

NHS Lothian - Referral Letter

Referral To	AHP - Dietetics West Lothian - St John's Hospital L Dietetics
Urgency of referral	Routine
Date of referral	08/03/2016
Date submitted	08/03/2016
UCPN	101010977972A

<u>PATIENT DETAILS</u>		Contact Details	
CHI number:	0104551062	16 ROWAN TERRACE	Voice (Home) : 07778505335
Name:	MS HELEN MCCORMACK	BLACKBURN	
Date of birth:	01/04/1955	WEST LOTHIAN	
Sex:	Female	EH47 7EQ	

<u>REFERRING PRACTITIONER DETAILS</u>		Practice address
Name:	Dr. John Lavery (GMC: 6145444)	Ashgrove
Practice:	Ashgrove Group Practice (78330)	Blackburn
Phone:	Voice : 01506 657130	West Lothian
		EH47 7LL

CLINICAL INFORMATION

Reason for Referral: Inability to maintain weight

Main Referral Text: Longterm problems with weight maintenance with new weight loss. Only eating 2-3 times a week, weight down to 45kg previously 51. Reports uninterested in eating - does not know what to eat to get her started again. Advice given but would like to seek expert opinion.

Investigations

<u>Description</u>	<u>Result</u>	<u>Date</u>
Poor intake/Poor appetite/unintentional weight loss :	true	
Has first line dietary advice been provided (see RefHelp) :	Yes	

Pre-existing conditions (High & Medium Priority)

<u>Description</u>	<u>Modifier</u>	<u>Extension</u>	<u>Start Date</u>	<u>Date Recorded</u>
Cervical smear defaulter	New event		17/08/2014	17/08/2014
Brief intervention for excessive alcohol consump ^{tn} completed			27/03/2012	27/03/2012
Patient "recall" admin.		(Consent to follow up Brief Intervention)	27/03/2012	27/03/2012
Alcohol counselling by other agencies			27/03/2012	27/03/2012
Acid reflux		bile reflux	01/08/2006	01/08/2006
Duodenitis		SJH	01/08/2006	01/08/2006
STERILISATION ATTEMPTED REVERSAL		[YEAR OF EVENT 1985]	01/01/1985	01/01/1985
STERILISATION FEMALE		[YEAR OF EVENT 1981]	01/01/1981	01/01/1981
SVD (SPONTANEOUS VERTEX DELIVERY)		[YEAR OF EVENT 1981]	01/01/1981	01/01/1981
TOP (TERMINATION OF PREGNANCY)		[YEAR OF EVENT 1975]	01/01/1975	01/01/1975
OD (OVERDOSE DRUG)		[YEAR OF EVENT 1971]	01/01/1971	01/01/1971

Past procedures (High and Medium Priority)

<u>Procedure</u>	<u>Comment</u>	<u>Modifier</u>	<u>Date Performed</u>	<u>Date Recorded</u>
Alcohol consumption screen	(FAST Questionnaire) 4 - POSITIVE		27/03/2012	27/03/2012

Endoscopy abnormal	SJH		01/08/2006	01/08/2006
Cervical smear: negative	Exclude from target report: No, Source of smear: In this Practice.		10/10/1996	10/10/1996
Cervical smear: negative	Exclude from target report: No, Source of smear: In this Practice.		27/03/1992	27/03/1992
Cervical smear: negative	Exclude from target report: No, Source of smear: In this Practice.		14/01/1991	14/01/1991
WART TREATMENT LIQUID NITROGEN	MINOR SURGERY	First ever	20/06/1990	20/06/1990
Cervical smear: negative	Exclude from target report: No, Source of smear: Out of Practice.		21/10/1987	21/10/1987
CERVICAL SMEAR CIN III	[YEAR OF EVENT 1986]		01/01/1986	01/01/1986
CERVICAL SMEAR ABNORMAL	[YEAR OF EVENT 1979]		01/01/1979	01/01/1979

Additional information

Smoking history (Encounters):Cigarette smoker Date recorded:14-Dec-2013
Alcohol history (Encounters):Alcohol consumption Date recorded:27-Mar-2012
Exercise history (Encounters):Exercise grading Date recorded:27-Nov-1996
Patient Weight in Kilograms:45.5
Patient Height in Metres:1.63

NHS Lothian - Imaging Request

Referral To	St John's Hospital Clinical Radiology L Radiology Walk In
Urgency of referral	Routine
Date of referral	10/03/2016
Date submitted	10/03/2016

PATIENT DETAILS		Contact Details
CHI number:	0104551062	16 ROWAN TERRACE BLACKBURN WEST LOTHIAN EH47 7EQ
Name:	MS HELEN MCCORMACK	Voice (Home) : 07778505335
Date of birth:	01/04/1955	
Sex:	Female	

REFERRING PRACTITIONER DETAILS		Practice address
Name:	Dr Catherine Marshall (GMC: 4295709)	ASHGROVE HEALTH CENTRE BLACKBURN WEST LOTHIAN EH47 7LL
Practice:	ASHGROVE GROUP PRACTICE	
Phone:	Voice : 01506657130	

INVESTIGATION REQUESTED

Test Requested: Chest

Reason for Request: weight loss, left chest wall pain chest clear

CLINICAL INFORMATION

Investigations

Description Result Date

Please provide smoking status : Smoker

Could the patient be pregnant? : Blank

NHS Lothian - Imaging Request

Referral To	St John's Hospital Clinical Radiology L Radiology Walk In
Urgency of referral	Routine
Date of referral	31/12/2019
Date submitted	31/12/2019

PATIENT DETAILS		Contact Details
CHI number:	0104551062	121 ROWAN STREET BLACKBURN WEST LOTHIAN EH47 7ED
Name:	MS HELEN MCCORMACK	Voice (Mobile) : 07840959295
Date of birth:	01/04/1955	
Sex:	Female	

REFERRING PRACTITIONER DETAILS		Practice address
Name:	Dr Catherine Marshall (GMC: 4295709)	BLACKBURN PARTNERSHIP CENTRE BLACKBURN WEST LOTHIAN EH47 7LL
Practice:	ASHGROVE GROUP PRACTICE	
Phone:	Voice : 01506657130	

INVESTIGATION REQUESTED

Test Requested: Chest

Reason for Request: smokes, cough for three months, green sputum, chest clear

CLINICAL INFORMATION

Investigations

<u>Description</u>	<u>Result</u> <u>Date</u>
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Chronic Cough :	true
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Please provide smoking status : Smoker

Could the patient be pregnant? : Blank

NHS Lothian - Referral Letter

Referral To	AHP - Dietetics West Lothian - St John's Hospital L Dietetics
Urgency of referral	Routine
Date of referral	02/03/2020
Date submitted	02/03/2020
UCPN	1010208133722

PATIENT DETAILS		Contact Details
CHI number:	0104551062	121 ROWAN STREET BLACKBURN WEST LoTHIAN EH47 7ED
Name:	MS HELEN MCCORMACK	Voice (Mobile) : 07840959295
Date of birth:	01/04/1955	
Sex:	Female	

REFERRING PRACTITIONER DETAILS		Practice address
Name:	Dr Mary Conn (GMC: 7495588)	BLACKBURN PARTNERSHIP CENTRE BLACKBURN WEST LoTHIAN EH47 7LL
Practice:	ASHGROVE GROUP PRACTICE	
Phone:	Voice : 01506657130	

CLINICAL INFORMATION

Reason for Referral: Poor appetite. BMI 16

Main Referral Text: I would be grateful if you would see this 64 year old lady who has long struggled with a poor appetite. This has been worse over the last few months since she was advised that she has high cholesterol. Most days she will only have a slice or two of bread and 7-8 cups of tea. She also smokes 8/day.

Her weight is actually quite stable from December until now with a weight of 44.4kg. However, she tells me that she was 8 stone before although our last recording of it in 2016 was 43.8kg so it's difficult to know if this is correct.

She examines normally and has a normal CXR. She has no red flags like ongoing cough or any change in bowel habit. She has had first line dietary advice and I have given her mirtazapine to help stimulate her appetite.

Given her low weight, I would be grateful for your review.

Kind regards,

Dr Mary Conn
Ashgrove Group Practice, Blackburn

Investigations

Description	Result	Date
Nutritional Support :	true	
Poor intake/Poor appetite/unintentional weight loss :	true	
Has first line dietary advice been provided (see RefHelp) :	Yes	

Pre-existing conditions (High & Medium Priority)

Description	Modifier	Extension	Start Date	Date Recorded
No response to bowel cancer screening programme invitation	New event		29/06/2018	29/06/2018
Cervical smear defaulter	New event		17/09/2017	17/09/2017
Cervical smear defaulter	New event		17/08/2014	17/08/2014
Brief intervention for excessive alcohol consumptn completed			27/03/2012	27/03/2012

Patient "recall" admin.	(Consent to follow up Brief Intervention)	27/03/2012	27/03/2012
Alcohol counselling by other agencies		27/03/2012	27/03/2012
Acid reflux	bile reflux	01/08/2006	01/08/2006
Duodenitis	SJH	01/08/2006	01/08/2006
STERILISATION ATTEMPTED REVERSAL	[YEAR OF EVENT 1985]	01/01/1985	01/01/1985
STERILISATION FEMALE	[YEAR OF EVENT 1981]	01/01/1981	01/01/1981
SVD (SPONTANEOUS VERTEX DELIVERY)	[YEAR OF EVENT 1981]	01/01/1981	01/01/1981
TOP (TERMINATION OF PREGNANCY)	[YEAR OF EVENT 1975]	01/01/1975	01/01/1975
OD (OVERDOSE DRUG)	[YEAR OF EVENT 1971]	01/01/1971	01/01/1971

Past procedures (High and Medium Priority)

<u>Procedure</u>	<u>Comment</u>	<u>Modifier</u>	<u>Date Performed</u>	<u>Date Recorded</u>
Alcohol consumption screen	(FAST Questionnaire) 4 - POSITIVE		27/03/2012	27/03/2012
Endoscopy abnormal	SJH		01/08/2006	01/08/2006
Cervical smear: negative	Exclude from target report: No, Source of smear: In this Practice.		10/10/1996	10/10/1996
Cervical smear: negative	Exclude from target report: No, Source of smear: In this Practice.		27/03/1992	27/03/1992
Cervical smear: negative	Exclude from target report: No, Source of smear: In this Practice.		14/01/1991	14/01/1991
WART TREATMENT LIQUID NITROGEN	MINOR SURGERY	First ever	20/06/1990	20/06/1990
Cervical smear: negative	Exclude from target report: No, Source of smear: Out of Practice.		21/10/1987	21/10/1987
CERVICAL SMEAR CIN III	[YEAR OF EVENT 1986]		01/01/1986	01/01/1986
CERVICAL SMEAR ABNORMAL	[YEAR OF EVENT 1979]		01/01/1979	01/01/1979

Recent medication (Any medication issued within last 90 days not shown above)

<u>Drug name</u>	<u>Formulation</u>	<u>Dosage</u>	<u>Frequency</u>	<u>Course started</u>	<u>Duration</u>	<u>Last Prescribed Date</u>
Mirtazapine 15mg tablets	tablet	TAKE ONE TABLET AT NIGHT TIME		02/03/2020		02/03/2020
Doxycycline 100mg capsules	capsule	TWO TODAY THEN ONE EVERY DAY [more]		31/12/2019		31/12/2019

Additional information

Smoking history (Encounters):Cigarette smoker Date recorded:31-Dec-2019
 Alcohol history (Encounters):Alcohol consumption Date recorded:27-Mar-2012
 Exercise history (Encounters):Exercise grading Date recorded:27-Nov-1996
 Patient Weight in Kilograms:44.4
 Patient Height in Metres:1.63
 Patient BMI:16.7
 Patient Blood Pressure (Systolic):107
 Patient Blood Pressure (Diastolic):68

NHS Lothian - Imaging Request

Please note that this request will become invalid if the patient does not attend within 30 days of this request

Referral To	St John's Hospital Clinical Radiology L Radiology Walk in
Urgency of referral	Routine
Date of referral	05/12/2022
Date submitted	05/12/2022
UCPN	1010281479149

PATIENT DETAILS		Contact Details
CHI number:	0104551062	121 ROWAN STREET BLACKBURN WEST LOTHIAN EH47 7ED
Name:	MS HELEN MCCORMACK	Voice (Mobile) : 07840959295
Date of birth:	01/04/1955	
Sex:	Female	

REFERRING PRACTITIONER DETAILS		Practice address
Name:	Dr. Sarah Black (GMC: 3682054)	Blackburn Partnership Centre Ashgrove Blackburn EH47 7LL
Practice:	Ashgrove Group Practice (78330)	
Phone:	Voice : 01506 657130	

INVESTIGATION REQUESTED

Test Requested: Chest

Reason for Request: Cough breathless 1 week

CLINICAL INFORMATION

Investigations

Description	Result Date
Could the patient be pregnant? : Blank	

Signature of requesting doctor	Designation	Date	Radiology Walk In is available Monday to Friday as follows:
Lauriston Building		8:30am - 4:00pm	
Leith Community Treatment Centre		8:30am - 4:00pm	
Midlothian Community Hospital		9:15am - 12:30pm	
East Lothian Community Hospital (Roodlands)		8:30am - 4:00pm	
Royal Hospital for Sick Children - Children Only		9:00am - 4:30pm (Except public holidays)	
Royal Infirmary of Edinburgh		9:00am - 4:30pm	
St John's Hospital		8:30am - 5:00pm	
Western General Hospital		8:00am - 5:00pm (Main xray Department)	

NHS Lothian - Imaging Request

Please note that this request will become invalid if the patient does not attend within 30 days of this request

Referral To	St John's Hospital Clinical Radiology L Radiology Walk in
Urgency of referral	Routine
Date of referral	05/12/2022
Date submitted	05/12/2022
UCPN	101028148158C

PATIENT DETAILS		Contact Details
CHI number:	0104551062	121 ROWAN STREET BLACKBURN WEST LOTHIAN EH47 7ED
Name:	MS HELEN MCCORMACK	Voice (Mobile) : 07840959295
Date of birth:	01/04/1955	
Sex:	Female	

REFERRING PRACTITIONER DETAILS		Practice address
Name:	Dr. David Chin (GMC: 3018723)	Blackburn Partnership Centre Ashgrove Blackburn EH47 7LL
Practice:	Ashgrove Group Practice (78330)	
Phone:	Voice : 01506 657130	

INVESTIGATION REQUESTED

Test Requested: Chest

Reason for Request: cough abdo pain wt loss

CLINICAL INFORMATION

Investigations

Description	Result Date
Could the patient be pregnant? : Blank	

Signature of requesting doctor	Designation	Date	Radiology Walk In is available Monday to Friday as follows:
Lauriston Building		8:30am - 4:00pm	
Leith Community Treatment Centre		8:30am - 4:00pm	
Midlothian Community Hospital		9:15am - 12:30pm	
East Lothian Community Hospital (Roodlands)		8:30am - 4:00pm	
Royal Hospital for Sick Children - Children Only		9:00am - 4:30pm (Except public holidays)	
Royal Infirmary of Edinburgh		9:00am - 4:30pm	
St John's Hospital		8:30am - 5:00pm	
Western General Hospital		8:00am - 5:00pm (Main xray Department)	

NHS Lothian - Referral Letter

Referral To	St John's Hospital Respiratory Physiology LI L Primary Care Spirometry
Urgency of referral	Routine
Date of referral	16/12/2022
Date submitted	16/12/2022
UCPN	101028252543I

PATIENT DETAILS		Contact Details
CHI number:	0104551062	121 ROWAN STREET Voice (Mobile) : 07840959295
Name:	MS HELEN MCCORMACK	BLACKBURN
Date of birth:	01/04/1955	WEST LOTHIAN
Sex:	Female	EH47 7ED

REFERRING PRACTITIONER DETAILS		Practice address
Name:	Dr. David Chin (GMC: 3018723)	Blackburn Partnership Centre
Practice:	Ashgrove Group Practice (78330)	Ashgrove
Phone:	Voice : 01506 657130	Blackburn EH47 7LL

CLINICAL INFORMATION

Reason for Referral: CXR emphysematous change

Main Referral Text: Dear Colleague The above had been smiking cannabis. She has an intermittent cough.
Thank you With kind regards

Investigations

Description	Result	Date
Has patient had previous spirometry? :	No	
I authorise any required tests for this patient, including all required medicines for the test to be administered by qualified NHS Staff? :	true	
If asthma is suspected, I authorise the Respiratory Physiologist to proceed to a Challenge test if deemed appropriate. This involves inhalation of a maximum cumulative dose of 635mg Mannitol as per protocol? :	Yes	

Pre-existing conditions (High & Medium Priority)

Description	Modifier	Extension	Start Date	Date Recorded
Telephone encounter		Left message for referral for spirometry	16/12/2022	16/12/2022
Telephone encounter		Spoke to granddaughter. Coughs a lot CXR emphysema. Rpt UE as sodium low. On citalopram	12/12/2022	12/12/2022
SMS text message sent to patient		Dear Helen Please make gp telephone appointment re request for iron with regards.	12/12/2022	12/12/2022
Telephone encounter		Feels better. Discussed her bloods. CXR 4 days time. Will call again	09/12/2022	09/12/2022
Consultation		Sats 96 No clubbing Lungs clear	05/12/2022	05/12/2022
Consultation		[TRUNCATED]Cough 4 days Abdo pain after cough. Vomited brown stuff after retching Poor appetite. Been retching for 3 days but none today. Diarrhoea X1 today. No black stools Still drinking 4 cans ti	02/12/2022	02/12/2022
SMS text message sent to patient		[TRUNCATED]There are available Covid/Flu Vaccination appointments across selected West Lothian Community Pharmacies including Blackburn Pharmacy, please call NHS Lothian Enquiry Line 0300 790 6296 t	04/11/2022	04/11/2022
Anorexia symptom		[TRUNCATED]Loss of appetite for months. Sleeps 5 h. Bowels normal. Feels down. Drinks 4 cans of beer for calories. X4 bereavement over 6 months Exam Sats 97 BP 140/84 Abdo NAD P: change mirtazapine	30/05/2022	30/05/2022

H/O daily cannabis misuse		smokes daily	24/02/2021	24/02/2021
[D]Chest pain NOS	First ever		27/01/2021	27/01/2021
Seen in hospital casualty			27/01/2021	27/01/2021
Did not attend breast screening clinic	New event	Appointment Reminder issued	09/12/2020	09/12/2020
Administration		Message left on prescription line. full details for patinet left but no item details. no info on what item they need.	13/05/2020	13/05/2020
No response to bowel cancer screening programme invitation	New event		29/06/2018	29/06/2018
Cervical smear defaulter	New event		17/09/2017	17/09/2017
Cervical smear defaulter	New event		17/08/2014	17/08/2014
Brief intervention for excessive alcohol consumptn completed			27/03/2012	27/03/2012
Patient "recall" admin.		(Consent to follow up Brief Intervention)	27/03/2012	27/03/2012
Alcohol counselling by other agencies			27/03/2012	27/03/2012
Acid reflux		bile reflux	01/08/2006	01/08/2006
Duodenitis		SJH	01/08/2006	01/08/2006
STERILISATION ATTEMPTED REVERSAL		[YEAR OF EVENT 1985]	01/01/1985	01/01/1985
STERILISATION FEMALE		[YEAR OF EVENT 1981]	01/01/1981	01/01/1981
SVD (SPONTANEOUS VERTEX DELIVERY)		[YEAR OF EVENT 1981]	01/01/1981	01/01/1981
TOP (TERMINATION OF PREGNANCY)		[YEAR OF EVENT 1975]	01/01/1975	01/01/1975
OD (OVERDOSE DRUG)		[YEAR OF EVENT 1971]	01/01/1971	01/01/1971

Past procedures (High and Medium Priority)

<u>Procedure</u>	<u>Comment</u>	<u>Modifier</u>	<u>Date Performed</u>	<u>Date Recorded</u>
Medication requested	0+1 iron tablets ,, unable to change with diet		12/12/2022	12/12/2022
Medication requested	fortijuice strawberry and foreest fruit...0+2		09/12/2022	09/12/2022
Medication requested	0 + 1 citalopram		16/11/2022	16/11/2022
Medication requested	0+1..... citalopram		26/10/2022	26/10/2022
Medication requested	0+1 Fortijuice		27/09/2022	27/09/2022
Medication requested	0+1..... fortijuice		12/09/2022	12/09/2022
Medication requested	CITALOPRAM.....0+1		08/09/2022	08/09/2022
Medication requested	0 + 2 fortijuice, citalopram		19/08/2022	19/08/2022
Medication requested	0+1..... fortijuice		28/07/2022	28/07/2022
Medication requested	0+1 Citalopram		26/07/2022	26/07/2022
Medication requested	0+1 Fortijuice		12/07/2022	12/07/2022
Weight monitoring	Well. Bowels - sl diarrhoea - normal for her. Appetite back.		28/06/2022	28/06/2022
Medication requested	0+1 fortijuice can she have more as shes ordering all the time		14/06/2022	14/06/2022
Medication requested	0+1.....fortijuice		06/06/2022	06/06/2022
Supply of urgent rpt medicatn by Community Pharmacy via PGD			10/02/2022	10/02/2022
Medication requested	0 + 1 mirtazepine		03/12/2021	03/12/2021
Medication requested	0 + 1 mirtazepine		29/10/2021	29/10/2021
Medication requested	0+1.....mirtazapine		21/10/2021	21/10/2021
Medication requested	0+1 Mirtazapine		29/09/2021	29/09/2021
Medication requested	0+1 mirtaz		31/08/2021	31/08/2021
Medication requested	0+1 mirtaz		03/08/2021	03/08/2021
Medication requested	0+1..... mirtazipine		01/07/2021	01/07/2021
SARS-CoV-2 vac first dose dec			11/06/2021	11/06/2021
Medication requested	mirtazapine.....01		02/06/2021	02/06/2021
Medication requested	0 + 1 mirtazepine		27/04/2021	27/04/2021
Medication requested	MIRTAZEPINE.....0+1		24/03/2021	24/03/2021
Standard chest X-ray	- suggestive of emphysema/copd	First ever	27/01/2021	27/01/2021
Alcohol consumption screen	(FAST Questionnaire) 4 - POSITIVE		27/03/2012	27/03/2012

Endoscopy abnormal	SJH		01/08/2006	01/08/2006
Cervical smear: negative	Exclude from target report: No, Source of smear: In this Practice.		10/10/1996	10/10/1996
Cervical smear: negative	Exclude from target report: No, Source of smear: In this Practice.		27/03/1992	27/03/1992
Cervical smear: negative	Exclude from target report: No, Source of smear: In this Practice.		14/01/1991	14/01/1991
WART TREATMENT LIQUID NITROGEN	MINOR SURGERY	First ever	20/06/1990	20/06/1990
Cervical smear: negative	Exclude from target report: No, Source of smear: Out of Practice.		21/10/1987	21/10/1987
CERVICAL SMEAR CIN III	[YEAR OF EVENT 1986]		01/01/1986	01/01/1986
CERVICAL SMEAR ABNORMAL	[YEAR OF EVENT 1979]		01/01/1979	01/01/1979

Recent medication (Any medication issued within last 90 days not shown above)

<u>Drug name</u>	<u>Formulation</u>	<u>Dosage</u>	<u>Frequency</u>	<u>Course started</u>	<u>Duration</u>	<u>Last Prescribed Date</u>
Fortijuice liquid (Flavour Not Specified)	ml	TAKE 1 TWICE A DAY STRAWBERRY[more]		12/12/2022		12/12/2022
Zopiclone 3.75mg tablets	tablet	1 TABLET(S) AT NIGHT		05/12/2022		05/12/2022
Promethazine hydrochloride 10mg tablets	tablet	TAKE 1-2 TABLET(S) AT NIGHT		02/12/2022		02/12/2022
Citalopram 10mg tablets	tablet	TAKE 1 TABLET(S) A DAY		17/11/2022		17/11/2022
Citalopram 10mg tablets	tablet	TAKE 1 TABLET(S) A DAY		27/10/2022		27/10/2022
Fortijuice liquid (Flavour Not Specified)	ml	TAKE 1 TWICE A DAY		28/09/2022		28/09/2022

Additional information

Patient Weight in Kilograms:43

Patient Height in Metres:1.63

Patient BMI:16.1

Patient Blood Pressure (Systolic):131

Patient Blood Pressure (Diastolic):82

Smoking history (Screening):Cigarette smoker Date Recorded:31-Dec-2019

Smoking history (Encounters):Cigarette smoker Date Recorded:31-Dec-2019

Alcohol history (Screening):Alcohol consumption Date Recorded:27-Mar-2012

Alcohol history (Encounters):Alcohol consumption Date Recorded:27-Mar-2012

Exercise history (Screening):Exercise grading Date Recorded:27-Nov-1996

Exercise history (Encounters):Exercise grading Date Recorded:27-Nov-1996

NHS Lothian - Referral Letter

Referral To	St John's Hospital Dermatology LI Suspicious Pigmented Lesion
Urgency of referral	Urgent - Suspected Cancer
Date of referral	11/07/2023
Date submitted	11/07/2023
UCPN	1010301494560

PATIENT DETAILS		Contact Details
CHI number:	0104551062	121 ROWAN STREET Voice (Mobile) : 07840959295
Name:	MS HELEN MCCORMACK	BLACKBURN
Date of birth:	01/04/1955	WEST LOTHIAN
Sex:	Female	EH47 7ED

REFERRING PRACTITIONER DETAILS		Practice address
Name:	Dr. Rachel Parker (GMC: 7421058)	Blackburn Partnership Centre
Practice:	Ashgrove Group Practice (78330)	Ashgrove
Phone:	Voice : 01506 657130	Blackburn EH47 7LL

CLINICAL INFORMATION

Reason for Referral: Change to lesion on upper back.

Main Referral Text: I would be grateful if you could see this lady, she presents with changes to a mole on her back. It has become dark, crusting and some blood noted on tee shirt, it has enlarged in size, it does get very itchy. Helen has been to various hot countries over the years, she has some erythema surrounding the site, and states she always uses sun screen. Due to changes noted, I would value your assessment.

Investigations

Description	Result	Date
Suspicion of Melanoma :	High	
Site :	back area	
Size :	17mm x 19mm	
How long has the lesion been present :	changes noticable over last 2 months	
Increased area :	true	
Irregular or Changing Outline :	true	
More than 3 colours :	true	
Have you informed the patient they are being referred via an urgent suspicion of cancer pathway :	Yes	
Have you attached a photograph to this referral? :	Yes	
Have you attached a dermatoscopic image to this referral? :	No	

Pre-existing conditions (High & Medium Priority)

Description	Modifier	Extension	Start Date	Date Recorded
Consultation		Dizzy, shaking, poor appetite, vomited X1 3 days ago. Abdo pain on sides. Exam Abdo soft No mass HS normal Lungs clear Sats 97	04/04/2023	04/04/2023
SMS text message sent to patient		Dear Helen, Please make a gp telephone appointment re citalopram. with regards.	28/03/2023	28/03/2023
Did not attend - no reason		COPD assessment - I suspect this is because she has rightly been referred to spirometry by Dr C	13/01/2023	13/01/2023
Telephone encounter		Left message for referral for spirometry	16/12/2022	16/12/2022

Telephone encounter		Spoke to granddaughter. Coughs a lot CXR emphysema. Rpt UE as sodium low. On citalopram	12/12/2022	12/12/2022
SMS text message sent to patient		Dear Helen Please make gp telephone appointment re request for iron with regards.	12/12/2022	12/12/2022
Telephone encounter		Feels better. Discussed her bloods. CXR 4 days time. Will call again	09/12/2022	09/12/2022
Consultation		Sats 96 No clubbing Lungs clear	05/12/2022	05/12/2022
Consultation		[TRUNCATED]Cough 4 days Abdo pain after cough. Vomited brown stuff after retching Poor appetite. Been retching for 3 days but none today. Diarrhoea X1 today. No black stools Still drinking 4 cans ti	02/12/2022	02/12/2022
SMS text message sent to patient		[TRUNCATED]There are available Covid/Flu Vaccination appointments across selected West Lothian Community Pharmacies including Blackburn Pharmacy, please call NHS Lothian Enquiry Line 0300 790 6296 t	04/11/2022	04/11/2022
Anorexia symptom		[TRUNCATED]Loss of appetite for months. Sleeps 5 h. Bowels normal. Feels down. Drinks 4 cans of beer for calories. X4 bereavement over 6 months Exam Sats 97 BP 140/84 Abdo NAD P: change mirtazapine	30/05/2022	30/05/2022
H/O daily cannabis misuse		smokes daily	24/02/2021	24/02/2021
[D]Chest pain NOS	First ever		27/01/2021	27/01/2021
Seen in hospital casualty			27/01/2021	27/01/2021
Did not attend breast screening clinic	New event	Appointment Reminder issued	09/12/2020	09/12/2020
Administration		Message left on prescription line. full details for patinet left but no item details. no info on what item they need.	13/05/2020	13/05/2020
No response to bowel cancer screening programme invitation	New event		29/06/2018	29/06/2018
Cervical smear defaulter	New event		17/09/2017	17/09/2017
Cervical smear defaulter	New event		17/08/2014	17/08/2014
Brief intervention for excessive alcohol consumptn completed			27/03/2012	27/03/2012
Patient "recall" admin.		(Consent to follow up Brief Intervention)	27/03/2012	27/03/2012
Alcohol counselling by other agencies			27/03/2012	27/03/2012
Acid reflux		bile reflux	01/08/2006	01/08/2006
Duodenitis		SJH	01/08/2006	01/08/2006
STERILISATION ATTEMPTED REVERSAL		[YEAR OF EVENT 1985]	01/01/1985	01/01/1985
STERILISATION FEMALE		[YEAR OF EVENT 1981]	01/01/1981	01/01/1981
SVD (SPONTANEOUS VERTEX DELIVERY)		[YEAR OF EVENT 1981]	01/01/1981	01/01/1981
TOP (TERMINATION OF PREGNANCY)		[YEAR OF EVENT 1975]	01/01/1975	01/01/1975
OD (OVERDOSE DRUG)		[YEAR OF EVENT 1971]	01/01/1971	01/01/1971

Past procedures (High and Medium Priority)

<u>Procedure</u>	<u>Comment</u>	<u>Modifier</u>	<u>Date Performed</u>	<u>Date Recorded</u>
Medication requested	0+2 citalopram mirtaz		04/07/2023	04/07/2023
Medication requested	0+1 Citalopram		23/05/2023	23/05/2023
Medication requested	0 + 1 citalopram		03/05/2023	03/05/2023
Medication requested	0+1 Fortijuice x 20		07/02/2023	07/02/2023
Medication requested	0+1 iron tablets ,, unable to change with diet		12/12/2022	12/12/2022
Medication requested	fortijuice strawberry and forest fruit...0+2		09/12/2022	09/12/2022
Standard chest X-ray	- lungs are emphysematous		06/12/2022	06/12/2022
Medication requested	0 + 1 citalopram		16/11/2022	16/11/2022
Medication requested	0+1..... citalopram		26/10/2022	26/10/2022
Medication requested	0+1 Fortijuice		27/09/2022	27/09/2022
Medication requested	0+1..... fortijuice		12/09/2022	12/09/2022
Medication requested	CITALOPRAM.....0+1		08/09/2022	08/09/2022
Medication requested	0 + 2 fortijuice, citalopram		19/08/2022	19/08/2022
Medication requested	0+1..... fortijuice		28/07/2022	28/07/2022

Medication requested	0+1 Citalopram		26/07/2022	26/07/2022
Medication requested	0+1 Fortijuice		12/07/2022	12/07/2022
Weight monitoring	Well. Bowels - sl diarrhoea - normal for her. Appetite back.		28/06/2022	28/06/2022
Medication requested	0+1 fortijuice can she have more as shes ordering all the time		14/06/2022	14/06/2022
Medication requested	0+1.....fortijuice		06/06/2022	06/06/2022
Supply of urgent rpt medicatn by Community Pharmacy via PGD			10/02/2022	10/02/2022
Medication requested	0 + 1 mirtazepine		03/12/2021	03/12/2021
Medication requested	0 + 1 mirtazepine		29/10/2021	29/10/2021
Medication requested	0+1.....mirtazapine		21/10/2021	21/10/2021
Medication requested	0+1 Mirtazapine		29/09/2021	29/09/2021
Medication requested	0+1 mirtaz		31/08/2021	31/08/2021
Medication requested	0+1 mirtaz		03/08/2021	03/08/2021
Medication requested	0+1..... mirtazipine		01/07/2021	01/07/2021
SARS-CoV-2 vac first dose dec			11/06/2021	11/06/2021
Medication requested	mirtazapine.....01		02/06/2021	02/06/2021
Medication requested	0 + 1 mirtazepine		27/04/2021	27/04/2021
Medication requested	MIRTAZEPINE.....0+1		24/03/2021	24/03/2021
Standard chest X-ray	- suggestive of emphysema/copd	First ever	27/01/2021	27/01/2021
Alcohol consumption screen	(FAST Questionnaire) 4 - POSITIVE		27/03/2012	27/03/2012
Endoscopy abnormal	SJH		01/08/2006	01/08/2006
Cervical smear: negative	Exclude from target report: No, Source of smear: In this Practice.		10/10/1996	10/10/1996
Cervical smear: negative	Exclude from target report: No, Source of smear: In this Practice.		27/03/1992	27/03/1992
Cervical smear: negative	Exclude from target report: No, Source of smear: In this Practice.		14/01/1991	14/01/1991
WART TREATMENT LIQUID NITROGEN	MINOR SURGERY	First ever	20/06/1990	20/06/1990
Cervical smear: negative	Exclude from target report: No, Source of smear: Out of Practice.		21/10/1987	21/10/1987
CERVICAL SMEAR CIN III	[YEAR OF EVENT 1986]		01/01/1986	01/01/1986
CERVICAL SMEAR ABNORMAL	[YEAR OF EVENT 1979]		01/01/1979	01/01/1979

Recent medication (Any medication issued within last 90 days not shown above)

<u>Drug name</u>	<u>Formulation</u>	<u>Dosage</u>	<u>Frequency</u>	<u>Course started</u>	<u>Duration</u>	<u>Last Prescribed Date</u>
Citalopram 10mg tablets	tablet	TAKE 1 TABLET(S) A DAY		04/07/2023		04/07/2023
Citalopram 10mg tablets	tablet	TAKE 1 TABLET(S) A DAY		23/05/2023		23/05/2023
Citalopram 10mg tablets	tablet	TAKE 1 TABLET(S) A DAY		04/05/2023		04/05/2023

Additional information

Patient Weight in Kilograms:43.545	
Patient Height in Metres:1.63	
Patient BMI:16.3	
Patient Blood Pressure (Systolic):125	
Patient Blood Pressure (Diastolic):81	
Smoking history (Screening):Cigarette smoker	Date Recorded:31-Dec-2019
Smoking history (Encounters):Cigarette smoker	Date Recorded:31-Dec-2019
Alcohol history (Screening):Alcohol consumption	Date Recorded:27-Mar-2012
Alcohol history (Encounters):Alcohol consumption	Date Recorded:27-Mar-2012
Exercise history (Screening):Exercise grading	Date Recorded:27-Nov-1996
Exercise history (Encounters):Exercise grading	Date Recorded:27-Nov-1996

NHS Lothian - Imaging Request

Referral To	St John's Hospital Clinical Radiology LI Radiology Plain X-ray
Urgency of referral	Routine
Date of referral	06/03/2024
Date submitted	06/03/2024
UCPN	1010323833998

PATIENT DETAILS		Contact Details
CHI number:	0104551062	121 ROWAN STREET Voice (Mobile) : 07840959295
Name:	MS HELEN MCCORMACK	BLACKBURN
Date of birth:	01/04/1955	WEST LOTHIAN
Sex:	Female	EH47 7ED

REFERRING PRACTITIONER DETAILS		Practice address
Name:	Dr. David Chin (GMC: 3018723)	Blackburn Partnership Centre
Practice:	Ashgrove Group Practice (78330)	Ashgrove
Phone:	Voice : 01506 657130	Blackburn EH47 7LL

INVESTIGATION REQUESTED

Test Requested: Chest

Reason for Request: cough 3 months following Covid. Lungs clear

CLINICAL INFORMATION

Investigations

Description	Result	Date
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Chronic Cough :	true	
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Could the patient be pregnant? :	Blank	
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PATIENT INFO - Call Monday to Friday only		
Radiology Departments – to arrange		
Signature of requesting doctor	Designation	Date
appointments:		
East Lothian Community Hospital (Roodlands)	8:30am - 4:00pm	0131 536 6400
Lauriston Building	8:30am - 4:00pm	0131 536 6400
Leith Community Treatment Centre	8:30am - 4:00pm	0131 536 6400
Midlothian Community Hospital	9:15am - 4:00pm	0131 536 6400
Royal Hospital for Sick Children - U16s Only	8:30am - 4:00pm	0131 536 6400
Royal Infirmary of Edinburgh	9:00am - 5:00pm	0131 536 6400
St John's Hospital	8:30am - 5:00pm	0131 536 6400
Western General Hospital	8:30am - 5:00pm	0131 536 6400

NHS Lothian - Referral Letter

Referral To	Western General Hospital Medical physics LI DEXA Scan
Urgency of referral	Routine
Date of referral	18/06/2024
Date submitted	18/06/2024
UCPN	101033376193L

PATIENT DETAILS		Contact Details
CHI number:	0104551062	121 ROWAN STREET Voice (Mobile) : 07840959295
Name:	MS HELEN MCCORMACK	BLACKBURN
Date of birth:	01/04/1955	WEST LOTHIAN
Sex:	Female	EH47 7ED

REFERRING PRACTITIONER DETAILS		Practice address
Name:	Dr. David Chin (GMC: 3018723)	Blackburn Partnership Centre
Practice:	Ashgrove Group Practice (78330)	Ashgrove
Phone:	Voice : 01506 657130	Blackburn EH47 7LL

CLINICAL INFORMATION

Reason for Referral: Exclude osteoporosis

Main Referral Text: Dear Colleague
Above fell backwards yesterday and sustained vertebral fractures: L3 and 4
Many thanks

Investigations

Description	Result	Date
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Approved Research : No

Patient Mobility : Walks with aid

Approved Research : FRAX

Pre-existing conditions (High & Medium Priority)

Description	Modifier	Extension	Start Date	Date Recorded
Telephone encounter		Fell backwards yesterday. Several vert # Taking 5 mls qds oramorph Will request DEXA	18/06/2024	18/06/2024
Consultation		Cough 3 months following Covid. Not breathless. No CP No wt loss. Still smoking 10/day - need to stop Exam Sats 99 HS normal IUNgs clear No Cx nodes No clubbing	06/03/2024	06/03/2024
Administration		needs reiew of her citalopram, not beenreviewed for over a year	31/10/2023	31/10/2023
Pulmonary rehabilitation offered			23/08/2023	23/08/2023
Acute exacerbation of chronic obstructive airways disease		nil	23/08/2023	23/08/2023
Telephone encounter		[TRUNCATED]Called cos request for GTN. Seen at ED and given GTN. Pain eased off only after 30 min. SI breathless on exertion. Still has diarrhoea. Unlikely angina. Trop normal at ED TCB with CP or	08/08/2023	08/08/2023
Seen in hospital casualty			07/08/2023	07/08/2023
Consultation		Dizzy, shaking, poor appetite, vomited X1 3 days ago. Abdo pain on sides. Exam Abdo soft No mass HS normal Lungs clear Sats 97	04/04/2023	04/04/2023

SMS text message sent to patient		Dear Helen, Please make a gp telephone appointment re citalopram. with regards.	28/03/2023	28/03/2023
Did not attend - no reason		COPD assessment - I suspect this is because she has rightly been referred to spirometry by Dr C	13/01/2023	13/01/2023
Telephone encounter		Left message for referral for spirometry	16/12/2022	16/12/2022
Telephone encounter		Spoke to granddaughter. Coughs a lot CXR emphysema. Rpt UE as sodium low. On citalopram	12/12/2022	12/12/2022
SMS text message sent to patient		Dear Helen Please make gp telephone appointment re request for iron with regards.	12/12/2022	12/12/2022
Telephone encounter		Feels better. Discussed her bloods. CXR 4 days time. Will call again	09/12/2022	09/12/2022
Consultation		Sats 96 No clubbing Lungs clear	05/12/2022	05/12/2022
Consultation		[TRUNCATED]Cough 4 days Abdo pain after cough. Vomited brown stuff after retching Poor appetite. Been retching for 3 days but none today. Diarrhoea X1 today. No black stools Still drinking 4 cans ti	02/12/2022	02/12/2022
SMS text message sent to patient		[TRUNCATED]There are available Covid/Flu Vaccination appointments across selected West Lothian Community Pharmacies including Blackburn Pharmacy, please call NHS Lothian Enquiry Line 0300 790 6296 t	04/11/2022	04/11/2022
Anorexia symptom		[TRUNCATED]Loss of appetite for months. Sleeps 5 h. Bowels normal. Feels down. Drinks 4 cans of beer for calories. X4 bereavement over 6 months Exam Sats 97 BP 140/84 Abdo NAD P: change mirtazapine	30/05/2022	30/05/2022
H/O daily cannabis misuse		smokes daily	24/02/2021	24/02/2021
[D]Chest pain NOS	First ever		27/01/2021	27/01/2021
Seen in hospital casualty			27/01/2021	27/01/2021
Did not attend breast screening clinic	New event	Appointment Reminder issued	09/12/2020	09/12/2020
Administration		Message left on prescription line. full details for patinet left but no item details. no info on what item they need.	13/05/2020	13/05/2020
No response to bowel cancer screening programme invitation	New event		29/06/2018	29/06/2018
Cervical smear defaulter	New event		17/09/2017	17/09/2017
Cervical smear defaulter	New event		17/08/2014	17/08/2014
Brief intervention for excessive alcohol consump ⁿ completed			27/03/2012	27/03/2012
Patient "recall" admin.		(Consent to follow up Brief Intervention)	27/03/2012	27/03/2012
Alcohol counselling by other agencies			27/03/2012	27/03/2012
Acid reflux		bile reflux	01/08/2006	01/08/2006
Duodenitis		SJH	01/08/2006	01/08/2006
STERILISATION ATTEMPTED REVERSAL		[YEAR OF EVENT 1985]	01/01/1985	01/01/1985
STERILISATION FEMALE		[YEAR OF EVENT 1981]	01/01/1981	01/01/1981
SVD (SPONTANEOUS VERTEX DELIVERY)		[YEAR OF EVENT 1981]	01/01/1981	01/01/1981
TOP (TERMINATION OF PREGNANCY)		[YEAR OF EVENT 1975]	01/01/1975	01/01/1975
OD (OVERDOSE DRUG)		[YEAR OF EVENT 1971]	01/01/1971	01/01/1971

Past procedures (High and Medium Priority)

<u>Procedure</u>	<u>Comment</u>	<u>Modifier</u>	<u>Date Performed</u>	<u>Date Recorded</u>
Medication requested	Citalopram.....0+1		07/05/2024	07/05/2024
Chest X-ray - routine	- normal		18/03/2024	18/03/2024
Medication requested	0 + 1 citalopram		29/09/2023	29/09/2023
Medication requested	0+1 Citalopram		31/08/2023	31/08/2023
COPD self-management plan given			23/08/2023	23/08/2023
Pulmonary rehabilitation declined			23/08/2023	23/08/2023
Good compliance with inhaler			23/08/2023	23/08/2023

Chronic obstructive pulmonary disease annual review	emphysema on chest x-ray jan 22. coded today, given booklet just diagnosed with copd from british lung foundation		23/08/2023	23/08/2023
Chest X-ray - routine	- hyperinflated lungs		07/08/2023	07/08/2023
Medication requested	0+1 Citalopram		01/08/2023	01/08/2023
Medication requested	0+2 citalopram mirtaz		04/07/2023	04/07/2023
Medication requested	0+1 Citalopram		23/05/2023	23/05/2023
Medication requested	0 + 1 citalopram		03/05/2023	03/05/2023
Medication requested	0+1 Fortijuice x 20		07/02/2023	07/02/2023
Medication requested	0+1 iron tablets ,, unable to change with diet		12/12/2022	12/12/2022
Medication requested	fortijuice strawberry and forest fruit...0+2		09/12/2022	09/12/2022
Standard chest X-ray	- lungs are emphysematous		06/12/2022	06/12/2022
Medication requested	0 + 1 citalopram		16/11/2022	16/11/2022
Medication requested	0+1..... citalopram		26/10/2022	26/10/2022
Medication requested	0+1 Fortijuice		27/09/2022	27/09/2022
Medication requested	0+1..... fortijuice		12/09/2022	12/09/2022
Medication requested	CITALOPRAM.....0+1		08/09/2022	08/09/2022
Medication requested	0 + 2 fortijuice, citalopram		19/08/2022	19/08/2022
Medication requested	0+1..... fortijuice		28/07/2022	28/07/2022
Medication requested	0+1 Citalopram		26/07/2022	26/07/2022
Medication requested	0+1 Fortijuice		12/07/2022	12/07/2022
Weight monitoring	Well. Bowels - sl diarrhoea - normal for her. Appetite back.		28/06/2022	28/06/2022
Medication requested	0+1 fortijuice can she have more as shes ordering all the time		14/06/2022	14/06/2022
Medication requested	0+1.....fortijuice		06/06/2022	06/06/2022
Supply of urgent rpt medicatn by Community Pharmacy via PGD			10/02/2022	10/02/2022
Medication requested	0 + 1 mirtazepine		03/12/2021	03/12/2021
Medication requested	0 + 1 mirtazepine		29/10/2021	29/10/2021
Medication requested	0+1.....mirtazepine		21/10/2021	21/10/2021
Medication requested	0+1 Mirtazapine		29/09/2021	29/09/2021
Medication requested	0+1 mirtaz		31/08/2021	31/08/2021
Medication requested	0+1 mirtaz		03/08/2021	03/08/2021
Medication requested	0+1..... mirtazipine		01/07/2021	01/07/2021
SARS-CoV-2 vac first dose dec			11/06/2021	11/06/2021
Medication requested	mirtazapine.....01		02/06/2021	02/06/2021
Medication requested	0 + 1 mirtazepine		27/04/2021	27/04/2021
Medication requested	MIRTAZEPINE.....0+1		24/03/2021	24/03/2021
Standard chest X-ray	- suggestive of emphysema/copd	First ever	27/01/2021	27/01/2021
Alcohol consumption screen	(FAST Questionnaire) 4 - POSITIVE		27/03/2012	27/03/2012
Endoscopy abnormal	SJH		01/08/2006	01/08/2006
Cervical smear: negative	Exclude from target report: No, Source of smear: In this Practice.		10/10/1996	10/10/1996
Cervical smear: negative	Exclude from target report: No, Source of smear: In this Practice.		27/03/1992	27/03/1992
Cervical smear: negative	Exclude from target report: No, Source of smear: In this Practice.		14/01/1991	14/01/1991
WART TREATMENT LIQUID NITROGEN	MINOR SURGERY	First ever	20/06/1990	20/06/1990
Cervical smear: negative	Exclude from target report: No, Source of smear: Out of Practice.		21/10/1987	21/10/1987
CERVICAL SMEAR CIN III	[YEAR OF EVENT 1986]		01/01/1986	01/01/1986

Current medication (Active Repeat medication issued within the last 12 months)

<u>Drug name</u>	<u>Formulation</u>	<u>Dosage</u>	<u>Frequency</u>	<u>Course started</u>	<u>Duration</u>	<u>Last Prescribed Date</u>
Citalopram 10mg tablets	tablet	TAKE 1 TABLET(S) A DAY		31/10/2023		17/06/2024

Recent medication (Any medication issued within last 90 days not shown above)

<u>Drug name</u>	<u>Formulation</u>	<u>Dosage</u>	<u>Frequency</u>	<u>Course started</u>	<u>Duration</u>	<u>Last Prescribed Date</u>
Oramorph 10mg/5ml oral solution (Glenwood GmbH)	ml	5 MLS FOUR TIMES A DAY WHEN R[more]		18/06/2024		18/06/2024
Citalopram 10mg tablets	tablet	TAKE 1 TABLET(S) A DAY		31/10/2023		09/04/2024

Additional information

Patient Weight in Kilograms:43

Patient Height in Metres:1.63

Patient BMI:16.1

Patient Blood Pressure (Systolic):120

Patient Blood Pressure (Diastolic):71

Smoking history (Screening):Tobacco consumption Date Recorded:23-Aug-2023

Smoking history (Encounters):Tobacco consumption Date Recorded:23-Aug-2023

Alcohol history (Screening):Alcohol consumption Date Recorded:27-Mar-2012

Alcohol history (Encounters):Alcohol consumption Date Recorded:27-Mar-2012

Exercise history (Screening):Exercise grading Date Recorded:23-Aug-2023

Exercise history (Encounters):Exercise grading Date Recorded:23-Aug-2023

NHS Lothian - Referral Letter

Referral To	AHP - Physiotherapy West Lothian - St John's Hospital LI Physiotherapy WL
Urgency of referral	Urgent
Date of referral	03/07/2024
Date submitted	03/07/2024
UCPN	101033528692J

PATIENT DETAILS		Contact Details
CHI number:	0104551062	121 ROWAN STREET Voice (Mobile) : 07840959295
Name:	MS HELEN MCCORMACK	BLACKBURN
Date of birth:	01/04/1955	WEST LOTHIAN
Sex:	Female	EH47 7ED

REFERRING PRACTITIONER DETAILS		Practice address
Name:	Dr. John Lavery (GMC: 6145444)	Blackburn Partnership Centre
Practice:	Ashgrove Group Practice (78330)	Ashgrove
Phone:	Voice : 01506 657130	Blackburn EH47 7LL

CLINICAL INFORMATION

Reason for Referral: Fall results in vertebral fractures

Main Referral Text: This patient suffered low impact fall resulting in vertebral fractures and severe pain. Mobilizing at home but struggling ++. Stairs at home are an issue.
Many thanks for assessing.

Investigations

Description	Result	Date
Has the patient had physiotherapy previously for this problem? :	No	
Has the patient Severe unremitting pain? :	true	
Is the patients sleep disturbed by the condition? :	true	
Time since onset? (Weeks) :	3-6	
Are other services involved? :	No	

Pre-existing conditions (High & Medium Priority)

Description	Modifier	Extension	Start Date	Date Recorded
Administration		[TRUNCATED]upset stomach, bieng sick , no eating or drinking - asking if can maybe get something for the sickness and also asking if can get omeprazole - also shes hvaing trouble getting the bowel mo	25/06/2024	25/06/2024
Home visit		[TRUNCATED]struggling with pain and spasms irght leg at night. morphine helps and tolerating well. ALready aiming to get off this ASAP but shooting pain/cramp right leg at night. No paraesthesia/num	24/06/2024	24/06/2024
Telephone encounter		[TRUNCATED]with daughter. not recent evetns. Struggling with pain. Used 5ml (10mg) x4 in last 24 hours but very low BMI so need to be very cautious. agreed 10mg MST bd with PRN ormaorph but advised	19/06/2024	19/06/2024
Telephone encounter		Fell backwards yesterday. Several vert # Taking 5 mls qds oramorph Will request Dexam	18/06/2024	18/06/2024
Consultation		Cough 3 months following Covid. Not breathless. No CP No wt loss. Still smoking 10/day - need to stop Exam Sats 99 HS normal lUngs clear No Cx nodes No clubing	06/03/2024	06/03/2024
Administration		needs reievew of her citalopram, not beenreviewed for over a year	31/10/2023	31/10/2023

Pulmonary rehabilitation offered			23/08/2023	23/08/2023
Acute exacerbation of chronic obstructive airways disease	nil		23/08/2023	23/08/2023
Telephone encounter	[TRUNCATED]Called cos request for GTN. Seen at ED and given GTN. Pain eased off only after 30 min. SI breathless on exertion. Still has diarrhoea. Unlikely angina. Trops normal at ED TCB with CP or		08/08/2023	08/08/2023
Seen in hospital casualty			07/08/2023	07/08/2023
Consultation	Dizzy, shaking, poor appetite, vomited X1 3 days ago. Abdo pain on sides. Exam Abdo soft No mass HS normal Lungs clear Sats 97		04/04/2023	04/04/2023
SMS text message sent to patient	Dear Helen, Please make a gp telephone appointment re citalopram. with regards.		28/03/2023	28/03/2023
Did not attend - no reason	COPD assessment - I suspect this is because she has rightly been referred to spirometry by Dr C		13/01/2023	13/01/2023
Telephone encounter	Left message for referral for spirometry		16/12/2022	16/12/2022
Telephone encounter	Spoke to granddaughter. Coughs a lot CXR emphysema. Rpt UE as sodium low. On citalopram		12/12/2022	12/12/2022
SMS text message sent to patient	Dear Helen Please make gp telephone appointment re request for iron with regards.		12/12/2022	12/12/2022
Telephone encounter	Feels better. Discussed her bloods. CXR 4 days time. Will call again		09/12/2022	09/12/2022
Consultation	Sats 96 No clubbing Lungs clear		05/12/2022	05/12/2022
Consultation	[TRUNCATED]Cough 4 days Abdo pain after cough. Vomited brown stuff after retching Poor appetite. Been retching for 3 days but none today. Diarrhoea X1 today. No black stools Still drinking 4 cans ti		02/12/2022	02/12/2022
SMS text message sent to patient	[TRUNCATED]There are available Covid/Flu Vaccination appointments across selected West Lothian Community Pharmacies including Blackburn Pharmacy, please call NHS Lothian Enquiry Line 0300 790 6296 t		04/11/2022	04/11/2022
Anorexia symptom	[TRUNCATED]Loss of appetite for months. Sleeps 5 h. Bowels normal. Feels down. Drinks 4 cans of beer for calories. X4 bereavement over 6 months Exam Sats 97 BP 140/84 Abdo NAD P: change mirtazapine		30/05/2022	30/05/2022
H/O daily cannabis misuse	smokes daily		24/02/2021	24/02/2021
[D]Chest pain NOS	First ever		27/01/2021	27/01/2021
Seen in hospital casualty			27/01/2021	27/01/2021
Did not attend breast screening clinic	New event	Appointment Reminder issued	09/12/2020	09/12/2020
Administration		Message left on prescription line. full details for patinet left but no item details. no info on what item they need.	13/05/2020	13/05/2020
No response to bowel cancer screening programme invitation	New event		29/06/2018	29/06/2018
Cervical smear defaulter	New event		17/09/2017	17/09/2017
Cervical smear defaulter	New event		17/08/2014	17/08/2014
Brief intervention for excessive alcohol consump			27/03/2012	27/03/2012
Patient "recall" admin.		(Consent to follow up Brief Intervention)	27/03/2012	27/03/2012
Alcohol counselling by other agencies			27/03/2012	27/03/2012
Acid reflux		bile reflux	01/08/2006	01/08/2006
Duodenitis		SJH	01/08/2006	01/08/2006
STERILISATION ATTEMPTED REVERSAL		[YEAR OF EVENT 1985]	01/01/1985	01/01/1985
STERILISATION FEMALE		[YEAR OF EVENT 1981]	01/01/1981	01/01/1981
SVD (SPONTANEOUS VERTEX DELIVERY)		[YEAR OF EVENT 1981]	01/01/1981	01/01/1981
TOP (TERMINATION OF PREGNANCY)		[YEAR OF EVENT 1975]	01/01/1975	01/01/1975
OD (OVERDOSE DRUG)		[YEAR OF EVENT 1971]	01/01/1971	01/01/1971

Past procedures (High and Medium Priority)

<u>Procedure</u>	<u>Comment</u>	<u>Modifier</u>	<u>Date Performed</u>	<u>Date Recorded</u>
Medication requested	0+2 oramorph zomorph		03/07/2024	03/07/2024
Medication requested	0+1.... ORAMORPH		26/06/2024	26/06/2024
Medication requested	Citalopram.....0+1		07/05/2024	07/05/2024
Chest X-ray - routine	- normal		18/03/2024	18/03/2024
Medication requested	0 + 1 citalopram		29/09/2023	29/09/2023
Medication requested	0+1 Citalopram		31/08/2023	31/08/2023
COPD self-management plan given			23/08/2023	23/08/2023
Pulmonary rehabilitation declined			23/08/2023	23/08/2023
Good compliance with inhaler			23/08/2023	23/08/2023
Chronic obstructive pulmonary disease annual review	emphysema on chest x-ray jan 22. coded today, given booklet just diagnosed with copd from british lung foundation		23/08/2023	23/08/2023
Chest X-ray - routine	- hyperinflated lungs		07/08/2023	07/08/2023
Medication requested	0+1 Citalopram		01/08/2023	01/08/2023
Medication requested	0+2 citalopram mirtaz		04/07/2023	04/07/2023
Medication requested	0+1 Citalopram		23/05/2023	23/05/2023
Medication requested	0 + 1 citalopram		03/05/2023	03/05/2023
Medication requested	0+1 Fortijuice x 20		07/02/2023	07/02/2023
Medication requested	0+1 iron tablets ,, unable to change with diet		12/12/2022	12/12/2022
Medication requested	fortijuice strawberry and forest fruit...0+2		09/12/2022	09/12/2022
Standard chest X-ray	- lungs are emphysematous		06/12/2022	06/12/2022
Medication requested	0 + 1 citalopram		16/11/2022	16/11/2022
Medication requested	0+1..... citalopram		26/10/2022	26/10/2022
Medication requested	0+1 Fortijuice		27/09/2022	27/09/2022
Medication requested	0+1..... fortijuice		12/09/2022	12/09/2022
Medication requested	CITALOPRAM.....0+1		08/09/2022	08/09/2022
Medication requested	0 + 2 fortijuice, citalopram		19/08/2022	19/08/2022
Medication requested	0+1..... fortijuice		28/07/2022	28/07/2022
Medication requested	0+1 Citalopram		26/07/2022	26/07/2022
Medication requested	0+1 Fortijuice		12/07/2022	12/07/2022
Weight monitoring	Well. Bowels - sl diarrhoea - normal for her. Appetite back.		28/06/2022	28/06/2022
Medication requested	0+1 fortijuice can she have more as shes ordering all the time		14/06/2022	14/06/2022
Medication requested	0+1.....fortijuice		06/06/2022	06/06/2022
Supply of urgent rpt medicatn by Community Pharmacy via PGD			10/02/2022	10/02/2022
Medication requested	0 + 1 mirtazepine		03/12/2021	03/12/2021
Medication requested	0 + 1 mirtazepine		29/10/2021	29/10/2021
Medication requested	0+1.....mirtazapine		21/10/2021	21/10/2021
Medication requested	0+1 Mirtazapine		29/09/2021	29/09/2021
Medication requested	0+1 mirtaz		31/08/2021	31/08/2021
Medication requested	0+1 mirtaz		03/08/2021	03/08/2021
Medication requested	0+1..... mirtazipine		01/07/2021	01/07/2021
SARS-CoV-2 vac first dose dec			11/06/2021	11/06/2021
Medication requested	mirtazapine.....01		02/06/2021	02/06/2021
Medication requested	0 + 1 mirtazepine		27/04/2021	27/04/2021
Medication requested	MIRTAZEPINE.....0+1		24/03/2021	24/03/2021
Standard chest X-ray	- suggestive of emphysema/copd	First ever	27/01/2021	27/01/2021
Alcohol consumption screen	(FAST Questionnaire) 4 - POSITIVE		27/03/2012	27/03/2012
Endoscopy abnormal	SJH		01/08/2006	01/08/2006
Cervical smear: negative	Exclude from target report: No, Source of smear: In this Practice.		10/10/1996	10/10/1996
Cervical smear: negative	Exclude from target report: No, Source of smear: In this Practice.		27/03/1992	27/03/1992
Cervical smear: negative	Exclude from target report: No, Source of smear: In this Practice.		14/01/1991	14/01/1991

Current medication (Active Repeat medication issued within the last 12 months)

Drug name	Formulation	Dosage	Frequency	Course started	Duration	Last Prescribed Date
Citalopram 10mg tablets	tablet	TAKE 1 TABLET(S) A DAY		31/10/2023		01/07/2024

Recent medication (Any medication issued within last 90 days not shown above)

Drug name	Formulation	Dosage	Frequency	Course started	Duration	Last Prescribed Date
Glycerol 4g suppositories	suppository	INSERT ONE SUPPOSITORY INTO T[more]		28/06/2024		28/06/2024
Morphine sulfate 10mg/5ml oral solution	ml	5 MLS FOUR TIMES A DAY WHEN R[more]		26/06/2024		26/06/2024
Macrogol compound oral powder sachets NPF sugar free	sachet	TAKE ONE SACHET DAILY. REFER[more]		25/06/2024		25/06/2024
Cyclizine 50mg tablets	tablet	ONE TO BE TAKEN UP TO THREE T[more]		25/06/2024		25/06/2024
Methocarbamol 750mg tablets	tablet	2 TABLETS AT NIGHT		24/06/2024		24/06/2024
Zomorph 10mg modified-release capsules (Ethypharm UK Ltd)	capsule	ONE TABLET TWICE DAILY		19/06/2024		19/06/2024
Oramorph 10mg/5ml oral solution (Glenwood GmbH)	ml	5 MLS FOUR TIMES A DAY WHEN R[more]		18/06/2024		18/06/2024
Citalopram 10mg tablets	tablet	TAKE 1 TABLET(S) A DAY		31/10/2023		09/04/2024

Additional information

Patient Weight in Kilograms:43	
Patient Height in Metres:1.63	
Patient BMI:16.1	
Patient Blood Pressure (Systolic):120	
Patient Blood Pressure (Diastolic):71	
Smoking history (Screening):Tobacco consumption	Date Recorded:23-Aug-2023
Smoking history (Encounters):Tobacco consumption	Date Recorded:23-Aug-2023
Alcohol history (Screening):Alcohol consumption	Date Recorded:27-Mar-2012
Alcohol history (Encounters):Alcohol consumption	Date Recorded:27-Mar-2012
Exercise history (Screening):Exercise grading	Date Recorded:23-Aug-2023
Exercise history (Encounters):Exercise grading	Date Recorded:23-Aug-2023

NHS Lothian - Referral Letter

Referral To	AHP - Dietetics West Lothian - St John's Hospital LI Dietetics
Urgency of referral	Routine
Date of referral	23/01/2025
Date submitted	23/01/2025
UCPN	101035381245J

PATIENT DETAILS		Contact Details
CHI number:	0104551062	121 ROWAN STREET Voice (Mobile) : 07840959295
Name:	MS HELEN MCCORMACK	BLACKBURN
Date of birth:	01/04/1955	WEST LOTHIAN
Sex:	Female	EH47 7ED

REFERRING PRACTITIONER DETAILS		Practice address
Name:	Dr. John Lavery (GMC: 6145444)	Blackburn Partnership Centre
Practice:	Ashgrove Group Practice (78330)	Ashgrove
Phone:	Voice : 01506 657130	Blackburn EH47 7LL

CLINICAL INFORMATION

Reason for Referral: Low BMI, osteoporosis

Main Referral Text: This 69 year old with fractures secondary to osteoporosis struggles to maintain her weight.
The osteoporosis asked for dietetic assessment as they feel this is contributing to her low bone density.
Many thanks.

Investigations

Description	Result	Date
Nutritional Support :	true	
Current weight (kg) :	41.3	
Date of weight :	2025-01-16	
Most recent last weight (kg) :	43	
Date of weight :	2024-03-06	
Has a Food First leaflet been provided to the patient? :	Yes	
Are you requesting a home visit for this patient? :	No	
Is the patient supported with a Welfare POA, a Guardianship order or Section 47 Adults with Incapacity Act form? :	No	

Pre-existing conditions (High & Medium Priority)

Description	Modifier	Extension	Start Date	Date Recorded
Telephone encounter		re referral to deitician as per osteoporosis clinic. Agrees to this. Asking if can change calcium/vitD as cant tolerate chewable tablet., been missing doses. Agreed try caplets	16/01/2025	16/01/2025
Osteoporosis			11/09/2024	11/09/2024
Administration		[TRUNCATED]upset stomach, bieng sick , no eating or drinking - asking if can maybe get something for the sickness and also asking if can get omeprazole - also shes hvaing trouble getting the bowel mo	25/06/2024	25/06/2024
Home visit		[TRUNCATED]struggling with pain and spasms irlght leg at night. morphine helps and tolerating well. ALready aiming to get off this ASAP but shooting pain/cramp right leg at night. No paraesthesia/num	24/06/2024	24/06/2024
Telephone encounter		[TRUNCATED]with daughter. not recent evetns. Struggling with pain. Used 5ml (10mg) x4 in last 24 hours but very low BMI so need to be very cautious. agreed 10mg MST bd with PRN ormaorph but advised	19/06/2024	19/06/2024

Telephone encounter		Fell backwards yesterday. Several vert # Taking 5 mls qds oramorph Will request Dexta	18/06/2024	18/06/2024
Fracture of spine with spinal cord lesion		fell and CT shows multiple spinal fractures	17/06/2024	17/06/2024
Consultation		Cough 3 months following Covid. Not breathless. No CP No wt loss. Still smoking 10/day - need to stop Exam Sats 99 HS normal Lungs clear No Cx nodes No clubing	06/03/2024	06/03/2024
Administration		needs reiew of her citalopram, not beenreviewed for over a year	31/10/2023	31/10/2023
Pulmonary rehabilitation offered			23/08/2023	23/08/2023
Acute exacerbation of chronic obstructive airways disease		nil	23/08/2023	23/08/2023
Telephone encounter		[TRUNCATED]Called cos request for GTN. Seen at ED and given GTN. Pain eased off only after 30 min. SI breathless on exertion. Still has diarrhoea. Unlikely angina. Trops normal at ED TCB with CP or	08/08/2023	08/08/2023
Seen in hospital casualty			07/08/2023	07/08/2023
Consultation		Dizzy, shaking, poor appetite, vomited X1 3 days ago. Abdo pain on sides. Exam Abdo soft No mass HS normal Lungs clear Sats 97	04/04/2023	04/04/2023
SMS text message sent to patient		Dear Helen, Please make a gp telephone appointment re citalopram. with regards.	28/03/2023	28/03/2023
Did not attend - no reason		COPD assessment - I suspect this is because she has rightly been referred to spirometry by Dr C	13/01/2023	13/01/2023
Telephone encounter		Left message for referral for spirometry	16/12/2022	16/12/2022
Telephone encounter		Spoke to granddaughter. Coughs a lot CXR emphysema. Rpt UE as sodium low. On citalopram	12/12/2022	12/12/2022
SMS text message sent to patient		Dear Helen Please make gp telephone appointment re request for iron with regards.	12/12/2022	12/12/2022
Telephone encounter		Feels better. Discussed her bloods. CXR 4 days time. Will call again	09/12/2022	09/12/2022
Consultation		Sats 96 No clubbing Lungs clear	05/12/2022	05/12/2022
Consultation		[TRUNCATED]Cough 4 days Abdo pain after cough. Vomited brown stuff after retching Poor appetite. Been retching for 3 days but none today. Diarrhoea X1 today. No black stools Still drinking 4 cans ti	02/12/2022	02/12/2022
SMS text message sent to patient		[TRUNCATED]There are available Covid/Flu Vaccination appointments across selected West Lothian Community Pharmacies including Blackburn Pharmacy, please call NHS Lothian Enquiry Line 0300 790 6296 t	04/11/2022	04/11/2022
Anorexia symptom		[TRUNCATED]Loss of appetite for months. Sleeps 5 h. Bowels normal. Feels down. Drinks 4 cans of beer for calories. X4 bereavement over 6 months Exam Sats 97 BP 140/84 Abdo NAD P: change mirtazapine	30/05/2022	30/05/2022
H/O daily cannabis misuse		smokes daily	24/02/2021	24/02/2021
[D]Chest pain NOS	First ever		27/01/2021	27/01/2021
Seen in hospital casualty			27/01/2021	27/01/2021
Did not attend breast screening clinic	New event	Appointment Reminder issued	09/12/2020	09/12/2020
Administration		Message left on prescription line. full details for patinet left but no item details. no info on what item they need.	13/05/2020	13/05/2020
No response to bowel cancer screening programme invitation	New event		29/06/2018	29/06/2018
Cervical smear defaulter	New event		17/09/2017	17/09/2017
Cervical smear defaulter	New event		17/08/2014	17/08/2014
Brief intervention for excessive alcohol consumptn completed			27/03/2012	27/03/2012
Patient "recall" admin.		(Consent to follow up Brief Intervention)	27/03/2012	27/03/2012
Alcohol counselling by other agencies			27/03/2012	27/03/2012
Acid reflux		bile reflux	01/08/2006	01/08/2006
Duodenitis		SJH	01/08/2006	01/08/2006

STERILISATION ATTEMPTED REVERSAL	[YEAR OF EVENT 1985]	01/01/1985	01/01/1985
STERILISATION FEMALE	[YEAR OF EVENT 1981]	01/01/1981	01/01/1981
SVD (SPONTANEOUS VERTEX DELIVERY)	[YEAR OF EVENT 1981]	01/01/1981	01/01/1981
TOP (TERMINATION OF PREGNANCY)	[YEAR OF EVENT 1975]	01/01/1975	01/01/1975
OD (OVERDOSE DRUG)	[YEAR OF EVENT 1971]	01/01/1971	01/01/1971

Past procedures (High and Medium Priority)

<u>Procedure</u>	<u>Comment</u>	<u>Modifier</u>	<u>Date Performed</u>	<u>Date Recorded</u>
Medication requested	0+2 oramorph zomorph		03/01/2025	03/01/2025
Medication requested	oramorph oral solution..0+1		24/12/2024	24/12/2024
Medication requested	0+1.... oramorph, asking for 2 to cover over hols		18/12/2024	18/12/2024
Patient given telephone advice out of hours			14/12/2024	14/12/2024
Medication requested	0+2.... oramorph, zomorph		10/12/2024	10/12/2024
Medication requested	0+1.. citalopram		06/12/2024	06/12/2024
Medication requested	0+1 Zomorph capsules		18/11/2024	18/11/2024
Medication requested	0+1..... zomorph caps		21/10/2024	21/10/2024
Medication requested	Zomorph...0+1		23/08/2024	23/08/2024
Medication requested	0+2..... morphine , zomorph		01/08/2024	01/08/2024
Medication requested	0+1 Zomorph capsules		22/07/2024	22/07/2024
Medication requested	0+1 ormamorph soln		10/07/2024	10/07/2024
Referral for further care	physio		03/07/2024	03/07/2024
Medication requested	0+2 oramorph zomorph		03/07/2024	03/07/2024
Medication requested	0+1.... ORAMORPH		26/06/2024	26/06/2024
Medication requested	Citalopram.....0+1		07/05/2024	07/05/2024
Chest X-ray - routine	- normal		18/03/2024	18/03/2024
Medication requested	0 + 1 citalopram		29/09/2023	29/09/2023
Medication requested	0+1 Citalopram		31/08/2023	31/08/2023
COPD self-management plan given			23/08/2023	23/08/2023
Pulmonary rehabilitation declined			23/08/2023	23/08/2023
Good compliance with inhaler			23/08/2023	23/08/2023
Chronic obstructive pulmonary disease annual review	emphysema on chest x-ray jan 22. coded today, given booklet just diagnosed with copd from british lung foundation		23/08/2023	23/08/2023
Chest X-ray - routine	- hyperinflated lungs		07/08/2023	07/08/2023
Medication requested	0+1 Citalopram		01/08/2023	01/08/2023
Medication requested	0+2 citalopram mirtaz		04/07/2023	04/07/2023
Medication requested	0+1 Citalopram		23/05/2023	23/05/2023
Medication requested	0 + 1 citalopram		03/05/2023	03/05/2023
Medication requested	0+1 Fortijuice x 20		07/02/2023	07/02/2023
Medication requested	0+1 iron tablets ,, unable to change with diet		12/12/2022	12/12/2022
Medication requested	fortijuice strawberry and forest fruit...0+2		09/12/2022	09/12/2022
Standard chest X-ray	- lungs are emphysematous		06/12/2022	06/12/2022
Medication requested	0 + 1 citalopram		16/11/2022	16/11/2022
Medication requested	0+1..... citalopram		26/10/2022	26/10/2022
Medication requested	0+1 Fortijuice		27/09/2022	27/09/2022
Medication requested	0+1..... fortijuice		12/09/2022	12/09/2022
Medication requested	CITALOPRAM.....0+1		08/09/2022	08/09/2022
Medication requested	0 + 2 fortijuice, citalopram		19/08/2022	19/08/2022
Medication requested	0+1..... fortijuice		28/07/2022	28/07/2022
Medication requested	0+1 Citalopram		26/07/2022	26/07/2022
Medication requested	0+1 Fortijuice		12/07/2022	12/07/2022
Weight monitoring	Well. Bowels - sl diarrhoea - normal for her. Appetite back.		28/06/2022	28/06/2022
Medication requested	0+1 fortijuice can she have more as shes ordering all the time		14/06/2022	14/06/2022
Medication requested	0+1.....fortijuice		06/06/2022	06/06/2022

Supply of urgent rpt medicatn by Community Pharmacy via PGD		10/02/2022	10/02/2022
Medication requested	0 + 1 mirtazepine	03/12/2021	03/12/2021
Medication requested	0 + 1 mirtazepine	29/10/2021	29/10/2021
Medication requested	0+1.....mirtazapine	21/10/2021	21/10/2021
Medication requested	0+1 Mirtazapine	29/09/2021	29/09/2021
Medication requested	0+1 mirtaz	31/08/2021	31/08/2021

Current medication (Active Repeat medication issued within the last 12 months)

<u>Drug name</u>	<u>Formulation</u>	<u>Dosage</u>	<u>Frequency</u>	<u>Course started</u>	<u>Duration</u>	<u>Last Prescribed Date</u>
Adcal-D3 750mg/200unit caplets (Kyowa Kirin International UK NewCo Ltd)	tablet	TAKE TWO CAPLETS TWICE DAILY.		16/01/2025		16/01/2025
Alendronic acid 70mg tablets	tablet	1 TABLET ONCE A WEEK (TAKE ON[more]		24/12/2024		24/12/2024
Citalopram 10mg tablets	tablet	TAKE 1 TABLET(S) A DAY		31/10/2023		08/01/2025

Recent medication (Any medication issued within last 90 days not shown above)

<u>Drug name</u>	<u>Formulation</u>	<u>Dosage</u>	<u>Frequency</u>	<u>Course started</u>	<u>Duration</u>	<u>Last Prescribed Date</u>
Morphine sulfate 10mg/5ml oral solution	ml	5 MLS FOUR TIMES A DAY WHEN R[more]		06/01/2025		06/01/2025
Zomorph 10mg modified-release capsules (Ethypfarm UK Ltd)	capsule	ONE TABLET TWICE DAILY		06/01/2025		06/01/2025
Morphine sulfate 10mg/5ml oral solution	ml	5 MLS FOUR TIMES A DAY WHEN R[more]		27/12/2024		27/12/2024
Accrete D3 One a Day 1000mg/880unit chewable tablets (Thornton & Ross Ltd)	tablet	TAKE ONE TABLET ONCE A DAY		24/12/2024		24/12/2024
Morphine sulfate 10mg/5ml oral solution	ml	5 MLS FOUR TIMES A DAY WHEN R[more]		19/12/2024		19/12/2024
Zomorph 10mg modified-release capsules (Ethypfarm UK Ltd)	capsule	ONE TABLET TWICE DAILY		11/12/2024		11/12/2024
Morphine sulfate 10mg/5ml oral solution	ml	5 MLS FOUR TIMES A DAY WHEN R[more]		11/12/2024		11/12/2024
Zomorph 10mg modified-release capsules (Ethypfarm UK Ltd)	capsule	ONE TABLET TWICE DAILY		18/11/2024		18/11/2024
Gabapentin 100mg capsules	capsule	1 THREE TIMES A DAY AND SLO[more]		30/10/2024		30/10/2024
Citalopram 10mg tablets	tablet	TAKE 1 TABLET(S) A DAY		31/10/2023		05/11/2024

Additional information

Patient Weight in Kilograms:41.3	
Patient Height in Metres:1.63	
Patient BMI:15.5	
Patient Blood Pressure (Systolic):120	
Patient Blood Pressure (Diastolic):71	
Smoking history (Screening):Tobacco consumption	Date Recorded:23-Aug-2023
Smoking history (Encounters):Tobacco consumption	Date Recorded:23-Aug-2023
Alcohol history (Screening):Alcohol consumption	Date Recorded:27-Mar-2012
Alcohol history (Encounters):Alcohol consumption	Date Recorded:27-Mar-2012
Exercise history (Screening):Exercise grading	Date Recorded:23-Aug-2023
Exercise history (Encounters):Exercise grading	Date Recorded:23-Aug-2023

NHS Lothian - Referral Letter

Referral To	St John's Hospital Flow Centre Referral LI Flow Centre Referral
Urgency of referral	Routine
Date of referral	24/10/2025
Date submitted	24/10/2025
UCPN	101038041628C

PATIENT DETAILS		Contact Details
CHI number:	0104551062	121 ROWAN STREET Voice (Mobile) : 07840959295
Name:	MS HELEN MCCORMACK	BLACKBURN
Date of birth:	01/04/1955	WEST LOTHIAN
Sex:	Female	EH47 7ED

REFERRING PRACTITIONER DETAILS		Practice address
Name:	Dr. David Chin (GMC: 3018723)	Blackburn Partnership Centre
Practice:	Ashgrove Group Practice (78330)	Ashgrove
Phone:	Voice : 01506 657130	Blackburn EH47 7LL

CLINICAL INFORMATION

Reason for Referral: cough 3 weeks

Main Referral Text: Smokes 8 a day
Cough with green phlegm
No effect from abx
Exam Sats 98 Lungs clear ? cause
Many thanks

Pre-existing conditions (High & Medium Priority)

Description	Modifier	Extension	Start Date	Date Recorded
Consultation			24/10/2025	24/10/2025
Consultation		[TRUNCATED]Ongoing cough last 3 days,runny nose,green phlegm and mucous,BG of COPD,intermittent wheeze not on any inh,feeling generally unwell O/E sats 97%,HR110 regular,T37.2 mild Rt basal creps no	13/10/2025	13/10/2025
Medical report sent		Subject Access Request sent to patient	07/10/2025	07/10/2025
Medical report requested		Subject Access Request requested by patient	07/10/2025	07/10/2025
Consultation		[TRUNCATED]Ongoing memory issues for yrs,says her daughter and granddaughter been worried, says she forgets where she kept things but not massively impacted due to this,relates this to age scored 8/9	11/08/2025	11/08/2025
SMS text message sent to patient		Please make a routine telephone appointment with either the Practice Pharmacist, or GP to review your medication, thank you	06/06/2025	06/06/2025
SMS text message sent to patient		The Practice will be operating an emergency only appointment service today due to clinical staff shortages. Thank you for understanding. Ashgrove Group Practice {Patient Group !Patients}	05/03/2025	05/03/2025
Telephone encounter		re referral to deician as per osteoporosis clinic. Agrees to this. Asking if can change calcium/vitD as cant tolerate chewable tablet., been missing doses. Agreed try caplets	16/01/2025	16/01/2025
Osteoporosis			11/09/2024	11/09/2024
Administration		[TRUNCATED]upset stomach, bieng sick , no eating or drinking - asking if can maybe get something for the sickness and also asking if can get omeprazole - also shes hvaing trouble getting the bowel mo	25/06/2024	25/06/2024

Home visit		[TRUNCATED]struggling with pain and spasms ight leg at night. morphine helps and tolerating well. ALready aiming to get off this ASAP but shooting pain/cramp right leg at night. No paraesthesia/num	24/06/2024	24/06/2024
Telephone encounter		[TRUNCATED]with daughter. not recent evetns. Struggling with pain. Used 5ml (10mg) x4 in last 24 hours but very low BMI so need to be very cautious. agreed 10mg MST bd with PRN oramorph but advised	19/06/2024	19/06/2024
Telephone encounter		Fell backwards yesterday. Several vert # Taking 5 mls qds oramorph Will request Dexta	18/06/2024	18/06/2024
Fracture of spine with spinal cord lesion		fell and CT shows multiple spinal fractures	17/06/2024	17/06/2024
Consultation		Cough 3 months following Covid. Not breathless. No CP No wt loss. Still smoking 10/day - need to stop Exam Sats 99 HS normal Lungs clear No Cx nodes No clubing	06/03/2024	06/03/2024
Administration		needs reiew of her citalopram, not beenreviewed for over a year	31/10/2023	31/10/2023
Pulmonary rehabilitation offered			23/08/2023	23/08/2023
Acute exacerbation of chronic obstructive airways disease		nil	23/08/2023	23/08/2023
Telephone encounter		[TRUNCATED]Called cos request for GTN. Seen at ED and given GTN. Pain eased off only after 30 min. SI breathless on exertion. Still has diarrhoea. Unlikely angina. Trops normal at ED TCB with CP or	08/08/2023	08/08/2023
Seen in hospital casualty			07/08/2023	07/08/2023
Consultation		Dizzy, shaking, poor appetite, vomited X1 3 days ago. Abdo pain on sides. Exam Abdo soft No mass HS normal Lungs clear Sats 97	04/04/2023	04/04/2023
SMS text message sent to patient		Dear Helen, Please make a gp telephone appointment re citalopram. with regards.	28/03/2023	28/03/2023
Did not attend - no reason		COPD assessment - I suspect this is because she has rightly been referred to spirometry by Dr C	13/01/2023	13/01/2023
Telephone encounter		Left message for referral for spirometry	16/12/2022	16/12/2022
Telephone encounter		Spoke to granddaughter. Coughs a lot CXR emphysema. Rpt UE as sodium low. On citalopram	12/12/2022	12/12/2022
SMS text message sent to patient		Dear Helen Please make gp telephone appointment re request for iron with regards.	12/12/2022	12/12/2022
Telephone encounter		Feels better. Discussed her bloods. CXR 4 days time. Will call again	09/12/2022	09/12/2022
Consultation		Sats 96 No clubbing Lungs clear	05/12/2022	05/12/2022
Consultation		[TRUNCATED]Cough 4 days Abdo pain after cough. Vomited brown stuff after retching Poor appetite. Been retching for 3 days but none today. Diarrhoea X1 today. No black stools Still drinking 4 cans ti	02/12/2022	02/12/2022
SMS text message sent to patient		[TRUNCATED]There are available Covid/Flu Vaccination appointments across selected West Lothian Community Pharmacies including Blackburn Pharmacy, please call NHS Lothian Enquiry Line 0300 790 6296 t	04/11/2022	04/11/2022
Anorexia symptom		[TRUNCATED]Loss of appetite for months. Sleeps 5 h. Bowels normal. Feels down. Drinks 4 cans of beer for calories. X4 bereavement over 6 months Exam Sats 97 BP 140/84 Abdo NAD P: change mirtazapine	30/05/2022	30/05/2022
H/O daily cannabis misuse		smokes daily	24/02/2021	24/02/2021
[D]Chest pain NOS	First ever		27/01/2021	27/01/2021
Seen in hospital casualty			27/01/2021	27/01/2021
Did not attend breast screening clinic	New event	Appointment Reminder issued	09/12/2020	09/12/2020
Administration		Message left on prescription line. full details for patinet left but no item details. no info on what item they need.	13/05/2020	13/05/2020
No response to bowel cancer screening programme invitation	New event		29/06/2018	29/06/2018
Cervical smear defaulter	New event		17/09/2017	17/09/2017
Cervical smear defaulter	New event		17/08/2014	17/08/2014
Brief intervention for excessive alcohol			27/03/2012	27/03/2012

consumptn completed			
Patient "recall" admin.	(Consent to follow up Brief Intervention)	27/03/2012	27/03/2012
Alcohol counselling by other agencies		27/03/2012	27/03/2012
Acid reflux	bile reflux	01/08/2006	01/08/2006
Duodenitis	SJH	01/08/2006	01/08/2006
STERILISATION ATTEMPTED REVERSAL	[YEAR OF EVENT 1985]	01/01/1985	01/01/1985
STERILISATION FEMALE	[YEAR OF EVENT 1981]	01/01/1981	01/01/1981
SVD (SPONTANEOUS VERTEX DELIVERY)	[YEAR OF EVENT 1981]	01/01/1981	01/01/1981
TOP (TERMINATION OF PREGNANCY)	[YEAR OF EVENT 1975]	01/01/1975	01/01/1975
OD (OVERDOSE DRUG)	[YEAR OF EVENT 1971]	01/01/1971	01/01/1971

Past procedures (High and Medium Priority)

<u>Procedure</u>	<u>Comment</u>	<u>Modifier</u>	<u>Date Performed</u>	<u>Date Recorded</u>
Medication requested	0+1 Citalopram		06/06/2025	06/06/2025
Syringe ear to remove wax	both ear free from wax TMs visible & intact. small amount of dry wax in ear canal not occluding TM hearing improved. KMK		07/04/2025	07/04/2025
Syringe ear to remove wax	right ear minimal amount of wax extracted remains dry and impacted. dosent look as if any oil has been used- advised to get olive oil from Pharmacy new appointment given for 1 week. KMK		27/03/2025	27/03/2025
Syringe ear to remove wax	left ear successfully syringed small compacted wax extracted. skin dry in ear canal. has been using coconut oil advised to change to olive oil. review right ear next week not prepared. KMK		18/03/2025	18/03/2025
Medication requested	0+1 Morphine sulphate oral solution		03/03/2025	03/03/2025
Medication requested	1+2....zoramorph...morphine oral solution		29/01/2025	29/01/2025
Referral for further care	dietician		23/01/2025	23/01/2025
Medication requested	0+2 oramorph zomorph		03/01/2025	03/01/2025
Medication requested	oramorph oral solution..0+1		24/12/2024	24/12/2024
Medication requested	0+1.... oramorph, asking for 2 to cover over hols		18/12/2024	18/12/2024
Patient given telephone advice out of hours			14/12/2024	14/12/2024
Medication requested	0+2.... oramorph, zomorph		10/12/2024	10/12/2024
Medication requested	0+1.. citalopram		06/12/2024	06/12/2024
Medication requested	0+1 Zomorph capsules		18/11/2024	18/11/2024
Medication requested	0+1..... zomorph caps		21/10/2024	21/10/2024
Medication requested	Zomorph...0+1		23/08/2024	23/08/2024
Medication requested	0+2..... morphine , zomorph		01/08/2024	01/08/2024
Medication requested	0+1 Zomorph capsules		22/07/2024	22/07/2024
Medication requested	0+1 ormamorph soln		10/07/2024	10/07/2024
Referral for further care	physio		03/07/2024	03/07/2024
Medication requested	0+2 oramorph zomorph		03/07/2024	03/07/2024
Medication requested	0+1.... ORAMORPH		26/06/2024	26/06/2024
Medication requested	Citalopram.....0+1		07/05/2024	07/05/2024
Chest X-ray - routine	- normal		18/03/2024	18/03/2024
Medication requested	0 + 1 citalopram		29/09/2023	29/09/2023
Medication requested	0+1 Citalopram		31/08/2023	31/08/2023
COPD self-management plan given			23/08/2023	23/08/2023
Pulmonary rehabilitation declined			23/08/2023	23/08/2023
Good compliance with inhaler			23/08/2023	23/08/2023
Chronic obstructive pulmonary disease annual review	emphysema on chest x-ray jan 22. coded today, given booklet just diagnosed with copd from british lung foundation		23/08/2023	23/08/2023
Chest X-ray - routine	- hyperinflated lungs		07/08/2023	07/08/2023
Medication requested	0+1 Citalopram		01/08/2023	01/08/2023
Medication requested	0+2 citalopram mirtaz		04/07/2023	04/07/2023

Medication requested	0+1 Citalopram	23/05/2023	23/05/2023
Medication requested	0 + 1 citalopram	03/05/2023	03/05/2023
Medication requested	0+1 Fortijuice x 20	07/02/2023	07/02/2023
Medication requested	0+1 iron tablets ,, unable to change with diet	12/12/2022	12/12/2022
Medication requested	fortijuice strawberry and forest fruit...0+2	09/12/2022	09/12/2022
Standard chest X-ray	- lungs are emphysematous	06/12/2022	06/12/2022
Medication requested	0 + 1 citalopram	16/11/2022	16/11/2022
Medication requested	0+1..... citalopram	26/10/2022	26/10/2022
Medication requested	0+1 Fortijuice	27/09/2022	27/09/2022
Medication requested	0+1..... fortijuice	12/09/2022	12/09/2022
Medication requested	CITALOPRAM.....0+1	08/09/2022	08/09/2022
Medication requested	0 + 2 fortijuice, citalopram	19/08/2022	19/08/2022
Medication requested	0+1..... fortijuice	28/07/2022	28/07/2022
Medication requested	0+1 Citalopram	26/07/2022	26/07/2022
Medication requested	0+1 Fortijuice	12/07/2022	12/07/2022
Weight monitoring	Well. Bowels - sl diarrhoea - normal for her. Appetite back.	28/06/2022	28/06/2022
Medication requested	0+1 fortijuice can she have more as shes ordering all the time	14/06/2022	14/06/2022

Current medication (Active Repeat medication issued within the last 12 months)

<u>Drug name</u>	<u>Formulation</u>	<u>Dosage</u>	<u>Frequency</u>	<u>Course started</u>	<u>Duration</u>	<u>Last Prescribed Date</u>
Adcal-D3 750mg/200unit caplets (Kyowa Kirin International UK NewCo Ltd)	tablet	TAKE TWO CAPLETS DAILY.		16/01/2025		01/09/2025
Citalopram 10mg tablets	tablet	TAKE 1 TABLET(S) A DAY		31/10/2023		09/10/2025
Alendronic acid 70mg tablets	tablet	1 TABLET ONCE A WEEK (TAKE ON[more]		24/12/2024		01/09/2025

Recent medication (Any medication issued within last 90 days not shown above)

<u>Drug name</u>	<u>Formulation</u>	<u>Dosage</u>	<u>Frequency</u>	<u>Course started</u>	<u>Duration</u>	<u>Last Prescribed Date</u>
Doxycycline 100mg capsules	capsule	TWO TODAY THEN ONE EVERY DAY [more]		24/10/2025		24/10/2025
Morphine sulfate 10mg/5ml oral solution	ml	4ML/8MG TWICE DAILY AND EXTRA[more]		14/10/2025		14/10/2025
Amoxicillin 500mg capsules	capsule	ONE THREE TIMES A DAY		13/10/2025		13/10/2025

Additional information

Patient Weight in Kilograms:42

Patient Height in Metres:1.63

Patient BMI:15.8

Patient Blood Pressure (Systolic):120

Patient Blood Pressure (Diastolic):71

Smoking history (Screening):Tobacco consumption Date Recorded:23-Aug-2023

Smoking history (Encounters):Tobacco consumption Date Recorded:23-Aug-2023

Alcohol history (Screening):Alcohol consumption Date Recorded:27-Mar-2012

Alcohol history (Encounters):Alcohol consumption Date Recorded:27-Mar-2012

Exercise history (Screening):Exercise grading Date Recorded:23-Aug-2023

Exercise history (Encounters):Exercise grading Date Recorded:23-Aug-2023

NHS Lothian - Imaging Request

Referral To	St John's Hospital Clinical Radiology LI Radiology Plain X-ray
Urgency of referral	Urgent - Suspected Cancer
Date of referral	27/10/2025
Date submitted	27/10/2025
UCPN	101038051422Q

PATIENT DETAILS		Contact Details
CHI number:	0104551062	121 ROWAN STREET Voice (Mobile) : 07840959295
Name:	MS HELEN MCCORMACK	BLACKBURN
Date of birth:	01/04/1955	WEST LOTHIAN
Sex:	Female	EH47 7ED

REFERRING PRACTITIONER DETAILS		Practice address
Name:	Dr. David Chin (GMC: 3018723)	Blackburn Partnership Centre
Practice:	Ashgrove Group Practice (78330)	Ashgrove
Phone:	Voice : 01506 657130	Blackburn EH47 7LL

INVESTIGATION REQUESTED

Test Requested: Chest

Reason for Request: Smoker, 3 week history of cough, no benefit from abx. chest clear ?malignancy

CLINICAL INFORMATION

Investigations

Description	Result	Date
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Chronic Cough :	true	
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Please provide smoking status :	Smoker	
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Could the patient be pregnant? :	Blank	
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Signature of requesting doctor	Designation	Date	PATIENT INFO - Call Monday to Friday only Radiology Departments – to arrange
appointments:			
East Lothian Community Hospital (Roodlands)	8:30am - 4:00pm		0131 536 6400
Lauriston Building	8:30am - 4:00pm		0131 536 6400
Leith Community Treatment Centre	8:30am - 4:00pm		0131 536 6400
Midlothian Community Hospital	9:15am - 4:00pm		0131 536 6400
Royal Hospital for Sick Children - U16s Only	8:30am - 4:00pm		0131 536 6400
Royal Infirmary of Edinburgh	9:00am - 5:00pm		0131 536 6400
St John's Hospital	8:30am - 5:00pm		0131 536 6400
Western General Hospital	8:30am - 5:00pm		0131 536 6400