

We are a smoke free organisation and to improve public health, smoking is not permitted anywhere on the hospital site. Thank you for your co-operation.

Medway **NHS**

NHS Foundation Trust

Our ref: PR/mg
Your ref:

Tel No. (01634) 833889
Fax: (01634) 846661

Medway Maritime Hospital
Windmill Road
Gillingham
Kent
ME7 5NY

Choose and Book: For Metabolic Bone
Speciality: Rheumatology
Clinic: Metabolic Bone
Select: Osteoporosis/Rheumatology/Medway Hospital

Tel: 01634 830000

THE DIRECTORATE OF DIAGNOSTICS & OUTPATIENTS
METABOLIC BONE CLINIC
INTEGRATED CLINIC WITH CLINICAL ASSESSMENT
BONE DENSITOMETRY & SPECIALIST
OSTEOPOROSIS NURSE ADVICE

1st September 2012
(Clinic dated 23.07.2012 – G081P)

14 SEP 2012

Dr HK Uppal
St Georges Medical Centre
55 St Georges Avenue
Sheerness, Kent
ME12 1QU

Dear Dr Uppal

RE: Katrina MARGERY, Hospital No. 670524AL
NHS NO. 400 067 0514
49 Sheppey Beach Villas, Manor Way, Leysdown on Sea, Sheerness, Kent

Thank you for referring this 45 year old lady, who fractured some ribs whilst coughing and then when bending over recently. She also had a right humeral fracture in 2009 following a fall. As a child she had fractures of ankles and elbows. Her Sister has had a number of fractures so there may well be a genetic component to her skeletal fragility. She has been on long-term inhaled steroids for asthma which does tend to induce a degree of osteoporosis. She also has two to three courses of oral steroids per year. She continues to smoke albeit less than ten cigarettes a day, but this will contribute to a lower bone mass. Otherwise she has been well and her gynaecological history is unremarkable. She remains pre-menopausal.

At present I have organised to re-assess her with a Bone Density Scan, blood tests for secondary causes of osteoporosis, and a measurement of bone turnover and I will review her back shortly with the results.

Consultant Physician
(Specialist in Thyroid Disorders, Metabolic Bone Disease and Calcium Disorders)

Yours sincerely


Dr Paul Ryan MA MSc MD FRCP
Consultant Physician

(Specialist in Thyroid Disorders, Metabolic Bone Disease and Calcium Disorders)

Contd/...

...2/

RE: Katrina MARGERY, Hospital No. 670524AL

cc. **PRIVATE & CONFIDENTIAL**
Mrs K Margery
49 Sheppey Beach Villas
Manor Way, Leysdown on Sea
Sheerness, Kent
ME12 4QQ