

POLEPARK FAMILY COUNSELLING CENTRE

MAIN POINTS FROM MEETING WITH FOSTER CARER RE [REDACTED] AND WILLIAM TARBETT HELD ON 11 JANUARY 1996

PRESENT

Fiona Sinclair Family Counsellor Polepark FCC
Sandra Smillie Family Counsellor Polepark FCC
[REDACTED]

VENUE

Foster carer's home.

PURPOSE

Deliver minutes of Polepark review. Hear how boys are on return from respite care and subsequent investigation. Advise [REDACTED] of children's group for Michael and continued work with both boys.

MAIN POINTS

- 1 [REDACTED] advising boys are more settled now than before Christmas, particularly [REDACTED]. She has much insight and was able to share with workers concerns and issues regarding the boys, eg before Christmas William was displaying inappropriate sexual behaviour, eg "flashing" to all and sundry, using sexual language, eg "I shag you up the bum", "I shag the dog", "suck this" (said to Paddy - dog) whilst flashing or pointing to his penis. Before going to Christmas party saying when he gets there he would "shag a virgin", again pointing to his penis, "rubs himself" on [REDACTED] back ([REDACTED] is the [REDACTED] son) who pushes William away. [REDACTED] advised that [REDACTED] (husband) had seen the boys hug/kiss one another. He felt that was OK until it turned into what he could only describes as "a necking session" and the boys asking "when can we go to bed", by this time he had separated them. Workers shared with [REDACTED] that this behaviour has been around for some time and that everybody can work together to help the boys (especially William) re inappropriate sexualised behaviour.
- 2 [REDACTED] advised that at times she thinks [REDACTED] finds William's sexualised behaviour particularly "hard to handle". Workers felt that

it would help if [REDACTED] got some support re what to do on these occasions and workers offered some ideas and strategies at the time. [REDACTED] is beginning to recognise signals from William regarding when his sexual behaviour may be about to start. She wonders if the children might have a better chance apart and is concerned that they may grow up to become homosexuals or abusers. Workers advised that sometimes if children are helped with these issues when they are young, they can grow up to be healthy adults who will not go on to be abusers.

From joint discussion around some of the sexualised behaviour re the children (including [REDACTED] shared her worries around bedtime when she feels the boys do not settle easily. She described "thumping and bumping" and when she opens the bedroom door William often has his pyjama trousers off and [REDACTED] jumps back into bed..

- 4 [REDACTED] has apparently settled well into both his new foster home and the school - wants to be like the other children. School sounds supportive of [REDACTED] [REDACTED] states he gets on well with [REDACTED]
[REDACTED]

- 5 Looked at Polepark's continuing role with William and [REDACTED]. Agreed William will continue to see Fiona at Polepark fortnightly for the next 6/8 weeks. Fiona will liaise with [REDACTED] regarding feedback of William's issues/feelings. All recognise this has been a difficult period for both children - with 2 separate moves for them within a few weeks. It may be that William is showing his insecurity through upping the display of sexualised behaviour talked about previously.

[REDACTED] had some misgivings about [REDACTED] continuing to attend Polepark. She felt he needs the opportunity to settle with her family and not feel different from her own children. Worker suggested that [REDACTED] could now move on to a small group at Polepark (which starts next week and will run for 8 weeks). This would allow him to feel he has moved on, while at the same time allowing him still to receive some support. Main purpose of the group is to help children who have attended individual sessions at Polepark over the last few months and are ready to move on via a group experience where they will have the opportunity to build self esteem and be encouraged to engage positively with peers. [REDACTED] agreed this might be good for [REDACTED]

Client Copy

3

Both workers offered [REDACTED] on-going help re strategies in coping with any worrying behaviour the boys may continue to display.

It was noted the boys will soon be changing to a new social worker (P McGill).

Fiona M. Sinclair.

Fiona Sinclair
Family Counsellor

*Sandra Smilie
Family Counsellor,*

FS/WAM
19.01.96
MOM11196.doc

POLEPARK FAMILY COUNSELLING CENTRE

Review of Polepark Work with [REDACTED] & William Tarbett

18 December 1995

Present: Martin Dey, Depute Manager, Polepark (Chair)
Fiona Sinclair, Family Counsellor, Polepark
Sandra Smillie, Family Counsellor, Polepark
George Bowie, Senior Soc Worker, Whitfield
Marion Selfridge, Social Worker, D/E
[REDACTED] Foster-parent
[REDACTED] Foster-parent
Joyce Gall, Fostering Support Worker, D/E
Karen Dorward, Manager, Lilybank Child & Fam Centre
Marion Mitchell, Keyworker, Lilybank Child & Fam Centre

Apologies: Mrs [REDACTED] Foster-carer

Purpose of Meeting:

To hear how the work at Polepark with the children is progressing and to decide on any future work with Polepark. Also to consider where this work fits into the wider picture concerning the children. It was noted that at the last meeting a decision was made to try and see the children on an individual basis rather than in sibling pairs. The format for contact over this period has been:-

Once a month Fiona and Sandra seeing the three children together for a social activity, in effect facilitating sibling access;

Once a fortnight Fiona seeing William on his own;

Once a fortnight [REDACTED] being brought together and Sandra and Fiona attempting to offer them separate times before a brief coming together time at the end.

The contract has also included regular feedback to both the boys and [REDACTED] foster-carers and contact with the Family Centre regarding William.

[REDACTED]

[REDACTED]

William:

Fiona reported that William really enjoys his individual sessions. His play and questions reflect a great deal of thinking about his dad, for example playing out a dad who does good things such as wrestling with him and works hard in his white van, but can also be nasty, such as hitting mum. William has said that the snake that he plays with a lot seems to represent Dad. He does not use the sessions to play out feelings about his mother to the same extent. As regards his move, William has told Fiona that he wishes to stay at [REDACTED].

The Family Centre workers reported that William is showing an increase in confused and unhappy behaviour. His sexualised behaviour, such as lying on top of other children, is also to the fore at the moment. [REDACTED] has heard from the new foster-parents that William has also been showing sexualised flashing and rubbing of himself in the foster home as well as occasionally urinating on the floor rather than the toilet. The Family Centre workers said that for some time now they have been trying to point out to William that the other children do not like it when he lies on them but William usually replies by saying, so or how or saying he's just wrestling. Sometimes when he's in trouble, he'll say, "I'll get [REDACTED] on to you. The Family Centre staff questioned the wisdom of changing William's placement to a nursery at this time when he was already struggling after moving homes. George answered that senior management would not pay for the transporting of William to the Family Centre and that there was also an argument for starting him in a nursery school near to his new home. There remained divided opinions on this question and George invited those who were unhappy with the decision to take it up with senior management themselves.

Joyce said that [REDACTED] the new foster-parents, had been well prepared for taking [REDACTED] and William and they had been fully informed the children's difficult behaviour and special needs. However, everyone acknowledged that it will be a very difficult early period for them. Unfortunately, this appears to have been extra complicated by a family bereavement within the [REDACTED] household. Whatever work is carried out with the children in the new year by Polepark, it should be carried out in full consultation with the new foster-carers to make sure they feel supported by it as well. Rose wondered whether William may be feeling a little bit left out as [REDACTED] has made a connection with an older child in the foster home through playing computers together. William may need some extra help to find his own place in the new home.

As regards William's sexualised behaviour, Fiona explained that she did not focus on this, especially in her sessions, and only referred to it when William raised the issue. The consensus of the meeting was that there was little further that specific individual sessions could do to raise William's cognitive or emotional understanding of his sexualised behaviour. The key to reducing his need to behave in these ways appears to lie in how all the people have contact with William respond to the behaviour when it occurs. Such an approach emphasises everyone gently redirecting William and pointing out the fact that other people do not like what he is doing. Too great attention to the subject may in fact encourage it to a certain extent. William will also be helped as he is encouraged to get pleasure from other activities and it seems likely that the sexualised behaviour increases when he feels unsettled. It is also to be hoped that it will diminish when he does feel more settled.

Conclusion:

The new social workers from the permanency team are to be Philip McGill for the boys and Margaret Leslie for [REDACTED]. The transfer will take place at an In-Care Review on 16 January. The programme from Polepark will be a continuation of the fortnightly sessions for William, a meeting between Sandra and [REDACTED] to discuss the proposed children's group with the possibility of him joining that for 8 weeks and individual sessions being held back from that period, and a continuation of the fortnightly individual sessions for [REDACTED] which may be easier to achieve on an individual basis if [REDACTED] is in fact attending a group rather than coming along with her. Sandra and Fiona will also see the three children together once a month. Their work will continue as before to involve consultation and linking with the social workers, foster-carers and other agencies involved.

As this has been a difficult time for all three children, the content of these sessions will be even more open-ended and at the children's pace and direction to allow them to use the sessions as an outlet for them to express any feelings or work through any confusion they may have.

A Review date will be set for late February/early March.

Martin Dey
Depute Head

05 January 1996

RV181295.JML

MS
A046

DETAIL RECORD

(For specified incidents or agreed cases)

Client Name: William Tarbett

URN:

DOB:

Date: 06.12.95

Event: Individual Session

Worker - F Sinclair

Purpose - to hear from William about move to new foster home.

MAIN POINTS

- 1 Saw [redacted] today (he brought William to Polepark, asking [redacted] when he is going back to their house).
- 2 Sandra Smillie advised that when she asked him if and how he liked his new house he replied some good, some bad. The some bad was that [redacted] made a fuss at bedtime, refusing to go etc. William does not like it when the dog barks.
- 3 William spent the session playing between the sand tray and the dolls house. The snake again came into his play representing "bad", he reassured and cuddled those animals that "snake" bit and hit.
- 4 News about Mummy - "she's twisted her back".

News about Daddy - he says he is taking them all to the shops "tomorrow", then saying, "we'll never see Daddy again, Marion has told me". Agreed that Fiona could phone Marion to check this out. William also worried that when Dad took him to the shops he might smack him on the bottom and asking "what if he does?" Fiona explained why this would be wrong, nasty (his word) and that he had told grown ups about this in the past.

Client Copy

Also explained that nobody was stopping Daddy from seeing his children at access and Daddy is not allowed to take his children "shopping".

- 5 Fiona drew a picture of new house and William told Fiona to write down the names of the people (and dog) living in it. He said he is happy living there and it is fine apart from [REDACTED] biting him, then [REDACTED] to his room (which they share). Fiona wondered if she could speak to [REDACTED] about this. William said she could and that [REDACTED] would agree with what William says. William thinks [REDACTED] bites him because he gets angry with him. William not saying what it is that makes [REDACTED] angry. William then threw the angry brick around once or twice (is he angry too?)
- 6 William's play in the dolls house was mostly about dogs sleeping, then used puppets as dogs to fight. He used the lamb puppet "Paul" to fight then "hide him under my shirt", later taking him out when "snake" trying to get beside "Paul". "Paul" then hidden behind Fiona. "Snake" and big brother (lion puppet - "Alsatian") fight, Mummy comes to break up the fight, "kicks Alsatian on nose" and throws snake "in bin". Angry, hitting play throughout session followed by toys being cuddled and petted (not snake).
- 7 Lots of play in sand tray concerning Daddy working in field with tractor, in charge of all others in field. Dad's friend, "[REDACTED]" also in today's play. Dad digs up all the field and works hard - needing reassurance from Fiona re this play, she assuring "Daddy looks like he works hard".
- 8 Took house picture to show [REDACTED] advising Monday and Tuesday evenings had been difficult around bed time and boys not settling. Difficult to talk further as children wanting her attention. Fiona to phone [REDACTED] and arrange for herself, [REDACTED] and Sandra to meet.

Client Copy

3

Monday 11 December, Fiona and Sandra to spend time outside of Polepark with all 3 children.

Fiona M. Sinclair.
—

Fiona Sinclair
Family Counsellor

FS/WAM
07.12.95
DR061295.doc

CLIENT COPY

DETAIL RECORD

(For specified incidents or agreed cases)

URN:

Client Name: ... **William Tarbett** DOB:Date: **22.11.95**Event: **Individual Session 3****Worker - F Sinclair****Purpose**

Allow for William's own agenda and hear from him re behaviour towards other children, in particular [REDACTED]

MAIN POINTS

- 1 Collected William from nursery, he was keen to get going and looking for Fiona's car. He informed Fiona that Dad had been "here" today (tapping pavement). Dad apparently said "hello" and asked William if he was coming to access. William then made a positive comment about his dad and in the car Fiona followed this line. The nice thing for William about his dad is "he gives us cuddles". Fiona wondered if there was anything "not so nice". William listed: when Dad hits us and Mum; when he throws us on the floor and when he left [REDACTED] in the house by himself ("Mummy runned away"). He described these actions as "nasty" (his word).

- 2 Access - William states he likes access with both Mum and Dad, later on in the session whilst snake and "friend" (squidgy monster) were fighting, "snake" was squashed and called "bad Dad" for biting "my friend" who was "sad" and comforted and cuddled by William.

The "snake" had a part to play throughout today's session and other toys eg puppet called "barking dog" was attacked by "snake". At the end of the session all the toys were told "goodbye" except "snake" who was thrown under a pillow and various other places, eg "into bed, out of bed" until eventually he was thrown into a corner and "not allowed to come out".

Client Copy

- 3 Discussed last individual session and queried kissing and shagging of [REDACTED]. William stating he no longer does this, however, "batters [REDACTED] for biting me!!" Praised William for not doing shagging/kissing (Fiona will check out with family centre). Fiona explained why "battering" [REDACTED] was wrong and a bad/hurtful kind of touch. William advised that Marion tells him to "stop it" (battering [REDACTED]). (key worker)
- 4 William used the "barking doggy" puppet to talk about moving on. He said he felt "sad" and at first it was only [REDACTED] who was moving to [REDACTED]. Later on he said he would go with [REDACTED]. He stated Marion (SW) told him he was moving but is not clear why. He appears to have mixed feelings about the move and one of the things he will not miss is he and [REDACTED] being "battered" by the twins. He also stated that when [REDACTED] visits, the twins ask her if she wants to go up on their bed, [REDACTED] says "no". (Checked out with [REDACTED] who feels twins invite [REDACTED] to their bedroom as opposed to their bed.)
- 5 William wished goodbye to toys, saying to "snake" - "not you cause you bite me". He then used toy phone to phone "a stranger", blowing kisses down phone, laughing and giggling, saying "none back" (kisses) then "bye bye" and we left for home.
- 6 William wanting [REDACTED] to know that he remembered Jim (volunteer driver) taking him back to centre a few weeks ago and that he enjoyed spending time with [REDACTED] last week.

Next individual session planned for Wednesday 6 December.

Fiona M. Sinclair.

Fiona Sinclair
Family Counsellor

FS/WAM
23.11.95
DR221195.doc

DETAIL RECORD

(For specified incidents or agreed cases)

WILLIAM TARBETT

Client Name: URN:
 DOB:

Date: **8.11.95** Event: **2nd ind session**

Purpose

Explain recent reason for meeting of self and family centre staff, go with William's agenda.

Main Points

- 1 Welcome from William. He wondered who we were going to collect - [REDACTED] Fiona explained session for him only and [REDACTED] collecting him from Polepark to take to Monifieth. He asked how I knew he lived in Monifieth. I explained how I knew this, also knew he did not live in the Hilltown any more. He asked why he did not "live with dad". Fiona asked why he thought he did not live there any more. He replied, "Cos mummy and daddy fight". Then he described a memory where "mummy made a line on daddy's face" (with a knife). "Blood came", the police came, took mummy to jail and daddy to hospital. He stated all the children were in the police car too and "police helped daddy, not mum".
- 2 Snack organised, session held in wee playroom. William enjoys playing in the sand and talks, questions easily whilst doing so.
- 3 Issues today were:-

Fiona's recent meeting with Karen and Marion from Family Centre,

William's friends [REDACTED]

Daddy's visits to William at the Centre.

William's understanding of why his father visits, eg speaks to William "through the fence", is because, "he likes me".
 Family Centre's view of William's understanding is that Mr

Tarbett has told William that the Centre are the ones responsible for keeping them apart. It seems that Mr Tarbett also uses William to pass on messages to [REDACTED], eg "Tell [REDACTED] I have a new van".

- 4 Family Centre advised Fiona at recent meeting of their concerns around William's sexualised behaviour towards other children (see minutes of Friday 10 November). Discussed above with William and he freely admitted to kissing [REDACTED] on the lips (she did not like it) and his behaviour towards [REDACTED]. "I shag [REDACTED], whilst simulating sexual intercourse with him. Clear message given to William why this is not appropriate. He feels Centre staff should give him a telling off when he behaves in this way. He described himself as lying on top of [REDACTED] (play shagging/wrestling with him". Fiona queried how William knew about "shagging/wrestling". He stated a little girl [REDACTED] in the nursery had kissed him and touched him on "the bad thing, on the dirty thing, my willy, she shagging me". Fiona asked if he had told anyone what [REDACTED] had done. He replied he had told Diane (family centre worker). He then became worried that Fiona would tell [REDACTED] (foster carer) about what he had just said. Fiona said she would not tell [REDACTED] however, got permission to tell Marion (SW) and Karen (Family Centre Manager). William then showed Fiona with doll how [REDACTED] had "shagged" him. He placed the doll between his legs, front of dolly in contact with his genital area and thrust himself back and forwards. Fiona wondered what [REDACTED] might say if she were asked about "the shagging". William indicated she would not deny what had happened, adding, "She started it". He stated that when he told Diane (Fiona assured him he had done the right thing) what [REDACTED] had done, Diane had told them to get out of the toilet and [REDACTED] had been cheeky to her.

William will try not to do any more kissing of [REDACTED] or shagging of [REDACTED].

- a) Because they tell him they don't like it.
- b) Sometimes grown-ups get angry or embarrassed when children do these things to one another.
- c) William does not like it when people/children do things to him that he does not like.

William then said two other things of note:-

- a) That [REDACTED] "shags" him on the back, demonstrated this by lying on the floor on his

tummy and attempting to place a dolly on his back.

b) He gets sent to his room by [REDACTED] for "doing dirty things", eg kissing [REDACTED] daughter).

- 5 As a result of today's session content, particularly re information about [REDACTED], Fiona phoned Karen and Marion advising them of what William had said today. Karen advised [REDACTED] has since gone to school and indicated (without breaking confidentiality) that there had been some concern re [REDACTED] behaviour when attending the Family Centre previously. Karen also advised that Mr Tarbett had informed her of the Department's proposal to move the boys to bridging placement at the beginning of December. Neither myself nor Karen were aware of this and when Fiona contacted Marion, she confirmed this was the plan but no definite date has been decided as yet.

Next individual session planned for Wednesday, 22 November. Fiona to collect William and return him to Monifieth.

Fiona M. Sinclair

Fiona Sinclair
Family Counsellor

17 November 1995

For main file.

POLEPARK FAMILY COUNSELLING CENTRE

FIONA'S AGENDA LILYBANK CHILD AND FAMILY CENTRE

- 1 What is he like doing - playing with etc? Behaviour in general.
- 2 ?Sexualised behaviour - less, same, more.
- 3 Dad's visits to centre - what does W make of them - why he thinks Dad comes.
- 4 W has said Dad throws/gives W sweets. ?Centre aware of this.
- 5 Do centre note extremes of behaviour (if any) - "yes".
- 6 ?Wetting/soiling at centre.
- 7 ?Other children been touched or at risk from W.
- 8 ?Talk about Mum/Dad/family.

WORKERS' MEETING ON FRIDAY 3 NOVEMBER RE WILLIAM TARBETT

ATTENDED

Karen Dorward Manager
Marion Keyworker
Fiona Sinclair Polepark

PURPOSE

To hear from family centre regarding William, eg likes, dislikes, behaviour etc (see above agenda).

MAIN POINTS

- 1 Karen advised of pending children's hearing - 30 November, 11.30 am.
- 2 William likes playing with and is interested in: sand play; playmobile; ?water play; garage/cars; Lego; Playdough.

- 3 Overall, William's general behaviour is OK. However, staff do have concerns regarding his sexualised behaviour towards other children, eg touching their private parts, kissing (████████) full on the lips, lying on top of ██████ (home corner) saying, "me shagging ██████", being fascinated by other children going to the toilet. He invites children to sit on his lap, however, this does not seem to be done in a sexual context.

In the past sexual behaviour from William was directed at Marion, now it is toward other children and Marion and Karen feel it has become "secretive" - ? is William seeking opportunities to "act out" without being seen in the knowledge that such behaviour is inappropriate. Discussed the need to be aware of above behaviour and for adults to take charge appropriately when they see it and protect others from it. Much of William's play is around "girlfriends/boyfriends".

- 4 Regarding Mr Tarbett's visits, William has told staff that "Dad says he comes to the nursery because Karen won't let them (he and Dad) see one another". He uses his father to threaten workers and appears to blame Karen for the situation regarding not seeing his dad. Fiona advised she and Sandra (Polepark) have also been blamed for this.
- 5 Marion stated that she felt William was less dependent on her, this is seen as healthy.
- 6 William has friends in the centre and workers describe him as a child who can show sensitivity and caring towards others. Karen feels he was very close to ██████ when they attended together and his pet name for her was/is "Looby". It was also felt that she was caring of him.
- 7 Karen informed Fiona that Mr Tarbett had said he was going to ██████ school (last week). He has told Karen that he has taped ██████ (at access) saying that it is social workers and others who stop her seeing her dad.
- 8 Mr Tarbett has also informed Karen that ██████ is living in Burntisland. He apparently has ██████ address and has driven past the house.
- 9 Wetting and soiling is not an issue at the centre.

Client Copy

3

- 10 All agreed that today's meeting had been informative and helpful.
Plan to meet again on Friday 8 December at 2 pm.

Fiona M. Sinclair.

Fiona Sinclair
Family Counsellor

FS/WAM
14.11.95
MOM31195.doc

DETAIL RECORD

(For specified incidents or agreed cases)

URN:

Client Name: **WILLIAM TARBETT** DOB:Date: **25.10.95** Event: **1st Ind Session****Worker - Fiona Sinclair****Purpose:**

Allow individual time for William, observe play and go with his agenda.

Main Points:

- 1 Big welcome to Fiona on arrival at family centre. Advised by worker that Mr Tarbett had been at the centre this morning. William had not known he was there.
- 2 William asked, "Where's [REDACTED]" Fiona explained just William today - special time for him, he's a "big boy" etc. Happy and relaxed to come with Fiona.
- 3 In the car, William talked about what he would do at Polepark - "play". He said daddy used to play a game called (what sounded like) "Barracuda". Described Daddy and [REDACTED] as being good at this game. Fiona wondered if Mummy played it too. William stated that she did not and that "daddy whacks mummy in the face "Cause she uses bad words". Daddy says, "Go away, Linda". Fiona wondered if mummy did then go away. William said she stayed in the house, or hid under the bush (daddy bush). Fiona asked if daddy found mummy. William, "No".
- 4 After snack, etc organised and William settled (exploring room), the above discussion continued. Fiona's understanding was that William seemed to think that mummy and daddy still lived together (at times he had seemed clear that daddy lives on his own). However, today he thought they were together. Fiona explained why they do not live together, eg maybe mummy does not like the hitting and shouting. William then said, "My daddy

Client Copy

say he not going to fight my mummy again". (William's wish for the fighting to stop or not have happened).

- 5 Fiona then raised [REDACTED] "worry" about the boys fighting. William said they did fight and it was because [REDACTED] said bad words to him so he hit [REDACTED]. He then played with the dolls' house where a dog ran amok, jumping on everything. "Mummy" rescued the dog. He then asked Fiona, "Did [REDACTED] say my dad hit me". Fiona reflected back to him and William continued, "Cause he have". When Fiona said she wondered why daddy would hit William, he replied, "Cause he not want me". Fiona wondered, "If William wanted daddy". William, "No". Said give me "angry brick", threw and kicked it about briefly. Fiona then wondered who William "wanted". He said he would tell Fiona after he "got a toy" - a toy plastic snake which bit both himself and Fiona. William said, "I like snakes being on me". The snake was placed on his "friend" (male doll figure of Batman). William said, "Snake biting my friend" (on stomach, genital area). "My friend not like it". Fiona retracted and again wondered, "Who William want?" He replied, "Mummy and [REDACTED], not my daddy 'cause he hits mum".

Above play continued with another male figure introduced who "biting my friend" (Batman figure). William said sadly, "My poor friend". Picked up snake, saying, "He's peed his bed and in the sand and (what sounded like) peed on me". Asked Fiona if she, "Heard that wee-wee?" (He made wee-wee noises). Fiona said she did hear the snake and the wee-wee sounds, whereupon the snake was put "in the cupboard" for doing wee-wees in the sand. Snake taken out of sand and thrown in the corner.

- 6 Session ended and ritual followed of saying "goodbye" to toys and room. No "goodbye" to snake lying in the corner, instead stamped on and told angrily "bad snake". William also made sure the door locked so, "Snake can't get out".

Footnote - at one point on the journey to Polepark, William asked "Is Linda my mummy?" Fiona checked out which Linda he meant and assured him that, "Yes," big Linda was and is his mummy. William said that daddy had told him she wasn't.

Own thoughts on today's session:

- 1 William used individual time well and seemed to enjoy it.
- 2 Seeming "freed up" to voice, act out, express and explore feelings, opinions and thoughts.

Client Copy

- 3 Playing and talking in a relaxed, calm, confident way.
- 4 Dogs and snakes may have, and would appear to have, some significance for William.

Fiona M Sinclair

Fiona Sinclair
Family Counsellor

26 October 1995

FS/JML

CLIENT COPY