

New Park Medical Practice

163 Robertson Road, Dunfermline. KY12 0BL Tel (01383) 629200 Fax (01383) 629203

Our ref: HA/KJ/CHI 0301690472 (Please quote this reference on all correspondence)
Your ref: any reference number quoted on solicitors/police/government letters

14 May 2026

MMA Legal
Evidence@mmalegal.co.uk

Dear Sir/Madam

Re: Colin Anderson, 18 Alford Way, Dunfermline, Fife, KY11 8BF
Date of Birth: 03/01/1969

Thank you for your letter dated 21 April 2026 requesting copies of the above named patient's medical records.

Please find these enclosed.

Yours sincerely



Dr Hannah Aitchison MB ChB (Aberdeen 2014)

Enc.

Dr S Wilson, Dr J Trewavas, Dr G Rees, Dr S Hussain, Dr C De Angelis
Dr H Coppard, Dr H Aitchison, Dr C Kerr, Dr M Foy, Dr R O'Dwyer



RCGP Scotland

Registration Details - Patient No: 16322

Personal details...		Address details...	
Sex	M	Post Code	KY11 8BF
Surname	Anderson	House Name Flat No	
Previous Surname		No and Street	18 Alford Way
Forenames	Colin	Village	
Calling Name	Colin	Town	Dunfermline
Date of birth	03/01/1969	County	Fife
Title	Mr		
Birth Surname			
Marital Status	Married		
Ethnic Origin	(White) Scottish		

HA/HB Details...		Contact details...	
Trading partner	Fife	Home Tel No	01423 55999
Registered GP	Dr Hannah Aitchison	Work Tel No	
Usual GP	Dr Hannah Aitchison	Mobile Tel No	07843 112999
Residential Inst		E Mail Address	A.anderson.colin@nhs.uk
Branch Surgery		Next of Kin	
CHI Number	0301690472		
NHS Number	S424/69/51		

Practice Information...		Distances	
Dispensing	N	Rural Mileage	
Hospital Number		Blocked Special	
Records At	New Park Medical Practice	Walking Quarters	

Further Information		Upload Consent	
Long/Short stay or Dead		SCI-DC Consent	Implied Consent (default)
Date of registration	04/03/2016		

AMS/MCR Details		ECS (GP Summary) Consent	
AMS Consent	Yes	Patient Consent	Implied Consent (default)
Pharmacy Details			
Item Collected Check	No		
MCR Suitability Status	-1		
MCR Registration Status	1		

Consultations	
12/05/2026 13:51	<u>Nurse Mandv Elliot at New Park Medical Practice</u> Review of open wound to left shin. Still leaking heamoserous fluid, Colin is changing daily. Still on antibiotics, redness is reducing but fluid and oedema still presnet. Measured for Medivan 20mmhg and applied. Leg washed with QV wash aquacell and tegaderm foam adhesive. Still on feet a lot working. Happy to change, reivew Friday, appointmnets made for Doppler and further wound dressing changes. Doppler 26th May at 13.40.
Additional	Dressing of leg ulcer Community care assessment completed Attended CTAC Appointment
-	----
07/05/2026 16:05	<u>Nurse Marvanne Anderson at New Park Medical Practice</u> Dressing of leg ulcer Presents with a mid shin ulcer to the L leg. Has had several occurences in the last 3 years - this one has been present for approx 3 weeks. Seen in MIU yesterday and commenced on antibiotics. Leg is red - reducing from original marked boundaries. Superficial ulcer measures 2cm x 2cm, depth 2mm, lightly exuding serous fluid, sloughy wound bed, periwound erythema. To the calf area there are 2 small scabs which are dry - these were also small ulcers pt tells me.
Additional	Community care assessment completed Attended CTAC Appointment Water to cleanse, urgoclean to debride and clean. Step one of Wet leg Wales pathway applied as pt states the leg gets very wet. Will discuss compression/doppler at next appt - pedal pulses felt today, listened with doppler - strong biphasic pulse sounds.
History	
Examination	
Additional	
Comment	

29/04/2026 10:40	<u>Dr Hannah Aitchison at Data Entry</u>
History	SR furosemide (not issued would need to make appt for review). SR doxazocin issued with note to make appt for BLP check.
10/04/2026 13:20	<u>Dr Helen Coppard at New Park Medical Practice</u>
Comment	Cholesterol 5.3, ASSIGN 11, annual review
01/04/2026	<u>Ms Sandra Maxwell at General Practice Surgery</u>
Result	(Non Coded Event - Electrolytes) Liver function tests Serum cholesterol/HDL ratio
01/04/2026	<u>Ms Sandra Maxwell at General Practice Surgery</u>
Result	Plasma glucose level
01/04/2026 10:48	<u>Hcsw Gemma McInnes at New Park Medical Practice</u>
Comment	Non fasting blood sample obtained.
Result	Blood sample taken
Test Request	Cholesterol/HDL ratio - <i>Sampled</i> , Electrolytes - <i>Sampled</i> , Glucose - <i>Sampled</i> , LFT (Liver function) - <i>Sampled</i>
Additional	Community care assessment completed Attended CTAC Appointment
20/03/2026 17:21	<u>Dr S L Wilson at New Park Medical Practice</u>
New Referral	(NHS), , , , 8H76.: Refer to dietician (SCI Gateway Referral)
20/03/2026 09:32	<u>Dr S L Wilson at New Park Medical Practice</u>
Problem	ongoing oedema on felodipine 5mg says blp good at work - but sounds like diastolic is 90. marked oedema to knee some rednes lower legs and itchy not SOB no cough no PND tody 162/1066 p70 chest clear plan stop felodipine start doxazosin see PN for bloods and blood pressure 1/12 avoid CCB no smoker no alcohol sig overweight struggling to get in to see fdietican because of work can take phone call only if at specific times wil try and refer again (I did explain this prev)
Medication	Doxazosin Mesilate Tablets 1 mg 56 TABLET ONE TABLET INCREASE TO TWO TABLETS DAILY AFER ONE WEEK IF TOLERATED Fusidic Acid And Hydrocortisone Acetate Cream 2 % + 1 % 60 gram Apply Twice daily Qv Cream 500 GRAM Apply Twice daily
20/03/2026	<u>Phleb Chelsea Cousins at New Park Medical Practice</u>
Comment	pt attened for blood tets not enough blood obatined for smaple poor slow flow advise dpt to drink more water
13/02/2026 16:19	<u>Dr Hannah Aitchison at Data Entry</u>
History	SR felodipine - has been advised to hand in home readings
29/01/2026	<u>Mrs Judith Wilkinson at New Park Medical Practice</u>
Test Request	Cholesterol/HDL ratio - <i>Requested</i> , Electrolytes - <i>Requested</i> , Glucose - <i>Requested</i> , LFT (Liver function) - <i>Requested</i>
15/01/2026 12:15	<u>Dr Helen Coppard at New Park Medical Practice</u>
Comment	See OOH attendance with concerns HTN and home readings show average 168/100. tel to pt - add felodipine (reports ankle swelling with amlodipine, note did not improve when stopped taking it so less likely SE). After 1/12 to repeat home readings and hand in. Has app for annual bloods
Medication	Felodipine M/R tablets 5 mg 28 tablet 1 Tab DAILY
13/01/2026	<u>at MJog</u>
Additional	Chronic disease annual review Summary of text message sent to patient / Colin Anderson. It is now time for your Annual Review. Please call New Park Medical Practice on 629200 after 11am to arrange this. Please do not reply to this message by text. Thank you
21/12/2025	<u>Dr Carlie De Angelis at New Park Medical Practice</u>
	SR furosemide 40mg not issued. not had since july. note was started for pedal

History	oedema sec to ? CCB but this was stopped on initiation of diuretic so unclear why should still have swelling. note pmh of gout on allopurinol. TMA
<u>27/10/2025 00:00</u>	<u>Mrs Nicole Tait at General Practice Surgery</u>
Comment	No response to bowel cancer screening programme invitation Non-Responder
Follow up	No response to bowel cancer screening programme invitation (29/07/2025) Bowel Cancer Screening Exclusion
<u>24/07/2025 08:15</u>	<u>Dr Cat Spielsbury at New Park Medical Practice</u>
Problem	SR furosemide
History	Slip attached with reminder TMA review furosemide/gout and hand in BLP readings.
<u>09/06/2025 18:07</u>	<u>Dr Michael Bowers at New Park Medical Practice</u>
Comment	Sr furosemide and colchicine. Issued TMA slip attached ?diuretics contributing to gout
<u>02/05/2025 17:28</u>	<u>Dr Cat Spielsbury at New Park Medical Practice</u>
Problem	Medication review
History	TC. Started on furosemide by SK for pedal oedema - has found it has made a big difference, feels swelling almost completely settled now - only small residual around ankles. Note U&Es okay. Requested colchicine as none left in house - likes to have supply in case of gout flare. Feels gout currently well-managed, no flares since starting furosemide. Has been checking blood pressure at home - will hand in readings - aware may need to titrate other anti-hypertensives.
Comment	Plan: 1. Continue current medications at present - suggest complete furosemide 40mg OD and then consider reduce to 20mg OD to see if symptoms remain stable. If flare of gout, to review and may need to consider stop/dose reduction 2. Hand in home blood pressure readings as planned.
Additional	Medication review done
<u>02/05/2025 17:16</u>	<u>Dr Cat Spielsbury at New Park Medical Practice</u>
Problem	Failed encounter
History	TC to mobile at 17:19 - VM left, will try once more later. No answer on home phone.
<u>28/04/2025 12:50</u>	<u>Dr Michael Bowers at New Park Medical Practice</u>
Comment	Sr for colchicine and furosemide, not issued. U&Es okay. For appointment to discuss effectiveness of furosemide considering this may be causing a gout flare
<u>07/04/2025 08:03</u>	<u>Dr Michael Bowers at New Park Medical Practice</u>
Comment	Sr furosemide. No U&Es since starting. Asked to make appointment for blood test and appointment to review furosemide
<u>02/04/2025</u>	<u>Mrs Nicole Tait at General Practice Surgery</u>
Result	PSA - Serum prostate specific antigen level (Non Coded Event - Electrolytes)
<u>02/04/2025</u>	<u>Hcsw Maureen Clegg at New Park Medical Practice</u>
Comment	bloods sampled as per 14/03 entry sampled on lab but not saved on emis code A4558513
Result	Blood sample taken
Additional	Community care assessment completed
<u>21/03/2025 15:49</u>	<u>Nurse Maryanne Anderson at New Park Medical Practice</u>
Additional	Failed encounter DNA CTAC Appointment
<u>14/03/2025 15:33</u>	<u>Dr Sophie Kirby at New Park Medical Practice</u>
History	Feels swelling in legs reduced, feeling lightheaded at times initially in first week of changes but settled now. Getting some cramps in hands started after taking water tablets. Not there all the time, there 1/2 times a week, not effecting him significantly, reports has been prone to cramp previously mostly in legs.
Examination	Reduced oedema, mild pitting to just above ankle. Ongoing redness of the left shin, nil further blistering.
Comment	oedema improving, plan to continue furosemide for 1 more month. Repeat U+E next week. BLP currently 137/95 from corrected home readings. When completed further 4 weeks furosemide to repeat BLP and make further GP appt

Test Request	for review of BLP and oedema. May need to start alternative antihypertensive. Electrolytes - <i>Requested</i> , PSA - <i>Requested</i>
History	Requesting PSA. Counselling on false positives/negatives and risks either, aware if develops any symptoms would need review. Accepting of this.
28/02/2025 Result	<u>Mrs Tracy Castle at General Practice Surgery</u> Serum uric acid
28/02/2025 Examination	<u>Hcsw Ann Graham at New Park Medical Practice</u> Blood pressure reading 140/98 mm Hg
Comment	bloods obtained as requested and patient asked to get BP check for his records which has been recorded
Result	Blood sample taken
Test Request	Uric Acid - <i>Sampled</i>
Additional	Community care assessment completed Attended CTAC Appointment
13/02/2025 15:54 Problem	<u>Dr Sophie Kirby at New Park Medical Practice</u> OEDEMA
History	Legs swelling for past few years. Has been getting blisters which weep. Feels as though patch has spread. Blisters, scabs and then skin discoloured. gets SOB at times. Ok to walk up flight of stairs without feeling SOB. Note prev on amlodipine, stopped and switched to felodipine for ankle swelling. No orthopnoea. Agrees leg swelling be
Examination	Bilateral pitting oedema to just below knee, BLP 158/93, 151/89, sats 96%, HR 66, HS I+II+0, RR 18, chest clear, calves SNT, patch redness on front of left shin and back of calves. Small patch on.
Medication	Furosemide Tablets 40 mg 28 tablet ONE TABLET IN THE MORNING Hydromol Ointment 500 GRAM APPLY AS REQUIRED FOR DRY SKIN
Comment	Plan 1. Stop felodipine 2. Start furosemide 40mg OD 3. check U+E in 2 weeks 4. Review in 4 weeks re ankle swelling 5. stop using fucibet, apply hydromol to dry skin (aware of flammable risk)). 6. Home BLP the week before review to review during next appt. Aware furosemide can increase risk gout flare, accepting of this. Aware needs bloods to check renal function and furosemide can increase frequency so take in the morning. Happy with plan.
13/02/2025 08:27 History	<u>Dr S Hussain at Triage</u> photos docman - legs with what looks like haemosiderin staining with probable oedema - review.
12/02/2025 17:17 History	<u>Dr S Hussain at Duty Doctor Telephone Call</u> failed encounter - message left that I have not received a photo as yet of rash, seems he is not available but I will keep checking and if he does not hear from us by 18:00 today this means we have not received it he should consider calling back tomorrow.
22/01/2025 Additional	<u>at MJog</u> Chronic disease annual review Summary of text message sent to patient / Colin Anderson. It is now time for your Annual Review. Please call New Park Medical Practice on 629200 after 11am to arrange this. Please do not reply to this message by text. Thank you
14/01/2025 11:20 Problem	<u>Dr Cat Spilsbury at New Park Medical Practice</u> Gout/medication review
History	T/C. Discussed uric acid level >300 - says still getting mild flare ups of gout now and again over past 6m. Not as severe as previous episodes. Aware of diet/purines. Happy to increase allopurinol to see if this helps reduce need for colchicine.
Comment	Plan: 1. Increase allopurinol to 300mg OD with colchicine cover for 2/52 (can request further if needs extended) 2. Rpt bloods including uric acid in 4-6 weeks to ensure on target.
Medication	Allopurinol Tablets 300 mg 56 TABLET ONE TO BE TAKEN EACH DAY Colchicine Tablets 500 micrograms 28 tablet ONE OR TWO TABLETS PER DAY FOR TWO WEEKS WHILST INCREASING ALLOPURINOL
Test Request	Uric Acid - <i>Requested</i>
13/01/2025 History	<u>Dr Michael Bowers at New Park Medical Practice</u> Phoned x2, no reply message left

07/01/2025 Result	<u>Mrs Tracy Castle at General Practice Surgery</u> Serum uric acid (Non Coded Event - Electrolytes)
07/01/2025 08:58 Result Test Request Additional	<u>Nurse Maryanne Anderson at New Park Medical Practice</u> Blood sample taken Electrolytes - <i>Sampled</i> , Uric Acid - <i>Sampled</i> Community care assessment completed Attended CTAC Appointment
18/12/2024 12:29 History	<u>Dr Hannah Aitchison at Data Entry</u> SR colchicine - not issued to make appt for bloods then GP review
15/10/2024 12:46 Problem History	<u>Dr Cat Spilsbury at New Park Medical Practice</u> SR colchicine No response to request to book BLP/bloods. Smaller Rx issued and request to make appointment for blood test and BLP check BEFORE next prescription. If needing colchicine ongoing, needs review (ideally with results of bloods).
05/09/2024 11:58 Problem History	<u>Dr Cat Spilsbury at New Park Medical Practice</u> SR colchicine and fucibet Using for gout acute flares and chronic leg wound respectively. On allopurinol with last urate levels in Feb. Rpt bloods requested, but patient not attended. Attached request asking to book appointment for blood test. Plan for review with GP with results.
25/06/2024 16:51 History	<u>Dr Hannah Aitchison at Data Entry</u> requesting meds early as going on hols, can stop colchicine now, to book in for bloods and repeat BLP check
27/05/2024 08:26 History	<u>Dr A E Austin at Data Entry</u> SR allopurinol, colchicine, fucibet 1/12 supply given note attached to make appt for bloods
18/04/2024 18:24 Problem	<u>Dr S L Wilson at New Park Medical Practice</u> rx allopurinol, colchicine tma for bloods note on script
15/03/2024 08:50 History Test Request	<u>Dr Hannah Aitchison at Data Entry</u> SR fucibet, allopurinol and colchicine - to book appt for bloods Electrolytes - <i>Requested</i> , Uric Acid - <i>Requested</i>
01/03/2024 10:25 Additional	<u>Nurse Mandv Elliot at New Park Medical Practice</u> Failed encounter DNA CTAC Appointment
13/02/2024 13:26 History	<u>Dr Carlie De Angelis at New Park Medical Practice</u> TC re docman, UA remains over target, currently on 100mg allopurinol- to inc this to 200mg and recheck bloods in 4w. reports gout settled now and no further pain. will issue further colchicine. note allopurinol + ramipril caution re hypersensitivity
09/02/2024 Result	<u>Ms Sandra Maxwell at General Practice Surgery</u> Plasma glucose level Acute kidney injury warning stage Serum uric acid Urea and electrolytes Liver function tests Serum cholesterol/HDL ratio
09/02/2024 11:44 Examination Social	<u>Nurse Mandv Elliot at New Park Medical Practice</u> Blood pressure reading 159/90 mm Hg O/E - height, 173 cm O/E - weight, 147 Kg Body Mass Index, 49.12 Never smoked tobacco Alcohol consumption, 0 units/week Aerobic exercise 3+ times/week

Comment	163/93 p67 then 159/90 p67. will do home readings and come in for BP recheck with these in a couple of weeks. Bloods taken as requested by Dr Wilson also.
Result	Blood sample taken
Test Request	Blood sample taken Description of which review: hypertension Cholesterol/HDL ratio - <i>Sampled</i> , Glucose - <i>Sampled</i> , LFT (Liver function) - <i>Sampled</i> , Urea & Electrolytes - <i>Sampled</i> , Uric Acid - <i>Sampled</i>
Additional	Health ed. - alcohol Health ed. - exercise Community care assessment completed Attended CTAC Appointment
31/01/2024 08:41	<u>Dr Hannah Aitchison at Data Entry</u>
History	SR colchicine and allopurinol - given 2/12 supply on 20th Dec so not due yet. Has bloods booked 9/2 due uric acid to be repeated.
22/01/2024	<u>at MJog</u>
Additional	Chronic disease annual review Summary of text message sent to patient / Colin Anderson. It is now time for your Annual Review. Please phone New Park Medical Practice on 629200 after 11am to arrange this. Please do not reply to this message by text. Thank you.
10/01/2024 16:27	<u>Dr A E Austin at Telephone Consultation</u>
History	TC now finished doxy, still bouts of cough bouts although a bit better, just clear mucus. Not unwell. Advised to wait this oput and should settle gradually ,
03/01/2024 16:18	<u>Dr A E Austin at New Park Medical Practice</u>
History	Finished a/b, still has a cough++ esp with change in temp, small amnt phlegm white/green O/E looks well, chest clear TMs both sl red, try with doxycycline
Medication	Doxycycline Hyclate Capsules 100 mg 6 CAPSULE TWO TO BE TAKEN ON THE FIRST DAY THEN ONE TO BE TAKEN EACH DAY
29/12/2023 15:00	<u>Dr A E Austin at New Park Medical Practice</u>
History	RTI for 8/7, in chest now, green phlegm and sinus pain and PND, chest clear, looks well, for amox.
Medication	Amoxicillin Capsules 500 mg 15 CAPSULE ONE TO BE TAKEN THREE TIMES A DAY
20/12/2023 12:05	<u>Dr S L Wilson at Telephone Consultation</u>
Problem	tel confirms gout happy to start allopurinol start at 100mg with colchine BD rpt bloods 1/12
Test Request	Urea & Electrolytes - <i>Requested</i> , Uric Acid - <i>Requested</i>
15/12/2023	<u>Ms Andrea Penman at General Practice Surgery</u>
Result	Acute kidney injury warning stage Serum uric acid Urea and electrolytes
15/12/2023	<u>Phleb Chelsea Cousins at New Park Medical Practice</u>
Examination	Nursing care blood sample taken
Comment	good flow advised pt to phone the practice in one weeks time regarding blood test results
Result	Blood sample taken
Test Request	Urea & Electrolytes - <i>Sampled</i> , Uric Acid - <i>Sampled</i>
Additional	Community care assessment completed Attended CTAC Appointment
06/12/2023 13:27	<u>Dr S L Wilson at New Park Medical Practice</u>
New Referral	(NHS), , , , 8H76.: Refer to dietician (SCI Gateway Referral)
04/12/2023 17:42	<u>Pharmacist Gavin Dobson at Data Entry</u>
History	30g Fucibet unavailable
Comment	Reissued as 60g Pharmacists Medication review of medical notes Other medication management Supply Issue
Medication	Fucibet Cream 60 GRAM APPLY ONCE A DAY

01/12/2023 08:43	<u>Dr S L Wilson at New Park Medical Practice</u>
Problem	recurrent gout - flared again - no alcohol but diet poor and significantly overweight has missed wt loss appt as at work (on submarines and doesn't get calls) would like rereferrred discussed how he will attend may have to book some time off. will consider. gout flared in right toe rpt colchine keen for allopurinol whe this episode settles plan rx currently, for bloods 2/52 then start allopurinol with colchicine at low dose advise will need reg mthly blood untol dose is titrated
Medication	Qv Cream 500 GRAM USE AS DIRECTED
Test Request	Urea & Electrolytes - Requested, Uric Acid - Requested
27/10/2023 00:00	<u>Mrs Tracy Castle at General Practice Surgery</u>
Comment	No response to bowel cancer screening programme invitation Non-Responder (diary entry deleted) (Not Known)
03/10/2023 09:02	<u>Dr Helen Coppard at New Park Medical Practice</u>
Comment	SR colchicine - 4th course this year, see uric acid raised. Issued with note to make app for review? for allopurinol
18/08/2023	<u>Ms Sandra Maxwell at General Practice Surgery</u>
Result	Plasma glucose level
18/08/2023	<u>Phleb Chelsea Cousins at New Park Medical Practice</u>
Examination	Nursing care blood sample taken
Comment	good flow advised pt to phone practice in one weeks time regarding blood test results Fasted
Result	Blood sample taken
Test Request	Glucose - <i>Sampled</i>
Additional	Community care assessment completed Attended CTAC Appointment
14/08/2023 14:27	<u>Dr Hannah Aitchison at Data Entry</u>
History	SR colchicine - note uric acid raised on last bloods - note attached to make appt for review
01/08/2023 18:30	<u>Dr Helen Coppard at New Park Medical Practice</u>
Comment	Raised glucose for repeat fasting
Test Request	Glucose - <i>Requested</i>
28/07/2023	<u>Ms Andrea Penman at General Practice Surgery</u>
Result	Serum uric acid
28/07/2023	<u>Ms Andrea Penman at General Practice Surgery</u>
Result	Plasma glucose level Acute kidney injury warning stage Urea and electrolytes Liver function tests Serum cholesterol/HDL ratio
28/07/2023	<u>Phleb Chelsea Cousins at New Park Medical Practice</u>
Examination	Blood pressure reading 145/89 mm Hg
Comment	good flow advsied pt to phone practice in one weeks time regardign blood test results
Result	Blood sample taken
Test Request	Cholesterol/HDL ratio - <i>Sampled</i> , Glucose - <i>Sampled</i> , LFT (Liver function) - <i>Sampled</i> , Urea & Electrolytes - <i>Sampled</i> Uric Acid - <i>Sampled</i>
Additional	Community care assessment completed Attended CTAC Appointment
25/07/2023	<u>Mrs Lynn McCue at New Park Medical Practice</u>
Test Request	Cholesterol/HDL ratio - <i>Requested</i> , Glucose - <i>Requested</i> , LFT (Liver function) - <i>Requested</i> , Urea & Electrolytes - <i>Requested</i>
20/07/2023 15:50	<u>Dr Helen Coppard at New Park Medical Practice</u>
Comment	Tel - good improvement with colchicine, statrting to flare up again, not as severe. Never fully resolved. See issue getting bloods, has app to try again - usually fine getting blood taken. Further course colchicine issued

19/07/2023	<u>Phleb Chelsea Cousins at New Park Medical Practice</u>
Comment	pt attend fro bloods was dehydrated two attempts in each arm with no success advise dpt to drink more water and rebooked appt
13/07/2023 16:05	<u>Dr Helen Coppard at New Park Medical Practice</u>
Comment	1/52 pain R MPJ, attended A&E, N xray. Does get some foot swelling. Was a bit better with ibuprofen but pain more severe overnight and now some pain at L MPJ. No hx gout. O/e red, very tender (jumps to touch) R MPJ. L foot - looks fairly N, little swelling, no redness. Little tender. Weight bearing as N. ?Gout - discussed diet, reduce cheese. Check bloods, tel for results. Colchicine
Medication	Colchicine Tablets 500 micrograms 12 tablet ONE TO BE TAKEN 2-4 TIMES A DAY
Test Request	Uric Acid - Requested
07/07/2023 16:52	<u>Dr Hannah Aitchison at Data Entry</u>
History	SR fucibet
30/06/2023	<u>Ms Andrea Penman at General Practice Surgery</u>
Result	Acute kidney injury warning stage Urea and electrolytes Serum TSH level Liver function tests Plasma glucose level
30/06/2023	<u>Ms Andrea Penman at General Practice Surgery</u>
Result	Full blood count - FBC
30/06/2023	<u>Phleb Chelsea Cousins at New Park Medical Practice</u>
Examination	Nursing care blood sample taken
Comment	good flow advise dpt to phone practice in one weeks time regardign blood test results
Result	Blood sample taken
Test Request	Full Blood Count - Sampled, Glucose - Sampled, LFT (Liver function) - Sampled, Thyroid function test - Sampled, Urea & Electrolytes - Sampled
Additional	Community care assessment completed Attended CTAC Appointment
26/06/2023 16:30	<u>Nurse Mandy Elliot at New Park Medical Practice</u>
Comment	Dressing on leg already done by GP this morning so supply given as away down south so supply given of Allevyn and colin will make a app when he gets back home.
Additional	Dressing of wound Community care assessment completed Attended CTAC Appointment
26/06/2023 10:41	<u>Dr Calum Kerr at New Park Medical Practice</u>
Problem	L shin erythema See previous. Tells me has had red area on L shin for months. Comes and goes. Skin gets quite thin then comes off with minimal pressure. Not itchy particularly, can be sore, Getting some weeping sores on front of shin now. Had a number of abx courses - seem to help a little but never resolves (2x flucloxacillin and now 1x doxy). Currently on doxy from OOH. Feels well. No fever. Never used steroid cream as packet said not to use on broken skin. Does weep at times. Getting red area on back of leg also - more thickened and dry than front. No other particular symptoms. No exertional calf pain. No numbness, ankle swelling itself much more settled off amlodipine. Obese and wondering about weight loss injections.
History	
Examination	Body Mass Index Looks well. about 3x3cm red patch on front of L shin. Not overly hot. 3x superficial skin breaks with some exudate. Area on L calf similar size but more dry and lichenified. + DP pulse L side. Foot warm and well perfused. O/E - height, 173 cm O/E - weight, 145 Kg
Comment	plan - cont doxy, advised to use fucibet also. Has appt for dressing changes. Bloods (fasting). Wants referral weight management - agree.
Test Request	Full Blood Count - Requested, Glucose - Requested, LFT (Liver function) - Requested, Thyroid function test - Requested, Urea & Electrolytes - Requested
22/06/2023 12:46	<u>Nurse Mandy Elliot at New Park Medical Practice</u>
Comment	x3 moist areas on left leg. Oedema ++, Was seen at OOH last night. Aquacell and Mepilex applied. Will redress himself and book a review app the beginning

Additional	of next week. Dressing of wound Community care assessment completed Attended CTAC Appointment
<u>22/06/2023 08:32</u>	<u>Nurse Eileen O'Malley at New Park Medical Practice</u>
History	Triage: LT lower leg shin wound, attended OOH given antibiotics by them given flucloxacilin, wounds weeping, no fever, ? no cellulitis, no fever, feels well given treatment room appt today
<u>30/05/2023 11:22</u>	<u>Dr Calum Kerr at Phone Encounter</u>
Problem (REVIEW)	Essential hypertension NOS
History	See below. b/p above target sicne change to felodipine but ankle swelling much better. Managing 5mg with no issues at present. Keen to control b/p - measures at home. was on 10mg amlodipine. No SOB/chest pain. b/p 162/93
Comment	plan - increase felodipine to 10mg. Warned may cause ankle swelling as well and to come back if is. He will monitor b/p at home and come back if not settling. Worsening advice given.
Medication	Felodipine M/R tablets 10 mg 56 tablet 1 Tab DAILY
<u>29/05/2023 16:29</u>	<u>Nurse Mandy Elliot at New Park Medical Practice</u>
Examination	Blood pressure reading 162/93 mm Hg
Comment	O/E - BP reading 166/97 p58 then 162/93 p57. Colin will make a GP app to discuss.
Additional	Community care assessment completed Attended CTAC Appointment
<u>15/05/2023 10:06</u>	<u>Dr S Hussain at New Park Medical Practice</u>
History	given fluclox of abx and felt it was improving but not resolved completely and requires more, no swelling, no pain, no fever. well otherwise. prone to ankle swellingowing to amlodpiine.
Examination	O/E - BP reading bilateral ankle odema pitting, O/E - BP reading
Medication	Blood pressure reading 134/79 mm Hg HR 68 Flucloxacillin Capsules 500 mg 56 CAPSULE TWO TO BE TAKEN FOUR TIMES A DAY Fucibet Cream 30 GRAM APPLY ONCE A DAY Felodipine M/R tablets 5 mg 56 tablet 1 Tab DAILY Bisoprolol Fumarate Tablets 5 mg 56 TABLET ONE TO BE TAKEN EACH DAY
Comment	1 stop amdopine ankle oedmea trial felodipine MR 2. fluclox and fucibet
<u>12/05/2023 16:08</u>	<u>Pharmacist Ruairidh Risbridger at New Park Medical Practice</u>
History	urgent request. Pt at front desk has run out of bisoprolol.
Comment	Pharmacists Medication review of medical notes noted bp acceptable 18th april also see Dr EK entry 16.3.23. need rv for plan going forward. Message added to rx asking pt to make appointment to see PN or GP
Medication	Bisoprolol Fumarate Tablets 5 mg 28 tablet ONE DAILY
Additional	Prescription by supplementary prescriber INDEPENDENT PRESCRIBER Medication requested
<u>25/04/2023 16:29</u>	<u>Dr Carlie De Angelis at New Park Medical Practice</u>
Problem	cellulitis left lower leg
History	F2F lower left leg cellulitis. a few weeks worsening heat/ redness/itch and soreness/ swelling of lower left leg. got HC cream for the pharmacy and settled a little now red and hot.
Examination	t 36.0 well . photos taken with consent. cellulitis affecting lower right shin- ant and posterior. areas of (now healed) skin blisters, unsure if caught it in the garden or cellulitis sec to scratching blisters. not known to be diabetic
Result	1 for below rx and Worsening statement given 2 will put photos into docman
Medication	Betamethasone Valerate Cream 0.025 % 100 GRAM Apply Twice daily Flucloxacillin Capsules 500 mg 56 CAPSULE TWO TO BE TAKEN FOUR TIMES A DAY
<u>18/04/2023</u>	<u>Hcsw Elaine Adamson at New Park Medical Practice</u>
Examination	Blood pressure reading 140/90 mm Hg
Comment	O/E - pulse rate 59 beats/minute Patient in today for Blood Pressure Check 144/96 - 140/91 - Patient is going to hand in 1 week of home readings has monitor at home
Additional	Community care assessment completed Attended CTAC Appointment

14/04/2023 08:05	<u>Dr Hannah Aitchison at Data Entry</u>
History	SR bisoprolol - to make appt for BP and HR check then can be added to repeats
31/03/2023 15:33	<u>Dr Ellis Keddie at New Park Medical Practice</u>
History	Unable to get through to clarify urine
Result	Urine dipped: NAD
Comment	Routine ACR FUP - if for other reason please clarify
31/03/2023 11:35	<u>Dr Ellis Keddie at New Park Medical Practice</u>
History	Urine handed in, unsure as reason why - had ACR in january and not part of plan - tried to call but no answer
31/03/2023	<u>Mrs Tracy Castle at General Practice Surgery</u>
Result	Acute kidney injury warning stage Urea and electrolytes
31/03/2023 09:57	<u>Nurse Mandy Elliot at New Park Medical Practice</u>
Examination	Blood pressure reading 139/86 mm Hg
Comment	O/E - BP reading
Test Request	Urea & Electrolytes - <i>Sampled</i>
16/03/2023 11:07	<u>Dr Ellis Keddie at Telephone Call</u>
History	TC - Had cramps over the weekend on sunday night and phoned NHS 24 who said to stop taking bendroflumethiazide and drink some milk as felt likely low calcium. Has stopped taking and cramps are easing off now. Was passing lots of urine yesterday - went about 10 times. Feels okay in himself, eating and drinking well.
Examination	Comfortable on phone
Medication	Bisoprolol Fumarate Tablets 5 mg 28 tablet ONE DAILY
Comment	Imp: A/R To bendroflumethiazide Plan: 1. Stop bendro 2. Try bisoprolol (HR 88 prev) 3. Keep b/p and bloods in 2 weeks and r/v after 4. Code A/R to bendroflumethiazide
08/03/2023 17:01	<u>Dr Hannah Aitchison at New Park Medical Practice</u>
Problem	ESSENTIAL HYPERTENSION
History	See home readings - says bottom number always in 90s or 100s. Occ health have been monitoring. Still on light duties at work until BLP more stable.
Examination	O/E - BP reading Blood pressure reading 146/96 mm Hg
Medication	Bendroflumethiazide Tablets 2.5 mg 56 TABLET ONE TABLET IN THE MORNING
Comment	Add in bendro, for U&Es and BLP in 3/52.
06/02/2023 16:22	<u>Nurse Mandy Elliot at New Park Medical Practice</u>
Examination	Blood pressure reading 144/92 mm Hg
Comment	O/E - BP reading 159/94 p89, 144/92 p85 and 148/91 p88. wil pass to Dr Fraser as requested.
09/01/2023 12:16	<u>Dr Hannah Aitchison at Telephone encounter</u>
Problem	CONSULTING DURING NATIONAL COVID-19 CRISIS
History	As per task struggling to get appt. BLP much better - still slightly above target. Suggest continues with 10mg ramipril and 10mg amlodipine and hand in 1 week home readings. Still not heard re MRI scan results - no letter in docman - suggest calls neuro sec to chase.
Additional	Medication review done
06/01/2023	<u>Mrs Margaret Doolan at General Practice Surgery</u>
Result	Urine albumin:creatinine ratio
06/01/2023 10:31	<u>Nurse Mandy Elliot at New Park Medical Practice</u>
Test Request	Urinary Albumin/Creat. Ratio - <i>Sampled</i>
05/01/2023 11:10	<u>Nurse Mandy Elliot at New Park Medical Practice</u>
Examination	Blood pressure reading 145/94 mm Hg

Comment	O/E - BP reading 150/97 p93 and 145/94 p90. Will make GP telephone review to discuss as instructed. White top urine bottle givne for ACR.
11/11/2022	
Additional	Administration of first dose of SARS-CoV-2 vaccine GE3043/ COVFPFIZER/IM/Left Arm//C-19 Comirnaty (Lynebank Immunisation Clinic)
11/11/2022	
Additional	Administration of first inactivated seasonal influenza vacc 440051A/ FLUQIVC/IM/Right Arm//FLU - Seqirus UK (Lynebank Immunisation Clinic)
07/11/2022 13:20	<u>Dr J Trewavas at Telephone Consultation</u>
Problem	TEL BLOOD PRESSURE: Advised by PN to book GP tel r/v app re BLP. Known HTN - on AMLO 5mg and RAMI 10mg. Note prior ASSIGN 22.9.22. Note prior ECG and cardiology advice. ACR raised - but better than previous - note HF comments on last sample to focus on BLP control. GLU 08/22 - N.
History	Confirmed compliance with anithypertensives. Imp: BLP above target despite compliance - aware motivation for rx, aware diet/lifestyle measures, trial escalation of AMLO to 10mg, advised re se's, advised rpt BLP with PN in 4/52 - if > 140/80 advice GP r/v app, advised rpt ACR in 1-2/12 and to call for results.
Medication	Amlodipine Tablets 10 mg 56 TABLET ONE TO BE TAKEN EACH DAY
07/11/2022 08:58	<u>Nurse Mandy Elliot at New Park Medical Practice</u>
Examination	Blood pressure reading 142/94 mm Hg
Comment	O/E - BP reading 154/100 p87, 142/94 p83 and 146/95 p89. Will phone for GP telephone review. readings are better but still slightly above target.
19/10/2022 12:32	<u>Dr Hannah Aitchison at Telephone encounter</u>
Problem	CONSULTING DURING NATIONAL COVID-19 CRISIS See BLP below. Has been on ramipril 10mg for 3 weeks now. Has home monitor and readings very similar at home. Add in amlodipine 5mg. To call in for blood results next week. To make appt with nurse in 2-3 weeks for repeat BLP check.
History	
Medication	Amlodipine Tablets 5 mg 56 TABLET ONE TO BE TAKEN EACH DAY Ramipril Capsules 10 mg 56 CAPSULE ONE TO BE TAKEN EACH DAY
19/10/2022	<u>Miss Jacqui Martin at General Practice Surgery</u>
Result	Urine albumin:creatinine ratio Acute kidney injury warning stage Urea and electrolytes
19/10/2022	<u>Mrs Margaret Doolan at General Practice Surgery</u>
Result	
19/10/2022 09:22	<u>Nurse Mandy Elliot at New Park Medical Practice</u>
Examination	Blood pressure reading 163/111 mm Hg
Comment	O/E - BP reading 170/108 p87 and 1563/111 p87. will make GP telephone review for when blood and urine are back but I will also send a task to Dr Fraser to make her aware.
Test Request	Urea & Electrolytes - <i>Sampled</i> , Urinary Albumin/Creat. Ratio - <i>Sampled</i>
05/10/2022 14:28	<u>Nurse Mandy Elliot at New Park Medical Practice</u>
Examination	Blood pressure reading 165/100 mm Hg
Comment	O/E - BP reading 183/103 p94 and 165/100 p94, reaidng smuch better but still elevated. Only been on increased dose for 1/52. Has an app already for 19th Oct for rpt BP and bloods. Home reaidngs better also but still above 140/90.
05/10/2022 12:02	<u>Dr Hannah Aitchison at Data Entry</u>
History	for repeat UAC 1 month
30/09/2022 11:13	<u>Nurse Mandy Elliot at New Park Medical Practice</u>
Comment	Failed encounter
27/09/2022 16:42	<u>Dr Hannah Aitchison at Telephone encounter</u>

Problem	CONSULTING DURING NATIONAL COVID-19 CRISIS
History	See BLP - says has been taking 5mg ramipril daily - dose increased 2/52. Went back to work today but had busy day getting BLP checked - still not feeling 100% - has general fuzzy feeling about him but no headaches. Note U&Es normal from yesterday. Plan - increase ramipril to 10mg, appt on friday for repeat BLP then will need another appt in 2/52 to check BLP and U&Es. Fit note given - I think this is sensible given manual job.
Medication	Ramipril Capsules 10 mg 28 capsule ONE TO BE TAKEN EACH DAY
Additional	eMED3 (2010) new statement issued, not fit for work FitNote.pdf, (Diagnosis: Hypertension; Duration: 27/09/2022 - 16/10/2022)
27/09/2022 16:18	<u>Nurse Mandy Elliot at New Park Medical Practice</u>
Examination	Blood pressure reading 183/112 mm Hg O/E - BP reading Went jto work today at the dockyard and was sent home as readng was 175/112, they have since called him while in the waiting area and said he can come back but Colin doesnot feel able to go to work as very tired. Wanted to pick up a 3/52 sick note but see from consultation today this was not given. Spoke to duty GP who advised task own GP. On Ramapril 5mg. Readng in surgery 183/112 p80 and 2nd readng error.
Comment	
27/09/2022 11:21	<u>Dr Dulcie Fleming at New Park Medical Practice</u>
History	see task. Tells reception he returned to work but they would not let him due to high blood pressure (/what this was?) and would like line until 17/10 to cover holiday from 8/10. note issue obtained BLP yeserday. Given his job is not dirving/operating machinery I do not think his hypertension renders him unfit to work but need to check level and escalate treatment. have replie to task asking that appt be given
26/09/2022	<u>Mrs Margaret Doolan at General Practice Surgery</u>
Result	Urine albumin:creatinine ratio Acute kidney injury warning stage Urea and electrolytes
26/09/2022	<u>Phleb Chelsea Cousins at New Park Medical Practice</u>
Examination	Nursing care blood sample taken good flow avised pt to phone practice in one weeks time regarding blood test results after 11am tried to take two blp readinds but couldn't get any readings on blp machine pt is getting blp checked at work tomorrow advise dpt if still unable to obatin blp reading tomorrow book an appointment with practice nurse to have blp reviewed
Comment	
Result	Blood sample taken Urine sample obtained
Test Request	Urea & Electrolytes - <i>Sampled</i> , Urinary Albumin/Creat. Ratio - <i>Sampled</i>
Additional	Community care assessment completed
22/09/2022 18:08	<u>Dr Dulcie Fleming at New Park Medical Practice</u>
History	ECG shows q wave lead III ?prev inferior MI/IHD - written to cardio for advice. not on statin at present. Suspect risk is high but lower due to age and lack of weight in ASSIGN score. FH not known.
22/09/2022 18:03	<u>Dr Dulcie Fleming at New Park Medical Practice</u>
History	ASSIGN 10
22/09/2022 16:47	<u>Dr Dulcie Fleming at New Park Medical Practice</u>
Additional	eMED3 (2010) new statement issued, may be fit for work FitNote.pdf, (Diagnosis: awaiting investigation of funny turn Hypertension; Duration: 19/09/2022 - 27/09/2022)
12/09/2022 11:22	<u>Dr Dulcie Fleming at New Park Medical Practice</u>
History	blp 155/108 158/103 166/104 this morning at home 142/99 not raised UAC also. feels slightly lightheaded with ramipril. Plans to go back to work 20/9 but thinks needs phased return - advise to dicuss with employer. I cannot do line today as doesnt run out until 19th. Plan: increase ramipril, blood appt given in 2 weeks. Has made some dietary changes and looked at NHS ifnorm 12 week weight manageemtn programme
Comment	please given urine bottle at appt to repeat ACR
Test Request	Urea & Electrolytes - <i>Requested</i> , Urinary Albumin/Creat. Ratio - <i>Requested</i>
Medication	Ramipril Capsules 5 mg 28 capsule ONE TO BE TAKEN EACH DAY
08/09/2022 11:31	<u>Dr Helen Coppard at New Park Medical Practice</u>

Comment	Raised UAC, for discussion at tel app re HTN
05/09/2022 12:19	<u>Dr Dulcie Fleming at New Park Medical Practice</u>
Additional	eMED3 (2010) new statement issued, not fit for work FitNote.pdf, (Diagnosis: ongoing investigation of funny turn and hypertension; Duration: 05/09/2022 - 19/09/2022)
05/09/2022	<u>Mrs Tracy Castle at General Practice Surgery</u>
Result	Urine albumin:creatinine ratio Acute kidney injury warning stage Urea and electrolytes
05/09/2022 12:06	<u>Nurse Mandy Elliot at New Park Medical Practice</u>
Examination	Blood pressure reading 160/106 mm Hg
Comment	O/E - BP reading 176/107 p87 and 160/106 p85. Will make GP telephone review when results are back but I will also sent a task to the requesting Doctor.
Test Request	Urea & Electrolytes - <i>Sampled</i> , Urinary Albumin/Creat. Ratio - <i>Sampled</i>
30/08/2022 11:18	<u>Dr Dulcie Fleming at New Park Medical Practice</u>
History	1. Has fely lightheaded at times on ramipril and amlodpine - last BLP 143/93 - agreed to stop amlodpine and do set of home readings and then can work with increasing Ramipril 2. MED3 - thinks needs 2 more weeks off work - agree while BLP settling but will need to return before Neuro appt as this is 15 weeks away. Cannot print today but have tasked myself to do so he can coelct on Monday 3. Attending monday for urine/bloods/BLP check. Advised may need further appt after this but once settled on medication wont need to be back and forward so often. He will bring in home readings after this
22/08/2022 16:35	<u>Dr Dulcie Fleming at New Park Medical Practice</u>
History	spoke to pt - has collected script for ramipril and has appt in 2 weeks to recheck bloods. no further funny turns but wants to stay off work. advised could work if not driving/doing anything ddangerous/m,achinery and he agrees but isnt in rush to go back. Agreed he would look at NHs inform weight management programme. He tells me he eats on salad and an evening meal and needs to walk a little more. Givenweight have advised this unlikely to be sufficient but he is adamant
22/08/2022 12:11	<u>Nurse Leanne Gormley at New Park Medical Practice</u>
Problem	BP REVIEW - 159/100, 166/113, discussed with HF, start on Ramipril as planned and return in 2/52 for repeat blp and bloods/urine as requested.
Examination	Blood pressure reading 159/100 mm Hg
18/08/2022 12:23	<u>Dr Dulcie Fleming at New Park Medical Practice</u>
History	note improving ACR on Amlodipine. d/w GR re need for renal USS. Agree not urgent at present - suggest add ACEi and repeat. Tried to call patient but no answer - message left asking to call back. Will discuss starting ACEi - risk of hypotention initially, cough etc and review BLP and ACR/renal function in 2-3 weeks
Test Request	Urea & Electrolytes - <i>Requested</i> , Urinary Albumin/Creat. Ratio - <i>Requested</i>
Medication	Ramipril Capsules 2.5 mg 28 capsule ONE TO BE TAKEN EACH DAY
15/08/2022 15:38	<u>Dr Kalina Marsh at Telephone Consultation</u>
Problem	Tel call calling for update following prev consultation w/ Dr Fleming re episode of hearing loss. Not had another episode since, been feeling fine. Explained bloods are all normal and awaiting Urine ACR to come back. Not heard anythign about an ecg yet. eye test + hearing test were both normal. Had been given amlodipine 5mg OD by ED and has been doing home BLP readings for few days which show average of 150-155 systolic. No SEs from amlodipine. Mentioned gets bleeding gums occasionally but dentist is aware and says its down to receding gums.signed off work for 4 weeks for lx of episodes and wondering if needs more time off.
History	
Comment	Await outcome of neuro referral + ecg + urine ACR. amlodipine to continue w/ BP check next week
15/08/2022 09:58	<u>Nurse Mandy Elliot at New Park Medical Practice</u>
Test Request	Urinary Albumin/Creat. Ratio - <i>Sampled</i>
15/08/2022	<u>Mrs Margaret Doolan at General Practice Surgery</u>

Result	Urine albumin:creatinine ratio
-	----
<u>12/08/2022 14:28</u>	<u>Dr A E Austin at Data Entry</u>
History	UAC raised, for rpt first morning sample please
-	----
<u>10/08/2022</u>	<u>Mrs Margaret Doolan at General Practice Surgery</u>
Result	Plasma glucose level Acute kidney injury warning stage Urea and electrolytes Serum TSH level Liver function tests Serum cholesterol/HDL ratio Bone profile Urine albumin:creatinine ratio
-	----
<u>10/08/2022</u>	<u>Mrs Margaret Doolan at General Practice Surgery</u>
Result	Full blood count - FBC
-	----
<u>10/08/2022</u>	<u>Phleb Chelsea Cousins at New Park Medical Practice</u>
Examination	Nursing care blood sample taken
Comment	good flow advise dpt to phon epractic ein one weeks time after 11am regarding blood test results fasted
Result	Blood sample taken Urine sample obtained
Test Request	Bone Profile - <i>Sampled</i> , Cholesterol/HDL ratio - <i>Sampled</i> , Full Blood Count - <i>Sampled</i> , Glucose - <i>Sampled</i> , LFT (Liver function) - <i>Sampled</i> , Thyroid function test - <i>Sampled</i> , Urea & Electrolytes - <i>Sampled</i> , Urinary Albumin/Creat. Ratio - <i>Sampled</i>
Additional	Community care assessment completed
-	----
<u>09/08/2022 11:41</u>	<u>Dr Dulcie Fleming at New Park Medical Practice</u>
History	more details of consult in dictated referral
-	----
<u>09/08/2022 10:12</u>	<u>Dr Dulcie Fleming at New Park Medical Practice</u>
Test Request	Bone Profile - <i>Requested</i> , Cholesterol/HDL ratio - <i>Requested</i> , Full Blood Count - <i>Requested</i> , Glucose - <i>Requested</i> , LFT (Liver function) - <i>Requested</i> , Thyroid function test - <i>Requested</i> , Urea & Electrolytes - <i>Requested</i> , Urinary Albumin/Creat. Ratio - <i>Requested</i>
-	----
<u>09/08/2022 09:36</u>	<u>Dr Dulcie Fleming at New Park Medical Practice</u>
History	see docman Ed attendance. Episode where colleague was talking to him, heard one word then heard nothing. Tried to communicate this to him but is uncertain how it came across and they sent him to medical centre where BLP noted to be very high and sent to VHK. Reports years of simiolar episodes. Some unusual eg used to hear music repeating with it but this is less so. Son has epilpesy on medication diagnosed age 16 unsure what kind. No ehadaches/visual disturbance. not been with own family since 3 days old so usnure re his own FH. Was in forces but doesn't volunteer any trauma. Hearing now normal. no recent eye tests. doesn't smoke BLP 174/110 (first reading 188/110 manual with large cuff)
Examination	O/E - height, 173 cm O/E - weight, 145 Kg Body Mass Index, 48.45
Social	ears- whitening of handle of malleus on TM R>L ?otosclerosis imp: ?TIA ?seizure ?just episodes hearing loss. D/w TIA on call - they do not think sounds like IA given going on for years and has been hiding episodes. I have arranged bloods, will refer Neuro urgently. Discussed lifestyle. Advised not to drive. MED 3 given for further lx of episodes.I will arrange home BLP monitor. He will make appt for eye tests/hearing test. I will arrange ECG.
Comment	please give urine bottle at blood appt
Additional	eMED3 (2010) new statement issued, not fit for work FitNote.pdf, (Diagnosis: investigation of funny turns; Duration: 09/08/2022 - 06/09/2022)
-	----
<u>06/12/2021</u>	
Additional	Immunisation course to maintain protection against SARS-CoV-2 (severe acute respiratory syndrome coronavirus 2) (Left Arm) C-19 Booster Pfizer (A Clarke) FK9706/ PF/IM/Left Arm/C-19 Booster Pfizer (A Clarke)
-	----
<u>06/12/2021</u>	

Additional	Administration of first dose of SARS-CoV-2 (severe acute respiratory syndrome coronavirus 2) vaccine (Left Arm) C-19 Booster Pfizer (DW Sports (Kingsgate)) FK9706/ PF/IM/Left Arm/C-19 Booster Pfizer (DW Sports (Kingsgate))
-	
08/10/2021	
Additional	Administration of first inactivated seasonal influenza vacc 3079171A/ FLUQIVC/IM/RUA//FLU - Flucelvax Tetra (QIVc) (By L Castagnetti)
-	
10/09/2021 14:28	
Problem	Dr Hannah Aitchison at Telephone encounter CONSULTING DURING NATIONAL COVID-19 CRISIS
History	Still ongoing groin pain - awaiting USS arranged by general surgery in April. Asking if alternative pain relief - co-codamol helps but does not like taking at work due to risk of drowsiness. try naproxen with PPI - advised PRN use not long term. Given number for gen surg sec to chase scan and I will write letter to Mr Ansari.
Medication	Naproxen Tablets 500 mg 56 TABLET ONE TO BE TAKEN AS REQUIRED MAXIMUM TWICE A DAY Omeprazole Capsules (Gastro-Resistant) 20 mg 56 CAPSULE ONE TO BE TAKEN EACH DAY
-	
04/08/2021 00:00	
Result	Mrs Margaret Doolan at General Practice Surgery Bowel Cancer Screening Result
-	
20/05/2021	
Comment	Dr Helen Coppard at New Park Medical Practice SR ibuprofen - has been advised to buy OTC, omeprazole issued if remains on ibuprofen.
-	
18/05/2021	
Additional	Administration of second dose of SARS-CoV-2 (severe acute respiratory syndrome coronavirus 2) vaccine (Left Arm) C-19 (By C Todd) PW40040/ AZ/IM/LUA/C-19 (By C Todd)
-	
28/04/2021 16:03	
History	Pharmacist Clare King at Telephone Consultation Gen Surgery letter 27.4.21
Comment	Recommends ibuprofen with PPI cover. Requests script for omeprazole. Advised to buy ibuprofen OTC or via Pharmacy First Medication started : Omeprazole 20mg daily while on ibuprofen Pharmacists Telephone encounter
Medication	Omeprazole Capsules (Gastro-Resistant) 20 mg 28 capsule ONE TO BE TAKEN EACH DAY WHILE TAKING IBUPROFEN
Additional	Outpatient clinic letter received
-	
16/04/2021 08:27	
History	Dr Hannah Aitchison at Data Entry SR co-codamol
-	
08/03/2021	
Additional	Administration of first dose of SARS-CoV-2 (severe acute respiratory syndrome coronavirus 2) vaccine (Left Arm) C-19 (By L Christiansen) PV46669/ AZ/IM/LUA/C-19 (By L Christiansen)
-	
25/11/2020 10:52	
Problem	Dr G E Murdoch at Telephone Consultation TC CONSULTING DURING NATIONAL COVID-19 CRISIS - post op hernia pain
History	been referred back to surgeons. pt been in touch with dept but cannot give him a waiting time yet. Requesting stronger painkillers like cocod as tried paracet + OTC preps. On light duties at work. Pain bearable
Medication	Co-Codamol 30/500 Caplets 100 tablet ONE OR TWO TO BE TAKEN FOUR TIMES A DAY WHEN REQUIRED
-	
09/11/2020 15:52	
Problem	Dr G E Murdoch at Data Entry tel - CONSULTING DURING NATIONAL COVID-19 CRISIS - returned call - voicemail
-	
25/09/2020 09:09	
	Dr Helen Coppard at New Park Medical Practice Tel during covid re bloods/ BLP - ASSIGN 8. Has been trying to improve diet and lifestyle, reduced salt, intentional wt loss 1.5stone. Encouraged with this.

Comment	Non smoker. Stage 1 HTN (will hand in UAC, ECG not currently available). Review annually and cont lifestyle measures.
<u>21/09/2020</u>	<u>Mrs Nicole Tait at General Practice Surgery</u>
Result	Plasma glucose level Acute kidney injury warning stage Urea and electrolytes Liver function tests Serum cholesterol/HDL ratio
<u>21/09/2020 08:55</u>	<u>Nurse Mandy Elliot at New Park Medical Practice</u>
Examination	Blood pressure reading 136/104 mm Hg
Comment	bp 145/106, 136/104 and 150/112 Pulse 82. has telephone review on Friday.
Test Request	Cholesterol/HDL ratio - <i>Sampled</i> , Glucose - <i>Sampled</i> , LFT (Liver function) - <i>Sampled</i> , Urea & Electrolytes - <i>Sampled</i>
<u>11/09/2020 15:11</u>	<u>Nurse Eileen O'Mailley at New Park Medical Practice</u>
Problem	HTN
Comment	Occupation health at dock yard, handed in reading of 7/09/2020 1. 168/114, 2.165/115, 3. 167/112. At surgery 1st B/P 158/109 pulse 83 2. B/P 175/101 pulse 87, 3rd B/P 150/98 pulse 88. non smoker, alcohol low hardly ever taken, no FH of hypertension he is aware off. healthy diet and lifestyle advice, low salt diet, Given B/P review with HTN bloods next week with TC GP appt to review
<u>17/07/2020</u>	<u>Dr Helen Coppard at New Park Medical Practice</u>
Comment	Tel during covid- gen surgery app cancelled in march due to covid. Leg unchanged, still pain in groin/ upper thigh. No better or worse. Wanted to check if needs re-referral. Tel to appointments - still on waiting list and will be sent a new appointment.
<u>26/02/2020</u>	<u>Dr G E Murdoch at New Park Medical Practice</u>
Problem	PAIN UPPER LEG
History	thinks since hernia op although was having pain pre-op so not sure if connected Constant background discomfort but occas increase in pain No obvious cause - like a cramp/pulling inside upper thigh DVT ruled unlikely OE pain increases with flexion of hip Good RoM tender over hernia wound Being seeing physio through dockyard but they have stopped in case doing more harm. ? nerve damage from op - refer back surgeons for opn Using OTC brufen prn
<u>18/02/2020</u>	<u>Dr Lawrence Beere at New Park Medical Practice</u>
History	groin pain since op, cramping, there daily, bouts of worsneing pain, seeing phsyi obut no change. they have asked for review. tender to palpate medial groin down to knee. no calf swelling ,bot h legs same sizze, no heat or erythema. had pain bad a couple of weeks ago, crmapy now but persists. wells 2 (pain on palpation and surgery within 12 weeks) - refer ECAS tomorrow - will let him know. no signs or mesh issues, no pain higher up and differnet pain when press on mesh. no SOB and feels well just worried re leg
<u>26/11/2019</u>	<u>Mrs Eleanor Moodie at New Park Medical Practice</u>
Comment	WOUND CHECK. . hernia scar healing well. r/v if any concerns. no dressing required.
<u>20/06/2019</u>	<u>Dr G E Murdoch at New Park Medical Practice</u>
Problem	L ING HERNIA
History	lump comes + goes L side groin 5/52 aches OE ing hernia reducible - refer surgeons Advised re signs of strangulation - seek urgent help
Problem	LIPOMAS
History	on chest wall - front + back - reassured
<u>16/01/2019 00:00</u>	<u>Mrs Liz Henderson at General Practice Surgery</u>
Result	Bowel Cancer Screening Result
<u>27/01/2017</u>	<u>Dr Rachel ZLongwell at New Park Medical Practice</u>
Problem	CHRONIC LEFT UQ/CHEST WALL PAIN

History	Pain in left chest wall for "years". Has been seen by pain clinic and thoroughly investigated previously with no diagnosis found. ?nerve root pain related to RTA. 2 day history of flare of this pain. Sharp in nature under left ribs- does not radiate. Worse when still, better when moving around. Dry cough, no sputum, no haemoptysis. No SOB. Feels nauseated but no vomiting. Bowels normal. No change in pain from previously. Would like some stronger analgesia. No weight loss or hoarseness. Very little known about his FH. Non smoker. No chest pain
Examination	Looks well, large gentleman. Abdomen soft, tenderness on deep palpation underneath left rib cage. pea size soft and superficial mass adjacent to sternum- non tender, no overlying skin changes, no overlying skin changes. Chest clear HS1+2+0
Medication	Capsaicin Cream 0.075 % 45 Gram(s) <i>APPLY TWICE A DAY</i>
Comment	imp: chronic pain ?neuropathic likely fatty lump felt today plan: 1) trial of capsaicin gel, 2) review if not improving
08/04/2016 Examination	<u>Mrs Jacqueline Smith at New Park Medical Practice</u> DNA
04/03/2016 Problem	<u>Dr C Boitz at New Park Medical Practice</u> bld prsr
History	attends for bl 139/90; discuss cholesterol next time; cant seem to lose weight; discussed diet and exercise; keeping food diary; check TFTs; asking for tramadol for long standing LUQ pain (Ix, nil); try paracetmeo land brufen first; r/v with results of TFT. Need to check ASSIGN score next time
19/02/2016 Examination	<u>Mrs Jacqueline Smith at New Park Medical Practice</u> FASTING HTN BLOODS
Test Request	Cholesterol/HDL ratio - <i>Sampled</i> , Glucose - <i>Sampled</i> , LFT (Liver function) - <i>Sampled</i> , Urea & Electrolytes - <i>Sampled</i>
28/01/2016 History	<u>Dr A E Austin at New Park Medical Practice</u> O/E - BP reading EA Cough for 2.5 wks, phlegm, white/green, non smoker, chest clear, try with amox, Bp hi, get HT blds done with phleb, a few Bp readings from nurse at work then rev with GP
Examination	Blood pressure reading 166/113 mm Hg
Medication	Amoxicillin Capsules 500 mg 15 CAPSULE ONE TO BE TAKEN THREE TIMES A DAY
08/05/2014 History	<u>Dr A E Austin at Telephone Consultation</u> Still weepy ear, staph on swab, try gentycin drops
Medication	Gentycin Ear/eye drops 0.3 % 10 ml 2-3 DROPS TO BE USED FOUR TIMES A DAY
01/05/2014 Problem	<u>Dr S L Wilson at New Park Medical Practice</u> L OTITIS EXTERNA
History	d/c agai micture of green and serous fluid no blood O/e d/c noted TM visible swab taken try flucloxacillin this time
Medication	Flucloxacillin Capsules 250 mg 28 CAPSULE ONE TO BE TAKEN FOUR TIMES A DAY
Test Request	Ear Swab - <i>Sampled</i>
04/04/2014 Additional	<u>Dr R W Duncan at New Park Medical Practice</u> eMED3 (2010) new statement issued, not fit for work FitNote.pdf, (Diagnosis: right leg injury; Duration: 04/04/2014 - 07/04/2014)
04/04/2014 Additional	<u>Dr R W Duncan at New Park Medical Practice</u> eMED3 (2010) new statement issued, not fit for work FitNote.pdf, (Diagnosis: Right leg injury; Duration: 04/04/2014 - 07/04/2014)
20/03/2014 History	<u>Dr A E Austin at New Park Medical Practice</u> L otitis discharging green fluid, swabbed, try otomize
Medication	Otomize Spray 1 SPRAY ONE SPRAY TO BE USED THREE TIMES A DAY FOR SEVEN DAYS
Test Request	Ear Swab - <i>Sampled</i>
07/03/2014 Problem	<u>Dr R W Duncan at New Park Medical Practice</u> right leg injury/left om
History	Still unfit for work; AMOX for OM; Granuloma much better

Medication	Amoxicillin Capsules 250 mg 21 capsule ONE TO BE TAKEN THREE TIMES A DAY
Additional	eMED3 (2010) new statement issued, not fit for work FitNote.pdf, (Diagnosis: RIGHT LEG INJURY; Duration: 07/03/2014 - 04/04/2014)
13/02/2014	<u>Dr R W Duncan at New Park Medical Practice</u>
Problem	pyogenic granuloma
History	on right ankle cauterised again
11/02/2014	<u>Dr R W Duncan at New Park Medical Practice</u>
Problem	PYOGENIC GRANULOMA/RIGHT CALF STRAIN
History	Med 3 for 4/52 from yesterday; Cauterise granuloma soon
16/09/2013	<u>Mrs Jenni ZHunter at New Park Medical Practice</u>
Problem	Raised and pus collection at pyogenic granuloma - cautery applied thursday evening. sor when wearing boot or walking - duty GP pierced blister and pus expressed antibiotics Px issued - advise and rev if not healing
16/09/2013	<u>Dr G E Murdoch at New Park Medical Practice</u>
Problem	INFECTED PYOGENIC GRANULOMA
History	pus under scab -I+D Rx flucloc
Medication	Flucloxacillin Capsules 500 mg 28 CAPSULE ONE TO BE TAKEN FOUR TIMES A DAY
12/09/2013	<u>Dr A E Austin at New Park Medical Practice</u>
History	Pyogenic granuloma R foot, LA and cautery.
01/05/2013	<u>Dr N ZPirie at New Park Medical Practice</u>
Problem	DNA
29/10/2012	<u>Dr Anna ZHayes at New Park Medical Practice</u>
Problem	Chronic Left cehst wall.LUQ pain
History	Has had this same pain since about 2004, has had numerous investigations- CT normal, seen surgeons/orth and pain clinic. Tried numerous diff pain meds- gabapentin, amitriptyline, now on tramadol 8/day on average. Pain worse when sitting doing nothing and eases at work when busy or when exercising. Significantly overwt and is trying to loose wt. OE: tender over lower ribs and LUQ. Long discussion- reassured that no worrying underlying probs/cancer, discussed chronic pain and trying to manage the pain. P: try topical NSAids, wt loss.
Medication	Piroxicam Gel 0.5 % 112 gram APPLY THREE TO FOUR TIMES DAILY
04/05/2012	<u>Dr R W Duncan at New Park Medical Practice</u>
Additional	Medication review done
30/03/2012	<u>Dr R W Duncan at New Park Medical Practice</u>
Problem	reflux
History	flared; Double OMEP & see 1/12; Left chest pain continues; Taking much less TRAM
23/02/2012	<u>Ms Margaret Doolan at New Park Medical Practice (18706)</u>
Additional	Medication review
08/08/2011	<u>Dr S L Wilson at New Park Medical Practice</u>
Problem	LEFT SIDED CHEST PAIN
History	ISq not responding to tramadol no tthere all the time activity seems to worsen it occ worse after food mother has crohns but no owel symptoms on omperazole too
Examination	o/e tender to touch just under and on ribs nil else try nortriptyline and ref pain clinic
30/11/2010	<u>Dr R W Duncan at New Park Medical Practice</u>
History	SCI Electronic Referral priority=2 Referral for further care Referred To: Queen Margaret Hospital, NHS. Referral Type: Out Patient. Speciality Type: General Surgery. Referral Nature: Investigate. , Referral Reason: Left upper quadrant pain, urgency=low

24/11/2010	<u>Dr R W Duncan at New Park Medical Practice</u>
History	LEFT RIB PAIN - Continues; Try CARB 100 mg bd; Keen to see surgeons - refer; Bloods checked; 140/106; see 1/12...created in GC; 1 of 1 priority=2 O/E - blood pressure reading GMS Hypertension.clm - Repeat after an Interval (diary entry deleted) (Not Known) Systolic blood pressure Diastolic blood pressure
10/08/2010	<u>Dr A E Austin at New Park Medical Practice</u>
History	Medication review
07/05/2010	<u>Mr InactivePeter Zinactivecook at New Park Medical Practice</u>
History	BP Rarm 125/90 p84, Larm 136/92 p81. Lifestyle fully discussed- advised to reduce weight and increase exercise. Diet fully discussed. Assign 6- but not fully sure of FH. Re-check BP in 3 months. priority=2 O/E - blood pressure reading GMS Hypertension.clm - Repeat after an Interval (diary entry deleted) (Not Known) Systolic blood pressure Disease: SPICE Hypertension Diastolic blood pressure Disease: SPICE Hypertension Systolic blood pressure Diastolic blood pressure
04/05/2010	<u>Dr D R Shaw at New Park Medical Practice</u>
History	RAISED BP - 147/104. Advised attend BP clinic for further assessment / review- almost certainly will require antihypertensives. Non smoker, low alcohol but considerably overweight. On-going L side chest pain. Not well enough yet for work. Sounds like 'nerve pain'. Discussed - acupuncture. If not settling, ?change to carbamazepine (from prothiaden) IC 4 weeks...created in GC; 1 of 1 priority=2
06/04/2010	<u>Dr R W Duncan at New Park Medical Practice</u>
History	MED 3 FOR 4/52 (NS) priority=2
10/03/2010	<u>Dr R W Duncan at New Park Medical Practice</u>
History	CHEST PAINS/STRESS AT WORK - No change; Med 3 for 4/52; 128/101; Worries about heart; May need antihypertensive soon - ? Atenolol...created in GC; 1 of 1 priority=2 Systolic blood pressure Diastolic blood pressure
24/02/2010	<u>Mr A ZPhlebotomist at New Park Medical Practice</u>
History	BLOODS = U&E'S, GLUC, CHOL priority=2
24/02/2010	<u>Dr R W Duncan at New Park Medical Practice</u>
History	CHEST PAIN/STRESS - Med for further 2/52; 143/103 - check bloods & repeat BP 1/12...created in GC; 1 of 1 priority=2 Systolic blood pressure Diastolic blood pressure
12/02/2010	<u>Dr G E Murdoch at New Park Medical Practice</u>
History	STRESS/CHEST WALL PAIN /OBESE/HIGH BP- feel sl better with increased dose Dosulepin. Requests extension to line + BP reading 20 st 5'8" 149/99 (big cuff) - need to lose wt Med 3 2/52 stress/chest pain RV for rpt BP ? start Rx priority=2
Problem	Body mass index 40+ - severely obese Disease: SPICE Basic Health Values,
History	Never smoked tobacco Disease: SPICE Basic Health Values, priority=2 O/E - height Disease: SPICE Basic Health Values O/E - weight Disease: SPICE Basic Health Values Systolic blood pressure Disease: SPICE Basic Health Values Diastolic blood pressure Disease: SPICE Basic Health Values O/E - height O/E - weight Systolic blood pressure Diastolic blood pressure
29/01/2010	<u>Dr R W Duncan at New Park Medical Practice</u>

History	CHEST PAIN/STRESS AT WORK - Pressure at work from employers causing increased pain; Double Dosulepin dose & Med 3 for 2/52 - chest pain...created in GC; 1 of 1 priority=2
06/01/2010	<u>Dr R W Duncan at New Park Medical Practice</u>
History	CHEST WALL PAIN - CT Scan normal; Try Dosulepin 75 mg nocte as becoming depressed now too; See 1/12...created in GC; 1 of 1 priority=2
25/09/2009	<u>Dr G E Murdoch at New Park Medical Practice</u>
History	DNA priority=2
16/09/2009	<u>Dr R W Duncan at New Park Medical Practice</u>
History	LEFT HYPOCHONDRIAL PAIN - Unchanged; Keen for further tests; Queries hernia - refer surgeons...created in GC; 1 of 1 priority=2 Medication review
27/05/2009	<u>Dr R W Duncan at New Park Medical Practice</u>
History	CHEST WALL PAIN - continues; Increase Gabapentin to 6 tabs daily if tolerated...created in GC; 1 of 1 priority=2
17/04/2009	<u>Mrs Elizabeth Crichton at New Park Medical Practice</u>
Problem	Chest wall pain Left - attended pain clinic
31/03/2009	<u>Dr R W Duncan at New Park Medical Practice</u>
History	CHEST WALL PAIN - Little benefit from Pain Clinic; Increase Gabapentin to 6 daily & see 1/12...created in GC; 1 of 1 priority=2
19/02/2009	<u>Mrs Elizabeth Crichton at New Park Medical Practice</u>
History	White Scottish priority=2
18/02/2009	<u>Dr R W Duncan at New Park Medical Practice</u>
History	CHEST PAIN - Improved with Gabapentin but not 100%; Increase to 6 tabs as reqd; Pain Clinic 1/12; See after...created in GC; 1 of 1 priority=2 Medication review
05/02/2009	<u>Dr R W Duncan at New Park Medical Practice</u>
History	Intolerant of Zomorph; Try Gabapentin 300 mg tds priority=2
29/01/2009	<u>Dr R W Duncan at New Park Medical Practice</u>
History	LEFT CHEST PAIN - Been referred to Pain Clinic; Keen on stronger analgesia; Not keen on tabs for neuropathic pain; Zomorph 30 mg bd - x 60; See 1/12...created in GC; 1 of 1 priority=2
24/12/2008	<u>Dr InactiveRegistrar Inactive1 at New Park Medical Practice</u>
History	Tel-requests for Tramadol-as an analgesic for pains in his hand.is getting investigation and results next month.issued tramadol 50mgs 1-2 tds for 28/7....created in GC; 1 of 1 priority=2
01/12/2008	<u>Dr R W Duncan at New Park Medical Practice</u>
History	Medication review
29/08/2008	<u>Dr R W Duncan at New Park Medical Practice</u>
History	Medication review
20/06/2008	<u>Dr R W Duncan at New Park Medical Practice</u>
History	LEFT CHEST WALL PAIN - Improved this month with more Amitryptilline; Increase dose to 75mg nocte; Hospital appt awaited; See 1-2/12...created in GC; 1 of 1 priority=2
20/05/2008	<u>Dr R W Duncan at New Park Medical Practice</u>
History	SCI Electronic Referral priority=2 Referral for further care Referred To: Queen Margaret Hospital, NHS. Referral Type: Out Patient. Speciality Type: Trauma and Orthopaedic Surgery. Referral

Nature: Investigate. , Referral Reason: Left chest wall and left hypochondrial pains. , urgency=low

10/12/2007	<u>Mrs InactiveTrish Zinactiveeason at New Park Medical Practice</u>
Problem	Acute lower respiratory tract infection admitted cold agglutins present in serum, possibility of mycoplasma infection Start Date: 18/11/2007
21/11/2007	<u>Mrs InactiveTrish Zinactiveeason at New Park Medical Practice</u>
Problem	Computer summary updated
21/11/2007	<u>Mrs InactiveTrish Zinactiveeason at New Park Medical Practice</u>
Problem	Plain x-ray of chest normal
01/11/2007	<u>Dr InactiveDr Zinactivef2 at New Park Medical Practice</u>
History	Systolic blood pressure Diastolic blood pressure
14/08/2007	<u>Ms A Ziennifer at New Park Medical Practice</u>
Problem	Chest infection NOS Admitted
Problem	Haemolytic anaemias NOS Haemolytic uremic syndrome
Problem	Otorrhoea NOS Bilateral
Problem	Eosinophilic granuloma Left eye
Problem	Overdose of drug Paracetamol & diazepam
Problem	Nasal congestion
Problem	Laryngopharyngeal reflux
History	Diastolic blood pressure
03/08/2007	<u>Dr InactiveRegistrar Inactive1 at New Park Medical Practice</u>
History	Systolic blood pressure Disease: SPICE Basic Health Values Diastolic blood pressure Disease: SPICE Basic Health Values Diastolic blood pressure Systolic blood pressure
14/06/2006	<u>Dr R W Duncan at New Park Medical Practice</u>
Problem	Depressive disorder NEC Disease: SPICE Depression,
Problem	Patient health questionnaire (PHQ-9) score Disease: SPICE Depression, priority=1
02/03/2004	<u>Mrs InactiveTrish Zinactiveeason at New Park Medical Practice</u>
History	No relevant family history Family History\$.clm - Repeat after an Interval (diary entry deleted) (Not Known) Booster tetanus vaccination Out with GP care (diary entry deleted) (Not Known) Booster tetanus vaccination Out with GP care (diary entry deleted) (Not Known)
27/02/2004	<u>Ms A Ziennifer at New Park Medical Practice</u>
History	Automatically generated by transaction priority=2 Patient MRE received from HB priority=2
12/02/2004	<u>Ms A Ziennifer at New Park Medical Practice</u>
History	Automatically generated by transaction priority=2 Pat. GP7B/GP8B card from HB priority=2
11/02/2004	<u>Ms A Ziennifer at New Park Medical Practice</u>
History	Automatically generated by transaction priority=2 Patient reg. form sent to HB priority=2
06/02/2004	<u>Ms A Ziennifer at New Park Medical Practice</u>
History	Never smoked tobacco priority=2
Problem	Notes summary on computer
Problem	Date records held from
History	O/E - height

O/E - weight
Systolic blood pressure
Diastolic blood pressure
Teetotaler Alcohol Intake\$.clm - No Action Required

PCES - Fife OOH Call Incident Report

Call number:	27799	Receive Date:	6-May-2026 18:14
Patient's Name:	Colin Anderson		
Date of birth:	3-Jan-1969 (57 years)	Gender:	M
Address:	18 Alford Way Dunfermline Fife KY11 8BF	Current Address:	18 Alford Way Dunfermline Fife KY11 8BF
Return Contact No:			
Tel No:	07843 112992		07843 112992
Mobile No:			
Priority:	Within 4 Hours	Call Origin:	NHS24
Received:	6-May-2026 18:14	Calltype:	Attend OOH Appointment
Advised:	18:35	Arrived PCC:	6-May-2026 20:17
Final Cons start:	6-May-2026 20:31	Final Cons End:	6-May-2026 20:57

Consulting Doctor: **GORDON MCINNES** Own doctor: **Hannah Fraser**

CHI Number:
0301690472

Reported Condition:
ULCER ON LEG 2-3 WEEKS

NHSD details:

Received By **Kirsty Egan (Nhs 24) (Callhandler) (Cardonald**
-

Triage Start
Time - **6-May-2026 18:14**

Triage End
Time - **6-May-2026 18:36**

Clinical Summary - **Clinical summary created by: Kirsty Egan (Nhs 24) (Callhandler) ()**
[06/05/2026 18:14:15]
Reason for call: ULCER ON LEG 2-3 WEEKS
Confirmed symptom(s): Existing or old wound Large or multiple wounds
Symptom(s) not found: No current fever
Risk factor(s) not found: Patient not resident in a Care Home No travel outside Europe in last 21 days or to an affected country
20260506T173609.288 GMT Josephine Johnsen (NHS 24):2-3 WEEKS
LEG ULCER - INCREASING IN SIZE. WEEPING
GREEN/YELLOW PUS. FINISHED COURSE ABX TODAY. SEEN

**BY PHARMACIST TODAY, ADVISED TO CONTACT OOH.
OTHERWISE WELL. PCEC 4. Outcome: PCEC within 4 Hrs**

Questions -

Algorithm: Keyword Search

Keyword 1:
[X] Wound

Keyword selected
[X] Wound

Algorithm: Risk Assessment

Is this call from a Nursing or Care Home?
--NO

Have you been outside Europe in the last 21 days?
--NO

Do you have fever?
--NO

Algorithm: Initial Assessment

Are you/person about whom you are calling so unwell that you/person cannot stand at all e.g. walk to the toilet or sit up unaided without falling back down?
--NO

Algorithm: Protocols Used

Guideline used
[X] Wound 269

Algorithm: Wound 269

Select the additional marker of the keyword that defines the callers complaint: (Select one)
[X] Existing or old

Select the descriptor of the keyword that defines the callers complaint:

(Select one)

☒ Large or multiple

Algorithm: Protocols Used

Last Guideline used in the recommendation

☒ Wound 269

Disposition Contact GP Practice within 4 Hours (as soon as possible)

Final Consultation details:

Consultation
Start - **6-May-2026 20:31**

Consultation
Finish - **6-May-2026 20:57**

Consulting
Clinician - **MCINNES, GORDON**

History - **-----
Was seen last week by OOH with an ulcer on his left anterior leg.
Treated with Flucloxacillin. Some improvement but antibiotics now
finished and ulcer is larger and redness on skin persists.**

**has swollen legs due to dependent oedema. States he is on diuretics but
able to confirm this on ECS**

On treatment for hypertension.

Recent bloods show normal U&Es and Glucose

Examination
- **Colour normal. Hydration good
Obese**

**Left leg - pitting oedema at ankle. Ulcer on anterior leg with serous
discharge. Area of cellulitis around ulcer. No ascending lymphangitis.**

Diagnosis - **Cellulitis with skin ulcer**

Treatment - **1. Area of cellulitis marked with tissue pen.
2. Ulcer dressed with dry dressing tonight.
3 Commence Co-amoxiclav [PA5779 7/27]**

**Advised to see Practice Nurse tomorrow for change of dressing and
review of ulcer / cellulitis**

Examination **ASSESSMENT**

Details - **Systolic BP mmHg 147
Diastolic BP mmHg 94**

Temperature C 36.2
Pulse bpm 67

Clinical
Codes - **M0... Skin/subcutaneous infections**

Prescription
Details - **Co-amoxiclav 500mg/125mg tablets 1 tablet three times per day 21.00**

Clinical
Observation -
s -

Assessment _ _ _ _ **Systolic BP - 147 mmHg**
Assessment _ _ _ _ **Diastolic BP - 94 mmHg**
Assessment _ _ _ _ **Temperature - 36.2 C**
Assessment _ _ _ _ **Pulse - 67 bpm**

Prescribed Items (All Consultations):

Co-amoxiclav 500mg/125mg tablets 1 tablet three times per day 21.00

Followups:
UCSF Call Back If Required
UCSF Patient To Contact Surgery

Clinical Codes Summary (All Consultations):

M0... Skin/subcutaneous infections

Lynebank Hospital
Halbeath Road
Dunfermline
Fife
KY11 4UW

Adult Weight Management Service
Tel: 01383 674086
Email: fife.fawms@nhs.scot

Fife Health
& Social Care
Partnership



Colin Anderson
18 Alford Way
Dunfermline
Fife
KY11 8BF



CHI: 0301690472

Letter ID: 200526881

Dear Colin Anderson

Date: 29 April 2026

Colin Anderson, 18 Alford Way, Dunfermline, Fife, KY11 8BF

Date of Birth: 03/01/1969

We have received a referral to help you make some positive lifestyle changes. We have two great support options you can choose from.

Option 1. Get Moving with Counterweight: This is a one year programme delivered by Fife Sports and Leisure Trust. It helps you learn how to eat well, move more and feel better. You'll go to a group once a week for 12 weeks. Each session lasts about 90 minutes. After that, there are a few more group sessions at 6, 9 and 12 months to help you stay on track. The group runs in different venues on different days and times, so you can pick one that works best for you.

Option 2. Second Nature: This is a digital programme you can do at home using a phone, tablet or computer. It helps you build healthy long term habits. For the first three months, you will be supported by a Dietitian or Nutritionist and will learn how to eat well and feel better. After that, you will still be able to use the app and all the helpful tools forever.

If you would like to join one of these programmes or have any questions, please get in touch with us.

How to contact us:

Email: Fife.adultweightmanagementclericalteam@nhs.scot

Phone: 01383 674086 (Monday to Thursday from 10am to 12pm and 2pm to 4pm)

If we don't hear from you within two weeks of receiving this letter, we will assume you do not wish to join just now, and you will be discharged.

If you choose to join, our privacy notice is available on our website to give you information about how we use your personal data. You can find out more about our programmes, read our privacy notice, or fill in a form to join by visiting our website or scanning the QR code below.

If you don't want to join right now but would like to sign up later, you can self-refer at any point via the website or QR code.

Fife Council and NHS Fife are supporting the people of Fife
together through the Fife Health & Social Care Partnership.
www.fifehealthandsocialcare.org



<https://www.nhsfife.org/services/all-services/nutrition-and-clinical-dietetics/adult-weight-management-and-type-2-diabetes-prevention-service>



Yours sincerely

Fife Adult Weight Management and Type 2 Diabetes Prevention Service

Authorised on 29/04/2026 11:51:03 by Typist Tracy McNeil, not verified by Consultant Fife Adult Weight Management and Type 2 Diabetes Prevention.

(D) Dr SL Wilson, New Park Medical Practice, 163 Robertson Road, Dunfermline, Fife, KY12 0BL

PCES - Fife OOH Call Incident Report

Call number:	24385	Receive Date:	26-Apr-2026 12:30
Patient's Name:	Colin Anderson		
Date of birth:	3-Jan-1969 (57 years)	Gender:	M
Address:	18 Alford Way Dunfermline Fife KY11 8BF	Current Address:	18 Alford Way Dunfermline Fife KY11 8BF
Return Contact No:			
Tel No:	07843 112992		07843 112992
Mobile No:			
Priority:	Within 4 Hours	Call Origin:	NHS24
Received:	26-Apr-2026 12:30	Calltype:	Attend OOH Appointment
Advised:	13:07	Arrived PCC:	26-Apr-2026 17:22
Final Cons start:	26-Apr-2026 17:25	Final Cons End:	26-Apr-2026 17:47
Consulting Doctor:	MARKUS CHAN	Own doctor:	Hannah Fraser

CHI Number:
0301690472

Reported Condition:
LOWER LEG SWOLLEN AND RED 2-3 DAYS

NHSD details:

Received By - **Lewis Mcnicoll (Nhs 24) (Callhandler) (Dundee)**
Triage Start Time - **26-Apr-2026 12:30**
Triage End Time - **26-Apr-2026 13:07**

Clinical Summary - **Clinical summary created by: Lewis Mcnicoll (Nhs 24) (Callhandler) () [26/04/2026 12:30:44]**
Reason for call: LOWER LEG SWOLLEN AND RED 2-3 DAYS
Confirmed symptom(s): Lower leg problem Leg swelling and/or redness
Symptom(s) not found: No current fever
Risk factor(s) not found: Patient not resident in a Care Home No travel outside Europe in last 21 days or to an affected country
20260426T120747.493 GMT Jisha Francis (NHS 24):?CELLULITIS, WORSENING REDNESS AND SWELLING TO LEFT LOWER LEG FOR LAST 2-3 DAYS,,WEEPING, HOT TO TOUCH, , HAS SEEN GP FOR THIS RECENTLY AND WAS GIVEN A CREAM AND WATER

TABLETS HOWEVER IT HAS NOT HELPED AND SYMPTOMS HAVE WORSENERD, HAS HAD SIMILAR SYMPTOMS ONGOING FOR A FEW YEARS THIS EPISODE HAS STARTED OVER THE LAST 2-3 DAYS, HAS BLISTER SHAPED WOUNDS TO LEG WHICH ARE WEEPING, SKIN ON LEG IS COMING AWAY VERY EASILY IF PATIENT GRAZES LEG OFF SOMETHING, NO OTHER SYMPTOMS,INTERIM ADVISE GIVEN,OUTCOME PCEC4HRS Outcome: PCEC within 4 Hrs

Questions -

Algorithm: Keyword Search

Keyword 1:

[X] Leg

Keyword selected

[X] Leg

Algorithm: Risk Assessment

Is this call from a Nursing or Care Home?

--NO

Do you have fever?

--NO

Have you been outside Europe in the last 21 days?

--NO

Algorithm: Initial Assessment

Are you/person about whom you are calling so unwell that you/person cannot stand at all e.g. walk to the toilet or sit up unaided without falling back down?

--NO

Algorithm: Protocols Used

Guideline used

[X] Leg 84

Algorithm: Leg 84

Select the additional marker of the keyword that defines the callers complaint: (Select one)

☒ Lower leg

Select the descriptor of the keyword that defines the callers complaint: (Select one)

☒ No injury

Select the descriptor of the keyword that defines the callers complaint: (Select one)

☒ Swelling and or redness

Algorithm: Protocols Used

Last Guideline used in the recommendation

☒ Leg 84

Disposition Contact GP Practice within 4 Hours (as soon as possible)

Final Consultation details:

Consultation
Start - 26-Apr-2026 17:25

Consultation
Finish - 26-Apr-2026 17:47

Consulting
Clinician - CHAN, MARKUS

History -
57M - Leg redness
FTF, seen w wife in QMH Base

BG/ Htn, periph oedema. Usually fit and well. Meds/AH as per ECS.

ICE/ Wife worried re ??infection

Hx/ Longer-standing bilat leg swelling despite ongoing diuretics. Incr pain/swelling/discomfort at L lower leg in last 2-3w. Skin broken after light contact -- not unusual for pt. Using Fucidin to limited benefit. Some heaviness/discomfort in legs, esp overnight. No other skin/joint/neuro symptoms.

No systemic upset, no infective symptoms, no constitutional upset

Examination Appears well, comfortable, calm, A+O

- T36.7, HR 90 + reg, RR 14, SpO2 99% on air, BP 132/79

A: Patent , own

B: Chest clear, good A/E, nil IWOB/SOB, easily speaking in full sentences

C: HS I+II+0+Nil, WWP, CRT <3s, Pitting oedema to knees but intravascularly euvolaemic

D: 4AT 0, no gross LL neuro deficit

E: Calves SNT, no deep venous tenderness. Well-defined erythema and induration at L anteromedial shin. Shallow ulceration at L anterior shin within this.

Diagnosis - **(1) Agree likely developing L leg cellulitis 2y to recent skin break
- Reassuring examination, no evidence of joint/systemic involvement**

Treatment - **(1) agreed trial Fluclox
(2) Advised to contact own GP to optimise diuretic therapy
(3) Advised to contact again if ongoing/worsening symptoms or concerns**

Clinical Codes - **M0... Skin/subcutaneous infections**

Prescription **Flucloxacillin 500mg capsules 1 capsule - every 6 hours - an hour before**
Details - **food or on an empty stomach - oral 28.00**

Prescribed Items (All Consultations):

Flucloxacillin 500mg capsules 1 capsule - every 6 hours - an hour before food or on an empty stomach - oral 28.00

Followups:
**UCSF Call Back If Required
UCSF Details to GP Surgery**

Clinical Codes Summary (All Consultations):

M0... Skin/subcutaneous infections



Clinical Laboratory Service

Biochemistry

Tel: 01592 729872

Lab No: 8269-7261 Requester: Fraser, Hannah J Consultant: Fraser, Hannah J	Requested: 29-Jan-26 Collected: 01-Apr-26 10:54 Received: 01-Apr-26 15:52 Date of Issue: 16:55 01-Apr-26	ANDERSON Colin CHI 0301690472 DOB: 03-Jan-1969 Age: 57 years SEX: M Phone: Address: ALFORD WAY 18 DUNFERMLINE KY11 8BF Location: New Park Medical Practice
Specimen: BLOOD Primary Site: Secondary Site: Specimen Number(s): 5054845F, 5054845X		

Clinical Notes:

Clinical Details: Hypertension Rev.

Core Chemistry

Test	Results	Units	Ref. Ranges
Sodium	137	mmol/L	(133 - 146)
Potassium	5.0	mmol/L	(3.5 - 5.3)
Creatinine Enzymatic	101	umol/L	(50 - 120)
eGFR	>60	mL/min/1.73m ²	
Acute Kidney Injury	Not Detected		
Alanine Amino-Transferase	25	U/L	(5 - 55)
Total Bilirubin	4	umol/L	(0 - 21)
Albumin	43	g/L	(35 - 50)
Alkaline Phosphatase	121	U/L	(40 - 129)
HDL-Cholesterol	1.3	mmol/L	(0.8 - 1.8)
Cholesterol	5.3	mmol/L	(3.3 - 6.5)
Chol:HDLC Ratio	4.0		
Glucose	4.7	mmol/L	(3.3 - 6.1)

Comments:

PCES - Fife OOH Call Incident Report

Call number:	81801	Receive Date:	12-Jan-2026 18:04
Patient's Name:	Colin Anderson		
Date of birth:	3-Jan-1969 (57 years)	Gender:	M
Address:	18 Alford Way Dunfermline Fife KY11 8BF	Current Address:	18 Alford Way Dunfermline Fife KY11 8BF
Return Contact No:			
Tel No:	0301690472		0301690472
Mobile No:			
Priority:	Within 4 Hours	Call Origin:	NHS24
Received:	12-Jan-2026 18:04	Calltype:	Attend OOH Appointment
Advised:	18:35	Arrived PCC:	12-Jan-2026 19:12
Final Cons start:	12-Jan-2026 19:13	Final Cons End:	12-Jan-2026 19:59
Consulting Doctor:	Sara Kirk	Own doctor:	Hannah Fraser

CHI Number:
0301690472

Reported Condition:
LETHARGIC, FEELING A PRESSURE FEW DAYS

NHSD details:

Received
By - **Fiona Walker (Nhs 24) (Callhandler) (Clyde Co**
Triage Start
Time - **12-Jan-2026 18:04**
Triage End
Time - **12-Jan-2026 18:35**

Clinical
Summary - **Clinical summary created by: Fiona Walker (Nhs 24) (Callhandler) ()**
[12/01/2026 18:04:02]
Reason for call: LETHARGIC, FEELING A PRESSURE FEW DAYS
Confirmed symptom(s): Headache; takes regular blood thinning medications
Symptom(s) not found: No current fever No new neck stiffness and or sudden onset of headache No rash like small bruises or pin pricks which are purple or red Not light sensitive Cold hands and feet not cold
Risk factor(s) not found: Patient not resident in a Care Home No travel outside Europe in last 21 days or to an affected country
20260112T183555.629 GMT Karly Miller (NHS 24):HEADACHE 2/52 -

**MID FACE PAIN / PRESSURE. NO RELIEF. HYPERTENTION
WITH HIGHER READINGS THAN NORMAL TONIGHT 157/104.
FAST-VE. FEELING VERY LETHARGIC AND FATIGUED. PCEC 1
PLEASE - WORSENING GIVEN
20260112T183230.285 GMT Fiona Walker (NHS 24):UNABLE TO
GET APPT WITH OWN GP. HIGH BLOOD PRESSURE READINGS
. SLIGHT HEADACHE BUT PT THINKS SINUS ISSUE, COLD
SYMPTOMS RECENTLY
20260112T183230.262 GMT Fiona Walker (NHS 24):UNABLE TO
GET APPT WITH OWN GP. HIGH BLOOD PRESSURE READINGS
Outcome: PCEC within 1 Hr**

Questions -

Algorithm: Keyword Search

Keyword 1:

[X] Headache

Keyword selected

[X] Headache

Algorithm: Risk Assessment

Is this call from a Nursing or Care Home?

--NO

Do you have fever?

--NO

Have you been outside Europe in the last 21 days?

--NO

Algorithm: Initial Assessment

**Are you/person about whom you are calling so unwell that you/person
cannot stand at all e.g. walk to the toilet or sit up unaided without
falling back down?**

--NO

Algorithm: Protocols Used

Guideline used

[X] Headache 57

Algorithm: Headache 57

Is your headache as the result of an injury or accident?

--NO

New neck stiffness and or sudden onset of headache

--NO

Rash like small bruises or pin pricks which are purple or red

--NO

Light sensitive

--NO

Cold hands and feet

--NO

**Select the descriptor of the keyword that defines the callers complaint:
(Select one)**

[X] None of these

Do you have any of the following since the headache started:

[X] None of these

**Select the descriptor of the keyword that defines the callers complaint:
(Select one)**

**[X] Takes regular blood thinning medications e.g. Warfarin or
rivaroxaban**

Algorithm: Protocols Used

Last Guideline used in the recommendation

[X] Headache 57

Disposition Contact GP Practice within 4 Hours (as soon as possible)

Final Consultation details:

Consultation
Start - **12-Jan-2026 19:13**

Consultation
Finish - **12-Jan-2026 19:59**

Consulting
Clinician - **Kirk, Sara**

History - **Nurse practitioner**
Attends with wife

PC - high blood pressure

HPC is concerned about his BP. Has been taking readings at home and consistently high. Has been on and off furosemide since July 2025, Has oedema to his lower legs but when on the medications is getting bad cramps. Has been off this for a few months at the moment. Has been feeling tired for weeks. States SOB on exertion.

Has pain and pressure in his face - cheeks and forehead. states does not travel anywhere else. Had previous sinusitis and is similar symptoms.

Attended pharmacy 3 days ago and given Beconase nasal spray. States does relieve things for a short period. Also taking paracetamol.

Is overweight and has been referred in the past to weight clinics.

Difficulty taking calls due to work. Works in Babcock on nuclear sub and has no signal. If call does not happen at a specific time he misses it.

Denies fever,

Managing to eat and drink OK. Passing urine OK states passes a lot but no pain or burning. Denies any issues with bowels.

PMH- Gout, Eczema, hypertension,

Meds- As per ECS

Allergies- Bendroflumethiazide

Non smoker, no alcohol

Examination - **Examination: Looks well, walked independently into consultation room speaking in full comprehensive sentences, no increased respiratory effort noted, no additional sounds heard, does not appear distressed.**

Observations; T36.5, Sats96, HR63, BP 187/101RR19

RESP- No wheeze, crackles or rub heard on auscultation, no cyanosis, resonant on percussion, equal chest expansion, good breath sounds heard throughout,

Neuro- alert and orientated, GCS 15/15, power 5/5 all limbs, sensation 5/5 all limbs and face, co-ordination 5/5 all limbs,

Tender to cheeks and forehead when palpated.

FAST neg

Skin- pink warm well perfused, no cyanosis. No rash or roughness to the skin.

Ankles puffy with mild pitting to mid shin bilaterally. No pitting to sacral area.

Diagnosis - Sinusitis

HTN

Treatment - Has treatment for sinusitis - advised spray can take a few weeks to be fully effective although already seeing some relief.

Advised to persist in trying to get a GP appointment to review his BP and medications. May wish to consider putting his readings in to let the GP review these.

Discussed worsening symptoms including headache, weakness or any SOB and advised to call back to NHS 24/GP

Patient is aware that his GP is responsible for his medication management and OOH are not able to review this.

Patient was reassured by examination and all questions answered.

Clinical H01.. Acute sinusitis

Codes - G2... Hypertensive disease

Followups:

UCSF Call Back If Required

UCSF Patient To Contact Surgery

Clinical Codes Summary (All Consultations):

H01.. Acute sinusitis G2... Hypertensive disease

Colin Anderson

18 Alford Way 03/01/69

Average 168/100 LS 13/1/12

168/100 AP - 14/1/26

Ke - 14/1/26 == 169/99.

Not Confidential: Personal data about a patient

DATE	SYS	DIA	Pulse	Colin Anderson 18 Aford Way Dunf	DATE Time	SYS	DIA	Pulse
10/1/26	157	104	58		20/12/25	190	107	75
11/1/26	158	100	50		21/12/25	175	102	76
12/1/26	157	106	66		22/12/25	168	98	77
13/1/26	BP Results at Home Attended out of hours on 12/1/26 and told by Doctor to see my own Doctor again: As have been unable to get a slot in the phone hotline on a morning for an appointment after 84 calls and all engaged: went to NSH 24/7 Colin Anderson				23/12/25	170	95	74
14/1/26					24/12/25	167	97	78
15/1/26					27/12/25	162	92	79
16/1/26					28/12/25	180	99	77
17/1/26					29/12/25	192	104	76
18/1/26					30/12/25	194	107	76
19/1/26					31/12/25	166	109	74
20/1/26					1/01/26	164	100	69
21/1/26					2/01/26	160	92	68
					3/01/26	162	90	68
					4/01/26	158	99	72
					5/01/26	160	107	78
					6/01/26	156	100	74
					7/01/26	161	98	73
					8/01/26	164	93	74
	157	111	62		9/01/26	170	99	76

Hospital use only	Clinic	Day Date	Time	Hospital No.
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 Unique Care Pathway Number: 101039433901G

Transport required?

No

REFERRAL LETTER

MEDICAL IN CONFIDENCE



WEIGHT-MANAGEMENT

REFERRAL TO	
Weight Management A8C1 Fife Adult Weight Management	_____ Consultant / receiving practitioner and/or specialty clinic _____ Hospital and hospital address Hospital Location Code F020G Email address -
Dietetics Referral Unit Lynebank Hospital Dunfermline	
Urgency of referral	Routine

PATIENT DETAILS		Patient's address
Surname	Anderson	18 Alford Way Dunfermline KY11 8BF
Forename(s)	Colin	
Title	Mr	
Sex	Male	
Date of birth	03/01/1969	
CHI no.	0301690472	Contact number(s) Voice: 01383 629200 Voice: 01383 629200 E-mail: Anderson.colin@sky.com

REFERRING PRACTITIONER DETAILS		Practice address
Name	Dr. Sara Wilson	163 Robertson Road Dunfermline Fife KY12 0BL
GMC code	4470294	
GP code	90921	
Practice name	New Park Medical Practice (20466)	
Practice code	20466	Contact number(s) Voice: 01383 629200

Date submitted by practice: 20/03/2026

Reason for referral

Care type requested: Out Patient - New
 Expected outcome: Not Specified

Administrative Information

Have you assessed this patients readiness to change and willingness to engage with the weight management service?:Yes

As part of a programme patients will be encouraged to increase their physical activity. Are there any reasons why this would not be appropriate advice for this patient?:No

Does this patient have known mental health problems?:No

Is this patient currently engaged in treatment with Community Mental Health or Psychology services?:No

	Patient can accept a short notice appointment:yes Interpreter Required:no
--	--

Stylesheet version: 16.0.1.4 02-Oct-2024 Comments to: fife.ast@nhs.scot

CLINICAL INFORMATION**History of presenting complaint / examination findings / investigation results****Presenting complaint**

Description: BMI 49.12 Hypertension

Comment: This man is keen to be seen for help with weight loss.

He works at nuclear site and cannot get phone calls when he is at work unless they are at a specific time when he can make sure he is free to take the call. I would appreciate if he could be seen for review taking this into consideration

Examinations and Investigations

Blood Pressure (systolic): 140 -

Blood Pressure (diastolic): 98 -

Height (m): 173 -

Weight (kg): 147 -

Body Mass Index: 49.12 -

Past Medical History**Pre-existing conditions** (High and Medium Priority)

<u>Description</u>	<u>Laterality</u>	<u>Modifier</u>	<u>Comment</u>	<u>Date Recorded</u>
Gout	-	-	-	28/07/2023
Essential hypertension NOS	-	-	-	25/09/2020
Inguinal hernia	-	-	Left	04/11/2019
Closed fracture finger middle phalanx (Left)	Left	-	ring finger - spiral fracture	02/12/2015
Closed fracture of metacarpal bone(s) (Left)	Left	-	ring finger	23/02/2012
Acute lower respiratory tract infection	-	-	admitted cold agglutins present in serum, possibility of mycoplasma infection Start Date: 18/11/2007	18/11/2009
Chest wall pain	-	-	Left - attended pain clinic	18/03/2009
Depressive disorder NEC	-	-	Disease: SPICE Depression,	14/06/2006
Laryngopharyngeal reflux	-	-	-	04/10/2005
Nasal congestion	-	-	-	20/06/2001
Overdose of drug	-	-	Paracetamol & diazepam	27/01/1993
Eosinophilic granuloma	-	-	Left eye	25/07/1975
Otorrhoea NOS	-	-	Bilateral	16/01/1975
Haemolytic anaemias NOS	-	-	Haemolytic uremic syndrome	01/09/1969
Chest infection NOS	-	-	Admitted	24/03/1969

Past Procedures (High and Medium priority)

<u>Description</u>	<u>Laterality</u>	<u>Modifier</u>	<u>Comment</u>	<u>Date Recorded</u>
Primary repair of inguinal hernia (Left)	Left	-	Open	04/11/2019

Current Medication (Active Repeat medication issued within the last 12 months)

<u>Drug name</u>	<u>BNF code</u>	<u>Formulation</u>	<u>Dosage</u>	<u>Frequency</u>	<u>Course started</u>	<u>Duration</u>
Allopurinol Tablets 300 mg	1001040C0AAABAB	56 TABLET	ONE TO BE TAKEN EACH DAY	-	14/01/2025	-
Bisoprolol Fumarate Tablets 5 mg	0204000H0AAAAAA	56 TABLET	ONE TO BE TAKEN EACH DAY	-	15/05/2023	-
Ramipril	-	56	ONE TO BE TAKEN	-	09/01/2023	-

Capsules 10 mg		CAPSULE	EACH DAY			
Recent Medication (Any medication issued within last 90 days not shown above)						
<u>Drug name</u>	<u>BNF code</u>	<u>Formulation</u>	<u>Dosage</u>	<u>Frequency</u>	<u>Course started</u>	<u>Duration</u>
Doxazosin Mesilate Tablets 1 mg	0205040D0AAAAAA	56 TABLET	ONE TABLET INCREASE TO TWO TABLETS DAILY AFER ONE WEEK IF TOLERATED	-	20/03/2026	42 Days
Fusidic Acid And Hydrocortisone Acetate Cream 2 % + 1 %	-	60 gram	Apply Twice daily	-	20/03/2026	42 Days
Qv Cream	-	500 GRAM	Apply Twice daily	-	20/03/2026	42 Days
Felodipine M/R tablets 5 mg	0206020F0AAABAB	28 tablet	1 Tab DAILY	-	15/01/2026	71 Days
Allergies						
[X] Adverse reaction to bendroflumethiazide						



Clinical Laboratory Service

Biochemistry

Tel: 01592 729872

Lab No: 8143-5620
Requester: Kirby, Sophie
Consultant: Kirby, Sophie

Requested: 14-Mar-25
Collected: 02-Apr-25 15:39
Received: 03-Apr-25 13:31
Date of Issue: 10:12 04-Apr-25

ANDERSON

Colin
CHI 0301690472

DOB: 03-Jan-1969 Age: 56 years

SEX: M Phone:

Address: ALFORD WAY
DUNFERMLINE
DUNFERMLINE KY11 8BF
Location: New Park Medical Practice

Specimen: BLOOD
Primary Site:
Secondary Site:
Specimen Number(s):
4558513X

Clinical Notes:

Clinical Details: Req PSA. on furosemide check renal function. Spun

Core Chemistry

Test	Results	Units	Ref. Ranges
Sodium	139	mmol/L	(133 - 146)
Potassium	4.6	mmol/L	(3.5 - 5.3)
Creatinine Enzymatic	104	µmol/L	(50 - 120)
eGFR	>60	mL/min/1.73m ²	
Acute Kidney Injury	Not Detected		

Comments:



Clinical Laboratory Service
Biochemistry

Tel: 01592 729872

Lab No: 8143-5620 Requester: Kirby, Sophie Consultant: Kirby, Sophie	Requested: 14-Mar-25 Collected: 02-Apr-25 15:39 Received: 03-Apr-25 13:31 Date of Issue: 10:12 04-Apr-25	ANDERSON Colin CHI 0301690472 DOB: 03-Jan-1969 Age: 56 years SEX: M Phone: Address: ALFORD WAY DUNFERMLINE DUNFERMLINE KY11 8BF Location: New Park Medical Practice
Specimen: BLOOD Primary Site: Secondary Site: Specimen Number(s): 4558513X		
Clinical Notes: Clinical Details: Req PSA, on furosemide check renal function. Spun		

Tumour Marker

Test	Results	Units	Ref. Ranges
PSA	2.6	ug/L	(0.00 - 3.0)

Comments:
Tumour Marker Comment

Clinical Laboratory Service
Biochemistry

Tel: 01592 729872

Lab No: 8131-5292
Requester: Spilsbury, Catherine
Consultant: Spilsbury, Catherine

Requested: 14-Jan-25
Collected: 28-Feb-25 10:02
Received: 28-Feb-25 13:51
Date of Issue: 17:04 28-Feb-25

ANDERSON**Colin****CHI 0301690472**

DOB: 03-Jan-1969 Age: 56 years

SEX: M Phone:

Address: ALFORD WAY

DUNFERMLINE

DUNFERMLINE KY11 8BF

Location: New Park Medical Practice

Specimen: BLOOD

Primary Site:

Secondary Site:

Specimen Number(s):

4455436X

Clinical Notes:

Clinical Details: Allopurinol increase - ?uric acid <300.

Core Chemistry**Test**
Urate**Results**
227**Units**
umol/L**Ref. Ranges**
(200 - 430)**Comments:**

Patients with a diagnosis of gout should aim to have a uric acid of <300umol/L

NEW PARK MEDICAL PRACTICE HOME BLOOD PRESSURE RECORD SHEET

Name: Colin AndersonDate of Birth: 03/11/1969

GP/Nurse Requesting:

	Date	Time	Systolic (Upper Value)	Diastolic (Lower Value)	Pulse
1	20/2/24	9AM	161	93	62
2	21/2/24	10AM	124	101	66
3	22/2/24	12:00	141	86	58
4	23/2/24	0730	135	85	62
5	24	09:00	135	87	66
6	25	11:00	134	79	62
7	26	10:00	156	91	68
8	27 th	09:00	147	87	68
9	28 th	08:00	145	79	63
10	28 th AT GP	1000	140	98	65
11	11 th March	1730	148	93	69
12	12 March	1730	141	93	65
13	13 March	1740	136	85	54
14	14 th March	1430	128	84	53

As there is often a waiting list for the BP machine, we would be grateful if you would return the machine as quickly as possible. Thank you.

132 / 88

137 / 95

FOR OFFICE USE ONLY		
Average BP: 132/88	Calculated by (initials): 137/95	Checked by (initials): S



Clinical Laboratory Service
Biochemistry

Tel: 01592 729872

Lab No: 8112-3749 Requester: Fraser, Hannah J Consultant: Fraser, Hannah J	Requested: 07-Jan-25 Collected: 07-Jan-25 09:05 Received: 07-Jan-25 13:29 Date of Issue: 15:43 07-Jan-25	ANDERSON Colin CHI 0301690472 DOB: 03-Jan-1969 Age: 56 years SEX: M Phone: Address: ALFORD WAY DUNFERMLINE DUNFERMLINE KY11 8BF Location: New Park Medical Practice
Specimen: BLOOD Primary Site: Secondary Site: Specimen Number(s): 4442265X		
Clinical Notes: Clinical Details: medication monitoring - allopurinol, colchicine.		

Core Chemistry

Test	Results	Units	Ref. Ranges
Sodium	142	mmol/L	(133 - 146)
Potassium	4.6	mmol/L	(3.5 - 5.3)
Creatinine Enzymatic	91	umol/L	(50 - 120)
eGFR	>60	mL/min/1.73m2	
Acute Kidney Injury	Unable to calculate		
Urate	372	umol/L	(200 - 430)

Comments:

Patients with a diagnosis of gout should aim to have a uric acid of <300umol/L

PCES - Fife OOH Call Incident Report

Call number:	40665	Receive Date:	5-Nov-2024 18:14
Patient's Name:	Colin Anderson		
Date of birth:	3-Jan-1969 (55 years)	Gender:	M
Address:	18 Alford Way Dunfermline KY11 8BF	Current Address:	18 Alford Way Dunfermline KY11 8BF
Return Contact No:			
Tel No:	07843 112992		07843 112992
Mobile No:			
Priority:	Routine	Call Origin:	NHS24
Received:	5-Nov-2024 18:14	Calltype:	Attend OOH Appointment
Advised:	18:20	Arrived PCC:	5-Nov-2024 20:23
Cons start:	5-Nov-2024 20:30	Cons End:	5-Nov-2024 21:11
Consulting Doctor:	Kiran Kondapalakala	Own doctor:	Hannah Fraser

CHI Number:
0301690472

Reported Condition:
COUGH, ON AND OFF 2-3 WEEKS

Consultation details:

History - **C/o cough since 2 weeks, had a sore throat 2 weeks ago, which settled. COVID test negative then. Has been having bouts of cough since then, Green phlegm, mostly in mornings and late evenings, No hemoptysis, No fever. No SOB/chest pain. No h/o recent travel or calf pain. Non-smoker, Has cats at home. Works in a su-marine as a physicist. Unable to get GP appt since 2 weeks.**

PMH: Hypertension, Left Inguinal hernia

Allergies: Bendroflumethiazide

Medication History:

Allopurinol 100 mg Tablets TWO (200MG) TO BE TAKEN EACH DAY

Bisoprolol Fumarate 5 mg Tablets ONE TO BE TAKEN EACH DAY

Felodipine 10 mg M/R tablets 1 Tab DAILY

Ramipril 10 mg Capsules ONE TO BE TAKEN EACH DAY

Examination **Walked independently into room. Speaking in full sentences. bp-**

n - 132/91mmHg, T-36.9, Sats-95%, PR-75/min, regular, RR~18/min,
Chest-Clear, No added noises. Normal heart sounds, Mild tenderness in
area of maxillary sinuses bilaterally.
Throat examn-NAD, No palpable neck nodes, Calves -SNT, Has long
standing cellulitis in left lower leg-uses fucidin, mentions not different
from before.
Diagnosis - ? Maxillary sinusitis.
Treatment - 1. Beclometasone nasal spray -Prescription issued.
2. Worsening advice.

Prescriptions:

**Beclometasone 50micrograms/dose nasal spray Two sprays administered into each
nostril twice a day. 100.00**

Followups:

UCSF Call Back If Required

Clinical Codes:

H01.. Acute sinusitis

NHSD details:

Disposition **Contact GP Practice within 4 Hours (ASAP)**
-

PCES - Fife OOH Call Incident Report

Call number:	89594	Receive Date:	15-Jun-2024 19:07
Patient's Name:	Colin Anderson		
Date of birth:	3-Jan-1969 (55 years)	Gender:	M
Address:	18 Alford Way Dunfermline KY11 8BF	Current Address:	18 Alford Way Dunfermline KY11 8BF
Return Contact No:			
Tel No:	07842 889637		07842 889637
Mobile No:			
Priority:	within 4 hours	Call Origin:	NHS24
Received:	15-Jun-2024 19:07	Calltype:	Attend OOH Appointment
Advised:	19:49	Arrived PCC:	15-Jun-2024 23:28
Cons start:	15-Jun-2024 23:30	Cons End:	16-Jun-2024 00:17
Consulting Doctor:	Julie Duncan	Own doctor:	Hannah Fraser

CHI Number:
0301690472

Reported Condition:
FACIAL SWELLING/ 8 HOURS

Consultation details:

History - **P.C. Right lower eyelid and cheek
H.P.C. 13 hrs, patient noted swelling to his cheek and lower eyelid, feels warm and tight. no visual changes, no discolouration of sclerae. Feels well in himself, eating and drinking well, PU and BO as normal.**

**PMH- Gout, Eczema, hypertension,
Meds- As per ECS
Allergies- Bendroflumethiazide**

Lives with wife.

Examination - **Patient walked into exam room independently, obvious swelling to right lower eyelid and check.**

T- 37.6, P- 85, S- 96, BP- 156/93, R- 18, FEWS- 0

**Pupils equal and reactive, normal eye movement
Right lower eyelid swollen red, into cheek swollen and red. warm to touch,**

left eye some redness to cheek near nose.

Diagnosis - **Orbital Cellulitis**

Treatment - **D/W Dr Patwardhan**

**Co-Amoxiclav 625mg, 21 given, 1 tablet TDS, for 7 days, BN- NM4555,
Exp- 11/26**

Worsening statement given call back 111 if required.

Followups:

See And Treat

UCSF Call Back If Required

Clinical Codes:

**F4D.. Inflammation of eyelids F4005 Eye infection M0... Skin/subcutaneous
infections**

NHSD details:

Disposition **Contact GP Practice within 4 Hours (ASAP)**

-

Acute Services Division



Q Minor Injuries Unit

AE Austin
20466/1
New Park Medical Practice
163 Robertson Road
Dunfermline
Fife
Dunfermline
KY12 0BL

Queen Margaret Hospital
Whitefield Road
Dunfermline
KY12 0SU

Dear Doctor

Mr Colin Anderson
18 Alford Way
Dunfermline
KY11 8BF

CHI: 0301690472
ED Consultant:MIU Practitioner

The above patient attended the Q Minor Injuries Unit on 04/03/2024 at 18:42. I outline below some information regarding this attendance.

Present Complaint: (R) KNEE INJURY

Diagnosis:			
Description	Body Site	Laterality	Comments
ED injury - Wound - Abrasion			

Investigation(s)/Treatment(s):

Medication(s):

Additional Notes (for GP):
55yr M

PC/ knee injury

HPC/ fell and landed onto right knee on a wooden pallet whilst at work today- carried on working

OE/ walked into cubicle weighbaring
abrasion to right knee under tibial plateau
no swelling to knee brusing visable around abrasion
nv intact

Acute Services Division



full flexion and extension to leg and straight leg raise
ligaments appear intact
no bony tenderness to patella/ proximal tibia

IMP/ abrasion to knee

PLAN/
ice analgesia
innadine dressing applied to abrasion
discharged with self care and worsening advice

Senior Review:

Senior Review Comments:

Yours sincerely
Catrin Thomson

Fife Area Laboratory

CLINICAL BIOCHEMISTRY

Surname: **ANDERSON** Forename: **Colin** D.o.B.: **03 Jan 1969** Sex: **M** Case No: **D124912L**
 Address: **18 ALFORD WAY** DUNFERMLINE Post code: **KY11 8BF** CHI: **0301690472**
 Cons/GP: **Dr S WILSON** Source: **New Park Medical Practice**
163 Robertson Road

Current clin. details: Clinical Details: titrating allopurinol

Date	09/02/24
Time	11:51
Labno.	CA3862541
Sodium	140
(133-146 mmol/L)	
Potassium	4.7
(3.5-5.3 mmol/L)	
Creatinine	99
(50-120 umol/L)	
eGFR	> 60
(mL/min)	
AKI	ND
Glucose	5.1
(3.3-6.1 mmol/L)	
Alanine transaminase	28
(5-55 U/L)	
Alkaline phosphatase	104
(40-129 U/L)	
Bilirubin (Total)	4
(0-21 umol/L)	
Albumin	43
(35-50 g/L)	
Uric acid	426
(200-430 umol/L)	
Cholesterol	5.4
(3.3-6.5 mmol/L)	
HDL Cholesterol	1.26
(0.8-1.8 mmol/L)	
Cholesterol/HDL ratio	4.3

ND = Not detected

CA3862541 09/02/24 Patients with a diagnosis of gout should aim to have a uric acid of <300umol/L

ALL RESULTS APPLY TO SERUM/PLASMA UNLESS OTHERWISE INDICATED

Current Items Reported : CHDL GL LF EL UA AKI

Current Items Requested: CHDL GL LF EL UA AKI

Current Spec. Rec'd: 16:08 09 Feb 2024

Printed: 09 Feb 2024

Authorised by:

NHS Confidential: Personal data about a patient

Lynebank Hospital
Halbeath Road
Dunfermline
Fife
KY11 4UW

FAWMS
Fife Adult Weight Management Service
Tel: 01383 674086
E-mail: fife.fawms@nhs.scot

**Fife Health
& Social Care
Partnership**
Supporting the people of Fife together

Colin Anderson
18 Alford Way
Dunfermline
Fife
KY11 8BF



CHI: 0301690472

Letter ID: 100689145

Dear Colin Anderson

Date: 05/02/2024

Colin Anderson, 18 Alford Way, Dunfermline, Fife, KY11 8BF

Date of Birth: 03/01/1969

We have received a referral to support you in making positive lifestyle changes.

We would like to invite you to arrange a telephone appointment to discuss our programmes, and which one is best suited to your needs.

Please contact us on the above telephone number to arrange a telephone assessment. *When phoning please quote: 'Initial telephone conversation'*. If we do not hear from you within 2 weeks of receipt of this letter we will assume that you do not wish to engage with this service and will be discharged. However if in future you wish to find out more about this or our other programmes, you can self refer via our website, see link or QR code below.

<https://www.nhsfife.org/services/all-services/nutrition-and-clinical-dietetics/adult-weight-management-and-type-2-diabetes-prevention-service>



Yours sincerely

Stuart McDonald
Dietitian - Weight Management

Authorised on 05/02/2024 13:49:20 by Typist Cheryl O'Neill, on behalf of Stuart McDonald.

(D) Dr SL Wilson, New Park Medical Practice, 163 Robertson Road, Dunfermline, Fife, KY12 0BL

Fife Area Laboratory**CLINICAL BIOCHEMISTRY**

Surname: **ANDERSON** Forename: **Colin** D.o.B.: 03 Jan 1969 Sex: M Case No: **D124912L**
 Address: 18 ALFORD WAY DUNFERMLINE Post code: KY11 8BF CHI: 0301690472
 Cons/GP: Dr S WILSON Source: New Park Medical Practice
 163 Robertson Road

Current clin. details: Clinical Details: gout to start allopurinol

Date	15/12/23	18/08/23	28/07/23	28/07/23	30/06/23	31/03/23	19/10/22
Time	09:27	08:58	12:11	12:08	10:48	10:03	09:25
Labno.	CA3834391	CA3652617	CA3626760	CA3642386	CA3599509	CA3477411	CA3250927
Sodium (133-146 mmol/L)	137			138	141	140	138
Potassium (3.5-5.3 mmol/L)	4.9			HAE	4.8	4.7	4.8
Creatinine (50-120 umol/L)	98			92	95	105	94
eGFR (mL/min)	> 60			> 60	> 60	> 60	> 60
AKI	ND			ND	ND	ND	ND
Glucose (3.3-6.1 mmol/L)		5.4		7.6H	5.3		
Alanine transaminase (5-55 U/L)				HAE	24		
Alkaline phosphatase (40-129 U/L)				115	129		
Bilirubin (Total) (0-21 umol/L)				5	5		
Albumin (35-50 g/L)				43	46		
Uric acid (200-430 umol/L)		528H		537H			
Cholesterol (3.3-6.5 mmol/L)				5.6			
HDL Cholesterol (0.8-1.8 mmol/L)				1.26			
Cholesterol/HDL ratio				4.4			
TSH (0.27-4.2 mU/L)					1.92		
ND = Not detected							
HAE = Sample haemolysed, unsuitable for analysis							
CA3834391 15/12/23 Patients with a diagnosis of gout should aim to have a uric acid of <300umol/L							
CA3626760 28/07/23 Patients with a diagnosis of gout should aim to have a uric acid of <300umol/L							

ALL RESULTS APPLY TO SERUM/PLASMA UNLESS OTHERWISE INDICATED

Current Items Reported : EL UA AKI

Current Items Requested: EL UA AKI

Current Spec. Rec'd: 13:28 15 Dec 2023

Printed: 15 Dec 2023

Authorised by:

COMPLETED REPORT - FILE PERMANENTLY IN NOTES

NHS Confidential: Personal data about a patient

Lynebank Hospital
Halbeath Road
Dunfermline
Fife
KY11 4UW

Fife Adult Weight Management
Service
Tel: 01383 674086
E-mail: fife.fawms@nhs.scot

**Fife Health
& Social Care
Partnership**
Supporting the people of Fife together

Dr C Kerr
New Park Medical Practice
163 Robertson Road
Dunfermline
Fife
KY12 0BL



CHI: 0301690472

Letter ID: 100657908

Date: 13/11/2023

Dear Dr Kerr

Colin Anderson, 18 Alford Way, Dunfermline, Fife, KY11 8BF

Date of Birth: 03/01/1969

Date of Admission:

Date of Discharge: 13/11/2023

The above patient opted in and arranged a telephone assessment appointment on 21/09/2023 to discuss the our Weight Management Group Programmes.

Unfortunately, they did not attend the assessment appointment that was agreed with them, and have not contacted the service to reschedule this appointment. We are therefore discharging this patient back to your care at this time. If their circumstances change, and they wish to re-engage with our service, they can either be re-referred or can self-refer via our webpage which can be found by clicking on this [link](#) or via the link below.

If you require any further information, please do not hesitate to contact the service on the above telephone number.

<https://www.nhsfife.org/services/all-services/nutrition-and-clinical-dietetics/adult-weight-management-and-type-2-diabetes-prevention-service>



Yours sincerely

Carrie Crawford
Specialist Dietitian - Diabetes

NHS Confidential: Personal data about a patient

Authorised on 13/11/2023 11:21:43 by Typist Holly Galletly, on behalf of Carrie Crawford.

(P) Colin Anderson, 18 Alford Way, Dunfermline, Fife, KY11 8BF

Hospital use only	Clinic	Day Date	Time	Hospital No.
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Unique Care Pathway Number: 101031555459E

Transport required?

REFERRAL LETTER

MEDICAL IN CONFIDENCE

Suspected Cancer Site:
 NOT A CANCER REFERRAL


DIETETICS

REFERRAL TO
 Dietetics R3
 Fife General Referral

 ——— **Consultant / receiving
practitioner and/or specialty
clinic**

 Dietetics Referral Unit
 Lynebank Hospital
 Dunfermline

 ——— **Hospital and hospital address**

Hospital Location Code

F020G

Email address

-

Urgency of referral

Routine

PATIENT DETAILS

Surname Anderson

Forename(s) Colin

Title Mr

Sex Male

Date of birth 03/01/1969

CHI no. 0301690472

Patient's address
 18 Alford Way
 Dunfermline
 KY11 8BF

Contact number(s)

Voice: 01383 629200

Voice: 07845112992

Email: Anderson-colin@sky.com

REFERRING PRACTITIONER DETAILS

Name Dr. Sara Wilson

GMC code 4470294

GP code 90921

Practice name New Park Medical Practice (20466)

Practice code 20466

Practice address
 163 Robertson Road
 Dunfermline
 Fife
 KY12 0BL

Contact number(s)

Voice: 01383 629200

Date submitted by practice: 06/12/2023**Reason for referral**

Care type requested: Out Patient - New

Expected outcome: Not Specified

Administrative Information

Suspected Cancer Site: NOT A CANCER REFERRAL

Patient Contact: N/A Not a cancer referral

Has the patient been advised they are being referred with a suspicion of cancer?: N/A Not a cancer referral

Does the patient need to be seen in clinic following any investigations: N/A Not a cancer referral

Patient can accept a short notice appointment: yes

Interpreter Required: no

CLINICAL INFORMATION**History of presenting complaint / examination findings / investigation results****Presenting complaint**

Description: For weight loss

Comment: Thank you for seeing this 54 year old gentleman for weight loss. He was referred previously by a colleague and I believe missed appointments secondary to him being at work on the submarines where he has no telecommunications however his situation is unchanged and he remains obese. He is keen for input. I have asked that should he get a further appointment he ensures he has annual leave in order or request time off from work in order that he attend which he will consider doing. Many thanks.

Examinations and Investigations

Blood Pressure (systolic): 145 -
 Blood Pressure (diastolic): 89 -
 Height (m): 173 -
 Weight (kg): 145 -
 Body Mass Index: 48.45 -

Past Medical History**Pre-existing conditions** (High and Medium Priority)

<u>Description</u>	<u>Laterality</u>	<u>Modifier</u>	<u>Comment</u>	<u>Date Recorded</u>
Gout	-	-	-	28/07/2023
Essential hypertension NOS	-	-	-	25/09/2020
Inguinal hernia	-	-	Left	04/11/2019
Closed fracture finger middle phalanx (Left)	Left	-	ring finger - spiral fracture	02/12/2015
Closed fracture of metacarpal bone(s) (Left)	Left	-	ring finger	23/02/2012
Acute lower respiratory tract infection	-	-	admitted cold agglutins present in serum, possibility of mycoplasma infection Start Date: 18/11/2007	18/11/2009
Chest wall pain	-	-	Left - attended pain clinic	18/03/2009
Depressive disorder NEC	-	-	Disease: SPICE Depression,	14/06/2006
Laryngopharyngeal reflux	-	-	-	04/10/2005
Nasal congestion	-	-	-	20/06/2001
Overdose of drug	-	-	Paracetamol & diazepam	27/01/1993
Eosinophilic granuloma	-	-	Left eye	25/07/1975
Otorrhoea NOS	-	-	Bilateral	16/01/1975
Haemolytic anaemias NOS	-	-	Haemolytic uremic syndrome	01/09/1969
Chest infection NOS	-	-	Admitted	24/03/1969

Past Procedures (High and Medium priority)

<u>Description</u>	<u>Laterality</u>	<u>Modifier</u>	<u>Comment</u>	<u>Date Recorded</u>
Primary repair of inguinal hernia (Left)	Left	-	Open	04/11/2019

Current Medication (Active Repeat medication issued within the last 12 months)

<u>Drug name</u>	<u>BNF code</u>	<u>Formulation</u>	<u>Dosage</u>	<u>Frequency</u>	<u>Course started</u>	<u>Duration</u>
Felodipine M/R tablets 10 mg	0206020F0AAACAC	56 tablet	1 Tab DAILY	-	30/05/2023	-
Bisoprolol Fumarate Tablets 5 mg	0204000H0AAAAAA	56 TABLET	ONE TO BE TAKEN EACH DAY	-	15/05/2023	-
			ONE TO BE			

Ramipril Capsules 10 mg	-	56 CAPSULE	TAKEN EACH DAY	-	09/01/2023	-
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Recent Medication (Any medication issued within last 90 days not shown above)

<u>Drug name</u>	<u>BNF code</u>	<u>Formulation</u>	<u>Dosage</u>	<u>Frequency</u>	<u>Course started</u>	<u>Duration</u>
Fucibet Cream	1304000F0BCABCC	60 GRAM	APPLY ONCE A DAY	-	01/12/2023	45 Days
Qv Cream	-	500 GRAM	USE AS DIRECTED	-	01/12/2023	42 Days
Colchicine Tablets 500 micrograms	1001040G0AAACAC	12 tablet	ONE TO BE TAKEN 2-4 TIMES A DAY	-	01/12/2023	42 Days
Colchicine Tablets 500 micrograms	1001040G0AAACAC	12 tablet	ONE TO BE TAKEN 2-4 TIMES A DAY	-	03/10/2023	42 Days

Lifestyle risks
Exercise status: Not Known

Allergies
[X] Adverse reaction to bendroflumethiazide

NHS Confidential: Personal data about a patient

Lynebank Hospital
Halbeath Road
Dunfermline
Fife
KY11 4UW

Fife Adult Weight Management
Service
Tel: 01383 674086
E-mail: fife.fawms@nhs.scot

**Fife Health
& Social Care
Partnership**
Supporting the people of Fife together

Colin Anderson
18 Alford Way
Dunfermline
Fife
KY11 8BF



CHI: 0301690472

Letter ID: 100643737

Dear Colin Anderson

Date: 28/09/2023

Colin Anderson, 18 Alford Way, Dunfermline, Fife, KY11 8BF

Date of Birth: 03/01/1969

It would appear you were unable to attend an appointment with the Adult Weight Management Service on:
21/09/2023

If you would like another appointment, please contact us on the above number.

If you have made no contact within 2 weeks, it will be assumed you do not wish to attend the Fife Adult Weight Management Service and you will be discharged.

However, if in future you wish to find out more about this or our other programmes you can do so via our website, see link or QR code below. There is the option to self-refer.

<https://www.nhsfife.org/services/all-services/nutrition-and-clinical-dietetics/adult-weight-management-and-type-2-diabetes-prevention-service>



Yours sincerely

Carrie Crawford
Specialist Dietitian - Diabetes

Authorised on 28/09/2023 11:02:53 by Typist Holly Galletly, on behalf of Carrie Crawford.

(D) Dr C Kerr, New Park Medical Practice, 163 Robertson Road, Dunfermline, Fife, KY12 0BL

Fife Area Laboratory**CLINICAL BIOCHEMISTRY**

Surname: **ANDERSON** Forename: **Colin** D.o.B.: 03 Jan 1969 Sex: M Case No: **D124912L**
 Address: 18 ALFORD WAY DUNFERMLINE Post code: KY11 8BF CHI: 0301690472
 Cons/GP: Dr H COPPARD Source: New Park Medical Practice
 163 Robertson Road

Current clin. details: Clinical Details: raised glucose

	Date	18/08/23	28/07/23	28/07/23	30/06/23	31/03/23	19/10/22
Time		08:58	12:11	12:08	10:48	10:03	09:25
Labno.		CA3652617	CA3626760	CA3642386	CA3599509	CA3477411	CA3250927
Sodium (133-146 mmol/L)				138	141	140	138
Potassium (3.5-5.3 mmol/L)				HAE	4.8	4.7	4.8
Creatinine (50-120 umol/L)				92	95	105	94
eGFR				> 60	> 60	> 60	> 60
AKI				ND	ND	ND	ND
Glucose (3.3-6.1 mmol/L)		5.4		7.6H	5.3		
Alanine transaminase (5-55 U/L)				HAE	24		
Alkaline phosphatase (40-129 U/L)				115	129		
Bilirubin (Total) (0-21 umol/L)				5	5		
Albumin (35-50 g/L)				43	46		
Uric acid (200-430 umol/L)			537H				
Cholesterol (3.3-6.5 mmol/L)				5.6			
HDL Cholesterol (0.8-1.8 mmol/L)				1.26			
Cholesterol/HDL ratio				4.4			
TSH (0.27-4.2 mU/L)					1.92		
HAE = Sample haemolysed, unsuitable for analysis							
ND = Not detected							

ALL RESULTS APPLY TO SERUM/PLASMA UNLESS OTHERWISE INDICATED

Current Items Reported : GL

Current Items Requested: GL

Current Spec. Rec'd: 13:05 18 Aug 2023

Printed: 18 Aug 2023

Authorised by:

NHS Confidential: Personal data about a patient

Queen Margaret Hospital
Whitefield Road
Dunfermline
Fife
KY12 0SU

Nutrition and Dietetic Service
Fife Adult Weight Management
Service
Tel: 01383 674086
E-mail: fife.fawms@nhs.scot
<http://www.nhsfife.scot.nhs.uk>

**Fife Health
& Social Care
Partnership**
Supporting the people of Fife together



Colin Anderson
18 Alford Way
Dunfermline
Fife
KY11 8BF



CHI: 0301690472

Letter ID: 100625607

Dear Colin Anderson

Date: 02/08/2023

Colin Anderson, 18 Alford Way, Dunfermline, Fife, KY11 8BF

Date of Birth: 03/01/1969

We have received a referral to support you in making positive lifestyle changes.

We would like to invite you to arrange a telephone appointment to discuss our programmes, and which one is best suited to your needs.

Please contact us on the above telephone number to arrange a telephone assessment. ***When phoning please quote: 'Initial telephone conversation'*** If we do not hear from you within 2 weeks of receipt of this letter we will assume that you do not wish to engage with this service and will be discharged. However if in future you wish to find out more about this or our other programmes, you can self refer via our website, see link or QR code below.

<https://www.nhsfife.org/services/all-services/nutrition-and-clinical-dietetics/adult-weight-management-and-type-2-diabetes-prevention-service>



Yours sincerely

Margaret Brutin
Specialist Dietitian - Adult Weight Management

Authorised on 02/08/2023 08:16:20 by Typist Erin Shevas, on behalf of Margaret Brutin.

(D) Dr C Kerr, New Park Medical Practice, 163 Robertson Road, Dunfermline, Fife, KY12 0BL

Fife Area Laboratory**CLINICAL BIOCHEMISTRY**

Surname: **ANDERSON** Forename: **Colin** D.o.B.: 03 Jan 1969 Sex: M Case No: **D124912L**
 Address: 18 ALFORD WAY DUNFERMLINE Post code: KY11 8BF CHI: 0301690472
 Cons/GP: Dr H COPPARD Source: New Park Medical Practice
 163 Robertson Road

Current clin. details: Clinical Details: ?gout

	Date	28/07/23	28/07/23	30/06/23	31/03/23	19/10/22
	Time	12:11	12:08	10:48	10:03	09:25
	Labno.	CA3626760	CA3642386	CA3599509	CA3477411	CA3250927
Sodium				141	140	138
(133-146 mmol/L)						
Potassium				4.8	4.7	4.8
(3.5-5.3 mmol/L)						
Creatinine				95	105	94
(50-120 umol/L)						
eGFR				> 60	> 60	> 60
AKI				ND	ND	ND
Glucose				5.3		
(3.3-6.1 mmol/L)						
Alanine transaminase				24		
(5-55 U/L)						
Alkaline phosphatase				129		
(40-129 U/L)						
Bilirubin (Total)				5		
(0-21 umol/L)						
Albumin				46		
(35-50 g/L)						
Uric acid		537H				
(200-430 umol/L)						
TSH				1.92		
(0.27-4.2 mU/L)						

ND = Not detected

CA3626760 28/07/23 Patients with a diagnosis of gout should aim to have a uric acid of <300umol/L

ALL RESULTS APPLY TO SERUM/PLASMA UNLESS OTHERWISE INDICATED

Current Items Reported : UA

Current Items Requested: UA

Current Spec. Rec'd: 16:08 28 Jul 2023

Printed: 28 Jul 2023

Authorised by:

Fife Area Laboratory**CLINICAL BIOCHEMISTRY**

Surname: **ANDERSON** Forename: **Colin** D.o.B.: 03 Jan 1969 Sex: M Case No: **D124912L**
 Address: 18 ALFORD WAY DUNFERMLINE Post code: KY11 8BF CHI: 0301690472
 Cons/GP: Dr H FRASER Source: New Park Medical Practice
 163 Robertson Road

Current clin. details: Clinical Details: Hyper Rev

Date	28/07/23	30/06/23	31/03/23	19/10/22
Time	12:08	10:48	10:03	09:25
Labno.	CA3642386	CA3599509	CA3477411	CA3250927
Sodium	138	141	140	138
(133-146 mmol/L)				
Potassium	HAE	4.8	4.7	4.8
(3.5-5.3 mmol/L)				
Creatinine	92	95	105	94
(50-120 umol/L)				
eGFR	> 60	> 60	> 60	> 60
(mL/min)				
AKI	ND	ND	ND	ND
Glucose	7.6H	5.3		
(3.3-6.1 mmol/L)				
Alanine transaminase	HAE	24		
(5-55 U/L)				
Alkaline phosphatase	115	129		
(40-129 U/L)				
Bilirubin (Total)	5	5		
(0-21 umol/L)				
Albumin	43	46		
(35-50 g/L)				
Cholesterol	5.6			
(3.3-6.5 mmol/L)				
HDL Cholesterol	1.26			
(0.8-1.8 mmol/L)				
Cholesterol/HDL ratio	4.4			

TSH 1.92
 (0.27-4.2 mU/L)

HAE = Sample haemolysed, unsuitable for analysis

ND = Not detected

ALL RESULTS APPLY TO SERUM/PLASMA UNLESS OTHERWISE INDICATED

Current Items Reported : CHDL GL LF EL AKI

Current Items Requested: CHDL GL LF EL AKI

Current Spec. Rec'd: 16:07 28 Jul 2023

Printed: 28 Jul 2023

Authorised by:

Acute Services Division



Q Minor Injuries Unit

AE Austin
20466/1
New Park Medical Practice
163 Robertson Road
Dunfermline
Fife
Dunfermline
KY12 0BL

Queen Margaret Hospital
Whitefield Road
Dunfermline
KY12 0SU

Dear Doctor

Mr Colin Anderson
18 Alford Way
Dunfermline
KY11 8BF

CHI: 0301690472
ED Consultant:MIU Practitioner

The above patient attended the Q Minor Injuries Unit on 10/07/2023 at 13:38. I outline below some information regarding this attendance.

Present Complaint: R FOOT COMPLAINT

Diagnosis:			
Description	Body Site	Laterality	Comments
ED injury - Soft tissue - Other soft tissue injury	Toes	Right	

Investigation(s)/Treatment(s): 1. Verbal Advice
2. XRAY

Medication(s):

Additional Notes (for GP):

patient claims he stood up from sitting and his foot went under him , patient presents with pain left foot , great toe , great toe erythemic at 1st mtpj and warm, xray performed with nil acute seen
pt managed with off loading shoe as sof tissue inj ?traumatic gout
pt made aware of symptoms of worsening gout and advised to see gp if concerned ootherwise
patient advised rice and analgesia

Senior Review:

Senior Review Comments:

Acute Services Division



Yours sincerely
Roy Candlish

Fife Area Laboratory

CLINICAL BIOCHEMISTRY

Surname: **ANDERSON** Forename: **Colin** D.o.B.: 03 Jan 1969 Sex: M Case No: **D124912L**
 Address: 18 ALFORD WAY DUNFERMLINE Post code: KY11 8BF CHI: 0301690472
 Cons/GP: Dr Calum KERR Source: New Park Medical Practice
 163 Robertson Road

Current clin. details: Clinical Details: leg swelling

	Date	30/06/23	31/03/23	19/10/22
	Time	10:48	10:03	09:25
	Labno.	CA3599509	CA3477411	CA3250927
Sodium		141	140	138
(133-146 mmol/L)				
Potassium		4.8	4.7	4.8
(3.5-5.3 mmol/L)				
Creatinine		95	105	94
(50-120 umol/L)				
eGFR		> 60	> 60	> 60
(mL/min)				
AKI		ND	ND	ND
Glucose		5.3		
(3.3-6.1 mmol/L)				
Alanine transaminase		24		
(5-55 U/L)				
Alkaline phosphatase		129		
(40-129 U/L)				
Bilirubin (Total)		5		
(0-21 umol/L)				
Albumin		46		
(35-50 g/L)				
TSH		1.92		
(0.27-4.2 mU/L)				
ND = Not detected				

ALL RESULTS APPLY TO SERUM/PLASMA UNLESS OTHERWISE INDICATED

Current Items Reported : GL LF TS EL AKI

Current Items Requested: GL LF TS EL AKI

Current Spec. Rec'd: 16:30 30 Jun 2023

Printed: 30 Jun 2023

Authorised by:

Fife Area Laboratory**HAEMATOLOGY**

Surname : ANDERSON D.o.B : 03 Jan 1969 Sex : M
 Forename : Colin Case No : D124912L CHI : 0301690472
 Address : 18 ALFORD WAY
 : DUNFERMLINE Post code : KY11 8BF

Sender : Dr Calum KERR
 Hosp/Surg : New Park Medical Practice
 : 163 Robertson Road

Clin. det.: Clinical Details: leg swelling
 :

Labno.	HA3599509	HA3159166	HA6009137	8136563\5	H4725726Y	H9348035R
Date	30/06/23	10/08/22	19/02/20	12/03/18	24/11/10	18/11/08
WBC	8.2	8.3	8.6	13.9H	10.8	11.1H
RBC	4.86	4.80	4.91	5.13	4.84	4.76
HGB	140.0	140.0	143.0	149.0	14.1	14.0
Hct	43.5	42.5	42.8	43.7	42.7	41.2
MCV	89.5	88.5	87.2	85.2	88.2	86.6
MCH	28.8	29.2	29.1	29.0	29.1	29.4
MCHC	322.0	329.0	334.0	341.0	33.0	34.0
PLT	329	316	320	373	349	282
RDW	14.1H	14.0	13.6	13.9	13.7	13.0
Neut	5.25	5.33	6.10	12.58H	7.12	8.35H
Lymp	2.02	1.97	1.65	0.98L	2.63	1.90
Mono	0.53	0.52	0.51	0.31	0.68	0.51
Eos	0.37	0.39	0.21	0.01L	0.29	0.30
Baso	0.07	0.07	0.10	0.03	0.07	0.04
IMG	NT	NT	NT			
NRBC	0.00	0.00	0.00			
PV					1.84H	

NT = Not Tested

REPORT COMPLETE. FILE IN NOTES AND DISPOSE OF PREVIOUS INCOMPLETE REPORTS

Date and time of collection: 30 Jun 2023 10:48
 Date and time of report: 30 Jun 2023 16:55
 Specimen type: Venous Blood

Hospital use only	Clinic	Day Date	Time	Hospital No.
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Unique Care Pathway Number: 101030034171A

Transport required?

REFERRAL LETTER

MEDICAL IN CONFIDENCE

Suspected Cancer Site:
 NOT A CANCER REFERRAL
***DIETETICS*****REFERRAL TO**
 Dietetics R3
 Fife General Referral

 ——— **Consultant / receiving practitioner and/or specialty clinic**

 Dietetics Referral Unit
 Lynebank Hospital
 Dunfermline

 ——— **Hospital and hospital address**

Hospital Location Code

F020G

Email address

-

Urgency of referral**Routine****PATIENT DETAILS****Surname** Anderson**Forename(s)** Colin**Title** Mr**Sex** Male**Date of birth** 03/01/1969**CHI no.** 0301690472**Patient's address**
 18 Alford Way
 Dunfermline
 KY11 8BF

Contact number(s)

 Mobile: 0784312992
 Voice: 0784312992
 E-mail: Anderson.colin@sky.com
REFERRING PRACTITIONER DETAILS**Name** Dr Calum Kerr**GMC code** 7519017**GP code** F90034**Practice name** New Park Medical Practice**Practice code** F20466**Practice address**
 163 Robertson Road
 Dunfermline
 Fife
 KY12 0BL

Contact number(s)

-

Date submitted by practice: 29/06/2023**Reason for referral**

Care type requested: Out Patient - New

Expected outcome: Not Specified

Administrative Information

Suspected Cancer Site: NOT A CANCER REFERRAL

Patient Contact: N/A Not a cancer referral

Has the patient been advised they are being referred with a suspicion of cancer?: N/A Not a cancer referral

Does the patient need to be seen in clinic following any investigations: N/A Not a cancer referral

Patient can accept a short notice appointment: yes

Interpreter Required: no

CLINICAL INFORMATION**History of presenting complaint / examination findings / investigation results****Presenting complaint**

Description: Obesity

Comment: FAO: WEIGHT MANAGEMENT SERVICEI would be grateful for your assessment of this 54 year old gentleman who has a BMI of 48. He has struggled with his weight for many years and is keen and motivated to try and lose weight. He has a diagnosis of hypertension and is on three medications for his blood pressure.I would be very grateful for your assessment of him at the Weight Management Service. Kind regards.

Examinations and Investigations

Blood Pressure (systolic): 162 -

Blood Pressure (diastolic): 93 -

Height (m): 173 -

Weight (kg): 145 -

Body Mass Index: 48.45 -

Past Medical History**Pre-existing conditions** (High and Medium Priority)

<u>Description</u>	<u>Laterality</u>	<u>Modifier</u>	<u>Comment</u>	<u>Date Recorded</u>
Essential hypertension NOS	-	-	-	25/09/2020
Inguinal hernia	-	-	Left	04/11/2019
Closed fracture finger middle phalanx (Left)	Left	-	ring finger - spiral fracture	02/12/2015
Closed fracture of metacarpal bone(s) (Left)	Left	-	ring finger	23/02/2012
Acute lower respiratory tract infection	-	-	admitted cold agglutins present in serum, possibility of mycoplasma infectionStart Date: 18/11/2007	18/11/2009
Chest wall pain	-	-	Left - attended pain clinic	18/03/2009
Depressive disorder NEC	-	-	Disease: SPICE Depression,	14/06/2006
Laryngopharyngeal reflux	-	-	-	04/10/2005
Nasal congestion	-	-	-	20/06/2001
Overdose of drug	-	-	Paracetamol & diazepam	27/01/1993
Eosinophilic granuloma	-	-	Left eye	25/07/1975
Otorrhoea NOS	-	-	Bilateral	16/01/1975
Haemolytic anaemias NOS	-	-	Haemolytic uremic syndrome	01/09/1969
Chest infection NOS	-	-	Admitted	24/03/1969

Past Procedures (High and Medium priority)

<u>Description</u>	<u>Laterality</u>	<u>Modifier</u>	<u>Comment</u>	<u>Date Recorded</u>
Primary repair of inguinal hernia (Left)	Left	-	Open	04/11/2019

Current Medication (Active Repeat medication issued within the last 12 months)

<u>Drug name</u>	<u>BNF code</u>	<u>Formulation</u>	<u>Dosage</u>	<u>Frequency</u>	<u>Course started</u>	<u>Duration</u>
Felodipine M/R tablets 10 mg	0206020F0AAACAC	56 tablet	1 Tab DAILY	-	30/05/2023	-
Bisoprolol Fumarate Tablets 5 mg	0204000H0AAAAAA	56 TABLET	ONE TO BE TAKEN EACH DAY	-	15/05/2023	-
Ramipril Capsules 10 mg	-	56 CAPSULE	ONE TO BE TAKEN EACH DAY	-	09/01/2023	-

Recent Medication (Any medication issued within last 90 days not shown above)

<u>Drug name</u>	<u>BNF code</u>	<u>Formulation</u>	<u>Dosage</u>	<u>Frequency</u>	<u>Course started</u>	<u>Duration</u>
Flucloxacillin Capsules 500 mg	0501012G0AAABAB	56 CAPSULE	TWO TO BE TAKEN FOUR TIMES A DAY	-	15/05/2023	7 Days
Felodipine M/R tablets 5 mg	0206020F0AAABAB	56 tablet	1 Tab DAILY	-	15/05/2023	-
Fucibet Cream	1304000F0BCABCC	30 GRAM	APPLY ONCE A DAY	-	15/05/2023	42 Days
Betamethasone Valerate Cream 0.025 %	1304000F0AAABAB	100 GRAM	Apply Twice daily	-	25/04/2023	42 Days
Flucloxacillin Capsules 500 mg	0501012G0AAABAB	56 CAPSULE	TWO TO BE TAKEN FOUR TIMES A DAY	-	25/04/2023	7 Days
Bisoprolol Fumarate Tablets 5 mg	0204000H0AAAAAA	28 tablet	ONE DAILY	-	16/03/2023	99 Days
Amlodipine Tablets 10 mg	-	56 TABLET	ONE TO BE TAKEN EACH DAY	-	09/01/2023	-

Lifestyle risks

Exercise status: Not Known

Allergies

[X] Adverse reaction to bendroflumethiazide

PCES - Fife OOH Call Incident Report

Call number:	50158	Receive Date:	21-Jun-2023 20:05
Patient's Name:	Colin Anderson		
Date of birth:	3-Jan-1969 (54 years)	Gender:	M
Address:	18 Alford Way Dunfermline	Current Address:	18 Alford Way Dunfermline
	KY11 8BF		KY11 8BF
Return Contact No:	[REDACTED]		[REDACTED]
Tel No:	[REDACTED]		[REDACTED]
Mobile No:			
Priority:	within 4 hours	Call Origin:	NHS24
Received:	21-Jun-2023 20:05	Calltype:	Attend OOH Appointment
Advised:	20:18	Arrived PCC:	21-Jun-2023 22:22
Cons start:	21-Jun-2023 22:24	Cons End:	21-Jun-2023 23:10
Consulting Doctor:	Alana Rasche	Own doctor:	Hannah Fraser

CHI Number:
0301690472

Reported Condition:
CELLULITIS, LEFT LEG 3 DAYS

Consultation details:
History - **Attended for OOH app.**

PC - ? cellulitis to left lower leg.

HPC - red and sore for 3 days - pt reports trying the gp for 3 days but has been unable to get an app. GP treated the same area on 15-05-23 with Flucloxacillin and then a second course following this for ? cellulitis. The pt reports it did get a bit better but as soon as he slightly knocks his leg the area will burn and the top layer of skin will come off. There are currently 2 areas where there are superficial openings. Other than this he feels well. Eating, drinking, has been to work. Works in the ship yard.

He had an operation to the left side of his groin (hernia) and since this he has had ongoing testicular/groin pain which has never settled. He also has lower limb oedema which he is taking medication for and now this new problem with skin breaks.

PMH - hypertension. As per ECS, ALLERGY noted. Pt reports he is

very overweight. His weight increases, no matter what he does.
Clinical portal accessed.

Examination - sats - 166/97
t - 36.7
sats - 97%
p - 87
rr - 16

left lower leg - 2 superficial breaks to the skin. There is a band of erythema that goes around his leg. There is no heat, and no clinical signs of infection. There are fluid-like blisters within the erythema to the front of the leg, but not to the back.
There is pitting oedema to the leg. There is no pain to the leg but when he knocks the leg it is described as a burning sensation.

Diagnosis - reaction

oedema

Treatment - Plan:

Discussed with Dr Kay as this does not look like cellulitis. As there are breaks in the skin - to counteract a potential infection advised to give:

Doxycycline 100mg x 8 tablets - taken from stock.

Due to the nature of his job advised to take a few days off and rest.
During this time to elevate his legs to try and reduce fluid retention.

To discuss with gp:

? thyroid function test.

? weight management treatment. Colin seemed quite open to this.

Followups:

Patient To Contact Surgery

Clinical Codes:

R023. [D]Oedema

NHSD details:

Disposition - Contact GP Practice within 4 Hours (ASAP)

Fife Area Laboratory

CLINICAL BIOCHEMISTRY

Surname: **ANDERSON** Forename: **Colin** D.o.B.: **03 Jan 1969** Sex: **M** Case No: **D124912L**
 Address: **18 ALFORD WAY** DUNFERMLINE Post code: **KY11 8BF** CHI: **0301690472**
 Cons/GP: **Dr H FRASER** Source: **New Park Medical Practice**
163 Robertson Road

Current clin. details: Clinical Details: BP medication monitoring

Date	31/03/23	19/10/22
Time	10:03	09:25
Labno.	CA3477411	CA3250927
Sodium	140	138
(133-146 mmol/L)		
Potassium	4.7	4.8
(3.5-5.3 mmol/L)		
Creatinine	105	94
(50-120 umol/L)		
eGFR	> 60	> 60
(mL/min)		
AKI	ND	ND

ND = Not detected

ALL RESULTS APPLY TO SERUM/PLASMA UNLESS OTHERWISE INDICATED

Current Items Reported : EL AKI

Current Items Requested: EL AKI

Current Spec. Rec'd: 13:01 31 Mar 2023

Printed: 31 Mar 2023

Authorised by:

PCES - Fife OOH Call Incident Report

Call number:	12723	Receive Date:	15-Mar-2023 19:29
Patient's Name:	Colin Anderson	Gender:	M
Date of birth:	3-Jan-1969 (54 years)	Current Address:	18 Alford Way
Address:	18 Alford Way Dunfermline		Dunfermline
	KY11 8BF		KY11 8BF
Return Contact No:			
Tel No:	07842 889637		07842 889637
Mobile No:			
Priority:	within 4 hours	Call Origin:	NHS24
Received:	15-Mar-2023 19:29	Calltype:	Advice
Advised:	19:47	Arrived PCC:	15-Mar-2023 19:57
Cons start:		Cons End:	
Consulting Doctor:	GORDON MCINNES	Own doctor:	Hannah Fraser

CHI Number:
0301690472

Reported Condition:
CRAMPING PAIN ALL OVER 3 DAYS

Triage details:
History - T/C with patient

Started Bendroflumethiazide on Thursday. has had very good diuretic effect and since Sunday he has been experiencing muscles cramps lasting 10 to 15 secs throughout the day.
Also on ramipril and Amlodipine.

Renal function in Oct 2022 were normal. last calcium check was Aug 2022 and this was normal.

Diagnosis -Medication side effect

Treatment
- Advice to stop Bendroflumethazide
Advised to increase calcium intake.

Tpo contact own GP to discuss further blood tests and medication

Followups:
Patient To Contact Surgery

Clinical Codes:

677B. Advice about treatment given

NHSD details:

Disposition **Contact GP Practice within 4 Hours (ASAP)**

-

* PROPERTY OF HOGWARTS SCHOOL *

10th / 11th / 12th / 13th / 14th

D 141/98 154/98 142/100 148/100 134/93

N 142/99 156/101 147/99 145/98

15th / 16th / 17th / 18th / 19th

D 148/99 159/98 144/96 145/96 142/96

N 145/96 147/92 145/96 140/85 142/84

20th 21st / 22 / 23 / 24

D 140/93 138/94 141/95 148/96 150/95

N 141/96 145/96 145/98 140/94

C. Anderson J.1.69

18 kg 11 80K

D = Day

N = Night



[illegible]

RECORD OF BLOOD PRESSURE SCREENING

Name: Gregory Anderson - 3169 (18 April)

[illegible]

★ PROPERTY OF HOGWARTS SCHOOL ★

19	20	21	22
Am 154	161	148	157
107	106	104	102
Pm 160	147	149	152
102	101	103	105

23	24	25	26	27
Am 162	158			
106	104			
Pm				

* PROPERTY OF HOGWARTS SCHOOL *

9 th 23	10 th	11 th	12 th	13 th
AM 162	156	160	149	159
107	106	107	106	108
PM	158	160	155	160
104	108	106	107	

14 th	15 th	16 th	17 th	18 th
AM 161	150	164	161	152
109	104	106	105	103
PM	148	149	151	158
102	104	103*	105*	

Pro



Fife Area Laboratory

CLINICAL BIOCHEMISTRY

Surname: **ANDERSON** Forename: **Colin** D.O.B.: **03 Jan 1969** Sex: **M** Case No: **D124912L**
 Address: **18 ALFORD WAY** DUNFERMLINE Post code: **KY11 8BF** CHI: **0301690472**
 Cons/GP: **Dr J TREWAVAS** Source: **New Park Medical Practice**
163 Robertson Road

Current clin. details: Clinical Details: High BP monitoring, GP suggest rpt ACR
 1-2/12

Date	06/01/23	19/10/22	26/09/22	05/09/22	15/08/22	10/08/22
Time	10:32	09:25	10:50	12:12	09:58	11:59
Labno.	CA3350856	CA3250927	CA3204223	CA3171800	CA3165977	CA3159166
Albumin (Urine) (0-20 mg/L)	62H	64H	93H	89H	72H	169H
Creatinine (Urine) (6-16 mmol/L)	13.7	6.1	14.6	12.2	12.3	11.8
Urinary Alb/Creat (0-2.5 mg/mmol)	4.5H	10.5H	6.4H	7.3H	5.9H	14.3H

Victoria Hospital
Hayfield Road
Kirkcaldy
Fife
KY2 5AH

Department of Neurology
Tel: 01592 643355 Ext 21472
<http://www.nhsfife.scot.nhs.uk>



Colin Anderson
18 Alford Way
Dunfermline
Fife
KY11 8BF



CHI: 0301690472

ADMINISTRATIVE LETTER
Date dictated: 29th November 2022
WA/HS

Letter ID: 4883039

Date: 22/12/2022

Dear ~~Mr Anderson~~

Colin Anderson, 18 Alford Way, Dunfermline, Fife, KY11 8BF

Date of Birth: 03/01/1969

You have recently had an MRI scan of the brain and this was arranged after I saw you back in clinic on 24th October 2022. I am pleased to inform you that this brain scan has returned within acceptable limits and has not identified any abnormalities within the brain or the temporal lobe. We have identified subtle areas of wear and tear which likely reflect that you have high blood pressure. These changes are very subtle and are of no concern. As discussed when I saw you, I do not think that the events described are epileptic in nature and I think we should just keep things under observation at this stage. I will be discharging you back to your GP but would be more than happy to be contacted if you have any further concerns.

Yours sincerely

Dr Wail Ahmed
Consultant Neurologist

Authorised on 04/01/2023 08:53:08 by Wail Ahmed.

✓ (P) Dr Louise Cox Thomsen, New Park Medical Practice, 163 Robertson Road, Dunfermline, Fife, KY12 0BL

NHS Confidential: Personal data about a patient

Victoria Hospital
Hayfield Road
Kirkcaldy
Fife
KY2 5AH

Neurology
Tel: 01592 643355 Ext 21472



Dr D Fleming
New Park Medical Practice
163 Robertson Road
Dunfermline
Fife
KY12 0BL



CHI: 0301690472
WA/AM

Letter ID: 4836444

Dear Dr Fleming

Clinic Date: 24/10/2022

Date: 01/11/2022

Colin Anderson, 18 Alford Way, Dunfermline, Fife, KY11 8BF

Date of Birth: 03/01/1969

Diagnosis	Unexplained episodes of muffled hearing and light-headedness ?blood pressure related Recent diagnosis of hypertension (currently on two antihypertensive medications) Raised BMI
Investigations	ECG – sinus rhythm August 2022-11-01
Recommendation	MRI head Observation

Thank you for referring Mr Anderson to the neurology clinic. He attended the clinic unaccompanied today 24 October 2022. He is a 53-year-old gentleman, who is right-handed and works in health physics in submarines. He does not have any significant past medical history of note apart from a recent diagnosis of hypertension after he presented to the Emergency Department on 26 August with a funny turn and was noted to have very high blood pressure. He is a non-smoker who rarely drinks alcohol. He has one son, who is now aged 28 and has a diagnosis of epilepsy and is on treatment. Mr Anderson does not have any previous epileptic liability and has well throughout his adult life.

Colin tells me that he has been experiencing infrequent episodes which were similar to his presentation to the Emergency Department with an event that happened during work. He described these events as getting a sense of whooshing sensation in the head and loses his hearing completely for about 2-3 minutes but he is lucid throughout, is aware of his surroundings and is able to speak. The event usually lasts 2-3 minutes and he feels quite tired for around five minutes. He tells me that these events have been happening for the last 2-3 years, in an infrequent manner and randomly once every few months. He denies any altered smell or taste perception prior to these events. He also denies any visual symptoms with these events. He does not report any headaches. I note that he was seen by his optician back in August and had a normal ocular assessment.

We have had a discussion about these events and I am not convinced that these are epileptic in nature. They may be related to high blood pressure. I will arrange for an MRI scan of the brain to rule out any structural abnormalities in the temporal lobes and in the meantime I would be grateful if you could continue to manage his blood pressure. Blood pressure today was 153/97. We have had a discussion about lifestyle changes needed in the interim.

Yours sincerely

Dr Wail Ahmed
Consultant Neurologist

Authorised on 02/11/2022 15:02:59 by Wail Ahmed.
(P) Colin Anderson, 18 Alford Way, Dunfermline, Fife, KY11 8BF

Fife Area Laboratory CLINICAL BIOCHEMISTRY

Surname: **ANDERSON** Forename: **Colin** D.O.B.: 03 Jan 1969 Sex: M Case No: **D124912L**
 Address: 18 ALFORD WAY DUNFERMLINE Post code: KY11 8BF CHI: 0301690472
 Cons/GP: Dr H FRASER Source: New Park Medical Practice
 163 Robertson Road

Current clin. details: Clinical Details: Increased BP medication monitoring

Date	19/10/22	26/09/22	05/09/22	15/08/22	10/08/22
Time	09:25	10:50	12:12	09:58	11:59
Labno.	CA3250927	CA3204223	CA3171800	CA3165977	CA3159166
Albumin (Urine) (0-20 mg/L)	64H	93H	89H	72H	169H
Creatinine (Urine) (6-16 mmol/L)	6.1	14.6	12.2	12.3	11.8
Urinary Alb/Creat (0-2.5 mg/mmol)	10.5H	6.4H	7.3H	5.9H	14.3H

Current Spec. Rec'd: 14:00 19 Oct 2022

Printed: 19 Oct 2022

Authorised by:

Fife Area Laboratory

CLINICAL BIOCHEMISTRY

Surname: **ANDERSON** Forename: **Colin** D.o.B.: 03 Jan 1969 Sex: M Case No: **D124912L**
Address: 18 ALFORD WAY DUNFERMLINE Post code: KY11 8BF CHI: 0301690472
Cons/GP: Dr H FRASER Source: New Park Medical Practice
163 Robertson Road

Current clin. details: Clinical Details: Increased BP medication monitoring

Date	19/10/22
Time	09:25
Labno.	CA3250927
Sodium	138
(133-146 mmol/L)	
Potassium	4.8
(3.5-5.3 mmol/L)	
Creatinine	94
(50-120 umol/L)	
eGFR	> 60
(mL/min)	
AKI	ND

ND = Not detected

ALL RESULTS APPLY TO SERUM/PLASMA UNLESS OTHERWISE INDICATED

Current Items Reported : EL AKI

Current Items Requested: EL ALCR AKI

Current Spec. Rec'd: 14:00 19 Oct 2022

Printed: 19 Oct 2022

Authorised by:

Fife NHS Board
Acute Services Division

Telephone 01592 643355
www.nhsfife.org



Vetting Outcome - Back to Referrer GP Letter

27/09/2022

DR D Fleming
New Park Medical Practice
163 Robertson Road
Dunfermline
Fife
KY12 0BL

Dear Dr D Fleming

Patient Name: Mr Colin Anderson
CHI Number: 0301690472
Referral Date: 27/09/2022

Thank you for your referral. Having reviewed the information available I have decided not to offer a consultation to your patient.

Please see the following reasons:

ECG on 2 Sept 2022 shows isolated Q waves in Lead III only this is clinically insignificant and no further investigation / treatment is necessary.

Yours sincerely

Dr Jagdeep Singh

VT204GP



Hospital use only	Clinic	Day Date	Time	Hospital No.
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Unique Care Pathway Number: 101027498600C

Transport required?

REFERRAL LETTER

MEDICAL IN CONFIDENCE

Suspected Cancer Site:
NOT A CANCER REFERRAL

CARDIOLOGY

REFERRAL TO	
Cardiology A2 Fife General Referral	Consultant / receiving practitioner and/or specialty clinic
Victoria Hospital Hayfield Road Kirkcaldy KY2 5AH	Hospital and hospital address Hospital Location Code F704H Email address -
Urgency of referral	Routine

PATIENT DETAILS		Patient's address
Surname	Anderson	18 Alford Way Dunfermline KY11 8BF
Forename(s)	Colin	
Title	Mr	
Sex	Male	
Date of birth	03-Jan-1969	
CHI no.	0301690472	Contact number(s)
		Voice: 042658 Voice: 07843112592 E-mail: Anderson-colin@sky.com

REFERRING PRACTITIONER DETAILS		Practice address
Name	Dr. Dulcie Fleming	163 Robertson Road Dunfermline Fife KY12 0BL
GMC code	7406064	
GP code	99999	
Practice name	New Park Medical Practice (20466)	
Practice code	20466	
		Contact number(s)
		Voice: 01383 629200

Date submitted by practice: 26-Sep-2022

Reason for referral

Care type requested: Out Patient - New

Expected outcome: Not Specified

Administrative Information

Suspected Cancer Site: NOT A CANCER REFERRAL

Has the patient been advised they are being referred

with a suspicion of cancer?: N/A Not a cancer referral

Patient Contact: N/A Not a cancer referral

Does the patient need to be seen in clinic following

any investigations: N/A Not a cancer referral

Patient can accept a short notice appointment: yes

Interpreter Required: no

CLINICAL INFORMATION**History of presenting complaint / examination findings / investigation results****Presenting complaint**

Description: Inferior q waves on ECG

Comment: In the course of investigation for a funny turn at work, this man was found to be hypertensive with a raised ACR. He is now on treatment for this. An ECG has shown a q wave in lead III. There has been no suggestion of chest pain or palpitations in the course of the investigation for altered consciousness. Does this require any further investigation? He is not yet on a statin.

Examinations and Investigations

Blood Pressure (systolic): 160 -

Blood Pressure (diastolic): 106 -

Height (m): 173 -

Weight (kg): 145 -

Body Mass Index: 48.45 -

Past Medical History**Pre-existing conditions** (High and Medium Priority)

<u>Description</u>	<u>Laterality</u>	<u>Modifier</u>	<u>Comment</u>	<u>Date Recorded</u>
Essential hypertension NOS	-	-	-	25-Sep-2020
Inguinal hernia	-	-	Left	04-Nov-2019
Closed fracture finger middle phalanx (Left)	Left	-	ring finger - spiral fracture	02-Dec-2015
Closed fracture of metacarpal bone(s) (Left)	Left	-	ring finger	23-Feb-2012
Acute lower respiratory tract infection	-	-	admitted cold agglutins present in serum, possibility of mycoplasma infection Start Date: 18/11/2007	18-Nov-2009
Chest wall pain	-	-	Left - attended pain clinic	18-Mar-2009
Depressive disorder NEC	-	-	Disease: SPICE Depression,	14-Jun-2006
Laryngopharyngeal reflux	-	-	-	04-Oct-2005
Nasal congestion	-	-	-	20-Jun-2001
Overdose of drug	-	-	Paracetamol & diazepam	27-Jan-1993
Eosinophilic granuloma	-	-	Left eye	25-Jul-1975
Otorrhoea NOS	-	-	Bilateral	16-Jan-1975
Haemolytic anaemias NOS	-	-	Haemolytic uremic syndrome	01-Sep-1969
Chest infection NOS	-	-	Admitted	24-Mar-1969

Past Procedures (High and Medium priority)

<u>Description</u>	<u>Laterality</u>	<u>Modifier</u>	<u>Comment</u>	<u>Date Recorded</u>
Primary repair of inguinal hernia (Left)	Left	-	Open	04-Nov-2019

Current Medication (Active Repeat medication issued within the last 12 months)

No medications recorded

Recent Medication (Any medication issued within last 90 days not shown above)

<u>Drug name</u>	<u>BNF code</u>	<u>Formulation</u>	<u>Dosage</u>	<u>Frequency</u>	<u>Course started</u>	<u>Duration</u>
Ramipril Capsules 5 mg	0205051R0AAACAC	28 capsule	ONE TO BE TAKEN EACH DAY	-	12-Sep-2022	28 Days
Ramipril Capsules 2.5 mg	0205051R0AAABAB	28 capsule	ONE TO BE TAKEN EACH DAY	-	18-Aug-2022	28 Days
Amlodipine Tablets 5 mg	-	28 tablet	ONE TO BE TAKEN EACH DAY	-	15-Aug-2022	28 Days
Lifestyle risks						
Exercise status: Not Known						

Hospital use only	Clinic	Day Date	Time	Hospital No.
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Unique Care Pathway Number: 101027085381H

Transport required?

REFERRAL LETTER

MEDICAL IN CONFIDENCE

Suspected Cancer Site:
NOT A CANCER REFERRAL

NEUROLOGY

REFERRAL TONeurology AH
Fife General ReferralConsultant / receiving
practitioner and/or specialty
clinicQueen Margaret Hospital
Whitefield Road
Dunfermline
KY12 0SUHospital and hospital address
Hospital Location Code

F805H

Email address

Urgency of referral

Urgent**PATIENT DETAILS**

Surname Anderson

Forename(s) Colin

Title Mr

Sex Male

Date of birth 03-Jan-1969

CHI no. 0301690472

Patient's address18 Alford Way
Dunfermline
KY11 8BF

Contact number(s)

Voice: 842658

Voice: 07843112999

E-mail: Anderson.colin@sky.com

REFERRING PRACTITIONER DETAILS

Name Dr. Dulcie Fleming

GMC code 7406064 GP code 99999

Practice name New Park Medical Practice (20466)

Practice code 20466

Practice address163 Robertson Road
Dunfermline
Fife
KY12 0BL

Contact number(s)

Voice: 01383 629200

Date submitted by practice: 18-Aug-2022

Reason for referral

Care type requested: Out Patient - New

Expected outcome: Not Specified

Administrative Information

Suspected Cancer Site: NOT A CANCER REFERRAL

Patient Contact: N/A Not a cancer referral

Does the patient need to be seen in clinic following
any investigations: N/A Not a cancer referral

Patient can accept a short notice appointment: yes

Interpreter Required: no

CLINICAL INFORMATION**History of presenting complaint / examination findings / investigation results****Presenting complaint**

Description: Funny turns ? seizure activity

Comment: This 53 year old man who works in the Dockyard attended ED last week with ?TIA. He had been talking to a colleague at work and felt briefly lightheaded before his hearing went completely. He could hear the first word the colleague said and then no more. He tried to explain to the colleague that he could not hear but is unsure if what he said came out as expected. He was taken to the medical centre and was noted to be hypertensive at 200/120 and was sent to Victoria Hospital. The episode had resolved at this point and he reported he has experienced several of these episodes over the last few years which always resolve quickly. He tells me today that he has hidden these episodes sometimes and that they have previously been associated with hearing music on a loop. He is unable to tell what song this is and these are preceded by a vague aura of light headedness and resolve quite quickly. He does have [REDACTED] who was diagnosed with epilepsy at aged 16 and is on treatment. He is unsure of his own family history as he has not been with his family since 3 days old. He was in the forces. I am unsure if there is any trauma associated with this.

He remained hypertensive at 174/110 despite starting Amlodipine although this is now improving. His BMI is 48.45. Bloods were unremarkable. He had some proteinuria which has improved with his blood pressure. I discussed him with the TIA clinic considering his risk factors. I agree however this does not necessarily sound like TIA with no history of facial droop, visual disturbance or arm or leg weakness documented and uncertain history of speech disturbance. He will check this with his family/colleague.

On examination of his ears there is whitening of the handle of the malleus on both sides with the right more than the left. Eye and hearing tests done elsewhere this week have been reported by him to be normal

I would be grateful if you could review him urgently with a view to considering whether these episodes could be epileptic in origin and I am addressing his lifestyle issues. He does not drink alcohol and does not smoke. He tells me he only eats a salad during the day and his tea.

I have advised him not to drive while these are investigated. I have signed him off work over the next month for investigation of funny turns and with a view to addressing his lifestyle issues.

Thank you.

Examinations and Investigations

Blood Pressure (systolic):	136	-
Blood Pressure (diastolic):	104	-
Height (m):	173	-
Weight (kg):	145	-
Body Mass Index:	48.45	-
Never smoked tobacco:	Disease: SPICE Basic Health Values, priority=2 12-Feb-2010	
Teetotaler:	Alcohol Intake\$\$.clm - No Action Required	06-Feb-2004

Past Medical History**Pre-existing conditions (High and Medium Priority)**

<u>Description</u>	<u>Laterality</u>	<u>Modifier</u>	<u>Comment</u>	<u>Date Recorded</u>
Essential hypertension NOS	-	-	-	25-Sep-2020
Inguinal hernia	-	-	Left	04-Nov-2019
Closed fracture finger middle phalanx (Left)	Left	-	ring finger - spiral fracture	02-Dec-2015
Closed fracture of metacarpal bone(s) (Left)	Left	-	ring finger	23-Feb-2012
Acute lower respiratory tract infection	-	-	admitted cold agglutins present in serum, possibility of mycoplasma infection Start Date: 18/11/2007	18-Nov-2009

Chest wall pain	-	-	Left - attended pain clinic	18-Mar-2009
Depressive disorder NEC	-	-	Disease: SPICE Depression,	14-Jun-2006
Laryngopharyngeal reflux	-	-	-	04-Oct-2005
Nasal congestion	-	-	-	20-Jun-2001
Overdose of drug	-	-	Paracetamol & diazepam	27-Jan-1993
Eosinophilic granuloma	-	-	Left eye	25-Jul-1975
Otorrhoea NOS	-	-	Bilateral	16-Jan-1975
Haemolytic anaemias NOS	-	-	Haemolytic uremic syndrome	01-Sep-1969
Chest infection NOS	-	-	Admitted	24-Mar-1969
Past Procedures (High and Medium priority)				
<u>Description</u>		<u>Laterality</u>	<u>Modifier</u>	<u>Comment</u>
Primary repair of inguinal hernia (Left)		Left	-	Open
Current Medication (Active Repeat medication issued within the last 12 months)				
No medications recorded				
Recent Medication (Any medication issued within last 90 days not shown above)				
No recent medications recorded				
Lifestyle risks				
Exercise status: Not Known				

Fife Area Laboratory CLINICAL BIOCHEMISTRY

Surname: **ANDERSON** Forename: **Colin** D.o.B.: 03 Jan 1969 Sex: M Case No: **D124912L**
 Address: 18 ALFORD WAY DUNFERMLINE Post code: KY11 8BF CHI: 0301690472
 Cons/GP: Dr D FLEMING Source: New Park Medical Practice
 163 Robertson Road

Current clin. details: Clinical Details: hypertension

Date	26/09/22	05/09/22	10/08/22	21/09/20	19/02/20	12/03/18	19/02/16
Time	10:50	12:12	11:59	08:59	12:20	23:24	09:17
Labno.	CA3204223	CA3171800	CA3159166	CA2360525	CA6009137	8136563\5	6586981\5
Sodium (133-146 mmol/L)	141	140	141	143	142	137	138
Potassium (3.5-5.3 mmol/L)	4.7	4.5	4.4	4.6	4.3	4.8	4.6
Creatinine (50-120 umol/L)	97	100	92	100	100	100	99
eGFR (mL/min)	> 60	> 60	> 60	> 60	> 60	> 60	> 60
AKI	ND	ND	UTC	ND	UTC	UTC	
Urea (2.5-7.8 mmol/L)					7.2	7.6	
Bicarbonate (22-29 mmol/L)						23	
Glucose (3.3-6.1 mmol/L)			4.8	5.3	5.2	7.5H	5.3
Lactate (0.7-2.1 mmol/L)						2.1	
Alanine transaminase (5-55 U/L)			31	30	32	36	27
Alkaline phosphatase (40-129 U/L)			107	116	112	109	100
Bilirubin (Total) (0-21 umol/L)			5	4	5	7	4
Gamma-Glutamyltransferase (7-50 U/L)							31
Albumin (35-50 g/L)			42	47	47	49	48
Calcium (2.2-2.6 mmol/L)			2.24			2.42	
Corrected calcium (2.2-2.6 mmol/L)			2.29			2.36	
Phosphate (0.80-1.5 mmol/L)			0.82				
Protein (Total) (60-80 g/L)							75
C-reactive protein (0-5 mg/L)						12.9H	
Amylase (20-85 U/L)						76	
Cholesterol (3.3-6.5 mmol/L)			5.7	5.5			6.4
HDL Cholesterol (0.8-1.8 mmol/L)			1.40	1.42			1.45
Cholesterol/HDL ratio			4.1	3.9			4.4

Current Items Reported : EL AKI

Current Items Requested: EL ALCR AKI

Current Spec. Rec'd: 16:39 26 Sep 2022

Printed: 26 Sep 2022

Authorised by:

Page 1 of 2

COMPLETED REPORT - FILE PERMANENTLY IN NOTES

Fife Area Laboratory

CLINICAL BIOCHEMISTRY

Surname: **ANDERSON** Forename: **Colin** D.o.B.: 03 Jan 1969 Sex: M Case No: **D124912L**
Address: 18 ALFORD WAY DUNFERMLINE Post code: KY11 8BF CHI: 0301690472
Cons/GP: Dr D FLEMING Source: New Park Medical Practice
163 Robertson Road

Current clin. details: Clinical Details: hypertension

Date	26/09/22	05/09/22	10/08/22	21/09/20	19/02/20	12/03/18	19/02/16
Time	10:50	12:12	11:59	08:59	12:20	23:24	09:17
Labno.	CA3204223	CA3171800	CA3159166	CA2360525	CA6009137	8136563\5	6586981\5

TSH
2.24

(0.27-4.2 mU/L)

ND = Not detected

UTC = Unable to calculate

C8136563\5 12/03/18 AKI: Not currently accredited to ISO 15189

Current Items Reported : EL AKI

Current Items Requested: EL ALCR AKI

Current Spec. Rec'd: 16:39 26 Sep 2022

Printed: 26 Sep 2022

Authorised by:

Page 2 of 2

COMPLETED REPORT - FILE PERMANENTLY IN NOTES

Fife Area Laboratory

CLINICAL BIOCHEMISTRY

Surname: **ANDERSON** Forename: **Colin** D.o.B.: 03 Jan 1969 Sex: M Case No: **D1249121**
 Address: 18 ALFORD WAY DUNFERMLINE Post code: KY11 8BF CHI: 0301690472
 Cons/GP: Dr D FLEMING Source: New Park Medical Practice
 163 Robertson Road

Current clin. details: Clinical Details: hypertension

	Date	26/09/22	05/09/22	15/08/22	10/08/22
	Time	10:50	12:12	09:58	11:59
	Labno.	CA3204223	CA3171800	CA3165977	CA3159166
Albumin (Urine)		93H	89H	72H	169H
(0-20 mg/L)					
Creatinine (Urine)		14.6	12.2	12.3	11.8
(6-16 mmol/L)					
Urinary Alb/Creat		6.4H	7.3H	5.9H	14.3H
(0-2.5 mg/mmol)					

ASSIGN Score – prioritising prevention of cardiovascular disease

ASSIGN Cardiovascular Risk Score Version 1.5

Name/ Patient ID	0301690472
Current age	53
Sex	☒ M ☐ F
Scottish Postcode	ky11 8bf
Family history of CHD/Stroke	☒ N ☐ Y
Is the subject diabetic?	☒ N ☐ Y
Rheumatoid arthritis?	☒ N ☐ Y
Cigarettes smoked daily or equivalent	0
Systolic Blood Pressure	142
Total cholesterol	5.7
HDL Cholesterol	1.4
ASSIGN Score: 10	
ASSIGN score below 20 is not currently high risk, implying general preventive measures (nobody is free of risk) Repeat the scoring in 5 years or earlier, depending how high the current score is.	

Fife Area Laboratory

CLINICAL BIOCHEMISTRY

Surname: **ANDERSON** Forename: **Colin** D.o.B.: 03 Jan 1969 Sex: M Case No: **D124912L**
 Address: 18 ALFORD WAY DUNFERMLINE Post code: KY11 8BF CHI: 0301690472
 Cons/GP: Dr D FLEMING Source: New Park Medical Practice
 163 Robertson Road

Current clin. details: Clinical Details: prev raised likely due to hypertension

	Date	05/09/22	15/08/22	10/08/22
	Time	12:12	09:58	11:59
	Labno.	CA3171800	CA3165977	CA3159166
Albumin (Urine)		89H	72H	169H
(0-20 mg/L)				
Creatinine (Urine)		12.2	12.3	11.8
(6-16 mmol/L)				
Urinary Alb/Creat		7.3H	5.9H	14.3H
(0-2.5 mg/mmol)				

Fife Area Laboratory**CLINICAL BIOCHEMISTRY**

Surname: **ANDERSON** Forename: **Colin** D.o.B.: 03 Jan 1969 Sex: M Case No: **D124912L**
 Address: 18 ALFORD WAY DUNFERMLINE Post code: KY11 8BF CHI: 0301690472
 Cons/GP: Dr D FLEMING Source: New Park Medical Practice
 163 Robertson Road

Current clin. details: Clinical Details: prev raised likely due to hypertension

Date	05/09/22	10/08/22	21/09/20	19/02/20	12/03/18	19/02/16
Time	12:12	11:59	08:59	12:20	23:24	09:17
Labno.	CA3171800	CA3159166	CA2360525	CA6009137	8136563\5	6586981\5
Sodium (133-146 mmol/L)	140	141	143	142	137	138
Potassium (3.5-5.3 mmol/L)	4.5	4.4	4.6	4.3	4.8	4.6
Creatinine (50-120 umol/L)	100	92	100	100	100	99
eGFR (mL/min)	> 60	> 60	> 60	> 60	> 60	> 60
AKI	ND	UTC	ND	UTC	UTC	
Urea (2.5-7.8 mmol/L)				7.2	7.6	
Bicarbonate (22-29 mmol/L)					23	
Glucose (3.3-6.1 mmol/L)		4.8	5.3	5.2	7.5H	5.3
Lactate (0.7-2.1 mmol/L)					2.1	
Alanine transaminase (5-55 U/L)		31	30	32	36	27
Alkaline phosphatase (40-129 U/L)		107	116	112	109	100
Bilirubin (Total) (0-21 umol/L)		5	4	5	7	4
Gamma-Glutamyltransferase (7-50 U/L)						31
Albumin (35-50 g/L)		42	47	47	49	48
Calcium (2.2-2.6 mmol/L)		2.24			2.42	
Corrected calcium (2.2-2.6 mmol/L)		2.29			2.36	
Phosphate (0.80-1.5 mmol/L)		0.82				
Protein (Total) (60-80 g/L)						75
C-reactive protein (0-5 mg/L)					12.9H	
Amylase (20-85 U/L)					76	
Cholesterol (3.3-6.5 mmol/L)		5.7	5.5			6.4
HDL Cholesterol (0.8-1.8 mmol/L)		1.40	1.42			1.45
Cholesterol/HDL ratio		4.1	3.9			4.4

Current Items Reported : EL AKI

Current Items Requested: EL ALCR AKI

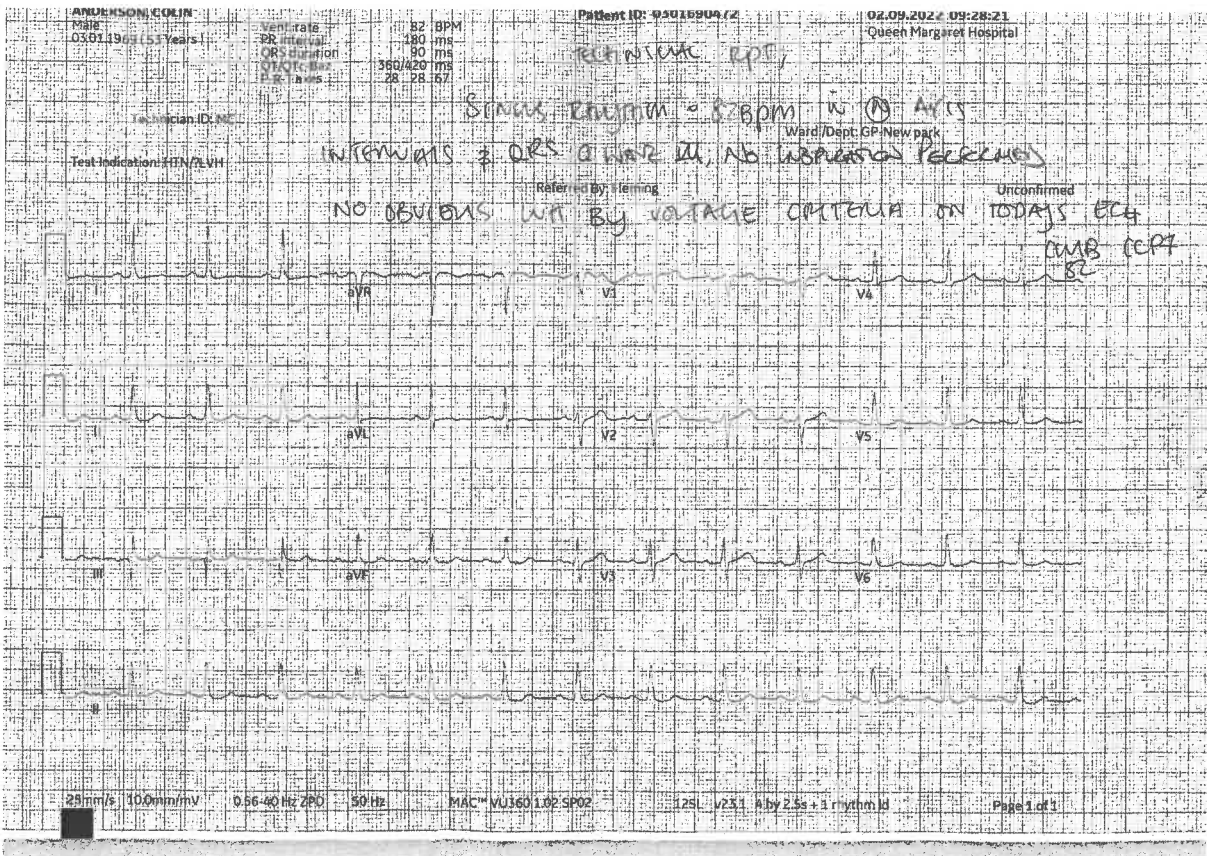
Current Spec. Rec'd: 16:30 05 Sep 2022

Printed: 05 Sep 2022

Authorised by:

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Page 2 of 2



Fife Area Laboratory

CLINICAL BIOCHEMISTRY

Surname: **ANDERSON** Forename: **Colin** D.o.B.: 03 Jan 1969 Sex: M Case No: **D124912L**
Address: 18 ALFORD WAY DUNFERMLINE Post code: KY11 8BF CHI: 0301690472
Cons/GP: Dr A. AUSTIN Source: New Park Medical Practice
163 Robertson Road

Current clin. details: Clinical Details: rpt sample prev raised

Date	15/08/22	10/08/22
Time	09:58	11:59
Labno.	CA3165977	CA3159166
Albumin (Urine) (0-20 mg/L)	72H	169H
Creatinine (Urine) (6-16 mmol/L)	12.3	11.8
Urinary Alb/Creat (0-2.5 mg/mmol)	5.9H	14.3H

Fife Area Laboratory**HAEMATOLOGY**

Surname : ANDERSON
 Forename : Colin
 Address : 18 ALFORD WAY
 : DUNFERMLINE
 D.O.B : 03 Jan 1969 Sex : M
 Case No : D124912L CHI :0301690472
 Post code : KY11 8BF

Sender : Dr D FLEMING
 Hosp/Surg : New Park Medical Practice
 : 163 Robertson Road

Clin. det.: Clinical Details: hypertension, funny turns
 :

Labno.	HA3159166	HA6009137	8136563\5	H4725726Y	H9348035R
Date	10/08/22	19/02/20	12/03/18	24/11/10	18/11/08
WBC	8.3	8.6	13.9H	10.8	11.1H
RBC	4.80	4.91	5.13	4.84	4.76
HGB	140.0	143.0	149.0	14.1	14.0
Hct	42.5	42.8	43.7	42.7	41.2
MCV	88.5	87.2	85.2	88.2	86.6
MCH	29.2	29.1	29.0	29.1	29.4
MCHC	329.0	334.0	341.0	33.0	34.0
PLT	316	320	373	349	282
RDW	14.0	13.6	13.9	13.7	13.0
Neut	5.33	6.10	12.58H	7.12	8.35H
Lymp	1.97	1.65	0.98L	2.63	1.90
Mono	0.52	0.51	0.31	0.68	0.51
Eos	0.39	0.21	0.01L	0.29	0.30
Baso	0.07	0.10	0.03	0.07	0.04
IMG	NT	NT			
NRBC	0.00	0.00			
PV				1.84H	
NT = Not Tested					

Date and time of collection: 10 Aug 2022 11:59
 Date and time of report: 10 Aug 2022 16:56
 Specimen type: Venous Blood

Fife Area Laboratory

CLINICAL BIOCHEMISTRY

Surname: **ANDERSON** Forename: **Colin** D.o.B.: 03 Jan 1969 Sex: M Case No: **D124912L**
 Address: 18 ALFORD WAY DUNFERMLINE Post code: KY11 8BF CHI: 0301690472
 Cons/GP: Dr D FLEMING Source: New Park Medical Practice
 163 Robertson Road

Current clin. details: Clinical Details: hypertension, funny turns

Date	10/08/22	21/09/20	19/02/20	12/03/18	19/02/16
Time	11:59	08:59	12:20	23:24	09:17
Labno.	CA3159166	CA2360525	CA6009137	8136563\5	6586981\5
Sodium (133-146 mmol/L)	141	143	142	137	138
Potassium (3.5-5.3 mmol/L)	4.4	4.6	4.3	4.8	4.6
Creatinine (50-120 µmol/L)	92	100	100	100	99
eGFR (mL/min)	> 60	> 60	> 60	> 60	> 60
AKI	UTC	ND	UTC	UTC	
Urea (2.5-7.8 mmol/L)			7.2	7.6	
Bicarbonate (22-29 mmol/L)				23	
Glucose (3.3-6.1 mmol/L)	4.8	5.3	5.2	7.5H	5.3
Lactate (0.7-2.1 mmol/L)				2.1	
Alanine transaminase (5-55 U/L)	31	30	32	36	27
Alkaline phosphatase (40-129 U/L)	107	116	112	109	100
Bilirubin (Total) (0-21 µmol/L)	5	4	5	7	4
Gamma-Glutamyltransferase (7-50 U/L)					31
Albumin (35-50 g/L)	42	47	47	49	48
Calcium (2.2-2.6 mmol/L)	2.24			2.42	
Corrected calcium (2.2-2.6 mmol/L)	2.29			2.36	
Phosphate (0.80-1.5 mmol/L)	0.82				
Protein (Total) (60-80 g/L)					75
C-reactive protein (0-5 mg/L)				12.9H	
Amylase (20-85 U/L)				76	
Cholesterol (3.3-6.5 mmol/L)	5.7	5.5			6.4
HDL Cholesterol (0.8-1.8 mmol/L)	1.40	1.42			1.45
Cholesterol/HDL ratio	4.1	3.9			4.4

Current Items Reported : BO CHDL GL LF TS EL AKI

Current Items Requested: BO CHDL GL LF TS EL ALCR AKI

Current Spec. Rec'd: 16:31 10 Aug 2022

Printed: 10 Aug 2022

Authorised by:

Page 1 of 2

Fife Area Laboratory

CLINICAL BIOCHEMISTRY

Surname: **ANDERSON** Forename: **Colin** D.o.B.: 03 Jan 1969 Sex: M Case No: **D124912L**
Address: 18 ALFORD WAY DUNFERMLINE Post code: KY11 8BF CHI: 0301690472
Cons/GP: Dr D FLEMING Source: New Park Medical Practice
163 Robertson Road

Current clin. details: Clinical Details: hypertension, funny turns

Date	10/08/22	21/09/20	19/02/20	12/03/18	19/02/16
Time	11:59	08:59	12:20	23:24	09:17
Labno.	CA3159166	CA2360525	CA6009137	8136563\5	6586981\5
TSH	2.24				

(0.27-4.2 mU/L)

UTC = Unable to calculate

ND = Not detected

C8136563\5 12/03/18 AKI: Not currently accredited to ISO 15189

Current Items Reported : BO CHDL GL LF TS EL AKI

Current Items Requested: BO CHDL GL LF TS EL ALCR AKI

Current Spec. Rec'd: 16:31 10 Aug 2022

Printed: 10 Aug 2022

Authorised by:

Page 2 of 2

Fife Area Laboratory

CLINICAL BIOCHEMISTRY

Surname: **ANDERSON** Forename: **Colin** D.o.B.: 03 Jan 1969 Sex: M Case No: **D124912L**
Address: 18 ALFORD WAY DUNFERMLINE Post code: KY11 8BF CHI: 0301690472
Cons/GP: Dr D FLEMING Source: New Park Medical Practice
163 Robertson Road

Current clin. details: Clinical Details: hypertension, funny turns

Date	10/08/22
Time	11:59
Labno.	CA3159166
Albumin (Urine)	169H
(0-20 mg/L)	
Creatinine (Urine)	11.8
(6-16 mmol/L)	
Urinary Alb/Creat	14.3H
(0-2.5 mg/mmol)	

Hospital use only	Clinic	Day Date	Time	Hospital No.
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Unique Care Pathway Number: 101027085740F

Transport required?

REFERRAL LETTER

MEDICAL IN CONFIDENCE

Suspected Cancer Site:
NOT A CANCER REFERRAL

ELECTROCARDIOGRAPHY

REFERRAL TOElectrocardiography RK2
Fife General ReferralConsultant / receiving
practitioner and/or specialty
clinicVictoria Hospital
Hayfield Road
Kirkcaldy
KY2 5AHHospital and hospital address
Hospital Location Code

F704H

Email address

-

Urgency of referral

Routine

PATIENT DETAILS

Surname Anderson

Forename(s) Colin

Title Mr

Sex Male

Date of birth 03-Jan-1969

CHI no. 0301690472

Patient's address18 Alford Way
Dunfermline
KY11 8BF

Contact number(s)

Voice: 042658

Voice: 07843112592

E-mail: Anderson.colin@sky.com

REFERRING PRACTITIONER DETAILS

Name Dr. Dulcie Fleming

GMC code

7406064

GP code

99999

Practice name New Park Medical Practice (20466)

Practice code

20466

Practice address163 Robertson Road
Dunfermline
Fife
KY12 0BL

Contact number(s)

Voice: 01383 629200

Date submitted by practice: 15-Aug-2022

Reason for referral

Care type requested: Out Patient - New

Expected outcome: Not Specified

Administrative Information

Suspected Cancer Site: NOT A CANCER REFERRAL

Patient Contact: N/A Not a cancer referral

Does the patient need to be seen in clinic following
any investigations: N/A Not a cancer referral

Patient can accept a short notice appointment: yes

Interpreter Required: no

CLINICAL INFORMATION**History of presenting complaint / examination findings / investigation results****Presenting complaint**

Description: ECG REFERRAL

Comment: 53 year old male new hypertension ?LVH. Many thanks.

Examinations and Investigations

Blood Pressure (systolic):	136	-
Blood Pressure (diastolic):	104	-
Height (m):	173	-
Weight (kg):	145	-
Body Mass Index:	48.45	-
Never smoked tobacco:	Disease: SPICE Basic Health Values, priority=2 12-Feb-2010	
Teetotaler:	Alcohol Intake\$.clm - No Action Required	06-Feb-2004

Past Medical History**Pre-existing conditions** (High and Medium Priority)

<u>Description</u>	<u>Laterality</u>	<u>Modifier</u>	<u>Comment</u>	<u>Date Recorded</u>
Essential hypertension NOS	-	-	-	25-Sep-2020
Inguinal hernia	-	-	Left	04-Nov-2019
Closed fracture finger middle phalanx (Left)	Left	-	ring finger - spiral fracture	02-Dec-2015
Closed fracture of metacarpal bone(s) (Left)	Left	-	ring finger	23-Feb-2012
Acute lower respiratory tract infection	-	-	admitted cold agglutins present in serum, possibility of mycoplasma infection Start Date: 18/11/2007	18-Nov-2009
Chest wall pain	-	-	Left - attended pain clinic	18-Mar-2009
Depressive disorder NEC	-	-	Disease: SPICE Depression,	14-Jun-2006
Laryngopharyngeal reflux	-	-	-	04-Oct-2005
Nasal congestion	-	-	-	20-Jun-2001
Overdose of drug	-	-	Paracetamol & diazepam	27-Jan-1993
Eosinophilic granuloma	-	-	Left eye	25-Jul-1975
Otorrhoea NOS	-	-	Bilateral	16-Jan-1975
Haemolytic anaemias NOS	-	-	Haemolytic uremic syndrome	01-Sep-1969
Chest infection NOS	-	-	Admitted	24-Mar-1969

Past Procedures (High and Medium priority)

<u>Description</u>	<u>Laterality</u>	<u>Modifier</u>	<u>Comment</u>	<u>Date Recorded</u>
Primary repair of inguinal hernia (Left)	Left	-	Open	04-Nov-2019

Current Medication (Active Repeat medication issued within the last 12 months)

No medications recorded

Recent Medication (Any medication issued within last 90 days not shown above)

No recent medications recorded

Lifestyle risks

Exercise status: Not Known

Acute Services Division



V Emergency Department

HJ Fraser
20466/1
New Park Medical Practice
163 Robertson Road
Dunfermline
Fife
Dunfermline
KY12 0BL

Victoria Hospital
Hayfield Road
Kirkcaldy
KY2 5AH

Dear Doctor

Mr Colin Anderson
18 Alford Way
Dunfermline
KY11 8BF

CHI: 0301690472
ED Consultant: Dr Kian Dastoori

The above patient attended the V Emergency Department on 08/08/2022 at 11:35. I outline below some information regarding this attendance.

Present Complaint: ?TIA

Diagnosis:			
Description	Body Site	Laterality	Comments
ED diagnosis - nothing abnormal detected			

Investigation(s)/Treatment(s):

Medication(s):

Additional Notes (for GP):
Action for GP: Follow-up

Presented following an episode of hearing loss and unable to understand speech over five minutes, followed by full resolution of symptoms. Has experienced several of these episodes over the last few years, which always resolve within around five minutes. Examination was normal. Discussed with Dr Parwez (ED consultant) who advised follow-up with GP regarding these episodes.

Senior Review:

Senior Review Comments:

Acute Services Division



Yours sincerely
Dr Amy McCallum FY2

Acute Services Division

This version supersedes letter dated 08 Aug 2022



V Emergency Department

HJ Fraser
20466/1
New Park Medical Practice
163 Robertson Road
Dunfermline
Fife
Dunfermline
KY12 0BL

Victoria Hospital
Hayfield Road
Kirkcaldy
KY2 5AH

Dear Doctor

Mr Colin Anderson
18 Alford Way
Dunfermline
KY11 8BF

CHI: 0301690472
ED Consultant: Dr Kian Dastoori

The above patient attended the V Emergency Department on 08/08/2022 at 11:35. I outline below some information regarding this attendance.

Present Complaint: ?TIA

Diagnosis:			
Description	Body Site	Laterality	Comments
ED diagnosis - Cardiovascular - Hypertension			

Investigation(s)/Treatment(s):

Medication(s):

Additional Notes (for GP):
Action for GP: Follow-up

Presented following an episode of hearing loss and unable to understand speech over five minutes, followed by full resolution of symptoms. Has experienced several of these episodes over the last few years, which always resolve within around five minutes. BP was found to be 200/120 at work. Examination was otherwise normal. He was discharged home with 5mg amlodipine once daily and given strong worsening advice. Discussed with Dr Parwez (ED consultant) who advised follow-up with GP regarding these episodes and BP control. Has GP appointment booked for 9/8/22.

Acute Services Division

This version supersedes letter dated 08 Aug 2022



Senior Review:

Senior Review Comments:

Yours sincerely

Dr Ahmed Mohamed GPST1

NHS Confidential: Personal data about a patient

Victoria Hospital
Hayfield Road
Kirkcaldy
Fife
KY2 5AH

Gastroenterology
Tel: 01592 643355 28579
<http://www.nhsfife.scot.nhs.uk>



Colin Anderson
18 Alford Way
Dunfermline
Fife
KY11 8BF



CHI: 0301690472

Letter ID: 4574939

Dear Colin Anderson

Clinic Date: 14/03/2022

Date: 14/03/2022

Dictated: 14/03/2022

Colin Anderson, 18 Alford Way, Dunfermline, Fife, KY11 8BF

Date of Birth: 03/01/1969

I would like to thank you for taking part in the Bowel Screening Programme. Following your positive result you could not attend a pre assessment appointment initially scheduled for 12/08/21, however, we were able to complete this assessment on 13/08/21.

Unfortunately, at that time you refused to proceed on to colonoscopy believing your positive result was due to gum bleeding and therefore, as agreed with you we suspended you for 6 months for you to consider the matter further.

We have had no further contact from you and it is now over 6 months since your initial date of referral. As per our screening protocol, we have removed you from the screening on this occasion. You will, however, be offered further screening in 2 years if eligible.

I have enclosed for your information a leaflet regarding the signs and symptoms of bowel cancer. Should you be concerned by any matters raised in this leaflet, you should immediately contact your GP to discuss the matter further and if appropriate, they will arrange further investigation for you. I have copied your GP into this letter for their information.

Yours sincerely

Helena Davidson
Colorectal Screening Nurse
Ext 28342

Authorised on 18/03/2022 12:54:04 by Helena Davidson.

NHS Confidential: Personal data about a patient

(D) Dr HJ Fraser, New Park Medical Practice, 163 Robertson Road, Dunfermline, Fife, KY12 0BL

Enc: Signs & Symptoms of Bowel Cancer

NHS Confidential: Personal data about a patient

Victoria Hospital
Hayfield Road
Kirkcaldy
Fife
KY2 5AH

Department of General Surgery
Tel: 01592 643355 22442
<http://www.nhsfife.scot.nhs.uk>



Colin Anderson
18 Alford Way
Dunfermline
Fife
KY11 8BF



CHI: 0301690472

ADMINISTRATIVE
LETTER

Letter ID: 4488946

Dear Colin Anderson

Date: 22/12/2021

Colin Anderson, 18 Alford Way, Dunfermline, Fife, KY11 8BF

Date of Birth: 03/01/1969

You have been seeing my colleague Mr Ansari with regard to some left groin pain following a hernia repair two years ago. Mr Ansari is no longer working in Fife and so the results of your recent MRI scan have been passed to me. The MRI scan shows some scarring in the region of your hernia repair, which is entirely expected, but no other signs of inflammation or structural abnormality has been found to account for the discomfort that you are getting.

I have looked carefully through Mr Ansari's detailed notes about your previous consultations and I think at this stage there is nothing further that I can offer from a surgical point of view that will improve things for you. My advice would be to manage the symptoms with regular or as-required painkillers and to continue doing your best to lose some weight to reduce any strain in the area.

Yours sincerely

Mr Stephen Bennett
Consultant Surgeon, GMC 4443856

Authorised on 23/12/2021 11:39:38 by S Bennett.

(D) Dr HJ Fraser, New Park Medical Practice, 163 Robertson Road, Dunfermline, Fife, KY12 0BL

NHS Confidential: Personal data about a patient

Victoria Hospital
Hayfield Road
Kirkcaldy
Fife
KY2 5AH

Department of General Surgery
Tel: 01592 643355 22442
<http://www.nhsfife.scot.nhs.uk>



Colin Anderson
18 Alford Way
Dunfermline
Fife
KY11 8BF



CHI: 0301690472

ADMINISTRATIVE
LETTER

Letter ID: 4422691

Dear Colin Anderson

Date: 01/11/2021

Colin Anderson, 18 Alford Way, Dunfermline, Fife, KY11 8BF

Date of Birth: 03/01/1969

I now have the results of your ultrasound scan of the left groin which is completely within normal limits and shows no evidence of any hernia recurrence.

I will now request an MRI scan, which is a magnetic scan, of your groin to check for any strain in the groin. We will keep in touch with the results once this has been carried out.

Yours sincerely

Mr Fraz Ansari FRCS
Specialty Doctor, Surgery

Authorised on 03/11/2021 12:43:21 by Mr Fraz Ansari.

(D) Dr HJ Fraser, New Park Medical Practice, 163 Robertson Road, Dunfermline, Fife, KY12 0BL

NHS Confidential: Personal data about a patient

Victoria Hospital
Hayfield Road
Kirkcaldy
Fife
KY2 5AH

Department of General Surgery
Tel: 01592 643355 <Extension>
<http://www.nhsfife.scot.nhs.uk>



Dr HJ Fraser
New Park Medical Practice
163 Robertson Road
Dunfermline
Fife
KY12 0BL



CHI: 0301690472

ADMINISTRATIVE
LETTER

Letter ID: 4401208

Dear Dr Fraser

Date: 14/10/2021

Colin Anderson, 18 Alford Way, Dunfermline, Fife, KY11 8BF

Date of Birth: 03/01/1969

Thank you very much for your letter regarding Mr Anderson. Mr Anderson's ultrasound is now requested urgently on the system and I am awaiting that to happen and will be in touch once I get the report.

Thank you once again.

Yours sincerely

Mr Fraz Ansari FRCS
Specialty Doctor, Surgery

Authorised on 18/10/2021 23:40:09 by Mr Fraz Ansari.

NHS Confidential: Personal data about a patient

Victoria Hospital
Hayfield Road
Kirkcaldy
Fife
KY2 5AH

Department of General Surgery
Tel: 01592 643355 22442
<http://www.nhsfife.scot.nhs.uk>



Colin Anderson
18 Alford Way
Dunfermline
Fife
KY11 8BF



CHI: 0301690472

ADMINISTRATIVE
LETTER

Letter ID: 4384733

Date dictated: 28/09/2021
Date: 28/09/2021

Dear Colin Anderson

Colin Anderson, 18 Alford Way, Dunfermline, Fife, KY11 8BF

Date of Birth: 03/01/1969

I trust you are keeping well in terms of your left sided groin pain.

If there are any further issues I would be happy to see you back in the clinic should that be required. You can let my secretary know on the above number.

I did refer you to the Physiotherapy Department as well as the Dieticians and if you have not been able to get in touch with those departments please contact my secretary and I would be happy to provide another referral.

Yours sincerely

Mr Fraz Ansari FRCS
Specialty Doctor, Surgery

Authorised on 30/09/2021 13:31:48 by Mr Fraz Ansari.

(D) Dr HJ Fraser, New Park Medical Practice, 163 Robertson Road, Dunfermline, Fife, KY12 0BL

New Park Medical Practice

163 Robertson Road, Dunfermline. KY12 0BL Tel (01383) 629200 Fax (01383) 629203

13 September 2021

Dr Fraz Ansari
Department of General Surgery
Victoria Hospital
Hayfield Road
Kirkcaldy

Dear Dr Ansari

**Re: Colin Anderson, 18 Alford Way, Dunfermline, Fife, KY11 8BF.
CHI: 0301690472 – 03/01/1969**

This patient was seen in your clinic on 27 April 21 with left sided groin pain. From your letter I understand your plan was to refer Mr Anderson for an ultra sound scan.

I had a telephone review with Mr Anderson today and he has still not heard about an ultrasound scan. He has ongoing symptoms of left sided groin pain.

I just wanted to write a quick letter to highlight this in case Mr Anderson has been lost to follow up.

Yours sincerely

Dr Hannah Fraser MB ChB (Aberdeen 2014)

NHS Confidential: Personal data about a patient

Victoria Hospital
Hayfield Road
Kirkcaldy
Fife
KY2 5AH

Gastroenterology
Tel: 01592 643355 28342
<http://www.nhsfife.scot.nhs.uk>



Colin Anderson
18 Alford Way
Dunfermline
Fife
KY11 8BF



CHI: 0301690472

Letter ID: 4357616

Dear Colin Anderson

Clinic Date: 07/09/2021

Date Dictated: 07/09/2021

Date: 10/09/2021

Colin Anderson, 18 Alford Way, Dunfermline, Fife, KY11 8BF

Date of Birth: 03/01/1969

We'd like to thank you for taking part in the bowel screening program and following your positive result a pre-assessment was organised for 13/8/21. At this appointment you were reluctant to proceed to colonoscopy at this time due to having problems with gum bleeding and thought this cause of your positive result. You have requested that we suspend you for the required six months and you would contact us when this settles down and you wish to proceed forward.

This letter is to confirm that a suspension is now in place and will last for six months from your initial date of referral which was 5/8/21. If we have had no further contact from you at that point we will automatically remove you from the screening on this occasion however you will be offered further screening in two years if eligible.

I shall copy your GP into this letter for their information and if I can be of any further assistance to you or your GP please do not hesitate to contact me on the extension number given above.

Regards.

Yours sincerely

Helena Davidson
Colorectal Screening Nurse

Authorised on 15/09/2021 13:01:50 by Helena Davidson.

(D) Dr HJ Fraser, New Park Medical Practice, 163 Robertson Road, Dunfermline, Fife, KY12 0BL

File Status	Not Filed.	Tasks	No Tasks.
Assigned User	Unassigned.	Filed By User	Not Filed
Patient Matched	Yes.	BoSS Message Type	Result

electronic Notification of Bowel Screening Results Service

New BOSS Report

CHI Number	0301690472
Name	ANDERSON, COLIN
Date Of Birth	03/ 01/ 1969
Registered GP	F9321
Practice Code	F20466

Report Date	04Aug2021
Letter ID	41035035599341
Kit ID	9225416603
Result	BCSP faecal occult blood test abnormal (686B.)
Report Comments	Positive
Recommended Management	Has been referred for colonoscopy

NHS Confidential: Personal data about a patient

Queen Margaret Hospital
Whitefield Road
Dunfermline
Fife
KY12 0SU

Nutrition and Dietetic Service
Margaret Brutin
Dietitian
Level 1
Tel: 01383 674086

**Fife Health
& Social Care
Partnership**

Supporting the people of Fife together

Mr Fraz Ansari
Hospital Specialist in General Surgery
Queen Margaret Hospital
Dunfermline
KY12 0SU



CHI: 0301690472

Letter ID: 100418031

Date: 14/07/2021

Dear Mr Ansari

Colin Anderson, 18 Alford Way, Dunfermline, Fife, KY11 8BF

Date of Birth: 03/01/1969

Date of Discharge: 14/07/2021

Thank you for your referral for the above patient. This patient has failed to 'opt in' to our service, and has now been discharged back to their GP's care.

Consequently, I have been unable to carry out an assessment or make recommendations regarding weight management.

Should you consider it appropriate and the patient is ready and willing to engage, they can be re-referred.

If you require any further information, please do not hesitate to contact the service on the above telephone number.

Yours sincerely

Margaret Brutin
Dietitian

Authorised on 14/07/2021 15:59:47 by Typist Emma Thorpe, on behalf of Margaret Brutin.

(D) Dr HJ Fraser, New Park Medical Practice, 163 Robertson Road, Dunfermline, Fife, KY12 0BL

NHS Confidential: Personal data about a patient

Victoria Hospital
Hayfield Road
Kirkcaldy
Fife
KY2 5AH

Department of General Surgery
Tel: 01592 643355 22442
<http://www.nhsfife.scot.nhs.uk>



Colin Anderson
18 Alford Way
Dunfermline
Fife
KY11 8BF



CHI: 0301690472

ADMINISTRATIVE
LETTER

Letter ID: 4240265

Date dictated: 31/05/2021
Date: 01/06/2021

Dear Colin Anderson

Colin Anderson, 18 Alford Way, Dunfermline, Fife, KY11 8BF

Date of Birth: 03/01/1969

This is letter to be given to your employer –

To whom it may concern –

Mr Anderson was seen in my clinic on 27.04.21 with left sided groin pain.

Of note, he had a left inguinal hernia repaired in November 2019.

I have referred him for physiotherapy but have also advised him to avoid heavy work, especially climbing stairs and lifting heavy weight as this will exacerbate his condition, until further review.

Many thanks.

Yours sincerely

Mr Fraz Ansari FRCS
Specialty Doctor, Surgery

Authorised on 01/06/2021 12:54:31 by Mr Fraz Ansari.

(D) Dr HJ Fraser, New Park Medical Practice, 163 Robertson Road, Dunfermline, Fife, KY12 0BL

NHS Confidential: Personal data about a patient

Victoria Hospital
Hayfield Road
Kirkcaldy
Fife
KY2 5AH

General Surgery
Tel: 01592 643355 22442
<http://www.nhsfife.scot.nhs.uk>



Dr HJ Fraser
New Park Medical Practice
163 Robertson Road
Dunfermline
Fife
KY12 0BL



CHI: 0301690472

Letter ID: 4198459

Dear Dr Fraser

Clinic Date: 27/04/2021

Date: 27/04/2021

Colin Anderson, 18 Alford Way, Dunfermline, Fife, KY11 8BF

Date of Birth: 03/01/1969

Diagnosis : left sided groin pain
 left inguinal hernia repair – November 2019

Plan : groin ultrasound scan
 topical as well as groin analgesia
 physiotherapy
 referral to dieticians for weight management

I saw Mr Anderson in the clinic who I did a left inguinal hernia open repair in November 2019.

Today he reports that he has got similar discomfort and ache in his left groin as he had before the operation. He does not have any symptoms suggestive of bowel obstruction, but he is on regular Co-codamol. He is able to work on his rather active job aboard a submarine but he tends to stay on the same floor to avoid going up and down stairs.

On examination there is no definite cough impulse. His weight is 127 kgs which makes his BMI around 42. Examination reveals that he is quite tender at his pubic tubercle area with the medial end of inguinal ligament and upper end of adductor longus tendon also tender.

We have had a detailed discussion today about the possible causes of this pain. Since it is a similar type of pain that he had before his operation, there is a possibility that the pain might not have been originating from his inguinal hernia in the first instance and to go with the clinical examination today might have been the result of a groin strain. However, now that he has had an operation we should investigate regarding any possible source of the pain resulting from the operation and I will request a left groin ultrasound scan to see if there is any hernia recurrence or indeed any seromas or collections. If that returns as showing no hernia then we will request an MRI scan of his pelvis to check for any osteitis pubis or any evidence of groin strain.

NHS Confidential: Personal data about a patient

In the meantime, I will copy in this letter to the physiotherapy and dietician teams. Since my feeling is that he will definitely benefit from physiotherapy input as well as some weight management.

I have also advised him to add a laxative in case he needs to take Co-codamol regularly and I have advised him to try Ibuprofen 400 mgs three times per day for two weeks along with Omeprazole. I would appreciate it if the Omeprazole could be prescribed for him.

Once the ultrasound scan is done I will see him back in the clinic or failing that by way of telephone clinic should there be any disruption in the activity due to covid.

Yours sincerely

Mr Fraz Ansari FRCS
Specialty Doctor, Surgery

Authorised on 27/04/2021 16:01:00 by Mr Fraz Ansari.

(P) Physiotherapy Department, Victoria Hospital, Hayfield Road, Kirkcaldy, KY2 5AH

(P) Dietician, Department of Dietetics, Level 10, Victoria Hospital, Hayfield Road, Kirkcaldy, KY2 5AH

Fife Area Laboratory**CLINICAL BIOCHEMISTRY**

Surname: **ANDERSON** Forename: **Colin** D.o.B.: 03 Jan 1969 Sex: M Case No: **D124912L**
 Address: 18 ALFORD WAY DUNFERMLINE Post code: KY11 8BF CHI: 0301690472
 Cons/GP: Dr C BOITZ Source: New Park Medical Practice
 163 Robertson Road

Current clin. details: Clinical Details: hypertension review

Date	21/09/20	19/02/20	12/03/18	19/02/16
Time	08:59	12:20	23:24	09:17
Labno.	CA2360525	CA6009137	8136563\5	6586981\5
Sodium (133-146 mmol/L)	143	142	137	138
Potassium (3.5-5.3 mmol/L)	4.6	4.3	4.8	4.6
Creatinine (50-120 umol/L)	100	100	100	99
eGFR (mL/min)	> 60	> 60	> 60	> 60
AKI	ND	UTC	UTC	
Urea (2.5-7.8 mmol/L)		7.2	7.6	
Bicarbonate (22-29 mmol/L)			23	
Glucose (3.3-6.1 mmol/L)	5.3	5.2	7.5H	5.3
Lactate (0.7-2.1 mmol/L)			2.1	
Alanine transaminase (5-55 U/L)	30	32	36	27
Alkaline phosphatase (40-129 U/L)	116	112	109	100
Bilirubin (Total) (0-21 umol/L)	4	5	7	4
Gamma-Glutamyltransferase (7-50 U/L)				31
Albumin (35-50 g/L)	47	47	49	48
Calcium (2.2-2.6 mmol/L)			2.42	
Corrected calcium (2.2-2.6 mmol/L)			2.36	
Protein (Total) (60-80 g/L)				75
C-reactive protein (0-5 mg/L)			12.9H	
Amylase (20-85 U/L)			76	
Cholesterol (3.3-6.5 mmol/L)	5.5			6.4
HDL Cholesterol (0.8-1.8 mmol/L)	1.42			1.45
Cholesterol/HDL ratio	3.9			4.4

ND = Not detected

UTC = Unable to calculate

Current Items Reported : CHDL GL LF EL AKI

Current Items Requested: CHDL GL LF EL AKI

Current Spec. Rec'd: 13:19 21 Sep 2020

Printed: 21 Sep 2020

Authorised by:

Page 1 of 2

Fife Area Laboratory

CLINICAL BIOCHEMISTRY

Surname: ANDERSON	Forename: Colin	D.o.B.: 03 Jan 1969 Sex: M	Case No: D124912L
Address: 18 ALFORD WAY	DUNFERMLINE	Post code: KY11 8BF	CHI: 0301690472
Cons/GP: Dr C BOITZ	Source: New Park Medical Practice 163 Robertson Road		

Current clin. details: Clinical Details: hypertension review

C8136563\5 12/03/18 AKI: Not currently accredited to ISO 15189

Current Items Reported : CHDL GL LF EL AKI

Current Items Requested: CHDL GL LF EL AKI

Current Spec. Rec'd: 13:19 21 Sep 2020

Printed: 21 Sep 2020

Authorised by:

Page 2 of 2

Acute Services Division



Q Minor Injuries Unit

GE Murdoch
20466/1
New Park Medical Practice
163 Robertson Road
Dunfermline
Fife
Dunfermline
KY12 0BL

Queen Margaret Hospital
Whitefeld Road
Dunfermline
KY12 0SU

Dear Doctor

Mr Colin Anderson
18 Alford Way
Dunfermline
KY11 8BF

CHI: 0301690472
ED Consultant:MIU Practitioner

The above patient attended the Q Minor Injuries Unit on 12/06/2020 at 20:12. I outline below some information regarding this attendance.

Present Complaint: (L) shoulder complaint

Diagnosis:			
Description	Body Site	Laterality	Comments
ED diagnosis - Diagnosis not known - Redirection - ED Nurse led policy			

Investigation(s)/Treatment(s):

Medication(s):

Additional Notes (for GP):

Pain in left arm/shoulder less than three hours. No injury and not taken analgesia.
Full range of movement to arm on examination and no weakness to arm or loss of power. No bony
tenderness to shoulder. Advised to take analgesia and see gp if any further concerns.

Senior Review:

Senior Review Comments:

Acute Services Division



Yours sincerely
Catrin Thomson

Mr Colin Anderson, DOB: 03/01/1969, CHI: 0301690472



Victoria Hospital
Hayfield Road
Kirkcaldy
KY2 5AH
Telephone Number: 01592 643355

DVT Service

GE Murdoch
20466/1
New Park Medical Practice
163 Robertson Road
Dunfermline
Fife
Dunfermline
KY12 0BL

Date: 19/02/2020
CHI: 0301690472

Dear Doctor

Mr Colin Anderson
18 Alford Way
Dunfermline
KY11 8BF

The above patient attended the DVT Service with following appointment details and was discharged on 19/02/2020

Appointment: 19/02/2020 12:30
Care Provider:
Specialty: General Medicine

I outline some information below regarding this attendance:

Presenting Complaint	Left - suspected DVT
Modified Well's Score	Low
D Dimer Result	237
Doppler Ultrasound scan – Day 1	Not applicable
Doppler Ultrasound scan – Day 7	Not applicable
DVT Diagnosis	DVT deemed highly unlikely
Alternative Diagnosis	No significant findings
Discharge	Care of G.P.
Additional Comments	Not clinically DVT - negative D Dimer

Yours sincerely

Shona Gibson

PCES - Fife OOH Call Incident Report

Call number:	89276	Receive Date:	24-Nov-2019 18:54
Patient's Name:	Colin Anderson		
Date of birth:	3-Jan-1969 (50 years)	Gender:	M
Address:	18 Alford Way Dunfermline	Current Address:	18 Alford Way Dunfermline
	KY11 8BF		KY11 8BF
Return Contact No:			
Tel No:	01342 889637		01342 889637
Mobile No:			
Priority:	Within 4 Hours	Call Origin:	NHS24
Received:	24-Nov-2019 18:54	Calltype:	NHS24 Advice
Advised:	20:24	Arrived PCC:	
Cons start:		Cons End:	
Consulting Doctor:		Own doctor:	Christopher Boitz

CHI Number:
0301690472

Reported Condition:
WOUND / PAINFUL / RED - WORSE TODAY

Followups:
None

NHSD details:
Disposition - **Contact GP Practice within 36 Hours (Next Day appt.)**

Victoria Hospital
Hayfield Road
Kirkcaldy
Fife
KY2 5AH

Department of General Surgery
Tel: 01592 643355 28959
<http://www.nhsfife.scot.nhs.uk>



Dr GE Murdoch
New Park Medical Practice
163 Robertson Road
Dunfermline
Fife
KY12 0BL



CHI: 0301690472

ADMINISTRATIVE
LETTER
Letter dictated – 4/11/19

Letter ID: 3640578

Dear Dr Murdoch

Date: 05/11/2019

Colin Anderson, 18 Alford Way, Dunfermline, Fife, KY11 8BF

Date of Birth: 03/01/1969

Mr Anderson attended Day Surgery Unit at Queen Margaret Hospital for an open repair of his left inguinal hernia which was done using a Progrid mesh. The skin was closed using absorbable Monocryl sutures.

I have advised him to use TED stockings for 2 weeks in view of the high BMI as well as avoiding lifting heavy weights over the next 4 weeks.

I have not made any formal follow-up arrangements but will be happy to see him if required.

Yours sincerely

Mr Fraz Ansari
Hospital Specialist in General Surgery

Authorised on 07/11/2019 20:10:07 by Mr Fraz Ansari.

Queen Margaret Hospital
Whitefield Road
Dunfermline
Fife
KY12 0SU

Day Surgery Unit
Routine Calls & Enquiries
Queen Margaret Hospital: 01383 627010
Victoria Hospital: 01592 729151
Alternatively telephone NHS24: 111
<http://www.nhsfife.scot.nhs.uk>



Dr GE Murdoch
New Park Medical Practice
163 Robertson Road
Dunfermline
Fife
KY12 0BL



CHI: 0301690472

Letter ID: 100289185

Date: 04/11/2019

Dear Dr Murdoch

Colin Anderson, 18 Alford Way, Dunfermline, Fife, KY11 8BF

Date of Birth: 03/01/1969

Date of Admission: 04/11/2019

Date of Discharge: 04/11/2019

Your patient was admitted for surgery under the care of Mr Anasari.

Diagnosis: Left Inguinal hernia

Operation: Open repair of left Inguinal hernia under general anaesthetic

Medicines on Discharge: Ibuprofen 400mg and Cocodamol 30/500mg pre-pack supplied

Further information:

Information and contact numbers supplied

Follow advice sheet supplied

Sutures: Absorbable (3/0 Monocryl)

Mepore dressing to wound, renew dressing after 48 hours as instructed

TED stockings to be worn for 5 days

No heavy lifting for 6-8 weeks

Follow up not required

Yours sincerely

Jackie Steck
Nurse Practitioner

Authorised on 04/11/2019 16:38:31 by Jackie Steck.

(P) Colin Anderson, 18 Alford Way, Dunfermline, Fife, KY11 8BF

Hospital use only	Clinic	Day Date	Time	Hospital No.
-------------------	--------	----------	------	--------------



Unique Care Pathway Number: 101020782718C

Transport required?

REFERRAL LETTER

MEDICAL IN CONFIDENCE

Suspected Cancer Site:
NOT A CANCER REFERRAL

GENERAL-SURGERY-EXCL-VASCULAR

REFERRAL TO	
General Surgery (excl Vascular) C11 Fife General Referral	Consultant / receiving practitioner and/or specialty clinic
Victoria Hospital Hayfield Road Kirkcaldy KY2 5AH	Hospital and hospital address Hospital Location Code F704H Email address -
Urgency of referral	Routine

PATIENT DETAILS		Patient's address
Surname	Anderson	18 Alford Way Dunfermline KY11 8BF
Forename(s)	Colin	
Title	Mr	
Sex	Male	
Date of birth	03-Jan-1969	
CHI no.	0301690472	Contact number(s)
		01383 629200 01383 629200 Email: Anderson.colin@fife.nhs.uk

REFERRING PRACTITIONER DETAILS		Practice address
Name	Dr. Gail Murdoch	163 Robertson Road Dunfermline Fife KY12 0BL
GMC code	3286032 GP code 91740	
Practice name	New Park Medical Practice (20466)	
Practice code	20466	
		Contact number(s)
		Voice: 01383 629200

Date submitted by practice: 27-Feb-2020

Reason for referral

Care type requested: Out Patient - New

Expected outcome: Not Specified

Administrative Information

Suspected Cancer Site: NOT A CANCER REFERRAL

Patient Contact: N/A Not a cancer referral

Does the patient need to be seen in clinic following any investigations: N/A Not a cancer referral

Patient can accept a short notice appointment: yes

Interpreter Required: no

CLINICAL INFORMATION**History of presenting complaint / examination findings / investigation results****Presenting complaint**

Description: FAO - Mr Ansari - Leg pain post left inguinal hernia repair.

Comment: I would be grateful if this gentleman can be reviewed in the clinic he had an open repair of his left inguinal hernia performed in November last year. Since then he has experienced pain in his left inner thigh. This is a constant discomfort but every so often becomes very painful like a pulling/cramp sensation. This can happen daily. There is no obvious precipitant.

He has in fact been seeing the physio at the Dockyard where he works who helped him walk with less of a limp however he is not keen to have any further treatment until a cause is found for this pain.

He was referred to rule out a DVT last week. He did not have a scan as it was felt inappropriate with a low d-dimmer result.

His pain is precipitated on examination by flexion of his hip and he is tender over his wound sight. I wonder whether this has got anything to do with any post op complication and would be grateful for your review. In the meantime he uses over the counter Ibuprofen as required.

Many thanks

Yours Sincerely

Examinations and Investigations

Blood Pressure (systolic): 166 -

Blood Pressure (diastolic): 113 -

Height (m): 172 -

Weight (kg): 127 -

Past Medical History**Pre-existing conditions** (High and Medium Priority)

<u>Description</u>	<u>Laterality</u>	<u>Modifier</u>	<u>Comment</u>	<u>Date Recorded</u>
Inguinal hernia	-	-	Left	04-Nov-2019
Closed fracture finger middle phalanx (Left)	Left	-	ring finger - spiral fracture	02-Dec-2015
Closed fracture of metacarpal bone(s) (Left)	Left	-	ring finger	23-Feb-2012
Acute lower respiratory tract infection	-	-	admitted cold agglutins present in serum, possibility of mycoplasma infectionStart Date: 18/11/2007	18-Nov-2009
Chest wall pain	-	-	Left - attended pain clinic	18-Mar-2009
Depressive disorder NEC	-	-	Disease: SPICE Depression,	14-Jun-2006
Laryngopharyngeal reflux	-	-	-	04-Oct-2005
Nasal congestion	-	-	-	20-Jun-2001
Overdose of drug	-	-	Paracetamol & diazepam	27-Jan-1993
Eosinophilic granuloma	-	-	Left eye	25-Jul-1975
Otorrhoea NOS	-	-	Bilateral	16-Jan-1975
Haemolytic anaemias NOS	-	-	Haemolytic uremic syndrome	01-Sep-1969
Chest infection NOS	-	-	Admitted	24-Mar-1969

Past Procedures (High and Medium priority)

<u>Description</u>	<u>Laterality</u>	<u>Modifier</u>	<u>Comment</u>	<u>Date Recorded</u>
Primary repair of inguinal hernia (Left)	Left	-	Open	04-Nov-2019

Current Medication (Active Repeat medication issued within the last 12 months)

No medications recorded

Recent Medication (Any medication issued within last 90 days not shown above)

No recent medications recorded

Lifestyle risks

Exercise status: Not Known

Victoria Hospital
Hayfield Road
Kirkcaldy
Fife
KY2 5AH

Department of General Surgery
Tel: 01592 643355 Ext 28959
<http://www.nhsfife.scot.nhs.uk>



Dr GE Murdoch
New Park Medical Practice
163 Robertson Road
Dunfermline
Fife
KY12 0BL



CHI: 0301690472
AMCM/LT

Letter ID: 3574621

Dear Dr Murdoch

Clinic Date: 11/09/2019

Date: 13/09/2019

Colin Anderson, 18 Alford Way, Dunfermline, Fife, KY11 8BF

Date of Birth: 03/01/1969

Thank you for referring this patient who has a reducible left inguinal hernia. He gets a dull ache from this. He is 127kgs and I discussed open repair with him today. Despite the above I would hope to do this as a day case. I discussed recovery, driving and the use of mesh. He wishes to go ahead.

Yours sincerely

Alasdair Macmillan
General Surgeon

Authorised on 16/09/2019 11:27:25 by Alasdair Macmillan.

PCES - Fife OOH Call Incident Report

Call number:	81315	Receive Date:	9-Dec-2018 11:40
Patient's Name:	Colin Anderson	Gender:	M
Date of birth:	3-Jan-1969 (49 years)	Current Address:	18 Alford Way
Address:	18 Alford Way		Dunfermline
	KY11 8BF		KY11 8BF
Return Contact No:			
Tel No:	07812 889635		07812 889635
Mobile No:			
Priority:	Within 4 Hours	Call Origin:	NHS24
Received:	9-Dec-2018 11:40	Calltype:	NHS24 Advice
Advised:	15:55	Arrived PCC:	
Cons start:		Cons End:	
Consulting Doctor:		Own doctor:	Christopher Boitz
CHI Number:	0301690472		
Reported Condition:	ABDO PAIN 7DAYS		
Followups:	None		
NHSD details:			
Disposition -	Contact Pharmacist		

Acute Services Division



Q Minor Injuries Unit

GE Murdoch
20466/1
New Park Medical Practice
163 Robertson Road
Dunfermline
Fife
Dunfermline
KY12 0BL

Queen Margaret Hospital
Whitefield Road
Dunfermline
KY12 0SU

Dear Doctor

Mr Colin Anderson
18 Alford Way
Dunfermline
KY11 8BF

CHI: 0301690472
ED Consultant:MIU Practitioner

The above patient attended the Q Minor Injuries Unit on 01/12/2018 at 15:17. I outline below some information regarding this attendance.

Present Complaint: right sided pain

Diagnosis:			
Description	Body Site	Laterality	Comments
ED diagnosis - Diagnosis not known - Redirection- this patient was redirected after senior review			

Investigation(s)/Treatment(s):

Medication(s):

Additional Notes (for GP):

Attended with abdo pain for past four days. Advised not miu . Had already called nhs 111- still awaiting call back. advised to call nhs 111 again

Senior Review:

Senior Review Comments:

Acute Services Division



Yours sincerely
Catrin Thomson

PCES - Fife OOH Call Incident Report

Call number:	78944	Receive Date:	1-Dec-2018 11:49
Patient's Name:	Colin Anderson		
Date of birth:	3-Jan-1969 (49 years)	Gender:	M
Address:	18 Alford Way Dunfermline KY11 8BF	Current Address:	Queen Margaret Hospital Nhs Trust Queen Whitefield Road Dunfermline KY12 0SU
Return Contact No:			
Tel No:	[REDACTED]		[REDACTED]
Mobile No:			
Priority:	Within 4 Hours	Call Origin:	NHS24
Received:	1-Dec-2018 11:49	Calltype:	Treatment Centre
Advised:	15:49	Arrived PCC:	1-Dec-2018 17:15
Cons start:	1-Dec-2018 17:16	Cons End:	1-Dec-2018 17:40
Consulting Doctor:	Judith Ndoumbe	Own doctor:	Christopher Boitz

CHI Number:
0301690472

Reported Condition:
PAIN AT RIGHT SIDE BOTTOM OF RIBS, 2 DAYS

Consultation details:

History - woke up with sharp RUQ pain x 2 days. pain worsening, aggravated by movements, deep breath and touch. no relief with co- codamol and ibuprofen gel- no hx of trauma- just getting over a cold/cough- no fever, nausea (?due to tablets), no jaundice, bowel ok. systemic rv - nil, pmhx- similar symptoms in Left lower rib cage in the past treated as MSK pain. Obesity.

Examination - T-3 6.2 HR -87 BP 150/95 Sao2-98% RR- 16 Chest -clear, no chest wall tenderness, Hs 1+2, calves -snt, abdo- obese, soft, RUQ tenderness++, no rebound tenderness, no palpable masses

Diagnosis - RUQ pain ? cause- ? MSK pain
?biliary pain

Treatment - Ct co-codamol 30/500mg 1-2 tablets qds prn x 1/52 issued
Stop Ibuprofen gel
Try Naproxen 250mg 1-2 tablet bd x 1/52
Try omeprazole 20mg 1 daily x 2/52
worsening statement given

Followups:	
Call Back If Required	
Patient To Contact Surgery	
Clinical Codes:	
R090. [D]Abdominal pain	
NHSD details:	
Disposition	Contact GP Practice within 4 Hours (ASAP)
-	

Hospital use only	Clinic	Day Date	Time	Hospital No.
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Unique Care Pathway Number: 101018982153D

Transport required?	REFERRAL LETTER MEDICAL IN CONFIDENCE	Suspected Cancer Site: NOT A CANCER REFERRAL
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GENERAL-SURGERY-EXCL-VASCULAR

REFERRAL TO	
General Surgery (excl Vascular) C11 Fife General Referral	——— Consultant / receiving practitioner and/or specialty clinic
Victoria Hospital Hayfield Road Kirkcaldy KY2 5AH	——— Hospital and hospital address Hospital Location Code F704H Email address -
Urgency of referral	Routine

PATIENT DETAILS		Patient's address
Surname	Anderson	18 Alford Way Dunfermline KY11 8BF
Forename(s)	Colin	
Title	Mr	
Sex	Male	
Date of birth	03-Jan-1969	
CHI no.	0301690472	Contact number(s)
		Mobile: 07843112592 Voice: 07843112592

REFERRING PRACTITIONER DETAILS		Practice address
Name	Dr. Gail Murdoch	163 Robertson Road Dunfermline Fife KY12 0BL
GMC code	3286032	
GP code	91740	
Practice name	New Park Medical Practice (20466)	
Practice code	20466	Contact number(s)
		Voice: 01383 629200

Date submitted by practice: 21-Jun-2019 Reason for referral Care type requested: Out Patient - New Expected outcome: Not Specified	Administrative Information Suspected Cancer Site: NOT A CANCER REFERRAL Patient Contact: N/A Not a cancer referral Does the patient need to be seen in clinic following any investigations: N/A Not a cancer referral Patient can accept a short notice appointment: yes Interpreter Required: no
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Stylesheet version: 16.0.1.3 25-Mar 2013 Comments to: fife-uhb.fifeecci@nhs.net

CLINICAL INFORMATION**History of presenting complaint / examination findings / investigation results****Presenting complaint**

Description: Left Inguinal Hernia

Comment: I would be grateful if you could see this gentleman who presents with a swelling which goes up and down in his left groin. It aches but never gets stuck and it is not acutely painful.

On examination he would appear to have a left reducible inguinal hernia. He is quite an obese gentleman who also has fatty lumps on his chest wall.

I would be grateful for your review.

Many thanks.

Examinations and Investigations

Blood Pressure (systolic): 166 -
 Blood Pressure (diastolic): 113 -
 Height (m): 172 -
 Weight (kg): 127 -
 Teetotaller: Alcohol Intake\$.clm - No Action Required 06-Feb-2004

Past Medical History**Pre-existing conditions** (High and Medium Priority)

<u>Description</u>	<u>Laterality</u>	<u>Modifier</u>	<u>Comment</u>	<u>Date Recorded</u>
Closed fracture finger middle phalanx (Left)	Left	-	ring finger - spiral fracture	02-Dec-2015
Closed fracture of metacarpal bone(s) (Left)	Left	-	ring finger	23-Feb-2012
Acute lower respiratory tract infection	-	-	admitted cold agglutins present in serum, possibility of mycoplasma infection Start Date: 18/11/2007	18-Nov-2009
Chest wall pain	-	-	Left - attended pain clinic	18-Mar-2009
Depressive disorder NEC	-	-	Disease: SPICE Depression,	14-Jun-2006
Laryngopharyngeal reflux	-	-	-	04-Oct-2005
Nasal congestion	-	-	-	20-Jun-2001
Overdose of drug	-	-	Paracetamol & diazepam	27-Jan-1993
Eosinophilic granuloma	-	-	Left eye	25-Jul-1975
Otorrhoea NOS	-	-	Bilateral	16-Jan-1975
Haemolytic anaemias NOS	-	-	Haemolytic uremic syndrome	01-Sep-1969
Chest infection NOS	-	-	Admitted	24-Mar-1969

Current Medication (Active Repeat medication issued within the last 12 months)

No medications recorded

Recent Medication (Any medication issued within last 90 days not shown above)

No recent medications recorded

Lifestyle risks

Exercise status: Not Known

Acute Services Division



V Emergency Department

RW Duncan
20466/1
New Park Medical Practice
163 Robertson Road
Dunfermline
Fife
Dunfermline
KY12 0BL

Victoria Hospital
Hayfield Road
Kirkcaldy
KY2 5AH

Dear Doctor

Mr Colin Anderson
18 Alford Way
Dunfermline
KY11 8BF

CHI: 0301690472
ED Consultant: Dr Bappa Roy

The above patient attended the V Emergency Department on 12/03/2018 at 22:12. I outline below some information regarding this attendance.

Present Complaint: ABDO PAIN

Diagnosis:			
Description	Body Site	Laterality	Comments
ED diagnosis - Gastrointestinal - Infectious gastroenteritis			

Investigation(s)/Treatment(s):

Medication(s):

Additional Notes (for GP):

Mr Anderson was seen in VHK ED with 5-6 episodes of loose stool followed by 7/10 central and upper abdominal pain, and 1 episode of vomiting. He denied any fevers, chest pain, dysuria. He had no recent sick contacts or recent travel.

Observations were normal.

Examination revealed a tender upper abdomen.

Bloods: WCC 13.9, Neut 12.58, amylase normal (76), CRP 12.9, Lac 2.1, U&Es normal.

Imp: Gastroenteritis

Acute Services Division



Plan: Home with cocodamol and worsening advice

Senior Review:

Senior Review Comments:

Yours sincerely

Dr Helen Grant FY2

PCES - Fife OOH Call Incident Report

Call number:	10074	Receive Date:	12-Mar-2018 19:56
Patient's Name:	Colin Anderson	Gender:	M
Date of birth:	3-Jan-1969 (49 years)	Current Address:	18 Alford Way
Address:	18 Alford Way		Dunfermline
	KY11 8BF		KY11 8BF
Return Contact No:			
Tel No:	[REDACTED]		[REDACTED]
Mobile No:			
Priority:	Within 4 Hours	Call Origin:	NHS24
Received:	12-Mar-2018 19:56	Calltype:	NHS24 Advice
Advised:	06:11	Arrived PCC:	
Cons start:		Cons End:	
Consulting Doctor:		Own doctor:	Christopher Boitz
CHI Number:	0301690472		
Reported Condition:	DIARRHOEA AND ABDO PAIN 1 DAY		
Followups:	None		
NHSD details:			
Disposition -	Not Assessed / Triage Refused		

PCES - Fife OOH Call Incident Report

Call number:	84898	Receive Date:	14-Jan-2018 12:20
Patient's Name:	Colin Anderson		
Date of birth:	3-Jan-1969 (49 years)	Gender:	M
Address:	18 Alford Way Dunfermline KY11 8BF	Current Address:	18 Alford Way Dunfermline KY11 8BF
Return Contact No:			
Tel No:	01383 432791		01383 432791
Mobile No:			
Priority:	Within 4 Hours (Routine)	Call Origin:	NHS24
Received:	14-Jan-2018 12:20	Calltype:	Nurse Treatment Ctr
Advised:	13:46	Arrived PCC:	14-Jan-2018 16:12
Cons start:	14-Jan-2018 16:18	Cons End:	14-Jan-2018 16:24
Consulting Doctor:	Heather Mason	Own doctor:	Christopher Boitz
CHI Number:	0301690472		
Reported Condition:	COUGH, STRUGGLING TO BREATHE AND VOMITTING WORSENER OVER LAST 24 HRS		
Consultation details:			
History -	As per NHS24		
	PMH Nil		
	Meds Nil		
	Allergies Nil		
Examination -	Temp 37.5, spo2 98%, P 75, chest clear bilateral air entry nil crackles or wheeze, ears nad, throat nad, tender over frontal and maxillary sinuses and thick green discharge from nose.		
Diagnosis -	Sinusitis		
Treatment -	Script issued for doxycycline 100mg 2 today then 1 daily for 6 days. Advised re fluids and paracetamol I not settling see Gpo.		
Followups:	Call Back If Required		
Clinical Codes:	H01.. Acute sinusitis		
NHSD details:			
Disposition -	Contact GP Practice within 4 Hours (ASAP)		

Queen Margaret Hospital
Whitefield Road
Dunfermline
Fife
KY12 0SU

Department of Trauma &
Orthopaedics
Tel: 01383 623623 Ext 28940
<http://www.nhsfife.scot.nhs.uk>



Dr GE Murdoch
New Park Medical Practice
163 Robertson Road
Dunfermline
Fife
KY12 0BL

Consultant: Mr Weir
CLINIC LETTER



CHI: 0301690472
Hospital ID: V501947H

Letter ID: 2137150

Dear Dr Murdoch

Clinic Date: 31/08/2016

Date: 02/09/2016

Colin Anderson, 18 Alford Way, Dunfermline, Fife, KY11 8BF

Date of Birth: 03/01/1969

I reviewed this man at the 10 day mark after he staved his right little finger at football.

X-rays show an avulsion fracture at the base of the middle phalanx suggesting a brief subluxation of the PIP joint.

He has been appropriately treated with garter strapping and check x-rays today show the position is well maintained. He is already surprisingly comfortable with active movements of the finger and clinically the position is quite stable.

He can retain the strapping for another 2-3 weeks but meanwhile can mobilise within the limits of comfort. It does not look as though any additional action is going to be required and I have discharged him.

Yours sincerely

Mr I Weir
Consultant Orthopaedic Surgeon

Authorised on 05/09/2016 08:31:39 by Mr I Weir.

Victoria Hospital
Hayfield Road
Kirkcaldy
Fife
KY2 5AH

Department of Trauma &
Orthopaedics
Tel: 01592 643355 ext 28928
<http://www.nhsfife.scot.nhs.uk>



Dr GE Murdoch
New Park Medical Practice
163 Robertson Road
Dunfermline
Fife
KY12 0BL

CLINIC LETTER
VIRTUAL FRACTURE



CHI: 0301690472
Hospital ID: V501947H

Letter ID: 2130823

Dear Dr Murdoch

Clinic Date: 23/08/2016

Date: 07/09/2016

Colin Anderson, 18 Alford Way, Dunfermline, Fife, KY11 8BF

Date of Birth: 03/01/1969

This is a 47 year old gentleman who sustained an injury to his right little finger whilst playing American football. He presented with a painful swollen right little finger to the minor injuries department. X-rays were taken which show an avulsion fracture of the volar aspect of the base of the middle phalanx and this has been treated with neighbour strapping. This should be reviewed as it may represent a volar plate injury and I have arranged for him to be reviewed back in the clinic in one week's time for repeat clinical examination and x-rays if required.

Yours sincerely

Mr P Walmsley
MD FFSTEd FRCS(Tr & Orth)
Consultant Orthopaedic Surgeon

Authorised on 12/09/2016 13:10:33 by Mr P Walmsley.

**Operational
Division**

**Queen Margaret
Hospital
Whitefield Road
Dunfermline
Fife KY12 0SU
01383 623623**



MINOR INJURIES UNIT

Dr.
New Park Medical Practice
163 Robertson Road
Dunfermline
Fife
KY12 0BL

Date: 21 August 2016
CHI: 0301690472
CRN: V501947H
Queen Margaret Hospital: ext 27027
Fax No: 01383 627078

Dear Dr

**Mr Colin Anderson - DOB: 03/01/1969
18 Alford Way
Dunfermline
Fife
KY11 8BF**

The above patient attended the Minor Injuries Unit on 21/08/2016 at 17.49. I outline below for your information some information regarding this attendance.

Presenting Complaint: Inj to right hand small finger
Diagnosis: CLOSED FRACTURE
Body Site: RIGHT LITTLE FINGER
Investigations: X-ray
Treatment(s): NEIGHBOUR STRAPPING
ADVICE SHEET

Discharge Type: DISCHARGED - WITH REFERRAL
Referred To: Virtual fracture clinic
Discharge Destination: PRIVATE RESIDENCE - USUAL PLACE OF RESIDENCE

Additional notes (for GP)

Injury to finger when playing american football tonight. Unsure of mechanism of injury.
Small avulsion on volar aspect of middle phalanx
Neighbour strapping applied. Advised ice packs and analgesia
Follow up via orthopaedic triage clinic

The section below is completed only if patient is over 50 years old and has had a fall or fragility fracture.

A&E Falls Assessment

Does patient normally struggle with ADLs?

How was observation of patient's gait deemed?

RAD Team referral completed?

Is this a fragility fracture?

Yours sincerely

HARLEY,S/N Christine E
MINOR INJURIES UNIT

Fife Area Laboratory

CLINICAL BIOCHEMISTRY

Surname: **ANDERSON** Forename: **Colin** D.o.B.: **03 Jan 1969** Sex: **M** Case No: **D124912L**
 Address: **18 ALFORD WAY** Post code: **CHI: 0301690472**
 Cons/GP: **Dr C BOITZ** Source: **New Park Medical Practice**
163 Robertson Road

Current clin. details: Clinical Details: **FASTING HTN BLOODS**

Date	19/02/16
Time	09:17
Labno.	6586981\5
Sodium	138
(133-146 mmol/L)	
Potassium	4.6
(3.5-5.3 mmol/L)	
Creatinine	99
(50-120 umol/L)	
eGFR	> 60
(mL/min)	
Glucose	5.3
(3.3-6.1 mmol/L)	
Albumin	48
(35-50 g/L)	
Protein (Total)	75
(60-80 g/L)	
Alkaline phosphatase	100
(30-130 U/L)	
Gamma-Glutamyltransferase	31
(7-50 U/L)	
Alanine transaminase	27
(5-55 U/L)	
Bilirubin (Total)	4
(0-21 umol/L)	
Cholesterol	6.4
(3.3-6.5 mmol/L)	
HDL Cholesterol	1.45
(0.8-1.8 mmol/L)	
Cholesterol/HDL ratio	4.4

ALL RESULTS APPLY TO SERUM/PLASMA UNLESS OTHERWISE INDICATED

Current Items Reported : CHDL GL LF EL GT

Current Items Requested: CHDL GL LF EL GT

Current Spec. Rec'd: 12:17 19 Feb 2016

Printed: 19 Feb 2016

Authorised by:

Queen Margaret Hospital
Whitefield Road
Dunfermline
Fife
KY12 0SU

Department of Trauma &
Orthopaedics
Tel: 01383 623623 Ext 28618
<http://www.nhsfife.scot.nhs.uk>



Dr GE Murdoch
New Park Medical Practice
163 Robertson Road
Dunfermline
Fife
KY12 0BL

Consultant: Mr Brenkel
CLINIC LETTER



CHI: 0301690472
Hospital ID: V501947H

Letter ID: 1778446

Dear Dr Murdoch

Clinic Date: 02/12/2015

Date: 02/12/2015

Colin Anderson, 18 Alford Way, Dunfermline, Fife, KY11 8BF

Date of Birth: 03/01/1969

Diagnosis: Left ring finger spiral fracture middle phalanx.

Outcome: Buddy strapping and discharge with advice.

I reviewed Mr Anderson in the clinic today.

On clinical examination normal rotation of the finger. Advised on buddy strapping. Offered him physiotherapy but he said he could do this at home, so showed him exercises that he can do at home and explained to him the bone will take 4 – 6 weeks to heal up. He can use the strapping until that time. Within his pain limited he can go back to his normal duties.

Yours sincerely

Penematsa SR
Specialty Doctor Orthopaedics

Authorised on 03/12/2015 14:25:33 by Mr Penematsa SR.

Queen Margaret Hospital
Whitefield Road
Dunfermline
Fife
KY12 0SU

Department of Trauma &
Orthopaedics
Tel: 01383 623623 Ext 28940
<http://www.nhsfife.scot.nhs.uk>



Dr GE Murdoch
New Park Medical Practice
163 Robertson Road
Dunfermline
Fife
KY12 0BL

CLINIC LETTER



CHI: 0301690472
Hospital ID: V501947H

Letter ID: 1768789

Dear Dr Murdoch

Clinic Date: 25/11/2015

Date: 25/11/2015

Colin Anderson, 18 Alford Way, Dunfermline, Fife, KY11 8BF

Date of Birth: 03/01/1969

I reviewed this man at the 1 week mark after he struck his left ring finger sustaining a spiral fracture in the middle phalanx. This has been treated with a zimmer splint and check X-rays today show that satisfactory alignment is maintained. There does not appear to be any rotational deformity. It would just be rather early to start mobilisation so he can retain the splint for a further week, I will see him then and we should be able to convert to garter strapping.

Yours sincerely

Mr I Weir
Consultant Orthopaedic Surgeon

Authorised on 26/11/2015 10:17:47 by Mr I Weir.

Victoria Hospital
Hayfield Road
Kirkcaldy
Fife
KY2 5AH

Department of Trauma &
Orthopaedics
Tel: 01592 643355 ext 28928
<http://www.nhsfife.scot.nhs.uk>



Dr AE Austin
New Park Medical Practice
163 Robertson Road
Dunfermline
Fife
KY12 0BL

CLINIC LETTER
VIRTUAL FRACTURE



CHI: 0301690472
Hospital ID: V501947H

Letter ID: 1761562

Dear Dr Austin

Clinic Date: 19/11/2015

Date: 30/11/2015

Colin Anderson, 18 Alford Way, Dunfermline, Fife, KY11 8BF

Date of Birth: 03/01/1969

This is a 46 year old gentleman who was playing "flag football" and sustained an injury to his left ring finger. He presented to the emergency department with a painful swollen left ring finger. X-rays taken show an undisplaced spiral fracture of the left ring finger. He has been placed into a zimmer splint and given analgesics and will be seen in the fracture clinic in one week's time with check x-ray.

Yours sincerely

Mr P Walmsley MFSTEd FRCS (Tr & Orth)
Consultant Orthopaedic Surgeon

Authorised on 02/12/2015 13:09:27 by Mr P Walmsley.

**Operational
Division**

Queen Margaret
Hospital
Whitefield Road
Dunfermline
Fife KY12 0SU
01383 623623



MINOR INJURIES UNIT

Dr.
New Park Medical Practice
163 Robertson Road
Dunfermline
Fife
KY12 0BL

Date: 17 November 2015
CHI: 0301690472
CRN: V501947H
Queen Margaret Hospital: ext 27027
Fax No: 01383 627078

Dear Dr

Mr Colin Anderson - DOB: 03/01/1969
18 Alford Way
Dunfermline
Fife
KY11 8BF

The above patient attended the Minor Injuries Unit on 17/11/2015 at 21.34. I outline below for your information some information regarding this attendance.

Presenting Complaint: L FING INJ
Diagnosis: CLOSED FRACTURE
Body Site: LEFT RING FINGER
Investigations: X-ray
Treatment(s): ADVICE SHEET

Discharge Type: DISCHARGED - WITH REFERRAL
Referred To: Virtual fracture clinic
Discharge Destination: PRIVATE RESIDENCE - USUAL PLACE OF RESIDENCE

Additional notes (for GP)

Spiral fracture to middle phalanx of left ring finger sustained when playing flag football. Finger had caught in opponents pocket and twisted finger. Patient says finger was deformed and he pulled it straight. Zimmer splint applied and follow up via orthopaedic triage clinic. Has analgesia at home.