

DETENTION NOTIFICATION SLIP

PATIENT NAME	Andrew Shaw
CHI	210 467 3933
RMO	Dr Laura Steven
MHO	Claire McCarrison
HOSPITAL / COMMUNITY	COMMUNITY

Section applied:	
	Mental Health (Care and Treatment) (Scotland) Act 2003
	Emergency Detention Certificate - EDC
	Short Term Detention Certificate - STDC
	Interim Compulsory Treatment Order - ICTO
	Compulsory Treatment Order CTO – Community Hospital
	Criminal Procedure (Scotland) Act 1995
	Assessment Order – AO
	Treatment Order – TO
	Temporary Compulsion Order - TCO
	Interim Compulsion Order – ICO
	Compulsion Order – CO
	Compulsion Order / Restriction Order - CORO
	Transfer for Treatment – Section 136

Date effective from	19-05-21
Renewal	
1st 6 months	
2nd 6 months	
Yearly	19-05-24

Consent to treatment – T2 and T3	T3
Expiry Date	07-03-25

Named Person	None
Advanced Statement	No

Please file at the front of the patient's health record where it can be clearly seen.

DETENTION NOTIFICATION SLIP

PATIENT NAME	Andrew Shaw
CHI	210 467 3933
RMO	Dr Laura Steven
MHO	Claire McCarrison
HOSPITAL / COMMUNITY	HOSPITAL

Section applied:		
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	Emergency Detention Certificate - EDC	
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	Interim Compulsory Treatment Order - ICTO	
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	Assessment Order – AO	
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	Compulsion Order – CO	✓
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Date effective from	19-05-21
Renewal	
1st 6 months	
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Yearly	19-05-24

Consent to treatment – T2 and T3	T3
Expiry Date	07-03-25

Named Person	None
Advanced Statement	No

Please file at the front of the patient's health record where it can be clearly seen.

Lanarkshire Primary Care: Mental Health Services

Patient Information

DOB: 21/04/67

CHI No: 210 467 3933

Name: Andrew Shaw

**Address: Flat 1
14 Hillhead Avenue
Glasgow**

Postcode: G73 4NJ

Tel (Home):

Tel (Work):

Tel (Mobile): 0756 351 2090

Email:

**GP: Dr J J Canning
Dr Jordon & Canning
Rutherglen Primary Care Centre
130 Stonelaw Road
Rutherglen
GLASGOW
G73 2PQ**

GP Tel: 0141 613 4757

Next of Kin:

Name:

Address:

Post code:

Tel No:

Lanarkshire Forensic Mental Health Service

Caird House
Beckford Lodge
Caird Street
HAMILTON
ML3 0AL
www.nhslanarkshire.co.uk

CONFIDENTIAL

Andrew Shaw
Flat 1
14 Hillhead Avenue
GLASGOW
G73 4NJ

Date Typed: 12th September 2024

Our Ref: LS/JP

CHI No: 210 467 3933

Enquiries to: Jackie Pryde

Direct Line: 01698 456 248

Fax: n/a

Dear Mr Shaw,

I would like to offer you a home visit appointment with myself on **Monday, 7th October 2024 at 5pm at the home address above.**

Should you be unable to attend for this appointment please contact my secretary on the above telephone number. *(Please note it costs the NHS £136 for every missed appointment).*

Yours sincerely,



Dr Laura Steven
Consultant Forensic Psychiatrist

Lanarkshire Forensic Mental Health Service

Caird House, Beckford Lodge
Caird Street
Hamilton
ML3 0AL
www.nhslanarkshire.co.uk

CONFIDENTIAL

Dr JJ Canning
Drs Jordan & Canning
Rutherglen Primary Care Centre
130 Stonelaw Road, Rutherglen
Glasgow
G73 2PQ

Date Dictated: 24/07/2024
Date 24/07/2024
Typed:
Our Ref: LS/cs
CHI No: 2104673933
Enquiries to: Carole Scott
Direct Line: 01698 456248
Email: forensic.cmht@lanarkshire.scot.nhs.uk

Dear Dr Canning

NAME: Andrew Shaw
D.O.B: 21/04/1967
ADDRESS: Flat 1, 14 Hillhead Avenue, Glasgow, G73 4NJ

I reviewed Mr Shaw at his home address as planned on 23/07/24. He presented well and was pleasant, chatty and reactive. His mental state has been much more stable over the last few weeks since the introduction of diazepam daily and increased aripiprazole. He has made significantly less contact for support between appointments and is not running out of PRN medication.

He continues to have the odd bad day where his auditory hallucinations feel worse with increased paranoia and anxiety but these seem significantly less. He has been managing to get out the house more and has finally taken to walking most days. Granted he does not walk a huge distance but he is reporting feeling sore in his legs and back as a result and has lost some weight. He appreciated this pain is likely due to his central obesity. He is keen to continue losing some weight and plans to keep this up. Otherwise, he is still very sedentary. His diet is poor consisting mainly of take away food or low nutrition food such as noodles and fizzy juice and snacks. His sleep has improved and he reports benefit from Zopiclone.

We have agreed that he will resist using his PRN lorazepam where possible and see if he requires the amount he is currently being prescribed. I am keen he uses this only on bad days. I will monitor this over the next few weeks and see if we can reduce it somewhat.

We intend to hold a discharge CPA in the near future and his care will fully transfer to Eastvale CMHT. I will review him again in 4 weeks' time and keep you updated of his progress.

Yours sincerely

Authorised on 26/07/2024 10:22:24 by Laura Steven.

Dr Laura Steven
Consultant Forensic Psychiatrist

Lanarkshire Forensic Mental Health Service

Caird House, Beckford Lodge
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Hamilton
ML3 0AL
www.nhslanarkshire.co.uk

CONFIDENTIAL

Dr JJ Canning
Drs Jordan & Canning
Rutherglen Primary Care Centre
130 Stonelaw Road, Rutherglen
Glasgow
G73 2PQ

Date Dictated: 07/06/2024
Date 07/06/2024
Typed:
Our Ref: LS/cs
CHI No: 2104673933
Enquiries to: Carole Scott
Direct Line: 01698 456248
Email: forensic.cmht@lanarkshire.scot.nhs.uk

Dear Dr Canning

NAME: Andrew Shaw
D.O.B: 21/04/1967
ADDRESS: Flat 1, 14 Hillhead Avenue, Glasgow, G73 4NJ

I write to you to update you regarding Mr Shaw. He has continued to struggle over the last week with increased auditory hallucinations leading to distress and agitation. He is finding the content of the hallucinations particularly distressing. Unfortunately, he was not able to leave home to collect his emergency prescription prior to last weekend so it was a particularly difficult time for him with no PRN medication. Given that these episodes seem to occur reasonably frequently I am keen to consider what we can do to minimise the risk that he is left struggling over a weekend.

I would be grateful if you would increase his Aripiprazole to 15mg mane and add Diazepam 5mg bd to his repeat prescription. Additionally, please can he continue to receive regular zopiclone 7.5mg nocte.

In the meantime, can you issue a further emergency prescription for LORAZEPAM 2MG x 14 tablets before the weekend? I will support him to collect this.

I will continue to review him weekly at present and by telephone in between times.

Yours sincerely,

Authorised on 07/06/2024 09:48:11 by Laura Steven.

Dr Laura Steven
Consultant Forensic Psychiatrist

Lanarkshire Forensic Mental Health Service

Caird House
Beckford Lodge
Caird Street
HAMILTON
ML3 0AL
www.nhslanarkshire.co.uk



CONFIDENTIAL

MHTS
Hamilton Business Park
Bothwell House
Caird Park
HAMILTON
ML3 0QA

Date: 2nd May 2024
Our Ref: AS/cs
CHI No: 210 467 3933
Enquiries to: Carole Scott
Direct Line: 01698 456248

Dear Members of the Tribunal Service,

I write to you to advise you that I am aware that my Mental Health Team intend to extend my Compulsion Order to ensure continued engagement with this and compliance with medication. I want to advise you I have no objection to the extension of this order and that I have no intention of appealing. I have been advised of my rights to access a solicitor and advocacy and have declined both. If a tribunal is necessary I would be grateful if this could be held over the telephone, as is my preference.

Yours Sincerely,

A handwritten signature in black ink, appearing to be 'AS', followed by a long horizontal line extending to the right.

ANDREW SHAW

COPY

Lanarkshire Forensic Mental Health Service

Caird House
Beckford Lodge
Caird Street
HAMILTON
ML3 0AL
www.nhslanarkshire.co.uk

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Andrew Shaw
Flat 1
14 Hillhead Avenue
GLASGOW
G73 4NJ

Date Typed: 7th February 2024

Our Ref: LS/JP

CHI No: 210 467 3933

Enquiries to: Jackie Pryde
Direct Line: 01698 456 248
Fax: n/a

Dear Mr Shaw,

I would like to offer you a home visit appointment with myself on **Friday, 23rd February 2024 at 9am at the home address above.**

Should you be unable to attend for this appointment please contact my secretary on the above telephone number. *(Please note it costs the NHS £136 for every missed appointment).*

Yours sincerely,

JP of Pryde

Dr Laura Steven
Consultant Forensic Psychiatrist

Lanarkshire Forensic Mental Health Service

Caird House, Beckford Lodge
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ML3 0AL
www.nhslanarkshire.co.uk

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Dr JJ Canning
Drs Jordan & Canning
Rutherglen Primary Care Centre
130 Stonelaw Road, Rutherglen
Glasgow
G73 2PQ

Date Dictated: 01/02/2024
Date Typed: 01/02/2024
Our Ref: LS/AR
CHI No: 2104673933
Enquiries to: Angela Rae
Direct Line: 01698 456248
Email: forensic.cmht@lanarkshire.scot.nhs.uk

Dear Dr Canning

NAME: Andrew Shaw
D.O.B: 21/04/1967
ADDRESS: Flat 1, 14 Hillhead Avenue, Glasgow, G73 4NJ

I write to request an urgent prescription for Mr Shaw. He is reporting he has only received 4x5mg haloperidol tablets for use PRN this week when he usually receives 7x5mg tablets.

He has struggled this week with a viral infection causing fever, a sore throat, shortness of breath and facial congestion. This has led to increased anxiety and he has suffered panic attacks which are new. He contacted NHS24 over the weekend for support and has required to use more PRN medication than normal. Please can you issue additional PRN for him so that going onto the weekend he is not left struggling?

Please can you issue:
6x5mg haloperidol tablets
3x2mg lorazepam tablets

I would request that his lorazepam dose is changed to 2mg regularly at present as I suspect there is a degree of tolerance leading to overuse as well. I intend to review his PRN medication at my next appointment with him. Please can you also stop issuing his antipsychotic depot as this will now be administered by the team at Eastvale CMHT who provide their own stock.

Yours Sincerely



Dr Laura Steven
Consultant Forensic Psychiatrist

Authorised on 01/02/2024 09:33:50 by Typist Angela Rae, not verified by Consultant.

Lanarkshire Forensic Mental Health Service

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CONFIDENTIAL

Dr JJ Canning
Drs Jordan & Canning
Rutherglen Primary Care Centre
130 Stonelaw Road, Rutherglen
Glasgow
G73 2PQ

Date Dictated: 31/01/2024
Date 31/01/2024
Typed:
Our Ref: LS/cs
CHI No: 2104673933
Enquiries to: Carole Scott
Direct Line: 01698 456248
Email: forensic.cmht@lanarkshire.scot.nhs.uk

Dear Dr Canning

NAME: Andrew Shaw
D.O.B: 21/04/1967
ADDRESS: Flat 1, 14 Hillhead Avenue, Glasgow, G73 4NJ

I reviewed Mr Shaw at his home address as planned on 19/01/24. Mr Shaw presented well and reported he was doing "ok". He continues to have good days and bad days depending on which "voices" he hears first on wakening. He continues to try to implement learned coping strategies such as listening to the sounds of rain or rose oil but does need reminding and encouragement to use these. He continues to have a tendency to use PRN medication first and is aware he has access to 1mg lorazepam and 5mg haloperidol for use as required daily. His ability to cope with his hallucinatory experiences is much better when he is obtaining reasonable sleep. This has improved since the introduction of Zopiclone. He has remained compliant with his medication and denies any major issues or side effects other than mild akathisia.

Mr Shaw looks after his tenancy reasonably well and he is usually well kempt. His diet is poor and usually consists of junk foods or take away. He also drinks a lot of fizzy juice and red bull. He reported he has been trying to lose weight recently and has cut back on fizzy juice and snacks. He has also been more active spending time at his friend's car garage helping out when he can. He did think he had lost a pound or two since my past review. We discussed the need to eat healthy food for his physical health and the unhelpful effects of red bull on anxiety and undoubtedly his mental state. I advised him to reduce his use of red bull but am dosing this very quickly creeps back in. He also advised he has not used cocaine for several weeks and feels better for this. He continues to recognise that whilst cocaine makes him feel better in the moment that his mental state does deteriorate afterwards during the come down.

Mr Shaw denied any suicidal thoughts although his mood is low at times. He continues to have voices that are derogatory and command in nature but feels confident he can resist these although it is distressing at the time. He denied any thoughts of cars or driving and remains keen to hide away from previous acquaintances who are liable to try to recruit him back into criminal activity. He has a final court appearance coming up in February which he is anxious about. The case relates to a historical charge of fraud where he fraudulently obtained a motor vehicle. He advised there are no other outstanding charges.

I will review Mr Shaw again in 4 weeks' time at which point his care will transfer to Eastvale CMHT and his RMO will be Dr Graham McMillan. Mr Shaw has continued to have contact with his CPN Michael Brennen from Eastvale.

UPDATE SINCE OUTPATIENT REVIEW

I received a telephone call late in the day from Mr Shaw on 26/01/24. He reported he was struggling and was having a bad day. He had had a panic attack and got a fright. He stated he has never had that before. He thought he might die. He reported he is physically unwell with a cold like virus. He described a fever, a sore throat, a cough and congested sinuses. He denied any chest pain. He stated he had not passed urine for over a day. I offered reassurance that a virus will likely cause a deterioration in his mental state and if his breathing is laboured as a result of the virus, in combination with his usual episodic anxiety this may lead to this developing into a panic attack. I encouraged him to drink plenty fluids as he had been lying in bed and not eating or drinking. I also advised the use of Lemsip or cold and flu capsules containing paracetamol and a decongestant. He had used all the PRN available to him and as such was going to be left without over the weekend until his next medication delivery. I advised him to utilise NHS24 over the weekend for support if necessary at times of distress.

I am aware Mr Shaw contacted NHS24 over the weekend for some support. I contacted him on 29/01/24 and he reported he was doing a little better and the worst of his viral symptoms had passed. He stated it was a difficult weekend and not having any way to access additional PRN is frustrating. We agreed I will review him again as planned on 23/02/24.

Yours sincerely,

Authorised on 31/01/2024 17:58:21 by Laura Steven.

Dr Laura Steven
Consultant Forensic Psychiatrist

Lanarkshire Forensic Mental Health Service

Caird House, Beckford Lodge
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CONFIDENTIAL

Dr JJ Canning
Drs Jordan & Canning
Rutherglen Primary Care Centre
130 Stonelaw Road, Rutherglen
Glasgow
G73 2PQ

Date Dictated: 11/01/2024
Date 11/01/2024
Typed:
Our Ref: LS/cs
CHI No: 2104673933
Enquiries to: Carole Scott
Direct Line: 01698 456248
Email: forensic.cmht@lanarkshire.scot.nhs.uk

Dear Dr Canning

NAME: Andrew Shaw
D.O.B: 21/04/1967
ADDRESS: Flat 1, 14 Hillhead Avenue, Glasgow, G73 4NJ

I write to you to request an urgent prescription of as required lorazepam and haloperidol to be issued for Mr Shaw for over the coming weekend. He is struggling with an increase in auditory hallucinations and a lack of sleep and has used the medication he was issued on Monday. He has managed to use his as required medications appropriately until now and probably indicates that he is struggling.

I would be grateful if you could issue:

4 x Lorazepam 1mg tablets
4 x haloperidol 5mg tablets

His next weekly prescription is due on Monday. If you have any questions, please do not hesitate to contact me.

Yours sincerely,

Authorised on 11/01/2024 16:07:27 by Typist Carole Scott, not verified by Consultant.

Dr Laura Steven
Consultant Forensic Psychiatrist

Lanarkshire Forensic Mental Health Service

Caird House, Beckford Lodge
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Dr JJ Canning
Drs Jordan & Canning
Rutherglen Primary Care Centre
130 Stonelaw Road, Rutherglen
Glasgow
G73 2PQ

Date Dictated: 29/11/2023
Date 29/11/2023
Typed:
Our Ref: LS/cs
CHI No: 2104673933
Enquiries to: Carole Scott
Direct Line: 01698 456248
Email: forensic.cmht@lanarkshire.scot.nhs.uk

Dear Dr Canning

NAME: Andrew Shaw
D.O.B: 21/04/1967
ADDRESS: Flat 1, 14 Hillhead Avenue, Glasgow, G73 4NJ
DIAGNOSIS: Paranoid Schizophrenia, Complex PTSD
LEGAL STATUS: Community based Compulsion Order,

MEDICATION: Paliperidone Palmitate depot, 150mg monthly
Aripiprazole 10mg mane
Venlafaxine XL 225mg mane
Procyclidine 5mg bd
Zopiclone 7.5mg nocte (weekly scripts delivered)
Haloperidol 5mg & Lorazepam 1mg PRN (provided weekly, used daily)
Atorvastatin 10mg nocte
Colecalciferol 800u mane
Metformin 1g bd
Tamsulosin 400mcg mane

I reviewed Mr Shaw as planned at his home address on 28/11/23. He presented well and appeared bright and reactive. He was well kempt and made good eye contact. He was humorous in conversation and stated things are much the same with good and bad days. He denied any particular stressors at present. He has decided not to sell his flat which was causing him some anxiety. He has been getting out the house more and visiting his friend's garage where he helps out occasionally. He reported he enjoys the company but has not had any thoughts of driving a car. He advised this is the longest spell he has had out of hospital or prison and the most stable he has ever felt. His pseudo-hallucinations remain at a manageable level just now and he makes good use of his PRN lorazepam and haloperidol daily. He reported things are a bit easier day to day

now he has these. His sleep is much improved with the addition of Zopiclone and this does seem to go some way to making it more manageable for him to cope day to day.

He reported he has not had any issues collecting his medication and gets his weekly prescription of Zopiclone, lorazepam and haloperidol by delivery. This appears to be working well. He denied any issues or side effects with his medication. He was unable to identify any benefit from the recent increase in aripiprazole. We agreed on balance he did seem more motivated and brighter so we left this unchanged. He has continued receiving his depot Paliperidone monthly at Eastvale Resource Centre.

He does occasionally use cocaine and reported he last used this 2 weeks ago. He stated his use is under control and that he does not use regularly like he had been for a while. He demonstrated insight that whilst cocaine does seem to ease his symptoms at the time they do return worse than before during "the come down". His Brother has also limited his access to money to minimise the risk of regular use of cocaine. His Brother does seem to be supportive of his recovery and encourages him to remain engaged with mental health services and avoid drugs.

He recently had a tribunal and his Compulsory Treatment Order was converted to community based. He remains in transition from the Forensic Community Mental Health Team to Eastvale Community Mental Health Team. He will be discharged from his FCPN's caseload on 14/12/23 but I will retain RMO responsibility into the New Year. I will review him again on 19/12/23 at 9.30am at his home address.

Yours sincerely,

Authorised on 05/12/2023 11:09:57 by Laura Steven.

Dr Laura Steven
Consultant Forensic Psychiatrist

(P) Michael Brennan
CPN
Eastvale Mental Health Resource Centre
130A Stonelaw Road
Rutherglen Glasgow
G73 2PQ

(P) FCPN Maxine MacDougall
Caird House
Beckford Lodge
Caird Street
HAMILTON
ML3 0AL

(P) Dr Graham McMillan
Consultant Psychiatrist
Eastvale Resource Centre
130 Stonelaw Road
RUTHERGLEN
G73 2PQ

Lanarkshire Forensic Mental Health Service

Caird House, Beckford Lodge
Caird Street
Hamilton

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Dr McMillan
Psychiatrist
Eastvale Resource Centre
130 Stonelaw Road
Glasgow
G73 2PQ

Date Dictated: 15/11/2023
Date 15/11/2023
Typed:
Our Ref: LS/AR
CHI No: 2104673933
Enquiries to:
Direct Line: 01698 456248
Email: forensic.cmht@lanarkshire.scot.nhs.uk

Dear Dr McMillan

NAME: Andrew Shaw
D.O.B: 21/04/1967
ADDRESS: Flat 1, 14 Hillhead Avenue, Glasgow, G73 4NJ

I write to you to confirm that Mr Shaw's FCPN Maxine MacDougall will have her last joint appointment with him at Eastvale Resource Centre on 14/12/2023 when he will be administered his antipsychotic depot. He will then be discharged from her caseload.

I intend to maintain RMO responsibility over the festive and into the New Year to allow some graded reduction in contact with the Forensic CMHS in Lanarkshire. My last appointment with him will be 02/02/2023. I will ensure his clinic letter is copied to you and if you require anything further please do not hesitate to contact me.

Yours Sincerely

Authorised on 27/11/2023 13:40:13 by Laura Steven.

Dr Laura Steven
Consultant Forensic Psychiatrist

(D) Dr JJ Canning
Drs Jordan & Canning
Rutherglen Primary Care Centre
130 Stonelaw Road, Rutherglen

Glasgow
G73 2PQ

(P) CPN Michael Breenan
CMHT
Eastvale Resource Centre
130A Stonelaw Road
Rutherglen
G73 2PQ

(P) Michael Hughes
Forensic CMHT
Caird House
Beckford Lodge
Caird Street
ML3 0AL

(P) FCPN Maxine MacDougall
Caird House
Beckford Lodge
Caird Street
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ML3 0AL

Lanarkshire Forensic Mental Health Service

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Dr JJ Canning
Drs Jordan & Canning
Rutherglen Primary Care Centre
130 Stonelaw Road, Rutherglen
Glasgow
G73 2PQ

Date Dictated: 01/11/2023
Date 01/11/2023
Typed:
Our Ref: LS/cs
CHI No: 2104673933
Enquiries to: Carole Scott
Direct Line: 01698 456248
Email: forensic.cmht@lanarkshire.scot.nhs.uk

Dear Dr Canning

NAME: Andrew Shaw
D.O.B: 21/04/1967
ADDRESS: Flat 1, 14 Hillhead Avenue, Glasgow, G73 4NJ

I reviewed Mr Shaw at his home address as planned on 01/11/23 accompanied by Dr Cara Walsh, FY2. Mr Shaw presented well and was reasonably chatty. He advised he has a new lodger who is a friend of his Brother's for a short spell as he has separated from his wife and is seeking accommodation of his own. He is not known to Mr Shaw but he denied any issues or concerns with him. His lodger has an electric bike sitting in the living room. Mr Shaw has re-decorated the spare bedroom and is now sleeping in there. His tenancy appeared in order and he reported he has been eating well. He still receives deliveries from the local shop. He leaves home very little. He very occasionally visits friends. He has not been participating in any exercise and I have continued to encourage this to moderate his risk of cardiac or neurovascular event. He remains morbidly obese. We discussed possibly getting a walking pad so he can walk indoors as the weather is often a barrier to his motivation.

Mr Shaw continues to have good and bad days. The voices continue to be present and are chronic in nature. They are derogatory and command. He has managed well to resist these for a long time now. His medication does help. he is compliant with his antipsychotic depot and finds this beneficial. He has been using additional PRN lorazepam and haloperidol once daily. The addition of Zopiclone has also helped his sleep at night and in turn this leaves him feeling more capable to manage and resist the voices daytime. His sleep has improved. He continues to have some stress in the background relating to an impending common law divorce settlement and requests from his Brother to sell his assets. He also has an outstanding court case but no date for this as yet.

If Mr Shaw is particularly stressed or worried about something his presentation does temporarily deteriorate. He experiences an increase in hallucinations, poor sleep, becomes more withdrawn and is unable to watch TV with sound on as feels the need to listen to the voices so they do not continue to get louder. He has reached out for support during these times and engages well. Overall, things seem more settled since he has access to PRN medication once a day.

Mr Shaw remains on a hospital based Compulsion Order at present and we have applied to vary this to a community based Compulsion Order and expect a tribunal in the near future. His care will transition to Eastvale Resource Centre over the festive period. Hid FCPN will disengage in December and I will disengage in January 2024. His new care team are aware of the need for rapport building and engagement with Mr Shaw during the transition phase in order that things go smoothly once the Forensic CMHS disengage. Mr Shaw has a history of developing dependence on those he trusts and has significant issues with abandonment. This remains a risk going forward but we have deliberately arranged a joint transition since his discharge to mitigate against this.

I will review him again on 29/11/23 at 9.30am at his home address.

Yours sincerely,

Authorised on 12/11/2023 08:15:22 by Laura Steven.

Dr Laura Steven
Consultant Forensic Psychiatrist

(P) FCPN Maxine MacDougall
Caird House
Beckford Lodge
Caird Street
HAMILTON
ML3 0AL

If ☒ **ated and Joint Working Involving Care and Support Agencies in Lanarkshire**

CONSENT TO SHARE INFORMATION

Information to be shared	You have been asked to provide your consent to allow the following information to be shared about you. (Detail the specific information to be shared) Section A Referrals, Assessments, Care Planning, Service requests. Monitoring Mental/Physical wellbeing. Management and assessment of care and treatment. Risk management. Correspondence with GP. Forensic service.
Purpose	The purpose of sharing your information is to... (state specific reasons why) Assess and manage your care needs, ongoing risk assessment and management strategies to improve outcomes and optimise your care. Support transition and recovery within the community. Minimise risk to self and others.

By consenting you are giving us permission to share your personal information/special category information for the purpose(s) identified above.
You must be sure that you are giving consent of your own free will and that if you refuse to provide consent or withdraw it at any time there will be no detriment.

I give my consent to share the above information with... (Name as appropriate)	Agency Please detail <u>HEALTH F.E.M.H.T</u> Name Agency Please detail <u>SOCIAL WORK M.H.O</u> Name <u>C.M</u> Agency Please detail <u>EASTVALE C.M.H.T</u> Name other Please detail other Please detail other Please detail
How my information may be shared	Most information will be shared by secure email or by letter or by face to face discussion. In Lanarkshire, Health and Social Work can share certain information using their secure electronic system. I agree to the information I have consented to share being shared using the electronic system and by other means. ☒ I do not agree to the information I have consented to share being shared using the electronic system but do consent to it being shared by other means. ☐

Additional information/Special conditions:

Please use this section to record any additional information required or any specific condition required by the person consenting to share.

I, (insert name) Andrew Shaw agree to allow the following information detailed in Section A to be shared between the above agency(ies).

Or

I, _____ parent/guardian/legally appointed or welfare power or attorney of (insert name) _____ agree to allow the information as detailed in Section A to be shared between the above agencies.

I have been informed of the specific reason(s) my information is required, who it will be shared with and that I can refuse to give consent or withdraw my consent at any time without detriment.

Should you wish to withdraw your consent to share information at any time please contact.

M MAE DOUGALL

Tel: 01698 456248

Please insert practitioners' name and designation and phone number

Should they be unavailable, contact the agency/service they work for.

It has also been explained to me that my consent to share information will be reviewed at least 6 monthly, or at my request when any of my circumstances change.

Signed X

Date

19/10/23

young person/service user/parent/guardian/legally appointed or (welfare) power of attorney

Lanarkshire Forensic Mental Health Service

Caird House, Beckford Lodge
Caird Street
Hamilton
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Dr JJ Canning
Drs Jordan & Canning
Rutherglen Primary Care Centre
130 Stonelaw Road, Rutherglen
Glasgow
G73 2PQ

Date Dictated: 10/10/2023
Date 10/10/2023
Typed:
Our Ref: LS/AR
CHI No: 2104673933
Enquiries to: Angela Rae
Direct Line: 01698 456248
Email: forensic.cmht@lanarkshire.scot.nhs.uk

Dear Dr Canning

NAME: Andrew Shaw
D.O.B: 21/04/1967
ADDRESS: Flat 1, 14 Hillhead Avenue, Glasgow, G73 4NJ

I reviewed Mr Shaw at his home address on an urgent basis as he has struggled over the last week with a deterioration in mental state. He reported the voices are louder and more insistent with several new voices he has not heard before. These are derogatory and command in nature and if he does not listen to them or respond they get louder. He has spent the majority of each day sitting on his living room floor with the TV on without sound, so he can listen to the voices in order to manage their volume. He does report feeling more distressed than usual and has struggled to use his learned coping strategies such as listening to white noise of rain or traffic and rose oil scent. He is not eating well and has not slept for 4 days. The voices are loud at night and he struggles to switch off. He now has the urgent prescription requested last week. He felt unable to leave home to go and collect this on Friday last week so the pharmacy agreed to delivery this on Monday this week. He used Zopiclone last night and reported he managed to get 2-3 hours' sleep. He feels better today as a result but continues to suffer from distressing voices.

As we know with Mr Shaw there is usually a stressor that triggers these episodes of deterioration. He admitted that his Brother recently cut off his finances having discovered he has been using cocaine again. Mr Shaw's Brother holds his finances for him due to a fear Mr Shaw has that his ex-partner, who he considers a common law wife, could access if she went to a lawyer in any separation. He and his Brother own several properties around the country and recently sold off around half of these. Mr Shaw's Brother's physical health has been poor since he suffered a serious myocardial infarction 2 years ago. He recently underwent a triple heart bypass and is quite poorly. As such his Brother seems

to want to sell all their assets and prepare for the day he will no longer be here. Mr Shaw is upset by this as he does not want to sell his assets. He feels able to manage his own money but is scared to do so in case his ex-partner accesses this. The fact his Brother has so much control over his finances seems to bother him. This seems to be at the root of the recent anxiety he is experiencing. He reported his psoriasis has broken out again as a result.

In terms of his substance misuse Mr Shaw admitted he was spending £300 every 2 days on cocaine. He finds cocaine is the only thing that brings him "peace" from the voices. He acknowledges this is only momentary and wears off quickly. We have discussed repeatedly the long term effects of using cocaine. Mr Shaw previously had significant debts due to his habit and his Brother had paid these off. His current dealer has informed his Brother of his escalating use. Since the funds were cut off Mr Shaw has not been able to afford cocaine. Over the weekend when he struggled without access to PRN medication he did spend what little money he does have on cocaine. He remains keen to avoid using this but we do need to review his access to PRN medication and medication to support his sleep in order to help him change this.

Therefore, I would be grateful if you could increase his regular Aripiprazole to 10mg mane and add lorazepam 1mg mane and haloperidol 5mg mane to his regular medications but continue to dispense these on a weekly basis along with his Zopiclone?

Can you also please issue a further emergency prescription of 4 x lorazepam 1mg tablets and 4 x haloperidol 5mg tablets so that he has enough for use of each once per day and we do not end up in the same situation over the weekend where he is without? This will allow him to use these once daily until his next weekly prescription is available.

If you have any questions, please do not hesitate to contact me. I will review him again in 1 weeks' time.

Yours sincerely,

Authorised on 11/10/2023 15:15:54 by Laura Steven.

Dr Laura Steven
Consultant Forensic Psychiatrist

Lanarkshire Forensic Mental Health Service

Caird House, Beckford Lodge
Caird Street
Hamilton
ML3 0AL
www.nhslanarkshire.co.uk

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Dr JJ Canning
Drs Jordan & Canning
Rutherglen Primary Care Centre
130 Stonelaw Road, Rutherglen
Glasgow
G73 2PQ

Date Dictated: 06/10/2023
Date 06/10/2023
Typed:
Our Ref: LS/cs
CHI No: 2104673933
Enquiries to: Carole Scott
Direct Line: 01698 456248
Email: forensic.cmht@lanarkshire.scot.nhs.uk

Dear Dr Canning

NAME: Andrew Shaw
D.O.B: 21/04/1967
ADDRESS: Flat 1, 14 Hillhead Avenue, Glasgow, G73 4NJ

I reviewed Mr Shaw this morning over the telephone. He called his FCPN for support on 05/10/23 who visited him at home. He reported he is struggling with auditory hallucinations and was feeling quite distressed. They are derogatory and command in nature and command him to harm others. He can have intermittent episodes when he struggles and usually there is an identifiable stressor. He has not been able to identify one right now but this may become clear. These episodes do tend to pass within a week or two. His main difficulty during these times is with sleep. He can't switch off his thoughts or the voices enough to sleep which does compound the issue.

I would be grateful if you would add Zopiclone 7.5mg nocte to his regular prescription and issue this on an urgent basis. I had also previously requested a weekly prescription of 3 x lorazepam 1mg and 3 x haloperidol 5mg each week for use PRN. He has advised finding difficulty requesting this. Please can this also be issued urgently and regularly each week so he can collect this from the pharmacy?

If you need any further information or wish to discuss this, please do not hesitate to contact me.

Kind regards,

Authorised on 06/10/2023 10:26:27 by Typist Carole Scott, not verified by Consultant.

Dr Laura Steven
Consultant Forensic Psychiatrist

(P) FCPN Maxine MacDougall
Caird House
Beckford Lodge
Caird Street
HAMILTON
ML3 0AL

Lanarkshire Forensic Mental Health Service

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Dr JJ Canning
Drs Jordan & Canning
Rutherglen Primary Care Centre
130 Stonelaw Road, Rutherglen
Glasgow
G73 2PQ

Date Dictated: 05/09/2023
Date 05/09/2023
Typed:
Our Ref: MMacD/cs
CHI No: 2104673933
Enquiries to: Carole Scott
Direct Line: 01698 456248
Email: forensic.cmht@lanarkshire.scot.nhs.uk

Dear Dr Canning

NAME: Andrew Shaw
D.O.B: 21/04/1967
ADDRESS: Flat 1, 14 Hillhead Avenue, Glasgow, G73 4NJ

A CPA Meeting has been arranged for the above patient on **Tuesday, 26th September 2023 at 12 noon** in **Eastvale CMHT, Stonelaw Road, RUTHERGLEN.**

If you are unable to participate in this meeting, we would be grateful if you could please advise our administration personnel accordingly and alternatively return *{by post or email as preferred}*, the brief feedback template outlined overleaf before the above CPA date.

We are not always made aware of the contact that our patients may have had with their local GP services, therefore we remain very much reliant upon the information you are able to share in this respect. Please advise of appointments / contact, or any potentially relevant issues which may have arisen since their last CPA review, and please accept our grateful thanks in anticipation of your response.

The information you provide will inform our forensic service recurring audits *{one aspect of which relates to the offer and uptake of annual physical health checks}* & enables our NHSL Forensic Community Mental Health Services to remain abreast of contemporary developments in their general care and treatment.

Yours sincerely,

Maxine MacDougall
CPA Co-ordinator / Forensic CPN

PRE CPA UPDATE			
NAME:	Andrew Shaw	DATE OF BIRTH CHI:	21-04-67 210 467 3933
COMPLETED BY: DATE:			
HAVE THERE BEEN ANY APPOINTMENTS / VISITS TO THE PRACTICE SINCE THE LAST CPA MEETING?			YES / NO (delete as appropriate)
DETAILS (INCLUDE DATES AND REASON):			
HAVE THERE BEEN ANY ROUTINE OR EMERGENCY INVESTIGATIONS OR TREATMENT CARRIED OUT AT THESE VISITS (OR SUBSEQUENTLY)?			YES / NO (delete as appropriate)
DETAILS (PLEASE INCLUDE RESULTS OF ANY MONITORING FOR HIGH DOSE ANTI-PSYCHOTICS, ATYPICAL ANTI-PSYCHOTICS OR MOOD STABILISERS):			
HAVE YOU MADE ANY REFERRALS TO OTHER SERVICES THAT WE SHOULD BE AWARE OF?			YES / NO (delete as appropriate)
DETAILS:			
DO YOU HAVE ANY CONCERNS REGARDING MENTAL HEALTH SINCE THE LAST CPA MEETING?			YES / NO (delete as appropriate)
DETAILS:			
DO YOU HAVE ANY CONCERNS REGARDING PHYSICAL HEALTH SINCE THE LAST CPA MEETING:			YES / NO (delete as appropriate)
DETAILS:			

HAVE THEY BEEN OFFERED AN ANNUAL PHYSICAL HEALTH CHECK?	YES / NO (delete as appropriate)
DETAILS:	
DO YOU HAVE ANY CONCERNS REGARDING BEHAVIOUR SINCE THE LAST CPA MEETING? (INCLUDING DRUG AND ALCOHOL USE / OFFENDING RISK / DRUG SEEKING / AGGRESSION).	YES / NO (delete as appropriate)
DETAILS:	
DO YOU HAVE ANY CONCERNS / RELEVANT INFORMATION FROM OTHER SOURCES?	YES / NO (delete as appropriate)
DETAILS:	
LIST OF CURRENT PRESCRIBED MEDICATION?	
DETAILS:	

Authorised on 05/09/2023 15:49:35 by Typist Carole Scott, not verified by Consultant.

Maxine McDougall
Forensic CPN

Lanarkshire Forensic Mental Health Service

Caird House, Beckford Lodge
Caird Street
Hamilton
ML3 0AL
www.nhslanarkshire.co.uk

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Date: 5th September 2023
Our Ref: MMacD/cs
CHI No: 210 467 3933
Enquiries to: Carole Scott
Direct Line: 01698 456248
Fax: 01698 426827
Email: forensic.cmht@lanarkshire.scot.nhs.uk

SEE DISTRIBUTION LIST

Dear Colleague,

NAME: Andrew Shaw
DOB: 21-04-67
ADDRESS: Flat 1, 14 Hillhead Avenue, GLASGOW, G73 4NJ

A CPA Review Meeting has been arranged for the above patient on **Tuesday, 26th September 2023 at 12 noon** in Eastvale CMHT, Stonelaw Road, RUTHERGLEN.

In order to minimise {as far as practicable} the requirement for the CPA Chair & Coordinator to record a detailed minute of the CPA review discussions, an updated written report of your service involvement since the last CPA review should be provided for the meeting.

Should you be unable to attend the review meeting, then we would respectfully request that you continue to provide an updated report to allow your service's input to be accurately reflected within the minutes.

We would also be grateful if you could contact the Forensic CMHT secretary on 01698 456248 to advise whether or not you are able to attend.

Yours faithfully,

SENT VIA SECURE EMAIL

Maxine MacDougall
Forensic CPN / CPA Coordinator

Distribution List

Dr Laura Steven, RMO, Caird House, Beckford Lodge, Caird Street, HAMILTON, ML3 0AL
Maxine MacDougall, FCPN, Caird House, Beckford Lodge, Caird Street, HAMILTON, ML3 0AL
Claire McCarrison, MHO
Graham McMillan
Michael Brennan

Invited under separate cover

Dr Canning, GP, Drs Jordan & Canning, Rutherglen Primary Care Centre, 130 Stonelaw Road, RUTHERGLEN, G73 2PQ
Andrew Shaw, Flat 1 14, Hillhead Avenue, GLASGOW, G73 4NJ

Lanarkshire Forensic Mental Health Service

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Andrew Shaw
Flat 1
14 Hillhead Avenue
GLASGOW
G73 4NJ

Date: 5th September 2023
Our Ref: MMacD/cs
CHI No: 210 467 3933
Enquiries to: Secretary
Direct Line: 01698 456248
Fax: n/a

Dear Mr Shaw,

You are invited to attend (in person) for a CPA review on **Tuesday, 26th September 2023 at 12 noon** in **Eastvale CMHT, Stonelaw Road, RUTHERGLEN**. Please report to reception upon your arrival.

Should you be unable to attend for this appointment please contact my secretary on the above telephone number.

Yours sincerely,



Maxine MacDougall
CPA Co-ordinator / Forensic CPN

COPY



Lanarkshire Forensic Mental Health Service

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CONFIDENTIAL

Andrew Shaw
Flat 1
14 Hillhead Avenue
GLASGOW
G73 4NJ

Date: 1st September 2023
Our Ref: MH/MM
CHI No: 2104673933
Enquiries to: Marie Magunnigal
Direct Line: 01698 456248

Dear Mr Shaw,

The Carer Information and Support Group, which is supported by NHS Lanarkshire staff working within Forensic Services and by Lanarkshire Links, continues to meet on a regular basis.

We wish to ensure that any patient and their carers involved with our service continues to receive the relevant support and guidance in relation to their role and your care.

We therefore wish to update our records to ensure the needs of carers are consistently met and would like to know if you know if you have any carers who may benefit from this support, and would be grateful if you could pass us their names and contact details, to enable us to pass on any relevant information about the Carer Information and Support Group and associated meetings to them.

Yours Sincerely,

Michael Hughes
Forensic Service Team Leader

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