TRAVEL RISK ASSESSMENT FORM – ideally to be completed by traveller prior to appointment.

Name: CHERIE MARGARET CAMERON	Date of birth 07/10/1990
	Male ☐ Female ☑
E mail: cameron_cherie90@rocketmail.com	Telephone number:
	Mobile number: 07943368618

PLEASE SUPPLY INFORMATION ABOUT YOUR TRIP IN THE SECTIONS BELOW

Date of departure: 23rd FEBRUARY	Total length of trip: Till AUGUST

COUNTRY TO BE VISITED	EXACT LOCATION OR REGION	CITY OR RURAL	LENGTH OF STAY
1. FRANCE	NORMANDY + PARIS.	WITH VISIT TO MOLAY CITY RURAL.	Till JULY.
2. Italy.	ROME + VENICE	BOTH.	2 WEEKS
3. BELGIUM.	NORTH TO SOUTH.		

Have you taken out travel insurance for this trip? WORK COVERS MEDICAL INSURANCE

Do you plan to travel abroad again in the future? YES.

TYPE OF TRAVEL AND PURPOSE OF TRIP - PLEASE TICK ALL THAT APPLY

☐ Holiday	☐ Staying in hotel	☑ Backpacking	Additional information
☑ Business trip	☐ Cruise ship trip	☑ Camping/hostels	WORK TILL JULY AND EXPLORE A FEW OTHER COUNTRIES OFF OWN BACKS WHEN FINISHED
☐ Expatriate	☐ Safari	☐ Adventure	
☐ Volunteer work	☐ Pilgrimage	☐ Diving	
☐ Healthcare worker	☐ Medical tourism	☐ Visiting friends/family	

PLEASE SUPPLY DETAILS OF YOUR PERSONAL MEDICAL HISTORY

	YES	NO	DETAILS
Are you fit and well today	✓		GOT A BIT OF A COLD
Any allergies including food, latex, medication			NOT THAT IM AWARE OF.
Severe reaction to a vaccine before		✓	
Tendency to faint with injections		✓	FAINTED AFTER BCG JAB.
Any surgical operations in the past, including e.g. your spleen or thymus gland removed		✓	
Recent chemotherapy/radiotherapy/organ transplant		✓	
Anaemia			HAD IT PREVIOUSLY.
Bleeding /clotting disorders (including history of DVT)		✓	
Heart disease (e.g. angina, high blood pressure)		✓	
Diabetes		✓	
Disability		✓	
Epilepsy/seizures		✓	
Gastrointestinal (stomach) complaints		✓	
Liver and or kidney problems		✓	
HIV/AIDS		✓	
Immune system condition		✓	

	YES	NO	DETAILS
Mental health issues (including anxiety, depression)			Moderate anxiety issues.
Neurological (nervous system) illness		✓	
Respiratory (lung) disease		✓	
Rheumatology (joint) conditions		✓	
Spleen problems		✓	
Any other conditions?	✓	✗	Can get migraines.
Women only			
Are you pregnant?		✓	
Are you breast feeding?		✓	
Are you planning pregnancy while away?		✓	

Are you currently taking any medication (including prescribed, purchased or a contraceptive pill)?

NO.

PLEASE SUPPLY INFORMATION ON ANY VACCINES OR MALARIA TABLETS TAKEN IN THE PAST

Tetanus/polio/diphtheria	✓	MMR	-	Influenza	
Typhoid		Hepatitis A		Pneumococcal	
Cholera		Hepatitis B		Meningitis	
Rabies		Japanese Encephalitis		Tick Borne Encephalitis	
Yellow fever		BCG	✓	Other	
Malaria Tablets					

Any additional Information

Not sure on previous vaccines. Would have to get records checked. If ones came up for school I got them.

Plan for after work is to back pack/camp way through France, Italy.

Travel risk assessment form devised by Jane Chiodini © 2012 in conjunction with resources below.

1. Chiodini J, Boyne L, Grieve S, Jordan A (2007) *Competencies: An Integrated Career and Competency Framework for Nurses in Travel Health Medicine*. RCN, London. www.rcn.org.uk
2. Field VK, Ford L, Hill DR, eds. (2010) *Health Information for Overseas Travel*. National Travel Health Network and Centre, London, UK. www.nathnac.org

Form devised and created by Jane Chiodini © March 2012

NHS Confidential: Personal data about a patient

NHS Grampian

Orthoptic Department
Eye Outpatient Department
Aberdeen Royal Infirmary
Aberdeen AB25 2ZN

NHS Grampian

Enquiries to Eye Outpatient Department
Extension 01224 550885/550886 (Reception)

CGE/TJ

Dr H Zakri
Denburn Medical Practice (North & East Wing)
Rosemount Viaduct
Aberdeen
AB25 1QB

CHI: 0710902042

NO Paper Copy Required For GP

Date Dictated: 08/07/2016
Date Typed: 22/07/2016

Dear Dr Zakri

Miss Cherie Cameron (7 October 1990) 12 Beattie Avenue, Aberdeen, AB25 3AP

Miss Cameron failed to attend her last 2 appointments and I assume that she no longer needs any orthoptic treatment. I will not be sending out any further appointments.

Yours sincerely

Mr Charles Gary Evans
Clinical Head of Service

NHS Confidential: Personal data about a patient

NHS Grampian

Miss Jane Harcourt
Eye Outpatient Department
Aberdeen Royal Infirmary
Aberdeen AB25 2ZN

Enquiries to: Ward 203
Direct Line: 01224 552422
Fax No: 01224 551238

AK/LG

Dr H Zakri
Denburn Medical Practice (North & East Wing)
Rosemount Viaduct
Aberdeen
AB25 1QB

CHI: 0710902042

NO Paper Copy Required For GP

Date Dictated: 17/06/2016
Date Typed: 27/06/2016

Dear Dr Zakri

Miss Cherie Cameron (7 October 1990) 12 Beattie Avenue, Aberdeen, AB25 3AP

Diagnoses:
1. Migraine with visual aura
2. Bilateral dry eye (mild to moderate)
3. Phoria detected on cover testing today

Visual Acuity:
Right 6/4-1 with glasses, N5
Left 6/6-1 with glasses, N5

Intraocular Pressure:
Right 11
Left 15

Clinical Examination:

Normal direct and consensual pupillary reflexes to light and accommodation.
No RAPD.
Cover/uncover test straight.
Alternate cover test phoria detected.
Ocular motility full with diplopia on right superotemporal gaze.
Anterior segment examination reveals mild to moderate diffuse superficial punctate keratopathy in both eyes.
Anterior chambers deep and quiet.
Posterior segment examination reveals normal optic disc with grossly healthy neuroretinal rims.
Tortuous retinal vasculature but no haemorrhage or other abnormalities detected.
Humphrey visual fields: Full visual fields

Management:

1. Carbomer gel qds to both eyes prn for dry eyes
2. Follow up in Orthoptic Clinic for diplopia symptoms and phoria detected today
3. GP to kindly commence migraine prophylaxis for migraine with visual aura

Miss Cameron attended the Primary Care Clinic today with increasing frequency of migraine type headaches. Left sided associated with visual aura in the form of seeing lots of white dots. She gets the headaches increasing when outdoors, in bright light and when working on computers and the frequency ranges from weekly to daily and when tired.

She also reports diplopia when tired and symptoms of dry eyes. She does not suffer from any kind of fits and the glasses she wears to correct distance vision do not specifically cause headaches.

Clinical examination findings are above. I would be grateful if you could kindly commence migraine prophylaxis for this lady and we will review her again in the Orthoptic Clinic and I have commenced treatment for her dry eyes.

Yours sincerely

Dr Adnan Khan
Specialty Registrar

Next appointment: 30th June 2016

Cherie M Cameron CHI: 0710902042

Emergency Department
Aberdeen Royal Infirmary
Foresterhill
Aberdeen
Aberdeenshire, AB25 2ZN

Dept. Contact Details:
Tel:

Dr AS MCEWAN
DENBURN MEDICAL PRACTICE
DENBURN HEALTH CENTRE
ROSEMOUNT VIADUCT
ABERDEEN
AB25 1QB

May 22, 2016

Source of Referral: Self referral

Dear Dr AS McEwan

Re: **Cherie M Cameron, 12 Beattie Avenue, Aberdeen, AB25 3AP**
DOB: 07/10/1990 **CHI: 0710902042**

Your patient attended Aberdeen Royal Infirmary on: **22 MAY 2016 at 09:14 hrs.**

The A&E diagnosis was:	**Fracture of fibula alone**
The following treatment was given:	**Self attended MIU after falling off a skateboard 2 days ago. Tender fibula head.** **X ray shows possible fracture to fibula head - await formal report.** **Advised regular analgesia, stick for mobilisation and RIPE.**
At the conclusion of treatment the patient was:	**Discharged** **at hrs.**
Follow up:	**No Follow Up**
Additional Information:	

Yours sincerely,
MICHELLE DUNCAN
EM DP, ARI

px: Cherie Cameron
7/10/90
12 beattie av

attended for sight test on 28.2.16 for headaches with no ocular side effects

was prescribed gls but I have advised her to see her gp for blood pressure / bloodwork checks as her retinal blood vessels r+l are very tortuous for someone of her age. could be physiological but given her headache sx it would be worthwhile investigating.

many thanks

Siobhan dolan
optometrist
specsavers
union st
abn

Public Health Directorate
Health Protection Team

Summerfield House
2 Eday Road
Aberdeen AB15 6RE

NHS Grampian

Register at
Denburn Medical Practice
Denburn HC, Rosemount Viaduct
AB25 1QB
Aberdeen

Date 12th of October 2015

Enquiries to 01224 558520

Email grampian.healthprotection@nhs.net

Dear Dr.

Name	Address	Date of Birth
Cherie Cameron	12 Beattie Avenue Aberdeen AB25 3AP	07/10/1990

At recent Sexual Health Roadshow the above patient consented to BBV testing.

Results were

- Hep B Surface Antigen :- Negative
- Hep C Antibody :- Negative
- HIV types 1 & 2 :- Negative

Your patient is aware of risk factors and should they consider themselves at ongoing risk to approach the surgery and request Hepatitis B vaccination, in line with Department of Health Green Book:- Immunisations Against Infectious Disease.

Yours sincerely

Helen Corrigan

Helen Corrigan
Health Protection Nurse Specialist

NHS Confidential: Personal data about a patient

NHS Grampian

Dr AS Mcewan
Denburn Medical Practice
Denburn Health Centre
Rosemount Viaduct
Aberdeen
AB25 1QB

Aberdeen Royal Infirmary
Colposcopy Clinic
Women's Day Clinic
Foresterhill
ABERDEEN
AB25 2ZN
Contact: Andrea Macgregor
Telephone: 01224 554307
andreamacgregor@nhs.net
Reference: AM / JW
14/09/2015

Dear Dr Mcewan

Patient Details:

CHI Number	0710902042
Unit Number	0929924J
Name	Cherie Cameron
Date of Birth	07/10/1990
Address	12 Beattie Avenue, Aberdeen AB25 3AP

Your patient was seen at the clinic on 19/08/2015 and at this visit, a colposcopy was done but no treatment was undertaken.

Colposcopy assessment was HPV/Inflamm/Benign.

No smear was taken.

No cervical biopsy was taken.

The test results indicate that no further treatment of your patient is necessary. Your patient has therefore been discharged from the colposcopy clinic. I recommend that a follow up smear should be taken in 6 months time.

Your patient has been advised of the results and that she will be invited to attend for her next smear test. Your patient will therefore appear on your Recommended Call List (RCL) on SCCRS in due course.

Yours sincerely

JWilson

Mrs J Wilson
Nurse Colposcopist

Copy to: Dr L Smart, Cytology

Hospital use only	Clinic	Day Date	Time	Hospital No.

SCI Gateway Electronic Referral

MEDICAL IN CONFIDENCE

Patient Consent has been given for information sharing

Date Referral Created
25-Jan-2019
Date Referral Submitted
28-Jan-2019 @ 09:56:48

Unique Care Pathway Number:**101017882811A** CHI No:**0710902042**

REFERRAL TO

DermatologyA7
Grampian General Protocol

— **Consultant / receiving practitioner** and/or **specialty clinic**

Aberdeen Royal Infirmary
Foresterhill Road
Aberdeen
AB25 2ZN

— **Hospital** and **hospital address**

Hospital unit no. N101H

Email address -

Urgency of Referral Routine
Sensitivity of Referral Sensitive

PATIENT DETAILS

Surname	Cameron
Forename(s)	Cherie
Title	Miss **Sex** Female
Marital Status	Single
Date of birth	07-Oct-1990
CHI No.	0710902042

Patients address

12 Beattie Avenue
Aberdeen
AB25 3AP

Contact details

Home:919247/ 07943 368618

REFERRING PRACTITIONER DETAILS

Name	Dr. Amir Iqbal
GP Code	62723 **GMC Code** 6050971
Practice name	Denburn Medical Practice (30078)
Practice code	30078

Practice address

Denburn Health Centre
Rosemount Viaduct
Aberdeen
AB25 1QB

Contact details

Voice:01224 643333

ADMINISTRATIVE INFORMATION

This referral letter is complete, has been checked by the referring HCP and authorised for transmission.
Referred By:Registered GP

CLINICAL INFORMATION

History of presenting complaint / examination findings / investigation results

Presenting complaint

Reason For Referral	Patch testing
Referral Reason / Background	Dear Dr I would be grateful if you could review this 22-year-old girl who is having problems with exacerbation of her eczema to what she thinks is allergy triggers. She has had a severe reaction to red wine in the past and it appears that some things that she is not able to identify at the moment have made her skin very problematic and increasing her flares. She is quite an uncontrolled eczema patient but I so think there is some sort of allergy trigger process going on. When she has the reactions she gets some erythema, urticarial rash and some swelling of the soft tissues. However she has never required any steroid treatment. I have put her in for a Rast test in the meantime to see if this will give us any indication and I will refer her again to dermatology. I would be grateful for patch testing to help with her further management. Yours sincerely Dr Amir Iqbal Signed on behalf of Julie Ann Morrison

Examinations and Investigations

Examinations

Current smoker	-	29-Jun-2015
Trying to give up smoking	-	27-May-2015
Cigarette smoker	-	27-May-2015
Alcohol consumption, 1 units/week	-	09-Apr-2014
Alcohol consumption 4 units/week	no abdo pain today. , to come back if no improvement	07-Oct-2011
Alcohol intake within recommended sensible limits	-	14-Dec-2010
Aerobic exercise 3+ times/week	-	09-Apr-2014

Investigations

NB:	THE PAST MEDICAL HISTORY SECTION MAY CONTAIN ONLY DATA JUDGED OF THE HIGHEST SIGNIFICANCE TO THE PATIENT'S GP RECORD	-
NB:	IT MAY NOT CONTAIN DATA FROM LABS OR RADIOLOGY FOR WHICH SCI STORE SHOULD BE CONSULTED	-
Patient Weight in Kilograms	54	-
Patient Height in Metres	154	-
Patient BMI	22.77	-

Reason for Referral

Care type requested	Out Patient
Expected outcome	Not Specified

Past medical history

Pre-existing conditions

Description	Laterality	Modifier	Extention	Date of onset

Migraine	-	-	with visual aura	17-Jun-2016
Dry eyes	-	-	bilateral dry eye (mild to moderate) Phoria detected on cover testing to day	17-Jun-2016
Gastritis unspecified	-	-	-	07-Oct-2011
Fracture of metatarsal bone	-	-	conservative treatment	06-Sep-2000

Medication Details

Current and recent medication

No medications recorded

Past Medication Section

Drug name	BNF code	Formulation	Dosage	Frequency	Course started	Duration
Dermol Cream	-	500 gram	APPLY TWICE DAILY	-	24-Jan-2019	42Days
Betamethasone Valerate Cream 0.025 %	-	100 GRAM	APPLY THINLY 1-2 TIMES DAILY	-	24-Jan-2019	42Days
Cetirizine Hydrochloride Tablets 10 mg	-	21 tablet	ONE DAILY	-	04-Jan-2019	21Days
Hydrocortisone Cream 0.5 %	-	30 gram	APPLY THINLY 1-2 TIMES DAILY	-	04-Jan-2019	42Days
Dermol 200 Shower Emollient	-	200 ml	TO BE USED AS SOAP SUBSTITUTE	-	04-Jan-2019	42Days
Zerobase Cream 11 %	-	500 gram	APPLY TWICE A DAY AS A MOISTURISER	-	04-Jan-2019	42Days

Application Version No.**2.1.1c** Stylesheet Version No.**7.17**

Signature of referring doctor (or other professional) **Date**