

Legal Aspects Team
Health Records Department
Gartnavel General Hospital
1053 Great Western Road
Glasgow
G12 0YN



MMA Legal
23 Goodlass Road
Building B
L24 9HJ

Date: 22nd July 2026
Your Ref: 100009
Our Ref: LAT/ACCESS/ES
Enquiries to: Emily Svensson
Direct Line: 0141 211 3020
Email: Emily.svensson@nhs.scot

Re: Subject Access Request under the General Data Protection Regulation

PATIENT: CAROLINE WELSH

D.O.B: 30/10/1977

Thank you for your request received **2ND JULY 2026** in which you seek a copy of your client's personal information.

Your request has been dealt with in line with our requirements under Article 15 of the General Data Protection Regulation and I now attach the following:

GARTNAVEL GENERAL HOSPITAL

Please be aware that these health records have been reviewed by a clinician and any information identifying or provided by a third party has been removed.

We process personal information to enable us to provide healthcare services for patients; support and manage our employees; to carry out research and clinical trials; maintain our accounts and records and to carry out data matching under the national fraud initiative. We also use CCTV systems for crime prevention.

This personal information can be both clinical and non-clinical in nature and can include

- Patient health records, photographs or radiology images
- Video/telephone recordings, including CCTV images
- Witness statements
- Incident reports
- Complaints files
- Emails

The source of our data includes Patients, General Practitioners, Healthcare, Social and Welfare organisations, Legal representatives and Police forces.

We sometimes need to share the personal information we process with the individual themselves and also with other organisations as listed above. Where this is necessary we are required to comply with all aspects of the General Data Protection Regulation

Where these organisations are based outside Europe we take all appropriate safeguards to protect your information.

Health records are kept for a limited time and this is noted below for your information

- Adult general hospital records – six years after the date of last entry
- Maternity records – 25 years after the birth of the last child
- Children's and young people's records – until the child or young person's 25th birthday.
- Mental health records – 20 years after the date of the last contact

If you have any queries, please do not hesitate to contact us.

If you are unhappy with how your request has been dealt with please contact the NHSGGC Data Protection Officer. Their contact details are noted below:

Data Protection Officer
Information Governance Department
NHS GG&C – 2nd Floor
1 Smithhills Street
Paisley
PA1 1EB
Email: data.protection@ggc.scot.nhs.uk

Yours sincerely

Legal Aspects Team

ELECTRONIC PATIENT RECORDS

ALL HOSPITAL RECORDS HELD NHSGGC

☐

ACS

☐

BEATSON HOSPITAL

☐

CANNIESBURN HOSPITAL

☐

DENTAL HOSPITAL

☐

GARTNAVEL GENERAL HOSPITAL

☒

GLASGOW ROYAL INFIRMARY

☐

INVERCLYDE ROYAL HOSPITAL

☐

MATERNITY

☐

NEW VICTORIA ACH

☐

PRINCESS ROYAL MATERNITY

☐

QUEEN ELIZABETH UNIVERSITY HOSPITAL

☐

MATERNITY

☐

ROYAL ALEXANDRA HOSPITAL

☐

MATERNITY

☐

ROYAL HOSPITAL FOR CHILDREN

☐

STOBHILL HOSPITAL

☐

VALE OF LEVEN

☐

MATERNITY

☐

WEST AMBULATORY CARE HOSPITAL

☐

WESTERN INFIRMARY RECORDS

☐

Including:

BADGERNET

☐

CAREVUE

☐

MEDICAL ILLUSTRATION

☐

METAVISION

☐

PHYSIOTHERAPY

☐

RADIOLOGY

☐

WEST MARC

☐

LABS

☐

Previous Patient Notes for Physiology (newest at the top).

Note: Specialty search returns patient notes from 13th November 2018 onwards. Patient notes older than that date, tagged Historical Notes, that don't have a specialty assigned can only be viewed within the Patient Notes section in the Clinical Documents tree.

Patient Note		Remote Consultation
Date/Time: 01-Jul-2026 14:13	Created By: Clinical Physiologist Manager - Aileen Brown	Role:
Specialty: Physiology	Organisation:	Sensitive
Note: Telephone appointment for CPAP issue this morning. Previously had a sleep study 4/2/25 which confirmed AHI:31.1events/hr, ODI:37.1events/hr. Known to snore. Height 5ft 7, weight 16stone. ESS:3/24 today. Explained the hygiene of mask and equipment. Consent given for airview. Posting out F20 small mask with equipment. Telephone review appointment posted with equipment.		



**Confidential - Clinical
Information**

Department of Respiratory and General
Medicine
University Hospital Ayr
Dalmellington Road
Ayr
KA6 6DX



www.nhsaaa.net

Caroline Welsh -
9 St. Michaels Place
Kilwinning
Ayrshire
KA13 6FA

Our Ref: CC/JC
Hospital No:
Clinic Date: 21/07/2025
Date Dictated: 21/07/2025
Date Typed: 21/07/2025
Enquiries to: Sleep Service Secretary
Direct Line: 01292 616793 (Answerphone)
Ext. Number: 16793
Email: julie.connery@aapct.scot.nhs.uk

Dear Caroline Welsh,

CAROLINE WELSH **DOB: 30/10/1977** **CHI No: 3010776241**
9 ST. MICHAELS PLACE, KILWINNING, AYRSHIRE, KA13 6FA

Thank you for completing the home sleep study recently. I've now seen the results from this.

The sleep study does show some obstructive sleep apnoea (pauses in your breathing at night). Given the sleep symptoms that you have, trialling treatment with CPAP equipment is appropriate. We will add you to the waiting list for a CPAP trial through the sleep team in Glasgow. Unfortunately, there are long wait times for this equipment and the team will be in touch with an appointment as soon as is feasible.

The enclosed leaflet explains a bit more about CPAP, and what happens next with appointments. You can see a bit more about what CPAP equipment involves at our team's CPAP setup and support YouTube videos at the weblink <https://bit.ly/YoutubeGlasgowCPAP>

Important steps which will also help your sleep apnoea are:-

- Losing weight if you are overweight.
- Stopping smoking, if you smoke.
- Having a regular sleep routine which is long enough (typically 7 hours or more per night) and with a comfortable sleeping arrangement.
- Reducing or stopping any medications which contribute to sleep disruption and daytime sleepiness. Your GP could review your medicines with you if needed.

Please also find enclosed my information leaflet on sleep diagnoses and driving issues. It is important to be aware of these and follow the recommendations.



We haven't arranged an appointment at the medical sleep clinic for now. If you have questions about your sleep assessment or things that you'd like to discuss with the medical team before your CPAP trial then please get in touch with the Glasgow secretary, Keira McLellan (T: 0141 451 6088 or via switchboard: 0141 211 3000 Extension 86088 as an alternative) and we would get you onto our waiting list for a sleep clinic telephone appointment.

Yours sincerely

Authorised on 21/07/2025 14:40:02 by Typist Julie Connery, not verified by Consultant Chris Carlin.

Chris Carlin
Consultant Physician Sleep & Respiratory Medicine
GMC: 4708058

Dr F Hamilton
Oxenward Surgery
3 Oxenward Road
Kilwinning
Ayrshire
KA13 6EH

ApneaLink - Report of 04/02/2025 13:56

Treating physician

Dr Carlin

Referral to

Patient data

First name: Caroline
 Last Name: Welsh
 Street: _____
 City, ST, Zip: _____
 Phone: _____

Patient ID: 3010776241
 DOB: 30/10/1977
 Height: 0 cm
 Weight: 0 kg
 BMI: kg/m²

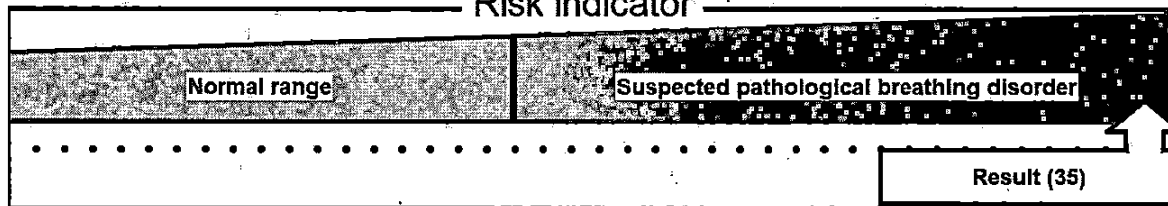
Recording

Date: 04/02/2025
 Start: 00:01
 End: 07:43
 Duration: 7 h 42 min

Evaluation

Start: 00:11
 End: 07:41
 Duration: 7 h 28 min

Risk indicator



* See Clinical Guide for abbreviations and ResMed standard parameters

Analysis (Flow evaluation period: 7 h 28 min / SpO2 evaluation period: 6 h 34 min)

Indices		Normal	Result	
AHI*:	31.1	< 5 / h	Average breaths per minute [bpm]:	11.95
RI*:	35.3	< 5	Breaths:	5354
Apnea index:	0	< 5 / h	Apneas:	0
UAI:	0		Unclassified apneas:	0
OAI:	0		Obstructive apneas:	0
CAI:	0		Central apneas:	0
MAI:	0		Mixed apneas:	0
Hypopnea index:	31.1	< 5 / h	Hypopneas:	232
% Flow lim. Br. without Sn (FL):	43	< Approx. 60	Flow lim. Br. without Sn (FL):	2318
% Flow lim. Br. with Sn (FS):	6	< Approx. 40	Flow lim. Br. with Sn (FS):	326
			Snoring events:	1940
ODI Oxygen Desaturation Index*:	37.1	< 5 / h	No. of desaturations:	244
Average saturation:	92	94% - 98%	Saturation <= 90% :	104 min (26%)
Lowest desaturation:	78	-	Saturation <= 85% :	44 min (11%)
Lowest saturation:	75	90% - 98%	Saturation <= 80% :	1 min (0%)
Baseline Saturation:	97	%		
Minimum pulse:	60	> 40 bpm		
Maximum pulse:	217	< 90 bpm		
Average pulse:	81	bpm		
Proportion of probable CS epochs:	0	0%		

Analysis status: Edited manually (Hypopneas based on flow only)

Analysis parameters used (User-defined)

Apnea [1%; 10s; 80s; 1.0s; 20%; 60%; 5%]; Hypopnea [50%; 10s; 100s; 1.0s]; Snoring [6.0%; 0.3s; 3.5s; 0.5s]; Desaturation [4.0%]; CSR [0.50]

Comments

Indices indicate severe OSAHS
 Elevated ODI indicating CPAP trial
 ESS15
 G Toole

Name: Caroline Welsh

Date: 04/02/2025

Patient ID/Ref No.: 3010776241

Physician to fill out this section

☐ Refer directly to sleep specialist _____ for consultation and possible polysomnography testing due to sleep screening of AHI of 31.1.

Patient complaints of:

Daytime sleepiness (hypersomnia, unspecified) _____

Other _____

Other _____

ICD-9

780.54

Co-morbid diagnoses:

Essential hypertension _____

CHF _____

Diabetes mellitus _____

Cardiovascular disease _____

Other _____

Other _____

ICD-9

401

428.0

250.0

429.2

Note: Only AHI and Cheyne Stokes probability are a result of the ApneaLink calculation.

Notes:

Ordering Physicians Signature: _____

DEA# _____

