

**Dr Bruce W McMaster, Dr Kenneth L Brooksbank & Dr Laura L McKelvey**

The Health Centre  
Girvan Community Hospital  
GIRVAN  
KA26 9HQ

Tel. (01465) 713343  
Fax. (01465) 716424

HM/AF

Tuesday, 12 December 2023

Dr Jacqueline Scott  
Consultant Psychiatrist  
Adult Mental Health Services  
Ailsa Hospital  
Dalmellington Road  
AYR  
KA6 6AB

Dear Dr Scott

**Re: Gary Dorricott 22 Glendoune Street, Girvan, KA26 0AB D.O.B. 08/07/1989  
CHI:0807890030 Tel: 01465 710085**

Just a brief letter to update you about Gary.

As you know he has a somewhat volatile personality and he certainly exhibits significant anger control issues. He has in the past been tried on a number of anti-psychotic agents and with diazepam which he is unhappy taking as he says it makes him feel like a zombie. He did give a history of ADHD as a child and looking through his old notes I see he was at one time treated with Ritalin.

Whilst it was slightly off protocol I did agree to a trial of Ritalin dependent on him attending the surgery on a regular basis and also dependent on your concurrence that this a reasonable course of action in his case. Up to now on commencing the drug, he appears more focused and calm and has certainly managed to attend his review appointments.

Currently the dose prescribed is 5mg methylphenidate 3 times a day, occasionally increasing to 10mg if he is facing something of significant challenge or stress. This modest dose seems to be making a difference to him and again with your concurrence I would be happy to continue his prescription.

Past Medical History:

	Details

Active	
20/11/2023	DNA hospital appointment
19/09/2023	Total notes on computer
29/08/2023	Injection given
12/07/2023	Nuclear magnetic resonance
26/01/2022	Patient failed to respond to appointment opt-in letter
27/08/2021	Magnetic resonance imaging of knee (Right)
27/08/2021	Patient self discharge
27/08/2021	Examination of joint under anaesthesia
27/08/2021	Internal fixation of bone NEC
23/08/2021	[SO]Posterior cruciate ligament (Right)
23/08/2021	Open fracture of tibia and fibula, unspecified part, NOS (Left)
23/08/2021	Motor vehicle traffic accidents (MVTA)
23/08/2021	Emergency hospital admission
17/11/2004	Fracture of upper limb
08/01/1999	[X]Attention deficit hyperactivity disorder
15/08/1993	Epilepsy
13/08/1993	[D]Convulsions, febrile
01/11/1991	[D]Convulsions, febrile
25/10/1990	[D]Convulsions, febrile
14/07/1990	[D]Convulsions, febrile

Yours sincerely



**Dr Haldane Maxwell**

Hospital use only	Clinic	Day Date	Time	Hospital No.
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<b>Transport required?</b>
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Unique Care Pathway Number: 1010390103500

**REFERRAL LETTER**  
MEDICAL IN CONFIDENCE

**CHI:0807890030**

<b>REFERRAL TO</b>	
Respiratory MedicineAQ AA Respiratory	Ethnic Origin (White) Scottish
University Hospital Ayr Dalmellington Road Ayr KA6 6DX	Language interpreter req'd -
	Religion -
	<b>Religious Observance</b> -
	Vision impairment -
	Hearing impairment -
	Sign language interpreter req'd. -
<b>Urgency of referral</b>	<b>Routine</b>
<b>Date of referral</b>	<b>09-Feb-2026</b>
<b>Date submitted</b>	<b>09-Feb-2026</b>

<b>PATIENT DETAILS</b>		<b>Patient's address</b>
<b>Surname</b>	Dorriccott	18 Hawkhill Road OLD DAILLY KA26 9RD
<b>Forename(s)</b>	Gary	
<b>Title</b>	-	
<b>Sex</b>	Male	
<b>Date of birth</b>	08-Jul-1989	
<b>CHI no.</b>	0807890030	
		Contact number(s)
		Voice: 01465 710085 07454636473

<b>REGISTERED GP DETAILS</b>		<b>Practice address</b>		
<b>Name</b>	Dr Kenneth L Brooksbank	Health Centre Girvan Community Hospital GIRVAN Ayrshire		
<b>GMC code</b>	4186731		<b>GP code</b>	24716
<b>Practice name</b>	Girvan Riverside Med Ptce			
<b>Practice code</b>	80274			
			Contact number(s)	
		Voice: 01465713343 Facsimile: 01465716424		

<b>REFERRING PRACTITIONER DETAILS</b>		<b>Practice address</b>		
<b>Name</b>	Dr. Bruce McMaster	Girvan Community Hospital Bridgemill Girvan KA26 9HQ		
<b>GMC code</b>	2956158		<b>GP code</b>	23302
<b>Practice name</b>	Drs McMaster, Brooksbank & McKelvey (80274)			
<b>Practice code</b>	80274			
			Contact number(s)	
		Voice: 01465 713 343		

**CLINICAL INFORMATION****History of presenting complaint / examination findings / investigation results****Presenting complaint**

Description: See Below

Comment: I am referring this 36 year old man for consideration of sleep studies as I think he may be suffering from Obstructive Sleep Apnoea.

He reports severe daytime sleepiness affecting his quality of life. He has been falling asleep throughout the day and has been falling asleep during conversations with others. His Epworth Sleepiness Scale score is 19. He is a lifelong snorer and his partner reports hearing apnoeic episodes when he stops breathing throughout the night. He believes his sleep quality is poor other than this likely due to GERD as well as to life stressors such as recent bereavement and a young child.

I have discussed his high BMI as an increased risk for this and how weight loss could potentially improve his symptoms. His medication and past medical history is as listed below.

Many thanks.

Dr Catherine Bergin  
FY2

Our Ref: CB/AF

**Examinations and Investigations**

Ex smoker: 15-Jan-2010 00:00

Teetotaller: Disease: SPICE Basic Health Values, priority=2 22-Aug-2005 00:00

**Reason for referral**

Care type requested: Out Patient

Expected outcome: Not Specified

**Past medical history****Pre-existing conditions**

<u>Description</u>	<u>Laterality</u>	<u>Modifier</u>	<u>Extension</u>	<u>Date of onset</u>	<u>Recorded Date</u>
[V]Mental and behavioural problems	-	-	-	25-Nov-2021	25-Nov-2021
Motor vehicle traffic accidents (MVTA)	-	-	-	23-Aug-2021	23-Aug-2021
Open fracture of tibia and fibula, unspecified part, NOS (Left)	Left	-	Open # (L) Tibia - grade I open fracture left tibia - see docman	23-Aug-2021	23-Aug-2021
Fracture of upper limb	-	-	# neck of 5th metacarpal	17-Nov-2004	17-Nov-2004
[X]Attention deficit hyperactivity disorder	-	-	-	08-Jan-1999	08-Jan-1999
Epilepsy	-	-	-	15-Aug-1993	15-Aug-1993
[D]Convulsions, febrile	-	-	? erythema infectiosum	13-Aug-1993	13-Aug-1993
[D]Convulsions, febrile	-	-	-	01-Nov-1991	01-Nov-1991
[D]Convulsions, febrile	-	-	secondary to tonsillitis	25-Oct-1990	25-Oct-1990
[D]Convulsions, febrile	-	-	x2 - secondary to otitis media	14-Jul-1990	14-Jul-1990

**Past procedures**

<u>Description</u>	<u>Laterality</u>	<u>Modifier</u>	<u>Comments</u>	<u>Date performed</u>	<u>Recorded Date</u>
Plain X-ray elbow (Left)	Left	-	- see docman	29-Apr-2025	29-Apr-2025
Arthroscopic subacromial				14-Mar-	14-Mar-

decompression (Right)	Right	-	under GA - see docman	2025	2025
Injection given	-	-	(by Advanced Physiotherapy Practitioner) 40mg of Kenalog and 4ml of 1% Lidocaine - see docman	17-Jul-2024	17-Jul-2024
Injection given	-	-	(by Advanced Physiotherapy Practitioner) 40mg of Kenalog and 4ml 1% Lidocaine into subacromial space - see docman	27-Feb-2024	27-Feb-2024
Injection given	-	-	(by Advanced Physiotherapist Practitioner) 40mg of Kenalog and 4ml of 1% Lidocaine to right subacromial space under ultrasound guidance - see docman	29-Aug-2023	29-Aug-2023
Nuclear magnetic resonance	-	-	- MRI: in cervical spine has shown a C4/5 disc osteophyte complex and causes moderate degeneration and moderate severe right foraminal stenosis. Likewise at the C6/7 level there is a bro- TRUNCATED	12-Jul-2023	12-Jul-2023
Internal fixation of bone NEC	-	-	- open reduction and internal fixation left tibial fracture - see docman	27-Aug-2021	27-Aug-2021
Examination of joint under anaesthesia	-	-	(right knee) - see docman	27-Aug-2021	27-Aug-2021
Patient self discharge	-	-	against medical advice - see docman	27-Aug-2021	27-Aug-2021
Magnetic resonance imaging of knee (Right)	Right	-	- see docman	27-Aug-2021	27-Aug-2021
Emergency hospital admission	-	-	Admitted Ayr Hospital - Station 10 - MBA - Open # (L) Tibia	23-Aug-2021	23-Aug-2021
[SO]Posterior cruciate ligament (Right)	Right	-	- significant ligamentous to right knee where he has damaged his posterior cruciate ligament and the posterolateral corner - see docman	23-Aug-2021	23-Aug-2021
Nuclear magnetic resonance	-	-	MRI spine showed only minor disc bulges in L3-L5 - see docman	31-Mar-2016	31-Mar-2016

**Current medication** (Active Repeat medication issued within the last 12 months)

<u>Drug name</u>	<u>BNF code</u>	<u>Formulation</u>	<u>Dosage</u>	<u>Frequency</u>	<u>Course started</u>	<u>Duration</u>	<u>Last Prescribed Date</u>
Lansoprazole Capsules (Gastro-Resistant) 30 mg	0103050L0AAAAAA	56 capsule	ONE TO BE TAKEN EACH DAY	-	24-Oct-2025	-	24-Oct-2025
Aripiprazole Tablets 10 mg	-	56 tablet	ONE TO BE TAKEN AT NIGHT	-	25-Apr-2025	-	24-Oct-2025
Meloxicam Tablets 15 mg	1001010AAAAABAB	30 TABLET	ONE TO BE TAKEN DAILY	-	28-May-2024	-	24-Oct-2025
Co-Codamol 30/500 Tablets	0407010F0AAAHAH	100 TABLET	TWO TO BE TAKEN FOUR TIMES A DAY WHEN REQUIRED	-	28-May-2024	-	24-Oct-2025
Duloxetine Gastro-resistant Capsules 60 mg	-	28 CAPSULE	ONE TO BE TAKEN TWICE A DAY	-	28-May-2024	-	24-Oct-2025
Ritalin Tablets 10 mg	0404000M0BBAAAA	90 tablet	ONE TO BE TAKEN THREE TIMES A DAY	-	27-Feb-2024	-	06-Feb-2026
Gabapentin Capsules 300 mg	0408010G0AAABAB	56 CAPSULE	TWO TO BE TAKEN AT NIGHT	-	29-Jan-2024	-	24-Oct-2025

**Recent medication** (Any medication issued within last 90 days not shown above)

<u>Drug name</u>	<u>BNF code</u>	<u>Formulation</u>	<u>Dosage</u>	<u>Frequency</u>	<u>Course started</u>	<u>Duration</u>	<u>Last Prescribed Date</u>
Co-Codamol 30/500 Caplets	0407010F0AAAHAH	100 tablet	TWO TO BE TAKEN FOUR TIMES A DAY WHEN REQUIRED	-	06-Feb-2026	12 Days	06-Feb-2026
Omeprazole Capsules (Gastro-Resistant) 20 mg	0103050P0AAAGAG	28 capsule	ONE TO BE TAKEN EACH DAY	-	06-Feb-2026	28 Days	06-Feb-2026
Peptac Liquid (peppermint)	-	500 ml	10ML AS REQUIRED	-	06-Feb-2026	42 Days	06-Feb-2026
Diazepam Tablets 2 mg	0401020K0AAAHAH	15 TABLET	ONE TO BE TAKEN THREE TIMES A DAY	-	09-Dec-2025	76 Days	12-Jan-2026

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**Clinical warnings**

**Lifestyle risks**  
Exercise status: Not Known

Smoking status: 

Number per day 0 (ex-smoker)
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      Alcohol consumption: 

Units per day 0 (teetotaler)
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**Additional relevant information**

**Administrative information**  
Referred By:Registered GP

**Social circumstances**

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**Signature** of referring doctor (or other professional)      **Date**

Hospital use only	Clinic	Day Date	Time	Hospital No.
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Transport required?

Unique Care Pathway Number: 101034467129E

**REFERRAL LETTER**  
MEDICAL IN CONFIDENCE

**CHI:0807890030**

**REFERRAL TO**

Trauma and Orthopaedic SurgeryC8  
AA Gen Ref - PMH Med & High

Ethnic Origin

(White) Scottish

Language interpreter req'd

-

Religion

-

**Religious Observance**

-

Vision impairment

-

Hearing impairment

-

Sign language interpreter req'd.

-

University Hospital Ayr  
Dalmellington Road  
Ayr  
KA6 6DX

**Urgency of referral**

**Routine**

**Date of referral**

**11-Oct-2024**

**Date submitted**

**11-Oct-2024**

**PATIENT DETAILS**

**Surname**

Dorriccott

**Forename(s)**

Gary

Title

-

Sex

Male

**Date of birth**

08-Jul-1989

CHI no.

0807890030

**Patient's address**

18 Hawkhill Road  
OLD DAILLY  
KA26 9RD

Contact number(s)

Voice: 710085

Voice: 07454636473

**REGISTERED GP DETAILS**

**Name**

Dr Kenneth L Brooksbank

GMC code

4186731

GP code

24716

Practice name

Girvan Riverside Med Ptce

Practice code

80274

**Practice address**

Health Centre  
Girvan Community Hospital  
GIRVAN  
Ayrshire

Contact number(s)

Voice: 01465713343

Facsimile: 01465716424

**REFERRING PRACTITIONER DETAILS**

**Name**

Dr. Kenneth Brooksbank

GMC code

4186731

GP code

24716

Practice name

Drs McMaster, Brooksbank & McKelvey  
(80274)

Practice code

80274

**Practice address**

Girvan Community Hospital  
Bridgemill  
Girvan  
KA26 9HQ

Contact number(s)

Voice: 01465 713 343

**CLINICAL INFORMATION****History of presenting complaint / examination findings / investigation results****Presenting complaint**

Description: Right Shoulder Pain

Comment: I wonder if you could see Gary for me. He has had persistent shoulder pain and has now had multiple cortisone injections into his shoulder. He was advised in July 24 that if his pain doesn't settle then he will need a shoulder decompression . I believe he has already had MRI scans etc in his notes. Many thanks.

Dr Stewart McMinn  
Locum GP  
Our Ref: SMcM/MC

**Examinations and Investigations**

Ex smoker: 15-Jan-2010 00:00

Teetotaller: Disease: SPICE Basic Health Values, priority=2 22-Aug-2005 00:00

**Reason for referral**

Care type requested: Out Patient

Expected outcome: Not Specified

**Past medical history****Pre-existing conditions**

<u>Description</u>	<u>Laterality</u>	<u>Modifier</u>	<u>Extension</u>	<u>Date of onset</u>	<u>Recorded Date</u>
Viral warts	-	-	-	10-Oct-2024	10-Oct-2024
Lateral epicondylitis of the elbow (Left)	-	-	-	10-Oct-2024	10-Oct-2024
[V]Mental and behavioural problems	-	-	-	25-Nov-2021	25-Nov-2021
Motor vehicle traffic accidents (MVTA)	-	-	-	23-Aug-2021	23-Aug-2021
Open fracture of tibia and fibula, unspecified part, NOS (Left)	Left	-	Open # (L) Tibia - grade I open fracture left tibia - see docman	23-Aug-2021	23-Aug-2021
Fracture of upper limb	-	-	# neck of 5th metacarpal	17-Nov-2004	17-Nov-2004
[X]Attention deficit hyperactivity disorder	-	-	-	08-Jan-1999	08-Jan-1999
Epilepsy	-	-	-	15-Aug-1993	15-Aug-1993
[D]Convulsions, febrile	-	-	? erythema infectiosum	13-Aug-1993	13-Aug-1993
[D]Convulsions, febrile	-	-	-	01-Nov-1991	01-Nov-1991
[D]Convulsions, febrile	-	-	secondary to tonsillitis	25-Oct-1990	25-Oct-1990
[D]Convulsions, febrile	-	-	x2 - secondary to otitis media	14-Jul-1990	14-Jul-1990

**Past procedures**

<u>Description</u>	<u>Laterality</u>	<u>Modifier</u>	<u>Comments</u>	<u>Date performed</u>	<u>Recorded Date</u>
Injection given	-	-	(by Advanced Physiotherapy Practitioner) 40mg of Kenalog and 4ml of 1% Lidocaine - see docman	17-Jul-2024	17-Jul-2024
Injection given	-	-	(by Advanced Physiotherapy Practitioner) 40mg of Kenalog and 4ml 1% Lidocaine into subacromial space - see docman	27-Feb-2024	27-Feb-2024
Injection given	-	-	(by Advanced Physiotherapist Practitioner) 40mg of Kenalog and 4ml of 1% Lidocaine to right subacromial space under ultrasound guidance - see docman	29-Aug-2023	29-Aug-2023

Nuclear magnetic resonance	-	-	- MRI - see docman			12-Jul-2023	12-Jul-2023
Internal fixation of bone NEC	-	-	- open reduction and internal fixation left tibial fracture - see docman			27-Aug-2021	27-Aug-2021
Examination of joint under anaesthesia	-	-	(right knee) - see docman			27-Aug-2021	27-Aug-2021
Patient self discharge	-	-	against medical advice - see docman			27-Aug-2021	27-Aug-2021
Magnetic resonance imaging of knee (Right)	Right	-	- see docman			27-Aug-2021	27-Aug-2021
Emergency hospital admission	-	-	Admitted Ayr Hospital - Station 10 - MBA - Open # (L) Tibia			23-Aug-2021	23-Aug-2021
[SO]Posterior cruciate ligament (Right)	Right	-	- significant ligamentous to right knee where he has damaged his posterior cruciate ligament and the posterolateral corner - see docman			23-Aug-2021	23-Aug-2021
Nuclear magnetic resonance	-	-	MRI spine showed only minor disc bulges in L3-L5 - see docman			31-Mar-2016	31-Mar-2016
<b>Current medication</b> (Active Repeat medication issued within the last 12 months)							
<u>Drug name</u>	<u>BNF code</u>	<u>Formulation</u>	<u>Dosage</u>	<u>Frequency</u>	<u>Course started</u>	<u>Duration</u>	<u>Last Prescribed Date</u>
Co-Codamol 30/500 Tablets	0407010F0AAAHAH	100 TABLET	TWO TO BE TAKEN FOUR TIMES A DAY WHEN REQUIRED	-	28-May-2024	-	10-Oct-2024
Duloxetine Gastro-resistant Capsules 60 mg	-	28 CAPSULE	ONE TO BE TAKEN TWICE A DAY	-	28-May-2024	-	10-Oct-2024
Meloxicam Tablets 15 mg	1001010AAAAABAB	30 TABLET	ONE TO BE TAKEN DAILY	-	28-May-2024	-	10-Oct-2024
Zerobase Cream 11 %	-	500 gram	AS REQUIRED	-	28-May-2024	-	10-Oct-2024
Ritalin Tablets 10 mg	0404000M0BBAAAA	90 tablet	ONE TO BE TAKEN THREE TIMES A DAY	-	27-Feb-2024	-	10-Oct-2024
Gabapentin Capsules 300 mg	0408010G0AAABAB	28 capsule	ONE TO BE TAKEN AT NIGHT	-	29-Jan-2024	-	10-Oct-2024
<b>Recent medication</b> (Any medication issued within last 90 days not shown above)							
<u>Drug name</u>	<u>BNF code</u>	<u>Formulation</u>	<u>Dosage</u>	<u>Frequency</u>	<u>Course started</u>	<u>Duration</u>	<u>Last Prescribed Date</u>
Aripiprazole Tablets 5 mg	-	28 tablet	ONE TO BE TAKEN EACH MORNING	-	10-Oct-2024	28 Days	10-Oct-2024
Gabapentin Capsules 100 mg	0408010G0AAAAAA	84 CAPSULE	ONE TO BE TAKEN THREE TIMES A DAY	-	10-Oct-2024	28 Days	10-Oct-2024
Aripiprazole Tablets 10 mg	-	28 tablet	ONE TO BE TAKEN AT NIGHT	-	10-Oct-2024	28 Days	10-Oct-2024
Ralvo Medicated Plaster 700 mg	-	60 PLASTER	APPLY 2 TO AFFECTED AREAS. 12 HOURS ON 12 HOURS OFF	-	10-Oct-2024	42 Days	10-Oct-2024

Aripiprazole Tablets 5 mg	-	14 tablet	ONE TO BE TAKEN EACH MORNING	-	08-Aug- 2024	42 Days	08-Aug- 2024
Aripiprazole Tablets 10 mg	-	14 tablet	ONE TO BE TAKEN AT NIGHT	-	08-Aug- 2024	42 Days	08-Aug- 2024
<b>Clinical warnings</b>				Smoking status	Alcohol consumption		
<b>Lifestyle risks</b> Exercise status: Not Known				Number per day ? (not known)	Units per day ? (not known)		
<b>Additional relevant information</b>							
<b>Administrative information</b> Referred By:Registered GP							
<b>Social circumstances</b>							

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**Signature** of referring doctor (or other professional) **Date**

Hospital use only	Clinic	Day Date	Time	Hospital No.
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**Transport required?**

Unique Care Pathway Number: 1010317052342

**REFERRAL LETTER**  
MEDICAL IN CONFIDENCE

**CHI:0807890030**

<b>REFERRAL TO</b>	
Multiple/Other JointR5A3 AA Multiple - Other Joint	Ethnic Origin (White) Scottish
	Language interpreter req'd -
	Religion -
	<b>Religious Observance</b> -
Musculoskeletal Triage and Treatment NHS Ayrshire & Arran	Vision impairment -
	Hearing impairment -
	Sign language interpreter req'd. -
<b>Urgency of referral</b>	<b>Routine</b>
<b>Date of referral</b>	<b>21-Dec-2023</b>
<b>Date submitted</b>	<b>22-Dec-2023</b>

<b>PATIENT DETAILS</b>		<b>Patient's address</b>
<b>Surname</b>	Dorriccott	22 Glendoune Street Girvan KA26 0AB
<b>Forename(s)</b>	Gary	
<b>Title</b>	-	
<b>Sex</b>	Male	
<b>Date of birth</b>	08-Jul-1989	
<b>CHI no.</b>	0807890030	Contact number(s) Voice: 710085

<b>REGISTERED GP DETAILS</b>		<b>Practice address</b>		
<b>Name</b>	Dr Kenneth L Brooksbank	Health Centre Girvan Community Hospital GIRVAN Ayrshire		
<b>GMC code</b>	4186731		<b>GP code</b>	24716
<b>Practice name</b>	Girvan Riverside Med Ptce			
<b>Practice code</b>	80274			
		Contact number(s) Voice: 01465713343 Facsimile: 01465716424		

<b>REFERRING PRACTITIONER DETAILS</b>		<b>Practice address</b>		
<b>Name</b>	Dr. Bruce McMaster	Girvan Community Hospital Bridgemill Girvan KA26 9HQ		
<b>GMC code</b>	2956158		<b>GP code</b>	23302
<b>Practice name</b>	Drs McMaster, Brooksbank & McKelvey (80274)			
<b>Practice code</b>	80274			
		Contact number(s) Voice: 01465 713 343		

**CLINICAL INFORMATION****History of presenting complaint / examination findings / investigation results****Presenting complaint**

Description: FAO Iain Cowie, Extended Scope Physiotherapist

Comment: You saw this gentleman in August and injected his shoulder and Gary reports he has had a fairly good response. He now reports that the pain is recurring in his shoulder with increasing restriction in movement once more and he is concerned as to what further may need to be done. I note from your previous letter you had suggested that you would review him following the initial injection and Gary said that you had talked about surgery as a potential option for management.

Gary has been in a difficult place mentally and has been somewhat chaotic. He has missed a number of review appointments and has lost some letters, that occurring when he had to move out the house he shared with his girlfriend, so he has no idea whether he had a further appointment or not with you. I would therefore be grateful if you could re-appoint him to your clinic and offer guidance as to what should be done in the more long term as well as the short term.

Many thanks.

Dr Haldane Maxwell  
Locum GP

Our Ref: HM/AF

**Examinations and Investigations**

Ex smoker: 15-Jan-2010 00:00

Teetotaller: Disease: SPICE Basic Health Values, priority=2 22-Aug-2005 00:00

**Reason for referral**

Care type requested: Out Patient

Expected outcome: Not Specified

**Past medical history****Pre-existing conditions**

<u>Description</u>	<u>Laterality</u>	<u>Modifier</u>	<u>Extension</u>	<u>Date of onset</u>	<u>Recorded Date</u>
[V]Mental and behavioural problems	-	-	-	25-Nov-2021	25-Nov-2021
Motor vehicle traffic accidents (MVTA)	-	-	-	23-Aug-2021	23-Aug-2021
Open fracture of tibia and fibula, unspecified part, NOS (Left)	Left	-	Open # (L) Tibia - grade I open fracture left tibia - see docman	23-Aug-2021	23-Aug-2021
Fracture of upper limb	-	-	# neck of 5th metacarpal	17-Nov-2004	17-Nov-2004
[X]Attention deficit hyperactivity disorder	-	-	-	08-Jan-1999	08-Jan-1999
Epilepsy	-	-	-	15-Aug-1993	15-Aug-1993
[D]Convulsions, febrile	-	-	? erythema infectiosum	13-Aug-1993	13-Aug-1993
[D]Convulsions, febrile	-	-	-	01-Nov-1991	01-Nov-1991
[D]Convulsions, febrile	-	-	secondary to tonsillitis	25-Oct-1990	25-Oct-1990
[D]Convulsions, febrile	-	-	x2 - secondary to otitis media	14-Jul-1990	14-Jul-1990

**Past procedures**

<u>Description</u>	<u>Laterality</u>	<u>Modifier</u>	<u>Comments</u>	<u>Date performed</u>	<u>Recorded Date</u>
Injection given	-	-	(by Advanced Physiotherapist Practitioner) 40mg of Kenalog and 4ml of 1% Lidocaine to right subacromial space under ultrasound guidance - see docman	29-Aug-2023	29-Aug-2023

Nuclear magnetic resonance	-	-	- MRI - see docman	12-Jul-2023	12-Jul-2023
Internal fixation of bone NEC	-	-	- open reduction and internal fixation left tibial fracture - see docman	27-Aug-2021	27-Aug-2021
Examination of joint under anaesthesia	-	-	(right knee) - see docman	27-Aug-2021	27-Aug-2021
Patient self discharge	-	-	against medical advice - see docman	27-Aug-2021	27-Aug-2021
Magnetic resonance imaging of knee (Right)	Right	-	- see docman	27-Aug-2021	27-Aug-2021
Emergency hospital admission	-	-	Admitted Ayr Hospital - Station 10 - MBA - Open # (L) Tibia	23-Aug-2021	23-Aug-2021
[SO]Posterior cruciate ligament (Right)	Right	-	- significant ligamentous to right knee where he has damaged his posterior cruciate ligament and the posterolateral corner - see docman	23-Aug-2021	23-Aug-2021
Nuclear magnetic resonance	-	-	MRI spine showed only minor disc bulges in L3-L5 - see docman	31-Mar-2016	31-Mar-2016

**Current medication** (Active Repeat medication issued within the last 12 months)

No current medications recorded

**Recent medication** (Any medication issued within last 90 days not shown above)

<u>Drug name</u>	<u>BNF code</u>	<u>Formulation</u>	<u>Dosage</u>	<u>Frequency</u>	<u>Course started</u>	<u>Duration</u>	<u>Last Prescribed Date</u>
Methylphenidate Hydrochloride Tablets 10 mg	0404000M0AAAAAA	30 tablet	HALF A TABLET THREE TIMES A DAY	-	21-Dec-2023	42 Days	21-Dec-2023
Peptac Liquid (peppermint)	-	500 ML	10-20MLS AFTER MEALS AND AT BEDTIME	-	21-Dec-2023	42 Days	21-Dec-2023
Ibuprofen Gel 10 %	-	100 gram	APPLY TO AFFECTED PART AS REQUIRED	-	08-Dec-2023	42 Days	08-Dec-2023
Methylphenidate Hydrochloride Tablets 10 mg	0404000M0AAAAAA	30 tablet	HALF A TABLET THREE TIMES A DAY	-	23-Nov-2023	20 Days	23-Nov-2023
Diazepam Tablets 2 mg	0401020K0AAAHAH	28 tablet	ONE TO BE TAKEN THREE TIMES A DAY	-	25-Oct-2023	9 Days	25-Oct-2023
Gabapentin Capsules 300 mg	0408010G0AAABAB	28 capsule	ONE TO BE TAKEN AT NIGHT	-	25-Oct-2023	50 Days	16-Nov-2023
Co-Codamol 30/500 Tablets	0407010F0AAAHAH	100 TABLET	TWO TO BE TAKEN FOUR TIMES A DAY WHEN REQUIRED	-	17-Oct-2023	72 Days	16-Nov-2023
Meloxicam Tablets 15 mg	1001010AAAAABAB	30 TABLET	ONE TO BE TAKEN DAILY	-	17-Oct-2023	72 Days	16-Nov-2023
Ralvo Medicated Plaster 700 mg	-	60 patch	APPLY 2 DAILY	-	17-Oct-2023	72 Days	16-Nov-2023
Ketoprofen Gel 2.5 %	100302010AAAAAA	100 gram	TO BE USED TWICE A DAY	-	17-Oct-2023	72 Days	16-Nov-2023
Duloxetine Gastro-resistant Capsules 60 mg	-	28 capsule	1 Cap Daily	-	17-Oct-2023	72 Days	16-Nov-2023
Diazepam Tablets			ONE TO BE		17-Oct-		16-Nov-

2 mg	0401020K0AAHAH	15 TABLET	TAKEN THREE TIMES A DAY	-	2023	72 Days	2023
<b>Clinical warnings</b>				Smoking status		Alcohol consumption	
<b>Lifestyle risks</b> Exercise status: Not Known				Number per day 0 (ex-smoker)		Units per day 0 (teetotaler)	
<b>Additional relevant information</b>							
<b>Administrative information</b> Referred By:Registered GP							
<b>Social circumstances</b>							

_____	
<b>Signature</b> of referring doctor (or other professional)	<b>Date</b>

Hospital use only	Clinic	Day Date	Time	Hospital No.
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<b>Transport required?</b>
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Unique Care Pathway Number: 101029905420Q

**REFERRAL LETTER**  
MEDICAL IN CONFIDENCE

CHI:0807890030

<b>REFERRAL TO</b>	
Community Mental Health Services - South G1AE AA Adult Mental Health	Ethnic Origin (White) Scottish
	Language interpreter req'd -
	Religion -
	<b>Religious Observance</b> -
Community Mental Health Services - Adult NHS Ayrshire & Arran	Vision impairment -
	Hearing impairment -
	Sign language interpreter req'd. -
<b>Urgency of referral</b>	<b>Routine</b>
<b>Date of referral</b>	<b>15-Jun-2023</b>
<b>Date submitted</b>	<b>16-Jun-2023</b>

<b>PATIENT DETAILS</b>		<b>Patient's address</b>
<b>Surname</b>	Dorriccott	22 Glendoune Street Girvan KA26 0AA
<b>Forename(s)</b>	Gary	
<b>Title</b>	-	
<b>Sex</b>	Male	
<b>Date of birth</b>	08-Jul-1989	
<b>CHI no.</b>	0807890030	Contact number(s)
		Voice: 710085

<b>REGISTERED GP DETAILS</b>		<b>Practice address</b>		
<b>Name</b>	Dr Kenneth L Brooksbank	Health Centre Girvan Community Hospital GIRVAN Ayrshire		
<b>GMC code</b>	4186731		<b>GP code</b>	24716
<b>Practice name</b>	Girvan Riverside Med Ptce			
<b>Practice code</b>	80274			
		Contact number(s)		
		Voice: 01465713343 Facsimile: 01465716424		

<b>REFERRING PRACTITIONER DETAILS</b>		<b>Practice address</b>		
<b>Name</b>	Dr. Kenneth Brooksbank	Girvan Community Hospital Bridgemill Girvan KA26 9HQ		
<b>GMC code</b>	4186731		<b>GP code</b>	24716
<b>Practice name</b>	Drs McMaster, Brooksbank & McKelvey (80274)			
<b>Practice code</b>	80274			
		Contact number(s)		
		Voice: 01465 713 343		

**CLINICAL INFORMATION****History of presenting complaint / examination findings / investigation results****Presenting complaint**

Description: 1. Childhood ADHD 2. Ongoing mood swings with thoughts of self harm

Comment: I would be grateful if you would see this gentleman. His current address is 22 Glendoune Street, Girvan having previously been registered at 27A Knockcushan Street, Girvan. He has a long history of childhood psychiatric illness, having been diagnosed as having ADHD and spend around 6 or 7 years on methylphenidate. He has had a diagnosis confirmed of ADHD along with severe emotional stress, following prolonged adversity in his life. He is very close to his foster mum, having previously been homeless as a child. He stopped methylphenidate in school as he felt it was sedating him and he has struggled over the last few years.

He describes extreme mood swings with angry outbursts and I have had a number of difficult phone calls with him when he goes off in tangents and gets very distressed and angry. He describes highs and lows. The other day he described wishing to drive his car into an oncoming lorry but managed to stop doing this. He has had previous antidepressant therapy. He gets extremely agitated and can at times be verbally abusive when his emotions take over.

He has recently had ongoing difficulties with physiotherapy following a diagnosis of a shoulder and neck injury for which he is awaiting an MRI. He has also had a left tibial fracture with open reduction and internal fixation after a motor vehicle accident in 2021. He has taken a long time to recover from this and has had an impact on his mental health.

There is no substance misuse but he has been a frequent non attender when given appointments with yourself.

I would be grateful if he could be seen once more by your team. There has not been any record of any violence towards Mental Health workers or any NHS Clinicians but his manner and choice of words can be unfortunate to say the least.

Our Ref: KLB/AF

**Examinations and Investigations**

If referral is urgent, has this been discussed with duty clinician:	No	-
1.Are there current active thoughts of self harm, is there a plan?:	Unknown	-
Is there a History of suicidal or self harm injurious behaviours?:	Unknown	-
Any history or current threat of violence or aggression, considerations to staff safety?:	Unknown	-
Any social circumstances or previous psychiatric history impacting on current presentation?:	Unknown	-
Considerations of vulnerability /Child Protection Issues/ First presentation Psychosis/ Peri-Natal:	Unknown	-
Ex smoker:		15-Jan-2010 00:00
Teetotaller:	Disease: SPICE Basic Health Values, priority=2	22-Aug-2005 00:00

**Reason for referral**

Care type requested: Out Patient

Expected outcome: Not Specified

**Past medical history****Pre-existing conditions**

<u>Description</u>	<u>Laterality</u>	<u>Modifier</u>	<u>Extension</u>	<u>Date of onset</u>	<u>Recorded Date</u>
[V]Mental and behavioural problems	-	-	-	25-Nov-2021	25-Nov-2021
Open fracture of tibia and fibula, unspecified part, NOS (Left)	Left	-	Open # (L) Tibia - grade I open fracture left tibia - see docman	23-Aug-2021	23-Aug-2021
Motor vehicle traffic accidents (MVTA)	-	-	-	23-Aug-2021	23-Aug-2021
Fracture of upper limb	-	-	# neck of 5th metacarpal	17-Nov-2004	17-Nov-2004
[X]Attention deficit hyperactivity disorder	-	-	-	08-Jan-1999	08-Jan-1999

Epilepsy	-	-	-	15-Aug-1993	15-Aug-1993
[D]Convulsions, febrile	-	-	? erythema infectiosum	13-Aug-1993	13-Aug-1993
[D]Convulsions, febrile	-	-	-	01-Nov-1991	01-Nov-1991
[D]Convulsions, febrile	-	-	secondary to tonsillitis	25-Oct-1990	25-Oct-1990
[D]Convulsions, febrile	-	-	x2 - secondary to otitis media	14-Jul-1990	14-Jul-1990

**Past procedures**

<u>Description</u>	<u>Laterality</u>	<u>Modifier</u>	<u>Comments</u>	<u>Date performed</u>	<u>Recorded Date</u>
Internal fixation of bone NEC	-	-	- open reduction and internal fixation left tibial fracture - see docman	27-Aug-2021	27-Aug-2021
Examination of joint under anaesthesia	-	-	(right knee) - see docman	27-Aug-2021	27-Aug-2021
Patient self discharge	-	-	against medical advice - see docman	27-Aug-2021	27-Aug-2021
Magnetic resonance imaging of knee (Right)	Right	-	- see docman	27-Aug-2021	27-Aug-2021
Emergency hospital admission	-	-	Admitted Ayr Hospital - Station 10 - MBA - Open # (L) Tibia	23-Aug-2021	23-Aug-2021
[SO]Posterior cruciate ligament (Right)	Right	-	- significant ligamentous to right knee where he has damaged his posterior cruciate ligament and the posterolateral corner - see docman	23-Aug-2021	23-Aug-2021
Nuclear magnetic resonance	-	-	MRI spine showed only minor disc bulges in L3-L5 - see docman	31-Mar-2016	31-Mar-2016

**Current medication** (Active Repeat medication issued within the last 12 months)

No current medications recorded

**Recent medication** (Any medication issued within last 90 days not shown above)

<u>Drug name</u>	<u>BNF code</u>	<u>Formulation</u>	<u>Dosage</u>	<u>Frequency</u>	<u>Course started</u>	<u>Duration</u>	<u>Last Prescribed Date</u>
Co-Codamol 30/500 Tablets	0407010F0AAAHAH	100 TABLET	TWO TO BE TAKEN FOUR TIMES A DAY WHEN REQUIRED	-	14-Jun-2023	42 Days	14-Jun-2023
Ralvo Medicated Plaster 700 mg	-	60 patch	APPLY 2 DAILY	-	14-Jun-2023	42 Days	14-Jun-2023
Meloxicam Tablets 15 mg	1001010AAAAABAB	30 TABLET	ONE TO BE TAKEN DAILY	-	14-Jun-2023	42 Days	14-Jun-2023
Zerobase Cream 11 %	-	500 gram	AS REQUIRED	-	14-Jun-2023	42 Days	14-Jun-2023
Diazepam Tablets 2 mg	0401020K0AAAHAH	15 TABLET	ONE TO BE TAKEN THREE TIMES A DAY	-	03-May-2023	5 Days	03-May-2023
Meloxicam Tablets 15 mg	1001010AAAAABAB	30 TABLET	ONE TO BE TAKEN DAILY	-	03-May-2023	30 Days	03-May-2023
Ralvo Medicated Plaster 700 mg	-	60 patch	APPLY 2 DAILY	-	03-May-2023	42 Days	03-May-2023
Ketoprofen Gel 2.5 %	100302010AAAAAA	100 gram	TO BE USED TWICE A DAY	-	03-May-2023	42 Days	03-May-2023

Co-Codamol 30/500 Tablets	0407010F0AAAHAH	100 TABLET	TWO TO BE TAKEN FOUR TIMES A DAY WHEN REQUIRED	-	25-Apr- 2023	42 Days	25-Apr- 2023
<b>Clinical warnings</b>			Smoking status		Alcohol consumption		
<b>Lifestyle risks</b> Exercise status: Not Known			Number per day 0 (ex-smoker)		Units per day 0 (teetotaler)		
<b>Additional relevant information</b>							
<b>Administrative information</b> Referred By:Registered GP							
<b>Social circumstances</b>							

\_\_\_\_\_  
**Signature** of referring doctor (or other professional) **Date**

Hospital use only	Clinic	Day Date	Time	Hospital No.
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Transport required?

Unique Care Pathway Number: 1010289590682

**REFERRAL LETTER**  
MEDICAL IN CONFIDENCE

CHI:0807890030

**REFERRAL TO**

RheumatologyAR  
AA Gen Ref - PMH Med & High

Ethnic Origin

(White) Scottish

Language interpreter req'd

-

Religion

-

**Religious Observance**

-

Vision impairment

-

Hearing impairment

-

Sign language interpreter req'd.

-

University Hospital Ayr  
Dalmellington Road  
Ayr  
KA6 6DX

**Urgency of referral**

**Urgent**

**Date of referral**

08-Mar-2023

**Date submitted**

09-Mar-2023

**PATIENT DETAILS**

**Surname**

Dorricott

**Forename(s)**

Gary

Title

-

Sex

Male

**Date of birth**

08-Jul-1989

CHI no.

0807890030

**Patient's address**

27a Knockcushan Street  
GIRVAN  
KA26 9AG

Contact number(s)

Voice: 710085

**REGISTERED GP DETAILS**

**Name**

Dr Kenneth L Brooksbank

GMC code

4186731

GP code

24716

Practice name

Girvan Riverside Med Ptce

Practice code

80274

**Practice address**

Health Centre  
Girvan Community Hospital  
GIRVAN  
Ayrshire

Contact number(s)

Voice: 01465713343

Facsimile: 01465716424

**REFERRING PRACTITIONER DETAILS**

**Name**

Dr. Kenneth Brooksbank

GMC code

4186731

GP code

24716

Practice name

Drs McMaster, Brooksbank & McKelvey  
(80274)

Practice code

80274

**Practice address**

Girvan Community Hospital  
Bridgemill  
Girvan  
KA26 9HQ

Contact number(s)

Voice: 01465 713 343

**CLINICAL INFORMATION****History of presenting complaint / examination findings / investigation results****Presenting complaint**

Description: Likely Raynaud's Phenomenon or ? Vibration White Finger Right Hand

Comment: Mr Doricott has asked me to write to yourselves. I think he had a phone call from a Rheumatology Secretary to see if he still wishes to be seen and Mr Dorricott's unfortunate personality at times makes him think that he has possibly been removed from the waiting list which was not what he wished. He does have fairly widespread aches and pains and his main reason for the rheumatological referral previously a copy of which is attached was because of the possibility of Raynaud's with associated weakly positive ANA. He has also got quite significant musculo-skeletal pain relating to previous road traffic accident for which he is still under physiotherapy for further assessment. He has chronic depression and anxiety and is currently on Duloxetine as a means of trying to help that and his pain. I wonder if he could be given an appointment.

Our Ref: KLB/MC

**Examinations and Investigations**

Ex smoker: 15-Jan-2010 00:00

Teetotaller: Disease: SPICE Basic Health Values, priority=2 22-Aug-2005 00:00

**Reason for referral**

Care type requested: Out Patient

Expected outcome: Not Specified

**Past medical history****Pre-existing conditions**

<u>Description</u>	<u>Laterality</u>	<u>Modifier</u>	<u>Extension</u>	<u>Date of onset</u>	<u>Recorded Date</u>
[V]Mental and behavioural problems	-	-	-	25-Nov-2021	25-Nov-2021
Open fracture of tibia and fibula, unspecified part, NOS (Left)	Left	-	Open # (L) Tibia - grade I open fracture left tibia - see docman	23-Aug-2021	23-Aug-2021
Motor vehicle traffic accidents (MVTA)	-	-	-	23-Aug-2021	23-Aug-2021
Fracture of upper limb	-	-	# neck of 5th metacarpal	17-Nov-2004	17-Nov-2004
[X]Attention deficit hyperactivity disorder	-	-	-	08-Jan-1999	08-Jan-1999
Epilepsy	-	-	-	15-Aug-1993	15-Aug-1993
[D]Convulsions, febrile	-	-	? erythema infectiosum	13-Aug-1993	13-Aug-1993
[D]Convulsions, febrile	-	-	-	01-Nov-1991	01-Nov-1991
[D]Convulsions, febrile	-	-	secondary to tonsillitis	25-Oct-1990	25-Oct-1990
[D]Convulsions, febrile	-	-	x2 - secondary to otitis media	14-Jul-1990	14-Jul-1990

**Past procedures**

<u>Description</u>	<u>Laterality</u>	<u>Modifier</u>	<u>Comments</u>	<u>Date performed</u>	<u>Recorded Date</u>
Internal fixation of bone NEC	-	-	- open reduction and internal fixation left tibial fracture - see docman	27-Aug-2021	27-Aug-2021
Examination of joint under anaesthesia	-	-	(right knee) - see docman	27-Aug-2021	27-Aug-2021
Patient self discharge	-	-	against medical advice - see docman	27-Aug-2021	27-Aug-2021
Magnetic resonance imaging of knee (Right)	Right	-	- see docman	27-Aug-2021	27-Aug-2021
Emergency hospital admission	-	-	Admitted Ayr Hospital - Station 10 - MBA - Open # (L) Tibia	23-Aug-2021	23-Aug-2021

[SO]Posterior cruciate ligament (Right)	Right	-	- significant ligamentous to right knee where he has damaged his posterior cruciate ligament and the posterolateral corner - see docman	23-Aug-2021	23-Aug-2021
Nuclear magnetic resonance	-	-	MRI spine showed only minor disc bulges in L3-L5 - see docman	31-Mar-2016	31-Mar-2016

**Current medication** (Active Repeat medication issued within the last 12 months)

No current medications recorded

**Recent medication** (Any medication issued within last 90 days not shown above)

<u>Drug name</u>	<u>BNF code</u>	<u>Formulation</u>	<u>Dosage</u>	<u>Frequency</u>	<u>Course started</u>	<u>Duration</u>	<u>Last Prescribed Date</u>
Cyclizine Tablets 50 mg	0406000F0AAACAC	21 TABLET	ONE TO BE TAKEN UP TO THREE TIMES A DAY	-	07-Mar-2023	42 Days	07-Mar-2023
Ketoprofen Gel 2.5 %	100302010AAAAAA	100 gram	TO BE USED TWICE A DAY	-	01-Mar-2023	42 Days	01-Mar-2023
Co-Codamol 30/500 Tablets	0407010F0AAAHAH	100 TABLET	TWO TO BE TAKEN FOUR TIMES A DAY WHEN REQUIRED	-	01-Mar-2023	42 Days	01-Mar-2023
Ralvo Medicated Plaster 700 mg	-	60 patch	APPLY 2 DAILY	-	01-Mar-2023	30 Days	01-Mar-2023
Duloxetine Gastro-resistant Capsules 60 mg	-	28 capsule	1 Cap Daily	-	01-Mar-2023	42 Days	01-Mar-2023
Diazepam Tablets 2 mg	0401020K0AAAHAH	15 TABLET	ONE TO BE TAKEN THREE TIMES A DAY	-	11-Jan-2023	5 Days	11-Jan-2023
Etoricoxib Tablets 90 mg	-	28 tablet	ONE TO BE TAKEN EACH DAY	-	10-Jan-2023	42 Days	10-Jan-2023
Co-Codamol 30/500 Tablets	0407010F0AAAHAH	100 TABLET	TWO TO BE TAKEN FOUR TIMES A DAY WHEN REQUIRED	-	09-Jan-2023	42 Days	09-Jan-2023
Diclofenac Diethylammonium Gel 1.16 %	1003020U0AAAAAA	100 gram	Apply 3 times daily	-	09-Jan-2023	42 Days	09-Jan-2023

**Clinical warnings****Lifestyle risks**

Exercise status: Not Known

Smoking status

Alcohol consumption

Number per day  
? (not known)Units per day  
? (not known)**Additional relevant information****Administrative information**

Referred By:Registered GP

**Social circumstances**

\_\_\_\_\_  
**Signature** of referring doctor (or other professional) **Date**

Hospital use only	Clinic	Day Date	Time	Hospital No.
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Transport required?

Unique Care Pathway Number: 1010273880300

**REFERRAL LETTER**  
MEDICAL IN CONFIDENCE

**CHI:0807890030**

**REFERRAL TO**

Multiple/Other JointR5A3  
AA Multiple - Other Joint

Ethnic Origin

(White) Scottish

Language interpreter req'd

-

Religion

-

**Religious Observance**

-

Musculoskeletal Triage and Treatment  
NHS Ayrshire & Arran

Vision impairment

-

Hearing impairment

-

Sign language interpreter req'd.

-

**Urgency of referral**

**Routine**

**Date of referral**

**12-Sep-2022**

**Date submitted**

**13-Sep-2022**

**PATIENT DETAILS**

**Surname**

Dorriccott

**Forename(s)**

Gary

Title

-

Sex

Male

**Date of birth**

08-Jul-1989

CHI no.

0807890030

**Patient's address**

27a Knockcushan Street  
GIRVAN  
KA26 9AG

Contact number(s)

Voice: 710085

**REGISTERED GP DETAILS**

**Name**

Dr Kenneth L Brooksbank

GMC code

4186731

GP code

24716

Practice name

Girvan Riverside Med Ptce

Practice code

80274

**Practice address**

Health Centre  
Girvan Community Hospital  
GIRVAN  
Ayrshire

Contact number(s)

Voice: 01465713343

Facsimile: 01465716424

**REFERRING PRACTITIONER DETAILS**

**Name**

Dr. Kenneth Brooksbank

GMC code

4186731

GP code

24716

Practice name

Drs McMaster, Brooksbank & McKelvey  
(80274)

Practice code

80274

**Practice address**

Girvan Community Hospital  
Bridgemill  
Girvan  
KA26 9HQ

Contact number(s)

Voice: 01465 713 343

**CLINICAL INFORMATION****History of presenting complaint / examination findings / investigation results****Presenting complaint**

Description: See Below

Comment: This gentleman had a RTA last year which required ORIF for a left tibial fracture and multi- ligament LCL, PCL and posterolateral corner injury of his right knee. Unfortunately he has had frequent non attendance of appointments, saying that he forgets to attend.

He reports today in the surgery that he has ongoing pain and tightness in his right knee and both his ankles. He feels his symptoms are getting worse. He is on meloxicam, co-codamol and diclofenac gel. He is aware that physio is needed for this and he needs to attend his appointments. We had a long chat regarding the importance of attending for his development and improvement of symptoms. Gary has promised that he will attend his appointment.

Thank you kindly for seeing him.

Neil Johnstone  
Advanced Nurse Practitioner

Our Ref: NJ/AF

**Examinations and Investigations**

Ex smoker: 15-Jan-2010 00:00

Teetotaller: Disease: SPICE Basic Health Values, priority=2 22-Aug-2005 00:00

**Reason for referral**

Care type requested: Out Patient

Expected outcome: Not Specified

**Past medical history****Pre-existing conditions**

<u>Description</u>	<u>Laterality</u>	<u>Modifier</u>	<u>Extension</u>	<u>Date of onset</u>	<u>Recorded Date</u>
Leg pain	-	-	-	19-Aug-2022	19-Aug-2022
[V]Mental and behavioural problems	-	-	-	25-Nov-2021	25-Nov-2021
Open fracture of tibia and fibula, unspecified part, NOS (Left)	Left	-	Open # (L) Tibia - grade I open fracture left tibia - see docman	23-Aug-2021	23-Aug-2021
Motor vehicle traffic accidents (MVTA)	-	-	-	23-Aug-2021	23-Aug-2021
Fracture of upper limb	-	-	# neck of 5th metacarpal	17-Nov-2004	17-Nov-2004
[X]Attention deficit hyperactivity disorder	-	-	-	08-Jan-1999	08-Jan-1999
Epilepsy	-	-	-	15-Aug-1993	15-Aug-1993
[D]Convulsions, febrile	-	-	? erythema infectiosum	13-Aug-1993	13-Aug-1993
[D]Convulsions, febrile	-	-	-	01-Nov-1991	01-Nov-1991
[D]Convulsions, febrile	-	-	secondary to tonsillitis	25-Oct-1990	25-Oct-1990
[D]Convulsions, febrile	-	-	x2 - secondary to otitis media	14-Jul-1990	14-Jul-1990

**Past procedures**

<u>Description</u>	<u>Laterality</u>	<u>Modifier</u>	<u>Comments</u>	<u>Date performed</u>	<u>Recorded Date</u>
Internal fixation of bone NEC	-	-	- open reduction and internal fixation left tibial fracture - see docman	27-Aug-2021	27-Aug-2021
Examination of joint	-	-	(right knee) - see docman	27-Aug-	27-Aug-

under anaesthesia				2021	2021
Patient self discharge	-	-	against medical advice - see docman	27-Aug-2021	27-Aug-2021
Magnetic resonance imaging of knee (Right)	Right	-	- see docman	27-Aug-2021	27-Aug-2021
Emergency hospital admission	-	-	Admitted Ayr Hospital - Station 10 - MBA - Open # (L) Tibia	23-Aug-2021	23-Aug-2021
[SO]Posterior cruciate ligament (Right)	Right	-	- significant ligamentous to right knee where he has damaged his posterior cruciate ligament and the posterolateral corner - see docman	23-Aug-2021	23-Aug-2021
Nuclear magnetic resonance	-	-	MRI spine showed only minor disc bulges in L3-L5 - see docman	31-Mar-2016	31-Mar-2016

**Current medication** (Active Repeat medication issued within the last 12 months)

No current medications recorded

**Recent medication** (Any medication issued within last 90 days not shown above)

<u>Drug name</u>	<u>BNF code</u>	<u>Formulation</u>	<u>Dosage</u>	<u>Frequency</u>	<u>Course started</u>	<u>Duration</u>	<u>Last Prescribed Date</u>
Etoricoxib Tablets 90 mg	-	28 tablet	ONE TO BE TAKEN EACH DAY	-	09-Sep-2022	28 Days	09-Sep-2022
Diclofenac Diethylammonium Gel 1.16 %	1003020U0AAAAAA	100 gram	Apply 3 times daily	-	09-Sep-2022	42 Days	09-Sep-2022
Co-Codamol 30/500 Tablets	0407010F0AAAAHAH	100 TABLET	TWO TO BE TAKEN FOUR TIMES A DAY WHEN REQUIRED	-	19-Aug-2022	42 Days	19-Aug-2022
Meloxicam Tablets 15 mg	1001010AAAAABAB	30 TABLET	ONE TO BE TAKEN DAILY	-	19-Aug-2022	42 Days	19-Aug-2022

**Clinical warnings****Lifestyle risks**

Exercise status: Not Known

Smoking status

Number per day  
0 (ex-smoker)

Alcohol consumption

Units per day  
0 (teetotaler)**Additional relevant information****Administrative information**

Referred By:Registered GP

**Social circumstances**


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**Signature** of referring doctor (or other professional) **Date**

Hospital use only	Clinic	Day Date	Time	Hospital No.
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Transport required?

Unique Care Pathway Number: 101026137950J

**REFERRAL LETTER**  
MEDICAL IN CONFIDENCE

**CHI:0807890030**

<b>REFERRAL TO</b>	
ShoulderC8A2 AA Shoulder	Ethnic Origin (White) Scottish
	Language interpreter req'd -
	Religion -
	<b>Religious Observance</b> -
Musculoskeletal Triage and Treatment NHS Ayrshire & Arran	Vision impairment -
	Hearing impairment -
	Sign language interpreter req'd. -
<b>Urgency of referral</b>	<b>Routine</b>
<b>Date of referral</b>	<b>22-Apr-2022</b>
<b>Date submitted</b>	<b>25-Apr-2022</b>

<b>PATIENT DETAILS</b>		<b>Patient's address</b>
<b>Surname</b>	Dorricott	27a Knockcushan Street GIRVAN KA26 9AG
<b>Forename(s)</b>	Gary	
<b>Title</b>	-	
<b>Sex</b>	Male	
<b>Date of birth</b>	08-Jul-1989	
<b>CHI no.</b>	0807890030	Contact number(s) Voice: 710085

<b>REGISTERED GP DETAILS</b>		<b>Practice address</b>		
<b>Name</b>	Dr Kenneth L Brooksbank	Health Centre Girvan Community Hospital GIRVAN Ayrshire		
<b>GMC code</b>	4186731		<b>GP code</b>	24716
<b>Practice name</b>	Girvan Riverside Med Ptce			
<b>Practice code</b>	80274			
		Contact number(s) Voice: 01465713343 Facsimile: 01465716424		

<b>REFERRING PRACTITIONER DETAILS</b>		<b>Practice address</b>		
<b>Name</b>	Dr. Laura McKelvey	Girvan Community Hospital Bridgemill Girvan KA26 9HQ		
<b>GMC code</b>	7509752		<b>GP code</b>	22217
<b>Practice name</b>	Drs McMaster, Moore & Brooksbank (80274)			
<b>Practice code</b>	80274			
		Contact number(s) Voice: 01465 713 343		

**CLINICAL INFORMATION****History of presenting complaint / examination findings / investigation results****Presenting complaint**

Description: See Below

Comment: I would be grateful for your assessment of this thirty two year old man. He is complaining of issues with his shoulder and thinks it is coming off his rotator cuff.

He has been advised to continue with pain relief which is listed below. I would be grateful for your assessment.

Our Ref: LMck/AF

**Examinations and Investigations**

Ex smoker: 15-Jan-2010 00:00

Teetotaller: Disease: SPICE Basic Health Values, priority=2 22-Aug-2005 00:00

**Reason for referral**

Care type requested: Out Patient

Expected outcome: Not Specified

**Past medical history****Pre-existing conditions**

<u>Description</u>	<u>Laterality</u>	<u>Modifier</u>	<u>Extension</u>	<u>Date of onset</u>	<u>Recorded Date</u>
[V]Mental and behavioural problems	-	-	-	25-Nov-2021	25-Nov-2021
Motor vehicle traffic accidents (MVTA)	-	-	-	23-Aug-2021	23-Aug-2021
Open fracture of tibia and fibula, unspecified part, NOS (Left)	Left	-	Open # (L) Tibia - grade I open fracture left tibia - see docman	23-Aug-2021	23-Aug-2021
Fracture of upper limb	-	-	# neck of 5th metacarpal	17-Nov-2004	17-Nov-2004
[X]Attention deficit hyperactivity disorder	-	-	-	08-Jan-1999	08-Jan-1999
Epilepsy	-	-	-	15-Aug-1993	15-Aug-1993
[D]Convulsions, febrile	-	-	? erythema infectiosum	13-Aug-1993	13-Aug-1993
[D]Convulsions, febrile	-	-	-	01-Nov-1991	01-Nov-1991
[D]Convulsions, febrile	-	-	secondary to tonsillitis	25-Oct-1990	25-Oct-1990
[D]Convulsions, febrile	-	-	x2 - secondary to otitis media	14-Jul-1990	14-Jul-1990

**Past procedures**

<u>Description</u>	<u>Laterality</u>	<u>Modifier</u>	<u>Comments</u>	<u>Date performed</u>	<u>Recorded Date</u>
Internal fixation of bone NEC	-	-	- open reduction and internal fixation left tibial fracture - see docman	27-Aug-2021	27-Aug-2021
Examination of joint under anaesthesia	-	-	(right knee) - see docman	27-Aug-2021	27-Aug-2021
Patient self discharge	-	-	against medical advice - see docman	27-Aug-2021	27-Aug-2021
Magnetic resonance imaging of knee (Right)	Right	-	- see docman	27-Aug-2021	27-Aug-2021
Emergency hospital admission	-	-	Admitted Ayr Hospital - Station 10 - MBA - Open # (L) Tibia	23-Aug-2021	23-Aug-2021
[SO]Posterior cruciate ligament (Right)	Right	-	- significant ligamentous to right knee where he has damaged his posterior cruciate ligament and the posterolateral corner - see docman	23-Aug-2021	23-Aug-2021

Nuclear magnetic resonance	-	-	MRI spine showed only minor disc bulges in L3-L5 - see docman	31-Mar-2016	31-Mar-2016		
<b>Current medication</b> (Active Repeat medication issued within the last 12 months)							
No current medications recorded							
<b>Recent medication</b> (Any medication issued within last 90 days not shown above)							
<u>Drug name</u>	<u>BNF code</u>	<u>Formulation</u>	<u>Dosage</u>	<u>Frequency</u>	<u>Course started</u>	<u>Duration</u>	<u>Last Prescribed Date</u>
Co-Codamol 30/500 Tablets	0407010F0AAHAH	100 TABLET	TWO TO BE TAKEN FOUR TIMES A DAY WHEN REQUIRED	-	15-Mar-2022	71 Days	13-Apr-2022
Meloxicam Tablets 15 mg	1001010AAAAABAB	30 TABLET	ONE TO BE TAKEN DAILY	-	15-Mar-2022	42 Days	15-Mar-2022
Ketoprofen Gel 2.5 %	100302010AAAAAA	100 gram	TO BE USED TWICE A DAY	-	15-Mar-2022	42 Days	15-Mar-2022
Zerobase Cream 11 %	-	500 gram	AS REQUIRED	-	26-Jan-2022	42 Days	26-Jan-2022
Paracetamol Tablets 500 mg	0407010H0AAAMAM	224 TABLET(S)	2 TABLETS EVERY 4-6 HOURS. DO NOT TAKE WITH COCODAMOL. MAX 8/DAY	-	26-Jan-2022	42 Days	26-Jan-2022
<b>Clinical warnings</b>				Smoking status	Alcohol consumption		
<b>Lifestyle risks</b>				Number per day		Units per day	
Exercise status: Not Known				0 (ex-smoker)		0 (teetotaler)	
<b>Additional relevant information</b>							
<b>Administrative information</b>							
Referred By:Registered GP							
<b>Social circumstances</b>							

\_\_\_\_\_  
**Signature** of referring doctor (or other professional) **Date**

Hospital use only	Clinic	Day Date	Time	Hospital No.
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Transport required?

Unique Care Pathway Number: 101025414559F

**REFERRAL LETTER**  
MEDICAL IN CONFIDENCE

**CHI:0807890030**

**REFERRAL TO**

RheumatologyAR  
AA Gen Ref - PMH Med & High

Ethnic Origin

(White) Scottish

Language interpreter req'd

-

Religion

-

**Religious Observance**

-

Vision impairment

-

Hearing impairment

-

Sign language interpreter req'd.

-

University Hospital Ayr  
Dalmellington Road  
Ayr  
KA6 6DX

**Urgency of referral**

**Routine**

**Date of referral**

**27-Jan-2022**

**Date submitted**

**04-Feb-2022**

**PATIENT DETAILS**

**Surname**

Dorricott

**Forename(s)**

Gary

Title

-

Sex

Male

**Date of birth**

08-Jul-1989

CHI no.

0807890030

**Patient's address**

27a Knockcushan Street  
GIRVAN  
KA26 9AG

Contact number(s)

Voice: 07454636473

**REGISTERED GP DETAILS**

**Name**

Dr Kenneth L Brooksbank

GMC code

4186731

GP code

24716

Practice name

The Health Centre (16744)

Practice code

80274

**Practice address**

Health Centre  
Girvan Community Hospital  
GIRVAN  
Ayrshire

Contact number(s)

Voice: 01465713343

Facsimile: 01465716424

**REFERRING PRACTITIONER DETAILS**

**Name**

Dr. Bruce McMaster

GMC code

2956158

GP code

23302

Practice name

Drs McMaster, Moore & Brooksbank  
(80274)

Practice code

80274

**Practice address**

Girvan Community Hospital  
Bridgemill  
Girvan  
KA26 9HQ

Contact number(s)

Voice: 01465 713 343

**CLINICAL INFORMATION****History of presenting complaint / examination findings / investigation results****Presenting complaint**

Description: CORRESPONDENCE ADDRESS: 22 Glendoune Street, Girvan KA26 0AB

Comment: Mr Dorricott had previously been referred to your clinic and I have attached his original referral below. He failed to attend his appointment due to not receiving a letter at his current address. He has had an accident and is currently under the care of orthopaedics and is bothered with a left tibial fracture. He has struggled to climb the stairs at his original address and has been residing at 22 Glendoune Street, Girvan KA26 0AB. I would be grateful if you would be able to allocate him another appointment and contact him at his new address or on his mobile number 07454636473 to confirm an appointment.

Dr Laura McKelvey  
Locum GP  
Our Ref: LMCK/MC

**Examinations and Investigations**

Ex smoker: 15-Jan-2010 00:00

Teetotaller: Disease: SPICE Basic Health Values, priority=2 22-Aug-2005 00:00

**Reason for referral**

Care type requested: Out Patient

Expected outcome: Not Specified

**Past medical history****Pre-existing conditions**

<u>Description</u>	<u>Laterality</u>	<u>Modifier</u>	<u>Extension</u>	<u>Date of onset</u>	<u>Recorded Date</u>
[V]Mental and behavioural problems	-	-	-	25-Nov-2021	25-Nov-2021
Motor vehicle traffic accidents (MVTA)	-	-	-	23-Aug-2021	23-Aug-2021
Open fracture of tibia and fibula, unspecified part, NOS (Left)	Left	-	Open # (L) Tibia - grade I open fracture left tibia - see docman	23-Aug-2021	23-Aug-2021
Fracture of upper limb	-	-	# neck of 5th metacarpal	17-Nov-2004	17-Nov-2004
[X]Attention deficit hyperactivity disorder	-	-	-	08-Jan-1999	08-Jan-1999
Epilepsy	-	-	-	15-Aug-1993	15-Aug-1993
[D]Convulsions, febrile	-	-	? erythema infectiosum	13-Aug-1993	13-Aug-1993
[D]Convulsions, febrile	-	-	-	01-Nov-1991	01-Nov-1991
[D]Convulsions, febrile	-	-	secondary to tonsillitis	25-Oct-1990	25-Oct-1990
[D]Convulsions, febrile	-	-	x2 - secondary to otitis media	14-Jul-1990	14-Jul-1990

**Past procedures**

<u>Description</u>	<u>Laterality</u>	<u>Modifier</u>	<u>Comments</u>	<u>Date performed</u>	<u>Recorded Date</u>
Internal fixation of bone NEC	-	-	- open reduction and internal fixation left tibial fracture - see docman	27-Aug-2021	27-Aug-2021
Examination of joint under anaesthesia	-	-	(right knee) - see docman	27-Aug-2021	27-Aug-2021
Patient self discharge	-	-	against medical advice - see docman	27-Aug-2021	27-Aug-2021
Magnetic resonance imaging of knee (Right)	Right	-	- see docman	27-Aug-2021	27-Aug-2021
Emergency hospital admission	-	-	Admitted Ayr Hospital - Station 10 - MBA - Open # (L) Tibia	23-Aug-2021	23-Aug-2021

[SO]Posterior cruciate ligament (Right)	Right	-	- significant ligamentous to right knee where he has damaged his posterior cruciate ligament and the posterolateral corner - see docman	23-Aug-2021	23-Aug-2021
Nuclear magnetic resonance	-	-	MRI spine showed only minor disc bulges in L3-L5 - see docman	31-Mar-2016	31-Mar-2016

**Current medication** (Active Repeat medication issued within the last 12 months)

No current medications recorded

**Recent medication** (Any medication issued within last 90 days not shown above)

<u>Drug name</u>	<u>BNF code</u>	<u>Formulation</u>	<u>Dosage</u>	<u>Frequency</u>	<u>Course started</u>	<u>Duration</u>	<u>Last Prescribed Date</u>
Zerobase Cream 11 %	-	500 gram	AS REQUIRED	-	26-Jan-2022	42 Days	26-Jan-2022
Paracetamol Tablets 500 mg	0407010H0AAAMAM	224 TABLET(S)	2 TABLETS EVERY 4-6 HOURS. DO NOT TAKE WITH COCODAMOL. MAX 8/DAY	-	26-Jan-2022	42 Days	26-Jan-2022
Meloxicam Tablets 15 mg	1001010AAAAABAB	30 TABLET	ONE TO BE TAKEN DAILY	-	10-Jan-2022	42 Days	10-Jan-2022
Co-Codamol 30/500 Tablets	0407010F0AAAHAH	100 TABLET	TWO TO BE TAKEN FOUR TIMES A DAY WHEN REQUIRED	-	10-Jan-2022	42 Days	10-Jan-2022
Ketoprofen Gel 2.5 %	100302010AAAAAA	100 gram	TO BE USED TWICE A DAY	-	10-Jan-2022	42 Days	10-Jan-2022
Duloxetine Gastro-resistant Capsules 30 mg	-	14 capsule	ONE TO BE TAKEN EACH DAY	-	25-Nov-2021	14 Days	25-Nov-2021
Amitriptyline Hydrochloride Tablets 10 mg	0403010B0AAAGAG	28 tablet	ONE AT NIGHT	-	17-Nov-2021	28 Days	17-Nov-2021
Zerobase Cream 11 %	-	500 gram	AS REQUIRED	-	17-Nov-2021	42 Days	17-Nov-2021
Co-Codamol 30/500 Tablets	0407010F0AAAHAH	100 TABLET	TWO TO BE TAKEN FOUR TIMES A DAY WHEN REQUIRED	-	17-Nov-2021	42 Days	17-Nov-2021
Meloxicam Tablets 15 mg	1001010AAAAABAB	30 TABLET	ONE TO BE TAKEN DAILY	-	17-Nov-2021	42 Days	17-Nov-2021
Laxido Orange Oral Powder Sachets Sugar Free	-	30 sachet	ONE SACHET DAILY	-	17-Nov-2021	42 Days	17-Nov-2021
Macrogol Compound Oral Powder (sachets) NPF Sugar Free	-	30 sachet	ONE SACHET DAILY AS REQUIRED FOR CONSTIPATION	-	17-Nov-2021	42 Days	17-Nov-2021

**Clinical warnings****Lifestyle risks**

Exercise status: Not Known

Smoking status

Number per day ? (not known)
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Alcohol consumption

Units per day ? (not known)
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**Additional relevant information**

**Administrative information**

Referred By:Registered GP

**Social circumstances**

\_\_\_\_\_  
**Signature** of referring doctor (or other professional) **Date**

Hospital use only	Clinic	Day Date	Time	Hospital No.
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Transport required?

Unique Care Pathway Number: 1010249636377

**REFERRAL LETTER**  
MEDICAL IN CONFIDENCE

**CHI:0807890030**

<b>REFERRAL TO</b>	
Community Mental Health Services - South G1AE AA Adult Mental Health	Ethnic Origin (White) Scottish
	Language interpreter req'd -
	Religion -
	<b>Religious Observance</b> -
Community Mental Health Services - Adult NHS Ayrshire & Arran	Vision impairment -
	Hearing impairment -
	Sign language interpreter req'd. -
<b>Urgency of referral</b>	<b>Urgent</b>
<b>Date of referral</b>	<b>26-Nov-2021</b>
<b>Date submitted</b>	<b>30-Nov-2021</b>

<b>PATIENT DETAILS</b>		<b>Patient's address</b>
<b>Surname</b>	Dorricott	27a Knockcushan Street GIRVAN KA26 9AG
<b>Forename(s)</b>	Gary	
<b>Title</b>	-	
<b>Sex</b>	Male	
<b>Date of birth</b>	08-Jul-1989	
<b>CHI no.</b>	0807890030	Contact number(s) Voice: 710085

<b>REGISTERED GP DETAILS</b>		<b>Practice address</b>		
<b>Name</b>	Dr Kenneth L Brooksbank	Health Centre Girvan Community Hospital GIRVAN Ayrshire		
<b>GMC code</b>	4186731		<b>GP code</b>	24716
<b>Practice name</b>	The Health Centre (16744)			
<b>Practice code</b>	80274			
		Contact number(s) Voice: 01465713343 Facsimile: 01465716424		

<b>REFERRING PRACTITIONER DETAILS</b>		<b>Practice address</b>		
<b>Name</b>	Dr. Bruce McMaster	Girvan Community Hospital Bridgemill Girvan KA26 9HQ		
<b>GMC code</b>	2956158		<b>GP code</b>	23302
<b>Practice name</b>	Drs McMaster, Moore & Brooksbank (80274)			
<b>Practice code</b>	80274			
		Contact number(s) Voice: 01465 713 343		

**CLINICAL INFORMATION****History of presenting complaint / examination findings / investigation results****Presenting complaint**

Description: Request for an Early Appointment

Comment: I would be grateful if this 32 year-old gentleman could be seen by yourselves. I feel he has an ongoing underlying psychiatric problem that is now causing him significant distress and difficulties.

He has a past history of being brought up in an abusive home by drug abusing parents and was subject to mental and physical abuse and had a brother who was sexually abused in front of him by his parents. He was placed in foster care and part of that included separation from siblings. He had a sister die when she was young and that has continued to trouble him. He then had episodes of what were labelled as febrile convulsions and at one point was labelled as Epileptic although there is no convincing evidence that he has an ongoing epileptic problem. Over the last year or so he has had more problems with the death of an aunt, a motor cycle accident resulting in ligament injury, complex fracture of his left leg and other more general injuries. He continues to be seen by the orthopaedic team but he is finding it very difficult to cope and as they seem to focus only on one aspect of his problems and he feels that issues he is having with his right knee are being disregarded and feels that generally he is becoming increasingly frustrated and angry. He was commenced on Amitriptyline in an attempt to help alleviate some of his significant pain that he is suffering. He says this has made things worse and has been causing nightmares and episodes of flashbacks to the abuse of the past. This has been further aggravated by the death of his mother a few days ago and although they were estranged this has still had an impact on him.

He finds it very difficult to go over issues from his past particularly those that he feels he talks about in the past and should have been documented in the notes and finds it frustrating to be asked to the same information on repeated occasions. He also finds it very difficult to articulate just how he feels about situations without taking quite sometime to reflect on it.

To try and ease his pain and relieve some of his anxiety symptoms I have commenced him on Duloxetine at a dose of 30 mg per day. I have given him enough of this for two weeks with a plan for telephone review thereafter. However in the interim I would be grateful if he could be seen by yourselves to at least start to expose some of his mental health issues.

When I was speaking to him on the phone he was initially quite angry and then with some pressure of thought and during the conversation he expressed a feeling that he feels angry enough to lash out at people although he has not done so apart from verbally and angry enough to take his own life.

I am uncertain as to whether the pressure of thought is an ongoing mental illness or this reflects an ongoing ADHD issue that apparently he was diagnosed with as a child. Apparently as a child he was treated with Ritalin for a period of time.

This young man I feel is quite complicated to deal with, has a lot of issues although I suspect many of them hack back to his childhood and particularly the mental and physical abuse he suffered at the time and with the combination of his recent accident, the death of an aunt in the recent past and his mother just very recently has aggravated all of these feelings. Your input would be valued. Many thanks.

Dr Hal Maxwell  
Locum GP

Our Ref: HM/MC

**Examinations and Investigations**

Is patient aware of referral?:	Yes	-
If referral is urgent, has this been discussed with duty clinician:	No	-
1. Are there current active thoughts of self harm, is there a plan?:	Yes	-
Previous self harm comments:	See above	-
Is there a History of suicidal or self harm injurious behaviours?:	Unknown	-
Any history or current threat of violence or aggression, considerations to staff safety?:	Yes	-
History of violence or aggression/staff safety concerns comments:	See above	-
Any social circumstances or previous psychiatric history impacting on current presentation?:	Yes	-
Social circumstances/previous psychiatric history comments:	See above	-
Considerations of vulnerability /Child Protection Issues/ First presentation Psychosis/ Peri-Natal:	Unknown	-
Ex smoker:		15-Jan-2010 00:00
Teetotaller:	Disease: SPICE Basic Health	22-Aug-2005

Values, priority=2

00:00

**Reason for referral**

Care type requested: Out Patient  
Expected outcome: Not Specified

**Past medical history****Pre-existing conditions**

<u>Description</u>	<u>Laterality</u>	<u>Modifier</u>	<u>Extension</u>	<u>Date of onset</u>	<u>Recorded Date</u>
[V]Mental and behavioural problems	-	-	-	25-Nov-2021	25-Nov-2021
Motor vehicle traffic accidents (MVTA)	-	-	-	23-Aug-2021	23-Aug-2021
Open fracture of tibia and fibula, unspecified part, NOS (Left)	Left	-	Open # (L) Tibia - grade I open fracture left tibia - see docman	23-Aug-2021	23-Aug-2021
Fracture of upper limb	-	-	# neck of 5th metacarpal	17-Nov-2004	17-Nov-2004
[X]Attention deficit hyperactivity disorder	-	-	-	08-Jan-1999	08-Jan-1999
Epilepsy	-	-	-	15-Aug-1993	15-Aug-1993
[D]Convulsions, febrile	-	-	? erythema infectiosum	13-Aug-1993	13-Aug-1993
[D]Convulsions, febrile	-	-	-	01-Nov-1991	01-Nov-1991
[D]Convulsions, febrile	-	-	secondary to tonsillitis	25-Oct-1990	25-Oct-1990
[D]Convulsions, febrile	-	-	x2 - secondary to otitis media	14-Jul-1990	14-Jul-1990

**Past procedures**

<u>Description</u>	<u>Laterality</u>	<u>Modifier</u>	<u>Comments</u>	<u>Date performed</u>	<u>Recorded Date</u>
Internal fixation of bone NEC	-	-	- open reduction and internal fixation left tibial fracture - see docman	27-Aug-2021	27-Aug-2021
Examination of joint under anaesthesia	-	-	(right knee) - see docman	27-Aug-2021	27-Aug-2021
Patient self discharge	-	-	against medical advice - see docman	27-Aug-2021	27-Aug-2021
Magnetic resonance imaging of knee (Right)	Right	-	- see docman	27-Aug-2021	27-Aug-2021
Emergency hospital admission	-	-	Admitted Ayr Hospital - Station 10 - MBA - Open # (L) Tibia	23-Aug-2021	23-Aug-2021
[SO]Posterior cruciate ligament (Right)	Right	-	- significant ligamentous to right knee where he has damaged his posterior cruciate ligament and the posterolateral corner - see docman	23-Aug-2021	23-Aug-2021
Nuclear magnetic resonance	-	-	MRI spine showed only minor disc bulges in L3-L5 - see docman	31-Mar-2016	31-Mar-2016

**Current medication** (Active Repeat medication issued within the last 12 months)

No current medications recorded

**Recent medication** (Any medication issued within last 90 days not shown above)

<u>Drug name</u>	<u>BNF code</u>	<u>Formulation</u>	<u>Dosage</u>	<u>Frequency</u>	<u>Course started</u>	<u>Duration</u>	<u>Last Prescribed Date</u>
Duloxetine Gastro-resistant	-	14 capsule	ONE TO BE TAKEN EACH	-	25-Nov-	14 Days	25-Nov-

Capsules 30 mg Amitriptyline Hydrochloride Tablets 10 mg	0403010B0AAAAGAG	28 tablet	DAY ONE AT NIGHT	-	2021 17- Nov- 2021	28 Days	2021 17-Nov- 2021
Zerobase Cream 11 %	-	500 gram	AS REQUIRED	-	17- Nov- 2021	42 Days	17-Nov- 2021
Co-Codamol 30/500 Tablets	0407010F0AAAHAH	100 TABLET	TWO TO BE TAKEN FOUR TIMES A DAY WHEN REQUIRED	-	17- Nov- 2021	42 Days	17-Nov- 2021
Meloxicam Tablets 15 mg	1001010AAAAABAB	30 TABLET	ONE TO BE TAKEN DAILY	-	17- Nov- 2021	42 Days	17-Nov- 2021
Laxido Orange Oral Powder Sachets Sugar Free	-	30 sachet	ONE SACHET DAILY	-	17- Nov- 2021	42 Days	17-Nov- 2021
Macrogol Compound Oral Powder (sachets) NPF Sugar Free	-	30 sachet	ONE SACHET DAILY AS REQUIRED FOR CONSTIPATION	-	17- Nov- 2021	42 Days	17-Nov- 2021
Co-Codamol 30/500 Tablets	0407010F0AAAHAH	100 TABLET	TWO TO BE TAKEN FOUR TIMES A DAY WHEN REQUIRED	-	01- Oct- 2021	42 Days	01-Oct- 2021
Ketoprofen Gel 2.5 %	100302010AAAAAA	100 gram	TO BE USED TWICE A DAY	-	01- Oct- 2021	42 Days	01-Oct- 2021
Paracetamol Tablets 500 mg	0407010H0AAAMAM	32 tablet	TWO TO BE TAKEN FOUR TIMES A DAY	-	01- Oct- 2021	42 Days	01-Oct- 2021
Zerobase Cream 11 %	-	500 gram	AS REQUIRED	-	01- Oct- 2021	42 Days	01-Oct- 2021
Meloxicam Tablets 15 mg	1001010AAAAABAB	30 TABLET	ONE TO BE TAKEN DAILY	-	01- Sep- 2021	30 Days	01-Sep- 2021
Omeprazole Capsules (Gastro- Resistant) 20 mg	0103050P0AAAGAG	28 CAPSULE	ONE TO BE TAKEN EACH DAY	-	01- Sep- 2021	28 Days	01-Sep- 2021
Co-Codamol 30/500 Tablets	0407010F0AAAHAH	100 TABLET	TWO TO BE TAKEN FOUR TIMES A DAY WHEN REQUIRED	-	01- Sep- 2021	12 Days	01-Sep- 2021
Nortriptyline Tablets 25 mg	0403010V0AAAEAE	28 tablet	1 OR 2 NOCTE	-	01- Sep- 2021	72 Days	01-Oct- 2021
Paracetamol Tablets 500 mg	0407010H0AAAMAM	32 tablet	TWO TO BE TAKEN FOUR TIMES A DAY	-	01- Sep- 2021	4 Days	01-Sep- 2021
<b>Clinical warnings</b>				Smoking status	Alcohol consumption		
<b>Lifestyle risks</b>				Number per day ? (not known)	Units per day ? (not known)		
Exercise status: Not Known							
<b>Additional relevant information</b>							
<b>Administrative information</b>							
Referred By:Registered GP							

**Social circumstances**

\_\_\_\_\_  
**Signature** of referring doctor (or other professional) **Date**

Hospital use only	Clinic	Day Date	Time	Hospital No.
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Transport required?

Unique Care Pathway Number: 1010225130719

**REFERRAL LETTER**  
MEDICAL IN CONFIDENCE

**CHI:0807890030**

<b>REFERRAL TO</b>	
RheumatologyAR AA Gen Ref - PMH Med & High	Ethnic Origin (White) Scottish
	Language interpreter req'd -
	Religion -
	<b>Religious Observance</b> -
	Vision impairment -
	Hearing impairment -
	Sign language interpreter req'd. -
University Hospital Ayr Dalmellington Road Ayr KA6 6DX	
<b>Urgency of referral</b>	<b>Urgent</b>
<b>Date of referral</b>	<b>26-Jan-2021</b>
<b>Date submitted</b>	<b>27-Jan-2021</b>

<b>PATIENT DETAILS</b>		<b>Patient's address</b>
<b>Surname</b>	Dorricott	27a Knockcushan Street GIRVAN KA26 9AG
<b>Forename(s)</b>	Gary	
<b>Title</b>	-	
<b>Sex</b>	Male	
<b>Date of birth</b>	08-Jul-1989	
<b>CHI no.</b>	0807890030	Contact number(s) Voice: 710085

<b>REGISTERED GP DETAILS</b>		<b>Practice address</b>		
<b>Name</b>	Dr Kenneth L Brooksbank	Health Centre Girvan Community Hospital GIRVAN Ayrshire		
<b>GMC code</b>	4186731		<b>GP code</b>	24716
<b>Practice name</b>	The Health Centre (16744)			
<b>Practice code</b>	80274			
		Contact number(s) Voice: 01465713343 Facsimile: 01465716424		

<b>REFERRING PRACTITIONER DETAILS</b>		<b>Practice address</b>		
<b>Name</b>	Dr. Kenneth Brooksbank	Girvan Community Hospital Bridgemill Girvan KA26 9HQ		
<b>GMC code</b>	4186731		<b>GP code</b>	24716
<b>Practice name</b>	Drs McMaster, Moore & Brooksbank (80274)			
<b>Practice code</b>	80274			
		Contact number(s) Voice: 01465 713 343		

**CLINICAL INFORMATION****History of presenting complaint / examination findings / investigation results****Presenting complaint**

Description: ? Raynaud's Syndrome Right Hand or Vibration White Finger

Comment: I would be grateful for your advice on this gentleman. He has been a self-employed gardner in the past and has worked with grinding machinery and he thought he may well have vibration white finger although I am not convinced that his exposure has been significant enough. Over the last six months or so he has described to me what sounds more like Raynaud Syndrome with a Raynaud phenomenon. Fingers in his right hand (dominant hand) turning white then blue then turning back to white before becoming pink with obvious difference in temperature compared to the right hand, unusual that it is unilateral which makes him think that it could be a vibration white finger. He occasionally has some pain affecting his knee and occasionally feels it is a bit puffy around his right knee and has no other musculoskeletal symptoms of connective tissue disease. At the moment he is taking Tramadol and Nortriptyline. He is not working at the moment. I have arranged to update his bloods and he is an ex-smoker. I don't know whether he requires confirmation or not of vibration white finger but I would be grateful for your input.

Our Ref: KLB/MC

**Examinations and Investigations**

Ex smoker: 15-Jan-2010 00:00  
Teetotaller: Disease: SPICE Basic Health Values, priority=2 22-Aug-2005 00:00

**Reason for referral**

Care type requested: Out Patient  
Expected outcome: Not Specified

**Past medical history****Pre-existing conditions**

<u>Description</u>	<u>Laterality</u>	<u>Modifier</u>	<u>Extension</u>	<u>Date of onset</u>	<u>Recorded Date</u>
Fracture of upper limb	-	-	# neck of 5th metacarpal	17-Nov-2004	17-Nov-2004
[X]Attention deficit hyperactivity disorder	-	-	-	08-Jan-1999	08-Jan-1999
Epilepsy	-	-	-	15-Aug-1993	15-Aug-1993
[D]Convulsions, febrile	-	-	? erythema infectiosum	13-Aug-1993	13-Aug-1993
[D]Convulsions, febrile	-	-	-	01-Nov-1991	01-Nov-1991
[D]Convulsions, febrile	-	-	secondary to tonsillitis	25-Oct-1990	25-Oct-1990
[D]Convulsions, febrile	-	-	x2 - secondary to otitis media	14-Jul-1990	14-Jul-1990

**Past procedures**

<u>Description</u>	<u>Laterality</u>	<u>Modifier</u>	<u>Comments</u>	<u>Date performed</u>	<u>Recorded Date</u>
Nuclear magnetic resonance	-	-	MRI spine showed only minor disc bulges in L3-L5 - see docman	31-Mar-2016	31-Mar-2016

**Current medication** (Active Repeat medication issued within the last 12 months)

No current medications recorded

**Recent medication** (Any medication issued within last 90 days not shown above)

<u>Drug name</u>	<u>BNF code</u>	<u>Formulation</u>	<u>Dosage</u>	<u>Frequency</u>	<u>Course started</u>	<u>Duration</u>	<u>Last Prescribed Date</u>
Nortriptyline Capsules 25 mg	-	28 capsule	1 Tab nocte	-	25-Jan-2021	42 Days	25-Jan-2021
Tramadol		100	ONE OR TWO TO BE TAKEN		25-Jan-		25-Jan-

Hydrochloride Capsules 50 mg	040702040AAAAAA	capsule	FOUR TIMES A DAY WHEN REQUIRED	-	2021	42 Days	2021
Ketoprofen Gel 2.5 %	100302010AAAAAA	100 gram	TO BE USED TWICE A DAY	-	25-Jan-2021	42 Days	25-Jan-2021
<b>Clinical warnings</b>				Smoking status		Alcohol consumption	
<b>Lifestyle risks</b>				Number per day ? (not known)		Units per day ? (not known)	
Exercise status: Not Known							
<b>Additional relevant information</b>							
<b>Administrative information</b>							
Referred By:Registered GP							
<b>Social circumstances</b>							

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**Signature** of referring doctor (or other professional) **Date**

Hospital use only	Clinic	Day Date	Time	Hospital No.
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Transport required?

Unique Care Pathway Number: 1010213070448

**REFERRAL LETTER**  
MEDICAL IN CONFIDENCE

**CHI:0807890030**

<b>REFERRAL TO</b>	
ShoulderC8A2 AA Shoulder	Ethnic Origin (White) Scottish
	Language interpreter req'd -
	Religion -
	<b>Religious Observance</b> -
Musculoskeletal Triage and Treatment NHS Ayrshire & Arran	Vision impairment -
	Hearing impairment -
	Sign language interpreter req'd. -
<b>Urgency of referral</b>	<b>Routine</b>
<b>Date of referral</b>	<b>14-Jul-2020</b>
<b>Date submitted</b>	<b>16-Jul-2020</b>

<b>PATIENT DETAILS</b>		<b>Patient's address</b>
<b>Surname</b>	Dorricott	27a Knockcushan Street GIRVAN KA26 9AG
<b>Forename(s)</b>	Gary	
<b>Title</b>	-	
<b>Sex</b>	Male	
<b>Date of birth</b>	08-Jul-1989	
<b>CHI no.</b>	0807890030	Contact number(s) Voice: 710085

<b>REGISTERED GP DETAILS</b>		<b>Practice address</b>		
<b>Name</b>	Dr Kenneth L Brooksbank	Health Centre Girvan Community Hospital GIRVAN Ayrshire		
<b>GMC code</b>	4186731		<b>GP code</b>	24716
<b>Practice name</b>	The Health Centre (16744)			
<b>Practice code</b>	80274			
		Contact number(s) Voice: 01465713343 Facsimile: 01465716424		

<b>REFERRING PRACTITIONER DETAILS</b>		<b>Practice address</b>		
<b>Name</b>	Dr. Bruce McMaster	Girvan Community Hospital Bridgemill Girvan KA26 9HQ		
<b>GMC code</b>	2956158		<b>GP code</b>	23302
<b>Practice name</b>	Drs McMaster, Moore & Brooksbank (80274)			
<b>Practice code</b>	80274			
		Contact number(s) Voice: 01465 713 343		

**CLINICAL INFORMATION****History of presenting complaint / examination findings / investigation results****Presenting complaint**

Description: See Below

Comment: This thirty one year old man recently attended Accident and Emergency with right shoulder pain. X-ray showed no bony abnormality. He describes global tenderness but retains full range of movement. I have prescribed him an anti-inflammatory with a PPI and analgesia as required.

A physio referral was recommended by Accident and Emergency.

I am grateful for your assessment.

Our Ref: BWM/AF

**Examinations and Investigations**

Ex smoker: 15-Jan-2010 00:00

Teetotaler: Disease: SPICE Basic Health Values, priority=2 22-Aug-2005 00:00

**Reason for referral**

Care type requested: Out Patient

Expected outcome: Not Specified

**Past medical history****Pre-existing conditions**

<u>Description</u>	<u>Laterality</u>	<u>Modifier</u>	<u>Extension</u>	<u>Date of onset</u>	<u>Recorded Date</u>
Fracture of upper limb	-	-	# neck of 5th metacarpal	17-Nov-2004	17-Nov-2004
[X]Attention deficit hyperactivity disorder	-	-	-	08-Jan-1999	08-Jan-1999
Epilepsy	-	-	-	15-Aug-1993	15-Aug-1993
[D]Convulsions, febrile	-	-	? erythema infectiosum	13-Aug-1993	13-Aug-1993
[D]Convulsions, febrile	-	-	-	01-Nov-1991	01-Nov-1991
[D]Convulsions, febrile	-	-	secondary to tonsillitis	25-Oct-1990	25-Oct-1990
[D]Convulsions, febrile	-	-	x2 - secondary to otitis media	14-Jul-1990	14-Jul-1990

**Past procedures**

<u>Description</u>	<u>Laterality</u>	<u>Modifier</u>	<u>Comments</u>	<u>Date performed</u>	<u>Recorded Date</u>
Nuclear magnetic resonance	-	-	MRI spine showed only minor disc bulges in L3-L5 - see docman	31-Mar-2016	31-Mar-2016

**Current medication** (Active Repeat medication issued within the last 12 months)

No current medications recorded

**Recent medication** (Any medication issued within last 90 days not shown above)

<u>Drug name</u>	<u>BNF code</u>	<u>Formulation</u>	<u>Dosage</u>	<u>Frequency</u>	<u>Course started</u>	<u>Duration</u>	<u>Last Prescribed Date</u>
Meloxicam Tablets 15 mg	1001010AAAAABAB	30 TABLET	ONE TO BE TAKEN DAILY	-	14-Jul-2020	30 Days	14-Jul-2020
Omeprazole Capsules (Gastro-Resistant) 20 mg	0103050P0AAAGAG	28 CAPSULE	ONE TO BE TAKEN EACH DAY	-	14-Jul-2020	28 Days	14-Jul-2020
			TWO TO BE				

Co-Codamol 30/500 Tablets	0407010F0AAHAH	50 tablet	TAKEN FOUR TIMES A DAY WHEN REQUIRED	-	14-Jul- 2020	6 Days	14-Jul- 2020
<b>Clinical warnings</b>			Smoking status		Alcohol consumption		
<b>Lifestyle risks</b> Exercise status: Not Known			Number per day 0 (ex-smoker)		Units per day 0 (teetotaler)		
<b>Additional relevant information</b>							
<b>Administrative information</b> Referred By:Registered GP							
<b>Social circumstances</b>							

_____	_____
<b>Signature</b> of referring doctor (or other professional)	<b>Date</b>

Hospital use only	Clinic	Day Date	Time	Hospital No.
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Transport required?

## REFERRAL LETTER

MEDICAL IN CONFIDENCE

<b>REFERRAL TO</b>	
Multiple/Other Joint R5A3 AA Multiple - Other Joint	— <b>Consultant / receiving practitioner and/or specialty clinic</b>
Musculoskeletal Triage and Treatment NHS Ayrshire & Arran	— <b>Hospital and hospital address</b>
	Hospital unit no. A030G
	Email address -
<b>Urgency of referral</b>	<b>Routine</b>

<b>PATIENT DETAILS</b>		<b>Patient's address</b>
<b>Surname</b>	Dorriccott	27a Knockcushan Street GIRVAN KA26 9AG
<b>Forename(s)</b>	Gary	
<b>Title</b>	-	
<b>Sex</b>	Male	
<b>Date of birth</b>	08-Jul-1989	
<b>CHI no.</b>	0807890030	Contact number(s) Voice: 710085

<b>REGISTERED GP DETAILS</b>		<b>Practice address</b>		
<b>Name</b>	Dr Kenneth L Brooksbank	Health Centre Girvan Community Hospital GIRVAN Ayrshire		
<b>GMC code</b>	4186731		<b>GP code</b>	24716
<b>Practice name</b>	The Health Centre (16744)			
<b>Practice code</b>	80274			
		Contact number(s) Voice: 01465713343 Facsimile: 01465716424		

<b>REFERRING PRACTITIONER DETAILS</b>		<b>Practice address</b>		
<b>Name</b>	Dr. Kenneth Brooksbank	Girvan Community Hospital Bridgemill Girvan KA26 9HQ		
<b>GMC code</b>	4186731		<b>GP code</b>	24716
<b>Practice name</b>	Drs McMaster, Moore & Brooksbank (80274)			
<b>Practice code</b>	80274			
		Contact number(s) Voice: 01465 713 343		

**CLINICAL INFORMATION****History of presenting complaint / examination findings / investigation results****Presenting complaint**

Description: See Below

Comment: This gentleman has quite widespread back, neck and leg pain. He is quite keen to undertake physiotherapy and I would be grateful if he could be offered a routine appointment.

Our Ref: KLB/AF

**Examinations and Investigations**

Ex smoker: 15-Jan-2010 00:00

Teetotaller: Disease: SPICE Basic Health Values, priority=2 22-Aug-2005 00:00

**Reason for referral**

Care type requested: Out Patient

Expected outcome: Not Specified

**Past medical history****Pre-existing conditions**

<u>Description</u>	<u>Laterality</u>	<u>Modifier</u>	<u>Extension</u>	<u>Date of onset</u>
Fracture of upper limb	-	-	# neck of 5th metacarpal	17-Nov-2004
[X]Attention deficit hyperactivity disorder	-	-	-	08-Jan-1999
Epilepsy	-	-	-	15-Aug-1993
[D]Convulsions, febrile	-	-	? erythema infectiosum	13-Aug-1993
[D]Convulsions, febrile	-	-	-	01-Nov-1991
[D]Convulsions, febrile	-	-	secondary to tonsillitis	25-Oct-1990
[D]Convulsions, febrile	-	-	x2 - secondary to otitis media	14-Jul-1990

**Past procedures**

<u>Description</u>	<u>Laterality</u>	<u>Modifier</u>	<u>Date performed</u>
Nuclear magnetic resonance	-	-	31-Mar-2016

**Current and recent medication**

<u>Drug name</u>	<u>BNF code</u>	<u>Formulation</u>	<u>Dosage</u>	<u>Frequency</u>	<u>Course started</u>	<u>Duration</u>
Tramadol Hydrochloride Capsules 50 mg	040702040AAAAAA	100 CAPSULE	ONE OR TWO TO BE TAKEN UP TO FOUR TIMES A DAY WHEN REQUIRED	-	13-Feb-2020	42 Days
Ketoprofen Gel 2.5 %	100302010AAAAAA	100 gram	TO BE USED TWICE A DAY	-	13-Feb-2020	42 Days
Lansoprazole Capsules (Gastro-Resistant) 30 mg	0103050L0AAAAAA	28 CAPSULE	ONE TO BE TAKEN EACH DAY	-	20-Dec-2019	28 Days
Etoricoxib Tablets 120 mg	-	7 tablet	ONE TO BE TAKEN EACH DAY	-	20-Dec-2019	7 Days
Tramadol Hydrochloride Capsules 50 mg	040702040AAAAAA	100 CAPSULE	ONE OR TWO TO BE TAKEN UP TO FOUR TIMES A DAY WHEN REQUIRED	-	20-Dec-2019	12 Days
Paracetamol Tablets 500 mg	0407010H0AAAMAM	100 TABLET	TWO TO BE TAKEN FOUR TIMES A DAY	-	20-Dec-2019	12 Days
Nortriptyline Tablets 25 mg	0403010V0AAAEAE	60 TABLET	TWO TO BE TAKEN AT NIGHT	-	24-Oct-2019	172 Days

**Clinical warnings****Lifestyle risks**

Exercise status: Not Known

Smoking status

Alcohol consumption

Number per day 0 (ex-smoker)
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Units per day 0 (teetotaller)
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**Additional relevant information**

**Administrative information**

Referred By:Registered GP

**Social circumstances**

Ethnic Origin: (White) Scottish

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**Signature** of referring doctor (or other professional) **Date**

Hospital use only	Clinic	Day Date	Time	Hospital No.
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Transport required?

Unique Care Pathway Number: 101019319979U

**REFERRAL LETTER**  
MEDICAL IN CONFIDENCE

CHI:0807890030

<b>REFERRAL TO</b>	
Spinal R5A1 AA Back Pain	Ethnic Origin (White) Scottish
	Language interpreter req'd -
	Religion -
	<b>Religious Observance</b> -
Musculoskeletal Triage and Treatment NHS Ayrshire & Arran	Vision impairment -
	Hearing impairment -
	Sign language interpreter req'd. -
<b>Urgency of referral</b>	Routine
<b>Date of referral</b>	08-Aug-2019
<b>Date submitted</b>	09-Aug-2019

<b>PATIENT DETAILS</b>		<b>Patient's address</b>
<b>Surname</b>	Dorricott	27a Knockcushan Street GIRVAN KA26 9AG
<b>Forename(s)</b>	Gary	
<b>Title</b>	-	
<b>Sex</b>	Male	
<b>Date of birth</b>	08-Jul-1989	
<b>CHI no.</b>	0807890030	Contact number(s) Voice: 710085

<b>REGISTERED GP DETAILS</b>		<b>Practice address</b>		
<b>Name</b>	Dr Kenneth L Brooksbank	Health Centre Girvan Community Hospital GIRVAN Ayrshire		
<b>GMC code</b>	4186731		<b>GP code</b>	24716
<b>Practice name</b>	The Health Centre (16744)			
<b>Practice code</b>	80274			
		Contact number(s) Voice: 01465713343 Facsimile: 01465716424		

<b>REFERRING PRACTITIONER DETAILS</b>		<b>Practice address</b>		
<b>Name</b>	Dr. Kenneth Brooksbank	Girvan Community Hospital Bridgemill Girvan KA26 9HQ		
<b>GMC code</b>	4186731		<b>GP code</b>	24716
<b>Practice name</b>	Drs McMaster, Moore & Brooksbank (80274)			
<b>Practice code</b>	80274			
		Contact number(s) Voice: 01465 713 343		

**CLINICAL INFORMATION****History of presenting complaint / examination findings / investigation results****Presenting complaint**

Description: See below

Comment: I would be grateful for your opinion on this 30 year-old gentleman who has been complaining of severe lower back pain which is now radiating down his right leg from the buttock down to his ankles. Occasionally he gets a cramping sensation in his lower limb and he claims that his knee continues to pop and he finds it very stiff. He has struggled to walk but denies any bowel or bladder symptoms and he has no saddle or anaesthesia though he has complained of increased frequency of micturition but no other urinary symptoms. He has had problems with his back in the past. He presented to the A&E department in 2016 but at that time it was severe neck pain and a bout of urinary incontinence. Miss Gibson had arranged for him to have a total spinal scan but this showed no abnormality. On examination today he was very tender in the lower lumbar sacral lesion, very tender over the lumbar 4th and lumbar 5th vertebra and in the para-vertebral region. He had limited range of movements on flexion and extension and tends to lean forward while at 50 due to the pain. Straight leg raise was limited to about 30o and there was no evidence of loss of power or sensation and he is fully weight bearing. In view of his severe pain I have prescribed him some Tramadol and Amitriptyline 25 mg to be taken at night. Many thanks for arranging to see him.

Dr R Sondhi  
Locum GP

Our Ref: RS/MC

**Examinations and Investigations**

Ex smoker: 15-Jan-2010 00:00  
Teetotaller: Disease: SPICE Basic Health Values, priority=2 22-Aug-2005 00:00

**Reason for referral**

Care type requested: Out Patient  
Expected outcome: Not Specified

**Past medical history****Pre-existing conditions**

<u>Description</u>	<u>Laterality</u>	<u>Modifier</u>	<u>Extension</u>	<u>Date of onset</u>	<u>Recorded Date</u>
Sciatica	-	-	-	07-Aug-2019	07-Aug-2019
Fracture of upper limb	-	-	# neck of 5th metacarpal	17-Nov-2004	17-Nov-2004
[X]Attention deficit hyperactivity disorder	-	-	-	08-Jan-1999	08-Jan-1999
Epilepsy	-	-	-	15-Aug-1993	15-Aug-1993
[D]Convulsions, febrile	-	-	? erythema infectiosum	13-Aug-1993	13-Aug-1993
[D]Convulsions, febrile	-	-	-	01-Nov-1991	01-Nov-1991
[D]Convulsions, febrile	-	-	secondary to tonsillitis	25-Oct-1990	25-Oct-1990
[D]Convulsions, febrile	-	-	x2 - secondary to otitis media	14-Jul-1990	14-Jul-1990

**Past procedures**

<u>Description</u>	<u>Laterality</u>	<u>Modifier</u>	<u>Comments</u>	<u>Date performed</u>	<u>Recorded Date</u>
Nuclear magnetic resonance	-	-	MRI spine showed only minor disc bulges in L3-L5 - see docman	31-Mar-2016	31-Mar-2016

**Current medication** (Active Repeat medication issued within the last 12 months)

No current medications recorded

**Recent medication** (Any medication issued within last 90 days not shown above)Last

<u>Drug name</u>	<u>BNF code</u>	<u>Formulation</u>	<u>Dosage</u>	<u>Frequency</u>	<u>Course started</u>	<u>Duration</u>	<u>Prescribed Date</u>
Amitriptyline Hydrochloride Tablets 25 mg	0403010B0AAAHAH	28 TABLET	ONE TO BE TAKEN NOCTE	-	07-Aug-2019	42 Days	07-Aug-2019
Tramadol Hydrochloride Capsules 50 mg	040702040AAAAAA	30 capsule	ONE OR TWO TO BE TAKEN UP TO FOUR TIMES A DAY WHEN REQUIRED	-	07-Aug-2019	4 Days	07-Aug-2019
Citalopram Hydrobromide Tablets 20 mg	0403030D0AAAAAA	14 tablet	ONE TO BE TAKEN EACH DAY	-	22-May-2019	14 Days	22-May-2019
Citalopram Hydrobromide Tablets 40 mg	0403030D0AAACAC	14 tablet	ONE TO BE TAKEN EACH DAY	-	22-May-2019	14 Days	22-May-2019
Ketoprofen Gel 2.5 %	100302010AAAAAA	50 GRAM	TO BE USED TWICE A DAY	-	22-May-2019	42 Days	22-May-2019
Naproxen Tablets 500 mg	1001010P0AAAEAE	56 TABLET	ONE TO BE TAKEN TWICE A DAY	-	22-May-2019	28 Days	22-May-2019
Omeprazole Capsules (Gastro-Resistant) 20 mg	0103050P0AAAGAG	28 CAPSULE	ONE TO BE TAKEN EACH DAY	-	22-May-2019	28 Days	22-May-2019
<b>Clinical warnings</b>				Smoking status		Alcohol consumption	
<b>Lifestyle risks</b>				Number per day ? (not known)		Units per day ? (not known)	
Exercise status: Not Known							
<b>Additional relevant information</b>							
<b>Administrative information</b>							
Referred By:Registered GP							
<b>Social circumstances</b>							

\_\_\_\_\_  
**Signature** of referring doctor (or other professional) **Date**

Hospital use only	Clinic	Day Date	Time	Hospital No.
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<b>Transport required?</b>
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Unique Care Pathway Number: 101018805832H

**REFERRAL LETTER**  
MEDICAL IN CONFIDENCE

**CHI:0807890030**

<b>REFERRAL TO</b>	
Community Mental Health Services - South G1AE AA Adult Mental Health	Ethnic Origin <input type="text" value="(White) Scottish"/> Language interpreter req'd <input type="text" value="-"/> Religion <input type="text" value="-"/> <b>Religious Observance</b> <input type="text" value="-"/> Vision impairment <input type="text" value="-"/> Hearing impairment <input type="text" value="-"/> Sign language interpreter req'd. <input type="text" value="-"/>
Community Mental Health Services - Adult NHS Ayrshire & Arran	
<b>Urgency of referral</b>	<b>Routine</b>
<b>Date of referral</b>	<b>29-May-2019</b>
<b>Date submitted</b>	<b>04-Jun-2019</b>

<b>PATIENT DETAILS</b>		<b>Patient's address</b>
<b>Surname</b>	<input type="text" value="Dorriccott"/>	<input type="text" value="27a Knockcushan Street&lt;br/&gt;GIRVAN&lt;br/&gt;KA26 9AG"/>
<b>Forename(s)</b>	<input type="text" value="Gary"/>	
<b>Title</b>	<input type="text" value="-"/>	
<b>Sex</b>	<input type="text" value="Male"/>	
<b>Date of birth</b>	<input type="text" value="08-Jul-1989"/>	
<b>CHI no.</b>	<input type="text" value="0807890030"/>	Contact number(s)
		<input type="text" value="Voice: 710085"/>

<b>REGISTERED GP DETAILS</b>		<b>Practice address</b>
<b>Name</b>	<input type="text" value="Dr Kenneth L Brooksbank"/>	<input type="text" value="Health Centre&lt;br/&gt;Girvan Community Hospital&lt;br/&gt;GIRVAN&lt;br/&gt;Ayrshire"/>
<b>GMC code</b>	<input type="text" value="4186731"/> <b>GP code</b> <input type="text" value="24716"/>	
<b>Practice name</b>	<input type="text" value="The Health Centre (16744)"/>	
<b>Practice code</b>	<input type="text" value="80274"/>	
		Contact number(s)
		<input type="text" value="Voice: 01465713343&lt;br/&gt;Facsimile: 01465716424"/>

<b>REFERRING PRACTITIONER DETAILS</b>		<b>Practice address</b>
<b>Name</b>	<input type="text" value="Dr. Kenneth Brooksbank"/>	<input type="text" value="Girvan Community Hospital&lt;br/&gt;Bridgemill&lt;br/&gt;Girvan&lt;br/&gt;KA26 9HQ"/>
<b>GMC code</b>	<input type="text" value="4186731"/> <b>GP code</b> <input type="text" value="24716"/>	
<b>Practice name</b>	<input type="text" value="Drs McMaster, Moore &amp; Brooksbank (80274)"/>	
<b>Practice code</b>	<input type="text" value="80274"/>	
		Contact number(s)
		<input type="text" value="Voice: 01465 713 343"/>

**CLINICAL INFORMATION****History of presenting complaint / examination findings / investigation results****Presenting complaint**

Description: See below

Comment: This gentleman possibly didn't receive the last appointment as he had moved house. He is keen for further input. His previous letter is attached. Gary had a past history of ADD/ADHD at school but had an extremely traumatic life in care. He is not sure how much he wants to delve into his past but I think he could do with support in terms of dealing with the legacy of this in terms of managing anxiety, unhappy thought processes and low mood. He is not taking any significant alcohol or drugs and has agreed to take anti-depressant medication. However I would be grateful for your input.

Our Ref: KLB/MC

**Examinations and Investigations**

Is patient aware of referral?:	Yes	-
If referral is urgent, has this been discussed with duty clinician:	No	-
1. Are there current active thoughts of self harm, is there a plan?:	Unknown	-
Is there a History of suicidal or self harm injurious behaviours?:	Unknown	-
Any history or current threat of violence or aggression, considerations to staff safety?:	Unknown	-
Any social circumstances or previous psychiatric history impacting on current presentation?:	Yes	-
Social circumstances/previous psychiatric history comments:	see above	-
Considerations of vulnerability /Child Protection Issues/ First presentation Psychosis/ Peri-Natal:	Unknown	-
Ex smoker:		15-Jan-2010 00:00
Teetotaler:	Disease: SPICE Basic Health Values, priority=2	22-Aug-2005 00:00

**Reason for referral**

Care type requested: Out Patient  
Expected outcome: Not Specified

**Past medical history****Pre-existing conditions**

<u>Description</u>	<u>Laterality</u>	<u>Modifier</u>	<u>Extension</u>	<u>Date of onset</u>	<u>Recorded Date</u>
Fracture of upper limb	-	-	# neck of 5th metacarpal	17-Nov-2004	17-Nov-2004
[X]Attention deficit hyperactivity disorder	-	-	-	08-Jan-1999	08-Jan-1999
Epilepsy	-	-	-	15-Aug-1993	15-Aug-1993
[D]Convulsions, febrile	-	-	? erythema infectiosum	13-Aug-1993	13-Aug-1993
[D]Convulsions, febrile	-	-	-	01-Nov-1991	01-Nov-1991
[D]Convulsions, febrile	-	-	secondary to tonsillitis	25-Oct-1990	25-Oct-1990
[D]Convulsions, febrile	-	-	x2 - secondary to otitis media	14-Jul-1990	14-Jul-1990

**Past procedures**

<u>Description</u>	<u>Laterality</u>	<u>Modifier</u>	<u>Comments</u>	<u>Date performed</u>	<u>Recorded Date</u>
Nuclear magnetic resonance	-	-	MRI spine showed only minor disc bulges in L3-L5 - see docman	31-Mar-2016	31-Mar-2016

**Current medication** (Active Repeat medication issued within the last 12 months)

No current medications recorded

**Recent medication** (Any medication issued within last 90 days not shown above)

<u>Drug name</u>	<u>BNF code</u>	<u>Formulation</u>	<u>Dosage</u>	<u>Frequency</u>	<u>Course started</u>	<u>Duration</u>	<u>Last Prescribed Date</u>
Citalopram Hydrobromide Tablets 20 mg	0403030D0AAAAAA	14 tablet	ONE TO BE TAKEN EACH DAY	-	22-May-2019	14 Days	22-May-2019
Citalopram Hydrobromide Tablets 40 mg	0403030D0AAACAC	14 tablet	ONE TO BE TAKEN EACH DAY	-	22-May-2019	14 Days	22-May-2019
Ketoprofen Gel 2.5 %	100302010AAAAAA	50 GRAM	TO BE USED TWICE A DAY	-	22-May-2019	42 Days	22-May-2019
Naproxen Tablets 500 mg	1001010P0AAAEAE	56 TABLET	ONE TO BE TAKEN TWICE A DAY	-	22-May-2019	28 Days	22-May-2019
Omeprazole Capsules (Gastro-Resistant) 20 mg	0103050P0AAAGAG	28 CAPSULE	ONE TO BE TAKEN EACH DAY	-	22-May-2019	28 Days	22-May-2019
Zolpidem Tartrate Tablets 5 mg	0401010Y0AAAAAA	14 tablet	ONE TO BE TAKEN AT NIGHT	-	27-Mar-2019	14 Days	27-Mar-2019
Otomize Spray	120101050BCAAAB	1 SPRAY	ONE SPRAY TO BE USED THREE TIMES A DAY	-	15-Feb-2019	82 Days	27-Mar-2019

**Clinical warnings****Lifestyle risks**

Exercise status: Not Known

Smoking status

Number per day  
? (not known)

Alcohol consumption

Units per day  
? (not known)**Additional relevant information****Administrative information**

Referred By:Registered GP

**Social circumstances**

\_\_\_\_\_  
**Signature** of referring doctor (or other professional) **Date**

Hospital use only	Clinic	Day Date	Time	Hospital No.
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Transport required?

## REFERRAL LETTER

MEDICAL IN CONFIDENCE

<b>REFERRAL TO</b>	
DermatologyA7 AA Gen Ref - PMH Med & High	— <b>Consultant / receiving practitioner and/or specialty clinic</b>
University Hospital Ayr Dalmellington Road Ayr KA6 6DX	— <b>Hospital and hospital address</b>
	Hospital unit no. A210H
	Email address -
<b>Urgency of referral</b>	<b>Urgent</b>

<b>PATIENT DETAILS</b>		<b>Patient's address</b>
<b>Surname</b>	Dorriccott	27a Knockcushan Street GIRVAN KA26 9AG
<b>Forename(s)</b>	Gary	
<b>Title</b>	-	
<b>Sex</b>	Male	
<b>Date of birth</b>	08-Jul-1989	
<b>CHI no.</b>	0807890030	Contact number(s) Voice: 710085

<b>REGISTERED GP DETAILS</b>		<b>Practice address</b>		
<b>Name</b>	Dr Kenneth L Brooksbank	Health Centre Girvan Community Hospital GIRVAN Ayrshire		
<b>GMC code</b>	4186731		<b>GP code</b>	24716
<b>Practice name</b>	The Health Centre (16744)			
<b>Practice code</b>	80274			
		Contact number(s) Voice: 01465713343 Facsimile: 01465716424		

<b>REFERRING PRACTITIONER DETAILS</b>		<b>Practice address</b>		
<b>Name</b>	Dr. Kenneth Brooksbank	Girvan Community Hospital Bridgemill Girvan KA26 9HQ		
<b>GMC code</b>	4186731		<b>GP code</b>	24716
<b>Practice name</b>	Drs McMaster, Moore & Brooksbank (80274)			
<b>Practice code</b>	80274			
		Contact number(s) Voice: 01465 713 343		

**CLINICAL INFORMATION****History of presenting complaint / examination findings / investigation results****Presenting complaint**

Description: New Worrying Pigmented Lesion Left Cheek/Mandible

Comment: This patient worried that he may have a melanoma on his left mandible. He had previously had what he describes as a small freckle but over the last couple of months has a fairly rapidly enlarging lesion on his cheek/mandible. It seems reasonably well circum\_\_ but is particularly black. It is approximately 1.5 x 1 cm in size and appears stuck on. I wonder if it was a blue nevus but would be grateful for your urgent assessment.

Our Ref: KLB/MC

**Examinations and Investigations**

Ex smoker: 15-Jan-2010 00:00

Teetotaller: Disease: SPICE Basic Health Values, priority=2 22-Aug-2005 00:00

**Reason for referral**

Care type requested: Out Patient

Expected outcome: Not Specified

**Past medical history****Pre-existing conditions**

<u>Description</u>	<u>Laterality</u>	<u>Modifier</u>	<u>Extension</u>	<u>Date of onset</u>
Fracture of upper limb	-	-	# neck of 5th metacarpal	17-Nov-2004
[X]Attention deficit hyperactivity disorder	-	-	-	08-Jan-1999
Epilepsy	-	-	-	15-Aug-1993
[D]Convulsions, febrile	-	-	? erythema infectiosum	13-Aug-1993
[D]Convulsions, febrile	-	-	-	01-Nov-1991
[D]Convulsions, febrile	-	-	secondary to tonsillitis	25-Oct-1990
[D]Convulsions, febrile	-	-	x2 - secondary to otitis media	14-Jul-1990

**Past procedures**

<u>Description</u>	<u>Laterality</u>	<u>Modifier</u>	<u>Date performed</u>
Nuclear magnetic resonance	-	-	31-Mar-2016

**Current and recent medication**

<u>Drug name</u>	<u>BNF code</u>	<u>Formulation</u>	<u>Dosage</u>	<u>Frequency</u>	<u>Course started</u>	<u>Duration</u>
Citalopram Hydrobromide Tablets 20 mg	0403030D0AAAAAA	14 tablet	ONE TO BE TAKEN EACH DAY	-	22-May-2019	14 Days
Citalopram Hydrobromide Tablets 40 mg	0403030D0AAACAC	14 tablet	ONE TO BE TAKEN EACH DAY	-	22-May-2019	14 Days
Ketoprofen Gel 2.5 %	100302010AAAAAA	50 GRAM	TO BE USED TWICE A DAY	-	22-May-2019	42 Days
Naproxen Tablets 500 mg	1001010P0AAAEAE	56 TABLET	ONE TO BE TAKEN TWICE A DAY	-	22-May-2019	28 Days
Omeprazole Capsules (Gastro-Resistant) 20 mg	0103050P0AAAGAG	28 CAPSULE	ONE TO BE TAKEN EACH DAY	-	22-May-2019	28 Days
Zolpidem Tartrate Tablets 5 mg	0401010Y0AAAAAA	14 tablet	ONE TO BE TAKEN AT NIGHT	-	27-Mar-2019	14 Days
Otomize Spray	120101050BCAAAB	1 SPRAY	ONE SPRAY TO BE USED THREE TIMES A DAY	-	15-Feb-2019	82 Days

**Clinical warnings****Lifestyle risks**

Exercise status: Not Known

Smoking status

Alcohol consumption

Number per day ? (not known)
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Units per day ? (not known)
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**Additional relevant information**

**Administrative information**

Referred By:Registered GP

**Social circumstances**

Ethnic Origin: (White) Scottish

\_\_\_\_\_  
**Signature** of referring doctor (or other professional) **Date**

Hospital use only	Clinic	Day Date	Time	Hospital No.
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**Transport required?**

Unique Care Pathway Number: 1010176240180

**REFERRAL LETTER**  
MEDICAL IN CONFIDENCE

**CHI:0807890030**

<b>REFERRAL TO</b>	
Community Mental Health Services - South G1AE AA Adult Mental Health	Ethnic Origin: (White) Scottish Language interpreter req'd: - Religion: - <b>Religious Observance</b> : - Vision impairment: - Hearing impairment: - Sign language interpreter req'd: -
Community Mental Health Services - Adult NHS Ayrshire & Arran	
<b>Urgency of referral</b>	<b>Routine</b>
<b>Date of referral</b>	<b>13-Dec-2018</b>
<b>Date submitted</b>	<b>17-Dec-2018</b>

<b>PATIENT DETAILS</b>		<b>Patient's address</b>
<b>Surname</b>	Dorriccott	2 The Avenue GIRVAN KA26 9DS
<b>Forename(s)</b>	Gary	
<b>Title</b>	-	
<b>Sex</b>	Male	
<b>Date of birth</b>	08-Jul-1989	
<b>CHI no.</b>	0807890030	Contact number(s) Voice: 710085

<b>REGISTERED GP DETAILS</b>		<b>Practice address</b>		
<b>Name</b>	Dr Kenneth L Brooksbank	Health Centre Girvan Community Hospital GIRVAN Ayrshire		
<b>GMC code</b>	4186731		<b>GP code</b>	24716
<b>Practice name</b>	The Health Centre (16744)			
<b>Practice code</b>	80274			
		Contact number(s) Voice: 01465713343 Facsimile: 01465716424		

<b>REFERRING PRACTITIONER DETAILS</b>		<b>Practice address</b>		
<b>Name</b>	Dr. Catherine Moore	Girvan Community Hospital Bridgemill Girvan KA26 9HQ		
<b>GMC code</b>	3054806		<b>GP code</b>	24180
<b>Practice name</b>	Drs McMaster, Moore & Brooksbank (80274)			
<b>Practice code</b>	80274			
		Contact number(s) Voice: 01465 713 343		

**CLINICAL INFORMATION****History of presenting complaint / examination findings / investigation results****Presenting complaint**

Description: See Below

Comment: I would be grateful for your assistance in managing this twenty nine year old gentleman who I feel would benefit from some form of counselling.

He attended the surgery today in a distressed state and claims that his mental health has been deteriorating over the last couple of months. This appears to be triggered by the fact that he now has to appear as a witness in Court to try and assist his brother whom has made complaints about their treatment whilst they were in care and his brother suffered both physical and sexual abuse by their father. He fears that he is now reliving his life and he becomes quite angry, upset and at times guilty as he did not protect his brother at the time.

He has also had problems with insomnia, difficulty in concentrating and has been advised by his work to take some time off because he appears to be aggressive and rude at times with his work colleagues.

He claims that both his parents were drug addicts. He feels let down by the system as at the time when he was in foster care at the age of twelve he asked to be re-united with his parents. H was then cared for them by them and this led him up the wrong pathway when he became involved in crime and ended up in prison and noticed that his brother was then abused.

He has not sought any previous counselling but he know feels that rather than taking medication he is quite keen to try and address some of the issues so that he can try and move forward. I have prescribed some citalopram and has given him one week off work and he will be reviewed in one weeks time at the surgery.

Dr Ravindra Sondhi (Locum GP)

Our Ref: RS/AF

**Examinations and Investigations**

Is patient aware of referral?:	Yes	-
If referral is urgent, has this been discussed with duty clinician:	No	-
1. Are there current active thoughts of self harm, is there a plan?:	Unknown	-
Is there a History of suicidal or self harm injurious behaviours?:	Unknown	-
Any history or current threat of violence or aggression, considerations to staff safety?:	Unknown	-
Any social circumstances or previous psychiatric history impacting on current presentation?:	Yes	-
Social circumstances/previous phychitatric history comments:	SEE ABOVE	-
Considerations of vulnerability /Child Protection Issues/ First presentation Psychosis/ Peri-Natal:	Unknown	-
Ex smoker:		15-Jan-2010 00:00
Teetotaller:	Disease: SPICE Basic Health Values, priority=2	22-Aug-2005 00:00

**Reason for referral**

Care type requested: Out Patient

Expected outcome: Not Specified

**Past medical history****Pre-existing conditions**

<u>Description</u>	<u>Laterality</u>	<u>Modifier</u>	<u>Extension</u>	<u>Date of onset</u>	<u>Recorded Date</u>
Acute reaction to stress	-	-	-	11-Dec-2018	11-Dec-2018
Fracture of upper limb	-	-	# neck of 5th metacarpal	17-Nov-2004	17-Nov-2004
[X]Attention deficit hyperactivity disorder	-	-	-	08-Jan-1999	08-Jan-1999
Epilepsy	-	-	-	15-Aug-1993	15-Aug-1993

[D]Convulsions, febrile	-	-	? erythema infectiosum	13-Aug-1993	13-Aug-1993
[D]Convulsions, febrile	-	-	-	01-Nov-1991	01-Nov-1991
[D]Convulsions, febrile	-	-	secondary to tonsillitis	25-Oct-1990	25-Oct-1990
[D]Convulsions, febrile	-	-	x2 - secondary to otitis media	14-Jul-1990	14-Jul-1990

**Past procedures**

Description	Laterality	Modifier	Comments	Date performed	Recorded Date
Nuclear magnetic resonance	-	-	MRI spine showed only minor disc bulges in L3-L5 - see docman	31-Mar-2016	31-Mar-2016

**Current medication** (Active Repeat medication issued within the last 12 months)

No current medications recorded

**Recent medication** (Any medication issued within last 90 days not shown above)

Drug name	BNF code	Formulation	Dosage	Frequency	Course started	Duration	Last Prescribed Date
Otomize Spray	120101050BCAAAB	1 SPRAY	ONE SPRAY TO BE USED THREE TIMES A DAY	-	11-Dec-2018	42 Days	11-Dec-2018
Ketoprofen Gel 2.5 %	100302010AAAAAA	50 GRAM	TO BE USED TWICE A DAY	-	11-Dec-2018	42 Days	11-Dec-2018
Citalopram Hydrobromide Tablets 20 mg	0403030D0AAAAAA	28 TABLET	ONE TO BE TAKEN EACH DAY	-	11-Dec-2018	28 Days	11-Dec-2018
Ketoprofen Gel 2.5 %	100302010AAAAAA	50 GRAM	TO BE USED TWICE A DAY	-	16-Oct-2018	42 Days	16-Oct-2018
Betahistine Dihydrochloride Tablets 8 mg	0406000B0AAAAAA	84 TABLET	ONE TO BE TAKEN THREE TIMES A DAY	-	16-Oct-2018	28 Days	16-Oct-2018
Otomize Spray	120101050BCAAAB	1 SPRAY	ONE SPRAY TO BE USED THREE TIMES A DAY	-	16-Oct-2018	42 Days	16-Oct-2018

**Clinical warnings**

**Lifestyle risks**

Exercise status: Not Known

Smoking status

Number per day 0 (ex-smoker)
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Alcohol consumption

Units per day 0 (teetotaler)
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**Additional relevant information**

**Administrative information**

Referred By:Registered GP

**Social circumstances**

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**Signature** of referring doctor (or other professional) **Date**

STA1017

**X-RAY REQUEST**

DORRICOTT, Gary 0807890030 10 Clyde View GIRVAN KA26 9DJ Dr C D Floore 109A Henrietta Street, Girvan DATE Address	Unit Number	Ward-Clinic	Office Use
	Date of Birth	Previous X-Ray? Number	Appointment
	Occupation	Tick where appropriate Walking <input type="checkbox"/> Chair <input type="checkbox"/> Portable <input type="checkbox"/> Trolley <input type="checkbox"/> Ambulance <input type="checkbox"/>	
Dr. in charge of Unit <i>McMASTER</i>	Medical Urgency	YES	NO
Region to be examined <i>Tastard U.S.</i>	Date of L.M.P. .... P.P. NEGATIVE	ESSENTIAL X-RAY EXEMPT P.P.R.  Signed ..... Signed .....	

Brief clinical history including presumed diagnosis

*clio pain i swelly @ b...  
 boiler hlo h...  
 ? boiler elaguer.*

Drs McMaster, Moore & Booksbank  
 The Health Centre  
 109A Henrietta Street  
 GIRVAN KA26 9AN  
 Tel: (01465) 713343  
 PRESCRIPTIONS ONLY (014

SIGNATURE

DATE

*[Handwritten Signature]*

*2/1/05*

Hospital use only	Clinic	Day Date	Time	Hospital No.
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Transport required?

Unique Care Pathway Number: 101010853185S

**REFERRAL LETTER**  
MEDICAL IN CONFIDENCE

CHI:0807890030

<b>REFERRAL TO</b>	
Spinal R5A1 AA Back Pain	Ethnic Origin (White) Scottish
	Language interpreter req'd -
	Religion -
	<b>Religious Observance</b> -
Musculoskeletal Triage and Treatment NHS Ayrshire & Arran	Vision impairment -
	Hearing impairment -
	Sign language interpreter req'd. -
<b>Urgency of referral</b>	<b>Urgent</b>
<b>Date of referral</b>	17-Feb-2016
<b>Date submitted</b>	18-Feb-2016

<b>PATIENT DETAILS</b>		<b>Patient's address</b>
<b>Surname</b>	Dorriccott	2 The Avenue GIRVAN KA26 9DS
<b>Forename(s)</b>	Gary	
<b>Title</b>	-	
<b>Sex</b>	Male	
<b>Date of birth</b>	08-Jul-1989	
<b>CHI no.</b>	0807890030	Contact number(s) Voice: 710085

<b>REGISTERED GP DETAILS</b>		<b>Practice address</b>		
<b>Name</b>	Dr Kenneth L Brooksbank	Health Centre Girvan Community Hospital GIRVAN Ayrshire		
<b>GMC code</b>	4186731		<b>GP code</b>	24716
<b>Practice name</b>	The Health Centre (16744)			
<b>Practice code</b>	80274			
		Contact number(s) Voice: 01465713343 Facsimile: 01465716424		

<b>REFERRING PRACTITIONER DETAILS</b>		<b>Practice address</b>		
<b>Name</b>	Dr Calum Dobbie	Girvan Community Hospital Bridgemill Girvan KA26 9HQ		
<b>GMC code</b>	3589333		<b>GP code</b>	-
<b>Practice name</b>	Drs McMaster, Moore & Brooksbank (80274)			
<b>Practice code</b>	80274			
		Contact number(s) Voice: 01465 713 343		

**CLINICAL INFORMATION****History of presenting complaint / examination findings / investigation results****Presenting complaint**

Description: See below

Comment: Thank you for seeing this 26 year-old gentleman who has a history of chronic low back pain. He had a recent flare which started at the beginning of January this year. He gives no history of injury. The pain radiates into his right buttock and back of right thigh to his knee. There is no paraesthesia and numbness or weakness and no red flag symptoms. He was treated with anti-inflammatories and Co-codamol. The radiation of pain into his leg has stopped however the low back pain persists. He is keen to get back to work as soon as possible and I would be grateful if you could offer him an urgent appointment. Many thanks for seeing him.

Dr Calum Dobbie  
Locum

Our Ref: CD/MC

**Examinations and Investigations**

Ex smoker: 15-Jan-2010 00:00

Teetotaller: Disease: SPICE Basic Health Values, priority=2 22-Aug-2005 00:00

**Reason for referral**

Care type requested: Out Patient

Expected outcome: Not Specified

**Past medical history****Pre-existing conditions**

<u>Description</u>	<u>Laterality</u>	<u>Modifier</u>	<u>Extension</u>	<u>Date of onset</u>	<u>Recorded Date</u>
Hand warts	-	-	-	15-Feb-2016	15-Feb-2016
Acute back pain with sciatica	-	-	-	19-Jan-2016	19-Jan-2016
Fracture of upper limb	-	-	# neck of 5th metacarpal	17-Nov-2004	17-Nov-2004
[X]Attention deficit hyperactivity disorder	-	-	-	08-Jan-1999	08-Jan-1999
Epilepsy	-	-	-	15-Aug-1993	15-Aug-1993
[D]Convulsions, febrile	-	-	? erythema infectiosum	13-Aug-1993	13-Aug-1993
[D]Convulsions, febrile	-	-	-	01-Nov-1991	01-Nov-1991
[D]Convulsions, febrile	-	-	secondary to tonsillitis	25-Oct-1990	25-Oct-1990
[D]Convulsions, febrile	-	-	x2 - secondary to otitis media	14-Jul-1990	14-Jul-1990

**Current medication** (Active Repeat medication issued within the last 12 months)

No current medications recorded

**Recent medication** (Any medication issued within last 90 days not shown above)

<u>Drug name</u>	<u>BNF code</u>	<u>Formulation</u>	<u>Dosage</u>	<u>Frequency</u>	<u>Course started</u>	<u>Duration</u>	<u>Last Prescribed Date</u>
Salicylic Acid Gel 26 %	-	5 gram	APPLY DAILY	-	15-Feb-2016	42 Days	15-Feb-2016
Tramadol Hydrochloride Capsules 50 mg	040702040AAAAA	100 capsule	ONE OR TWO TO BE TAKEN FOUR TIMES A DAY WHEN REQUIRED	-	01-Feb-2016	12 Days	01-Feb-2016
			TWO TO BE				

Co-Codamol 30/500 Tablets	0407010F0AAAHAH	100 TABLET	TAKEN FOUR TIMES A DAY WHEN REQUIRED	-	19-Jan- 2016	12 Days	19-Jan- 2016
Diclofenac Sodium E/c tablets 50 mg	-	84 tablet	ONE TO BE TAKEN THREE TIMES A DAY WITH OR AFTER FOOD	-	19-Jan- 2016	69 Days	15-Feb- 2016
<b>Clinical warnings</b>			Smoking status		Alcohol consumption		
<b>Lifestyle risks</b> Exercise status: Not Known			Number per day ? (not known)		Units per day ? (not known)		
<b>Additional relevant information</b>							
<b>Administrative information</b> Referred By:Resident GP							
<b>Social circumstances</b>							

\_\_\_\_\_

**Signature** of referring doctor (or other professional) **Date**

Hospital use only	Clinic	Day Date	Time	Hospital No.
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Transport required?

Unique Care Pathway Number: 101006633405P

**REFERRAL LETTER**  
MEDICAL IN CONFIDENCE

**CHI:0807890030**

**REFERRAL TO**

Community Mental Health Services - South G1AE  
AA Adult Mental Health

Ethnic Origin

(White) Scottish

Language interpreter req'd

-

Religion

-

**Religious Observance**

-

Vision impairment

-

Hearing impairment

-

Sign language interpreter req'd.

-

Community Mental Health Services - Adult  
NHS Ayrshire & Arran

**Urgency of referral**

**Routine**

**Date of referral**

**28-Jan-2014**

**Date submitted**

**03-Feb-2014**

**PATIENT DETAILS**

**Surname**

Dorriccott

**Forename(s)**

Gary

Title

-

Sex

Male

**Date of birth**

08-Jul-1989

CHI no.

0807890030

**Patient's address**

10 Clyde View  
Girvan  
KA26 9DJ

Contact number(s)

Voice: 71 0167

**REGISTERED GP DETAILS**

**Name**

Dr Kenneth L Brooksbank

GMC code

4186731

GP code

24716

Practice name

The Health Centre (16744)

Practice code

80274

**Practice address**

Health Centre  
Girvan Community Hospital  
GIRVAN  
Ayrshire

Contact number(s)

Voice: 01465713343

Facsimile: 01465716424

**REFERRING PRACTITIONER DETAILS**

**Name**

Dr Anthony Murphy

GMC code

4506380

GP code

-

Practice name

Drs McMaster, Moore & Brooksbank  
(80274)

Practice code

80274

**Practice address**

Girvan Community Hospital  
Bridgemill  
Girvan  
KA26 9HQ

Contact number(s)

Voice: 01465 713 343

**CLINICAL INFORMATION****History of presenting complaint / examination findings / investigation results****Presenting complaint**

Description: See below

Comment: Thank you for seeing this 24 year-old man. I have seen Mr Dorricott a couple of times in the last two months. with issues related to stress and mood. Gary works as a labourer to a roofer although in the last couple of months he has not been able to work due to his general symptoms of tiredness, insomnia and irritability.

When I saw him at the beginning of December he had recently split from his girlfriend and there were subsequent issues with her new partner i.e. threats of violence. he is technically self employed and not in a contract although his boss is understanding however he has not been able to provide employment due to the problems with safety concerns.

There is also stress with Gary's younger brother who allegedly has been fire raising. His older brother has recently been out of prison after a seven year stretch. Gary himself has been in prison himself previously and he says there are issues around this which he has not elaborated to me.

Gary lives in a house which he rents along with six other people. Generally this works well however there have been recent issues with arguments. I have commenced Gary on Fluoxetine in early December although it would seem that he has only been taking it on alternate days. He has real problems with irritability and managing his anger and he often will have to leave a situation to avoid confrontation i.e. with his friends. He has had a couple of fights with his friends after arguments in the last few weeks. Today we had a further chat. We have agreed that he may benefit from counselling/anger management and perhaps CBT is the best route. He will continue with Fluoxetine which he will take daily. I am keeping him under review at the surgery. I would be grateful for your assessment with a view to self help and possible referral for CBT.

Our ref: AM/MC

**Examinations and Investigations**

Is patient aware of referral?:	Yes	-
If referral is urgent, has this been discussed with duty clinician:	No	-
1. Are there current active thoughts of self harm, is there a plan?:	Unknown	-
Is there a History of suicidal or self harm injurious behaviours?:	Unknown	-
Any history or current threat of violence or aggression, considerations to staff safety?:	Unknown	-
Any social circumstances or previous psychiatric history impacting on current presentation?:	Yes	-
Social circumstances/previous psychiatric history comments:	see above	-
Considerations of vulnerability /Child Protection Issues/ First presentation Psychosis/ Peri-Natal:	Unknown	-
Ex smoker:		15-Jan-2010 00:00
Teetotaler:	Disease: SPICE Basic Health Values, priority=2	22-Aug-2005 00:00

**Reason for referral**

Care type requested: Out Patient

Expected outcome: Not Specified

**Past medical history****Pre-existing conditions**

<u>Description</u>	<u>Laterality</u>	<u>Modifier</u>	<u>Extension</u>	<u>Date of onset</u>	<u>Recorded Date</u>
Fracture of upper limb	-	-	# neck of 5th metacarpal	17-Nov-2004	17-Nov-2004
[X]Attention deficit hyperactivity disorder	-	-	-	08-Jan-1999	08-Jan-1999
Epilepsy	-	-	-	15-Aug-1993	15-Aug-1993
[D]Convulsions, febrile	-	-	? erythema infectiosum	13-Aug-1993	13-Aug-1993
[D]Convulsions, febrile	-	-	-	01-Nov-	01-Nov-1991

[D]Convulsions, febrile	-	-	secondary to tonsillitis	1991	25-Oct-1990	25-Oct-1990
[D]Convulsions, febrile	-	-	x2 - secondary to otitis media		14-Jul-1990	14-Jul-1990

**Current medication** (Active Repeat medication issued within the last 12 months)

No current medications recorded

**Recent medication** (Any medication issued within last 90 days not shown above)

<u>Drug name</u>	<u>BNF code</u>	<u>Formulation</u>	<u>Dosage</u>	<u>Frequency</u>	<u>Course started</u>	<u>Duration</u>	<u>Last Prescribed Date</u>
Fluoxetine Hydrochloride Capsules 20 mg	0403030E0AAAAAA	42 capsule	ONE TO BE TAKEN EACH DAY	-	27-Jan-2014	42 Days	27-Jan-2014
Fluoxetine Hydrochloride Capsules 20 mg	0403030E0AAAAAA	42 capsule	ONE TO BE TAKEN EACH DAY	-	03-Dec-2013	42 Days	03-Dec-2013
Diclofenac Sodium E/c tablets 50 mg	-	84 tablet	ONE TO BE TAKEN THREE TIMES A DAY WITH OR AFTER FOOD	-	11-Nov-2013	42 Days	11-Nov-2013
Co-Codamol 30/500 Tablets	0407010F0AAHAH	60 tablet	TWO TO BE TAKEN FOUR TIMES A DAY WHEN REQUIRED	-	11-Nov-2013	8 Days	11-Nov-2013
Amitriptyline Hydrochloride Tablets 10 mg	0403010B0AAAGAG	56 tablet	ONE OR TWO TABLETS TO BE TAKEN AT NIGHT	-	11-Nov-2013	42 Days	11-Nov-2013

**Clinical warnings**

**Lifestyle risks**

Exercise status: Not Known

Smoking status

Number per day ? (not known)
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Alcohol consumption

Units per day ? (not known)
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**Additional relevant information**

**Administrative information**

Referred By:Resident GP

**Social circumstances**

<p><b>Signature</b> of referring doctor (or other professional)</p>	<p><b>Date</b></p>
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