

Subject Access Request



Patient	Mr Michael McGhie
Date of birth	26-Dec-1977 (age 48)
Gender	M
NHS number	7359072646
Patient's address	Horizon Life Training Kennel Hall F Ripon Road Killinghall Harrogate North Yorkshire HG3 2AY
Date range selected	Full record
Organisation	MMA Legal
Reference	DSAR-20260608-095BC7

Problems

Active

02-Sept-2025 Miss Emma Ryan
Generalised anxiety disorder

Significant Past

This section is empty.

Minor Past

This section is empty.

Consultations

18-Jun-2026 Mrs Jacqueline Bedford Surgery

Comment **Comment** Online questionnaire completed by patient
Dear Mr McGhie, We have received a letter from MMA Legal Ltd requesting a copy of your FULL medical records, together with your signed consent. In line with GDPR we would normally send these direct to the patient so they can check their record and forward onto the solicitors but if you consent we can send these direct to the solicitors on your behalf. Please advise by replying to this text. Thanks, ***** BEDFORD Moss Healthcare Harrogate
Response: Hi yes i consent to my health records being sent to the person how asked for them could txt me when ths is done thanks Michael mcghie
Received on: 18/06/2026 at 16:20

18-Jun-2026 Mrs Jacqueline Bedford Surgery

Read Code Patient telephone number +447470444725
Read Code Short message service text message sent to patient
Dear Mr McGhie, We have received a letter from MMA Legal Ltd requesting a copy of your FULL medical records, together with your signed consent. In line with GDPR we would normally send these direct to the patient so they can check their record and forward onto the solicitors but if you consent we can send these direct to the solicitors on your behalf. Please advise by replying to this text. TO RESPOND, please follow this link: <https://accurx.nhs.uk/c/p-taz9nznpbh> Thanks, ***** BEDFORD Moss Healthcare Harrogate
Sent on 18/06/2026 at 15:17

17-Jun-2026 Ms Caroline Bushell Surgery

29-May-2026 Mrs Michelle Coverdale Surgery

28-May-2026 Dr Aju Varghese Surgery

Read Code Patient telephone number +447470444725
 Read Code Short message service text message sent to patient
 Dear Mr McGhie, I am sorry i was unable to reach you on phone today to review your medication as planned, please get in touch and rebook the appointment TO RESPOND, please follow this link: <https://accurx.nhs.uk/c/p-3ru5429e27> Thanks, Dr A VARGHESE Moss Healthcare
 Harrogate Sent on 28/05/2026 at 16:08

28-May-2026 Dr Aju Varghese Surgery

Read Code Failed encounter
 Comment Diagnosis Failed encounter

28-May-2026 Mrs Christine Ashworth Jennyfield- Moss Healthcare, Surgery

Read Code Clinical history and observations seen for review ?early abscess ?inf insect bite infection improving redness settling and no further deterioration to skin/ wound feels well no pain
 Read Code Plan improving cellulitis from likely insect bite complete abx and seek review if any worsening

26-May-2026 Mrs Christine Ashworth Surgery

Read Code Clinical examination see photo Approx.15 cm area of erythema and induration to upper inner thigh with central scab/crusted punctum. Mild swelling and surrounding dusky discolouration. Tenderness to palpation. No obvious discharge. No fluctuance Temperature of surrounding skin increased / not increased.
 Attachment Attachment
 Read Code Plan imp- ?infected insect bite ?early abscess trial clarithromycin in place of flucloxacillin as no response after 48 hour is not improving by thursday ?sau review appt made for review
 Read Code Medical photography
 Read Code Clinical history and observations see triage started with ? insect bite on back of left thigh now left with redness see photo feels well some discomfort
 Read Code Patient consent given for medical photography

26-May-2026 Mrs Melissa Darvill Surgery

Read Code Follow-up appointment offered Patient Outcome Face-to-face saved on 26/05/2026

26-May-2026 Mrs Belinda Dale Surgery

Read Code eConsultation via online application Patient request: Medical - Health problem
 Comment Comment Describe the problem: pat had insect bite on left leg last friday / went to HDH was prescribed abx flucloxacillin (1 wk). leg is still red and angry. Attach a photo or file: No file attached How long has it been going on for? Is it getting better or worse?: bitten last friday - Have you tried anything to help?: taking flucloxacillin abx Is there anything you're particularly worried about?: getting worse
 Expectations: follow appt with gp to make sure everything is okay When are the best times to contact you: anytime on mobile ending 725 Contact method preference: Text message, Phone call Preferred clinician to contact them: Anyone Name: McGhie, Michael DOB: 26-12-1977 Postcode: HG3 2AY Patient phone number: 07470 444725 Received on: 26/05/2026 at 09:43

24-May-2026 Dr Peta Land HDFT - GP OOH Harrogate & Ripon HDFT - GP OOH Harrogate & Ripon

Comment History Hx as above
 Comment Examination Obs stable as above, boil/early abscess formation on posterior thigh on left- 1x2cm with surrounding erythema to 3.5cm diameter
 Comment Diagnosis boil
 Comment Plan treat with flucloxacillin- advice re marking with black pen around existing erythema and if erythema spreading, fevers or systemically unwell needs to return aware re 111 or in emergency A&E/999

24-May-2026 Miss Mam Jallow HDFT - GP OOH Harrogate & RiponHDFT - GP OOH Harrogate & Ripon

Read Code	Sitting systolic blood pressure	127.0 mmHg
Read Code	Peripheral blood oxygen saturation on room air at rest	96.0 %
Read Code	Temperature	36.7 C
Read Code	Respiratory rate	18.0 breath/min
Read Code	Pulse rate	68.0 bpm
Comment	Examination NEWS: 0 BP: 127/81 Presenting complaint: Insect bite (Friday). Left posterior thigh. Area has a large erythematous ring. Hot to touch. Spreading. No systemic symptoms	
Read Code	Sitting diastolic blood pressure	81.0 mmHg

24-May-2026 Dr Amy Kuck HDFT - GP OOH Harrogate & RiponHDFT - GP OOH Harrogate & Ripon

Comment	History ***** on phone ***** mh noted not unwell or feverish but largered ring around insect bite on leg hot tender systemically nkda merds as per s1 record
Comment	Diagnosis insect bite ? infected
Comment	Plan f2f pcc

19-May-2026 Ms Tracey Latimer Surgery**13-May-2026 Dr Aju Varghese Surgery**

Comment	History noted MH team letetr complaint with medication no se's keen to consider increasing sertraline warned about effects and se's f/u booked
---------	--

05-May-2026 Ms Natasha Shazad Surgery

Read Code	Estimated creatinine clearance calculated using adjusted body weight Cockcroft-Gault formula	96.6 mL/min
Read Code	Medication review done	
Read Code	Medication review with patient	
Read Code	Structured medication review	
Read Code	Advice on over-the-counter medication	
Read Code	Repeat medication check	
Read Code	Medication review done by clinical pharmacist	
Read Code	Medication review done by pharmacist	
Read Code	Self-administration of medication	
Read Code	Able to manage medication	
Read Code	Depression annual review	
Read Code	Has shown no side effects from medication	
Read Code	Patient understands why taking all medication	
Read Code	Ex-smoker	
Read Code	Teetotaler	
Read Code	Discussion about changes in lifestyle	
Read Code	Telephone consultation	
Read Code	Medication counselling	
Read Code	Normal laboratory findings	
Read Code	Structured medication review	
Read Code	Medication review done by clinical pharmacist	
Read Code	Depression interim review	
Read Code	No	
Read Code	No significant drug interactions	
Read Code	Drug monitoring done	
Read Code	Estimated creatinine clearance calculated using actual body weight Cockcroft-Gault formula	131.4 mL/min
Read Code	Checking procedure	
Read Code	Advice about drug treatment	
Read Code	No suicidal thoughts	
Read Code	Informing patient	
Read Code	Indication for each drug checked	
Read Code	Drug compliance good	
Comment	History ID confirmed called formed recv quetiapine 100mg bd/quetiapine 3 bd/sertraline 100mg; feels sertaline is not doing anything for him no side effects or issues - prn blocked nose was staretd by MH team then was dc from service needs gp review to increase dose as on 2 mh meds task to reception No ***** (Xaluw) No suicidal thoughts (XaIJ7) ***** info given-111,opt2 Depression annual review (XaK6d) Depression interim review (XaK6f) bloods done feb Ex-smoker (Ub1na) Teetotaler (1361.) Structured medication review (Y282b)	
Read Code	Repeat medication check	
Read Code	Structured medication review	
Read Code	No *****	
Read Code	Advice to continue with drug treatment	
Read Code	Seen by clinical pharmacist	
Read Code	Shared decision making	

01-May-2026 Miss Amira Laher Surgery

Read Code Patient telephone number +447470444725
 Read Code Short message service text message sent to patient
 Dear Mr McGhie, I have tried calling again as you are due
 your medication review. In order for you to order more
 please ring the surgery and book in for a time and day
 that suits you so we can speak to you. Thanks, *****,
 Clinical Pharmacist Moss Healthcare Harrogate Sent on
 01/05/2026 at 13:51

01-May-2026 Miss Amira Laher Surgery

Read Code Failed encounter
 Comment History Failed encounter tried mobile twice again. SMS
 sent asking pt to book in for med review.

01-May-2026 Miss Amira Laher Remote Working, Surgery

Read Code Did not attend
 Comment Did not attend for Pharmacist appointment with
 Miss ***** Laher.

01-May-2026 Miss Amira Laher Surgery

Read Code Patient telephone number +447470444725
 Read Code Short message service text message sent to patient
 Dear Mr McGhie, I have tried calling today regarding a
 review of your medication. I will try again in 15-30 minutes,
 It will be from an unknown /withheld number. Thanks, *****,
 Clinical Pharmacist Moss Healthcare Harrogate Sent on
 01/05/2026 at 12:26

01-May-2026 Miss Amira Laher Surgery

Comment History Failed encounter tried twice - unable to leave VM.
 sent SMS. will try again in 15-30mins
 Read Code Failed encounter

27-Apr-2026 Miss Amira Laher Surgery

Read Code Patient telephone number +447470444725
 Read Code Short message service text message sent to patient
 Dear Mr McGhie, I have tried calling today regarding a
 review of your medication. I will try again on Friday 1st
 May, the call will be between 12pm-1pm. It will be from an
 unknown /withheld number. If this time does not suit please
 let reception know. Thanks, *****, Clinical Pharmacist Moss
 Healthcare Harrogate Sent on 27/04/2026 at 16:20

27-Apr-2026 Miss Amira Laher Surgery

Read Code Failed encounter
 Comment History Failed encounter unable to leave VM tried twice
 sent SMS instead re booked in for another day as clinic
 ran over.

27-Apr-2026 Miss Amira Laher Remote Working, Surgery

Read Code Did not attend
 Comment Did not attend for Pharmacist appointment with
 Miss ***** Laher.

24-Apr-2026 Dr James Norman Surgery

Comment History GORD cough in mornings No SOB Settles
 through rest of day
 Comment Examination Chest clear
 Comment Plan Add PPI Lifestyle/dietary/weight advice

21-Apr-2026 Ms Tracey Latimer Surgery**14-Apr-2026 Miss Ellen Frampton Surgery**

Read Code Follow-up appointment offered Patient Outcome Face-to-
 face saved on 14/04/2026

14-Apr-2026 Miss Ellen Frampton Surgery

Read Code Short message service text message sent to patient
 Dear Mr McGhie, I have used the link that was sent to you
 to book you an appointment for 8.20AM on Friday
 24.04.26 at Kings Road Surgery. If this appointment does
 not work for you please contact reception. Thanks, Moss
 Healthcare Harrogate Sent on 14/04/2026 at 14:48
 Read Code Patient telephone number +447470444725

14-Apr-2026 Miss Ellen Frampton Surgery

Read Code eConsultation via online application Patient request:
Admin - Other admin request

Comment **Comment** NHS number: 7359072646 Name: MCGHIE, MICHAEL DOB: 26-12-1977 Gender: Male Postcode: HG3 2AY Patient phone number: 07470444725 Registered at: MOSS HEALTHCARE HARROGATE (B82013) Briefly describe your admin query: Could i get an appointment for one of these days monday Tuesday or Friday i got told today to book an appointment for my chest eny time is ok ðŸ™? Contact method preference: Text message Preferred clinician to contact them: Anyone Received on: 14/04/2026 at 12:55

14-Apr-2026 Mr Jacob Woolliscroft Surgery

Read Code Short message service text message sent to patient
Dear Mr McGhie, Your enquiry has been triaged. Please use the link below to book a routine face-to-face appointment with a GP. To book: <https://accurx.nhs.uk/c/p-a2hz3mtc75> (Expires in 7 days)
Thanks, Moss Healthcare Harrogate Sent on 14/04/2026 at 09:26

Read Code Patient telephone number +447470444725

14-Apr-2026 Dr Joseph Fisher Surgery

Read Code eConsultation via online application Patient request:
Medical - Medical request

Comment **Comment** NHS number: 7359072646 Name: MCGHIE, MICHAEL DOB: 26-12-1977 Gender: Male Postcode: HG3 2AY Patient phone number: 07470444725 Registered at: MOSS HEALTHCARE HARROGATE (B82013) Describe the problem: I've had a bad cough for about 3 months now every morning I wake up it takes till 11 am to clear up Attach a photo: No file attached How long has it been going on for? Is it getting better or worse?: 3 months Have you tried anything to help?: No Is there anything you're particularly worried about?: Need to soeak to doctor about it Expectations: Speak to doctor about it Wednesday and Thursday i cant do for appointments the rest of the week is fine When are the best times to contact you: Eny time Contact method preference: Text message Preferred clinician to contact them: Eny doctor Received on: 14/04/2026 at 08:17

07-Apr-2026 Dr Andrew Kempston Surgery

Read Code Follow-up appointment offered Patient Outcome Face-to-face saved on 07/04/2026

07-Apr-2026 Dr Andrew Kempston Surgery

Read Code Patient telephone number +447470444725

Read Code Short message service text message sent to patient
Dear Michael, Your enquiry has been triaged. Please use the link below to book a routine face-to-face appointment with a GP. To book: <https://accurx.nhs.uk/c/p-j8awbz5wvp> (Expires in 7 days) Regards, Dr Kempston Moss Healthcare Harrogate Sent on 07/04/2026 at 10:24

07-Apr-2026 Dr Andrew Kempston Surgery

Comment **Comment** Name: McGhie, Michael DOB: 26-12-1977 Postcode: HG3 2AY Phone number: 07470 444725 Describe the problem: Moved from Scotland and needs two Surgery's. Attach a photo: No file attached How long has it been going on for? Is it getting better or worse?: Hip op and Hernia removed Have you tried anything to help?: Hernia very big, cant lift Is there anything you're particularly worried about?: Getting bigger and bigger. Expectations: App with Doctor for referral to hospital When are the best times to contact you: Anytime Contact method preference: Text message, Phone call Preferred clinician to contact them: Anyone Received on: 07/04/2026 at 09:15

Read Code eConsultation via online application Patient request:
Medical - Medical request

23-Mar-2026 Mr Mohammed Saddique Surgery

Read Code Medication requested

Comment History Medication requested Drug: Quetiapine 100mg tablets Dose: one in the morning and one at night. Quantity: 60 tablet Drug: Sertraline 100mg tablets Dose: One a day Quantity: 28 tablet Quetiapine 25mg

24-Feb-2026 Miss Laura Thwaite Surgery

Read Code	Ex-smoker	
Read Code	Family history unknown	
Read Code	Serum HDL cholesterol level	1.7 mmol/L
Read Code	Serum cholesterol/HDL ratio	4.5 mmol/mmol
Read Code	NHS Health Check completed	
Read Code	Blood sample taken	
Read Code	Body mass index - observation	41.17551 Kg/m ²
Read Code	GPPAQ physical activity index: active	
Read Code	White Scottish	
Read Code	QRISK2 cardiovascular disease 10 year risk score	4.82 %
Read Code	Health education - testicular examination	
Read Code	Advice on cancer	
Read Code	Risk assessment raised	
Read Code	NHS Hlth Chck rais awareness abt dementia and *****	
Read Code	Family history unknown	
Read Code	Summary report	
Read Code	Alcohol use disorder identificatn test consumptrn questionnaire	
Read Code	GPPAQ physical activity index: active	
Read Code	Prov of info about abdo aortic aneurysm screening programme	
Read Code	Cardiovascular disease risk assessment	
Read Code	Pulse rate	97.0 bpm
Read Code	Advice given about prostate cancer screening	
Read Code	Teetotaller	
Read Code	Plan for hba1c recheck in 6months wants to try reduce	
Read Code	Cardiovascular disease risk assessment	
Read Code	O/E - Systolic BP reading	124.0 mmHg
Read Code	Advice given about bowel cancer screening programme	
Read Code	O/E - height	1.75 m
Read Code	O/E - pulse rhythm regular	
Read Code	O/E - weight	126.1 Kg
Read Code	Alcohol consumption screening	
Read Code	Education : Importance of regular checks (eye)	
Read Code	Cardiovascular disease health education	
Read Code	Balanced diet	
Read Code	Haemoglobin A1c level - IFCC standardised	42.0 mmol/mol
Read Code	Atrial fibrillation not detected	
Attachment	Attachment	
	<i>Patient Information from Miss L Thwaite, Moss Healthcare Harrogate -> Mr M McGhie,</i>	
Read Code	Diet good	
Read Code	Family history unknown	
Read Code	Oral health education	
Read Code	O/E - Diastolic BP reading	78.0 mmHg

20-Feb-2026 Miss Emily McKillop Surgery**19-Feb-2026 Mrs Michelle Coverdale Surgery****18-Feb-2026 Mrs Karen Ryan Surgery**

Comment ~~Comment~~ Dear Michael, We would love to keep you informed and involved. By following Moss Healthcare on Facebook and Instagram, you will receive helpful updates, health tips, upcoming campaigns and news about services that support you and your family. Stay connected with us and be part of our community.
<https://www.instagram.com/mosshealthcareharrogate/>
<https://www.facebook.com/MossHealthcare> Kind regards Moss Healthcare Harrogate NHS app message sent on 18/02/2026 10:33:54

18-Feb-2026 Dr Andrew Kempston Surgery

Read Code Patient telephone number +447470444725
 Read Code Pre-diabetes
 Read Code Short message service text message sent to patient
 Dear Mr McGhie, Your blood sugar results are higher than normal but not high enough to be called diabetes. This is called pre-diabetes and more information about it can be found here - <https://www.diabetes.org.uk/preventing-type-2-diabetes/prediabetes> If you like you can self refer to the Diabetes Prevention Programme here - <https://preventing-diabetes.co.uk/referral/> Please repeat the blood test in one year and contact our nurses if you have any questions. Regards, Dr Kempston Moss Healthcare Harrogate Sent on 18/02/2026 at 08:08

16-Feb-2026 Mrs Svetla Ivanova Surgery

Read Code Did not attend
 Comment ~~Comment~~ Did not attend for Phlebotomy Clinic appointment with Mrs Svetla Ivanova.

13-Feb-2026 Auto-filed Surgery

Read Code	Serum HDL cholesterol level	1.7 mmol/L
Read Code	Serum cholesterol level Familial Hypercholesterolaemia should be considered in a patient with a total cholesterol >7.5 mmol/L. Please refer to lipid clinic if there is a personal or family history of cardiovascular disease before age 60 and hypothyroidism & ketogenic diet have been excluded. [NICE NG238 and CG71]. Otherwise, please interpret and manage in accordance with NICE NG238.	7.6 mmol/L
Read Code	Serum cholesterol/HDL ratio	4.5 mmol/mmol
Read Code	Serum non high density lipoprotein cholesterol level	5.9 mmol/L
Read Code	Calculated LDL cholesterol level LDL-C measured by the5.4 mmol/L ***** equation.	
Read Code	Serum triglyceride levels	1.3 mmol/L
17-Feb-2026	LIPID PROFILE Clinical Information: health check; Request: Monitoring; Sample type:: Non-fasting health check; Request: Monitoring; Sample type:: Non-fasting health check; Request: Monitoring; Sample type:: Non-fasting health check; Request: Monitoring; Sample type:: Non-fasting health check; Request: Monitoring; Sample type:: Non-fasting LIPID PROFILE: Abnormal	

13-Feb-2026 Auto-filed Surgery

Read Code	Haemoglobin A1c level - IFCC standardised Above high reference limit	42.0 mmol/mol
17-Feb-2026	Haemoglobin A1c level - IFCC standardised Clinical Information: health check; Request: Monitoring; Sample type:: Non-fasting health check; Request: Monitoring; Sample type:: Non-fasting health check; Request: Monitoring; Sample type:: Non-fasting health check; Request: Monitoring; Sample type:: Non-fasting Borderline	

13-Feb-2026 Auto-filed Surgery

Read Code	Serum creatinine level Above high reference limit	109.0 umol/L
Read Code	eGFR using creatinine (CKD-EPI) per 1.73 square metres eGFR calculated using CKD-EPI 2009 equation. Caution when interpreting eGFR in adults with extremes of muscle mass and in those who consume protein supplements. If evidence of renal disease (e.g. raised urine ACR) the eGFR indicates CKD stage 2 (see renal referral guidelines).	69.0 mL/min
Read Code	Serum urea level	5.2 mmol/L
Read Code	Urea and electrolytes	
Read Code	Serum potassium level	4.6 mmol/L
Read Code	Serum sodium level	139.0 mmol/L
17-Feb-2026	Urea and electrolytes Clinical Information: health check; Request: Monitoring; Sample type:: Non-fasting health check; Request: Monitoring; Sample type:: Non-fasting health check; Request: Monitoring; Sample type:: Non-fasting health check; Request: Monitoring; Sample type:: Non-fasting Normal	

13-Feb-2026 Auto-filed Surgery

Read Code	Liver function tests	
Read Code	Serum albumin level	42.2 g/L
Read Code	Serum alanine aminotransferase level	39.0 iu/L
Read Code	Serum alkaline phosphatase level	59.0 iu/L
Read Code	Serum total bilirubin level	10.0 umol/L
17-Feb-2026	Liver function tests Clinical Information: health check; Request: Monitoring; Sample type:: Non-fasting health check; Request: Monitoring; Sample type:: Non-fasting health check; Request: Monitoring; Sample type:: Non-fasting health check; Request: Monitoring; Sample type:: Non-fasting Normal	

13-Feb-2026 Auto-filed Surgery

Read Code	Serum TSH level Normal TSH, suggests patient is probably EUTHYROID.	2.51 mIU/L
17-Feb-2026	TSH Clinical Information: health check; Request: Monitoring; Sample type:: Non-fasting health check; Request: Monitoring; Sample type:: Non-fasting health check; Request: Monitoring; Sample type:: Non-fasting health check; Request: Monitoring; Sample type:: Non-fasting Normal	

09-Feb-2026 Dr David Taylor Surgery

Read Code	Telephone consultation trying to do driver theory test struggling with what sounds like anxiety asking for doctors letter to get support advised I can do letter but no guarantee will change anything as the can only go on what he tells me, patient understands this and has decided will practice more	
-----------	--	--

03-Feb-2026 Ms Natalie Jackiewicz Surgery

Read Code	Follow-up appointment offered Patient Outcome Telephone saved on 03/02/2026	
-----------	---	--

03-Feb-2026 Ms Natalie Jackiewicz Surgery

Read Code Patient telephone number +447470444725
 Read Code Short message service text message sent to patient
 Dear Mr McGhie, We'd like you to book a phone call with
 GP To book: <https://accurx.nhs.uk/c/p-db8sg32u7k>
 (Expires in 7 days) Thanks, Moss Healthcare Harrogate
 Sent on 03/02/2026 at 09:16

03-Feb-2026 Ms Natalie Jackiewicz Surgery

Read Code eConsultation via online application Patient request:
 Admin - Doctor's letter
 Comment NHS number: 7359072646 Name: MCGHIE,
 MICHAEL DOB: 26-12-1977 Gender: Male Postcode: HG3
 2AY Phone number: 07470444725 Registered at: MOSS
 HEALTHCARE HARROGATE (B82013) What is the letter
 for?: Could i get a gp to phone me to discuss dvla theory
 test letter my mobile number is 07470 444725 thanks
 michael mcghie When do you need the letter by?: ASAP
 Contact method preference: Phone call Preferred clinician
 to contact them: Anyone Received on: 03/02/2026 at
 09:05

03-Feb-2026 Mrs Jacqueline Bedford Surgery

Read Code Patient telephone number +447470444725
 Read Code Short message service text message sent to patient
 Dear Mr McGhie, You need to send in a new triage form
 requesting telephone appointment. Thanks, *****
 BEDFORD Moss Healthcare Harrogate Sent on
 03/02/2026 at 09:08

03-Feb-2026 Mrs Jacqueline Bedford Surgery

Comment Online questionnaire completed by patient
 Dear Mr McGhie, Can you please arrange a telephone
 appointment to discuss this with a GP. Thanks, *****
 BEDFORD Moss Healthcare Harrogate Response: Hi
 could I get a gp to phone me on 07470 444725 to discuss
 dvla theory test letter thanks Michael mcghie Received on:
 03/02/2026 at 09:01

03-Feb-2026 Mrs Jacqueline Bedford Surgery

Read Code Patient telephone number +447470444725
 Read Code Short message service text message sent to patient
 Dear Mr McGhie, Can you please arrange a telephone
 appointment to discuss this with a GP. TO RESPOND,
 please follow this link: <https://accurx.nhs.uk/c/p-asbpfn4yn> Thanks, ***** BEDFORD Moss Healthcare
 Harrogate Sent on 03/02/2026 at 08:42

02-Feb-2026 Ms Laura Land Surgery

Read Code eConsultation via online application Patient request:
 Admin - Doctor's letter
 Comment Name: Mcghie , Michael DOB: 26-12-1977
 Postcode: Hg32ay Phone number: 07470444725 What is
 the letter for?: A supporting letter to get extra help for a
 dvla letter for my theory test as i am struggling with the
 wording of the questions and i am hoping to get some
 assistance this letter will help towards this, perhaps a
 phone call chat as well about it. Many thanks. ***** When
 do you need the letter by?: No time frame would like a call
 about it to see whats best for me. Contact method
 preference: Text message Preferred clinician to contact
 them: Anyone Received on: 02/02/2026 at 15:23

28-Jan-2026 Mrs Julia Blundell Surgery

Read Code Administrative reason for encounter Patient Outcome
 Admin Message saved on 28/01/2026

28-Jan-2026 Mrs Julia Blundell Surgery

Read Code Short message service text message sent to patient
 Dear Michael, Thank you for completing the online triage
 form. Please contact reception to book your appointment.
 Thanks, Moss Healthcare Harrogate Sent on 28/01/2026
 at 11:54
 Read Code Patient telephone number +447470444725

28-Jan-2026 Mrs Julia Blundell Surgery

Read Code eConsultation via online application Patient request:
Admin - Routine care

Comment **Comment** NHS number: 7359072646 Name: MCGHIE, MICHAEL DOB: 26-12-1977 Gender: Male Postcode: HG3 2AY Phone number: 07470444725 Registered at: MOSS HEALTHCARE HARROGATE (B82013) Type of request: NHS Health Check (aged 40-74) More information: Hi can i book a appointment for a health check pls i am free Monday s Tuesdays and fridays anytime suits thanks michael mcghie Contact method preference: Text message Preferred clinician to contact them: Anyone Received on: 28/01/2026 at 10:52

27-Jan-2026 Mrs Karen Ryan Surgery

Read Code NHS Health Check invitation first letter Added in bulk

27-Jan-2026 Mrs Karen Ryan Surgery

Comment **Comment** Dear Michael, You are eligible for an NHS Health Check. Please contact our reception team on 01423 560261 to book your appointment. Your Health Check will be a 20-minute appointment with one of our Health Care Assistants. Please note: you will need to book a screening blood test one week before your appointment. For more information about the NHS Health Check, please visit: <https://www.nhs.uk/conditions/nhs-health-check/> Kind regards Moss Healthcare Harrogate NHS app message sent on 27/01/2026 13:54:14

22-Jan-2026 Ms Natasha Shazad Surgery

Read Code Seen by clinical pharmacist
Read Code Administration note
Comment History see task dated 19/1/26
Read Code Repeat medication check

08-Dec-2025 Dr Benjamin Millar Surgery

Read Code Short message service text message sent to patient
Dear Mr McGhie, I have issued your medication early as requested Thanks, Dr Millar Moss Healthcare Harrogate
Sent on 08/12/2025 at 14:42

Read Code Patient telephone number +447470444725

08-Dec-2025 Dr Benjamin Millar Surgery**08-Dec-2025 Mrs Melisa Pasalic Surgery**

Read Code Drug prescription Patient Outcome Prescription saved on 08/12/2025

08-Dec-2025 Ms Natalie Jackievicz Surgery

Read Code eConsultation via online application Patient request:
Admin - Other admin request

Comment **Comment** NHS number: 7359072646 Name: MCGHIE, MICHAEL DOB: 26-12-1977 Gender: Male Postcode: HG3 2AY Phone number: 07470444725 Registered at: MOSS HEALTHCARE HARROGATE (B82013) Briefly describe your admin query: I am off up to Aberdeen for xmas and new year on the 17 th of December till the 3rd of January 2026 could i get my medication this week if yous dont mind thanks michael mcghie 26/12/1977 07470 444725 horizon Life Training ripon road killinghall Harrogate HG3 2AY north yorkshire appreciated Contact method preference: Text message Preferred clinician to contact them: Anyone Received on: 08/12/2025 at 09:48

03-Dec-2025 Dr Anna Bickerdike Surgery

Comment History tel call. feeling 'brand new' on the higher dose of sertraline. much better. no thoughts *****/S, assures me would get in touch if he did. happy to cont with this dose for now.

Comment Plan cont with the sertraline 100mg seek review if any issues or concerns in meantime

25-Nov-2025 Dr Joseph Fisher Surgery

Read Code Patient given advice Patient Outcome Advice saved on 25/11/2025

25-Nov-2025 Dr Joseph Fisher Surgery

Read Code Short message service text message sent to patient
 Dear Michael, This sounds like genital warts so you need to go to the local sexual health clinic.
<https://www.yorsexualhealth.org.uk/find-a-clinic/harrogate/>
 Thanks, ***** Moss Healthcare Harrogate Sent on 25/11/2025 at 10:23

Read Code Patient telephone number +447470444725

25-Nov-2025 Mr Jacob Wooliscroft Surgery

Comment **Comment** NHS number: 7359072646 Name: MCGHIE, MICHAEL DOB: 26-12-1977 Gender: Male Postcode: HG3 2AY Phone number: 07470444725 Registered at: MOSS HEALTHCARE HARROGATE (B82013) Describe the problem: I have a wart on testicles its been there for a few months and it is getting bigger need to get it looked at Attach a photo: No file attached How long has it been going on for? Is it getting better or worse?: A few weeks Have you tried anything to help?: Yes wart cream but it has not done anything Is there anything you're particularly worried about?: Need to get it looked at Expectations: No pain When are the best times to contact you: Any times Contact method preference: Text message Preferred clinician to contact them: Anyone Received on: 25/11/2025 at 08:52

Read Code eConsultation via online application Patient request: Medical - Medical request

24-Nov-2025 Mrs Susan Chapman Surgery**19-Nov-2025 Dr Anna Bickerdike Jennyfield- Moss Healthcare, Surgery**

Comment **History** Tel call. see prev. been on sertraline for 4-5 weeks now alongside the quetiapine. feeling ok. no thoughts *****/S keen to go up on dose.

Comment **Examination** chatty on phone

Comment **Plan** increase to 100mg I will phone in couple of weeks. if feeling worse in meantime, more low in mood, thoughts *****/S seek review from us or *****.

Allergy No known allergies

Read Code No known allergies

29-Oct-2025 Dr Anna Bickerdike Surgery

Comment **History** tel call. recently started sertraline as per CMHT advice for anxiety alongside his quetiapine. been on it 2 weeks. not noticed much difference in terms of anxiety or mood. no SEs. no thoughts *****/S asks about higher dose. suggested we cont a bit longer, perhaps another 3-4 weeks before dose change.

Comment **Plan** added to rpts and issued today. I will call in 3-4 weeks to review. seek review if any issues in meantime

27-Oct-2025 Dr Nicholas Taylor Surgery

Read Code Failed encounter

Comment **History** Failed encounter x3 attempts, left 2 messages,

21-Oct-2025 Dr David Taylor Surgery

Read Code Short message service text message sent to patient
 Dear Mr McGhie, <https://secure.referrals/ANYHarrogate/refer> Thanks, Dr *****
 Moss Healthcare Harrogate Sent on 21/10/2025 at 15:01

Read Code Patient telephone number +447470444725

21-Oct-2025 Dr David Taylor Surgery

Comment **History** here with ***** , discussed bloods, prev hep c infection and had treatment whilst in prison, therefore results are reflective of this with an undetectable viral load and positive antibodies also discussed LFTs - mild fatty liver likely weight related given info re tier 1 weight loss, advised repeat bloods 3 m

20-Oct-2025 Mrs Karen Ryan Surgery

Read Code Influenza vaccination invitation third short message service text message sent

Comment **Comment** Dear Michael, You are eligible for a Flu vaccination. Our next clinic is on Saturday 1st November 2025. For more information about influenza <https://www.nhs.uk/vaccinations/flu-vaccine/> Kind regards To book: <https://accurx.nhs.uk/c/p-mqed7hb3j3> (Expires in 7 days) Moss Healthcare Harrogate NHS app message sent on 20/10/2025 09:52:06

18-Oct-2025 Miss Keira Madden Surgery

Read Code Did not attend

Comment **Comment** Did not attend for Flu 18 - 49 appointment with Miss ***** Madden.

18-Oct-2025 Miss Keira Madden Surgery

Comment **Comment** Did not attend for Flu 18 - 49 appointment with Miss ***** Madden.

Read Code Did not attend

16-Oct-2025 Mr Jacob Woolliscroft Surgery

Read Code Short message service text message sent to patient Dear Mr McGhie, Thank you for completing the online form, your date of birth on your medical record is the same as the one you have provided. Also I can't find any recent letters on your record that we would be able to alter. TO RESPOND, please follow this link: <https://accurx.nhs.uk/c/p-b8vyk9c6vc> Thanks, Moss Healthcare Harrogate Sent on 16/10/2025 at 14:42

Read Code Patient telephone number +447470444725

16-Oct-2025 Mrs Jacqueline Bedford Surgery

Read Code eConsultation via online application Patient request: Admin - Doctor's letter

Comment **Comment** NHS number: 7359072646 Name: MCGHIE, MICHAEL DOB: 26-12-1977 Gender: Male Postcode: HG3 2AY Phone number: 07470444725 Registered at: MOSS HEALTHCARE HARROGATE (B82013) What is the letter for?: Hi i got a letter of yours for pip today it was the wrong date of birth my date of birth is the 26/12/1977 could i get another letter with this date a birth on it appreciated michael mcghie 26/12/1977 When do you need the letter by?: ASAP Contact method preference: Text message Preferred clinician to contact them: Anyone Received on: 16/10/2025 at 13:42

16-Oct-2025 Mrs Jacqueline Bedford Surgery

Read Code Administrative reason for encounter Patient Outcome Admin Message saved on 16/10/2025

16-Oct-2025 Mrs Jacqueline Bedford Surgery

Read Code Patient telephone number +447470444725

Read Code Short message service text message sent to patient Dear Michael, This letter is from Adult mental health team, we can't amend these, you will have to contact them direct. There is a number on the letter. Thanks, ***** BEDFORD Moss Healthcare Harrogate Sent on 16/10/2025 at 14:30

16-Oct-2025 Ms Natalie Jackievicz Surgery

Read Code eConsultation via online application Patient request: Admin - Doctor's letter

Comment **Comment** Name: Mcghie , Michael DOB: 26-12-1977 Postcode: HG3 2AY Phone number: 07470444725 What is the letter for?: Hi its michael mcghie the doctors letter is the wrong date of birth my date of birth is the 26/12/1977 can yous do me another later with this date of birth thanks michael mcghie When do you need the letter by?: ASAP Contact method preference: Text message Preferred clinician to contact them: Anyone Received on: 16/10/2025 at 13:08

15-Oct-2025 Mrs Jacqueline Bedford Surgery

Attachment Attachment Clinic Letter from Mrs J Bedford, -> Mr M McGhie,

15-Oct-2025 Mrs Jacqueline Bedford Surgery

Read Code Short message service text message sent to patient Hi Michael It will be ready to collect after 4.30pm today Thanks, ***** BEDFORD Moss Healthcare Harrogate Sent on 15/10/2025 at 14:31

Read Code Patient telephone number +447470444725

15-Oct-2025 Mrs Melisa Pasalic Surgery

Read Code eConsultation via online application Patient request: Admin - Doctor's letter

Comment **Comment** NHS number: 7359072646 Name: MCGHIE, MICHAEL DOB: 26-12-1977 Gender: Male Postcode: HG3 2AY Phone number: 07470444725 Registered at: MOSS HEALTHCARE HARROGATE (B82013) What is the letter for?: Hi its michael mcghie again i tried printing that letter of there to send to pip but it never gave me rhe details because of confidentiality details would you print one of for me and i will pick it up the doctor said i could get it for free thanks michael mcghie mmcghie723@gmail.com When do you need the letter by?: ASAP Contact method preference: Text message Preferred clinician to contact them: Anyone Received on: 15/10/2025 at 14:21

15-Oct-2025 Mrs Susan Chapman Surgery**15-Oct-2025 Mrs Melisa Pasalic Surgery**

Read Code eConsultation via online application Patient request: Admin - Doctor's letter

Comment **Comment** NHS number: 7359072646 Name: MCGHIE, MICHAEL DOB: 26-12-1977 Gender: Male Postcode: HG3 2AY Phone number: 07470444725 Registered at: MOSS HEALTHCARE HARROGATE (B82013) What is the letter for?: I spoke to the doctor a few days ago he sent me a letter from mental health team to him about new medication that i am on its called sertainline 50 mgs once a day i need the letter send to me throu email as i cant upload it on my mobile could yous sent it to my email address pls its mmcghie723@gmail.com thanks i need it for pip update thanks michael mcghie When do you need the letter by?: ASAP Contact method preference: Text message Preferred clinician to contact them: Anyone Received on: 15/10/2025 at 13:51

15-Oct-2025 Mrs Annelie Horsman Hospital

Read Code Administration note Copy of mental health clinic letter emailed to pt as requested: "Hi its michael mcghie could you send me the letter the doctor send me the other day there pls I can't upload it on my moblie its on from the metal health team to the doctor the doctor said I could have it for free could yous email it to me pls its for pip update thanks Michael mcghie"

15-Oct-2025 Ms Laura Land Surgery

Read Code Short message service text message sent to patient Dear Mr McGhie, nyy.b82013@nhs.net Thanks, ***** LAND Moss Healthcare Harrogate Sent on 15/10/2025 at 13:31

Read Code Patient telephone number +447470444725

15-Oct-2025 Dr James Norman Surgery

Read Code Patient telephone number +447470444725

Read Code Short message service text message sent to patient Dear Mr McGhie, We'd like you to book a GP face to face appointment in the next week to discuss your blood test results. To book: <https://accurx.nhs.uk/c/p-6knvztvnnf> (Expires in 7 days) Thanks, ***** Moss Healthcare Harrogate Sent on 15/10/2025 at 09:41

13-Oct-2025 Dr Nicholas Taylor Surgery

Read Code Patient telephone number +447470444725

Read Code Short message service text message sent to patient Dear Mr McGhie, Here is a copy of your recent psychiatry letter to aid your PIP claim To view your attachment, please follow this link: <https://accurx.nhs.uk/c/p-8wcgsfpqbx> Thanks, Dr ***** Moss Healthcare Harrogate Sent on 13/10/2025 at 14:33

13-Oct-2025 Dr Nicholas Taylor Surgery

Read Code Phone contact only
 Comment History as per cmht letter asks to start sertraline, agreed start low dose and phone rev in 2/52
 Comment Diagnosis denies thoughts dshPhone contact only

08-Oct-2025 Miss Emily McKillop Surgery

Read Code Patient telephone number +447470444725
 Read Code Short message service text message sent to patient
 Dear Michael, Please call reception to reschedule any appointments. Thanks, Moss Healthcare Harrogate Sent on 08/10/2025 at 12:25

08-Oct-2025 Miss Emily McKillop Surgery

Read Code eConsultation via online application Patient request:
 Admin - Referral update/status
 Comment Comment NHS number: 7359072646 Name: MCGHIE, MICHAEL DOB: 26-12-1977 Gender: Male Postcode: HG3 2AY Phone number: 07470444725 Registered at: MOSS HEALTHCARE HARROGATE (B82013) What referral was for: Can i get another time for one of yer doctors to phone me regarding new mental health medicine When was the referral made?: A few weeks ago What do you need help with?: Speak about mental health medication Was it an NHS or private referral: NHS Contact method preference: Text message Preferred clinician to contact them: Anyone Received on: 08/10/2025 at 10:44

02-Oct-2025 Mrs Lorraine Carter Surgery

Read Code Temperature 36.0 C
 Read Code Consultation
 Read Code Clinical history and observations Face to face : Urgent same day appointment Tells me worried about cough and cold Is currently on Doxycycline
 Read Code Clinical examination No fevers]Chest clear advisd complete course of abx as prescribed
 Read Code Oxygen saturation at periphery 97.0 %
 Read Code Pulse rate 61.0 bpm

02-Oct-2025 Dr Andrew Kempston Surgery

Read Code Patient telephone number +447470444725
 Read Code Short message service text message sent to patient
 Dear Mr McGhie, We'd like you to book an appointment To book: <https://accurx.nhs.uk/c/p-ptqnh6usjv> (Expires in 1 days) Regards, Dr Kempston Moss Healthcare Harrogate Sent on 02/10/2025 at 12:34

01-Oct-2025 Mrs Karen Ryan Surgery

Comment Comment Dear Mr McGhie, Our Flu vaccination clinics are now open for booking. Please use link below to book. If you are planning to have one elsewhere, or declining? Please inform reception. Kind regards Kind regards To book: <https://accurx.nhs.uk/c/p-sxjwb8e6n8> (Expires in 7 days) Moss Healthcare Harrogate NHS app message sent on 01/10/2025 13:29:06
 Read Code Influenza vaccination invitation second short message service text message sent

01-Oct-2025 Dr Andrew Kempston Surgery

Read Code Patient given advice Patient Outcome Advice saved on 01/10/2025

01-Oct-2025 Dr Andrew Kempston Surgery

Read Code Short message service text message sent to patient
 Dear Mr McGhie, There are no results available on the system Perhaps have a look on the NHS app next week ? Regards, Dr Kempston Moss Healthcare Harrogate Sent on 01/10/2025 at 12:59
 Read Code Patient telephone number +447470444725

01-Oct-2025 Dr Andrew Kempston Surgery

Comment Comment Online questionnaire completed by patient
 Dear Michael, We do not have any test results for you with regards Hep C When did we take the blood test ? Regards, Dr Kempston Moss Healthcare Harrogate Response: A few days ago Received on: 01/10/2025 at 12:08

01-Oct-2025 Dr Andrew Kempston Surgery

Read Code Patient telephone number +447470444725
 Read Code Short message service text message sent to patient
 Dear Michael, We do not have any test results for you with regards Hep C When did we take the blood test ? TO RESPOND, please follow this link: <https://accurx.nhs.uk/c/p-vg6tuu8dr3> Regards, Dr Kempston Moss Healthcare Harrogate Sent on 01/10/2025 at 11:53

01-Oct-2025 Miss Emily McKillop Surgery

Read Code eConsultation via online application Patient request: Admin - Test results
 Comment Comment Name: MCGHIE, MICHAEL DOB: 26-12-1977 Postcode: HG3 2AY Phone number: 07470444725 Select test type: Blood test Why was this test done?: What was the result for my hepatitis c blood test thanks Michael mcghie When was this test done?: 29 th of September 2025 Where test was done: Moss surgery Harrogate Contact method preference: Text message Preferred clinician to contact them: Anyone Received on: 01/10/2025 at 11:32

30-Sept-2025 Miss Claire Wright Surgery

Read Code Infection of lower respiratory tract
 Read Code O/E - no lymphadenopathy
 Read Code O/E - chest expansion normal
 Comment History ID confirmed. Started 8 days with chesty cough, feverish, tired, eating and drinking well, no vomiting, sore throat, some SOB/wheeze, taking paracetamol cold/flu which not helping
 Comment Examination temp 36.6 RR 16 HR 80 chest exam- coarse crackles R side lower lobe O/E - chest expansion normal (2331.) O/E - no lymphadenopathy (2C31.) throat NAD
 Comment Diagnosis Infection of lower respiratory tract
 Comment Plan Advised rest, fluids, paracetamol and complete a/b, advised if not slowly improving to contact the surgery or see earlier if nay worsening symptoms fever, SOB, vomiting or contact 111if OOH

30-Sept-2025 Auto-filed Surgery

14-Oct-2025 **HEPATITIS C ANTIBODY (LTHT)**HEPATITIS C ANTIBODY (LTHT) Clinical Information: screening screening screening Hepatitis C Antibody: POSITIVE Comment: First positive hepatitis C antibody result for this laboratory. Please send a confirmatory sample for hepatitis C serology.: **Abnormal**

30-Sept-2025 Auto-filed Surgery

14-Oct-2025 **HEPATITIS C NAAT VIRAL LOAD**HEPATITIS C NAAT VIRAL LOAD Clinical Information: screening screening screening Hepatitis C viral load: NOT detected Hepatitis C viral load comment: Please send a repeat EDTA sample for hepatitis C RNA: **Abnormal**

30-Sept-2025 Auto-filed Surgery

14-Oct-2025 **HEPATITIS C ANTIBODY (LIAISON)(HDH)**Clinical Information: screening screening screening HEPATITIS C ANTIBODY (LIAISON)(HDH) Hepatitis C Antibody: Please see reference laboratory report: **Abnormal**

29-Sept-2025 Auto-filed Surgery

Read Code Serum vitamin B12 level
 Read Code Serum vitamin B12 level Measurement of vitamin B12 to 314.0 ng/L monitor people being treated with B12 or folic acid is generally considered unnecessary (CKS 2004).
Serum vitamin B12 levelClinical Information: sore mouth; Past Year: Test in past year; CD: Abnormalities present: **Normal**

29-Sept-2025 Auto-filed Surgery

Read Code Serum vitamin B12 level
 Read Code Serum vitamin B12 level Measurement of vitamin B12 to 314.0 ng/L monitor people being treated with B12 or folic acid is generally considered unnecessary (CKS 2004).
Serum vitamin B12 levelClinical Information: sore mouth; Past Year: Test in past year; CD: Abnormalities present: **Normal**

29-Sept-2025 Auto-filed Surgery

Read Code	Calculated LDL cholesterol level	LDL-C measured by the 4.4 mmol/L ***** equation.
Read Code	Serum non high density lipoprotein cholesterol level	5.1 mmol/L
Read Code	Serum cholesterol/HDL ratio	4.4 mmol/mmol
Read Code	Serum HDL cholesterol level	1.5 mmol/L
Read Code	Serum cholesterol level	Please interpret and manage in accordance with NICE NG238. For primary prevention, please interpret in line with QRISK score.
Read Code	Serum triglyceride levels	1.6 mmol/L
LIPID PROFILE Clinical Information: review; Request: Monitoring; Sample type:: Non-fasting review; Request: Monitoring; Sample type:: Non-fasting review; Request: Monitoring; Sample type:: Non-fasting review; Request: Monitoring; Sample type:: Non-fasting review; Request: Monitoring; Sample type:: Non-fasting: Satisfactory		

29-Sept-2025 Auto-filed Surgery

Read Code	Serum sodium level	139.0 mmol/L
Read Code	Serum urea level	5.1 mmol/L
Read Code	eGFR using creatinine (CKD-EPI) per 1.73 square metres	69.0 mL/min
eGFR calculated using CKD-EPI 2009 equation. Caution when interpreting eGFR in adults with extremes of muscle mass and in those who consume protein supplements. If evidence of renal disease (e.g. raised urine ACR) the eGFR indicates CKD stage 2 (see renal referral guidelines).		
Read Code	Urea and electrolytes	
Read Code	Serum creatinine level	Above high reference limit 109.0 umol/L
Read Code	Serum potassium level	4.3 mmol/L
Urea and electrolytes Clinical Information: review; Request: Monitoring; Sample type:: Non-fasting review; Request: Monitoring; Sample type:: Non-fasting review; Request: Monitoring; Sample type:: Non-fasting: Satisfactory		

29-Sept-2025 Auto-filed Surgery

Read Code	Platelet count - observation	236.0 10 ⁹ /L
Read Code	Mean cell haemoglobin level	31.2 pg
Read Code	Mean cell haemoglobin concentration	This value has been converted from: 348.0 g/L 34.8 g/dL
Read Code	Basophil count	0.07 10 ⁹ /L
Read Code	Haemoglobin concentration	154.0 g/L
Read Code	Mean cell volume	90.0 fL
Read Code	Haematocrit	0.443
Read Code	Red blood cell count	4.93 10 ¹² /L
Read Code	Monocyte count - observation	0.54 10 ⁹ /L
Read Code	Red blood cell distribution width	13.2 %
Read Code	Full blood count	
Read Code	Eosinophil count - observation	0.33 10 ⁹ /L
Read Code	Lymphocyte count	1.71 10 ⁹ /L
Full blood count Neutrophils: 3.11 10 ⁹ /L [1.8 - 8.0] White Cell Count: 5.75 10 ⁹ /L [3.6 - 11.0] NRBC: 0.00 10 ⁹ /L [0.0 - 0.01] Clinical Information: review; Request: Monitoring; Sample type:: Non-fasting: Normal		

29-Sept-2025 Auto-filed Surgery

Read Code	Eosinophil count - observation	0.33 10 ⁹ /L
Read Code	Monocyte count - observation	0.54 10 ⁹ /L
Read Code	Mean cell volume	90.0 fL
Read Code	Red blood cell distribution width	13.2 %
Read Code	Neutrophil count	3.11 10 ⁹ /L
Read Code	Total white blood count	5.75 10 ⁹ /L
Read Code	Platelet count - observation	236.0 10 ⁹ /L
Read Code	Mean cell haemoglobin concentration	This value has been converted from: 348.0 g/L 34.8 g/dL
Read Code	Mean cell haemoglobin level	31.2 pg
Read Code	Full blood count	
Read Code	Lymphocyte count	1.71 10 ⁹ /L
Read Code	Basophil count	0.07 10 ⁹ /L
Read Code	Haemoglobin concentration	154.0 g/L
Read Code	Haematocrit	0.443
Read Code	Red blood cell count	4.93 10 ¹² /L
Full blood count Clinical Information: review; Request: Monitoring; Sample type:: Non-fasting review; Request: Monitoring; Sample type:: Non-fasting review; Request: Monitoring; Sample type:: Non-fasting review; Request: Monitoring; Sample type:: Non-fasting review; Request: Monitoring; Sample type:: Non-fasting NRBC: 0.00 10 ⁹ /L [0.0 - 0.01]: Satisfactory		

29-Sept-2025 Auto-filed Surgery

Read Code	Serum potassium level	4.3 mmol/L
Read Code	Serum sodium level	139.0 mmol/L
Read Code	Urea and electrolytes	
Read Code	Serum creatinine level	Above high reference limit 109.0 umol/L
Read Code	eGFR using creatinine (CKD-EPI) per 1.73 square metres	69.0 mL/min
	eGFR calculated using CKD-EPI 2009 equation. Caution when interpreting eGFR in adults with extremes of muscle mass and in those who consume protein supplements. If evidence of renal disease (e.g. raised urine ACR) the eGFR indicates CKD stage 2 (see renal referral guidelines).	
Read Code	Serum urea level	5.1 mmol/L
	Urea and electrolytes Clinical Information: review; Request: Monitoring; Sample type:: Non-fasting review; Request: Monitoring; Sample type:: Non-fasting review; Request: Monitoring; Sample type:: Non-fasting review; Request: Monitoring; Sample type:: Non-fasting; Satisfactory	

29-Sept-2025 Auto-filed Surgery

Read Code	Haemoglobin A1c level - IFCC standardised	41.0 mmol/mol
	Haemoglobin A1c level - IFCC standardised Clinical Information: review; Request: Monitoring; Sample type:: Non-fasting; Normal	

29-Sept-2025 Auto-filed Surgery

Read Code	Serum HDL cholesterol level	1.5 mmol/L
Read Code	Serum cholesterol/HDL ratio	4.4 mmol/mmol
Read Code	Serum non high density lipoprotein cholesterol level	5.1 mmol/L
Read Code	Serum triglyceride levels	1.6 mmol/L
Read Code	Serum cholesterol level	Please interpret and manage in accordance with NICE NG238. For primary prevention, please interpret in line with QRISK score. 6.57 mmol/L
Read Code	Calculated LDL cholesterol level	LDL-C measured by the 4.4 mmol/L
	**** equation.	
	LIPID PROFILE Clinical Information: review; Request: Monitoring; Sample type:: Non-fasting review; Request: Monitoring; Sample type:: Non-fasting review; Request: Monitoring; Sample type:: Non-fasting LIPID PROFILE: Satisfactory	

29-Sept-2025 Auto-filed Surgery

Read Code	Haemoglobin A1c level - IFCC standardised	41.0 mmol/mol
	Haemoglobin A1c level - IFCC standardised Clinical Information: review; Request: Monitoring; Sample type:: Non-fasting review; Request: Monitoring; Sample type:: Non-fasting review; Request: Monitoring; Sample type:: Non-fasting review; Request: Monitoring; Sample type:: Non-fasting review; Request: Monitoring; Sample type:: Non-fasting; Satisfactory	

29-Sept-2025 Auto-filed Surgery

Read Code	Serum alkaline phosphatase level	60.0 iu/L
Read Code	Liver function tests	
Read Code	Serum alanine aminotransferase level	Above high reference limit 43.0 iu/L
Read Code	Serum albumin level	42.9 g/L
Read Code	Serum total bilirubin level	12.0 umol/L
	Liver function tests Clinical Information: review; Request: Monitoring; Sample type:: Non-fasting review; Request: Monitoring; Sample type:: Non-fasting review; Request: Monitoring; Sample type:: Non-fasting; Satisfactory	

29-Sept-2025 Auto-filed Surgery

Read Code	Serum alkaline phosphatase level	60.0 iu/L
Read Code	Serum albumin level	42.9 g/L
Read Code	Liver function tests	
Read Code	Serum total bilirubin level	12.0 umol/L
Read Code	Serum alanine aminotransferase level	Above high reference limit 43.0 iu/L
	Liver function tests Clinical Information: review; Request: Monitoring; Sample type:: Non-fasting review; Request: Monitoring; Sample type:: Non-fasting review; Request: Monitoring; Sample type:: Non-fasting review; Request: Monitoring; Sample type:: Non-fasting; Satisfactory	

29-Sept-2025 Mrs Svetla Ivanova Surgery

Read Code	Blood sample taken
-----------	--------------------

26-Sept-2025 Dr Carla Berruezo Surgery

Read Code	Follow-up appointment offered	Patient Outcome Face-to-face saved on 26/09/2025
-----------	-------------------------------	--

26-Sept-2025 Dr Carla Berruezo Surgery

Read Code Patient telephone number +447470444725
 Read Code Short message service text message sent to patient
 Dear Mr McGhie, We'd like you to book a face to face appointment with one of our ANP within 5 working days To book: <https://accurx.nhs.uk/c/p-d9wmzxv7zq> (Expires in 7 days) Thanks, Dr ***** Berruezo Moss Healthcare Harrogate Sent on 26/09/2025 at 10:24

26-Sept-2025 Mr Jacob Woolliscroft Surgery

Read Code eConsultation via online application Patient request: Medical - Medical request
 Comment **Comment** Name: mcghie , Michael DOB: 26-12-1977 Postcode: Hg32ay Phone number: 07470 444725 Describe the problem: I have a bad chest infection the antibiotics I got last well never cleared it up in need stronger dose maybe amocisilen or something else fluisilan thanks Michael my nose is burning as well ***** Attach a photo: No file attached How long has it been going on for? Is it getting better or worse?: Had this for over a week Have you tried anything to help?: Yes cough medication and paracetamol Is there anything you're particularly worried about?: It's not worked Expectations: Sore throat When are the best times to contact you: Any time Contact method preference: Phone call Preferred clinician to contact them: Anyone Received on: 26/09/2025 at 09:58

26-Sept-2025 Miss Emily McKillop Surgery

Read Code Patient telephone number +447470444725
 Read Code Short message service text message sent to patient
 Dear Mr McGhie, Please use the link below to access our online triage service. <https://accurx.nhs.uk/patient-initiated/B82013> Thanks, Moss Healthcare Harrogate Sent on 26/09/2025 at 09:52

23-Sept-2025 Dr Andrew Kempston Surgery

Read Code Patient telephone number
 Read Code Short message service text message sent to patient
 Dear Mr McGhie, If you would like to start this medication please arrange a routine telephone call with the link below To book: <https://accurx.nhs.uk/c/p-m63vyyw4uk> (Expires in 7 days) Regards, Dr Kempston Moss Healthcare Harrogate Scheduled to send on 23/09/2025 08:00:00

23-Sept-2025 Dr Andrew Kempston Surgery

Read Code Patient telephone number
 Read Code Short message service text message sent to patient
 Dear Mr McGhie, Your mental health team have suggested some new medication called SSRI to help with your anxiety. NHS UK Advice: Sertraline nhs.uk/medicines/sertraline/ Regards, Dr Kempston Moss Healthcare Harrogate Scheduled to send on 23/09/2025 08:00:00

22-Sept-2025 Miss Tracey Prague Surgery

Read Code Advice to GP to change patient medication
 Read Code Advice to continue with drug treatment
 Read Code Medication reconciliation
 Read Code Clinical letter
 Read Code Plan TEWV 02/09/25 plan - GP to consider initiation of an SSRI for anxiety Continue with Quetiapine for now (consider stopping in the future if he remains stable on SSRI) Review headaches to exclude other causes if persistent To remain engaged with Horizons
 Read Code Advice about drug treatment

22-Sept-2025 Ms Tracey Latimer Surgery**19-Sept-2025 Dr Aju Varghese Surgery**

Read Code Follow-up appointment offered Patient Outcome Face-to-face saved on 19/09/2025

19-Sept-2025 Dr Aju Varghese Surgery

Read Code Patient telephone number +447470444725
 Read Code Short message service text message sent to patient
 Dear Mr McGhie, Your enquiry has been triaged. Please use the link below to book a priority face-to-face appointment with a GP within 5 working days. To book: <https://accurx.nhs.uk/c/p-pnhgykhzhq> (Expires in 7 days)
 Dr A Varghese Moss Healthcare Harrogate Sent on 19/09/2025 at 08:25

19-Sept-2025 Mr Jacob Woolliscroft Surgery

Read Code eConsultation via online application Patient request: Medical - Medical request
 Comment Name: mcghie , Michael DOB: 26-12-1977
 Postcode: Hg32ay Phone number: 07470 444725
 Describe the problem: Hi I noticed i have a wart on one of my left testicals would I be able to see doctor to get this checked out there's no pain thanks Michael Attach a photo: 1 file attached How long has it been going on for? Is it getting better or worse?: 3 weeks Have you tried anything to help?: No Is there anything you're particularly worried about?: Would like to get it checked out
 Expectations: Get it checked out thanks Michael mcghie
 When are the best times to contact you: Anytime Contact method preference: Phone call Preferred clinician to contact them: Anyone Received on: 19/09/2025 at 08:11

19-Sept-2025 Miss Emily McKillop Surgery

Read Code Patient telephone number +447470444725
 Read Code Short message service text message sent to patient
 Dear Mr McGhie, Please use the link below to access our online triage service. <https://accurx.nhs.uk/patient-initiated/B82013> Thanks, Moss Healthcare Harrogate Sent on 19/09/2025 at 08:05

17-Sept-2025 Auto-filed Surgery

Read Code Standard chest X-ray Clinical History persistent cough/ex smoker Report Text XR Chest - 17-Sep-2025, 09:30 No relevant previous imaging available for comparison. Clear lungs and pleural spaces. Normal mediastinum and cardiac contour. Reported By: Dr. ***** Koo Consultant Radiologist GMC 7075378 Verified By: Dr. ***** Koo Consultant Radiologist GMC 7075378 Creation Date: 18-Sep-2025, 14:52 Verification Date: 18-Sep-2025, 14:52
 Reported by: DR ***** KOO / BLANK CLINICIAN
 18-Sept-2025 **Standard chest X-ray: Normal**

15-Sept-2025 Miss Emily Brogan Surgery

Read Code Email sent to outside agency
 active.health@northyorks.gov.uk
 Comment Dear Colleague, RE: Michael McGhie, 26-Dec-1977, 735 907 2646, Male Please find attached a referral for the above patient for your attention. Many thanks *****
 Brogan Medical Sec Moss Healthcare Harrogate
 Attachments: A Referral Letter.doc

15-Sept-2025 Miss Emily Brogan Surgery

Read Code Referral to weight management service

15-Sept-2025 Mrs Kathryn Benito Surgery

Read Code Patient telephone number +447470444725
 Read Code Short message service text message sent to patient
 Dear Mr McGhie, We'd like you to book an appointment To book: <https://accurx.nhs.uk/c/p-7a9ktvwdrp> (Expires in 7 days) Thanks, ***** Benito Moss Healthcare Harrogate Sent on 15/09/2025 at 09:27

15-Sept-2025 Mrs Kathryn Benito Surgery

Read Code	Pulse rate	88.0 bpm
Read Code	Pulse regular	
Read Code	O/E - Systolic BP reading	130.0 mmHg
Read Code	Clinical history and observations coughing a lot in the mornings. not productive but feels something there. gets breathless when walking. no leg swelling. no orthopnoea or *****. no chest pains is gaining weight. eating too many sweets ex ivdu. also worries about hep c as has **** someone who has it. asks for blood test also asks for cream for cold sores. cant afford to buy til next week	
Read Code	O/E - weight	123.4 Kg
Read Code	Clinical examination no inc wob. widespread wheeze. nil focal. hs 1+2. no murmurs heard no oedema sore skin at sides of mouth	
Read Code	Plan treat with abx check bloods and cxr referred to active health review if sx persist or abnormal bloods/cxr	
Read Code	Body mass index - observation	40.293877 Kg/m²
Read Code	O/E - height	1.75 m
Read Code	Temperature	37.0 C
Attachment	Attachment <i>A Referral Letter from Mrs K Benito, Moss Healthcare Harrogate</i>	
Read Code	Oxygen saturation at periphery	97.0 %
Read Code	Respiratory rate	14.0 breath/min
Read Code	Infection of lower respiratory tract	
Read Code	O/E - Diastolic BP reading	80.0 mmHg

12-Sept-2025 Dr David Taylor Surgery

Read Code	Follow-up appointment offered Patient Outcome
	Telephone saved on 12/09/2025

12-Sept-2025 Dr David Taylor Surgery

Read Code	Telephone consultation call to patient, last few weeks when wakes up starts coughing in the morning lasts about 30 mins then settles, no sobs, no fevers, I think f2f monday
-----------	--

12-Sept-2025 Miss Emily McKillop Surgery

Read Code	eConsultation via online application Patient request: Medical - Medical request
Comment	<i>Comment</i> NHS number: 7359072646 Name: MCGHIE, MICHAEL DOB: 26-12-1977 Gender: Male Postcode: HG3 2AY Phone number: 07470444725 Registered at: MOSS HEALTHCARE HARROGATE (B82013) Describe the problem: I need to speak to doctor about cough and pain in my chest when I cough in morning thanks michael Attach a photo: No file attached How long has it been going on for? Is it getting better or worse?: Good few weeks Have you tried anything to help?: No Is there anything you're particularly worried about?: No Expectations: Speak to doctor asap When are the best times to contact you: Morning afternoon Contact method preference: Text message Preferred clinician to contact them: Anyone Received on: 12/09/2025 at 13:50

09-Sept-2025 Mrs Karen Ryan Surgery

Read Code	Influenza vaccination invitation first short message service text message sent
Comment	<i>Comment</i> Dear Mr McGhie, Our Flu vaccination clinics are now open for booking. Please use link below to book. If you are planning to have one elsewhere, or declining? Please inform reception. Kind regards To book: https://accrux.nhs.uk/c/p-fczj38fv53 (Expires in 7 days) Moss Healthcare Harrogate NHS app message sent on 09/09/2025 15:10:05

02-Sept-2025 Miss Emma Ryan Surgery

Read Code	Generalised anxiety disorder
-----------	------------------------------

02-Sept-2025 Miss Emma Ryan Surgery

Attachment	Attachment <i>Mental Health from Adult Mental Health Team, Primary Care Mental Health Services (PCMHS), Tees Esk and Wear Vallys NHS Foundation Trust (Mental Health) -> Moss Healthcare Harrogate</i>
------------	--

26-Aug-2025 Mrs Melisa Pasalic Surgery**21-July-2025 Ms Tracey Latimer Surgery**

03-July-2025 Ms Natalie Jackiewicz Surgery

Read Code Short message service text message sent to patient
Dear Mr McGhie, Please use the link below to access our
online triage service. [https://accurx.nhs.uk/patient-](https://accurx.nhs.uk/patient-initiated/B82013)
initiated/B82013 Thanks, Moss Healthcare Harrogate Sent
on 03/07/2025 at 16:47

Read Code Patient telephone number +447470444725

02-July-2025 Ms Caroline Bushell Surgery

Read Code Short message service text message sent to patient
Dear Mr McGhie, Thank you for your prescription request.
Unfortunately this has not been actioned on this occasion
as we are only able to allow requests 7 days before they
are next due. This is to ensure that patient's do not
received extra medications before their due date and to
improve patient safety. Please request your medications
nearer your due date of 26th July. Thanks, Moss
Healthcare Harrogate Sent on 02/07/2025 at 16:55

Read Code Patient telephone number +447470444725

26-Jun-2025 Miss Emma Ryan Surgery

Comment **Comment** Online access set-up actioned as per email rq

26-Jun-2025 Ms Caroline Bushell Surgery

Read Code Drug prescription Patient Outcome Prescription saved on
26/06/2025

26-Jun-2025 Ms Caroline Bushell Surgery

Read Code eConsultation via online application Patient request:
Admin - Other

Comment **Comment** NHS number: 7359072646 Name: MCGHIE,
MICHAEL DOB: 26-12-1977 Gender: Male Postcode: HG3
2AY Phone number: 07470 444725 Registered at: MOSS
HEALTHCARE HARROGATE (B82013) Briefly describe
your admin query: I would like to order my medication 6x
25mg of quietpine and 2 x100 mg daily thank you michael
mcghie 26 12 1977 Contact method preference: Text
message Preferred clinician to contact them: Anyone
Received on: 26/06/2025 at 09:19

26-Jun-2025 Ms Caroline Bushell Surgery**04-Jun-2025 Auto-filed Surgery**

Read Code Serum folate level
Read Code Serum folate level 6.5 ng/ml
05-Jun-2025 **Serum folate level** Clinical Information: Clinical details: fatigue; Request: Diagnosis 1st test: **Normal**

04-Jun-2025 Auto-filed Surgery

Read Code Serum adjusted calcium concentration 2.46 mmol/L
Read Code Serum albumin level 44.4 g/L
Read Code Serum calcium level
Read Code Serum calcium level 2.52 mmol/L
Serum calcium level Clinical Information: Clinical details: fatigue; Request: Diagnosis 1st test:
Satisfactory

04-Jun-2025 Auto-filed Surgery

Read Code Serum sodium level 140.0 mmol/L
Read Code eGFR using creatinine (CKD-EPI) per 1.73 square metres 71.0 mL/min
eGFR calculated using CKD-EPI 2009 equation. Caution
when interpreting eGFR in adults with extremes of muscle
mass and in those who consume protein supplements. If
evidence of renal disease (e.g. raised urine ACR) the
eGFR indicates CKD stage 2 (see renal referral
guidelines).

Read Code Urea and electrolytes
Read Code Serum creatinine level Above high reference limit; No 107.0 umol/L
previous creatinine results within 1 year to check for AKI. If
AKI is suspected, suggest repeat to assess rate of
change.

Read Code Serum urea level 4.4 mmol/L
Read Code Serum potassium level 4.2 mmol/L
Urea and electrolytes Clinical Information: Clinical details: fatigue; Request: Diagnosis 1st test:
Satisfactory

04-Jun-2025 Auto-filed Surgery

Read Code Serum amylase level 98.1 iu/L
Serum amylase level Clinical Information: Clinical details: fatigue; Request: Diagnosis 1st test:
Satisfactory

04-Jun-2025 Auto-filed Surgery

Read Code Serum ferritin level Ferritin <30 ng/mL confirms iron deficiency. In patients with infection/inflammation or chronic disease, iron deficiency can be present with higher ferritin levels. For further information on diagnosing iron deficiency see: www.cks.nice.org.uk/topics/anaemia-iron-deficiency 44.3 ng/ml
Serum ferritin level Clinical Information: Clinical details: fatigue; Request: Diagnosis 1st test:
Satisfactory

04-Jun-2025 Auto-filed Surgery

Read Code Serum TSH level Normal TSH, suggests patient is probably EUTHYROID. 3.25 miu/L
TSH Clinical Information: Clinical details: fatigue; Request: Diagnosis 1st test: **Satisfactory**

04-Jun-2025 Auto-filed Surgery

Read Code Haemoglobin A1c level - IFCC standardised 39.0 mmol/mol
 05-Jun-2025 **Haemoglobin A1c level - IFCC standardised** Clinical Information: Clinical details: fatigue; Request: Diagnosis 1st test: **Normal**

04-Jun-2025 Auto-filed Surgery

Read Code Mean cell volume 88.0 fL
 Read Code Red blood cell count 5.22 10¹²/L
 Read Code Mean cell haemoglobin concentration This value has been converted from: 349.0 g/L 34.9 g/dL
 Read Code Mean cell haemoglobin level 30.7 pg
 Read Code Platelet count - observation 231.0 10⁹/L
 Read Code Neutrophil count 3.07 10⁹/L
 Read Code Lymphocyte count 2.12 10⁹/L
 Read Code Haemoglobin concentration 160.0 g/L
 Read Code Eosinophil count - observation 0.21 10⁹/L
 Read Code Red blood cell distribution width 12.7 %
 Read Code Haematocrit 0.459
 Read Code Basophil count 0.06 10⁹/L
 Read Code Total white blood count 6.17 10⁹/L
 Read Code Full blood count
 Read Code Monocyte count - observation 0.71 10⁹/L
Full blood count Clinical Information: Clinical details: fatigue; Request: Diagnosis 1st test NRBC: 0.00 10⁹/L [0.0 - 0.01]: **Satisfactory**

04-Jun-2025 Auto-filed Surgery

Read Code Serum alkaline phosphatase level 72.0 iu/L
 Read Code Serum alanine aminotransferase level 37.0 iu/L
 Read Code Serum total bilirubin level 14.0 umol/L
 Read Code Liver function tests
Liver function tests Clinical Information: Clinical details: fatigue; Request: Diagnosis 1st test:
Satisfactory

04-Jun-2025 Auto-filed Surgery

Read Code Serum C reactive protein level 1.0 mg/L
Serum C reactive protein level Clinical Information: Clinical details: fatigue; Request: Diagnosis 1st test: **Satisfactory**

04-Jun-2025 Mrs Svetla Ivanova Surgery

Read Code Blood sample taken

29-May-2025 Dr Vivienne Poskitt Surgery

Read Code Short message service text message sent to patient
 Dear Mr McGhie, Yes call reception before 6pm & they will let you know when you can have an appointment Thanks,
 Dr Vivienne Jayne Poskitt Moss Healthcare Harrogate
 Sent on 29/05/2025 at 17:07
 Read Code Patient telephone number +447470444725

29-May-2025 Dr Vivienne Poskitt Surgery

Read Code Short message service text message sent to patient
 Dear Michael, yes you can book in for a blood test
 Thanks, Dr Vivienne Jayne Poskitt Moss Healthcare
 Harrogate Sent on 29/05/2025 at 16:27
 Read Code Patient telephone number +447470444725

29-May-2025 Dr Vivienne Poskitt Surgery

Read Code eConsultation via online application Patient request:
Medical - Medical request

Comment **Comment** NHS number: 7359072646 Name: MCGHIE, MICHAEL DOB: 26-12-1977 Gender: Male Postcode: HG3 2AY Phone number: 07470 444725 Registered at: MOSS HEALTHCARE HARROGATE (B82013) About the problem: I need blood test i had my gallbladder remove in 2023 and had 2 Pancreas infection as well i am allway feeling fatigue and run down Attach a photo: No file attached How long has it been going on for? Is it getting better or worse?: Months Have you tried anything to help?: Yes vitamins Expectations: Have blood test When are the best times to contact you: Ok Contact method preference: Text message Preferred clinician to contact them: Anyone Received on: 29/05/2025 at 15:35

29-May-2025 Miss Tracey Prague Surgery**29-May-2025 Miss Tracey Prague Surgery**

Read Code Plan Dear MR MCGHIE, I have updated your repeat prescription and quantity of medications to reflect a 28 day supply. Please reply to this message to inform me of how many tablets of the 25mg you require until your next due date so I can issue a one-off prescription. TO RESPOND, please follow this link: <https://accrux.nhs.uk/c/p-rr8wy5hcnr> Thanks, ***** Prague
Advanced Pharmacy Technician

Read Code Failed encounter

Read Code Other medication management

27-May-2025 Mr Ben Grimshaw Surgery

Attachment Attachment
Mental Health from Valley Gardens Resource Centre, Tees Esk and Wear Vallys NHS Foundation Trust (Mental Health) -> Moss Healthcare Harrogate

23-May-2025 Miss Rubir Sandhu Surgery

Read Code Medication changed quantity changed as per task of
quetiapine 25mg

22-May-2025 Miss Emily Brogan Surgery

Read Code Email sent to outside agency - tew.hard-amh@nhs.net

Comment **Comment** Dear Colleague, RE: Michael McGhie, 26-Dec-1977, 735 907 2646, Male Please see the expedite letter attached for the above named patient. Many thanks *****
Brogan Medical Sec Moss Healthcare Harrogate
Attachments: Letter to Consultant.doc

22-May-2025 Miss Emily Brogan Surgery

Attachment Attachment
Letter to Consultant from Dr C Berruezo, Moss Healthcare Harrogate -> Mental Health Adults

22-May-2025 Dr Carla Berruezo Surgery

Comment History tell call. meds discussion. pat taking Quetiapine 100mg twice daily and Quetiapine 25mg, 3 tablets at tea time and 3 tablets in the evening. as per summery letter, the 25mg tablets were prescribed if requiered but I think pat needs regular basis was refered to MH team but no appt yet. meds added to his repeats and I will write to MH as I notice some confusion re his meds.

28-Apr-2025 Miss Tracey Prague Surgery

Read Code Prescription of drug

Read Code Medication requested

Read Code Plan Has been referred to MH team, issued previously. Quetiapine has since been changed by GP to 25mg 1-2 PRN - letter. Can not see any letters on screen unless patient brought one in to their appointment? issued as GP last change direction.

25-Apr-2025 Mrs Melisa Pasalic Surgery

Comment **Comment** PAYMENT; £30 cash paid for a clinical letter, see above

24-Apr-2025 Mrs Jacqueline Bedford Surgery

Attachment Attachment
Clinic Letter from Mrs J Bedford, -> Mr M McGhie,

24-Apr-2025 Mrs Kathryn Benito Jennyfield- Moss Healthcare1, Surgery

Read Code Telephone consultation call to patient re letter he requested. I can see has been done by JB. He is happy with this and will come along to the surgery to pay for it and pick it up today or tomorrow

23-Apr-2025 Mrs Jacqueline Bedford Surgery

Attachment Attachment
TWIMC from Moss Healthcare Harrogate

23-Apr-2025 Megan Spencer Surgery

Comment *Comment* Name: Mcghie , Michael DOB: 26-12-1977 Postcode: Hy3 2ay Phone number: 07470 444725 What is the letter for?: Hi could i get the same letter you have sent yer mental health provisionals and to give pip an update whats happening down here in England and about my medication thanks i will pay the £30 when i come and pick up letter thanks michael mcghie i need letter next few days asap thanks When do you need the letter by?: Need letter asap Contact method preference: Text message Preferred clinician to contact them: Anyone Received on: 23/04/2025 at 13:50

Read Code eConsultation via online application Patient request: Admin - Doctor's letter

23-Apr-2025 Mrs Jacqueline Bedford Surgery

Comment *Comment* Email sent to: mmcghie723@gmail.com
 Read Code E-mail sent to patient Dear Mr McGhie, Please see copy of referral letter attached as mentioned by Mrs Benito To view your attachment, please follow this link: (link will autogenerate here) Many thanks, ***** Bedford Med Sec Moss Healthcare Harrogate Attachments: A Referral Letter.doc

23-Apr-2025 Dr Carla Berruezo Surgery

Comment History quetiapine 25mg prescription as per letter.

23-Apr-2025 Mrs Jacqueline Bedford Surgery

Read Code Administration note Passport + Driving licence seen - DOB correct

23-Apr-2025 Mrs Kathryn Benito Surgery

Read Code Patient telephone number 07470 444725
 Read Code Short message service text message sent to patient Dear Mr McGhie, Thank you for your econsult. I have arranged for the secretaries to email you a copy of your referral form to the mental health team. This contains information about your condition and your medications. If you require a separate letter, this will be a chargeable service which will cost £30. Please let us know if you would want this. Thanks, ***** Benito Moss Healthcare Harrogate

22-Apr-2025 Miss Elise Woodcock Surgery

Read Code eConsultation via online application Patient request: Admin - Doctor's letter
 Comment *Comment* Name: Mcghie, Michael DOB: 26-12-1977 Postcode: Hy3 2ay Phone number: 07470 444725 What is the letter for?: Hi i need a doctors letter for pip form please what medicines i am on why i take them and k am waiting to see mental health nurse thanks michael mcghie date of birth 26/12/1977 When do you need the letter by?: Asap thanks next few days Contact method preference: Text message Preferred clinician to contact them: Anyone Received on: 22/04/2025 at 13:39

17-Apr-2025 Ms Caroline Bushell Surgery

Comment *Comment* As per req pat brought x 2 copies of ID pit in admin slot thanks

15-Apr-2025 Miss Emily Brogan Surgery

Read Code Email sent to outside agency
TEWV.HICTADMIN@NHS.NET

Comment *Comment* Dear Colleague, RE: Michael McGhie, 26-Dec-1977, 735 907 2646, Male Thank you for your email, this is to confirm that this is a referral request to your team. We sent a referral to yourselves 10/04/25 and received the following email back- Outcome: Require more information of GP " request history of notes from CMHT in Scotland and current risk, also query for GP about clients address given and please provide an NHS Number. The email above is the info that was requested by yourselves. Hope this helps and hopefully enough info for the referral to be accepted. Many thanks ***** Brogan Medical Sec Moss Healthcare Harrogate

15-Apr-2025 Miss Emily Brogan Surgery

Read Code Administration note Email recieved- see accumail sent
Hello ***** Thank you for the attached, is this a referral to our team please? Apologies we are not sure why we have been sent this information as this gentleman is not open to our team. Many thanks

15-Apr-2025 Miss Annabel Bojkowski Surgery

Read Code Patient telephone number 07470 444725

Read Code Short message service text message sent to patient
Dear Mr McGhie, A prescription for your medication was issued 9th April, please contact the Kings Road pharmacy for the prescription Thanks, ***** Bojkowski Moss Healthcare Harrogate

14-Apr-2025 Miss Emily Brogan Surgery

Read Code Email sent to outside agency teww.hictadmin@nhs.net

Comment *Comment* Dear Colleague, RE: Michael McGhie, 24-Dec-1977, 735 907 2646, Male We have contacted the patients previous GP surgery who have provided the mental Health information attached. They have advised this is the only info they have and they have no contact from their local community mental health team. Please see the patients address and NHS number below- please also note his DOB is 26/12/1977 (pt had filled out registration form incorrectly previously 24/12/1977) Horizon Life Training, Ripon Road, Killinghall, Harrogate HG3 2AY Mobile (preferred): 07470 444725 735 907 2646 Many thanks ***** Brogan Medical Sec Moss Healthcare Harrogate Attachments: MM.pdf

14-Apr-2025 Miss Emily Brogan Surgery

Read Code Administration note Email recieved- copy of mental health info from previous practice recieved- will scan into record- sent via accumail to TEWV Outcome: Require more information of GP request history of notes from CMHT in Scotland and current risk, also query for GP about clients address given and please provide an NHS Number.

10-Apr-2025 Miss Emily Brogan Surgery

Comment *Comment* Dear Colleague, RE: Michael McGhie, 24-Dec-1971, NHS No. Unknown, Male Please find attached a referral for the above patient for your attention. Many thanks ***** Brogan Medical Sec Moss Healthcare Harrogate Attachments: A Referral Letter.doc

Read Code Email sent to outside agency teww.hard-amh@nhs.net

10-Apr-2025 Miss Emily Brogan Surgery

Attachment Attachment
A Referral Letter from Dr C Berruezo, Moss Healthcare Harrogate

09-Apr-2025 Dr Carla Berruezo Surgery

Comment History came to Harrogate the 17th March. coming from Scotland, was under MH team. taking Quetiapine 100mg twice day and Quetiapine 25mg, three tablets twice a day. currently pat struggling with his MH. hearing some voices. sleeping well. not suicidal. under Horizons. would like to be referred to MH team locally. prescriptions done. referral agreed. ***** discussed, warned of red flags, if any 111/gp also has angular chilitis, topical antifungal. seek review if no improvemnt.

07-Apr-2025 Mr Ben Grimshaw Surgery

Read Code Patient registration data Fyvie Oldmeldrum Medical Group

03-Apr-2025 Mrs Jacqueline Hallam Surgery

Read Code Body mass index - observation 40.29666 Kg/m²
 Read Code White Scottish
 Read Code O/E - weight 123.832 Kg
 Read Code Consent given for communication by email
 Read Code O/E - height 1.753 m
 Read Code Patient does not have communication/information need
 Read Code Past medical history Anxiety Depression *****
 Read Code Consent given for communication by SMS text messaging

 Read Code Born in Scotland
 Read Code No
 Read Code Patient registration data Unknown
 Read Code Body mass index - observation 40.29666 Kg/m²
 Read Code Relevant Medication History Quetiapiri - 2 different doses twice daily

03-Apr-2025 Mrs Jacqueline Hallam Surgery**02-Apr-2025 Mr Ben Grimshaw Surgery**

Attachment Attachment
Patient Summary from Old Aberdeen Medical Practice -> Moss Healthcare Harrogate

16-Dec-2024 Miss Emily Brogan Surgery

Attachment Attachment
Clinic Letter from Royal Cornhill Hospital -> Moss Healthcare Harrogate

Medications (inc. issues)**Acute****Repeat****Past**

17-Jun-2026 Sertraline 100mg tablets Acute Medication (Past)
 28 tablet - One a day

17-Jun-2026 Quetiapine 100mg tablets Acute Medication (Past)
 60 tablet - one in the morning and one at night.

01-Jun-2026 Quetiapine 25mg tablets Acute Medication (Past)
 252 tablet - take 3 at lunch and 3 at tea time

26-May-2026 Clarithromycin 500mg tablets Acute Medication (Past)
 14 tablet - Take ONE tablet TWICE a day for 7 days, to treat infection

24-May-2026 Flucloxacillin 500mg capsules Acute Medication (Past)
 56 capsule - take two 4 times/day

19-May-2026 Sertraline 100mg tablets Acute Medication (Past)
 28 tablet - One a day

19-May-2026 Quetiapine 100mg tablets Acute Medication (Past)
 60 tablet - one in the morning and one at night.

13-May-2026 Sertraline 50mg tablets Acute Medication (Past)
 28 tablet - take one tablet daily(total dose 150)

05-May-2026 Sertraline 100mg tablets Repeat Medication (Past)
 28 tablet - One a day

05-May-2026 Quetiapine 25mg tablets Repeat Medication (Past)
 252 tablet - take 3 at lunch and 3 at tea time

05-May-2026 Quetiapine 100mg tablets Repeat Medication (Past)
 60 tablet - one in the morning and one at night.

24-Apr-2026 Lansoprazole 30mg gastro-resistant capsules Acute Medication (Past)
 56 capsule - take one once daily

24-Apr-2026 Quetiapine 25mg tablets Acute Medication (Past)
 252 tablet - take 3 at lunch and 3 at tea time

21-Apr-2026 Quetiapine 100mg tablets Acute Medication (Past)
 60 tablet - one in the morning and one at night.

21-Apr-2026 Sertraline 100mg tablets Acute Medication (Past)
 28 tablet - One a day

23-Mar-2026 Sertraline 100mg tablets Acute Medication (Past)
28 tablet - One a day

23-Mar-2026 Quetiapine 100mg tablets Acute Medication (Past)
60 tablet - one in the morning and one at night.

23-Mar-2026 Quetiapine 25mg tablets Acute Medication (Past)
252 tablet - take 3 at lunch and 3 at tea time

20-Feb-2026 Quetiapine 25mg tablets Acute Medication (Past)
252 tablet - take 3 at lunch and 3 at tea time

19-Feb-2026 Sertraline 100mg tablets Acute Medication (Past)
28 tablet - One a day

19-Feb-2026 Quetiapine 100mg tablets Acute Medication (Past)
60 tablet - one in the morning and one at night.

22-Jan-2026 Aciclovir 5% cream Acute Medication (Past)
2 gram - apply 5 times/day

22-Jan-2026 Sertraline 100mg tablets Acute Medication (Past)
28 tablet - One a day

22-Jan-2026 Quetiapine 100mg tablets Acute Medication (Past)
60 tablet - one in the morning and one at night.

22-Jan-2026 Quetiapine 25mg tablets Acute Medication (Past)
252 tablet - take 3 at lunch and 3 at tea time

08-Dec-2025 Quetiapine 25mg tablets Acute Medication (Past)
252 tablet - take 3 at lunch and 3 at tea time

08-Dec-2025 Quetiapine 100mg tablets Acute Medication (Past)
60 tablet - one in the morning and one at night.

08-Dec-2025 Sertraline 100mg tablets Acute Medication (Past)
28 tablet - One a day

24-Nov-2025 Quetiapine 100mg tablets Acute Medication (Past)
60 tablet - one in the morning and one at night.

24-Nov-2025 Quetiapine 25mg tablets Acute Medication (Past)
252 tablet - take 3 at lunch and 3 at tea time

19-Nov-2025 Sertraline 100mg tablets Acute Medication (Past)
28 tablet - One a day

19-Nov-2025 Sertraline 100mg tablets Repeat Medication (Past)
28 tablet - One a day

29-Oct-2025 Sertraline 50mg tablets Repeat Medication (Past)
28 tablet - take one tablet daily

29-Oct-2025 Sertraline 50mg tablets Acute Medication (Past)
28 tablet - take one tablet daily

15-Oct-2025 Quetiapine 25mg tablets Acute Medication (Past)
252 tablet - take 3 at lunch and 3 at tea time

15-Oct-2025 Quetiapine 100mg tablets Acute Medication (Past)
60 tablet - one in the morning and one at night.

13-Oct-2025 Sertraline 50mg tablets Acute Medication (Past)
28 tablet - take one tablet daily

30-Sept-2025 Doxycycline 100mg capsules Acute Medication (Past)
6 capsule - Take TWO capsules Today, then take ONE capsule daily for the following FOUR days.

22-Sept-2025 Quetiapine 25mg tablets Acute Medication (Past)
252 tablet - take 3 at lunch and 3 at tea time

22-Sept-2025 Quetiapine 100mg tablets Acute Medication (Past)
60 tablet - one in the morning and one at night.

15-Sept-2025 Aciclovir 5% cream Acute Medication (Past)
2 gram - apply 5 times/day

15-Sept-2025 Doxycycline 100mg capsules Acute Medication (Past)
6 capsule - Take TWO capsules now on day 1 then take ONE capsule ONCE daily for 4 days to treat infection

26-Aug-2025 Quetiapine 100mg tablets Acute Medication (Past)
60 tablet - one in the morning and one at night.

26-Aug-2025 Quetiapine 25mg tablets Acute Medication (Past)
252 tablet - take 3 at lunch and 3 at tea time

21-July-2025 Quetiapine 100mg tablets Acute Medication (Past)
60 tablet - one in the morning and one at night.

21-July-2025 Quetiapine 25mg tablets Acute Medication (Past)
252 tablet - take 3 at lunch and 3 at tea time

26-Jun-2025 Quetiapine 25mg tablets Acute Medication (Past)
252 tablet - take 3 at lunch and 3 at tea time

26-Jun-2025 Quetiapine 100mg tablets Acute Medication (Past)
60 tablet - one in the morning and one at night.

29-May-2025 Quetiapine 25mg tablets Acute Medication (Past)
168 tablet - Take THREE tablets at LUNCH and THREE tablets at TEA - to cover previous script issue to make 28 day supply

22-May-2025 Quetiapine 25mg tablets Acute Medication (Past)
60 tablet - can take one or two as required. letter

22-May-2025 Quetiapine 100mg tablets Acute Medication (Past)
60 tablet - one in the morning and one at night.

22-May-2025 Quetiapine 25mg tablets Repeat Medication (Past)
252 tablet - take 3 at lunch and 3 at tea time

22-May-2025 Quetiapine 100mg tablets Repeat Medication (Past)
60 tablet - one in the morning and one at night.

28-Apr-2025 Quetiapine 100mg tablets Acute Medication (Past)
60 tablet - one in the morning and one at night.

28-Apr-2025 Quetiapine 25mg tablets Acute Medication (Past)
60 tablet - can take one or two as required. letter

23-Apr-2025 Quetiapine 25mg tablets Acute Medication (Past)
60 tablet - can take one or two as required. letter

09-Apr-2025 Quetiapine 100mg tablets Acute Medication (Past)
60 tablet - one in the morning and one at night.

09-Apr-2025 Quetiapine 25mg tablets Acute Medication (Past)
60 tablet - three in the morning and at night

09-Apr-2025 Miconazole 2%cream Acute Medication (Past)
30 gram - apply twice daily

Allergies

19-Nov-2025 Dr Anna Bickerdike

No known allergies
Episodicity -

Vaccinations

This section is empty.

Referrals

This section is empty.

Test Requests

This section is empty.

Test Results

17-Feb-2026 Auto-filed

Result: LIPID PROFILE Clinical Information: health check; Request: Monitoring; Sample type:: Non-fasting health check; Request: Monitoring; Sample type:: Non-fasting health check; Request: Monitoring; Sample type:: Non-fasting health check; Request: Monitoring; Sample type:: Non-fasting health check; Request: Monitoring; Sample type:: Non-fasting LIPID PROFILE

17-Feb-2026 Auto-filed

Result: Haemoglobin A1c level - IFCC standardised

Clinical Information: health check; Request: Monitoring; Sample type:: Non-fasting health check;
Request: Monitoring; Sample type:: Non-fasting health check; Request: Monitoring; Sample type:: Non-fasting health check; Request:
Monitoring; Sample type:: Non-fasting health check; Request: Monitoring; Sample type:: Non-fasting
Borderline

17-Feb-2026 Auto-filed

Result: Urea and electrolytes *Clinical Information: health check; Request: Monitoring; Sample type:: Non-fasting health check; Request: Monitoring; Sample type:: Non-fasting health check; Request: Monitoring; Sample type:: Non-fasting health check; Request: Monitoring; Sample type:: Non-fasting health check; Request: Monitoring; Sample type:: Non-fasting*
Normal

17-Feb-2026 Auto-filed

Result: Liver function tests Clinical Information: health check; Request: Monitoring; Sample type:: Non-fasting health check; Request: Monitoring; Sample type:: Non-fasting health check; Request: Monitoring; Sample type:: Non-fasting health check; Request: Monitoring; Sample type:: Non-fasting health check; Request: Monitoring; Sample type:: Non-fasting Normal

17-Feb-2026 Auto-filed

Result: TSH Clinical Information: health check; Request: Monitoring; Sample type: Non-fasting health check; Request: Monitoring; Sample type: Non-fasting health check; Request: Monitoring; Sample type: Non-fasting health check; Request: Monitoring; Sample type: Non-fasting TSH
Normal

14-Oct-2025 Auto-filed

Result: HEPATITIS C ANTIBODY (LTHT) HEPATITIS C ANTIBODY (LTHT) Clinical Information: screening screening screening Hepatitis C Antibody: POSITIVE Comment: First positive hepatitis C antibody result for this laboratory. Please send a confirmatory sample for hepatitis C serology.
Abnormal

14-Oct-2025 Auto-filed

Result: HEPATITIS C NAAT VIRAL LOAD HEPATITIS C NAAT VIRAL LOAD Clinical Information: screening screening screening Hepatitis C viral load: NOT detected Hepatitis C viral load comment: Please send a repeat EDTA sample for hepatitis C RNA
Abnormal

14-Oct-2025 Auto-filed

Result: HEPATITIS C ANTIBODY (LIAISON) (HDH) Clinical Information: screening screening screening HEPATITIS C ANTIBODY (LIAISON) (HDH) Hepatitis C Antibody: Please see reference laboratory report
Abnormal

29-Sept-2025 Auto-filed

Result: Serum vitamin B12 level Clinical Information: sore mouth; Past Year: Test in past year; CD: Abnormalities present
Normal

29-Sept-2025 Auto-filed

Result: Serum vitamin B12 level Clinical Information: sore mouth; Past Year: Test in past year; CD: Abnormalities present
Normal

29-Sept-2025 Auto-filed

Result: LIPID PROFILE LIPID PROFILE Clinical Information: review; Request: Monitoring; Sample type: Non-fasting review; Request: Monitoring; Sample type: Non-fasting review; Request: Monitoring; Sample type: Non-fasting review; Request: Monitoring; Sample type: Non-fasting
Satisfactory

29-Sept-2025 Auto-filed

Result: Urea and electrolytes Clinical Information: review; Request: Monitoring; Sample type: Non-fasting review; Request: Monitoring; Sample type: Non-fasting review; Request: Monitoring; Sample type: Non-fasting
Satisfactory

29-Sept-2025 Auto-filed

Result: Full blood count Neutrophils: 3.11 10⁹/L [1.8 - 8.0] White Cell Count: 5.75 10⁹/L [3.6 - 11.0] NRBC: 0.00 10⁹/L [0.0 - 0.01] Clinical Information: review; Request: Monitoring; Sample type: Non-fasting
Normal

29-Sept-2025 Auto-filed

Result: Full blood count Clinical Information: review; Request: Monitoring; Sample type: Non-fasting review; Request: Monitoring; Sample type: Non-fasting review; Request: Monitoring; Sample type: Non-fasting review; Request: Monitoring; Sample type: Non-fasting review; Request: Monitoring; Sample type: Non-fasting NRBC: 0.00 10⁹/L [0.0 - 0.01]
Satisfactory

29-Sept-2025 Auto-filed

Result: Urea and electrolytes Clinical Information: review; Request: Monitoring; Sample type: Non-fasting review; Request: Monitoring; Sample type: Non-fasting review; Request: Monitoring; Sample type: Non-fasting review; Request: Monitoring; Sample type: Non-fasting review; Request: Monitoring; Sample type: Non-fasting
Satisfactory

29-Sept-2025 Auto-filed

Result: Haemoglobin A1c level - IFCC standardised Clinical Information: review; Request: Monitoring; Sample type: Non-fasting
Normal

29-Sept-2025 Auto-filed

Result: LIPID PROFILE Clinical Information: review; Request: Monitoring; Sample type: Non-fasting review; Request: Monitoring; Sample type: Non-fasting review; Request: Monitoring; Sample type: Non-fasting LIPID PROFILE
Satisfactory

29-Sept-2025 Auto-filed

Result: Haemoglobin A1c level - IFCC standardised Clinical Information: review; Request: Monitoring; Sample type: Non-fasting review; Request: Monitoring; Sample type: Non-fasting review; Request: Monitoring; Sample type: Non-fasting review; Request: Monitoring; Sample type: Non-fasting
Satisfactory

29-Sept-2025 Auto-filed

Result: Liver function tests Clinical Information: review; Request: Monitoring; Sample type: Non-fasting review; Request: Monitoring; Sample type: Non-fasting review; Request: Monitoring; Sample type: Non-fasting
Satisfactory

29-Sept-2025 Auto-filed

Result: Liver function tests Clinical Information: review; Request: Monitoring; Sample type: Non-fasting review; Request: Monitoring; Sample type: Non-fasting review; Request: Monitoring; Sample type: Non-fasting review; Request: Monitoring; Sample type: Non-fasting
Satisfactory

18-Sept-2025 Auto-filed

Result: Standard chest X-ray
Normal

05-Jun-2025 Auto-filed

Result: Serum folate level Clinical Information: Clinical details: fatigue; Request: Diagnosis 1st test
Normal

04-Jun-2025 Auto-filed

Result: Serum calcium level
Satisfactory
Clinical Information: Clinical details: fatigue; Request: Diagnosis 1st test

04-Jun-2025 Auto-filed

Result: Urea and electrolytes
Satisfactory
Clinical Information: Clinical details: fatigue; Request: Diagnosis 1st test

04-Jun-2025 Auto-filed

Result: Serum amylase level
Satisfactory
Clinical Information: Clinical details: fatigue; Request: Diagnosis 1st test

04-Jun-2025 Auto-filed

Result: Serum ferritin level
Satisfactory
Clinical Information: Clinical details: fatigue; Request: Diagnosis 1st test

04-Jun-2025 Auto-filed

Result: TSHTSH
Satisfactory
Clinical Information: Clinical details: fatigue; Request: Diagnosis 1st test

05-Jun-2025 Auto-filed

Result: Haemoglobin A1c level - IFCC standardised
Normal
Clinical Information: Clinical details: fatigue; Request: Diagnosis 1st test

04-Jun-2025 Auto-filed

Result: Full blood count
Satisfactory
Clinical Information: Clinical details: fatigue; Request: Diagnosis 1st test NRBC: 0.00 10⁹/L [0.0 - 0.01]

04-Jun-2025 Auto-filed

Result: Liver function tests
Satisfactory
Clinical Information: Clinical details: fatigue; Request: Diagnosis 1st test

04-Jun-2025 Auto-filed

Result: Serum C reactive protein level
Satisfactory
Clinical Information: Clinical details: fatigue; Request: Diagnosis 1st test

Other Items

This section is empty.

Attachments

Attachment
26-May-2026 Mrs Christine Ashworth
Additional: Attachment

Filename: leg.jpeg
Extension: .tif
Pages:



Attachment
24-Feb-2026 Miss Laura Thwaite
Additional: Attachment

Patient Information from Miss L Thwaite, Moss Healthcare Harrogate -> Mr M McGhie,

Filename:
Extension: .tif
Pages:

THIRD

Free NHS Health Check

Helping you prevent heart disease, stroke, diabetes and kidney disease.



Everyone is at risk of developing diabetes, heart disease, kidney disease, stroke and dementia, and developing one of these conditions could increase your risk of developing another in the future. Your risk increases with age. There are also certain things that will put you at even greater risk, which are discussed below.

The good news is that these conditions can often be prevented. The tests that you have had as part of your NHS Health Check will help you and your healthcare professional discuss changes that you might need to make to reduce your risk of developing diabetes, heart disease, kidney disease, stroke and dementia. Use this leaflet to review your results and set goals for improving your lifestyle if necessary.

Your Results

Mr McGhie

Date of Birth: 26 Dec 1977
NHS Number: 735 907 2646

Date of Health Check: 24 Feb 2026

Physical Activity

As part of your NHS Health Check, your physical activity level has been measured and score is below.

You = GPPAQ physical activity index: active

Achieving 30 minutes of moderate intensity physical activity on 5 days of the week helps prevent and manage over 20 chronic diseases, including heart disease, stroke, diabetes and kidney disease, some cancers and depression.

Moderate intensity means how hard your body is working when you are being physically active. You should still be able to talk but your breathing will be quicker and deeper, your body will be warming up and your heart will be beating faster than normal but not racing.

Starting to become more active is about gradually building up the amount you do and most importantly doing an activity that you enjoy which fits into your everyday life.

The good news is that there are lots of different ways to become active and benefit your health: from walking to dancing; gardening to swimming; yoga to football, there will be an activity there for you. Go to <https://www.nhs.uk/healthier-families/> for opportunities to become more active in your local area.

Alcohol

Health problems related to alcohol consumption can take many years to develop, allowing people to believe there are no negative impacts to their alcohol intake. Regular drinking above the recommended daily limits can seriously impact your health and be a significant component of weight gain, even if you don't get drunk or binge drink.

Risks include liver problems, reduced fertility & high blood pressure with risks increasing the more you drink. Recommended guidelines are now the same for men and women. Drinking no more than 14 units a week, spreading your alcohol intake evenly across the week and having several drink free days each week will reduce your risk.

Smoking

If you smoke you should be offered support and advice as part of your NHS Health Check. Smoking increases the risks associated with high blood pressure and raised cholesterol. The great news is that you can reduce your risk over a period of time by stopping.

All areas have a free local NHS Stop Smoking Service which can help you find your best way of stopping, providing the medication and support you need. You are up to four times more likely to quit if you use NHS support than if you go it alone. To find your local service, call the NHS Smoking Helpline on **0300 123 1044**, go to www.nhs.uk/smokefree or ask your healthcare professional to refer you to your local service.

Healthy Eating

A healthy and balanced diet, which includes **at least five** portions of fruit and vegetables a day, is important to reach or maintain a healthy weight and lifestyle.

Cut saturated fat

Choose lean ☐ of meat & trim off extra fat before cooking. Bake, steam, poach or grill rather than ☐ or roast. Check food labels for saturated fat content. Use less meat and instead add bulk to sauces and stews with vegetables or beans. Choose lower-fat dairy products, such as skimmed milk and lower-fat yoghurt.

Watch your salt intake

Too much salt can cause raised blood pressure. High blood pressure is called the silent killer as it often has no symptoms, and if you have high blood pressure you are three times more likely to develop heart disease or have a stroke. One easy way to eat less salt is to stop adding extra salt to your food during cooking and at the dinner table. Also, ☐ food labels to avoid foods that are high in salt. High is more than 1.5g salt per 100g (or 0.6g sodium). For healthy tasty recipes visit <https://www.nhs.uk/healthier-families/recipes/>

Body Mass Index Test

BMI is a measure of whether you are a healthy weight for your height. However, it is only a guide and, for some people, BMI may not take into account things like being particularly muscular.

Your BMI = 41.18 Kg/m²
Your Height = 1.75 m
Your Weight = 126.1 Kg

A BMI less than **18.5** is in the underweight range
A BMI between **18.5** and **24.9** is in the healthy range
A BMI between **25** and **29.9** is in the overweight range
A BMI of **30** or more is in the obese range

If your family background is South Asian, Chinese, other Asian, Middle Eastern, Black African or African-Caribbean, then your BMI threshold lowers to:

A BMI between **23** and **27.4** is in the overweight range
A BMI of **27.5** or more is in the obese range

If your BMI is high, your healthcare professional can provide you with advice and support on losing weight and reducing your BMI. Also, there is lots of advice and support on www.nhs.uk/nhshealthcheck

Blood Pressure

Two measurements are used to assess blood pressure: **Systolic pressure** is the pressure exerted when your heart pumps, forcing blood through your arteries. **Diastolic pressure** is the pressure exerted when your heart is at rest, between beats

The result is usually described as, for example, '140 over 90' meaning a systolic pressure of 140mmHg and a diastolic pressure of 90mmHg. This would be written: 140/90mmHg.

Your Blood Pressure = 124 / 78 mmHg

A blood pressure less than 140/90 is ideal
A blood pressure more than 140/90 is high

High blood pressure can be treated or prevented by making changes to your lifestyle, such as exercising more regularly, eating a healthier diet and ☐ back on your consumption

of alcohol. Medicines are also available that can help lower your blood pressure. Your healthcare professional will advise you about this. You will be given advice about making changes to your lifestyle, and you can visit www.nhs.uk/nhshealthcheck

Cholesterol

Cholesterol is a fat that is carried around your body in the blood. It is vital that you have enough of it in your body to work properly. But too much cholesterol can cause your arteries to become blocked, increasing your risk of heart disease and stroke.

Total Cholesterol = 7.6 mmol/L, 13/02/26
HDL (Good Cholesterol) = 1.7 mmol/L, 24/02/26
Cholesterol:HDL Ratio = 4.5, 24 Feb 2026

If your results are high, or the ratio is not ideal your healthcare professional will give you advice about how to improve this. They may also consider prescribing you cholesterol-lowering drugs.

If you do not have a high cholesterol level, you may still want to take action to prevent it increasing by eating a healthy, balanced diet that is low in saturated fat.

Diabetes – HbA1c

The HbA1c test is not routinely done unless you are at an increased risk of diabetes. Please discuss this further with your HCA or Nurse.

Your HbA1c = 42 mmol/mol

An HbA1c less than 42 is ideal
An HbA1c of 42 or more is high

Cardiovascular Disease Risk Score

Your Cardiovascular Disease (CVD) Risk score has been calculated by using all the information that has been collected about you.

Your CVD Risk Score = 4.82 %

A CVD Risk Score < **10% is low risk**
A CVD Risk Score ≥ **10% is high risk**

If your risk is moderate or high you are at an increased risk of a heart attack or stroke in the next 10 years. You may be given medicines or offered support to help reduce your risk. Whatever your result though, even if your risk is assessed as being low, you will be given advice about staying healthy.

Your Goals

Use these pages to set yourself some goals to work towards

Start off with one or two changes that you could make to improve your health. Remember that small changes to your lifestyle can make a big difference to your health.

What would you like to achieve?

What small thing can you commit to changing?

How can you measure it?

How will you know if you're successful?

What might get in the way?

How will you stop that happening?

Who can help you?

Additional goals?

I agree to these goals.

Signed

Date

Attachment**15-Oct-2025 Mrs Jacqueline Bedford****Additional:**Attachment*Clinic Letter from Mrs J Bedford, -> Mr M McGhie,***Filename:****Extension:**.tif**Pages:**

Mr Michael McGhie

Horizon Life Training Kennel [REDACTED] F

Ripon Road

Killinghall

Harrogate

Attachment**15-Sept-2025 Mrs Kathryn Benito****Additional:**Attachment*A Referral Letter from Mrs K Benito, Moss Healthcare Harrogate***Filename:****Extension:**.tif**Pages:**

Part of



ACTIVE
NORTH
YORKSHIRE



NORTH
YORKSHIRE
COUNCIL

Referral for Active Health Scheme, Active North Yorkshire - Harrogate district

Please complete all sections of the form. Incomplete forms may be returned, and your patient may be temporarily deferred until all relevant medical information is obtained.

Patient/Client Details		
Surname: McGhie		Forename: Michael
DOB: 26 Dec 1977	Gender: M/F/Transgender/Non Binary/Other/Prefer not to say Male	Previous/Maiden Name:
Address: Horizon Life Training Kennel ■■■ F, Ripon Road, Killinghall, Harrogate, North Yorkshire, HG3 2AY		GP Name & Address: The Moss Practice 28-30 Kings Road, Harrogate HG1 5JP
Tel No: 07470 444725 Email: mmcghie723@gmail.com		GP Tel No: 01423 560261
Ethnicity: White Scottish		Patient Health Checks
■■■ ■■■ contact:		Height: 1.75 m, 15 Sep 2025
		Weight: 123.4 Kg, 15 Sep 2025
		BMI: 40.29 Kg/m², 15 Sep 2025
		Resting HR: 88 bpm, Pulse regular
Comments:		Seated BP: 130 / 80 mmHg, 15 Sep 2025
Primary Reason(s) for Referral: ☐ Neurological Conditions ☐ Exercise after stroke ☐ Cardiac Rehab ☐ Pulmonary Rehab ☐ GP Gym exercise referral ☐ GP Swim referral ☐ Falls Prevention ☒ Fit 4 Life (adult weight management) ☐ Fit 4 Future (following Active Against Cancer) ☐ Healthy Families (child weight management 4 – 19 years)		
Known medical conditions ☒ Obesity ☐ COPD ☐ Asthma ☐ Pulmonary disease ☐ Bronchitis ☐ Anxiety/stress ☐ Depression ☐ Type 1 Diabetes ☐ Type 2 Diabetes ☐ Osteoarthritis ☐ Rheumatoid Arthritis ☐ Osteoporosis ☐ Joint Replacement ☐ Multiple Sclerosis ☐ Hypercholesterolemia ☐ Hypertension ☐ Hypotension ☐ Fibromyalgia ☐ M.E ☐ Angina ☐ Cancer; type		
Medication: (where possible please attached a printed list of medications) Acutes Doxycycline 100mg capsules, Take TWO capsules now on day 1 then take ONE capsule ONCE daily for 4 days to treat infection Repeats Quetiapine 25mg tablets, take 3 at lunch and 3 at tea time Quetiapine 100mg tablets, one in the morning and one at night.		

OFFICIAL - SENSITIVE

Mr Michael McGhie 26 Dec 1977 735 907 2646

Page 1 of

Part of



Other information (including other clinical diagnoses and/or current health problems/recent medical procedures/pending investigations/mobility barriers):

None

PATIENT CONSENT: The Active Health Scheme has been fully explained to the patient. The patient gives permission for this information to be passed to Active Health team.

AUTHORISATION. I can confirm that I have spoken to the individual about the Active Health Scheme and the individual is happy for the referral to be made.

Name of Referring Medical Professional (PLEASE PRINT)

Mrs [REDACTED] Benito..... Dept

Signature of Referring Medical Professional

.....

Date of Referral 15 September 2025.....

For quickest response, please email completed form to Active.Health@northyorks.gov.uk (secure)

If you require more detail please call 01423 556106

How we use your information

Any information you give to us will be held securely and in accordance with the rules on data protection. We will treat personal details as private and confidential and [REDACTED] them. We will not disclose them to anyone unconnected with the Council unless you have consented to their release or in certain circumstances where:

- We are legally obliged to do so;
- Disclosure is necessary for the proper discharge of our statutory functions;
- Disclosure is necessary to enable us to provide you with a requested service or deal with your enquiry;
- 'Legitimate interests' are relied on in relation to specific processing operations.
- We are under a duty to protect public funds.

We may use the information you have provided for the prevention and detection of fraud. We may also share this information with other bodies responsible for public funds or for auditing them for these purposes.

For more information on privacy and how we use your data please take a look at our privacy notice at [Leisure privacy notice | North Yorkshire Council](#)

OFFICIAL - SENSITIVE

Mr Michael McGhie 26 Dec 1977 735 907 2646

Page 2 of

Attachment

02-Sept-2025 Miss Emma Ryan

Additional: Attachment

Mental Health from Adult Mental Health Team, Primary Care Mental Health Services (PCMHS), Tees Esk and Wear Vallys NHS Foundation Trust (Mental Health) -> Moss Healthcare Harrogate

Filename:

Extension:.tif

Pages:



Tees, Esk and Wear Valleys

NHS Foundation Trust

Adult Mental Health Services
Harrogate Integrated Community Team
Valley Gardens Resource Centre
Windsor House
Cornwall Road
Harrogate
HG1 2PW

Tel: 01423 852070

NB/SB/1114046

Clinic: 02 September 2025

Typed: 12 September 2025

Private & Confidential

D G Berruezo

Moss Healthcare Harrogate

28-30 Kings Road

Harrogate

HG1 5JP

Dear Dr Berruezo

Re Michael McGhie DOB 24/12/1971 NHS No 735 907 2646
Horizon Life Training, Kennel Farm, Ripon Road,
Killinghall, Ripon, HG3 2AY

Diagnosis

Generalised anxiety disorder

Medicines

Quetiapine 375mg

Plan to start SSRI as detailed below

I reviewed Michael at Windsor House along with Musiwarwo, initial assessor.

He has a longstanding history of multiple substance use from age 17, including heroin (was treated with methadone). He reported complete abstinence since 2017, except for a brief relapse on cocaine in 2023 and was admitted to rehab in Scotland during that period. He also reported low frustration tolerance, frequent involvement in fights, and multiple prison sentences until 2022. Since moving to England in March 2025 as part of a resettlement programme, he has been engaging with Horizons and is undertaking volunteer work.

He reported anxiety symptoms since 2017, particularly in crowded/noisy environments and with everyday stressors. He also reported that he feels irritable and angry when told what to do but is motivated to control this to avoid further imprisonment. He described a sensation of

banging inside his head and pain, particularly when anxious, as well as muffled, unclear voices inside his head though not distinct or persistent [REDACTED] [REDACTED]. He also often remembers about time spent in prison and feels distressed but no clear [REDACTED] features.

He previously trialled mirtazapine 45mg (around 2015) – stopped due to sedation. He is currently on quetiapine 375mg, started in Scotland (letter on records suggests that the dose was increased from 50mg as Michael was feeling anxious before moving to England). Michael reported he still feels anxious despite taking medicines.

We discussed that his primary difficulty appears to be anxiety. Also, discussed that long-term substance use can alter brain functioning and that comorbid anxiety is common in this context. Advised that he may benefit from an SSRI and provided patient information leaflets. He has agreed to discuss this with yourselves.

He queried whether quetiapine might be causing banging and pain; I explained that this is unlikely, given his symptoms pre-dated its use and have persisted despite stable dosing. If he remains stable and responds well to the SSRI, we can consider tapering quetiapine in the future. Also, as he has a history of low frustration tolerance, impulsivity and early substance use, he may have underlying ADHD, which may warrant a formal assessment if symptoms remain significant.

During the interview, on mental status examination, he was appropriately dressed and well [REDACTED]. He was speaking at normal rate. His affect was euthymic. There were no perceptual disturbances. He was oriented to time, place and person. He was aware about the symptoms and was willing to take medicines.

Plan

1. There are no significant risk issues currently.
2. We would be grateful if you will consider initiation of an SSRI for anxiety.
3. Continue quetiapine for now. (consider stopping in future if he remains stable on SSRI).
4. Review his headaches to exclude other causes if persistent.
5. To remain engaged with Horizons.
6. We will not book further appointments with him, but he can contact us and re-refer if there are any concerns.

Yours sincerely

Dictated and approved electronically, not signed

DR NIDHISHA BAJAJ

Speciality Doctor in Psychiatry to

Dr Sumeet [REDACTED] Consultant Psychiatrist

Attachment

27-May-2025 Mr Ben Grimshaw

Additional: Attachment

Mental Health from Valley Gardens Resource Centre, Tees Esk and Wear Valleys NHS Foundation Trust (Mental Health) -> Moss Healthcare Harrogate

Filename:

Extension: .tif

Pages:

NHS Confidential**Tees, Esk and Wear Valleys**

NHS Foundation Trust
Valley Gardens Resource Centre
Windsor House
Cornwall Road
Harrogate
HG1 2PW

27 May 2025

Ref: PM/SAH/1114046

Mr Michael Mcghie
Horizon Life Training
Kennel Farm, Ripon Road
Killinghall
Harrogate
North Yorkshire
HG3 2AY

Tel: 01423 852000
111 and Option 2
(24-hour advice and support)
www.teew.nhs.uk

Dear Mr Mcghie

We would like to offer you the following appointment:

Assessment Appointment

Date/Time: 16 June 2025 at 9.00 for 60 minutes

Venue: Windsor House

With: Musiwarwo (Advanced Nurse Practitioner)

Guidance:

- If you are feeling unwell and are unsure if you should attend the appointment or not, please call the service for advice.
- We are proud that our Trust is a teaching organisation. We would warmly welcome your support if you are asked to allow a student to join our meetings with you. The choice is always yours and you may say no if you do not feel comfortable with this.
- Please be advised you are also invited to bring a or an important person in your life to offer their views in this assessment.

We do hope this appointment is convenient for you, but if not, could you please let us know ASAP and we will rearrange it. Otherwise, we look forward to seeing you.

Yours sincerely

Amh Harrogate Community

Published from Cito 27-May-2025

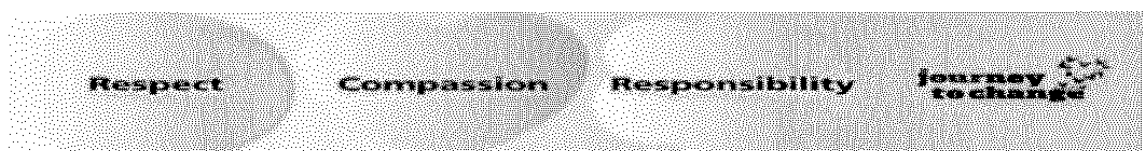
CC to:

GP:

Dr Galan C Berruezo
Moss Healthcare Harrogate
28-30 Kings Road
Harrogate
North Yorkshire
HG1 5JP

Tel: 01423 560261

THIRD PARTY COPY



Name: MR MICHAEL MCGHIE **Date Of birth:** 24-Dec-1971 **NHS Number:** 7359072646

Page 2 of 2

Attachment

22-May-2025 Miss Emily Brogan

Additional: Attachment

Letter to Consultant from Dr C Berruezo, Moss Healthcare Harrogate -> Mental Health Adults

Filename:

Extension:.tif

Pages:

Moss Healthcare Harrogate
28-30 Kings Road, Harrogate, North Yorkshire, HG1 5JP
01423 560261

**Correspondence Letter: Expedite Request**

Please note, this is not a referral

22 May 2025
Ref No.

Dear Colleague

Re: Mr Michael McGhie, NHS number 735 907 2646, date of birth 26 Dec 1977
Horizon Life Training Kennel [REDACTED] F, Ripon Road, Killinghall, Harrogate, North
Yorkshire, HG3 2AY
07470 444725, mmcghie723@gmail.com (Unverified)

The above patient has already been referred to you on 10/04/25. I would however be grateful if you could expedite this appointment and see them as soon as possible because the patient's symptoms are worsening and include:

I would appreciate it if you could consider a soon appt for this patient due to his symptoms and confusion regarding his medication.

Please contact the patient directly to inform them of the outcome of your decision, further to receipt of this letter.

Yours sincerely

Dr C Berruezo
On behalf of, Moss Healthcare Harrogate

Attachment**24-Apr-2025** Mrs Jacqueline Bedford**Additional:**Attachment*Clinic Letter from Mrs J Bedford, -> Mr M McGhie,***Filename:****Extension:**.tif**Pages:**

Mr Michael McGhie

Horizon Life Training Kennel [REDACTED] F

Ripon Road

Killinghall

Harrogate

Attachment**23-Apr-2025** Mrs Jacqueline Bedford**Additional:**Attachment*TWIMC from Moss Healthcare Harrogate***Filename:****Extension:**.tif**Pages:**

Moss Healthcare Harrogate
28-30 Kings Road, Harrogate, North Yorkshire, HG1 5JP
01423 560261



Date: 23 April 2025
Ref:

To Whom It May Concern

Re: Mr Michael McGhie
735 907 2646, 26 Dec 1977
Horizon Life Training Kennel [REDACTED] F, Ripon Road, Killinghall, Harrogate, North
Yorkshire, HG3 2AY
07470 444725, mmcghie723@gmail.com (Unverified)

The above-named patient registered with this practice on the 3rd April 2025. As he has moved from Scotland we do not have access to his full medical records as yet.

We have recently referred Michael to the Mental Health Team in relation to his ongoing [REDACTED] as he is currently struggling with his mental health and hearing some voices.

He is taking Quetiapine 100mg twice day and Quetiapine 25mg, three tablets twice a day.

Please see patient summary attached.

Yours faithfully

Mrs K Benito - ANP
On behalf of Moss Healthcare Harrogate

Page 1 of 1

Attachment

10-Apr-2025 Miss Emily Brogan

Additional: Attachment

A Referral Letter from Dr C Berruezo, Moss Healthcare Harrogate

Filename:

Extension: .tif

Pages:

Tees, Esk and Wear Valleys

NHS Foundation Trust

Adult Referral Template

Response time:	Standard response time for routine referral is 28 days, tick here if referral is Urgent ☐
Consent to refer:	☒ Yes ☐ Unable (describe referral decision making) *

Patient Details

Name:	Mr Michael McGhie		Address	Horizon Life Training Ripon Road Killinghall Harrogate North Yorkshire HG3 2AY
Gender:	Male			
DOB & Age:	24 Dec 1971 Age 53			
NHS Number:				
Patient Contacts:	Home:		Mobile:	07470 444725
	Work:		Email:	mmcghe723@gmail.com (Unverified)
	☐ The patient has confirmed the following person(s) should be included in correspondence – ☐			
	Important contacts: * ☐ If contacting the patient is difficult, who do we contact to make the appointment? ☐			
Contact Consent:	☐ Can leave message on answer machine ☐ Can contact by text ☐ Can contact by Email NB: Not all services use Texts or Emails as a method of communication.			
Ethnicity:	White Scottish			
Interpreter:	☒ Yes Language: language not specified * ☐			
Accessibility Needs:	Patient Accessible Information Need:			
	☐ Wheelchair access ☐ Accompanied by ☐ Other disability needing consideration * ☐			
Social	☐ Military Veteran ☐ Is a ☐			

Referral Details

Reason for referral 1. Presenting Problems <i>The patient's perceived symptoms, problems or circumstances that has led them to seek help</i> 2. Clinical signs & symptoms (Frequency, Intensity, Duration, Onset) <i>The referrer's assessment; please include any impact on behaviour and functioning (occupation/education, social/leisure, self-care etc.)</i>	Dear Colleague Thank you for seeing Mr McGhie 53 yo pat, who was diagnosed with ☐ He has just moved to Harrogate the 17th March. coming from Scotland, where he was under MH team. taking Quetiapine 100mg twice day and Quetiapine 25mg, three tablets twice a day. currently pat struggling with his MH. hearing some voices. sleeping well. not suicidal. under Horizons. I would be grateful if you could review the pat and provide him with further management. Many thanks Dr C Berruezo 10 Apr 2025 * ☐
Shared understanding of the Referral <i>Please include the views of the patient, including their expectations and what their understanding is of the service they'll receive.</i>	

Name Mr Michael McGhie Date of Birth 24 Dec 1971

NHS Number:

Lifestyle Factors Please describe smoking status and any drug or alcohol use.	Smoking: , Alcohol: , Any non-therapeutic drug use information: []
Concerns Regarding Risk & Safety - Harm to self - Harm to others - Harm from others - Consider protective factors	[] [] At risk of [] others Other: []

Referrer Details

Name of Referrer:	Dr C Berruezo *	Moss Healthcare Harrogate
Accountable GP:	The Moss Practice	28-30 Kings Road, Harrogate, North Yorkshire, HG1 5JP
Name of GP to address correspondence to, if different to accountable GP	Dr C Berruezo	
Surgery Tel No:	01423 560261	Surgery Email: []
Date of Referral:	10 Apr 2025	

The rest of this form is pre-populated – PLEASE CHECK INFORMATION IS APPROPRIATE

Investigations/Procedures: (key tests imported if recorded on clinical system)

Blood testing in primary care is not needed before referral.

Blood Results (Last 12m):

FBC	Hb , WCC , Plts , MCV , Neut		
UE	Na , K , Urea , Creat , eGFR		
LFT	ALT , Alk Phos , Bili , Alb , GGT , Serum globulin , Total Protein		
CRP		ESR	
TFTs	TSH , Free T4	INR	
Bone	Ca , Ca cor , Ca adj , Phos		
Iron	Ferritin , Iron Saturation , TIBC		
Vitamins	B12 , Folate		
Lipids	Chol , LDL , HDL , Chol:HDL ratio , Tri		
Random Glucose		Fasting Chol.	
Fasting Glucose		HbA1c	

ECG:Previous ECG's**Radiology:** (In last 6 months)**Minimum Dataset:** (recordings in last 6months)

Blood Pressure		Smoking Status	
Heart rate		Alcohol Intake	
Height	1.753 m, 03 Apr 2025	Exercise tolerance:	
Weight	123.832 Kg, 03 Apr 2025		
BMI	40.3 Kg/m², 03 Apr 2025		

Medical Problems:**Medication:**

Acutes Miconazole 2% cream, apply twice daily
 Quetiapine 25mg tablets, three in the morning and at night
 Quetiapine 100mg tablets, one in the morning and one at night.
 Repeats None

Mr Michael McGhie 24 Dec 1971

Page 2 of 3

Name Mr Michael
McGhie

Date of Birth 24 Dec 1971

NHS Number:

Allergies:

None

THIRD PARTY COPY

Mr Michael McGhie 24 Dec 1971

Page 3 of 3

Attachment

02-Apr-2025 Mr Ben Grimshaw

Additional: Attachment

Patient Summary from Old Aberdeen Medical Practice -> Moss Healthcare Harrogate

Filename:

Extension:.tif

Pages:

Patient Summary for MM 26/12/1977

GRAM Kings Clinical

Sent: 02 Apr 2025 16:04

To: "nyy.b82013@nhs.net"

You don't often get email from gram.kingsclinical@nhs.scot. Learn why this is important

This message originated from outside of NHSmail. Please do not click links or open attachments unless you recognise the sender and know the content is safe.

Kind Regards,

Medical Group
Old Aberdeen / Old Meldrum
0345 013 0740

From: IMC3000@nhsg.grampian.scot.nhs.uk <IMC3000@nhsg.grampian.scot.nhs.uk>**Sent:** 02 April 2025 15:24**To:** GRAM Kings Clinical <gram.kingsclinical@nhs.scot>**Subject:** Message from "IMC3000"

This E-mail was sent from "IMC3000" (IM C3000).

Scan Date: 04.02.2025 16:24:42 (+0100)

Queries to: IMC3000@nhsg.grampian.scot.nhs.uk

This email is intended for the named recipient only. If you have received it by mistake, please (i) contact the sender by email reply; (ii) delete the email from your system; and (iii) do not copy the email or disclose its contents to anyone.

Home Visit Summary

Mnemonic = GGIREPHV6

Patient Details

Michael Mcghee 26/12/1977 Male NHS: 634 162 5413 CHI: 2612773215

Mobile phone 07470444725

Telephone - home 01651 891627

Teen Challenge Sunnybrae Woodhead, Fyvie Turriff Aberdeenshire AB53 8LS

No data recorded.

Significant PMH

No data recorded.

Last 6 Surgery , Home or Telephone Consultations**10/03/2025 Telephone call to a patient Dr J T**

10/03/2025 Telephone encounter - JTC

Spoke with Michael. Was started on increased quetiapine dose end of last year after [REDACTED] some [REDACTED] This has been much better on the increased quetiapine dose. Finds stressed, agitated and anxious when watching TV, especially if any film with violence or aggression. Did spend time in prison for [REDACTED] offences and wonders if he has an element to [REDACTED] No overt flashbacks. Not had recent psychiatry assessment. Could have referred to psychiatry/mental health nurses but moving to Harrogate next week. Advised to continue current quetiapine dose and seek review with new GP in Harrogate for local referral. Dr J T

10/03/2025 SMS text message sent to patient I am currently completing a patient satisfaction questionnaire. Please complete using the following <https://forms.office.com/e/5vj3KDaBSV>

Dr J T

10/03/2025 Quetiapine 25mg tablets Supply: (28) tablet CAN TAKE 1 OR 2 TABLETS AS REQUIRED Dr J T

10/03/2025 Quetiapine 100mg tablets Supply: (56) tablet TAKE ONE TABLET IN MORNING AND ONE TABLET AT NIGHT Dr J T

26/11/2024 Surgery consultation Mrs [REDACTED] Hay

26/11/2024 Patient reviewed left sided facial droop not sparing forehead, eye droop seen, eye stinging

has been having headaches for over 1 year

nasal congestion on left side of nose also and ear ache

on examination ears clear no signs of infection

no limb weakness

seen by sas

obs bp 128/70, pulse 71 spo2 98 temp 36.6

slurring in speech associated with missing teeth - waiting for plate and droop

imp bells palsy - issued pred as per guidance

also issued aciclovir as cold sore, meds must be prescribed at teen challenge and sterimar for nasal congestion

swag

Mrs [REDACTED] Hay

26/11/2024 Sterimar 31.8% isotonic nasal spray (Church & Dwight UK Ltd) Supply: (50) ml USE AS DIRECTED Mrs Charlotte Hay

26/11/2024 Prednisolone 25mg tablets Supply: (20) tablet 2 TABLETS DAILY FOR 10 DAYS Mrs [REDACTED] Hay

26/11/2024 Aciclovir 5% cream Supply: (2) gram APPLY FIVE TIMES DAILY Mrs [REDACTED] Hay

12/06/2024 Telephone call to a patient Dr Amal Kouadria

12/06/2024 Administration NOS Telephone encounter

Discussed blood results - largely normal but iron is lower end of normal.
Feeling tired and quite keen for replacement

Agree for 3 months iron tablets. He has requested some laxatives just in case as well. Dr Amal Kouadria

12/06/2024 Laxido Orange oral powder sachets sugar free (Galen Ltd) Supply: (30) sachet TAKE 1-2 SACHETS A DAY AS REQUIRED FOR CONSTIPATION Dr Amal Kouadria

12/06/2024 Ferrous fumarate 210mg tablets Supply: (84) tablet TAKE 1 TABLET DAILY FOR 3 MONTHS Dr Amal Kouadria

21/05/2024 Surgery consultation Dr Amal Kouadria

21/05/2024 Administration NOS Attended for F2F

5 day history of feeling tight chested, productive cough of yellow sputum and just generally unwell.
Concerned he has infection. States feels more easily out of breath

O/E

Looks well

Apyrexial

HR 79

BP 134/80

Chest - generally sounds clear and no wheeze

Agree to cover for LRTI - although advice might be viral.
Seems really worried that prone to infections since October last year and tired, wondering if can get bloods done.

Can do routine panel but advise to book in for this once completed antibiotics and recovered from current infection

Dr Amal Kouadria

21/05/2024 Amoxicillin 500mg capsules Supply: (21) capsule 1 CAPSULE THREE TIMES A DAY Dr Amal Kouadria

21/05/2024 Request for Laboratory test requested

Remote Test request from ICE system: ICE Provider

Clinical Information: worried about recurrent infections ? underlying cause

Priority: non-urgent

Ordered from: Clinical Biochemistry RTL - Flu Ox, All samples collected

Test: Glucose, Status: Complete, Updated: 30/05/2024

Ordered from: Haematology RTL - Serum, All samples collected

Test: Vitamin B12, Status: Complete, Updated: 30/05/2024

Test: Ferritin, Status: Complete, Updated: 30/05/2024

Test: Serum Folate, Status: Complete, Updated: 30/05/2024

Ordered from: Clinical Biochemistry RTL - SST, All samples collected

Test: CRP - C-Reactive Protein Status: Complete Updated: 30/05/2024

Michael Mcghee 26/12/1977 634 162 5413 SST, All samples collected

Home Visit Summary

Test: CRP : C-Reactive Protein, Status: Complete, Updated: 30/05/2024
 Test: LFT : Liver Function Test, Status: Complete, Updated: 30/05/2024
 Test: TFT : Thyroid function test, Status: Complete, Updated: 30/05/2024
 Test: U&E : Renal Function, Status: Complete, Updated: 30/05/2024
 Ordered from: Haematology RTL - EDTA, All samples collected
 Test: Full Blood Count, Status: Complete, Updated: 30/05/2024 Dr Amal Kouadria

20/05/2024 Surgery consultation Dr Gavin

20/05/2024 Telephone encounter GS
 Triage 7LRTI
 Called Teen Challenge spoke to Michael
 cough nasty sputum 5/7 recurring
 Pancreatitis and gallbladder out last year

sounds well offered an appt today but decline seeking appt tomorrow after 10am
 booked 1110am Dr Gavin

25/10/2023 Surgery consultation Dr Chuka Oraegbunam

25/10/2023 Consultation The patient is well, he has come to get his repeat prescriptions
 However there is no document detailing his medications and associated diagnosis
 I have advised him to contact his previous surgery to send us his medical summary and we will prescribe and send to his designated pharmacy
 Dr Chuka Oraegbunam

Current Repeat Masters

No data recorded.

Acutes in Last 3 Months

10/03/2025 Quetiapine 100mg tablets Supply: (56) tablet TAKE ONE TABLET IN MORNING AND ONE TABLET AT NIGHT Dr J T

10/03/2025 Quetiapine 25mg tablets Supply: (28) tablet CAN TAKE 1 OR 2 TABLETS AS REQUIRED Dr J T

19/02/2025 Quetiapine 100mg tablets Supply: (56) tablet TAKE ONE TABLET IN MORNING AND ONE TABLET AT NIGHT Dr Olaide Kaka

19/02/2025 Quetiapine 25mg tablets Supply: (28) tablet CAN TAKE 1 OR 2 TABLETS AS REQUIRED

Notes for patient: Please make appointment to review this medication

with a GP Dr Olaide Kaka

10/02/2025 Quetiapine 100mg tablets Supply: (56) tablet TAKE ONE TABLET IN MORNING AND ONE TABLET AT NIGHT Dr

10/02/2025 Quetiapine 25mg tablets Supply: (28) tablet CAN TAKE 1 OR 2 TABLETS AS REQUIRED

Notes for patient: Please make appointment to review this medication

with a GP Dr

09/01/2025 Quetiapine 100mg tablets Supply: (56) tablet TAKE ONE TABLET IN MORNING AND ONE TABLET AT NIGHT Dr

09/01/2025 Quetiapine 25mg tablets Supply: (28) tablet CAN TAKE 1 OR 2 TABLETS AS REQUIRED

Notes for patient: Please make appointment to review this medication

with a GP Dr

Allergies and Intolerances

No data recorded.

No data recorded.

Prevention

25/09/2024 10:31.00 BP 117 / 77 taken Sitting from Left Cuff: Standard recall due: O/E - blood pressure reading Miss Catalina Male

25/10/2023 Never smoked Never smoked tobacco Dr Gavin

No data recorded.

25/10/2023 Weight: 106 kgs BMI: 36.5 O/E - weight Dr Gavin

25/10/2023 Height: 1.702 metres O/E - height Dr Gavin

Attachment

16-Dec-2024 Miss Emily Brogan

Additional: Attachment

Clinic Letter from Royal Cornhill Hospital -> Moss Healthcare Harrogate

Filename:

Extension: .tif

Pages:

Adult Mental Health Directorate

Aberdeenshire
Health & [REDACTED]
PartnershipYthan Team
Block A
Royal Cornhill Hospital
Cornhill Road
Aberdeen
AB25 2ZHIn ConfidenceDirect line: 01224 840980
Extension: 40980

RV/AM

CHI: 2612773215

Dr Gavin [REDACTED]
[REDACTED] Medical Practice
12 Sunnybank Road
Aberdeen
AB24 3NGDate Dictated: 16/12/2024
Date Typed: 16/12/2024

Dear Dr [REDACTED]

**Mr Michael Mcghie (26/12/1977) Teen Challenge UK, Sunnybrae Woodhead,
Turriff, AB53 8LS**

Thank you for your referral of this gentleman. It appears that your assessment is accurate in that he is struggling with anxiety, primarily triggered by his imminent relocation to another country, with a background of anxiety and depression.

I agree with your proposal to increase his quetiapine. He is currently on 75 mg twice a day. This can be increased by a further 150 mg a day in divided doses. I usually recommend using this incrementally on an as-required basis, with 25 mg or 50 mg increases, but you can take this up to a total daily dose of 300 mg. Additionally, this can be increased further by another 50 mg if absolutely necessary, though I expect that this treatment plan should be sufficient. Hopefully, his wait to move to England will not be too prolonged.

At this time, I do not feel it is clinically indicated to open him to psychiatry. However, please feel free to contact me again if you need further advice on this matter.

Yours sincerely

Michael Mcghie, (2612773215)

Signed by Ram Varadarajan
Psychiatrist at 11:39 AM on 16/12/2024

THIRD PARTY COPY

Michael Mcghie, (2612773215)