

CLINICAL NOTES

DATE

16/2/09 defec class B

All tremulous, put defec
back to class 4
step from
feet around.

(P) v/c 23/4/09

OK
J. H. H.

19/2/09 W/R D. Douglas
ben

defec comfortable,
gait, sleep, gait
mood, eating, etc.

Plan for obs. program. To be
commenced if physc. see normal

v/c 23/4/09

OK
J. H. H.

24/8/9 'Fine'

Still sober.

Not complying i.e. antabuse fully
was on holiday for 5/12 - Coaglanra
cycles.

Children (8, 6, 3)

[REDACTED]

8/12

only sees once / week.

Wants to prove that she is abstinent.

Plan LFT

Day attendance

O'Hare

NHS GREATER GLASGOW & CLYDE
ALCOHOL SERVICES

CARE PLAN / CLINICAL REVIEW SHEET

NAME: Agnes M Loughlan

WORKER: Julie

Review Date:

Reviewed By:

History / Progress / Significant Changes

Alcohol on 1 occasion since October 2010. (Antabuse) (On her birthday in November) Does not use alcohol. Does not use drug use. Wants to re-start Antabuse.

Drug screen not back yet Blood results from 2.2.11 attached with ECG

Short Term Goals /New Care Plan

ACTIONS	RESPONSIBLE PERSON	COMPLETE DATE
Starting groups, will be assessed then .	Julie	

500ml cans Stella.

Agnes

ALCOHOL / DRUG DIARY

DAY	AMOUNT	WHERE/WHO WITH	TRIGGER / CONSEQUENCES	COMMENTS
Thursday 7th Oct	⑦ 5.0%	my sister House		I started drinking cause of children
Friday 8th Oct	⑧	my sister House		
SAT 9th Oct	⑥	My sister House		
SUN 10th Oct	⑦	my sister House		
Mon 11th Oct	⑦	/ /		
Tues 12th Oct	⑦	/ /		
Wed 13th Oct	⑦	/ /		

Agnes.

ALCOHOL / DRUG DIARY

[illegible]

DAY	Amount
Thurs 21st	III (3)
Friday 22ND	II

~~21st 11:30 AM~~

R.C.A FRI 3:00 Margaret

DAY	Amount	
Thurs 21st	III (3)	
Friday 22nd	III (3)	
SAT 23rd		Came of it for my children To get them Back and be a family again
SUN 24th		
Mon 25th		
Tue 26th		
wed 27th		
Thurs 28th		
Friday 29th		

ALCOHOL / DRUG DIARY

DAY	AMOUNT	WHERE/WHO WITH	TRIGGER / CONSEQUENCES	COMMENTS
30th				
31st				
1st				
2nd				
3rd				
4th				
5th				


 Actions
This report has history
Patient

Patient Name	CHI	Date Of Birth	Age	GP	GP Practice	Consultant Ward/Location
AGNES MCLAUGHLAN	0911703241	09/11/1970	40	HODGSON, COLIN	4 SAUCEL CRESCENT	
Name Changed						

Report
Routine Biochemistry

Description	Value	Range	Unit	Normalcy Notes
Glucose	5.8	3.5 - 6.0	mmol/l	
Sodium	141	135 - 145	mmol/l	
Potassium	4.2	3.5 - 5.0	mmol/L	
Chloride	106	98 - 108	mmol/l	
Bicarbonate	23	23 - 30	mmol/l	
Urea	4.2	2.5 - 7.5	mmol/l	
Creatinine	61	40 - 130	umol/l	
Total Protein	66	60 - 80	g/l	
Albumin	36	32 - 45	g/l	
Alk Phos	86	25 - 110	iu/l	
Bilirubin	4	3 - 20	umol/l	
AST	29	5 - 40	iu/l	
ALT	44	5 - 50	iu/l	
Gamma GT	84	0 - 40	iu/l	R
Globulins	30	23 - 38	g/L	
Estimated GFR (/1.73m ²)	>60	60 - 140	mls/min	

Haematinics

Description	Value	Range	Unit	Normalcy Notes
Vitamin B12	680	187 - 883	ng/l	
Serum Folate	7.7	2.6 - 14.8	ug/l	

Thyroid Function Tests

Description	Value	Range	Unit	Normalcy Notes
TSH	1.8	0.35 - 4.0	mu/l	(TSH)
Free T4	12.0	9.0 - 21.0	pmol/l	

Test Comments

(TSH) Euthyroid levels.

Sample Taken 2/2/11


 Actions

ⓘ This report has history

Patient

Patient Name	CHI	Date Of Birth	Age	GP	GP Practice	Consultant Ward/Location
AGNES MCLAUGHLAN	0911703241	09/11/1970	40	HODGSON, COLIN	4 SAUCEL CRESCENT	
Name Changed						

Report

Full Blood Count

Description	Value	Range	Unit	Normalcy Notes
Haemoglobin	147	115 - 165	g/L	
White Cell Count	7.0	4.0 - 11.0	10 ⁹ /L	
Platelets	242	150 - 400	10 ⁹ /L	
Red Cell Count	4.49	3.80 - 5.80	10 ¹² /L	
Haematocrit	0.444	0.370 - 0.470	L/L	
MCV	99	78 - 99	fL	
MCH	32.7	27.0 - 32.0	pg	R
MCHC	331	310 - 360	g/L	
RDW	13.4	11.5 - 14.5	%	
Neutrophils	3.9	2.0 - 7.5	10 ⁹ /L	
Lymphocytes	2.2	1.5 - 4.0	10 ⁹ /L	
Monocytes	0.6	0.2 - 0.8	10 ⁹ /L	
Eosinophils	0.2	0.0 - 0.4	10 ⁹ /L	
Basophils	0.04	0.01 - 0.10	10 ⁹ /L	

Coagulation

Description	Value	Range	Unit	Normalcy Notes
PT	9.7	9.0 - 13.0	second	
APTT	29.8	27.0 - 38.0	second	
Fibrinogen	4.47	1.50 - 4.00	g/L	R

Sample taken 2/2/11


 Actions

ⓘ This report has history

Patient

Patient Name	CHI	Date Of Birth	Age	GP	GP Practice	Consultant Ward/Location
AGNES MCLAUGHLAN	0911703241	09/11/1970	40	HODGSON, COLIN	4 SAUCEL CRESCENT	
Name Changed						

Report

Routine Biochemistry

Description	Value	Range	Unit	Normalcy Notes
Glucose	4.9	3.5 - 6.0	mmol/l	
Sodium	138	135 - 145	mmol/l	
Potassium	3.8	3.5 - 5.0	mmol/L	
Chloride	104	98 - 108	mmol/l	
Bicarbonate	24	23 - 30	mmol/l	
Urea	2.9	2.5 - 7.5	mmol/l	
Creatinine	60	40 - 130	umol/l	
Total Protein	69	60 - 80	g/l	
Albumin	36	32 - 45	g/l	
Alk Phos	102	25 - 110	iu/l	
Bilirubin	9	3 - 20	umol/l	
AST	29	5 - 40	iu/l	
ALT	19	5 - 50	iu/l	
Gamma GT	89	0 - 40	iu/l	R
Globulins	33	23 - 38	g/L	
Estimated GFR (/1.73m ²)	>60	60 - 140	mls/min	

Haematinics

Description	Value	Range	Unit	Normalcy Notes
Vitamin B12	480	187 - 883	ng/l	
Serum Folate	8.8	2.6 - 14.8	ug/l	

Thyroid Function Tests

Description	Value	Range	Unit	Normalcy Notes
TSH	0.99	0.35 - 4.0	mu/l	(TSH)
Free T4	11.8	9.0 - 21.0	pmol/l	

Test Comments

(TSH) Euthyroid levels.


 Actions

ⓘ This report has history

Patient

Patient Name	CHI	Date Of Birth	Age	GP	GP Practice	Consultant Ward/Location
AGNES MCLAUGHLAN	0911703241	09/11/1970	40	HODGSON, COLIN	4 SAUCEL CRESCENT	
Name Changed						

Report

Full Blood Count

Description	Value	Range	Unit	Normalcy Notes
Haemoglobin	149	115 - 165	g/L	
White Cell Count	8.2	4.0 - 11.0	10 ⁹ /L	
Platelets	253	150 - 400	10 ⁹ /L	
Red Cell Count	4.48	3.80 - 5.80	10 ¹² /L	
Haematocrit	0.432	0.370 - 0.470	L/L	
MCV	96	78 - 99	fL	
MCH	33.3	27.0 - 32.0	pg	R
MCHC	345	310 - 360	g/L	
RDW	11.9	11.5 - 14.5	%	
Neutrophils	5.6	2.0 - 7.5	10 ⁹ /L	
Lymphocytes	1.7	1.5 - 4.0	10 ⁹ /L	
Monocytes	0.8	0.2 - 0.8	10 ⁹ /L	
Eosinophils	0.1	0.0 - 0.4	10 ⁹ /L	
Basophils	0.02	0.01 - 0.10	10 ⁹ /L	

Coagulation

Description	Value	Range	Unit	Normalcy Notes
PT	9.8	9.0 - 13.0	second	
APTT	29.7	27.0 - 38.0	second	
Fibrinogen	2.76	1.50 - 4.00	g/L	


 Actions

ⓘ This report has history

Patient

Patient Name	CHI	Date Of Birth	Age	GP	GP Practice	Consultant Ward/Location
AGNES MCLAUGHLAN	0911703241	09/11/1970	40	HODGSON, COLIN	4 SAUCEL CRESCENT	

Name Changed

Report

Routine Biochemistry

Description	Value	Range	Unit	Normalcy Notes
Glucose	5.0	3.5 - 6.0	mmol/l	
Sodium	138	135 - 145	mmol/l	
Potassium	3.8	3.5 - 5.0	mmol/L	
Chloride	105	98 - 108	mmol/l	
Bicarbonate	23	23 - 30	mmol/l	
Urea	2.8	2.5 - 7.5	mmol/l	
Creatinine	63	40 - 130	umol/l	
Total Protein	70	60 - 80	g/l	
Albumin	40	32 - 45	g/l	
Alk Phos	98	25 - 110	iu/l	
Bilirubin	12	3 - 20	umol/l	
AST	32	5 - 40	iu/l	
ALT	23	5 - 50	iu/l	
Gamma GT	122	0 - 40	iu/l	R
Globulins	30	23 - 38	g/L	
Estimated GFR (/1.73m ²)	>60	90 - 140	mls/min	R

Haematinics

Description	Value	Range	Unit	Normalcy Notes
Vitamin B12	445	187 - 883	ng/l	(VITB12)
Serum Folate	7.5	2.6 - 14.8	ug/l	(FOL)

Test Comments

 (VITB12) Ref range/method change (Abbott) 26/11/09
 (FOL) Ref range/method change (Abbott) 26/11/09

Thyroid Function Tests

Description	Value	Range	Unit	Normalcy Notes
TSH	0.80	0.35 - 4.0	mu/l	(TSH)
Free T4	12.5	9.0 - 21.0	pmol/l	

Test Comments

(TSH) Euthyroid levels.

Greater Glasgow & Clyde SCI Store - Patient Result Report

Report ID: BC016314Z

Sample Collected: 08/06/2010 11:00:00

 This report has history**Patient**

Patient Name	CHI	Date Of Birth	Age	GP	GP Practice	Consultant Ward/Location
AGNES MCLAUGHLAN	0911703241	09/11/1970	39	HODGSON, COLIN	4 SAUCEL CRESCENT	
Name Changed						

Report Details

Report Requestor	Requestor Location	Report Identifier	Discipline	Referral Source
HILLMAN, AUDREY (DYAPC)	Dykebar Alcohol Proble	BC016314Z	BIOCHEMISTRY	N/A
Sample Type	Sample Collected	Sample Received	Processed Into Store	
BLOOD	08/06/2010 11:00:00	08/06/2010 15:33:00	08/06/2010 16:43:13	

Report**Routine Biochemistry**

Description	Value	Range	Unit	Normalcy Notes
Glucose	6.4	3.5 - 6.0	mmol/l	R
Sodium	140	135 - 145	mmol/l	
Potassium	4.2	3.5 - 5.0	mmol/L	
Chloride	108	98 - 108	mmol/l	
Bicarbonate	23	23 - 30	mmol/l	
Urea	3.9	2.5 - 7.5	mmol/l	
Creatinine	60	40 - 130	umol/l	
Total Protein	62	60 - 80	g/l	
Albumin	38	32 - 45	g/l	
Alk Phos	102	25 - 110	iu/l	
Bilirubin	5	3 - 20	umol/l	
AST	16	5 - 40	iu/l	
ALT	17	5 - 50	iu/l	
Gamma GT	9	0 - 40	iu/l	
Globulins	24	23 - 38	g/L	
Estimated GFR (/1.73m ²)	>60	90 - 140	ml/min	M

Thyroid Function Tests

Description	Value	Range	Unit	Normalcy Notes
TSH	0.51	0.35 - 4.0	mu/l	(TSH)
Free T4	11.7	9.0 - 21.0	pmol/l	

Test Comments

(TSH) Euthyroid levels.

Printed By: Patricia Curran on 14/06/2010 13:56:57

Dykebar Hospital
Grahamston Road,
Paisley PA2 7DE.

Our ref.: PC/IN/CHI 09.11.70
3241

Date: April 21, 2011

Dictated: 20.04.11
Typed: 21.04.11

PRIVATE & CONFIDENTIAL

Dr. Milligan
Anchor Mill Medical Centre,
4 Saucel Crescent,
Paisley
PA1 1UB

Dear Dr. Milligan,

Agnes McLaughlan, D.O.B 09.11.1970, 36 McKerrell Street, Paisley, PA1 1NN

As you are aware, Agnes has relapsed. She was attending the clinic and was on Antabuse. Unfortunately Agnes drank following taking her medication and over the weekend took an overdose resulting in admission to the RAH, Paisley. Agnes was given an appointment to return to the Alcohol Problems Clinic on discharge however failed to do so.

We discussed her treatment at the clinical review and it was felt Agnes showed little motivation to abstain from alcohol and at this time will be discharged from treatment.

A medical outpatient appointment remains on Wednesday 11th May 2011.

Yours sincerely

Patricia Curran
Nurse
Alcohol Problems Clinic

Alcohol Problems Clinic

Direct - 0141 314 4106
Fax No. 0141 314 4085
Appointments only - 0141 314 4435

Mental Health Directorate
Adult Mental Health
The Residences, Flat 1, Block C
Royal Alexandra Hospital
Corsebar Road
PAISLEY, PA2 9PN

Tel. No: 0141 314 6836

Fax No: 0141 314 7420

Date 7 April 2011
Dictated 5 April 2011
CHI No 091170-3241
Our Ref SB/BE
Your Ref
Direct Line 0141 314 6836

PRIVATE & CONFIDENTIAL

Dr Ray
Consultant Physician
AMU
Royal Alexandra Hospital

Dear Dr Ray

RE: AGNES McLAUGHLAN (DOB 09.11.70), FLAT 3/1, 36 McKERRELL STREET, PAISLEY, PA1 1NN

Agnes was referred to liaison psychiatry on 5 April 2011. She had been admitted on 4 April at around lunchtime, following an overdose of fifty Diazepam 10mgs and three Antabuse tablets. It would appear the Antabuse had been taken under supervision at APC on Friday 1 April.

Agnes was a vague historian, reporting that she had taken the overdose, which she reports was taken with no suicidal intent, but to get a "buzz". She had bought the Diazepam tablets in the Ferguslie area of Paisley and had no intentions of dying, however she did admit that she had had between three and four cans of lager and had begun to feel physically unwell. Her sister had brought her to hospital. She describes being shaky, sweaty, having palpitations and a headache. An ECG showed she was tachycardic.

When assessed by myself and my colleague Brenda Robertson in AMU on 5 April 2011, Agnes was very keen to leave. She reported being "desperate for a cigarette" and was at pains to tell us that she did not intend to die. She had recently received the news that social work were considering making the care of her three sons, permanent. She reports being greatly distressed by this, stating that it was because her ex-partner, the children's father, was drinking, that they had gone into care in the first place.

On further questioning Agnes admitted that she has been drinking for a number of years but has recently been abstinent with the help of APC and Antabuse. She finds this helpful and was very worried that this would stop, as she had been drinking. She states that she will "never do this again".

Re: Agnes McLaughlan - 09.11.70 - 3241

Agnes was pleasant and co-operative throughout the assessment but, as stated, was desperate to leave and planned to attend an AA meeting on Tuesday 5 April and APC on Wednesday 6 April.

We felt this was a forty-year-old lady who had taken an overdose with no suicidal intent, in the context of emotional distress on a background of recent contact from social work. There is a long history of alcohol excess and she currently attends APC.

We had the opportunity to discuss the situation with Dawn Nicol at APC. Agnes is aware of this and plans to attend her pre-arranged appointment.

Please do not hesitate to contact us if you require further information.

Yours sincerely

SANDRA BELL
PSYCHIATRIC LIAISON NURSE

c.c. Dr Brydie, Anchor Practice, 4 Saucel Crescent, Paisley
c.c. Dawn Nicol, APC, Dykebar Hospital, Paisley

**Royal Alexandra Hospital
Liaison Psychiatry**

Name	 CHI: 0911703241 RAH133814 09/11/1970 MCLAUGHLAN AGNES F FLAT 3/1 36 MCKERRELL STREET PAISLEY PA1 1NN		Date of Referral	5/4/11
Address			Type of Referral	DSH/Liaison
			Referral Source	Amn
			Previous History	Yes/No
Postcode			GP	DR. Brydai .
Tel No			Address	4 Samuel cres Paisley
DOB	9-11-70 (40)			
CHI NO	3241		Tel No	889-8807
Legal Status	Inf.		Date + Time Assessed	5/4/11 12.45n

Presenting Complaint

- Presenting comp rate ELEM. $4 - 4.11 - 12.53$

o/b 50x Disruption 5g + 3x Antebiotic 5g - 3/4/11 at 3p-

History of Presenting Complaint

+ 5 causing cider, Abstract for 5/52? would be end her lib. - family

Issue: Childro talks from her car 1st yr (due to alcohol prob)

- He woke - brought to hospital by sister next day headache, nausea.

palpitations, dizzy spells - regretting of actions.

- ECG - Tachycardie.

- Drink as by Antihist, heart status rules, not drink for 5 wks

-> [redacted] . checked with pomey -> lab g thought / maybe

didn't cut to kill self - wants to see a baby grow up 10/05

contact w. momb → task is to care because domestic violence

Dals Drift - Dens $\approx 1.4 \times 10^{-27}$

- Endog like, sees boys as monkeys, good funny network - friend / sister

- Atrial AA - Abbey / Sheward church 20/10/18

→ informed by 5 to 6 others who plus for permits - not aware that this was pho - no contact further law for put blocks → review letter

Past Psychiatric History

P. 1

Past Medical History

Drug Use

Current Medication

Alcohol Use

Family History

Mother

Father

Siblings

Children (DOB) 3 sons

SW Involvement

Family Psychiatric History

Personal History

Birth/Childhood

School/Education

(Primary/Secondary Qualifications)

Occupations

Relationships

separated partner 6 months

Social Circumstances

Finances

Housing

Childcare

Employment

Vehicle Driver

Smoking

Prw Dec by

Forensic History

Pro Doc HK

Mental State Examination

Appearance and Behaviour Clean + Tidy, dressed in casual attire

- pleasant & cooperative with assessment, able to establish reasonable rapport

- good eye contact

Speech Spontaneous (W) R-R i

Mood - Subjective - 'fine'

- Objective - no affect - euthymic

Suicidal Ideation - Denies any suicidal ideation, no active thoughts / plans

Thought - Form - N.A.O

- Content - Appropriate

Perception - N.A.O

Cognition - grossly intact, not formally tested

Insight - Retained

Impression

40 yr old lady who took 2 g of street diazepam, Alibi
+ Ambrose with no suicidal intent, the contact of this was a
background recent contact from so - suggests permissibility of children among
feels bad - purchased tablets for 'buzz', no intent to harm self

Wt Alcohol 45, prior to Hx with abstinence for 5 wks, no evidence of evidence

Discussed with: NW51

mental illness / person's mental disorder

Draw Mclelland APC.

Plan / Risk Management

plws to attend APC is arranged, AA meets brother, Iw to maintain Abshane.

- Aware of local technical cons int.
- Det SP is most tech. war
- Discharge home who met for

Signature B. Robb

ADDITIONAL INFORMATION	YES	NO
Child Welfare Issues		✓
Domestic Violence/Abuse	Prob H&A not current	✓
Adult at Risk		✓

- Dinepam - purchased from someone in street - told her is phlegm

Drink $\rightarrow$ buzz but not as intent to harm self.

-D Concern is ~~it~~ suspect behavior - Antibac...

$\rightarrow$ Took 3 cores $\rightarrow$ Antibac (max level (fri 1))

- Dinepam -D Some set 1 sw - E is -

Dykebar Hospital
Grahamston Road
Paisley PA2 7DE

Our ref.: JH/IP/CHI 09.11.70
3241

Alcohol Problems Clinic

Direct - 0141 314 4106

Date: March 16, 2011

Dictated: 16.03.11

Typed: 16.03.11

PRIVATE & CONFIDENTIAL

Ms Agnes McLaughlan
36 McKerrell Street
Paisley
PA1 1NN

Dear Ms McLaughlan

The undernoted appointment is your next medical review at the Clinic:-

Wednesday, May 11, 2011 at 9.45am with Dr. MacPhillimy

Yours sincerely

Isobel Prior

Secretary
Alcohol Problems Clinic

Larchgrove
Dykebar Hospital
Grahamston Road
Paisley PA2 7DE

Our ref.: JM/CB/CHI 09.11.70
3241

Integrated Alcohol Team

Direct - 0141 314 4177

Date: September 28, 2010

Dictated:

Typed: September 28, 2010

PRIVATE & CONFIDENTIAL

Ms Agnes McLaughlan
36 McKerrell Street
Paisley
PA1 1NN

Dear Ms McLaughlan

You have been referred to the Integrated Alcohol Team by the Alcohol Problems Clinic, Dykebar Hospital.

I can offer you an out-patient appointment at the **Alcohol Problems Clinic** for:-

Thursday 7th October at 10am

If you are unable to attend this appointment please contact me on the above number upon receipt of this letter and an alternative appointment will be arranged and this appointment can be offered to someone else on the waiting list.

We would prefer you did not drive to the Clinic - use public transport or have someone else drive you.

Yours sincerely

**Julie Mitchell
Community Addictions Nurse
Integrated Alcohol Team**

Dykebar Hospital
Grahamston Road,
Paisley PA2 7DE.

Our ref.: LA/SJ/CHI 09.11.70
3241

Date: September 09, 2010

Dictated: 08.09.10
Typed: 09.09.10

PRIVATE & CONFIDENTIAL

Dr. Milligan
Anchor Mill Medical Centre,
4 Saucel Crescent,
Paisley.

Dear Dr. Milligan,

Agnes McLaughlan, dob 9.11.70, 36 McKerrell Street, Paisley.

As you are aware Ms McLaughlan was attending our clinic for support to give up alcohol on 02.09.10 however, she failed to attend. She had telephoned later stating she had diarrhoea. She then attended on 06.09.10 under the influence of alcohol. A reading of 0.81 was recorded. She was advised to re-attend the next morning to discuss her treatment, however she failed to attend. She telephoned the clinic later on 08.09.10 and admitted to consuming alcohol the night before.

Following discussion at our clinical review with medical staff a decision was made that Ms McLaughlan will be discharged from the day service at this time. The plan is that the Integrated Alcohol Team will attempt to engage with Ms McLaughlan in due course. Social services have also been made aware of the current changes.

Yours sincerely

Leonard Anderson
Nurse
APC

Alcohol Problems Clinic

Direct - 0141 314 4106
Fax No. 0141 314 4085
Appointments only - 0141 314 4435

Dykebar Hospital
Grahamston Road,
Paisley PA2 7DE.

Our ref.: LA/SJ/CHI 09.11.70
3241

Date: September 01, 2010

Dictated: 30.08.10
Typed: 01.09.10

PRIVATE & CONFIDENTIAL

Dr. Milligan
Anchor Mill Medical Centre,
4 Saucel Crescent,
Paisley.

Dear Dr. Milligan,

Agnes McLaughlan, dob 9.11.70, 36 McKerrell Street, Paisley.

Ms McLaughlan attended our clinic after being referred by her RCA Support Worker Margaret Graham. She attended today 31.08.10 at 2pm and was seen by a member of the nursing staff.

At assessment Ms McLaughlan was breathalysed negative for alcohol. She tells me she last consumed alcohol last night (30.08.10). She has been drinking for around 6 weeks 6 – 8 cans of lager daily. Over the past 2 weeks she has reduced her alcohol intake to 3-4 lagers daily.

As Ms McLaughlan does not require a detox from alcohol she has agreed to attend daily to be breathalysed with a view to being worked up for Antabuse medication if she is suitable. She has not experienced any recent or post DT's or seizures.

We will notify you of her attendance and treatment in due course however, please do not hesitate to contact us in the future if you require further information.

Yours sincerely

Leonard Anderson
Nurse
APC

Alcohol Problems Clinic

Direct - 0141 314 4106
Fax No. 0141 314 4085
Appointments only - 0141 314 4435

Dykebar Hospital
Grahamston Road,
Paisley PA2 7DE.

Our ref.: AH/IP/CHI 09.11.70
3241

Date: August 19, 2010

Dictated: 19.8.10
Typed: 19.8.10

PRIVATE & CONFIDENTIAL

Ms. Agnes McLaughlan,
36 McKerrell Street,
Paisley,
PA1 1NN.

Dear Ms. McLaughlan,

The R.C.A. Trust has referred you to the Alcohol Problems Clinic.

I can offer you an out-patient appointment at the Clinic for **Tuesday, August 31, 2010 at 1.30pm with nursing staff** and hope to see you then.

Yours sincerely,

Isobel Prior

Secretary
Alcohol Problems Clinic

c.c. Dr. S. McCormick, Anchor Mill Medical Practice, 4 Saucel Crescent, Paisley.

Alcohol Problems Clinic

Direct - 0141 314 4106
Fax No. 0141 314 4085
Appointments only - 0141 314 4435

UPDATE

To be used if full Single
Shared assessment has been
completed within the last 2
years

Drug / Alcohol Support Needs Assessment Package

Person's Name: AGNES M^C LAUGHLIN

Person's DOB: 9/11/70 3241

Lead Assessor's Name: MARGARET GRAHAM

Agency of Lead Assessor: RCA TRUST

Date of Assessment: _____
Date of Review: _____
Date of Review: _____
Date of Review: _____
Date of Review: _____

Section 1: Basic Information

Person's Full Name: AGNES McLAUGHLIN CHI / PIMS Number: _____
 Assessor's Name: MARGARET GRAHAM SWIFT Number/Care first: _____
 Reference Number: _____
 Agency: RCA TRUST Consent Form Completed: YES ☐ NO ☐
 Contact Details /Tel: 889-0880 Date of Assessment: 17/08/10
 Location (where seen): MIRAMOR HOUSE Date of Birth: 09/11/70

Section 2: ALCOHOL / DRUG CURRENT USE & USE SINCE LAST ASSESSMENT

Drugs / Alcohol History: short history since last assessment leading to present use (present use should be more detailed).
 Indicate type of substance (legal (L), illegal (I) or prescribed (P) Method of use

App	Substance Used	Type (L, I, P)	Consequences
31	DRINKING 8-10 CANS OF STOUT PER DAY		HEALTH DETERIORATING CHILDREN IN CARE

Have you ever injected?

YES

NO



Have you ever shared injecting equipment?

YES

NO



Comments - relating to above

Section 3: SERVICE HISTORY DETAILS

Confirm that service history you have on file is accurate Yes NO

If No please record below relevant history

7

Section 4: GENERAL INFORMATION/ PROFILE

If information changed from last assessment please indicate

HOUSING (Tenancy, Problems, Complaints, Arrears, length of Tenure)

changed since last assessment: Yes (NO)

FINANCE (Present Income, Outgoings and Debts)

changed since last assessment: Yes (NO)

Income Maximization required? Yes No N/A

Employment Past/current difficulties, literacy and numeracy

changed since last assessment: Yes (NO)

EDUCATION (Past / Current Difficulties, Literacy and Numeracy)changed since last assessment: Yes **NO****CURRENT LEGAL STATUS**

Please indicate status below.

☐ None	☐ Probation	☐ Licence	☐ DTTO
☐ DTTO assessment	☐ Community Service	☐ In Prison	Other ☐

Details:

Previous Offences:

changed since last assessment: Yes **NO**

Current / Outstanding Offences:

changed since last assessment: Yes **NO**

Any other details (including any periods in prison)

Section 5: HEALTH INFORMATION / PROFILE

GP Details

Name: Dr Ras
 Address: Anchor Medical Practice
LONDON

Telephone: 889-8809
 Fax: _____
 E-mail: _____

Physical Health (including hospital admissions, current prescribed medication, Hepatitis B vaccination, Hepatitis C information)

changed since last assessment: Yes NO

HEALTH DETERMINED

Psychological Health (including hospital admissions and current prescribed medication)

changed since last assessment: Yes NO

Section 6: SOCIAL SITUATION / CONTEXT

Brief summary of service user lifestyle and social context, relationships – this should set the scene for moving on to childcare area. Include partner name and address and whether or not partner is a drug/alcohol user.

changed since last assessment Yes NO

HUSBAND MOVED BACK TO THE FAMILY HOME WAS DRINKING
 BUT HAS NOW MOVED BACK TO HIS OWN HOME

Section 7 INFORMATION ON CHILDREN & OTHER CARE RESPONSIBILITIES

changed since last assessment Yes ☐ NO ☐

Children?	Yes ☐	No ☐	N/A ☐	Name	Date of Birth	Address	Main Carer	Nursery / School	SW Status
							Yes ☐ No ☐ N/A ☐		
							Yes ☐ No ☐ N/A ☐		
							Yes ☐ No ☐ N/A ☐		
							Yes ☐ No ☐ N/A ☐		
							Yes ☐ No ☐ N/A ☐		
							Yes ☐ No ☐ N/A ☐		
							Yes ☐ No ☐ N/A ☐		
							Yes ☐ No ☐ N/A ☐		
							Yes ☐ No ☐ N/A ☐		
				Total Household Number of Adults: _____ Number of Children: _____			Children Seen? Yes ☐ No ☒ N/A ☐		
				Number of Children under 16 _____			Number of children over 16 _____		

Comments (clarify if this information has been verified) 3 Children in Foster Care.

Other Care Responsibility?		Yes ☐	No ☒ N/A	Unchanged since last assessment		Yes	No
Name	Date of Birth	Address		Main Carer		SW Status	
				Yes ☐	No ☐	N/A ☐	
				Yes ☐	No ☐	N/A ☐	
				Yes ☐	No ☐	N/A ☐	
				Yes ☐	No ☐	N/A ☐	
<u>Family Circumstances</u> (Please list present family status, childcare issues and arrangements) changed since last assessment Yes No							
<u>Pregnancy:</u> Is client pregnant: Yes ☐ No ☐ Are they Drug/Alcohol user: Yes ☐ No ☐ Is partner pregnant: Yes ☐ No ☐ Are they attending antenatal care: Yes ☐ No ☐ If yes stage of pregnancy: Are maternity services aware of drug/alcohol use: Yes ☐ No ☐							
Comments:							

Section 7: INFORMATION ON CHILDREN & OTHER CARE RESPONSIBILITIES (continued)

Relatives / Other Agencies Arranging Childcare: Yes ☒ No ☐ N/A ☐

Details:

Social Worker Mary Bradshaw

Help Required with Children or Arranging Childcare: Yes ☐ No ☒ N/A ☐

Details:

Social Worker: Yes ☒ No ☐ N/A ☐

Details:

Mary Bradshaw

Health Visitor: Yes ☐ No ☒ N/A ☐

Details:

Children's Health Issues: Yes ☐ No ☒ N/A ☐

Details:

Programs at School / Nursery: Yes ☐ No ☒ N/A ☐

Details:

Client's Perceived Effects of His / Her Own Alcohol / Drug Use on Children

Please include perceived effects of any other alcohol and drug use on client's children.

[REDACTED]

What arrangements are made for children when drug / alcohol use is being pursued / consumed?

What arrangements are made for safe storage of alcohol / drugs (both illegal and prescribed)?

Section 8: ASSESSMENT OUTCOME / PLAN OF CARE

Identified Need (Should be in order of priority or used)	Proposed Interventions (Demonstrate how intervention will take account of gender equality and disability)	Timescale (Include person responsible)
To Be Detoxed AND To Return To APC For Disulfiram		
Unmet Need	Reasons	
Client's Perception of the Above		
Client Requested To Return To APC		
Please identify any factors related to children's issues arising from assessment		

Section 8: ASSESSMENT OUTCOME / PLAN OF CARE (continued)

FURTHER ASSESSMENT INDICATED

Please check relevant boxes and give details of service / agency.

Alcohol Detoxification: Inpatient ☐

Outpatient ☐

Home Detox ☐

Residential Detox ☐

Residential Rehabilitation ☐

Other ☐

Agency / Service Details

SUMMARY OF ASSESSMENT

NO FURTHER ACTION

Please give details why.

Service User's Signature:

Date:

Assessor's Signature:

97 Graham

Date: 17/8/10

Dykebar Hospital
Grahamston Road,
Paisley PA2 7DE.

Our ref.: PC/IP/CHI 09.11.70
3241

Date: July 12, 2010

Dictated: 9.7.10
Typed: 12.7.10

PRIVATE & CONFIDENTIAL

Dr. S. McCormick,
Anchor Mill Medical Centre,
4 Saucel Crescent,
Paisley.

Dear Dr. McCormick,

Agnes McLaughlan, dob 9.11.70, 36 McKerrell Street, Paisley.

As you are aware Ms. McLaughlan has been attending the service from August 2009 following a detox in the Gryffe Unit. She has been maintained on Disulfiram thrice weekly.

She approached the staff stating she was going on holiday and prior to this was given Disulfiram 800mgs with a view to return one week later. However she has since contacted the Clinic stating she did not go away on holiday and drank two days after receiving Disulfiram.

She was asked to attend the Clinic and duly did so registering 330 on the alcometer. Due to her level of intoxication, she was asked to return on Friday morning for her care to be assessed.

She has not done so and we have been informed that she has continued to drink. Following discussion with Dr. Hillman it was felt appropriate to discharge her as it appears she has planned her relapse.

Yours sincerely

Patricia Curran
Senior Nurse
Alcohol Problems Clinic

c.c. Ms. Mary Bradshaw, Paisley Area Team, Abbey House, 8 Seedhill Road, Paisley.

Dykebar Hospital
Grahamston Road,
Paisley PA2 7DE.

Our ref.: AH/SJ/CHI 09.11.70
3241

Date: June 15, 2010

Dictated: 14.06.10
Typed: 15.06.10

PRIVATE & CONFIDENTIAL

Dr. S. McCormick,
Anchor Mill Medical Centre,
4 Saucel Crescent,
Paisley.

Dear Dr. McCormick,

Agnes McLaughlan, dob 9.11.70, 36 McKerrell Street, Paisley.

**Diagnosis : alcohol dependence syndrome,
low mood.**

Current medication : Citalopram (this will be taken over by the APC and increased to 40mg and dispensed from APC premises).

I saw this lady on 14.06.10. She had been doing very well and attending the unit for her Antabuse. Unfortunately her ex-partner re-entered the home and as he is still drinking the situation deteriorated rapidly. [REDACTED]

Agnes has suffered from low mood and been on Citalopram for 18 months. She fully appreciate that her low mood is partly related to circumstances but did look quite flat today and has remained abstinent from alcohol.

I would be grateful therefore if her Citalopram could be stopped at the practice and we will take this over and increase it to 40mg. She is attending the unit thrice weekly for support and we will dispense the Citalopram to her and monitor her mental state.

Many thanks. She will be seen at the clinic in due course.

Yours sincerely

**Dr. A Hillman
Consultant Psychiatrist**

Alcohol Problems Clinic

Direct - 0141 314 4106
Fax No. 0141 314 4085
Appointments only - 0141 314 4435

Adult Mental Health
Mental Health Directorate
Dykebar Hospital
Grahamston Road
PAISLEY, PA2 7DE

Telephone : 0141-884-5122 (Main Switchboard)
Medical Admin. Fax : 0141-884-7162

ALCOHOL PROBLEMS CLINIC

Date : 03 September 2009
Dictated : 24 August 2009
CHI No. : 0911703241
Our Ref : JH/MMcL
Direct Line : 0141 314 4106
Direct Fax : 0141 314 4085
Appointments only: 0141 314 4435

PRIVATE & CONFIDENTIAL

Dr. S. McCormick,
Anchor Mill Medical Centre,
4 Saucel Crescent,
Paisley.

Dear Dr. McCormick,

Re: Agnes McLaughlan, (d.o.b. 09.11.70), 36 McKerrell Street, Paisley.

I reviewed this patient at the Alcohol Problems Clinic on 24th August 2009. As you know she defaulted from our service for several weeks although assures me that she has been sober throughout. She said that she went to stay at a friend's caravan down in Ayr for five weeks.



Agnes is now keen to re-engage with the alcohol service so that she can demonstrate her on-going sobriety to social work. Accordingly I have checked her LFTs today and she will attend as a day patient to be re-established on her supervised Antabuse with which she had only been complying sporadically.

We will keep you informed of her progress.

Yours sincerely

Dr. Jackie Haigh
Staff Grade Psychiatrist

Dykebar Hospital
Grahamston Road,
Paisley PA2 7DE.

Our ref.: YQ/IP/CHI 09.11.70
3241

Date: July 14, 2009

Dictated: 13.7.09
Typed: 14.7.09

PRIVATE & CONFIDENTIAL

Dr. S. McCormick,
Anchor Mill Medical Centre,
4 Saucel Crescent,
Paisley.

Dear Dr. McCormick,

Agnes McLaughlan, dob 9.11.70, 36 McKerrell Street, Paisley.

Unfortunately this lady failed to attend her appointment at the Alcohol Problems Clinic on 13.7.09. Please note the letter dated June 6, 2009 (from my colleague, Patricia Curran, Senior Nurse). I would be grateful if you could discontinue her Disulfiram prescription as she is potentially at risk of relapse.

I will arrange further out-patient appointment at the Clinic for her and hope that she will attend this.

Yours sincerely,



Dr. Yameen Qureshi
ST5 in Psychiatry

c.c. Ms. Agnes McLaughlan.

Alcohol Problems Clinic

Direct - 0141 314 4106
Fax No. 0141 314 4085
Appointments only - 0141 314 4435

Dykebar Hospital
Grahamston Road,
Paisley PA2 7DE.

Our ref.: PC/IP/CHI 09.11.70
3241

Alcohol Problems Clinic

Direct - 0141 314 4106
Fax No. 0141 314 4085
Appointments only - 0141 314 4435

Date: June 6, 2009

Dictated: 5.6.09
Typed: 5.6.09

PRIVATE & CONFIDENTIAL

Dr. S. McCormick,
Anchor Mill Medical Centre,
4 Saucel Crescent,
Paisley.

Dear Dr. McCormick,

Agnes McLaughlan, dob 9.11.70, 36 McKerrell Street, Paisley.

As you are aware, Ms. McLaughlan has been re-attending the Clinic since 21.3.09 for supervision of Antabuse. This had been going well until several weeks ago following a child protection review on 13.5.09 where she was unhappy with the outcome.

She did attend for supervision of Antabuse on 15.5.09 and has not been in contact with the Unit since.

Despite several phone messages left by the Clinic, a letter asking her to make contact, and liaising with her Social Worker, Andrew Nelson, she has not engaged with the service.

Following our clinical review, it was felt appropriate to discharge her from our service and offer her a follow-up appointment in six week's time (13.7.09).

We would ask if you could discontinue her Disulfiram prescription in the meantime as she is potentially at risk of relapse.

Yours sincerely,

Patricia Curran
Senior Nurse
Alcohol Problems Clinic

c.c. Mr. Andrew Nelson, Paisley Area Team, Kelvin House, River Cart Walk, Paisley.

Dykebar Hospital
Grahamston Road,
Paisley PA2 7DE.



**Greater Glasgow
and Clyde**

Alcohol Problems Clinic
Direct - 0141 314 4106
Fax No. 0141 314 4085
Appointments only - 0141 314 4435

Our ref.:

Date:

Dictated:

Typed:

23/8/9.

PRIVATE & CONFIDENTIAL



0911703241
AGNES MCLAUGHLAN
36 MCKERRELL STREET
PAISLEY

PA1 1NN 09/11/1970

We would be grateful if you could make contact with the nursing staff at the Alcohol Problems Clinic on (0141) 314 4106.

Yours sincerely,

Patricia Gunn

Dykebar Hospital
Grahamston Road,
Paisley PA2 7DE.

Our ref.: DN/IP/CHI 09.11.70
3241

Date: March 21, 2009

Dictated: 20.3.09
Typed: 21.3.09

PRIVATE & CONFIDENTIAL

Dr. S. McCormick,
Anchor Mill Medical Centre,
4 Saucel Crescent,
Paisley.

Dear Dr. McCormick,

Agnes McLaughlan, dob 9.11.70, 36 McKerrell Street, Paisley.

Further to Dr. Jennifer Brown's letter of February 25, Agnes defaulted from service. We discussed her care at the clinical review and it was decided she be discharged due to non-attendance and a six-week out-patient appointment would be offered.

Following discussion at the clinical review, Agnes self-presented at the clinic today stating she had failed to attend due to getting Antabuse from yourself and taking it at home.

We discussed the reasons around supervision of this medication and the benefits of attending the Clinic for support. Agnes has agreed to re-engage at the clinic and we will supervise her Antabuse.

We would be grateful if you could continue to prescribe this medication –

Antabuse – Mondays and Wednesdays 400mgs; Fridays 600mgs.

Yours sincerely,

Dawn Nicol
Nurse
Alcohol Problems Clinic

Alcohol Problems Clinic

Direct - 0141 314 4106
Fax No. 0141 314 4085
Appointments only - 0141 314 4435

Mental Health Partnership
Medical Records Department
Ravenscraig Hospital
Inverkip Road
Greenock PA16 9HA
Telephone: 01475 633777
Direct Line: 01475 502321
Fax 01475 502391

Your Ref:

Our Ref: JB/HMS/0911703241

Date Seen:
Date Dictated: 25.02.09
Date Typed: 02.03.09

Dr S McCormick
Anchor Mill Medical Centre
4 Saucel Street
PAISLEY

Dear Dr McCormick

Agnes McLaughlan, d.o.b. 9.11.1970
36 McKerrall Street, Paisley

Ms Agnes McLaughlan is a 38 year old lady who was admitted on 12.2.2009 to the Gryffe Unit for alcohol detoxification. Prior to admission she was drinking one litre of cider and six cans of beer daily. She was drinking at this level for around six weeks and prior to this was abstinent for six months. She denied any other drug use. She has no history of seizures or DTs from withdrawal. She has a rather complicated social history in that she has three children who are on the Child Protection Register [REDACTED]. She also has a past history of depression and has been on Citalopram for this.

On admission her physical examination was entirely normal. Her blood pressure was 120/70 with a heart rate of 90. Blood tests were generally normal, with the exception of a raised alk phos at 157. An ECG showed sinus bradycardia with a rate of 50, but no acute changes otherwise.

Agnes McLaughlan's detox was uneventful and she was discharged on 23.2.2009. She was commenced on Disulfiram 400 mg Mondays and Wednesdays and 600 mg Friday and will be followed up by the APC at Dykebar.

Yours sincerely

Dr Jennifer Brown
ST3 to Dr A Hillman

Dykebar Hospital
Grahamston Road,
Paisley PA2 7DE.

Our ref.: DN/IP/CHI 09.11.70
3241

Date: February 5, 2009

Dictated: 05.02.09
Typed: 05.02.09

PRIVATE & CONFIDENTIAL

Dr. S. McCormick,
Anchor Mill Medical Centre
4 Saucel Crescent
Paisley.

Dear Dr. McCormick

Agnes McLaughlan, dob 9.11.70, 36 McKerrall Street, Paisley, PA1 1NN.

Further to Dr. Perry's letter dated January 21, 2009, nursing staff at the clinic received notification that Agnes had relapsed back to abusive alcohol use and her children had been removed from her care. Agnes was invited to attend the clinic today which she duly did. She was seen by my colleague Nurse Curran.

Agnes explained she had relapsed over a week ago. Her sister is currently in the RAH due to alcohol dependence and her prognosis has not been good. She has been finding this extremely difficult to come to terms with.

Agnes admits to have been drinking daily 1-2 bottles of wine and 6 cans of cider. She is the main carer of her 3 young boys [REDACTED]
[REDACTED]
[REDACTED]

Today, she was keen to stop drinking and clearly needs a detox. It was felt more appropriate due to her overall circumstances, Agnes be admitted to the gryffe unit and undergoes detox as an inpatient.

Her name has been placed on the waiting list as a priority and she will be contacted as soon as the next bed becomes available. Her social worker Andrew Nelson has been informed of the treatment plan and we will continue to liaise with Andrew of Agnes's progress.

We will also continue to keep you posted with how things progress,

Yours Sincerely

Dawn Nicol
Nurse
Alcohol Problems Clinic

C.c. Andrew Nelson, Paisley Area Team, Kelvin House Social Work, White Cart Walk, Paisley.

Dykebar Hospital
Grahamston Road,
Paisley PA2 7DE.

Our ref.: AP/IP/CHI 09.11.70
3241

Alcohol Problems Clinic

Direct - 0141 314 4106
Fax No. 0141 314 4085
Appointments only - 0141 314 4435

Date: January 21, 2009

Dictated: 21.1.09
Typed: 21.1.09

PRIVATE & CONFIDENTIAL

Dr. S. McCormick,
Anchor Mill Medical Centre,
4 Saucel Crescent,
Paisley.

Dear Dr. McCormick,

Agnes McLaughlan, dob 9.11.70, 36 McKerrell Street, Paisley PA1 1NN.

I saw Mrs. McLaughlan at the Alcohol Problems Clinic on 21.1.09. Unfortunately her sister is unwell in the R.A.H. with alcohol-related problems and it looks like this is very serious and she might not survive. Agnes is currently going up to the hospital very frequently and is finding it quite hard to cope with this situation understandably. Her mood is very low and she certainly seemed quite flat in her affect today.

She does deny any suicidal thoughts and was quite firm on this point. She has reduced appetite and her sleep is poor only three hours at night at present. On a positive note she has not relapsed to drinking. She did stop her Antabuse for a brief period of time as she was going up to the hospital so much, however this has just been reinstated. She has separated from her abusive husband recently and is currently staying with her children with a lot of Social Work involvement.

She had gone missing after the previous clinic appointment for four days. However she told me she went to stay with friends because her husband was becoming so abusive.

It did seem to me that Mrs. McLaughlan is having a lot of social difficulties at the moment which are contributing to her low mood, however she also describes biological symptoms of depression. She is currently on Citalopram 40mgs which was meant to be increased from the last clinic appointment, however this has not been done yet. I have given her a prescription to the GP to have the Citalopram increased to 60mgs.

I have given her an appointment for four week's time to see my colleague, Dr. Haigh. However she will continue to attend the R.C.A. and also will come up to the A.P.C. if she is finding that she is not coping and we can provide support in the meantime.

Yours sincerely,

Dr. Andrea Perry
SHO in Psychiatry

Dykebar Hospital
Grahamston Road,
Paisley PA2 7DE.

Our ref.: AP/IP/CHI 09.11.70
3241

Date: December 15, 2008

Dictated: 10.12.08
Typed: 15.12.08

PRIVATE & CONFIDENTIAL

Dr. S. McCormick,
Anchor Mill Medical Centre,
4 Saucel Crescent,
Paisley.

Dear Dr. McCormick,

Agnes McLaughlan, dob 9.11.70, 36 McKerrell Street, Paisley PA1 1NN.

Mrs. McLaughlan remains sober and has been for three months. She continues on Antabuse and Acamprosate. She still complains of low mood, has anhedonia, poor appetite and poor sleep. This is perhaps understandable given her social situation. She is currently involved in talks with Social Work and she fears they may take her children away. She says this is because her partner is verbally and physically abusive towards her. She is considering Women's Aid and has discussed this with Social Work.

However I do think it would be worth trying an increase in her anti-depressant. She is currently on Citalopram 40mgs and I would be grateful if you could increase this to 60mgs. I have given her an appointment for the end of January 2009 and I will see how things are going at this point.

I have encouraged her to try Women's Aid as I feel, if she remains in her current social situation, it will be hard to see any great improvement in her mood.

Yours sincerely,

Dr. Andrea Perry
ST2 in Psychiatry

Alcohol Problems Clinic

Direct - 0141 314 4106
Fax No. 0141 314 4085
Appointments only - 0141 314 4435

Dykebar Hospital
Grahamston Road,
Paisley PA2 7DE.

Our ref.: AP/IP/CHI 09.11.70
3241

Date: November 5, 2008

Dictated: 5.11.08
Typed: 5.11.08

PRIVATE & CONFIDENTIAL

Ms. Agnes McLaughlan,
36 McKerrell Street,
Paisley,
PA1 1NN.

Dear Ms. McLaughlan,

I can offer you a further out-patient appointment at the Alcohol Problems Clinic with Dr. Perry for **Wednesday, December 10, 2008 at 10.15am** and hope this is convenient.

Yours sincerely,

Isobel Prior

Secretary
Alcohol Problems Clinic

Alcohol Problems Clinic

Direct - 0141 314 4106
Fax No. 0141 314 4085
Appointments only - 0141 314 4435

Dykebar Hospital
Grahamston Road,
Paisley PA2 7DE.

Our ref.: JH/IP/CHI 09.11.70
3241

Date: October 27, 2008

Dictated: 27.10.08
Typed: 27.10.08

PRIVATE & CONFIDENTIAL

Dr. S. McCormick,
Anchor Mill Medical Practice,
4 Saucel Crescent,
Paisley.

Dear Dr. McCormick,

Agnes McLaughlan, dob 9.11.70, 36 McKerrell Street, Paisley PA1 1NN.

This patient has successfully completed the day attendance programme at the Alcohol Problems Clinic and remains abstinent. She has therefore been discharged from day attendance but will be reviewed as an out-patient in the near future. We would be most grateful if you could take over prescribing her Disulfiram 400mgs on Mondays, 400mgs on Wednesday and 600mgs on Friday. She will attend the R.C.A. Trust to have this given under supervision by their support worker, Margaret Graham. We have supplied 28 days supply of this medication from 25.10.08.

Should this patient relapse to abusive drinking, I would be grateful if you could stop prescribing Antabuse. We will let you know how things progress.

Yours sincerely,

Dawn Nicol
Nurse
Alcohol Problems Clinic

Alcohol Problems Clinic

Direct - 0141 314 4106
Fax No. 0141 314 4085
Appointments only - 0141 314 4435

Dykebar Hospital
Grahamston Road
PAISLEY
PA2 7DE

Our ref: PC/EM/CHI 0911703241

Alcohol Problems Clinic

Date: 11TH September 2008

Appointments - 0141 314 4435

Dictated: 10TH September 2008

Typed: 11th September 2008

PRIVATE & CONFIDENTIAL

Dr S McCormick
Anchor Mill Medical Practice
4 Saucel Crescent
PAISLEY

Dear Dr McCormick

Agnes McLaughlan Date of birth 09 11 70
36 McKerrell Street PAISLEY PA1 1NN

Mrs McLaughlan was assessed at the clinic today following a referral from RCA Trust.

She was last seen in May 2008 at the clinic by Dr Gleadoware and at that time she was considering changing her anti-depressant medication.

She appears to have relapsed to abusive drinking shortly afterwards. I believe that social services have been involved with child protection issues over the past few months and her 3 children have been placed on the Child Protection Register.

Today at assessment she was alcohol free. She had stopped drinking 6 days ago prior to her appointment. She was showing no signs of alcohol withdrawal and expressed an interest in re-commencing Disulfiram Therapy.

I have arranged repeat bloods/ECG. She will commence this treatment tomorrow (11.09.08). Following discussion with Dr Hillman she will attend the clinic twice weekly for supervision of this medication and she will also attend a 4 week Education/Relapse Prevention Group programme.

We will liaise with social worker, Andrew Nelson and report accordingly.

Yours sincerely

Patricia Curran
Senior Nurse

Alcohol Problems Clinic

c.c. Mr. Andrew Nelson, Social Work Department, Kelvin House, River Cart Walk, Paisley.
Margaret Graham, R.C.A. Trust, Mirren House, Back Sneddon Street, Paisley.

Dykebar Hospital
Grahamston Road,
Paisley PA2 7DE.

Our ref.: SG/IP/CHI 09.11.70
3241

Date: May 29, 2008

Dictated: 28.5.08
Typed: 29.5.08

PRIVATE & CONFIDENTIAL

Dr. S. McCormick,
Anchor Mill Medical Practice,
4 Saucel Crescent,
Paisley.

Dear Dr. McCormick,

Agnes McLaughlan, dob 9.11.70, 3/1, 36 McKerrell Street, Paisley PA1 1NN.

I reviewed Agnes at the Clinic on 28.5.08.

She still appears rather depressed with low mood, poor sleep, appetite and concentration. I note you have recently increased her Citalopram to 40mgs and we will see if this helps lift her mood.

She is otherwise engaging well with R.C.A. and taking her Antabuse and vitamins. She is also due to start counselling soon. She continues to have frequent thoughts about her sister who died and be troubled with thoughts of the past.

She continues to get parenting support for her children and Social Work is involved.

Her current medications are Vitamin B Co. strong two tabs t.i.d., Thiamine 100mgs t.i.d, Disulfiram 400mgs twice weekly and 600mgs once weekly, Diclofenac 50mgs b.d. and Citalopram 40mgs which I have advised her to take in the morning.

We will review her again in six week's time (9.7.08) though there clearly remains the option of changing her anti-depressant if she remains low.

Many thanks,
Yours sincerely,

Carved

Dr. Selena Gleadow-Ware
ST3 in Psychiatry

Dykebar Hospital
Grahamston Road,
Paisley PA2 7DE.

Our ref.: SG/IP/CHI 09.11.70
3241

Alcohol Problems Clinic

Direct - 0141 314 4106
Fax No. 0141 314 4085
Appointments only - 0141 314 4435

Date: April 29, 2008

Dictated: 23.4.08
Typed: 29.4.08

PRIVATE & CONFIDENTIAL

Dr. S. McCormick,
Anchor Mill Medical Practice,
4 Saucel Crescent,
Paisley.

Dear Dr. McCormick,

Agnes McLaughlan, dob 9.11.70, 3/1, 36 McKerrell Street, Paisley PA1 1NN.

I reviewed Agnes at the Clinic on 23.4.08. She is continuing to be abstinent and is on Antabuse supervised by the R.C.A. She is also on vitamins and on an anti-depressant as well as Acamprosate. I am not sure which anti-depressant she is on and will be contacting your practice regarding this.

At interview she told me she was generally doing okay although appeared rather down and flat. She continues to think a lot about her sister who passed away in January to whom she was very close. She has some early morning disturbance and sleep pattern and her appetite is reduced with poor concentration. She was unable to recall the last time she enjoyed anything.

She continues to care for her three children who are 7, 5 and 2. She has social work involvement and is attending a meeting tomorrow regarding this. She seems to think that there may be a risk her children would be taken into care although she has been reassured by others that this is not the case. She has some support from Family Matters (Maureen) and gained benefit from speaking to Margaret at the R.C.A.

Summary

I was concerned that Agnes was continuing to experience low mood and whilst this may be expected as part of the bereavement process, this appears quite pervasive and associated with biological features of depression. She also admitted to generalised suicidal ideation but no specific intent. She does have some social supports from various agencies involved with her at present which I was glad to hear. I have therefore taken her bloods and will review her again fairly soon in the clinic (28.5.08). We may need to optimise her anti-depressant treatment.

I would be grateful for any additional information regarding prior anti-depressant therapy or any other medical conditions or treatments she is on. Many thanks.

Yours sincerely,

Dr. Selena Gleadow-Ware
ST3 in Psychiatry

Dykebar Hospital
Grahamston Road,
Paisley PA2 7DE.

Our ref.: MMcA/IP/CHI 09.11.70
3241

Alcohol Problems Clinic

Direct - 0141 314 4106
Fax No. 0141 314 4085
Appointments only - 0141 314 4435

Date: February 29, 2008

Dictated: 27.2.08
Typed: 29.2.08

PRIVATE & CONFIDENTIAL

Dr. S. McCormick,
Incle Street Surgery,
8 Incle Street,
Paisley.

Dear Dr. McCormick,

Agnes McLaughlan, dob 9.11.70, 3/1, 36 McKerrrell Street, Paisley PA1 1NN.

I met with Ms. McLaughlan today when she presented for review to the Alcohol Problems Clinic. Presently she shows to be continuing in total abstinence still using Antabuse which is supervised by the outreach worker from the R.C.A.

Nan tells me that her older sister died in early January. Her sister was aged about 42. She also had been troubled with an alcohol problem for many years and had been hospitalised for some two to three years prior to her death. I think she suffered quite a massive stroke.

Nan showed to be quite distressed by the circumstances of her sister's death. She and her sister had shown to have a supportive relationship through their adult life and today we did speak at length about her present bereavement. There is no evidence of depressive symptomatology as such and for the time being, Nan feels she does not require to seek counselling with regard to this.

She is motivated to continue in abstinence and again I would be most grateful if you will continue her prescription for Disulfiram in the dose of 400mgs on Mondays and Wednesdays and 600mgs on Fridays. She will be seen again as an out-patient here in about two months (23.4.08).

Yours sincerely,

Dr. M. McAleer
Clinical Assistant

Acamprosate
Antidepressant