



Eastern and Coastal Kent Community Services

Our Ref: PM/ST/67.05.24AL

NHS NO: 400 067 0514

Clinic: 11 November 2009

Typed: 23 November 2009

Sheppey Community Hospital
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Dr H K Uppal
St George's Medical Centre
55 St George's Avenue
Sheerness
Kent
ME12 1QU

Dear Dr Uppal

Re: Katrina MARGERY – dob 24.05.1967
49 Sheppey Beach Villas, Manor Way, Leysdown, Sheerness,
Kent

Procedure: Locked intramedullary nail for mid shaft fracture of humerus and fasciotomy on 11 May 2009 (arthroscopic subacromial decompression and bursectomy on 4 October 2007)

I reviewed this lady today in the clinic. She is making very slow progress, and still reports ongoing discomfort, especially in the region of the shoulder. She denies any burning sensation or abnormal sweating pattern to suggest CRPS and also any pins and needles sensation in her arm. She is just managing to use her arm for some of her routine activities, and currently does not work.

Clinically the surgical scars have healed well, but there is diffuse tenderness over the proximal humerus, and range of movement of lateral abduction of 70°, external rotation of 30° and on internal rotation she is just about able to reach the sacrum. Movements are partly restricted in anticipation of pain. Clinically there is no obvious neurovascular deficit. Radiographs performed today show acceptable position of the nail, and some healing with evidence of a callous formation. The proximal end of the nail is not prominent beyond the humeral head.

I have had a lengthy chat with Mrs Margery, explaining to her the natural course of recovery after such injuries, and reassured her that it usually takes between 9-12 months for a full recovery. Moreso, she has had arthroscopic intervention to this shoulder in the past, with ongoing discomfort, and hence this could partly contribute to her symptoms. She felt quite reassured.

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DATE	FILE
NOTES PLEASE	
TO MAKE APPT.	
TO RING ME	
PRESCRIPTION	
TELL PT NORMAL	

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She will be reviewed in the clinic in two month's time, with x-ray of the right humerus on arrival, to monitor progressive healing.

Yours sincerely

Dictated but not signed by

Mr Paras Mohanlal
Registrar to
Mr Bijay Singh
Consultant Orthopaedic Surgeon
Specialist Interest in Upper Limb Surgery