

Our Ref: KAB/GMW/670524AL
NHS No: 400 067 0514

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Dear Harris

Katrina Margery (dob 24 05 67)
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Thanks very much for referring this lady who has had about six months of pain in her right shoulder. It has been quite excruciating and she is somewhat at her wits end. You gave her an injection which provided excellent relief but for a very short period of time. The pain is waking her up at night and interfering basically with every activity. She does not have gout, diabetes, or rheumatoid arthritis. She has some problems with pain in her neck on the facet joint areas but this is not the major problem at all.

On examination she is almost too tender to test in terms of impingement signs. Clearly internal rotation is much more painful than external rotation. Certainly the subacromial areas are the most tender and AC joint not particularly, nor the glenohumeral joint.

I do not think she has a frozen shoulder and I think, if we remove her pain, the passive range would be excellent.

Plain x-rays do not show any significant arthritis. The ultrasound certainly shows a thickened bursal material to the subacromial space. I think her tendons are in fact intact but we would get a better idea with arthroscopy about the state.

I agree that she would be a reasonable candidate for arthroscopic assessment and it is most likely that an acromioplasty would be performed as there is some degree of synovitis also in her case. The pros and cons have been discussed and consent has been obtained.

Once again, thank you for your referral.

With kind regards.

Yours sincerely

Dictated but sent unsigned to avoid delay

Mr K A Borowsky FCS(SA.Orth)MMed(Orth)
Consultant Orthopaedic Surgeon

Copy to: Dr P P D'Arcy 39 Leysdown Road, Sheerness, Kent, ME12 4RE.

