

Kent Community Health

Our Ref: PM/NCV/67.05.24AL

Clinic: 17 December 2012
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NHS Trust
Sittingbourne Memorial Hospital
Bell Road
SITTINGBOURNE
Kent
ME10 4DT

Tel: 01795 418300 Ext: 3018
Fax: 01795 418309
Email: nicola.veal@kentcht.nhs.uk
nicola.veal@nhs.net

Dr H K Uppal
St Georges Medical Centre
55 St Georges Avenue
SHEERNESS
Kent
ME12 1QU

31 DEC 2012

Dear Dr Uppal

Katrina MARGERY – dob 24.05.67
49 Sheppey Beach Villas, Manor Way, Leysdown-on-Sea, Sheerness, Kent, ME12 4QQ
NHS No: 400 067 0514

Diagnosis: Fracture right humerus.
Background: IM nailing May 2009.
Re-do surgery with plating 18 June 2010.
Post-op radial nerve palsy – now partially recovered.
Treatment Plan: Mobilization, observation and review six months.

Mrs Margery is managing to use her arm for some routine activities but still reports intermittent discomfort and has noticed some improvement with regards to her muscle power in the arms. Clinically there is no tenderness over the fracture site and there is power of 4 in the elbow flexion, extension, nearly 3 wrist extension, thumb extension and finger extension with still numbness in the dorsum of hand. Radial pulses felt.

Radiographs performed today show good fracture consolidation with no implant related problems. The DEXA scan has ruled out osteoporosis.

I have explained the diagnosis, prognosis, outcome and treatment options for the radial nerve palsy which is recovering. I offered her referral to Peripheral Nerve Injuries unit at Stanmore but Mrs Margery is not keen and is quite happy for watchful expectancy at Medway. Hence I have suggested to do range of motion exercises to the wrist, fingers and forearm to prevent both stiffness, muscle contracture and she will be reviewed in our clinic in six months' time to monitor progress, but I have suggested that she could contact us earlier should there be any concerns.

Yours sincerely

DICTATED NOT SIGNED ~

Mr P Mohanlal
Registrar in Orthopaedics

Cc: PRIVATE AND CONFIDENTIAL
Mrs Katrina Margery
49 Sheppey Beach Villas
Manor Way
Leysdown-on-Sea
SHEERNESS
Kent
ME12 4QQ