

Ref: JH
CHI: 100 382 0107
Date: 17 November 2023

PRIVATE & CONFIDENTIAL

Miss Yvonne Jamieson
Flat 0/2
7 Taransay St
Glasgow
G51 3EF

Dear Miss Jamieson

A follow up appointment has been made for you to be seen as follows:

Date: **20-Mar-2024**
Time: **10:40am**
Appointment with: **Consultant Psychiatrist Claire McGhee**
Location: **Face to face at Brand St Resource Centre, 150 Brand St,
Glasgow, G51 1DH**
Contact details: **0141 303 8900**

If you are attending an appointment with a doctor clinic, please note that in some instances you may be seen by a locum Consultant or another member of the medical team.

If this appointment is not suitable, please telephone me on the above number so alternative arrangements can be made.

Yours sincerely

Team Medical Secretary

Our Ref: JH
Job ID: 100413152
Date: 17/11/2023

PRIVATE & CONFIDENTIAL

Dr R Khan
Westmuir Medical Centre
The Westmuir Medical Practice
109 Crail Street
Glasgow
G31 5RA

Mental Health
Brand Street Resource Centre
Units G7, G8 & G4
150 Brand Street
Glasgow
G51 1DH
0141 303 8900
www.nhsggc.org.uk

Dear Dr Khan

Re: Yvonne Jamieson DOB: 10/03/1982 CHI: 1003820107
Address: Flat 0/2 7 Taransay St, Glasgow, G51 3EF

Diagnosis	Emotional Unstable Personality Disorder
Current Medication	Thyroxine 100mcg daily Quetiapine 75mg at night
Follow up	Outpatient clinic 4 months time Awaiting allocations to female CPN for emotional coping skills work

I reviewed Yvonne in my outpatient clinic on the 15th November 2023. Yvonne reported that things have been very difficult over recent months. She has had an on-off relationship with her partner, although they are now back together. She was living in supported accommodation for a few weeks although has now returned to her tenancy in Govan. Yvonne reports she has been slightly more emotionally dysregulated over this time and has been having some heightened visions in the evening relating to previous sexual abuse. She has at times taken Quetiapine over her prescribed dose although has now returned to the recommended amount. Yvonne is keen to engage in emotional coping skills work and today presented as well kempt and insightful in to her mental health. She denied any thoughts of self-harm or suicide today and appears future focused. I have provided her with

some further handouts on BPD and PTSD and we agreed today to make no changes to her medication. I advised her that if she is finding Quetiapine over sedating she could reduce this herself to 50mg daily. Yvonne was happy with this as a plan and we will keep her under review in the outpatient clinic. In the meantime she is aware of our contact details should she require any earlier input.

Yours sincerely

Dr Claire McGhee
Consultant Psychiatrist

Authorised on 17/11/2023 16:21:31 by Clare McGhee.

Ref: JH
CHI: 100 382 0107
Date: 10 November 2023

PRIVATE & CONFIDENTIAL

Miss Yvonne Jamieson
Flat 0/2
7 Taransay St
Glasgow
G51 3EF

Dear Miss Jamieson

A follow up appointment has been made for you to be seen as follows:

Date: **15-Nov-2023**
Time: **9:40am**
Appointment with: **Consultant Psychiatrist Claire McGhee**
Location: **Face to face at Brand St Resource Centre, 150 Brand St,
Glasgow, G51 1DH**
Contact details: **0141 303 8900**

If you are attending an appointment with a doctor clinic, please note that in some instances you may be seen by a locum Consultant or another member of the medical team.

If this appointment is not suitable, please telephone me on the above number so alternative arrangements can be made.

Yours sincerely

Team Medical Secretary

Our Ref: NM
Job ID: 100360053
Date: 14/08/2023

PRIVATE & CONFIDENTIAL

Allocations
Brand Street CMHT
Festival Business Centre
150 Brand Street
Glasgow
G51 1DH

Mental Health
Brand Street Resource Centre
Units G7, G8 & G4
150 Brand Street
Glasgow
G51 1DH
0141 303 8900 EXT:
www.nhsggc.org.uk

Dear Allocations

Re: Yvonne Jamieson DOB: 10/03/1982 CHI: 1003820107
Address: Flat 0/2 7 Taransay Street, Glasgow, G51 3EF

Diagnosis:	EUPD
Mental Health Act Status:	Informal
Current Medication:	Quetiapine 25mg in the morning, 50mg at night

As discussed in the MDT, I would be the most grateful if Yvonne could be allocated to a CPN to do emotional coping skills work. Yvonne is a very pleasant 41-year-old lady who was given a diagnosis of Bi-Polar Affective Disorder whilst living in Blairgowrie. Since she has moved to Glasgow I have revised this diagnosis to EUPD and have provided Yvonne with information on this. She remains at fairly high risk of impulsive overdoses and is keen

to engage with services to improve her emotional coping skills. She is very pleasant and there are no concerns regarding her ability to engage.

I would be more than happy to discuss this further if you require any additional information.

Yours sincerely



DR CLAIRE MCGHEE
Consultant Psychiatrist

If phoning please ask for Dr McGhee's secretary.
Telephone 0141 303 8900 Fax 0141 303 8909

Authorised on 24/08/2023 09:43:59 by Clare McGhee.

(D) Dr CD Martin
Dr Mair & Partners
1600-1604 Paisley Road West
Ibrox
Glasgow
G52 3QN

Ref: PO
CHI: 100 382 0107
Date: 15 September 2023

PRIVATE & CONFIDENTIAL

Miss Yvonne Jamieson
Flat 0/2
7 Taransay Street
Govan
Glasgow
G51 3EF

Dear Miss Jamieson

A follow up appointment has been made for you to be seen as follows:

Date: **09-Oct-2023**
Time: **11:00am**
Appointment with: **ChargeNurse Ronnie Orr**
Location: **Brand Street Resource Centre**
Contact details: **Tel: 0141 303 8900**

If you are attending an appointment with a doctor clinic, please note that in some instances you may be seen by a locum Consultant or another member of the medical team.

If this appointment is not suitable, please telephone me on the above number so alternative arrangements can be made.

Please note these points before attending your appointment:

- If you have symptoms of COVID 19, you should not attend, but contact us on the above number to rearrange your appointment.
- Patients should only bring one other person to their appointment.
- Patients and anyone accompanying them should wear a mask/ face covering to their appointment unless exempt.
- Please arrive as close to your appointment time as possible and remain in waiting area until called.

Yours sincerely

Team Medical Secretary

Our Ref: CMG
Job ID: 100353998
Date: 02/08/2023

Private & Confidential

Dr CD Martin
Dr Mair & Partners
1600-1604 Paisley Road West
Ibroy
Glasgow
G52 3QN

Department of General Adult Psychiatry
Brand Street Resource Centre
Festival Business Park
150 Brand Street
Glasgow
G51 1DH
3038900 EXT: 3038900
www.nhsggc.org.uk

Dear Dr Martin

Re: Yvonne Jamieson DOB: 10/03/1982 CHI: 1003820107
Address: Flat 0/2 7 Taransay Street, Glasgow, G51 3EF

Change of Medication Request

Your above named patient was reviewed by telephone/video/face to face assessment.

Urgent (Within 24 hrs) <input type="checkbox"/> (should be followed by a telephone call)	Routine (available 48 hrs following request) <input checked="" type="checkbox"/>
Action required by GP:	
Please increase Quetiapine to 25mg mane, 50mg nocte.	
For ongoing weekly dispense thank you.	

Please do not hesitate to get in touch on the number above if you need further information.

Yours sincerely

Authorised on 02/08/2023 12:56:03 by Clare McGhee.

Our Ref: NM
Job ID: 100360756
Date: 15/08/2023

PRIVATE & CONFIDENTIAL

Dr CD Martin
Dr Mair & Partners
1600-1604 Paisley Road West
Ibrox
Glasgow
G52 3QN

Mental Health
Brand Street Resource Centre
Units G7, G8 & G4
150 Brand Street
Glasgow
G51 1DH
0141 303 8900 EXT:
www.nhsggc.org.uk

Dear Dr Martin

Re: Yvonne Jamieson DOB: 10/03/1982 CHI: 1003820107
Address: Flat 0/2 7 Taransay Street, Glasgow, G51 3EF

Diagnosis:	EUPD Previous diagnosis of Bi-Polar Affective Disorder
Mental Health Act Status:	Informal
Current Medication:	Levothyroxine 100mcg, Quetiapine 25mg in the morning, 50 mg at night
Follow-Up:	Referral to CPN for Emotional Coping skills work

I reviewed Yvonne in my outpatient clinic on the 02nd August 2023. She was accompanied by her partner Charlene. She reported that things have been fairly stable over recent months. She had found the reduction in Quetiapine quite difficult, describing her mood to be more variable and in general feeling more agitated. We therefore agreed to increase this back to 25mg in the morning and 50 mg at night. Yvonne was keen to spend the majority of the appointment discussing her diagnosis. I had provided her with some information on

EUPD at her last appointment, and so we spent time discussing this today. I was clear with Yvonne that while she has a previous diagnosis of Bi-Polar affective disorder I feel her difficulties are much more in keeping with that of Emotional Unstable Personality Disorder and would suggest that Psychological based treatment would be most beneficial for Yvonne. She was in agreement with this and was keen to pursue this. We therefore agreed that I would discuss her for allocation at our MDT for emotional coping skills work.

On examination, Yvonne presented as looking very well. She was well kempt and casually and appropriately dressed. She was very pleasant and easily developed a rapport. There was no evidence of any significant mood disturbance or any psychotic features and Yvonne continues to have good insight into her difficulties. She continues to be at high risk of impulsive overdoses and self harm and I would advise continuing with weekly dispense currently. She is good at contacting the department when she feels more overwhelmed and has thoughts of suicide. I therefore agreed to keep her under review and I will see her again in the outpatient clinic in 4 months time.

Yours sincerely



DR CLAIRE McGHEE
Consultant Psychiatrist

If phoning please ask for Dr McGhee's secretary.
Telephone 0141 303 8900 Fax 0141 303 8909

Authorised on 24/08/2023 09:33:10 by Clare McGhee.

Ref: NM
CHI: 100 382 0107
Date: 22 August 2023

PRIVATE & CONFIDENTIAL

Miss Yvonne Jamieson
Flat 0/2
7 Taransay Street
Govan
Glasgow
G51 3EF

Dear Miss Jamieson

A follow up appointment has been made for you to be seen as follows:

Date: **06-Dec-2023**
Time: **10:00am**
Appointment with: **Consultant Psychiatrist Claire McGhee**
Location: **Brand Street Resource Centre**
Contact details: **Tel: 0141 303 8900**

If you are attending an appointment with a doctor clinic, please note that in some instances you may be seen by a locum Consultant or another member of the medical team.

If this appointment is not suitable, please telephone me on the above number so alternative arrangements can be made.

Please note these points before attending your appointment:

- If you have symptoms of COVID 19, you should not attend, but contact us on the above number to rearrange your appointment.
- Patients should only bring one other person to their appointment.
- Patients and anyone accompanying them should wear a mask/ face covering to their appointment unless exempt.
- Please arrive as close to your appointment time as possible and remain in waiting area until called.

Yours sincerely

Team Medical Secretary

Ref: NM
CHI: 100 382 0107
Date: 19 June 2023

PRIVATE & CONFIDENTIAL

Miss Yvonne Jamieson
Flat 0/2
7 Taransay Street
Govan
Glasgow
G51 3EF

Dear Miss Jamieson

A follow up appointment has been made for you to be seen as follows:

Date: **13-Sep-2023**
Time: **10:20am**
Appointment with: **Consultant Psychiatrist Claire McGhee**
Location: **Brand Street Resource Centre**
Contact details: **Tel: 0141 303 8900**

If you are attending an appointment with a doctor clinic, please note that in some instances you may be seen by a locum Consultant or another member of the medical team.

If this appointment is not suitable, please telephone me on the above number so alternative arrangements can be made.

Please note these points before attending your appointment:

- If you have symptoms of COVID 19, you should not attend, but contact us on the above number to rearrange your appointment.
- Patients should only bring one other person to their appointment.
- Patients and anyone accompanying them should wear a mask/ face covering to their appointment unless exempt.
- Please arrive as close to your appointment time as possible and remain in waiting area until called.

Yours sincerely

Team Medical Secretary

Ref: NM
CHI: 100 382 0107
Date: 24 July 2023

PRIVATE & CONFIDENTIAL

Miss Yvonne Jamieson
Flat 0/2
7 Taransay Street
Govan
Glasgow
G51 3EF

Dear Miss Jamieson

A follow up appointment has been made for you to be seen as follows:

Date: **02-Aug-2023**
Time: **11:40am**
Appointment with: **Consultant Psychiatrist Claire McGhee**
Location: **Brans Street Resource Centre**
Contact details: **Tel: 0141 303 8900**

If you are attending an appointment with a doctor clinic, please note that in some instances you may be seen by a locum Consultant or another member of the medical team.

If this appointment is not suitable, please telephone me on the above number so alternative arrangements can be made.

Please note these points before attending your appointment:

- If you have symptoms of COVID 19, you should not attend, but contact us on the above number to rearrange your appointment.
- Patients should only bring one other person to their appointment.
- Patients and anyone accompanying them should wear a mask/ face covering to their appointment unless exempt.
- Please arrive as close to your appointment time as possible and remain in waiting area until called.

Yours sincerely

Team Medical Secretary

Our Ref: NM
Job ID: 511356
Date: 30/03/2023

PRIVATE & CONFIDENTIAL

Dr CD Martin
Dr Mair & Partners
1600-1604 Paisley Road West
Ibrox
Glasgow
G52 3QN

Mental Health
Brand Street Resource Centre
Units G7, G8 & G4
150 Brand Street
Glasgow
G51 1DH
0141 303 8900 EXT:
www.nhsggc.org.uk

Dear Dr Martin

Re: Yvonne Jamieson DOB: 10/03/1982 CHI: 1003820107
Address: Flat 0/2 7 Taransay Street, Glasgow, G51 3EF

Diagnosis:	EUPD, Previous diagnosis of Bi-Polar type 2
Mental Health Act Status:	Informal
Current Medication:	Quetiapine 100mg at night, Levothyroxine 100mcg
Follow-Up:	Telephone call to Yvonne following medication review Yvonne will consider whether she wishes Psychology based input for treatment of EUPD Outpatient clinic follow-up 3 months time

I reviewed Yvonne in my outpatient clinic on the 29th March 2023. This was my first time meeting Yvonne, although I have had a chance to review her notes since moving from Blairgowrie. Yvonne herself reported a history of a diagnosis of Bi-Polar Type 2 however she has been querying for a number of years whether this is a correct description of her difficulties. We therefore spent the majority of the appointment discussing diagnostic criteria

for both that and EUPD. It was clear that Yvonne has a long history of trauma, attachment difficulties and meets the diagnosis of EUPD rather than Bi-Polar Affective Disorder.

I therefore provided Yvonne with some written information from the MIND website regarding this and spent some time discussing treatment options. Yvonne was also keen to discuss medication as she feels Quetiapine has not been helpful with her mood and is leading to over sedation. I will therefore undertake a medication review prior to suggesting any alternative medications as I believe she is quite prone to side effects.

Objectively, Yvonne presented today as a well kempt, casually dressed woman who was very pleasant and appropriate. She described her mood as very variable and objectively appeared euthymic with normal reactivity. There was no evidence of a psychotic illness and Yvonne really appears to have excellent insight into her difficulties. The main risk for Yvonne is that of impulsive overdoses at times when interpersonal difficulties arise, and she reported her ex-partner in particular goading her to take an overdose and this being a trigger for her. At the time of the appointment she was future focussed with positive plans for improving her life and is keen to continue to engage with ourselves. We therefore agreed that I will complete a medication review and telephone her with further suggestions and Yvonne will consider whether she wants a referral to our emotional coping skills group.

Yvonne was happy with this as a plan, and we will keep you updated of her progress.

Yours sincerely



DR CLAIRE MCGHEE
Consultant Psychiatrist

If phoning please ask for Dr McGhee's secretary.
Telephone 0141 303 8900 Fax 0141 303 8909

Authorised on 31/03/2023 15:34:18 by Clare McGhee.

Our Ref: NM
Job ID: 511358
Date: 30/03/2023

PRIVATE & CONFIDENTIAL

Sir/Madam
To Whom It May Concern
Units G7, G8 & G4

Mental Health
Brand Street Resource Centre

150 Brand Street
Glasgow
G51 1DH
0141 303 8900 EXT:
www.nhsggc.org.uk

Dear Sir/Madam

Re: Yvonne Jamieson DOB: 10/03/1982 CHI: 1003820107
Address: Flat 0/2 7 Taransay Street, Glasgow, G51 3EF

Miss Jamieson has a history of mental health difficulties and is currently attending Brand Street CMHT.

She has reported to myself that her current accommodation is having a detrimental impact on her quality of life and is contributing to her feelings of low mood and anxiety. She is keen for a move to a more suitable home and I would be most grateful if the impact her current home is having on her mental health could be taken into consideration when allocating her priority.

I would be more than happy to discuss this further should you require any further information.

Yours faithfully



DR CLAIRE MCGHEE
Consultant Psychiatrist

If phoning please ask for Dr McGhee's secretary.
Telephone 0141 303 8900 Fax 0141 303 8909

Authorised on 31/03/2023 15:36:56 by Clare McGhee.

Our Ref: PO
Job ID: 100271844
Date: 13/02/2023

PRIVATE & CONFIDENTIAL

Dr CD Martin
Dr Mair & Partners
1600-1604 Paisley Road West
Ibrox
Glasgow
G52 3QN

Mental Health
Brand Street Resource Centre
Units G7, G8 & G4
150 Brand Street
Glasgow
G51 1DH
0141 303 8900 EXT:
www.nhsggc.org.uk

Dear Dr Martin

Re: Yvonne Jamieson DOB: 10/03/1982 CHI: 1003820107
Address: Flat 0/2 7 Taransay Street, Glasgow, G51 3EF

Ms Jamieson called to cancel her appointment at my out patient clinic on 1st February 2023 due to her being unwell through the night.

A further appointment will be organised in due course.

Yours sincerely



DR CLAIRE MCGHEE
Consultant Psychiatrist

If phoning please ask for Dr McGhee's secretary.



Susanne Millar
Chief Officer

Telephone 0141 303 8900 **Fax** 0141 303 8909

Authorised on 13/02/2023 11:02:28 by Typist Paula Ottaway, not verified by Clare McGhee.

Our Ref: CR
Job ID: 100295046
Date: 31/03/2023

Private & Confidential

Dr CD Martin
Dr Mair & Partners
1600-1604 Paisley Road West
Ibrox
Glasgow
G52 3QN

Community Mental Health Team
Brand Street Resource Centre
Festival Business Park
150 Brand Street
Glasgow
G51 1DH
sPrefPhoneNo EXT: sPrefExtension
www.nhsggc.org.uk

Dear Dr Martin

Re: Yvonne Jamieson DOB: 10/03/1982 CHI: 1003820107
Address: Flat 0/2 7 Taransay Street, Glasgow, G51 3EF

Change of Medication Request

Your above named patient was reviewed by telephone/video/face to face assessment.

Urgent (Within 24 hrs) <input type="checkbox"/> (should be followed by a telephone call)	Routine (available 48 hrs following request) <input checked="" type="checkbox"/>
Action required by GP:	
Please reduce Quetiapine to 50mg nocte.	

Please do not hesitate to get in touch on the number above if you need further information.

Yours sincerely

Claire McGhee

Authorised on 31/03/2023 13:43:21 by Clare McGhee.

Ref: NM
CHI: 100 382 0107
Date: 30 March 2023

PRIVATE & CONFIDENTIAL

Miss Yvonne Jamieson
Flat 0/2
7 Taransay Street
Govan
Glasgow
G51 3EF

Dear Miss Jamieson

A follow up appointment has been made for you to be seen as follows:

Date: **21-Jun-2023**
Time: **10:00am**
Appointment with: **Consultant Psychiatrist Claire McGhee**
Location: **Brand Street Resource Centre**
Contact details: **Tel: 0141 303 8900**

If you are attending an appointment with a doctor clinic, please note that in some instances you may be seen by a locum Consultant or another member of the medical team.

If this appointment is not suitable, please telephone me on the above number so alternative arrangements can be made.


Please note these points before attending your appointment:

- If you have symptoms of COVID 19, you should not attend, but contact us on the above number to rearrange your appointment.
- Patients should only bring one other person to their appointment.
- Patients and anyone accompanying them should wear a mask/ face covering to their appointment unless exempt.
- Please arrive as close to your appointment time as possible and remain in waiting area until called.

Yours sincerely

Team Medical Secretary

TELEPHONE REFERRAL FORM

Referrer Name	De Aweehing Qent	Contact Number	
		82843.	
Date:	31/12/22	Time: 0600	
Police Incident No & Shoulder No:	(If applicable)		
Patients Name:	EYUANE JANISA		
D.O.B:	10/05/82	Tel No:	
CHI	1003 82017		
Address:	7 TRASY STREET	Postcode:	
Temperature (if appropriate)			
Do you wish to receive feedback following the completion of the MHAU assessment? (ED Referrals only)		Yes	No
Friend/ relative accompanying patient N.B Covid restrictions apply to 1-2 person only		Yes	
If assessed as appropriate for transfer to MHAU- safe method of transport :	Taxi		
	Ambulance		
	Police		
	Own Transport		
Primary Language:			
Mental Health triage and risk assessment tool completed (from ED only)	Y	N	
Medically fit for transfer?	Y	N	
Ability to engage in assessment (drugs/alcohol intoxication)?	Y	N	
Are there any Covid symptoms evident?	Y	N	
Has the patient disclosed possible overdose?	Y	N	
Any minor wounds requiring treatment?	Y	N	
Glasgow Coma Scale below 15 (ED/SAS Only)	Y	N	
Presenting Complaint: <i>Please tick only one box</i>			
<input type="checkbox"/> Episode of Self Harm	<input type="checkbox"/> Other Mental Health Issues	<input type="checkbox"/> Alcohol/ Drugs	
<input type="checkbox"/> Addiction Issues	<input type="checkbox"/> Social Stressors/ Distress		
Presentation/comments: TOOK 5 QUETIAPINE TABLETS FOLLOWING ARGUMENT WITH PARTNER. LEFT DEPARTMENT? NOW HOME (FLAG TO OWN TEAM?)			
Outcome of Assessment	Contact Type	Telephone	Face to face
BRAND STREET CMHT		TASKED	
Alcohol/Drugs Involved		Y	N
Time In	Time Assessed	Time Left	
Completed by: 		Date: 31/12/22	Time: 0620

Our Ref: SP/SM
Job ID: 467779
Date: 30/11/2022

PRIVATE & CONFIDENTIAL

Dr CD Martin
Dr Mair & Partners
1600-1604 Paisley Road West
Ibrox
Glasgow
G52 3QN

Mental Health
Brand Street Resource Centre
Units G7, G8 & G4
150 Brand Street
Glasgow
G51 1DH
0141 303 8900 EXT: 48916
www.nhsggc.org.uk

Dear Dr Martin

Re: Yvonne Jamieson **DOB: 10/03/1982** **CHI: 1003820107**
Address: Flat 0/2, 7 Taransay Street, Glasgow, G51 3EF

Diagnosis: Bipolar Affective Disorder II – was under review as disclosed
 childhood trauma and possible personality disorder
Current Medication: Quetiapine 100mg nocte, Levothyroxine 100mcg OD, Salamol inhaler,
 Relvar Ellipta inhaler, Spirivia Respimat inhaler
Follow-Up: Outpatient clinic in 4 months face to face

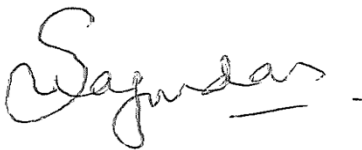
I reviewed Yvonne again at Dr McGhee's outpatient clinic by telephone on 30/11/2022. As such, we did not receive her notes from previous CMHT until today's consultation therefore we were still unclear about her diagnosis.

On a positive note, Yvonne has managed to secure her own tenancy in Govan area and looking forward to moving there next week. Moreover she and her partner have reconciled, giving their relationship another chance and planning to move at a slower pace. In the context of these developments Yvonne is feeling much better now with much improved mental state. She denied having any other stress in her life at present. Unfortunately she has not slept well for couple of nights recently due to noisy environment in the hostel, otherwise she sleeps well. She appears to be fairly busy with different commitments that she enjoys. She attends church on regular basis and is planning to get involved in voluntary work once settled in her new home. She also attends activities in the community and meets her relatives in Glasgow. As such she has not managed to complete the mood diary that we had recommended at last consultation, I have encouraged her to do so. She remains compliant with her medication, denies experiencing any adverse side effects. She feels the current dose of Quetiapine is adequate hence we have agreed not to make any changes in it. She did not disclose any suicidal thoughts or psychotic symptoms today. She was concerned about

having PTSD however on further exploration she denied experiencing any ongoing symptoms of flashbacks or nightmares of past trauma therefore it looks unlikely, however we will keep this under review.

I am planning to see her again in 4 months' time, face to face. She is aware to seek help should she require earlier input.

Yours sincerely



DR SHAILA PATIL
Speciality Doctor in Psychiatry

If phoning please ask for Dr McGhee's secretary.
Telephone 0141 303 8900

Authorised on 22/12/2022 14:23:49 by Shaila Patil.

Ref: CM/SM
CHI: 100 382 0107
Date: 15 December 2022

PRIVATE & CONFIDENTIAL

Miss Yvonne Jamieson
Flat 0/2
7 Taransay Street
Govan
Glasgow
G51 3EF

Dear Miss Jamieson

A follow up appointment has been made for you to be seen as follows:

Date: **29-Mar-2023**
Time: **11:00am**
Appointment with: **Consultant Psychiatrist Claire McGhee**
Location: **Brand Street Resource Centre**
Contact details: **0141 303 8900**

If you are attending an appointment with a doctor clinic, please note that in some instances you may be seen by a locum Consultant or another member of the medical team.

If this appointment is not suitable, please telephone me on the above number so alternative arrangements can be made.

Please note these points before attending your appointment:

- If you have symptoms of COVID 19, you should not attend, but contact us on the above number to rearrange your appointment.
- Patients should only bring one other person to their appointment.
- Patients and anyone accompanying them should wear a mask/ face covering to their appointment unless exempt.
- Please arrive as close to your appointment time as possible and remain in waiting area until called.

Yours sincerely

Team Medical Secretary

Our Ref: SP/SM
Job ID: 459909
Date: 09/11/2022

PRIVATE & CONFIDENTIAL

Dr CD Martin
Dr Mair & Partners
1600-1604 Paisley Road West
Ibrox
Glasgow
G52 3QN

Mental Health
Brand Street Resource Centre
Units G7, G8 & G4
150 Brand Street
Glasgow
G51 1DH
0141 303 8900 EXT: 48916
www.nhsggc.org.uk

Dear Dr Martin

Re: Yvonne Jamieson DOB: 10/03/1982 CHI: 1003820107
Address: Room 21 55 Elder Street, Glasgow, G51 3PX

Diagnosis: Possible Bipolar Affective Disorder, possible personality disorder, history of childhood trauma
Mental Health Act Status: Informal
Current Medication: Quetiapine 100mg nocte, Levothyroxine 100mcg OD
Follow-Up: 6 weeks face to face

I reviewed this 40 year old pleasant lady, face to face, at Dr McGhee's outpatient clinic on 3/11/2022. She has recently moved to Glasgow from Perthshire. Her care has not been formally transferred to us by previous mental health team and as such do not have her past medical notes. The information we received with the referral suggests that her diagnosis is under review and need further assessments.

She describes to have Bipolar 2 disorder and remains stable on Quetiapine for 2 -3 years now. Unfortunately, Yvonne was unable to recall the timeline of the events or details around her diagnosis. Yvonne has some health and social care background, she herself questions whether Bipolar Disorder is appropriate diagnosis and remains unsure whether it explains her difficulties. Not so long ago she appeared to have received input from 'Survive and Thrive' group which triggered the flashbacks of past trauma.

Her 20 year old son apparently got in to trouble for engaging in sexual activities with minors recently as a result both Yvonne and her son became a 'target' by locals at Perthshire. To avoid facing this Yvonne moved to Glasgow at request of her female partner who lives in Glasgow. However since moving here their relationship appears to have broken down. Hence Yvonne is currently staying in a hostel and looking for a suitable accommodation. Apparently Yvonne was not happy with how her

partner was treated by her father, especially concerned about some physical/sexually inappropriate behaviour displayed towards the partner. She brought this to her notice which appeared to have escalated the situation and Yvonne got assaulted by her partner.

When explored further, Yvonne rated her mood as 5/10 today, mostly euthymic and reactive, she was able to interject some humour during the consultation. She denied her mood being labile or persistently low for protracted time. There was no evidence of impulsivity or relationship difficulties. At present Yvonne enjoys engaging in activities like creative arts, different group activities and visiting her family in Glasgow. There was no evidence of psychotic symptoms or paranoia. Her sleep is satisfactory; around 8-9 hours of uninterrupted sleep.

She denied experiencing any suicidal thoughts.

She described her childhood as very 'unhappy' with mum having alcohol issue. Her mum neglected Yvonne to an extent that she needed to be looked after by foster carers. She was bullied at school due to her care history. She made friends with the children who came from similar backgrounds and the friendship continues till date. She described being more impulsive while growing up however with time she grew out of it. Without disclosing much detail Yvonne also informed me about the sexual abuse that she experienced between the ages of 6-10 by a close family member.

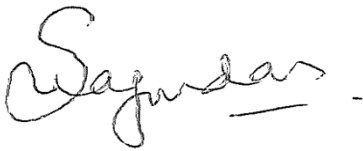
In the past she did take some overdoses in context of crisis situations and described it as 'cry for help'. Her most recent overdose was in June 2022 in the context of relationship difficulty.

From today's consultation, I could not identify any concrete evidence of manic or hypomanic presentation any time in the past therefore I am not sure the Bipolar Disorder is an appropriate diagnosis. I discussed this with Yvonne and advised her that we will keep this under review.

I have made no change to her prescription today, Yvonne denies experiencing any side effects from Quetiapine. Meanwhile I have suggested that she keep a mood diary tracking her mood, sleep, activity level which we will review at next appointment. We have also requested her medical records from previous mental health service.

I will review her again in 6 weeks, face to face. Meanwhile I have made her aware of the contact details of the CMHT/ OOH/ Crisis team and encouraged her to seek help should she require earlier input. Yvonne seemed to be happy with the plan.

Yours sincerely



DR SHAILA PATIL
Speciality Doctor in Psychiatry

If phoning please ask for Dr McGhee's secretary.
Telephone 0141 303 8900

Authorised on 06/12/2022 10:24:16 by Shaila Patil.

Ref: RE/AJ
CHI: 100 382 0107
Date: 24 October 2022

PRIVATE & CONFIDENTIAL

Miss Yvonne Jamieson
Room 21
55 Elder Street
Glasgow
G51 3PX

Dear Miss Jamieson

As you will be aware, you have been referred to our service for an outpatient consultation. Arrangements have been made for you to be seen on:

Date: **09-Nov-2022**
Time: **1:00pm**
Appointment with: **Dr Rani – Speciality Doctor**
Location: **ARRAN RESOURCE CENTRE**
Contact details: **ANGELA JOHNSTON - TEAM MEDICAL SECRETARY**

If you are attending an appointment with a doctor, please note that in some instances you may be seen by a locum Consultant or another member of the medical team.

If this appointment is not suitable, please telephone me on the above number so alternative arrangements can be made. If applicable, any specific requirements for your attendance will be noted on an enclosed page.

Please note these points before attending your appointment:

- If you have symptoms of COVID 19, you should not attend, but contact us on the above number to rearrange your appointment.
- Patients should only bring one other person to their appointment.
- Patients and anyone accompanying them should wear a mask/ face covering to their appointment unless exempt.
- Please arrive as close to your appointment time as possible and remain in waiting area until called.

Yours sincerely

Angela Johnston
Team Medical Secretary

Ref: CM/SM
CHI: 100 382 0107
Date: 21 October 2022

PRIVATE & CONFIDENTIAL

Miss Yvonne Jamieson
Room 21
55 Elder Street
Glasgow
G51 3PX

Dear Miss Jamieson

As you will be aware, you have been referred to our service for an outpatient consultation. Arrangements have been made for you to be seen on:

Date: **03-Nov-2022**
Time: **2:00pm**
Appointment with: **Consultant Psychiatrist Claire McGhee**
Location: **Brand Street Resource Centre**
Contact details: **0141 303 8900**

If you are attending an appointment with a doctor, please note that in some instances you may be seen by a locum Consultant or another member of the medical team.

If this appointment is not suitable, please telephone me on the above number so alternative arrangements can be made. If applicable, any specific requirements for your attendance will be noted on an enclosed page.

Please note these points before attending your appointment:

- If you have symptoms of COVID 19, you should not attend, but contact us on the above number to rearrange your appointment.
- Patients should only bring one other person to their appointment.
- Patients and anyone accompanying them should wear a mask/ face covering to their appointment unless exempt.
- Please arrive as close to your appointment time as possible and remain in waiting area until called.

Yours sincerely

Team Medical Secretary

Ref: CM/SM
CHI: 100 382 0107
Date: 11 November 2022

PRIVATE & CONFIDENTIAL

Miss Yvonne Jamieson
Room 21
55 Elder Street
Glasgow
G51 3PX

Dear Miss Jamieson

A follow up appointment has been made for you to be seen as follows:

Date: **30-Nov-2022**
Time: **11:00am**
Appointment with: **Consultant Psychiatrist Claire McGhee**
Location: **Brand Street Resource Centre**
Contact details: **0141 303 8900**

If you are attending an appointment with a doctor clinic, please note that in some instances you may be seen by a locum Consultant or another member of the medical team.

If this appointment is not suitable, please telephone me on the above number so alternative arrangements can be made.

Please note these points before attending your appointment:

- If you have symptoms of COVID 19, you should not attend, but contact us on the above number to rearrange your appointment.
- Patients should only bring one other person to their appointment.
- Patients and anyone accompanying them should wear a mask/ face covering to their appointment unless exempt.
- Please arrive as close to your appointment time as possible and remain in waiting area until called.

Yours sincerely

Team Medical Secretary

Hospital use only	Clinic	Day Date	Time	Hospital No.
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REFERRAL LETTER

MEDICAL IN CONFIDENCE

GGC Mental Health Referral Protocol - Glasgow (Glasgow, v20.5)

Additional Support Needs:
No known ASN requirements

REFERRAL TO	
Brand Street Resource Centre - CMHT Adult GGC Mental Health	<p>— Consultant / receiving practitioner and/or specialty clinic</p>
Community Mental Health Team - Adult SCI Gateway Virtual Location code	<p>— Hospital and hospital address</p> <p style="text-align: right;">Hospital location code.</p> <div style="border: 1px solid black; width: 100%; text-align: right;">G002G</div> <p style="text-align: right;">Email address</p> <div style="border: 1px solid black; width: 100%; text-align: right;">-</div>
Urgency of referral	Routine
Date of referral	18-Oct-2022
Date sent	18-Oct-2022

PATIENT DETAILS	
<p>Surname Jamieson</p> <p>Forename(s) Yvonne</p> <p>Title Mrs</p> <p>Sex Female</p> <p>Date of birth 10-Mar-1982</p> <p>CHI no. 1003820107</p> <p>Area of Residence -</p>	<p>Patient's address</p> <div style="border: 1px solid black; padding: 2px;">Rm21 55 Elder St Glasgow G51 3PX</div> <p style="text-align: right;">Contact number(s)</p> <div style="border: 1px solid black; padding: 2px;">Voice: 07377923042</div>

1010277189380	Unique Care Pathway Number: 1010277189380
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REGISTERED GP DETAILS	
<p>Name Dr Christopher Martin</p> <p>GMC code 6055780 GP code 07960</p> <p>Practice name Dr Mair & Partners (18967)</p> <p>Practice code 52241</p>	<p>Practice address</p> <div style="border: 1px solid black; padding: 2px;">1600 Paisley Road West Cardonald Glasgow G52 3QN</div> <p style="text-align: right;">Contact number(s)</p> <div style="border: 1px solid black; padding: 2px;">Voice: 0141 882 4567 Facsimile: 0141 342 3448</div>

REFERRING GP DETAILS	
<p>Name Dr. Kerri Neylon</p> <p>GMC code 4507879 GP code 02534</p> <p>Practice name Dr Mair & Partners (52241)</p> <p>Practice code 52241</p>	<p>Practice address</p> <div style="border: 1px solid black; padding: 2px;">1600-1604 Paisley Road West Ibrox Glasgow G52 3QN</div> <p style="text-align: right;">Contact number(s)</p> <div style="border: 1px solid black; padding: 2px;">Voice: 0141 882 4567 Facsimile: 0141 342 3448</div>

CLINICAL INFORMATION**History of presenting complaint****Presenting complaint**

Description: Bipolar disorder

Comment: Many thanks for seeing this 40yr old lday who has recently moved to Glasgow from Blairgowrie
She is open to MH service in Perthshire with Bipolar affective disorder and possible personality disorder and a history of childhood trauma
It seems that they were unable to transfer care directly between MH services!

She has had recent DSH and suicide attempts with intentional overdoses - she has a safety plan in place
She was due further assessment for review of medication and consideration of EUPD as a diagnosis but has now relocated

Her partner lives in Glasgow and provides significant support
I have enclosed the last letter from MH team in Perthshire and would welcome your input
Kind regards
Dr K Neylon

Reason for referral

Care type requested: Out Patient

Expected outcome: Not Specified

Past medical history**Pre-existing conditions** (High & medium priority - all)

<u>Description</u>	<u>Comment</u>	<u>Date of onset</u>	<u>Date recorded</u>
Mixed bipolar affective disorder, NOS	-	13-Sep-2022	13-Sep-2022
H/O: psychological trauma	childhood trauma	13-Sep-2022	13-Sep-2022
[X]Intentional self-harm	Episode: New event.	19-Jun-2022	19-Jun-2022
Pain	-	26-Jan-2021	26-Jan-2021
[X]Bipolar affective disorder	-	17-Apr-2020	17-Apr-2020
Overdose of drug	Episode: New event. NOTES: : mixed: Levothyroxine, Aripiprazole, Lamotrigine.	06-Mar-2020	06-Mar-2020
Acquired hypothyroidism	-	04-Jan-2019	04-Jan-2019
[X]Depressive episode, unspecified	-	15-Aug-2017	15-Aug-2017
Overdose of drug	antidepressant	13-Feb-2013	13-Feb-2013
Asthma	-	13-Feb-2013	13-Feb-2013

Past procedures (High and medium priority - all)

<u>Description</u>	<u>Date performed</u>	<u>Date recorded</u>
Medication commenced	21-Feb-2020	21-Feb-2020

Family conditions (All priorities)

<u>Description</u>	<u>Comment</u>	<u>Date of Onset</u>
FH: Mental disorder	Relative Read code of condition: Mental disorders [E....00] NOTES: : brother: Borderline Personality Disorder.	25-Jun-2012
Family history of autism	Relative Read code of condition: Infantile autism [E140.00] NOTES: : sister: Asperger's.	25-Jun-2012
FH: Diabetes mellitus	Relative Read code of condition: Diabetes mellitus [C10..00] NOTES: Sister: Type 1.	15-Feb-2012
FH: Myocardial infarction	Relative Read code of condition: Acute myocardial infarction [G30..00] NOTES: : father under 60.	15-Feb-2012
FH: Depression	Relative Read code of condition: Depressive disorder NEC [E2B..00] NOTES: : siblings.	14-Jan-2011
FH: Cardiovascular disease	Relative Read code of condition: Cardiovascular system diseases [G....11] NOTES: : father.	14-Jan-2011
FH: Hypertension	Relative Read code of condition: Hypertensive disease [G2...00] NOTES: : father.	14-Jan-2011
FH: Ischaemic heart dis. <60	Relative Read code of condition: Ischaemic heart disease [G3...00] NOTES: : father.	14-Jan-2011
FH: Stroke	Relative Read code of condition: Cerebrovascular disease [G6...00] NOTES: : father.	14-Jan-2011
FH: Alcoholism	Relative Read code of condition: Alcoholism [E23..11] NOTES: : mother.	01-Jan-1992

Current medication (Active Repeat medication issued within the last 12 months)

<u>Drug name</u>	<u>Quantity</u>	<u>Formulation</u>	<u>Dosage</u>	<u>Frequency</u>	<u>Date started</u>	<u>Date last issued</u>
Levothyroxine Sodium Tablets 100 micrograms	28	28 tablet	ONE TO BE TAKEN EACH DAY	-	06-Sep-2022	30-Sep-2022
Quetiapine Fumarate Tablets 100 mg	28	28 tablet	ONE TABLET AT NIGHT	-	06-Sep-2022	30-Sep-2022

Recent medication (Any medication issued within last 90 days not shown above)

<u>Drug name</u>	<u>Quantity</u>	<u>Formulation</u>	<u>Dosage</u>	<u>Frequency</u>	<u>Date started</u>	<u>Date last issued</u>
Easyhaler Salbutamol Dry Powder Inhaler 100 micrograms/actuation	1	1 INHALER	ONE OR TWO DOSES TO BE INHALED WHEN REQUIRED UP TO MAXIMUM OF EIGHT DOSES IN 24 HOURS	-	12-Oct-2022	12-Oct-2022
Salamol Easi-Breathe Cfc-Free Breath-Actuated Inhaler 100 micrograms/puff	1	1 inhaler	2 PUFFS AS REQUIRED	-	12-Oct-2022	12-Oct-2022
Relvar Ellipta 184micrograms/dose / 22micrograms/dose dry powder inhaler (GlaxoSmithKline UK Ltd)	30	30 dose	ONE INHALATION ONCE DAILY	-	11-May-2021	03-May-2022
Salamol 100micrograms/dose Easi-Breathe inhaler (Teva UK Ltd)	200	200 dose	1 TO 2 PUFFS UP TO FOUR TIMES DAILY AS REQUIRED	-	11-May-2021	03-May-2022
Spiriva Respimat 2.5micrograms/dose inhalation solution cartridge with device (Boehringer Ingelheim Ltd)	60	60 dose	INHALE 2 PUFFS ONCE DAILY	-	16-Jul-2021	03-May-2022
Quetiapine 150mg tablets	30	30 tablet	1 TABLET AT NIGHT AS PER PSYCH *DISP WEEKLY*	-	22-Dec-2021	03-May-2022
Levothyroxine sodium 100microgram tablets	28	28 tablet	1 TABLET ONCE A DAY	-	14-Feb-2022	23-May-2022
Topiramate 50mg tablets	56	56 tablet	1 TAB BD AS PER PSYCH	-	14-Mar-2022	03-May-2022
Cetirizine 10mg tablets	30	30 tablet	1 TABLET ONCE A DAY WHEN REQUIRED	-	03-May-2022	03-May-2022
Quetiapine 150mg tablets	30	30 tablet	1 TABLET AT NIGHT AS PER PSYCH *DISP WEEKLY*	-	23-May-2022	23-May-2022
Topiramate 50mg tablets	56	56 tablet	1 TAB BD AS PER PSYCH	-	23-May-2022	10-Jun-2022
Quetiapine 100mg tablets	28	28 tablet	TAKE ONE TABLET AT NIGHT	-	23-Jun-2022	11-Jul-2022
Levothyroxine sodium 100microgram tablets	28	28 tablet	1 TABLET ONCE A DAY	-	11-Jul-2022	11-Jul-2022
Levothyroxine Sodium Tablets 100 micrograms	56	56 tablet	ONE TO BE TAKEN EACH DAY	-	15-Aug-2022	15-Aug-2022
Quetiapine Fumarate Tablets 100 mg	56	56 tablet	1 Tab At night	-	15-Aug-2022	15-Aug-2022
Relvar Ellipta Dry Powder Inhaler 184 micrograms + 22 micrograms/dose	30	30 dose	ONE DOSE TO BE INHALED ONCE DAILY	-	03-Oct-2022	04-Oct-2022
Spiriva Respimat Inhalation Solution Cartridge With Device 2.5 micrograms/dose	30	30 dose	TWO PUFFS TO BE USED ONCE A DAY	-	03-Oct-2022	04-Oct-2022
Salamol Cfc-free inhaler 100 micrograms/dose	1	1 inhaler	TWO PUFFS TO BE INHALED WHEN REQUIRED UP TO FOUR TIMES A DAY	-	03-Oct-2022	04-Oct-2022

Blood Pressure

<u>Date Recorded</u>	<u>Systolic</u>	<u>Diastolic</u>
07-Jun-2021	107	82

Body Measurements

No Body Measurements Recorded

Lifestyle Risks and Alerts / Examinations and Investigations

<u>Description/Question</u>	<u>Result/Comment</u>	<u>Date</u>
Non-smoker :		12-Oct-2022

Never smoked tobacco:	Smoking status on date of event: Never smoked.	20-Jan-2022
Never smoked tobacco:	Smoking status on date of event: Never smoked.	18-Dec-2018
Drinks rarely:	Drinking status on eventdate: Current drinker. NOTES: : 1 per month.	18-Dec-2018
Alcohol consumption, 2 /wk:		14-Jan-2011

Clinical warnings**Allergies**

<u>Description</u>	<u>Comment</u>	<u>Date recorded</u>
Adverse reaction to diclofenac sodium	Reaction type: Allergy, Read code for reaction: Allergy, unspecified [SN53.00], Certainty of allergy: Likely, Severity of allergy: Moderate. NOTES: : states allergic to Diclofenac- no further info.	05-Jan-2012

Additional Support Needs

No known ASN requirements

Additional relevant information

Risk of Suicide:Yes
Past history of suicide attempt:Yes
If yes to Past history of suicide attempt, please give details:intentional overdoses
Risk of deliberate self harm:Yes
Is patient responsible for children?:No
Risk to others including children/dependents/clinicians/other:No
Risk from others:No
Risk of Self Neglect:No
OK to send correspondence to home address?:Yes
Patient will accept any site:Yes
Patient will accept cancellation or short notice appointment (within 1-6 days):Yes
Referred By:Referring GP
Electronic Attachment Present:Yes

Social circumstances

Ethnic Origin: (White) Scottish

Signature of referring doctor (or other professional) **Date**

Hospital use only	Clinic	Day Date	Time	Hospital No.
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REFERRAL LETTER

MEDICAL IN CONFIDENCE

GGC Mental Health Referral Protocol - Glasgow (Glasgow, v20.5)

Additional Support Needs:
No known ASN requirements

REFERRAL TO	
Arran Resource Centre - CMHT Adult GGC Mental Health	— Consultant / receiving practitioner and/or specialty clinic
Community Mental Health Team - Adult SCI Gateway Virtual Location code	— Hospital and hospital address
	Hospital location code. G002G
	Email address -
Urgency of referral	Routine
Date of referral	12-Sep-2022
Date sent	12-Sep-2022

PATIENT DETAILS	
Surname	Jamieson
Forename(s)	Yvonne
Title	Mrs
Sex	Female
Date of birth	10-Mar-1982
CHI no.	1003820107
Area of Residence	-
Patient's address	
5 Burgher Street Parkhead Glasgow G31 4SZ	
Contact number(s)	
Voice: 07429178088	

101027385463A Unique Care Pathway Number: 101027385463A

REGISTERED GP DETAILS			
Name	Dr Gillian Dames		
GMC code	3484270	GP code	01805
Practice name	Forge Medical Practice (18891)		
Practice code	46235		
Practice address			
Parkhead Health Centre 101 Salamanca Street Glasgow G31 5BA			
Contact number(s)			
Voice: 0141 531 9050 E-mail: ggc.gp46235clinical@nhs.scot			

REFERRING GP DETAILS			
Name	Dr. Samiah Lateef		
GMC code	6122586	GP code	03522
Practice name	Forge Medical Practice (46235)		
Practice code	46235		
Practice address			
Parkhead Health Centre 101 Salamanca Street Glasgow G31 5BA			
Contact number(s)			
Voice: 0141 531 9050			

CLINICAL INFORMATION**History of presenting complaint****Presenting complaint**

Description: Bipolar Affective Disorder

Comment: I would be grateful if you could take over the care of Yvonne who recently moved to the practice. I have attached a copy of her recent reviews from Perthshire.

Reason for referral

Care type requested: Out Patient

Expected outcome: Not Specified

Past medical history**Pre-existing conditions** (High & medium priority - all)

Description	Date of onset	Date recorded
Pain	26-Jan-2021	26-Jan-2021
[X]Bipolar affective disorder	17-Apr-2020	17-Apr-2020
Acquired hypothyroidism	04-Jan-2019	04-Jan-2019
Asthma	13-Feb-2013	13-Feb-2013

Past procedures (High and medium priority - all)

Description	Date performed	Date recorded
Medication commenced	21-Feb-2020	21-Feb-2020

Family conditions (All priorities)

Description	Comment	Date of Onset
FH: Mental disorder	Relative Read code of condition: Mental disorders [E....00] NOTES: : brother: Borderline Personality Disorder.	25-Jun-2012
Family history of autism	Relative Read code of condition: Infantile autism [E140.00] NOTES: : sister: Asperger's.	25-Jun-2012
FH: Diabetes mellitus	Relative Read code of condition: Diabetes mellitus [C10..00] NOTES: Sister: Type 1.	15-Feb-2012
FH: Myocardial infarction	Relative Read code of condition: Acute myocardial infarction [G30..00] NOTES: : father under 60.	15-Feb-2012
FH: Depression	Relative Read code of condition: Depressive disorder NEC [E2B..00] NOTES: : siblings.	14-Jan-2011
FH: Cardiovascular disease	Relative Read code of condition: Cardiovascular system diseases [G....11] NOTES: : father.	14-Jan-2011
FH: Hypertension	Relative Read code of condition: Hypertensive disease [G2...00] NOTES: : father.	14-Jan-2011
FH: Ischaemic heart dis. <60	Relative Read code of condition: Ischaemic heart disease [G3...00] NOTES: : father.	14-Jan-2011
FH: Stroke	Relative Read code of condition: Cerebrovascular disease [G6...00] NOTES: : father.	14-Jan-2011
FH: Alcoholism	Relative Read code of condition: Alcoholism [E23..11] NOTES: : mother.	01-Jan-1992

Current medication (Active Repeat medication issued within the last 12 months)

Drug name	Quantity	Formulation	Dosage	Frequency	Date started	Date last issued
Levothyroxine Sodium Tablets 100 micrograms	56	56 TABLET	ONE TO BE TAKEN EACH DAY	-	15-Aug-2022	15-Aug-2022
Quetiapine Fumarate Tablets 100 mg	56	56 TABLET	1 Tab At night	-	15-Aug-2022	15-Aug-2022

Recent medication (Any medication issued within last 90 days not shown above)

Drug name	Quantity	Formulation	Dosage	Frequency	Date started	Date last issued
Salamol 100micrograms/dose Easi-Breathe inhaler (Teva UK Ltd)	200	200 dose	1 TO 2 PUFFS UP TO FOUR TIMES DAILY AS REQUIRED	-	11-May-2021	03-May-2022
Relvar Ellipta 184micrograms/dose / 22micrograms/dose dry powder inhaler (GlaxoSmithKline UK Ltd)	30	30 dose	ONE INHALATION ONCE DAILY	-	11-May-2021	03-May-2022
Spiriva Respimat 2.5micrograms/dose inhalation solution cartridge with device (Boehringer Ingelheim Ltd)	60	60 dose	INHALE 2 PUFFS ONCE DAILY	-	16-Jul-2021	03-May-2022
Quetiapine 150mg tablets	30	30 tablet	1 TABLET AT NIGHT AS PER PSYCH *DISP WEEKLY*	-	22-Dec-2021	03-May-2022
Levothyroxine sodium 100microgram tablets	28	28 tablet	1 TABLET ONCE A DAY	-	14-Feb-	23-May-

Topiramate 50mg tablets	56	56 tablet	1 TAB BD AS PER PSYCH	-	2022 14-Mar-2022	2022 03-May-2022
Cetirizine 10mg tablets	30	30 tablet	1 TABLET ONCE A DAY WHEN REQUIRED	-	03-May-2022	03-May-2022
Topiramate 50mg tablets	56	56 tablet	1 TAB BD AS PER PSYCH	-	23-May-2022	10-Jun-2022
Quetiapine 150mg tablets	30	30 tablet	1 TABLET AT NIGHT AS PER PSYCH *DISP WEEKLY*	-	23-May-2022	23-May-2022
Quetiapine 100mg tablets	28	28 tablet	TAKE ONE TABLET AT NIGHT	-	23-Jun-2022	11-Jul-2022
Levothyroxine sodium 100microgram tablets	28	28 tablet	1 TABLET ONCE A DAY	-	11-Jul-2022	11-Jul-2022

Blood Pressure

<u>Date Recorded</u>	<u>Systolic</u>	<u>Diastolic</u>
07-Jun-2021	107	82

Body Measurements

No Body Measurements Recorded

Lifestyle Risks and Alerts / Examinations and Investigations

<u>Description/Question</u>	<u>Result/Comment</u>	<u>Date</u>
Never smoked tobacco:	Smoking status on date of event: Never smoked.	20-Jan-2022
Never smoked tobacco:	Smoking status on date of event: Never smoked.	18-Dec-2018
Drinks rarely:	Drinking status on eventdate: Current drinker. NOTES: : 1 per month.	18-Dec-2018
Alcohol consumption, 2 /wk:		14-Jan-2011

Clinical warnings

Allergies

<u>Description</u>	<u>Comment</u>	<u>Date recorded</u>
Adverse reaction to diclofenac sodium	Reaction type: Allergy, Read code for reaction: Allergy, unspecified [SN53.00], Certainty of allergy: Likely, Severity of allergy: Moderate. NOTES: : states allergic to Diclofenac- no further info.	05-Jan-2012

Additional Support Needs

No known ASN requirements

Additional relevant information

Risk of Suicide:Don't Know
 Past history of suicide attempt:Don't Know
 Risk of deliberate self harm:Don't Know
 Is patient responsible for children?:Don't Know
 Risk to others including children/dependents/clinicians/other:Don't Know
 Risk from others:Don't Know
 Risk of Self Neglect:Don't Know
 OK to send correspondence to home address?:Yes
 Patient will accept any site:Yes
 Patient will accept cancellation or short notice appointment (within 1-6 days):Yes
 Referred By:Referring GP
 Electronic Attachment Present:Yes

Signature of referring doctor (or other professional) **Date**

Our Ref: MHAU/KM
Job ID: 100112638
Date: 12/01/2022

PRIVATE & CONFIDENTIAL

Dr RD Humble
Strathmore Surgery
Jessie Street
Blairgowrie
Perthshire
PH10 6BT

Mental Health
Stobhill Hospital
Nevis Building
133 Balornock Road
Glasgow
G21 3UW
0141 201 3136
www.nhsggc.org.uk

Dear Dr Humble

Re: Yvonne Jamieson DOB: 10/03/1982 CHI: 1003820107
Address: 9 B Garsgadden View, Glasgow, G81 2DQ

The above named was referred to Mental Health Assessment Unit (MHAU) Stobhill by NHS24.

Assessment

On return call both Yvonne and her partner were asleep, Yvonne apologised, reports lowering of mood with fleeting thoughts of harming herself. Currently staying at her partners home in Glasgow, has daily contact at present with her own team in Blairgowrie. However, no support planned over the weekend. Spoke at length with Yvonne reports a previous history of overdosing last overdosed a year ago, tonight no evidence of any active suicidal intent/plan. Yvonne responded well to reassurance and advice, plans on retiring to bed with a view to either returning home today and engaging with own team of Monday, if not will utilise NHS24 over the weekend if requiring support.

Recommendation

Client will seek support over the weekend if struggling

Risk

No immediate risks identified tonight.

Yours sincerely

Elizabeth MacLeod

Senior Unscheduled Care Nurse

Authorised on 12/01/2022 11:14:39 by Typist Karen McConnell, not verified by Elizabeth MacLeod.

Detailed Print

Case Details:

Case No. 6567824 **User Description** Elaine Clark (Pwp Call Taker) ()

Patient's Name: Yvonne Jamieson
Address: 9B Garscadden View Clydebank

Date of Birth: 10/03/1982

Own Doctor:

Surgery:

Confidential: True

G81 2DQ

Tel: 07737 047000

Call Origin

Caller Name: Charlene

Tel:

**Elaine Clark (Pwp Call
NHS 24 Assessment**

Start Time: 08/01/2022 00:54

End Time: 08/01/2022 01:12

SUICIDAL - TONIGHT

Clinical summary created by: Elaine Clark (Pwp Call Taker) () [08/01/2022 01:12:32]
Reason for call: SUICIDAL - TONIGHTConfirmed Symptom(s):

Clinical supervision not used
Call reason: Suicidal thoughts
08:01:2022 01:13:09 CLARKE.. 3RD PARTY CALL FOR PARTNER - SPOKE TO PT - NOT HARMED SELF - PT GOING HM TOMORROW - STATES SUICIDAL THOUGHTS BUT UNSURE IF SHE WILL GO THROUGH WITH IT - PREVIOUS SUICIDE ATTEMPTS & HAS ALWAYS BEEN BY OVERDOSE.. FEELS SHE DOESNT WANT TO BE AROUND PEOPLE - PT LIVES WITH SON WHO IS 19YRS OLD - NO ILLICIT DRUGS/ALCOHOL - NEGATIVE FOR COVID-19 SYMPTOMS - FEELS SHES NOT COPING - FEELS SHE NEEDS TO BE HOSPITALISED.. PARTNER CONCERNED & DOESNT WANT TO GO TO SLEEP AS SCARED OF WHAT PT MIGHT DO - WITH PARTNER - AGREED TO KEEP SAFE - CPN CALL BACK 2HRS..
Outcome: CPN (Dr) to phone patient within 2 Hrs

Case type set to CPN

Start Time: 08/01/2022 01:14

End Time: 08/01/2022 01:14

Priority On reception set to Pr 2 Within 2 hrs

Start Time: 08/01/2022 01:14

End Time: 08/01/2022 01:14

Non-disclosure set to True

Start Time: 08/01/2022 01:14

End Time: 08/01/2022 01:14

Detailed Print

Case Details:

Case No. **User Description**
6567824

Patient's Name: Yvonne Jamieson
Address: 9B Garscadden View Clydebank

Date of Birth: 10/03/1982

Own Doctor:

Surgery:

Confidential: True

G81 2DQ

Tel: 07737 047000

Call Origin

Caller Name: Charlene

Tel:

Case status set to COMPLETE

Start Time: 08/01/2022 01:14

End Time: 08/01/2022 01:14

Special Patient Notes