

NHS Confidential: Personal data about a patient

**Mental Health Services**

**Addictions  
Caley Court Resource Centre  
Moorpark Road West  
Stevenston  
KA20 3HU  
[www.nhsaaa.net](http://www.nhsaaa.net)**



**CLINICAL IN CONFIDENCE**

Dr Raja Ahmed  
Townhead Surgery  
6/8 High Street  
Irvine  
KA12 0AY

Clinic Date: 15/12/2023  
Date Dictated: 15/12/2023  
Date Typed: 20/12/2023  
Our Ref: CW/ZL  
Enquiries to: Anne Caldwell  
Tel No: 01294 476000

Dear Dr Ahmed

**DENYS BROWN** 124C MONTGOMERY STREET, IRVINE, AYRSHIRE, KA12 8PW  
**CHI No: 2606703278**

**Diagnosis:** F11.2 – Opioid Dependence Syndrome  
F13.2 – Sedative Dependence Syndrome (Benzodiazepine)

**Psychiatric Medication:** Prescribed by Addiction Services  
Methadone 90ml daily, weekly dispense  
Diazepam 30mg daily

Prescribed by General Practitioner  
Quetiapine 100mg daily  
Pregabalin

**Recommendations/Plan:** 1. Planned 5ml reduction to Methadone in February.  
2. Ongoing support from key worker.  
3. Outpatient clinic 6 months.

I reviewed Mr Brown at my outpatient clinic at Caley Court Resource Centre on the 15<sup>th</sup> December 2023. He did not report any issues with stability on his medication and denied any illicit drug use or regular alcohol use. He spoke about wanting to make reductions to his Methadone and we agreed that we would put a 5ml reduction into place for February. He will see how he manages this reduction and make any further decisions about reductions following this. Other than this he spoke about a recent fall out with his dad and some difficult relationships with his family. He reported rarely leaving the house and lacking the motivation and energy for good hygiene and regular diet. He is supported by his friends and ex-partner who spends some time staying with him at his tenancy, but he would like to be getting out more. He felt the change to his Methadone might be an incentive for him to start making other changes and also reported that his friend, Nicola's, health was a concern at the moment and that he wants to be able to support her more. He will continue to be supported by his key worker and I will see him again in clinic in due course.

Yours sincerely

[www.nhsaaa.net](http://www.nhsaaa.net)



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Authorised on 22/12/2023 11:42:32 by C Woolston.

**DR C WOOLSTON**  
Consultant Psychiatrist  
NHS Addiction Services (North)

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**Mental Health Services**

**Addictions**  
**Caley Court Resource Centre**  
**Moorpark Road West**  
**Stevenston**  
**KA20 3HU**  
[www.nhsaaa.net](http://www.nhsaaa.net)

**CLINICAL IN CONFIDENCE**

Dr. A. Stirling  
 Townhead Surgery  
 6/8 High Street  
 Irvine  
 Ayrshire  
 KA12 0AY

Clinic Date: 27/04/2023  
 Date Dictated: 04/05/2023  
 Date Typed: 18/05/2023  
 Our Ref: CVW/EM  
 Enquiries to: Emma Melville  
 Tel No: 01294 476000

Dear Dr. Stirling,

**DENYS BROWN**  
**CHI No: 2606703278**

124C MONTGOMERY STREET, IRVINE, KA12 8PW

**Diagnosis:** F11.2 – Opioid Dependence Syndrome  
 F13.2 – Sedative Dependence Syndrome (Benzodiazepines)

**Psychiatric Medication:** Prescribed by Addiction Services  
 Methadone 90ml daily, weekly dispense  
 Diazepam 30mg daily

Prescribed by General Practitioner  
 Quetiapine 100mg, daily  
 Pregabalin (dose unconfirmed)

**Recommendations/Plan:** 1. No change to medication  
 2. Ongoing support from key worker  
 3. Outpatient clinic review in six months

I reviewed Mr. Brown on the telephone on 27<sup>th</sup> April 2023. He did not report any particular changes in his circumstances. He reported ongoing stability on his prescribed medication, and denied any illicit drug use. He did not note any issues with his mental health recently, nor any new issues with his physical health. His social circumstances appear to be stable, and he had no particular complaints at today's appointment. On the phone he presented well and I did not have any acute concerns. I will arrange for his next appointment to be face-to-face. He is due to be seen by his key worker and will continue to be regularly supported by them. I will see him again in clinic in due course.

Yours sincerely,

Authorised on 31/05/2023 14:31:01 by C Woolston.

**DR. C. WOOLSTON**  
**Consultant Psychiatrist**

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2 (CHI No: 2606703278) DENYS BROWN

**NHS Addiction Services (North)**

CC: Mr. Derrick Martin, Staff Nurse, NADARS, Caley Court Resource Centre, Moorpark Road West, Stevenston, KA20 3HU

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**Mental Health Services**

**Addictions**  
**Caley Court Resource Centre**  
**Moorpark Road West**  
**Stevenston**  
**KA20 3HU**  
[www.nhsaaa.net](http://www.nhsaaa.net)

**CLINICAL IN CONFIDENCE**

Dr A Stirling  
 Townhead Surgery  
 6/8 High Street  
 Irvine  
 Ayrshire  
 KA12 0AY

Clinic Date: 04/10/2022  
 Date Dictated: 05/10/2022  
 Date Typed: 10/10/2022  
 Our Ref: CW/ND  
 Enquiries to: Nikki Donaldson  
 Tel No: 01294 476063

Dear Dr Stirling

**DENYS BROWN**  
**CHI No: 2606703278**

124C MONTGOMERY STREET, IRVINE, KA12 8PW

**Diagnosis:**

F11.2 – Opioid Dependence Syndrome

**Psychiatric Medication:**

Prescribed by Addiction Services  
 Methadone 90ml daily, weekly dispense  
 Diazepam 30mg daily  
Prescribed by General Practitioner  
 Quetiapine 100mg daily  
 Pregabalin

**Recommendations/Plan:**

- 1) No change to medication.
- 2) Ongoing support from key worker.
- 3) Outpatient clinic six months.

I reviewed Mr Brown via telephone on 04<sup>th</sup> October 2022. He reported that generally things remain stable for him. He maintains stability on his prescribed medication and his only drug use is currently cannabis. He did not wish to make any changes to his treatment at this time.

He has had some stress recently with his mum having been in hospital for a couple of weeks but she is back home now and seems to be doing okay. He also described a trip to his dad's caravan with him which he enjoyed. He had some concerns relating to his physical health and seemed to be under the impression he was awaiting an appointment with General Surgery, however, I could not see anything on the system and I advised him to discuss this further with his GP.

Generally he sounded bright in mood and had no concerns at this time that he wished support with. He will continue to be supported by his key worker and I will see him again in clinic in due course.

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2  
DENYS BROWN

CHI No: 2606703278

Yours sincerely

*Authorised on 02/11/2022 10:44:17 by C Woolston.*

**DR C WOOLSTON**  
Consultant Psychiatrist  
NHS Addiction Services (North)

C. c Mr. Peter Wood, Charge Nurse, NADARS, Caley Court Resource Centre  
Moorpark Road West, Stevenston, KA20 3HU

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**NHS Addiction Services**  
**Caley Court Resource Centre**  
**Moorpark Road West**  
**Stevenston**  
**KA20 3HU**  
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**CLINICAL IN CONFIDENCE**

Dr A Stirling  
 Townhead Surgery  
 6/8 High Street  
 Irvine  
 Ayrshire  
 KA12 0AY

Clinic Date: 22/04/2022  
 Date Dictated: 22/04/2022  
 Date Typed: 03/05/2022  
 Our Ref: CW/ND  
 Enquiries to: Nikki Donaldson  
 Tel No: 01294 476063

Dear Dr Stirling

**DENYS BROWN**  
**CHI No: 2606703278**

124C MONTGOMERY STREET, IRVINE, KA12 8PW

**Diagnosis:**

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**Psychiatric Medication:**

Prescribed by Addiction Services  
 Methadone 90ml daily, weekly dispense  
 Diazepam 30mg daily  
Prescribed by General Practitioner  
 Quetiapine 100mg daily  
 Pregabalin

**Recommendations/Plan:**

- 1) No change to medication.
- 2) Ongoing support from key worker.
- 3) Outpatient clinic six months.

I reviewed Mr Brown via telephone on 22<sup>nd</sup> April 2022. He did not note any particular changes in his circumstances. He reported maintaining stability on his prescribed medication and denied any illicit drug use or alcohol use. He did not report any new problems with his mental health or his physical health and no changes to his GP prescribed medication. I thought he sounded slightly sedated on the phone today and I will ask his key worker to drug screen him the next time he has an appointment with her. Otherwise we made no changes and I will see him again in clinic in due course.

Yours sincerely

Authorised on 04/05/2022 17:06:19 by C Woolston.

**DR C WOOLSTON**  
**Consultant Psychiatrist**  
**NHS Addiction Services (North)**

C. c Ms. Roseann Russell, Charge Nurse, NADARS, Caley Court Resource Centre  
 Moorpark Road West, Stevenston, KA20 3HU

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Hospital use only	Clinic	Day Date	Time	Hospital No.
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Transport required?

Unique Care Pathway Number: 101032628451U

**REFERRAL LETTER**  
MEDICAL IN CONFIDENCE

CHI:2606703278

<b>REFERRAL TO</b>	
HaematologyJ4 AA Gen Ref - PMH Med & High	Ethnic Origin (White) Scottish
University Hospital Crosshouse Kilmarnock Road Kilmarnock Ayrshire KA2 0BE	Language interpreter req'd -
	Religion -
	<b>Religious Observance</b>
	Vision impairment -
	Hearing impairment -
	Sign language interpreter req'd. -
<b>Urgency of referral</b>	Routine
<b>Date of referral</b>	02-Apr-2024
<b>Date submitted</b>	02-Apr-2024

<b>PATIENT DETAILS</b>		<b>Patient's address</b>
<b>Surname</b>	Brown	124c Montgomery Street Irvine KA12 8PW
<b>Forename(s)</b>	Denys	
<b>Title</b>	-	
<b>Sex</b>	Male	
<b>Date of birth</b>	26-Jun-1970	<b>Contact number(s)</b>
<b>CHI no.</b>	2606703278	Voice: 07513567270

<b>REGISTERED GP DETAILS</b>		<b>Practice address</b>
<b>Name</b>	Dr Duncan Renfrew	6/8 High Street Irvine
<b>GMC code</b>	6163146	
<b>GP code</b>	21181	<b>Contact number(s)</b>
<b>Practice name</b>	Townhead Surgery	Voice: 01294 441441
<b>Practice code</b>	80344	Facsimile: 01294 312832

<b>REFERRING PRACTITIONER DETAILS</b>		<b>Practice address</b>
<b>Name</b>	Dr Step McNair, GPST3	6/8 High Street Irvine AYRSHIRE KA12 0AY
<b>GMC code</b>	7608177	
<b>GP code</b>	-	<b>Contact number(s)</b>
<b>Practice name</b>	Townhead Surgery (80344)	Voice: 01294 441 441
<b>Practice code</b>	80344	

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**CLINICAL INFORMATION****History of presenting complaint / examination findings / investigation results****Presenting complaint**

Description: See below

Comment: Letter dictated 26/03/24 (PS)

This gentleman came to see me several months ago when he got a panel of bloods done which showed that he was slightly polycythaemic with a high haematocrit. This has been repeated in the interval and remains unchanged. He is not known to have any respiratory disease. He does have previous hepatitis C.

I would be very grateful for your assessment of this gentleman to see if he needs any further investigation given his high Hb with high haematocrit persistently on his last two blood counts.

Kind regards,

Dr Step McNair  
GPST3

**Examinations and Investigations**

Height: 184 -  
Weight(kg): 110 -  
BMI: 32.49 -  
Light smoker - 1-9 cigs/day: Smoker\$.clm - Repeat after an Interval 31-Dec-2009 00:00  
Current smoker: Smoker\$.clm - Repeat after an Interval 23-Nov-2006 00:00  
Moderate smoker - 10-19 cigs/d: Disease: New Patient Townhead, priority=2 31-Aug-2006 00:00  
Current smoker: Smoker\$.clm - Repeat after an Interval 31-Aug-2006 00:00  
Teetotaler: Disease: New Patient Townhead, priority=2 31-Aug-2006 00:00  
Avoids even trivial exercise: Disease: New Patient Townhead, priority=2 31-Aug-2006 00:00

**Reason for referral**

Care type requested: Out Patient

Expected outcome: Not Specified

**Past medical history****Pre-existing conditions**

Description	Laterality	Modifier	Extension	Date of onset	Recorded Date
Query Gallstones	Uncertain	-	re US Abdomen result recd 27/10/17. [ Further scan to be done ]	20-Oct-2017	20-Oct-2017
Drug addiction	-	-	Disease: New Patient Townhead, Cannabis and diazepam	30-Jul-2002	30-Jul-2002
Stabbed in fight	-	-	Disease: New Patient Townhead, Left chest wall	10-Jul-2000	10-Jul-2000
[X]Assault	-	-	Disease: New Patient Townhead,	10-Jul-2000	10-Jul-2000
Anxiety with depression	-	-	Disease: New Patient Townhead,	05-Jul-2000	05-Jul-2000
Nondependent abuse of drugs	-	-	Disease: New Patient Townhead, Heroin	06-Jun-2000	06-Jun-2000
Drug addiction	-	-	Disease: New Patient Townhead,	30-Jan-1996	30-Jan-1996
Closed fracture of radius (alone), unspecified	-	-	Disease: New Patient Townhead, Left	04-Aug-1982	04-Aug-1982
Acute bronchitis	-	-	Disease: New Patient Townhead, Admitted	25-Feb-1971	25-Feb-1971

**Past procedures**

Description	Laterality	Modifier	Comments	Date performed	Recorded Date
Medication reconciliation	-	-	Prescribed Elsewhere	02-Sep-2022	02-Sep-2022
Medication reconciliation	-	-	Prescribed elsewhere	07-Jan-2022	07-Jan-2022

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Medication reconciliation	-	-	Prescribed elsewhere	07-Jan-2022	07-Jan-2022
Medication reconciliation	-	-	Prescribed Elsewhere	22-Nov-2021	22-Nov-2021
Medication reconciliation	-	-	prescribed elsewhere	18-Nov-2020	18-Nov-2020
Medication reconciliation	-	-	Prescribed elsewhere	20-May-2020	20-May-2020
Medication reconciliation	-	-	Prescribed elsewhere	14-May-2020	14-May-2020
Medication reconciliation	-	-	Prescribed elsewhere	25-Jul-2017	25-Jul-2017
Medication reconciliation	-	-	Prescribe elsewhere	29-Dec-2016	29-Dec-2016
Medication reconciliation	-	-	Prescribed Elsewhere	09-Feb-2016	09-Feb-2016
Medication reconciliation	-	-	prescribed elsewhere	26-Nov-2014	26-Nov-2014
Hepatitis C antibody test positive	-	-	Disease: New Patient Townhead,	28-May-1999	28-May-1999
Detoxification dependence drug	-	-	Disease: New Patient Townhead,	30-Jan-1996	30-Jan-1996

**Current medication** (Active Repeat medication issued within the last 12 months)

Drug name	BNF code	Formulation	Dosage	Frequency	Course started	Duration	Last Prescribed Date
Omeprazole Capsules (Gastro-Resistant) 20 mg	0103050P0AAAGAG	28 CAPSULE	ONE TO BE TAKEN EACH DAY	-	02-Sep-2021	-	12-Mar-2024
Pregabalin Capsules 150 mg	-	84 CAPSULE	ONE TO BE TAKEN THREE TIMES A DAY	-	29-Jul-2021	-	12-Mar-2024
Mebeverine Hydrochloride Tablets 135 mg	0102000P0AAABAB	100 TABLET	ONE TO BE TAKEN THREE TIMES A DAY 20 MINUTES BEFORE MEALS	-	14-Mar-2019	-	12-Mar-2024
Meloxicam Tablets 15 mg	1001010AAAAABAB	30 TABLET	ONE TO BE TAKEN DAILY	-	03-Jul-2018	-	12-Mar-2024
Quetiapine Fumarate Tablets 200 mg	0402010ABAAADAD	28 tablet	1 Tab DAILY dispense weekly	-	14-Feb-2018	-	12-Mar-2024

**Recent medication** (Any medication issued within last 90 days not shown above)

Drug name	BNF code	Formulation	Dosage	Frequency	Course started	Duration	Last Prescribed Date
Folic Acid Tablets 5 mg	0901020G0AAAGAG	100 tablet	ONE TO BE TAKEN EACH DAY	-	14-Feb-2024	100 Days	14-Feb-2024

**Clinical warnings**

Smoking status

Alcohol consumption

**Lifestyle risks**

Exercise status: Not Known

Number per day ? (not known)
---------------------------------

Units per day ? (not known)
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**Additional relevant information**
**Administrative information**

Referred By: Registered GP

**Social circumstances**

Signature of referring doctor (or other professional) Date

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**Confidential - Clinical Information**

Mr I Felsenstein  
 General Surgical Department  
 University Hospital Crosshouse  
 Kilmarnock Road  
 Kilmarnock  
 KA2 0BE  
 01563 825012



[www.nhsaaa.net](http://www.nhsaaa.net)

Dr A Stirling  
 Townhead Surgery  
 6/8 High Street  
 Irvine  
 Ayrshire  
 KA12 0AY

Our Ref: IF/MMcL  
 Hospital No:  
 Clinic Date: 21/03/2022  
 Date Dictated: 24/03/2022  
 Date Typed: 24/03/2022  
 Enquiries to: Mandy McLeish  
 Direct Line: 01563 825012  
 Ext. Number: 25012  
 Email: Mandy.McLeish@aapct.scot.nhs.uk

Dear Dr Stirling,

**DENYS BROWN** DOB: 26/06/1970 CHI No: 2606703278  
 124C MONTGOMERY STREET, IRVINE, AYRSHIRE, KA12 8PW

Mr Brown failed to attend my outpatient clinic this morning. I can only assume his symptoms have subsided. Therefore I will discharge him from my clinic. Please do not hesitate to re-refer should the need arise.

Yours sincerely

*Authorised on 30/03/2022 13:30:19 by Typist Mandy McLeish, on behalf of I Felsenstein.*

**MR I Felsenstein**  
 Consultant Surgeon  
 GMC: 5168179

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**Mental Health Services**

**NHS Addiction Services**  
**Caley Court Resource Centre**  
**Moorpark Road West**  
**Stevenston**  
**KA20 3HU**  
[www.nhsaaa.net](http://www.nhsaaa.net)

**CLINICAL IN CONFIDENCE**

Dr A Stirling  
 Townhead Surgery  
 6/8 High Street  
 Irvine  
 Ayrshire  
 KA12 0AY

Clinic Date: 18/10/2021  
 Date Dictated: 18/10/2021  
 Date Typed: 22/10/2021  
 Our Ref: CVW/ND  
 Enquiries to: Nikki Donaldson  
 Tel No: 01294 476063

Dear Dr Stirling

**DENYS BROWN**  
**CHI No: 2606703278**

124C MONTGOMERY STREET, IRVINE, KA12 8PW

**Diagnosis:**

F11.2 – Opioid Dependence Syndrome

**Psychiatric Medication:**

**Prescribed by Addiction Services**  
**Methadone 90ml daily, twice weekly dispense due to COVID-19 exigencies**  
**Diazepam 30mg daily**  
**Prescribed by General Practitioner**  
**Quetiapine 100mg daily**  
**Pregabalin (dose unconfirmed)**

**Recommendations/Plan:**

- 1) No change to medication.
- 2) Ongoing support from key worker.
- 3) Outpatient clinic four months.

I reviewed Mr Brown via telephone on 18<sup>th</sup> October 2021. He maintains stability on his prescribed medication and did not wish any changes to this at the moment. He did enquire as to the possibility of having his dispensing relaxed back to weekly and I advised him that his key worker will keep in touch and if he can provide drug screens with prescribed medication only then I am happy to change his prescription to a once weekly pick-up again.

Otherwise Mr Brown was bright in mood and did not have any particular complaints. He has had some ongoing physical health concerns and I believe that he has got a follow-up appointment with the surgeon following an MRI scan. Otherwise he did not note any particular changes and I will see him again in clinic in due course.

Yours sincerely

*Authorised on 10/11/2021 11:12:08 by C Woolston.*

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<sup>2</sup>  
DENYS BROWN

CHI No: 2606703278

**DR C WOOLSTON**  
**Consultant Psychiatrist**  
**NHS Addiction Services (North)**

C. c Ms. Roseann Russell, Charge Nurse, NADARS, Caley Court Resource Centre  
Moorpark Road West, Stevenston, KA20 3HU

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**Mental Health Services**

**NHS Addiction Services**  
**Caley Court Resource Centre**  
**Moorpark Road West**  
**Stevenston**  
**KA20 3HU**  
[www.nhsaaa.net](http://www.nhsaaa.net)

**CLINICAL IN CONFIDENCE**

Dr A Stirling  
 Townhead Surgery  
 6/8 High Street  
 Irvine  
 Ayrshire  
 KA12 0AY

Clinic Date: 16/06/2021  
 Date Dictated: 27/08/2021  
 Date Typed: 03/09/2021  
 Our Ref: CVW/ND  
 Enquiries to: Nikki Donaldson  
 Tel No: 01294 476063

Dear Dr Stirling

**DENYS BROWN**  
**CHI No: 2606703278**

124C MONTGOMERY STREET, IRVINE, KA12 8PW

**Diagnosis:**

F11.2 – Opioid Dependence Syndrome

**Psychiatric Medication:**

Prescribed by Addiction Services  
 Methadone 90ml daily, twice weekly dispense due to  
 COVID-19 exigencies  
 Diazepam 30mg daily  
Prescribed by General Practitioner  
 Quetiapine 100mg daily  
 Pregabalin

**Recommendations/Plan:**

- 1) No change to medication.
- 2) Ongoing support form key worker.
- 3) Outpatient clinic four months.

I reviewed Mr Brown via telephone on 16<sup>th</sup> June 2021. He did not report any particular changes in circumstances since his last review and had not complaints about his treatment at this time. He was positive about a recent changes from his GP prescribed medication of Gabapentin to Pregabalin and said that this has been helpful. Otherwise he was generally upbeat and happy to maintain his treatment as it is at the moment. He will continue to be supported by his key worker and I will see him again in clinic in due course.

Yours sincerely

*Authorised on 09/09/2021 13:37:14 by C Woolston.*

**DR C WOOLSTON**  
**Consultant Psychiatrist**  
**NHS Addiction Services (North)**

C. c Ms. Roseann Russell, Charge Nurse, NADARS, Caley Court Resource Centre  
 Moorpark Road West, Stevenston, KA20 3HU

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Confidential - Clinical Information

Mr I Felsenstein  
 General Surgical Department  
 University Hospital Crosshouse  
 Kilmarnock Road  
 Kilmarnock  
 KA2 0BE  
 01563 825012



[www.nhsaaa.net](http://www.nhsaaa.net)

Dr A Stirling  
 Townhead Surgery  
 6/8 High Street  
 Irvine  
 Ayrshire  
 KA12 0AY

Our Ref: HWW/IF/MMcL  
 Hospital No:  
 Clinic Date: 25/08/2021  
 Date Dictated: 25/08/2021  
 Date Typed: 26/08/2021  
 Enquiries to: Mandy McLeish  
 Direct Line: 01563 825012  
 Ext. Number: 25012  
 Email: Mandy.McLeish@aapct.scot.nhs.uk

Dear Dr Stirling,

**DENYS BROWN** DOB: 26/06/1970 CHI No: 2606703278  
 124C MONTGOMERY STREET, IRVINE, AYRSHIRE, KA12 8PW

I reviewed the patient via telephone today. He is a known patient that complains about right upper quadrant pain. Subsequently, several investigations were done, two ultrasound scans that could not confirm any gallstones, a subsequent CT of his abdomen and pelvis that reported no intra-abdominal pathology. There was an incidental finding of an indeterminate lytic lesion in his right iliac wing. A MRI scan was recommended that reported right medial iliac wing benign fibrous dysplasia.

I have reassured Denys today and in consultation with Mr Felsenstein we decided to refer the gentleman to the Pain Team.

Kind regards.

Yours sincerely

Authorised on 09/09/2021 09:05:17 by Hester Van Wyk.

**Hester Van Wyk**  
 Clinical Fellow in General Surgery  
 GMC: 4248091

Referral done

[www.nhsaaa.net](http://www.nhsaaa.net)





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RMS Management Service  
NHS  
Ayrshire & Arran  
Ayrshire  
KA2 0BE

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**Mental Health Services**

**NHS Addiction Services**  
**Caley Court Resource Centre**  
**Moorpark Road West**  
**Stevenston**  
**KA20 3HU**  
[www.nhsaaa.net](http://www.nhsaaa.net)

**CLINICAL IN CONFIDENCE**

Dr J Grayston  
 Townhead Surgery  
 6/8 High Street  
 Irvine  
 Ayrshire  
 KA12 0AY

Clinic Date: 18/02/2021  
 Date Dictated: 18/02/2021  
 Date Typed: 24/02/2021  
 Our Ref: CW/ND  
 Enquiries to: Nikki Donaldson  
 Tel No: 01294 476063

Dear Dr Grayston

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**CHI No: 2606703278**

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**Prescribed by General Practitioner**  
**Quetiapine 100mg daily**  
**Gabapentin (dose unconfirmed)**

**Recommendations/Plan:**

- 1) No change to medication.
- 2) Ongoing support from key worker.
- 3) Outpatient clinic four months.

I reviewed Mr Brown via telephone on 18<sup>th</sup> February 2021. He reported maintaining stability on his prescribed medication, however, I thought he sounded slightly under the influence on the phone although he denied this. He was able to engage in conversation although it was difficult to keep him on topic and a lot of his conversation focused on his physical health and his ongoing discussions with GP about Gabapentin and Pregabalin prescriptions. I have advised Mr Brown before that I have no objection to his GP changing his Gabapentin prescription to Pregabalin and if he wished to discuss this further with me they are aware that I can be contacted, however, it is not in my power nor would it be appropriate for me to dictate this change of medication. Other than this he did not note any particular changes and I did not have any acute concerns about his presentation. I have advised his key worker of his presentation today and he will be followed up in the near future. I will see him again in clinic in due course.

Yours sincerely

Authorised on 09/03/2021 15:49:10 by C Woolston.

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2  
DENYS BROWN

CHI No: 2606703278

**DR C WOOLSTON**  
Consultant Psychiatrist  
NHS Addiction Services (North)

C. c Ms. Roseann Russell, Charge Nurse, NADARS, Caley Court Resource Centre  
Moorpark Road West, Stevenston, KA20 3HU

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**Mental Health Services**

**NHS Addiction Services**  
**Caley Court Resource Centre**  
**Moorpark Road West**  
**Stevenson**  
**KA20 3HU**  
[www.nhsaaa.net](http://www.nhsaaa.net)

**CLINICAL IN CONFIDENCE**

Dr J Grayston  
 Townhead Surgery  
 6/8 High Street  
 Irvine  
 Ayrshire  
 KA12 0AY

Clinic Date: 14/10/2020  
 Date Dictated: 14/10/2020  
 Date Typed: 20/10/2020  
 Our Ref: CVW/ND  
 Enquiries to: Nikki Donaldson  
 Tel No: 01294 476063

Dear Dr Grayston

**DENYS BROWN**  
**CHI No: 2606703278**

124C MONTGOMERY STREET, IRVINE, KA12 8PW

**Diagnosis:**

F11.2 – Opioid Dependence Syndrome

**Psychiatric Medication:**

Prescribed by Addiction Services  
 Methadone 90ml daily, twice weekly dispense due to COVID-19 exigencies  
 Diazepam 30mg daily  
Prescribed by General Practitioner  
 Quetiapine 20mg daily  
 Gabapentin

**Recommendations/Plan:**

- 1) Clarify Gabapentin/Pregabalin prescription with GP and any planned changes to this.
- 2) Ongoing support from key worker.
- 3) No other medication changes.
- 4) Outpatient clinic four months.

I reviewed Mr Brown via telephone on 14 October 2020. He did not note any change recently and maintains stability on his prescribed medication. I note that he had a holiday away to a caravan park and had enjoyed this. His only complaint was of some ongoing confusion about his Gabapentin prescription with his GP. He had been under the impression that it was going to be changed to Pregabalin and that they were going to discuss a possible change to his methadone dose in order to facilitate this. I have not heard anything about this but I will try to clarify this with his GP. In the meantime I have not made any changes to his prescription and I will see him again in four months' time.

Yours sincerely

Authorised on 12/11/2020 15:09:08 by C Woolston.

**DR C WOOLSTON**

NHS Confidential: Personal data about a patient

<sup>2</sup>  
DENYS BROWN

CHI No: 2606703278

**Consultant Psychiatrist  
NHS Addiction Services (North)**

C. c Ms. Roseann Russell, Charge Nurse, NADARS, Caley Court Resource Centre  
Moorpark Road West, Stevenston, KA20 3HU

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**Mental Health Services**

**NHS Addiction Services**  
**Caley Court Resource Centre**  
**Moorpark Road West**  
**Stevenson**  
**KA20 3HU**  
[www.nhsaaa.net](http://www.nhsaaa.net)

**CLINICAL IN CONFIDENCE**

Dr J Grayston  
 Townhead Surgery  
 6/8 High Street  
 Irvine  
 Ayrshire  
 KA12 0AY

Clinic Date: 07/04/2020  
 Date Dictated: 07/04/2020  
 Date Typed: 16/04/2020  
 Our Ref: CW/ND  
 Enquiries to: Nikki Donaldson  
 Tel No: 01294 476063

Dear Dr Grayston

**DENYS BROWN**  
**CHI No: 2606703278**

124C MONTGOMERY STREET, IRVINE, KA12 8PW

**Diagnosis:**

**F11.2 – Opioid Dependence Syndrome**  
**F13.2 – Sedative Dependence Syndrome**  
**(benzodiazepine)**  
**F41.9 – Anxiety Disorder Unspecified**

**Psychiatric Medication:**

**Prescribed by Addiction Services**  
**Methadone 30ml daily, twice weekly dispense**  
**(supervision lifted due to COVID-19 exigencies)**  
**Diazepam 30mg daily**  
**Prescribed by General Practitioner**  
**Quetiapine 20mg daily**  
**Gabapentin**  
**Meloxicam**

**Recommendations/Plan:**

- 1) No change to medication.
- 2) Ongoing support from key worker.
- 3) Outpatient clinic six months.

I reviewed Mr Brown via telephone on 07 April 2020. He reported maintaining stability on his prescribed medication. He reported that he and his partner had been tested for coronavirus after she had developed a cough but both were negative. He was unhappy about having to continue going to the pharmacy twice weekly when other people had their dispensing relaxed to once weekly. I explained the reasons behind the changes and dispensing and advised him that the supervision should have been lifted from his twice weekly dispense which he was satisfied with.

He did not note any other particular concerns. He understands the changes that have taken place in the service at this time and is aware that he will continue to be supported via telephone. He is aware of the process should he develop symptoms which are suggestive of

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2

DENYS BROWN

CHI No: 2606703278

coronavirus. I have not made any changes to his treatment and I will see him in clinic again in six months' time.

Yours sincerely

*Authorised on 20/04/2020 13:52:18 by C Woolston.*

**DR C WOOLSTON**  
Consultant Psychiatrist  
NHS Addiction Services (North)

C. c Ms. Roseann Russell, Charge Nurse, NADARS, Caley Court Resource Centre  
Moorpark Road West, Stevenston, KA20 3HU

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**Douglas, Lesley**

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**From:** Davidson, Karen  
**Sent:** 12 February 2020 13:51  
**To:** Douglas, Lesley  
**Subject:** FW: re 2606703278

Please file in notes

**From:** Woolston, Caroline  
**Sent:** 12 February 2020 13:48  
**To:** Davidson, Karen <Karen.Davidson@aapct.scot.nhs.uk>  
**Subject:** RE: re 2606703278

Hi Dr Davidson,

I have to be honest I think this is outwith my area of expertise. We rarely initiate or stop gabapentin, but very occasionally prescribe pregabalin for anxiety symptoms. I found some guidance online from pain services about swapping between them that you could search for, and our own A&A prescribing guidelines on Athena for pain suggest the pregabalin dose is about a sixth of the gabapentin dose.

Sorry I can't be of more help.

Caroline Woolston

**From:** Davidson, Karen  
**Sent:** 11 February 2020 12:55  
**To:** Woolston, Caroline  
**Subject:** re 2606703278

Dear Dr Woolston – I hope you don't mind an Email I had a rambling tel call with this patient today as the GP he had been dealing with in Sept is off long term sick – he is looking to reduce his gabapentin ( currently 900 tds) to switch to a lower dose of pregabalin I wondered if you could offer any advice as to a sensible way to do this? I did advise him it would take some time  
Many thanks  
Karen Davidson GP

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**Douglas, Lesley**

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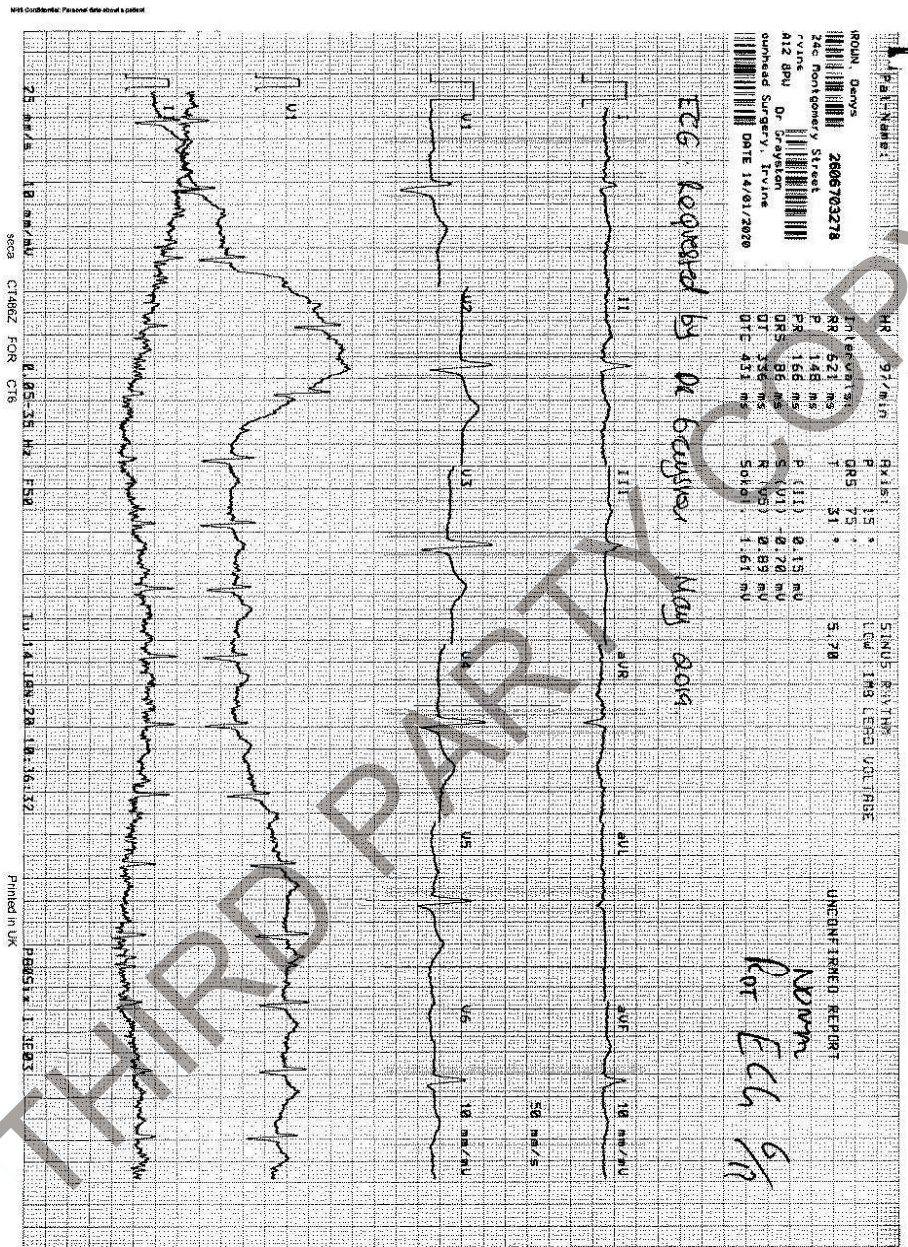
**From:** Davidson, Karen  
**Sent:** 11 February 2020 12:55  
**To:** Douglas, Lesley  
**Subject:** FW: re 2606703278

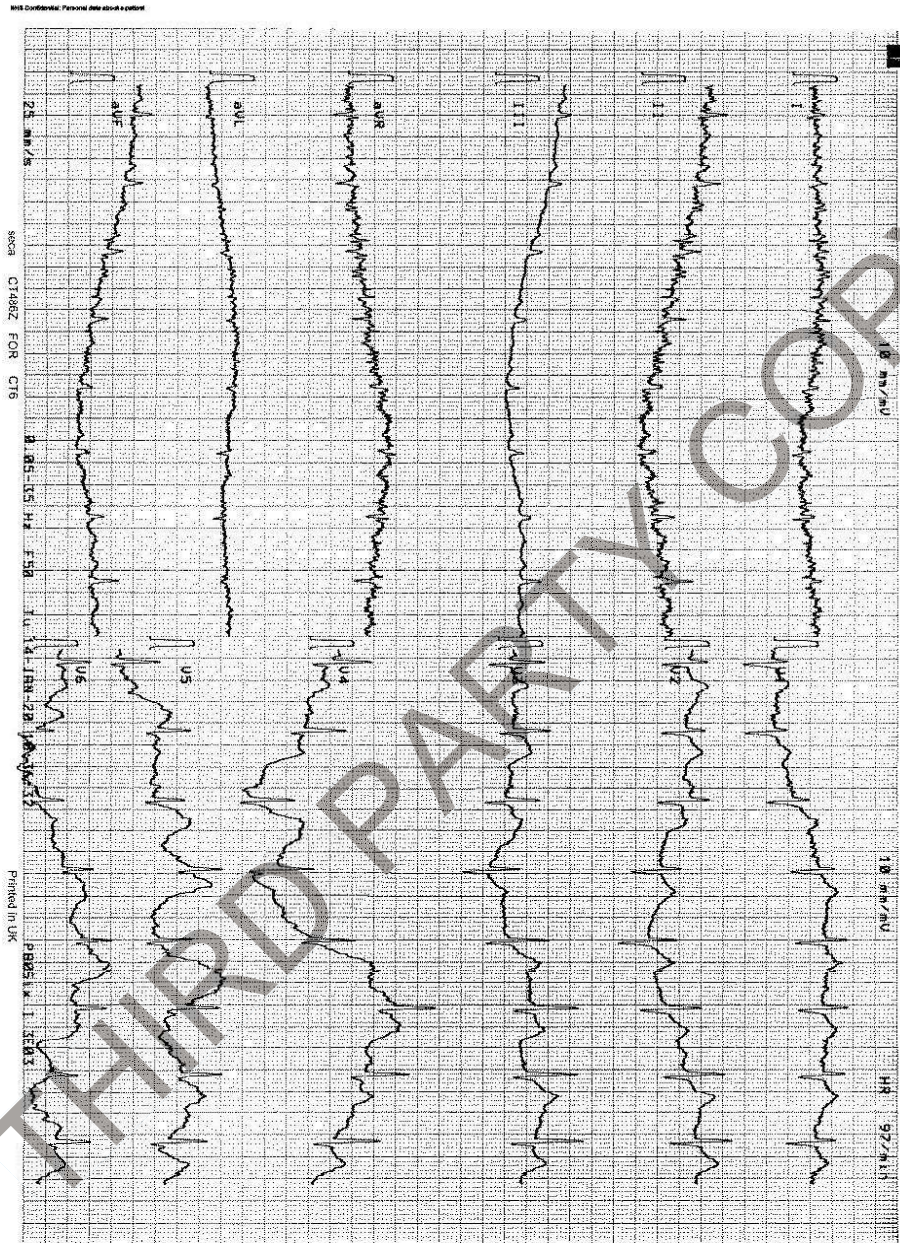
Please file in notes thanks

**From:** Davidson, Karen  
**Sent:** 11 February 2020 12:55  
**To:** Woolston, Caroline <Caroline.Woolston@apct.scot.nhs.uk>  
**Subject:** re 2606703278

Dear Dr Woolston – I hope you don't mind an Email I had a rambling tel call with this patient today as the GP he had been dealing with in Sept is off long term sick – He is looking to reduce his gabapentin ( currently 900 tds) to switch to a lower dose of pregabalin I wondered if you could offer any advice as to a sensible way to do this? I did advise him it would take some time  
Many thanks  
Karen Davidson GP







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**Mental Health Services**

**NHS Addiction Services**  
 Caley Court Resource Centre  
 Moorpark Road West  
 Stevenston  
 KA20 3HU  
[www.nhsaaa.net](http://www.nhsaaa.net)

**CLINICAL IN CONFIDENCE**

Dr J Grayston  
 Townhead Surgery  
 6/8 High Street  
 Irvine  
 Ayrshire  
 KA12 0AY

Clinic Date: 25/10/2019  
 Date Dictated: 25/10/2019  
 Date Typed: 28/10/2019  
 Our Ref: CW/ND  
 Enquiries to: Nikki Donaldson  
 Tel No: 01294 476063

Dear Dr Grayston

**DENYS BROWN**  
 CHI No: 2606703278

124C MONTGOMERY STREET, IRVINE, KA12 8PW

**Diagnosis:**

F11.2 – Opioid Dependence Syndrome  
 F13.2 – Sedative Dependence Syndrome  
 (benzodiazepine)  
 F41.9 – Anxiety Disorder Unspecified

**Psychiatric Medication:**

Prescribed by Addiction Services  
 Methadone 90ml daily, twice weekly supervised  
 dispense  
 Diazepam 30mg daily  
Prescribed by General Practitioner  
 Quetiapine 20mg daily  
 Gabapentin  
 Meloxicam

**Recommendations/Plan:**

- 1) No change to medication, although is considering reductions in the New Year.
- 2) Ongoing support from key worker.
- 3) Outpatient clinic six months.

I reviewed Mr Brown in my outpatient clinic at Caley Court Resource Centre on 25 October 2019. There has been little change to his presentation, he denies any illicit drug use or alcohol use and does not wish to make any changes to his medication at the moment. He may consider this in the New Year or at Christmas, however, he is trying to have his pain medication altered by his GP and would rather this was settled prior to changing his methadone. Other than this there were no changes to his presentation and I will see him again in clinic in six months' time.

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2  
DENYS BROWN

CHI No: 2606703278

Yours sincerely

*Authorised on 11/11/2019 12:03:30 by C Woolston.*

**DR C WOOLSTON**  
Consultant Psychiatrist  
NHS Addiction Services (North)

C. c Mr. Peter Wood, Charge Nurse, NADARS, Caley Court Resource Centre  
Moorpark Road West, Stevenston, KA20 3HU

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## MSK DISCHARGE REPORT



<b>Patient Name:</b>	Denys Brown
<b>Address:</b>	124C Montgomery Street, Irvine, Ayrshire, KA12 8PW
<b>CHI:</b>	2606703276
<b>GP:</b>	Dr J Grayston
<b>Consultant:</b>	
<b>Referrer Source:</b>	GP
<b>Referral Date:</b>	20/05/2019
<b>Start Date:</b>	23/08/2019
<b>Discharge Date:</b>	12/02/2020
<b>No. of treatments:</b>	1
<b>Discharge Reason:</b>	Patient assessed and advised has not requested a further appointment during the opt-in period
<b>Treatment Outcome:</b>	Exercise and advice only
<b>Therapist:</b>	Jody Kerr
<b>Location:</b>	PHYSIOTHERAPY DEPARTMENT AYRSHIRE CENTRAL HOSPITAL

Dear Dr Grayston,

**Diagnosis:** LBP

Mr Brown attended with symptoms suggestive of the above and was treated by my colleague. They were provided with advice on increasing activity levels. They did not request a further appointment during the opt-in period and is now discharged from physiotherapy.

I would be happy to see them again should symptoms re-occur.

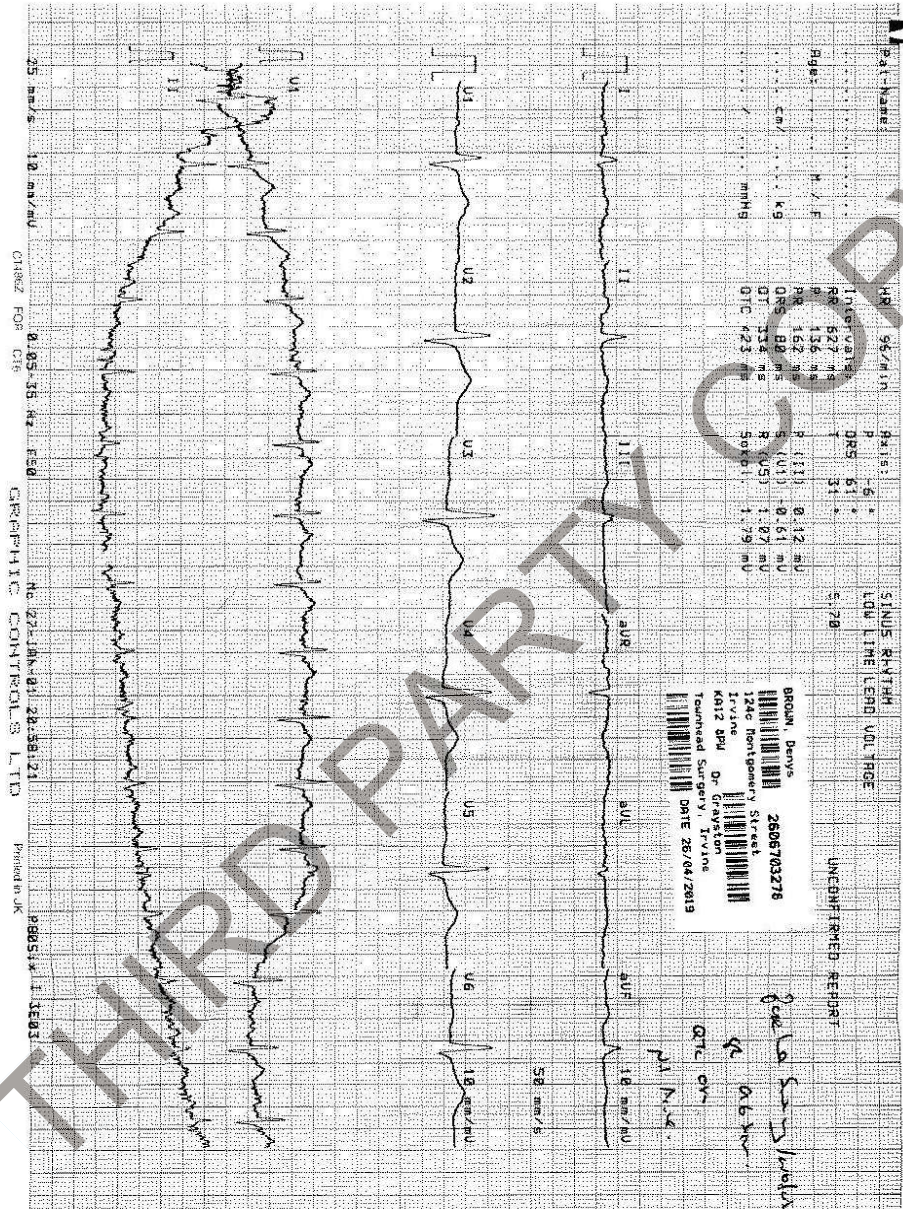
If you have any questions please don't hesitate to contact me.

Yours sincerely,

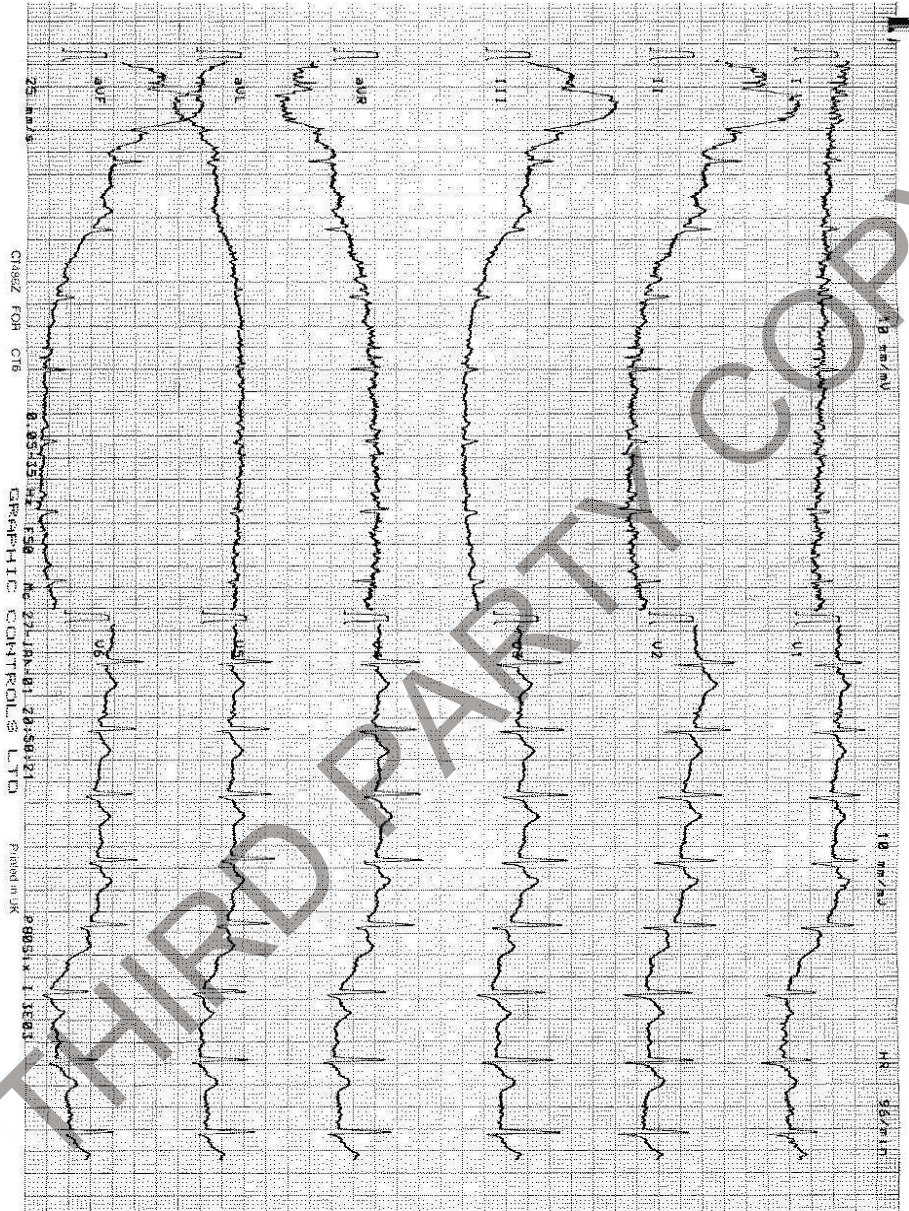
Authorised on 12/02/2020 10:22:43 by Jody Kerr.

Jody Kerr  
12/02/2020

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**Mental Health Services**

**NHS Addiction Services**  
**Caley Court Resource Centre**  
**Moorpark Road West**  
**Stevenston**  
**KA20 3HU**  
[www.nhsaaa.net](http://www.nhsaaa.net)

**CLINICAL IN CONFIDENCE**

Dr J Grayston  
 Townhead Surgery  
 6/8 High Street  
 Irvine  
 Ayrshire  
 KA12 0AY

Clinic Date: 26/04/2019  
 Date Dictated: 26/04/2019  
 Date Typed: 29/04/2019  
 Our Ref: CVW/ND  
 Enquiries to: Nikki Donaldson  
 Tel No: 01294 476063

Dear Dr Grayston

**DENYS BROWN**  
**CHI No: 2606703278**

124C MONTGOMERY STREET, IRVINE, KA12 8PW

**Diagnosis:**

**F11.2 – Opiate Dependence Syndrome**  
**F13.2 – Sedative Dependence Syndrome**  
**(benzodiazepine)**  
**F41.9 – Anxiety Disorder Unspecified**

**Psychiatric Medication:**

**Prescribed by Addiction Services**  
**Methadone 90ml twice weekly supervised dispense**  
**Diazepam 30mg daily**  
**Prescribed by General Practitioner**  
**Quetiapine 200mg**  
**Gabapentin**  
**Meloxicam**

**Recommendations/Plan:**

- 1) No change to medication
- 2) Ongoing support from key worker
- 3) Outpatient clinic six months

I reviewed Mr Brown in my outpatient clinic at Caley Court Resource Centre on 26 April 2019. He reported no particular change with regards his drug use, denying any illicit drug use or alcohol use. In contrast to his last appointment where he felt his mental health was deteriorating, he felt it was more stable now, although he continues to report struggling to get out of the house and really only goes out to go to the pharmacy. He has some ongoing physical health issues which he is discussing with his GP. I did not make any change to his prescription. I note that he is due to see his key worker next week and I will see him again in clinic in six months' time.

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2  
DENYS BROWN

CHI No: 2606703278

Yours sincerely

*Authorised on 30/04/2019 14:04:53 by C Woolston.*

**DR C WOOLSTON**  
Consultant Psychiatrist  
NHS Addiction Services (North)

C. c Mr. Peter Wood, Charge Nurse, NADARS, Caley Court Resource Centre  
Moorpark Road West, Stevenston, KA20 3HU

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**Confidential - Clinical  
Information**

NHS Addiction Services  
Caley Court Resource Centre  
Moorpark Road West  
Stevenston  
KA20 3HU  
01294 476196



[www.nhsaaa.net](http://www.nhsaaa.net)

To whom it may concern

Our Ref: CW/AC/  
Hospital No:  
Ref Date: 04/02/2019  
Date Dictated: 04/02/2019  
Date Typed: 04/02/2019  
Enquiries to: 01294 476195  
Direct Line:  
Ext. Number:  
Email:

Dear Sir/Madam,

**DENYS BROWN** DOB: 26/06/1970 CHI No: 2606703278  
124C MONTGOMERY STREET, IRVINE, Ayrshire, KA12 8PW

I can confirm that Denys Brown is under my psychiatric care. He suffers from:

- **F41.9 Anxiety Disorder Unspecified**
- **F11.2 Opioid Dependence Syndrome**
- **F13.2 Sedative/Hypnotic Dependence Syndrome (benzodiazepine)**

From Addiction Services he is prescribed:

- Diazepam
- Methadone

He was last reviewed by myself on the 17<sup>th</sup> October 2018.

Please write to me at the above address if you require any more information.

Yours sincerely

*Authorised on 04/02/2019 15:39:08 by C Woolston.*

**DR C WOOLSTON**  
Consultant Psychiatrist  
NHS Addiction Services (North)

Dr J Grayston  
Townhead Surgery  
Irvine

[www.nhsaaa.net](http://www.nhsaaa.net)



Hospital use only	Clinic	Day Date	Time	Hospital No.
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<b>Transport required?</b>	Unique Care Pathway Number: 1010187336131	<b>CHI:2606703278</b>
<b>REFERRAL LETTER</b>		
MEDICAL IN CONFIDENCE		

<b>REFERRAL TO</b>		
Spinal R5A1 AA Back Pain	Ethnic Origin	(White) Scottish
	Language interpreter req'd	-
	Religion	-
	<b>Religious Observance</b>	-
Musculoskeletal Triage and Treatment NHS Ayrshire & Arran	Vision impairment	-
	Hearing impairment	-
	Sign language interpreter req'd.	-
<b>Urgency of referral</b>	Routine	
<b>Date of referral</b>	20-May-2019	
<b>Date submitted</b>	20-May-2019	

<b>PATIENT DETAILS</b>			<b>Patient's address</b>		
<b>Surname</b>	Brown		124c Montgomery Street Irvine KA12 8PW		
<b>Forename(s)</b>	Denys				
<b>Title</b>	-				
<b>Sex</b>	Male				
<b>Date of birth</b>	26-Jun-1970				
<b>CHI no.</b>	2606703278		<b>Contact number(s)</b>		
			-		

<b>REGISTERED GP DETAILS</b>				<b>Practice address</b>	
<b>Name</b>	Dr James Grayston			6/8 High Street Irvine	
<b>GMC code</b>	7041317	<b>GP code</b>	21644		
<b>Practice name</b>	Townhead Surgery				
<b>Practice code</b>	80344				
				<b>Contact number(s)</b>	
				Voice: 01294 441441	
				Facsimile: 01294 312832	

<b>REFERRING PRACTITIONER DETAILS</b>				<b>Practice address</b>	
<b>Name</b>	Dr. James Grayston			6/8 High Street Irvine AYRSHIRE KA12 0AY	
<b>GMC code</b>	7041317	<b>GP code</b>	21644		
<b>Practice name</b>	Townhead Surgery (80344)				
<b>Practice code</b>	80344				
				<b>Contact number(s)</b>	
				Voice: 01294 441 441	

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**CLINICAL INFORMATION****History of presenting complaint / examination findings / investigation results****Presenting complaint**

Description: see below

Comment: JG/DB

Dear Colleague

This 48 year old gentleman has a history of lower back pain. Unfortunately it is getting worse and is getting pain down his left leg. It is poorly controlled despite analgesia but I would therefore appreciate to see your review and advice on whether anything could be added.

Yours sincerely

Dr Grayston

**Examinations and Investigations**

Height: 184 -  
 Weight(kg): 110 -  
 BMI: 32.49 -  
 Light smoker - 1-9 cigs/day: Smoker\$.clm - Repeat after an Interval 31-Dec-2009 00:00  
 Current smoker: Smoker\$.clm - Repeat after an Interval 23-Nov-2006 00:00  
 Moderate smoker - 10-19 cigs/d: Disease: New Patient Townhead, priority=2 31-Aug-2006 00:00  
 Current smoker: Smoker\$.clm - Repeat after an Interval 31-Aug-2006 00:00  
 Teetotaler: Disease: New Patient Townhead, priority=2 31-Aug-2006 00:00  
 Avoids even trivial exercise: Disease: New Patient Townhead, priority=2 31-Aug-2006 00:00

**Reason for referral**

Care type requested: Out Patient

Expected outcome: Not Specified

**Past medical history****Pre-existing conditions**

Description	Laterality	Modifier	Extension	Date of onset	Recorded Date
Query Gallstones	Uncertain	-	re US Abdomen result recd 27/10/17. [ Further scan to be done ]	20-Oct-2017	20-Oct-2017
Drug addiction	-	-	Disease: New Patient Townhead, Cannabis and diazepam	30-Jul-2002	30-Jul-2002
[X]Assault	-	-	Disease: New Patient Townhead,	10-Jul-2000	10-Jul-2000
Stabbed in fight	-	-	Disease: New Patient Townhead, Left chest wall	10-Jul-2000	10-Jul-2000
Anxiety with depression	-	-	Disease: New Patient Townhead,	05-Jul-2000	05-Jul-2000
Nondependent abuse of drugs	-	-	Disease: New Patient Townhead, Heroin	06-Jun-2000	06-Jun-2000
Drug addiction	-	-	Disease: New Patient Townhead,	30-Jan-1996	30-Jan-1996
Closed fracture of radius (alone), unspecified	-	-	Disease: New Patient Townhead, Left	04-Aug-1982	04-Aug-1982
Acute bronchitis	-	-	Disease: New Patient Townhead, Admitted	25-Feb-1971	25-Feb-1971

**Past procedures**

Description	Laterality	Modifier	Comments	Date performed	Recorded Date
Medication reconciliation	-	-	Prescribed elsewhere	25-Jul-2017	25-Jul-2017
Medication reconciliation	-	-	Prescribe elsewhere	29-Dec-2016	29-Dec-2016
Medication reconciliation	-	-	Prescribed Elsewhere	09-Feb-2016	09-Feb-2016

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Medication reconciliation	-	-	prescribed elsewhere	26-Nov-2014	26-Nov-2014
Hepatitis C antibody test positive	-	-	Disease: New Patient Townhead,	28-May-1999	28-May-1999
Detoxification dependence drug	-	-	Disease: New Patient Townhead,	30-Jan-1996	30-Jan-1996

**Current medication** (Active Repeat medication issued within the last 12 months)

Drug name	BNF code	Formulation	Dosage	Frequency	Course started	Duration	Last Prescribed Date
Mebeverine Hydrochloride Tablets 135 mg	0102000P0AAAABAB	100 TABLET	ONE TO BE TAKEN THREE TIMES A DAY 20 MINUTES BEFORE MEALS	-	14-Mar-2019	-	07-May-2019
Meloxicam Tablets 15 mg	1001010AAAAABAB	30 TABLET	ONE TO BE TAKEN DAILY	-	03-Jul-2018	-	07-May-2019
Coal Tar Extract Shampoo 2 %	1309000C0BFAAAN	250 ml	TO BE USED AS DIRECTED	-	05-Jun-2018	-	07-May-2019
Quetiapine Fumarate Tablets 200 mg	0402010ABAAADAD	28 tablet	1 Tab DAILY dispense weekly	-	14-Feb-2018	-	07-May-2019
Gabapentin Capsules 300 mg	0408010G0AAAABAB	252 CAPSULE	THREE TO BE TAKEN THREE TIMES DAILY	-	15-Mar-2013	-	07-May-2019

**Recent medication** (Any medication issued within last 90 days not shown above)

Drug name	BNF code	Formulation	Dosage	Frequency	Course started	Duration	Last Prescribed Date
Alverine Citrate Capsules 60 mg	0102000A0AAAAAA	100 capsule	ONE TO BE TAKEN THREE TIMES A DAY	-	03-Jul-2018	-	12-Mar-2019

**Clinical warnings**

Smoking status

Alcohol consumption

**Lifestyle risks**

Exercise status: Not Known

Number per day  
? (not known)Units per day  
? (not known)**Additional relevant information****Administrative information**

Referred By:Registered GP

**Social circumstances**

Signature of referring doctor (or other professional)	Date
---	------

Hospital use only	Clinic	Day Date	Time	Hospital No.
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Transport required?

Unique Care Pathway Number: 1010187334695

**REFERRAL LETTER**  
MEDICAL IN CONFIDENCE

CHI:2606703278

<b>REFERRAL TO</b>	
General Surgery (excl Vascular)C11 AA Gen Ref - PMH Med & High	Ethnic Origin (White) Scottish
University Hospital Crosshouse Kilmarnock Road Kilmarnock Ayrshire KA2 0BE	Language interpreter req'd - Religion - <b>Religious Observance</b> - Vision impairment - Hearing impairment - Sign language interpreter req'd. -
<b>Urgency of referral</b> Routine	
<b>Date of referral</b> 20-May-2019	
<b>Date submitted</b> 20-May-2019	

<b>PATIENT DETAILS</b>		<b>Patient's address</b>
<b>Surname</b> Brown		124c Montgomery Street Irvine KA12 8PW
<b>Forename(s)</b> Denys		
<b>Title</b> -		
<b>Sex</b> Male		
<b>Date of birth</b> 26-Jun-1970		<b>Contact number(s)</b>
<b>CHI no.</b> 2606703278		-

<b>REGISTERED GP DETAILS</b>		<b>Practice address</b>
<b>Name</b> Dr James Grayston		6/8 High Street Irvine
<b>GMC code</b> 7041317	<b>GP code</b> 21644	
<b>Practice name</b> Townhead Surgery		
<b>Practice code</b> 80344		<b>Contact number(s)</b>
		Voice: 01294 441441 Facsimile: 01294 312832

<b>REFERRING PRACTITIONER DETAILS</b>		<b>Practice address</b>
<b>Name</b> Dr. James Grayston		6/8 High Street Irvine AYRSHIRE KA12 0AY
<b>GMC code</b> 7041317	<b>GP code</b> 21644	
<b>Practice name</b> Townhead Surgery (80344)		
<b>Practice code</b> 80344		<b>Contact number(s)</b>
		Voice: 01294 441 441

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**CLINICAL INFORMATION****History of presenting complaint / examination findings / investigation results****Presenting complaint**

Description: see below

Comment: JG/DB

Dear Colleague

This gentleman was seen at the surgical clinic and was due to have a CT scan then to be reviewed. Unfortunately he tells me he missed the CT appointment as he was having issues getting his post at the time. He is still having the same issues and wishes to be reappointed and I would appreciate if you could consider arranging this.

Yours sincerely

Dr Grayston

**Examinations and Investigations**

Height:	184	-
Weight(kg):	110	-
BMI:	32.49	-
Light smoker - 1-9 cigs/day:	Smoker\$.clm - Repeat after an Interval	31-Dec-2009 00:00
Current smoker:	Smoker\$.clm - Repeat after an Interval	23-Nov-2006 00:00
Moderate smoker - 10-19 cigs/d:	Disease: New Patient Townhead, priority=2	31-Aug-2006 00:00
Current smoker:	Smoker\$.clm - Repeat after an Interval	31-Aug-2006 00:00
Teetotaler:	Disease: New Patient Townhead, priority=2	31-Aug-2006 00:00
Avoids even trivial exercise:	Disease: New Patient Townhead, priority=2	31-Aug-2006 00:00

**Reason for referral**

Care type requested: Out Patient

Expected outcome: Not Specified

**Past medical history****Pre-existing conditions**

Description	Laterality	Modifier	Extension	Date of onset	Recorded Date
Query Gallstones	Uncertain	-	re US Abdomen result recd 27/10/17. [ Further scan to be done ]	20-Oct-2017	20-Oct-2017
Drug addiction	-	-	Disease: New Patient Townhead, Cannabis and diazepam	30-Jul-2002	30-Jul-2002
[X]Assault	-	-	Disease: New Patient Townhead,	10-Jul-2000	10-Jul-2000
Stabbed in fight	-	-	Disease: New Patient Townhead, Left chest wall	10-Jul-2000	10-Jul-2000
Anxiety with depression	-	-	Disease: New Patient Townhead,	05-Jul-2000	05-Jul-2000
Nondependent abuse of drugs	-	-	Disease: New Patient Townhead, Heroin	06-Jun-2000	06-Jun-2000
Drug addiction	-	-	Disease: New Patient Townhead,	30-Jan-1996	30-Jan-1996
Closed fracture of radius (alone), unspecified	-	-	Disease: New Patient Townhead, Left	04-Aug-1982	04-Aug-1982
Acute bronchitis	-	-	Disease: New Patient Townhead, Admitted	25-Feb-1971	25-Feb-1971

**Past procedures**

Description	Laterality	Modifier	Comments	Date performed	Recorded Date
Medication reconciliation	-	-	Prescribed elsewhere	25-Jul-2017	25-Jul-2017
Medication reconciliation	-	-	Prescribe elsewhere	29-Dec-2016	29-Dec-2016
Medication reconciliation	-	-	Prescribed Elsewhere	09-Feb-2016	09-Feb-2016

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Medication reconciliation	-	-	prescribed elsewhere	26-Nov-2014	26-Nov-2014
Hepatitis C antibody test positive	-	-	Disease: New Patient Townhead,	28-May-1999	28-May-1999
Detoxification dependence drug	-	-	Disease: New Patient Townhead,	30-Jan-1996	30-Jan-1996

**Current medication** (Active Repeat medication issued within the last 12 months)

Drug name	BNF code	Formulation	Dosage	Frequency	Course started	Duration	Last Prescribed Date
Mebeverine Hydrochloride Tablets 135 mg	0102000P0AAAABAB	100 TABLET	ONE TO BE TAKEN THREE TIMES A DAY 20 MINUTES BEFORE MEALS	-	14-Mar-2019	-	07-May-2019
Meloxicam Tablets 15 mg	1001010AAAAABAB	30 TABLET	ONE TO BE TAKEN DAILY	-	03-Jul-2018	-	07-May-2019
Coal Tar Extract Shampoo 2 %	1309000C0BFAAAN	250 ml	TO BE USED AS DIRECTED	-	05-Jun-2018	-	07-May-2019
Quetiapine Fumarate Tablets 200 mg	0402010ABAAADAD	28 tablet	1 Tab DAILY dispense weekly	-	14-Feb-2018	-	07-May-2019
Gabapentin Capsules 300 mg	0408010G0AAAABAB	252 CAPSULE	THREE TO BE TAKEN THREE TIMES DAILY	-	15-Mar-2013	-	07-May-2019

**Recent medication** (Any medication issued within last 90 days not shown above)

Drug name	BNF code	Formulation	Dosage	Frequency	Course started	Duration	Last Prescribed Date
Alverine Citrate Capsules 60 mg	0102000A0AAAAA	100 capsule	ONE TO BE TAKEN THREE TIMES A DAY	-	03-Jul-2018	-	12-Mar-2019

**Clinical warnings**

Smoking status      Alcohol consumption

**Lifestyle risks**

Exercise status: Not Known

Number per day  
? (not known)

Units per day  
? (not known)

**Additional relevant information**

**Administrative information**

Referred By:Registered GP

**Social circumstances**

\_\_\_\_\_  
**Signature of referring doctor (or other professional)      Date**

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**Confidential - Clinical  
Information**

**NHS Addiction Services  
Caley Court Resource Centre  
Moorpark Road West  
Stevenston  
KA20 3HU  
01294 476196**



[www.nhsaaa.net](http://www.nhsaaa.net)

Denys Brown  
124C Montgomery Street  
Irvine  
Ayrshire  
KA12 8PW

Our Ref: CW/AC/  
Hospital No:  
Ref Date: 14/11/2018  
Date Dictated: 14/11/2018  
Date Typed: 14/11/2018  
Enquiries to: 01294 476195  
Direct Line:  
Ext. Number:  
Email:

Dear Denys Brown,

**DENYS BROWN** DOB: 26/06/1970 CHI No: 2606703278  
**124C MONTGOMERY STREET, IRVINE, Ayrshire, KA12 8PW**

Just to let you know that your ECG on the 28<sup>th</sup> September 2018 was satisfactory.

Yours sincerely

*Authorised on 16/11/2018 13:35:35 by C Woolston*

**DR C WOOLSTON**  
**Consultant Psychiatrist**  
**NHS Addiction Services (North)**

Dr J Grayston  
Townhead Surgery  
6/8 High Street  
Irvine  
Ayrshire  
KA12 0AY

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Department of Radiology

AYRSHIRE CENTRAL HOSPITAL (IRVINE)  
 Medical Imaging Department  
 Kilwinning Road  
 IRVINE  
 KA12 8SS

**RADIOLOGY REPORT**

CHI NUMBER: 2606703278 Examination Number: 36825733 Examination Date: 13/11/2018

Name: **Brown, Denys DOB: 26/06/1970**

Address: 124c Montgomery Street, Irvine, KA12 8PW -- CC: -

Referring Department / Location: SIMPSON HAMISH

TOWNHEAD SURGERY

6/8 HIGH STREET

IRVINE

KA12 0AY

Referring Consultant: GP Requestor Clinical Specialty: General Practice

Date Dictated: 14/11/2018

Typed by: None

Examination: XR Hip Lt

**Clinical Indication***Pains L hip, ? oa***Report:****Pelvis:**

No significant bone or joint abnormality is seen.

Dictating Radiologist / Clinical Specialist **V. Murrells (Rep. Radiographer)****Verified by: V. Murrells (Rep. Radiographer)**

Page 1 of 1

\*2606703278\*]

Examination Number: 36825733 Examination Date: 13/11/2018

Name: Brown, Denys DOB: 26/06/1970

Dose :- 934.2 cGy cm2

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**NHS Addiction Services**  
**Caley Court Resource Centre**  
 Moorpark Road West  
 Stevenston  
 KA20 3HU  
 01294 476196



[www.nhsaaa.net](http://www.nhsaaa.net)

To whom it may concern

Our Ref: CW/AC/  
 Hospital No:  
 Ref Date: 23/10/2018  
 Date Dictated: 23/10/2018  
 Date Typed: 23/10/2018  
 Enquiries to: 01294 476195  
 Direct Line:  
 Ext. Number:  
 Email:

Dear Sir/Madam,

**DENYS BROWN** DOB: 26/06/1970 CHI No: 2606703278  
**124C MONTGOMERY STREET, IRVINE, Ayrshire, KA12 8PW**

I can confirm that Denys Brown is under my psychiatric care. He suffers from:

- **F41.9 – Anxiety Disorder Unspecified**
- **F11.2 – Opioid Dependence Syndrome**
- **F13.2 – Sedative/Hypnotic Dependence Syndrome**

From Addiction Services he is prescribed:

- Diazepam
- Methadone

He was last reviewed by myself on the 17<sup>th</sup> October 2018.

Please write to me at the above address if you require any more information.

Yours sincerely

*Authorised on 23/10/2018 12:17:15 by C Woolston.*

**DR C WOOLSTON**  
**Consultant Psychiatrist**  
**NHS Addiction Services (North)**

Dr J Grayston  
 Townhead Surgery  
 6/8 High Street  
 Irvine

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Ayrshire  
KA12 0AY

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**Douglas, Lesley**

**From:** Lorie, Carol-Ann  
**Sent:** 27 September 2018 11:56  
**To:** Clinical\_Practice\_IrvineTownhead\_80344  
**Subject:** results

For information

2606703278 Denys Brown

Address: 124C MONTGOMERY STREET, , IRVINE, , KA12 8PW Laboratory Number: 0018B441024 Sample Site: Blood  
 Requester: BBV Nurse 1 Sample Date: 26/09/2018 13:00 Location: BBV Nurses North Caley Court  
 Coded Sample Comments:

This Investigation Contains ABNORMAL Results.

Description	Value	Normal Range	Units	H/L	Comment
<b>Investigation: FULL BLOOD COUNT Auth. Date: 26/09/2018 21:10</b>					
Haemoglobin	169	133-176	g/L		
White Cell Count	8.7	3.7-9.5	10 <sup>9</sup> /L		
Platelets	199	150-400	10 <sup>9</sup> /L		
Haematocrit	<b>0.51</b>	0.39-0.5	%	<b>Ht</b>	
MCV	93	82-98	fL		
MCH	31.0	27.3-32.6	pg		
MCHC	335	316-349	g/L		
Neutrophils	5.9	1.5-6.5	10 <sup>9</sup> /L		
Lymphocytes	2.1	1.1-5	10 <sup>9</sup> /L		
Eosinophils	0.1	0.1-0.7	10 <sup>9</sup> /L		
Basophils	0	0-0.1	10 <sup>9</sup> /L		
Monocytes	0.7	0.2-0.9	10 <sup>9</sup> /L		
RBC	5.46	4.32-5.66	10 <sup>12</sup> /L		

Description	Value	Normal Range	Units	H/L	Comment
<b>Investigation: GLUCOSE Auth. Date: 26/09/2018 21:56</b>					
Glucose	5.5	3.3-6	mmol/L		

This Investigation Contains ABNORMAL Results.

Description	Value	Normal Range	Units	H/L	Comment
<b>Investigation: LIPID PROFILE Auth. Date: 26/09/2018 21:58</b>					
Cholesterol	4.8	3.1-6.5	mmol/L		
HDL Cholesterol	<b>0.72</b>	1-1.5	mmol/L	<b>Lo</b>	
Triglyceride	1.89	0.84-1.94	mmol/L		
LDL Cholesterol	3.22		mmol/L		
Cholesterol:HDL Ratio	6.67				

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This Investigation Contains ABNORMAL Results.

Description	Value	Normal Range	Units	H/L	Comment
<b>Investigation: LIVER FUNCTION TEST</b> Auth. Date: 26/09/2018 21:58					
Total Bilirubin	5	3-21	µmol/L		
ALP	74	30-130	U/L		
AST					HAEM
ALT	9	5-55	U/L		
Total Protein	80	60-80	g/L		
Albumin	42	35-50	g/L		
Globulin	<b>38</b>	21-35	g/L	Hi	

This Investigation Contains ABNORMAL Results.

Description	Value	Normal Range	Units	H/L	Comment
<b>Investigation: UREA AND ELECTROLYTES</b> Auth. Date: 26/09/2018 21:58					
Urea	4.5	2.5-7.8	mmol/L		
Creatinine	90	50-120	µmol/L		
Sodium	134	133-146	mmol/L		
Potassium	<b>5.5</b>	3.5-5.3	mmol/L	Hi	
Chloride	97	95-108	mmol/L		
eGFR result/1.73m <sup>2</sup>	>60	60-61	mL/min		

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**Mental Health Services**

**NHS Addiction Services**  
**Caley Court Resource Centre**  
**Moorpark Road West**  
**Stevenston**  
**KA20 3HU**  
[www.nhsaaa.net](http://www.nhsaaa.net)

**CLINICAL IN CONFIDENCE**

Dr J Grayston  
 Townhead Surgery  
 6/8 High Street  
 Irvine  
 Ayrshire  
 KA12 0AY

Clinic Date: 17/10/2018  
 Date Dictated: 17/10/2018  
 Date Typed: 22/10/2018  
 Our Ref: CW/ND  
 Enquiries to: Nikki Donaldson  
 Tel No: 01294 476063

Dear Dr Grayston

**DENYS BROWN**  
**CHI No: 2606703278**

124C MONTGOMERY STREET, IRVINE, KA12 8PW

**Diagnosis:**

**F11.2 – Opiate Dependence Syndrome**  
**F13.2 – Sedative Dependence Syndrome**  
**(benzodiazepine)**  
**F41.9 – Anxiety Disorder Unspecified**

**Psychiatric Medication:**

**Prescribed by Addiction Services**  
**Methadone 90ml twice weekly supervised dispense**  
**Diazepam 30mg daily**  
**Prescribed by General Practitioner**  
**Quetiapine 200mg**  
**Gabapentin**  
**Meloxicam**

**Recommendations/Plan:**

- 1) No change to medication
- 2) Ongoing support from key worker
- 3) Outpatient clinic six months

I reviewed Mr Brown in my outpatient clinic at Caley Court Resource Centre on 17 October 2018. He remains stable from the point of view of his addictions and denies any illicit drug use or alcohol use.

His main concern at the moment seems to be some ongoing physical health issues. He is attending his GP regarding this. He is also in contact with Better of North Ayrshire to support him with his finances.

As a result of some stresses including his father being unwell he has felt that his mental health has deteriorated a little recently with lowering in mood and difficulty getting out of the house. He did say that his partner was currently trying to support him with this and I encouraged him to increase his activity levels, both for his mental health and his physical

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2

DENYS BROWN

CHI No: 2606703278

health as he has put on quite a lot of weight. I did not make any other changes to his treatment today and I will see him back in six months time.

Yours sincerely

*Authorised on 26/10/2018 15:39:18 by C Woolston.*

**DR C WOOLSTON**  
Consultant Psychiatrist  
NHS Addiction Services (North)

C. c Ms. Amanda Drury, Charge Nurse, NADARS, Caley Court Resource Centre  
Moorpark Road West, Stevenston, KA20 3HU

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**Mental Health Services**

**NHS Addiction Services**  
**Caley Court Resource Centre**  
**Moorpark Road West**  
**Stevenston**  
**KA20 3HU**  
[www.nhsaaa.net](http://www.nhsaaa.net)



**CLINICAL IN CONFIDENCE**

Dr J Grayston  
 Townhead Surgery  
 6/8 High Street  
 Irvine  
 Ayrshire  
 KA12 0AY

Clinic Date: 01/08/2018  
 Date Dictated: 01/08/2018  
 Date Typed: 13/08/2018  
 Our Ref: CW/ND  
 Enquiries to: Nikki Donaldson  
 Tel No: 01294 476063

Dear Dr Grayston

**DENYS BROWN**  
**CHI No: 2606703278**

**124C MONTGOMERY STREET, IRVINE, KA12 8PW**

Mr Brown failed to attend his outpatient clinic appointment on 01 August 2018 at Caley Court Resource Centre. He will be reappointed in due course

Yours sincerely

*Authorised on 15/08/2018 16:13:48 by C Woolston.*

**DR C WOOLSTON**  
**Consultant Psychiatrist**  
**NHS Addiction Services (North)**

C. c Ms. Amanda Drury, NHS Addiction Services, Caley Court Resource Centre  
 Moorpark Road West, Stevenston, KA20 3HU

[www.nhsaaa.net](http://www.nhsaaa.net)



JG/KL

20<sup>th</sup> July 2018

Mr I Felsenstein  
General Surgical Dept  
Crosshouse Hospital  
Kilmarnock

Dear Mr Felsenstein,

**RE: DENYS BROWN, 124C MONTGOMERY STREET, IRVINE, KA12 8PW  
CHI: 2606703278**

You saw this gentleman on 18<sup>th</sup> June in your clinic. You has booked him for a Ct scan and planned to review him in your clinic with the result.

Unfortunately the gentleman has missed his CT appointment. He states this is due to problems with his neighbour's dog interfering with the post man. He is still keen to have this scan and has made suitable arrangement to ensure he can get his post.

I have been informed that I have to refer back to you to see if you will arrange a further scan. I would appreciate your help on this.

Yours Sincerely

Dr James Grayston



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**Mental Health Services**

**NHS Addiction Services**  
**Caley Court Resource Centre**  
**Moorpark Road West**  
**Stevenston**  
**KA20 3HU**  
[www.nhsaaa.net](http://www.nhsaaa.net)

**CLINICAL IN CONFIDENCE**

Dr J Grayston  
 Townhead Surgery  
 6/8 High Street  
 Irvine  
 Ayrshire  
 KA12 0AY

Clinic Date: 12/01/2018  
 Date Dictated: 15/01/2018  
 Date Typed: 23/01/2018  
 Our Ref: CW/ND  
 Enquiries to: Nikki Doherty  
 Tel No: 01294 476063

Dear Dr Grayston

**DENYS BROWN**

**124C MONTGOMERY STREET, IRVINE, AYRSHIRE,**  
**KA12 8PW**

**CHI No: 2606703278****Diagnosis:**

**F11.2 – Opioid Dependence Syndrome**  
**F13.2 – Sedative/Hypnotic Dependence Syndrome**  
**(benzodiazepine)**  
**F41.9 – Anxiety Disorder (Unspecified)**

**Psychiatric Medication:**

**Prescribed by Addiction Services**  
**Methadone 90ml daily, twice weekly supervised**  
**dispense**  
**Diazepam 30mg**  
**Quetiapine 200mg**  
**Prescribed by General Practitioner**  
**Gabapentin**  
**Meloxicam**

**Recommendations/Plan:**

- 1) Please transfer Quetiapine prescription to GP as he has been stable on this for some time**
- 2) No other change for medication**
- 3) Ongoing support from key worker**
- 4) Clinic review six months**

I reviewed Mr Brown in my outpatient clinic at Caley Court Resource Centre on 15 January 2018. There has been little change since I last saw Mr Brown. He reports remaining stable on his prescribed medication and denies any illicit drug use. He has been stable on his prescribed Quetiapine for some time and therefore I would be grateful if, in keeping with the addiction prescribing guidelines, this could be prescribed by his GP.

Mr Brown did express some frustration with the frequent changes of key worker that he has had over the last few months. He did seem to be relieved that he had an appointment with his newly allocated key worker on 23 January 2018. He has some ongoing physical health

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2

DENYS BROWN

CHI No: 2606703278

concerns, mainly gallstones which he is trying to discuss with his GP although he is struggling to get an appointment. Other than this he has ongoing difficulties with anxiety and paranoia when he is out with the house and tends to go out accompanied, either by his partner or his father. He did express some interest in peer support and I have asked that he discusses this further with his key worker when he meets with her. I did not make any changes to his medication.

Yours sincerely

*Authorised on 23/01/2018 14:09:59 by C Woolston.*

**DR C WOOLSTON**  
Consultant Psychiatrist  
NHS Addiction Services (North)

Ms. Amanda Drury  
NHS Addiction Services  
Caley Court Resource Centre  
Moorpark Road West  
Stevenston  
KA20 3HU

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**Mental Health Services**

**NHS Addiction Services**  
 Caley Court Resource Centre  
 Moorpark Road West  
 Stevenston  
 KA20 3HU  
[www.nhsaaa.net](http://www.nhsaaa.net)



**CLINICAL IN CONFIDENCE**

Dr J Grayston  
 Townhead Surgery  
 6/8 High Street  
 Irvine  
 Ayrshire  
 KA12 0AY

Date Dictated: 23/01/2018  
 Date Typed: 23/01/2018  
 Our Ref: CW/ND  
 Enquiries to: Nikki Doherty  
 Tel No: 01294 476063

Dear Dr Grayston

**DENYS BROWN**  
**CHI No: 2606703278**

**124C MONTGOMERY STREET, IRVINE, KA12 8PW**

I am writing to request that you take over the prescribing of Quetiapine 200mg daily, in keeping with the prescribing guidelines, for the above patient as he is now stable on this medication. The current prescription from addiction services will end on 12 February 2018.

Yours sincerely

*Authorised on 23/01/2018 14:12:49 by C Woolston.*

**DR C WOOLSTON**  
**Consultant Psychiatrist**  
**NHS Addiction Services (North)**

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**NHS Addiction Services**  
**Caley Court Resource Centre**  
 Moorpark Road West  
 Stevenston  
 KA20 3HU  
 01294 476196



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Denys Brown  
 124C Montgomery Street  
 Irvine  
 Ayrshire  
 KA12 8PW

Our Ref: CW/AC/  
 Hospital No:  
 Ref Date: 19/12/2017  
 Date Dictated: 19/12/2017  
 Date Typed: 19/12/2017  
 Enquiries to: 01294 476195  
 Direct Line:  
 Ext. Number:  
 Email:

Dear Denys Brown,

**DENYS BROWN** DOB: 26/06/1970 CHI No: 2606703278  
**124C MONTGOMERY STREET, IRVINE, Ayrshire, KA12 8PW**

Just to let you know that your ECG carried out on the 26<sup>th</sup> September 2017 was satisfactory.

With thanks

Yours sincerely

*Authorised on 20/12/2017 10:02:37 by C Woolston.*

**DR C WOOLSTON**  
**Consultant Psychiatrist**  
**NHS Addiction Services (North)**

Dr J Grayston  
 Townhead Surgery  
 6/8 High Street  
 Irvine  
 Ayrshire  
 KA12 0AY

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Department of Radiology

UNIVERSITY HOSPITAL CROSSHOUSE  
 Medical Imaging Department  
 CROSSHOUSE  
 Kilmarnock  
 KA2 0BE

**RADIOLOGY REPORT**

CHI NUMBER: 2606705278 Examination Number: 35711229 Examination Date: 02/11/2017

Name: **Brown, Denys DOB: 26/06/1970**

Address: 124c Montgomery Street, Irvine, Ayrshire, KA12 8PW -- CC: -

Referring Department / Location: GRAYSTON JAMES

Townhead Surgery

6-8 High Street

Irvine

KA12 0AY

Referring Consultant: GP Requestor

Date Dictated: 02/11/2017 Typed by: None

Examination: US Abdomen

**Clinical Indication**

*A few months of intermittent stabbing RUQ pain. Patient also reports can feel lump in this area. No clear lump palpable today. ?gallstones ?other pathology*

**Report:**

Ultrasound targeted fasted gallbladder scan  
 Sonographer performed and reported examination.  
 Normal appearance of the gallbladder with no evidence of gallstones demonstrated.  
 The common duct appears normal in calibre

Dictating Radiologist / Clinical Specialist **Margaret Barlow (Sonographer)****Verified by: Margaret Barlow (Sonographer)**

Page 1 of 1



Examination Number: 35711229 Examination Date: 02/11/2017

Name: **Brown, Denys DOB: 26/06/1970**

Dose :-

Hospital use only	Clinic	Day Date	Time	Hospital No.
-------------------	--------	----------	------	--------------

Transport required?

Unique Care Pathway Number: 101015422365R

**REFERRAL LETTER**  
MEDICAL IN CONFIDENCE

CHI:2606703278

<b>REFERRAL TO</b>	
General Surgery (excl Vascular)C11 AA Gen Ref - PMH Med & High	Ethnic Origin (White) Scottish
University Hospital Crosshouse Kilmarnock Road Kilmarnock Ayrshire KA2 0BE	Language interpreter req'd -
	Religion -
	<b>Religious Observance</b>
	Vision impairment -
	Hearing impairment -
	Sign language interpreter req'd. -
<b>Urgency of referral</b>	Routine
<b>Date of referral</b>	06-Feb-2018
<b>Date submitted</b>	06-Feb-2018

<b>PATIENT DETAILS</b>		<b>Patient's address</b>
<b>Surname</b>	Brown	124c Montgomery Street Irvine KA12 8PW
<b>Forename(s)</b>	Denys	
<b>Title</b>	-	
<b>Sex</b>	Male	
<b>Date of birth</b>	26-Jun-1970	<b>Contact number(s)</b>
<b>CHI no.</b>	2606703278	-

<b>REGISTERED GP DETAILS</b>		<b>Practice address</b>
<b>Name</b>	Dr James Grayston	6/8 High Street Irvine
<b>GMC code</b>	7041317	
<b>GP code</b>	21644	
<b>Practice name</b>	Townhead Surgery	<b>Contact number(s)</b>
<b>Practice code</b>	80344	
		Voice: 01294 441441
		Facsimile: 01294 312832

<b>REFERRING PRACTITIONER DETAILS</b>		<b>Practice address</b>
<b>Name</b>	Dr. James Grayston	6/8 High Street Irvine
<b>GMC code</b>	7041317	
<b>GP code</b>	21644	
<b>Practice name</b>	Townhead Surgery (80344)	AYRSHIRE
<b>Practice code</b>	80344	KA12 0AY
		<b>Contact number(s)</b>
		Voice: 01294 441 441

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**CLINICAL INFORMATION****History of presenting complaint / examination findings / investigation results****Presenting complaint**

Description: see below

Comment: JG/DB

Dear Colleague

I would appreciate your opinion on this 47 year old man who is having persistent right upper quadrant pains.

Mr Brown first attended in September complaining of intermittent stabbing pain in his right upper quadrant. He did not think it was affected by eating. He reported that he was not vomiting and his bowels were moving normally. He had very occasional heartburn but this was pain was different.

On examination he had a raised BMI. His abdomen was soft with some tenderness in the right upper quadrant. I gave him some Buscopan and arranged some bloods and an ultrasound scan. Bloods tests were entirely satisfactory. The initial ultrasound showed possible gallstones but was not fully fasted so was repeated. This scan has returned back normal.

Mr Brown attends complaining that he is still getting this pain now daily. He is quite distressed by it. There is no change in the physical examination.

Given his persistent pain I would appreciate your opinion on the cause and further management.

Yours sincerely

Dr James Grayston

**Examinations and Investigations**

Height:	184
Weight(kg):	110
BMI:	32.49
Light smoker - 1-9 cigs/day:	Smoker\$.clm - Repeat after an Interval 31-Dec-2009 00:00
Current smoker:	Smoker\$.clm - Repeat after an Interval 23-Nov-2006 00:00
Moderate smoker - 10-19 cigs/d:	Disease: New Patient Townhead, priority=2 31-Aug-2006 00:00
Current smoker:	Smoker\$.clm - Repeat after an Interval 31-Aug-2006 00:00
Teetotaler:	Disease: New Patient Townhead, priority=2 31-Aug-2006 00:00
Avoids even trivial exercise:	Disease: New Patient Townhead, priority=2 31-Aug-2006 00:00

**Reason for referral**

Care type requested: Out Patient

Expected outcome: Not Specified

**Past medical history****Pre-existing conditions**

Description	Laterality	Modifier	Extension	Date of onset	Recorded Date
Query Gallstones	Uncertain	-	re US Abdomen result recd 27/10/17. [ Further scan to be done ]	20-Oct-2017	20-Oct-2017
Drug addiction	-	-	Disease: New Patient Townhead, Cannabis and diazepam	30-Jul-2002	30-Jul-2002
Stabbed in fight	-	-	Disease: New Patient Townhead, Left chest wall	10-Jul-2000	10-Jul-2000
[X]Assault	-	-	Disease: New Patient Townhead,	10-Jul-2000	10-Jul-2000
Anxiety with depression	-	-	Disease: New Patient Townhead,	05-Jul-2000	05-Jul-2000
Nondependent abuse of drugs	-	-	Disease: New Patient Townhead, Heroin	06-Jun-2000	06-Jun-2000
Drug addiction	-	-	Disease: New Patient Townhead,	30-Jan-1996	30-Jan-1996

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Closed fracture of radius (alone), unspecified	-	-	Disease: New Patient Townhead, Left	04-Aug-1982	04-Aug-1982
Acute bronchitis	-	-	Disease: New Patient Townhead, Admitted	25-Feb-1971	25-Feb-1971

**Past procedures**

Description	Laterality	Modifier	Comments	Date performed	Recorded Date
Medication reconciliation	-	-	Prescribed elsewhere	25-Jul-2017	25-Jul-2017
Medication reconciliation	-	-	Prescribe elsewhere	29-Dec-2016	29-Dec-2016
Medication reconciliation	-	-	Prescribed Elsewhere	09-Feb-2016	09-Feb-2016
Medication reconciliation	-	-	prescribed elsewhere	26-Nov-2014	26-Nov-2014
Hepatitis C antibody test positive	-	-	Disease: New Patient Townhead,	28-May-1999	28-May-1999
Detoxification dependence drug	-	-	Disease: New Patient Townhead,	30-Jan-1996	30-Jan-1996

**Current medication** (Active Repeat medication issued within the last 12 months)

Drug name	BNF code	Formulation	Dosage	Frequency	Course started	Duration	Last Prescribed Date
Gabapentin Capsules 300 mg	0408010G0AAAABAB	168 CAPSULE	TWO TO BE TAKEN THREE TIMES DAILY	-	15-Mar-2013	-	17-Jan-2018

**Recent medication** (Any medication issued within last 90 days not shown above)

Drug name	BNF code	Formulation	Dosage	Frequency	Course started	Duration	Last Prescribed Date
Alverine Citrate Capsules 60 mg	0102000A0AAAAAAA	100 capsule	ONE TO BE TAKEN THREE TIMES A DAY	-	02-Feb-2018	33 Days	02-Feb-2018
Amoxicillin Capsules 500 mg	-	15 CAPSULE	TAKE ONE THREE TIMES A DAY FOR FIVE DAYS DELAYED PRESCRIPTION	-	02-Feb-2018	42 Days	02-Feb-2018
Coal Tar Extract Shampoo 2 %	1309000C0BFAAAN	250 ml	TO BE USED AS DIRECTED	-	17-Jan-2018	42 Days	17-Jan-2018
Hyoscine Butylbromide Tablets 10 mg	0102000N0AAAABAB	56 TABLET	TWO TO BE TAKEN FOUR TIMES A DAY WHEN REQUIRED	-	17-Jan-2018	42 Days	17-Jan-2018
Meloxicam Tablets 15 mg	1001010AAAAABAB	30 TABLET	ONE TO BE TAKEN DAILY	-	17-Jan-2018	42 Days	17-Jan-2018
Hydrocortisone And Miconazole Cream 1 % + 2 %	-	30 GRAM	APPLY THINLY ONCE A DAY AS DIRECTED	-	17-Jan-2018	42 Days	17-Jan-2018
Hydrocortisone And Miconazole Cream 1 % + 2 %	-	30 GRAM	APPLY THINLY ONCE A DAY AS DIRECTED	-	28-Nov-2017	64 Days	20-Dec-2017
Hyoscine Butylbromide Tablets 10 mg	0102000N0AAAABAB	56 TABLET	TWO TO BE TAKEN FOUR TIMES A DAY WHEN REQUIRED	-	05-Oct-2017	96 Days	28-Nov-2017
Meloxicam Tablets 15 mg	1001010AAAAABAB	30 TABLET	ONE TO BE TAKEN DAILY	-	05-Oct-2017	96 Days	28-Nov-2017

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