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HELEN ANDREWS.

19.12.80.

Helen is still very attention seeking but has settled down a lot better now that she knows gran is still about and - that she will be going home for Christmas eve and Christmas eve.

20th) Helen was up to her grandmother today to go to bed at 11 o'clock and was back by 6 o'clock she seemed to be quite happy when she came in and asked to go to bed 9.30 as she wanted. [REDACTED]

21st) Helen went down town with [REDACTED] in the morning. Went to party in leisure centre in the afternoon. seemed to enjoy it. Her aunt was down with Christmas gifts this morning. [REDACTED]

22nd. Helen Andrews has been very helpful to day kept asking if there was anything to do. she went to her gran's this afternoon, and seemed very happy when she returned. [REDACTED]

23rd) Helen watched T.V all morning. Had xmas lunch in the afternoon and went to her grandmother's after she returned at night very happy. [REDACTED]

24th) Helen got ready to go to her grandmother's. she stayed all night. [REDACTED]

25th) Helen came back at 11.00 o'clock to get her xmas presents she was very pleased with everything. She went to a party at Radio Toy in the afternoon and went to her graduation at night for a few days.

26th) Helen stayed in all day and played with her xmas presents and watched T.V.

27th) Helen was at a party in the afternoon seemed to enjoy it. Watched T.V. & played games at night.

28th) Helen went to her grandparents after breakfast. Helen came back very happy played games with other children & watched T.V.

29th) Helen was very well behaved and really enjoyed the fair and went to bed quite early.

31st) Helen went to Grans to stay the night very happy about it. S/W called.

1st Jan 1981.

Helen returned happy didn't say much about visit.

2nd Jan. Helen wanted to go and stay the night at grans again and she wasn't upset when she was told that she wasn't allowed to

3rd Jan: Helen played around the house and then went and met [redacted] at night

4th Jan: Went to grove and returned about 4.30 pm and then played around at night,

5th Jan) Helen went to spend her pocket money watched T.V. went to play in the snow at night [redacted]

6th) Helen went down town with [redacted] in afternoon. played in the snow. Looking forward to starting school tomorrow [redacted]

7th) Bit slow this morning but cheery enough [redacted]

Helen very helpful tonight played a few games. Social Worker called stayed about half an hour. Helen very happy to see her. [redacted]

8th) Helen went to baths in the evening with [redacted] had a good time. She came in at nine o'clock went to bed about 10 [redacted]

9th) No Problems this morning just her usual slow self at breakfast. [redacted]

Helen was very happy tonight went to bed when told.

11th) Quiet day. said she had a sore throat. Brother hid her in the mouth, mouth badly cut, but seems alright. [redacted]

12th) Helen went swimming tonight but she is still very busy about doing jobs for you. Still complaining of a sore throat [redacted]

13th Helen of school with tonsillitis to stay of school for next week [redacted]

14th) Helen off school again today but no swelling and running around [redacted]

15th) Helen I sent back to school today but I cancelled her dental appointment Down a [redacted] and [redacted] Tonight Km.

16th) Social worker down to see her [redacted]

16th) Helen was a bit moody tonight but not too bad. She helped do the tea dishes then played about the. She went up to the diaper with everyone else [redacted]

17th) Went to see her grandmother in afternoon came home after tea. No Problem in evening. [redacted]

18th) Helen stayed in all to-day played with rest of children went to bed at 9.00 [redacted]

19th) Helen went to girls Squidgy to-night with [redacted], was quite keen about it when she returned going back next week. [redacted]

20th) Helen was happy tonight & really enjoyed the disco. [redacted]

21st) Helen out at pictures with Social Worker she was very happy on returning.

22nd) Helen played games & watched T.V. all evening seemed to be quite happy [redacted]

Helen Andrews

23rd) Helen was upset tonight at bedtime because Edith kicked her in the stomach.

The rest of the evening she was very good.

24th) Helen is getting even lazier and needs a awful lot of pushing to get her to do things. I feel that if we all ask her to do more things and praise her if she does them, I don't think that she should be shouted at if she does it wrongly but shown how to do it properly because she doesn't have the knowledge to do it.

24th 25th Helen asked to go to Grandmothers today she said that they were all going swimming. ~~she~~ ^{they} didn't go swimming, instead they went to the market and came home with a pea shooter. Helen also took a bag with some jigsaws in it, she came home with an empty bag said her Granny wanted the jigsaws. ~~But~~ she seemed to be lying about her visits to Gran. [REDACTED] spoke to her about the visits and smoking. Helen seems very lonely at the moment and is continuously looking for some attention. I cannot relate to her and I find it very difficult to give her the attention she is so desperately needing and I feel that we all need to try harder to give Helen support and then love she needs.

[REDACTED] We must watch when going to Granings and what she takes with her.

HELEN ANDREWS

31. 1. 80.

Helen was good tonight played games and watched T.V. but had a cough or when got to bed

1st February.

Helen was at the swimming baths this afternoon her grandmother took her home at tea time watched T.V. at night went to bed 10 o'clock

2nd) Helen went to the swimming baths to - night, came home had supper and went to bed.

3rd) Helen was outside playing football with the boys she was reported by one of the boys for smoking but she denies this. said her pocket money is to be stopped for 2 weeks.

4th) Helen's social worker called to - night Helen was very upset. she has got the idea into her head that her gran doesn't want her and she has to stay here until she is sixteen.

5th February - Helen did her homework with great difficulty. She played games most of the evening. Helen seems a lot happier today.

11.2. Helen's social worker down she is trying to arrange a family meeting at Gran's before the case conference hopefully next Thursday.

HELEN ANDREWS

15th. Helen was at her gran's to day had a enjoyable evening watching the T.V and playing Monopoly.

16th. Helen was happy when she came in from school went to the Hills Observatory after tea with [REDACTED] came home at 9.00 o'clock and watched T.V for a while.

17th Helen went up with [REDACTED] to see [REDACTED] Auntie [REDACTED] [REDACTED] she watched T.V. most of the evening. [REDACTED]

18th Helen was up at her gran's tonight with her social worker for a family meeting. Helen is hoping that her gran could maybe come for tea every Friday the social worker says she will see about it. [REDACTED]

19th Feb. Helen's uncle paid a visit. he stayed for his tea left at 1/2 to 7 Helen seemed very pleased to see him, she was happy in a happy mood all evening. played games + watched T.V. [REDACTED]

20th Helen was at her gran's this evening came back at 1.30 quite happy & watched T.V. [REDACTED]

HELEN ANDREWS

6th Feb

7th Feb

8th "

9th "

10th "

12th "

13th "

14th February, Helen was up at [REDACTED] in the afternoon in the evening they played games and watched T.V. [REDACTED]

21st

Helen was at girls today she said she saw her mother, and that she told her to meet her at Craigie High through the week, I discussed it with her & [REDACTED] about our. Helen is very worried about her friend is coming to see [REDACTED] tomorrow. [REDACTED]

22nd

Helen went up with [REDACTED] to her friends this afternoon and brought her back for tea [REDACTED]

23rd. Helen a Girls Brigade tonight. Quiet evening. [REDACTED]

24th Quiet evening [REDACTED]

25th ?

26th ?

27th. Helen was very annoying & very cheeky tonight [REDACTED]

HELEN ANDREWS

28th. Helen at skating to-day really enjoyed herself went to the Disco in the evening with Edith & John at disco in

1st March Helen was up at her gran's this afternoon came back for tea said her gran was in bed ill, had a quiet evening no problems

2nd Helen said there was no quizday tonight, but it seemed there was so she & went up later on. There seemed to be some misunderstanding as to whether or not the quizday leader was there. Came back at 9.00 happy

3rd March No problems tonight watched T.V. Rose Evening

4th Helen got her hair cut, very happy about it, went to bed at 10.00.

5th March. Helen played about most of the evening went to bed at nine o'clock to read.

6th Helen went to gran's before tea returned about 7.30 very good all evening.

7th Went to gran's when they knew she wasn't allowed so for telling Lisa put to bed at 8.30 pm. Seems as if she just couldn't come back.

9th Helen at the Guildry and she is doing a card and she has to clean one toilet, wash hand basin and bath every night this week

11th Helen's S.W. down to see her tonight she will be phoning sometime during the week to let us know if she is going to be taking the girls to the pictures next week or not

13th Quiet evening asked to go to bed early and read

14th March. Helen played in gym until about 8 o'clock watched T.V. rest of evening went to bed 9.30 to read.

15th Mar.

Helen was in a bad mood tonight because she was sent to bed early for swearing at

16th

Helen at guildry had a good time

17th March Helen was happy tonight played games in evening asked if she could go to bed to read about 8 o'clock. No problems.

18th

Helen was out for tea tonight with her social worker, she had a good time and was in a very happy mood on return.

19th March

Helen Andrews

Helen helped to get her things ready for Kingsbarns she seemed to be looking forward to her weekend. No problems tonight [REDACTED]

20th MAR

Helen very happy about going to Kingsbarns for weekend.

22.3 Helen when asked if she behaved herself at Kingsbarns said yes then I heard from three members of staff she hadn't so I put her to bed about 8 o'clock because she liked to

no [REDACTED]

24.3 Helen at the Whitehall theater to see Snow White and the seven dwarfs [REDACTED]

26.3 Helen was sent out to play this evening and she gave [REDACTED] and [REDACTED] love bites and then lied about it so I put her to bed and she is to be in bed by 6 o'clock [REDACTED]

28th MAR. Helen played monopoly and watched T.V. most of the evening was no problems [REDACTED]

~~29th~~

29th March Helen no problem went to bed early. [REDACTED]

30th Helen at Gymbing tonight very quiet when she came home but she said that she enjoyed herself [REDACTED]

31st March Helen went to swimming baths with Edith home 9 o'clock no problems tonight, [REDACTED]

1st April/Went to see Wizard of Oz with [redacted]
went to bed about 10.00pm. S.W.
in to see her but only saw her for
about five minutes before going to
the party [redacted]

2.4.81 Helen wouldn't come down for tea tonight, she was a pest in the evening
Annoying [redacted] + [redacted]. [redacted]

4.4.81 Helen at the sponsored disco masquerade
around a lot of the time

5.4.81 Helen seems to be very moody at the moment
lied again about going to Grans when confronted
with this & any other lies she always
denies it. I think we have all tried to
talk to her about her behaviour but
nothing seems to sink in. Any more suggestions? [redacted]

6.4.81 Helen quite disappointed about her gran
not turning up. She was at the
quiddity tonight and really enjoyed
herself [redacted]

8.4.81 Helen had a quiet day playing
around went to bed early to read [redacted]

9th 4.81. Few problems - Moody, defiant. Enjoy the
fair at B/Ferry. [redacted]

10.4.81 Helen had a quiet evening
had a summer time out today
with S.W. [redacted]

11th April. Helen at gran's today came
back at 5.30, she said
that she wasn't to go back
to her gran's until next Sunday.
had a quiet evening. [redacted]

19th April Helen came to Aylthorpe had a super day Played quietly in the evening went to bed no bother in the evening.

20th Helen at games night came up no bother went to bed about 10pm.

23 April Helen has scoulded all of the inside of her legs in a shower at swimming. Quiet evening No problems.

25th April Stayed in most of the day very moody during day but "came too" in the evening and somehow seemed to be happier than she had been all day.

26th April. Helen went to her group after lunch so-day, she had a good time, was very helpful in the evening no problems.

27th April Went to the Guildry had a good time came home at 9 o'clock went to bed at 9.30.

28th April. Helen's social worker called to night to tell the girls that she would take them to the pictures tomorrow. Helen played games & watched T.V. the rest of the evening.

29th April. Helen at cinema tonight with social worker, had a good time.

30th April Helen played in pool room most of evening no problems.

HELEN ANDREWS.

12th April Helen went out for a walk with [REDACTED] + [REDACTED] they went to the beach came home about 5.30. In the evening her uncle came down about 7 o'clock stayed 9.30 after he left Helen went to bed to read. no problems tonight + did what she was told for once. [REDACTED]

13th April. Helen had a good day went with [REDACTED] a walk in the morning, [REDACTED] & took her to the beach in the afternoon and in the evening we all went to Campar Angus. [REDACTED]

14th April Helen came out with me and the rest of the children ~~was~~ she had a good time, watched T.V. rest of the evening no problem tonight [REDACTED]

15th April. Helen was at Arbroath & Forfar with rest of children to-day. she had to be told off quite often for being cheeky ran off in the huff in forfar. got put to bed a little earlier 1.30. [REDACTED]

16th April Helen went for a walk at night came back at 8 o'clock played Monopoly rest of night went to bed at 10 o'clock. [REDACTED]

17th April. Helen [REDACTED] went to the baths watched T.V. the rest of the evening. P.S. she bumped her head at the baths it was bruised but nothing serious.

Helen ANDREWS

2nd May Helen out all afternoon with [redacted]
came home at tea time No Problems [redacted]

3rd May, Helen at Grange came home after tea
with new pencil case and some money No problem [redacted]

4th May. Quiet day and evening played
man hunt [redacted]

6th May Helen very excited about her S.W. coming
down to see her and they had a
meeting about their hobbies when she
came down. She is going to a club
with her next Thursday. She was very
quiet when the S.W. went away
I (let) her up to 10pm tonight [redacted]

8th May Helen didn't seem very bothered
about going to 'who cares' this
week end. Did her parking & washing
no problems [redacted]

9th May Helen at Balguy House for
weekend, "Who Cares" meeting.

10th Helen really enjoyed herself.
was full of information when
she returned, very good
the rest of the evening. [redacted]

11th May Helen very cheeky tonight
wasn't going to let her
go to guilding but she
has parents right soon, so
she will go to bed early
tomorrow. [redacted]

12th May. Helen was sent to bed early but when I went to check on her she ~~wasn't~~ wasn't there. she was outside playing so I told her she could have an early night for the rest of the week. [REDACTED]

13th. Helen disappeared this evening couldn't find her anywhere. she turned up at 8.30 to have a bath so much for going to bed early. [REDACTED]

14th May Helen out with her social worker tonight came back at 8 o'clock watched T.V. Rest of evening [REDACTED]

15th May Helen good tonight played with friends & watched T.V. [REDACTED]

16th May. Helen & gran came home for tea. No problems.

16 OUT TO JUMBLE SALES IN THE MORNING

17th

18th. Helen at the LJB. parents night she said all went well & she really enjoyed herself her first badge & a book. [REDACTED]

22nd May at Kinglans for w/E [REDACTED]

23rd May Kinglans.

24th May. played all evening (no problems) [REDACTED]

25th. Helen very happy no problems [REDACTED]

HELEN ANDREWS.

26th May after tea played outside came in at 8 o'clock. Watched T.V. rest of evening. Went to bed. 9.30 no problems [REDACTED]

27th Helen got her school report it showed that she was interested in her subjects, but her grades were poor all D & E. [REDACTED] called tonight took Helen. [REDACTED] & [REDACTED] to the ferry for half an hour for [REDACTED].

28th May Helen at F.T. centre tonight no problems [REDACTED]

29th May Helen at gran's tonight had a nice time. [REDACTED]

30th May Helen at gran's in afternoon came back at 6.30 watched T.V. in evening no problems. [REDACTED]

31st Gran never came down to see her after promising to. Helen couldn't do her homework. Went to bed early to read [REDACTED]

1st June. Quiet night, played outside till 8.30. Fighting with her brother at breakfast. No other problems. [REDACTED]

2nd June Helen played about quite happily this evening. [REDACTED]

3rd June. Helen was fighting with [REDACTED] at the tea table she did the dishes as a punishment, said she was going to run away and how much she hated this place, this lasted about 1/2 hr and then she calmed down. No other problems. [REDACTED]

4th June Helen went out with S.W. to the swimming. Quiet night still quiet [REDACTED]

no problems [redacted]

5th June Helen out helping get things ready for the fete.

No problems. [redacted]

6th Helen helped with fete & then went to her gran's, back just after 6 o'clock. No problems. [redacted]

7th June. Helen at St Andrews yesterday had a good time, very good in the evening.

8th June Helen in a good mood this evening played games most of the time. [redacted]

9th June Helen went swimming tonight she lost her swimming costume on the way home. [redacted]

10th June Helen played outside most of the evening was very good.

11th June Helen at centre with social worker no problems went to bed at 8.30 to read [redacted]

12th June Helen watched T.V. earlier on in the evening, showed off in front of everybody later on. [redacted]

13th June. Helen out at Gran's, played happily for the evening no other problems. [redacted]

14th June Helen down at the aft race then out to gran's came home about 8.30pm. Very quiet. [redacted]

15th June Helen at a disco in Arbroath tonight, she was very happy when she came home. [redacted]

16th June. Helen played around the house most of the evening no problems. [redacted]

HELEN

- 18th June Out with her social worker tonight to the centre had a good time came home at 7.30. No problems.
- 19th June. Helen went up to meet [redacted] tonight, she was in a happy mood all evening went to bed to read early on.
- 20th June Helen was down town this morning, went to her gran's in the afternoon was very good in the evening.
- 21st June Helen was at the B.P. picnic with the other children had a good time went to bed early to read.
- 22nd June Helen was out tonight with [redacted] as [redacted] was through at Edinburgh she was at Buxton park was on the boats, had a nice time returned at 7.30.
- 23rd June At junior showtime no problems.
- 24th June at the Wishart centre at a disco No problems.
- 25th June Helen at her gran's back at 8.30 no problems.
- 26th June Out at Kingsbarns, enjoyed her stay but very busy at times. Went to see Gran last night. No other problems.
- 29th June Helen was out with her social worker until 7.30pm came home and said that she had had a great time. Played connect 4 for a while and went off to bed with no problems.
- 1st July Helen was very well behaved tonight helped to do the dishes and good. She doesn't seem to be so aggressive. She went to Kingsbarns tonight.
- 18th July Arrived home from Buxton after a good holiday no problems in eve.
- 19th July. Went up to her gran's in morning came home for teatime. g. Helen showed me a letter that her gran got from their mum with a phone number to phone mother they phoned her twice this eve and she is to be coming to C.H tomorrow evening.
- 20th July Helen's mum came this evening. She was very excited about seeing her. She is hoping to take them all out for the day sometime.
- 21st July. Helen up at her gran's today came home in time for tea she then went out with [redacted] came home 8.30.
- 22nd July Helen was in a terrible mood, couldn't say anything to her without her going in the huff. very excited after mum phoned.

23rd July. Helen up at grans today came home after tea. Mother phoned three times tonight between 6 o'clock & 9 o'clock. Helen was very high after these phone calls. Helen went to bed at 10 o'clock.

24th July Helen at with mum to-day went down town & then home for tea, came back at 8 o'clock had a great day very excited.

25th July Helen out at grans today, came home quiet happy. Mum phoned up twice tonight and every phone call after that she raced to the phone in case it was mum.

26th July Helen came home from her Grans after tea. I asked if she had seen her mother but she said 'no' just her Gran. was showing off most of the time with her sister.

27th July Helen down at the beach with [redacted] in the morning and with me in the afternoon. She is very high just now but not so aggressive in showing her feelings. Mother was supposed to come down this evening but phoned to say she couldn't make it because she had sun burn, it took Helen all of her time to not to cry but she managed. Mum is supposed to come down on Thursday.

28th July Helen out to the berries this morning. Played around this afternoon and got ready for the Poney dress tomorrow. Spurred everything I said and did all day. Went to bed to read.

29th July Helen at the berries and made £1.12p. She went to Grans in the evening and came home about 8.30pm. No problems.

1st Aug. Helen out with her mother this afternoon came back at 8 o'clock. Had a good day. did her washing as she had been putting it in the wash basket instead of doing it herself.

2nd Aug. Helen at berries in morning, went to grans in afternoon, no problems in the evening she was very content in playing games & watching T.V.

3rd Aug. Helen down at the beach in afternoon, in morning dy to her down to get new school uniform no problems.

HELEN ANDREWS

- 6th Aug. Helen in bed early for throwing stones at her brother. Mum phoned tonight.
- 7th Aug Helen was out all day with her auntie and they stayed for tea. Thoroughly enjoyed herself. Returned home about 9.30pm. No probs.
- 9th 8.81 Helen told me that she was out with her mum yesterday and how much she enjoyed it. She did all her washing this evening and did exercises. No probs.
- 10.8.81 Helen was at Gran's for the day, came home at about 7.30pm and played outside until 9.00 went to bed at 10.00.
- 12.8.81 Helen helped at teatime. Went to Alyth with [redacted]. She had her haircut. [redacted]
- 11.8.81 Helen played around all evening. No probs. [redacted]. Her periods started tonight. [redacted]
- 13.8.81 Helen was in the sitting room most of the evening talking away. No probs. [redacted]
- 16.8.81. Helen out with her Gran this afternoon. I caught her in the bathroom wiping herself after using the toilet with a jumper that was lying on the floor, it took about 10 mins before she would place it in some disinfectant she just stood staring at it. [redacted]
- 17.8.81. Helen was sent to bed after last night's incident, she made a fuss but went because she was ignored. [redacted]
- 18.8.81 Helen home from school quiet and very well behaved. She was all excited about going out for a walk with [redacted] and when I asked if it was to meet boyfriends she just laughed. She was a little bit late home. I was watching Helen tonight and she is looking a lot for attention but she doesn't know quite how to get it. She doesn't seem able to come and sit beside you but stands off and looks. So I tried to include her last night as much as I could. No probs. [redacted]

18. 8. 81. Helen very helpful tonight, she is excited about her birthday on Friday she is hoping to go to her class after school tomorrow night for a Birthday tea. [REDACTED]

20th August. Helen went to her Grans for tea she was given £2 for her birthday. Helen was very loving and helpful tonight I think this was due to the fact that it ~~was~~^{is} her birthday tomorrow. [REDACTED]

21. 8. 81. Helen is a great mood, she was very pleased with her watch, at bedtime she was ~~all~~ embarrassed ~~when~~ everyone sang Happy Birthday, [REDACTED] she was delighted with it. Helen ~~is~~ ~~was~~ out with [REDACTED] to a friend's house tonight she had a great time, came home 10 o'clock.

22. 8. 81 Helen was at her aunties all day and then she went up to the park with [REDACTED] No probs [REDACTED]

23. 8. 81 Helen out at her Grans was home for tea. In a very grumpy mood this evening but no real problems [REDACTED]

24. 8. 81 Helen's S.W. down this evening for a talk. Then she went out to play with [REDACTED]

25th August Helen out with [REDACTED] tonight home at 8.30 no problems tonight [REDACTED]

26th Aug Helen out played around the building. No probs [REDACTED]

27th Aug Helen went to see her Gran this evening no probs [REDACTED]

28. 8. 81. Helen came home from school complaining of a sore knee, it was a bit swollen so I bandaged it up. she seemed alright later on in the evening she could still run about.

29. 8. 81 Helen up at her Grans for tea tonight home at 8 o'clock did her uniform went out to play for a short time after her bath she asked if she could go to her bed and read no problems. [REDACTED]

23. Oct. Helen enjoyed herself at Angus House she said they went a lot of walks & she wasn't bored one. She went with her sister & her friends house came home at 8 o'clock went to bed early to read.
24. 10.81 Helen at Angus but went up to her dad's he phoned at tea-time to see if Helen and [redacted] could stay with him overnight I told him that they couldn't. They came home at 7.30 no problem watched T.V. most of evening [redacted]
25. 10.81. Helen & [redacted] were upset that their father didn't call for them to-day they were waiting most of the afternoon. Their social worker is calling tomorrow. [redacted]
26. 10.81. Helen's social worker called tonight I explained to her about the weekend. She said that she would contact father to see if it would be alright for Helen to visit on Sundays. She said that she would let us know if it was alright. [redacted]
27. 10.81 Helen quite night mum phoned tonight coming down Wednesday [redacted] She kept asking the girls ~~stupid~~ stupid questions like what they would feel like if she was die. & if they loved her and told them not to forget her. [redacted]
28. 10.81. Helen was disappointed that our dad didn't come. She spent most of the evening watching T.V. & arguing with her sister. [redacted]
29. 10.81 Helen made her trip lantern tonight & watched T.V. went to bed 9 o'clock No problem. Mum phoned tonight again. [redacted]
30. 10.81. Helen at Halloween party.
1. 11.81 Helen played around all evening and had a bath & washed her hair [redacted]
4. 11.81 Helen at school with 10.15 [redacted]
3. 11.81 Helen played around all evening no probs [redacted]
5. 11.81 Helen went swimming tonight she watched T.V. [redacted]
6. 11.81 Helen at swimming. [redacted] cut her hair.

- 7.11.81. Helen at her gran's today, very happy because the house has been all decorated. [REDACTED]
- 8.11.81 Helen at gran's today came home after tea No problems. [REDACTED]
- 9.11.81 Helen at bath's tonight with rest of children & St Jack had a good time. [REDACTED]
- 10.11.81 Helen in all night watched T.V. most evening no problems in a good mood [REDACTED]
- 11.11.81 Helen at swimming tonight, she went to bed straight away because the other children were teasing her about kissing [REDACTED] walking up the road. [REDACTED]
- 12.11.81 Helen in all evening did her knitting went to bed 9 o'clock No problems [REDACTED]
- 13.11.81 Helen at swimming tonight came home @ 3.30 watched T.V. & went to bed to read. [REDACTED]
- 14.11.81 Helen at gran's came home after tea time watched T.V. [REDACTED]
- 16.11.81 Helen went to swimming with [REDACTED] then watched T.V. [REDACTED]
- 17.11.81 Helen out at swimming had her supper and went to bed social worker down tonight [REDACTED]
- 18.11.81 Helen went swimming this evening then watched T.V. [REDACTED]
- 19.11.81 Helen and Angus have been kissing and being touched by [REDACTED] I've had a word with her but I still don't think she knows what is going on. [REDACTED]
- 21.11.81 Helen had her hair cut tonight before she went to see a play at school. Came in at 9.45 said she had enjoyed it. [REDACTED]
- 20.11.81 Helen had a night in to do her washing and wash her hair [REDACTED]
- 11.81 Helen home after tea watched T.V. all evening. [REDACTED]
- 20.11.81 Helen at gran's today no prob. [REDACTED]
- 11.81 Helen at theatre had a nice time. [REDACTED]
- 11.81 Helen in all evening No problem went to bed early tonight to read [REDACTED]
- 4.81 Helen watched T.V. all evening no problems went to bed 9.30 [REDACTED]

27. 11. 81. Helen in all evening watched T.V. & played
 elastics in the gym. [redacted]
28. 11. 81 Helen yet again not allowed out for a week
 for having dirty washing. Quiet evening
 watching T.V. [redacted]
29. 11. 81 Helen played cards and watched T.V. [redacted]
1. 12. 81 Helen went down town for new
 clothes with [redacted] then went swimming
 I asked her to do the dishes
 with [redacted] & [redacted] they all
 argued down the stairs so she
 had an early night. [redacted]
2. 12. 81 Helen out at swimming with [redacted] came
 home 8.30 and was in bed for 9.00. [redacted]
3. 12. 81 Helen played around and watched T.V.
 she went and got washed and
 filled back up the bottle again and
 plugged it in, she had soaked the
 plug and she was very lucky not
 to get an electric shock. [redacted]
 put off the T.V. so she went to bed
 before the older boys came home. [redacted]
- 4th 11. 81 Helen went swimming - had a quiet evening
 watching television. [redacted]
5. 11. 81. Helen went shopping to-day
 with [redacted] friend [redacted] & her sister
 & [redacted]. She watched T.V. rest of
 evening no prob. [redacted]
6. 12. 81 Helen at gran's today home after tea no problems. [redacted]
7. 12. 81. Helen at bath tonight home 9 o'clock was
 minding her own business when [redacted]
 decided to kick her in the head,
 because she was being allowed to do
 supper dishes in morning. [redacted]
8. 12. 81 Helen helped make decoration tonight no problem went to bed
 8.30 to read. [redacted]
9. 12. 81. Helen was in the sitting room all evening
 because of [redacted] noisy. went to bed
 at 9.30. [redacted]
10. 12. 81 Helen went down to the city centre with [redacted] to see christmas
 lights switched on. went to bed 8.30 to read no problem. [redacted]

11.12.81 Helen at baths home 8.30 watched T.V. went to bed 10.30. no prob. &.

12.12.81 Helen was supposed to be with gran all evening & afternoon. She returned home with mother and this latter at 9pm. Mum had been drinking but she wasn't "fuzzy" drunk she was really awfully depressed. They had been up at Aunties and had been celebrating because mum had gotten a job in Manchester. Helen told me that her mum had had a bottle of wine. Mum caused a rumpus in the house then went in a taxi. Helen then settled down and watched T.V. [redacted]

13.12.81 Helen at Grans for the day came home after tea, had an argument with [redacted] ~~se~~ was sent to her room for a while. Quiet evening watching television [redacted]

14.12.81 Helen never ever bought new tights at the weekend ~~th~~ like she was told to and she had just been telling a pack of lies. She was swimming this evening then she was at the childrens meeting about Christmas party [redacted]

15.12.81 Helen played outside in the snow for a while then watched television until bedtime [redacted]

17.12.81 Helen at swimming [redacted]

18.12.81 Helen at swimming tonight. Watched T.V. then went to bed. [redacted]

19.12.81 Helen at Grans today Home 7.15 no prob. problem went to bed 10.30 [redacted]

20.12.81 Helen at her Jack [redacted] this afternoon home 5.30 watched T.V. most of evening. [redacted]

14. 9. 81.

Helen at swimming tonight, she was sick when she came home went straight to bed. [REDACTED]

15. 9. 81

Helen good tonight played in gym and watched T.V. helped about the house tidying out her locker etc. Went to bed 9 o'clock. [REDACTED]

16. 9. 81.

Helen went out for a while with [REDACTED] came home at 8.30 very good. [REDACTED]

17. 9. 81

Helen no problem this evening stayed in watched T.V. Went to bed 8.30 to read. [REDACTED]

18. 9. 81.

Helen went to baths tonight, on her way home she was carrying on with the others, she tried to slide down one of the girders that hold up the bridge ^{going} to the leisure centre & fell about 12 ft. She was admitted to D.K.I. she has fractured several bones in her spine & is being kept in for observation till Monday. She was quite happy & peaceful when I left. [REDACTED]

HELEN ANDREWS.

- 29th 20th. Helen in hospital. Gran, [redacted] e [redacted]
up to see her. [redacted]
21. 9. 81 Helen out of hospital today doesn't seem to be in any
pain running about in the gym tonight. She keeps on
about what happened to her when she was in hospital.
Her uncle [redacted] phoned her tonight to see how she was [redacted]
- 23rd 9. 81 No [redacted] problem tonight played in gym + watched T.V. Went to bed
9³⁰ o'clock [redacted]
24. 9. 81 Helen was out until about 8.00 and then sat and
watched the film with the other children. Went
to bed before the end because she said she
was tired. [redacted]
25. 9. 81. Helen went to swimming with her
sister, was complaining of being
tired went to bed at 9.00 o'clock
to read. [redacted]
26. 9. 81 Helen at gran's today came home at 7 o'clock no problem watched T.V
Went to bed to read at 9.30 [redacted]
27. 9. 81. Helen at gran's, was tired had a
bath early e went to bed. [redacted]
28. 9. 81. Helen sat playing most of the night
came in 8.00 o'clock, watched T.V
for a while e went to bed 9.00. [redacted]

HELEN ANDREWS

- 29.9.81 Helen in a terrible mood tonight screaming + shouting at everyone. I asked her if anything was bothering her, she said that she read in the paper that her mum had been battered last week. Helen helped me make the boys beds + calmed down, and was a bit happier by bedtime. [REDACTED]
- 30.9.81. Helen out playing most of night in a happy mood no prob. [REDACTED]
- 1.10.81 Helen social worker down tonight, Helen is good mood no problem went to bed 9 o'clock to read. [REDACTED]
- 2.10.81. Helen went out after tea, to some shop she thought would be open for a rubic cube, she came home about 7 o'clock, said the shop was shut so she went to gym for a little while. [REDACTED]
- 3.10.81 Helen stayed in all evening, went to bed at about 9.30pm No problems. [REDACTED]
- 4.10.81 Helen was at the swimming pool then she was away looking for conkers and she lost her watch. Watched T.V. No probs [REDACTED]
- 6.10.81 Helen was at the steps to see a film then played around and watched T.V. all evening No probs [REDACTED]

- 8 Oct Helen was at grand then auntie in the afternoon. Watched T.V. [REDACTED]
- 9 Oct Helen in all evening played games + watched T.V. Went to bed 10 o'clock [REDACTED]
- 10 Oct. 81 Helen was up at her mums this afternoon stayed for tea came back at 7 o'clock & no problems played Monopoly rest of evening [REDACTED]
11. 10. 81 Helen helped with housework in morning went to baths in afternoon watched T.V. most of evening no problems [REDACTED]
12. 10. 81 Helen in bed early this evening because she was fighting with her sister [REDACTED]
13. 10. 81 No problem with Helen tonight watched T.V. + played games Went to bed 9 o'clock [REDACTED]
14. 10. 81 Helen played around all evening then watched the football No prob [REDACTED]
15. 10. 81 Helen had a quiet evening watching the television until about 8.45pm when she asked if she could go to bed to read. [REDACTED]
17. 10. 81 Helen no problem this evening played Monopoly and watch T.V. [REDACTED]
19. 10. 81 Helen away to Edzell with the school for a week [REDACTED]
20. 10. 81 Helen Away. [REDACTED]
21. 10. 81 Helen on holiday [REDACTED]
22. 10. 81 Helen on hols. [REDACTED]

30.8.81. Helen at her gran's to-day didn't come home till 8.30. they said they had tea at gran's & didn't catch the bus till 8.15. They were worried about not getting to see gran at weekends because she is meant to be moving in with their aunt [redacted].

30.8.81. Helen did her washing tonight, played around in the sitting room & watched T.V. no problems. [redacted]

1.9.81 Helen out with social worker tonight had tea out back at 7 o'clock. Watched T.V. rest of evening. No problems. Went to bed. 9.30. [redacted]

2.9.81. Helen went out to see her friend tonight. She came back at 8.00 had her bath & watched T.V. [redacted]

3.9.81 Helen with rest of children this afternoon to visit German ship. Had a good time. In the evening [redacted] caught Helen & [redacted] kissing in the bushes at girls end when I asked her about it she denied this. I went to bed 9 o'clock. [redacted]

4.9.81. Helen in a very helpful mood tonight. watched T.V. afterwards.

5-7 Sept Helen out with the C.B.'s all day. Saturday then out with her gran all Sunday. No probs. [redacted]

Helen Andrews

- 7.9.81. Helen did her washing tonight as soon as she came in from school, she played with the Sindy things in the bedroom most of the night.
- 8.9.81. Helen played around all evening. Very helpful she helped with the dishes without being asked.
- 9.9.81. Helen stayed in all night, watched T.V. & played with toys.
- 10.9.81. Helen looking for a lot of attention tonight. Her periods come again and I think they are really hurting and hurting her a lot. She was sick tonight.
- 11.9.81. Helen no problems went to Y.M. brought her back at 10 o'clock.
- 12.9.81. Helen very helpful at tea time, went in a mood & starting arguing with her brother. Settled down later on.
- 13.9.81. Helen at gran's today home at 8 o'clock. No problems watched T.V. rest of evening.

- 21.12.81. Helen in all evening helped decorate
xmas tree, very good. [redacted]
- 22.12.81 Helen enjoyed her xmas dinner played around the house most of the
evening no problem. [redacted]
- 23.12.81 Helen at Party her teacher didn't turn
up but she enjoyed herself apart from
being disappointed [redacted]
- 30.12.81 Helen at Grans with [redacted] today came home at bedtime didn't want
any tea she ate going to Grans from there - Monday both very excited
played monopoly most of evening [redacted]
- 31.12.81. Helen at Grans till Monday.
1st Jan. Helen at Grans phoned this afternoon having a good time. [redacted]
2nd Jan. Helen back for pocket money today
very happy. [redacted]
- 3rd Jan. At Grans [redacted]
4th " Helen came home at 7 o'clock from Grans
had a good time, was talking about
going for weekends, I told her not
to build her hopes up until she
seen [redacted] about it. [redacted]
- 5th Jan Helen played games in sitting room most of evening - watched T.V.
after her supper she complained of a sore head and went to bed [redacted]
- 6.1.82. Helen at Grans today home 6 o'clock.
Mum phoned several times tonight,
while she was on the phone, [redacted]
[redacted] phoned to talk to [redacted] he
must have got the same line. Helen
called him uncle names & swore at
him. She was put to bed & wasn't get
any pocket money this weekend [redacted]
- 7.1.82 Helen in sitting room played games & watched T.V. went to bed
9 o'clock [redacted]
- 8.1.82. Helen in all evening [redacted] was up
to see her & [redacted] had a long
talk in the office. [redacted]
- 9.1.82 Helen in all afternoon played around
and talked about. Makes up a lot of
stories about when she was [redacted]

11th Jan Helen went swimming with [redacted] and [redacted] then watched a programme about snakes [redacted]

12th Jan Helen at swimming, came home with her hair soaking wet so I have warned her that if she does it again then she will be stopped from swimming. [redacted]

13th Jan Helen asked [redacted] for a swimming ticket before she could go. [redacted] told her she could go. [redacted] was told off but still went. [redacted]

14th Jan Went swimming was home by 9.00pm, watched the end of the film and then went to bed. [redacted]

15.1.82. Helen went swimming home 8.30 went to bed early to read. [redacted]

16.1.82 Helen in all afternoon and evening watched T.V. Most of this time, went to bed 9.30 to read. [redacted] came home from gran at 7 o'clock with a letter saying that they weren't to go up tomorrow because gran isn't staying in her own house she is staying with Auntie [redacted] Helen was a bit upset about not getting to go tomorrow. [redacted]

17.1.82. Helen in all day played in bedroom with most of afternoon with [redacted] a few friends was quiet at night no prob. [redacted]

18.1.82. Helen at bath tonight home 8.30 very happy because soon planned [redacted]

19.1.82 Helen took out her drawer + cupboard tonight did her washing + watched T.V. No problem. [redacted]

20.1.82. Helen was in all night watched T.V. & did some school work. [redacted]

21.1.82 Helen no problems tonight washed her hair watched T.V. Went to bed ~~at~~ 9.30 [redacted]

22.1.82. Helen was very quiet tonight but I watched T.V. Went to bed at 10 o'clock. [redacted] Helen down town with [redacted]

31.82 Helen pleased with her new things. [redacted] Helen didn't do her school uniform last night after I told her to do it about three times. She is away to gran and will be back for tea [redacted].

Helen Andrews.

23rd Jan. Helen washed her school uniform. Came home from Gran's early as Gran is not well. Quiet evening watching television. [redacted] Help tidy the bin area.

24.1.82 Helen gone to see how her gran is home for tea. [redacted].

24.1.82 Helen came home from her Gran's after [redacted] and there was some talk about either herself or [redacted] being at mums and when asked they were really confused. Helen was asked to get everything ready for school played games most of the evening. She had a bath and washed her hair [redacted].

25.1.82 Helen hadn't anything ready for school the hem on her skirt was down and she had dirty socks. She also didn't brush her hair - even though she had been asked repeatedly to do so [redacted].

Helen did some washing and sewed her skirt. Watched television for the rest of the evening. [redacted]

26.1.82. Helen's bed & locker was a real mess this morning, dirty washing etc so I did not touch it and she has it all to clean before when she comes in from school. [redacted]

Helen was very angry when she came home because of having to clean her room, but she did it all. She went swimming with [redacted] [redacted] and [redacted] got herself killed on road.

27.1.82 Helen is still taking no pride in appearance [redacted]

Play around during the evening. Helen was unable to get to the toilet quick enough and urinated on the floor beside her bed she was very ashamed about this and was frightened to tell me. I explained to her that people can have accidents and that it was nothing to worry about. She was very quiet when she went to bed. [redacted]

28.1.82 Helen played around the sitting room playing games and watching T.V. [redacted]

29.1.82. Helen at swimming had a quiet night
no prob. [redacted]

30.1.82. Helen at gran's today stayed for tea
home 6.30 was crying with [redacted]
about going to gran's [redacted] of [redacted]
Helen that it was [redacted] time to
go to gran's. [redacted]

31.1.82. Helen at gran's today home 1.30
was in a good mood. she had
cheering gave a [redacted] because
she [redacted] give [redacted] something
he teased her. [redacted] was crying for a
while & her car had a [redacted] with
on it. [redacted]

1.2.82. Helen's bed space is a
disgrace so I [redacted] house left it
for her to do [redacted]

2.2.82. Helen stayed in and tidied
up her bed space & tidied up
her drawer she threw a lot
of rubbish out, played around
with the [redacted] girls no
prob. f. [redacted]

2.2.81. Helen very grubby looking so
I asked her at bath time to
have a good scrub which she
did. She played with the
[redacted] girls all evening
talked about her periods [redacted]

3.2.81. Helen was at swimming tonight
home 8.30 no prob. [redacted]

4.2.81. Helen not home for lunch at history
club. [redacted]

Helen played in the building with [redacted]
No problems I told her off for laughing
at [redacted] explaining that it wasn't
his fault he acted that way he does [redacted]

5.2.81. Helen played around with the
[redacted] girls all evening no prob.

6.2.81. Helen came shopping with me &
this afternoon and then she
made chilli con carne. She went
to bed rather than watch the
film [redacted]

HELEN ANDREWS

7.2.82 Helen at crows with [redacted] and should be home for tea. Helen home after tea. quiet evening play around the house. E.P.

8.2.82 Helen ~~was~~ ~~tidied~~ tidied up her room then went swimming and watched myself and [redacted] playing chess [redacted]

9.2.82. See main log. Helen played around the building until bedtime. ^{10.2.82} Her appointment came for the hospital but unfortunately it was too late for her to attend. I found the hospital and made another appointment for next Wednesday 14th 9.30

10.2.82 Helen went to the pantomime with [redacted] and [redacted]. She took her periods this evening and had quiet bad cramp.

11.2.82 Helen quiet evening around the house no problems. [redacted]

12.2.82 Helen came home from school and complained of having stained her fingers. I told her that I was her special person and after that she never left me alone. She did her school uniform and I showed her how to iron properly. [redacted]

13.2.82 Helen played around all afternoon I washed her hair in evening. she was very friendly today + kept ~~coming~~ comming up + putting her arms round my neck she wanted to go to bed and read at 9 o'clock [redacted]

14.2.82. Helen was at swimming this morning. at the match this afternoon then went to her room afterwards here 4.30 was very happy went to bed at 9 o'clock to read no prob. [redacted]

15.2.82 Helen played about house in evening watched T.V. Went to bed 9 o'clock [redacted]

16.2.82. Helen was at swimming tonight home 9 o'clock had supper then went to bed. [redacted]

17.2.82. Helen at west clinic this morning got some liquid put on her finger. has to go back on 14th April.

14.2.82 Helen no problem helped me clean out the toy cupboard played with [redacted] and [redacted] rest of evening [redacted]

18.2.82 Helen's mother called several times tonight. She was wondering how they were getting on. I think she was a little drunk as she was saying to the kids that she was going to die if she didn't stop drinking although they didn't show + the kids were upset. Mum also said she had received a letter informing her about the parcel. She also said she would be in sometime. Helen on a own phone asking to speak to the kids. I told her they were in bed. He didn't believe me! He asked to speak to someone in charge so he spoke to [redacted]. Kathy spoke to Helen & comforted her a little before going to bed. [redacted]

19.2.82 Helen played in sitting room most of evening. Helped [redacted] went to Bed at 9 o'clock towards [redacted]

20.2.82 Helen played around the house for the evening. Quite happy evening [redacted]

21.2.82 Helen at her gran's and then she played about the building. She was at gran's for tea [redacted]

22.2.82 Helen at swimming with [redacted]

23.2.82 Helen hung around me all evening and helped me to lock up. She played with the boys later on [redacted]

26.2.82 Helen went down the town for posters for her bedroom but the shops were shut. Straight after tea she went to see [redacted] with [redacted] in Hospital. She came home quiet happy and talked about her outing. She soaked her feet in hot water and vinegar to see if it would help the swelling on them [redacted]

26.2.82 No problem with Helen tonight played about with the other girls went to bed at 9 o'clock to listen to radio with the others [redacted]

Helen Andrews

- 27.2.82. Helen was at her grans today very cheerful when she came in unschool T.V. & played with [redacted] went to bed early to read. [redacted]
- 28.2.82 Helen at grans with [redacted] stayed for tea had a good time came in at 7.30 no problems [redacted]
- 2.3.82 Helen played foot-ball with players before tea went to baths after tea home 8.30 No prob. [redacted]
- 4.3.82 Helen up at grans tonight - for tea home 7.30 Watched TV rest of evening [redacted] (Mum phoned tonight)
- 5.3.82. Helen was out swimming tonight, she was very tired on her return and fell asleep while I was cuddling her and [redacted]
Helen at Grammys [redacted] on Saturday, had a disco in the evening. she brought home photos of her, [redacted]
Mum a grans during the day - quiet evening in Also see main log. [redacted]
weekend.
- 8.3.82 Helen played Monopoly in the sitting room had her bath and then played games in the sitting room [redacted]
- 9th.3.82 Helen spent a quiet night in the sitting room had a bath and was in bed before 9.00pm. Sharon and [redacted] were out so I think she felt a bit left out. [redacted]
- 10.3.82 Helen played around with [redacted] and [redacted] it was really good to see them act like they were sisters and brother she sat and yapped until about 10.30pm [redacted]
- 11.3.82 Helen was out with [redacted] said she had a good time and was quite happy until bedtime there was alot of 'carrying on' in the bedroom it ended up with [redacted] and Helen standing out in the corridor until they calmed down, Helen

12.3.82 Helen went to the garage with [redacted] tonight she played around in the sitting room and talked to [redacted] and [redacted] girlfriends!

13.3.82 Helen went out after breakfast - to sell flags went up to grans 19.30 came back home 8.30 watched T.V. rest of evening [redacted]

14.3.82 Helen up at grans today came in at 4 o'clock Helen had fight in bedroom with [redacted] went to bed 8.30. [redacted]

15.3.82 Helen played in games room until 8 o'clock came up and watched T.V. went to bed 8.30. [redacted]

16.3.82 Helen off school with a throat infection but seems quite lively - she has medicine to take 3 times a day. [redacted]

17.3.82 Helen played table tennis tonight doesn't seem to be bothered much with her sore throat [redacted] off school

18.3.82 Helen played in the house I was up at her P.T. meeting and spoke to [redacted] and [redacted] about Helen wanting to be a nurse. They both agreed to speak to Helen about it and let her down as easily as possible I spoke to Helen when I came back and filled in her choice form [redacted] off school.

19.3.82 Helen played in games room tonight - watched T.V. she was in a very happy mood tonight. [redacted]

Helen Andrews

- 21.3.82 Helen was at grans today she came home about 3pm she had had a good time
- 22.3.82 Helen played around the house until bedtime.
- 23.3.82 Helen had her hair cut tonight and she was very pleased about it. She played in the Rec Room then watched T.V.
- 24th.3.82. Helen was out at Skids, I asked if Helen got on alright with the group and she said that Helen did join in with the other children and enjoyed herself.
- 26.3.82 Helen played about house most of evening helped in kitchen to prepare special supper went to bed after short disco.
- 27.3.82 Helen went to school sale of work with then up to grans Helen came home at 4.45. Watched T.V. + played in games room went to bed. 10.30.
- 28.3.82 Helen went to grans & came home 8 o'clock Watched T.V went to bed
- 29.3.82 Helen was at a Fancy Dress party at the History Club at the school she really enjoyed herself and came home about 10pm
- 30.3.82 Helen played around tonight following the staff about as usual. She is not getting herself involved in the bitchiness in the bedroom. She went to bed at 10pm
- 31.3.82. Helen at Skids said she had a good time.

had a fight with [redacted], but apologised to me for her bad behaviour. Bed at 10.30pm. Mr.

16.4.82 Helen, [redacted] and [redacted] and I went up to day to visit gran to see about them staying for the weekend. This was agreed as long as they don't visit [redacted] in Douglas. She played

* around in the evening

17.4.82 Helen has taken the flu and she was very upset that she couldn't go to gran, so I promised that she could go another weekend. [redacted]

18.4.82 Helen seemed much better today until night time when she brought up the diarrhoea I gave her and she was really dizzy

19.4.82 Helen has blisters on her lips and under her nose I called in the doctor and he came and has given her penicillin medicine she has fortnightly [redacted]

20.4.82 Helen was allowed up this afternoon but she stayed in the sitting room and played games [redacted]

~~21.4.82~~ Helen

* at [redacted] birthday dinner S.

21.4.82 Helen played about the house all evening wasn't pleased when I told her she couldn't go out to play. [redacted]

22.4.82 Helen played around inside tonight she played in the Rec Room [redacted] She was chosen by the other children for the high jump [redacted]

23.4.82 Helen played about the house most of the day went to the park at night, very excited about going to Gran's tomorrow.

24.4.82 Helen at Gran's - overnight stay.

25.4.82 Helen home from Gran's 8 o'clock seemed to have a good time played in sitting room until bedtime.

26.4.82 Helen went to the football match and helped to make supper when she returned. Watched T.V. until bed-time.

27.4.82 Helen out with other children to beach, watched T.V. when she came in. Went to bed 9:30.

28.4.82 Helen played outside after tea. Watched T.V. until bed-time at 10pm.

29.4.82 Helen up at Gran's until 8 o'clock watched T.V. when she came home no problems.

30.4.82 Helen left before tea for an overnight stay at Gran's.

1.5.82 Helen returned after tea played her game, ~~the~~ She then played five stones and cards in the sitting room until 11:30pm then watched the late film.

2.5.82 Helen came down to the place today then up to her Gran's for the afternoon. She returned early evening and had her supper with everyone else in Scott House. Played cards for the rest of the night.

3.5.82 Helen went up to her Gran's after lunch and went up to the

Helen Andrews
to see [redacted] ~~the~~ In the evening
I picked her up at the hospital
and she came down to the
Berry beach and [redacted] and [redacted]
Played in the bedroom with the
girls later on [redacted]

4.5.82 Helen up to see [redacted] in hospital tonight no problem she didn't
speak much to [redacted] was too interested in what else was going on
in the Ward. Went to bed 10.30 [redacted]

5.5.82 Helen was at the committee meeting ^{though}
for the kids ~~and~~ later she played
with the student who came
down from Inverfield. She is still
kidding to show affection and
this is causing her alot of hassle.
She then played cards and messed
about until 2am. She was [redacted]
quite concerned about [redacted]
and was very pleased that
when I phoned up the hospital
everything had gone well with
his op and he was sleeping.

6.5.82 Helen went to Braughly Ferry with [redacted]
[redacted] in the afternoon - she returned with [redacted]
and [redacted] for tea. Later went to visit [redacted]
in hospital and determined to go tomorrow night too.
Bed at 10.30pm [redacted]

7.5.82 [redacted]

[REDACTED]
7.5.82 Helen came up to the hospital to see [REDACTED]. She was quite worried about him. She returned and watched T.V. [REDACTED]

8.5.82 Helen up to see [REDACTED] in afternoon (with Gran.) said he was fine but worried about his other op. fighting ~~with~~ with [REDACTED] at night was going to run away. Managed to calm her down she went to bed 10 o'clock Helen very 'high' at the moment. [REDACTED]

9.5.82 Helen went to see [REDACTED] with her Gran in the afternoon. Returned home at 7.45pm - discussed paper round with her (see main log) Helen still very 'high', being very cheeky. [REDACTED]

10.5.82 Helen was supposed to go out with her S/W but she went in a mood and [REDACTED] left without her she was very annoyed about this but came out of her mood fairly quickly. She went swimming with some of the other children. [REDACTED]

11.5.82 Helen went to visit [REDACTED] with [REDACTED] tonight. She was pleased to find that he is up on crutches now. She has quietened down a bit. [REDACTED]

12.5.82 Helen went across to Mayfield to see then up to Baxter's Park to watch the pommel horse jumps. She then went to play hockey and the ball hit her in the mouth and has a "pudder lip" apart from that she enjoyed herself. [REDACTED]

13.5.82 Helen off school because of her mouth - it is [REDACTED] + + +

- 13.5.82. Helen went to visit [redacted] on her own at night.
Came home exhausted and went straight to bed [redacted]
- 14.5.82 Helen helped to move into the
room with [redacted] and [redacted]
✓ She was very helpful. She was at
- 15.5.82. Helen at Gran's. [redacted]
The doctors today about her
mouth and she had a mouth
wash to do. [redacted]
- 16.5.82 Helen came back from Gran's
she had a good time. She
helped make the supper and
she was quite chatting [redacted]
- 18.5.82 Helen was bathing [redacted]
around the [redacted] so I
sent her to her room for the
rest of the evening [redacted]
- 20.5.82 Helen played outside at Man
Hunt all evening. She came
in had a bath and went
to bed [redacted]
- 21.5.82 Helen went down town to get ears pierced before the [redacted] she
did her washing, played about house & tidied up her room went to bed
at 10 o'clock. [redacted]
- 22.5.82. Helen at Gran's for overnight stay. [redacted]
- 23.5.82 Helen home from Gran's around 8 o'clock had a good time was
at disco & tidied her bedroom. Went to bed 10 o'clock. [redacted]

- 24.5.82 Helen went out for tea with [redacted] and [redacted]. Played out at the boys' end until 9.30pm and then went to bed. Very cheeky when she came in. [redacted]
- 25.5.82 Helen in a mood all evening went over to Mayfield when she ~~was~~ knew she shouldn't have went to bed 10 o'clock [redacted]
- 26.5.82 Helen's social worker came for tea. Helen later went swimming with [redacted] and [redacted]. She stayed up to watch the late film. No problem. [redacted]
- 27.5.82 Helen down with [redacted] to get new clothes for her trip ~~with~~ ~~the school~~. Was in Scott House most of evening no problems. [redacted]
- 28.5.82 Helen played about the house all evening. She walked [redacted] friend up the road with [redacted]. Went to bed at 10.30pm. No problem. [redacted]
- 29.5.82 Helen away on a school History Trip and then went straight to grass for overnight stay. [redacted]
- 30.5.82 Helen came home from grass very happy she played around the grounds and had a bath. [redacted]
- 31.5.82 Helen at baths with Scott House tonight had a good time ~~is~~ is excited about going to York on Thursday & started getting her things together. [redacted]
- 1.6.82 Helen played around the building until bedtime. [redacted]
- 2.6.82 Helen at baths with [redacted] very excited about going to York tomorrow. [redacted]
- 3.6.82 Helen in York with the School.

HELEN FLOWERS

- 5.6.82 Helen in Yak with school
- 6.6.82 Helen returned just after 6 o'clock looking very tired. Said she had a great time, but exhausting, she had been jogging at 6am every morning!! She went to visit her Gran and returned home just after 9pm. She had her bath and went to bed to read.
- 7.6.82 Helen tidied up her room then went to swimming with some of the others. Went to bed 10 o'clock.
- 8.6.82 See main log.
- 9.6.82 Helen played about & was at disco with some of others for about 1hr. later complained of a headache gave her a couple of aspirins & she went to bed.
- 10.6.82 Helen's gran came for tea but Helen played outside at football and down at the disco. She fell and cut her arm. Although her arm looks sore this time, she is seeking attention by saying that her arm, leg etc is sore. She was in the huff before supper time but quickly cheered up and went to bed at 9.30pm.
- 11.6.82 Helen was not allowed out of the sitting to her Gran's this week because of her behaviour during the week. She was obviously upset but had a good night cooking.
- 12.6.82 Helen played in the grounds and then watched the film and played cards.
- 13.6.82 Helen played around the house. She went off to bed about 9.30pm without being asked.
- 14.6.82 Helen not pleased when she had to wait in to see her social worker. She had wanted to go swimming.

15.6.82 Helen helped ~~with~~ tonight
then she watched the football

18.6.82 Helen went to greens with [redacted] for overnight stay, etc

19.6.82 Helen returned about 8pm had a nice time
- she went for a jog and then tried to persuade
[redacted] to come back in. Bed at 11pm.

20.6.82 Helen went up to her greens in afternoon was home just after tea,
watched T.V. rest of evening [redacted]

21.6.82 Helen still seeking attention by saying she
has sore arms, legs etc. Well behaved
until bedtime - continually out of bed - running
into [redacted] room.

22.6.82 Helen in good mood played outside - watched T.V. & played cards
Went to bed 10.00. [redacted]

23.6.82. Helen played outside at football and running -
She went jogging with [redacted] later. Refused
to go to bed and had been hitting out
at [redacted] earlier.

24.6.82 Helen down town with [redacted] to get new clothes. gran up for
tea Helen played outside until 8.30. was in quite a good mood.
Went to bed 9.30. [redacted]

25.6.82 Helen was at Kingbarns
had off a good time until
Sunday See Main log
Sunday evening she ran away
brought back by the police. See
Main log [redacted]

HELEN ANDREWS

28.6.82

~~Hel~~ Phone call from Craigie High about Helen not handing in her sponsor money. [redacted] & [redacted] confronted her about this when she came home from school. I asked her what Margaret had been saying to her she said that she had had a row for running away but never mentioned sponsor money to me. She seemed a bit happier tonight and less on edge. She is to stay in Delia's house until Thursday and if her behaviour improves then she will be allowed out. [redacted]

30.6.82

Helen was well behaved tonight she did jigsaws and watched T.V. she played in the ^{pool} ~~study~~ room went to bed early to read. [redacted]

1.7.82

Helen was well behaved tonight, played in pool room and generally played around the house went to be at the back of ten. [redacted]

2.7.82

Helen was down at [redacted] disco tonight she had a good time. [redacted]

3.7.82

Helen played rounds in afternoon but kept going in the huff came with the rest of us to Lethworth in evening watched T.V until 11.20. [redacted]

4.7.82

Helen was well behaved in school and

night just having silly huffs. I heard from the kids she was supposed to have been downstairs with [REDACTED], she would not answer me when I questioned her.

5.7.82 Helen in good mood but seeking a lot of attention watched T.V. Most of evening no huffs tonight for a change [REDACTED]

6.7.82 Helen in a good mood - played outside and in the pool room. She wanted to sleep in [REDACTED] room but I had to send her to her own bed after ^{she} frightened [REDACTED] [REDACTED]

7.7.82 Helen in a good mood tonight played outside went to bed around 9 o'clock but got up again & was watching T.V. she went outside in her pyjamas with [REDACTED] See main log. [REDACTED]

8.7.82 Helen went shopping with [REDACTED] and played in the pool room most of the evening. No problem. Tidied her room, went to bed without hassle. [REDACTED]

10th-17th July - BUTLINS.

17.7.82 Helen quiet tonight - no problem. Found her awake at 12 midnight playing five Stones on her own. [REDACTED]

18.7.82 Helen up at grans today came home about 3 o'clock then went to the beach with the rest played about outside rest of evening. Went to bed 11 o'clock. [REDACTED]

19.7.82 Helen went to the beach in the afternoon and played cards in the evening. Threatened to sort [REDACTED] out when she was annoying her but went to bed with no problem. Still seeking attention through ailments. [REDACTED]

- 21.7.82 Helen at Gran's for the day. No problem in the evening. Stayed up to watch late film but fell asleep.
- 22.7.82 Helen at Bernie's picking today & in the evening went to Harrier's running club. played cards & watched T.V. No problems.
- 23 - 25th.7.82. Helen was at Gran's on Friday night, came home on Saturday had a good time (see Main log) went out with Gran on Sunday. Uncle [redacted] was up to see the children Sunday night and Helen was in a mood this was caused by [redacted] kicking her. [redacted]
- 26.7.82 Helen at Buntland with her stayed in at night played cards & other games watched T.V. [redacted]
- 27.7.82
- 28.7.82 Helen at the bernes and to the beach in the afternoon. Cheeky to staff and kept in the sitting-room for a while. Later joined in the disco downstairs and watched the late film. Still seeking a lot of attention.
- 29.7.82
- 30.7.82 Helen went to Gussie Park in the afternoon but Carnival was closed. Went to Gran's for overnight stay.
- 31.7.82 Helen at Gran's Home around 6.30 went to the disco in school room. sleeping [redacted] bed as [redacted] says she was frightened on her own. [redacted]

- 1-8-82 Helen at Camperdown park with her Gran today - had a great time. Joined in the disco at night and then watched the film. Still seeking attention by referring to sore arms and legs etc. [REDACTED]
- 3.8.82 Helen at ralleama in afternoon pt down at disco + played cards went to bed 10.30 [REDACTED]
- 3-8-82 Helen played around the house and grounds all day. Helped [REDACTED] in the kitchen. She went out of the grounds without permission, but apologised. Played manhunt, very cheeky going to bed. [REDACTED]
- 4.8.82 See Main Log.
- 5.8.82 Helen played about the grounds all day. Collected grasshoppers at night and enjoyed frightening people with them. Apologised for her behaviour and was well behaved the rest of the evening. No trouble at bedtime. [REDACTED]
- 9.8.82 Helen had an argument with [REDACTED] fighting outside front gate. Both separated and sent to their rooms to calm down. Sat and watched the film before bedtime [REDACTED]
- 10.8.82 Helen was in all day. She was very rude when a man came in to collect something so she was told ~~set~~ off and sent to her room after talking to her about what she had done she was alright

Helen (Children)

- 11.8.82 Helen at Pleasure land with other children a good night.
- 12.8.82 Helen watched Film in Barrie good night
- 13.8.82 Helen at Grans will return Saturday after tea
- 14.8.82 Helen returned home at 8pm. Went out to Tentsmire in the mini-bus. Joined in the disco in Barrie - a bit of a hassle about going to bed but no real problem. Bed at 12.30.
- 15.8.82 Helen moody today; had an accident (see Main log) Mood improved later in evening; was quite cheerful. Bed 11.30
- 16.8.82 Helen demanding a lot of attention with her sore finger fairly quiet all evening though - didn't join in the hassle at bedtime. Went swimming in the evening and played cards with [redacted] when she returned. Went to bed with a dispirin.
- 17.8.82 Helen ran out of the house this afternoon after a play fight gone sour. ~~She~~ She returned at 4.30pm she has been at Grans (with a note see File) Rest of the evening went well
- 18.8.82 Had a good night, she went to the football with [redacted] & went to bed okay. She seems happy to be back at school - her teacher gave her a birthday

22nd Aug Helen went to see the German ships, very high after tea, suggested she took her birthday cake up to her Grans. [REDACTED]

23rd 8/82 Helen played around all evening [REDACTED]

24th Aug Helen fighting with [REDACTED] over the dishes I left them to get on with the dishes by themselves, continued causing trouble and eventually went to her bed at 9.00 but went out of her way to annoy me [REDACTED]

25/8/82 Helen was at skids until 9pm and then watched film [REDACTED]

26/8/82 Helen had an argument with Ziggy did the usual by running off, but returning after she had cooled down a bit. No more problems during the evening [REDACTED]

27/8/82 Helen had to clean her room tonight and do her washing before going to grass ^{she did this} without any hassle [REDACTED]

30.8.82 Helen at swimming bath tonight with [REDACTED] home at 9.20 Helen lost her watch + had to look for it. [REDACTED]

31 8.82 Helen at Medical she has cream for her eyes Had a discussion about making discussions about meeting people until she has asked permission [REDACTED]

HELEN ANDREWS

- 1.9.82 Helen hanging around the house most of the evening waiting for a phone call from her boyfriend he phoned to say he was meeting her at the bus stop but didn't come. Went to bed 10 o'clock [REDACTED]
- 2nd Sept Helen was at hockey practice. She had a phone call from her boyfriend and met him down at Tayside House. They brought them back for a while then saw him to the bus stop. [REDACTED]
- 3.9.82 at Grans overnight stay. [REDACTED]
- 4.9.82 Helen was home from Grans at 8.00 they had a good time sat and watched television until Bedtime.
- 5.9.82 Helen was at grans today she came home about 6.30pm. She played about with [REDACTED] and [REDACTED].
- 7.9.82 Helen was at the school disco tonight she seemed to have a good time. [REDACTED]
- 8.9.82 Helen wanted to go & meet her boyfriend but I wouldn't give her bus money so she went in the huff & stayed in a huff most of the evening. Went to bed 10 o'clock. [REDACTED]
- 9.9.82 Helen played around played cards and games in the sitting room. [REDACTED]
- 10.9.82 Helen at Grans for overnight stay. [REDACTED]

13/9/82 Helen was well behaved and helpful this evening. Stayed in the sitting room most of the evening playing cards. ~~Went~~ Went to bed at 10.00pm no problem. [REDACTED]

14.9.82 Helen played with her friend tonight - watched T.V. most of evening went to bed 9.30 [REDACTED]

16.9.82 Helen a pest tonight - played up most of the evening later came and apologized went to bed 9.45. [REDACTED]

17.9.82 Helen went to Gran's until 10.00pm, she said Gran was disappointed in them and was pleased we had written a letter to explain things. [REDACTED]

18.9.82

Helen visited her gran for a little while today. She played in the sitting room at cards puzzles and reading books. She asked to go to bed as she was tired.

19.9.82 Helen at Gran's after lunch she came home with [REDACTED] after tea Sat and played cards until bedtime when she complained of a sore head. [REDACTED]

20.9.82 Helen was at the games evening later on she was sick and went off to bed [REDACTED]

21.9.82 Helen seen by doctor - liquids only today, light food tomorrow, up on Thursday and back to school Friday. Helen up running about 11.00 am all evening.

22.9.82 Helen 10.05. She ate all her tea + two helpings at suppertime. Helen decided herself

to go back to school.

22.9.82 Helen at school this morning quite happy. Watched Video in the sitting room.

23rd 9.82 Helen was told about her restriction being lifted she was very pleased about this, at breaktime we were having a bit of fun but Helen couldn't take it and spoilt things for the others.

24.9.82 Helen away to games for overnight stay

25.9.82 Helen came home from games at 8.15 had a good time but was filthy when she came in said she was playing at the "Trackies" went to bed at 10.30.

26.9.82 Had a row with her gran but she says they've made up. She went down to the disco unfortunately. She & he had a physical fight which got out of hand. They were both upset afterwards (see our log). Was fed up late on at bedtime, crying & wanting to be out of here.

27.9.82 Helen went up to the park with [redacted] + Wendy only stayed half an hour. played table tennis in the games room, good night went to bed 10.00 [redacted]

28.9.82 Helen played around the building for most of the evening, had an argument with her about going swimming at 7.30 but she came out of this mood herself very quickly. [redacted]

29.9.82 Helen was in the school for a while at 10.00 [redacted]

29.9.82

Helen out with [redacted] to her gran's tonight. In a good mood when she returned. Stayed around the sitting room most of the time. Had a bath and went to bed 10.03 pm [redacted]

2nd
Oct

At disco all night.

3rd

Overnight stay at Gran's.

4th

5th

Helen was watching the video in
Barrie's House [redacted]

6th Oct.

Helen at Aviemore enjoyed herself. Continually finding Helen in Scott House especially late in the evening. [redacted]

7th Oct

Helen was a gran for a while she came back and played pool most of the evening she came up and watched [redacted]

8.10.82

Helen up at gran's today came back for her pocket-money left about 3 o'clock ~~for~~ for overnight stay. Helen mentioned that their mum was to be going to gran's tomorrow [redacted]

9.10.82

Helen returned about 1 pm from gran's. No word from mother. Complained about a pain in her side but this soon disappeared when she heard we were staying up late.

10.10.82

Helen played about the house most of the day was down at the disco + watched T.V. went to bed at 10. [redacted]

11.10.82

11.10.82

Helen feed until [redacted] was sent to her room where she proceeded to annoy [redacted] telling her to run away so she was sent for a bath then to bed.

- 12.10.82 Helen played around all evening with [redacted] running up and down with her legs tied together. She played cards then sat and chatted with [redacted] [redacted]
- 13.10.82 Helen had a fight with [redacted] but after that was back to her normal self. She was put to bed 1/2 hr. early for fighting.
- 14.10.82 Helen up at grans then to Brian & Doris party. [redacted]
- 17.10.82 Helen home from Daigise said she had a good time. According to staff Helen to very little interest in the weekend. and was a 'pain in the neck' Helen in bed asleep by 10.00 came home very exhausted. [redacted]
- 18.10.82 Helen up at grans for tea home at 7.30 told Helen about restrictions of staying in sitting room after tea didn't seem to bother her. she was really tired tonight went to bed just after 9. [redacted]
- 20.10.82 Helen down ~~getting her~~ getting her hair cut ~~last night~~ Tonight played in pool room went to bed 9.30. [redacted]
- 23.10.82 Helen up at grans came home around 7.30 watched T.V. most of evening [redacted]
- 25/10/82 Helen mucked around tonight. Had a bit of a fit with [redacted] - made a meal of her sore ankle. Had a bath & off to bed - no problems

10.11.82. Helen done her washing. Accepted her punishment well in fact she seemed to have enjoyed it.

11.11.82 Helen down in the Kitchen cooking tonight. made short-bread did some knitting earlier. [REDACTED]

12.11.82. Helen stayed in ~~at~~ this weekend see main log re Mums appearance. Helen went swimming with some of the other children ~~see~~ and staff.

13.11.82.

14.11.82 Helen played in the poolroom she was very high this evening but calmed down by bedtime. [REDACTED]

15th 11.82.

16th 11.82 Helen was in the pool room and played around the house, No problems.

17th 11.82

18th 11.82 Helen was at Sylia's party and then sat and watched the Miss World contest. She was pleased with herself because she was able to knit pearl stitches.

20.11.82 Played around house most of evening at football in the afternoon. Dad home down tonight (See main log) [REDACTED]

22.11.82 Helen high tonight but settled down at bedtime watched T.V. and played cards. [REDACTED]

HELEN ANDREWS.

- 24.11.82 Helen at Pantomime tonight. Let also see main log
- 25.11.82 Helen on her high horse. See main log.
- 26.11.82 Sharon up at her Friends tonight
SEE SHARON
See Mavis Log.
- 27.11.82 Helen did some cooking with the rest of the
club and watched late night television
- 28.11.82 Sharon played about all
SEE SHARON evening and watched T.V.
- 29.11.82 Helen went to a radio ray function in town
and a good time, she brought home stickers etc.
- 30.11.82 Sharon played around then went
SEE SHARON swimming with Bernie House
- 2.12.82 Helen stayed in all evening
she wasn't feeling well and by
8.30pm she was feeling really
ill and went off to bed. Treatment
2 diarrhoea every 4 hours
Earlier her S.W. was in to see her
she spoke quite openly and well
- 3.12.82 Helen off school today, played in pool room + watched
T.V. no problem.
- 4.12.82 Helen better today and amused herself all
evening
- 5.12.82 Helen up to see gran today (see main log) In the evening
played around house watched T.V. and played in pool
room. Not much better tonight.

7.12.82 Helen no problem tonight, social worker down tonight to see them. Helen played table tennis & watched T.V. Went to bed 10 o'clock.

8.12.82 Helen sprained her ankle today on her way home from school but seems to be playing on it a bit but no problems. Went to bed earlier than usual.

9.12.82 Helen in a good mood went down to [redacted] party & then played in pool room. Went to bed 9.30.

10.12.82 Helen at [redacted] party a good night.

11.12.82 Helen at [redacted] disco tonight she had a good time.

12.12.82 Helen made some christmas decorations then did some typing a good evening.

13.12.82 Helen off school today with an infected eye. She watched T.V. I bathed her eye with eye wash, it was sore. Went off to bed early.

14.12.82 Helen saw the doctor today. She has eye drops and ointment. Stay off school until Friday when she is to see the doctor. Helen played pool until bedtime a good night.

15.12.82 Helen played around and watched T.V.

16th Dec Helen still off school, generally played around

She accepted this, this morning

12.1.83 Helen spent most of the evening in the poolroom with Pat. She came up and got ready for bed without being asked. A good evening and very helpful.

13.1.83 Helen up at gran's in the afternoon came home around 8 o'clock. Had had a good time watched T.V. rest of evening in a good mood. [REDACTED]

17/1/83 Helen in good mood. came to bath but

18-1-83 Helen no bother this evening

19.1.83 Helen good mood tonight watched video in Scott's House went to bed. 10 o'clock. [REDACTED]

21.1.83 Helen went swimming with [REDACTED] Pat this evening. Well behaved

23.1.83 Helen told me that gran was sitting to go and stay with uncle [REDACTED] she asked to go up today but wasn't allowed as she was there yesterday. Being a bit of a show off tonight [REDACTED]

- 17.12.82 Helen spent most of the evening in Barrie House as this was [redacted] last night
- 18.12.82 Helen out shopping with [redacted] at Panto at night in bed by 10.30
- 20.12.82 Helen played about the house most of the evening helped me plant some decorations. Went to bed at 10 o'clock Social Worker down tonight
- 29.12.82 Helen at Kelvin Hall
- 31.12.82 Helen in most of day went down town at 4.30 stayed in after tea. Watched T.V. then New Years party nothing but means.
- 1.1.83 Helen and [redacted] up to their friends in Douglas Home for tea played games in school room all night
- 5.1.83 Helen in all evening watched film on T.V. went to bed at 10 o'clock
- 8.1.83 Helen went to football today she hung around with [redacted] most of evening
- 9.1.83 Helen in a foul mood see Main log.
- 10.1.83 Helen at it again see main log.
- 11.1.83 When Helen got up this morning, I brought her through to the office to talk to her about her behaviour. I told her that it wouldn't be tolerated and

24.1.83. Helen went swimming tonight she is to pay for her ticket on Friday received letter from Mum.

25.1.83

26.1.83. Helen stayed in tonight and watched television. Enjoyed the programme 'trouble makers'!!! change the dressing on her foot. [REDACTED]

27.1.83 Helen was at "Who cares" meeting tonight. She behaved herself tonight and was generally quiet all evening. A habit that I have noticed recently about Helen is that she will approach me quietly and then find an excuse to hold on to me or hug me. I don't think there is any harm in this as long as it doesn't become too "clinging"; it is just a symptom of the lack of affection in her life and I feel that it would be wrong to reject her for this reason. [REDACTED]

SEE MAIN LOG ABOUT EARLIER. [REDACTED]

28.1.83 Helen went to swimming tonight had a good time was a bit huffy later on went to bed after late film. [REDACTED]

30.1.83 Helen fighting with with [REDACTED] earlier in morning went to gran's after lunch home around 7.30 had a carry on in the bathroom with [REDACTED] + [REDACTED] throwing wet toilet paper at one another. Went to bed 10.30 [REDACTED]

1.2.83 Helen watched T.V. most of tonight in a good mood. went to bed 10.30. [REDACTED]

3.2.83 Helen in good mood tonight watched T.V. + played about the house. [REDACTED]

5.2.83 Helen at Gran's today she came home with a note asking if she could go back up tomorrow to have photos taken

6.2.83 Helen went to Gran's returned for tea played the game 'Sorry' for quite a while.

7.2.83 Helen played around the sitting room all evening

~~7.3.83~~ Helen played football outside with Pat most of the evening. Well behaved later on.

7.2.83 Helen played around the sitting room she did her washing. She played cards and "Sorry"

17.2.83 See MAW Log.

18.2.83 Helen's uncle [redacted] down for tea tonight. She kept him company most of the evening. She was very quiet this evening and did everything she was asked. Went off to bed when we started telling ghost stories

19.2.83 Went skating in the morning and then to Tenenier in the ~~evening~~ afternoon

20.2.83 Helen went for a run to Perth then up to her gran

Weekend
4.3.83 Friday night Helen went to swimming. Uncle [redacted]
5.3.83 came down Helen took little notice of him.
6.3.83 Helen went to Gran's on Saturday and went to the football in the afternoon with [redacted]
arrived home on Sat night 9ish.

14.3.83. Helen played around the house was well behaved. Still getting slagged by other boys although she is giving some back and ignoring some.

15-3-83. Helen went swimming Still getting a lot of slagging.

16.3.83. Helen was at the football match with [redacted] and some other kids [redacted]

18.3.83 Helen away swimming with [redacted] she went to bed early because she was tired [redacted]

21st March Helen went swimming owes money for ticket sat and watched television until bedtime. [redacted]

22nd March Helen came a walk to the Ferry not very happy when asked to tidy her room [redacted]

28-3-83. Helen quite good over weekend A LITTLE ARGUMENT ABOUT NOT GOING TO GRANNY'S BUT NO REAL PROBLEMS [redacted]

29.3.83 Helen had a quiet night she was well behaved but a bit put out about not being allowed to visit gran [redacted]

31.3.83. Helen went swimming with [redacted] she was well behaved and had a good time [redacted]

2.4.83 Helen painted eggs for tomorrow
a bit niggly earlier on, settled
down later

4.4.83 Helen niggling all afternoon
after repeated warnings. She
went to bed at usual time
(except she up later)
Went up to see gran with
gran not in saw Uncle

6.4.83 Helen washing and packing
her clothes for camp. She
went shopping for food

12.4.83 Helen made some kials. for supper, then she had a
bath. Helen went to bed at 10.40pm

15.4.83 Helen well behaved tonight her
Uncle came down for a while
she played football with him
outside. Went to bed quiet early
to read.

17.4.83 Helen went up to see her auntie
(supposedly) it may have been to
see her dad as he visited last
night and promised to come down
but never came today.
She was home for tea. Played
football for a while had a bath
and washed her hair bed by
10 pm

19.4.83 Helen has been getting a hard time from [redacted] Also spoke to her and her brother and sister about gran- [redacted] etc. See Main Log. [redacted]

21.4.83 Helen did her washing tonight. She had a bath and washed her hair. A quiet night [redacted]

24.4.83 Helen watched the Navarion today. Watched TV at night in a cheery mood.

26.4.83 Helen had her hand trapped accidentally under [redacted] as he slid down the banister. Probably nothing too serious but if still painful should see a doctor. Handling the slapping quite well. [redacted]

28.4.83 We're swimming with [redacted] (studied) [redacted] In quite a good mood. Forgot homework so did it late - not very good so got up early to correct it. Packed for 'Who Cares' [redacted]

30.4.83 Helen at Who Cares Conference at Belmont [redacted]

2.5.83 Helen watched the video in South House. [redacted]

4.5.83 Helen went to the football ~~and~~ with [redacted] and [redacted] she was really chuffed that they had won. She had a bath and went to bed. A quiet night [redacted]

7-5-83 Went to Grons - came back at 7.30 with [redacted] helped me take stuff from 4 caravan. Went to bed with the other 2 girls. [redacted]

8-5-83 Came out to Blunwater Reservoir. Enjoyed herself. Quiet night. Went to bed quite early.

9.5.83. [redacted] came into her room and hugged her - she was in tears. Talking about leaving. [redacted] also took away her tapes - gave them back later. - Seemed quite OK this evening. Had another bath - went to bed early. Chatted with [redacted] myself about shopping etc.

10-5-83. Quiet night. Helen seems quite ~~happy~~ happy with the changes. Watched the football in Scott's house.

13.5.83 Helen went swimming tonight. She came home about 8.30pm. She watched the video Popeye. Had her supper then went to bed about 11pm. [redacted]

14.5.83 Came up to watch the football. Tired so went to bed early and read.

15/5/83 Swimming with grandmother in afternoon, back for tea. Social skill games after tea & ~~hand~~ ^{says that she is} Gran seeing social worker on Wednesday.

16/5/83. Said her typing exam went quite well. Best OK, playing pool till [redacted] pulled her hair. Later she went to his bedroom and told him she was

situation.

17.6.83 Helen played skipping and games in Scott House tonight she was full of her typing exam and how she thinks she has passed. She tidied up her room after some persuasion. Went off to bed early to read [REDACTED]

18/5/83. Swimming in evening. Writing letter to pen friend.

19/5/83 Helen away to Bobbell with [REDACTED] She was full of her exam today and said it was a doddle. She was very quiet tonight and this has been happening a lot lately perhaps due to bullying? Both Helen and [REDACTED] talked about [REDACTED] SWiset yesterday and were very disappointed about gran not making contact with S.W.

21/5/83 Helen off (to garage?) for short while in rain after tea. Helen stirring up [REDACTED] who got quite upset but would not hit her. [REDACTED]

22/5/83 Helen out visiting after tidying sitting room & bathroom. [REDACTED]

22/5/83. Helen met GRANNY AT BATHS. IS CONFIDENT THAT GRANNY WILL GO TO SEE S.W ON FRIDAY NEXT AND SORT OUT ISSUES ~~with~~ w/OWDS. ENJOYS HAVING [REDACTED] [REDACTED]

23/5/83 Helen chased from tea table ~~at~~ before start by [REDACTED] with fork.

25.5.83 Helen got herself involved in the marathon men. She quite enjoyed the attention. She was very quiet in the group again tonight and went off for a bath and then straight to bed. She was all excited about passing her English exam but not too pleased at failing her maths

26-5. Came to Broughty Ferry ^M otherwise quite quiet. Away to bed early.

28/29 May Helen has had a fairly good weekend - playing pool & football quite a lot - although she got hit twice - Saturday by [redacted] (had been slugging Charlotte) - Sunday by [redacted], probably for no reason. Fairly quite quiet all the time. Up to gran swimming. Gran came down for a few minutes. Helped tidy room on Saturday

HELEN ANDREWS

1/6/83

Helen helped sort out her room tonight. Went swimming afterwards. In a cheery mood.

2/6/83

T.H.W.

Granny came up, stayed for tea & met S.W. Decided to let the kids up overnight so they're all high about that. More relaxed now the groups have changed. Had gone to see Mr. Motherlaw at Carnegie because she was being hit by [REDACTED]. This evening came swimming. Tied her back. Went to sleep in [REDACTED] bed but transferred to her own no problem. Tidied her room this morning for the committee.

3/6/83

Bakery with Helen [REDACTED] Helen & [REDACTED] shared [REDACTED] something pretty. The fight went on [REDACTED] although Helen [REDACTED] refused to accept. This last kept up all night. It seems that [REDACTED] & Helen are quite chummy - maybe this is getting [REDACTED] as she mentioned it several times to Helen.

Helen had a good time at Games. Well behaved tonight.

6.6.83

Took Helen to FOOTBALL. WAS BEGINNING TO GET A BIT CHEERY, BUT LATER CAME OVER TO ME AND WAS GOOD, THE REST OF THE EVENING, ASKING ABOUT CLOTHES FOR HER DAY TRIP TO THE SCHOOL.

7.6.83

Helen & [REDACTED] involved in a physical fight tonight. Had to separate them. Accidentally hurt Helen's head in the process - she wouldn't speak to me for about 1 hr. She did come round eventually though. Didn't see her again till bedtime - she asked about new clothes.

9.6.83

Helen quite pleased with new clothes today - went to bed no problems & settled quite quickly.

acting the "hard man" a bit with [REDACTED]. (See Log).
Had a bath.

IP-

12-6-83 Helen away to Grans

12-6-83 Sunday Returned from Grans, had a nice time. Had to be told a few times to tidy room & get school uniform ready. I said that in future it was to be done before she left for Grannyp.

13-6-83 Monday Getting led on by [REDACTED] for too much - hitting [REDACTED] earlier in the evening and later on carrying on with [REDACTED] distracting the boy's Scott. Talked to her about the bullying and carrying on - she seems to take it. Warned her that she was being used.

14-6-83 Spoke to Helen re last night. She has an early night tonight. Helen was in a great mood tonight, she was the receiver of slapping from [REDACTED] and was in tears at one point, OK afterwards. Helen having nothing to do with [REDACTED] tonight.

15-6-83. Seemed quite OK this evening. Had small fight with [REDACTED] but went swimming and made supper - quite proud of herself. Had a bath this evening.

16-5-83 Helen cheeky tonight. Went to visit Uncle [REDACTED] Went to bed after supper

18-6-83 Helen at Grans. Got Haircut.

17/6/83 HELEN WELL BEHAVED TONIGHT A BIT MOODY BUT MOST OF THE NIGHT VERY GOOD.

19/6/83 HELEN WELL BEHAVED TONIGHT HAD A BATH, WASHED HER HAIR A BIT EXCITED ABOUT GOING ON SCHOOL

22-6-83 HELEN WENT UP TO UNCLE [REDACTED], CAME BACK ABOUT AN HOUR LATER WITH UNCLE, WELL BEHAVED, MOST OF THE NIGHT, EXCHANGED THEIR BEDS AND TIDIED BEDROOM. [REDACTED]

22-6-83 Helen in good mood. Her e [REDACTED] cooked supper. Went to bed no problem.

24-6-83 HELEN WELL BEHAVED LAST NIGHT, WENT TO UNCLE [REDACTED] BUT HE WASN'T IN. WENT TO BED AFTER SUPPER AND READ FOR A WHILE.

25-6-83 Helen out watching football - went to bed early. Hurt her ankle - nothing serious.
Away to Grouse on Saturday morning.

26-6-83 In a funny / argumentative mood tonight. Mucking around with [REDACTED] late on.
Dad a bit.

27-6-83 Cleaned her room reluctantly. Then came with me [REDACTED] to the swimming and we had a good time. Later she was mucking about but calmed down and helped tidy up living room then went to bed. Was out playing rounders early on.

28/6/83 Went to Uncle [REDACTED] Arguing with [REDACTED] & [REDACTED] - ended up fighting with [REDACTED]. Had to turn her out of [REDACTED] bed late on.

30/6

Had meeting with Gran & [REDACTED]. She is to go up for a long weekend Fri - Monday

6/7/83



7/7/83



6/7

HELEN BACK FROM GRANS, WENT TO WHITFIELD WITH [REDACTED].

7/7

HELEN PACK HER CLOTHES FOR HOLIDAY.
FIGHTING WITH SHARON, STARTED CURSING AND SLAMING DOORS.

5.7.83

Helen in a good mood today. Went swimming with [REDACTED]. Went to carnival at night. Enjoyed herself.

7-7-83

Helen good last night. Had a bath & went to bed.

18/7/83 Helen at Gran's today - had been to the Carnival with Gran

21.7.83 Helen good today. Was up at Uncle's, came down to Carolina with Gran for tea. Was angry when told she & [redacted] couldn't go for weekends because [redacted] was staying there.

22-7-83 Helen just mucking around all day. ~~He~~ went to canal in the evening. He uncle was round in the evening - he left suddenly - it is suspected that he stole an ashtray.

23.7.83 Went to the beach in afternoon, at tea time she, and [redacted] did all the tea dishes and set for breakfast and supper without being asked. Went to pictures at night, very helpful all day.

24-7-83 Helen out all day Sunday at Gran's. Came back exhausted - went to bed at about 11pm.

26-7-83 Helen went out for a walk to Broughty Ferry tonight then went to bed by 11pm

27.7.83 Helen came home from Gran's at about 6.15pm with [redacted]. Sat & watched video, had supper, went to bed. Absolutely no problem tonight.

29.7.83
~~29.7.83~~

Helen at Gran's. Was back by time I got home from Rollerama. Very boisterous at bedtime but settled quickly when threatened with early bed.

30.7.83 Helen walked into B'Ferry tonight, then was very boisterous later on, but eventually calmed down.

2.8.83 Helen was getting dips at me earlier on but later became friendly with me. Offered me some coke etc. Went out tonight without my knowledge but came back of her own accord at 10 pm & went to bed without much problem.

3.8.83 The whole house had been told that if their behaviour did not improve then they would not be taken anywhere & tonight was their last chance to prove themselves at the pictures. Helen made a good effort all afternoon & evening & was in bed by 10.15pm.

4.8.83 Helen still in a funny sort of mood. Still testing me & my patience is wearing thin. She is being more friendly, offering chewing gum etc. But still her language is bad & she was very high all night.

6/8/83 Helen spent the day at her Gran's & Uncle's and arrived back in a good mood. She went to bed with no bother.

9.8.83 Helen at Rollerama. Behaved well. Noisy when we came home & got annoyed at me for moaning at her to get to bed.

15.8.83 Helen at eye clinic. Went out tonight with [redacted] & didn't return till 10.35 although bedtime was 10pm. Said they'd missed a bus. Sent them to bed after supper. They had a carry-on & came running & shouting that curtains were moving etc. Said she & [redacted] had a seance & things were moving. Don't know how much they were making up. Finally settled.

17.8.83 Helen went out tonight with [redacted] & her friend. Told them to be back at 9.30pm. They didn't come back till 10pm. Put them on early beds tomorrow night. Helen offered me cake etc - she is thinking about her birthday in a couple of days time no doubt!!

18/8/83 Helen out with [redacted] to St Francis. Back on time to do her early night. Did it no bother.

19/8/83 Helen had her birthday party tonight. She enjoyed and was no bother at all. She settled in bed without me asking her to.

20/8/83 Helen in the town with [redacted] today. Came back and tidied her room and washed and ironed clothes. Off to bed after supper without being asked.

21/8/83 Helen's birthday - she spent most of the day at her Gran's. Returned about 8.00pm. She was in a good mood and went to bed when asked. She was complaining of a stiff neck and had some spots on her tongue (see doctor on Tuesday). She settled but was disturbed by the boys - see main log.

22/8/83 Helen went to hospital then to choose her

23/8/83 Helen disappeared with [redacted], by boarding a train and landing in Aberdeen. They were brought back by [redacted] at 2-15. (see main log)

24/8/83 Helen told of restrictions - to stay in for 1 week. Initially very cheeky and abusive, but after [redacted] had a word she was OK. S.W. in to see her. Helen very pleasant for the rest of the evening. Went to Tammy's party but came away early - complaining of being ill. Off to bed early.

25/8/83 Helen played up after tea-time and would not wash the dishes. Eventually did them and was OK for rest of the night, went to bed when asked but took a while to settle.

26/8/83 Helen quite good tonight. She told me that she didn't want to make a row with [redacted] as she thought [redacted] was getting her into trouble - [redacted] had said this to Helen earlier on. So she & [redacted] eventually made up, & were friendly by the end of the night.

27/8/83 Helen has been mainly badly behaved & cheeky. Later on she ~~settled~~ calmed down, most of the day she has been alternating between being high & in the huff.

28/8/83 Helen high tonight. Down at [redacted] 10.15. She had to go to bed early because she went out to garage without permission. Did this no bother. Settled in bed no problem. Could be because she wants off school tomorrow with sore throat.

29.8.83 Helen off school all day with a sore throat, but she recovered remarkably quickly at 4pm! She was told that she could get up for tea & either stay in sitting room or bed room. Had a fight with [redacted] at table & they were throwing food. Ran out swearing & shouting outside. This behaviour continued all evening. Helen dialled a 999 call because [redacted] had hit her, policeman came down & explained that she should not do this. [redacted] came in & spoke to her. Went to bed in a cheeky mood, but settled quickly.

30.8.83 Helen earlier very annoying & abusive. Later apologised, though probably didn't mean it. Settled in bed quickly.

1.9.83 Helen badly behaved at bedtime. Refused to sleep in her own room. [redacted] punched & kicked her a few times then threw soapy water over her in bed.

2.9.83 Helen went to collect her new glasses which she has to wear all the time now. She went shopping for supper stuff. Generally well-behaved till bedtime when I told her to sleep in her own bed. Calmed down quickly after the outburst and went to bed. [redacted]

3.9.83 Helen went to the Match today. She was very helpful around the house and generally in a good mood and eager to please. Went out for a run in the ~~bus~~ bus and had

4-9-83 Helen away to Gran's for the day. Came back, had a bath and off to bed to read. Generally well behaved.

5/9/83 Helen had a slight accident tonight when she caught her arm in the door and twisted it. She was taken to DRI for examination but no breakage was found. She was given a sling to keep on for 24 hours. Apart from this she was well behaved and went to bed without being asked.

6/9/83. Helen blew up a bit at tea-time as she thought her restrictions had finished but it's tomorrow. Came out for a walk after she calmed down. Went off to bed after supper.

7/9/83 Helen was in a fairly good mood tonight. She was hit in the face by [redacted] and was subdued after this. She went off to bed without being asked.

8/9/83 Helen generally well behaved. Went out with [redacted] after tea, again like [redacted] spent her time on a 'Mystery Tour'. Went off to bed after supper. Very quiet.

9. 9. 83 Helen went up to gran's with [redacted] before tea. Home again around 8.30 - two of Helen's friends down tonight she was a bit of a show off in front of them but no real problem. in bed for 11/12 [redacted]

10. 9. 83 Helen very cheeky. Think she is being influenced far too much by [redacted] whom she has been going around with a lot. ~~She~~ She helped make supper & also went to bed no problem though.

Helen Andrews

- 11.9.83 Helen up at 9.00 with [redacted] came home after tea had been helping grow pack. Helen wrote a letter to her mum tonight.
- 12.9.83 Helen high as a kite all night. She had a fight with [redacted] & they were ripping each other to pieces. 1/2 an hour later they were friends & wanted to go out. Said no, to stick around the building. Helen blew up at this and went out. Came back in again. Was repeatedly warned not to go out - kept going out & coming in again. Very abusive & being physically violent. Shouting and swearing at all the staff. She calmed down a bit by supper time & went to bed at around 10 pm. [redacted]
- 13.9.83 Helen quite tonight followed me about most of the time changed her bed into the big room on a 2 week trial. was in bed by 10 o'clock. etc.
- 14.9.83 Helen not too bad tonight. Was asking about trip to Holland. Went out with friend - home for 9.15 pm. Came down into the kitchen & was making a nuisance of herself but then went to bed to read without being asked. [redacted]
- 15.9.83 Helen in quite a good mood tonight - spent most of the time in Bonnie House. Went to bed 10 o'clock. [redacted]
- 16.9.83 Helen went out with [redacted] and returned home under the influence (See main log). After all the horse. She was in bed for 9.30.
- 17.9.83 Helen told to stay in until social worker contacted. Initially Helen very abusive but settled down. In a great mood for the rest

walloped her. Helen, instead of retaliating walked out the front door. She returned five minutes later. Spoke to her again re her actions. Appears to realise she's being led but gets sucked into it again. Off to bed. Complaining of earache.

18/9/83 Helen was well behaved tonight. She helped wash the dishes (not her turn) and kept to her self most of the night. She was abusive to a certain extent in the afternoon with [REDACTED] but controlled herself. She did well not to become involved with [REDACTED] carry on at bedtime.

19/9/83 Helen good tonight. Had make-up put on & helped bake a cake. Was a bit high at bedtime, but no problem & settled quickly. [REDACTED]

20-9-83 Helen quite good tonight. Complained of a sore stomach, this soon disappeared when something interesting happened. Had make up put on. In bed by 10pm. [REDACTED]

22-9-83 Helen tried to get me to vary her restrictions. I firmly told her that any easing of restrictions would depend on her behaviour. She apologised for hassling me and was good all evening. Settled well at bedtime. [REDACTED]

23.9.83 Helen good all evening because her restrictions are being lifted tomorrow. Watched T.V. had a bath. In bed, without prompting, at 10.45pm. [REDACTED]

24.9.83 Helen was at Granny's in the afternoon. The others changed her bed as they said someone had wet it. She watched T.V. helped with supper and went to bed at 1.30 a.m. [REDACTED]

25.9.83 Helen ended up going to her Granny this afternoon. Mucked around with [REDACTED] & I caught them smoking in the bedroom. Got a bit nuffy, for no apparent reason kept bed, took a while to settle [REDACTED]

26.9.83 Helen came to Arbroath for a run tonight. Very well behaved. Came back to find her bed covered in hair conditioner. She's in bed with [REDACTED] as [REDACTED] Helen's is soaked.

27/9/83 Helen was not pleased about being kept in her restrictions, but after an initial outburst at bedtime she settled for the rest of the night and was no bother.

28.9.83 Helen very badly behaved all night, mainly to [REDACTED]. Was in Bernie's house with [REDACTED] & [REDACTED]. Wouldn't do what she was asked. At bedtime ~~when~~ she went to bed quietly & settled quickly [REDACTED]

29/9/83 Helen was well behaved today. Her ~~se~~ SW was down
re behavior and not going to school. She seemed to
accept, that she was not "playing the game" and was
well behaved all night. Went to bed when asked.

30/9/83 Helen very well behaved tonight. Mucked
around most of the evening. Very quiet.
Off to bed to read.

1-10-83 Helen was good most of the night.
She was a bit high later on, didn't
go to bed. Went to bed after
the late film & settled quickly.

2-10-83 Helen at Gran's today. Well behaved
till bedtime when ~~she~~ + Helen started to
talk about. Got the usual abuse. Ended
up in a discussion with Helen saying
all the right things & realising her
behaviour needs to improve. Helen also
hurt her arm when talking around.

3-10-83 Took Ogilvie House to Carnival. Helen very
friendly with me & well behaved. Went
to bed no bother.

4/10/83 Helen charged with not paying train fare to
Aberdeen. Went for clothes and then up
to Granny's. Talking about at bedtime. All in
good fun.

5-10-83 Helen out at granny's all day helping
her to move house. Came home at about
8 pm in a very good mood. Chatting
for ages. Later had a flare up &
was very cheeky but didn't come to

6-10-83. Helen out at Gran's. Went to Carnival later a.
Her behaviour was fine till bedtime. When she
refused to remove herself from the office. Began
to be very stubborn but not so abusive as
usual. Left her for a while then she came
through to speak. Seems worried about school.
Don't know if this is merely attention seeking
Off to bed eventually OK.

7/10/83 Helen was ^{at her Gran's} ~~in town~~ for the afternoon and returned
after tea. She went to the carnival for a while
at night but didn't stay long as it came on
rain. She watched T.V. and went off to bed with
out being asked. Well behaved.

8/10/83 Helen out all day with [redacted]. Came home
10'ish. Was in a good mood & watched TV for
a while then went to bed (Complaining of
toothache.) [redacted]

9/10/83 Helen left the house in a bad mood on her way up
to her Gran's, she returned at around about 8pm in
a fairly good mood. However she was caught up
in the general high mood and was prompting a fight
between two of the girls (see main log) She was still running
around about 1.30am giving cheer and abuse. Was
eventually settled by around about 2.00am.

10/10/83 Helen went swimming tonight. Very well
behaved all evening. Off to bed to read
after supper.

11/10/83 Helen good tonight. Went out with [redacted] &
[redacted] - in on time. Went straight to bed
after supper.

13/10/83 Helen was upset tonight. (see main log). The reasons seem to be that she is feeling that everybody is picking on her at school because she is the only girl from Carolina there. She hates her maths teacher who has apparently said that he has no time for Helen. In general she seems not to be getting the attention she was at school. After talking she went off to bed.

14/10/83 Helen not at school today / (see main log)
Helen away to Dalguise till Sunday

16/10/83 Helen returned from Dalguise full of it all. She's got a boyfriend - John. He phoned her tonight and she has now written him a long letter. Off to bed in a great mood.

17/10/83 Helen not at school. Had been seen shopping with Granny. Returned at 4.30. Had a word with her re her non attendance at school today. Helen still going on about the Maths teacher and how he'd no time for her. Talked about behaviour and Helen's attitude of hate. She realises her behaviour could be better, worried about going to Maths.

18/10/83 Helen was at school today. At night she watched T.V. for a while, but was caught up in some activities by [redacted]. She managed to control herself after being warned when she is being wound up. After supper she went to bed.

19/10/83 Helen at grass straight from school. [redacted] also went up there after tea. Both 20 mins late, coming home. Helen quite good, had supper & went to bed. Disposition for sore stomach, which before & after for [redacted] - the usual

HELEN.

1 Do You Like Living In CAROLINA House?

A:

No the staff gets on your back sometimes I will feel better staying at my gran's

2 If You Had The Choice Of Living Anywhere You liked Where Would You Live And With Whom?

AS ABOVE WITH GRAN.

3 What Do You Feel About Work? Are You Interested In This Type Of Work?

yes I do like working with the old ladies, I find the work interesting, I like to make the old ladies happy. When the 4th shift finishes I am going to ask if I could get keep on.

4 How Do You Spend Your Evenings?

Sometimes I go to my gran's and my mum's or sometimes I stay the house or if there any trips going I will go.

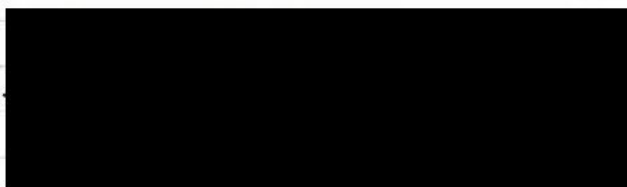
5 How Do You Spend Your Weekends?

I go and stay with my gran every 2 weekend and when I am in caroline the other weekend I go to the football match.

6 What Are Your Hobbies?

playing tennis and Football and watching the football

7 Who In CAROLINA Would You Call Your Friend?



WHEN ARE YOU THINKING OF LEAVING CARE?

as soon as possible please.

WHAT DO YOU FEEL ABOUT THE STAFF IN CARROWNA
HOUSE?

st Some STAFF are very good
Some STAFF are cruel good
Some STAFF I don't like.

hypochondriac

20/10/83

Helen was not at school today, she went up to her gran's instead. She returned after tea-time. She wouldn't speak to me, but [redacted] took her out for a talk. She seems not to be able to handle the school at the moment. Was saying later on that she was going to walk out and go up to get her father and he will tear Carolina up. She eventually settled and went off to bed saying she wouldn't be going to school.

21/10/83

Helen didn't go to school this morning. Had arranged to meet [redacted] - the two of them were taken back to school. Helen's SW. up tonight but things didn't go too well. Helen very high (feeding off [redacted]) early on. However, calmed down quite quickly & didn't take things too far. Went to bed to read - has a sore throat, a cold etc.

23.10.83

Helen good all day. The two students, [redacted] came for a visit & she enjoyed that. Watched TV later on. Went to bed around 10pm.

24/10/83.

Helen was allowed up to her Gran's for a short while this evening. She returned early, and watched TV and had a bath. She was in a good mood and went to bed when asked. No hassles.

25/10/83

Helen not bad today. Blew up at teatime when [redacted] said no more quising. Went out for a while with [redacted] - had supper, had a bath & washed her hair. Fell down stairs & hurt her foot.

26/10/83

Helen was at the doctor about her foot, she has a torn ligament and her foot is bandaged. She was in

27.10.83

Helen not bad tonight. Made turnip lantern, got a costume together for Halloween Party tomorrow. Was cheeky a few times but settled down & went to bed no problem.

28/10/83

Helen down at Halloween Party. In a funny mood all evening. Off to bed eventually.

29/10/83

Helen went to a disco tonight in the town, with [redacted]. She found it boring. She met [redacted] on the way home and ended up going up to Ann St. Brought back at 11:15. Went to bed quickly. [redacted]

30/10/83

Helen at Grains - back in a foul mood then disappeared (See main log). Settled eventually.

31/10/83

Helen went out gaming tonight. She made some money and came back, had supper and off to bed. No problems. [redacted]

1/11/83

Helen talking about with [redacted] (See main log). So an early bed. This she did without hassle.

2/11/83

Helen was well behaved tonight. She was on an early bed which she handled well. Talked to some people who handed in a donation. Wasn't any bother. [redacted]

3/11/83

Helen out to Presto's for supper stuff. Rather wary to say the least. Calmed down on her return and watched TV. Took ages to settle. Kept complaining of pains in her heart - she reckons it's Cancer!

15/11/83 Helen was swimming with [redacted] tonight. Had supper and went off to bed without any bother. [redacted]

16/11/83 Helen out for her tea with [redacted] tonight. Had a good time. Did her washing and had a bath before going to bed to read.

17/11/83 Helen had a visit from her uncle [redacted] today. She was in a bad mood over tea-time (see new log). Later went to [redacted] party and was high but controlled herself. Had her supper and went off to bed. [redacted]

18/11/83 Helen stayed in tonight. Went to doctors with [redacted] re pains in her side. Told to take disprin & plenty of water & to see doc. again on Tuesday. Helped Harry prepare tea etc for folk coming to present shereas. Got a letter from [redacted] today - by all accounts a very loves-dovey one! She & [redacted] are supposed to be giving up cigarettes, as from Monday. Went to bed 10.30 - wrote a letter to [redacted]

19/11/83.

Helen was at football match today, seemed to enjoy it. Her uncle [redacted] was here for tea. Complained of pains in her side in the evening, was given disprin and a hot drink. She felt better later. Watched T.V. and then to bed.

20.11.83 Helen complaining of sore side this evening - called Doctor in. She was taken up to Minervells with suspected appendicitis. Kept in for observation, perhaps being operated on. Ward 8 in the morning.

21/11/83 Helen phoned, saying she still had some pain. They appear to be carrying out tests on her.

5.11.83 Helen at Perth today with [redacted] to meet her. Returned about 6pm. Enjoyed herself. [redacted] phoned later on. Helen fairly good tonight, watched TV & went to bed about 12.15pm.

7.11.83 Helen good tonight. Went up to the hospital to see [redacted]. Had a meeting earlier with granny & S.W. Was in a good mood later on, telling jokes etc. Went to bed no problem.

8-11-83 Helen in a weird mood tonight. Continually complaining and following me around. Went to visit [redacted] but didn't get in as she'd too many visitors. Went to bed without supper and was asleep for 10pm.

9/11/83 Helen went up to her Gran's tonight, she returned early with some cuts, from fighting (k.d) with [redacted]. Had supper and went off to bed without any bother.

10.11.83 Helen went swimming with [redacted]. Met friends home before 9pm. Had supper & went to bed about 10pm.

12-11-83 Helen went up to her Gran's to see her cousin from Pakistan. Back fairly early, went to bed no problem.

12-11-83 Helen stayed in today. Watched TV most of the time. In a very pleasant and talkative mood. Off to bed to read after supper.

13/11/83 Helen went up to her Gran's with [redacted] for the day. She returned about 8pm in a good mood. Had supper and went to bed at 10pm.

14/11/83 Helen went swimming with [redacted] & [redacted]. Went straight to bed to read a book.

22/11/83 Helen still at Ninewells Home Wednesday. Myself and [redacted] visited Helen before tea-time. Helen was cheerful and felt a lot better. Doctors say it is urine infection. [redacted] and [redacted] visited in the evening. Helen was very energetic and seemed to be very well and comfortable. [redacted]

23/11/83 Helen home from hospital rather reluctantly. Watched TV all evening then off to bed to read. Very quiet all evening.

24/11/83 Helen very abusive early on. Went out with [redacted] Had a chat when she came home - worried about going into class, secretarial because she's been in trouble. Went to bed in a very good mood.

25/11/83 Helen sent home from school with pains. Taken to Doctor then admitted to Ninewells

26/11/83 Helen operated on today at Ninewells for appendicitis.

29/11/83 Helen home from hospital. She is to go back on Monday to get the stitches out. She's to be off for two weeks.

30/11/83 Helen rested around the house, watching T.V. and generally taking things easy. [redacted]

2/12/83 Helen helped everyone make xmas decorations. Had a bath. Watched T.V. for a while, had her supper then went to bed early. I think she was exhausted.

- 3/12/83 Helen's boyfriend down for the day. Supposed to catch bus after tea-time but didn't. Went to Rallerama & found him still there. Phoned the home in Pitlochry & saw him to the bus station. Helen went to bed as soon as we got home.
- 4/12/83 Helen was well behaved today, although she talked non stop. I think she was a bit worried about the hospital next day. Played up a bit at bed time, but eventually went to bed after some persuasion.
- 6/12/83 Helen & [redacted] fighting tonight (physically) - something to do with Helen's boyfriend. Had to separate them & calm them down. Helen ran out of front door but came back almost immediately. She settled well after this & watched TV all night. Went to bed no bother.
- 7/12/83 Helen at Rallerama tonight with other kids. A bit fed up as she couldn't roller skate because of her wound. Very quiet. Went to bed no problem when we came home [redacted]
- 8/12/83 Helen out to visit [redacted] tonight. A bit high because she's going back to school tomorrow. Finally went to bed around 10:45pm.
- 9/12/83 Helen went to [redacted] party and generally mucked about the house. She had supper and went to bed after watching T.V. at 11:30pm. [redacted]
- 10/12/83 Helen at Gran's but returned before tea saying she was bored. Visited [redacted] in hospital. Went in the hall on her return for no



apparent reason but soon came out of it. Watched film about Nuclear Bomb. Full of questions. Off to bed afterwards.

11/12/83 Helen at Gran's for the day, returned at about 7:30pm. She watched T.V. for the rest of the night and went off to bed in a good mood.

12/12/83

13/12/83 Helen wandered around the house all night watching T.V. She ~~says~~ ~~thinks~~ there were no problems with her, she had supper and went off to bed without being asked.

14/12/83 Helen at doctors. Waiting for results of tests. In a quiet mood most of the night, but seemed to enjoy herself at [redacted] party. Helped make supper, then off to bed no problem.

16.12.83 Christmas party tonight. Helen enjoyed herself & behaved quite well. Fell a bit poorly at bedtime. Took a Lemsip & went to bed.

17/12/83 Helen at her Gran's. Said she enjoyed herself. Came back with her brother [redacted] who stayed for a little while. Enjoyed [redacted] party but came to me later complaining of a sore stomach, due to her period. Was OK later on then went to bed after film.

- 18.12.83 Helen a pain tonight. Kept testing me - using bad language etc. Eventually grabbed hold of her (play-fighting) and she settled for a while. Started up at bedtime again but I left her & she went to bed to read.
- 19/12/83 Helen in a good mood tonight. Went to Swimming with [REDACTED]. She said she really liked him. Watched video most of the night. Had supper then off to bed no bother.
- 20/12/83 Helen OK tonight. Asking me if I was going to her panel tomorrow. She watched Rollerball & went to bed no bother. Enjoyed the Christmas lunch.
- 21/12/83 Helen attended her panel today, good school report, she has been discharged from the supervision order in favour of parental rights. She was in a good mood at night with no bother from her. [REDACTED]
- 22-12-83 Helen went for supper with then to visit [REDACTED]. Her mood fluctuated all evening. Off to bed to read before 10 pm.
- 23/12/83 Helen amused about with [REDACTED] going out in his car and was shown his flat. When she came back she watched T.V. and went off to bed without being asked, [REDACTED]
- 24/12/83
- 25/12/83 Helen pleased with her presents, and played around the house all day. She has been high for most of the time, visited [REDACTED] in hospital and with

off to bed after supper.

20/12/83 Helen went up to Gran's for the day, returned after tea with [redacted]. Played around the house and settled to watch "Rocky", went to bed after supper without being asked.

21/12/83 Helen went down town with [redacted] to spend the vouchers. Went to Sando's disco at night but complained of it being boring.

28/12/83 Helen went swimming today. Watched film at night. Mood fluctuated quite a bit. Apologised for her behaviour, tidied the sitting room & watched late film.

29/12/83 At the Kelvin Hall today. Helen enjoyed herself. She was a bit high when she came back but settled well. Watched a couple of films & went to bed.

30/12/83 Helen good tonight. Played about on rollerskates most of the night. Watched T.V. Had supper then off to bed no bother.

31.12.83 Helen overnight at granmums.

1/1/84 Helen watched T.V. in Barrie's house all night. Went to bed before midnight, without being asked. She was well behaved all night.

2/1/84 Helen out to Rollerama. Had a good time. She was well behaved on her return & went to bed after film.

4.1.84 Helen well behaved tonight. Came out with [redacted] Myself & some of the other kids for a run in the mini-bus. Watched a bit of TV when we came home & then went to bed about 11.15pm - no bother.

5/1/84

6/1/84. Helen up to see [redacted] with [redacted], later she went to the Baths. Was well behaved, playing with computer and watching T.V. Later on was telling jokes and in a good mood. [redacted]

7/1/84 Helen at Granpops - back about 8pm. Watched TV in Scott house then went and chatted to [redacted]. Took ages to settle at bedtime.

8/1/84. Helen at her uncle Tim's in the afternoon, returned after tea. Watched T.V. and muched about until bedtime. Had a carry on (see main log) she was saying that the reason for behavior was because she wasn't looking forward to going back to school, but settled after a while. [redacted]

9/1/84 Helen watched TV all evening. Complained again of sore wrist. Also went to look for watch she'd lost but couldn't find it.

- 10/1/84 Helen complain abt her arm, said she fell on it, she will stay back and see doctor tomorrow. Wasnt too much acting this time. Went to bed at 10pm. [REDACTED]
- 11/1/84 Helen to hospital for x-ray. Her wrist has a cracked bone in it. She's to go back tomorrow. Went to spectate at baths and went to bed on her return.
- 12/1/84 Helen ~~and~~ stayed in and watched T.V., well behaved and was no problem, enjoying showing off her arm, in bed for 10pm. [REDACTED]
- 13/1/84 Helen stayed in tonight. Watched TV most of the time. Went out for a little while in the snow. [REDACTED] did her hair later on. She started up a little bit but went to bed OK.
- 14/1/84 Helen good tonight. She had a bath then watched T.V. most of the night in Barrie house. Went to bed not long after supper time without being asked. [REDACTED]
- 15.1.84 Helen out to see [REDACTED] today then up at grams. Returned 8'ish. Said she'd enjoyed herself. Watched TV a bit, went about on rollerboots. Sat in Barrie House for a while. Had to be asked a couple of times to go to bed. Eventually, did and got me to sew her trousers.
- 16/1/84 Helen came home from school crying about the cold. She had a bath and felt better. She watched the T.V. most of the night and was well behaved. She went to bed after supper no bother. [REDACTED]

17.1.84

Helen on top form as usual. Being cheeky but didn't take things too far. Mucking about with [REDACTED] at bedtime but settled fairly quickly. Has exams at school tomorrow.

19.1.84

Helen good tonight. Watched TV all evening. Went to bed after supper without being asked. Got a letter from mum which was really soppy but Helen liked it anyway.

20.1.84

Another good night for Helen. She was a bit "high" when [REDACTED] visitors were in but was no real bother. Spent time in Barbie house and went to bed before the late film.

22.1.84

Helen out at friends with [REDACTED] Mucking about with [REDACTED] on her return. Became cheeky at bedtime when repeatedly asked to go to bed. Threatened her with $\frac{1}{2}$ how early tomorrow if she didn't go right away & she chose to go to bed but managed to get the last word.

23/1/84

Helen watched T.V most of the night and was in a good mood. Helped make supper and went to bed when asked. She was complaining about her arm, told her we would go to D&I tomorrow. [REDACTED]

24/1/80

Helen mucked about in the bedroom all evening playing the cassette with Taney. Had a bath then off to bed to read. In a cheery mood.

27/1/84

Helen quite good tonight after the incident with [REDACTED] & Helen and [REDACTED] had been nasty to Sharon who didn't help matters by being in a foul mood. Helen apologised later and she was fine all night. She enjoyed [REDACTED] band but drifted up to the sitting room. She watched the horror film then went off to bed no bother.

28.1.84

Helen good until she got involved in incident with [REDACTED]. She threatened to run out with [REDACTED]. However, after a lot of abuse directed at me, Helen & [REDACTED] both watched the late horror film & settled well. Friendly again at bedtime.

30.1.84

Helen well behaved. Went out to granmums with Sharon - home for 9.45 pm. Went to bed straight after supper. No problem.

29/1/84

Helen at Granmums. Home for around 9pm. Helped bring up suppers. Watched T.V. in Barrie house. Went to bed no bother.

31/1/84

Helen good tonight. At the swimming. Enjoyed herself. Went to bed no bother after supper. Helped me fill the hot water bottles and yapped non stop. [REDACTED]

1/2/84

Helen being shabby around tea-time. Settled

2/2/84 Helen was not bad tonight. Went on a bit about uncle [redacted] but quietened down later. Watched T.V. Played the card game then went to bed no bother [redacted]

3/2/84. Helen not feeling too well tonight, watched T.V. all night and went away to bed after supper. Gave some disprin and settled quickly. [redacted]

4/2/84. Helen at Granny's today. Arrived back at 9.30 and watched B late film before going to bed.

5/2/84. Helen went to Uncle [redacted] 10-day, however she then went up to her dad's. She arrived back at 10.40pm with her Dad and "step-mother". (see main log) Went to bed after some supper and settled fairly quickly [redacted]

6/2/84 Helen playing about with Sharon and Jamie in the bedroom (see main log) Helen off to bed early for her cheek. Settled ok.

7/2/84 Helen did some cooking earlier in the evening. She was well behaved and actually had a bath. Went away to bed early complaining at not feeling well. [redacted]

8/2/84.

9/2/84. Helen up at Haring House tonight, didn't say much about the visit, did some cooking with [redacted]. Went off to

10.2.84 Helen out with [redacted] for a while tonight. Came home about 8pm & listened to records for a while. Had supper & went to bed about 10pm to write a reply to the letter she got from mum today. I told her about dad's failure to turn up at the meeting on Monday & she was a bit angry & says she's going to see him about it. Also, she told me that [redacted] owes her £1. I confronted [redacted] with this so will try & see that money is returned to Helen as soon as poss.

11/2/84. Helen good tonight. Wandered about with [redacted] from house to house then settled to watch T.V in Barrie house. Helen went to bed straight after supper to read. [redacted]

12/2/84 Helen out all day. Up at grans and at cousins whose dad died. She had supper on her return & went to bed at about 10.45. She is also invited to the party at St Francis on Wednesday.

14.2.84 Helen out to swimming with [redacted]. Home about 9pm. Went about on Roller-skates till supper time then went to bed afterwards with a couple of Paracetamol for a sore stomach. Well behaved tonight.

15/2/84 Helen at party in St Francis. Said she enjoyed herself. [redacted]

16.2.84 Helen out with [redacted] tonight. They said they were going to [redacted] Came back with sweets which they said they got from [redacted]. Then produced cigarettes. After

a lot of abuse, Helen finally admitted she'd been to Uncle [redacted] $\frac{1}{2}$ hour early bed for tonight. She was particularly happy with me & we had a short discussion which cleared the air a bit. Helen went to bed no bother & was cheery.

17-2-84.

Helen hanging around still all evening. Couldn't really settle for any length of time. Off to bed to read before 10 pm. Generally in a chatty mood.

18/2/84.

Helen up at her cousin [redacted] in Whitfield today. Returned about 8 pm and watched T.V. She had her supper and went off to bed with out being asked. In a good mood on return. [redacted]

19-2-84

Helen at Granny's today. Returned about 8 pm. Played pool for a while. Teamed up with Janey when she returned and barked about. Was caught on the fire escape at one point. Warned to go to bed or face early night tomorrow. Settled OK after that.

20/2/84

Helen up at her Grans after school and returned at 8 pm. She was quiet but in a good mood. Played at postman's knock and went off to bed at 10 pm when asked. [redacted]

21/2/84

Helen out for tea with [redacted] seemed to enjoy herself. Went to visit [redacted] at night. Off to bed to read no problem.

- 23/2/84 Helen went to Gran's for tea. Returned about 8pm and mucked around with [REDACTED] Off to bed after supper no problems.
- 24/2/84 Helen away to 'Who Cares' weekend at Edzell.
- 25/2/84 At "Who Cares" conference. Phoned [REDACTED]
- 26/2/84 Helen shattered tonight after her week-end. Slept on Settee until [REDACTED] came home. After supper she went straight to bed and ~~and~~ knocked out.
- 27.2.84 Helen at grannys. Confronted her on 2 occasions re cooking money. 2nd time, Helen abusive. Will leave just now & pick up later but have told her she will be expected to pay for ^{part of} money she consumed. Helen & [REDACTED] asked if they could have the day off school on Thursday to help granny move. I said this would not be possible. Accepted it OK.
- 28/2/84 Helen in a good mood most of night. A little bit high for a while running about the house. After supper she went to bed & read. [REDACTED]
- 29.2.84 Helen went to grannys, she didn't have any tea this evening. Came home about 8pm, granny had given her £1. Very cheeky & abusive at bedtime, wouldn't go to bed, hiding in wardrobe, under bed etc in [REDACTED] room. $\frac{1}{2}$ hour early bed tomorrow.

2/3/84. Helen well behaved tonight, she watched TV for most of the evening. She had some supper and went off to bed without being asked.

3/3/84 Helen at Granny's today. Came home exhausted as ~~if~~ she'd been moving furniture. Acted up a bit at bedtime but settled quickly.

4/3/84. Helen out with [redacted] to the [redacted] back after tea. She is following [redacted] mood at present and is just being able to hang onto her actions. She had her supper and a bath and went off to bed, where she started to write a letter to her mother in Manchester.

5/3/84.

6/3/84. Helen up at [redacted] with [redacted]. They had fallen out but were talking by bedtime, no problem when going to bed.

7/3/84 Helen at Granny's for tea. Home for 9 pm. Said Granny didn't want girls up this weekend. Helen not too bothered. Watched TV then off to bed.

8/3/84. Helen involved tonight in incident re fire brigade (see min log). She didn't really handle this very well in that she didn't admit she was involved, only there. Seemed to be upset that Gran hadn't phoned to arrange overnight stay.

She settled fairly quickly after her talking too [REDACTED]

- 9.3.84 Helen on restrictions for a week, to be reviewed at the end of this. Had difficulty staying in sitting room, same as [REDACTED]. A bit cheeky once or twice but went off to bed at 9.45 to read.
- 10/3/84 Helen attention seeking tonight. Said she fell down the stairs. By the noises she made I thought she had broken her neck, turned out she had gone over on ankle. Watched T.V. then stayed in room rest of evening. Off to bed without being asked. [REDACTED]
- 11/3/84 Helen fell downstairs tonight again. Told her she shouldn't have been out of sitting room. Helen crying and moaning about ankle - wanted to go to hospital there & then. Told her to wait till tomorrow morning - have bandaged her leg & given her paracetamol. Says she can't sleep.
- 12/3/84 Helen really cheeky early on. Had a word with her on her own saying I was disappointed with her behaviour. She was good rest of night but had to be reminded of restrictions. She had a bath & washed her hair. Went to bed after a few tellings.
- 13.3.84 Again Helen playing up. Became abusive & hit me at one point because I had accidentally hurt her hand. Had a long talk with her about school, mum, gran etc. About living in a children's home. She finally settled & was

good the rest of the evening. Complaining of a burning sensation in side when going to toilet. Will check with doctor if it persists.

14/3/84 Helen good tonight. Stayed in sitting room all night and watched T.V. Went to bed after supper.

15/3/84 Helen good tonight stayed in the sitting room watching T.V. she had her supper and went off to bed without being asked.

16/3/84 Helen over night at Grannys.

17/3/84 Helen enjoyed her overnight at grannys. Sat & watched video in Barrie House. Went to get ready for bed 10.30 but had a bit of a carry on with [redacted] before settling 11.30.

19/3/84. Helen well behaved tonight, she did some cooking and afterwards had a bath. Went off to bed without much bother after supper.

20/3/84 Helen at grannys this afternoon after exam - she was well behaved tonight, watched TV most of the time. Stayed up to watch the end of the play on BBC 1 then went to bed.

21/3/84. Helen narked about with [redacted] for a while tonight, and watched T.V. involved in a scuffle with [redacted] but it was made up, before supper. Helen went off to bed when asked. Earlier in the evening she had been told that she would be getting a new S.W. At first upset but accepted this fairly well. Pleased that [redacted] is having a baby.

22.3.84

Took Helen to DRI today re wrist. Helen still complaining of pain although 2 doctors examined her arm and said that it was OK. She has to keep a bandage on for one week and use her fingers & wrist as much as possible. Helen went swimming this evening with [redacted] and [redacted]. She is still complaining of a burning sensation when passing water, so I will make an appointment with doctor tomorrow. Helen also saying she & [redacted] invited to [redacted] [redacted] on Sunday for tea. Helen sat in the sitting room on her return & chatted for a while about hospitals etc. She went to bed to read after her supper. Her S.W. was also down for a chat this evening.

23/3/84

Helen good tonight but a bit shaken by her experience with [redacted]. Told me she wishes [redacted] would be taken away as she would be happier. Quiet rest of the evening although found her and [redacted] in Ogilvie pantry, didn't think too much of this at first but later I smelt drink from [redacted] which made me suspicious of Helen, although there didn't seem to be any signs. Helen has decided she doesn't want to go ski-ing, have tried to persuade her but she is not having this. She phoned her Gran to say she would be going ski-ing but when she came off the phone she decided she didn't want to go. Maybe she thinks, if Sharon is away she could go the Grannys. Went off to bed without being asked after supper. [redacted]

24.3.84

Helen returned from grannys about 7pm. Sat & watched The Shing. Watched TV all evening, in a very good mood, laughing and joking. Tired after being up so early this morning. Went to bed at 11.15 without any prompting.

26.3.84 Helen well-behaved this evening. At the doctors and has a prescription for pessaries. She watched TV most of the evening and went to bed on time, keeping out of the trouble with [REDACTED]. She said she was going to write to her mum and to [REDACTED]. She had a headache at bedtime & took a couple of aspirin.

27/3/84 Helen truanting today. Confronted her when she came home but was a rather stropky. She then got caught up with [REDACTED] [REDACTED] and [REDACTED] and ran away. Spotted them down at clocks. [REDACTED] and myself went after them. Managed to talk to Helen and tried to persuade her not to go any further and to come back to Carolina. She refused to get into the car but think she had ~~not~~ listened to reason, as she returned to Carolina a little while later. Had a word with Helen and she eventually said she hadn't been involved in the stealing but had walked away when the boys went to steal. She realised she was in the wrong and listened to me without being cheeky. She then came and had tea with me. [REDACTED] had a word her also, and I think she was relieved when she realised she wasn't getting into too much trouble and that we were pleased that she had returned and not got herself further involved. Helen was grumpy all evening, maybe for the fact that [REDACTED] had slept all night. She watched T.V. then after supper she went off to bed.

28.3.84

[redacted] down tonight to discuss possibility of overnights with granny. Granny however did not show up. New S.W. [redacted] unable to come as he is ill. There will be another meeting arranged when he has recovered. Helen & Sharon received a phone call from mum this evening which I allowed them to take. Talking for just a short while re school etc. Mum supposedly coming here in July. Helen very happy to hear from mum. Helen very good this evening. She watched TV and stayed in the sitting room most of the time. She has been told of her restrictions which she has kept to tonight. In bed before 10 pm with a sore humming.

29/3/84.

30/3/84

Helen handling her restrictions well to-day. She sat and watched the T.V. for most of the evening. She also had a bath and did her normal bedtime without any bother, and was in a good mood most of the evening.

31/3/84.

Helen well behaved all day. Watched TV and generally complained of being bored but OK. Off to bed without being asked.

1/4/84

Helen in a good mood to-day she handled her restrictions fairly well, she was out watching us play football, then she watched the T.V. She went off to bed before 10pm without being asked.

2/4/84

Helen went for a run to St Andrews with [redacted] Went to match at night. Disappointed

3/4/84.

Helen lullied her restrictions well to-day. She had a meeting with her new & old S.W. Her Gran & [redacted] were up at Carolina for meeting & tea. Went with [redacted], it was arranged that every second weekend that she could stay overnight for one day. At night she went to the carnival which she seemed to enjoy. Went to bed at 10pm without being asked. [redacted]

4/4/84

Helen went up to Glenister for a run in the bus. Watched TV and played pool at night. Complained of a sore stomach at bedtime.

5/4/84

6/4/84

Helen mucked around with Mike all day (see main log). Was caught in drying room with him. Off to Granny's for overnight stay.

7/4/84.

Helen enjoyed her visit to Granny's. Said Gran received a letter from Mum and a birthday card. Watched T.V. for a while in Barrie then settled to watch late film in Ogilvie. Went to bed straight after film. [redacted]

9/4/84.

Helen good tonight. She watched videos in Barrie. Helped make supper then came with me to pick up [redacted] from Station. Played about with [redacted] and [redacted] most of evening then watched the film. Excited at the thought of going for tea tomorrow. Went to bed no bother after the film.

10.4.84

Helen & [redacted] out to tea with [redacted] & [redacted]. Went to Cathay Palace & really enjoyed themselves. Both girls bought little presents for the baby. Helen watched TV on her return.

[redacted] started getting cheeky with [redacted] but quietened down quickly when reminded that she may not get to zoo. Went to bed of own accord.

11/4/84

Helen enjoyed her day at the zoo. In the evening she went to the match which she thoroughly enjoyed. After supper she watched the football on T.V. then went to bed without being asked.

12.4.84

Helen out today at granp's. Returned about 7.30 pm. She, along with everyone else in Ogilvie (except [redacted] was on restrictions for stealing things at the zoo yesterday. She admitted stealing & handed over a keys ring. Handled restrictions well. Told her that SW had been in touch with possibility of work experience. Helen quite pleased. She also has to stay in tomorrow morning as she did not have so much time in the sitting room as the others did tonight. Helen asking about visiting [redacted] - don't quite know what to do about this situation but told Helen I'd rather she didn't phone [redacted] tonight. She didn't. Will phone SW tomorrow.

13-4-84

Helen watched TV for a while. Went for supper still in the afternoon. Came to St. Andrews for a run and seemed to enjoy herself.

14/4/84. Helen up at Granie, to-day, she seemed to have had a good time. She was back about 9pm. She then had supper and played some card games with [redacted]. Went off to bed when asked, [redacted]

15/4/84.

16/4/84. Helen sat and watched the T.O for most of the evening. She was well behaved and went through to her bed after supper without having to be asked. [redacted]

17/4/84. Helen down for new clothes for interview. - Very pleased about it. ~~Was~~ Baked with [redacted] then watched TV before going to bed.

18/4/84. Helen went up to her Gran straight from school. She returned late at 9.50pm, saying she had missed her bus. She was told that she had an interview at 2pm on Monday. She was quite excited about this. She went off to bed after supper without any bother. [redacted]

19/4/84. Helen was asked whether she was going to Uncle [redacted] at dinnertimes but denies it. Played pool then settled to watch TV, off to bed without being asked.

20/4/84. Helen well behaved tonight. Sat in Barrie most of the evening then settled in Ogilvie to watch the film. Manage to keep away from [redacted] and [redacted] when they were mouthing off. Went to bed no bother when asked. [redacted]

21.4.84

Helen well behaved today. She was the only one in this afternoon for a while so we watched the film and chatted about her interview on Monday. She went up to grannys for an overnight stay and is hoping to go out tomorrow if its a good day.

23.4.84

Took Helen for her interview today (her S.W. drove us up). Helen got the job and she is to start next Monday. She is really chuffed about this. Helen quite high tonight, probably due to the interview but she had to be reminded on several occasions to mind her language. She watched Jaws in Ogilvie and went to bed straight afterwards.

25.4.84

Helen had gone to grannys today straight from school. Returned about 8.30 ish. Trouble started when [redacted] was found in tears & Helen was telling her to say she'd hurt herself. I'd overheard this & confronted Helen with it - she was none too pleased, saying to [redacted] & myself that we were always blaming her etc. I had gone downstairs with supper stuff and came up when I heard a commotion; Helen had been cheeking [redacted] & had been sent along to her room & had started lashing out. She told me to get out of the bedroom. Also refused to talk to me in office. Till [redacted] told what had happened. She

over the video flared up the whole thing again. Helen repeatedly challenging me to a fight which I resisted. She was extremely abusive. Will try to talk to her tomorrow. She went to bed 10.25 and was in a fairly good mood although she is probably thinking about what is store for her.

27.4.84

Helen away to Kingsbarns for weekend. She had an exam at school today which she said went OK. She did not get home till 2.30 and when asked where she'd been muttered something about staying in school with pal. Think Helen had either gone up to granny's or uncle. Spoke to [redacted] re whether it was a good time to tackle Helen re Uncle [redacted], dinner money etc. Agreed that it was not a good time as Helen had her work experience on Monday and also SW investigating granny, Uncle [redacted] etc. Helen keen to go to Kingsbarns

28-4-84

Helen at Kingsbarns

29-4-84

Helen watched the Maratta then went to the Carnival. Went to Granny's for tea. An incident later on when [redacted] thumped her. Helen got ready for work experience tomorrow. She's very excited.

4.5.84

Helen out overnight at granny's. Had a good

5/5/84. Helen came home from Grannys with [redacted]. Had asked on the phone earlier if she could stay another night with Granny but told her no. Was alright on her return. Watched T.V. most of the night, then went off to bed. Will talk to her re granny tomorrow. [redacted]

6.5.84 Helen returned from grannys about 8.30pm. Sharon told her she had not been allowed to talk to mum on the phone this evening. Helen very angry and rather loud. Explained situation to Helen and she agreed that contact was to be done through SW. Helen still annoyed about the whole thing and kept this up for a while but eventually settled & became quite chatty. Went to bed 10.30pm for work tomorrow.

7/5/84 Helen not so cheery on her return from work. Asked her if there was anything wrong. She said no. Asked later if she could go to Grannys. Told her ~~to~~ no but she went anyway. Returned about 9.30. Didn't say anything to her. Thought I would wait until I phoned S.W. first. Was fine on return though and watched T.V. until bed-time [redacted]

8.5.84 Helen tired out after work. Disappointed that she didn't get to Bucks Fizz concert. She spent most of the evening in Barrie House and came along to Ogilvie for supper. She wants up early in the morning for a bath. Saying she is worried about Thursday, about what to say and what will happen

will come after her & [redacted] Tried to reassure Helen that this would not happen.

9/5/84 Helen really tired when she came home from work. After tea she went to swimming with kids from Scott House, had a good time. Watched T.V. and cleaned her room on return. Had a bath then went to bed. She's really worried about court tomorrow.

10.5.84 Helen again quite tired after work. Telling me about court case. She was quite loud later on, telling dirty jokes etc. Appeared with a love bite on her neck - from [redacted] apparently (a friend of [redacted] who was down tonight). After the fire-hose incident, Helen helped clean up. She was complaining of a sore leg tonight. Helen went to bed just after 10pm.

11-5-84 Helen away to 'Who cares' weekend.

13.5.84 Helen back from "Who cares" went to Granny's returned for supper, watched T.V. went to bed.

14/5/84. Helen well behaved tonight. She watched T.V. for most of the night. Played for a while with the other girls & [redacted] new boyfriend. She later had a bath and went off to bed without being asked.

15.5.84 Helen went to Granny's tonight. Quite happy when she returned. Went to bed after supper. [redacted]

16/5/84. Helen had a flare-up with [redacted] tonight. (see main log). She eventually was able to calm down and did some cooking with [redacted] and [redacted]. She played in Olive's sitting room later on and was quite high on going to [redacted]

18/5/84. Helen away to Grannys over/night

19/5/84 Helen very well behaved tonight. She enjoyed her day at grannys. Watched TV on her return and was very talkative. Saying she wants Weds & Fri at work experience. She got a pair of earrings from granny today. Went to bed shortly after 11 with [REDACTED]. Complaining of a sore arm.

21.5.84 Helen well behaved this evening. She mucked about in Barrie House and sat in Ogilvie watching TV for a while. Complained of sore eyes watching TV. At bedtime discovered her bed, along with [REDACTED] had been covered in red stuff used for [REDACTED] [REDACTED]. She was not at all pleased, demanding that [REDACTED] should be phoned. But calmed down and changed mattress etc. Went to bed eventually then asked if she could have a cigarette. Was told no and went off in a huff. Was ok later. All kids in Ogilvie told they would be coming home for lunches following the theft of dinner money from Sleep-in room.

22.5-84 Helen came back from her grannys just after eight o'clock. She was in a good mood but when suppertime came she proceeded to take her supper through to Barry house but was told she had to stay in Ogilvie House. Complaining of sore stomach. I saw her turn dish in.

20.5.84 Helen came back from Granpys. In a good mood but didn't want to do ironing however did it, [REDACTED]

23.5.84 Helen a bit high at the tea-table tonight. Her S.W. had been down this evening but Helen not willing to talk to him really. However, [REDACTED] saying to her that she seemed to be getting on fine at granpys. Helen later went out swimming with [REDACTED] and [REDACTED] and enjoyed herself. She watched the match on her return and went off to bed afterwards.

24.5.84 Helen depressed tonight. Said to [REDACTED] her mother was going into hospital for an operation. Said to me she wanted to kill herself. Putting a lighter in her mouth, gave me the lighter before she went to bed. Was a bit sick. However cheered up and played with [REDACTED] laughing and joking. Had a bath and went to bed.

25/5/84 Helen came out in the mornings, ~~to~~ she was in a good mood all night. She was pleased that [REDACTED] is now allowed to go up to Granpy. She was in a chatty mood when she came home. She had supper, then watched T.V. for a while, she went to bed just before midnight. Settled quickly [REDACTED]

26/5/84 Helen out at Grans for most of the day. She returned at 9pm in a good mood. Settled to watch T.V. in Scott house for a while then went off to bed without being asked. [REDACTED]

27/5/84 Helen didn't come home until 7.45pm, [REDACTED] & Helen both were at Grans for tea. Helen went for her bath,

HELEN ANDREWS.

29/5/84

Helen attended Dr. Watson for her medical today. She is slightly deaf in her right ear. [REDACTED] is arranging for her to go for a hearing test. She was well behaved, although a little reluctant at first to go for a medical. She went up to Grams for a short time, after she had her tea. She was quite chatty on her return, went to bed when told. Settled quite quickly. [REDACTED]

30/5/84

Helen in a good mood tonight, she went swimming with [REDACTED]. On return she played at school. After supper she was complaining of having a sore ear, then starting to blow when I said that her ear wouldn't be sore just because she was told she was hard of hearing. However settled by 11pm and went off to bed.

31/5/84

Helen was in a very good mood all night. She was jumping from house to house, all evening. She went to bed at 10:20 settled quickly.

$$* \mid 6 \mid 84$$

Helen overnight at grannys.

$$2 \mid 6 \mid 84$$

Helen came back from granny's at 8 p.m. [redacted] had said that Helen her and a friend were drinking the night before in Douglas. Helen came in in a temper and was denying that she had been drinking although no one mentioned it to her. SHe admitted that she was in a fight a boy of 14 years or thereabouts had thrown a stone at her, she smacked him. His mother hit Helen on the face. [redacted] had a word with her but she was swearing and being cheeky. SHe apologised later to him. SHe calmed down and became quite cheery. Went to bed about 11.15 p.m. and settled. SHe said [redacted] and herself had been to a disco in Mid Craigie. SHe said [redacted] was drinking [redacted] but she didn't like to do it.

3/6/84

Helen was told today that she had two nights of restrictions to do. She appeared to accept this OK saying she would do Tuesdays and maybe Thursday. Went out to grannys today, returned 7.45 with [redacted]. Quite talkative. Wouldn't go to bed when asked but finally did & settled OK. Helen thinks she should be getting up later as she has left school. Told her this will possibly happen when she is 16 yrs old.

4/6/84

Helen stayed in Barrie House then came down to pool room. Very cheerful to-night. Had supper and got ready for bed but wouldn't settle. Told me she wouldn't be getting up early & said I would wake her at nine.

5/6/84

Helen spent most of the night watching TV in Barrie House. She came along to Ogilvie for supper & watched TV there then went to bed when asked, settled quickly. Complaining of a sore throat. Did not get caught up in hassle with [redacted] boyfriend being here & being asked to leave.

6/6/84

Helen in a restless mood in afternoon arguing with [redacted] a bit. At night she played chuckers. Complaining about sore throat. Had two Dispersin. ~~But~~ Didn't want any supper. Went to bed and settled.

7/6/84

Helen hurt her arm tonight mucking around. Went up to hospital, had it bandaged, badly sprained. Helen complaining about it being sore - didn't take her on. She watched TV, played 5 stones

8/6/84. Helen was at a party tonight in Mid-craigie with Sharon. She seemed to enjoy herself and was collected at 11pm. Suspect she may have been drinking but couldn't prove anything. She managed to get off with a boy and may be meeting him tomorrow. She went off to bed at 12pm without being asked, she was the last up.

9-6-84 Helen was at Grains today. She came home at 9.15pm. She watched T.V most of the time, after supper she washed most of the dishes for me while I was alone in the office with [redacted]. She went to bed just after midnight without being asked. She settled quickly.

10/6/84. Helen was out with Sharon and their Gran to Broughty Ferry. They came back after tea arguing, apparently Helen had hit [redacted]. This was because [redacted] had suggested that they don't go far for tea as Gran had already spent money on their chips, ice cream etc. They however made up quickly. Helen sat and watched T.V. in Bonnie for the rest of the evening, also took her supper though. She went off to bed when asked without any problems.

11/6/84 Helen came out in the minibus with myself. She was quite well behaved until bedtime then she started carrying on with [redacted]. She wasn't pleased because I told her off for being outside etc. She a [redacted] took a while to settle.

12/6/84. Helen was in a good mood to-day, she was out for a while in the Van to see the horses. She came back and watched the video in Bonnie, in the afternoon

13/6/84.

14/6/84. Helen well behaved to-night. She went for run in mini-bus, there was work in mini-bus but Helen didn't get involved. She had her supper at work off to bed when asked. Had her hair cut in the afternoon.

15/6/84 Helen in a happy mood played records, showed me her pictures of fame. Washed her hair and had a bath. Had her supper and went to bed at 10 30 P.M.

16/6/84 Helen o/night at grannys.

17/6/84 Helen came back from grannys in a good mood. Behaved until [redacted] came back then she was difficult to handle. Put Calamine lotion on her sunburn. Settled eventually.

18-6-84 Helen not too bad tonight. Quite high early on. Went out for a walk with [redacted] & [redacted]. Went to bed when asked, going on about some side. Coming down town with myself and [redacted] to buy towels etc for holidays.

19-6-84 Helen at the Morgan concert tonight with [redacted]. She enjoyed it. But had a fight with Stuart. [redacted] thumped her. Then Helen hit [redacted]. Helen would not behave. She seemed to be seeking attention. Calmed down and went to bed.

20-6-84 Helen OK this evening. Went swimming with

rest of kids in disco in Ogilvie sitting room.
Went to bed 10.15, took a little while to settle
as she was packing her things for holidays.

30/6/84 Helen was quite good all week at Butlins until
Friday night. She had to be physically restrained
by staff. She had to go ~~to~~ bed at 10pm
~~last~~ tonight also stay in the house. Depending on
how she handled this, she could stay up ~~in~~ at Gran's
Sunday night. Helen went to bed at 10pm stayed
in bed she also settled quickly as she was
feeling tired.

1-7-84 Helen away to Gran's overnight.

2-7-84. Helen came back from Gran's at 7 PM. Watched television
with [redacted] and [redacted]. In good mood. Had supper.
Moved her bed into [redacted] room as [redacted] away
at Gran's. Went to bed at 11 PM and shortly after
fell asleep.

3/7/84 Helen returned from Gran's around 7pm -
she was rather loud on her return but
settled down later on to watch the film. She
had a bath & went to bed 11 pm. Doing
exercises in her room with others.

4/7/84 Helen was in Barrie House in the early evening then came
along when Janey came in. Mucking about with a belt. Rather
annoying to-night and a bit cheeky. Had her supper and got
ready for bed but wouldn't go to bed. Went back through.

television off [redacted] switched it back on. After about ten minutes [redacted] Pat and myself went through to sitting room. Helen went to bed within a few minutes. Earlier in the evening when she was being cheeky I told her she better stop it. She said if I said anything to anyone she would say I had been saying things about the staff to her and [redacted] would be her witness. Not a good night with Helen, [redacted]

5/7/84

Helen not bad tonight although pushing a bit at times. She had gone out in the afternoon with [redacted] (holiday relief). In the evening she came for a run in the bus with Ogdue Howe. A bit loud but appeared to enjoy herself. Had a bath on her return, had supper & was watching TV. Then at her bedtime started carrying on a bit. She took a bit of persuasion but finally went to bed in a good mood.

6/7/84

Helen came back from Grannys to-night at 9 p.m. Said it was great. Her cousin aged 4 yrs was there and she enjoyed her company. Had supper watched television for a short time. Had ice cream and was a bit sick after this. Went to bed and read. In a happy mood tonight. I said to her she could watch the film or go to bed so she chose to go to bed.

7/7/84

Helen was at Grans for the day, came back about 6.30 p.m. Watched T.V. in 'Barrie' for most of the night, she had a slight 'flaw-up', swearing and slamming doors. She came down again and apologised to myself and [redacted]. It was about staff apparently nagging her. Settled quickly in bed. [redacted]

8/7/84

Helen away to Grans for one week. [redacted]

She watched television, had a slight argument with [redacted] but made up with her before she went back to Grans. [redacted]

15-7-84 Helen came back from Grans tonight in a happy mood. Played monopoly had supper played around a bit, talking to me about Butlins. She really loved it. She has written to two of the redcoats and is hoping for a reply. [redacted]

16-7-84 Came back at 6.45pm. Played pool, watched TV. In a good mood. Playfull at ~~bed~~ time but settled down by 11.20 pm.

Thurs.
19-7-84

Good behavior all day following last night's temper tantrum. Played indoor tennis with [redacted] & I before tea. Watched TV with [redacted] all evening until 9.00pm when she had a bath, made supper & then did her early night with no protest whatsoever. [redacted]

18/8/84

Helen not cooperating at all tonight. She had stayed in the swimming pool with some kids from Scott house after they were told to come out. Eventually left by staff and were pulled out by attendants. She didn't handle this well on return to CH. She went into a violent mood (see main log) and had to be physically restrained. She came back down after being ~~told~~ spoken to, and then left. She still has been unable to explain why she had her outburst. She would prefer to talk to [redacted]. Afterwards she was fine and did her early night without any bother. [redacted]

20/7/84

Then she helped with suppers. Didn't want to go to bed but went about 11:30 PM. Good night

31.7.84 Helen well behaved today. She went out with [redacted] to the beach. Watched Carry On film on her return. After supper mucked about with tennis racket & ball for a while. Then played game with [redacted] & myself until bedtime 11:20 pm. In a good mood, settled well.

1/8/84 Helen came back from Gran's at 7 pm. watched television and helped with the suppers. Then started mucking about with [redacted]. Was very cheeky to me would not settle. [redacted] said she was sorry but still didn't go to sleep. Screamed a few times. Kept jumping out of bed laughing and making noises. Asked me if she would still get to stay with her Gran. I said it was doubtful. Came along to the office arguing. [redacted] spoke to her. SHE stormed out of the office and went along to her room. Got dressed and made for the front door. Calmed down after a few minutes. Went to bed having listened to [redacted]

2.8.84 Helen well behaved this evening. She watched TV most of the night after playing a game of Monopoly with [redacted]. She went to her room at 10:05 after the film. Got changed for bed 10:30 and in bed for 10:45. Handled her restrictions well, and was in a cheery mood.

X
Sat 4.8.84 Very excitable tonight when she came back from gran's with [redacted] about 7pm. Worked herself up to have a confrontation & tantrum at various pts. through the night, but by remaining calm & giving her attention, a scene was prevented. Tested my limits frequently. She played pool with [redacted] for about 1 hour, then watched the late film for 1/2 hr. until she & [redacted] went to bed at 11:30 because the film was too scary. I let Helen sleep in [redacted] bed.

Y
3/8/84 Helen very well behaved tonight. She was quiet watching [redacted] for most of the night. Handled her restrictions well and went off to bed at 10pm when asked.

6.8.84 Helen away to Grans for the week.

12.8.84 Helen came back from Grans tonight about 7.30pm. SHE was happy to get a letter from one of the redcoats in Butlins. SHE was well behaved to night. SHE watched television. SHE was talking about her birthday. SHE is really looking forward to it. SHE had her supper and went to bed and read.

13.8.84 Helen went out to Lamas Fair with [REDACTED]. She was going straight to grannys afterwards. She received a phone call tonight although she wasn't in to take it. Girl on line very rude & offensive. Don't know if it was a joke or not. Helen will be home tomorrow.

14.8.84. Helen came back from Grans tonight. SHE asked me what time she was to go to bed. I said 10.30 p.m. SHE was watching film in Barrie House and didn't want to go to bed but went and was asleep within a few minutes. Didn't mention to her about the phone call.

15.8.84 Discussion in Opilvie re moving to Haring House. Bedrooms discussed. Helen will be sharing a room with [REDACTED]. Quite pleased about this. Helen got caught up in a bit of hassle with Sharon earlier on. But she managed to calm down and was OK. She had a bath just before bedtime. Organising a list of people for her party on Tuesday. Bed 11pm.

16.8.84. Helen returned from Grans around 8.30pm. Had her supper. In a good mood, chatting away about items on the news on television also chatting about her birthday. Went to bed without being asked.

17/8/84 Helen went out with [redacted] seemed to enjoy herself. She was really good tonight, she completely ignored [redacted] when [redacted] was being physically restrained. She went to bed at 10.30pm settled quite quickly.

18/8/84 Helen up at ab Gran for tea, she returned at about 7pm with Helen. She sat and watched the T.V. in Barrie for most of the night. She was fine tonight and went off to bed when asked.

Sun. 19.8.84 Visited gran with [redacted] today. Returned about 8pm. Joined in singing competition in [redacted] room with the other girls for a while, then watched TV in O.H. until she went to bed about 10.20pm after going along to the garage for cigs for [redacted]. Was in a relatively happy ^{relaxed} mood all evening. Had a bath.

19/8/84 Helen well behaved tonight. She is looking forward to her birthday tomorrow. She sat and watched T.V. for most of the night. She went away to bed early at 10pm, I think so tomorrow would arrive quicker she however took a while to settle. Earlier in the day she had an appointment at the careers office, she has an interview tomorrow. She is also hoping that her Gran and mum will be coming to her party tomorrow.

21/8/84 Helen brought Mum for tea. She had her party. She enjoyed herself. She went in the house with [redacted] because of a misunderstanding on Helen's part. She went to bed at 10.45pm. Settled quickly.

22/8/84 Helen in a good mood today. She was up looking at the Queens Carolina which she was impressed by. Afterwards she went to the Dundee v Hamilton game and was pleased with the result. Came back and went off to bed about 10pm but took a while to settle.

23/8/84 Helen saw [redacted] re works. She watched T.V. after tea, then got involved in dancing competition. She

- 24.8.84 Helen involved in hassle over stereos etc tonight. Got caught up with other kids. Afterwards was able to discuss things, said that granny is talking of moving into sheltered Housing so would be able to have them for weekends. Helen finally went to bed when I got [redacted] settled.
- 25-8-84 Helen watched television in Barry house. Then had supper. She went into bedroom and played games with [redacted]. Then asked her to go to bed. She ran about the corridor and generally carried on. She ran up to [redacted] room and wouldn't go to bed. She flew at me in a temper. Went to bed and settled 230 AM.
- 26.8.84 Helen told today of restrictions due to behaviour of late. She seemed to accept that her behaviour was totally out of order. For the rest of the evening she was well behaved. Went to bed at the same time as [redacted] (9.30). Told her her S.W. would be phoned tomorrow to try to sort things out about granny etc.
- 27-8-84. Helen at home to-day. Came home just before tea. In a good mood to-night. Watched television and played cards with [redacted] and I. Told me she's meeting mum to-morrow. Says she fell and hurt her knee. Walking with a limp. Went to bed and settled. [redacted]
- 28.8.84 Helen out with mum today. Said she enjoyed herself. Worried about not having heard from Community Contact so we phoned before tea but no answer. She went out swimming with [redacted]. Really enjoyed herself. Was in quite a good mood & chatty. A bit noisy at bedtime & went in the huff with me for not being a bit narky when she asked for something.
- 29.8.84. Helen out in the town to-day. Mum & granny came for meeting to discuss the girls weekends with granny. It ended up with Helen in tears and her mother arguing with her. Granny had tea with the girls. Helen had her tea but saying to Gran that we fit

he was here, Helen went to the football. [redacted] said she was right into the game and really enjoyed it. Mum phoned a couple of times when Helen was out. Helen phoned her mum when she came in. Helen had supper. Went to bed just after 11pm.

30.8.84 Helen in a funny mood this evening. Very huffy. She flew into a temper a couple of times over relatively trivial matters. She finally went to bed at about 11.15. Mood had settled again. Think she's still thinking about yesterday's meeting.

31.8.84 At Gran's for weekend. Left this morning

~~31.8.84~~
1-9-84 Still at Gran's, she is going to swimming with [redacted]

Sun.
2.9.84 Arrived back from Gran's @ 8pm. Drifted about the house. Involved in row with [redacted] became serious for her when she had a real fight with [redacted] & hurt her 9.50 - 10.00 pm. Stopped by [redacted]. Had a little temper tantrum, but went for a bath & [redacted] when she went to bed @ 10.35pm.

3.9.84 Helen started her new job today. She really enjoyed herself. After tea she went up to see her Mum. She came back at 9.15pm, in a happy mood. She went to bed at 10.45pm settled quite quickly.

4.9.84 Helen had another good day at work. Her S.W. took her & some other kids to football. Helen says it wasn't a good match. Dundee lost 1-0. Helen went to bed quite early as she wants up early tomorrow. Placement starts tomorrow. She was in a cheery mood tonight.

5.9.84 Helen walked out of the house after having an argument with [redacted]. She returned at 9pm. She had to be physically restrained by [redacted]. After that she sat in Parvna House. She was in a better frame of mind at bed time.

6.9.84 Returned from work in quite a good mood. Went up to her Gran's with a box of chocs. returned at 9pm.

Mon 11.9.84

Came in from work saying she was tired. Got a 'phone call from her mum. She left @ 7pm to go to her mum & 'dad's'. ~~was~~ She was ~~very~~ upset. Came back @ 9.30pm saying she had sorted everything out between her mum & 'dad'. Her mum has left her dad & sleeping @ her gran's tonight. Helen is ok. Watched TV in B.H. until film finished @ 11.30pm.