44y) undefined Male CHI Number 2907813579

History for Summary of contact

From 18/06/1926 Until 18/06/2026

[REDACTED]

Assessed 25th Jul 2009 at 12:45**Summary of contact/details**

Dear Dr Graham

CHRISTOPHER MULHOLLAND 5 BLACKTHORN AVENUE BEITH
DOB 29.07.81 CHI 2907813579

Date of admission : 23.07.09

Date of discharge : 25.07.09 [AMA]

Mental Health Act Status : Informal

Diagnosis on Discharge : Harmful misuse of drugs [heroin] ICD 10 Code F12.1

SOURCE AND REASON FOR ADMISSION

As outlined in previous correspondence, following an out-patient appointment arranged via his immediate family, I arranged for Christopher to be admitted for a short period of in-patient detoxification.

Unfortunately, I was away on leave during the period of Christopher's admission and as such subsequent events are unclear. However, whatever the case, Christopher seems not to have prospered on the ward and asked for, and was granted, his discharge a few days following admission.

I would not suggest any out-patient follow up with myself but, as far as I am aware, Christopher could still refer himself to Addaction should he wish.

RECOMMENDED TREATMENT

Nil

FOLLOW UP

Addaction

Yours sincerely

BRIAN HART
Consultant Psychiatrist

Assessed 25th Jul 2009 at 02:20**Summary of contact/details**

Uneventful night for Chris, physical observations stable. Remains irritable in mood, broken sleep pattern overnight.

Assessed 24th Jul 2009 at 05:37

MULHOLLAND, CHRISTOPHER (Mr)

Date of Birth 29-Jul-1981 (44y) undefined Male CHI Number 2907813579

History for Summary of contact

From 18/06/1926 Until 18/06/2026

Summary of contact/details	
Chris's physical observations repeated at 0530hrs. Temperature still slightly raised but causing less concern at 37.8 degrees Celsius. Pulse more stable. Chris appearing more settled, MEWS scoring 1 as opposed to score of 4 at 0330hrs. Has returned to sleep as at time of documenting.	

Assessed 24th Jul 2009 at 04:30

Summary of contact/details	
Chris reporting to pain in his leg during early hours of morning. Physical observations also repeated as feeling shivery. Temperature raised, pulse raised and irregular. PRN Paracetamol 1g given as per kardex for pain and temperature. Duty doctor attending to assess further. ECG conducted, Chris prescribed routine antibiotic and also given once only as per kardex due to leaking open sinus. Bloods taken for testing by duty doctor. Physical observations to be taken two hourly. Blood cultures to be done in morning if temperature remains high/spikes.	

Assessed 24th Jul 2009 at 02:54

Summary of contact/details	
Chris reporting to staff this evening that he should be prescribed an antibiotic as commenced by his GP for sepsis. Chris unable to remember exactly the name of this but stating that he had brought some into the ward with him. Bag of medications belonging to him checked however same not contained within this. Chris disgruntled with this stating that it was definitely there. Agreeing however with some reluctance to check his bag again in case it had been overlooked. Antibiotic however not found. Chris advised that staff would therefore confirm medication with his GP in the morning. Physical observations checked twice since admission due to Chris being prescribed Lofexidine. No concerns regards same. Chris accepting of this. Retired to bed early hours of morning, asleep as at time of documenting.	

Assessed 23rd Jul 2009 at 21:44

Summary of contact/details	
McPherson, Jim on 23/07/2009 21:22 Arranged informal admission for detox from opiates. IV heroin user- reports to using 2 bags heroin daily. Last injected on day of admission. Reason for detox due to recent diagnosed with blood clot/DVT due to injecting behaviour. Reports to some feelings of depression/anxiety. Not on any medication for same. Denies any symptoms of psychosis and none evident. Eye contact good, concentration good. Appears irritable in mood. Sleep okay, appetite okay. Lives with father, currently unemployed. Bloods and physical still to be done. Ward contract signed. Belongings checked by staff. Urine sample for urinalysis and drug screen to be obtained. Reporting to ongoing problems with left knee sustained from falling from ? a roof. Note in doctors' diary regards same. Not deemed detainable, can be SHO/nurse led discharged in contract is breached.	

Assessed 23rd Jul 2009 at 14:13

Summary of contact/details	
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MULHOLLAND, CHRISTOPHER (Mr)

Date of Birth 29-Jul-1981 (44y) undefined Male CHI Number 2907813579

History for Summary of contact

From 18/06/1926 Until 18/06/2026

Dear Dr Graham

RE: CHRISTOPHER MULHOLLAND, 5 BLACKTHORN AVENUE, BEITH
DOB 29.07.81, CHI 2907813579

Diagnosis/ICD10: Substance misuse, heroin, harmful use, F12.1

Medication: Nil

Follow Up: Admission for inpatient detox

I saw this 28 year old lad in the company of his father [REDACTED] at the psychiatric clinic in Beith on the 23 July 2009. [REDACTED]

[REDACTED] Basically, Christopher has been using intravenous heroin for at least the last 18 months and he is currently injecting one to two bags a day, funded by money which he wheedles out of his dad.

Christopher has made a number of attempts to come off heroin in the last year, on one occasion managing to reach 6 weeks of abstinence before relapsing. He has previously been in contact with Addaction.

[REDACTED]

At interview, Christopher was a rangy, passive somewhat languid lad. However, he did seem reasonably keen to do something about his addiction.

As you are possibly aware Christopher has in the past been a very dilatory and hap hazard attender of offered appointments for the Drug Services. Unfortunately, his mobility is further limited at the moment as he has a DVT from injecting in his groins. As such, I thought that the best thing would be to arrange an inpatient Detox. I explained to Christopher that this would take place using Lofexidine, Buscopan and Zopiclone only and that substitute prescribing in the form of Diazepam, Dihydrocodeine or Methadone was not going to be on offer. The plan would be for him to be in hospital for 2 weeks and for him to commence on Naltrexone while still an inpatient once his Detox is finished.

Yours sincerely

Dr Brian Hart
Consultant Psychiatrist

