

Our Ref: TG  
Job ID: 100830028  
Date Dictated:  
Date Typed: 09/10/2025

**PRIVATE &  
CONFIDENTIAL**

Dr RA Dale  
Rutland Surgery  
24 Govan Road  
Glasgow  
G51 1HS

Mental Health  
Queen Elizabeth University Hospital  
Central Medical Block  
1345 Govan Road  
Glasgow  
G51 4TF  
0141 201 2422 EXT: 62422  
[www.nhsggc.org.uk](http://www.nhsggc.org.uk)

Dear Dr Dale,

**RE: Colin Wright      DOB: 04/12/1962      CHI: 0412626071**  
**Address: 102 Summertown Road, Glasgow, G51 2PU**

|                                 |                                              |                                               |                   |
|---------------------------------|----------------------------------------------|-----------------------------------------------|-------------------|
| <b>CHI No:</b>                  | <b>0412626071</b>                            | <b>Date:</b>                                  | 09.10.25          |
| <b>Surname:</b>                 | <b>Wright</b>                                | <b>Date of Birth:</b>                         | <b>04/12/1962</b> |
| <b>First Name:</b>              | <b>Colin</b>                                 | <b>Gender:</b>                                | M                 |
| <b>Address &amp; Post Code:</b> | <b>102 Summertown Road, Glasgow, G51 2PU</b> |                                               |                   |
| <b>Phone No:</b>                | 07783349366                                  | <b>Legal Status (MHA, AWI, Guardianship):</b> | Informal          |
|                                 | <b>Ethnicity:</b>                            |                                               | White             |
|                                 |                                              | <b>Nationality:</b>                           | Scottish          |

|                                             |                                   |
|---------------------------------------------|-----------------------------------|
| <b>Consent to sharing info:</b>             | Yes                               |
| <b>Communication needs:</b>                 | No additional communication needs |
| <b>Next of Kin / Carer contact details:</b> | [REDACTED] (daughter) [REDACTED]  |

Professional contacts summary

|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Alerts (<i>history of violence, offending history</i>)</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |
| No alerts on emis. No history of violent or offending behaviours.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |
| <b>Reason for referral (<i>referrer's reason[s] for requesting assessment</i>)</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |
| Referred to Adult Mental Health Liaison Service (AMHLS) at Queen Elizabeth University Hospital (QEUH) by Ward 7B for assessment of mental state and risk.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |
| <b>Reason for attendance (<i>Description of individuals main concerns, their perceptions of difficulties and hopes from the service</i>)</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |
| Colin was admitted to QEUH on 02/10/25 after being found unresponsive at home by carers. Paramedics found him to be hypoxic with a reduced respiratory rate. There was evidence of drug use in his bedroom i.e white powder residue. Colin was conveyed to QEUH and treated for pneumonia. DNA CPR and AWI in place. Colin admitted to ward staff that he took "a swig" of oromorph, prescribed dose of zopiclone and two lines of cocaine the evening before. Medics concerned this may have been a suicide attempt and referred Colin to AMHLS, in addition to concerns that Colin was presenting with low mood. Colin was initially assessed by AMHLS on 05.10.25. He required continuous oxygen and IV antibiotics to treat the pneumonia. |
| Colin was tearful throughout assessment especially when discussing the death of his wife who passed away approx 4 years ago. Since then Colin has been living                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |

with his youngest daughter [REDACTED] and feels he has become a burden to her. This appears to be causing Colin a lot of stress and is eager to secure his own tenancy. When asked about his understanding of how he got to hospital he reported he remembers taking his prescribed medications (oromorph and zopiclone) in addition to 2 lines of cocaine. He advised he mistakenly took the stronger dose of concentrated oromorph and believes this is what led to his admission. Colin reported his actions were not an attempt to end his life, and was just a mistake. He denied any current thoughts/plans to end his life. He admitted to experiencing suicidal thoughts at times, and feelings of "what's the point", but denied experiencing these thoughts prior to the incident. Colin acknowledged that missing his wife and his current physical health issues are the main triggers for his low mood. At time of assessment Colin appeared very unwell physically; appearing gaunt and requiring an oxygen mask to help him breathe. Having a conversation appeared quite strenuous for him. We agreed to return at a later date to further assess Colin once he was physically better. Colin was agreeable to this, and denied any current thoughts to harm himself; accepting all care and treatment offered.

AMHLS returned to Ward 7B on 09.10.25. Colin was medically fit for discharge at this point. Colin agreed to review, remembered writer from previous assessment, and he engaged well. He appeared physically better, and was keen for home. He appeared much brighter in his mood, with reactive affect and engaging throughout. He admitted to feeling better in himself, and there was no evidence of being tearful at any point. He continued to deny experiencing any suicidal or self-harming thoughts, plan or intent and reiterated that the events prior to admission were a "genuine mistake". He advised there is a possibility that he will be offered a place in supported accommodation and is looking forward to this. He believes his situation will improve once he has his own tenancy so he has his own space and won't feel like he is imposing on his daughter anymore. He denied any current issues with his mental health and was keen to get home to watch the Scotland game. When asked what he would do if he was feeling suicidal in the future he advised he would contact his GP. Encouraged Colin to do so, however also provided him with information on how to contact other services which are available out of hours.

No acute concerns surrounding mental state or risk which would delay discharge from hospital. No follow-up from mental health services required at this time.

**Psychiatric history (previous/ongoing mental health problems, diagnoses and interventions, via GP or mental health services, and their impact; h/o self**

|                                                                                                                                                                                                                                                                                                                                                               |                |                                |                                         |                 |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------|--------------------------------|-----------------------------------------|-----------------|
| <b><i>harm/attempted suicide; previous admission/detentions)</i></b>                                                                                                                                                                                                                                                                                          |                |                                |                                         |                 |
| <p>Not currently open to mental health services.<br/>Previously open to Brand Street CMHT however discharged due to non-engagement.<br/>History of low mood, anxiety and suicidal ideation.<br/>History of CSA.<br/>One previous admission to psychiatric inpatient setting (Southern General) approx 1995 following a suicide attempt while intoxicated.</p> |                |                                |                                         |                 |
| <b>Current medication details as given by individual (prescribed, over-the-counter, complementary, drug allergies)</b>                                                                                                                                                                                                                                        |                |                                |                                         |                 |
| <b>Medication</b>                                                                                                                                                                                                                                                                                                                                             | <b>Dose</b>    | <b>Frequency</b>               | <b>Duration</b>                         | <b>Response</b> |
| Fentanyl patch                                                                                                                                                                                                                                                                                                                                                | 12mg/hour      | 72 hour patch                  |                                         |                 |
| Zopiclone                                                                                                                                                                                                                                                                                                                                                     | 3.75mg         | nocte                          |                                         |                 |
| Diazepam                                                                                                                                                                                                                                                                                                                                                      | 2mg            | as required                    |                                         |                 |
| Amlodipine                                                                                                                                                                                                                                                                                                                                                    | 5mg            | OD                             |                                         |                 |
| Please see IDL for full list of prescribed medication                                                                                                                                                                                                                                                                                                         |                |                                |                                         |                 |
| <b>Allergies:</b>                                                                                                                                                                                                                                                                                                                                             | NKDA           |                                |                                         |                 |
| <b>Dispensing frequency:</b>                                                                                                                                                                                                                                                                                                                                  | Monthly        | <b>Medication concordance:</b> | Reports taking medication as prescribed |                 |
| <b>Any children/ dependents under the age of 18?</b>                                                                                                                                                                                                                                                                                                          |                |                                |                                         |                 |
|                                                                                                                                                                                                                                                                                                                                                               | <b>Child 1</b> | <b>Child 2</b>                 | <b>Child 3</b>                          | <b>Child 4</b>  |
| <b>Name</b>                                                                                                                                                                                                                                                                                                                                                   |                |                                |                                         |                 |
| <b>Age</b>                                                                                                                                                                                                                                                                                                                                                    |                |                                |                                         |                 |



|                                                                                                                                                                                                                                                                                                                                                                           |                                                                                                                                                                                       |  |  |  |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--|--|--|
| <b>Address if different:</b>                                                                                                                                                                                                                                                                                                                                              |                                                                                                                                                                                       |  |  |  |
| <b>Child protection concerns/agencies involved:</b>                                                                                                                                                                                                                                                                                                                       |                                                                                                                                                                                       |  |  |  |
| <b>Impact of mental health on parenting and/or potential risk to children:</b>                                                                                                                                                                                                                                                                                            |                                                                                                                                                                                       |  |  |  |
| N/A.                                                                                                                                                                                                                                                                                                                                                                      |                                                                                                                                                                                       |  |  |  |
| <b>Description of functioning before current difficulties:</b>                                                                                                                                                                                                                                                                                                            |                                                                                                                                                                                       |  |  |  |
| Colin previously worked as a mechanic, and used to like to "tinker" with cars, however since his stroke (resulting in left-sided weakness) his functioning has reduced. COPD and previous laryngeal cancer has impacted on his functioning also. He currently has input from carers once a day to help with personal care. Uses a mobility scooter when out of the house. |                                                                                                                                                                                       |  |  |  |
| <b>Substance use: (caffeine, alcohol, tobacco, non-prescribed drugs, novel psychoactive substances)</b>                                                                                                                                                                                                                                                                   |                                                                                                                                                                                       |  |  |  |
| <i>Pattern of current use</i>                                                                                                                                                                                                                                                                                                                                             | Denies any alcohol use. Admitted to using approx half gram of cocaine every second day, reported this was due to boredom, has been doing this for the past 3-4 weeks.                 |  |  |  |
| <i>Impact on individual</i>                                                                                                                                                                                                                                                                                                                                               | Aware use of illicit substances has a detrimental impact on his health and well-being, and plans to avoid it in the future.                                                           |  |  |  |
| <i>Previous history</i>                                                                                                                                                                                                                                                                                                                                                   | Previous alcohol, street valium, and cocaine use.                                                                                                                                     |  |  |  |
| <b>Mental State Examination:</b>                                                                                                                                                                                                                                                                                                                                          |                                                                                                                                                                                       |  |  |  |
| <i>Appearance</i>                                                                                                                                                                                                                                                                                                                                                         | Casually dressed. Well-kempt and clean shaven. Very slim build (secondary to previous laryngeal cancer and subsequent PEG which has now been removed), appeared older than his years. |  |  |  |
| <i>Behaviour</i>                                                                                                                                                                                                                                                                                                                                                          | Engaged well in assessment. Pleasant and appropriate throughout. Rapport established. Appeared relaxed with no evidence of agitation or distress. Offered appropriate eye-contact.    |  |  |  |
| <i>Mood &amp; Affect</i>                                                                                                                                                                                                                                                                                                                                                  | Mood appears to have improved as his physical health improved. Bright and chatty with reactive affect, able to engage in humour, no evidence of tearfulness during second review.     |  |  |  |

|                                                                                     |                                                                                                                                                                                                                                                                                                                                                                                                                                |
|-------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <i>Speech</i>                                                                       | Raspy voice, speech normal otherwise.                                                                                                                                                                                                                                                                                                                                                                                          |
| <i>Thought form</i>                                                                 | No evidence of formal thought disorder; conversation easy to follow.                                                                                                                                                                                                                                                                                                                                                           |
| <i>Thought content</i>                                                              | Feels he is imposing on his daughter by having to live with her, and is keen to secure his own tenancy. Denied attempting to end his life prior to admission. Denied any current suicidal or self-harming thoughts, however able to recognise he occasionally experiences these thoughts. Feels able to seek appropriate help if he experiences these thoughts in the future. Displayed future focus and hopes for the future. |
| <i>Perceptions</i>                                                                  | No evidence of perceptual abnormalities and none reported.                                                                                                                                                                                                                                                                                                                                                                     |
| <i>Cognition</i>                                                                    | Orientated in all spheres; cognition not formally assessed however no concerns noted.                                                                                                                                                                                                                                                                                                                                          |
| <i>Insight</i>                                                                      | No evidence of impaired insight.                                                                                                                                                                                                                                                                                                                                                                                               |
| <b>Carers / Next of Kin / others views, concerns and expectations from services</b> |                                                                                                                                                                                                                                                                                                                                                                                                                                |
| Not present; no acute concerns which required discussion with next of kin.          |                                                                                                                                                                                                                                                                                                                                                                                                                                |
| <b>Additional notes:</b>                                                            |                                                                                                                                                                                                                                                                                                                                                                                                                                |
| Brother completed suicide age 21.                                                   |                                                                                                                                                                                                                                                                                                                                                                                                                                |

### Summary

|                                                                                                                                                                   |                        |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------|
| <b>Name: Colin Wright</b>                                                                                                                                         | <b>CHI: 0412626071</b> |
| <b>Summary of assessment (Key findings, relevant negatives, initial formulation considering predisposing, precipitating, perpetuating and protective factors)</b> |                        |

|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |                                          |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------|
| <p>62 year old male admitted to QEUEH after being found unconscious by carers. Treated for aspiration pneumonia.</p> <p>Referred to AMHLS due to uncertainty as to whether he had intentionally attempted to harm himself, and concerns surrounding low mood.</p> <p>Not currently open to mental health services. Previous input from CMHT however discharged due to poor engagement. History of low mood, anxiety and suicidal ideation. Currently lives with his daughter following the death of his wife approx 4 years ago. Poor physical health including COPD, stroke, and previous laryngeal cancer.</p> <p>Engaged well in assessment. Appeared tearful and low during first assessment (while still very physically unwell), however appeared much brighter in mood once he had physically recovered. Denied attempting to end his life prior to admission, and denied any current suicidal or self-harming thoughts, plan or intent. Displayed future focus throughout.</p> <p>No acute concerns surrounding mental state or risk identified throughout assessment which would delay discharge from hospital. No follow-up from mental health services required at this time, agreed to speak to GP should this change.</p> |                                          |
| <b>Overall impression of risk (<i>CRAFT to be completed separately</i>)</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |                                          |
| <p>History of suicidal ideation. Denied intentionally trying to harm himself prior to hospital admission. Admitted to occasionally experiencing suicidal thoughts, however denied any current suicidal or self-harming thoughts, plan or intent. Displayed future focus. Cited protective factors. Feels able to seek appropriate help if required.</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |                                          |
| <b>Immediate actions (<i>including information provided</i>)</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |                                          |
| <p>Discharge from QEUEH</p> <p>For GP follow-up only at this time.</p> <p>Provided with Emergency Pocket Information Card (EPIC) and encouraged to use if required.</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |                                          |
| <b>Outcome of MDT discussion/ Treatment plan (<i>including follow up arrangements if relevant</i>)</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |                                          |
|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |                                          |
| <b>Primary Diagnosis:</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              | Low mood, anxiety, poor physical health. |

|                                             |            |                     |                                     |
|---------------------------------------------|------------|---------------------|-------------------------------------|
| <b>Any additional diagnoses:</b>            |            |                     |                                     |
| Suitable for psychological therapies (Y/N): |            |                     |                                     |
| <b>Name:</b>                                | Tina Glenn | <b>Designation:</b> | Senior<br>Unscheduled<br>Care Nurse |
| <b>Signature:</b>                           |            | <b>Date:</b>        | 09.10.25                            |

Yours sincerely

**Tina Glenn**

*Authorised on 09/10/2025 15:51:25 by Tina Glenn.*



|                   |        |          |      |              |
|-------------------|--------|----------|------|--------------|
| Hospital use only | Clinic | Day Date | Time | Hospital No. |
|-------------------|--------|----------|------|--------------|

**REFERRAL LETTER****MEDICAL IN CONFIDENCE**

GGC Mental Health PCMHT Referral Protocol - Glasgow

**Additional Support Needs:**  
**No known ASN requirements**

**REFERRAL TO**

Well Being Services South Glasgow - PCMHT  
 GGC Mental Health PCMHT

— **Consultant / receiving practitioner and/or specialty clinic**

PCMHT (Primary Care Mental Health Team)  
 SCI Gateway Virtual Location Code

— **Hospital and hospital address**

Hospital location code.

G006G

Email address

-

**Urgency of referral**

Routine

**Date of referral**

09-Jun-2025

**Date sent**

09-Jun-2025

**PATIENT DETAILS****Surname**

Wright

**Forename(s)**

Colin

**Title**

Mr

**Sex**

Male

**Date of birth**

04-Dec-1962

**CHI no.**

0412626071

**Area of Residence**

-

**Patient's address**

102 Summertown Road  
 Glasgow  
 G51 2PU

Contact number(s)

Voice: 07783349366

\*101036712275N\*

Unique Care Pathway Number: 101036712275N

**REGISTERED GP DETAILS****Name**

Dr Frances Chambers

GMC code

6105696

GP code

08974

Practice name

Rutland Surgery (18965)

Practice code

52202

**Practice address**

24 Govan Road  
 Glasgow  
 G51 1HS

Contact number(s)

Voice: 0141 418 1080

Facsimile: 0141 418 0878

**REFERRING GP DETAILS****Name**

Dr. Anjali Gangadharan

GMC code

7421023

GP code

09296

Practice name

Rutland Surgery (52202)

Practice code

52202

**Practice address**

24 Govan Road  
 Glasgow  
 G51 1HS

Contact number(s)

Voice: 0141 418 1080

**CLINICAL INFORMATION****History of presenting complaint****Presenting complaint**

Description: Quality of life

Comment: Dear Colleague, I would be grateful for your assistance with this gentleman who has been relatively isolated since the loss of his wife. He himself has had laryngeal cancer and although lives with his daughter and her family does not have much support. He is currently engaging with counselling and would like to be able to go out more. I would be grateful if you could consider providing him any support to improve his quality of life. Kind regards, Dr Anjali Gangadharan

**Reason for referral**

Care type requested: Out Patient

Expected outcome: Not Specified

**Past medical history****Pre-existing conditions** (High & medium priority - all)

| Description                                               | Comment                                         | Date of onset | Date recorded |
|-----------------------------------------------------------|-------------------------------------------------|---------------|---------------|
| Chest infection NOS                                       | -                                               | 04-May-2025   | 04-May-2025   |
| Hypothyroidism                                            | -                                               | 05-Mar-2025   | 05-Mar-2025   |
| Stroke and cerebrovascular accident unspecified           | Right parietal infarct                          | 11-Feb-2025   | 11-Feb-2025   |
| Carotid artery stenosis (Bilateral)                       | -                                               | 11-Feb-2025   | 11-Feb-2025   |
| [V]Palliative care                                        | -                                               | 04-Jun-2024   | 04-Jun-2024   |
| Acute exacerbation of chronic obstructive airways disease | -                                               | 01-May-2024   | 01-May-2024   |
| Shortness of breath                                       | -                                               | 01-May-2024   | 01-May-2024   |
| Shortness of breath symptom                               | -                                               | 27-Mar-2024   | 27-Mar-2024   |
| Aspiration pneumonitis                                    | -                                               | 27-Mar-2024   | 27-Mar-2024   |
| Difficulty breathing                                      | Ambulance called                                | 11-Jan-2024   | 11-Jan-2024   |
| Suicidal ideation                                         | -                                               | 04-Aug-2023   | 04-Aug-2023   |
| Abnormal weight loss                                      | -                                               | 19-Jul-2023   | 19-Jul-2023   |
| Dysphagia                                                 | pharyngeal with aspiration - moderate to severe | 26-Jun-2023   | 26-Jun-2023   |
| Low mood                                                  | -                                               | 26-Jun-2023   | 26-Jun-2023   |
| Lower resp tract infection                                | -                                               | 20-Jan-2023   | 20-Jan-2023   |
| Skin and subcutaneous tissue infections                   | -                                               | 20-Jan-2023   | 20-Jan-2023   |
| Chronic obstructive airways disease NOS                   | -                                               | 20-Jan-2023   | 20-Jan-2023   |
| [V]Has gastrostomy                                        | Elective RIG                                    | 13-Jan-2023   | 13-Jan-2023   |
| Dysphagia                                                 | -                                               | 12-Jul-2022   | 12-Jul-2022   |
| Abnormal weight loss                                      | -                                               | 12-Jul-2022   | 12-Jul-2022   |
| Unintentional weight loss                                 | -                                               | 06-Jul-2022   | 06-Jul-2022   |
| Malignant neoplasm of larynx                              | SCC T3                                          | 04-Mar-2019   | 04-Mar-2019   |
| Asthma unspecified                                        | -                                               | 20-Mar-2017   | 20-Mar-2017   |
| [X]Mild depressive episode                                | Informal                                        | 16-Sep-2015   | 16-Sep-2015   |
| [D]Cough syncope                                          | -                                               | 23-Feb-2010   | 23-Feb-2010   |
| Obesity                                                   | -                                               | 25-Jan-2010   | 25-Jan-2010   |
| Piles - haemorrhoids                                      | priority=1                                      | 04-Mar-2008   | 04-Mar-2008   |
| Essential hypertension                                    | -                                               | 06-Jan-2004   | 06-Jan-2004   |
| Cerebral arterial occlusion                               | -                                               | 01-May-2002   | 01-May-2002   |
| Cerebral infarction NOS                                   | -                                               | 01-May-2002   | 01-May-2002   |
| Haemorrhoids                                              | priority=1                                      | 04-Mar-2002   | 04-Mar-2002   |
| Simple hiatus hernia                                      | with oesophagitis priority=1                    | 11-Sep-2001   | 11-Sep-2001   |
| [X]Deliberate drug overdose / other poisoning             | ponstan, trazodone, codeine, inderal priority=1 | 03-Aug-1994   | 03-Aug-1994   |
| [X]Neurotic depression                                    | -                                               | 16-Mar-1994   | 16-Mar-1994   |
| Convergent squint                                         | priority=1                                      | 30-Nov-1965   | 30-Nov-1965   |

**Past procedures** (High and medium priority - all)

| Description                                          | Comment                                | Date performed | Date recorded |
|------------------------------------------------------|----------------------------------------|----------------|---------------|
| Computed tomography angiography                      | head - right parietal infarct          | 11-Feb-2025    | 11-Feb-2025   |
| Computed tomography angiography                      | angio arch and carotid                 | 11-Feb-2025    | 11-Feb-2025   |
| Computed tomography angiography                      | -                                      | 11-Feb-2025    | 11-Feb-2025   |
| Computed tomography angiography of coronary arteries | -                                      | 11-Feb-2025    | 11-Feb-2025   |
| Computed tomography angiography                      | -                                      | 28-Feb-2024    | 28-Feb-2024   |
| Standard chest X-ray                                 | POSSIBLE ASPIRATION                    | 26-Jun-2023    | 26-Jun-2023   |
| Computerised tomograph scan                          | stable                                 | 19-Jun-2023    | 19-Jun-2023   |
| Standard chest X-ray                                 | -                                      | 08-Mar-2023    | 08-Mar-2023   |
| Gastrostomy operations                               | weight gone up 50 kilos                | 17-Feb-2023    | 17-Feb-2023   |
| Computerised tomograph scan                          | -                                      | 15-Dec-2022    | 15-Dec-2022   |
| Nasogastric feeding                                  | -                                      | 28-Oct-2022    | 28-Oct-2022   |
| Standard chest X-ray                                 | revealed multifocal cavitating nodules | 20-Jul-2022    | 20-Jul-2022   |
| Standard chest X-ray                                 | -                                      | 19-May-2022    | 19-May-2022   |
| Gastrostomy operations                               | -                                      | 13-Dec-2019    | 13-Dec-2019   |
| Nasojejunal feeding                                  | -                                      | 17-May-2019    | 17-May-2019   |

|                                                |                         |             |             |
|------------------------------------------------|-------------------------|-------------|-------------|
| Spirometry                                     | -                       | 20-Mar-2017 | 20-Mar-2017 |
| ECG normal                                     | priority=1              | 16-Mar-2009 | 16-Mar-2009 |
| EEG normal                                     | priority=1              | 29-Apr-2008 | 29-Apr-2008 |
| CAT scan                                       | brain normal priority=1 | 16-Apr-2008 | 16-Apr-2008 |
| ECG: shows LVH                                 | -                       | 28-Mar-2008 | 28-Mar-2008 |
| Sigmoidoscopy                                  | priority=1              | 04-Mar-2008 | 04-Mar-2008 |
| Proctoscopy                                    | priority=1              | 04-Mar-2008 | 04-Mar-2008 |
| Weight management programme offered            | 2:                      | 08-Jan-2008 | 08-Jan-2008 |
| Advancement of mucosa of lip NEC               | normal mucosa           | 01-Dec-2006 | 01-Dec-2006 |
| Colonoscopy                                    | -                       | 22-Nov-2006 | 22-Nov-2006 |
| Magnetic resonance imaging                     | brain normal priority=1 | 07-Nov-2005 | 07-Nov-2005 |
| Pneumococcal vaccination given                 | priority=1              | 31-Oct-2005 | 31-Oct-2005 |
| Sigmoidoscopy                                  | normal priority=1       | 19-Feb-2004 | 19-Feb-2004 |
| Colonoscopy normal                             | priority=1              | 08-Jul-2002 | 08-Jul-2002 |
| Other specified other operation on haemorrhoid | banding priority=1      | 08-Jul-2002 | 08-Jul-2002 |
| ECG normal                                     | priority=1              | 29-Apr-2002 | 29-Apr-2002 |
| Helicobacter breath test negative              | priority=1              | 24-Jan-2002 | 24-Jan-2002 |
| CLO test positive                              | -                       | 14-Sep-2001 | 14-Sep-2001 |
| Upper Gastrointestinal endoscopy               | priority=1              | 11-Sep-2001 | 11-Sep-2001 |
| Bilateral vasectomy for contraception          | priority=1              | 14-Oct-1994 | 14-Oct-1994 |

**Current medication** (Active Repeat medication issued within the last 12 months)

| Drug name                                                        | Quantity | Formulation  | Dosage                                                                                         | Frequency | Date started | Date last issued |
|------------------------------------------------------------------|----------|--------------|------------------------------------------------------------------------------------------------|-----------|--------------|------------------|
| Fentanyl Transdermal patches 12 micrograms/hour                  | 10       | 2*5 PATCH    | Apply one every 72 hrs AND REMOVE PREVIOUS ONE                                                 | -         | 19-Mar-2025  | 12-May-2025      |
| Amlodipine Tablets 5 mg                                          | 28       | 28 TABLET    | ONE TO BE TAKEN EACH DAY VIA PEG. CAN BE CRUSHED AND DISPERSED IN WATER. GIVE IMMEDIATELY      | -         | 26-Feb-2025  | 19-May-2025      |
| Atorvastatin Tablets 40 mg                                       | 28       | 28 TABLET    | ONE TO BE TAKEN EACH DAY VIA PEG. CAN BE CRUSHED AND DISPERSED IN WATER. FLUSH WELL AFTER DOSE | -         | 26-Feb-2025  | 02-May-2025      |
| Clopidogrel Tablets 75 mg                                        | 28       | 28 TABLET    | ONE TO BE TAKEN EACH DAY VIA PEG. CAN BE CRUSHED AND DISPERSED IN WATER                        | -         | 26-Feb-2025  | 19-May-2025      |
| Trimbow Inhaler 87 micrograms + 5 micrograms + 9 micrograms/dose | 240      | 240 DOSE     | TWO PUFFS TO BE USED TWICE DAILY                                                               | -         | 15-Nov-2024  | 26-Feb-2025      |
| Prednisolone Tablets 5 mg                                        | 40       | 40 TABLET    | EIGHT TO BE TAKEN IN THE MORNING                                                               | -         | 15-Nov-2024  | 26-Feb-2025      |
| Sodium Chloride Nebuliser Liquid 0.9 %, 2.5 ml unit dose ampoule | 40       | 40 unit dose | 2.5ML AS DIRECTED                                                                              | -         | 15-Nov-2024  | 26-Feb-2025      |
| Nutrison Energy Multi Fibre Liquid                               | 28000    | 28000 ML     | AS DIRECTED                                                                                    | -         | 31-Mar-2023  | 23-Apr-2025      |
| Paracetamol Sugar free suspension 250 mg/5 ml                    | 1000     | 1000 ml      | 10-20ML FOUR TIMES PER DAY A REQUIRED                                                          | -         | 14-Nov-2022  | 26-Feb-2025      |
| Lansoprazole Orodispersible tablets (Gastro-Resistant) 30 mg     | 30       | 30 tablet    | ONE TO BE TAKEN EACH DISPENSE WEEKLY                                                           | -         | 01-Aug-2022  | 23-May-2025      |
| Morphine Sulfate Oral solution 10 mg/5 ml                        | 300      | 300 ml       | 5ML TO BE TAKEN WHEN REQUIRED FOR BREATHROUGH PAIN                                             | -         | 01-Aug-2022  | 16-May-2025      |
| Twocal Liquid                                                    | 27       | 27 LITRE     | TO BE USED AS DIRECTED                                                                         | -         | 25-Jul-2022  | 09-Jan-2025      |
| Fortisip Compact Liquid feed Milkshake Style                     | 7000     | 7000 ML      | AS DIRECTED                                                                                    | -         | 22-Jul-2022  | 23-Apr-2025      |
| Saliveze Spray 50 ml                                             | 1        | 1 spray      | TO BE USED WHEN REQUIRED                                                                       | -         | 07-Jul-2020  | 09-Jan-2025      |
| Salbutamol Cfc-free inhaler 100 micrograms/puff                  | 1        | 1 INHALER    | 2 Puffs Take as required                                                                       | -         | 13-Jan-2014  | 26-Feb-2025      |

**Recent medication** (Any medication issued within last 90 days not shown above)

| Drug name                                                          | Quantity | Formulation | Dosage                                               | Frequency | Date started | Date last issued |
|--------------------------------------------------------------------|----------|-------------|------------------------------------------------------|-----------|--------------|------------------|
| Mirtazapine Orodispersible tablets 45 mg                           | 30       | 30 tablet   | ONE TABLET AT NIGHT                                  | -         | 02-Jun-2025  | 02-Jun-2025      |
| Co-Amoxiclav 250/62 Sugar free suspension 250 mg/5 ml + 62 mg/5 ml | 200      | 200 ml      | 10ML TO BE TAKEN THREE TIMES A DAY                   | -         | 13-May-2025  | 13-May-2025      |
| Zopiclone Tablets 3.75 mg                                          | 14       | 14 TABLET   | ONE TO BE TAKEN AT NIGHT                             | -         | 12-May-2025  | 02-Jun-2025      |
| Mirtazapine Orodispersible tablets 30 mg                           | 30       | 30 tablet   | 1 Tab At night                                       | -         | 07-May-2025  | 07-May-2025      |
| Levothyroxine Sodium Oral solution Sugar Free 50 micrograms/5 ml   | 200      | 200 ml      | 2.5MLS DAILY FOR 2 WEEKS THEN INCREASE TO 5MLS DAILY | -         | 02-May-2025  | 02-May-2025      |



|                                                                            |     |            |                                                                                                                             |   |             |             |
|----------------------------------------------------------------------------|-----|------------|-----------------------------------------------------------------------------------------------------------------------------|---|-------------|-------------|
| Ferrous Fumarate Oral solution 140 mg/5 ml                                 | 600 | 600 ML     | 10ML TO BE TAKEN TWICE DAILY                                                                                                | - | 22-Apr-2025 | 22-Apr-2025 |
| Zopiclone Tablets 3.75 mg                                                  | 7   | 7 TABLET   | ONE TO BE TAKEN AT NIGHT                                                                                                    | - | 17-Apr-2025 | 17-Apr-2025 |
| Amoxicillin Oral Suspension Sugar Free 250 mg/5 ml                         | 200 | 200 ml     | 10ML TO BE TAKEN THREE TIMES A DAY FOR 5 DAYS                                                                               | - | 10-Apr-2025 | 10-Apr-2025 |
| Amoxicillin Capsules 500 mg                                                | 15  | 15 CAPSULE | ONE TO BE TAKEN THREE TIMES A DAY FOR 5 DAYS                                                                                | - | 07-Apr-2025 | 07-Apr-2025 |
| Fentanyl Transdermal patches 12 micrograms/hour                            | 5   | 5 PATCH    | APPLY EVERY 72 HOURS AND REMOVE PREVIOUS ONE                                                                                | - | 07-Apr-2025 | 09-Apr-2025 |
| Diazepam Tablets 2 mg                                                      | 84  | 84 TABLET  | ONE TO BE TAKEN THREE TIMES A DAY WHEN REQUIRED                                                                             | - | 06-Mar-2025 | 06-Mar-2025 |
| Levothyroxine Sodium Oral solution Sugar Free 50 micrograms/5 ml           | 200 | 200 ml     | 2.5MLS DAILY FOR 2 WEEKS THEN INCREASE TO 5MLS DAILY                                                                        | - | 05-Mar-2025 | 05-Mar-2025 |
| Morphine Sulfate Orodispersible Tablets (Sugar Free) 30 mg                 | 56  | 56 tablet  | ONE TAB TWICE DAILY                                                                                                         | - | 04-Mar-2025 | 04-Mar-2025 |
| Morphine Sulfate Concentrated Oral Solution 20mg/ml (100mg/5ml) sugar free | 120 | 120 ml     | 1.5ML TWICE DAILY                                                                                                           | - | 04-Mar-2025 | 04-Mar-2025 |
| Diazepam Tablets 2 mg                                                      | 21  | 21 TABLET  | ONE TO BE TAKEN THREE TIMES A DAY WHEN REQUIRED                                                                             | - | 27-Feb-2025 | 27-Feb-2025 |
| Mirtazapine Orodispersible tablets 30 mg                                   | 30  | 30 tablet  | 1 Tab At night                                                                                                              | - | 05-Feb-2025 | 27-Feb-2025 |
| Benzydamine Hydrochloride Spray Sugar Free 0.15 %                          | 30  | 30 ML      | USE 4-8 SPRAYS ONTO AFFECTED AREA EVERY 90 MINUTES TO 3 HOURS                                                               | - | 05-Feb-2025 | 05-Feb-2025 |
| Flucloxacillin Oral solution 250 mg/5 ml                                   | 300 | 300 ml     | 10ML TO BE TAKEN FOUR TIMES A DAY FOR 7 DAYS                                                                                | - | 03-Feb-2025 | 03-Feb-2025 |
| Diazepam Tablets 2 mg                                                      | 84  | 84 TABLET  | ONE TO BE TAKEN THREE TIMES A DAY WHEN REQUIRED                                                                             | - | 14-Jan-2025 | 14-Jan-2025 |
| Mirtazapine Orodispersible tablets 15 mg                                   | 30  | 30 tablet  | 1 Tab At night START IN 2 WEEKS WHEN FLUOXETINE STOPS                                                                       | - | 14-Jan-2025 | 14-Jan-2025 |
| Salbutamol Dry Powder Inhaler 100 micrograms/actuation                     | 200 | 200 DOSE   | ONE OR TWO DOSES TO BE INHALED WHEN REQUIRED                                                                                | - | 15-Nov-2024 | 09-Jan-2025 |
| Ferrous Fumarate Oral solution 140 mg/5 ml                                 | 600 | 600 ML     | 10ML TO BE TAKEN TWICE DAILY                                                                                                | - | 02-Apr-2024 | 10-Jan-2025 |
| Trimbow Inhaler 87 micrograms + 5 micrograms + 9 micrograms/dose           | 240 | 240 DOSE   | TWO PUFFS TO BE USED TWICE DAILY                                                                                            | - | 22-Feb-2023 | 09-Jan-2025 |
| Fluoxetine Hydrochloride Liquid 20 mg/5 ml                                 | 280 | 280 ML     | TAKE 10ML DAILY                                                                                                             | - | 01-Aug-2022 | 09-Jan-2025 |
| Zomorph M/R capsules 30 mg                                                 | 60  | 60 CAPSULE | ONE TO BE TAKEN TWICE A DAY OPEN CAPSULE AND DISPERSE IN 30 - 50ML OF WATER AND GIVE VIA PEG FLUSH DOWN WITH 15-20MLS WATER | - | 01-Aug-2022 | 26-Feb-2025 |

**Blood Pressure**

| Date Recorded | Systolic | Diastolic |
|---------------|----------|-----------|
| 10-Jul-2024   | 136      | 64        |
| 13-May-2024   | 152      | 90        |
| 11-Jan-2024   | 174      | 103       |
| 10-Jan-2024   | 160      | 96        |
| 29-Aug-2023   | 122      | 88        |

**Body Measurements**

| Date Recorded | Height | Weight | BMI   |
|---------------|--------|--------|-------|
| 29-Apr-2025   | -      | 50.8   | -     |
| 28-Feb-2025   | -      | 52     | 19.57 |
| 25-Mar-2024   | -      | 46.1   | -     |
| 01-Mar-2024   | 163    | 49     | 18.44 |
| 29-Jan-2024   | -      | 47.5   | -     |

**Lifestyle Risks and Alerts / Examinations and Investigations**

| Description/Question                 | Result/Comment | Date        |
|--------------------------------------|----------------|-------------|
| Current smoker:                      |                | 31-Jan-2024 |
| Cigarette smoker, 18 Cigarettes/day: |                | 24-Apr-2023 |
| Current smoker:                      |                | 24-Apr-2023 |
| Rolls own cigarettes, 100 g/week:    |                | 04-Oct-2021 |
| Current smoker:                      |                | 04-Oct-2021 |
| Alcohol consumption, 0 units/week:   |                | 24-Apr-2023 |
| Alcohol consumption, 20 units/week:  |                | 04-Oct-2021 |
| Alcohol intake above rec limit:      |                | 08-Aug-2017 |
| Alcohol units per week 84 :          |                | 08-Aug-2017 |
| Alcohol intake above rec limit:      |                | 01-Nov-2016 |



|                                 |             |
|---------------------------------|-------------|
| Aerobic exercise 0 times/week:  | 24-Apr-2023 |
| GPPAQ physcl act ind: inactive: | 08-Aug-2017 |
| GPPAQ physcl act ind: inactive: | 01-Nov-2016 |
| GPPAQ physcl act ind: inactive: | 11-Apr-2014 |
| GPPAQ physcl act ind: inactive: | 15-Apr-2013 |

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**Clinical warnings**

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**Additional Support Needs**No known ASN requirements

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**Additional relevant information**

Is patient responsible for children?:Don't Know  
Risk to others including children/dependents/clinicians/other:Don't Know  
Risk from others:Don't Know  
Risk of Self Neglect:Don't Know  
OK to send correspondence to home address?:Yes  
Patient will accept any site:Yes  
Patient will accept cancellation or short notice appointment (within 1-6 days):Yes  
Patient has disability or requires wheelchair access:No  
Referred By:Referring GP  
Electronic Attachment Present:No

**Social circumstances**

Ethnic Origin: (White) Scottish

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**Signature** of referring doctor (or other professional)

---

**Date**



**Chief Officer**  
 Susanne Millar  
 MA (Hons) CQSW

**Wellbeing Services**  
**South Glasgow**  
**Glasgow City Health and Social Care Partnership**  
 60 Florence Street  
 Glasgow  
 G5 0YX

Phone 0141 232 2555  
 Email [south.pcmht@ggc.scot.nhs.uk](mailto:south.pcmht@ggc.scot.nhs.uk)  
[www.wellbeing-glasgow.org.uk](http://www.wellbeing-glasgow.org.uk)

Ref: GB/EM  
 Date: 9 June 2025

**Strictly Confidential**

Dr A Gangadharan  
 Rutland Surgery  
 24 Govan Road  
 Glasgow  
 G51 1HS

Dear Dr Gangadharan

**Re: Mr Colin Wright      DOB: 04-Dec-1962      CHI: 041 262 6071**  
**Address: 102 Summertown Road, Glasgow, G51 2PU**

Thank you for your referral for Mr Wright. I would suggest that he can access our website at <https://www.wellbeing-glasgow.org.uk/other-services> to see the range of community services that could be of assistance to him.

Our service offers brief CBT based intervention for mild to moderate mental health difficulties and would not offer any additional input when Mr Wright is actively engaged with counselling. You mention that he would like to get out more and perhaps a service such as GAMH would be of assistance. There may also be other options available to him via cancer support services such as Maggie's or Macmillan or, given his age, Golden Generation.

I hope that this information is helpful to you in exploring further with your patient.

Yours sincerely

**Gillian Brennan**  
**CBT Therapist**  
**Wellbeing Services**  
**South Glasgow**



**Susanne Millar**  
Chief Officer

Our Ref: AF/FT  
Job ID: 100358400  
Date: 10/08/2023

**PRIVATE & CONFIDENTIAL**

Dr RA Dale  
Drs Dale, Blackwood & Chambers  
Rutland Surgery  
24 Govan Road  
Glasgow  
G51 1HS

Mental Health  
Brand Street Resource Centre  
Units G7, G8 & G4  
150 Brand Street  
Glasgow  
G51 1DH  
0141 3038900 EXT:  
[www.nhsggc.org.uk](http://www.nhsggc.org.uk)

Dear Dr Dale

**Re: Colin Wright      DOB: 04/12/1962      CHI: 0412626071**  
**Address: 102 Summertown Road, Glasgow, G51 2PU**

Thank you for the referral of the above named gentleman with depression and increased suicidal thoughts. He had been seen several times at home for assessment and was offered a further appointment at Brand Street which he did not attend. He was then sent an opt-in letter and unfortunately has not responded to that either.

Mr Wright was euthymic during the assessment there was no imminent risk due to suicidality, he had generalised thoughts of not wanting to be here, mainly due to weight loss and obviously missing the company of his late wife. He has good support from his family and stated his grandchildren and children as protective factors. Mr Wright has a good routine and he also has support from other friends.

We discussed some coping and distraction strategies as well as the possibility of local activity groups, but he was not keen for this. He prefers the company of his own friends and to tinker around with cars that he and his friends have. He was planning for the future and at the time of visiting him at his home the problems with his PEG tube had been resolved and he was once again tolerating nutrition.





**Susanne Millar**  
**Chief Officer**

Under the circumstances I will discharge Mr Wright from my caseload but if his mood deteriorates and he is willing to be seen again please do not hesitate to re refer him back to Brand Street.

Yours sincerely

**Anthony Farrell**  
**Community Psychiatric Nurse**

***Authorised on 14/08/2023 15:13:15 by Anthony Farrell.***





**Susanne Millar**  
Chief Officer

Our Ref: AF/FT  
Job ID: 100355478  
Date: 04/08/2023

**PRIVATE & CONFIDENTIAL**

Dr RA Dale  
Drs Dale, Blackwood & Chambers  
Rutland Surgery  
24 Govan Road  
Glasgow  
G51 1HS

Mental Health  
Brand Street Resource Centre  
Units G7, G8 & G4  
150 Brand Street  
Glasgow  
G51 1DH  
0141 3038900 EXT:  
[www.nhsggc.org.uk](http://www.nhsggc.org.uk)

Dear Dr Dale

**Re: Colin Wright      DOB: 04/12/1962      CHI: 0412626071**  
**Address: 102 Summertown Road, Glasgow, G51 2PU**

Thank you for your referral of the above name gentleman with depression and suicidal thoughts. He had been seen several times at home, we had discussed several coping and distraction techniques, and we also discussed the possibility of local groups which he was quite ambivalent about stating that he would rather mess around with cars. He was given a further appointment at Brand Street, but he did not attend. He was then sent an opt-in letter but he did not reply. I have no other recourse at present but to discharge him. If in the future his mood deteriorates or an assessment is required please do not hesitate to re refer him.

Yours sincerely

**Anthony Farrell**  
Community Psychiatric Nurse

***Authorised on 04/08/2023 15:22:07 by Anthony Farrell.***





**Susanne Millar**  
**Chief Officer**



**Susanne Millar**  
Chief Officer

Our Ref: AF/FT  
Job ID: 100344550  
Date: 14/07/2023

**PRIVATE & CONFIDENTIAL**

Colin Wright  
102 Summertown Road  
Glasgow  
G51 2PU

Mental Health  
Brand Street Resource Centre  
Units G7, G8 & G4  
150 Brand Street  
Glasgow  
G51 1DH  
0141 3038900 EXT:  
[www.nhsggc.org.uk](http://www.nhsggc.org.uk)

Dear Colin Wright

**Re: Colin Wright      DOB: 04/12/1962      CHI: 0412626071**  
**Address: 102 Summertown Road, Glasgow, G51 2PU**

You have been referred to our services by your GP.

If you would like an appointment with this service, please contact Brand Street Resource on the above number within 10 days of 18/07/23.

If we do not hear from you by 28/07/23 we will discharge you from this service back to the care of your GP.

Yours sincerely,

**Anthony Farrell**  
**Community Psychiatric Nurse**

**(D) Dr EL Blackwood**  
**Drs Dale, Blackwood & Chambers**  
**Rutland Surgery**





**Susanne Millar**  
**Chief Officer**

**24 Govan Road**  
**Glasgow**  
**G51 1HS**





**Susanne Millar**  
Chief Officer

Our Ref: AF/FT  
Job ID: 100342706  
Date: 12/07/2023

**PRIVATE & CONFIDENTIAL**

Colin Wright  
102 Summertown Road  
Glasgow  
G51 2PU

Mental Health  
Brand Street Resource Centre  
Units G7, G8 & G4  
150 Brand Street  
Glasgow  
G51 1DH  
0141 3038900 EXT:  
[www.nhsggc.org.uk](http://www.nhsggc.org.uk)

Dear Colin Wright

I am sorry you were unable to attend our planned appointment on 30/06/23. Should you wish another, please contact me on the telephone number below within the next ten days so that we can arrange a suitable date and time.

**Tel: 0141 303 8900**

If I do not hear from you by 13/07/23, I will presume you no longer wish contact, and will discharge you from my caseload.

Yours sincerely

**Tony Farrell**  
**Community Psychiatric Nurse**



**Susanne Millar**  
Chief Officer

Our Ref: AF/FT  
Job ID: 100330886  
Date: 19/06/2023

**PRIVATE & CONFIDENTIAL**

Colin Wright  
102 Summertown Road  
Glasgow  
G51 2PU

Mental Health  
Brand Street Resource Centre  
Units G7, G8 & G4  
150 Brand Street  
Glasgow  
G51 1DH  
0141 3038900 EXT:  
www.nhsggc.org.uk

Dear Colin Wright

A follow up appointment has been made for you to be seen as follows:

Date: **Friday 30th June 2023**  
Time: **1:30 PM**  
Appointment with: **Tony Farrell**  
Location: **Brand Street Resource Centre**

If this appointment is not suitable, please telephone the above number so alternative arrangements can be made.

Please see enclosed leaflets about the service, your appointment and how the NHS protects your personal health information (available online at <http://www.nhsggc.org.uk/patients-and-visitors/faqs/data-protection-privacy/>).

Yours sincerely

**Tony Farrell**  
**Community Psychiatric Nurse**

*Authorised on 19/06/2023 14:12:32 by Typist Frank Trimble, not verified by Anthony Farrell.*





**Susanne Millar**  
**Chief Officer**

### Adult Mental Health – SSA – Care Plan

|      |                    |     |              |
|------|--------------------|-----|--------------|
| Name | WRIGHT, Colin (Mr) | CHI | 041 262 6071 |
|------|--------------------|-----|--------------|

#### Need

Colin has a history of depression with a current increased in suicidal thoughts. His main issue at present is the fact that he has a gastrostomy and does not like the thought that he has to remain on a stage 4 diet for the rest of his life. His wife and main support died in march 2021 due to covid related illness.

#### Interventions Required

Meet with Colin at mutually agreed times in order to provide him with the opportunity to discuss any worries or concerns he may have in relation to his mental health. Development a therapeutic relationship to foster engagement. Carry out ongoing risk assessment and respond in an appropriate manner to any/all concerns raised, in order to help minimise risk where possible, using the least restrictive alternative. Promote medication concordance and monitor any issues, side effects or changes to current medication regime. CPN to liaise with other involved in Colin's care, or if needs develop over time or if mental state should deteriorate. CPN will provide psychoeducation surrounding mood fluctuations, emotional instability and suicidal ideation. Encourage and support Colin to development of more adaptive coping strategies to manage distress. CPN to promote Colin's understanding of his moods including labelling emotions and practising mindfulness. Encourage Colin to develop safety/staying well plan to reinforce coping strategies during times of acute distress. Promote the use of CRISIS and OOH services at times of acute distress.

#### Patient/Carer's View/Understanding of Interventions

Colin aware of interventions but not always on board with them

|                      |              |             |          |
|----------------------|--------------|-------------|----------|
| Name                 | Tony Farrell | Designation | cpn      |
| Signature            |              | Date        | 14/06/23 |
| Signature of Patient |              | Date        |          |



**Susanne Millar**  
Chief Officer

Our Ref: AF/aa  
Job ID: 519241  
Date: 24/04/2023

**PRIVATE & CONFIDENTIAL**

Colin Wright  
102 Summertown Road  
Glasgow  
G51 2PU

Mental Health  
Brand Street Resource Centre  
Units G7, G8 & G4  
150 Brand Street  
Glasgow  
G51 1DH  
0141 303 8900 EXT:  
[www.nhsggc.org.uk](http://www.nhsggc.org.uk)

Dear Colin Wright

Unfortunately you missed my visit on the 19th April 2023. A follow-up appointment has been made for you to be seen as follows:

Date: **Thursday 4th May 2023**  
Time: **10.30am**  
Appointment with: **Anthony Farrell**  
Location: **Brand Street Resource Centre**

If this appointment is not suitable, please telephone the above number so alternative arrangements can be made.

Please see enclosed leaflets about the service, your appointment and how the NHS protects your personal health information (available online at <http://www.nhsggc.org.uk/patients-and-visitors/faqs/data-protection-privacy/>).

Yours sincerely

**Anthony Farrell**







**Susanne Millar**  
**Chief Officer**

**Community Psychiatric Nurse**

*Authorised on 24/04/2023 12:08:38 by Typist Antonia Allan, on behalf of Anthony Farrell.*



**Susanne Millar**  
Chief Officer

Our Ref: GW/aa  
Job ID: 100295704  
Date: 03/04/2023

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Dr EL Blackwood  
Drs Dale, Blackwood & Chambers  
Rutland Surgery  
24 Govan Road  
Glasgow  
G51 1HS

Mental Health  
Brand Street Resource Centre  
Units G7, G8 & G4  
150 Brand Street  
Glasgow  
G51 1DH  
0141 303 8900 EXT:  
[www.nhsggc.org.uk](http://www.nhsggc.org.uk)

Dear Dr Blackwood

**Re: Colin Wright                      DOB: 04/12/1962                      CHI: 0412626071**  
**Address: 102 Summertown Road, Glasgow, G51 2PU**

Your urgent referral of the above patient was received by us on 30.03.23 but does not meet our urgent criteria, which are florid psychotic symptoms or suicidal ideation with intent. Your referral will be treated as routine, and will be discussed at our multi-disciplinary screening meeting on 05.04.23.

If you have any concerns about this please contact us.

We will contact you following this meeting.

Yours sincerely

**Graeme Watson**  
**Community Psychiatric Nurse on behalf of Brand Street MDT.**

***Authorised on 03/04/2023 13:22:59 by Typist Antonia Allan, on behalf of Graeme Watson.***





**Susanne Millar**  
**Chief Officer**

|                   |        |          |      |              |
|-------------------|--------|----------|------|--------------|
| Hospital use only | Clinic | Day Date | Time | Hospital No. |
|-------------------|--------|----------|------|--------------|

## REFERRAL LETTER

### MEDICAL IN CONFIDENCE

GGC Mental Health Referral Protocol - Glasgow

**Additional Support Needs:**  
**No known ASN requirements**

|                                                                           |                                                                       |
|---------------------------------------------------------------------------|-----------------------------------------------------------------------|
| <b>REFERRAL TO</b>                                                        |                                                                       |
| Brand Street Resource Centre - CMHT Adult<br>GGC Mental Health            | —— <b>Consultant / receiving practitioner and/or specialty clinic</b> |
| Community Mental Health Team - Adult<br>SCI Gateway Virtual Location code | —— <b>Hospital and hospital address</b>                               |
|                                                                           | Hospital location code.<br>G002G                                      |
|                                                                           | Email address<br>-                                                    |
| <b>Urgency of referral</b>                                                | <b>Urgent - within 5 working days</b>                                 |
| <b>Date of referral</b>                                                   | <b>Date sent</b>                                                      |
| 30-Mar-2023                                                               | 30-Mar-2023                                                           |

|                          |             |                                           |
|--------------------------|-------------|-------------------------------------------|
| <b>PATIENT DETAILS</b>   |             | <b>Patient's address</b>                  |
| <b>Surname</b>           | Wright      | 102 Summertown Road<br>Glasgow<br>G51 2PU |
| <b>Forename(s)</b>       | Colin       |                                           |
| <b>Title</b>             | Mr          | Contact number(s)                         |
| <b>Sex</b>               | Male        |                                           |
| <b>Date of birth</b>     | 04-Dec-1962 | Voice: 07783349366                        |
| <b>CHI no.</b>           | 0412626071  |                                           |
| <b>Area of Residence</b> | -           |                                           |

|                 |                                           |
|-----------------|-------------------------------------------|
| *101029191401K* | Unique Care Pathway Number: 101029191401K |
|-----------------|-------------------------------------------|

|                              |                         |                                     |
|------------------------------|-------------------------|-------------------------------------|
| <b>REGISTERED GP DETAILS</b> |                         | <b>Practice address</b>             |
| <b>Name</b>                  | Dr Frances Chambers     | 24 Govan Road<br>Glasgow<br>G51 1HS |
| <b>GMC code</b>              | 6105696                 |                                     |
| <b>GP code</b>               | 08974                   | Contact number(s)                   |
| <b>Practice name</b>         | Rutland Surgery (18965) |                                     |
| <b>Practice code</b>         | 52202                   | Voice: 0141 418 1080                |
|                              |                         | Facsimile: 0141 418 0878            |

|                             |                         |                                     |
|-----------------------------|-------------------------|-------------------------------------|
| <b>REFERRING GP DETAILS</b> |                         | <b>Practice address</b>             |
| <b>Name</b>                 | Dr R Dale               | 24 Govan Road<br>Glasgow<br>G51 1HS |
| <b>GMC code</b>             | 4312765                 |                                     |
| <b>GP code</b>              | 04901                   | Contact number(s)                   |
| <b>Practice name</b>        | Rutland Surgery (18965) |                                     |
| <b>Practice code</b>        | 52202                   | Voice: 0141 418 1080                |
|                             |                         | Facsimile: 0141 418 0878            |

**CLINICAL INFORMATION****History of presenting complaint****Presenting complaint**

Description: Depression, increased suicidal thoughts

Comment: I would appreciate your assessment of this 60 year old gentleman. He has been seen by yourselves at various times over the past 20 years. His main issue at present is the fact that he has a gastrostomy and does not like the thought that he has to remain on a stage 4 diet for the rest of his life and he has been told he has some problems with aspiration and subsequent chest infections. He has often expressed a desire to not be alive. However, today he was much more expressive about his thoughts and plans. He states that he has identified a place by the railway tracks where he could stand behind a shed and jump out in front of a train. He has multiple children and grandchildren. He does have some hopes for the future and feels that his new pump for his gastrostomy feeds will be better than his previous one. He is currently taking fluoxetine 40mg/day and diazepam 2mg tid. I have advised him that he can try increasing fluoxetine to 60mg but he does not feel he has had any benefit from this medication so far.

I would appreciate your assessment in view of his more formed suicidal thoughts and whether he would benefit from a change in his medication.

Thank you for your help.

Dr Robin Dale

**Reason for referral**

Care type requested: Out Patient

Expected outcome: Not Specified

**Past medical history****Pre-existing conditions** (High & medium priority - all)

| <u>Description</u>                            | <u>Comment</u>                                  | <u>Date of onset</u> | <u>Date recorded</u> |
|-----------------------------------------------|-------------------------------------------------|----------------------|----------------------|
| Lower resp tract infection                    | -                                               | 20-Jan-2023          | 20-Jan-2023          |
| Skin and subcutaneous tissue infections       | -                                               | 20-Jan-2023          | 20-Jan-2023          |
| Chronic obstructive airways disease NOS       | -                                               | 20-Jan-2023          | 20-Jan-2023          |
| [V]Has gastrostomy                            | Elective RIG                                    | 13-Jan-2023          | 13-Jan-2023          |
| Dysphagia                                     | -                                               | 12-Jul-2022          | 12-Jul-2022          |
| Abnormal weight loss                          | -                                               | 12-Jul-2022          | 12-Jul-2022          |
| Unintentional weight loss                     | -                                               | 06-Jul-2022          | 06-Jul-2022          |
| Malignant neoplasm of larynx                  | SCC T 2/3                                       | 04-Mar-2019          | 04-Mar-2019          |
| Asthma unspecified                            | -                                               | 20-Mar-2017          | 20-Mar-2017          |
| [X]Mild depressive episode                    | Informal                                        | 16-Sep-2015          | 16-Sep-2015          |
| [D]Cough syncope                              | -                                               | 23-Feb-2010          | 23-Feb-2010          |
| Obesity                                       | -                                               | 25-Jan-2010          | 25-Jan-2010          |
| Piles - haemorrhoids                          | priority=1                                      | 04-Mar-2008          | 04-Mar-2008          |
| Essential hypertension                        | -                                               | 06-Jan-2004          | 06-Jan-2004          |
| Cerebral arterial occlusion                   | -                                               | 01-May-2002          | 01-May-2002          |
| Cerebral infarction NOS                       | -                                               | 01-May-2002          | 01-May-2002          |
| Haemorrhoids                                  | priority=1                                      | 04-Mar-2002          | 04-Mar-2002          |
| Simple hiatus hernia                          | with oesophagitis priority=1                    | 11-Sep-2001          | 11-Sep-2001          |
| [X]Deliberate drug overdose / other poisoning | ponstan, trazodone, codeine, inderal priority=1 | 03-Aug-1994          | 03-Aug-1994          |
| [X]Neurotic depression                        | -                                               | 16-Mar-1994          | 16-Mar-1994          |
| Convergent squint                             | priority=1                                      | 30-Nov-1965          | 30-Nov-1965          |

**Past procedures** (High and medium priority - all)

| <u>Description</u>          | <u>Comment</u> | <u>Date performed</u> | <u>Date recorded</u> |
|-----------------------------|----------------|-----------------------|----------------------|
| Standard chest X-ray        | -              | 08-Mar-2023           | 08-Mar-2023          |
| Computerised tomograph scan | -              | 15-Dec-2022           | 15-Dec-2022          |



|                                                |                                        |             |             |
|------------------------------------------------|----------------------------------------|-------------|-------------|
| Nasogastric feeding                            | -                                      | 28-Oct-2022 | 28-Oct-2022 |
| Standard chest X-ray                           | revealed multifocal cavitating nodules | 20-Jul-2022 | 20-Jul-2022 |
| Standard chest X-ray                           | -                                      | 19-May-2022 | 19-May-2022 |
| Gastrostomy operations                         | -                                      | 13-Dec-2019 | 13-Dec-2019 |
| Nasojejunal feeding                            | -                                      | 17-May-2019 | 17-May-2019 |
| Spirometry                                     | -                                      | 20-Mar-2017 | 20-Mar-2017 |
| ECG normal                                     | priority=1                             | 16-Mar-2009 | 16-Mar-2009 |
| EEG normal                                     | priority=1                             | 29-Apr-2008 | 29-Apr-2008 |
| CAT scan                                       | brain normal priority=1                | 16-Apr-2008 | 16-Apr-2008 |
| ECG: shows LVH                                 | -                                      | 28-Mar-2008 | 28-Mar-2008 |
| Sigmoidoscopy                                  | priority=1                             | 04-Mar-2008 | 04-Mar-2008 |
| Proctoscopy                                    | priority=1                             | 04-Mar-2008 | 04-Mar-2008 |
| Weight management programme offered            | 2:                                     | 08-Jan-2008 | 08-Jan-2008 |
| Advancement of mucosa of lip NEC               | normal mucosa                          | 01-Dec-2006 | 01-Dec-2006 |
| Colonoscopy                                    | -                                      | 22-Nov-2006 | 22-Nov-2006 |
| Magnetic resonance imaging                     | brain normal priority=1                | 07-Nov-2005 | 07-Nov-2005 |
| Pneumococcal vaccination given                 | priority=1                             | 31-Oct-2005 | 31-Oct-2005 |
| Sigmoidoscopy                                  | normal priority=1                      | 19-Feb-2004 | 19-Feb-2004 |
| Colonoscopy normal                             | priority=1                             | 08-Jul-2002 | 08-Jul-2002 |
| Other specified other operation on haemorrhoid | banding priority=1                     | 08-Jul-2002 | 08-Jul-2002 |
| ECG normal                                     | priority=1                             | 29-Apr-2002 | 29-Apr-2002 |
| Helicobacter breath test negative              | priority=1                             | 24-Jan-2002 | 24-Jan-2002 |
| CLO test positive                              | -                                      | 14-Sep-2001 | 14-Sep-2001 |
| Upper Gastrointestinal endoscopy               | priority=1                             | 11-Sep-2001 | 11-Sep-2001 |
| Bilateral vasectomy for contraception          | priority=1                             | 14-Oct-1994 | 14-Oct-1994 |

**Current medication** (Active Repeat medication issued within the last 12 months)

| <u>Drug name</u>                                                 | <u>Quantity</u> | <u>Formulation</u> | <u>Dosage</u>                                                                                                               | <u>Frequency</u> | <u>Date started</u> | <u>Date last issued</u> |
|------------------------------------------------------------------|-----------------|--------------------|-----------------------------------------------------------------------------------------------------------------------------|------------------|---------------------|-------------------------|
| Trimbow Inhaler 87 micrograms + 5 micrograms + 9 micrograms/dose | 240             | 240 DOSE           | TWO PUFFS TO BE USED TWICE DAILY                                                                                            | -                | 22-Feb-2023         | 22-Feb-2023             |
| Paracetamol Sugar free suspension 250 mg/5 ml                    | 1000            | 1000 ml            | 10-20ML FOUR TIMES PER DAY A REQUIRED                                                                                       | -                | 14-Nov-2022         | 21-Feb-2023             |
| Diazepam Oral Solution, Sugar Free 2 mg/5 ml                     | 420             | 420 ml             | 2MG (FIVE MLS) TO BE GIVEN 3 TIMES DAILY VIA PEG                                                                            | -                | 03-Aug-2022         | 21-Feb-2023             |
| Lansoprazole Orodispersible tablets (Gastro-Resistant) 30 mg     | 30              | 30 tablet          | ONE TO BE TAKEN EACH DISPENSE WEEKLY                                                                                        | -                | 01-Aug-2022         | 21-Feb-2023             |
| Fluoxetine Hydrochloride Liquid 20 mg/5 ml                       | 280             | 280 ML             | TAKE 10ML DAILY                                                                                                             | -                | 01-Aug-2022         | 21-Feb-2023             |
| Zomorph M/R capsules 30 mg                                       | 60              | 60 CAPSULE         | ONE TO BE TAKEN TWICE A DAY OPEN CAPSULE AND DISPERSE IN 30 - 50ML OF WATER AND GIVE VIA PEG FLUSH DOWN WITH 15-20MLS WATER | -                | 01-Aug-2022         | 21-Feb-2023             |
| Zolpidem Tartrate Tablets 10 mg                                  | 28              | 28 tablet          | 1 Tab At night DISPERSE IN WATER AND GIVE VIA PEG                                                                           | -                | 01-Aug-2022         | 21-Feb-2023             |
| Morphine Sulfate Oral solution 10 mg/5 ml                        | 300             | 300 ml             | 5ML TO BE TAKEN WHEN REQUIRED FOR BREATHROUGH PAIN                                                                          | -                | 01-Aug-2022         | 21-Feb-2023             |
|                                                                  |                 |                    |                                                                                                                             |                  | 25-Jul-             | 24-                     |

|                                                                               |          |             |                                                           |           |              |                  |
|-------------------------------------------------------------------------------|----------|-------------|-----------------------------------------------------------|-----------|--------------|------------------|
| Twocal Liquid                                                                 | 27       | 27 LITRE    | TO BE USED AS DIRECTED                                    | -         | 2022         | Mar-2023         |
| Fortisip Compact Liquid feed Milkshake Style                                  | 7000     | 7000 ML     | AS DIRECTED                                               | -         | 22-Jul-2022  | 24-Mar-2023      |
| Saliveze Spray 50 ml                                                          | 1        | 1 spray     | TO BE USED WHEN REQUIRED                                  | -         | 07-Jul-2020  | 01-Aug-2022      |
| Salbutamol Cfc-free inhaler 100 micrograms/puff                               | 1        | 1 INHALER   | 2 Puffs Take as required                                  | -         | 13-Jan-2014  | 27-Mar-2023      |
| Recent medication (Any medication issued within last 90 days not shown above) |          |             |                                                           |           |              |                  |
| Drug name                                                                     | Quantity | Formulation | Dosage                                                    | Frequency | Date started | Date last issued |
| Fucidin H Cream                                                               | 30       | 30 gram     | APPLY THINLY TO THE AFFECTED AREA TWICE DAILY             | -         | 30-Mar-2023  | 30-Mar-2023      |
| Co-Amoxiclav 250/62 Sugar free suspension 250 mg/5 ml + 62 mg/5 ml            | 150      | 150 ml      | ONE 10ML SPOONFUL TO BE TAKEN THREE TIMES A DAY           | -         | 14-Mar-2023  | 14-Mar-2023      |
| Co-Amoxiclav 500/125 Tablets                                                  | 21       | 21 tablet   | 1 Tab 3 times daily                                       | -         | 10-Mar-2023  | 10-Mar-2023      |
| Nacsys Effervescent tablets 600 mg                                            | 28       | 28 tablet   | ONE TO BE TAKEN DAILY                                     | -         | 02-Mar-2023  | 02-Mar-2023      |
| Hydroxyzine Hydrochloride Tablets 25 mg                                       | 28       | 28 tablet   | 1 Tab At night if needed                                  | -         | 02-Mar-2023  | 02-Mar-2023      |
| Flucloxacillin Oral solution 250 mg/5 ml                                      | 200      | 200 ML      | ONE 10ML SPOONFUL TO BE TAKEN FOUR TIMES A DAY FOR 5 DAYS | -         | 09-Feb-2023  | 09-Feb-2023      |
| Clotrimazole Cream 1 %                                                        | 20       | 20 GRAM     | APPLY TWO TO THREE TIMES DAILY                            | -         | 09-Feb-2023  | 09-Feb-2023      |
| Co-Amoxiclav 250/62 Sugar free suspension 250 mg/5 ml + 62 mg/5 ml            | 200      | 200 ml      | 10ML TO BE TAKEN THREE TIMES A DAY                        | -         | 30-Jan-2023  | 30-Jan-2023      |
| Trimbow Inhaler 87 micrograms + 5 micrograms + 9 micrograms/dose              | 240      | 240 DOSE    | TWO PUFFS TO BE USED TWICE DAILY                          | -         | 08-Dec-2022  | 08-Dec-2022      |
| Fostair Cfc-free inhaler 100 micrograms + 6 micrograms/dose                   | 1        | 1 INHALER   | ONE PUFF TO BE INHALED TWICE A DAY                        | -         | 25-Apr-2018  | 02-Nov-2022      |
| Blood Pressure                                                                |          |             |                                                           |           |              |                  |
| Date Recorded                                                                 | Systolic | Diastolic   |                                                           |           |              |                  |
| 17-Nov-2022                                                                   | 136      | 88          |                                                           |           |              |                  |
| 24-Nov-2021                                                                   | 137      | 94          |                                                           |           |              |                  |
| 04-Nov-2021                                                                   | 135      | 97          |                                                           |           |              |                  |
| 21-Oct-2021                                                                   | 139      | 94          |                                                           |           |              |                  |
| 04-Oct-2021                                                                   | 126      | 105         |                                                           |           |              |                  |
| Body Measurements                                                             |          |             |                                                           |           |              |                  |
| Date Recorded                                                                 | Height   | Weight      | BMI                                                       |           |              |                  |
| 30-Jan-2023                                                                   | 163      | 47.6        | 17.92                                                     |           |              |                  |
| 07-Dec-2022                                                                   | -        | 48          | 18.07                                                     |           |              |                  |
| 28-Jun-2022                                                                   | -        | 48.2        | -                                                         |           |              |                  |
| 26-Apr-2022                                                                   | -        | 51.7        | -                                                         |           |              |                  |
| 04-Oct-2021                                                                   | 163      | 57          | 21.45                                                     |           |              |                  |
| Lifestyle Risks and Alerts / Examinations and Investigations                  |          |             |                                                           |           |              |                  |

| <u>Description/Question</u>         | <u>Result/Comment</u> | <u>Date</u> |
|-------------------------------------|-----------------------|-------------|
| Rolls own cigarettes, 100 g/week:   |                       | 04-Oct-2021 |
| Current smoker:                     |                       | 04-Oct-2021 |
| Rolls own cigarettes:               |                       | 08-Aug-2017 |
| Current smoker:                     |                       | 08-Aug-2017 |
| Cigarette consumption 25 :          |                       | 08-Aug-2017 |
| Alcohol consumption, 20 units/week: |                       | 04-Oct-2021 |
| Alcohol intake above rec limit:     |                       | 08-Aug-2017 |
| Alcohol units per week 84 :         |                       | 08-Aug-2017 |
| Alcohol intake above rec limit:     |                       | 01-Nov-2016 |
| Alcohol units per week 84 :         |                       | 01-Nov-2016 |
| GPPAQ physcl act ind: inactive:     |                       | 08-Aug-2017 |
| GPPAQ physcl act ind: inactive:     |                       | 01-Nov-2016 |
| GPPAQ physcl act ind: inactive:     |                       | 11-Apr-2014 |
| GPPAQ physcl act ind: inactive:     |                       | 15-Apr-2013 |
| Aerobic exercise 0 times/week:      |                       | 08-Apr-2013 |

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**Clinical warnings**

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**Additional Support Needs**  
No known ASN requirements

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**Additional relevant information**  
 Risk of Suicide:Yes  
 If yes to Risk of Suicide, please give details:Recurrent thoughts of suicide. Thinks about jumping in front of a train.  
 Past history of suicide attempt:Yes  
 If yes to Past history of suicide attempt, please give details:Overdose 1994  
 Risk of deliberate self harm:No  
 Is patient responsible for children?:No  
 Risk to others including children/dependents/clinicians/other:No  
 Risk from others:No  
 Risk of Self Neglect:No  
 OK to send correspondence to home address?:Yes  
 Patient will accept any site:Yes  
 Patient will accept cancellation or short notice appointment (within 1-6 days):Yes  
 Referred By:Referring GP  
 Electronic Attachment Present:No

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**Social circumstances**  
Ethnic Origin: (White) Scottish

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**Signature** of referring doctor (or other professional) **Date**



Susanne Millar  
Chief Officer

Our Ref: CR/nc

Date: 10/11/2021

**PRIVATE & CONFIDENTIAL**

Colin Wright  
102 Summertown Road  
Glasgow  
G51 2PU

Community Mental Health Team  
Brand Street Resource Centre  
Units G7, G8 & G4  
150 Brand Street  
Glasgow  
G51 1DH

[www.nhsggc.org.uk](http://www.nhsggc.org.uk)

Dear Colin Wright

**Re: Colin Wright      DOB: 04/12/1962      CHI: 0412626071**  
**Address: 102 Summertown Road, Glasgow, G51 2PU**

I hope you are keeping well. Unfortunately you have missed two planned home visit appointments and have not answered your phone when I have attempted to contact you. I assume you no longer require CPN support and I have now discharged you from my caseload. Should you require support in the future please discuss with your GP in the first instance, who can re-refer you if appropriate.

I have also enclosed details for CRUSE Bereavement Counselling, which you can access counselling services when you feel ready if you think you would benefit from this.

Kind Regards

Yours sincerely

Catriona Richardson  
CPN  
Brand Street Resource Centre

***Authorised on 12/11/2021 11:31:41 by Catriona Richardson.***

**(D) Dr EL Blackwood  
Drs Dale, Blackwood & Chambers  
Rutland Surgery  
24 Govan Road  
Glasgow G51 1HS**





**Susanne Millar**  
**Chief Officer**







Susanne Millar  
Chief Officer

Our Ref: CR/nc

Date: 10/11/2021

**PRIVATE & CONFIDENTIAL**

Dr EL Blackwood  
Drs Dale, Blackwood & Chambers  
Rutland Surgery  
24 Govan Road  
Glasgow  
G51 1HS

Community Mental Health Team  
Brand Street Resource Centre  
Units G7, G8 & G4  
150 Brand Street  
Glasgow  
G51 1DH

[www.nhsggc.org.uk](http://www.nhsggc.org.uk)

Dear Dr Blackwood

**Re: Colin Wright      DOB: 04/12/1962      CHI: 0412626071**  
**Address: 102 Summertown Road, Glasgow, G51 2PU**

I am writing to advise that Colin has disengaged from CPN support; Colin has missed the last two planned home visit appointments, and not answered calls or responded to messages. At my last contact Colin was presenting better than previously. He was future focused and less emotional. Colin was keeping himself busy, bought himself a new car, and was organising insurance/tax and private registration. Colin had been on a short holiday to visit his aunt in Portsmouth and was planning a further holiday with cousins. I had planned to furnish Colin with information for counselling services with CRUSE Bereavement Services; this is a service Colin could refer himself to if he felt he required further support with his grief following the loss of his wife. I will now discharge Colin from my CPN caseload. If you have any concerns in the future please do not hesitate to re-refer.

Yours sincerely

**Catriona Richardson**  
**CPN**

***Authorised on 12/11/2021 11:30:41 by Catriona Richardson.***



**Susanne Millar**  
Chief Officer

Our Ref: CMHT/CR/Im  
Job ID: 320005  
Date: 18/10/2021

**PRIVATE & CONFIDENTIAL**

Colin Wright  
102 Summertown Road  
Glasgow  
G51 2PU

Mental Health  
Brand Street Resource Centre  
Units G7, G8 & G4  
150 Brand Street  
Glasgow  
G51 1DH  
0141 303 8900  
[www.nhsggc.org.uk](http://www.nhsggc.org.uk)

Dear Colin

A follow up appointment has been made for you to be seen as follows:

Date: **Tuesday 26<sup>th</sup> October 2021**  
Time: **11:00am**  
Appointment with: **Catriona Richardson**  
Location: **I will visit you at home.**

If this appointment is not suitable, please telephone the above number so alternative arrangements can be made.

Please see enclosed leaflets about the service, your appointment and how the NHS protects your personal health information (available online at <http://www.nhsggc.org.uk/patients-and-visitors/faqs/data-protection-privacy/>).

Yours sincerely

**Catriona Richardson**  
**Community Psychiatric Nurse**

(D) Dr EL Blackwood  
Drs Dale, Blackwood & Chambers  
Rutland Surgery  
24 Govan Road  
Glasgow  
G51 1HS



**Susanne Millar**  
**Chief Officer**

**Susanne Millar**  
Chief Officer

Our Ref: sb  
Job ID: 100055557  
Date: 09/07/2021

**Private & Confidential**

Dr EL Blackwood  
Drs Dale, Blackwood & Chambers  
Rutland Surgery  
24 Govan Road  
Glasgow  
G51 1HS

Department of General Adult Psychiatry  
Brand Street Resource Centre  
Festival Business Park  
150 Brand Street  
Glasgow  
G51 1DH  
sPrefPhoneNo EXT: sPrefExtension  
www.nhsggc.org.uk

Dear Dr Blackwood

**Re: Colin Wright      DOB: 04/12/1962      CHI: 0412626071**  
**Address: 102 Summertown Road, Glasgow, G51 2PU**

**Change of Medication Request**

Your above named patient was discussed at our MDT.

|                                                                                             |                                                                                  |
|---------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------|
| Urgent (Within 24 hrs) <input type="checkbox"/><br>(should be followed by a telephone call) | Routine (available 48 hrs following request) <input checked="" type="checkbox"/> |
| <b>Action required by GP:</b>                                                               |                                                                                  |
| please commence mirtazepine orodispersible 15mg increasing to 30mg after 2 weeks            |                                                                                  |
|                                                                                             |                                                                                  |
|                                                                                             |                                                                                  |

Please do not hesitate to get in touch on the number above if you need further information.

Yours sincerely

*Authorised on 09/07/2021 09:40:20 by Stephen Byers.*

## NHS Greater Glasgow &amp; Clyde – Adult Mental Health Initial Assessment Tool

|                                             |                                                        |                                               |             |
|---------------------------------------------|--------------------------------------------------------|-----------------------------------------------|-------------|
| <b>CHI No:</b>                              | 041 262 6071                                           | <b>Date:</b>                                  |             |
| <b>Surname:</b>                             | Wright                                                 | <b>Date of Birth:</b>                         | 04-Dec-1962 |
| <b>First Name:</b>                          | Colin                                                  | <b>Gender:</b>                                | M           |
| <b>Address &amp; Post Code:</b>             | 102 Summertown Road<br>Glasgow<br>G51 2PU              |                                               |             |
| <b>Phone No:</b>                            | 07783349366                                            | <b>Legal Status (MHA, AWI, Guardianship):</b> | Informal    |
| <b>Ethnicity:</b>                           | White: Scottish - Scotland ethnic category 2011 census | <b>Nationality:</b>                           | Scottish    |
| <b>Consent to sharing info:</b>             |                                                        |                                               |             |
| <b>Communication needs:</b>                 | No specific needs                                      |                                               |             |
| <b>Next of Kin / Carer contact details:</b> | Carer contact details listed below:                    |                                               |             |

|                                                                                                                                                                                                                                                                                                                                                             |             |                  |                 |                 |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------|------------------|-----------------|-----------------|
| <b>Alerts (history of violence, offending history)</b>                                                                                                                                                                                                                                                                                                      |             |                  |                 |                 |
| No alerts                                                                                                                                                                                                                                                                                                                                                   |             |                  |                 |                 |
| <b>Reason for referral (referrer's reason[s] for requesting assessment)</b>                                                                                                                                                                                                                                                                                 |             |                  |                 |                 |
| G.P referral due to low mood and suicidal ideation following the recent death of his wife, recent cancer diagnosis and treatment.                                                                                                                                                                                                                           |             |                  |                 |                 |
| <b>Reason for attendance (Description of individuals main concerns, their perceptions of difficulties and hopes from the service)</b>                                                                                                                                                                                                                       |             |                  |                 |                 |
| Agreeing to engage for support and monitoring of mood/risk.                                                                                                                                                                                                                                                                                                 |             |                  |                 |                 |
| <b>Psychiatric history (previous/ongoing mental health problems, diagnoses and interventions, via GP or mental health services, and their impact; h/o self harm/attempted suicide; previous admission/detentions)</b>                                                                                                                                       |             |                  |                 |                 |
| History of depression, previous suicide attempts many years ago, attempted hanging and overdose.                                                                                                                                                                                                                                                            |             |                  |                 |                 |
| <b>Medical history (prior/pre-existing/ongoing physical health problems, diagnoses and interventions and their impact)</b>                                                                                                                                                                                                                                  |             |                  |                 |                 |
| Recent throat cancer, recieved treatment and now in remission but has been left with ongoing pain, poor swallow and requires soft diet, also on supplements via peg feed, Colin is currently neglecting his nutritional needs and not taking his peg feed, is not reporting this as self harm more that he does not feel hungry. Previous stroke and TIA's. |             |                  |                 |                 |
| <b>Current medication details as given by individual (prescribed, over-the-counter, complementary, drug allergies)</b>                                                                                                                                                                                                                                      |             |                  |                 |                 |
| <b>Medication</b>                                                                                                                                                                                                                                                                                                                                           | <b>Dose</b> | <b>Frequency</b> | <b>Duration</b> | <b>Response</b> |
| Fluoxetine                                                                                                                                                                                                                                                                                                                                                  |             |                  |                 | not taking      |

Name / CHI: Colin Wright 041 262 6071

## NHS Greater Glasgow &amp; Clyde – Adult Mental Health Initial Assessment Tool

|                                                                                                                                                                                                                                                       |                                                                                                                                                                                                                                                                                                                                    |                                |  |  |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------|--|--|
|                                                                                                                                                                                                                                                       |                                                                                                                                                                                                                                                                                                                                    |                                |  |  |
|                                                                                                                                                                                                                                                       |                                                                                                                                                                                                                                                                                                                                    |                                |  |  |
|                                                                                                                                                                                                                                                       |                                                                                                                                                                                                                                                                                                                                    |                                |  |  |
|                                                                                                                                                                                                                                                       |                                                                                                                                                                                                                                                                                                                                    |                                |  |  |
|                                                                                                                                                                                                                                                       |                                                                                                                                                                                                                                                                                                                                    |                                |  |  |
|                                                                                                                                                                                                                                                       |                                                                                                                                                                                                                                                                                                                                    |                                |  |  |
|                                                                                                                                                                                                                                                       |                                                                                                                                                                                                                                                                                                                                    |                                |  |  |
|                                                                                                                                                                                                                                                       |                                                                                                                                                                                                                                                                                                                                    |                                |  |  |
|                                                                                                                                                                                                                                                       |                                                                                                                                                                                                                                                                                                                                    |                                |  |  |
|                                                                                                                                                                                                                                                       |                                                                                                                                                                                                                                                                                                                                    |                                |  |  |
|                                                                                                                                                                                                                                                       |                                                                                                                                                                                                                                                                                                                                    |                                |  |  |
| <b>Allergies:</b>                                                                                                                                                                                                                                     |                                                                                                                                                                                                                                                                                                                                    |                                |  |  |
| <b>Dispensing frequency:</b>                                                                                                                                                                                                                          |                                                                                                                                                                                                                                                                                                                                    | <b>Medication concordance:</b> |  |  |
| <b>Family History (<i>relationships; h/o MH problems, medical, substance use problems; h/o suicide</i>)</b>                                                                                                                                           |                                                                                                                                                                                                                                                                                                                                    |                                |  |  |
| Wife of 40+ years died suddenly in Feb this year following complications of covid-19. Has 5 children, only 1 daughter at home who has an 18mth baby boy, the others are close by and in regular contact.<br>1 Brother died of suicide many years ago. |                                                                                                                                                                                                                                                                                                                                    |                                |  |  |
| <b>Personal History:</b>                                                                                                                                                                                                                              |                                                                                                                                                                                                                                                                                                                                    |                                |  |  |
| <i>Childhood / development / relationships</i>                                                                                                                                                                                                        | No issues or concerns regarding early years, married young and had 5 children, wife of 40+years died 3 months ago.<br>Worked as a car mechanic, unable to continue due to poor physical health following diagnosis of cancer.<br>Currently struggling to visualise a future, mood low and struggling to find a reason to continue. |                                |  |  |
| <i>Childhood trauma / neglect / abuse</i>                                                                                                                                                                                                             |                                                                                                                                                                                                                                                                                                                                    |                                |  |  |
| <i>Education / employment</i>                                                                                                                                                                                                                         |                                                                                                                                                                                                                                                                                                                                    |                                |  |  |
| <i>Adult relationships</i>                                                                                                                                                                                                                            |                                                                                                                                                                                                                                                                                                                                    |                                |  |  |
| <i>Adult trauma / abuse / vulnerability</i>                                                                                                                                                                                                           |                                                                                                                                                                                                                                                                                                                                    |                                |  |  |
| <i>Personal strengths / Hopes for the future</i>                                                                                                                                                                                                      |                                                                                                                                                                                                                                                                                                                                    |                                |  |  |
| <b>Current social circumstances:</b>                                                                                                                                                                                                                  |                                                                                                                                                                                                                                                                                                                                    |                                |  |  |



## NHS Greater Glasgow &amp; Clyde – Adult Mental Health Initial Assessment Tool

|                                                                                                                                                                                    |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |                |                |                |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------|----------------|----------------|
| <i>Housing</i>                                                                                                                                                                     | Lives in a GHA rented house with his daughter and grandson (previously shared with his wife also)<br>Unable to work due to poor physical health<br>No issues with finances, in receipt of benefits.<br>Family are very supportive.<br>Current interests are collecting items, stamps, whisky bottles and lighters, states he managed to start working on his lighter collection again, cleans and fixes them. Also likes cars but unable to work on them himself due to poor physical health but appears to still do a bit of buying and selling. |                |                |                |
| <i>Employment / Employability</i>                                                                                                                                                  |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |                |                |                |
| <i>Finances</i>                                                                                                                                                                    |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |                |                |                |
| <i>Support</i>                                                                                                                                                                     |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |                |                |                |
| <i>Interests / current activities</i>                                                                                                                                              |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |                |                |                |
| <b>Any children/ dependents under the age of 18?</b>                                                                                                                               |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |                |                |                |
|                                                                                                                                                                                    | <b>Child 1</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    | <b>Child 2</b> | <b>Child 3</b> | <b>Child 4</b> |
| <b>Name</b>                                                                                                                                                                        |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |                |                |                |
| <b>Age</b>                                                                                                                                                                         |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |                |                |                |
| <b>Address if different:</b>                                                                                                                                                       |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |                |                |                |
| <b>Child protection concerns/agencies involved:</b>                                                                                                                                |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |                |                |                |
| <b>Impact of mental health on parenting and/or potential risk to children:</b>                                                                                                     |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |                |                |                |
| Colin's own children are grown up, he has 10 grandchildren who he has regular contact with, 1 daughter and 18-month-old grandson live with Colin, no concerns or risks identified. |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |                |                |                |
| <b>Description of functioning before current difficulties:</b>                                                                                                                     |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |                |                |                |
| Difficulties for the past few years due to cancer diagnosis and recovery, was just recovering before his wife passed away which has impacted greatly on his mood and motivation.   |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |                |                |                |
| <b>Substance use: (caffeine, alcohol, tobacco, non-prescribed drugs, novel psychoactive substances)</b>                                                                            |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |                |                |                |
| <i>Pattern of current use</i>                                                                                                                                                      | Smokes tobacco only                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |                |                |                |
| <i>Impact on individual</i>                                                                                                                                                        |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |                |                |                |
| <i>Previous history</i>                                                                                                                                                            |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |                |                |                |
| <b>Forensic history: (charges, fines, convictions, h/o violence)</b>                                                                                                               |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |                |                |                |
| No forensic history disclosed                                                                                                                                                      |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |                |                |                |
| <b>Legal issues: (driving, capacity, detention, vulnerability, other orders)</b>                                                                                                   |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |                |                |                |
| No issues                                                                                                                                                                          |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |                |                |                |
| <b>Individual expectation of service:</b>                                                                                                                                          |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |                |                |                |
| Colin is happy to engage for support                                                                                                                                               |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |                |                |                |
| <b>Mental State Examination:</b>                                                                                                                                                   |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |                |                |                |

## NHS Greater Glasgow &amp; Clyde – Adult Mental Health Initial Assessment Tool

|                                                                                     |                                                                    |
|-------------------------------------------------------------------------------------|--------------------------------------------------------------------|
| <i>Appearance</i>                                                                   | Small, Underweight, clean and tidy in casual clothing              |
| <i>Behaviour</i>                                                                    | Appropriate                                                        |
| <i>Mood &amp; Affect</i>                                                            | Mood low, emotional at times when talking about his late wife      |
| <i>Speech</i>                                                                       | Quiet spoken with a husky voice due to recent throat cancer        |
| <i>Thought form</i>                                                                 | No issues                                                          |
| <i>Thought content</i>                                                              | Currently struggling to see a reason to go on                      |
| <i>Perceptions</i>                                                                  | No abnormalities                                                   |
| <i>Cognition</i>                                                                    | No issues                                                          |
| <i>Insight</i>                                                                      | Has insight, aware current thinking is very common grief response. |
| <b>Carers / Next of Kin / others views, concerns and expectations from services</b> |                                                                    |
| No carer present during appt                                                        |                                                                    |
| <b>Additional notes:</b>                                                            |                                                                    |
|                                                                                     |                                                                    |

**Summary**

|                                                                                                                                                                                                                                |                          |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------|
| <b>Name:</b> WRIGHT, Colin (Mr)                                                                                                                                                                                                | <b>CHI:</b> 041 262 6071 |
| <b>Summary of assessment (Key findings, relevant negatives, initial formulation considering predisposing, precipitating, perpetuating and protective factors)</b>                                                              |                          |
| Colin is a 58yr old gentlemen who presents with symptoms of depression and grief reaction following the recent death of his wife complicated with poor physical health following recent throat cancer diagnosis and treatment. |                          |
| <b>Overall impression of risk (CRAFT to be completed separately)</b>                                                                                                                                                           |                          |
| Colin is struggling to see a future and reason to continue living, although is not voicing any plan or intent to end his life.                                                                                                 |                          |
| <b>Immediate actions (including information provided)</b>                                                                                                                                                                      |                          |
| Ongoing cpn support in an attempt to encourage Colin to restart his medication and supplement feeds, monitor mood and assess risk.                                                                                             |                          |
| <b>Outcome of MDT discussion/ Treatment plan (including follow up arrangements if relevant)</b>                                                                                                                                |                          |
| Discussed at mdt, continue to monitor via home visits.                                                                                                                                                                         |                          |
| <b>Primary Diagnosis:</b>                                                                                                                                                                                                      | Depression               |
| <b>Any additional diagnoses:</b>                                                                                                                                                                                               | Grief                    |

Name / CHI: Colin Wright 041 262 6071

## NHS Greater Glasgow &amp; Clyde – Adult Mental Health Initial Assessment Tool

|                                             |                     |                     |          |
|---------------------------------------------|---------------------|---------------------|----------|
| Suitable for psychological therapies (Y/N): |                     |                     |          |
| <b>Name:</b>                                | Catriona Richardson | <b>Designation:</b> | CPN      |
| <b>Signature:</b>                           |                     | <b>Date:</b>        | 19/05/21 |

### Adult Mental Health – SSA – Care Plan

|      |                    |     |              |
|------|--------------------|-----|--------------|
| Name | WRIGHT, Colin (Mr) | CHI | 041 262 6071 |
|------|--------------------|-----|--------------|

#### Need

Colin was referred by his G.P with low mood and suicidal ideation, and grief following the recent death of his wife.

#### Interventions Required

CPN to meet with Colin at mutually agreed times in order to provide her/him with the opportunity to discuss any worries or concerns he may have in relation to his mental health.

CPN will develop a therapeutic relationship to foster engagement.

CPN will carry out ongoing risk assessment and respond in an appropriate manner to any/all concerns raised. In order to help safeguard Colin and minimise risk where possible, using the least restrictive alternative.

CPN will promote medication concordance and monitor any issues, side effects or changes to current medication regime.

CPN to liaise with other involved in Colin's care, or if needs develop over time or if mental state should deteriorate.

CPN will refer or signpost to appropriate services/professions as required.

CPN will provide psychoeducation surrounding mood fluctuations, emotional instability and suicidal ideation.

CPN will promote in collaboration with Colin the development of more adaptive coping strategies to manage distress.

CPN to promote Colin's understanding of his moods including labelling emotions and practising mindfulness.

CPN and Colin will develop safety/staying well plan to reinforce coping strategies during times of acute distress.

CPN to allow Colin to discuss previous experiences in a safe and supportive environment and to refer on as appropriate if other specialist support should be necessary.

CPN will promote and reinforce use of CRISIS and OOH services at times of acute distress.

#### Patient/Carer's View/Understanding of Interventions

Colin is agreeing to engage with cpn support

|                      |                     |             |          |
|----------------------|---------------------|-------------|----------|
| Name                 | Catriona Richardson | Designation | CPN      |
| Signature            |                     | Date        | 19/05/21 |
| Signature of Patient |                     | Date        |          |





**Susanne Millar**  
Chief Officer

Our Ref: ST/ci  
Job ID: 260722  
Date: 23/04/2021

**PRIVATE & CONFIDENTIAL**

Colin Wright  
102 Summertown Road  
Glasgow  
G51 2PU

Mental Health  
Brand Street Resource Centre  
Units G7, G8 & G4  
150 Brand Street  
Glasgow  
G51 1DH  
0141 303 8900  
[www.nhsggc.org.uk](http://www.nhsggc.org.uk)

Dear Colin Wright

**Re: Colin Wright                      DOB: 04/12/1962                      CHI: 0412626071**  
**Address: 102 Summertown Road, Glasgow, G51 2PU**

As you will be aware, you have been referred to our service for an outpatient consultation.

Arrangements have been made for you to be seen on:

Date:                      Wednesday 5<sup>th</sup> May 2021  
Time:                      3.00pm  
Appointment with:    Catriona Richardson, CPN  
Location:                At your home

If this appointment is not suitable, please telephone me on the above number so alternative arrangements can be made. If applicable, any specific requirements for your attendance will be noted on an enclosed page.

Please see enclosed leaflets about the service, your appointment and how the NHS protects your personal health information (available online at <http://www.nhsggc.org.uk/patients-and-visitors/faqs/data-protection-privacy/>).

Yours sincerely

**Catriona Richardson**  
**CPN**

*Authorised on 26/04/2021 10:45:05 by Typist Corrine Ingram, on behalf of Catriona Richardson.*

(D) Dr EL Blackwood  
Drs Dale, Blackwood & Chambers  
Rutland Surgery  
24 Govan Road  
Glasgow  
G51 1HS





|                   |        |          |      |              |
|-------------------|--------|----------|------|--------------|
| Hospital use only | Clinic | Day Date | Time | Hospital No. |
|-------------------|--------|----------|------|--------------|

**REFERRAL LETTER****MEDICAL IN CONFIDENCE**

GGC Mental Health Referral Protocol - Glasgow (Glasgow, v17.0)

**Additional Support Needs:**  
**No known ASN requirements**

|                                                                           |                                                                      |
|---------------------------------------------------------------------------|----------------------------------------------------------------------|
| <b>REFERRAL TO</b>                                                        |                                                                      |
| Brand Street Resource Centre - CMHT Adult<br>GGC Mental Health            | — <b>Consultant / receiving practitioner and/or specialty clinic</b> |
| Community Mental Health Team - Adult<br>SCI Gateway Virtual Location code | — <b>Hospital and hospital address</b>                               |
|                                                                           | Hospital location code.<br>G002G                                     |
|                                                                           | Email address<br>-                                                   |
| <b>Urgency of referral</b> Urgent                                         |                                                                      |
| <b>Date of referral</b> 21-Apr-2021                                       | <b>Date sent</b> 21-Apr-2021                                         |

|                          |             |                                           |
|--------------------------|-------------|-------------------------------------------|
| <b>PATIENT DETAILS</b>   |             | <b>Patient's address</b>                  |
| <b>Surname</b>           | Wright      | 102 Summertown Road<br>Glasgow<br>G51 2PU |
| <b>Forename(s)</b>       | Colin       |                                           |
| <b>Title</b>             | Mr          | Contact number(s)<br>Voice: 07783349366   |
| <b>Sex</b>               | Male        |                                           |
| <b>Date of birth</b>     | 04-Dec-1962 |                                           |
| <b>CHI no.</b>           | 0412626071  |                                           |
| <b>Area of Residence</b> | -           |                                           |

\*101023146804N\*

Unique Care Pathway Number: 101023146804N

|                              |                         |                                                                       |
|------------------------------|-------------------------|-----------------------------------------------------------------------|
| <b>REGISTERED GP DETAILS</b> |                         | <b>Practice address</b>                                               |
| <b>Name</b>                  | Dr Frances Chambers     | 24 Govan Road<br>Glasgow<br>G51 1HS                                   |
| <b>GMC code</b>              | 6105696                 |                                                                       |
| <b>GP code</b>               | 08974                   | Contact number(s)<br>Voice: 0141 418 1080<br>Facsimile: 0141 418 0878 |
| <b>Practice name</b>         | Rutland Surgery (18965) |                                                                       |
| <b>Practice code</b>         | 52202                   |                                                                       |

|                             |                                        |                                                        |
|-----------------------------|----------------------------------------|--------------------------------------------------------|
| <b>REFERRING GP DETAILS</b> |                                        | <b>Practice address</b>                                |
| <b>Name</b>                 | Dr. Frances Chambers                   | Rutland Surgery<br>24 Govan Road<br>Glasgow<br>G51 1HS |
| <b>GMC code</b>             | 6105696                                |                                                        |
| <b>GP code</b>              | 08974                                  | Contact number(s)<br>Voice: 0141 418 1080              |
| <b>Practice name</b>        | Drs Dale, Blackwood & Chambers (52202) |                                                        |
| <b>Practice code</b>        | 52202                                  |                                                        |

Facsimile: 0141 418 0878

**CLINICAL INFORMATION****History of presenting complaint****Presenting complaint**

Description: low mood, suicidal thoughts, self-neglect.

Comment: This man has had previous input from yourselves and was discharged by his CPN last year. He has a long history of low mood, suicidal feelings and also a history of childhood sexual abuse. He has been on various medication over the years including trazadone, citalopram, sertraline, mirtazapine and fluoxetine for the last 2 years at 60mg daily. He was diagnosed with laryngeal cancer in 2019 and had radiotherapy and has a PEG tube. He has ongoing throat pain and is on morphine. He was told the treatment was curative but is left with pain and a PEG tube for feeds. He can also eat/swallow additional food. He was living with his wife and daughter and grandson. Unfortunately 2 months ago his wife died of covid in hospital. She had pulmonary fibrosis but it was still unexpected. He is really struggling since then. he is not sleeping, very low and tearful. He is feeling desperate and considering pulling out his PEG tube or driving to England to escape. He is having lots of suicidal thoughts eg overdose and says may act impulsively but so far family have been protective. He has stopped taking all his meds and also stopped PEG feeds and tablets for 4 days due to low mood, as an act of self neglect. He has bought his cemetery plot and arranged his belongings in storage boxes for his kids to inherit. He has returned home to his daughter and tells me he will take his feeds and meds. I am worried about his suicide and self neglect risk. I would be grateful for your urgent input and advice on medication and treatment for him, Many thanks,

**Reason for referral**

Care type requested: Out Patient

Expected outcome: Not Specified

**Past medical history****Pre-existing conditions** (High & medium priority - all)

| <u>Description</u>                            | <u>Comment</u>                                  | <u>Date of onset</u> | <u>Date recorded</u> |
|-----------------------------------------------|-------------------------------------------------|----------------------|----------------------|
| Malignant neoplasm of larynx                  | SCC T 2/3                                       | 04-Mar-2019          | 04-Mar-2019          |
| Asthma unspecified                            | -                                               | 20-Mar-2017          | 20-Mar-2017          |
| [X]Mild depressive episode                    | Informal                                        | 16-Sep-2015          | 16-Sep-2015          |
| [D]Cough syncope                              | priority=1                                      | 23-Feb-2010          | 23-Feb-2010          |
| Obesity                                       | priority=1                                      | 25-Jan-2010          | 25-Jan-2010          |
| Piles - haemorrhoids                          | priority=1                                      | 04-Mar-2008          | 04-Mar-2008          |
| Essential hypertension                        | -                                               | 06-Jan-2004          | 06-Jan-2004          |
| Cerebral arterial occlusion                   | -                                               | 01-May-2002          | 01-May-2002          |
| Cerebral infarction NOS                       | -                                               | 01-May-2002          | 01-May-2002          |
| Haemorrhoids                                  | priority=1                                      | 04-Mar-2002          | 04-Mar-2002          |
| Simple hiatus hernia                          | with oesophagitis priority=1                    | 11-Sep-2001          | 11-Sep-2001          |
| [X]Deliberate drug overdose / other poisoning | ponstan, trazodone, codeine, inderal priority=1 | 03-Aug-1994          | 03-Aug-1994          |
| [X]Neurotic depression                        | priority=1                                      | 16-Mar-1994          | 16-Mar-1994          |
| Convergent squint                             | priority=1                                      | 30-Nov-1965          | 30-Nov-1965          |

**Past procedures** (High and medium priority - all)

| <u>Description</u>     | <u>Comment</u>          | <u>Date performed</u> | <u>Date recorded</u> |
|------------------------|-------------------------|-----------------------|----------------------|
| Gastrostomy operations | -                       | 13-Dec-2019           | 13-Dec-2019          |
| Nasojunal feeding      | -                       | 17-May-2019           | 17-May-2019          |
| Spirometry             | -                       | 20-Mar-2017           | 20-Mar-2017          |
| ECG normal             | priority=1              | 16-Mar-2009           | 16-Mar-2009          |
| EEG normal             | priority=1              | 29-Apr-2008           | 29-Apr-2008          |
| CAT scan               | brain normal priority=1 | 16-Apr-2008           | 16-Apr-2008          |
| ECG: shows LVH         | priority=1              | 28-Mar-2008           | 28-Mar-2008          |
| Sigmoidoscopy          | priority=1              | 04-Mar-2008           | 04-Mar-2008          |

|                                                |  |                          |             |             |
|------------------------------------------------|--|--------------------------|-------------|-------------|
| Proctoscopy                                    |  | priority=1               | 04-Mar-2008 | 04-Mar-2008 |
| Weight management programme offered            |  | 2:                       | 08-Jan-2008 | 08-Jan-2008 |
| Advancement of mucosa of lip NEC               |  | normal mucosa priority=1 | 01-Dec-2006 | 01-Dec-2006 |
| Colonoscopy                                    |  | priority=1               | 22-Nov-2006 | 22-Nov-2006 |
| Magnetic resonance imaging                     |  | brain normal priority=1  | 07-Nov-2005 | 07-Nov-2005 |
| Pneumococcal vaccination given                 |  | priority=1               | 31-Oct-2005 | 31-Oct-2005 |
| Sigmoidoscopy                                  |  | normal priority=1        | 19-Feb-2004 | 19-Feb-2004 |
| Colonoscopy normal                             |  | priority=1               | 08-Jul-2002 | 08-Jul-2002 |
| Other specified other operation on haemorrhoid |  | banding priority=1       | 08-Jul-2002 | 08-Jul-2002 |
| ECG normal                                     |  | priority=1               | 29-Apr-2002 | 29-Apr-2002 |
| Helicobacter breath test negative              |  | priority=1               | 24-Jan-2002 | 24-Jan-2002 |
| CLO test positive                              |  | priority=1               | 14-Sep-2001 | 14-Sep-2001 |
| Upper Gastrointestinal endoscopy               |  | priority=1               | 11-Sep-2001 | 11-Sep-2001 |
| Bilateral vasectomy for contraception          |  | priority=1               | 14-Oct-1994 | 14-Oct-1994 |

  

**Current medication** (Active Repeat medication issued within the last 12 months)

| <u>Drug name</u>                                                 | <u>Quantity</u> | <u>Formulation</u> | <u>Dosage</u>                                                                                     | <u>Frequency</u> | <u>Date started</u> | <u>Date last issued</u> |
|------------------------------------------------------------------|-----------------|--------------------|---------------------------------------------------------------------------------------------------|------------------|---------------------|-------------------------|
| Lansoprazole Capsules (Gastro-Resistant) 30 mg                   | 28              | 28 capsule         | ONE TO BE TAKEN EACH DAY DISPENSE WEEKLY                                                          | -                | 22-Jan-2021         | 25-Mar-2021             |
| Water For Injection Injection 5 ml/amp                           | 50              | 50 ampoule         | TO BE USED AS DIRECTED                                                                            | -                | 24-Jul-2020         | 20-Jan-2021             |
| Prochlorperazine Maleate Tablets 5 mg                            | 84              | 84 tablet          | 1 Tab 3 times daily IF REEQUIRED                                                                  | -                | 07-Jul-2020         | 25-Mar-2021             |
| Saliveze Spray 50 ml                                             | 1               | 1 spray            | TO BE USED WHEN REQUIRED                                                                          | -                | 07-Jul-2020         | 02-Mar-2021             |
| Sodium Chloride Nebuliser Liquid 0.9 %, 2.5 ml unit dose ampoule | 40              | 40 unit dose       | 2.5M FOUR TIMES PER DAY AS REQUIRED                                                               | -                | 07-Jul-2020         | 07-Jul-2020             |
| Twocal Liquid                                                    | 28              | 28 litre           | 1 LITRE DAILY                                                                                     | -                | 26-Jun-2020         | 13-Apr-2021             |
| Prochlorperazine Mesilate Injection 12.5 mg/ml, 1 ml ampoule     | 10              | 10 ampoule         | TO BE INJECTED AS REQUIRED FOR NAUSEA AND VOMITING REPEAT OR GIVE BUCALLY AFTER 6 HOURS IF NEEDED | -                | 12-Jun-2020         | 29-Sep-2020             |
| Macrogol Compound Oral Powder (sachets) NPF Sugar Free           | 56              | 56 sachet          | ONE TO BE TAKEN TWICE A DAY                                                                       | -                | 15-May-2019         | 03-Dec-2020             |
| Fostair Cfc-free inhaler 100 micrograms + 6 micrograms/dose      | 1               | 1 INHALER          | ONE PUFF TO BE INHALED TWICE A DAY                                                                | -                | 25-Apr-2018         | 07-Jul-2020             |
| Salbutamol Cfc-free inhaler 100 micrograms/puff                  | 1               | 1 INHALER          | 2 Puffs Take as required                                                                          | -                | 13-Jan-2014         | 07-Jul-2020             |

  

**Recent medication** (Any medication issued within last 90 days not shown above)

| <u>Drug name</u>                           | <u>Quantity</u> | <u>Formulation</u> | <u>Dosage</u>                                                 | <u>Frequency</u> | <u>Date started</u> | <u>Date last issued</u> |
|--------------------------------------------|-----------------|--------------------|---------------------------------------------------------------|------------------|---------------------|-------------------------|
| Morphine Sulfate Oral solution 10 mg/5 ml  | 200             | 200 ml             | 2.5ML TO 5ML TO BE TAKEN WHEN REQUIRED FOR BREAKTHROUGH PAIN. | -                | 15-Apr-2021         | 15-Apr-2021             |
| Fluoxetine Hydrochloride Liquid 20 mg/5 ml | 420             | 420 ml             | 15ML DAILY                                                    | -                | 26-Mar-2021         | 26-Mar-2021             |
| Diazepam Tablets 2 mg                      | 56              | 56 tablet          | ONE TO BE TAKEN THREE TIMES A DAY WHEN REQUIRED               | -                | 26-Mar-2021         | 15-Apr-2021             |
| Zopiclone Tablets 7.5 mg                   | 14              | 14 tablet          | ONE TO BE TAKEN AT NIGHT                                      | -                | 26-Mar-2021         | 15-Apr-2021             |

|                                                                   |     |            |                                                               |   |             |             |
|-------------------------------------------------------------------|-----|------------|---------------------------------------------------------------|---|-------------|-------------|
| Temazepam Tablets 10 mg                                           | 10  | 10 tablet  | 1 Tab At night if needed                                      | - | 18-Mar-2021 | 18-Mar-2021 |
| Morphine Sulfate Oral solution 10 mg/5 ml                         | 200 | 200 ml     | 2.5ML TO 5ML TO BE TAKEN WHEN REQUIRED FOR BREAKTHROUGH PAIN. | - | 04-Mar-2021 | 04-Mar-2021 |
| Morphine Sulfate M/R suspension 60 mg/sachet, granules sugar free | 60  | 60 sachet  | ONE SACHET TO BE TAKEN TWICE A DAY                            | - | 05-Feb-2021 | 02-Mar-2021 |
| Zopiclone Tablets 7.5 mg                                          | 14  | 14 tablet  | ONE TO BE TAKEN AT NIGHT                                      | - | 03-Dec-2020 | 05-Feb-2021 |
| Diazepam Tablets 2 mg                                             | 56  | 56 tablet  | ONE TO BE TAKEN THREE TIMES A DAY WHEN REQUIRED               | - | 02-Sep-2020 | 05-Feb-2021 |
| Morphine Sulfate M/R suspension 30 mg/sachet, granules sugar free | 60  | 60 SACHET  | ONE SACHET TO BE TAKEN TWICE A DAY                            | - | 25-Aug-2020 | 02-Mar-2021 |
| Fluoxetine Hydrochloride Liquid 20 mg/5 ml                        | 420 | 420 ml     | 15ML DAILY                                                    | - | 29-Jun-2020 | 05-Feb-2021 |
| Lansoprazole Capsules (Gastro-Resistant) 30 mg                    | 28  | 28 CAPSULE | ONE TO BE TAKEN EACH DAY                                      | - | 19-Sep-2019 | 07-Jan-2021 |

Blood Pressure

| Date Recorded | Systolic | Diastolic |
|---------------|----------|-----------|
| 14-Jul-2020   | 126      | 74        |
| 10-Jul-2019   | 141      | 100       |
| 12-Jun-2019   | 128      | 78        |
| 20-Sep-2017   | 118      | 62        |
| 22-Aug-2017   | 128      | 78        |

Body Measurements

| Date Recorded | Height | Weight | BMI   |
|---------------|--------|--------|-------|
| 08-Aug-2017   | -      | 81.1   | 30.52 |
| 01-Nov-2016   | -      | 81.5   | 30.67 |
| 19-Oct-2015   | -      | 84.6   | -     |
| 21-Aug-2014   | -      | 72.9   | -     |
| 11-Apr-2014   | -      | 75.1   | 28.3  |

Lifestyle Risks and Alerts / Examinations and Investigations

| Description/Question            | Result/Comment | Date        |
|---------------------------------|----------------|-------------|
| Rolls own cigarettes:           |                | 08-Aug-2017 |
| Current smoker:                 |                | 08-Aug-2017 |
| Cigarette consumption 25 :      |                | 08-Aug-2017 |
| Rolls own cigarettes:           |                | 01-Nov-2016 |
| Current smoker:                 |                | 01-Nov-2016 |
| Alcohol intake above rec limit: |                | 08-Aug-2017 |
| Alcohol units per week 84 :     |                | 08-Aug-2017 |
| Alcohol intake above rec limit: |                | 01-Nov-2016 |
| Alcohol units per week 84 :     |                | 01-Nov-2016 |
| Current non drinker:            |                | 11-Apr-2014 |
| GPPAQ physcl act ind: inactive: |                | 08-Aug-2017 |
| GPPAQ physcl act ind: inactive: |                | 01-Nov-2016 |
| GPPAQ physcl act ind: inactive: |                | 11-Apr-2014 |
| GPPAQ physcl act ind: inactive: |                | 15-Apr-2013 |
| Aerobic exercise 0 times/week:  |                | 08-Apr-2013 |

Clinical warnings

Additional Support Needs

No known ASN requirements

**Additional relevant information**

Risk of Suicide:Yes

If yes to Risk of Suicide, please give details:suicidal thoughts++. has planned affairs, bought cemetary plot.

Past history of suicide attempt:Yes

If yes to Past history of suicide attempt, please give details:mentioned prev ODs

Risk of deliberate self harm:Don't Know

Is patient responsible for children?:No

If yes to patient responsible for children, please give details:But daugther and grandson aged 17 months live with him

Risk to others including children/dependents/clinicians/other:No

Risk from others:No

Risk of Self Neglect:Yes

If yes to Risk of Self Neglect, please give details:Is currently self-neglecting - not eaten, taken PEG feeds or meds for 4 days

OK to send correspondence to home address?:Yes

Patient will accept any site:Yes

Patient will accept cancellation or short notice appointment (within 1-6 days):Yes

Referred By:Referring GP

Electronic Attachment Present:No

**Social circumstances**

Ethnic Origin: (White) Scottish

\_\_\_\_\_  
**Signature** of referring doctor (or other professional) **Date**





**Susanne Miller**  
Interim Chief Officer

Our Ref: GM/sh  
Your Ref:  
Date: 20/08/2020

**PRIVATE & CONFIDENTIAL**

Dr EL Blackwood  
Drs Dale, Blackwood & Chambers  
Rutland Surgery  
24 Govan Road  
Glasgow  
G51 1HS

Mental Health  
Brand Street Resource Centre  
Units G7, G8 & G4  
150 Brand Street  
Glasgow  
G51 1DH

[www.nhsggc.org.uk](http://www.nhsggc.org.uk)

Dear Dr Blackwood

**Re: Colin Wright, 11 Garmouth Place, Glasgow, G51 3PA, 0412626071**

I am writing with regard to the above patient, whom you recently referred to our service for assessment of mental health. As you will be aware, Colin has had ongoing significant problems with his physical health, the effects of which caused him to consider suicide. In spite of having good family support, he had been having thoughts of drowning himself in the River Clyde, which distressed both Colin and his loved ones. I have now seen Colin on two separate occasions, each side of his being admitted to hospital with what appears to have been a blood clot on his lung.

At our first appointment Colin was tearful and anxious, though was not suicidal. He is living with his ex-wife, who is a good support to him, and his primary needs are taken care of. At our most recent appointment I found both Colin's mental and physical state improved. He agreed that his mood has lifted and that he no longer experiences suicidal thoughts. He is realistic in that if his physical health deteriorates further, he is unsure as to whether or not he would like to go on in life, but he is not overwhelmed by these thoughts. In light of the above, I have discharged Colin from my caseload. I am aware that he continues to be seen by district nurses and there is always a potential for further concerns to be raised in the future and further support to be required.

Yours sincerely,

**Gerry McGreechin**  
Community Psychiatric Nurse

***Authorised on 02/09/2020 11:24:30 by James McGreechin.***



## NHS Greater Glasgow &amp; Clyde – Adult Mental Health Brief Assessment Tool

|                                             |                                                                                                       |                                               |             |
|---------------------------------------------|-------------------------------------------------------------------------------------------------------|-----------------------------------------------|-------------|
| <b>CHI No:</b>                              | 041 262 6071                                                                                          | <b>Date:</b>                                  |             |
| <b>Surname:</b>                             | Wright                                                                                                | <b>Date of Birth:</b>                         | 04-Dec-1962 |
| <b>First Name:</b>                          | Colin                                                                                                 | <b>Gender:</b>                                | M           |
| <b>Address &amp; Post Code:</b>             | 11 Garmouth Place<br>Glasgow<br>G51 3PA                                                               |                                               |             |
| <b>Phone No:</b>                            | 07783349366                                                                                           | <b>Legal Status (MHA, AWI, Guardianship):</b> | INformal    |
| <b>Ethnicity:</b>                           | Scottish - ethnic category 2001 census                                                                | <b>Nationality:</b>                           | Scottish    |
| <b>Consent to sharing info:</b>             | NO                                                                                                    |                                               |             |
| <b>Communication needs:</b>                 | Colin is recovering from cancer of the throat, having been through surgery, and lengthy chaemotherapy |                                               |             |
| <b>Next of Kin / Carer contact details:</b> | [REDACTED] ex wife<br>Carer contact details listed below:                                             |                                               |             |

-- no data --

|                                                                                                                                                                                                                                            |             |                  |                 |                 |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------|------------------|-----------------|-----------------|
| <b>Alerts (<i>history of violence, offending history</i>)</b>                                                                                                                                                                              |             |                  |                 |                 |
| No current alerts of violence. Colin has in the distant past been invloved in criminality, and has serived time in prison, but he alludes to being a different person now..                                                                |             |                  |                 |                 |
| <b>Reason for referral (<i>referrer's reason[s] for requesting assessment</i>)</b>                                                                                                                                                         |             |                  |                 |                 |
|                                                                                                                                                                                                                                            |             |                  |                 |                 |
| <b>Reason for attendance (<i>Description of individuals main concerns, their perceptions of difficulties and hopes from the service</i>)</b>                                                                                               |             |                  |                 |                 |
| Colin was referred via his gp, following concerns raised over low mood and suicidaal thoughts. Much of this appears to be related to feelings of hopelessness re Colins physical health, with his genuine fears that the cancer may return |             |                  |                 |                 |
| <b>Psychiatric history (<i>previous/ongoing mental health problems, diagnoses and interventions, via GP or mental health services, and their impact; h/o self harm/attempted suicide; previous admission/detentions</i>)</b>               |             |                  |                 |                 |
| Nil described                                                                                                                                                                                                                              |             |                  |                 |                 |
| <b>Current medication details as given by individual (<i>prescribed, over-the-counter, complementary, drug allergies</i>)</b>                                                                                                              |             |                  |                 |                 |
| <b>Medication</b>                                                                                                                                                                                                                          | <b>Dose</b> | <b>Frequency</b> | <b>Duration</b> | <b>Response</b> |
|                                                                                                                                                                                                                                            |             |                  |                 |                 |
|                                                                                                                                                                                                                                            |             |                  |                 |                 |
|                                                                                                                                                                                                                                            |             |                  |                 |                 |

Name / CHI: Colin Wright 041 262 6071

## NHS Greater Glasgow &amp; Clyde – Adult Mental Health Brief Assessment Tool

|                                                                                                                                                          |                                                                                               |                                |                |                |
|----------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------|--------------------------------|----------------|----------------|
|                                                                                                                                                          |                                                                                               |                                |                |                |
|                                                                                                                                                          |                                                                                               |                                |                |                |
| <b>Allergies:</b>                                                                                                                                        |                                                                                               |                                |                |                |
| <b>Dispensing frequency:</b>                                                                                                                             |                                                                                               | <b>Medication concordance:</b> |                |                |
| <b>Any children/ dependents under the age of 18?</b>                                                                                                     |                                                                                               |                                |                |                |
|                                                                                                                                                          | <b>Child 1</b>                                                                                | <b>Child 2</b>                 | <b>Child 3</b> | <b>Child 4</b> |
| <b>Name</b>                                                                                                                                              |                                                                                               |                                |                |                |
| <b>Age</b>                                                                                                                                               |                                                                                               |                                |                |                |
| <b>Address if different:</b>                                                                                                                             |                                                                                               |                                |                |                |
| <b>Child protection concerns/agencies involved:</b>                                                                                                      |                                                                                               |                                |                |                |
| <b>Impact of mental health on parenting and/or potential risk to children:</b>                                                                           |                                                                                               |                                |                |                |
| Nil, as all children are now grown up, and have their own lives                                                                                          |                                                                                               |                                |                |                |
| <b>Description of functioning before current difficulties:</b>                                                                                           |                                                                                               |                                |                |                |
| Colin appears to have been functioning well, prior to his cancer diagnosis, and =is at the heart of family activity, re his children and grand children. |                                                                                               |                                |                |                |
| <b>Substance use: (caffeine, alcohol, tobacco, non-prescribed drugs, novel psychoactive substances)</b>                                                  |                                                                                               |                                |                |                |
| <i>Pattern of current use</i>                                                                                                                            | Colin smokes 20+ cigarettes per day, in spite of the fact that he has had throat cancer.      |                                |                |                |
| <i>Impact on individual</i>                                                                                                                              | States that he finds stopping too difficult to consider at present.                           |                                |                |                |
| <i>Previous history</i>                                                                                                                                  |                                                                                               |                                |                |                |
| <b>Mental State Examination:</b>                                                                                                                         |                                                                                               |                                |                |                |
| <i>Appearance</i>                                                                                                                                        | Very thin, looking older than his years. Casual clothing, sad, downcast, tearful              |                                |                |                |
| <i>Behaviour</i>                                                                                                                                         | Nothing unusual, rather quiet demeanour                                                       |                                |                |                |
| <i>Mood &amp; Affect</i>                                                                                                                                 | subj....very sad<br>obj...mild depressive symptoms, due to nature of physical health problems |                                |                |                |
| <i>Speech</i>                                                                                                                                            | Husky/whispy in tone due to cancer and surgery.                                               |                                |                |                |
| <i>Thought form</i>                                                                                                                                      | normal                                                                                        |                                |                |                |
| <i>Thought content</i>                                                                                                                                   | NOthing unusual, mostly revolving around family, illness, and hopes for recovery              |                                |                |                |

## NHS Greater Glasgow &amp; Clyde – Adult Mental Health Brief Assessment Tool

|                                                                                                                                                                                                                                                                                                                                                                                                                                |                         |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------|
| <i>Perceptions</i>                                                                                                                                                                                                                                                                                                                                                                                                             | no abnormal perceptions |
| <i>Cognition</i>                                                                                                                                                                                                                                                                                                                                                                                                               | fully intact            |
| <i>Insight</i>                                                                                                                                                                                                                                                                                                                                                                                                                 | very good               |
| <b>Carers / Next of Kin / others views, concerns and expectations from services</b>                                                                                                                                                                                                                                                                                                                                            |                         |
| Ex wife [REDACTED], with whom Colin is staying, is realistic re expectations, and knows that Colins recovery is long term and uncertain.                                                                                                                                                                                                                                                                                       |                         |
| <b>Additional notes:</b>                                                                                                                                                                                                                                                                                                                                                                                                       |                         |
| <p>I have seen Colin twice, and note that he is not suicidal. On the second occasion, he was much better, having been in hospital, gained a little weight, and felt better upon discharge.</p> <p>Colin agrees that he is no longer in need of my support, and acknowledges that he has a very real struggle ahead, with his physical health recovery..</p> <p>As a consequence, he has been discharged from our service..</p> |                         |

## NHS Greater Glasgow &amp; Clyde – Adult Mental Health Brief Assessment Tool

**Summary**

|                                                                                                                                                                          |                                                                             |                          |          |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------|--------------------------|----------|
| <b>Name:</b> WRIGHT, Colin (Mr)                                                                                                                                          |                                                                             | <b>CHI:</b> 041 262 6071 |          |
| <b>Summary of assessment (<i>Key findings, relevant negatives, initial formulation considering predisposing, precipitating, perpetuating and protective factors</i>)</b> |                                                                             |                          |          |
| 58 year old male who was referred by gp, with concerns over low mood and suicidal thoughts                                                                               |                                                                             |                          |          |
| <b>Overall impression of risk (<i>CRAFT to be completed separately</i>)</b>                                                                                              |                                                                             |                          |          |
| Low risk of self harm/suicide, due to family being strong protective factors, and his hope that his physical health improves.                                            |                                                                             |                          |          |
| <b>Immediate actions (<i>including information provided</i>)</b>                                                                                                         |                                                                             |                          |          |
| I have seen Colin on 2 occasions at home, to assess his mental state. he is no longer in need of my support                                                              |                                                                             |                          |          |
| <b>Outcome of MDT discussion/ Treatment plan (<i>including follow up arrangements if relevant</i>)</b>                                                                   |                                                                             |                          |          |
| Discharged                                                                                                                                                               |                                                                             |                          |          |
| <b>Primary Diagnosis:</b>                                                                                                                                                | Mild depressive episode, secondary to significant physical health problems. |                          |          |
| <b>Any additional diagnoses:</b>                                                                                                                                         |                                                                             |                          |          |
| Suitable for psychological therapies (Y/N):                                                                                                                              |                                                                             |                          |          |
| <b>Name:</b>                                                                                                                                                             | JG McGreechin                                                               | <b>Designation:</b>      | CPN      |
| <b>Signature:</b>                                                                                                                                                        |                                                                             | <b>Date:</b>             | 24.08.20 |



### Adult Mental Health – SSA – Care Plan

|      |                    |     |              |
|------|--------------------|-----|--------------|
| Name | WRIGHT, Colin (Mr) | CHI | 041 262 6071 |
|------|--------------------|-----|--------------|

#### Need

Colin has experienced a significant deterioration in his mental state over the last 2-3 months, and has been experiencing fleeting suicidal thoughts. Much of this is secondary to his 2019 cancer diagnosis and treatment. Colin is still in the process of recovery, but feels that this may be too difficult for him, and that his life is beginning to ebb away.

#### Interventions Required

Allocation of CPN  
Assessment of mental state  
Review of medications  
Face to face contact asap during Covid period, due to Colins speech problems, brought on by his laryngeal cancer.

#### Patient/Carer's View/Understanding of Interventions

Colin is eager for support, to help alleviate the rather intense emotional burden he has been carrying.

|                      |               |             |          |
|----------------------|---------------|-------------|----------|
| Name                 | JG McGreechin | Designation | CPN      |
| Signature            |               | Date        | 10.07.20 |
| Signature of Patient |               | Date        |          |



|                   |        |          |      |              |
|-------------------|--------|----------|------|--------------|
| Hospital use only | Clinic | Day Date | Time | Hospital No. |
|-------------------|--------|----------|------|--------------|

**REFERRAL LETTER****MEDICAL IN CONFIDENCE**

GGC Mental Health Referral Protocol - Glasgow (Glasgow, v17.0)

**Additional Support Needs:**  
**No known ASN requirements**

|                                                                           |                                                                      |
|---------------------------------------------------------------------------|----------------------------------------------------------------------|
| <b>REFERRAL TO</b>                                                        |                                                                      |
| Brand Street Resource Centre - CMHT Adult<br>GGC Mental Health            | — <b>Consultant / receiving practitioner and/or specialty clinic</b> |
| Community Mental Health Team - Adult<br>SCI Gateway Virtual Location code | — <b>Hospital and hospital address</b>                               |
|                                                                           | Hospital location code.<br>G002G                                     |
|                                                                           | Email address<br>-                                                   |
| <b>Urgency of referral</b> Urgent - within 5 working days                 |                                                                      |
| <b>Date of referral</b> 07-Jul-2020                                       | <b>Date sent</b> 07-Jul-2020                                         |

|                          |             |                                         |
|--------------------------|-------------|-----------------------------------------|
| <b>PATIENT DETAILS</b>   |             | <b>Patient's address</b>                |
| <b>Surname</b>           | Wright      | 11 Garmouth Place<br>Glasgow<br>G51 3PA |
| <b>Forename(s)</b>       | Colin       |                                         |
| <b>Title</b>             | Mr          | Contact number(s)                       |
| <b>Sex</b>               | Male        |                                         |
| <b>Date of birth</b>     | 04-Dec-1962 | Voice: 07783349366                      |
| <b>CHI no.</b>           | 0412626071  |                                         |
| <b>Area of Residence</b> | -           |                                         |

\*1010212689296\*

Unique Care Pathway Number: 1010212689296

|                              |                         |                                                  |
|------------------------------|-------------------------|--------------------------------------------------|
| <b>REGISTERED GP DETAILS</b> |                         | <b>Practice address</b>                          |
| <b>Name</b>                  | Dr Frances Chambers     | 24 Govan Road<br>Glasgow<br>G51 1HS              |
| <b>GMC code</b>              | 6105696                 |                                                  |
| <b>GP code</b>               | 08974                   | Contact number(s)                                |
| <b>Practice name</b>         | Rutland Surgery (18965) |                                                  |
| <b>Practice code</b>         | 52202                   | Voice: 0141 418 1080<br>Facsimile: 0141 418 0878 |

|                             |                                        |                                                        |
|-----------------------------|----------------------------------------|--------------------------------------------------------|
| <b>REFERRING GP DETAILS</b> |                                        | <b>Practice address</b>                                |
| <b>Name</b>                 | Dr. Eileen Blackwood                   | Rutland Surgery<br>24 Govan Road<br>Glasgow<br>G51 1HS |
| <b>GMC code</b>             | 6055863                                |                                                        |
| <b>GP code</b>              | 04197                                  | Contact number(s)                                      |
| <b>Practice name</b>        | Drs Dale, Blackwood & Chambers (52202) |                                                        |
| <b>Practice code</b>        | 52202                                  | Voice: 0141 418 1080                                   |



**CLINICAL INFORMATION****History of presenting complaint****Presenting complaint**

Description: depression

Comment: Dear Colleague,

Below is the routine referral that was sent last week. Colin's mood is deteriorating. He tells me he is crying most of the time. He wouldn't mind if he didn't wake up and has thoughts of jumping in the Clyde but is not strong enough to walk there. He is taking Fluoxetine 60mg in liquid form and I have encouraged him to take regular diazepam for the moment. We will continue to review him however I would be grateful if he could be seen on a more urgent basis.

Many thanks,

Dr Eileen Blackwood

Colin is a 57 year old man with a long history of depression. He was last in contact with the community mental health team in 2015 and I have attached the assessment he had at that time.

Last year Colin was diagnosed with laryngeal cancer which was operated on in May 2019. His most recent biopsies have shown no recurrence. However he has been left with pain, nausea, speech and swallowing difficulties and he is now fed via a nasojunal tube. Over recent months Colin's mood has deteriorated. He feels very low. He sometimes has thoughts that he wishes he wasn't here. He denies any suicidal plans but the district nurses and myself as concerned he may partly be avoiding feeding due to his low mood. The enteral feeding nurse and dietitians are involved with his care.

Colin has suffered traumatic experiences in his life which are summarised in the attached letter. He has also had counselling in the past.

He is prescribed Fluoxetine 20mg/5ml 10ml daily.

Colin did not engage with CMHT in the past but his circumstances are now very different and he is keen for support if possible. I was thinking he may benefit from CPN input. Due to his speech problems he finds communicating on the phone difficult. I would be grateful if he could either be seen at the clinic or in his own home.

Many thanks,

Dr Eileen Blackwood

**Reason for referral**

Care type requested: Out Patient

Expected outcome: Not Specified

**Past medical history****Pre-existing conditions** (High & medium priority - all)

| <u>Description</u>                            | <u>Comment</u>                                  | <u>Date of onset</u> | <u>Date recorded</u> |
|-----------------------------------------------|-------------------------------------------------|----------------------|----------------------|
| Malignant neoplasm of larynx                  | SCC T 2/3                                       | 04-Mar-2019          | 04-Mar-2019          |
| Asthma unspecified                            | -                                               | 20-Mar-2017          | 20-Mar-2017          |
| [X]Mild depressive episode                    | Informal                                        | 16-Sep-2015          | 16-Sep-2015          |
| [D]Cough syncope                              | priority=1                                      | 23-Feb-2010          | 23-Feb-2010          |
| Obesity                                       | priority=1                                      | 25-Jan-2010          | 25-Jan-2010          |
| Piles - haemorrhoids                          | priority=1                                      | 04-Mar-2008          | 04-Mar-2008          |
| Essential hypertension                        | -                                               | 06-Jan-2004          | 06-Jan-2004          |
| Cerebral arterial occlusion                   | -                                               | 01-May-2002          | 01-May-2002          |
| Cerebral infarction NOS                       | -                                               | 01-May-2002          | 01-May-2002          |
| Haemorrhoids                                  | priority=1                                      | 04-Mar-2002          | 04-Mar-2002          |
| Simple hiatus hernia                          | with oesophagitis priority=1                    | 11-Sep-2001          | 11-Sep-2001          |
| [X]Deliberate drug overdose / other poisoning | ponstan, trazodone, codeine, inderal priority=1 | 03-Aug-1994          | 03-Aug-1994          |

|                                                         |                          |                       |                      |
|---------------------------------------------------------|--------------------------|-----------------------|----------------------|
| [X]Neurotic depression                                  | priority=1               | 16-Mar-1994           | 16-Mar-1994          |
| Convergent squint                                       | priority=1               | 30-Nov-1965           | 30-Nov-1965          |
| <b>Past procedures</b> (High and medium priority - all) |                          |                       |                      |
| <u>Description</u>                                      | <u>Comment</u>           | <u>Date performed</u> | <u>Date recorded</u> |
| Gastrostomy operations                                  | -                        | 13-Dec-2019           | 13-Dec-2019          |
| Nasojejunal feeding                                     | -                        | 17-May-2019           | 17-May-2019          |
| Spirometry                                              | -                        | 20-Mar-2017           | 20-Mar-2017          |
| ECG normal                                              | priority=1               | 16-Mar-2009           | 16-Mar-2009          |
| EEG normal                                              | priority=1               | 29-Apr-2008           | 29-Apr-2008          |
| CAT scan                                                | brain normal priority=1  | 16-Apr-2008           | 16-Apr-2008          |
| ECG: shows LVH                                          | priority=1               | 28-Mar-2008           | 28-Mar-2008          |
| Sigmoidoscopy                                           | priority=1               | 04-Mar-2008           | 04-Mar-2008          |
| Proctoscopy                                             | priority=1               | 04-Mar-2008           | 04-Mar-2008          |
| Weight management programme offered                     | 2:                       | 08-Jan-2008           | 08-Jan-2008          |
| Advancement of mucosa of lip NEC                        | normal mucosa priority=1 | 01-Dec-2006           | 01-Dec-2006          |
| Colonoscopy                                             | priority=1               | 22-Nov-2006           | 22-Nov-2006          |
| Magnetic resonance imaging                              | brain normal priority=1  | 07-Nov-2005           | 07-Nov-2005          |
| Pneumococcal vaccination given                          | priority=1               | 31-Oct-2005           | 31-Oct-2005          |
| Sigmoidoscopy                                           | normal priority=1        | 19-Feb-2004           | 19-Feb-2004          |
| Colonoscopy normal                                      | priority=1               | 08-Jul-2002           | 08-Jul-2002          |
| Other specified other operation on haemorrhoid          | banding priority=1       | 08-Jul-2002           | 08-Jul-2002          |
| ECG normal                                              | priority=1               | 29-Apr-2002           | 29-Apr-2002          |
| Helicobacter breath test negative                       | priority=1               | 24-Jan-2002           | 24-Jan-2002          |
| CLO test positive                                       | priority=1               | 14-Sep-2001           | 14-Sep-2001          |
| Upper Gastrointestinal endoscopy                        | priority=1               | 11-Sep-2001           | 11-Sep-2001          |
| Bilateral vasectomy for contraception                   | priority=1               | 14-Oct-1994           | 14-Oct-1994          |

|                                                                                       |                 |                    |                                                                                                   |                  |                     |                         |
|---------------------------------------------------------------------------------------|-----------------|--------------------|---------------------------------------------------------------------------------------------------|------------------|---------------------|-------------------------|
| <b>Current medication</b> (Active Repeat medication issued within the last 12 months) |                 |                    |                                                                                                   |                  |                     |                         |
| <u>Drug name</u>                                                                      | <u>Quantity</u> | <u>Formulation</u> | <u>Dosage</u>                                                                                     | <u>Frequency</u> | <u>Date started</u> | <u>Date last issued</u> |
| Prochlorperazine Mesilate Injection 12.5 mg/ml, 1 ml ampoule                          | 10              | 10 ampoule         | TO BE INJECTED AS REQUIRED FOR NAUSEA AND VOMITING REPEAT OR GIVE BUCALLY AFTER 6 HOURS IF NEEDED | -                | 12-Jun-2020         | 12-Jun-2020             |
| Prochlorperazine Maleate Buccal tablets 3 mg                                          | 56              | 56 tablet          | ONE OR TWO TO BE DISSOLVED BETWEEN UPPER LIP AND GUM FOR NAUSEA UP TO TWICE DAILY                 | -                | 10-Jun-2020         | 10-Jun-2020             |
| Water For Injection Injection 10 ml/amp                                               | 20              | 20 AMPOULE         | TO BE USED AS DIRECTED                                                                            | -                | 19-Dec-2019         | 19-Dec-2019             |
| Antacid And Oxetacaine Oral suspension                                                | 150             | 150 ml             | 10ML FOUR TIMES DAILY                                                                             | -                | 29-Nov-2019         | 11-Dec-2019             |
| Artificial Saliva Gel                                                                 | 100             | 100 gram           | Apply as required                                                                                 | -                | 29-Nov-2019         | 04-Feb-2020             |
| Lansoprazole Orodispersible tablets (Gastro-Resistant) 30 mg                          | 56              | 56 tablet          | 1 Tab Daily                                                                                       | -                | 29-Nov-2019         | 29-May-2020             |
| Paracetamol Effervescent tablets 500 mg                                               | 228             | 228 tablet         | TWO TO BE TAKEN FOUR TIMES A DAY                                                                  | -                | 15-May-2019         | 18-Mar-2020             |
| Fostair Cfc-free inhaler 100 micrograms + 6 micrograms/dose                           | 1               | 1 INHALER          | ONE PUFF TO BE INHALED TWICE A DAY                                                                | -                | 25-Apr-2018         | 13-May-2020             |
| Salbutamol Cfc-free inhaler 100 micrograms/puff                                       | 1               | 1 INHALER          | 2 Puffs Take as required                                                                          | -                | 13-Jan-2014         | 13-May-2020             |

**Recent medication** (Any medication issued within last 90 days not shown above)

| <u>Drug name</u>                                                   | <u>Quantity</u> | <u>Formulation</u> | <u>Dosage</u>                                                                     | <u>Frequency</u> | <u>Date started</u> | <u>Date last issued</u> |
|--------------------------------------------------------------------|-----------------|--------------------|-----------------------------------------------------------------------------------|------------------|---------------------|-------------------------|
| Fluoxetine Hydrochloride Liquid 20 mg/5 ml                         | 420             | 420 ml             | 15ML DAILY                                                                        | -                | 29-Jun-2020         | 29-Jun-2020             |
| Diazepam Tablets 2 mg                                              | 28              | 28 tablet          | 1 or 2 Tabs FOUR TIMES DAILY                                                      | -                | 29-Jun-2020         | 29-Jun-2020             |
| Twocal Liquid                                                      | 21              | 21 litre           | TO BE USED AS DIRECTED                                                            | -                | 29-Jun-2020         | 29-Jun-2020             |
| Twocal Liquid                                                      | 28              | 28 litre           | 1 LITRE DAILY                                                                     | -                | 26-Jun-2020         | 26-Jun-2020             |
| Twocal Liquid                                                      | 1               | 1 litre            | TO BE USED AS DIRECTED                                                            | -                | 15-Jun-2020         | 15-Jun-2020             |
| Morphine Sulfate M/R suspension 30 mg/sachet, granules sugar free  | 120             | 120 sachet         | TWO SACHETS TO BE TAKEN TWICE A DAY                                               | -                | 09-Jun-2020         | 09-Jun-2020             |
| Flucloxacillin Capsules 500 mg                                     | 20              | 20 CAPSULE         | ONE TO BE TAKEN FOUR TIMES A DAY FOR 5 DAYS                                       | -                | 08-Jun-2020         | 08-Jun-2020             |
| Twocal Liquid                                                      | 2               | 2 litre            | TO BE USED AS DIRECTED                                                            | -                | 08-Jun-2020         | 08-Jun-2020             |
| Twocal Liquid                                                      | 14              | 14 litre           | TO BE USED AS DIRECTED                                                            | -                | 08-Jun-2020         | 12-Jun-2020             |
| Prochlorperazine Mesilate Injection 12.5 mg/ml, 1 ml ampoule       | 10              | 10 ampoule         | TO BE INJECTED AS REQUIRED FOR NAUSEA AND VOMITING REPEAT AFTER 6 HOURS IF NEEDED | -                | 05-Jun-2020         | 05-Jun-2020             |
| Prochlorperazine Maleate Buccal tablets 3 mg                       | 8               | 8 tablet           | ONE TO BE DISSOLVED BETWEEN UPPER LIP AND GUM FOR NAUSEA UP TO TWICE DAILY        | -                | 04-Jun-2020         | 04-Jun-2020             |
| Zopiclone Tablets 7.5 mg                                           | 14              | 14 tablet          | ONE TO BE TAKEN AT NIGHT                                                          | -                | 29-May-2020         | 29-May-2020             |
| Nutrison Energy Liquid                                             | 1000            | 1000 ML            | TO BE USED AS DIRECTED                                                            | -                | 14-May-2020         | 23-Jun-2020             |
| Morphine Sulfate M/R suspension 60 mg/sachet, granules sugar free  | 60              | 60 sachet          | ONE SACHET TO BE TAKEN TWICE A DAY                                                | -                | 13-May-2020         | 13-May-2020             |
| Co-Amoxiclav 250/62 Sugar free suspension 250 mg/5 ml + 62 mg/5 ml | 200             | 200 ml             | 10MLS 3 TIMES A DAY                                                               | -                | 29-Apr-2020         | 29-Apr-2020             |
| Zopiclone Tablets 7.5 mg                                           | 14              | 14 tablet          | ONE TO BE TAKEN AT NIGHT                                                          | -                | 29-Apr-2020         | 29-Apr-2020             |
| Fluoxetine Hydrochloride Liquid 20 mg/5 ml                         | 280             | 280 ml             | 10MLS DAILY                                                                       | -                | 29-Apr-2020         | 29-May-2020             |
| Morphine Sulfate M/R suspension 30 mg/sachet, granules sugar free  | 120             | 120 sachet         | TWO SACHETS TO BE TAKEN TWICE A DAY                                               | -                | 20-Apr-2020         | 20-Apr-2020             |
| Fortisip Compact Liquid Feed (Neutral) Milkshake Style             | 14000           | 14000 ml           | 125ML (ONE BOTTLE) TO BE TAKEN ONCE DAILY                                         | -                | 18-Mar-2020         | 18-Mar-2020             |
| Fucibet Cream                                                      | 30              | 30 gram            | APPLY THINLY TO THE AFFECTED AREA TWICE DAILY                                     | -                | 05-Mar-2020         | 05-Mar-2020             |
| Prontosan Wound Irrigation Solution Bottle                         | 350             | 350 ML             | TO BE USED AS DIRECTED                                                            | -                | 25-Feb-2020         | 25-Feb-2020             |
| Kliniderm Foam Silicone Border Dressing 7.5 x 7.5 cm               | 10              | 10 dressing        | TO BE USED AS DIRECTED                                                            | -                | 25-Feb-2020         | 25-Feb-2020             |
| Nutrison Energy Multi Fibre Liquid                                 | 10000           | 10000 ml           | USEAS DIRECTED                                                                    | -                | 19-Feb-2020         | 19-Feb-2020             |

|                                                                       |      |              |                                                               |   |             |             |
|-----------------------------------------------------------------------|------|--------------|---------------------------------------------------------------|---|-------------|-------------|
| Nutrison Energy Liquid                                                | 1400 | 1400 ml      | TO BE USED AS DIRECTED                                        | - | 19-Feb-2020 | 19-Feb-2020 |
| Nutrison Energy Multi Fibre Liquid                                    | 1000 | 1000 ML      | TO BE USED AS DIRECTED                                        | - | 19-Feb-2020 | 23-Jun-2020 |
| Zopiclone Tablets 7.5 mg                                              | 10   | 10 tablet    | ONE TO BE TAKEN ALTERNATE NIGHTS                              | - | 04-Feb-2020 | 04-Feb-2020 |
| Conotrane Cream                                                       | 100  | 100 GRAM     | APPLY AS DIRECTED                                             | - | 04-Feb-2020 | 04-Feb-2020 |
| Irripod Sterile Irrigation Solution sodium chloride 0.9 %, pod, 20 ml | 25   | 25 unit dose | TO BE USED AS DIRECTED                                        | - | 30-Jan-2020 | 30-Jan-2020 |
| Hydrofilm Plus Dressing 5 cm x 7.2 cm                                 | 10   | 10 dressing  | TO BE USED AS DIRECTED                                        | - | 30-Jan-2020 | 30-Jan-2020 |
| Inadine Dressing 5 cm x 5 cm                                          | 10   | 10 dressing  | TO BE USED AS DIRECTED                                        | - | 30-Jan-2020 | 25-Feb-2020 |
| Nurse It Sterile Dressing Pack with Small/Medium Gloves               | 10   | 10 pack      | AS DIRECTED                                                   | - | 30-Jan-2020 | 30-Jan-2020 |
| Morphine Sulfate Sachets 30 mg                                        | 120  | 120 sachet   | TWO TO BE TAKEN TWICE A DAY                                   | - | 23-Jan-2020 | 18-Mar-2020 |
| Water For Injection Injection 5 ml/amp                                | 20   | 20 ampoule   | USE AS DIRECTED                                               | - | 17-Jan-2020 | 19-Feb-2020 |
| Fluoxetine Hydrochloride Liquid 20 mg/5 ml                            | 70   | 70 ml        | 5ML OD                                                        | - | 12-Dec-2019 | 09-Apr-2020 |
| Morphine Sulfate Oral solution 10 mg/5 ml                             | 200  | 200 ml       | 2.5ML TO 5ML TO BE TAKEN WHEN REQUIRED FOR BREAKTHROUGH PAIN. | - | 24-Oct-2019 | 03-Jun-2020 |
| Lansoprazole Capsules (Gastro-Resistant) 30 mg                        | 28   | 28 CAPSULE   | ONE TO BE TAKEN EACH DAY                                      | - | 19-Sep-2019 | 29-Jun-2020 |
| Fortisip Compact Liquid feed (strawberry) Milkshake Style             | 7000 | 7000 ML      | AS DIRECTED                                                   | - | 05-Aug-2019 | 12-Jun-2020 |
| Metoclopramide Hydrochloride Oral solution Sugar Free 5 mg/5 ml       | 300  | 300 ML       | TWO 5ML SPOONFULS TO BE TAKEN THREE TIMES A DAY               | - | 10-Jul-2019 | 18-Mar-2020 |

  

|                       |                 |                  |  |
|-----------------------|-----------------|------------------|--|
| <b>Blood Pressure</b> |                 |                  |  |
| <u>Date Recorded</u>  | <u>Systolic</u> | <u>Diastolic</u> |  |
| 10-Jul-2019           | 141             | 100              |  |
| 12-Jun-2019           | 128             | 78               |  |
| 20-Sep-2017           | 118             | 62               |  |
| 22-Aug-2017           | 128             | 78               |  |
| 08-Aug-2017           | 156             | 92               |  |

  

|                          |               |               |            |
|--------------------------|---------------|---------------|------------|
| <b>Body Measurements</b> |               |               |            |
| <u>Date Recorded</u>     | <u>Height</u> | <u>Weight</u> | <u>BMI</u> |
| 08-Aug-2017              | -             | 81.1          | 30.52      |
| 01-Nov-2016              | -             | 81.5          | 30.67      |
| 19-Oct-2015              | -             | 84.6          | -          |
| 21-Aug-2014              | -             | 72.9          | -          |
| 11-Apr-2014              | -             | 75.1          | 28.3       |

  

|                                                                     |                       |             |
|---------------------------------------------------------------------|-----------------------|-------------|
| <b>Lifestyle Risks and Alerts / Examinations and Investigations</b> |                       |             |
| <u>Description/Question</u>                                         | <u>Result/Comment</u> | <u>Date</u> |
| Rolls own cigarettes:                                               |                       | 08-Aug-2017 |
| Current smoker:                                                     |                       | 08-Aug-2017 |
| Cigarette consumption 25 :                                          |                       | 08-Aug-2017 |
| Rolls own cigarettes:                                               |                       | 01-Nov-2016 |
| Current smoker:                                                     |                       | 01-Nov-2016 |



|                                 |             |
|---------------------------------|-------------|
| Alcohol intake above rec limit: | 08-Aug-2017 |
| Alcohol units per week 84 :     | 08-Aug-2017 |
| Alcohol intake above rec limit: | 01-Nov-2016 |
| Alcohol units per week 84 :     | 01-Nov-2016 |
| Current non drinker:            | 11-Apr-2014 |
| GPPAQ physcl act ind: inactive: | 08-Aug-2017 |
| GPPAQ physcl act ind: inactive: | 01-Nov-2016 |
| GPPAQ physcl act ind: inactive: | 11-Apr-2014 |
| GPPAQ physcl act ind: inactive: | 15-Apr-2013 |
| Aerobic exercise 0 times/week:  | 08-Apr-2013 |

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**Clinical warnings**

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**Additional Support Needs**

No known ASN requirements

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**Additional relevant information**

Risk of Suicide:Don't Know  
 If yes to Risk of Suicide, please give details:Thoughts of wanting to jump in CLyde and not wake up  
 Past history of suicide attempt:No  
 Risk of deliberate self harm:Yes  
 If yes to Risk of self harm, please give details:please see referral  
 Is patient responsible for children?:No  
 Risk to others including children/dependents/clinicians/other:No  
 Risk from others:No  
 Risk of Self Neglect:Don't Know  
 If yes to Risk of Self Neglect, please give details:posisbly - please see referral  
 OK to send correspondence to home address?:Yes  
 Patient will accept any site:Yes  
 Patient will accept cancellation or short notice appointment (within 1-6 days):Yes  
 Referred By:Referring GP  
 Electronic Attachment Present:No

**Social circumstances**

Ethnic Origin: (White) Scottish

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**Signature** of referring doctor (or other professional) **Date**

## Referral History and Patient Alerts

### Patient Details

CHI Number: 0412626071  
Patient Name: Colin Wright  
Patient DOB: 04/12/1962  
Patient Address: 11 Garmouth Place, GLASGOW, Lanarkshire G51 3PA

### Referrals

| Referral Date | Referral Source | Referred By    | Referred To       | Referral Closure Date |
|---------------|-----------------|----------------|-------------------|-----------------------|
| 19/08/2015    | GP Referral     | Dr. MF SHIELDS | Brand Street CMHT | 27/04/2016            |
| 17/08/2015    | GP Referral     | Dr. MF SHIELDS | Arran CMHT        | 17/08/2015            |

**Referral History and Patient Alerts**

**Patient Details**

CHI Number: 0412626071  
Patient Name: Colin Wright  
Patient DOB: 04/12/1962  
Patient Address: 11 Garmouth Place, GLASGOW, Lanarkshire G51 3PA

**Current Alerts**

| Alert Category | Active From | Recorded By | Comments |
|----------------|-------------|-------------|----------|
|                |             |             |          |

**Patient Identifiers**

| Identifier Type     | Identifier | Start DateTime | End DateTime |
|---------------------|------------|----------------|--------------|
| Casenote No SOUTH   | L/0045044  | 19/03/1997     | 21/08/2015   |
| CHI Number          | 0412626071 | 04/12/1962     |              |
| New NHS Number      | 0412626071 | 17/08/2015     |              |
| PiMS Patient Number | 1380817    | 04/12/1962     |              |

## **Patient Casenote Volumes**

### **Patient Details**

CHI Number: 0412626071  
Patient Name: Colin Wright  
Patient DOB: 04/12/1962  
Patient Address: 11 Garmouth Place, GLASGOW, Lanarkshire G51 3PA

### **Casenote Volumes**

| Casenote<br>Volume<br>Identifier | Vol | Last Activity<br>Start Date | Current Location                                          |
|----------------------------------|-----|-----------------------------|-----------------------------------------------------------|
| T/1380817/1                      | 1   | 26/07/2017                  | Tracked in EMIS - Contact local health records department |

|                   |        |          |      |              |
|-------------------|--------|----------|------|--------------|
| Hospital use only | Clinic | Day Date | Time | Hospital No. |
|-------------------|--------|----------|------|--------------|

## REFERRAL LETTER

### MEDICAL IN CONFIDENCE

GGC Mental Health Referral Protocol - Glasgow (Glasgow, v17.0)

**Additional Support Needs:**  
No known ASN requirements

|                                                                           |                                                                      |
|---------------------------------------------------------------------------|----------------------------------------------------------------------|
| <b>REFERRAL TO</b>                                                        |                                                                      |
| Brand Street Resource Centre - CMHT Adult<br>GGC Mental Health            | — <b>Consultant / receiving practitioner and/or specialty clinic</b> |
| Community Mental Health Team - Adult<br>SCI Gateway Virtual Location code | — <b>Hospital and hospital address</b>                               |
|                                                                           | Hospital location code.<br>G002G                                     |
|                                                                           | Email address<br>-                                                   |
| <b>Urgency of referral</b> Routine                                        |                                                                      |
| <b>Date of referral</b> 29-Jun-2020                                       | <b>Date sent</b> 29-Jun-2020                                         |

|                          |             |                                         |
|--------------------------|-------------|-----------------------------------------|
| <b>PATIENT DETAILS</b>   |             | <b>Patient's address</b>                |
| <b>Surname</b>           | Wright      | 11 Garmouth Place<br>Glasgow<br>G51 3PA |
| <b>Forename(s)</b>       | Colin       |                                         |
| <b>Title</b>             | Mr          | Contact number(s)                       |
| <b>Sex</b>               | Male        |                                         |
| <b>Date of birth</b>     | 04-Dec-1962 | Voice: 07783349366                      |
| <b>CHI no.</b>           | 0412626071  |                                         |
| <b>Area of Residence</b> | -           |                                         |

\*1010212294213\*

Unique Care Pathway Number: 1010212294213

|                              |                         |                                                  |
|------------------------------|-------------------------|--------------------------------------------------|
| <b>REGISTERED GP DETAILS</b> |                         | <b>Practice address</b>                          |
| <b>Name</b>                  | Dr Frances Chambers     | 24 Govan Road<br>Glasgow<br>G51 1HS              |
| <b>GMC code</b>              | 6105696                 |                                                  |
| <b>GP code</b>               | 08974                   | Contact number(s)                                |
| <b>Practice name</b>         | Rutland Surgery (18965) |                                                  |
| <b>Practice code</b>         | 52202                   | Voice: 0141 418 1080<br>Facsimile: 0141 418 0878 |

|                             |                                        |                                                        |
|-----------------------------|----------------------------------------|--------------------------------------------------------|
| <b>REFERRING GP DETAILS</b> |                                        | <b>Practice address</b>                                |
| <b>Name</b>                 | Dr. Eileen Blackwood                   | Rutland Surgery<br>24 Govan Road<br>Glasgow<br>G51 1HS |
| <b>GMC code</b>             | 6055863                                |                                                        |
| <b>GP code</b>              | 04197                                  | Contact number(s)                                      |
| <b>Practice name</b>        | Drs Dale, Blackwood & Chambers (52202) |                                                        |
| <b>Practice code</b>        | 52202                                  | Voice: 0141 418 1080                                   |



Facsimile: 0141 418 0878

**CLINICAL INFORMATION****History of presenting complaint****Presenting complaint**

Description: Very low mood, thoughts of not wanting to be here, laryngeal cancer

Comment: Dear Colleague,

Colin is a 57 year old man with a long history of depression. He was last in contact with the community mental health team in 2015 and I have attached the assessment he had at that time.

Last year Colin was diagnosed with laryngeal cancer which was operated on in May 2019. His most recent biopsies have shown no recurrence. However he has been left with pain, nausea, speech and swallowing difficulties and he is now fed via a nasojunal tube. Over recent months Colin's mood has deteriorated. He feels very low. He sometimes has thoughts that he wishes he wasn't here. He denies any suicidal plans but the district nurses and myself as concerned he may partly be avoiding feeding due to his low mood. The enteral feeding nurse and dietitians are involved with his care.

Colin has suffered traumatic experiences in his life which are summarised in the attached letter. He has also had counselling in the past.

He is prescribed Fluoxetine 20mg/5ml 10ml daily.

Colin did not engage with CMHT in the past but his circumstances are now very difficult and he is keen for support if possible. I was thinking he may benefit from CPN input. Due to his speech problems he finds communicating on the phone difficult. I would be grateful if he could either be seen at the clinic or in his own home.

Many thanks,

Dr Eileen Blackwood

**Reason for referral**

Care type requested: Out Patient

Expected outcome: Not Specified

**Past medical history****Pre-existing conditions** (High & medium priority - all)

| <u>Description</u>                            | <u>Comment</u>                                  | <u>Date of onset</u> | <u>Date recorded</u> |
|-----------------------------------------------|-------------------------------------------------|----------------------|----------------------|
| Malignant neoplasm of larynx                  | SCC T 2/3                                       | 04-Mar-2019          | 04-Mar-2019          |
| Asthma unspecified                            | -                                               | 20-Mar-2017          | 20-Mar-2017          |
| [X]Mild depressive episode                    | Informal                                        | 16-Sep-2015          | 16-Sep-2015          |
| [D]Cough syncope                              | priority=1                                      | 23-Feb-2010          | 23-Feb-2010          |
| Obesity                                       | priority=1                                      | 25-Jan-2010          | 25-Jan-2010          |
| Piles - haemorrhoids                          | priority=1                                      | 04-Mar-2008          | 04-Mar-2008          |
| Essential hypertension                        | -                                               | 06-Jan-2004          | 06-Jan-2004          |
| Cerebral arterial occlusion                   | -                                               | 01-May-2002          | 01-May-2002          |
| Cerebral infarction NOS                       | -                                               | 01-May-2002          | 01-May-2002          |
| Haemorrhoids                                  | priority=1                                      | 04-Mar-2002          | 04-Mar-2002          |
| Simple hiatus hernia                          | with oesophagitis priority=1                    | 11-Sep-2001          | 11-Sep-2001          |
| [X]Deliberate drug overdose / other poisoning | ponstan, trazodone, codeine, inderal priority=1 | 03-Aug-1994          | 03-Aug-1994          |
| [X]Neurotic depression                        | priority=1                                      | 16-Mar-1994          | 16-Mar-1994          |
| Convergent squint                             | priority=1                                      | 30-Nov-1965          | 30-Nov-1965          |

**Past procedures** (High and medium priority - all)

| <u>Description</u>     | <u>Comment</u> | <u>Date performed</u> | <u>Date recorded</u> |
|------------------------|----------------|-----------------------|----------------------|
| Gastrostomy operations | -              | 13-Dec-2019           | 13-Dec-2019          |
| Nasojunal feeding      | -              | 17-May-2019           | 17-May-2019          |
| Spirometry             | -              | 20-Mar-2017           | 20-Mar-2017          |

|                                                |                          |             |             |
|------------------------------------------------|--------------------------|-------------|-------------|
| ECG normal                                     | priority=1               | 16-Mar-2009 | 16-Mar-2009 |
| EEG normal                                     | priority=1               | 29-Apr-2008 | 29-Apr-2008 |
| CAT scan                                       | brain normal priority=1  | 16-Apr-2008 | 16-Apr-2008 |
| ECG: shows LVH                                 | priority=1               | 28-Mar-2008 | 28-Mar-2008 |
| Sigmoidoscopy                                  | priority=1               | 04-Mar-2008 | 04-Mar-2008 |
| Proctoscopy                                    | priority=1               | 04-Mar-2008 | 04-Mar-2008 |
| Weight management programme offered            | 2:                       | 08-Jan-2008 | 08-Jan-2008 |
| Advancement of mucosa of lip NEC               | normal mucosa priority=1 | 01-Dec-2006 | 01-Dec-2006 |
| Colonoscopy                                    | priority=1               | 22-Nov-2006 | 22-Nov-2006 |
| Magnetic resonance imaging                     | brain normal priority=1  | 07-Nov-2005 | 07-Nov-2005 |
| Pneumococcal vaccination given                 | priority=1               | 31-Oct-2005 | 31-Oct-2005 |
| Sigmoidoscopy                                  | normal priority=1        | 19-Feb-2004 | 19-Feb-2004 |
| Colonoscopy normal                             | priority=1               | 08-Jul-2002 | 08-Jul-2002 |
| Other specified other operation on haemorrhoid | banding priority=1       | 08-Jul-2002 | 08-Jul-2002 |
| ECG normal                                     | priority=1               | 29-Apr-2002 | 29-Apr-2002 |
| Helicobacter breath test negative              | priority=1               | 24-Jan-2002 | 24-Jan-2002 |
| CLO test positive                              | priority=1               | 14-Sep-2001 | 14-Sep-2001 |
| Upper Gastrointestinal endoscopy               | priority=1               | 11-Sep-2001 | 11-Sep-2001 |
| Bilateral vasectomy for contraception          | priority=1               | 14-Oct-1994 | 14-Oct-1994 |

  

**Current medication** (Active Repeat medication issued within the last 12 months)

| <u>Drug name</u>                                             | <u>Quantity</u> | <u>Formulation</u> | <u>Dosage</u>                                                                                     | <u>Frequency</u> | <u>Date started</u> | <u>Date last issued</u> |
|--------------------------------------------------------------|-----------------|--------------------|---------------------------------------------------------------------------------------------------|------------------|---------------------|-------------------------|
| Prochlorperazine Mesilate Injection 12.5 mg/ml, 1 ml ampoule | 10              | 10 ampoule         | TO BE INJECTED AS REQUIRED FOR NAUSEA AND VOMITING REPEAT OR GIVE BUCALLY AFTER 6 HOURS IF NEEDED | -                | 12-Jun-2020         | 12-Jun-2020             |
| Prochlorperazine Maleate Buccal tablets 3 mg                 | 56              | 56 tablet          | ONE OR TWO TO BE DISSOLVED BETWEEN UPPER LIP AND GUM FOR NAUSEA UP TO TWICE DAILY                 | -                | 10-Jun-2020         | 10-Jun-2020             |
| Water For Injection Injection 10 ml/amp                      | 20              | 20 AMPOULE         | TO BE USED AS DIRECTED                                                                            | -                | 19-Dec-2019         | 19-Dec-2019             |
| Antacid And Oxetacaine Oral suspension                       | 150             | 150 ml             | 10ML FOUR TIMES DAILY                                                                             | -                | 29-Nov-2019         | 11-Dec-2019             |
| Artificial Saliva Gel                                        | 100             | 100 gram           | Apply as required                                                                                 | -                | 29-Nov-2019         | 04-Feb-2020             |
| Lansoprazole Orodispersible tablets (Gastro-Resistant) 30 mg | 56              | 56 tablet          | 1 Tab Daily                                                                                       | -                | 29-Nov-2019         | 29-May-2020             |
| Paracetamol Effervescent tablets 500 mg                      | 228             | 228 tablet         | TWO TO BE TAKEN FOUR TIMES A DAY                                                                  | -                | 15-May-2019         | 18-Mar-2020             |
| Macrogol Compound Oral Powder (sachets) NPF Sugar Free       | 56              | 56 sachet          | ONE TO BE TAKEN TWICE A DAY                                                                       | -                | 15-May-2019         | 03-Jul-2019             |
| Sodium Bicarbonate Powder bp                                 | 300             | 300 gram           | 10ML FOUR TIMES A DAY.                                                                            | -                | 15-May-2019         | 03-Jul-2019             |
| Fostair Cfc-free inhaler 100 micrograms + 6 micrograms/dose  | 1               | 1 INHALER          | ONE PUFF TO BE INHALED TWICE A DAY                                                                | -                | 25-Apr-2018         | 13-May-2020             |
| Salbutamol Cfc-free inhaler 100 micrograms/puff              | 1               | 1 INHALER          | 2 Puffs Take as required                                                                          | -                | 13-Jan-2014         | 13-May-2020             |

  

**Recent medication** (Any medication issued within last 90 days not shown above)

| <u>Date</u> | <u>Date</u> |
|-------------|-------------|
|-------------|-------------|

| <u>Drug name</u>                                                   | <u>Quantity</u> | <u>Formulation</u> | <u>Dosage</u>                                                                     | <u>Frequency</u> | <u>started</u> | <u>last issued</u> |
|--------------------------------------------------------------------|-----------------|--------------------|-----------------------------------------------------------------------------------|------------------|----------------|--------------------|
| Twocal Liquid                                                      | 28              | 28 litre           | 1 LITRE DAILY                                                                     | -                | 26-Jun-2020    | 26-Jun-2020        |
| Twocal Liquid                                                      | 1               | 1 litre            | TO BE USED AS DIRECTED                                                            | -                | 15-Jun-2020    | 15-Jun-2020        |
| Morphine Sulfate M/R suspension 30 mg/sachet, granules sugar free  | 120             | 120 sachet         | TWO SACHETS TO BE TAKEN TWICE A DAY                                               | -                | 09-Jun-2020    | 09-Jun-2020        |
| Flucloxacillin Capsules 500 mg                                     | 20              | 20 CAPSULE         | ONE TO BE TAKEN FOUR TIMES A DAY FOR 5 DAYS                                       | -                | 08-Jun-2020    | 08-Jun-2020        |
| Twocal Liquid                                                      | 2               | 2 litre            | TO BE USED AS DIRECTED                                                            | -                | 08-Jun-2020    | 08-Jun-2020        |
| Twocal Liquid                                                      | 14              | 14 litre           | TO BE USED AS DIRECTED                                                            | -                | 08-Jun-2020    | 12-Jun-2020        |
| Prochlorperazine Mesilate Injection 12.5 mg/ml, 1 ml ampoule       | 10              | 10 ampoule         | TO BE INJECTED AS REQUIRED FOR NAUSEA AND VOMITING REPEAT AFTER 6 HOURS IF NEEDED | -                | 05-Jun-2020    | 05-Jun-2020        |
| Prochlorperazine Maleate Buccal tablets 3 mg                       | 8               | 8 tablet           | ONE TO BE DISSOLVED BETWEEN UPPER LIP AND GUM FOR NAUSEA UP TO TWICE DAILY        | -                | 04-Jun-2020    | 04-Jun-2020        |
| Zopiclone Tablets 7.5 mg                                           | 14              | 14 tablet          | ONE TO BE TAKEN AT NIGHT                                                          | -                | 29-May-2020    | 29-May-2020        |
| Nutrison Energy Liquid                                             | 1000            | 1000 ML            | TO BE USED AS DIRECTED                                                            | -                | 14-May-2020    | 23-Jun-2020        |
| Morphine Sulfate M/R suspension 60 mg/sachet, granules sugar free  | 60              | 60 sachet          | ONE SACHET TO BE TAKEN TWICE A DAY                                                | -                | 13-May-2020    | 13-May-2020        |
| Co-Amoxiclav 250/62 Sugar free suspension 250 mg/5 ml + 62 mg/5 ml | 200             | 200 ml             | 10MLS 3 TIMES A DAY                                                               | -                | 29-Apr-2020    | 29-Apr-2020        |
| Zopiclone Tablets 7.5 mg                                           | 14              | 14 tablet          | ONE TO BE TAKEN AT NIGHT                                                          | -                | 29-Apr-2020    | 29-Apr-2020        |
| Fluoxetine Hydrochloride Liquid 20 mg/5 ml                         | 280             | 280 ml             | 10MLS DAILY                                                                       | -                | 29-Apr-2020    | 29-May-2020        |
| Morphine Sulfate M/R suspension 30 mg/sachet, granules sugar free  | 120             | 120 sachet         | TWO SACHETS TO BE TAKEN TWICE A DAY                                               | -                | 20-Apr-2020    | 20-Apr-2020        |
| Fortisip Compact Liquid Feed (Neutral) Milkshake Style             | 14000           | 14000 ml           | 125ML (ONE BOTTLE) TO BE TAKEN ONCE DAILY                                         | -                | 18-Mar-2020    | 18-Mar-2020        |
| Fucibet Cream                                                      | 30              | 30 gram            | APPLY THINLY TO THE AFFECTED AREA TWICE DAILY                                     | -                | 05-Mar-2020    | 05-Mar-2020        |
| Prontosan Wound Irrigation Solution Bottle                         | 350             | 350 ML             | TO BE USED AS DIRECTED                                                            | -                | 25-Feb-2020    | 25-Feb-2020        |
| Kliniderm Foam Silicone Border Dressing 7.5 x 7.5 cm               | 10              | 10 dressing        | TO BE USED AS DIRECTED                                                            | -                | 25-Feb-2020    | 25-Feb-2020        |
| Nutrison Energy Multi Fibre Liquid                                 | 10000           | 10000 ml           | USEAS DIRECTED                                                                    | -                | 19-Feb-2020    | 19-Feb-2020        |
| Nutrison Energy Liquid                                             | 1400            | 1400 ml            | TO BE USED AS DIRECTED                                                            | -                | 19-Feb-2020    | 19-Feb-2020        |
| Nutrison Energy Multi Fibre Liquid                                 | 1000            | 1000 ML            | TO BE USED AS DIRECTED                                                            | -                | 19-Feb-2020    | 23-Jun-2020        |
| Zopiclone Tablets 7.5 mg                                           | 10              | 10 tablet          | ONE TO BE TAKEN ALTERNATE NIGHTS                                                  | -                | 04-Feb-2020    | 04-Feb-2020        |
| Conotrane Cream                                                    | 100             | 100 GRAM           | APPLY AS DIRECTED                                                                 | -                | 04-Feb-2020    | 04-Feb-2020        |

|                                                                       |      |              |                                                               |   |             |             |
|-----------------------------------------------------------------------|------|--------------|---------------------------------------------------------------|---|-------------|-------------|
| Irripod Sterile Irrigation Solution sodium chloride 0.9 %, pod, 20 ml | 25   | 25 unit dose | TO BE USED AS DIRECTED                                        | - | 30-Jan-2020 | 30-Jan-2020 |
| Hydrofilm Plus Dressing 5 cm x 7.2 cm                                 | 10   | 10 dressing  | TO BE USED AS DIRECTED                                        | - | 30-Jan-2020 | 30-Jan-2020 |
| Inadine Dressing 5 cm x 5 cm                                          | 10   | 10 dressing  | TO BE USED AS DIRECTED                                        | - | 30-Jan-2020 | 25-Feb-2020 |
| Nurse It Sterile Dressing Pack with Small/Medium Gloves               | 10   | 10 pack      | AS DIRECTED                                                   | - | 30-Jan-2020 | 30-Jan-2020 |
| Morphine Sulfate Sachets 30 mg                                        | 120  | 120 sachet   | TWO TO BE TAKEN TWICE A DAY                                   | - | 23-Jan-2020 | 18-Mar-2020 |
| Water For Injection Injection 5 ml/amp                                | 20   | 20 ampoule   | USE AS DIRECTED                                               | - | 17-Jan-2020 | 19-Feb-2020 |
| Fluoxetine Hydrochloride Liquid 20 mg/5 ml                            | 70   | 70 ml        | 5ML OD                                                        | - | 12-Dec-2019 | 09-Apr-2020 |
| Morphine Sulfate Oral solution 10 mg/5 ml                             | 200  | 200 ml       | 2.5ML TO 5ML TO BE TAKEN WHEN REQUIRED FOR BREAKTHROUGH PAIN. | - | 24-Oct-2019 | 03-Jun-2020 |
| Lansoprazole Capsules (Gastro-Resistant) 30 mg                        | 28   | 28 CAPSULE   | ONE TO BE TAKEN EACH DAY                                      | - | 19-Sep-2019 | 03-Jun-2020 |
| Fortisip Compact Liquid feed (strawberry) Milkshake Style             | 7000 | 7000 ML      | AS DIRECTED                                                   | - | 05-Aug-2019 | 12-Jun-2020 |
| Metoclopramide Hydrochloride Oral solution Sugar Free 5 mg/5 ml       | 300  | 300 ML       | TWO 5ML SPOONFULS TO BE TAKEN THREE TIMES A DAY               | - | 10-Jul-2019 | 18-Mar-2020 |

Blood Pressure

| Date Recorded | Systolic | Diastolic |
|---------------|----------|-----------|
| 10-Jul-2019   | 141      | 100       |
| 12-Jun-2019   | 128      | 78        |
| 20-Sep-2017   | 118      | 62        |
| 22-Aug-2017   | 128      | 78        |
| 08-Aug-2017   | 156      | 92        |

Body Measurements

| Date Recorded | Height | Weight | BMI   |
|---------------|--------|--------|-------|
| 08-Aug-2017   | -      | 81.1   | 30.52 |
| 01-Nov-2016   | -      | 81.5   | 30.67 |
| 19-Oct-2015   | -      | 84.6   | -     |
| 21-Aug-2014   | -      | 72.9   | -     |
| 11-Apr-2014   | -      | 75.1   | 28.3  |

Lifestyle Risks and Alerts / Examinations and Investigations

| Description/Question            | Result/Comment | Date        |
|---------------------------------|----------------|-------------|
| Rolls own cigarettes:           |                | 08-Aug-2017 |
| Current smoker:                 |                | 08-Aug-2017 |
| Cigarette consumption 25 :      |                | 08-Aug-2017 |
| Rolls own cigarettes:           |                | 01-Nov-2016 |
| Current smoker:                 |                | 01-Nov-2016 |
| Alcohol intake above rec limit: |                | 08-Aug-2017 |
| Alcohol units per week 84 :     |                | 08-Aug-2017 |
| Alcohol intake above rec limit: |                | 01-Nov-2016 |
| Alcohol units per week 84 :     |                | 01-Nov-2016 |
| Current non drinker:            |                | 11-Apr-2014 |
| GPPAQ physcl act ind: inactive: |                | 08-Aug-2017 |
| GPPAQ physcl act ind: inactive: |                | 01-Nov-2016 |

|                                 |             |
|---------------------------------|-------------|
| GPPAQ physcl act ind: inactive: | 11-Apr-2014 |
| GPPAQ physcl act ind: inactive: | 15-Apr-2013 |
| Aerobic exercise 0 times/week:  | 08-Apr-2013 |

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**Clinical warnings**

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**Additional Support Needs**

No known ASN requirements

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**Additional relevant information**

Risk of Suicide:Don't Know

If yes to Risk of Suicide, please give details:Feeligns of not wanting to be here.

Past history of suicide attempt:Yes

If yes to Past history of suicide attempt, please give details:OD 1994

Risk of deliberate self harm:Yes

If yes to Risk of self harm, please give details:As above

Is patient responsible for children?:No

Risk to others including children/dependents/clinicians/other:No

Risk from others:No

Risk of Self Neglect:No

OK to send correspondence to home address?:Yes

Patient will accept any site:Yes

Patient will accept cancellation or short notice appointment (within 1-6 days):Yes

Referred By:Referring GP

Electronic Attachment Present:Yes

**Social circumstances**

Ethnic Origin: (White) Scottish

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**Signature** of referring doctor (or other professional) **Date**

**Glasgow City Health and Social Care Partnership**  
Brand Street Resource Centre  
Units G7, G8 & G4  
150 Brand Street  
Glasgow  
G51 1DH  
[www.glasgow.gov.uk](http://www.glasgow.gov.uk)  
[www.nhsggc.org.uk](http://www.nhsggc.org.uk)

**Our ref:** EB/nc

**Chi:** 041 262 6071

**Date:** 28<sup>th</sup> September 2017

**Private & Confidential**

Dr Eileen Blackwood  
Rutland Surgery  
24 Govan Road  
Glasgow  
G51 1HS

Dear Dr Blackwood

**Colin Wright 11 Garmouth Place Glasgow G51 3PA**

Thank you for referring Mr Wright to Brand Street Resource Centre.

Unfortunately, Mr Wright did not attend two consecutive assessment appointments offered to him. I have therefore discharged him back to your care.

Yours sincerely

**Emma Barbour**  
**Community Psychiatric Nurse**

**If phoning, please ask for:**

**Telephone:** 0141 303 8900 **Fax** 0141 303 8909



**Glasgow City Health and Social Care Partnership**  
Brand Street Resource Centre  
Units G7, G8 & G4  
150 Brand Street  
Glasgow  
G51 1DH  
[www.glasgow.gov.uk](http://www.glasgow.gov.uk)  
[www.nhsggc.org.uk](http://www.nhsggc.org.uk)

**Our ref:** EB/nc  
**Chi:** 041 262 6071

**Date:** 08<sup>th</sup> September 2017

**Private & Confidential**

Mr Colin Wright  
11 Garmouth Place  
Glasgow  
G51 3PA

Dear Mr Wright

I would like to offer you an appointment:

**When:** Wednesday 27<sup>th</sup> September, 2017

**Time:** 9.15am

**Where:** Brand Street Resource Centre

**With:** Emma Barbour, Community Psychiatric Nurse

Please contact me at 0141 303 8900 to rearrange if this date/time is unsuitable.

Yours sincerely

**Emma Barbour**  
**Community Psychiatric Nurse**

**If phoning, please ask for:** Emma Barbour  
**Telephone:** 0141 303 8900 **Fax** 0141 303 8909



**Chief Officer**  
David Williams  
MA (Hons) CQSW

**Glasgow City Health and Social Care Partnership**  
Brand Street Resource Centre  
Units G7, G8 & G4  
150 Brand Street  
Glasgow  
G51 1DH

[www.glasgow.gov.uk](http://www.glasgow.gov.uk)  
[www.nhsggc.org.uk](http://www.nhsggc.org.uk)

Our ref: 0412626071/EB/sh

Date: 11<sup>th</sup> August 2017

**PRIVATE AND CONFIDENTIAL**

Colin Wright  
11 Garmouth Place  
Glasgow  
G51 3PA

Dear Mr Wright,

You have been referred to our service by your GP. I would like to offer you an appointment on Monday 4<sup>th</sup> September at 3.30pm, at Brand Street Resource Centre.

This first appointment will last around an hour, and will allow us to assess what your current difficulties are.

If this date or time is unsuitable, please contact me on the telephone number below to re-arrange.

Yours sincerely,

**Emma Barbour**  
**Community Psychiatric Nurse**

**If phoning or visiting, please ask for Emma Barbour**  
**Telephone 0141 303 8900 Fax 0141 303 8909**

|                   |        |          |      |              |
|-------------------|--------|----------|------|--------------|
| Hospital use only | Clinic | Day Date | Time | Hospital No. |
|-------------------|--------|----------|------|--------------|

**REFERRAL LETTER****MEDICAL IN CONFIDENCE**

GGC Mental Health Referral Protocol - Glasgow (Glasgow, v17.0)

|                                                                           |                                                                      |
|---------------------------------------------------------------------------|----------------------------------------------------------------------|
| <b>REFERRAL TO</b>                                                        |                                                                      |
| Brand Street Resource Centre - CMHT Adult<br>GGC Mental Health            | — <b>Consultant / receiving practitioner and/or specialty clinic</b> |
| Community Mental Health Team - Adult<br>SCI Gateway Virtual Location code | — <b>Hospital and hospital address</b>                               |
|                                                                           | Hospital location code.<br>G002G                                     |
|                                                                           | Email address<br>-                                                   |
| <b>Urgency of referral</b> Routine                                        |                                                                      |
| <b>Date of referral</b> 20-Jul-2017                                       | <b>Date sent</b> 26-Jul-2017                                         |

|                          |             |                                         |
|--------------------------|-------------|-----------------------------------------|
| <b>PATIENT DETAILS</b>   |             | <b>Patient's address</b>                |
| <b>Surname</b>           | Wright      | 11 Garmouth Place<br>Glasgow<br>G51 3PA |
| <b>Forename(s)</b>       | Colin       |                                         |
| <b>Title</b>             | Mr          | Contact number(s)<br>Voice: 07478513520 |
| <b>Sex</b>               | Male        |                                         |
| <b>Date of birth</b>     | 04-Dec-1962 |                                         |
| <b>CHI no.</b>           | 0412626071  |                                         |
| <b>Area of Residence</b> | -           |                                         |

|                 |                                           |
|-----------------|-------------------------------------------|
| *1010140994486* | Unique Care Pathway Number: 1010140994486 |
|-----------------|-------------------------------------------|

|                              |                         |                                                                       |
|------------------------------|-------------------------|-----------------------------------------------------------------------|
| <b>REGISTERED GP DETAILS</b> |                         | <b>Practice address</b>                                               |
| <b>Name</b>                  | Dr M F Shields          | 24 Govan Road<br>Glasgow<br>G51 1HS                                   |
| <b>GMC code</b>              | 2833567                 |                                                                       |
| <b>GP code</b>               | 01597                   | Contact number(s)<br>Voice: 0141 418 1080<br>Facsimile: 0141 418 0878 |
| <b>Practice name</b>         | Rutland Surgery (18965) |                                                                       |
| <b>Practice code</b>         | 52202                   |                                                                       |

|                             |                                       |                                                        |
|-----------------------------|---------------------------------------|--------------------------------------------------------|
| <b>REFERRING GP DETAILS</b> |                                       | <b>Practice address</b>                                |
| <b>Name</b>                 | Dr. Eileen Blackwood                  | Rutland Surgery<br>24 Govan Road<br>Glasgow<br>G51 1HS |
| <b>GMC code</b>             | 6055863                               |                                                        |
| <b>GP code</b>              | 04197                                 | Contact number(s)<br>Voice: 0141 418 1080              |
| <b>Practice name</b>        | Drs Shields, Dale & Blackwood (52202) |                                                        |
| <b>Practice code</b>        | 52202                                 |                                                        |

**CLINICAL INFORMATION****History of presenting complaint****Presenting complaint**

Description: Low mood, anxiety

Comment: Dear Doctor

I would be grateful if you would consider seeing this 54 year old man with a history of low mood, depression and anxiety He was seen in the past and found it difficult to engage however he has asked to be referred at this time. Mr Wright has suffered from low mood for most of his adult life. He reports he suffered from sexual abuse as a child. He lives with his wife and has children and grandchildren. He spends most of his time in his bedroom and tends to keep away from the family. He only goes out very occasionally and only in his car. He has recently has been told he will get a reduced rate of motability payments following a PIP medical and he has to hand back his car. This is causing him great distress at the moment. He has thoughts of self harm but states that he would not act on them at the moment. He has difficulty sleeping and a poor appetite. He does feel that he would be better off if he wasn't here. He describes poor concentration.

Mr Wright is taking sertraline 150 mg and I would be most grateful if you would consider seeing him.

Yours sincerely

Dr E Blackwood

**Reason for referral**

Care type requested: Out Patient

Expected outcome: Not Specified

**Past medical history****Pre-existing conditions** (High & medium priority - all)

| <u>Description</u>                            | <u>Comment</u>                                  | <u>Date of onset</u> | <u>Date recorded</u> |
|-----------------------------------------------|-------------------------------------------------|----------------------|----------------------|
| Asthma unspecified                            | -                                               | 20-Mar-2017          | 20-Mar-2017          |
| [X]Mild depressive episode                    | Informal                                        | 16-Sep-2015          | 16-Sep-2015          |
| [D]Cough syncope                              | priority=1                                      | 23-Feb-2010          | 23-Feb-2010          |
| Obesity                                       | priority=1                                      | 25-Jan-2010          | 25-Jan-2010          |
| Piles - haemorrhoids                          | priority=1                                      | 04-Mar-2008          | 04-Mar-2008          |
| Essential hypertension                        | Disease: SPICE Hypertension,                    | 06-Sep-2007          | 06-Sep-2007          |
| Essential hypertension                        | -                                               | 06-Jan-2004          | 06-Jan-2004          |
| Cerebral arterial occlusion                   | -                                               | 01-May-2002          | 01-May-2002          |
| Cerebral infarction NOS                       | -                                               | 01-May-2002          | 01-May-2002          |
| Haemorrhoids                                  | priority=1                                      | 04-Mar-2002          | 04-Mar-2002          |
| Simple hiatus hernia                          | with oesophagitis priority=1                    | 11-Sep-2001          | 11-Sep-2001          |
| [X]Deliberate drug overdose / other poisoning | ponstan, trazodone, codeine, inderal priority=1 | 03-Aug-1994          | 03-Aug-1994          |
| [X]Neurotic depression                        | priority=1                                      | 16-Mar-1994          | 16-Mar-1994          |
| Convergent squint                             | priority=1                                      | 30-Nov-1965          | 30-Nov-1965          |

**Past procedures** (High and medium priority - all)

| <u>Description</u>                  | <u>Comment</u>           | <u>Date performed</u> | <u>Date recorded</u> |
|-------------------------------------|--------------------------|-----------------------|----------------------|
| Spirometry                          | -                        | 20-Mar-2017           | 20-Mar-2017          |
| ECG normal                          | priority=1               | 16-Mar-2009           | 16-Mar-2009          |
| EEG normal                          | priority=1               | 29-Apr-2008           | 29-Apr-2008          |
| CAT scan                            | brain normal priority=1  | 16-Apr-2008           | 16-Apr-2008          |
| ECG: shows LVH                      | priority=1               | 28-Mar-2008           | 28-Mar-2008          |
| Sigmoidoscopy                       | priority=1               | 04-Mar-2008           | 04-Mar-2008          |
| Proctoscopy                         | priority=1               | 04-Mar-2008           | 04-Mar-2008          |
| Weight management programme offered | 2:                       | 08-Jan-2008           | 08-Jan-2008          |
| Advancement of mucosa of lip NEC    | normal mucosa priority=1 | 01-Dec-2006           | 01-Dec-2006          |

|                                                |                         |             |             |
|------------------------------------------------|-------------------------|-------------|-------------|
| Colonoscopy                                    | priority=1              | 22-Nov-2006 | 22-Nov-2006 |
| Magnetic resonance imaging                     | brain normal priority=1 | 07-Nov-2005 | 07-Nov-2005 |
| Pneumococcal vaccination given                 | priority=1              | 31-Oct-2005 | 31-Oct-2005 |
| Sigmoidoscopy                                  | normal priority=1       | 19-Feb-2004 | 19-Feb-2004 |
| Colonoscopy normal                             | priority=1              | 08-Jul-2002 | 08-Jul-2002 |
| Other specified other operation on haemorrhoid | banding priority=1      | 08-Jul-2002 | 08-Jul-2002 |
| ECG normal                                     | priority=1              | 29-Apr-2002 | 29-Apr-2002 |
| Helicobacter breath test negative              | priority=1              | 24-Jan-2002 | 24-Jan-2002 |
| CLO test positive                              | priority=1              | 14-Sep-2001 | 14-Sep-2001 |
| Upper Gastrointestinal endoscopy               | priority=1              | 11-Sep-2001 | 11-Sep-2001 |
| Bilateral vasectomy for contraception          | priority=1              | 14-Oct-1994 | 14-Oct-1994 |

**Current medication** (Active Repeat medication issued within the last 12 months)

| <u>Drug name</u>                                | <u>Quantity</u> | <u>Formulation</u> | <u>Dosage</u>             | <u>Frequency</u> | <u>Date started</u> | <u>Date last issued</u> |
|-------------------------------------------------|-----------------|--------------------|---------------------------|------------------|---------------------|-------------------------|
| Rosuvastatin Tablets 20 mg                      | 56              | 56 tablet          | 1 Tab Daily               | -                | 25-Nov-2015         | 14-Jul-2017             |
| Co-Codamol 30/500 Capsules                      | 100             | 100 CAPS           | 1 or 2 Caps 4 times daily | -                | 09-Feb-2015         | 07-Jul-2017             |
| Atenolol Tablets 50 mg                          | 28              | 28 TABLET          | 1 Tab Daily ISSUE WEEKLY  | -                | 13-Jan-2014         | 14-Jul-2017             |
| Salbutamol Cfc-free inhaler 100 micrograms/puff | 2               | 2 inhaler          | 2 Puffs Take as required  | -                | 13-Jan-2014         | 07-Jul-2017             |
| Clopidogrel Tablets 75 mg                       | 28              | 28 TABLET          | ONE TO BE TAKEN EACH DAY  | -                | 29-Apr-2013         | 14-Jul-2017             |
| Amlodipine Tablets 5 mg                         | 28              | 28 TABLET          | 1 Tab Daily               | -                | 14-Nov-2011         | 14-Jul-2017             |
| Bendroflumethiazide Tablets 2.5 mg              | 28              | 28 TABLET          | 1 Tab In the morning      | -                | 14-Nov-2011         | 14-Jul-2017             |
| Doxazosin Mesilate Tablets 4 mg                 | 112             | 112 TABLET         | 1 or 2 Caps 4 times daily | -                | 14-Nov-2011         | 14-Jul-2017             |
| Lansoprazole Capsules (Gastro-Resistant) 30 mg  | 28              | 28 CAPSULE         | 1 Cap Daily               | -                | 14-Nov-2011         | 14-Jul-2017             |
| Ramipril Capsules 10 mg                         | 28              | 28 CAPSULE         | 1 Cap In the morning      | -                | 14-Nov-2011         | 14-Jul-2017             |

**Recent medication** (Any medication issued within last 90 days not shown above)

| <u>Drug name</u>                                            | <u>Quantity</u> | <u>Formulation</u> | <u>Dosage</u>                                      | <u>Frequency</u> | <u>Date started</u> | <u>Date last issued</u> |
|-------------------------------------------------------------|-----------------|--------------------|----------------------------------------------------|------------------|---------------------|-------------------------|
| Loperamide Hydrochloride Tablets 2 mg                       | 100             | 100 tablets        | 1 Tab As directed                                  | -                | 07-Jul-2017         | 07-Jul-2017             |
| Fostair Cfc-free inhaler 100 micrograms + 6 micrograms/dose | 1               | 1 INHALER          | ONE PUFF TO BE INHALED TWICE A DAY                 | -                | 07-Jul-2017         | 07-Jul-2017             |
| Sertraline Hydrochloride Tablets 100 mg                     | 56              | 56 TABLET          | ONE TO BE TAKEN EACH DAY ISSUE WEEKLY              | -                | 30-Jun-2017         | 07-Jul-2017             |
| Sertraline Hydrochloride Tablets 50 mg                      | 56              | 56 TABLET          | ONE TO BE TAKEN EACH DAY ISSUE WEEKLY              | -                | 30-Jun-2017         | 07-Jul-2017             |
| Loperamide Hydrochloride Tablets 2 mg                       | 100             | 100 tablets        | 1 Tab As directed                                  | -                | 05-May-2017         | 05-May-2017             |
| Fostair Cfc-free inhaler 100 micrograms + 6 micrograms/dose | 1               | 1 INHALER          | ONE PUFF TO BE INHALED TWICE A DAY                 | -                | 05-May-2017         | 05-May-2017             |
| Ibuprofen Gel 5 %                                           | 50              | 50 GRAM(S)         | APPLY TO THE AFFECTED AREA UP TO THREE TIMES A DAY | -                | 05-May-2017         | 05-May-2017             |
| Fostair Cfc-free inhaler 100 micrograms + 6 micrograms/dose | 1               | 1 INHALER          | ONE PUFF TO BE INHALED TWICE A DAY                 | -                | 20-Mar-2017         | 20-Mar-2017             |

|                                            |     |                   |                                                               |   |                 |                 |
|--------------------------------------------|-----|-------------------|---------------------------------------------------------------|---|-----------------|-----------------|
| Anusol Suppositories                       | 12  | 12<br>SUPPOSITORY | INSERT ONE NIGHT AND<br>MORNING AND AFTER A<br>BOWEL MOVEMENT | - | 20-Mar-<br>2017 | 20-Mar-<br>2017 |
| Loperamide Hydrochloride<br>Tablets 2 mg   | 100 | 100 tablets       | 1 Tab As directed                                             | - | 13-Feb-<br>2017 | 20-Mar-<br>2017 |
| Anusol Plus Hc Ointment                    | 15  | 15 gram           | APPLY TO AFFECTED<br>AREA BD AND WHEN<br>REQUIRED             | - | 13-Feb-<br>2017 | 13-Feb-<br>2017 |
| Sertraline Hydrochloride<br>Tablets 100 mg | 56  | 56 TABLET         | ONE TO BE TAKEN EACH<br>DAY ISSUE WEEKLY                      | - | 10-Oct-<br>2016 | 21-Apr-<br>2017 |
| Sertraline Hydrochloride<br>Tablets 50 mg  | 56  | 56 TABLET         | ONE TO BE TAKEN EACH<br>DAY ISSUE WEEKLY                      | - | 10-Oct-<br>2016 | 21-Apr-<br>2017 |

Blood Pressure

| Date Recorded | Systolic | Diastolic |
|---------------|----------|-----------|
| 19-Oct-2016   | 122      | 78        |
| 19-Oct-2015   | 126      | 84        |
| 11-Aug-2014   | 124      | 80        |
| 11-Apr-2014   | 90       | 60        |
| 13-Jan-2014   | 128      | 74        |

Body Measurements

| Date Recorded | Height | Weight | BMI   |
|---------------|--------|--------|-------|
| 01-Nov-2016   | -      | 81.5   | 30.67 |
| 19-Oct-2015   | -      | 84.6   | -     |
| 21-Aug-2014   | -      | 72.9   | -     |
| 11-Apr-2014   | -      | 75.1   | 28.3  |
| 28-Feb-2014   | 163    | 74.1   | -     |

Lifestyle Risks and Alerts / Examinations and Investigations

| Description/Question               | Result/Comment | Date        |
|------------------------------------|----------------|-------------|
| Rolls own cigarettes:              |                | 01-Nov-2016 |
| Current smoker:                    |                | 01-Nov-2016 |
| Cigarette consumption 25 :         |                | 01-Nov-2016 |
| Current smoker:                    |                | 02-Sep-2015 |
| Not interested in stop smoking 3 : |                | 11-Apr-2014 |
| Alcohol intake above rec limit:    |                | 01-Nov-2016 |
| Alcohol units per week 84 :        |                | 01-Nov-2016 |
| Current non drinker:               |                | 11-Apr-2014 |
| Alcohol intake above rec limit:    |                | 15-Apr-2013 |
| Alcohol units per week 42 :        |                | 15-Apr-2013 |
| GPPAQ physcl act ind: inactive:    |                | 01-Nov-2016 |
| GPPAQ physcl act ind: inactive:    |                | 11-Apr-2014 |
| GPPAQ physcl act ind: inactive:    |                | 15-Apr-2013 |
| Aerobic exercise 0 times/week:     |                | 08-Apr-2013 |
| Exercise grading, 1 :              |                | 30-Mar-2012 |

Clinical warnings

Additional relevant information

Administrative information

Risk of Suicide:Yes

If yes to Risk of Suicide, please give details:Reports thoughts of self harm and thinking that it would be better if he wasn't here but denies any plans

Past history of suicide attempt:Yes

If yes to Past history of suicide attempt, please give details:OD 1994

Risk of deliberate self harm:Yes

If yes to Risk of self harm, please give details:Chol 7.2 - did not tolerate simvastatin. Routine appt to discuss options

Is patient responsible for children?:No

Risk to others including children/dependents/clinicians/other:No

Risk from others:No

Risk of Self Neglect:No

OK to send correspondence to home address?:Yes

Patient will accept any site:Yes

Patient will accept cancellation or short notice appointment (within 1-6 days):Yes

Referred By:Referring GP

Electronic Attachment Present:No

**Social circumstances**

Ethnic Origin: (White) Scottish

\_\_\_\_\_  
**Signature** of referring doctor (or other professional) **Date**



**Tel: 0141 303-8900**  
**Fax: 0141 303-8909**

**Secretary's Tel: 0141 232-4723**

**Our Ref:** SR/T/1380817/1/JT  
**Dictated:** 23.03.16  
**Received:** 30.03.16  
**Typed:** 08.04.16

**STRICTLY CONFIDENTIAL**

Dr Stephen Byers  
 Consultant Psychiatrist  
 Brand Street Resource Centre  
 150 Brand Street  
 GLASGOW  
 G51 1DH

Dear Dr Byers

**Re: Colin Wright, 11 Garmouth Place, Glasgow, G51 3PA**  
**Dob: 04.12.62 chi: 6071**

Further to my last letter in January 2016, Colin has attended a total of 3 out of 5 psychology appointments offered (he cancelled one & did not attend his last appointment). Over my contact with him I had continued to assess his presenting problems and develop a formulation. We had also discussed re-engaging in previously enjoyed activities and he had begun to report changes in his activity levels, for instance, visiting his sister in Ruchhill and buying a pram for his son.

In terms of presenting problems, Colin reported symptoms of depression and anxiety against a background of childhood trauma and multiple adverse life events. He denied current intrusive recollections about the past such as regular flashbacks or nightmares, though did cite a high level of avoidant behaviour and certain triggering situations which cause significant distress to him. He reported eating as a particular area of difficulty. He does not eat in front of others as he finds sounds associated with eating (e.g. cutlery, chewing etc) anxiety provoking. He linked this back to physical abuse from his father when noise was made at meal times. Colin also stated that he was not able to use toilets outside of his home, which he linked to childhood sexual abuse that occurred in toilets. This issue can affect his functioning as he is not able to go out for any length of time. He also finds it very difficult to be around groups and crowds of people and will experience physical symptoms of anxiety in these situations. He reported feeling very different to others and unable to make conversation. If he has to be at a social occasion, he will often spend most of it outside smoking as an escape. He reported cooking to be a further coping strategy to avoid interaction within his home, though it is an activity he also gains enjoyment from. Colin mentioned that he finds his house quite stressful as it is always busy and he reported a need escape to his room most of the time. He described longstanding interpersonal difficulties asserting himself, for instance, saying no to requests and lending money to others, but never getting it back. He also reported a need to help others and buy gifts though he rarely treats himself.

/....2

-2-

**Colin Wright****Dob: 04.12.62 chi: 6071**

Colin felt that his mood and anxiety had worsened since the death of his mother 3 years ago and father-in-law 2 years ago, particularly due to the loss in role this created. He strongly values caring for others and found that looking after his father-in-law was a reason to get out of the house. Since he was a young child, Colin reported being someone who helped others and it is something that he misses. However, he does have a significant role in the upbringing of his grandchildren, one of whom [REDACTED] lives with him. [REDACTED]  
[REDACTED]  
[REDACTED]  
[REDACTED]

I do not have a great deal of information regarding Colin's background as we had planned to explore this at his last appointment on 26<sup>th</sup> February 2016, which he did not attend. I note, however, that his history is already well documented in previous correspondence. I felt that Colin was rather apprehensive about discussing his history even though I had reassured him that this would not involve going into details regarding past trauma. However, I do wonder if this may have been a reason for his non attendance at our last appointment. Further to this, he was openly pessimistic about whether a talking therapy would be of help to him and therefore perhaps lacked motivation to engage with a psychological intervention. In any case, as he has not made contact with the service since February 2016 I have now discharged him from my caseload.

In term of any future intervention, Colin quite clearly stated that he did not want to explore his past abuse nor seemed keen on a talking therapy approach. Unless this changes a re-referral to clinical psychology would not be appropriate. Please do not hesitate to get in contact should you have any queries.

Yours sincerely

**Dr Susan Ralston**  
**Clinical Psychologist**

(Dictated by Dr Susan Ralston, and signed in her absence)

c.c. Dr Shields, Rutland Surgery, 24 Govan Road, Glasgow, G51 1HS

**Department of Clinical Psychology - Intermediate**  
Brand Street R/C, 150 Brand Street, Glasgow, G51 1DH

**Glasgow City Health and Social Care Partnership**

Brand Street Resource Centre

Units G7, G8 &amp; G4

150 Brand Street

Glasgow

G51 1DH

[www.glasgow.gov.uk](http://www.glasgow.gov.uk)[www.nhsggc.org.uk](http://www.nhsggc.org.uk)

Our ref: SB/PO/T/1380817

Your ref: CHI: 0412626071

Dictated: 15<sup>th</sup> March 2016Typed: 16<sup>th</sup> March 2016**CONFIDENTIAL**

Mr Colin Wright  
11 Garmouth Place  
GLASGOW  
G51 3PA

Dear Mr Wright

You had an appointment at my out patient clinic on 15<sup>th</sup> March 2016 which you failed to attend. Please contact my secretary on the above number if you wish a further appointment to be sent. If you do not contact the unit within 14 days you will be discharged back to the care of your GP.

Yours sincerely

**DR STEPHEN BYERS**  
**Consultant Psychiatrist**

cc. Dr Shields, Rutland Surgery, 24 Govan Road, Glasgow, G51 1HS

**If phoning please ask for** Dr Byers' secretary.**Telephone** 0141 303 8900 **Fax** 0141 303 8909

**Glasgow City  
Community Health Partnership  
South Sector**

**DEPARTMENT OF CLINICAL PSYCHOLOGY**

Brand Street Resource Centre  
150 Brand Street  
Ibrox/Govan  
Glasgow, G51 1DH

**Tel: 0141 303-8900**

**Fax: 0141 303-8909**

**Secretary's Tel: 0141 232-4723**

**Our Ref:** SR/T/1380817/1/JT

**Date:** 22 January 2016

**STRICTLY CONFIDENTIAL**

Dr Gordon Black  
GPST2 in Psychiatry to Dr Byers  
Consultant Psychiatrist  
Brand Street Resource Centre  
150 Brand Street  
GLASGOW G51 1DH

**Re: Colin Wright, 11 Garmouth Place, Glasgow, G51 3PA**

**Dob: 04.12.62 chi: 6071**

Thank you for referring Mr Wright, whom I saw for initial assessment on 21<sup>st</sup> December 2015. He then cancelled a subsequent appointment, but attended for the second time on 21<sup>st</sup> January 2016. Whilst I am yet to finish my assessment, I feel he is suitable for a psychological approach. His main presenting complaint was related to ongoing symptoms of depression, though I am aware of the background of childhood trauma. I note he did not report symptoms consistent with Post Traumatic Stress Disorder in relation to this, though I am yet to fully assess the presence of a Complex Trauma presentation. He stated that he does not think talking through his trauma would necessarily be of help and remains rather pessimistic about benefiting from psychological treatment. I had suggested that we look at improving his mood in the first instance, perhaps via behavioural activation work. There were no immediate risk issues, though I am aware of his history of impulsive overdose. He denied current suicidal thoughts and his family remain protective factors for him.

I shall update you in due course with a fuller assessment and progress with the sessions. In the meantime, please do not hesitate to get in contact.

Yours sincerely

**Dr Susan Ralston**  
**Clinical Psychologist**

(Dictated by Dr Susan Ralston, and signed in her absence)

c.c. Dr Shields, Rutland Surgery, 24 Govan Road, Glasgow, G51 1HS

**Glasgow City  
Community Health Partnership  
South Sector**

**DEPARTMENT OF CLINICAL PSYCHOLOGY**

Brand Street Resource Centre  
150 Brand Street  
Ibrox/Govan  
Glasgow, G51 1DH

**Tel: 0141 303-8900**

**Fax: 0141 303-8909**

**Secretary's Tel: 0141 232-4723**

**Our Ref:** SR/T/1380817/1/JT

**Date:** 8 January 2016

**STRICTLY CONFIDENTIAL**

Mr Colin Wright  
11 Garmouth Place  
GLASGOW  
G51 3PA

Dear Mr Wright

I am pleased to offer you another appointment on;

**Thursday 21<sup>st</sup> January 2016, at 2.30pm**  
**Brand Street Resource Centre, 150 Brand Street, Ibrox, Glasgow, G51 1DH**

If there are any problems with the time or date of this appointment please get in touch with the department on **Tel: 232-4723** as soon as possible to enable us to re-arrange the appointment.

Yours sincerely

**Dr Susan Ralston**  
**Clinical Psychologist**

**Glasgow City  
Community Health Partnership  
South Sector**

**DEPARTMENT OF CLINICAL PSYCHOLOGY**

Brand Street Resource Centre  
150 Brand Street  
Ibroy/Govan  
Glasgow, G51 1DH

**Tel: 0141 303-8900**

**Fax: 0141 303-8909**

**Secretary's Tel: 0141 232-4723**

**Our Ref:** SR/T/1380817/1/JT

**Date:** 14 December 2015

**STRICTLY CONFIDENTIAL**

Mr Colin Wright  
11 Garmouth Place  
GLASGOW  
G51 3PA

Dear Mr Wright

Following your referral from Dr Gordon Black, GPST2 Trainee in Psychiatry to Dr S. Byers, Consultant Psychiatrist, I am pleased to offer you an appointment with; **Dr Susan Ralston, Clinical Psychologist, on;**

**Monday 21<sup>st</sup> December 2015, at 3.30pm**

**Brand Street Resource Centre, 150 Brand Street, Ibroy, Glasgow, G51 1DH**

If there are any problems with the time or date of this appointment please get in touch with the department on **Tel: 232-4723** as soon as possible to enable us to re-arrange the appointment.

If you do not keep this appointment without prior notice, your GP/referrer will be informed, and you should contact him/her if you wish to be referred back to the Psychology Department.

Yours sincerely

**Janet Toner**

**Psychology Secretary**

(On Behalf Dr Susan Ralston)

c.c. Dr Shields, Rutland Surgery, 24 Govan Road, Glasgow, G51 1HS  
dob: 04.12.62 chi: 6071

**Glasgow City  
Community Health Partnership  
South Sector**

**DEPARTMENT OF CLINICAL PSYCHOLOGY**

Rossdale Resource Centre  
12 Haughburn Road  
Pollok  
Glasgow  
G53 6AB

**Tel: 0141 232-4723**

**Fax: 0141 232-4769**

**Our Ref:** WL/SW-1757/T/1380817/1/JT

**Date:** 21 October 2015

**STRICTLY CONFIDENTIAL**

Mr Colin Wright  
11 Garmouth Place  
GLASGOW  
G51 3PA

Dear Mr Wright

This is to keep you up-to-date about the psychology waiting list. We would expect to be able to offer you an appointment soon.

We are asking everyone on our waiting list to confirm that they still want an appointment. To do so please complete the slip below and return it to me **within two weeks of the date of this letter** in the stamped, addressed envelope enclosed for your convenience. Alternatively please call the number below. An answer-phone is available at that number after normal working ours for your convenience.

Please reply as to whether you wish or do not wish an appointment.

Your patience and co-operation is much appreciated.

Yours sincerely

**Janet Toner**  
**Psychology Secretary**

.....  
I confirm that I wish my name to remain on the waiting list for an appointment:

**Yes** ☐

**No** ☐

**Name** .....

**Address** .....

.....

**Tel No:** .....**SW/1757**



**Glasgow City  
Community Health Partnership  
South Sector**

**DEPARTMENT OF CLINICAL PSYCHOLOGY**

Rossdale Resource Centre  
12 Haughburn Road  
Pollok  
Glasgow  
G53 6AB  
**Tel: 0141 232-4723**  
**Fax: 0141 232-4769**

**Our Ref:** WL/SW-1757/T/1380817/1/JT  
**Date:** 9 October 2015

**STRICTLY CONFIDENTIAL**

Mr Colin Wright  
11 Garmouth Place  
GLASGOW  
G51 3PA

Dear Mr Wright

You have been referred to the Clinical Psychology Department, by Dr Gordon Black, GPST2 Trainee in Psychiatry to Dr S Byers, Consultant Psychiatrist. Referral received 8<sup>th</sup> October 2015.

I am writing to inform you that your name has now been added to our waiting list, and we will contact you in due course regarding an appointment.

Kind regards

Yours sincerely

**Janet Toner**  
**Psychology Secretary**

c.c. Dr Shields, Rutland Surgery, 24 Govan Road, Glasgow, G51 1HS  
dob: 04.12.62 chi: 6071

**Our Ref: SB/PO/T/1380817**

**Your Ref:**

**Brand Street Resource Centre  
Unit G7  
Festival Business Centre  
150 Brand Street  
GLASGOW G51 1DH  
Tel: 303 8923  
Fax: 303 8909**

Dictated: 16<sup>th</sup> September 2015

Typed: 21<sup>st</sup> September 2015

**CONFIDENTIAL**

Allocations – Psychology  
Brand Street Resource Centre  
Festival Business Centre  
Unit G7  
150 Brand Street  
GLASGOW  
G51 1DH

Dear Colleagues

**Re: Colin Wright CHI: 0412626071 11 Garmouth Place, Glasgow, G51 3PA**

I would be grateful if you could please arrange to see Mr Wright in your out patient clinic. He is a 52 year old gentleman who has a longstanding history of anxiety and depression. Unfortunately Mr Wright has had multiple traumatic events occur in his life for which he says he has never received counselling for. Mr Wright informs me that he was sexually and physically abused by his father from the age of 3 years to 13 years of age. He tells me in an attempt to get out of the house and be placed somewhere else he got into trouble which included getting into fights and breaking into cars. This was successful and he was put into what sounds like a school for troubled children and at this point he informed his headmaster at the time that his father had abused him. Unfortunately instead of helping the headmaster also sexually abuse him. Mr Wright's brother was allegedly the victim of the same abuse and 21 years ago he committed suicide. Although Mr Wright feels that he has always been an anxious and quite a low person he feels that after his brother's suicide things have gotten worse. Additionally Mr Wright tells me that his wife had an affair with one of his other brothers who he does not keep in touch with anymore. Mr Wright is unsure of how many of his children and grandchildren are biologically his.

Mr Wright tells me that he has been thinking about all these events more and more recently and feels that he has been isolating himself. He tells me that he has nightmares about these events which have become more frequent.

I discussed his case with Dr Jane Burns and she has kindly agreed that I should send a referral to the allocation meeting and Mr Wright would be a candidate for intermediate psychology. Please do not hesitate to contact me if there are further questions.

Yours sincerely

**DR GORDON BLACK  
GPST2 Trainee in Psychiatry to  
Dr S Byers  
Consultant Psychiatrist**

Enc

Our Ref: SB/PO/T/1380817

Your Ref:

**Brand Street Resource Centre  
Unit G7  
Festival Business Centre  
150 Brand Street  
GLASGOW G51 1DH  
Tel: 303 8923  
Fax: 303 8909**

Dictated: 16<sup>th</sup> September 2015

Typed: 21<sup>st</sup> September 2015

**CONFIDENTIAL**

Dr Shields  
Rutland Surgery  
24 Govan Road  
GLASGOW  
G51 1HS

Dear Dr Shields

**Re: Colin Wright CHI: 0412626071 11 Garmouth Place, Glasgow, G51 3PA**

|                           |                                                                                                                                                                                                                                                                                                                                                           |
|---------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Diagnosis:                | Mild to moderate depression                                                                                                                                                                                                                                                                                                                               |
| Mental Health Act Status: | Informal                                                                                                                                                                                                                                                                                                                                                  |
| Current Medication:       | Atenolol 50 mg, salbutamol inhaler prn, clopidogrel 75 mg, amlodipine 5 mg, atorvastatin 80 mg, bendroflumethiazide 2.5 mg, doxazosin 60 mg, lansoprazole 30 mg, ramipril 10 mg, co-codamol 30/500 as required, <b>please commence sertraline 50 mg once daily increasing to 100 mg once daily after 2 weeks, please titrate up according to response</b> |
| Follow-Up:                | OPC in 6 months<br>Clinical Psychology, Brand Street Resource Centre                                                                                                                                                                                                                                                                                      |

**Background**

Mr Wright is a 52 year old man who was referred by his GP to Brand Street Resource Centre for review of his depression. He has been tried on multiple different antidepressants and has felt not great benefit from any. Unfortunately Mr Wright has had multiple traumatic events occur in his life including sexual abuse by 2 separate people, his brother who he was close with committed suicide 21 years ago and he informed me that his other brother had an affair with his wife and he is unsure if his children and grandchildren are biologically his.

**History of Presenting Complaint**

Mr Wright informs me that he feels as though he has been depressed and anxious since his brother committed suicide 21 years ago. Although these symptoms are longstanding, Mr Wright feels as though he has been thinking more and more about the traumatic events of his childhood which is resulting in him isolating himself.

Mr Wright was tearful on arrival and immediately he offered information on his sexual and physical abuse by his father as a child. He informed me that from the age of 3 to 13 years of age his father would both sexually and physically abuse him and his brothers. His relationship with his father was very poor and also provided an example as on Christmas day his father had wrapped up a box of ashes and gave it to him when he was a child. Mr Wright feels that he acted out in a way to get away from his troubled home environment. He says he got into fights frequently and was into crime such as breaking into cars. He said he was getting into trouble so he could get away from his house and was later placed in a school for troubled children. At this school Mr Wright informed me he told his headmaster at the time of the abuse he suffered from his father and unfortunately following this the headmaster began to sexually abuse Mr Wright as well. Mr Wright informed me that his father also abused his brother who he was close with and unfortunately he committed suicide 21 years ago. Additionally Mr Wright says that his wife and one of his other brothers had an affair and he is unsure if all the children are biologically his. All of these events have had a significant effect on Mr

21<sup>st</sup> September 2015

**Re: Colin Wright CHI: 0412626071**

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Wright and he tells me that he has been thinking about these things more and more and has been having nightmares of these events. He informed me that he is isolating himself and not really socialising and last week went out for a wedding but only lasted for 1 hour before having to return home. He tells me he does not like being in the open regardless of there being people or not and it makes him feel insecure.

Mr Wright has been on multiple antidepressants in the past but has felt minimal benefit from any of them. He tells me today that he has stopped taking his antidepressant tablet. To review the ones he has been on, he has been on mirtazapine which he has stopped because it makes him feel "out my nut" however he said he only took 2 tablets before stopping. He stopped fluoxetine because it made him feel forgetful and confused. He felt like citalopram didn't help and trazodone he thought made him feel drowsy.

Today Mr Wright tells me that his mood feels low although he says it is always low. He feels that he is slightly more depressed over the last 2 months since stopped his antidepressant. He is easily irritated especially if people touch his belongings however Mr Wright tells me he has good days and bad days and there are still many things that he enjoys and gets pleasure out of doing. These interests of his include seeing his grandkids which he takes fishing and although he does not fish he says he enjoys this time with them and enjoys these days. Mr Wright used to work as a mechanic and he is still into his cars and he enjoys going on drives and will sometimes drive long distances. He says that during these times his mood is normal. Mr Wright has broken sleep where he gets a few hours a night and can nap in the afternoons. This is a longstanding sleep pattern for him. He says he feels guilty that he is holding his family back and he tells me his concentration is poor. His appetite is normal and says he constantly snacks. He has longstanding fleeting thoughts of ending his own life and tells me he thinks of driving into a dam from time to time however his wife and grandkids are protective factors and says that he would not act on this. He feels that when he gets overwhelmed he goes for a drive and he cries and he feels that this releases the feelings of self harm. Mr Wright describes himself as an anxious person and says that he feels anxious when he is outside especially in crowds. He feels secure in his house or in his car.

#### **Past Psychiatric History**

Depression and anxiety. Mr Wright tells me he was admitted to psychiatry at the Southern General Hospital following a suicide attempt while intoxicated and under the influence of drugs 20 years ago. He says that this was shortly after his brother passed away and there has been no admission since.

#### **Past Medical History**

Mr Wright has had a stroke where he has some residual left sided weakness. Additionally he has hypertension and high cholesterol.

#### **Family History**

Mr Wright was unaware of any diagnosed psychiatric illness in either his mother or father. His mother passed away 2 years ago of COPD. His father passed away 8 years ago. Mr Wright has 4 brothers and 1 sister. Unfortunately as stated previously his own brother committed suicide 21 years ago and Mr Wright feels that this was due to him also being sexually abused. His other brother [REDACTED] suffers from panic attacks. He does not really keep in touch with his brother Alan who owns a garage and his sister Mary he keeps in contact with and says that she is quite anxious and has difficulty going out into open spaces.

#### **Social History**

Mr Wright lives with his wife, his daughter of 20 years of age and his grandson [REDACTED] who has been diagnosed with autism. He has 5 children in total who all live in Glasgow. He is currently unemployed as he says he is unable to fully work on cars due to his left hemiplegia following his stroke. There is no home help at home.

#### **Personal History**

Mr Wright was not aware of his mother having any complications during her pregnancy with him or during his birth. As stated previously Mr Wright had a very difficult childhood and was sexually and physically abused by his father and later sexually abused by his headmaster. He informed me that his father also physically abused his mother. He did not really attend school and is illiterate. Although he said he did not attend

21<sup>st</sup> September 2015

**Re: Colin Wright CHI: 0412626071**

- 3 -

school, he had a group of very close friends, some of which he still keeps in touch with although some have unfortunately recently passed away.

### **Pre-Morbid Personality**

Mr Wright described himself as always being an anxious person however he feels things have worsened since his brother passed away 21 years ago. He also feels that his mood has been low since this time. He feels he was able to socialise more in the past and is currently finding it difficult to socialise and recently attended a wedding and was only able to stay out for an hour prior to leaving. Mr Wright tells me that on family gatherings he sometimes leaves the house and gives an example of Christmas. He tells me that until 2 years ago he used to drive down to the Lake District to be on his own and drive back. He did this for a decade but has stayed home with the family for the last 2 years however says that he did not really see the big deal.

### **Forensic History**

Mr Wright has a forensic history and was in and out of prison frequently between 1974 and 1985. He says the charges included stealing, armed robbery and slashing and although there has been relatively little police contact recently he does say that there was an altercation in 2001 where he was intoxicated in the Clyde Tunnel and he allegedly assaulted the police.

### **Drugs, Alcohol & Smoking**

Mr Wright is currently drug free and says the last time he took any illicit drugs was 2 years ago when he took "coke", "crack" and valium. He is a current smoker and smokes 30 roll-ups a day. His alcohol intake is above the recommended guidelines and he says he takes 4-6 cans of lager every night and can sometimes drink whiskey in addition to this.

On mental state examination Mr Wright was casually dressed but was well kempt. He was tearful at times when discussing the events of his past which is appropriate. He maintained good eye contact throughout the consultation. He was talkative throughout the consultation and was appropriate throughout. His mood was mild to moderately low and there was no evidence of psychosis. He denied any auditory hallucinations although he does say he has conversations with himself in his head however these conversations are his voice coming from within his head. His cognition was grossly intact and he had good insight.

### **Summary**

Mr Wright is a 52 year old gentleman with depression and anxiety who has had multiple traumatic events occur throughout his life. He has never attended counselling to discuss these events however he is currently agreeable to psychology input as he feels things have not gotten better and he has tried multiple pharmacological interventions. He stresses he would not be comfortable in a group situation but only one-to-one counselling and I said that this would not be a problem to arrange.

As Mr Wright felt some benefit from his previous antidepressants, we re-started sertraline today and I have discussed Colin with Dr Jane Burns, Clinical Psychologist, here at Brand Street Resource Centre who has kindly agreed that he would be allocated at their next meeting. Mr Wright is aware of how to contact services if his condition were to deteriorate and we have arranged follow-up at the out patient clinic in 6 months' time.

Yours sincerely

**DR GORDON BLACK**  
**GPST2 Trainee in Psychiatry to**  
**Dr S Byers**  
**Consultant Psychiatrist**

cc. Clinical Psychology Allocations, Brand Street Resource Centre

Our Ref: SB/PO

Your Ref:

Brand Street Resource Centre  
Unit G7  
Festival Business Centre  
150 Brand Street  
GLASGOW G51 1DH  
Tel: 303 8923  
Fax: 303 8909

CHI No: 0412626071  
PiMS No: 1380817

21<sup>st</sup> August 2015

CONFIDENTIAL

Mr. Colin Wright  
11 Garmouth Place,  
GLASGOW,  
Lanarkshire  
G51 3PA

Dear Mr. Wright,

As you will be aware, you were recently referred to our service for an outpatient consultation.

Arrangements have been made for you to be seen at

**Brand Street Resource Centre,**  
**Festival Business Centre**  
**Unit G7**  
**150 Brand Street**  
**Glasgow**  
**G51 1DH**

on:

Date: **Wednesday 16 September 2015**  
Time: **14:30**  
Consultant: **Dr. Byers's Team**  
Clinic: **Dr Byers Wednesday Brand Street RC Clinic**

If this appointment is not suitable, please telephone me on the above number so alternative arrangements can be made. Any specific requirements for your attendance are detailed on the pages enclosed.

Yours sincerely

**Paula Ottaway**  
**Secretary to Dr Byers**

**Glasgow City  
Community Health Partnership  
North East Sector**

**Strictly Confidential**

Dr Shields  
Rutland Surgery  
24 Govan Road  
Glasgow  
G51 1HS

The Arran Centre  
121 Orr Street  
Bridgeton  
Glasgow  
G40 2BJ

Date Dictated:  
Date Typed: 17/08/2015  
Your Ref:  
Our Ref: LW/1380817  
Enquiries To:  
Direct Line: 0141 232 1200  
Fax: 0141 232 1212  
Email:

Dear Dr Shields

**RE: Colin Wright CHI No 0412626071  
11 Garmouth Place, Glasgow, G51 3PA**

Thank you for your referral for the above named patient. Unfortunately they do not live within our area and therefore I have forwarded this referral onto the Brand Street Centre.

You should hear from them in due course.

Yours sincerely,

*Laura Walker*

**[On behalf of the allocation and screening meeting]**

c.c. Allocation, Brand Street Resource Centre