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02-Jun-2026 CBURNETT
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Tayside Clinical Laboratory Services				Telephone 01739 473223 (PRI) 01382 832602 (MW)			
Name: PARK Lisa		Sex: F	PID: 0708740049	DoB: 07 Aug 1974			
Ardurstone Med Ctr (The Mill)		Clinician: Dr C. MOTR		Lab No: H203044834			
				MILL MTC/5			
HGB	185	H g/L	(120-160)	WBC	5.9	x10 ⁹ /L	(4.0-11.0)
HCT	5.20	H x10 ¹² /L	(3.8-4.6)	MBW	2.7	x10 ⁹ /L	(2.0-7.5)
HCT	0.521	H	(0.37-0.47)	LYM	1.9	x10 ⁹ /L	(1.5-4.0)
MCH	100.3	fl	(85-105)	MOF	0.3	x10 ⁹ /L	(0.2-0.8)
MCH	31.7	pg	(27-32)	ECF	0.08	x10 ⁹ /L	(0.0-0.4)
MCC	316	L g/L	(320-360)	BAF	0.0	x10 ⁹ /L	(0.0-0.1)
				PLT	137	L x10 ⁹ /L	(150-400)
				PLV	1.65	MPa.s.	(1.5-1.72)
Lab.Comments: Sample is blood unless otherwise stated							
Sample Date/Time 29 Sep 2020 11:58							
Clin.Details: On T47 No weight loss							
Request Entered: 29 Sep 2020 15:30				Report Printed: 29 Sep 2020 18:40			

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NHS Tayside: Clinical Report - Kings Cross Hospital		Page 1 of 1
PARK, LISA 2H MCGILL STREET, DUNDEE, DD4 6PH Ref. Locn.: GENERAL PRACTITIONER Ref. Source: MILL ARTHURSTONE PRACTICE, 39 ARTHURSTONE TERRACE, DUNDEE, D Referrer: DR CL MOIR		DoB: 07-Aug-1974 Hosp. No.: CRIS No.: 227748 CHI No.: 0708740049
VERIFIED Verified By: DR SUSILA KRISHNAN 21-Oct-2020 Typed By: SKRISHNAN 21-Oct-2020		
Clinical History: weight loss under ix smoker of tobacco and cannabis chest clear on auscultation ENTERED BY: Claire-louise Moir (medical) BLEEP: 01382 465100		
XR Chest: There is chronic bilateral basal pleural thickening. No active pulmonary lesion. Normal cardiomedastinal contour.		
Event Number: E-6431889 Copy To: Examinations: XR Chest		Examination Date: 16-Oct-2020 Attendance Number: 3

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01 no paper notes-
PERMANENT CHANGE OF ADDRESS OR NAME

NAME: Lisa Park

DATE OF BIRTH: 07 08 74

NEW ADDRESS**

HOUSE NAME:

NUMBER and ROAD: 9C Pentland Crescent

TOWN:

POST CODE: DD2 2BU

HOME TELEPHONE NUMBER: no change

MOBILE TELEPHONE NUMBER: no change

PATIENTS PLEASE NOTE: IF YOUR NEW ADDRESS FALLS OUTWITH OUR CATCHMENT AREA YOU WILL BE REMOVED FROM OUR LIST WITHIN APPROXIMATELY 8 DAYS - PLEASE ASK THE RECEPTIONIST FOR PRACTICE BOUNDARY INFORMATION

****PATIENTS PLEASE NOTE - IF YOU HAVE RECENTLY BEEN REFERRED OR ARE AWAITING A CLINIC APPOINTMENT YOU MAY HAVE TO CONTACT THE RELEVANT DEPARTMENT TO NOTIFY THEM OF YOUR NEW ADDRESS.**

Please sign below to confirm that the above address is now your new permanent address

Signature: COVID-19 hm Date: 17/11/20

Official use only- Input by: hm

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Richardson Pharmacy
181 blackness road dundee

Freephone 0800 731 6182
FREE PRESCRIPTION
COLLECTION & DELIVERY SERVICE

We can prepare your prescriptions for a more convenient collection at our pharmacy. Just complete this form and either drop it into our shop or give us a call and we can collect from your home. We will collect your prescriptions from the Doctors Surgery and have it ready for you to collect from our pharmacy or we can deliver your medicines to your home.

Name: LISA PARK
Address: 5C PENTLAND CRES.
PENTLAND
Post Code: DD2 2BU.
Phone Number: 07849530301
Email Address:
Date of Birth: 07/08/74.
Doctors Surgery: MILL PRACTICE.

I authorise Richardson Pharmacy to collect my prescriptions from the Doctors Surgery.

Signed LISA PARK Date 19/11/20
Print Name LISA PARK.

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Integrated Substance Misuse Service
Dundee Health & Social Care Partnership
Constitution House
55 Constitution Road
Dundee
DD1 1LB
Tel: 01382 632542
Fax: 01382 424517

PRIVATE & CONFIDENTIAL

Dr MS Kennedy
Mill Practice
Arthurstone Medical Practice
39 Arthurstone Terrace
Dundee
DD4 6QY

Date Typed	15/02/2021
Clinic Date	12/02/2021
Your Ref	
Our Ref	FC/AB/ 0708740049
Enquiries to	Kerry Brady
Extension	
Direct Line	01382 424518

Dear Dr Kennedy

RE: LISA PARK CHI: 0708740049
9C PENTLAND CRESCENT, DUNDEE, ANGUS, DD2 2BU

Situation:
ISMS East Prescribing Review

Liaison with keyworker.
Lisa is prescribed methadone 60mg od, and wishes to transfer to buprenorphine treatment.
Her keyworker has discussed the process of transfer and agreed a reduction schedule with Lisa.

Recommendation:
1. Send buprenorphine and methadone patient information leaflets to Lisa to support informed consent regarding OST choice
2. Pink sheet signed to transfer to buprenorphine.
Reduce methadone dose to
55mg 22/02/21
50mg 01/03/21
40mg 08/03/21
30mg 15/03/21
Last methadone dose 20/03/21

Commence buprenorphine 8mg 22/03/21, increase to 16mg 23/03/21.

Yours sincerely,

Dr Cowden
Consultant Psychiatrist
Integrated Substance Misuse Service
Dundee Health & Social Care Partnership

Authorised on 15/02/2021 09:51:32 by Typist Arlene Beattie, on behalf of Fiona Cowden.

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(P) Lee Strachan, Staff Nurse, Integrated Substance Misuse Service, Constitution House, 55 Constitution Road, DD1 1LB

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Dundee Drug and Alcohol Recovery Service
NHS Tayside
NHS Tayside
Constitution House
55 Constitution Road
Dundee
DD1 1LB
sPrefPhoneNo
sPrefFax
www.nhstayside.scot.nhs.uk

Dr MS Kennedy
Mill Practice
Arthurstone Medical Practice
39 Arthurstone Terrace
Dundee
DD4 6QY

Date	24/06/2021
Clinic Date	26/04/2021
Your Ref	
Our Ref	LS270421 / 0708740049
Enquiries to	Lee Strachan
Extension	Extension
Direct Line	DirectLine
Email	Email

Dear Dr Kennedy

Lisa Park, 5C Pentland Crescent, Dundee, "", "", Dundee, Angus, DD2 2BU DOB: 07/08/1974

S/ Lisa contacted by telephone

B/ Lisa sounds ok on phone calls

A/ Sounds like there is a lot of external triggers at present
Recently reducing methadone
Recently moved back to brothers
Lisa is always chatty

R/ To continue methadone reduction when ready

Yours sincerely

Authorised on 24/06/2021 16:32:12 by Lee Strachan.

Lee Strachan
Staff nurse

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C✓ PLS
PERMANENT CHANGE OF ADDRESS OR NAME

NAME: LISA PARK

DATE OF BIRTH: 07/8/74 - ~~07/8/74~~

NEW ADDRESS**
HOUSE NAME: 144 BALUNIE ST

NUMBER and ROAD:

TOWN: DUNDEE 0404142

POST CODE: DD4 8TX

HOME TELEPHONE NUMBER:

MOBILE TELEPHONE NUMBER: 0784 9530301

PATIENTS PLEASE NOTE: IF YOUR NEW ADDRESS FALLS OUTWITH OUR CATCHMENT AREA YOU WILL BE REMOVED FROM OUR LIST WITHIN APPROXIMATELY 8 DAYS - PLEASE ASK THE RECEPTIONIST FOR PRACTICE BOUNDARY INFORMATION

**PATIENTS PLEASE NOTE - IF YOU HAVE RECENTLY BEEN REFERRED OR ARE AWAITING A CLINIC APPOINTMENT YOU MAY HAVE TO CONTACT THE RELEVANT DEPARTMENT TO NOTIFY THEM OF YOUR NEW ADDRESS.

Please sign below to confirm that the above address is now your new permanent address

Signature [Signature]

Date 29/6/21

Official use only- Input by [Signature]

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Tayside Out of Hours Service OOH Call Incident Report

Call number:	52655	Receive Date:	2-Oct-2021 14:16
Patient's Name:	Lisa Park		
Date of birth:	7-Aug-1974 (47 years)	Gender:	F
Address:	2H McGill Street Dundee	Current Address:	144 Balunie Street Dundee DD4 8TX
Return Contact No:			
Tel No:	07849 530301		07849 530301
Mobile No:			
Priority:	Routine	Call Origin:	Chemist/Pharmacist
Received:	2-Oct-2021 14:16	Calltype:	Telephone Advice
Advised:	:	Arrived PCC:	
Cons start:	2-Oct-2021 16:58	Cons End:	2-Oct-2021 17:12
Consulting Doctor:	Kay MacCallum	Own doctor:	Moir Kennedy

Reported Condition:

Symptoms: Chemist call - patient has presented with Methadone prescription - showing as last dose 02/10 which means no medication for tomorrow - GP call pharmacist to discuss

Consultation details:

History - A Thakur - tried phoning x2, invalid number (looks like its missing a digit)
Tried land line , unsure whose number that is but no AP either to leave message... Anjali

kmaccallum
called landline at 16.59 this is lloyds ?chemist voicemail (not very clear on phone)and states do not leave voicemail

spoke ot ptt on mobile
states hse is on 30mg methadone 6 days dispensing
her methadone script which she says is at Rowland's pharmacy and would be due to stop tomorrow
before commencing buprenorphine on Monday
ptt advises she needs to change chemist to boots Whitfield as Rowland's do not prescribe buprenorphine

Examination - .

Diagnosis - **med request**

Treatment - **explained unfortunately we do not issue scripts issued by DPC AND SHE WILL NEED TO WAIT uNTIL HER SCRIPT For buprenorphine**

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commences at new pharmacy

Followups:

No Follow Up

Clinical Codes:

8B3H. Medication requested

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Dundee Drug & Alcohol Recovery Service
 Dundee Health & Social Care Partnership
 Constitution House
 55 Constitution Road
 Dundee
 DD1 1LB
 Tel: 01382 632542
 Fax: 01382 424517

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Dr MS Kennedy
 Mill Practice
 Arthursstone Medical Practice
 39 Arthursstone Terrace
 Dundee
 DD4 6QY

Date Typed	23/09/2021
Clinic Date	16/09/2021
Your Ref	
Our Ref	FC/KB/ 0708740049
Enquiries to	Kerry Brady
Extension	22518
Direct Line	01382 424518

Dear Dr Kennedy

RE: LISA PARK CHI: 0708740049
144 BALUNIE STREET, DUNDEE, ANGUS, DD4 8TX

Situation:

DDARS Keyworker Consultation Clinic: Lisa is requesting to commence methadone reductions to support transfer to buprenorphine, and is considering long acting injection options. Lisa has received methadone and buprenorphine patient information leaflets to inform decisions about OST.

DDARS Prescribing:

Methadone 40mg od, dispensed supervised six days per week

GP Prescribing:

Mirtazapine, metoclopramide, levothyroxine, lansoprazole

Drug Screen: 14/09/2021 drug screen pending biochemistry analyses

Blood Borne Virus: Keyworker advised they have discussed this and Lisa declined a BBV screen, she is aware how she can access this.

Assessment:

Lisa is requesting to commence a reduction regimen to support transfer to buprenorphine.

Recommendation:

Pink sheet signed for prenoxad, and methadone reduction of 5mg fortnightly to 30mg, then commence buprenorphine NHS Inform Harm Reduction Information will be sent

Yours sincerely,

Dr Fiona Cowden
 Consultant Psychiatrist
 Dundee Drug & Alcohol Recovery Service
 Dundee Health & Social Care Partnership

Authorised on 23/09/2021 11:46:53 by Typist Kerry Brady, on behalf of Fiona Cowden.

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(P) Lee Strachan, Staff Nurse, Dundee Drug & Alcohol Recovery Service, Constitution House, 55 Constitution Road, DD1 1LB

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Dundee Drug & Alcohol Recovery Service
Dundee Health & Social Care Partnership
Constitution House
55 Constitution Road
Dundee
DD1 1LB
Tel: 01382 632542
Fax: 01382 424517

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Dr MS Kennedy
Mill Practice
Arthurstone Medical Practice
39 Arthurstone Terrace
Dundee
DD4 6QY

Date Typed	06/10/2021
Clinic Date	28/09/2021
Your Ref	
Our Ref	FC/KB/ 0708740049
Enquiries to	Kerry Brady
Extension	22518
Direct Line	01382 424518

Dear Dr Kennedy

RE: LISA PARK CHI: 0708740049
144 BALUNIE STREET, DUNDEE, ANGUS, DD4 8TX

Situation:

DDARS Keyworker Consultation Clinic: Lisa's current pharmacy does not dispense buprenorphine, as such she is requesting transfer to another pharmacy from 04/10/21 to support continued treatment.

Recommendation:

Pink sheet signed to transfer to Boots Whitfield on 04/10/21, when Lisa commences buprenorphine treatment

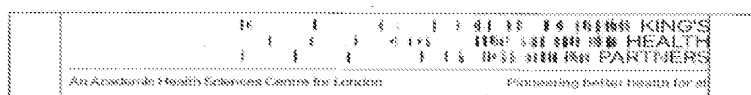
Yours sincerely,

Dr Fiona Cowden
Consultant Psychiatrist
Dundee Drug & Alcohol Recovery Service
Dundee Health & Social Care Partnership

Authorised on 06/10/2021 15:33:39 by Typist Kerry Brady, on behalf of Fiona Cowden.
(P) Lee Strachan, Staff Nurse, Dundee Drug & Alcohol Recovery Service, Constitution House, 55 Constitution Road, DD1 1LB

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For Action – Medication Review Needed

**Extended-release Pharmacotherapy for Opioid Use Disorder (EXPO)
The EXPO Trial**

Mill Practice
Arthursstone Medical Practice
39 Arthursstone Terrace
Dundee
DD4 6QY

Dear Dr Kennedy,

I am writing to inform you that your patient Miss Park, OH: 0708740049 has agreed to participate in the Extended-release Pharmacotherapy for Opioid Use Disorder (EXPO) research study.

The EXPO trial is an open-label randomised controlled trial of extended-release (monthly depot injectable) buprenorphine compared to sublingual tablet buprenorphine or oral liquid methadone for opioid use disorder. The extended-release buprenorphine is administered at the addictions clinic as a single injection in abdominal adipose tissue and utilises a proprietary ATRIGEL (Indivior UK Limited) to deliver a stable release of medication.

This study has received ethical approval from the Health Research Authority (London: Brighton and Sussex Ref 19/LC/0483).

As you would expect, taking part in this study is completely voluntary. At the end of the study, participants will continue to receive oral medication or transition to oral medication as usual.

This patient has been randomised to, and is currently prescribed:

MEDICATION: (Treatment-as-usual) Buprenorphine sublingual tablets 18mg

They have been provided with a Participant Information Sheet for the trial (copy enclosed) which explains why they have been approached to take part in the trial, that their participation is entirely voluntary, and emphasises that they are free to withdraw from the trial at any time without this affecting their care.

Should you have any questions or require further information about the EXPO trial, please do not hesitate to contact

Dr Fiona Cowden, Principal Investigator Expo Trial, Consultant Psychiatrist Tel: 01382 424518 Email: fiona.cowden@nhs.scot

Alternatively, you can contact the EXPO Study Team:

EXPO GP Letter Version 3.0; 08.01.20

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Stacey Johnstone, Research Nurse Tel: 01382 632542 Email: Stacey.johnstone2@nhs.scot
Andrew McKechnie, Research Nurse Tel: 01382 632542 Email: andrew.mckechnie3@nhs.scot

Yours Sincerely,

Andrew McKechnie

Enclosed: Current EXPO Participant Information Sheet

20/10

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EXPO GP Letter Version 3.0; 08.01.20

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30/10

THE UNIVERSITY OF SHEFFIELD
SHEFFIELD HEALTH PARTNERS

NHS
Tayside

Participant Information Sheet for the EXPO study

Overview

This Participant Information Sheet for the EXPO study tells you about a new treatment for people with opioid (heroin) dependence. EXPO stands for EX tended-release Pharmacotherapy for Opioid use disorder (EXPO).

The aim of EXPO is to compare a new long-acting maintenance medication called extended-release buprenorphine (XR Bup) with oral maintenance medications (liquid methadone and tablet buprenorphine, sometimes called Subutex).

XR Bup has the same effect as buprenorphine tablets, but it lasts much longer. It is given at the clinic as an injection of liquid under the skin in the abdominal area (below the ribs and above the hip bone). Its effects last for 1 month. The patient doesn't need to go to the pharmacy to get XR Bup -- rather they get their next dose a month later at the clinic. XR Bup was developed in the USA by a company called Indivior (its product name is 'Sublocade'). This study will be the first time Sublocade has been used in England.

Everyone in this study will receive medication and usual support -- there is no placebo. No medication will be withheld.

All the information about participants will be kept confidential and securely protected at all times. We will write summary reports that will not identify anyone.

Taking part in this study is voluntary. This sheet will help you decide whether you want to take part. If anything is not clear, please do ask.

Your invitation

We are inviting you to take part in the EXPO study. This is because you are either receiving methadone (dose 30mg or less) or buprenorphine tablets (dose 24 mg or less), or you are starting treatment. If you are in treatment and receiving more than 30mg of methadone or more than 24mg of buprenorphine tablets, you may be able to take part if you reduce your dose. Your clinic doctor will advise.

EXPO is a type of research study called a 'randomised controlled trial'. This means that a computer will decide at random whether you receive XR Bup, or usual medication treatment.

If you would prefer to not take part, you will receive or continue to receive treatment as usual. Before you decide to take part, you need to understand why we are doing this research and what it would involve for you.

IRAS Project ID: 295522; REC: London, Brighton and Sussex. Participant Information Sheet: Other Sites (v2.0; 08.01.20)

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Please take time to read the following information carefully. Ask questions if anything you read is not clear or you would like more information.

Why are we doing this study?

We are asking whether 6 months of XR Bup is better than 6 months of daily liquid methadone or daily buprenorphine tablets for helping people reduce heroin use. Several clinics around England and Scotland are joining us to answer this question.

If we find that XR Bup is more effective, then Sublocade's manufacturer could use data from the study to obtain a licence so that more people can receive XR Bup.

What will happen to me if I take part?

If you would like to take part in EXPO, here is a summary of what will happen:

- First, we will ask you to complete a consent form and receive a brief medical examination. If you are breast feeding or pregnant you will not be able to take part in the study. Other checks will include a blood test to assess the health of your liver, unless this is known from a test done within 12 weeks where we have this information on your clinical file.
- If there is a sign that it's not working as normal, you won't be able to take part but you will receive or continue to receive usual treatment. If you pass the medical screening, there will then be a few questionnaires, asking about you and your life. This stage should be completed in a day or so. If you are taking part in the study, we will let your GP know (with your consent).
- If you live in England or Wales, we will ask you if we can collect information from you: your name, date of birth, sex (at birth), home postcode, National Insurance number and NHS number. We will use this information to find out about your use of hospital services, any future drug treatment, work, crime and mortality for the 2 years before and after the study. This is to assess how effective the treatment you've received in the study is. We will handle and store this personal information securely. We will not ask to do this if you live in Scotland. You can find more information about how we'll do this on pages 6- 8. You can decide you don't want us to look for this information, but still take part in the study.
- We will give you a wallet card that explains you are taking part in a study involving specified medications – this is in case you need any other medical treatment.
- To answer the question 'is XR Bup better than standard medication?', the computer will decide at random whether you will receive:
 - (1) XR Bup; or
 - (2) liquid methadone or buprenorphine tablets – either the medication you're on already or the one you're seeking or happy to receive.

IPAS Project ID: 259522; REC: London, Brighton and Sussex. Participant Information Sheet: Other Sites (v2.0; 05.01.20)

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HEALTH
PARTNERS



- If you are going to get XR Bup and you are currently on methadone, we will transfer you to buprenorphine tablets for a few days while we check you are comfortable and happy to proceed with your first injection of XR Bup. There is more information on how XR Bup is given on Page 6.
- The EXPO study will last for 6 months. People getting XR Bup will receive 6 injections of XR Bup at the clinic. People getting methadone liquid or buprenorphine tablets will receive medication from a retail pharmacy.
- During the study, we will ask you to visit the clinic on 13 occasions and complete some questionnaires (each taking 20 mins or so). These will ask you about craving, any drug use, your health and mood, and there will be a quick urine drug screen to help us see which treatments are working. We will try to time these visits to be when you were due to attend the clinic anyway. You will receive either £20, £10 or £5; loaded onto a prepaid card, for attending the clinic. The amount will vary depending on the time point of the visit.
- During the study, women who are engaging in potentially procreative sex must use contraception: the Pill, condoms, diaphragm or a Nexplanon implant. If you get pregnant during the study, the Chief Investigator will discuss your treatment options.
- After the study ends, you can stay in treatment for as long as you need. We will transition people getting XR Bup to liquid methadone or buprenorphine tablets (as you prefer, unless there is a medical reason to select one of these). It may be possible to stay on XR Bup. We will let you know in advance.
- After the study, we will continue to collect research information on EXPO participants from public registries – for example, those recording use of hospital services, and any criminal convictions. We are doing this to see if XR Bup with or without psychological support helps people in the long term.

What are the possible risks in taking part?

Here is a list of things to bear in mind:

- It is possible that XR-Bup may affect your liver, so during the study, we will need to continue to check it's healthy. After the initial liver blood test, we will ask you to have a check at 1 month, 3 months and at 6 months during the study. We may ask you to have your liver monitored more often. If you are not receiving XR-Bup your doctor may discuss the need for liver tests with you, as is normal practice at the clinic.
- We will also assess other medications you may be taking to make sure they are safe for you.
- For some people, it can be painful while XR Bup is being injected – but any discomfort will pass quickly. We can apply a cold press to the area about to be injected which can help ease this discomfort.

IRAS Project ID: 295522; REC: London: Brighton and Sussex. Participant Information Sheet: Other Sites (v2.0; 08.01.20)

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PARTNERS



- After receiving XR Bup, you may notice a small lump under the skin where you had the injection. Do not rub or massage the skin where you were injected as this may irritate your skin and it may mean the medication does not dissolve and work properly. Avoid wearing clothing with belts or waistbands that could rub the area of the injection as this could cause irritation. Over time, the small lump will reduce in size as the medication dissolves.
- In the very unlikely event that you have an allergic reaction to the XR Bup, it can be surgically removed within 14 days of the injection. After that, the medication has dissolved, and it is impossible to remove.
- It is possible that filling in some questionnaires may be upsetting. We will offer support to help anyone who experiences this.

What are the possible benefits of taking part?

The benefits will include you receiving help for opioid (e.g. heroin or methadone) dependence and recovery support. Volunteering for EXPO will help us see if this treatment is effective. We cannot promise the study will help you, but the information we get from the study will help to improve the treatment of people with heroin dependence.

What will happen to the results of EXPO?

The results of EXPO will be included in academic publications. These reports will bring together the data for all participants. No information that could be used to identify you will ever be published. You will not be identified in any report/publication.

Who is organising and sponsoring the research?

King's College London (KCL) and South London and Maudsley NHS Trust (SLaM) are the joint sponsors for this study. It is being done in five NHS clinics across England and Scotland. The Principal Investigator who is running the trial at this hospital is Dr Fiona Cowden. Her address is Constitution House, 55 Constitution Road, Dundee DD1 1LB. Tel 01382 424518.

What about data security and my personal information?

Keeping personal information safe and secure has always been extremely important to us. It is important to stress that once the information has been gathered for the trial it will be linked to a research number, not your name, and will be held under strict confidentiality rules. It will only be seen by authorised researchers working on EXPO. All the data collected for the trial (e.g. paper forms, research questionnaires), will be kept securely for 10 years by KCL after which it will be archived. Strict arrangements will be in place to make sure that your personal information is handled securely and protected at all times.

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THE KING'S
HEALTH
PARTNERS

**What are my rights and what happens if there is a problem?**

You can decide not to take part, or you can leave the trial at any time, without giving a reason. If you decide to not take part or leave, your rights to health care and benefits will not be affected. If you have any questions or concerns about the information about you that is being used in the study, please speak to the EXPO research team.

Will my taking part in the study be kept confidential?

The researchers and study sponsors take data security very seriously and will safeguard your confidentiality. The researchers will be using information from you and your medical records, acting as what's called the 'data controller'. This means we are responsible for looking after your information and using it properly in the study. The sponsors will keep securely identifiable information about you for 10 years after the study.

Further information and contact details:

Participants based in England and Wales can obtain general information about research from the NHS Patient Advice and Liaison Service for independent advice (free-phone: 0800 731 2864 (Option 2) or by email at pals@slam.nhs.uk). Participants based in Scotland can contact the NHS Research Scotland General enquiries line on 0141 9515508 or visit <https://www.nhsresearchscotland.org.uk/>. You can find out more about how we use your information here: <https://www.kcl.ac.uk/research/support/research-ethics/kings-college-london-statement-on-use-of-personal-data-in-research.aspx>.

If you prefer, information can be obtained in person from the KCL Data Protection Officer, Mr Albert Chan. His email address is: info-compliance@kcl.ac.uk.

The study's sponsors, KCL and SLAM, have insurance policies for this study. If you experience harm or injury as a result of taking part, you could be eligible to claim compensation without having to prove that KCL and SLAM were at fault. This does not affect your legal rights to seek compensation. If you are harmed due to negligence in the study, then you may have grounds for legal action. Regardless of this, if you wish to complain, or have any concerns about any aspect of the way you have been treated during the study, you should immediately inform the Chief Investigator. The normal NHS complaint mechanisms are also available to you.

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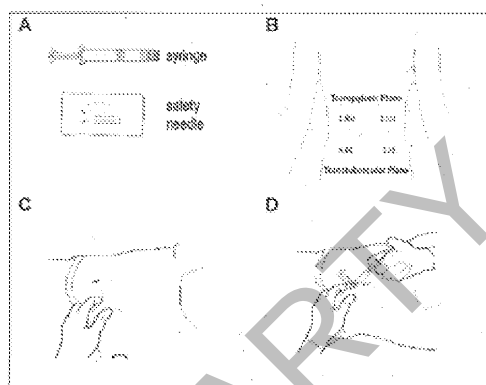
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APPENDIX

HOW IS XR Bup GIVEN?

XR Bup is given by a doctor or nurse at the clinic as an injection under the skin in your abdominal area (below your ribs and above your hip bone). Here are some pictures to show what this medication looks like and how it is given.



Picture A shows a pre-filled syringe of XR Bup. It's a small amount of colourless liquid (sometimes a little amber coloured). The syringe is a single-dose with a safety needle.

Picture B shows the injection site. The doctor or nurse will clean the area with a swab.

Picture C shows how the skin is pinched to lift it above the muscle.

Picture D shows the needle being inserted into tissue.

XR Bup comes in 2 strengths: 100 mg and 300 mg. You receive 300 mg for your first injection. Then about a month later you'll receive another 300 mg injection. Then, for the next 4 months you'll be given a 100mg shot every month (4 injections). Some patients may find that they are using heroin or other opioids and are experiencing a lot of cravings. You can talk to your doctor at the clinic if you think the 300 mg dose would be more effective for you. This dose can be reduced back to 100 mg if you prefer. Your doctor may also give you buprenorphine tablets as a 'rescue' if you need it.

MORE ON DATA CONFIDENTIALITY AND ACCESSING DATABASES

If you live in Scotland this doesn't apply but if you live in England and Wales we will ask Public Health England (PHE) to access any information about you on the following databases: (1) services received for drug and alcohol problems; (2) how often you may have visited a hospital outpatient service, or attended accident and emergency, or if you

IRAS Project ID: 255822, REC: London, Brighton and Sussex, Participant Information Sheet: Other Sites (v2.0) (08.01.20)

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Tayside

have had to stay overnight in hospital and for how long; NHS Hospital Episode Statistics; and (3) data on mortality (from NHS Digital - Register of births and deaths) and drug and alcohol related convictions and time in prison (from the Ministry of Justice).

Only the EXPO researchers and people in PHE whose job involves collecting and using this data will be able to see it. When we receive information from these databases it will be in a format where it isn't attached to your name or to any other identifying data. This is because we are only interested in whether EXPO interventions are helping people.

When you agree to take part in any research study, the information about your health and care may be provided to researchers running other research studies in this organisation and in other organisations. These organisations may be universities, NHS organisations or companies involved in health and care research in this country or abroad. Your information will only be used by organisations and researchers to conduct research in accordance with the UK Policy Framework for Health and Social Care Research.

Authorised people from KCL and SLAM and also regulatory organisations may look at your medical and research records to check the accuracy of the research study. Your doctor at the clinic will pass these details to KCL and SLAM along with the information collected about you. The only people in KCL and SLAM who will have access to information that identifies you will be people who need to audit the data collection process. The people who analyse the information will not be able to identify you and will not be able to find out your name, NHS number or your contact details.

Your information could be used for research in any aspect of health or care and could be combined with information about you from other sources held by researchers, the NHS or government. If this information could identify you, it will be held securely with strict arrangements about who can access it. The information will only be used for the purpose of health and care research, or to contact you about future opportunities to participate in research. It will not be used to make decisions about future services available to you, such as insurance. If there is a risk that you could be identified, your data will only be used in research that has been independently reviewed by an ethics committee.

Your rights to access, change or move your information are limited, as we need to manage it in specific ways so that the research is reliable and accurate. If you withdraw from the study, we will keep the information about you that we already hold. To safeguard your rights, we will use the minimum personally identifiable information possible.

We use personally identifiable information to conduct research to improve health, care and services. As a publicly funded organisation, we have to ensure that it's in the public interest when we use personally-identifiable information from people who have agreed to take part in research. We have to demonstrate that our research serves the interests of society as a whole. We do this by following the UK Policy Framework for Health and Social Care Research.

IRAS Project ID: 255622; REC: London, Brighton and Sussex; Participant Information Sheet: Other Sites (v2.0; 06.01.20)

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If you wish to complain about how we've handled your personal data, you can contact our Data Protection Officer who will investigate the matter. If you are not satisfied with our response or believe we are processing your personal data in a way that is not lawful, you can complain to the Information Commissioner's Office.

1004616

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IRAS Project ID: 255632, REC: London: Brighton and Sussex. Participant Information Sheet: Other Sites (v2.0, 08.01.20)

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 Dundee Health & Social Care Partnership
 Constitution House
 55 Constitution Road
 Dundee
 DD1 1LB
 Tel: 01382 632542
 Fax: 01382 424517

PRIVATE & CONFIDENTIAL

Dr MS Kennedy
 Mill Practice
 Arthursstone Medical Practice
 39 Arthursstone Terrace
 Dundee
 DD4 6QY

Date Typed	16/11/2021
Clinic Date	21/10/2021
Your Ref	
Our Ref	FC/CM/ 0708740049
Enquiries to	Kerry Brady
Extension	sPrefExtension
Direct Line	sPrefDirectLine

Dear Dr Kennedy

RE: Lisa Park CHI: 0708740049
144 Balunie Street, Dundee, Angus, DD4 8TX

EXPO trial: Screening visit

Lisa had been given the PIL for the Extended-release Pharmacotherapy for Opioid Use Disorder (EXPO) Trial. (version2.0.08.01.2020). Lisa understood the trial. Lisa gave consent on 21/10/21. I was clear again that she was free to withdraw consent at any stage.

Background:

I reviewed Lisa at Constitution House to assess suitability for the EXPO study of injectable buprenorphine. Lisa has a significant history of heroin use, and no previous alcohol dependence. Lisa is prescribed buprenorphine 16mgs. Lisa wishes to continue on buprenorphine whether or not she is randomised to the trial medication. Lisa continues to use of cannabis daily which Lisa smokes. Lisa is a previous injector, but has not used substances intravenously in the last 28 days.

SCID – Severe opioid use disorder, no cocaine use disorder.

Lisa reports a diagnosis of depression, treated with mirtazapine.
 Lisa previously had gastroscopy, stress, carpal tunnel syndrome, hyperemesis gravidarum, folic acid deficiency, hypothyroidism, abscess and drainage, empyema, pulmonary embolism, nocturia, depression, reflux oesophagitis / heartburn, finger fracture, removal of kirschner wire, acne vulgaris, low back pain, cannabis dependence, right iliac fossa pain, infertility, dizziness, polymenorrhoea, accidental drug poisoning, pilonidal sinus operation, zadiik incision of nail bed, ingrowing nail, enuresis, nasal sinus, tonsillectomy, adenoidectomy.

On mental state examination Lisa interacted well, her affect was congruent and reactive. Lisa's speech was of a normal rate and volume and there was no disorder in the form or the content of Lisa's thoughts. Lisa's experiences low mood and anxiety but her mood was euthymic and there were no ideas of harm herself or harm to others. There were no abnormal perceptions. There was no evidence of cognitive impairment. Lisa had capacity to choose regarding this trial.

Lisa has no known allergies.

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Lisa is prescribed lansoprazole, levothyroxine sodium, buprenorphine and nexplanon implant, she is unsure of the date this was inserted. Lisa confirmed she is not pregnant or breast feeding and reports she is not in a relationship and has no plans to have to have intercourse. Lisa agreed to use a birth control method for the duration of the study.

Medical history:

1. infections and infestations – abscess, empyema
2. Neoplasm – normal
3. Blood Lymphatic- normal
4. Immune system- normal
5. Endocrine- hyperemesis gravidarum, acquired hypothyroidism
6. Metabolism and nutrition – folic acid deficiency
7. Psychiatric- stress at home, depression NOS, neurotic depression, cannabis dependence
8. Nervous system- normal
9. Eye disorder- normal
10. Ear and labyrinth – normal
11. Cardiac – normal
12. Vascular disorder- normal
13. Respiratory- pulmonary embolism
14. Gastrointestinal- heartburn, reflux oesophagitis, right iliac fossa pain
15. Hepatobiliary disorder hep c- normal
16. Other hepatobiliary – Normal
17. Skin- acne vulgaris
18. Musculoskeletal and connective tissue- carpal tunnel syndrome, baker's cyst, finger fracture, low back pain,
19. Renal and urinary- nocturia, enuresis
20. Pregnancy- NAD
21. Reproductive- infertility, polymenorrhoea
22. Congenital, familial, genetic- normal
23. General disorder or administration site disorder- dizziness and giddiness, ingrowing toenail
24. Injury poisoning and procedural complication – accidental drug poisoning
25. Surgical and medical procedure - normal gastroscopy, incision and drainage of abscess, removal of kirschner wire, pilonidal sinus operation, zidak excision of nail bed, nasal sinus operation, tonsillectomy, adenoidectomy

Assessment:

None of the listed medical conditions; gastroscopy, stress, carpal tunnel syndrome, hyperemesis gravidarum, folic acid deficiency, hypothyroidism, abscess and drainage, empyema, pulmonary embolism, nocturia, depression, reflux oesophagitis / heartburn, finger fracture, removal of kirschner wire, acne vulgaris, low back pain, cannabis dependence, right iliac fossa pain, infertility, dizziness, polymenorrhoea, accidental drug poisoning, pilonidal sinus operation, zidak incision of nail bed, ingrowing nail, enuresis, nasal sinus, tonsillectomy, adenoidectomy is clinically significant for this trial.

Recommendation:

Lisa meets all the inclusion criteria for the EXPO trial subject to a negative pregnancy test
 Lisa meets all the inclusion criteria for the EXPO trial subject to liver function tests within reference range
 Research nurse to liaise with GP to confirm date of last Nexplanon implant and have further discussion regarding contraception with Lisa.

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Yours sincerely,

Dr Fiona Cowden
Consultant Psychiatrist
Integrated Substance Misuse Service
Dundee Health & Social Care Partnership

Authorised on 16/11/2021 14:58:28 by Typist Christine McHugh, on behalf of Fiona Cowden.
(P) Stacey Johnstone, Clinical Research Nurse, Dundee Drug & Alcohol Recovery Service,
Constitution House, 55 Constitution Road, DD1 1LB

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Dundee Health & Social Care Partnership
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Tel: 01382 632542
Fax: 01382 424517

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Dr MS Kennedy
Mill Practice
Arthurstone Medical Practice
39 Arthurstone Terrace
Dundee
DD4 6QY

Date Typed	16/11/2021
Clinic Date	22/10/2021
Your Ref	
Our Ref	FC/CM/ 0708740049
Enquiries to	Kerry Brady
Extension	22518
Direct Line	01382 424518

Dear Dr Kennedy

RE: Lisa Park CHI: 0708740049
144 Balunie Street, Dundee, Angus, DD4 8TX

EXPO TRIAL:

Pregnancy test 21/10/2021 negative
Liver function tests on blood sample collected on 22/10/2021 within reference range.

Recommendation:

Lisa is suitable for randomisation for the EXPO trial.
Research nurse to clarify with GP surgery date of nexplanon implant and follow up conversation with Lisa about contraceptive choice.

Yours sincerely,

Dr Fiona Cowden
Consultant Psychiatrist
Integrated Substance Misuse Service
Dundee Health & Social Care Partnership

Authorised on 16/11/2021 15:06:58 by Typist Christine McHugh, on behalf of Fiona Cowden.

(P) Stacey Johnstone, Clinical Research Nurse, Dundee Drug & Alcohol Recovery Service,
Constitution House, 55 Constitution Road, DD1 1LB

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DD1 1LB
Tel: 01382 632542
Fax: 01382 424517

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Dr MS Kennedy
Mill Practice
Arthurstone Medical Practice
39 Arthurstone Terrace
Dundee
DD4 6QY

Date Typed 22/11/2021
Clinic Date 19/11/2021
Your Ref
Our Ref FC/LB/ 0708740049
Enquiries to
Extension
Direct Line 01382 632542

Dear Dr Kennedy

RE: LISA PARK CHI: 0708740049
144 BALUNIE STREET, DUNDEE, ANGUS, DD4 8TX

EXPO TRIAL

Visit: Week 4 Clinician interview.

Lisa reports to be doing well, and said she is abstinent from substances, other than cannabinoids.

Lisa is on treatment as usual Buprenorphine 16mg once daily.

No change to Conmeds.

No Adverse Events

Lisa said she would like to commence of the long acting Buprenorphine injection Buvidal, she is aware when she commences Buvidal she would be withdrawn from the trial and wishes to progress this.

Recommendation

Lisa will be seen in the Buvidal clinic and have her first dose Buvidal 96mg s/c on 24/11/2021, and every 4 weeks thereafter.

Lisa agreed to be withdrawn from the EXPO trial on that date.

Yours sincerely,

Authorised on 22/11/2021 14:24:36 by Typist Lesley Brown, on behalf of MDT Doctor.

Dr Fiona Cowden
Multidisciplinary Team
Dundee Drug & Alcohol Recovery Service
Dundee Health & Social Care Partnership

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DD1 1LB
www.nhstayside.scot.nhs.uk

Dr MS Kennedy
Mill Practice
Arthursstone Medical Practice
39 Arthursstone Terrace
Dundee
DD4 6QY

Date	24/11/2021
Clinic Date	24/11/2021
Your Ref	
Our Ref	Opt in letter / 0708740049
Enquiries to	
Extension	Extension
Direct Line	DirectLine
Email	Email

Dear Dr Kennedy

Lisa Park, 144 Balunie Street, Dundee, Dundee, Angus, DD4 8TX DOB: 07/08/1974

BUVIDAL CLINIC

S/-

Lisa attended Buvidal clinic for first monthly injection
STN Kayleigh Smith shadowing appointment.

B/-

16mg Buprenorphine daily supervised – last dispensed yesterday, 23.11.2021

A/-

Lisa attended appointment on time presenting well, with no signs of intoxication, sedation or withdrawals.

Discussed NOK and reasons when we would contact her next of kin –

Next of kin: David Tarbatt - Brother

Contact: 07523522693

Address: -Lives with Lisa, 144 Balunie Street.

Lisa reports that he has not used heroin for a while.

Lisa reports she does not use any illicit substances and has not done for 1 year.

96mg Buvidal administered into left upper arm by staff nurse F.Gibson and witnessed by Staff Nurse

D.Smith

Patient information leaflets given to patient.

Lisa sat for 15mins after administration of injection

No reactions noted.

R/-

Booked into Buvidal clinic next month, Wednesday 22.12.2021 14.30Hours.

Letter given to patient.

GP Letter.

Yours sincerely

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Authorised on 24/11/2021 14:51:51 by Donna Smith.

Donna Smith
Staff Nurse
Dundee Drug & Alcohol Service (DDARS)

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Fax: 01382 424517

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Dr MS Kennedy
Mill Practice
Arthurstone Medical Practice
39 Arthurstone Terrace
Dundee
DD4 6QY

Date Typed 29/11/2021
Clinic Date 19/11/2021
Your Ref
Our Ref FC/AB/ 0708740049
Enquiries to Kerry Brady
Extension
Direct Line 01382 424518

Dear Dr Kennedy

RE: LISA PARK CHI: 0708740049
144 BALUNIE STREET, DUNDEE, ANGUS, DD4 8TX

EXPO TRIAL Visit: Week 4 Clinician interview

Lisa reports to be doing well, and said she is abstinent from substances, other than cannabinoids.
Lisa is on treatment as usual Buprenorphine 16mg once daily.
No change to Conmeds
No Adverse Events

Lisa said she would like to commence of the long acting buprenorphine injection Buvidal, she is aware when she commences Buvidal she would be withdrawn from the trial and wishes to progress this.

Recommendation

Lisa will be seen in the Buvidal clinic and have her first dose Buvidal 96mg s/c on 24/11/202, and every 4 weeks thereafter.
Lisa agreed to be withdrawn from the EXPO trial on that date.

Yours sincerely,

Dr Fiona Cowden
Consultant Psychiatrist
Dundee Drug & Alcohol Recovery Service
Dundee Health & Social Care Partnership

Authorised on 29/11/2021 13:15:27 by Typist Arlene Beattie, on behalf of Fiona Cowden.

(P) Stacey Johnstone, Clinical Research Nurse, Dundee Drug & Alcohol Recovery Service,
Constitution House, 55 Constitution Road, DD1 1LB

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www.nhstayside.scot.nhs.uk

Dr MS Kennedy
 Mill Practice
 Arthursstone Medical Practice
 39 Arthursstone Terrace
 Dundee
 DD4 6QY

Date	22/12/2021
Clinic Date	22/12/2021
Your Ref	
Our Ref	Opt in letter/ 0708740049
Enquiries to	
Extension	Extension
Direct Line	DirectLine
Email	Email

Dear Dr Kennedy

Lisa Park, 144 Balunie Street, Dundee, "" "", Dundee, Angus, DD4 8TX DOB: 07/08/1974

BUVIDAL CLINIC

S/-

Lisa attended Buvidal clinic.

B/-

First injection - 96mg Buvidal last administered on 23.11.2021 into left arm.

A/-

Lisa attended appointment on time presenting well, with no signs of intoxication, sedation or withdrawals.

Lisa reports that he has not used heroin for a while.

Lisa reports she does not use any illicit substances and has not done for 1year.

Lisa discussed how she has been feeling more "aches and pains" since starting on Buvidal therapy compared to methadone. Lisa advised, she has been enjoying not going to the pharmacy daily.

Lisa discussed how she is going to seek employment and is keen to find work in the future.

96mg Buvidal administered into Right upper arm by staff nurse A.Mckenchie and witnessed by Staff Nurse D.Smith

Patient information leaflets given to patient.

Lisa sat for 15mins after administration of injection

No reactions noted.

R/-

Booked into Buvidal clinic next month, Wednesday 19.01.2022 14.30Hours.

Letter given to patient.

GP Letter

Yours sincerely

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Authorised on 22/12/2021 16:24:30 by Donna Smith.

Donna Smith
Staff Nurse
Dundee Drug & Alcohol Recovery Service (DDARS)

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Dr MS Kennedy
 Mill Practice
 Arthursstone Medical Practice
 39 Arthursstone Terrace
 Dundee
 DD4 6QY

Date	16/02/2022
Clinic Date	24/11/2021
Your Ref	
Our Ref	Opt in letter / 0708740049
Enquiries to	
Extension	Extension
Direct Line	DirectLine
Email	Email

Dear Dr Kennedy

Lisa Park, 144 Balunie Street, Dundee, "", "", Dundee, Angus, DD4 8TX DOB: 07/08/1974

BUVIDAL CLINIC

Situation/-
 Lisa attended for Buvidal appointment.

Background/-
 Last 96mg buvidal administered on 19.01.2022.

Assessment/-
 Lisa attended appointment, presenting well with no signs of intoxication or sedation.
 Lisa advised that she is happy being on the Buvidal therapy.

Lisa advised she is still staying with her brother currently, plans on making an appointment with the housing.
 Lisa reports no illicit substance use since last buvidal appointment.

96mg prolonged release Buvidal injection administered into left arm by M.Todd and witnessed by D.Smith
 Lisa requesting administration into her arms.
 Lisa waited for 15minutes post injection - No reactions noted.
 Information leaflet provided.
 Next appointment letter given.

Recommendation/-
 Booked into Buvidal clinic next month, Wednesday 16.03.2022 14.30Hours
 Letter given to patient.
 GP Letter

Yours sincerely

Authorised on 16/02/2022 16:29:44 by Donna Smith.

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Donna Smith
Staff Nurse
Dundee Drug & Alcohol Recovery Service (DDARS)

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Dr MS Kennedy
Mill Practice
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39 Arthursstone Terrace
Dundee
DD4 6QY

Date	16/03/2022
Clinic Date	16/03/2022
Your Ref	
Our Ref	Opt in letter / 0708740049
Enquiries to	
Extension	Extension
Direct Line	DirectLine
Email	Email

Dear Dr Kennedy

Lisa Park, 144 Balunie Street, Dundee, "", "", Dundee, Angus, DD4 8TX DOB: 07/08/1974

BUVIDAL CLINIC

S/-

Lisa attended for Buvidal appointment.

B/-

Last 96mg buvidal administered on 16.02.2022.

A/-

Lisa attended appointment, presenting well with no signs of intoxication or sedation.
Lisa discussed how she would like to start reducing her monthly dose – Discussed that the next dose below would be 64mg. Lisa would like to reduce down to 64mg for her injection next month.

96mg prolonged release Buvidal injection administered into left arm by F.Gibson and witnessed by D.Smith
Lisa requesting administration into her arms.
Lisa waited for 15minutes post injection - No reactions noted.
Information leaflet provided.
Next appointment letter given.

R/-

Booked into Buvidal clinic next month, Wednesday 13.04.2022 1400Hours
Letter given to patient.
Email sent to key worker T.Lowe to update Lisa's wishing to reduce her buvidal dose.
GP Letter.

Yours sincerely

Authorised on 16/03/2022 14:56:27 by Donna Smith.

Donna Smith

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Staff Nurse
Dundee Drug & Alcohol Recovery Service (DDARS)

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Dr S Bright
 Mill Practice
 Arthursstone Medical Practice
 39 Arthursstone Terrace
 Dundee
 DD4 6QY

Date	16/09/2022
Clinic Date	
Your Ref	
Our Ref	jw/ 0708740049
Enquiries to	
Extension	Extension
Direct Line	DirectLine
Email	Email

Dear Dr Bright

Lisa Park, 144 Balunie Street, Dundee, Dundee, Angus, DD4 8TX DOB: 07/08/1974

MEDICATION: DDARS 64mg Buprenorphine Prolonged Release Injection every four weeks

SITUATION
 Buvidal Clinic

BACKGROUND
 Ryan commenced Buvidal Therapy December 2021

ASSESSMENT
 Lisa attended appointment on time. Alert and orientated to time, place and person.
 Drug screen: +ve Buprenorphine only sample sent to lab
 Buvidal therapy administered by NMP J Watson and observed by HCA J Johnston, into left buttock
 No adverse effects noted

RECOMMENDATION
 Appointed to 13.10.22 @ 13:30 for next Buvidal Therapy
 Letter given
 Wait drug screen results

Yours sincerely

Authorised on 16/09/2022 11:38:48 by Jannine Watson.

Jannine Watson
 Charge Nurse/NMP

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Dr S Bright
Mill Practice
Arthursstone Medical Practice
39 Arthursstone Terrace
Dundee
DD4 6QY

Date	21/06/2022
Clinic Date	
Your Ref	
Our Ref	11/07/2018 / 0708740049
Enquiries to	Ben Walker
Extension	
Direct Line	01382 632542
Email	Ben.walker@nhs.scot

Dear Dr Bright

Lisa Park, 144 Balunie Street,Dundee, "", "", Dundee, Angus, DD4 8TX DOB: 07/08/1974

Medication
Buvidal 64mg. Last administered on 20/05/22.

Situation
Patient attended for Buvidal injection today as planned.

Assessment
Presentation.
Buvidal 64mg administered into upper right arm by Specialist Nurse, Ben Walker and witnessed by SN, Zarin Rahman.
No signs of sedation or intoxication.
No issues or concerns identified.

Recommendation
Next appointment given for 19/07/22 at 1330hrs. Letter handed to patient today.

Yours sincerely,

Authorised on 21/06/2022 11:57:07 by Ben Walker.

Ben Walker
Non Medical Prescriber/Specialist Nurse

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02-Jun-2026 CBURNETT
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NHS Confidential: Personal data about a patient

Tayside Clinical Laboratory Services		Telephone 01739 473223 (PRI)		01382 832602 (MW)	
Name: PARK Lisa		Sex: F	PID: 0708740049	DoB: 07 Aug 1974	
Arthursstone Med Ctr (The Mill)		Clinician: Nurse Laura LOGAN		Lab No: 0229976110	
				MILL LUGLIN	
GLUCOSE (preserved tube)		3.6	mmol/L	(	3.3-5.6)
TSH		TO FOLLOW			
TOTAL CHOLESTEROL		TO FOLLOW			
HDL-CHOLESTEROL		TO FOLLOW			
TOTAL CHOL/HDL-CHOL		TO FOLLOW			

Lab Comments: Sample is blood unless otherwise stated

Sample Date/Time
17 Oct 2022 16:12

Clin Details: On T47 No
Keepwell & thyroid monitoring

Request Entered: 18 Oct 2022 11:49 Report Printed: 18 Oct 2022 12:27

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Filename: igprda202606021405050_2.tif
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NHS Confidential: Personal data about a patient

PERMANENT CHANGE OF ADDRESS OR NAME

NAME: LISA JANE PARK

DATE OF BIRTH: 07/08/1974

NEW ADDRESS**
HOUSE NAME: 50 1/R PROVOST RD

NUMBER and ROAD:

TOWN: DEANLEE

POST CODE: DD3 8AH

HOME TELEPHONE NUMBER:

MOBILE TELEPHONE NUMBER: 07849530306

PATIENTS PLEASE NOTE: IF YOUR NEW ADDRESS FALLS OUTWITH OUR
CATCHMENT AREA YOU WILL BE REMOVED FROM OUR LIST WITHIN
APPROXIMATELY 8 DAYS - PLEASE ASK THE RECEPTIONIST FOR
PRACTICE BOUNDARY INFORMATION

*PATIENTS PLEASE NOTE - IF YOU HAVE RECENTLY BEEN REFERRED
OR ARE AWAITING A CLINIC APPOINTMENT YOU MAY HAVE TO
CONTACT THE RELEVANT DEPARTMENT TO NOTIFY THEM OF YOUR
NEW ADDRESS.

Please sign below to confirm that the above address is now your
new permanent address

Signature: [Signature]

Date: 17/10/22

Official use only- Input by: RK

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Extension: .tif
Pages:

The Mill Practice



Arthursstone Medical Centre, Arthursstone Terrace, Dundee, DD4 6QY
Telephone 01382 456700, Fax 01382 450365

03/10/2022

Ms Lisa Jane Park

144 Balunie Street
Dundee
Dd4 8tx

Dear Ms Park,

Keep Well is a health programme that anyone who is aged 40 to 64 and registered with our practice may be invited to attend.

The **Keep Well** health check includes a few simple but important tests to find out what your health needs are. By doing this health check, we can make sure we are giving you the best care, advice and support to meet your needs.

While you are in the practice it will give you a chance to ask us about anything else that may be worrying you about your health.

Please call the practice to make an appointment to come in and see us for your check. Please ask for a **30 minute Keep Well** appointment with Elaine Gray.

We look forward to seeing you for your **Keep Well** health check.

Yours sincerely

Mrs Jackie Forbes
Nurse Team Leader

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Pages:

NHS Confidential: Personal data about a patient

Tayside Clinical Laboratory Services		Telephone 01739 473223 (PRI)		01382 832602 (MW)	
Name: PARK Lisa		Sex: F	PID: 0708740049	DoB: 07 Aug 1974	
Arthursstone Med Ctr (The Mill)		Clinician: Nurse Laura LOGAN		Lab No: 0229976110	
				MILL LOGAN	
GLUCOSE (preserved tube)	3.6	mmol/L	{	3.3-5.8	}
TSH	25.02 >>	uU/L	{	0.4-4.0	}
FREE THYROXINE	7.9 <<	nmol/L	{	11.5-22.7	}
TOTAL CHOLESTEROL	4.60	mmol/L	{	0.00-5.00	}
HDL-CHOLESTEROL	1.84	mmol/L	{	0.60-2.50	}
TOTAL CHOL/HDL-CHOL	2.50	.			

Lab.Comments: SLIGHTLY HAEMOLYSED

Sample is blood unless otherwise stated

Sample Date/Time
17 Oct 2022 16:12

Clin.Details: On T47 No
Keepwell & thyroid monitoring

Request Entered: 18 Oct 2022 11:49 Report Printed: 18 Oct 2022 13:51

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NHS Confidential: Personal data about a patient

Tayside Clinical Laboratory Services Telephone 01739 473223 (PRI) 01382 832602 (MW)

Name: PARK Lisa Sex: F PID: 0708740049 DoB: 07 Aug 1974
Arthursstone Med Ctr (The Mill) Clinician: Nurse Laura LOGAN Lab No: 0229976110
MILL LUGLIN

GLUCOSE (preserved tube) 3.6 mmol/L (3.3-5.8)
TSH 25.02 >> IU/L (0.4-4.0)
TOTAL CHOLESTEROL 4.20 mmol/L (0.00-5.00)
HDL-CHOLESTEROL 1.24 mmol/L (0.60-2.50)
TOTAL CHOL/HDL-CHOL 2.80

Lab.Comments: SLIGHTLY HAEMOLYSED Sample is blood unless
otherwise stated
Sample Date/Time
17 Oct 2022 16:12

Clin.Details: On T4? No
Keepwell & thyroid monitoring

Request Entered: 18 Oct 2022 11:49 Report Printed: 18 Oct 2022 13:03

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Pages:

The Mill Practice



Arthurstone Medical Centre, Arthurstone Terrace, Dundee, DD4 6QY
Telephone 01382 456700, Fax 01382 450365

21/10/2022

MS LISA JANE PARK
1-R
50 PROVOST ROAD
DUNDEE
DD3 8AH

Dear MS PARK,

First Non Attended Appointment at Mill Practice, Arthurstone Medical Centre

I have been notified that you failed to attend an appointment with the practice today.

I am sure that you will appreciate that we are an extremely busy surgery. We are currently losing 350 to 400 GP and nurse consultations per month due to patients not turning up for their booked appointment. This level of non attendance is not sustainable and is a massive drain on our resources and disadvantages other patients.

Our policy is to issue a letter on each occasion of a patient turning up late or missing a booked appointment. It is our hope we can remind patients of their responsibilities to cancel appointments in good time if they cannot attend. We do require a minimum 30 minutes notification of a cancellation. If a patient misses 3 appointments in 6 months then we will remove them from the list. However if there are no further episodes within a 6 month period then we will zero the records. All non attended appointments are recorded in a patient's record.

I hope this is an isolated incident and I would encourage you to inform us in good time if you cannot attend any further appointments.

Yours sincerely

Dr T Johnston
On behalf of the GP Partners

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Dundee Drug and Alcohol Recovery Service
NHS Tayside
NHS Tayside
Constitution House
55 Constitution Road
Dundee
DD1 1LB
sPrefPhoneNo
sPrefFax
www.nhstayside.scot.nhs.uk

Dr S Bright
Mill Practice
Arthursstone Medical Practice
39 Arthursstone Terrace
Dundee
DD4 6QY

Date	10/11/2022
Clinic Date	
Your Ref	
Our Ref	Referral/ 0708740049
Enquiries to	Dr Moore
Extension	Extension
Direct Line	DirectLine
Email	Email

Dear Dr Bright

Lisa Park, 1/R 50 Provost Road, Dundee, "", "", Dundee, Angus, DD3 8AH DOB: 07/08/1974

The above patient attended CH for planned Buprenorphine injection 64mg. 64mg Buprenorphine last administered 13/10/22. Lisa did not appear to be under the influence or in withdrawal. No recent opiate use. States smoking cannabis regularly

Buprenorphine administered in upper left arm by SN Black and witnessed by CSW Johnston. The patient waiting for 10 minutes following injection. No concerns raised.

Next appointment 8.11.22 at 13.00

Yours sincerely

Authorised on 10/11/2022 13:23:37 by Katherine Walton.

Ian Black

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NHS Confidential: Personal data about a patient



Dundee drug and alcohol recovery service
Constitution House
55 Constitution Road
Dundee
DD1 1LB
www.nhstayside.scot.nhs.uk

Dr S Bright
Mill Practice
Arthurstone Medical Practice
39 Arthurstone Terrace
Dundee
DD4 6QY

Date	08/12/2022
Clinic Date	08/12/2022
Your Ref	
Our Ref	Outpatient / 0708740049
Enquiries to	
Extension	
Direct Line	01382 632542
Email	

Dear Dr Bright

Lisa Park, 1/R 50 Provost Road,Dundee, Angus, DD3 8AH DOB: 07/08/1974

Buvidal clinic**

S/

Lisa attended buvidal clinic this afternoon.

B/

Lisa is currently prescribed 64mg P/R buvidal injection.
Last administered 10/11/22.

A/

Lisa attended for her buvidal appointment, Lisa presented well.
Lisa did not appear under the influence/intoxicated.
Lisa denied any substance use.

Buvidal 64mg injection administered to upper right arm by SN D.Nicolson, witnessed by SN G.Aitken
Lisa reported that she did not feel any adverse reactions following the injection.
Lisa remained with staff for recommended time.

R/

Lisa to attend next buvidal appointment
Copy of appointment given to Lisa.
Yours sincerely

Authorised on 08/12/2022 13:24:40 by Gillian Aitkin.

Gillian Aitken
Trainee specialist nurse
Dundee drug and alcohol recovery service

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NHS Confidential: Personal data about a patient

Tayside Clinical Laboratory Services Telephone 01738 473223 (PRI) 01382 632602 (HW)

Name: PARK Lisa Sex: F PID: 0706740049 DOB: 07 Aug 1974
 Arthurstone Med Ctr (The Mill) Clinician: Dr Terry JOHNSTON Lab No: 6239781903
 MILL JOHNSTON

SODIUM	135	mmol/L	(	133-146	)
POTASSIUM	3.4	mmol/L	(	3.5-5.3	)
UREA/NITRIDE	100	umol/L	(	44-80	)
ESTIMATED GFR	53	ml/min			

eGFR should not be used to assess renal function for any drug dosing in over 75% or extremes of BMI and for DSAC dosing in those with an eGFR less than 60ml/min.

CKD Stage	2A				
ALT	17	U/L	(	5-55	)
BILIRUBIN	12	umol/L	(	0-21	)
ALKALINE PHOSPHATASE	48	U/L	(	30-130	)
ALBUMIN	42	g/L	(	35-50	)
CALCIUM	2.54	mmol/L	(	2.10-2.55	)
CALCIUM (CORRECTED)	2.51	mmol/L	(	2.10-2.55	)
GLUCOSE (preserved tube)	5.5	mmol/L	(	3.3-5.8	)

Lab Comments: SLIGHTLY HAEMOLYSED

Sample in blood unless otherwise stated

Sample Date/Time
23 Jan 2023 14:40

Clin.Details: abdo pain, weight loss, vomiting

Page 1 of 2

Request Entered: 24 Jan 2023 12:02 Report Printed: 24 Jan 2023 12:46

NHS Confidential: Personal data about a patient

Tayside Clinical Laboratory Services Telephone 01739 473223 (PRI) 01382 832602 (NW)

Name: PARK Lisa Sex: F PID: 0705140049 DoB: 07 Aug 1974
Lab No: 0239781503
Arthursstone Med Ctr (The Mill) Clinician: Dr Terry JOHNSTON MILL JOHNSTON

AMYLASE 46 U/L (0-100)
IRON 24 umol/L (5-23)
TRANSFERRIN 2.40 g/L (2.00-4.00)
% SATN OF TRANSFERRIN 40 % (22-55)
FERRITIN 83 ug/L (13-150)
AKI NOT AVAILABLE

Lab.Comments: Sample is blood unless otherwise stated

Sample Date/Time
23 Jan 2023 14:40

Clin.Details: abdo pain, weight loss, vomiting Page 2 of 2

Request Entered: 24 Jan 2023 12:02 Report Printed: 24 Jan 2023 12:46

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Dundee Drug and Alcohol Recovery Service
 NHS Tayside
 NHS Tayside
 Constitution House
 55 Constitution Road
 Dundee
 DD1 1LB
 sPrefPhoneNo
 sPrefFax

Dr S Bright
 Mill Practice
 Arthursstone Medical Practice
 39 Arthursstone Terrace
 Dundee
 DD4 6QY

Date	06/07/2023
Clinic Date	
Your Ref	
Our Ref	Buvidal/ 0708740049
Enquiries to	
Extension	Extension
Direct Line	DirectLine
Email	Email

Dear Dr Bright

Lisa Park, 1/R 50 Provost Road, Dundee, "", "", Dundee, Angus, DD3 8AH DOB: 07/08/1974

****Buvidal Clinic****

Situation

Lisa attended Buvidal clinic this afternoon

Background

Lisa currently prescribed 64mg monthly dose.

Assessment

No concerns with Lisa's presentation. Only illicit use is cannabis at present. Is now vaping in place of cigarettes but mentioned that she's still buying tobacco for joints - spoke to Lisa about availability of cannabis vaporisers with harm reduction in mind. Lisa said she will ask her brother about how to acquire one. Despite kardex indicating last injection as left arm, Lisa adamant that last injection was in right arm and would like this month's in left arm. Advised re time taken for lumps to dissolve. Lisa still keen for left side. 64mg Buvidal administered subcut to left arm by SN A Blundell. Witnessed by HCSW A Dunbar. Lisa verbally consented to her name and telephone number being passed on to Louise @ SDF for MAT study.

Recommendation

Next appointment scheduled for 03/08/23 @ 1430

Yours sincerely

Alex Blundell
 Trainee Specialist Nurse
 Authorised on 06/07/2023 14:25:30 by Alexander Blundell.

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NHS Confidential: Personal data about a patient

Tayside Clinical Laboratory Services Telephone 01739 473223 (PRI) 01382 832602 (MW)

Name: PARK Lisa Sex: F PID: 0705740049 DOB: 07 Aug 1974
Arthursstone Med Ctr (The Mill) Clinician: Dr Terry JOHNSTON Lab No: H239781503
MILL JOHNSTON

HGB 182 H g/L (120-160) WBC 6.5 x10⁹/L (4.0-11.0)
HCT 5.00 H x10¹²/L (3.8-4.8) MBW 4.2 x10⁹/L (2.0-7.5)
MCV 94.6 H (83-101) LYM 1.0 x10⁹/L (1.5-4.0)
MCH 97.0 fL (85-105) MCF 0.4 x10⁹/L (0.2-0.8)
MCH 32.3 H pg (27-32) ECF 0.05 x10⁹/L (0.0-0.4)
MCC 333 g/L (320-360) BAF 0.0 x10⁹/L (0.0-0.1)

PLT 116 L x10⁹/L (150-400)

B12 1356 H ng/l (200-640)
Serum Folate 4.7 ug/l (3.1-17.5)
Results may be unreliable if sample older than 48h

Lab.Comments: Sample is blood unless otherwise stated
Sample Date/Time
23 Jan 2023 14:40

Clin.Details: abdo pain, weight loss, vomiting

Request Entered: 24 Jan 2023 12:00 Report Printed: 24 Jan 2023 12:57

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Gastroenterology Department
Medicine Directorate
Acute Services Division
NHS Tayside
Ninewells Hospital
Dundee
DD1 9SY

www.nhstayside.scot.nhs.uk

Dr S Bright
Mill Practice
Arthurstone Medical Practice
39 Arthurstone Terrace
Dundee
DD4 6QY

Date	01/08/2023
Clinic Date	31/07/2023
Your Ref	
Our Ref	CS/AA/ 0708740049
Enquiries to	Outreach Liver Nurse Team
Extension	32001
Direct Line	01382-632001
Email	

Dear Dr Bright

Lisa Park, 1/R 50 Provost Road, Dundee, DD3 8AH DOB: 07/08/1974

Diagnosis: BBV screen obtained (31-07-2023)

Miss Park was seen opportunistically at the Gastroenterology/BBV Outreach Clinic at South Ward Road in Dundee, where I found her agreeable to have a routine BBV screen updated today.

We agreed terms to provide the results by telephone consultation in two weeks time (07849530301) and will ensure the surgery is updated accordingly.

Yours sincerely

Authorised on 01/08/2023 17:15:30 by Gastro Outreach Nurse Christian Sharkey.
Christian Sharkey
Outreach Nurse Specialist - Gastroenterology

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Dundee Drug and Alcohol Recovery Service
NHS Tayside
NHS Tayside
Constitution House
55 Constitution Road
Dundee
DD1 1LB
sPrefPhoneNo
sPrefFax

Dr S Bright
Mill Practice
Arthurstone Medical Practice
39 Arthurstone Terrace
Dundee
DD4 6QY

Date	03/08/2023
Clinic Date	
Your Ref	
Our Ref	DDARS/ 0708740049
Enquiries to	Shannen Leonard
Direct Line	01382 632542

Dear Dr Bright

Lisa Park, 1/R 50 Provost Road,Dundee, "", "", Dundee, Angus, DD3 8AH DOB: 07/08/1974

- BUVIDAL CLINIC –
S/

Lisa attended for planned appointment at Constitution House for purpose of Buvidal Therapy.

B/
DDARS prescribe Buvidal 64mg
Last attended 06/07

A/
Did not present to be under the influence
Disclosed recent use of substances: nil

Consents to administration of Buvidal 64mg into L arm
Administered by SN Shannen Leonard
Witnessed by HCSW Linda Morton

No adverse effects noted in 22 minutes following administration.
Provided with follow up appointment prior to departure.

R/
To attend follow up appointment on 31/08 at 14:30

Yours sincerely

Authorised on 03/08/2023 15:52:27 by Shannen Leonard.Shannen Leonard

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The Mill Practice



Arthursstone Medical Centre, Arthursstone Terrace, Dundee, DD4 6QY
Telephone 01382 456700, Fax 01382 450365

04/08/2023

Ms Lisa Jane Park
1-R
50 Provost Road
Dundee
DD3 8AH

Dear Ms Park,

First Non Attended Appointment at Mill Practice, Arthursstone Medical Centre

I have been notified that you failed to attend an appointment with the practice today.

I am sure that you will appreciate that we are an extremely busy surgery. We are currently losing 350 to 400 GP and nurse consultations per month due to patients not turning up for their booked appointment. This level of non attendance is not sustainable and is a massive drain on our resources and disadvantages other patients.

Our policy is to issue a letter on each occasion of a patient turning up late or missing a booked appointment. It is our hope we can remind patients of their responsibilities to cancel appointments in good time if they cannot attend. We do require a minimum 30 minutes notification of a cancellation. If a patient misses 3 appointments in 6 months then we will remove them from the list. However if there are no further episodes within a 6 month period then we will zero the records. All non attended appointments are recorded in a patient's record.

I hope this is an isolated incident and I would encourage you to inform us in good time if you cannot attend any further appointments.

Yours sincerely

A handwritten signature in black ink, appearing to be 'T Johnston', written over a horizontal line.

Dr T Johnston
On behalf of the GP Partners

Scanned Document
02-Jun-2026 CBURNETT
Additional:Scanned Document

Hospital use only	Clinic	Day Date	Time	Hospital No.
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Transport required?

REFERRAL LETTER

MEDICAL IN CONFIDENCE

Unique Care Pathway Number
101031520828M

REFERRAL TO

Physiotherapy MSKR5TV
TAY General Referral v6.2

Kings Cross Hospital
Cleington Road
Dundee
DD3 8EA

— Consultant / receiving practitioner and/or specialty clinic

— Hospital and hospital address

Hospital unit no.

T104H

Email address

-

Date of Referral (set by referrer)

01-Dec-2023

Date referral was submitted

01-Dec-2023

Urgency of referral

Routine

Armed Forces Personnel, Immediate Families & Veterans

☐ On active service

☐ Condition related to service

☐ Immediate family member

Impairment(s)

☐ Learning

☐ Visual

☐ Hearing

Miscellaneous

Interpreter Required: None

Details of "Other" Language: None

PATIENT DETAILS

Surname

PARK

Forename(s)

LISA

Title

MS

Sex

Female

Date of birth

07-Aug-1974

CHI no.

0708740049

Patient's address

1-R
50 PROVOST ROAD
DUNDEE
DD3 8AH

Contact number(s)

Voice: 07849 530301

REGISTERED GP DETAILS

Name

Dr Sally Bright

GMC code

7264724

GP code

71161

Practice name

Mill Practice

Practice code

11645

Practice address

ARTHURSTONE MEDICAL CENTRE
39 ARTHURSTONE TERRACE
DUNDEE

Contact number(s)

Voice: 01382456700

REFERRING PRACTITIONER DETAILS

Name

Dr. Eilidh O'Neil

GMC code

7406059

GP code

78743

Practice name

Mill Practice (11645)

Practice code

11645

Practice address

Arthurstone Medical Practice
39 Arthurstone Terrace
Dundee

Contact number(s)

Voice: 01382 456700

Periods of Future Unavailability

None provided.

THIRD PARTY COPY

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CLINICAL INFORMATION*History of presenting complaint / examination findings / investigation results***Presenting complaint**

Description: radicular pain and hand issues

Comment: Dear colleagues

This lady hasn't been up to date with things and is now trying to get herself medically back on track. She reports 2 months left lower back pain radiating down thigh with paraesthesia. SLR was practically non-existent bilaterally, she felt she just wasn't strong enough, passively I managed to about 50deg bilat and then stopped by stiffness.

She also has some swelling left hand intermittently, and some numbness right hand (previous abscess surgery and carpal tunnel this side)

She has knee pain which we did not cover in detail today due to multiple issues.

I have started duloxetine for neuropathic pain as also having mood issues.

Sincerely

E O'Neil

Examinations and Investigations

Current smoker: Smoking status on date of event: Smoker, Number of cigarettes smoked per day: 10. 2022-10-17

Alcohol units per week: Drinking status on eventdate: Current drinker, Units of alcohol drank per week: 0. 2022-10-17

Enjoys light exercise: 2022-10-17

Most recent height, weight, BMI and Blood Pressure

Height:	1.69	m	Recorded Date:	None provided
Weight:	64	Kg	Recorded Date:	None provided
BMI:	22.4	Kg/m ²	Recorded Date:	None provided
Blood Pressure:	127/103	mmHg	Recorded Date:	None provided

Reason for referral

Care type requested: Out Patient

Expected outcome: Not Specified

*Past medical history***Pre-existing conditions**

<u>Description</u>	<u>Laterality</u>	<u>Modifier</u>	<u>Extension</u>	<u>Date of onset</u>
Stress at home	-	-	-	09-Jul-2019
Carpal tunnel syndrome	-	-	- decompression	16-Jan-2018
Hyperemesis gravidarum	-	-	- cannabinoid induced hyperemesis syndrome	04-Oct-2017
Acquired hypothyroidism	-	-	-	08-Sep-2015
Folic acid deficiency	-	-	-	08-Sep-2015
Pulmonary embolism	-	-	- septic pulmonary emboli	27-Apr-2015
Empyema	-	-	-	27-Apr-2015
Abscess NOS	-	-	groin	27-Apr-2015
Nocturia	-	-	-	29-Sep-2014
[X]Depression NOS	-	First ever	-	25-Aug-2014
Hepatitis C status	-	-	- Hep C antibody +ve - spontaneously resolved 04/09/2014	23-Jun-2014
Heartburn	-	-	-	01-Aug-2013

Abscess NOS	-	-	(L) forearm	26-Jul-2013
Baker's cyst	-	-	(L) calf	26-May-2013
Substance misuse	-	-	Benzodiazepines & on Methadone	20-Oct-2011
Finger fracture	-	-	Open fracture DIP joint right middle fingerDebridement and K wiring :	24-Feb-2006
Termination of pregnancy	-	-	-	01-Feb-2006
Reflux oesophagitis	-	-	Gastroscopy report :	26-Apr-2005
Spontaneous vaginal delivery	-	-	Female	11-Jul-2003
Neurotic (reactive) depression	-	-	-	24-Mar-2003
[V]Drug abuse counsel+surveiln	-	-	amphetamine - on reducing diazepam	04-Feb-2003
Acne vulgaris	-	-	-	25-Nov-2002
Death of husband	-	-	in police custody	20-Oct-2001
Low back pain	-	-	Recurrent	03-Nov-2000
Drug dependence	-	-	-	17-Jan-2000
Cannabis type drug dependence	-	-	-	17-Jan-2000
Marital problems	-	-	Recurrent	01-Feb-1999
Neurotic (reactive) depression	-	-	-	01-Feb-1999
Right iliac fossa pain	-	-	no cause found	28-Jan-1999
[V]Child abuse	-	-	when under the age of six	21-Oct-1998
Infertility - female	-	-	2y	12-Dec-1996
[D]Dizziness and giddiness	-	-	24 hr ECG & blood tests OK	04-Apr-1996
Polymenorrhoea	-	-	-	20-Sep-1995
[X]Accidental drug/other pois	-	-	amphetamine & cannabis	09-Sep-1995
Spontaneous vaginal delivery	-	-	live female, MRRP	27-Aug-1994
Ingrowing nail	-	-	L removed, ablation 1989, re-referred 1991	01-Jan-1988
Enuresis	-	-	re-referred to clinic 1990, resolved by 1991	01-Jan-1986
Child in care	-	-	in Carolina House from age 7 to 15	01-Jan-1981

Past procedures

<u>Description</u>	<u>Laterality</u>	<u>Modifier</u>	<u>Date performed</u>
Mental health review	-	-	13-Jun-2023
Advised to self care	-	-	05-Apr-2023
Gastroscopy normal	-	-	05-May-2020
Incision and drainage of abscess	-	-	15-Feb-2011
Removal of Kirschner wire	-	-	27-Mar-2006
Pilonidal sinus operations	-	-	02-Apr-1993

Zadik excision of nail bed	-	-	04-Sep-1991
Nasal sinus operations	-	-	01-Jan-1985
Tonsillectomy	-	-	01-Jan-1984
Adenoidectomy	-	-	01-Jan-1982

Current and recent medication

Current repeat medication

Drug name	BNF code	Formulation	Dosage	Frequency	Course started	Duration
Levothyroxine sodium 100microgram tablets	55991020	tablet	1 DAILY	-	10-Sep-2019	-
Lansoprazole 30mg gastro-resistant capsules	75584020	capsule	1 TWICE DAILY HALF AN HOUR BE[more]	-	04-Feb-2020	-
Mirtazapine 30mg tablets	85247020	tablet	1 TABLET ONCE A DAY AT NIGHT	-	11-Oct-2022	-

Recent acute medication (last 30 days)

Drug name	BNF code	Formulation	Dosage	Frequency	Course started	Duration
Duloxetine 30mg gastro-resistant capsules	88845020	capsule	ONE DAILY	-	01-Dec-2023	-

Clinical warnings

Allergies

- allergic rash, raised weals face & body, sore throat, some diff swallowing but able to drink, not distressed, no dyspnoea, fo symptoamtic Rx - if any worse re throat or chest - contact NHS 24
- Urticaria - - swollen lips & eyes with rash & sore throat see at FMCC

Additional relevant information

Administrative information

Referred By:Registered GP

Signature of referring doctor (or other professional) Date

Tayside General Referral Protocol (Tayside, v6.2)/v3.16

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Gastroenterology Department
Medicine Directorate
Acute Services Division
NHS Tayside
Ninewells Hospital
Dundee
DD1 9SY

www.nhs.tayside.scot.nhs.uk

Lisa Park
1/R 50 Provost Road
Dundee
Angus
DD3 8AH

Date	22/08/2023
Clinic Date	14/08/2023
Your Ref	
Our Ref	CS/AA/ 0708740049
Enquiries to	Outreach Liver Nurse Team
Extension	32001
Direct Line	01382-632001
Email	

Dear Miss Park

Lisa Park, 1/R 50 Provost Road, Dundee, DD3 8AH DOB: 07/08/1974

**Diagnosis: BBV screen negative (31-07-2023)
Fib4 score 2.408, platelet count 102**

I found you unavailable for a telephone consultation from the Gastroenterology/BBV outreach clinic, South Ward Road, in Dundee, where I was intending to provide results of bloods obtained 31-07-23.

A BBV screen returned negative for Hepatitis C, whilst wider screening proved equally negative for Hepatitis B, HIV, nor Syphilis, in absence of antibodies.

Whilst there was no acute concerns from a liver perspective, an algorithm we use; Fib4 score, returned a value of 2.408, which is a mid-range score and therefore essentially indeterminate to be able to suggest any extent of stiffening to liver. My impression is however, that as you have a history of having low a platelet count (currently 102), it will be this that has elevated your Fib4 score, thus creating ambiguity whether liver stiffness may be, or may not be a feature.

I would therefore wish to offer you the opportunity to return to our service for a routine fibroscan which suitably would exclude or determine any extent of liver stiffness which is a non invasive and quick procedure which nursing staff can obtain at the South Ward Road premises. Should you wish to have a fibroscan, I would ask that you contact our service first, in consideration that the equipment is in demand across Tayside region, as I would ensure it was reserved for you.

It was also noted from a kidney perspective some values did return outwith normal range and would consider there being benefit in discussing via an appointment at your GP Surgery.

In regard to the low platelets count, I have ordered an 'abdominal Ultrasound' for you at Ninewells hospital, which will hopefully offer insight to what may be causing this, where they will send you an appointment, which you can re-arrange if the time and date does not fit.

You can contact our service by phoning 01382-632001, to discuss any of the detail within my letter, within working hours 9am-4pm. If I am unavailable, please leave a message and I will call you back.

Yours sincerely

Authorised on 23/08/2023 17:40:34 by Gastro Outreach Nurse Christian Sharkey.

Christian Sharkey, Outreach Nurse Specialist - Gastroenterology

(D) Dr Bright, Mill Practice, Arthursstone Medical Practice, 39 Arthursstone Terrace, Dundee, DD4 6QY

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Gastroenterology Department
Medicine Directorate
Acute Services Division
NHS Tayside
Ninewells Hospital
Dundee
DD1 9SY

www.nhstayside.scot.nhs.uk

Dr S Bright
Mill Practice
Arthurstone Medical Practice
39 Arthurstone Terrace
Dundee
DD4 6QY

Date	06/09/2023
Clinic Date	04/09/2023
Your Ref	
Our Ref	FA/AAV 0706740049
Enquiries to	Outreach Liver Nurse Team
Extension	32001
Direct Line	01382-632001
Email	

Dear Dr Bright

Lisa Park, 1/R 50 Provost Road, Dundee, DD3 8AH DOB: 07/08/1974

Diagnosis: BBV screening negative
Fib4 score 2.408
Platelet count 102
Awaiting abdominal ultrasound

Lisa attended the Harm Reduction/BBV Outreach Clinic here at South Ward Road in Dundee today.

The purpose of today's meeting was to carry out a liver fibroscan given that she had a mid range Fib4 score of 2.408.

Reassuringly her fibroscan investigation has returned with a Kpa of 3.8 which shows that no fibrosis is present.

I note that Lisa awaits an abdominal ultrasound investigation due to having low platelets (102).

I shall offer Lisa an in person appointment in three months time for review and I shall of course keep you informed of her progress.

Yours sincerely

Authorised on 07/09/2023 14:33:00 by Gastro Outreach Nurse Farsana Ahmad.

Farsana Ahmad
Outreach Nurse Specialist - Gastroenterology/Non Medical Prescriber

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Dundee Drug and Alcohol Recovery Service
NHS Tayside
NHS Tayside
Constitution House
55 Constitution Road
Dundee
DD1 1LB
sPrefPhoneNo
sPrefFax

Dr S Bright
Mill Practice
Arthursstone Medical Practice
39 Arthursstone Terrace
Dundee
DD4 6QY

Date	31/08/2023
Clinic Date	
Your Ref	
Our Ref	TL/ 0708740049
Enquiries to	
Extension	Extension
Direct Line	Direct Line
Email	Email

Dear Dr Bright

Lisa Park, 1/R 50 Provost Road, Dundee, "", "", Dundee, Angus, DD3 8AH DOB: 07/08/1974

DDARS PRESCRIPTION
64mg buvidal injection 4/52

S/
Attended buvidal clinic today

A/
Arrived on time, no signs of sedation or intoxication.
Buvidal injection given into right arm by S/N T Lowe witnessed by HCSW J-L Johnston.
No adverse effects.

R/
Further appointment given for 280923

Yours sincerely

Authorised on 31/08/2023 16:41:34 by Tracey Lowe.

Tracey Lowe
Staff Nurse

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NHS Confidential: Personal data about a patient

Tayside Clinical Laboratory Services Telephone 01739 473223 (PRI) 01382 832602 (MW)

Name: PARK Lisa Sex: F PID: 0705740049 DOB: 07 Aug 1974
Authorstone Med Ctr (The Mill) Clinician: Dr Eilidh O'NEILL Lab No: H231493810
MILL NEBELS

HGB 148 g/L (120-160) WBC 5.9 x10⁹/L (4.0-11.0)
HCT 4.56 x10¹²/L (3.8-4.8) MBW 4.5 x10⁹/L (2.0-7.5)
MCV 100.6 fL (85-105) LYM 1.0 L x10⁹/L (1.5-4.0)
MCH 32.5 H pg (27-32) MCF 0.4 x10⁹/L (0.2-0.8)
MCC 323 g/L (320-360) ECF 0.07 x10⁹/L (0.0-0.4)
SAW 0.0 x10⁹/L (0.0-0.1)

PLT 114 L x10⁹/L (150-400)

R12 TO FOLLOW
Serum Folate TO FOLLOW

Lab.Comments: Sample is blood unless
otherwise stated

Sample Date/Time
01 Dec 2023 09:04

Clin.Details: On T47. No
swelling and numbness of hands, hoarse voice, smoker, non
compliant. Levthyroxine, just restarting

Request Entered: 01 Dec 2023 11:40 Report Printed: 01 Dec 2023 12:10

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NHS Confidential: Personal data about a patient

Tayside Clinical Laboratory Services Telephone 01739 473223 (PRI) 01382 832602 (MW)

Name: PARK Lisa Sex: F PID: 0708740049 DOB: 07 Aug 1974
Arthursstone Med Ctr (The Mill) Clinician: Dr Eilidh O'NEILL Lab No: HC31493810
MILL NEBELS

HGB 148 g/L (120-160) WBC 5.9 x10⁹/L (4.0-11.0)
HCT 4.56 x10¹²/L (3.8-4.6) MBW 4.5 x10⁹/L (2.0-7.5)
MCV 100.6 fL (85-105) LYM 1.0 L x10⁹/L (1.5-4.0)
MCH 32.5 H pg (27-32) MCF 0.4 x10⁹/L (0.2-0.8)
MCC 323 g/L (320-360) ECF 0.07 x10⁹/L (0.0-0.4)
BAW 0.0 x10⁹/L (0.0-0.1)

PLT 114 L x10⁹/L (150-400)

R12 430 ng/l (200-640)
Serum Folate 3.7 ug/l (3.1-17.5)
Results may be unreliable if sample older than 48h

Lab.Comments: Sample is blood unless otherwise stated
Sample Date/Time
01 Dec 2023 09:04

Clin.Details: On T4? No
swelling and numbness of hands, hoarse voice, smoker, non
compliant levothyroxine, just restarting

Request Entered: 01 Dec 2023 11:40 Report Printed: 01 Dec 2023 12:27

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Extension: .tif

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NHS Confidential: Personal data about a patient

Tayside Clinical Laboratory Services Telephone 01738 473223 (PRI) 01382 632602 (HW)

Name: PARK Lisa Sex: F PID: 0708740049 DOB: 07 Aug 1974
Arthurstone Med Ctr (The Mill) Clinician: Dr Eilidh S'NEIL Lab No: 231493810

MILL NEILS

SODIUM 135 mmol/L (133-145)
POTASSIUM 4.4 mmol/L (3.5-5.3)
UREA/NITRIDE 82 > mmol/L (44-80)
ESTIMATED GFR 67.60 mL/min
eGFR should not be used to assess renal function for any drug dosing in over 75% or extremes of BMI and for DSAC dosing in those with an eGFR less than 60ml/min.
CKD Stage IF HIGH RISK, EXCLUDE CKD1/2. CHECK FOR HAEMATURIA AND PROTEINURIA
ALT 25 U/L (5-55)
BILIRUBIN 5 mmol/L (0-21)
ALKALINE PHOSPHATASE 74 U/L (30-130)
ALBUMIN 36 g/L (35-50)
CALCIUM 2.36 mmol/L (2.10-2.55)
CALCIUM (CORRECTED) 2.40 mmol/L (2.10-2.55)
GLUCOSE (preserved tube) 4.5 mmol/L (3.3-5.8)
Lab Comments: SLIGHTLY HAEMOLYSED Sample in blood unless otherwise stated
Sample Date/Time
01 Dec 2023 09:04

Clin.Details: on T4? No swelling and numbness of hands, hoarse voice, smoker, non compliant levothyroxine. just restarting

Request Entered: 01 Dec 2023 11:40 Report Printed: 01 Dec 2023 12:27

NHS Confidential: Personal data about a patient

Tayside Clinical Laboratory Services Telephone: 01739 473223 (PRI) 01382 832602 (NWX)

Name: PARK Lisa Sex: F PID: 0708140049 DoB: 07 Aug 1974
Arthursstone Med Ctr (The Mill) Clinician: Dr Eilidh O'NEILL Lab No: 0231463810
MILL NETELG

TCH 42.16 >> mU/L (0.4-4.0)
C-REACTIVE PROTEIN 50.2 >> mg/L (0.0-10.0)
IRON 2.27 µ mol/L (5-28)
TRANSFERRIN 2.27 g/L (2.00-4.00)
% SATN OF TRANSFERRIN 11 ** % (22-56)
FERRITIN 48 ug/L (13-150)
AKI Not detected: May not exclude AKI in all cases
FREE THYROXINE TO FOLLOW

Lab.Comments: Sample is blood unless otherwise stated
Sample Date/Time
01 Dec 2023 09:04

Clin.Details: On T4? No Page 2 of 2
swelling and numbness of hands, hoarse voice, smoker, non
compliant levothyroxine, just restarting

Request Entered: 01 Dec 2023 11:40 Report Printed: 01 Dec 2023 12:07

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NHS Confidential: Personal data about a patient

Tayside Clinical Laboratory Services Telephone: 01739 473223 (PRI) 01382 832602 (NW)

Name: PARK Lisa Sex: F PID: 0705140049 DoB: 07 Aug 1974
Lab No: 0231463810
Arthurstone Med Ctr (The Mill) Clinician: Dr Eilidh O'NEIL MILL NEILS

SODIUM 135 mmol/L (133-145)
POTASSIUM 4.4 mmol/L (3.5-5.3)
CREATININE 82 µmol/L (44-80)
ESTIMATED GFR 67 mL/min
eGFR should not be used to assess renal function for any drug dosing in
over 75s or extremes of BMI and for DOAC dosing in those with an eGFR less
than 60 mL/min.
CKD Stage IF HIGH RISK, EXCLUDE CKD/2. CHECK FOR HEMATURIA AND PROTEINURIA
ALT 25 U/L (5-55)
BILIRUBIN 5 µmol/L (0-21)
ALKALINE PHOSPHATASE 74 U/L (30-130)
ALBUMIN 36 g/L (35-50)
CALCIUM 2.36 mmol/L (2.10-2.55)
CALCIUM (CORRECTED) 2.40 mmol/L (2.10-2.55)
GLUCOSE (preserved tube) 4.5 mmol/L (3.3-5.8)
Lab Comments: SLIGHTLY HEMOLYSED Sample is blood unless
otherwise stated
Sample Date/Time
01 Dec 2023 09:04

Clin Details: On T4? No Page 1 of 2
swelling and numbness of hands, hoarse voice, smoker, non
compliant levothyroxine, just restarting

Request Entered: 01 Dec 2023 11:40 Report Printed: 01 Dec 2023 13:06

NHS Confidential: Personal data about a patient

Tayside Clinical Laboratory Services Telephone: 01739 473223 (PRI) 01382 832602 (NWX)

Name: PARK Lisa Sex: F PID: 0705140049 DoB: 07 Aug 1974
Lab No: 0231463810
Arthursstone Med Ctr (The Mill) Clinician: Dr Eilidh O'NEILL MILL NRETEL5

TSH 42.16 >> mU/L (0.4-4.0)
FREE THYROXINE 8.6 << pmol/L (11.5-22.3)
C-REACTIVE PROTEIN 50.2 >> mg/L (0.0-10.0)
IRON 6 * umol/L (5-28)
TRANSFERRIN 2.27 g/L (2.00-4.00)
% SATUR OF TRANSFERRIN 11 ** % (32-55)
FERRITIN 48 ug/L (13-150)
AKI Not detected: May not exclude AKI in all cases

Lab Comments: Sample is blood unless otherwise stated
Sample Date/Time: 01 Dec 2023 09:04

Clin Details: On T4? No Page 2 of 2
swelling and numbness of hands, hoarse voice, smoker, non
compliant levothyroxine, just restarting

Request Entered: 01 Dec 2023 11:40 Report Printed: 01 Dec 2023 13:06

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NHS Confidential: Personal data about a patient

Tayside Clinical Laboratory Services Telephone 01332 632539 Internal Ext.32539

Name: PARK Lisa Sex: F PID: 0708740049 DoB: 07 Aug 1974
Arthursstone Med Ctr (The Mill) Clinician: Dr Eilidh O'NEILL Lab No: 1231493810
MILL NEVEIS

Cyclic Citrullinated Peptide 0.5 U/ml (0-10)
30% of patients with Rheumatoid arthritis have a negative anti-CCP antibody,
so a negative result does not outrule a diagnosis of RA.
CTD Screen Negative
Anti UPPH, Ro, La, Centromere B, Scl-70, Jo-1, Fibrillarin, RNA Polymerase
III, Ribosomal P, PM-Scl, PCNA, MI-2, Sm and dsDNA Ab's Negative.
Anti MPO 0.2 IU/ml (0-5)
Anti PR-3 <0.6 IU/ml (0-3)

Lab.Comments: Sample is blood unless
otherwise stated
Sample Date/Time
01 Dec 2023 09:04

Clin.Details: On T47 No
swelling and numbness of hands, hoarse voice, smoker, non
compliant levothyroxine, just restarting

Request Entered: 01 Dec 2023 11:40 Report Printed: 04 Dec 2023 16:29

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02-Jun-2026 CBURNETT
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The Mill Practice



Arthurstone Medical Centre, Arthurstone Terrace, Dundee, DD4 6QY
Telephone 01382 456700, Fax 01382 450365

08/12/2023

Ms Lisa Jane Park
1-r
50 Provost Road
Dundee
DD3 8AH

Dear Ms Park,

Second Non Attended Appointment at Mill Practice, Arthurstone Medical Centre

I have been notified that you failed to attend an appointment with the practice again today.

As explained in our first letter we are an extremely busy surgery and non attended appointments impact greatly on the service we can offer. Increased waiting times and lack of advanced appointments are a direct result of this high level of missed appointments.

The current situation is not sustainable and we must take action to resolve it. I wrote to you on the first occasion explaining our policy and I would like to remind you again to inform us in good time if you cannot attend your appointment. Should you miss another appointment in the next 6 months then we will remove you from our list.

Yours sincerely

A handwritten signature in black ink, appearing to be 'Dr T Johnston', written over a horizontal line.

Dr T Johnston
On behalf of the GP Partners

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02-Jun-2026 CBURNETT
Additional:Scanned Document

Hospital use only	Clinic	Day Date	Time	Hospital No.
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Transport required?

REFERRAL LETTER
MEDICAL IN CONFIDENCE**Unique Care
Pathway Number**
101032005181A**REFERRAL TO**Ear, Nose & Throat (ENT)C5
TAY General Referral v6.2Ninewells Hospital
Dundee
DD1 9SY— Consultant / receiving practitioner
and/or specialty clinic

— Hospital and hospital address

Hospital unit no.

T101H

Email address

-

**Date of Referral (set by
referrer)**

29-Jan-2024

Date referral was submitted

29-Jan-2024

Urgency of referral**Urgent -
suspected
cancer**

hoarseness

**Armed Forces Personnel,
Immediate Families & Veterans**☐ On active service☐ Condition related to service☐ Immediate family member**Impairment(s)**☐ Learning☐ Visual☐ Hearing**Miscellaneous**

Interpreter Required: None

Details of "Other" Language: None

PATIENT DETAILS

Surname

PARK

Forename(s)

LISA

Title

MS

Sex

Female

Date of birth

07-Aug-1974

CHI no.

0708740049

Patient's address

1-R
50 PROVOST ROAD
DUNDEE
DD3 8AH

Contact number(s)

Voice: 07849 530301

REGISTERED GP DETAILS

Name

Dr Sally Bright

GMC code

7264724

GP code

71161

Practice name

Mill Practice

Practice code

11645

Practice address

ARTHURSTONE MEDICAL CENTRE
39 ARTHURSTONE TERRACE
DUNDEE

Contact number(s)

Voice: 01382456700

REFERRING PRACTITIONER DETAILS

Name

Dr. Eilidh O'Neil

GMC code

7406059

GP code

78743

Practice name

Mill Practice (11645)

Practice code

11645

Practice address

Arthurstone Medical Practice
39 Arthurstone Terrace
Dundee

Contact number(s)

Voice: 01382 456700

Periods of Future Unavailability	None provided.
---	----------------

THIRD PARTY COPY

CLINICAL INFORMATION*History of presenting complaint / examination findings / investigation results***Presenting complaint**

Description: voice hoarseness

Comment: Dear doctor

This 49yo lady who smokes tobacco and cannabis presented with a variety of problems 2months ago but was noted to have a very hoarse voice, unclear duration but she now feels is getting worse. CXR was clear. She has had history fo reflux but no Sx of this at present as eats minimally.

I have started her on PPI and Gaviscon.

Many thanks

E O'neil

Examinations and Investigations

Current smoker: Smoking status on date of event: Smoker, Number of cigarettes smoked per day: 10. 2022-10-17

Alcohol units per week: Drinking status on eventdate: Current drinker, Units of alcohol drank per week: 0. 2022-10-17

Enjoys light exercise: 2022-10-17

Most recent height, weight, BMI and Blood Pressure

Height:	1.69	m	Recorded Date:	None provided
Weight:	64	Kg	Recorded Date:	None provided
BMI:	22.4	Kg/m ²	Recorded Date:	None provided
Blood Pressure:	127/103	mmHg	Recorded Date:	None provided

Reason for referral

Care type requested: Out Patient

Expected outcome: Not Specified

*Past medical history***Pre-existing conditions**

<u>Description</u>	<u>Laterality</u>	<u>Modifier</u>	<u>Extension</u>	<u>Date of onset</u>
Stress at home	-	-	-	09-Jul-2019
Carpal tunnel syndrome	-	-	- decompression	16-Jan-2018
Hyperemesis gravidarum	-	-	- cannabinoid induced hyperemesis syndrome	04-Oct-2017
Acquired hypothyroidism	-	-	-	08-Sep-2015
Folic acid deficiency	-	-	-	08-Sep-2015
Pulmonary embolism	-	-	- septic pulmonary emboli	27-Apr-2015
Empyema	-	-	-	27-Apr-2015
Abscess NOS	-	-	groin	27-Apr-2015
Nocturia	-	-	-	29-Sep-2014
[X]Depression NOS	-	First ever	-	25-Aug-2014
Hepatitis C status	-	-	- Hep C antibody +ve - sponanteously resolved 04/09/2014	23-Jun-2014
Heartburn	-	-	-	01-Aug-2013
Abscess NOS	-	-	(L) forearm	26-Jul-2013

Baker's cyst	-	-	(L) calf	26-May-2013
Substance misuse	-	-	Benzodiazepines & on Methadone	20-Oct-2011
Finger fracture	-	-	Open fracture DIP joint right middle fingerDebridement and K wiring :	24-Feb-2006
Termination of pregnancy	-	-	-	01-Feb-2006
Reflux oesophagitis	-	-	Gastroscopy report :	26-Apr-2005
Spontaneous vaginal delivery	-	-	Female	11-Jul-2003
Neurotic (reactive) depression	-	-	-	24-Mar-2003
[V]Drug abuse counsel+surveiln	-	-	amphetamine - on reducing diazepam	04-Feb-2003
Acne vulgaris	-	-	-	25-Nov-2002
Death of husband	-	-	in police custody	20-Oct-2001
Low back pain	-	-	Recurrent	03-Nov-2000
Drug dependence	-	-	-	17-Jan-2000
Cannabis type drug dependence	-	-	-	17-Jan-2000
Marital problems	-	-	Recurrent	01-Feb-1999
Neurotic (reactive) depression	-	-	-	01-Feb-1999
Right iliac fossa pain	-	-	no cause found	28-Jan-1999
[V]Child abuse	-	-	when under the age of six	21-Oct-1998
Infertility - female	-	-	2y	12-Dec-1996
[D]Dizziness and giddiness	-	-	24 hr ECG & blood tests OK	04-Apr-1996
Polymenorrhoea	-	-	-	20-Sep-1995
[X]Accidental drug/other pois	-	-	amphetamine & cannabis	09-Sep-1995
Spontaneous vaginal delivery	-	-	live female, MRRP	27-Aug-1994
Ingrowing nail	-	-	L removed, ablation 1989, re-referred 1991	01-Jan-1988
Enuresis	-	-	re-referred to clinic 1990, resolved by 1991	01-Jan-1986
Child in care	-	-	in Carolina House from age 7 to 15	01-Jan-1981

Past procedures

<u>Description</u>	<u>Laterality</u>	<u>Modifier</u>	<u>Date performed</u>
Patient reviewed	-	-	29-Jan-2024
Mental health review	-	-	13-Jun-2023
Advised to self care	-	-	05-Apr-2023
Gastroscopy normal	-	-	05-May-2020
Incision and drainage of abscess	-	-	15-Feb-2011
Removal of Kirschner wire	-	-	27-Mar-2006
Pilonidal sinus operations	-	-	02-Apr-1993
Zadik excision of nail bed	-	-	04-Sep-1991

file:///N:/PCTI/Docman7/Data_S1/Document/DMEDOC01/00004200/01224192.HTM 02/06/2026

Nasal sinus operations	-	-	01-Jan-1985
Tonsillectomy	-	-	01-Jan-1984
Adenoidectomy	-	-	01-Jan-1982

Current and recent medication

Current repeat medication

Drug name	BNF code	Formulation	Dosage	Frequency	Course started	Duration
Mirtazapine 30mg tablets	85247020	tablet	1 TABLET ONCE A DAY AT NIGHT	-	11-Oct-2022	-
Levothyroxine sodium 100microgram tablets	55991020	tablet	1 DAILY	-	10-Sep-2019	-
Lansoprazole 30mg gastro-resistant capsules	75584020	capsule	1 TWICE DAILY HALF AN HOUR BE [more]	-	04-Feb-2020	-

Recent acute medication (last 30 days)

Drug name	BNF code	Formulation	Dosage	Frequency	Course started	Duration
Lansoprazole 30mg gastro-resistant capsules	75584020	capsule	ONE DAILY	-	29-Jan-2024	-
Gaviscon Advance oral suspension peppermint (Reckitt Benckiser Healthcare (UK) Ltd)	97850020	ml	10ml after meals and at night	-	29-Jan-2024	-
Anoro Ellipta 55micrograms/dose / 22micrograms/dose dry powder inhaler (GlaxoSmithKline UK Ltd)	26986021	dose	1 INHALATION ONCE DAILY	-	29-Jan-2024	-
AeroChamber Plus (Trudell Medical UK Ltd)	73912020	device	USE WITH BLUE INHALER	-	29-Jan-2024	-
Salbutamol 100micrograms/dose inhaler CFC free	59554020	dose	1 TO 2 PUFFS UP TO FOUR TIMES [more]	-	29-Jan-2024	-
Venlafaxine 37.5mg tablets	54686020	tablet	1 TABLET TWICE DAILY	-	29-Jan-2024	-

Clinical warnings

Allergies

- allergic rash, raised weals face & body, sore throat, some diff swallowing but able to drink, not distressed, no dyspnoea, fo symptoamtic Rx - if any worse re throat or chest - contact NHS 24
- Urticaria - - swollen lips & eyes with rash & sore throat see at FMHC

Additional relevant information

Administrative information

Referred By:Registered GP

Signature of referring doctor (or other professional) Date

Tayside General Referral Protocol (Tayside, v6.2)/v3.16

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Gastroenterology Department
Medicine Directorate
Acute Services Division
NHS Tayside
Ninewells Hospital
Dundee
DD1 9SY

www.nhstayside.scot.nhs.uk

Dr S Bright
Mill Practice
Arthurstone Medical Practice
39 Arthurstone Terrace
Dundee
DD4 6QY

Date	11/12/2023
Clinic Date	01/12/2023
Your Ref	
Our Ref	CS/AA/ 0706740049
Enquiries to	Outreach Liver Nurse Team
Extension	32001
Direct Line	01382-632001
Email	

Dear Dr Bright

Lisa Park, 1/R 50 Provost Road, Dundee, DD3 8AH DOB: 07/08/1974

Diagnosis: Depleted platelet count 114 (01-12-2023)
Abdominal ultrasound pending (18-12-2023)
Fib4 score 2.408 (31-07-2023)
Fibroscan 3.8Kpa (04-09-2023)

Miss Park was provided a telephone call from the Gastroenterology/BBV Outreach Clinic, as a prompt to inform her of a forthcoming abdominal ultrasound, (18/12/2023), that we opted to request after she was identified bearing a depleted platelet count of 102, that the surgery updated as recently as December 2023 with a marginally improved value of 114.

She was originally seen by our back in July 2023 that identified routine BBV screening to have returned negative inclusive of a negative HCV PCR which excluded presence for active Hepatitis C infection as it did for HBV, HIV nor Syphilis antibodies.

Despite a fibroscan returning a value of 3.8 which that would suggest an absence of stiffening to liver, an abdominal ultrasound may offer insight to why she continues to return depleted platelets and will make arrangements to see her provided a telephone consultation for the results of the ultrasound on Thursday 28-12-2023 and will ensure the surgery is updated accordingly.

Yours sincerely

Authorised on 12/12/2023 15:36:37 by Gastro Outreach Nurse Christian Sharkey.
Christian Sharkey
Outreach Nurse Specialist - Gastroenterology

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Medicine Directorate
Acute Services Division
NHS Tayside
Ninewells Hospital
Dundee
DD1 9SY

www.nhs.tayside.scot.nhs.uk

Dr S Bright
Mill Practice
Arthursstone Medical Practice
39 Arthursstone Terrace
Dundee
DD4 6QY

Date	28/12/2023
Clinic Date	28/12/2023
Your Ref	
Our Ref	BS/AA/ 0708740049
Enquiries to	Outreach Liver Nurse Team
Extension	32001
Direct Line	01382-632001
Email	

Dear Dr Bright

Lisa Park, 1/R 50 Provost Road, Dundee, DD3 8AH DOB: 07/08/1974

I had a telephone consultation with Lisa today to feed back the results of her abdominal ultrasound which was arranged by my colleague as a consequence of lower platelet count noted on repeated tests over a protracted period of time. A liver fibroscan had indicated no significant fibrosis and indeed her liver function tests were also on the whole unremarkable, however, despite this my colleague felt it prudent to ensure there was no liver involvement.

We discussed that reassuringly no abnormalities were noted on ultrasound, with the liver being found to be smooth with no discernible abnormalities noted. Lisa was obviously reassured to hear this and I have informed her we shall discharge her from our clinic with no requirement for any formal follow up.

Yours sincerely

Authorised on 28/12/2023 14:29:36 by Gastro Outreach Nurse Brian Stephens.

Brian Stephens
Outreach Nurse Specialist - Gastroenterology/Non Medical Prescriber

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Adult Disability Payment: Information request

We have an information-sharing agreement with your organisation. This enables us to legally share information about social security applications. You can find out more at socialsecurity.gov.scot. We're looking for information to support an application for Adult Disability Payment. We have the applicant's authorisation to contact you about their application.

What we need you to do

You've been identified as a professional who can provide information for an Adult Disability Payment application. We're asking you to provide details in relation to a specific area of the application. We do not expect you to answer outside of your area of expertise. We need you to answer the questions with as much detail as you can, but only provide information related to what is being asked. When Social Security Scotland make a supporting information request, a response is expected within 28 days.

We use this form to help build our understanding about the applicant's needs, care and daily life. We review the information you provide as part of the application along with other supporting documents. Once we've made a decision, we'll contact the applicant to let them know.

Claimant / Patient:

CHI: 0708740049
Lisa Jane Park
Date of Birth: 07-Aug-1974

1/R
50 PROVOST ROAD
DD3 8AH

Applicant (if different from subject):

Name: Lisa Jane Park
Relationship: Client

Your Details

Fill in your details if you are the professional completing this form.

Your name:	
Registration Code:	
Registration Scheme:	
Organisation name:	
Organisation address:	

Taking nutrition

We need more information that describes how the applicant is affected and what support they need when eating and drinking.

Is there any information from the client's medical records relating to difficulties with taking nutrition or acting on hunger?

☐ *Yes I have information about this question* use the box below to tell us what you know

☐

I have some information, but may not be the best person to ask use the box below to tell us what you know. If you know of someone who might be able to help tell us at the end of the questionnaire.

☐

I have no information relating to this question if you know of someone who might be able to help tell us at the end of the questionnaire.

If you have information, use this box to tell us what you know.

Managing Treatments

We need more information that describes what support the applicant needs managing treatments and therapy or monitoring a health condition and how this affects their daily life.

Can you confirm the client's current conditions or diagnoses? Can you also provide us with any information relating to any investigations still pending, any referrals made and any agreed upon management or treatment plans?

☐

Yes I have information about this question use the box below to tell us what you know

☐

I have some information, but may not be the best person to ask use the box below to tell us what you know. If you know of someone who might be able to help tell us at the end of the questionnaire.

☐

I have no information relating to this question if you know of someone who might be able to help tell us at the end of the questionnaire.

If you have information, use this box to tell us what you know.

Moving Around

We need more information that describes how the applicant is affected and what support they need moving around.

Can you provide us with any information relating to the client's ability to mobilise?

☐

Yes I have information about this question use the box below to tell us what you know

☐

I have some information, but may not be the best person to ask use the box below to tell us what you know. If you know of someone who might be able to help tell us at the end of the questionnaire.

☐

I have no information relating to this question if you know of someone who might be able to help tell us at the end of the questionnaire.

If you have information, use this box to tell us what you know.

Other

We need more information that describes how the client's needs with regards to the question below.

Can you provide us with an up to date prescriptions list, containing the strength of each medication and the reason for prescription?

☐ *Yes I have information about this question* use the box below to tell us what you know

☐

I have some information, but may not be the best person to ask use the box below to tell us what you know. If you know of someone who might be able to help tell us at the end of the questionnaire.

☐

I have no information relating to this question if you know of someone who might be able to help tell us at the end of the questionnaire.

If you have information, use this box to tell us what you know.

Additional Information

Do you have other relevant information about the help, support or care the applicant needs?

☐ Yes

☐ No

If you answered Yes use the box below to tell us what you know.

Harmful Information

You should use the Harmful information section to tell us any information about their health that the applicant is not aware of. This protects the applicant from discovering information that could have a harmful effect. For example, a prognosis that the applicant has not been told about or test results that have not been discussed yet.

Any information you give here will not be shared with applicant, even if they ask for a copy of this form.

If you cannot complete this form

If you do not have enough information to complete this form, you can tell us about someone else who can help.

Add the name, role and organisation of another professional involved in the client's care below. Any information you

can give us is helpful, even if you cannot complete the full details.

We phone the applicant to confirm before we approach any new contacts.

Name:	
Role:	
Organisation:	
Contact Details:	
Name:	
Role:	
Organisation:	
Contact Details:	
Name:	
Role:	
Organisation:	
Contact Details:	

Fee

Fee payable:

Fee claim: ☐ I am claiming the fee above ☐ I am NOT claiming the fee above

Confirm and sign

I declare that the information on this form is correct, complete and up to date as far as I know and believe.

☐

Your signature:

Date:

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NHS Tayside: Clinical Report - Ninewells Hospital		Page 1 of 3
PARK, LISA 1/R 50 PROVOST ROAD, DUNDEE, DD3 8AH Ref. Locn. : GENERAL PRACTITIONER Ref. Source : MILL ARTHURSTONE PRACTICE, 39 ARTHURSTONE TERRACE, DUNDEE, D Referrer : DR ELIDH SARAH O'NEIL		DoB : 07-Aug-1974 Hosp. No. : CRIS No. : 227748 CHI No. : 0708740049
VERIFIED Verified By : DR RUSSELL DAVIES (MEDICA) 07-Jan-2024 Typed By : RDAVIES 07-Jan-2024		
Clinical History : swelling and numbness of hands, hoarse voice, smoker, non compliant levothyroxine, just restarting ENTERED BY: Elidh O'Neil (medical) BLEEP: 456700 swelling and numbness of hands, hoarse voice, smoker, non compliant levothyroxine, just restarting ENTERED BY: Elidh O'Neil (medical) BLEEP: 456700 Chest x-ray Comparison 16 October 2020		
Event Number : E-7536657 Copy To : Examinations : XR Chest, XR Hand Both		Examination Date : 18-Dec-2023 Attendance Number : 30

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NHS Tayside: Clinical Report - Ninewells Hospital		Page 2 of 3
PARK, LISA		DoB : 07-Aug-1974
1/R 50 PROVOST ROAD, DUNDEE, DD3 8AH		Hosp. No. :
Ref. Locn. : GENERAL PRACTITIONER		CRIS No. : 227748
Ref. Source : MILL ARTHURSTONE PRACTICE, 39 ARTHURSTONE TERRACE, DUNDEE, D		CHI No. : 0708740049
Referrer : DR EILIDH SARAH O'NEIL		
No lung lesion or consolidation Mediastinum unremarkable Small bibasal effusions Dr R Davies Medica Reporting GMC 3588040 If you are a clinician and have a query on this report, please call Medica on 01424 377 901 or email clinical@medicagroup.co.uk Both hands Small joint degenerative change noted right middle finger DIP J Otherwise no significant arthropathy No fracture bone lesion Dr R Davies Medica Reporting GMC 3588040		
Event Number : E-7536657		Examination Date : 18-Dec-2023
Copy To :		Attendance Number : 30
Examinations : XR Chest, XR Hand Both		

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NHS Tayside: Clinical Report - Ninewells Hospital		Page 3 of 3
PARK, LISA		DoB : 07-Aug-1974
1/R 50 PROVOST ROAD, DUNDEE, DD3 8AH		Hosp. No. :
Ref. Locn. : GENERAL PRACTITIONER		CRIS No. : 227748
Ref. Source : MILL ARTHURSTONE PRACTICE, 39 ARTHURSTONE TERRACE, DUNDEE, D		CHI No. : 0708740049
Referrer : DR EILIDH SARAH O'NEIL		
If you are a clinician and have a query on this report, please call Medica on 01424 377 901 or email clinical@medicagroup.co.uk		
Event Number : E-7536657		Examination Date : 18-Dec-2023
Copy To : ,		Attendance Number : 30
Examinations : XR Chest, XR Hand Both		

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Dundee Drug and Alcohol Recovery Service
 NHS Tayside
 NHS Tayside
 Constitution House
 55 Constitution Road
 Dundee
 DD1 1LB
 sPrefPhoneNo
 sPrefFax

Dr S Bright
 Mill Practice
 Arthursstone Medical Practice
 39 Arthursstone Terrace
 Dundee
 DD4 6QY

Date	19/02/2024
Clinic Date	
Your Ref	
Our Ref	JD - DDARS/ 0708740049
Enquiries to	
Extension	Extension
Direct Line	DirectLine
Email	Email

Dear Dr Bright

Lisa Park, 1/R 50 Provost Road, Dundee, Angus, DD3 8AH DOB: 07/08/1974

****BUVIDAL CLINIC****

Situation/-

Lisa attended on time. No signs of being under the influence or intoxicated. No Concerns with presentation.

Background/-

Currently on 64mg Buvidal Injection
 Last administered on 18.01.24

Assessment/-

Pt reports no allergies
 Pt confirmed DOB
 Reports feeling fine on current dose.
 Buvidal Administered by SN J Dickson and witnessed by HCSW J Johnston
 64mg Administered into R arm
 Reports no opiate use
 Pt felt fine post injection. Aware to contact service if any issues.

Recommendations/-

Booked in for next Buvidal appt 18.03.24 @ 2pm at CH
 Pt letter given.

Yours sincerely

Jennifer Dickson
 Staff Nurse
 Dundee Drug and Alcohol Recovery Service

Authorised on 19/02/2024 15:18:59 by Jennifer Dickson.

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Dundee Drug and Alcohol Recovery Service
NHS Tayside
NHS Tayside
Constitution House
55 Constitution Road
Dundee
DD1 1LB
sPrefPhoneNo
sPrefFax

Dr S Bright
Mill Practice
Arthursstone Medical Practice
39 Arthursstone Terrace
Dundee
DD4 6QY

Date	14/05/2024
Clinic Date	19/02/2024
Your Ref	
Our Ref	DIMA/ 0708740049
Enquiries to	
Extension	Extension
Direct Line	Direct Line
Email	Email

Dear Dr Bright

Lisa Park, 1/R 50 Provost Road, Dundee, Angus, DD3 8AH DOB: 07/08/1974

DDARS Buvidal App – ATTENDED

S-Lisa attended for planned Buvidal therapy treatment, at Constitution House.

B-DDARS prescribe 64mg monthly injection, sub cut, alternating area of site. Last administered - 15.04.24.

A-Did not present under the influence or appear to be in withdrawals.
Disclosed use of 2x valium last night and cannabis daily.
Harm reduction offered on risks of unknown substances in valium - Lisa accepting of same.
OFT obtained as per request from Primary Care team #76960138.

Consent to administer Buvidal 64mg injection. Injection administered into left arm. Administered by Staff Nurse T. McGrath, and witnessed by SN C. Murray.
No adverse effects noted following administration. Did not want to wait 15 minutes post injection.
Provided with follow up appointment before departure.

R-To attend follow up appointment on 11.05.24 at 1530. Letter given, GP letter to follow.

Yours sincerely
Taylor McGrath Staff Nurse
Authorised on 14/05/2024 15:47:30 by Alexander Blundell.

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Single Operational Unit
Specialist Services

Otolaryngology/Head & Neck Surgery

NHS Tayside
Ninewells Hospital
Dundee
DD1 9SY

Lisa Park
1/R 50 Provost Road
Dundee
Angus
DD3 8AH

Date	08/03/2024
Clinic Date	08/03/2024
Your Ref	
Our Ref	JF/EK/ 0708740049
Enquiries to	Erica Kirk
Extension	33859
Direct Line	01382 633859
Email	erica.kirk@nhs.scot

Dear Lisa Park

Lisa Park, 1/R 50 Provost Road, Dundee, Angus, DD3 8AH DOB: 07/08/1974

Unfortunately you did not attend the Head and Neck clinic today. Due to the urgent referral, you have been rebooked for 3rd May 2024 at 11am.

Yours sincerely

Authorised on 11/03/2024 15:12:15 by Jane Foo.

Jane Foo
ST3 in ENT

(D) Dr S Bright, Mill Practice, Arthursstone Medical Practice, 39 Arthursstone Terrace, Dundee, DD4 6QY

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DUNDEE COPD SERVICE
The Crescent
71 Lothian Crescent
Dundee
DD4 0RU



Lisa Park
1/R 50 Provost Road
Dundee
Angus
DD3 8AH

Date 21/03/2024
Clinic Date 05/06/2024
Our Ref COPD/JM/ 0708740049
Enquiries to 01382 432068

Dear Lisa Park

Lisa Park, 1/R 50 Provost Road, Dundee, Angus, DD3 8AH DOB: 07/08/1974
Authorised on 21/03/2024 15:45:31 by Typist Jacklyn Milne, not verified by Consultant.

COPD NURSING TEAM
Chronic Obstructive Pulmonary Disease

(D) Dr S Bright, Mill Practice, Arthursstone Medical Practice, 39 Arthursstone Terrace, Dundee, DD4 6QY

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DUNDEE COPD SERVICE
The Crescent
71 Lothian Crescent
Dundee
DD4 0HU



Lisa Park
1/R 50 Provost Road
Dundee
Angus
DD3 8AH

Date 26/03/2024
Clinic Date 05/06/2024
Our Ref COPD/JM/ 0708740049
Enquiries to 01382 432068

Dear Lisa Park

Lisa Park, 1/R 50 Provost Road, Dundee, Angus, DD3 8AH DOB: 07/08/1974

An appointment has been made for you at the clinic noted below:

Clinic: **COMMUNITY COPD ASSESSMENT CLINIC**

Date/Time: **WEDNESDAY 5TH JUNE 2024 at 11:30 am**

Please report to: **Lochee Health Centre, Marshall Street, Dundee, DD2 3BR**

Your appointment at the clinic may take up to an hour as the nurse needs to complete a full assessment and perform a spirometry assessment (See Patient Information Leaflet enclosed). Most people are able to have a spirometry test safely but spirometry may not be safe if you have, or have recently had, unstable angina, a heart attack, uncontrolled high blood pressure, or an operation to your head, chest, stomach or eyes. If you think this may apply to you please telephone **01382 432068** and the call handler will arrange for a COPD nurse to call you back.

It is important that you please bring your SALBUTAMOL INHALER (Blue inhaler) and any other inhalers with you to the appointment. You will be asked to take the blue inhaler prior to your spirometry assessment.

Please do not attend if you are unwell, have an active infection or have had a respiratory infection in the last 4-6 weeks.

Please do not attend if you have tested positive for COVID-19 within the past 10 days or you have had any of the following symptoms in the last 24 hours

- High unexplained temperature or fever
- New or worsening respiratory symptoms which suggest you may have a respiratory virus
- A loss or change in your sense of taste or smell

Please call if you wish to change or cancel your appointment please telephone 01382 432068

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IF YOU DO NOT ATTEND YOUR APPOINTMENT AND FAIL TO REARRANGE YOU WILL BE OFFERED ONE FURTHER APPOINTMENT. IF YOU FAIL TO ATTEND THIS APPOINTMENT YOU WILL BE REMOVED FROM OUR WAITING LIST AND YOUR GP WILL BE INFORMED.

Authorised on 26/03/2024 14:34:50 by Typist Jacklyn Milne, not verified by Consultant.

COPD NURSING TEAM
Chronic Obstructive Pulmonary Disease

(D) Dr S Bright, Mill Practice, Arthurstone Medical Practice, 39 Arthurstone Terrace, Dundee, DD4 6QY

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Dundee Drug and Alcohol Recovery Service
NHS Tayside
NHS Tayside

Dr S Bright
Mill Practice
Arthurstone Medical Practice
39 Arthurstone Terrace
Dundee
DD4 6QY

Date 15/04/2024
Clinic Date 15/04/2024

Dear Dr Bright

Lisa Park, 1/R 50 Provost Road, Dundee, Angus, DD3 8AH DOB: 07/08/1974

Buvidal Clinic

Situation

Noel Attended Buvidal clinic

Background

Currently prescribed 96mg Buvidal Prolonged release injection
Last administered 18/03/24

Assessment

Noel presented at constitution house showing no signs of intoxication
reported no illicit use
96mg Buvidal administered into right arm by SN J.Dickson and witnessed by SN Z.Stevenson
No adverse reactions observed or reported.

Recommendation

Follow up appointment given for 13/05/24 at 13:30

Yours sincerely

Zoe Stevenson
Staff Nurse
Dundee Drug and Alcohol Recovery Service
Authorised on 15/04/2024 16:27:00 by Zoe Stevenson.

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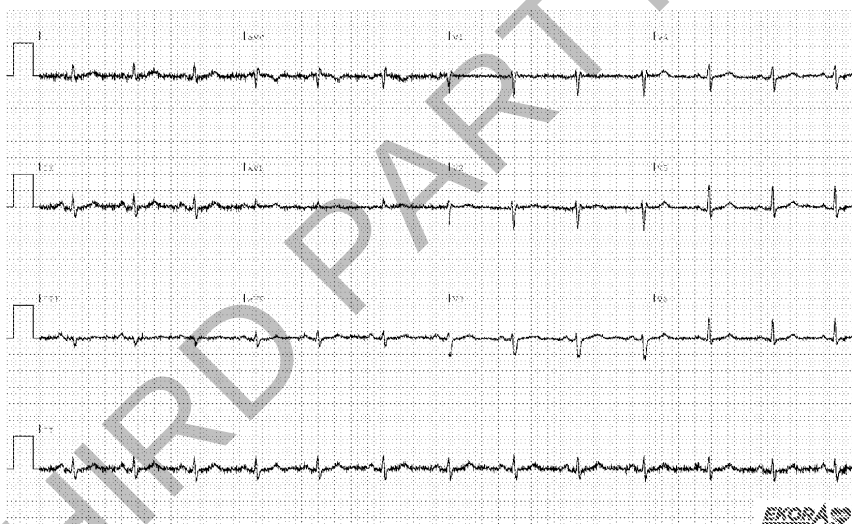
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Name : Park Lisa
CHI : 6708740040
Date : 25/04/2024
Time : 15:24:30
Site : AMB Practice

Heart Rate : 77 bpm
PR Int : 165 ms
QRS dur : 90 ms
QTcTe : 370/442 ms
P-R-T axis : 54 - 54

*** UNCONFIRMED AUTOMATED ANALYSIS ***
Summary : ** borderline ECG **
Rhythm : Sinus rhythm
Analysis : R5R(OR) in lead V1/V2 consistent with right ventricular conduction delay



This ECG was processed by ECGMessage © 2017 Corio IT Ltd.

ECG
V1, V2, V3, V4, V5, V6

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The Mill Practice



Arthurstone Medical Centre, Arthurstone Terrace, Dundee, DD4 6QY
Telephone 01382 456700

23/04/2024

Ms Lisa Jane Park
1-r
50 Provost Road
Dundee
DD3 8AH

Dear Ms Park,

First Non Attended Appointment at Mill Practice, Arthurstone Medical Centre

I have been notified that you failed to attend an appointment with the practice today.

I am sure that you will appreciate that we are an extremely busy surgery. We are currently losing 350 to 400 GP and nurse consultations per month due to patients not turning up for their booked appointment. This level of non attendance is not sustainable and is a massive drain on our resources and disadvantages other patients.

Our policy is to issue a letter on each occasion of a patient turning up late or missing a booked appointment. It is our hope we can remind patients of their responsibilities to cancel appointments in good time if they cannot attend. We do require a minimum 30 minutes notification of a cancellation. If a patient misses 3 appointments in 6 months then we will remove them from the list. However if there are no further episodes within a 6 month period then we will zero the records. All non attended appointments are recorded in a patient's record.

I hope this is an isolated incident and I would encourage you to inform us in good time if you cannot attend any further appointments.

Yours sincerely

A handwritten signature in black ink, appearing to be 'T Johnston', written over a horizontal line.

Dr T Johnston
On behalf of the GP Partners

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NHS Tayside Communication to GP

Ward/Clinic	CHI	0708740049
Hospital	Surname	PARK
Clinician	First Name	LISA
Specialty	Address	1/R 50 PROVOST ROAD DUNDEE DD3 8AH
Date	GP/Address	Mill Practice Arthursstone Medical Practice 39 Arthursstone Terrace Dundee DD4 6QY

Dear Doctor,

Provisional/Diagnosis is: Silent reflux

Comment/Recommendations:

Follow up by clinic required: No

Specific Monitoring Required: No

The following treatment is recommended:

Medication	Dose	Frequency	Indication	Duration
1. gaviscon advanced	10 ml	QDS + bedtime	Silent reflux	3 months

Is any Medication to be discontinued: No

Jane Foo (GTC + 2022) | Tel: 01302 964111
Ninewells Clinical Board Tel: 01302 960111

Page 1 of 1

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Single Operational Unit
Specialist Services

Otolaryngology/Head & Neck Surgery

NHS Tayside
Ninewells Hospital
Dundee
DD1 9SY

Dr E O'Neil
Mill Practice
Arthursstone Medical Practice
39 Arthursstone Terrace
Dundee
DD4 6QY

Date	07/05/2024
Clinic Date	03/05/2024
Your Ref	
Our Ref	JF/EK/ 0708740049
Enquiries to	Erica Kirk
Extension	33859
Direct Line	01382 633859
Email	erica.kirk@nhs.scot

Dear Dr O'Neil

Lisa Park, 1/R 50 Provost Road, Dundee, Angus, DD3 8AH DOB: 07/08/1974

Issues:

1. Silent reflux
2. Bilateral grade 1 Reinke's oedema
3. Area of inflammation on right post nasal space adjacent to eustachian tube - for observation

Outcome:

Lifestyle modification for silent reflux and Gaviscon Advance
Review in Head and Neck clinic in 3-4 months
Smoking cessation

Thank you for referring this 49 year old lady who presented with 4-5 months' history of intermittent hoarseness which is worse in the morning. This is not associated with any other head and neck symptoms, specifically no dysphagia, odynophagia, referred otalgia, neck lump, cough or haemoptysis. There is no history of unintentional weight loss. She is a current smoker of 10 a day and does not drink any alcohol.

On examination the oropharynx and palpation of the neck is normal. Flexible nasolaryngoscopy shows evidence of reflux and some mild grade 1 Reinke's oedema of the vocal cords bilaterally. There is also an area of inflammation on the right post nasal space adjacent to the eustachian tube. This could be in association with a recent URTI.

I have explained the scope findings to Lisa today and strongly advised smoking cessation. I have also given her a leaflet for silent reflux and prescribed Gaviscon Advance. Due to the history of smoking and the area of asymmetrical inflammation in the PNS picked up on the scope, I have arranged a review in our clinic in 3-4 months' time. Should her symptoms improve, and if there are no changes to the area of the post nasal space, we can then consider discharge from ENT.

Yours sincerely

Authorised on 10/05/2024 09:17:01 by Jane Foo.

Jane Foo
ST3 in ENT

(P) Lisa Park, 1/R 50 Provost Road, Dundee, Angus, DD3 8AH

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The Crescent
71 Loftian Crescent
Dundee
DD4 0HU

Lisa Park
1/R 50 Provost Road
Dundee
Angus
DD3 8AH

Date 06/06/2024
Clinic Date 28/08/2024
Our Ref COPD/JM/ 0708740049
Enquiries to 01382 432068

Dear Lisa Park

Lisa Park, 1/R 50 Provost Road, Dundee, Angus, DD3 8AH DOB: 07/08/1974

Outpatient Appointment

An appointment has been made for you at the clinic noted below:

Clinic: **COMMUNITY COPD ASSESSMENT CLINIC**

Date/Time: **WEDNESDAY 28TH AUGUST 2024 at 2 pm**

Please report to: **Lochee Health Centre, Marshall Street, Dundee, DD2 3BR**

Your appointment at the clinic may take up to an hour as the nurse needs to complete a full assessment and perform a spirometry assessment (See Patient Information Leaflet enclosed). Most people are able to have a spirometry test safely but spirometry may not be safe if you have, or have recently had, unstable angina, a heart attack, uncontrolled high blood pressure, or an operation to your head, chest, stomach or eyes. If you think this may apply to you please telephone **01382 432068** and the call handler will arrange for a COPD nurse to call you back.

It is important that you please bring your SALBUTAMOL INHALER (Blue inhaler) and any other inhalers with you to the appointment. You will be asked to take the blue inhaler prior to your spirometry assessment.

Please do not attend if you are unwell, have an active infection or have had a respiratory infection in the last 4-6 weeks.

Please do not attend if you have tested positive for COVID-19 within the past 10 days or you have had any of the following symptoms in the last 24 hours

- High unexplained temperature or fever
- New or worsening respiratory symptoms which suggest you may have a respiratory virus
- A loss or change in your sense of taste or smell

Please call if you wish to change or cancel your appointment please telephone 01382 432068

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IF YOU DO NOT ATTEND YOUR APPOINTMENT AND FAIL TO REARRANGE YOU WILL BE OFFERED ONE FURTHER APPOINTMENT. IF YOU FAIL TO ATTEND THIS APPOINTMENT YOU WILL BE REMOVED FROM OUR WAITING LIST AND YOUR GP WILL BE INFORMED.

Authorised on 06/06/2024 14:10:25 by Typist Jacklyn Milne, not verified by Consultant.

COPD NURSING TEAM
Chronic Obstructive Pulmonary Disease

(D) Dr S Bright, Mill Practice, Arthursstone Medical Practice, 39 Arthursstone Terrace, Dundee, DD4 6QY

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Dundee Drug and Alcohol Recovery Service
 NHS Tayside
 NHS Tayside
 Constitution House
 55 Constitution Road
 Dundee
 DD1 1LB
 sPrefPhoneNo
 sPrefFax

Dr S Bright
 Mill Practice
 Arthursstone Medical Practice
 39 Arthursstone Terrace
 Dundee
 DD4 6QY

Date	11/07/2024
Clinic Date	
Your Ref	
Our Ref	Lyndsey / 0708740049
Enquiries to	
Extension	Extension
Direct Line	DirectLine
Email	Email

Dear Dr Bright

Lisa Park, 1/R 50 Provost Road, Dundee, Angus, DD3 8AH DOB: 07/08/1974

****BUVIDAL CLINIC****

S/

- Lisa attended for planned Buvidal appointment.

B/

- Lisa currently prescribed 64mg Buvidal monthly.
 - Last administered 11/06/24.

A/

- Lisa attended for planned Buvidal appointment. Pleasant and amenable during interaction.
 - No evidence of sedation or intoxication.
 - Reports feeling well, apologies given for missing previous appointment on the 09/07/24.
 - Consented to 64mg Buvidal administered into right arm by SN M.Emslie and witnessed by SN L.Wylie.
 - No adverse effects noted, happy to leave following injection.
 - Appointment letter given for further Buvidal - 08/08/24 @ 2pm.

R/

- Lisa to attend further Buvidal appointment.
 - GP letter.

Yours sincerely

Authorised on 11/07/2024 14:42:15 by Lynsey Wylie.

Lyndsey Wylie
Staff Nurse – DDARS. NHS Tayside.

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Dundee Drug and Alcohol Recovery Service
NHS Tayside
NHS Tayside

Dr S Bright
Mill Practice
Arthursstone Medical Practice
39 Arthursstone Terrace
Dundee
DD4 6QY

Date 09/08/2024
Clinic Date 08/08/2024

Dear Dr Bright

Lisa Park, 1/R 50 Provost Road, Dundee, Angus, DD3 8AH DOB: 07/08/1974

SITUATION

Lisa attended for her Buvidal appointment.

BACKGROUND

Currently prescribed 64mg Buvidal
Last administered 11/7/24

ASSESSMENT

Lisa attended for her Buvidal appointment this afternoon.
Lisa showed no signs of intoxication or sedation and consented to 64mg Buvidal being administered by SN Z.Stevenson.
Before administering Buvidal injection, confirmed with Lisa that she had not used any opiates.
Lisa reported no opiate use.
Buvidal injection signed out and checked carried out in preparation to administer.
Before SN Z.Stevenson administered Buvidal injection Lisa then mentioned she had been prescribed Co-Codamol for back pain from her GP.
Asked Lisa when she last took these and she reported taking two 30/500mg Co-codamol tablet at 11am this morning.
Due to no being over 6 hours since last opiate use advice was sought from NTL M.Bruce.
Advised to explain about reaction between Buvidal and co-codamol (risk of precipitated withdrawals) and suggest withholding.
Lisa was in agreement with withholding medication until tomorrow.
Appointment booked for 11:30 tomorrow and SN Z.Stevenson to see.

Kardex signed with code 7.
Control drug book updated and medication returned to cupboard clearly marked 'do not use' 'to be destroyed' 'assembled in error'
Communication sent to GP to review co-codamol prescribing and Lisa is going to bring this up with her GP also.

RECOMMENDATIONS

SN Z.Stevenson to see Lisa in duty clinic on 9/8/24 due to no space in Buvidal clinic.

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Yours sincerely

Zoe Stevenson
Staff Nurse
Dundee Drug and Alcohol Recovery Service
Authorised on 09/08/2024 13:41:38 by Zoe Stevenson.

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NHS Tayside Communication to GP

Ward/Clinic	Dundee Drug and Alcohol Recovery Service	CHI	0708740049
Hospital	Constitution House	Surname	PARK
Clinician	Zoe Stevenson	First Name	LISA
Specialty	MENTAL HEALTH NURSING	Address	1/R 50 PROVOST ROAD DUNDEE DD3 8AH
Date	08/08/2024	GP/Address	Mill Practice Arthursstone Medical Practice 39 Arthursstone Terrace Dundee DD4 6QY

Dear Doctor,

Provisional/Diagnosis is: Opiate dependent

Patient advised of GP prescribed medication that interacts with DDARS Prescribing.

Comment/Recommendations: Dear Doctor,

PPPPlease review and cease prescribing Opioid based analgesic medication due to interaction with Buvidal Buprenorphine prolonged release injection

Follow up by clinic required: No

Specific Monitoring Required: No

Zoe Stevenson | Mental Health Nurse | Tel:01382 632542
NHS Tayside | South Board Tel:01382 660111

Page: 1 of 2

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NHS Forwards Communication to GP

Name: PARK Lisa

GP: 0708740040

Order Date: 06/03/2024

Ward/Clinic: Dundee Drug and Alcohol Recovery Service

Further comment/Recommendations:

Any further questions please contact Dundee Drug and alcohol Recovery Service

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The Streverson | Mental Health Nurse | Tel:01382 632542
Rumex Ltd. South Road Tel:01382 440111

Page 2 of 2

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Respiratory Department
Medicine Directorate
NHS Tayside
The Crescent
71 Lothian Crescent
Dundee
DD4 0HU
01382 432343

Dr S Bright
Mill Practice
Arthurstone Medical Practice
39 Arthurstone Terrace
Dundee
DD4 6QY

Date	28/08/2024
Clinic Date	
Your Ref	
Our Ref	copd/ 0708740049
Enquiries to	
Extension	07884441457
Direct Line	
Email	Kerry.Andrews@nhs.scot

Dear Dr Bright

Lisa Park, 1/R 50 Provost Road, Dundee, Angus, DD3 8AH DOB: 07/08/1974

Diagnosis: Airflow obstruction – Mild COPD

Lisa attended the Lochee COPD Assessment Clinic on the background of a history of increased and phlegm. She reports exertional breathlessness.

Background:

Lisa attended the Lochee COPD Assessment Clinic on the background of a history of increased and phlegm. She reports exertional breathlessness.

Respiratory Medication – Anoro Ellipta OD, Salbutamol 2p BD
FHx – father had 'breathing issues' – unknown

Assessment:

Cough – ongoing problematic cough
Wheeze – denies wheeze
Phlegm – easily expectorates around an egg cup of creamy coloured phlegm daily
Ankle swelling – mild bilateral pitting oedema – longstanding
Triggers – exertion
Nocturnal symptoms – often woken by cough. Sleeps with 2 pillows
MRC – 4

HT - 164
WT - 73.3kg
BMI – 27.3
Diet – appetite good

SPO2 Rest – 96%
SPO2 Exertion – 94%
HR – 92
BP – 113/80
RR - 16

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Smoker – lifelong smoker of 10 – 15 cigarettes and roll ups daily
 Pack Years – 30 years
 Illicit drugs – Smokes 5 – 6 joints daily
 Smoking Cessation – signposted to local pharmacy for NRT support
 Occupation – unemployed
 Pets – none
 Birds – no exposure to birds
 Seasonal changes – same all year round
 Atopy – denies hayfever or allergic rhinitis
 Reflux – silent reflux – takes lansoprazole daily
 Asthma – no reports of asthma diagnosis
 Childhood Symptoms – states she was a well child – no respiratory issues
 Premature birth – unknown – brought up in care
 Family history – unknown as above
 Exacerbations – 2
 Hospital Admissions - 0

Recent Investigations

HB - 151

Eosinophils – 0.06

CXR – No lung lesion or consolidation

Mediastinum unremarkable

Small bibasal effusions

CT Thorax – none

No finger clubbing

No peripheral or central cyanosis

No tar staining on finger.

Chest Examination

Equal air entry

Reduced breath sounds on right mid lobe

Spirometry

400mcg Salbutamol taken pre test.

Post BD Spirometry performed.

Managed this well with encouragement.

Spirometry reproducible and criteria met.

VC – 3.58L Zscr 1.23 LLN 2.37L

FVC – 4.00L Zscr 1.00 LLN 2.76L

FEV1/FVC – 61% LLN 69%

FEV1 – 2.43L Zscr -1.06 LLN 2.20L

Spirometry shows airflow obstruction NICE (2010)

ARTP Guidelines (2020)

Impression:

Lisa was referred by her Gp following a history of increased breathlessness and wheeze.

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- Lifelong smoker
- 30 year history of cannabis use
- Currently taking Anoro Ellipta OD
- Currently using saba 2p BD prn
- Ongoing back pain which discourages her from leaving the house
- Diagnosis of mild COPD today

Plan:

- Advised to continue on current inhaled therapy
- Smoking cessation (both cannabis and tobacco) strongly advised
- Health literature issued re diagnosis, breathlessness management, chest clearance and smoking cessation.
- Can this lady please be reviewed by her Gpn in 4-6 weeks time for self management, inhaler technique and pulmonary rehab consideration.

No complaints offered on leaving

Yours sincerely

Authorised on 28/08/2024 15:18:20 by Kerry Andrews.Community COPD Specialist Nursing Team

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ID: 0708740049
Name: park, Lisa
Age: 50 years 0 months
Height: 164 cm
Gender: Female
Smoking: Smoker 1 to 10
Referred By: kbain
DOB: 07/08/1974
Weight: 73.3 kg
Ethnic Origin: Caucasian
Dyspnoea: 0
Exam Date: 28/08/2024 14:39
BMI: 27.3
Factor: 100

Please Note: Spirometry data and graphs are either best individual values or composite curve

Summary of Best relaxed tests

	VC	TV	Quality	VAR	Time	Date
Base*	3.58	0.00	Good Slow		14:48	28/08/2024

BTS: Criteria Met.

Vary: Feedback loop, 100% manual unit, 100% manual unit

Summary of Best forced tests

	FEV1	FVC	PEF	FEV1/FVC	Quality	VAR	Time	Date
Base+	2.43	4.00	307	61%	-			

BTS: Criteria Met.

Vary: Feedback loop, 100% manual unit, 100% manual unit

Selected indices of the best blows

Index	Base	%Pred	Zscr	Post1	%Pred	%Chg	Zscr	[Min	Pred	Max]	SD
VC	3.58 l	117%	1.23					2.37 l	3.08 l	3.75 l	0.42
FEV1	2.43 l	86%	-1.06					2.20 l	2.82 l	3.42 l	0.37
FEV1/VC	(68%)	85%	-1.50					69%	89%	97%	5.50
FEV6	3.84 l										
FVC	4.00 l	113%	1.00					2.76 l	3.53 l	4.32 l	0.48
FEV6/FVC	(91%)		-0.17					63%	81%	90%	6.26
PEF	307 l/min	80%	-1.44					296 l/min	386 l/min	473 l/min	53.98
FEF25	3.80 l/s	67%	-1.36					3.41 l/s	5.63 l/s	7.85 l/s	1.30
FEF50	(1.46 l/s)	37%	-2.24					2.12 l/s	3.93 l/s	5.74 l/s	1.10
FEF75	(1.19 l/s)	41%	-1.94					1.35 l/s	2.28 l/s	4.30 l/s	0.83
FEF75	0.41 l/s	44%	-1.11					0.40 l/s	0.93 l/s	1.63 l/s	0.47

Lung Age 63 years

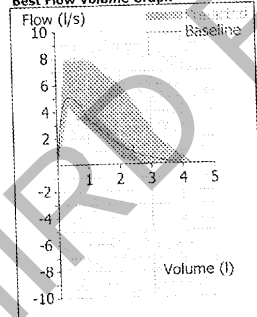
Measured values that are between brackets are abnormal values.

Relaxed: Variation is based on VC. Forced: Variation is based on FEV1 + FVC.

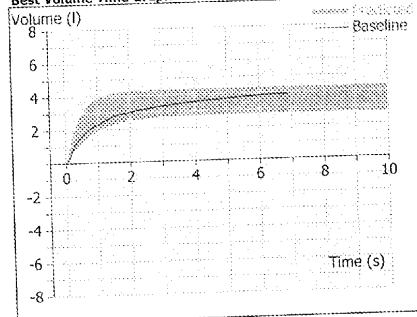
Predicted Source: GLI Quanjer (2012) 3-95 years, Cogswell, Solymar, Zapletal (1975) 6-17 years, ECCS (1993) 18-120 years

Results at BTPS.

Best Flow Volume Graph



Best Volume Time Graph



vyaire

Spirometry PC Interface v3.0.0.12

Page 1 / 2

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ID: 0708740049 Exam Date: 28/08/2021 14:39:03
Name: park, Lisa
Automatic Interpretation: {NICE (2010)} Automatic interpretation cannot exempt from a personal interpretation.
Base: Obstruction
Technician: Physician:

vyaire

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Single Operational Unit
Specialist Surgery

Otolaryngology/Head & Neck Surgery
NHS Tayside
Ninewells Hospital
Dundee
DD1 9SY
496571

Dr S Bright
Mill Practice
Arthurstone Medical Practice
39 Arthurstone Terrace
Dundee
DD4 6QY

Date	04/10/2024
Clinic Date	01/10/2024
Your Ref	
Our Ref	ACALM/ 0708740049
Enquiries to	Linda Morton
Extension	36571
Direct Line	01382 660111
Email	linda.morton@nhs.scot

Dear Dr Bright

Lisa Park, 1/R 50 Provost Road, Dundee, Angus, DD3 8AH DOB: 07/08/1974

Diagnosis: Laryngopharyngeal reflux
Grade 1 Reinke's oedema
Continues to smoke

Investigations: Flexible nasendoscopy – no masses or lesions
Grade 1 Reinke's oedema – left cord

Management: Smoking cessation and discharge

Today I reviewed your patient Lisa Park in the ENT head and neck clinic. Lisa was seen by my colleague Ms Foo in May of 2024 where she was diagnosed with laryngopharyngeal reflux; grade 1 Reinke's oedema and inflammatory patch around the right eustachian tube in the post nasal space.

Lisa tells me that she has no complaints at present and mentioned that she had a URTI at the time of review in May. She brings no red flag symptoms for head and neck malignancy. She has recently been diagnosed with mild COPD and had some recent extractions of her upper incisors and canines. Lisa continues to smoke 10-15 roll ups a day and 5-6 joints of cannabis a day.

On examination with flexible nasendoscopy there were no masses or lesions from post nasal space to glottis. Specifically the previously described area of inflammation in the post nasal space has resolved. There was grade 1 Reinke's oedema of the left cord only. I am not convinced that this will improve without smoking cessation.

Lisa and I have had a discussion about smoking cessation when she feels the time is right and I will discharge her from clinic but not hesitate to re-refer if any concerns.

Yours sincerely

Authorised on 04/10/2024 17:39:12 by Amy Campbell.
Ms Amy Campbell
ST5 in ENT

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Dundee Drug and Alcohol Recovery Service
NHS Tayside
NHS Tayside
Constitution House
55 Constitution Road
Dundee
DD1 1LB
sPrefPhoneNo
sPrefFax

Dr S Bright
Mill Practice
Arthursstone Medical Practice
39 Arthursstone Terrace
Dundee
DD4 6QY

Date	05/12/2024
Onlin Date	
Your Ref	
Our Ref	DDARS/ 0708740049
Enquiries to	Shannen Leonard
Extension	Extension
Direct Line	Direct Line
Email	Email

Dear Dr Bright

Lisa Park, 1/R 50 Provost Road, Dundee, Angus, DD3 8AH DOB: 07/08/1974

- BUVIDAL CLINIC -

S/

Lisa did not attend for planned appointment at Constitution House for purpose of Buvidal Therapy.

B/

DDARS prescribe Buvidal 64mg
Last attended 07/11 administered 64mg into R arm

Lisa is allocated to SN Kayleigh Smith

A/

Call to Lisa on 07849 530301:
15:17 - call rang out no facility to leave a voicemail

R/

Email East team/Kayleigh of non-attendance

Yours sincerely

Authorised on 05/12/2024 16:26:01 by Shannen Leonard.

Shannen Leonard

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Tayside Clinical Laboratory Services		Telephone 01739 473223 (PRI)		01382 832602 (MW)	
Name: PARK	Lisa	Sex: F	PID: 0708740049	DoB: 07 Aug 1974	
Arthursstone Med Ctr (The Mill)		Clinician: - NOT GIVEN		Lab No: G242211152	
				MILL	NS
TSH	30.83	>>	mU/L	{	0.4-4.0 }
FREE THYROXINE	9.1	<<	pmol/L	{	11.5-22.7 }

Lab.Comments:

Sample is blood unless
otherwise stated

Sample Date/Time
09 Oct 2024 15:15

Clin.Details: On T4? Yes
Thyroid monitoring

Request Entered: 09 Oct 2024 15:52

Report Printed: 09 Oct 2024 17:30

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Dundee Drug and Alcohol Recovery Service
NHS Tayside
NHS Tayside
Constitution House
55 Constitution Road
Dundee
DD1 1LB
sPrefPhoneNo
sPrefFax

Dr S Bright
Mill Practice
Arthursstone Medical Practice
39 Arthursstone Terrace
Dundee
DD4 6QY

Date	07/03/2025
Clinic Date	
Your Ref	
Our Ref	TL/ 0708740049
Enquiries to	
Extension	Extension
Direct Line	Direct Line
Email	Email

Dear Dr Bright

Lisa Park, 1/R 50 Provost Road, Dundee, Angus, DD3 8AH DOB: 07/08/1974
BUVIDAL CLINIC

S/
Attended clinic today as arranged.

B/
Currently prescribed 64mg Buvidal, to be administered 4-weekly.

A/
No signs of sedation or intoxication.
Administered as prescribed in right arm by SN L. Patrick, witnessed by SN T. Lowe.
No adverse reactions noted.

R/
Next appointment arranged.
GP letter to follow.

Yours sincerely

Authorised on 07/03/2025 10:43:14 by Tracey Lowe.

Tracey Lowe
Staff Nurse

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NHS Tayside
Dundee Drug and Alcohol Recovery Service
NHS Tayside
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55 Constitution Road
Dundee
DD1 1LB
sPrefPhoneNo
sPrefFax
www.nhstayside.scot.nhs.uk

Dr S Bright
Mill Practice
Arthursstone Medical Practice
39 Arthursstone Terrace
Dundee
DD4 6QY

Date	10/04/2025
Clinic Date	
Your Ref	
Our Ref	Buvidal / 0708740049
Enquiries to	
Extension	Extension
Direct Line	DirectLine
Email	Email

Dear Dr Bright

Lisa Park, 1/R 50 Provost Road, Dundee, Angus, DD3 8AH DOB: 07/08/1974

SITUATION

** Pt attended for Buvidal appt on time. **.

BACKGROUND

DDARS-Pt prescribed Buvidal injection 64 mgs PR s/c.
Last dose received on - 04/04/25, into R arm.

ASSESSMENT

Pt attended Buvidal appt.
No signs of sedation or intoxication.
Illicit use discussed – Disclosed no Illicit drug use
Buvidal 64 mg PR s/c given into L arm , administered by author and witnessed by
All protocols followed and no adverse effects noted.
Pt was happy to leave after 15 mins.

RECOMMENDATIONS

Next appt made for 08/05/25 @ 15:30 hrs.
Appt letter given to pt.

Yours sincerely
Kirsten Hutchison
Staff Nurse
Dundee drug and alcohol Recovery Service

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Tayside Clinical Laboratory Services		Telephone 01739 473223 (PRI) 01382 832602 (NWX)	
Name:	PARK Lisa	Sex:	F
		PID:	070E140049
		DoB:	07 Aug 1974
Arthursstone Med Ctr (The Mill):		Clinician:	Dr J. GPST(E)
		Lab No:	0252688759
		MILL:	GPST(E)
SCDIUM	140	mmol/L	(133-145)
POTASSIUM	3.6	mmol/L	(3.5-5.3)
CREATININE	91	umol/L	(44-80)
ESTIMATED GFR	59	mL/min	
eGFR should not be used to assess renal function for any drug dosing in over 75s or extremes of BMI and for DGAC dosing in those with an eGFR less than 60mL/min.			
CVD Stage	2A		
ALT	15	U/L	(5-55)
BILIRUBIN	5	umol/L	(0-21)
ALKALINE PHOSPHATASE	88	U/L	(30-130)
ALBUMIN	40	g/L	(35-50)
CALCIUM	2.37	mmol/L	(2.10-2.55)
CALCIUM (CORRECTED)	2.36	mmol/L	(2.10-2.55)
TSH	27.53	mIU/L	(0.4-4.0)
Lab Comments:	Comment from Judith Strachan, Consultant Clinical Scientist (Ext.33364): Suggest check adherence to agreed thyroxine therapy and consider increasing dose as appropriate.		Sample is blood unless otherwise stated
Clin Details:	On T4? Yes cramps, tiredness, vomiting bloods please.		Sample Date/Time 30 Apr 2025 17:18
Request Entered:	30 Apr 2025 15:26	Report Printed:	30 Apr 2025 16:48

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Tayside Clinical Laboratory Services Telephone: 01739 473223 (PRI) 01382 832602 (NWX)

Name: PARK Lisa Sex: F PID: 0708140049 DoB: 07 Aug 1974
Arthursstone Med Ctr (The Mill) Clinician: Dr J. GPRST(B) Lab No: 02532688759
MILL GPRST(B)

FPBE THYROXINE 14.7 pmol/L (11.5-23.7)
AKI NOT AVAILABLE

Lab Comments: Sample is blood unless otherwise stated
Sample Date/Time
30 Apr 2025 17:18

Clin Details: On T4? Yes Page 2 of 2
cramps, tiredness, vomiting bloods please.

Request Entered: 30 Apr 2025 15:26 Report Printed: 30 Apr 2025 16:48

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Tayside Clinical Laboratory Services Telephone 01739 473223 (PRI) 01382 832602 (MW)

Name: PARK Lisa Sex: F PID: 0705740049 DOB: 07 Aug 1974
Arthursstone Med Ctr (The Mill) Clinician: Dr J. GREST(B) Lab No: H252689759
MILL GRESTB

HGB	189	H g/L	(120-160)	WBC	6.8	x10 ⁹ /L	(4.0-11.0)
HCT	5.16	H x10 ¹² /L	(3.8-4.8)	MBW	5.1	x10 ⁹ /L	(2.0-7.5)
MCV	0.527	H	(0.37-0.47)	LYM	1.3	L x10 ⁹ /L	(1.5-4.0)
MCH	102.9	fL	(85-105)	MCF	0.2	x10 ⁹ /L	(0.2-0.8)
MCH	32.8	H pg	(27-32)	ECF	0.06	x10 ⁹ /L	(0.0-0.4)
MCC	316	L g/L	(320-360)	BAF	0.0	x10 ⁹ /L	(0.0-0.1)
				PLT	117	L x10 ⁹ /L	(150-400)

Lab.Comments: Sample is blood unless otherwise stated

Sample Date/Time
30 Apr 2025 15:18

Clin.Details: On T47: Yes
cramps, tiredness, vomiting bloods please.

Request Entered: 30 Apr 2025 15:26 Report Printed: 30 Apr 2025 15:58

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Hospital use only	Clinic	Day Date	Time	Hospital No.
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Transport required?

ADVICE REQUEST
MEDICAL IN CONFIDENCE**Unique Care
Pathway Number**
101037747213K**REQUESTED OF**Genito-Urinary Medicine - MenopauseAAT2
Tay Advice Protocol v1.2Ninewells Hospital
Dundee
DD1 9SY— Consultant / receiving practitioner
and/or specialty clinic

— Hospital and hospital address

Hospital unit no.

T101H

Email address

-

**Date of Request (set by
referrer)**

24-Sep-2025

Date request was submitted

24-Sep-2025

Urgency of request

Advice

**Armed Forces Personnel,
Immediate Families & Veterans**☐ On active service☐ Condition related to service☐ Immediate family member**Impairment(s)**☐ Learning☐ Visual☐ Hearing**Miscellaneous**

Interpreter Required: None

Details of "Other" Language: None

PATIENT DETAILS

Surname

PARK

Forename(s)

LISA

Title

MS

Sex

Female

Date of birth

07-Aug-1974

CHI no.

0708740049

Patient's address

1-R
50 PROVOST ROAD
DUNDEE
DD3 8AH

Contact number(s)

Voice: 07849 530301

E-mail: lisamax520@gmail.com

REGISTERED GP DETAILS

Name

Dr Sally Bright

GMC code

7264724

GP code

71161

Practice name

Mill Practice

Practice code

11645

Practice address

ARTHURSTONE MEDICAL CENTRE
39 ARTHURSTONE TERRACE
DUNDEE

Contact number(s)

Voice: 01382456700

REFERRING PRACTITIONER DETAILS

Name

Dr. William Johnston

GMC code

6120506

GP code

70661

Practice name

Mill Practice (11645)

Practice code

11645

Practice address

Arthurstone Medical Practice
39 Arthurstone Terrace
Dundee

Contact number(s)

Voice: 01382 456700

Periods of Future

None provided.

Unavailability

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CLINICAL INFORMATION

History of presenting complaint / examination findings / investigation results

Advice requested

Description: menopause advice with past DVT/PE

Comment: Dear Menopause clinic

I would be most grateful for your advice regarding this 51 yr old lady with long history of opiate dependency currently stable on Buprenorphine injections.

She reports typical menopausal flushing & sweats and very infrequent periods over past 1-2 years.

She is having very disturbed sleep and is seeking help with her symptoms.

Of note from her PMHx is DVT (likely related to groin abscess from IVDU) in 2015 and subsequent septic pulmonary emboli and long admission when she was acutely unwell.

Obviously we would not consider oral HRT but with this significant h/o VTE I wondered about safety of any HRT in this case. I would be grateful for advice/guidance

yours sincerely

Dr T Johnston

Examinations and Investigations

Current smoker: Smoking status on date of event: Smoker, Number of cigarettes smoked per day: 10. 2022-10-17

Alcohol units per week: Drinking status on eventdate: Current drinker, Units of alcohol drank per week: 0. 2022-10-17

Enjoys light exercise: 2022-10-17

Most recent height, weight, BMI and Blood Pressure

Height:	1.69	m	Recorded Date:	None provided
Weight:	74	Kg	Recorded Date:	None provided
BMI:	25.9	Kg/m ²	Recorded Date:	None provided
Blood Pressure:	127/103	mmHg	Recorded Date:	None provided

Reason for referral

Care type requested: Advice

Expected outcome: Advice

Past medical history**Pre-existing conditions**

Description	Laterality	Modifier	Extension	Date of onset
Chronic obstructive airways disease NOS	-	-	confirmed on spirometry	28-Aug-2024
Reinke's oedema of the vocal cords	-	-	- bilateral grade 1 11.10.2024 Reinke's oedema of the vocal cord - Grade 1	03-May-2024
Laryngopharyngeal reflux	-	-	-	03-May-2024
Stress at home	-	-	-	09-Jul-2019
Carpal tunnel syndrome	-	-	- decompression	16-Jan-2018
Hyperemesis gravidarum	-	-	- cannabinoid induced hyperemesis syndrome	04-Oct-2017
Acquired hypothyroidism	-	-	-	08-Sep-2015
Folic acid deficiency	-	-	-	08-Sep-2015
Pulmonary embolism	-	-	- septic pulmonary emboli	27-Apr-2015
Empyema	-	-	-	27-Apr-2015
Abscess NOS	-	-	groin	27-Apr-2015
Nocturia	-	-	-	29-Sep-

[X]Depression NOS	-	First ever	-	2014
Hepatitis C status	-	-	- Hep C antibody +ve - spontaneously resolved 04/09/2014	25-Aug-2014
Heartburn	-	-	-	23-Jun-2014
Abscess NOS	-	-	(L) forearm	01-Aug-2013
Baker's cyst	-	-	(L) calf	26-Jul-2013
Substance misuse	-	-	Benzodiazepines & on Methadone	26-May-2013
Finger fracture	-	-	Open fracture DIP joint right middle fingerDebridement and K wiring :	20-Oct-2011
Termination of pregnancy	-	-	-	24-Feb-2006
Reflux oesophagitis	-	-	Gastroscopy report :	01-Feb-2006
Spontaneous vaginal delivery	-	-	Female	26-Apr-2005
Neurotic (reactive) depression	-	-	-	11-Jul-2003
[V]Drug abuse counsel+surveiln	-	-	amphetamine - on reducing diazepam	24-Mar-2003
Acne vulgaris	-	-	-	04-Feb-2003
Death of husband	-	-	in police custody	25-Nov-2002
Low back pain	-	-	Recurrent	20-Oct-2001
Drug dependence	-	-	-	03-Nov-2000
Cannabis type drug dependence	-	-	-	17-Jan-2000
Marital problems	-	-	Recurrent	17-Jan-2000
Neurotic (reactive) depression	-	-	-	01-Feb-1999
Right iliac fossa pain	-	-	no cause found	01-Feb-1999
[V]Child abuse	-	-	when under the age of six	28-Jan-1999
Infertility - female	-	-	2y	21-Oct-1998
[D]Dizziness and giddiness	-	-	24 hr ECG & blood tests OK	12-Dec-1996
Polymenorrhoea	-	-	-	04-Apr-1996
[X]Accidental drug/other pois	-	-	amphetamine & cannabis	20-Sep-1995
Spontaneous vaginal delivery	-	-	live female, MRRP	09-Sep-1995
Ingrowing nail	-	-	L removed, ablation 1989, re-referred 1991	27-Aug-1994
Enuresis	-	-	re-referred to clinic 1990, resolved by 1991	01-Jan-1988
Child in care	-	-	in Carolina House from age 7 to 15	01-Jan-1986
				01-Jan-1981
Past procedures				
<u>Description</u>	<u>Laterality</u>	<u>Modifier</u>	<u>Date performed</u>	

Advised to self care	-	-	01-May-2025
Medication requested	-	-	06-Dec-2024
Gastroscopy normal	-	-	05-May-2020
Incision and drainage of abscess	-	-	15-Feb-2011
Removal of Kirschner wire	-	-	27-Mar-2006
Pilonidal sinus operations	-	-	02-Apr-1993
Zadik excision of nail bed	-	-	04-Sep-1991
Nasal sinus operations	-	-	01-Jan-1985
Tonsillectomy	-	-	01-Jan-1984
Adenoidectomy	-	-	01-Jan-1982

Current and recent medication

Current repeat medication

<u>Drug name</u>	<u>BNF code</u>	<u>Formulation</u>	<u>Dosage</u>	<u>Frequency</u>	<u>Course started</u>	<u>Duration</u>
Trazodone 150mg tablets	67153020	tablet	1 TABLET DAILY AT NIGHT	-	06-Dec-2024	-
Nefopam 30mg tablets	64959020	tablet	1 THREE TIMES A DAY FOR PAIN [more]	-	06-Dec-2024	-
Salbutamol 100micrograms/dose inhaler CFC free	59554020	dose	1 TO 2 PUFFS UP TO FOUR TIMES [more]	-	28-Aug-2024	-
Anoro Ellipta 55micrograms/dose / 22micrograms/dose dry powder inhaler (GlaxoSmithKline UK Ltd)	26986021	dose	1 INHALATION ONCE DAILY	-	28-Aug-2024	-
Acidex Advance oral suspension peppermint (Wockhardt UK Ltd)	71134021	ml	TAKE 10ML FOUR TIMES A DAY AN [more]	-	03-May-2024	-
Levothyroxine sodium 100microgram tablets	55991020	tablet	1 DAILY	-	10-Sep-2019	-
Lansoprazole 30mg gastro-resistant capsules	75584020	capsule	1 TWICE DAILY HALF AN HOUR BE [more]	-	04-Feb-2020	-

Recent acute medication (last 30 days)

<u>Drug name</u>	<u>BNF code</u>	<u>Formulation</u>	<u>Dosage</u>	<u>Frequency</u>	<u>Course started</u>	<u>Duration</u>
Lidocaine 700mg medicated plasters	88907020	plaster	APPLY FOR 12 HOURS PER DAY. T[more]	-	24-Sep-2025	-

Clinical warnings

Allergies

- Urticaria - - allergic rash, raised weals face & body, sore throat, some diff swallowing but able to drink, not distressed, no dyspnoea, fo symptoamtic Rx - if any worse re throat or chest - contact NHS 24
- Urticaria - - swollen lips & eyes with rash & sore throat see at FMHC

Additional relevant information

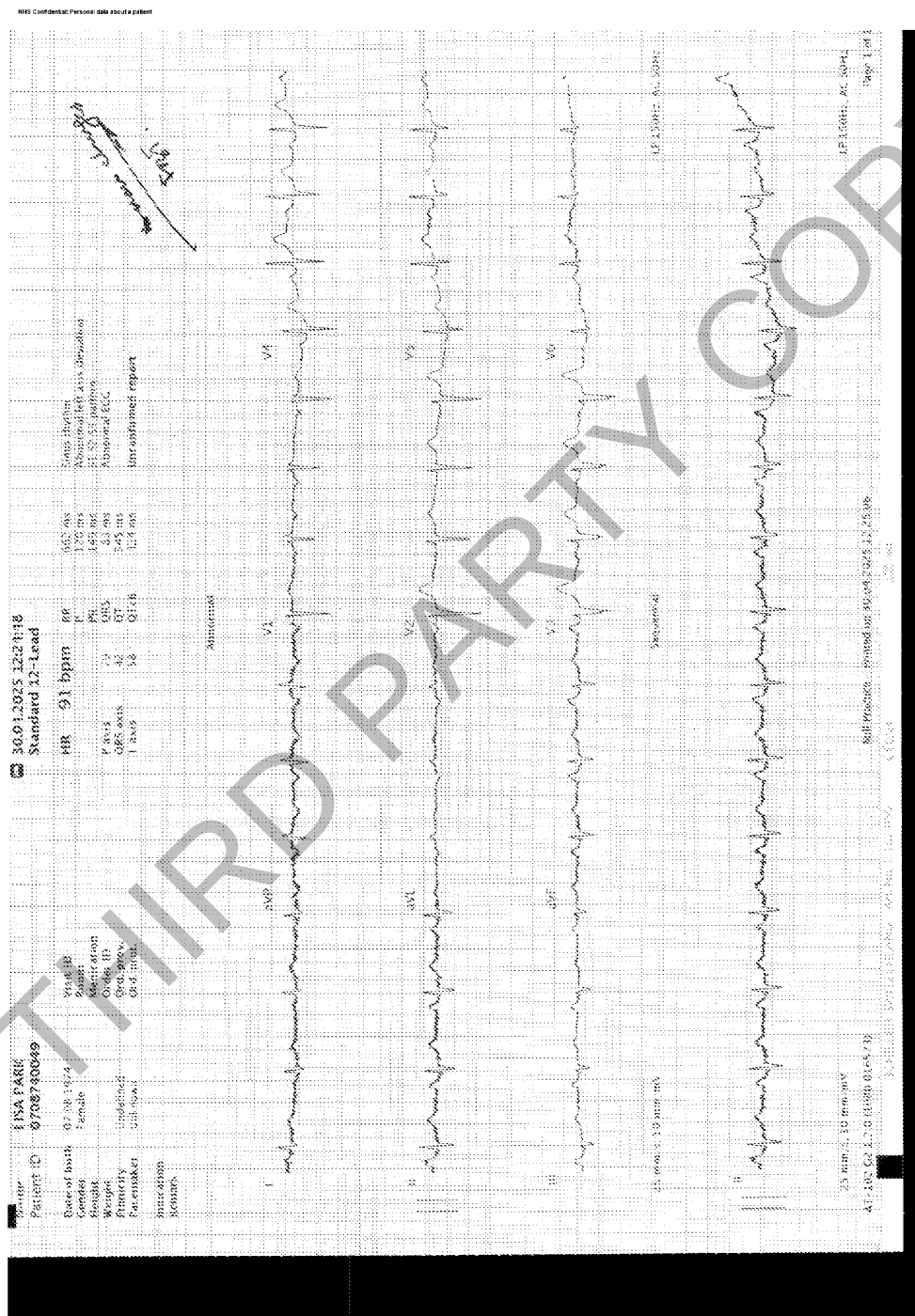
Administrative information

Signature of referring doctor (or other professional) Date

Tayside Advice Protocol (Tayside, v1.2)/v3.16

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NHS Tayside
Dundee Drug and Alcohol Recovery Service
NHS Tayside
Constitution House
55 Constitution Road
Dundee
DD1 1LB
sPrefPhoneNo
sPrefFax
www.nhstayside.scot.nhs.uk

Dr S Bright
Mill Practice
Arthursstone Medical Practice
39 Arthursstone Terrace
Dundee
DD4 6QY

Date	08/05/2025
Clinic Date	08/05/2025
Your Ref	
Our Ref	Buvidal / 0708740049
Enquiries to	
Extension	Extension
Direct Line	DirectLine
Email	Email

Dear Dr Bright

Lisa Park, 1/R 50 Provost Road, Dundee, Angus, DD3 8AH DOB: 07/08/1974

SITUATION

** Pt attended for Buvidal appt on time. **.

BACKGROUND

DDARS-Pt prescribed Buvidal injection 64 mgs PR s/c.
Last dose received on - 10/04/25, into L arm.

ASSESSMENT

Pt attended Buvidal appt.
No signs of sedation or intoxication.
Illicit use discussed – Disclosed no illicit drug use
Buvidal 64 mg PR s/c given into R arm , administered by author and witnessed by HCSW J.Johnston
All protocols followed and no adverse effects noted.
Pt was happy to leave after 15 mins.

RECOMMENDATIONS

Next appt made for 05/06/25 @ 13:30 hrs.
Appt letter given to pt.

Yours sincerely
Kirsten Hutchison
Staff Nurse
Dundee Drug and Alcohol Recovery Service

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 NHS Tayside
 NHS Tayside
 Constitution House
 55 Constitution Road
 Dundee
 DD1 1LB
 sPrefPhoneNo
 sPrefFax

Dr S Bright
 Mill Practice
 Arthursstone Medical Practice
 39 Arthursstone Terrace
 Dundee
 DD4 6QY

Date	09/06/2025
Clinic Date	07/07/2025
Your Ref	
Our Ref	Discharge/ 0708740049
Enquiries to	
Extension	Extension
Direct Line	DirectLine
Email	Email

Dear Dr Bright

Lisa Park, 1/R 50 Provost Road, Dundee, Angus, DD3 8AH DOB: 07/08/1974

**** Buvidal Clinic*****

SITUATION
 Planned appointment.

BACKGROUND
 4 weekly Buvidal injection 64mg. Last 64mg administered on 08/05/25.

ASSESSMENT
 Lisa arrived on time to appointment and presented well. No sign of withdrawal or intoxication. No illicit drugs declared.
 Engaged well in conversation, discussed feeling chesty

Buvidal 64mg, administered by S/N Eve Reid in to left arm witnessed by Jodilee Johnston HCSW.
 UDS urine dip screen obtained pos benzodiazepine faint line for opiates, pos Buprenorphine urine screen to be sent to lab.
 No concerns noted.
 New appointment letter given.

RECOMMENDATIONS
 Attend next appointment on 07/07/25 @13:35.

Yours sincerely,

Eve Reid
 Trainee Specialist Nurse

Authorised on 09/06/2025 14:47:53 by Eve Reid.

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The Mill Practice
Application for Online Access

Surname	PARK	Date of birth	07/08/74
First name	LISA JANE		
Address	50 1/R PROVOST ROAD, DUNDEE		
	Postcode	DD3 8AH	
Preferred Email address (not shared):	lisamax520@gmail.com		
Mobile number	07849530301		
Home number			

I wish to have access to online services ☒

I give consent for The Mill Practice to contact me via mobile text message and email ☒

I understand that by signing this form I agree with the following:

I have understood the information provided by the practice.

I will be responsible for the security of the information that I see or download.

If I choose to share my information with anyone else, this is at my own risk.

I will contact the practice as soon as possible if I suspect that my account has been accessed by someone without my agreement.

If I see information in my record that is not about me or is inaccurate, I will contact the practice as soon as possible.

Signature	Date
<i>Lisa Park</i>	1/8/25

For practice use only

Patient CHI number	0708740049		
Identity verified by (initials)	Date	Method	
<i>OB</i>	4/8/25	Photo ID	☐
		Proof of residence	☐
		Vouching	☐
		Other	☒
Authorised by	Date		
<i>OB</i>	4/8/25		
Date account created	4/8/25		
Date registration letter/email sent	4/8/25		

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NHS Tayside
NHS Tayside
Constitution House
55 Constitution Road
Dundee
DD1 1LB
sPrefPhoneNo
sPrefFax

Dr S Bright
Mill Practice
Arthursstone Medical Practice
39 Arthursstone Terrace
Dundee
DD4 6QY

Date	02/09/2025
Clinic Date	
Your Ref	
Our Ref	CM/ 0708740049
Enquiries to	
Extension	Extension
Direct Line	DirectLine
Email	Email

Dear Dr Bright

Lisa Park, 1/R 50 Provost Road, Dundee, Angus, DD3 8AH DOB: 07/08/1974

Buvidal Clinic

Situation

Lisa attended Buvidal clinic as scheduled

Background

Currently prescribed 64mg Buvidal Prolonged release injection

Last administered 05/08/25

East team locality

Assessment

Lisa presented at constitution house showing no signs of intoxication, sedation or withdrawals.

Nil recent illicit substance use reported

Denied use of opiates within last 12-24 hours and is aware of potential for precipitated withdrawals should this be untrue.

Patient identity confirmed, dose and expiration date of Buvidal checked with HCSW A. Murray.

Kardex checked for last date and area of administration. Patient consented to administration of Buvidal injection.

64mg Buvidal administered into right arm by SN C. Murray and witnessed by HCSW A. Murray.

No adverse reactions observed or reported.

Lisa spoke of struggling with menopause symptoms; insomnia, sweats, forgetfulness and plans on discussing medication options with her GP.

Lisa also spoke of considering reductions of Buvidal, offered to ask her KW/locality team to offer her an appt. to discuss same however Lisa advised she would call herself.

Recommendation

Follow up appointment scheduled for 30/09/25, 13:00 – provided with appt. letter.

Yours sincerely,
Claire Murray
Trainee specialist nurse

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DDARS.

Authorised on 02/09/2025 14:58:43 by Claire Murray.

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NHS Tayside
NHS Tayside
Constitution Road
DD1 1LB

Dr S Bright
Mill Practice
Arthursstone Medical Practice
39 Arthursstone Terrace
Dundee
DD4 6QY

Date	30/09/2025
Clinic Date	
Your Ref	
Our Ref	GP Letter/ 0708740049
Enquiries to	
Extension	Extension
Direct Line	DirectLine
Email	Email

Dear Dr Bright

Lisa Park, 1/R 50 Provost Road, Dundee, Angus, DD3 8AH DOB: 07/08/1974

BUVIDAL CLINIC

S/ Lisa did not attend for scheduled Buvidal Appointment today (30/09)

B/ Currently prescribed 64mg monthly Buvidal injection
Last administered 02/09

A/ Attempted to contact Lisa - no answer.

R/ Await contact from Lisa to arrange a further appointment
Email sent to EAST team to make aware of non-attendance

Yours sincerely

Dundee Drug and Alcohol Recovery Service
Authorised on 30/09/2025 13:23:53 by Vicki Leonard.

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WT Johnston
Mill Practice
Arthursstone Medical Practice
39 Arthursstone Terrace
Dundee
DD4 6QY

25/09/2025

Dear Colleague

Please see the following outcome from the vetting process.

Patient Name: Lisa Jane Park**CHI Number:** 0708740049**Referral Date:** 24/09/2025**Referral Source:** General Practitioner**Referral Priority was:** Advice**Vetted Priority is:** Back to Referrer**ADVICE TO REFERRER****Vetted By: Genito-urinary - Menopause**

Please note: If the vetting outcome is Redirecting Referral then the vetted by specialty will show as the redirected to specialty and not the specialty originally referred to.

Comment (Please add comments below for the referrer as required)

In general, a history of VTE is a relative contraindication to HRT. Low or medium dose transdermal estradiol does not increase VTE risk, but we do not have the data to know if this is also true in women like her with an already raised baseline risk.

There is an excellent article with helps greatly to make a decision about this issue: <https://journals.sagepub.com/doi/full/10.1177/20533691231223682> – Laing A, Thomas L, Hillard T, Panay N, Briggs P. Exploring the potential for a set of UK hormone replacement therapy eligibility guidelines: A suggested proposal on the topic of venous thromboembolism. Post Reproductive Health. 2024;30(1):39-54.

(I am happy to email you the article if interested- heike.gleser@nhs.scot)



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Dundee: NHS for Scotland, NHS for Scotland
Dundee: NHS for Scotland, NHS for Scotland



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They categorise the risk, similar to the UK MEC (UK Medical Eligibility Criteria for Contraceptive Use) in 4 categories:

Category 1 No restriction for use of HRT

Category 2 The benefits of use generally outweigh any theoretical or proven risks. Evidence is sufficient to support use but careful follow up may be required

Category 3 Any theoretical or proven risks might outweigh the benefits of use. Evidence is limited or does not confirm safety and the provision of HRT requires expert clinical judgement and/or referral to a specialist

Category 4 HRT should not be used and represents an unacceptable health risk

Her previous DVT was likely "provoked" her IVDU. She is already 51, her BMI is fine and she is not on anticoagulants. She continues to smoke which is an important additional modifiable risk factor. Has smoking cessation been discussed recently? Bone health is a concern due to assumed poor diet in the past and her smoking.

Looking at the article this would give her a category between 2 (transient and resolved risk factor- IVDU) and category 3 (relative contraindication) persisting risk factor/ no anticoagulation- smoking) for combined patches, low/medium dose TD estradiol plus micronised progesterone or a Mirena LNG IUD /IUS.

Unfortunately, many of the usual non hormonal treatment options (SSRIs/ SNRIS) interact with her trazadone (risk of hyponatraemia, serotonin syndrome and sedation) or are not ideal due to her higher addiction risk (gabapentin). A newish remaining option would oxybutynin (2.5 mg-5 mg/d SR) (unlicensed for this use) and clonidine (25-75 mcg BD) (licensed for this use), both with around a 50% chance to improve vasomotor symptoms. They, of course, carry a risk of side effects.

I could imagine that other remedies like lifestyle changes, relaxation, CBT, hypnotherapy might not be ideal options for her, either. Please write back for more info if you think this would be suitable.

One could argue though that HRT will reduce her increased osteoporosis risk and reduce her increased CVD risk (up to the age of 60). After trying the non hormonal treatment options above (or discarding them as not acceptable) - as long as her menopause symptoms affect her QoL it would be reasonable to start her on HRT (using the products as recommended above) as long as she understands her increased baseline VTE risk and lack of evidence about the effect of HRT on this.

Yours sincerely

Dr.Heike Gleser
Consultant SRH



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Dental (GPs and Oral Health Triage for patients)
Care - NHS Forth Valley
Other: Forth Valley Council



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55 Constitution Road
Dundee
DD1 1LB
sPrefPhoneNo
sPrefFax

Dr S Bright
Mill Practice
Arthurstone Medical Practice
39 Arthurstone Terrace
Dundee
DD4 6QY

Date	01/10/2025
Clinic Date	
Your Ref	
Our Ref	DDARS/ 0708740049
Enquiries to	Bethan Boylan
Extension	Extension
Direct Line	DirectLine
Email	Email

Dear Dr Bright

Lisa Park, 1/R 50 Provost Road, Dundee, Angus, DD3 8AH DOB: 07/08/1974

****BUVIDAL CLINIC ****

SITUATION-

Pt attended for Buvidal appt as planned.

BACKGROUND

DDARS- Pt is prescribed Buvidal injection - 64 mgs PR S/C.

Last dose received on 29/10/25 into R arm.

ASSESSMENT

Pt attended on time and no signs of intoxication or sedation.

Illicit use discussed - pt stated that she smokes cannabis. No other illicit use disclosed.

Buvidal 64 mgs PR S/C given into L arm by author and witnessed by HCSW Lesley Milne.

All protocols followed and no adverse effects noted.

Pt was happy to leave after 15 mins.

RECOMMENDATIONS

Next appt made for 29/10/25 @ 1pm.

Appt letter given.

Yours sincerely

Authorised on 01/10/2025 13:49:08 by Bethan Boylan.
Bethan Boylan SN DDARS

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NHS Tayside
NHS Tayside
Constitution House
55 Constitution Road
Dundee
DD1 1LB
sPrefPhoneNo
sPrefFax

Dr S Bright
Mill Practice
Arthursstone Medical Practice
39 Arthursstone Terrace
Dundee
DD4 6QY

Date	31/10/2025
Clinic Date	
Your Ref	
Our Ref	CM/ 0708740049
Enquiries to	
Extension	Extension
Direct Line	DirectLine
Email	Email

Dear Dr Bright

Lisa Park, 1/R 50 Provost Road, Dundee, Angus, DD3 8AH DOB: 07/08/1974

*****Buvidal Clinic*****

Situation

Cancelled appt.

Background

Currently prescribed 64mg Buvidal Prolonged release injection

Last administered 01/10/25

East team locality

Assessment

Informed by SN Z Stephens that Lisa has called to cancel her appt. scheduled within Buvidal clinic today due to being unwell.

Recommendation

Appt. has been rescheduled for Monday (3/11), 2pm.

Yours sincerely,

NHS Confidential: Personal data about a patient

Claire Murray
Trainee Specialist Nurse
DDARS.

Authorised on 31/10/2025 15:37:00 by Claire Murray.

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Dundee
DD1 1LB
sPrefPhoneNo
sPrefFax

Dr S Bright
Mill Practice
Arthursstone Medical Practice
39 Arthursstone Terrace
Dundee
DD4 6QY

Date	03/11/2025
Clinic Date	
Your Ref	
Our Ref	discharge / 0708740049
Enquiries to	
Extension	Extension
Direct Line	DirectLine
Email	Email

Dear Dr Bright

Lisa Park, 1/R 50 Provost Road, Dundee, Angus, DD3 8AH DOB: 07/08/1974

Buvidal Clinic

B/

Lisa is prescribed Buvidal 64mgs on a monthly basis, this was last administered into her Left Arm on the 01/10/25

Lisa was booked in for her monthly buvidal on 31/10/25 but cancelled due to being unwell, she had a cold and sickness at the time.

A/

Lisa attended for her monthly injection, she presented well, and reported no illicit drug use.

Lisa presented well and confirmed her date of birth as required.

Lisa was given her monthly injection of 64mgs into her Right arm by ST/N Jessica Swanikier, and witnessed by S/Nurse M Emslie, no ill effects.

Next appointment given for the 01/12/25 at 1430pm, patient given appointment letter.

P/

Track Care updated

GP Letter completed.

Yours sincerely
Michele Emslie
Staff Nurse

Authorised on 03/11/2025 14:23:25 by Michele Emslie.

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Dundee Drug & Alcohol Recovery Service
 Dundee Health & Social Care Partnership
 Constitution House
 55 Constitution Road
 Dundee
 DD1 1LB
 Tel: 01382 632542

PRIVATE & CONFIDENTIAL

Dr S Bright
 Mill Practice
 Arthursstone Medical Practice
 39 Arthursstone Terrace
 Dundee
 DD4 6QY

Date Typed	15/01/2026
Clinic Date	06/01/2026
Your Ref	
Our Ref	FC/UB/ 0708740049
Enquiries to	DDARS
Extension	
Direct Line	01382 632542

Dear Dr Bright

RE: LISA PARK CHI: 0708740049
1/R 50 PROVOST ROAD, DUNDEE, DD3 8AH

Dundee Drug and Alcohol Recovery Service East Team Multidisciplinary Team Meeting

Attendees:

Staff Nurse Tracey Lowe, Staff Nurse Gillian Page, Kerry Rannie Specialist Nurse, Alex Blundell Specialist Nurse, Gillian Aitken Specialist Nurse, Consultant Psychiatrist Fiona Cowden, Sonia Fraser Nurse Team Leader, Waleed Faheem Higher Trainee

DDARS Prescribing:

Buvidal 64mg administered every four weeks

Issues discussed:

Lisa has been non-compliant with Buvidal since her last dose was administered on 03/11/2025. Lisa attended a Specialist Nurse appointment and stated she did not want treatment with OST any longer and she made an informed decision to discontinue Buvidal treatment.

The following actions were agreed;

- Prescribing change form signed to discontinue Buvidal prescription
- Keyworker to discuss loss of tolerance, increased relapse and overdose risk and deliver harm reduction advice. Also to discuss third sector supports and peer support.
- Admin will send Methadone, buprenorphine, Buvidal and Harm Reduction patient information leaflets
- There is an increased risk of fatal overdose when opiates, gabapentoids and/or benzodiazepines are prescribed with opiate substitution treatment. GP practice to be mindful of this risk when considering initiating or reviewing prescribing of these medications.

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Yours sincerely,

DDARS East Team
Dundee Drug & Alcohol Recovery Service East Locality
Dundee Health & Social Care Partnership

Authorised on 15/01/2026 09:36:48 by Typist Johan Bennie, on behalf of East Team
DDARS.
(P) Alexander Blundell, Staff Nurse, DDARS, Constitution House, 55 Constitution Road, DD1
1LB

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Dundee
DD1 1LB
sPrefPhoneNo
sPrefFax

Dr S Bright
Mill Practice
Arthursstone Medical Practice
39 Arthursstone Terrace
Dundee
DD4 6QY

Date	01/12/2025
Clinic Date	
Your Ref	
Our Ref	DDARS/ 0708740049
Enquiries to	Bethan Boylan
Extension	Extension
Direct Line	DirectLine
Email	Email

Dear Dr Bright

Lisa Park, 1/R 50 Provost Road, Dundee, Angus, DD3 8AH DOB: 07/08/1974

****BUVIDAL CLINIC ****

SITUATION-

Pt attended for Buvidal appt as planned.

BACKGROUND

DDARS- Pt is prescribed Buvidal injection 64 mgs PR S/C.

Last dose received on 3/11/25 into her R arm.

ASSESSMENT

Pt attended on time and no signs of intoxication or sedation.

Illicit use discussed – no illicit use disclosed.

Buvidal 64mgs PR S/C given into L arm by author and witnessed by HCSW Linda Donachie.

All protocols followed and no adverse effects noted.

Pt was happy to leave after 15 mins.

RECOMMENDATIONS

Next appt made for 29/12/25 @ 14:35 hrs. Pt has saved this appt into her phone.

"Staying safe this holiday season" booklet given to pt.

Yours sincerely

Authorised on 01/12/2025 14:53:31 by Bethan Boylan.

Bethan Boylan SN DDARS

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Dundee Health & Social Care Partnership
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DD1 1LB
Tel: 01382 632542

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Dr S Bright
Mill Practice
Arthursstone Medical Practice
39 Arthursstone Terrace
Dundee
DD4 6QY

Date Typed	15/01/2026
Clinic Date	06/01/2026
Your Ref	
Our Ref	FC/JS/ 0708740049
Enquiries to	DDARS
Extension	
Direct Line	01382 632542

Dear Dr Bright

RE: LISA PARK CHI: 0708740049
1/R 50 PROVOST ROAD, DUNDEE, DD3 8AH

Dundee Drug and Alcohol Recovery Service East Team Multidisciplinary Team Meeting**Attendees:**

Staff Nurse Tracey Lowe, Staff Nurse Gillian Page, Kerry Rannie Specialist Nurse, Alex Blundell Specialist Nurse, Gillian Aitken Specialist Nurse, Consultant Psychiatrist Fiona Cowden, Sonia Fraser Nurse Team Leader, Waleed Faheem Higher Trainee

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- Admin will send Methadone, buprenorphine, Buvidal and Harm Reduction patient information leaflets
- There is an increased risk of fatal overdose when opiates, gabapentoids and/or benzodiazepines are prescribed with opiate substitution treatment. GP practice to be mindful of this risk when considering initiating or reviewing prescribing of these medications.

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Yours sincerely,

DDARS East Team
Dundee Drug & Alcohol Recovery Service East Locality
Dundee Health & Social Care Partnership

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DDARS.
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Emergency Department Ninewells Hospital

S Bright
11645/1, Mill Practice
Arthursstone Medical Practice, 39 Arthursstone Terrace, Dundee
Dundee
DD4 6QY

Ninewells Hospital
Ninewells Drive
Dundee
DD2 1GZ

Dear Doctor

Ms Lisa Park
1/R 50 Provost Road
Dundee
DD3 8AH

Date of Birth: 07/08/1974
ACHI Number: 0708740049
ED Attendance Number: E0000682856
No. of Previous Attendances: 0
Occupation:
School:
Responsible Consultant: Dr Jenna Headley

The above patient attended the Emergency Department Ninewells Hospital on 23/01/2026 at 11:32 and was discharged with no follow up on 23/01/2026 at 14:08. The letter has been collated by Kyle Yi Heng Tan.

Diagnosis:		
Description	Body Site	Laterality
ED diagnosis - Respiratory - Chronic obstructive pulmonary disease		

Diagnosis Comments:

Notes for GP:

Investigations: XR Chest

Procedures:

Prescriptions:

Discharge Destination: Private Residence - Usual place of residence

Discharge Type: Discharged with no follow up

Referred To:

ED Clinical Notes:
Clinician Name: FY1 Kyle Tan
Time: 1213H

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Version 1

Page 1 of 3

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Presenting Complaint / Concern: Chest pain

History of Presenting Complaint / Concern:

Ongoing chest pain for many months, hasn't managed to get GP appointment, happens once every 1-2 week, sharp pain that can turn dull, lasting for about 1 hour each time. associated with difficulty breathing and breathing leads to pain. can radiate to the back between shoulder blades.

Difficulty breathing walking uphill of 30m, but SOB can also occur at rest. Patient sleeps with more pillows to perk up but this is long-term and done for comfort. Productive cough currently since Saturday, yellow sputum.

also reports having chills and sweats when these episodes happen.

no abdominal pain.

no LOC, no visual symptoms.

no urinary symptoms reported.

no bowel changes reported.

long-term right hand tingling sensation.

no paralysis, no new numbness.

Past Medical History: COPD, ex-IVDU stopped about 1 year ago, carpal tunnel syndrome, hypothyroid, previous HCV, previous groin abscess leading to pulmonary septic emboli in 2015

Drug History: as per ECS

Allergies: NKDA

Social History: smokes over 40 years and roughly 5 sticks a day, non-drinker, ex-IVDU

Focused Examination:

HS I+II+0, regular

Bilateral equal air entry, wheezy over right posterior lung base

Abdomen soft, non-tender, bowel sounds appreciated

Bilateral calves not erythematous, non-tender on palpation

Investigations: ECG - no dynamic changes in comparison to previous, sinus rhythm. CXR no consolidation.

WORKING DIAGNOSIS: AECOPD

Treatment Plan: discharge with antibiotics and worsening advice

Senior Clinician Review if Required: dr kirsty tonge

Tonge

Consultant review

Hx revisited.

Pleuritic chest pain for 2-3 days on the background of similar pain to this on and off over several months- not seen GP

Has felt 'flu' with a productive and worsening cough

Life long smoker- still smokes

Dx of COPD but not obviously under respiratory as of yet

Clinically well

No significant WOB

Chest- clear other than very very slight wheeze.

Afebrile, Sats 90% RA

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Version 1

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Physiologically well
Nil ECG changes

Calves soft
Not been injecting drugs for sometime and is now drug free.
Previous septic emboli whilst an injecting drug user but nil PE

CXR- nil gross- possibly something going on left base but occluded by breast shadow- no PTX

Clinically more in keeping with LRTI- nil red flags for PE

Can go home with abx and GP fu
Will return if significantly worsening sx

ED Nurse Notes:

Nursing Assessment/Social History - Lives alone independently.
Initial Interventions - Obs and ECG.
NEWS Score - 3, SpO2 - 90% on air.
Covid screen required - N
Nameband - Y white
No medication brought with patient
Pt accepts responsibility for belongings/valuables. - Y

EPallister

Yours sincerely

Emergency Department Ninewells Hospital

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Emergency Department Ninewells Hospital

S Bright
11645/1, Mill Practice
Arthursstone Medical Practice, 39 Arthursstone Terrace, Dundee
Dundee
DD4 6QY

Ninewells Hospital
Ninewells Drive
Dundee
DD2 1GZ

Dear Doctor

Ms Lisa Park
1/R 50 Provost Road
Dundee
DD3 8AH

Date of Birth: 07/08/1974
ACHI Number: 0708740049
ED Attendance Number: E0000683071
No. of Previous Attendances: 1
Occupation:
School:
Responsible Consultant: Dr Russell Duncan

The above patient attended the Emergency Department Ninewells Hospital on 24/01/2026 at 11:18 and was admitted on 24/01/2026 at 15:10. The letter has been collated by Nosheen Sughran.

Diagnosis:		
Description	Body Site	Laterality
ED diagnosis - Gastrointestinal - Gastritis		

Diagnosis Comments:

Notes for GP:

Investigations: Creatinine and Electrolytes
C-Reactive Protein
Full Blood Count

Procedures:

Prescriptions:

Discharge Destination: Admission to same NHS healthcare provider / hospital - A&E Ward

Discharge Type: Admitted

Referred To:

ED Clinical Notes:
R Hendry (Cons)

Created on 24/01/2026 15:11 by Mairead Reddick

Version 1

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Seen in ED and treated for infective exac COPD with ABX 24 hours ago
 Single episode of vomiting blood this morning, nil for several hours now. No malaena. Hx of poor appetite and vomiting after eating for years, some upper abdo pain a little worse now.
 Ongoing left anterior chest pain from coughing (worse on movement, coughing, tender to press)
 O/E slightly tender epigastrium but soft, no other tenderness
 Imp: ?gastritis. Single episode of haematemesis but otherwise well
 Plan: Bloods and a STAT 1L iv fluids. If Hb/urea/creat are all okay then I do not think she needs inpatient management and could get home from ED.

15:00

HR now normal

Bloods all acceptable (very slight CRP rise but already on ABX for her chest, Hb and Urea okay)

Feels a bit better after fluids

Plan: PVC out, can get a cup of tea then home

Dr. N Sughran

CF

Seen: 1300

PC: Vomiting blood

PMHx: ex-IVDU, COPD, PE

Allergies: NKDA

Meds: As per ECS

On assessment:

- Re-presented to ED with chest pain and new vomiting blood
- Treated for AECOPD with oral abx yesterday in ED
- Since discharge yesterday, has been vomiting and only managed to take 2 doses of abx
- Vomiting is not new but today at 10am had large amount of blood in vomit, only 1 episode and no vomit since then
- Has been vomiting clear fluid and food content prior
- Vomiting usually after food each time sometimes within few minutes or few hours later
- Not moved bowels for past few days and says this is normal for her as she does not eat much
- Denies: Abdominal pain, bowel/urinary symptoms, blood in stool/urine

On examination:

- Alert, Speaking in full sentences
- CVS: HS:I+II+0, Pulse: Regular, warm peripheries
- Chest: Clear bilaterally, no wheeze, no added sounds, no increased WOB, nil cyanosis
- Abdo: Soft, Tender at epigastric and LUQ, no mass felt, no guarding, no distension
- Calves: SNT

NEWS: RR:21, O2: 90%RA, HR: 104, BP: 156/136, T: 36.1

ECG: Nil acute, SR

Seen by Dr. R Hendry:

Plan:

- IVF
- Bloods-sent to lab

Bloods: Nil acute

Nil AKI, Nil raised Urea

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Version 1

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Repeat NEWS: RR:14, O2: 96%RA, HR: 66, BP: 97/67, T: 36.5

ED Nurse Notes:
RN C Stewart 1215hrs

Nursing Assessment/Social History
Stream 2 - represents with chest pain, seen yesterday with similar. C/o left chest pain, non-radiating, worse on deep breathing. Reports vomiting blood, nil seen in ED.

Independently mobile. No carers. Lives alone.

Initial Interventions
- NEWS 6 at triage, moved to stream 2
- repeat obs, NEWS down to 3
- 12 lead ECG
NEWS Score - 3, SpO2 93% on air (Known COPD), BP 101/60
Covid screen required - N
Nameband - Y white
Medication placed in appropriate bag
Pt accepts responsibility for belongings/valuables. - Y

14:05 IV fluids commenced as prescribed. Remains awaiting blood results for further plan.-SY

15:05 - TTransferred to the EDOU for a cup tea prior to getting home - Lisa plans to get a taxi home this afternoon.
MR

Yours sincerely

Emergency Department Ninewells Hospital

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Version 1

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Dundee Drug and Alcohol Recovery Service
NHS Tayside
Dundee Drug and Alcohol Recovery Service
NHS Tayside
Constitution House
55 Constitution Road
Dundee
DD1 1LB
sPrefPhoneNo
sPrefFax
www.nhstayside.scot.nhs.uk

Dr S Bright
Mill Practice
Arthurstone Medical Practice
39 Arthurstone Terrace
Dundee
DD4 6QY

Date	23/02/2026
Your Ref	
Our Ref	DDARS/ 0708740049
Enquiries to	:
Extension	Extension
Direct Line	DirectLine
Email	Email

Dear Dr Bright

Lisa Park, 1/R 50 Provost Road, Dundee, Angus, DD3 8AH DOB: 07/08/1974

Lisa has been discharged from DDARS having opted to cease Buvidal therapy. Lisa is currently stable with regards to former opioid dependence.

Date of discharge: 23/02/26

Consultant: Dr Cowden

Diagnosis: Opioid dependence

Management: Nil

Complications: Nil

Follow up: Nil

Yours sincerely,

A Blundell

Trainee Specialist Nurse

Authorised on 23/02/2026 15:20:27 by Alexander Blundell.

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Dundee Community COPD Service
Kings Cross Health and Community Care Centre
Clephington Road
Dundee
DD3 8EA
Tel: 01382 835151

Lisa Park
1/R 50 Provost Road
Dundee
Angus
DD3 8AH

Date	03/02/2026
Your Ref	0708740049
Our Ref	COPDIAW
Enquiries to	Secretary
Extension	71259
Direct Line	01382 835151

Dear Lisa Park

Lisa Park, 1/R 50 Provost Road, Dundee, Angus, DD3 8AH DOB: 07/08/1974

COPD Outpatient Review Appointment

An appointment has been made for you at the clinic noted below:

Clinic: COMMUNITY COPD REVIEW CLINIC

Date/Time: Wednesday 25th February 2026 at 14:45

Please report to: Lochee Health Centre, Marshall Street, Dundee, DD2 3BR

It is important that you please bring your SALBUTAMOL INHALER (Blue inhaler) and any other inhalers with you to the appointment.

If you wish to change or cancel your appointment please telephone 01382 835151

(D) Dr S Bright, Mill Practice, Arthurstone Medical Practice, 39 Arthurstone Terrace, Dundee, DD4 6QY

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S Bright
Mill Practice
Arthurstone Medical Practice
39 Arthurstone Terrace
Dundee
DD4 6QY

28/05/2026

Dear Colleague

Please see the following outcome from the vetting process.

Patient Name: Lisa Jane Park
CHI Number: 0708740049
Referral Date: 03/03/2026

Referral Source: General Practitioner

Referral Priority was: Routine
Vetted Priority is: Routine

RESP COMM ASSESSMENT

Vetted By: Respiratory - Community Nurses

Please note: If the vetting outcome is Redirecting Referral then the vetted by specialty will show as the redirected to specialty and not the specialty originally referred to.

Comment (Please add comments below for the referrer as required)

Yours sincerely



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Respiratory Medicine
Medicine Directorate
NHS Tayside
Kings Cross Health & Community Care Centre
Hospital Street Entrance
Dundee
DD3 8EA
sPrefPhoneNo
sPrefFax

Dr S Bright
Mill Practice
Arthurstone Medical Practice
39 Arthurstone Terrace
Dundee
DD4 6QY

Date 19/03/2026
Clinic Date
Your Ref
Our Ref COMMUNITY copd/ 0708740049
Enquiries to pamelia Falconer
Extension
Direct Line
Email

Dear Dr Bright

Lisa Park, 1/R 50 Provost Road, Dundee, Angus, DD3 8AH DOB: 07/08/1974**Lisa Park 0708740049**

Date of referral to service	26/0102026
Patient consented to treatment	Yes
Date of planned review at home or Clinic	25/02/26 Lochee Health Centre

Safety Netting	
COPD Voicemail Number given to patient 01332 346018	YES / NO
Patient aware to contact GP for non respiratory related problems.	YES / NO
Patient aware to contact NON Emergency Voicemail if requires earlier review.	YES / NO

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Date of initial phone call and name of Nurse	Kerry Andrews 27/01/2026
Summary of phone consultation	Spoke with Lisa on the phone this morning. She states she is not feeling much improvement since her A&E visit but does not feel this is an acute thing as her symptoms have been worsening over the past 5 months or so. I offered a housebound review for her next week which she declined the need for however states she is struggling to mobilise out of the house. She was adamant she wanted to attend Lochee clinic therefore I have appointed her there at the first available appointment in 4 weeks' time. Worsening advice given No complaints offered on ending call.

Situation

Lisa was referred to the COPD Discharge Service via A and E contact.

They were reviewed by the COPD discharge Service on 18/03/26 at Lochee assessment clinic by Pamela Falconer

Background

Pleuritic chest pain for 2-3 days on the background of similar pain to this on and off over several months- not seen

GP

Has felt 'fluey' with a productive and worsening cough

Life long smoker- still smokes

Dx of COPD but not obviously under respiratory as of yet

Readmitted 25/01/26 with one episode of hematemesis. Thought to be gastritis. Discharged following IV fluid replacement with no further treatment.

Past Medical History

COPD, ex- IVDU (stopped 12m ago), hypothyroid, previous HCV, previous groin abscess leading to pulmonary septic emboli (2015)

Exacerbation History

No recorded issue of antibiotics or steroids on portal at time of completion.

Relevant Respiratory Medications

Anoro Ellipta

Salbutamol

Recent Investigations

14/01/26 FBC - Hb 171 EO# 0.01

18/12/2026 - CXR

Comparison 16 October 2020

No lung lesion or consolidation

Mediastinum unremarkable

Small bibasal effusions

Social History

Lives alone with small puppy.

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Lives in first floor flat.
Independent with ADL.

Clinical face to face assessment

Clinical face to face assessment	18/03/26		
Carried out by	Pamela falconer		
Cough	Daily cough which is worse post smoking. Can be productive at times.		
Phlegm -Colour -Amount -Mucolytic	Occasionally aware of phlegm, not daily. Phlegm can be green in colour, describes a small amount.		
Wheeze	Aware of wheeze when going upstairs. Not at rest.		
Peripheral oedema	Non evident today: Can be prone to ankle swelling when on feet all day. Encouraged to keep elevated when able.		
Night-time disturbance	Poor sleep : struggling with menopause symptoms including hot flushes. Encouraged to make a routine GP appointment to discuss treatment option. Denies nocturnal respiratory symptoms.		
Medication concordance	Poor compliance with medication. Forgets to take levothyroxine medications. Has them laid out on table.		
Fluids and diet	Appetite poor : Tends to skips lunch. Discussed importance of increasing calories to maintain weight. Including full fat milk, cheese. 65 KGS wearing trainers and clothes today		
Smoking	Current smoker 50 gram lasting 11 days. Has cut back. Previously only lasted 7 days. Smokes cannabis daily.		
Anxiety/depression	Low mood : Longstanding. Is due to make an appointment with GP to review medication. Has been commenced trazodone, I note prompt on clinical portal that Lisa has to make a GP appointment to review.		
MRC	4 : Breathless with exertion. Manages ADL. Manages small walks with dog. Normally takes dog out into the back yard. Manages to collect shopping from local shops.		
Chest auscultation	Breath sounds heard throughout,		
Target SpO2%	93 %		
SpO2% at rest	99 %	SpO2% on exertion	99 %
Respiratory rate	16	Heart rate	77 regular
Temperature		Blood Pressure	94/68 and 92/64

Respiratory Care Bundle

	Discussed	Additional Details
Self-management action plan -CHSS traffic light COPD	x	SMP issued with explanation.
Rescue medications		
Smoking cessation	x	Discussed and signposted to local pharmacy for smoking cessation.
Pulmonary rehabilitation	x	Would prefer KXH in the afternoon if

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Home oxygen		possible.	
		Flow rate	lpm
Hand held fan			
Inhaler check: understanding, technique & optimised			

Supporting information for self-management

PIL on managing breathlessness	x	Information leaflet given with explanation.
PIL on chest clearance		
Non- Pharmacological interventions		

Future Care Planning if appropriate
(Please tick relevant boxes)

ACP	
ReSPECT	
DNA CPR	
PPS Score (If relevant)	

Supporting Referrals

Palliative Care	
CHSS – Hospital To Home	
Social Work	
Occupational Therapist	
DNs	
COPD Housebound Caseload	
Other	

Summary Of Face To Face Consultation

Lisa attended for her review appointment ten minutes late today. Lisa was apologetic.

Lisa reports that she has made a good recovery post recent infection. It was difficult to keep Lisa on track today. Lisa has several additional longstanding problems; I have encouraged Lisa to make a routine appointment with her GP to review.

Lisa states that she is more aware of her symptoms and cough post smoking. Unfortunately Lisa continues to smoke cannabis; I have sign-posted to local pharmacy, although Lisa is a happy smoker and has cut back with no plans to stop at present.

Lisa is not currently using her SABA inhaler regularly, I have suggested taking first thing in AM prior to taking her Anoro inhaler. Lisa forgot to bring her inhalers with her today to allow me to check her inhaler technique. I have went over when and how to use inhaler.

I have spent time today with Lisa going over breathlessness management strategies and have provided written information.

I have discussed the option of a referral to PR classes which Lisa is keen to engage with.

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All observations as charted above, BP hypertensive. No reported symptoms of dizziness.
Lisa was happy to sit and chat today.

Impression

Good recovery

Difficult to keep on track, several longterm problems which I have encouraged Lisa to make a routine appointment to discuss with GP.

Still smoking with no plans re cessation. Signposted to local pharmacy when ready.

Has purchased a small puppy, which ensures that Lisa is going out.

Wishing to engage with PR

Plan

Pr referral completed.

Discharged from our service. Not housebound.

Happy with plan and offered no new complaints today.

Yours Sincerely
Community COPD CNS Service

The Community COPD CNS Service is available Mon-Fri 8am - 4pm. For any queries, please contact: TAY.Dundeecopdservice@nhs.scot or voicemail **01382 346015 ext 55465**.

Kind regards,
Community COPD Nurse Team

Yours sincerely

Authorised on 19/03/2026 09:10:53 by Pamela Falconer.

Pamela Falconer

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Ms Lisa Park
2h McGill Street
Dundee
DD4 6PH

05 February 2020

Dear Ms Park

First Non Attended Appointment at Mill Practice, Arthursstone Medical Centre

I have been notified that you failed to attend an appointment with the practice today.

I am sure that you will appreciate that we are an extremely busy surgery. We are currently losing 350 to 400 GP and nurse consultations per month due to patients not turning up for their booked appointment. This level of non attendance is not sustainable and is a massive drain on our resources and disadvantages other patients.

Our policy is to issue a letter on each occasion of a patient turning up late or missing a booked appointment. It is our hope we can remind patients of their responsibilities to cancel appointments in good time if they cannot attend. We do require a minimum 30 minutes notification of a cancellation. If a patient misses 3 appointments in 6 months then we will remove them from the list. However if there are no further episodes within a 6 month period then we will zero the records. All non attended appointments are recorded in a patient's record.

I hope this is an isolated incident and I would encourage you to inform us in good time if you cannot attend any further appointments.

Yours sincerely

Dr T Johnston
On behalf of the GP Partners

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18 November 2019

Peter Kinghorn
Dundee North Law Office
101 Whitfield Drive
DUNDEE
DD4 0DX

Dear Mr Kinghorn

Re: Lisa Park 07/08/1974, 2h McGill Street, Dundee, DD4 6PH

Thank you for this letter regarding this patient.

I can confirm that she has a diagnosis of Anxiety and Depression and is on a methadone programme from Tayside Substance Misuse Service.

She joined the practice in September 2019, but I have reviewed her notes related back to April 2019. She was having a particularly difficult time as her father had recently died, and she had fallen out with her family. She has declared to us in the past that she doesn't like going out, and spends a lot of time at home. She is poorly motivated, gets easily anxious and cannot cope with social engagement.

She is on Mirtazepine as an antidepressant but has not improved enough currently to contemplate going back into a workplace. She simply would not cope with this and it may set her back with her recovery.

If you require any further information, please do not hesitate to contact me.

Many thanks,

Yours Sincerely,

Dr Angela Little

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11 October 2019

Peter Kinghorn
Dundee North Law Office
101 Whitfield Drive
DUNDEE
DD4 0DX

Dear Mr Kinghorn

Re: Lisa Park 07/08/1974, 2h McGill Street, Dundee, DD4 6PH

Lisa has a history of drug misuse which dates back to around 1995. She is currently on Methadone but is quite stable on this. She previously lived with her father and unfortunately he died and she is now living independently in her own flat.

Her other medical problems include depression, empyema, pulmonary embolism and hypothyroidism and carpal tunnel syndrome.

She is currently on an antidepressant and is often vomiting and has been on medication for vomiting as well. Now that she is more stable it is important to help sustain her in the community so she can manage her life without needing recreation drugs.

Yours sincerely

Dr M Kennedy