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Tayside Regional Council - Social Work Department

From: Mrs Margaret Leslie
Social Worker: Social Work Department
6 Kirkton Road, Dundee
Tel 833933 Ext 244

To: Family Placement Officer
Mainstay
~~Friarfield House~~ Paradise Road
~~Barrack Street~~
DUNDEE. Telephone 23281 Ext. 3251/3322

Date: 9.2.89.

APPLICATION FOR MAINSTAY PLACEMENT

PART A

Young Person Referred

Name: Lisa Tarbett

Known As: Lisa Tarbett

D.o.b.: 7.8.74.

Sex: Female

Religion: Protestant

Ethnic Group: Caucasian

Home Address: 54 Whitfield Loan
Dundee

Legal Status: Sect.15/16/44(1)(a)(b)
(Please delete) ~~Matrimonial Acts~~
~~Not in Care~~

Present Address: Carolina House
281 Strathmore Avenue
Dundee

Head of Unit: Mr Bill Black

Since What date: 3rd February, 1982

Key Worker: Miss Lynn Craig

Family Composition

	<u>Full Name</u>	<u>Date of Birth or age</u>	<u>Current Address and Telephone Number</u>
Mother	Helen Tarbett	17.03.47.	Unknown address in London
Father	David Terbett	8.4.47.	54 Whitfield Loan, Dundee
Siblings	[REDACTED]	[REDACTED]	[REDACTED]
	[REDACTED]	[REDACTED]	[REDACTED]
	[REDACTED]	[REDACTED]	[REDACTED]
	[REDACTED]	[REDACTED]	[REDACTED]
	[REDACTED]	[REDACTED]	[REDACTED]
Other Significant Family Members	Maternal Grandmother Mrs Robertson	[REDACTED]	[REDACTED]

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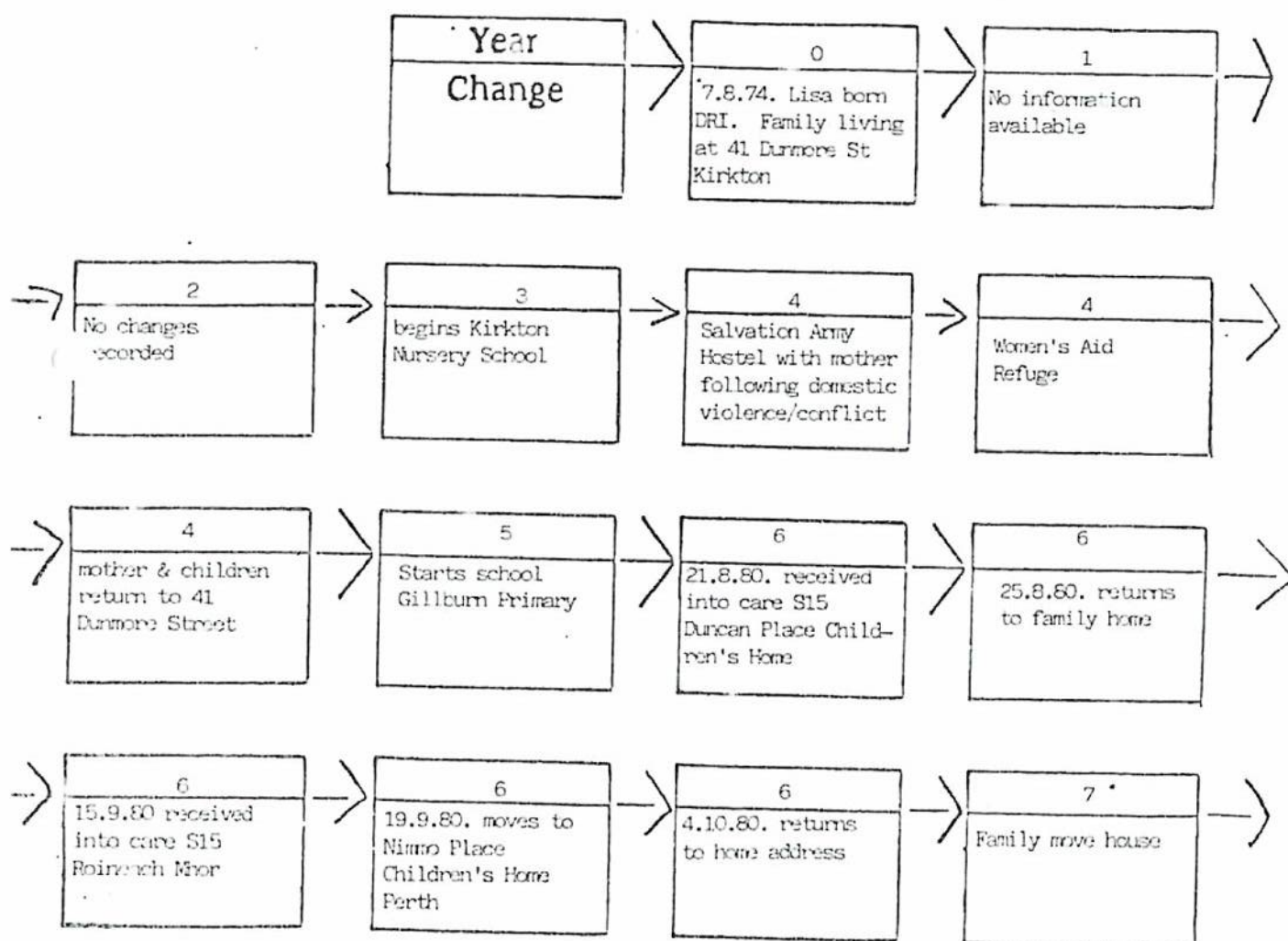
Flow chart showing child's history

Guidelines for completing flow chart:-

The purpose of the chart is to highlight visually the significant changes that the child has experienced in personal, emotional and physical environment and his chronological age at the time. To achieve maximum clarity,

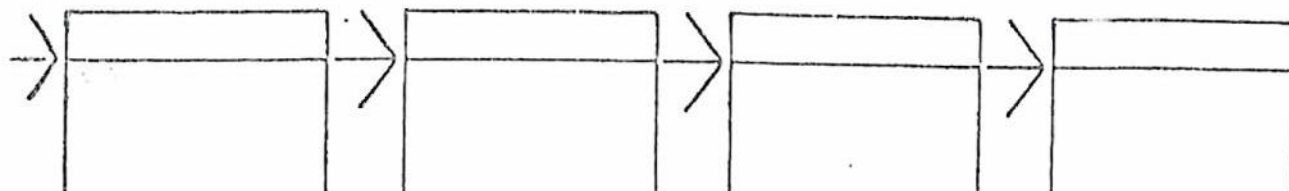
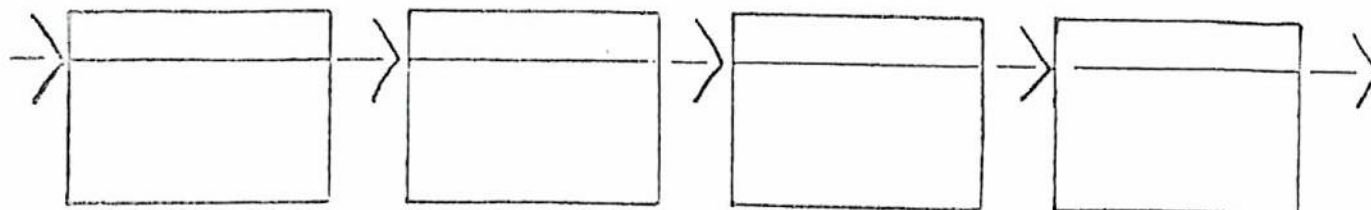
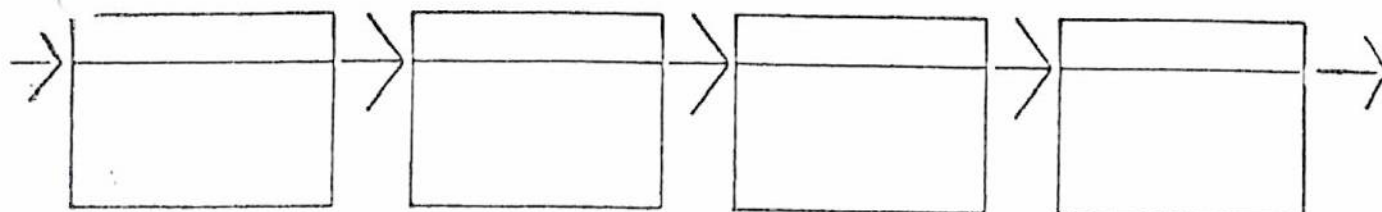
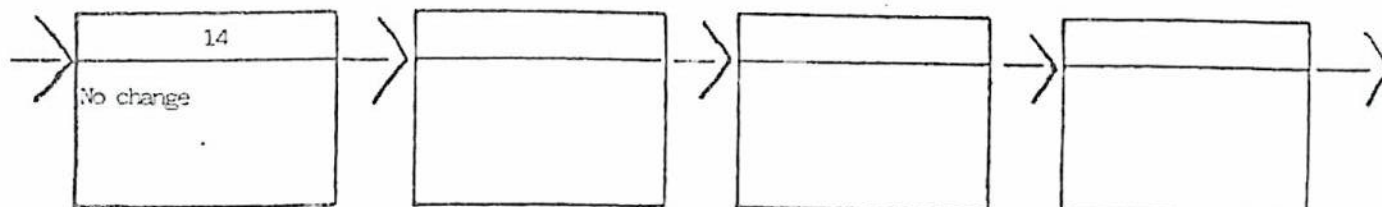
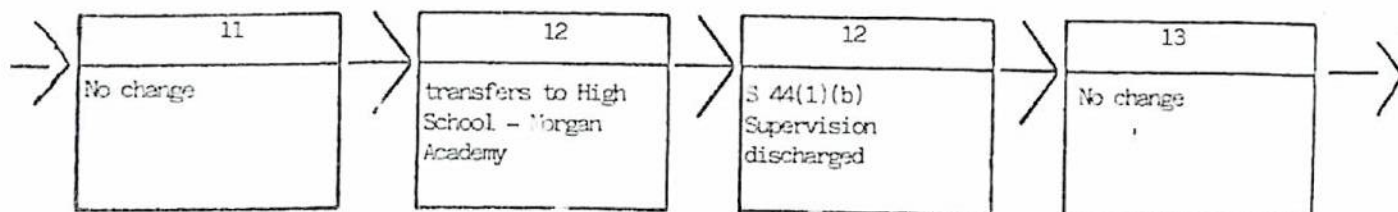
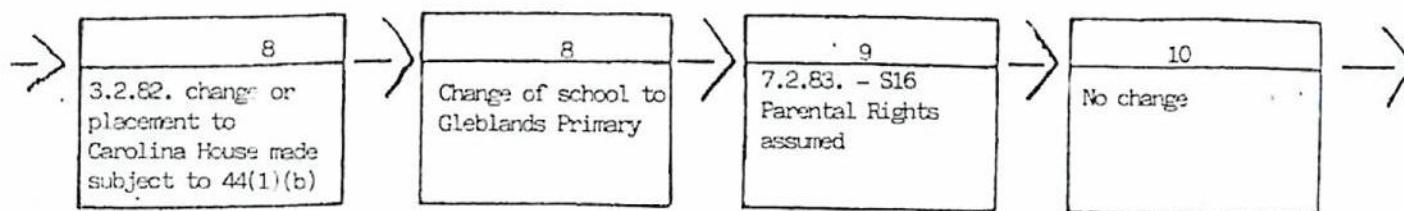
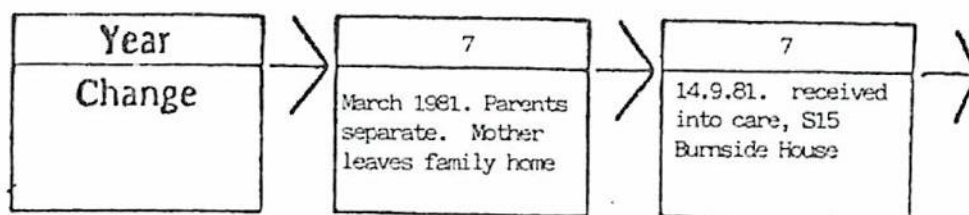
- i) Complete a separate box for each significant change.
- ii) Complete at least one box for every chronological year, indicating if necessary "No change" or "No information available".
- iii) Record events in the child's first year, i.e. before his first birthday, under the heading "0".
- iv) While the child's age is generally more important than the date, there may be times when a number of significant events happen in close succession and it is helpful also to include the precise date of each. Where this occurs, the date should be recorded with the change in the lower part of the box.

For further assistance, see attached example.



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3.



Background History

Description of family background and any recent developments in the family relevant to the child's experience. This is an opportunity to expand on material contained in the flow chart.

Lisa has been in Carolina House for 6 years.

Prior to this her experience of family life was very unsettled, characterised by parental separations, sometimes violence, being moved from one parent to another, sometimes staying with relatives or being received into care.

Lisa's parents separated on a permanent basis in 1981. Mrs Tarbett moved to London leaving the children in the care of their father. Mr Tarbett then appears to have experienced difficulties in coping with the children and after a number of months, Lisa and her brothers were received into care initially on a voluntary basis and subsequently made subject of a 44(1)(b) Supervision Requirement.

There has been no significant contact between Lisa and her mother since the latter's move to London. Mrs Tarbett's exact whereabouts continue to be unknown to the Social Work Department though I understand she keeps in written contact with an elder brother.

Lisa visits her father and maternal grandmother on alternative Sundays. There is no other formal access with Mr Tarbett who takes little active part in planning for Lisa's future. Mr Tarbett has said he would like Lisa to return home but past history indicates an inconsistency in working towards this.

[REDACTED]

Lisa is probably closest to her brother [REDACTED] who is also in Carolina House. She keeps in touch with her other brothers when she visits home.

Education

1. Present school: Morgan Academy

2. Form or Guidance Teacher: [REDACTED] n

3. Previous schools attended:

	<u>From</u>	<u>To</u>
Gillburn Primary School	1979	1982
Gleblands Primary School	1982	1986
Morgan Academy	1986	----

4. Indicate any special talents or problems at school:

Lisa seems to be of average ability in most subjects and states no special interest in any particular one. She does seem to be struggling a bit with her Maths just now. Lisa hopes to eventually sit several 'O' grades. She currently expresses an interest in secretarial work as a career.

5. Assessed level of intelligence (if known):

Not known

6. Is the young person currently in contact with Child Guidance Service?
If so, state person involved:

Health

1. Indicate any serious injury, illness, disability in the past.

Lisa has been hospitalised for investigation in respect of her bedwetting. No physical cause has been found. Lisa was recently in hospital to have two ingrowing toenails removed.

2. Present health, need for treatment e.g. eyes, speech, teeth, serious medical condition.

Lisa appears in generally good health though she is presently slightly overweight and is trying to diet.

3. Any medication being taken.

Cream for ringworm

Other Agencies

Specify any other agencies involved and attach any significant reports.

None

Expectations of Placement

1. What is the long term goal for the young person?

Lisa sees herself as living independently when she leaves care and this would seem the most likely and appropriate option. However, she has close links with her family i.e. father, brothers and grandmother and it is important to Lisa that this continues. It is unlikely that family would provide much positive support.

2. What does the young person need to achieve during placement towards reaching this goal?

- 1) Experience of "family life" so that this can be used and transferred to a time when Lisa is living independently
- 2) Emotional maturity (learning to make decisions, think for yourself) and practice skills (cooking, budgetting etc).
- 3) Employment
- 4) Accommodation

3. What length of placement will be needed to achieve it?

Lisa is only 14 at present. Given the length of time she has been in residential care I feel it will take quite some time for her simply to adjust and settle to being part of a family. I view this as being the first task - she also needs time to mature.

I see more focussed work on 'independence' skills as maybe beginning when Lisa is around 16 years of age. I would therefore be requesting a placement of 3/4 years.

4. What does the young person feel about the placement? How strongly is he/she committed to the placement and what are his/her views of the tasks to be undertaken?

It was Lisa herself who requested this referral be initiated. She has had one previous experience of attempted family placement some years ago which fell through during introductions. This seems to have represented something of a deterrent for her in seeking subsequent placement and it is only quite recently that she began to express interest. I suspect she will find it extremely difficult to leave the "security" of Carolina House.

Lisa is aware that a Mainstay Placement would not be indefinite and identifies independence as the eventual aim. However she sees this as very much in the future and we have not discussed specific tasks in any depth.

5. What are the parents' views and attitudes to this referral? What are the plans for involvement of the natural family during the placement?

The present whereabouts of Lisa's mother are unknown. Mr Tarbett is against the idea of Lisa staying with a Mainstay family believing that she should instead be at home with himself, or if this were not possible, with relatives.

It would be intended to give Mr Tarbett the opportunity to attend any meetings, to meet with the carers and to be able to visit. However, it is unlikely that he would participate. Lisa would be expected to have regular access to her family as it stands (i.e. visits to dad and gran on alternative Sundays) with the possibility of additional contact if requested by Lisa and acceptable to all concerned.

6. Are there any reasons why the young person should not be placed near home? Which geographical area would be preferred? Does the young person agree?

There are no reasons why Lisa should not be placed near home. Given the close links with and regular access to family, a placement in or around Dundee is requested. In addition, Lisa would not want to transfer schools from Morgan Academy and would wish to be able to continue with current friendships.

7. Are there any religious considerations involved in placement?

Lisa would not want to be forced to attend church of any denomination. She has also said she would not want to be placed with a family who were "very religious".

APPLICATION FOR MAINSTAY PLACEMENT

PART B: SOCIAL WORKER'S PROFILE OF YOUNG PERSON

This profile is intended to assist the project staff in matching the young person with Carers, and to give information to the Carers.

Name

D.o.B.

Lisa Tarbett

7.8.74.

1. How long have you known the young person?

Describe the kind of interaction you have had with him/her.

In the initial stages of my contact, Lisa was very quiet and it was a real effort to get any sort of conversation going. This is more due to shyness and lack of confidence than sullenness or defiance. However as time has progressed, Lisa has relaxed more and will now initiate conversation. She can have a "moan" if you are trying to encourage her to do something she doesn't want to do, but this is short lived. I have never been in a situation of having to confront Lisa or challenge her in any significant way. She often needs encouragement to formulate

2. Appearance

Lisa is tall and well built. She has wavy light brown hair which she wears in a short style. Lisa likes to wear fashionable clothes and is generally neat and tidy in her appearance.

3. Personality

Lisa presents to me as quiet and polite, often very reserved. Those who know her better would probably say that she can at times be moody and she seems to be able to "hold her own" in Carolina House. In general she appears to be quite a well-adjusted girl who enjoys but does not necessarily demand, individual attention.

4. Main strengths and positive qualities

Lisa comes across very well and whilst I'm sure she has her "moments" she does not present any major problems. Whilst she will "test out" she will respond to limits set by Carolina House. Lisa seems to have a number of friends and to mix well. She is making steady progress at school.

5. Current behaviour which a family would need to know about e.g. bed wetting, solvent abuse, truancy, smoking, drinking, gambling, health problems.

Lisa bed wets periodically. There is apparently no physical cause and appears viewed as something she will eventually "grow out of".

She has had drink with friends on a least one occasion but this is not a regular occurrence and would seem more related to the usual teenage "experimentation".

6. Current family relationships as they affect the young person.

Lisa seems her father at home every 2 weeks and usually meets up with him in town every Saturday. whilst she does not seem particularly "close" to her father, his opinions and views do matter to her and she can find it difficult to openly discuss subjects e.g. Mainstay.

Lisa visits her maternal grandmother every 2 weeks. She rarely talks about her mother and I guess Mrs Tarbett leaving and her subsequent lack of contact is a very painful subject.

Lisa's older brother [redacted] is also in Carolina House. Whilst both are close and would probably have quite frequent contact they see their futures as being *

*contd below

7. Any other significant life event which may have a bearing on the attitude and behaviour of the young person.

- 1) Questions about mother's absence
- 2) Previous experience of introduction to foster parents
- 3) Length of time in Carolina House

8. Most important problems to be tackled in the placement.

Planning for the time when Lisa will leave care and move onto independence.

9. Is there any information in this application form you have felt unable to share with the young person?

No - Lisa will be given the opportunity to read this form.

10. What is the young person's attitude to information being shared with Carers?

Lisa is reluctant to have certain information shared with carers. She is particularly sensitive about her bed wetting and certain aspects of her family history e.g. problems between parents, mother leaving. She also finds it difficult to accept dad's current relationship with [redacted]

[redacted]

*separate. [redacted]

Signed: [redacted]

Date: 9/2/99

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MAINSTAY ASSESSMENT - RESIDENTIAL

LISA TARBETT

1. BRIEF DESCRIPTION OF YOUR FAMILY/UNIT

Lisa resides in Scott House group, which is independent from the rest of Carolina House. There is accommodation for 7 children, both boys and girls, from the ages of 12 - 15 years. The emphasis in this group is on encouraging personal hygiene, developing skills in cooking and budgeting and personal development.

There are 5 staff in the unit, one of whom is Lisa's key worker.

2. WHAT DOES THE YOUNG PERSON LOOK LIKE?

Lisa is approx 5 ft 6 ins and heavily built, with short brown/fair hair. She has a pale complexion and very rarely wears make-up.

3. WHAT INITIAL IMPRESSION DOES HE/SHE MAKE?

Quiet, shy and polite.

4. WHAT DO YOU LIKE ABOUT HIM/HER?

Good sense of humour, fun to be with, easy to talk to when in good mood. Can be a comedian at times without realising it.

5. WHAT DO YOU DISLIKE ABOUT HIM/HER?

Huffy/moody, demanding.

6. WHAT DOES HE/SHE LAUGH AT?

Jokes, comedy programmes, other people's misfortunes.

7. DOES HE/SHE HAVE IRRITATING HABITS?

No.

8. WOULD YOU DESCRIBE THE PERSON AS OPEN OR WITHDRAWN?

Lisa can be fairly open with people, depending on the type of relationship she has with them.

9. IS HIS/HER BEHAVIOUR APPROPRIATE FOR HIS/HER AGE? GIVE EXAMPLES WHERE POSSIBLE?

In general yes, however, Lisa can, at times, use "baby talk" and be huffy and moody when trying to get attention from an adult.

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10. WHAT IS THE YOUNG PERSON'S STAGE OF PHYSICAL DEVELOPMENT/SEXUAL AWARENESS?

Lisa's physical development and sexual awareness is appropriate for her age. She has had boyfriends in the past, which were platonically based.

11. HOW DOES THE YOUNG PERSON GET ON WITH PEERS AND ADULTS?

(a) Peers.

Has a fairly good relationship with her peer group within Carolina House, although tends to seek the company of school friends outwith.

(b) Adults.

Lisa enjoys adult company and attention, she enjoys a banter/laugh with them, as well as one to one contact.

12. HOW DOES HE/SHE SPEND HIS/HER SPARE TIME?

Watching TV, listening to music, drawing, going out with friends, disco's, ice skating.

13. HOW DOES HE/SHE GET ON AT SCHOOL?

Lisa gets on well at school with both teachers and her peer groups. Her work is satisfactory, however, she can, at times, be lazy and needs encouragement.

14. WHAT DOES HE/SHE DO WHEN ANGRY?

Lisa normally storms off to her room, slamming doors. At times like this, it is felt best to leave her alone for a while until she has calmed down and is more approachable.

15. WHAT IS HIS/HER ATTITUDE TO -

(a) Money.

Appears to find her pocket money sufficient for her needs and does, on occasions, help pay towards new clothes and shoes. She also saves £1.50 a week which goes into her bank account.

(b) Food.

Lisa has a healthy appetite, often to the extreme, based on a need for comfort eating, at times. At present, she is to be joining a slimming club and attending Aerobic classes. Lisa, herself, decided on this, and does not find dieting easy.

(c) Physical contact.

Lisa enjoys physical contact, although this again depends on her relationship with the person at the time.

(d) Reprimands.

Not always happy nor accepting of reprimands initially, either argues back or tries to pick out faults in others, however, once things are talked through, Lisa accepts her part.

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(e) Household Chores.

Carries out household chores well, although this, again, depends on her mood. She can be very lazy and needs encouragement and help, at times, to get the job done.

(f) Hygiene.

Either showers or has a bath daily. Does not need to be told to change clothes.

(g) Dress/appearance.

Lisa likes to think she's fashionable and, at times, needs help and guidance from staff when choosing clothes as she tends to go for what is fashionable at the time, instead of clothes to suit her shape/build.

16. DESCRIBE HIS/HER HEALTH

Lisa is enuretic; she has had various forms of treatment at hospital and the conclusion is that there is no medical reason for it. This does not appear to bother her, but can cause embarrassment at times. In general her health is good. Lisa 'loves' going to doctors and hospitals and, at times, calls herself a "hypochondriac".

17. AREAS OF CONCERN OR MANAGEMENT PROBLEMS WHICH A CARER WOULD NEED TO KNOW ABOUT?

Lisa presents no real management problems but, at times, can be stubborn.

18. ATTITUDE TO HIS/HER PARENTS OR BROTHERS AND SISTERS. DESCRIBE FREQUENCY AND NATURE OF ANY CONTACTS?

Lisa is the youngest of 5 children and is the only girl.

Her parents have separated and her mother is, at present, living in London.

Lisa's father has a girlfriend [REDACTED] and Lisa some difficulty in coming to terms with the relationship and the fact that they now have a baby who is Lisa's half brother. Lisa visits her father and grandmother on alternate Sundays and sees extended family members whilst there. Lisa has a close relationship with her brother, [REDACTED], who lives in the same building, but in a separate unit. The other brothers are older and have their own lives, [REDACTED]

19. DO YOU THINK A MAINSTAY PLACEMENT WITH A FAMILY IS RIGHT FOR THIS YOUNG PERSON?

Yes, we feel Lisa needs, and would benefit from, a Mainstay placement. Lisa has had very little experience of a positive family setting and has been in and out of care most of her life.

20. COMMENT (IF POSSIBLE) ON HIS/HER EXPECTATIONS OF FAMILY LIFE?

Lisa sees a family as offering her a secure and caring environment which she can feel a part of, to share and experience day to day living with them.

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21. IN WHAT AREAS WOULD A PLACEMENT ASSIST HIM/HER?

Initially in helping her to experience family life. In the long term to help Lisa develop more of a self identity, separate of her natural family's likes and wishes. Also to enable Lisa to realize that she has the potential to achieve in life.

APPLICATION FOR MAINSTAY PLACEMENT

PART D: YOUNG PERSON'S FREE PORTRAIT

To help to place you with the right family, please give some information yourself.

What do you look like? What do you like to do in your spare time? What do you do with your pocket money?

Say a few things about you and school. Have you made any plans for the future?

What sort of person are you? What do people like about you? What makes you happy? What worries do you have? What do you do when you are angry? What do you do when you feel really down? What do you think are your main problems?

What do you feel about being in care? If you are away from home, how do you feel about this? Would you like to live in a family? If so, what kind of family would be right for you? What do you feel about sharing a room?

1. I am tall, slightly over average weight, I have fairish brown hair, blue eyes and a few freckles on my face. I have very big feet, they are size 8.
2. I like to go out with my pals, I like to go into town on Saturdays, go to discos and on Saturday evening I like to go to the ice rink. I have my own skates.
3. I spend my pocket money on sweets, juice and I spend it on discos sometimes. I go to the ice rink and spend most of my money on that.
4. I am in third year at Morgan Academy and the subjects I take are Maths, english, computer studies, secretarial studies, geography, biology, social education and religious education and I do physical education as well.

I have never bunked off school and I wouldn't because there is no point. I enjoy school sometimes, and I get on well with most of my teachers.
5. When I leave school I want to be a secretary or an air hostess.
6. Most of the time I am cheery and I like a good laugh. I don't like when people annoy me because I am very moody.
7. People like me because I have a cheery personality, I am loving, caring and I like to share things.
8. I don't have any worries at the moment.
9. I am happy when I see my dad and my gran. I am very happy when I have lots of money to spend on myself.
10. When I am angry I go to my room and cry it out, I take my anger out on everybody else and hope that they will forgive me after by trying to have a good laugh with me. I sometimes clench my fists and ignore what is happening.
11. When I feel really down, I sulk and go into my room for peace and quiet and read a book.

(Please continue overleaf if required)

Signed: *Lisa Varbo*

Date: *19/2/89*

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12. -

13. I like being in care but I would like to see what it is like with a family because I have not been with a family for so long.
14. When I am away from home , it depends where I am, if I visit a friend I don't want to come home, and if I am visiting my big brother, [REDACTED] in Aberdeen, I wish I could stay there for good because I get spoiled.
15. Yes, I would like to live in a family, but not for good because I only want to see what it is like again.
16. I would like a young couple between 30 and 40 years old. I wouldn't like a mother or father who is strict. I like cheery and kindhearted adults.

I would like them to have children of their own, a girl younger than I am and a boy older than me, about sixteen to eighteen yuears old, if this is at all possible.

17. I don't mind sharing a room, as long as the girl I had to share with wasn't too young. The youngest age about nine, ten years.



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ADDENDUM To Mainstay Agreement (Dated 21st May 1991) Between
LISA TARBETT AND [REDACTED]

- 1 Lisa agrees to do her own washing and ironing.
- 2 Lisa agrees to keep her bedroom clean and tidy.
- 3 Lisa agrees to clean the kitchen, if she is in the house in the morning.
- 4 Lisa agrees to stay in two nights per week, in order to complete these tasks. Once completed, she may then go out, if she wishes.

Financial Agreement

Lisa's wages - £35.00

- 1 Lisa agrees to give [REDACTED] £14 per week board money.
- 2 Lisa will be responsible for purchasing a bus pass with the money she has left.

3 [REDACTED]

Signed: Date:

Signed: Date:

Signed: Date:

Amended Mainstay Agreement

Lisa Tarbett and [REDACTED]

The agreement was reviewed on Tuesday 21 May 1991 at 14 Applecross Gardens, Gowrie Park, Dundee.

Present

Lisa Tarbett

[REDACTED], Mainstay Carers

Joyce Gall, social worker

Liz May, resource worker (Mainstay)

The Placement

- 1 The placement is to last a further year but if it is felt by everyone concerned that if Lisa can benefit by staying longer then the placement can be extended.
- 2 If Lisa or [REDACTED] wish the placement to end before the planned time, they agree to give four weeks notice to allow time for alternative plans to be made.
- 3 In exceptional circumstances, the Social Work Department reserves the right to remove Lisa. In these circumstances or in any crisis where Lisa is no longer in placement, a meeting with all concerned should be held within two working days of Lisa leaving to decide whether the placement is to end and if so to clarify the date of ending.
- 4 This agreement will be reviewed in approximately one year.

Aims of Placement

- 1 To support Lisa and encourage her progress towards independence.
- 2 To offer Lisa counselling and support with education and career choices.
- 3 To give Lisa assistance with budgeting and self-help skills.
- 4 To help and encourage Lisa to lose weight.

Family Contact

- 1 Contact with family members is to be at Lisa's discretion [REDACTED]

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Lisa Tarbett Undertakes

- 1 To live with [REDACTED] as a member of their household, keeping to the household rules. To take a part in family life and work together with [REDACTED] to overcome any difficulties.
- 2 To be available to see Joyce Gall on a three weekly basis.
- 3 To take on more responsibility for budgeting her money ie bus pass, clothing, lunch monies, toiletries.
- 4 To attend work and college
- 5 To use the toning tables at the leisure centre on a regular basis in an attempt to lose weight.
- 6 To work in conjunction with Joyce Gall on her life story book.
- 7 To let [REDACTED] know when she is going out, where she is going and to return at an agreed time.
- 8 To allow [REDACTED] to share information about the progress of the placement with Joyce Gall, Liz May and with carers in the support group.

Signed

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Joyce Gall Undertakes

- 1 To continue statutory responsibility for Lisa as assigned to the Social Work Department under the Social Work (Scotland) Act 1968.
- 2 To see Lisa on a three weekly basis.
- 3 To see [REDACTED], where appropriate, during the above visits to discuss the progress of the placement.
- 4 To undertake life story work with Lisa.
- 5 To ensure [REDACTED] receive payment for the use of toning tables for Lisa.
- 6 To ensure in conjunction with Liz May that [REDACTED] receive appropriate fees and allowances as Mainstay Carers.

Signed