



Jackie Kerr
Interim Chief Officer

Our Ref: MC/GK
Job ID: 688163
Date Dictated: 04/07/2024
Date: 11/07/2024

PRIVATE & CONFIDENTIAL

Dr CW McCrossan
The Gordon Practice
New Gorbals Health & Care Centre
2 Sandiefield Road
Glasgow
G5 9AB

Community Mental Health Team
Florence Street Clinic
26 Florence Street
Glasgow

G5 0YZ
01412327000
www.nhsggc.org.uk

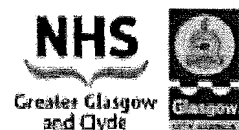
Dear Dr McCrossan

Re: George Finnie **DOB: 23/07/1965** **CHI: 2307656057**
Address: Flat 0/4 1 Bedford Street, Glasgow, G5 9BD

Thank you for our helpful telephone conversation earlier in the week. I'm writing to you as discussed, to advise that we will now be discharging George from the caseload at Florence Street resource centre.

George has worked with us since 2022 and was initially referred in for low mood, suicidality and poor compliance with medication. Over this time George has engaged in a number of psychological therapies designed to access and improve his mood. Unfortunately George has suffered a number of set backs with his physical health most notably the amputation of a number of toes on his feet.

Over this time George has showed a consistent picture of suicidal thoughts which has been consistent across his life span. George has suffered a number of significant adverse events in both his childhood and early adulthood and this seems to have resulted in suicidal thoughts being present for most of his life. Across the time that George has worked with the CMHT this has remained consistent, and I would expect this to remain consistent throughout the remainder of George's life.



CHI: 2307656057

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11/07/2024



Jackie Kerr
Interim Chief Officer

There is no evidence that George has a history of acting on these thoughts impulsively, and therefore it is felt by the team that George's risk of suicide is consistent now with what it has been over his lifespan. George does not seem to be any more at risk of impulsive suicide than he was prior to being referred or during the time he has worked with us. I would expect George to continue to voice these thoughts at times.

One of George's most difficult presentation features has been his poor concordance with medication. At times George reports to various professionals that he is concordant whilst to others that he is not. A number of times medication has been removed, unopened, from George's house, specifically his entire dosette box as he is known not to be taking this. OT has also observed unopened Insulin in George's house a number of times. George has reported that whilst in hospital was fully concordant with all of his medication and this appeared to have potentially caused a hypo-episode as he had not been taking his Insulin or Metformin consistently prior to this. I know that you are aware of these issues and have encouraged George to be as honest as possible in discussing with you what medication he is and is not using. The only medication that I am aware of that George is consistently using is his Codeine for pain relief. I have encouraged George, as far as possible, to be concordant with his diabetic medication as a supplementary method of managing the pain in his feet.

As you are aware, George continues to attend and engage all medical appointments relating to the management of his feet and Diabetes. This is, I believe, weekly currently. George was also delighted to be placed on the waiting list for a Celtic season ticket as a disabled fan despite the five-year waiting list and feels this is something he could do with his daughter [REDACTED]. At the time of engaging with the CMHT George was at high risk of being made homeless. He now has long term suitable accommodation in a lovely new build flat which accommodates physical disability, and he is very pleased with this. George also continues to drive his mobility car.

With regard to these aspects of his life we feel there is strong evidence that George is invested in his life and making future plans. We are also writing to George with a number of suggestions that we feel would benefit him but that he has not felt able to carry out whilst working with us such as attending the project at Flourish House.

As discussed on the phone there is risk with George that he will continue to be re-referred back to mental health services due to his ongoing expressed suicidality however we feel that this is a more consistent indication of his loneliness and somewhat tumultuous personal relations with his daughter and family and CMHT would recommend that George engages with community based projects such as Flourish House to reduce this social isolation in the first instance before returning to CMHT care.





Jackie Kerr
Interim Chief Officer

Thank you for all your support and understanding. Wishing you all the best in continuing to work with George and manage his medication.

Yours sincerely

Megan Cassidy
Occupational Therapist

Authorised on 26/07/2024 11:27:01 by Megan Cassidy.



Jackie Kerr
Interim Chief Officer

Our Ref: MC/CM
Job ID: 688167
Date Dictated:
Date Typed: 11/07/2024

PRIVATE & CONFIDENTIAL

George Finnie
Flat 0/4 1 Bedford Street
Glasgow
G5 9BD

Mental Health
Florence Street Clinic
26 Florence Street
Glasgow

G5 0YZ
0141 232 7000
www.nhs.gov.uk

Dear George Finnie

Thank you for your engagement with the CMHT over the past number of years. We have worked together to establish that in childhood and also early adulthood you suffered a series of very unfortunate and traumatic events which as a result has led to you having various experiences of low mood and also thoughts of suicide throughout your adult life. Whilst this is tragic, it is understandable and we have worked together to establish that your feelings of suicidality go up and down based on what is happening in your current relationships in life, particularly with [REDACTED] and ex partner [REDACTED] but also with the wider family as there is complex dynamics.

We have discussed that we feel at times you can be lonely and would benefit from engagement in some social projects such as Flourish House. Unfortunately while we have worked together it has been difficult to establish this contact due to the number of physical health challenges that you have undergone, specifically with your feet and the amputation of your toes.

We would still recommend that you consider attending Flourish House and they can be found at **Flourish House, 23-25 Ashley Street, Glasgow, G3 6DR and contacted on 0141 333 0099** if you feel at any point well enough to do so. We are pleased to see that you are engaging well with the health appointments being offered for the management of your feet/diabetes and would encourage you to continue to do this. We would also encourage you to continue to engage with the medication around this and encourage you to discuss





Jackie Kerr
Interim Chief Officer

this with your GP/Care Team. Your GP has also been made aware of the plan for your discharge from ourselves.

As you are aware we have got you a place on the waiting list for the Celtic season ticket in the disabled fans area and I hope that they will be in touch shortly. In the meantime, please do ask your daughter to assist you in applying for tickets through the ballot for the disabled fans area as this activity would be something that you have enjoyed in the past and could share with [REDACTED]

I am aware that you still at times struggle with both loneliness and suicidal thoughts and wanted to again give you the numbers for **Breathing Space Glasgow which is a free confidential service on 0800 83 85 87 and also The Samaritans Glasgow on 116 123.** I would encourage you to use either of these numbers and services at any point when you feel you wish to speak with another person and don't have someone available to fulfil that role.

It has been a pleasure working with you George and I wish you all the best. I will now be discharging you from my caseload at Florence Street CMHT back to the care of your GP.

Yours sincerely

Megan Cassidy
Occupational Therapist

Authorised on 26/07/2024 11:07:20 by Megan Cassidy.



Susanne Millar
Chief Officer

Our Ref: MC/GK
Job ID: 662849
Date: 01/05/2024

PRIVATE & CONFIDENTIAL

George Finnie
Flat 0/4, 1 Bedford Street
Glasgow
G5 9BD

Mental Health
Florence Street Clinic
26 Florence Street
Glasgow
G5 0YZ
01412327000
www.nhsggc.org.uk

Dear George,

I'm sorry you were unable to attend our previous appointment due to being in hospital.

As discussed on the phone, I would like to offer you a further appointment to discuss treatment plans as follows:

Date: **15/05/2024**
Time: **At: 2:30 PM**
Appointment with: **Megan Cassidy**
Location: **Appointment – At Your Home**

If this appointment is not suitable, please telephone the above number so alternative arrangements can be made.

Yours sincerely

Megan Cassidy
Occupational Therapist

Authorised on 02/05/2024 11:21:35 by Typist Gillian Kilpatrick, on behalf of Megan Cassidy.





Susanne Millar
Chief Officer

Our Ref: MC/ACGK
Job ID: 650914
Date: 28/03/2024

PRIVATE & CONFIDENTIAL

George Finnie
Flat 0/4 1 Bedford Street
Glasgow
G5 9BD

Mental Health
Florence Street Clinic
26 Florence Street
Glasgow

G5 0YZ

01412327000
www.nhsggc.org.uk

Dear George Finnie,

Re: George Finnie
DOB: 23/07/1965
Address: Flat 0/4 1 Bedford Street, Glasgow, G5 9BD

I'm writing this letter in support of your application for Adult Disability Payments. In my role as an Occupational Therapist at Florence Street Community Mental Health Team I have been working with George over the past number of months. George had been known to me due to increased risk of suicide due to stock piling medications and failure to take appropriate physical health medications and has worked with the mental health team over the past number of months. It is known to me that George also has a number of complex physical health conditions including diabetes, collapsed discs in his neck, heart failure, chronic pain and depression. George recently had an amputation of the pinkie toe on his left foot due to complications with Diabetes and in the previous year has had an amputation of his large toe on his right foot also due to complications from Diabetes. George has worked hard to engage with the physical health care teams around these conditions and has had to have frequent input from District Nurses and Podiatry. George is currently suffering with ongoing infections and difficulties around the management of his feet health.

George struggles significantly with his activities of daily living due to these physical health concerns predominantly. George mobilises currently with two crutches and is limited in his mobility tolerance due to pain and balance. George's balance has been compromised by the loss of his toes and he relies on various pieces of Occupational Therapy equipment such as perching stool, raised toilet seat, kitchen trolley etc. to enable him within his own home environment. George has a limited support network with regards to family and friends and at times he struggles to seek appropriate emotional support. George has a significantly traumatic history which has been highlighted through his work with the mental health team and this can also influence his ability to make and maintain relationships in the present day. George at times struggles to motivate himself to battle through the pain and physical challenges of activities of daily living such as dressing, preparing food etc.



CHI: 2307656057

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28/03/2024



Susanne Millar
Chief Officer

George although has some functional skills in the kitchen struggles to undertake these and mainly relies on simple meals such as toast or use of microwave in order to feed himself. George at times has not eaten due to the difficulty of this and has been noted over the past number of years to lose a significant amount of weight also due in part to his diabetic complications.

In my opinion I think George would be more than entitled to this benefit due to the multiple problems that his physical conditions and mental health present. George is obliged to spend a large amount of his time attending and managing health appointments to this end. I'd be more than happy to discuss this with you further should this be required and can be contacted at Florence Street Resource Centre on the above number.

Yours sincerely

Megan Cassidy
Occupational Therapist

Authorised on 18/04/2024 16:51:06 by Megan Cassidy.



Susanne Millar
Chief Officer

Our Ref: MC/AC
Job ID: 650916
Date: 28/03/2024

PRIVATE & CONFIDENTIAL

George Finnie
Flat 0/4, 1 Bedford Street
Glasgow
G5 9BD

Mental Health
Florence Street Clinic
26 Florence Street
Glasgow
G5 0YZ

0141 232 7000
www.nhsggc.org.uk

Dear George

I have completed your letter of support for Adult Disability Payment. Please bear in mind that when writing these letters, it is important for us to present a worst case scenario, so that the Benefit's Agency can make an informed decision. Please do not feel that anything I have said in this letter is critical or harsh.

As discussed on the phone, I would like to offer you an appointment to visit Flourish House with myself and a student as follows:-

Date: Wednesday 17th April 2024
Time: 1.30pm

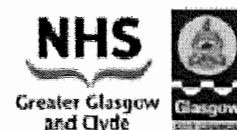
I will pick you up at home for this visit, if you are well enough to do so. I will phone you on the morning of the 17th to confirm.

Looking forward to seeing you then. I hope that your feet continue to heal well.

Yours sincerely

Megan Cassidy
Occupational Therapist

Authorised on 26/04/2024 11:47:59 by Typist Alexandria Caldwell, on behalf of Megan Cassidy.





Susanne Millar
Chief Officer

Our Ref: MC/LB
Job ID: 608437
Date: 07/12/2023

PRIVATE & CONFIDENTIAL

George Finnie
Flat 0/4 1 Bedford Street
Glasgow
G5 9BD

Mental Health
Florence Street Clinic
26 Florence Street
Glasgow

G5 0YZ
0141 232 7000
www.nhsggc.org.uk

Dear George

A follow up appointment has been made for you to be seen as follows:

Date: Wednesday 20th December 2023
Time: 2:00PM
Appointment with: Megan Cassidy
Location: Home Visit

If this appointment is not suitable, please telephone the above number so alternative arrangements can be made.

Yours sincerely

Megan Cassidy
Occupational Therapist

Authorised on 08/12/2023 15:36:07 by Typist Louise Brown, not verified by Megan Cassidy.



Susanne Millar
Chief Officer

Our Ref: MC/CM
Job ID: 588997
Date: 20/10/2023

PRIVATE & CONFIDENTIAL

George Finnie
Flat 0/4, 1 Bedford Street
Glasgow
G5 9BD

Mental Health
Florence Street Clinic
26 Florence Street
Glasgow
G5 0YZ

Tel: 0141 232 7000
www.nhsggc.org.uk

Dear George

I am writing to you to cancel our home visit appointment on Thursday 9th November due to unforeseen circumstances. Apologies for any inconvenience changing this appointment may cause. I would like to offer you an alternative appointment as follows:

Date: Wednesday 15th November 2023
Time: 11.30am
Location: Home Visit

If this appointment is not suitable, please telephone the above number so alternative arrangements can be made.

Yours sincerely

Megan Cassidy
Occupational Therapist

Authorised on 24/10/2023 14:28:01 by Typist Cheryl McCue, on behalf of Megan Cassidy.



Susanne Millar
Chief Officer

Our Ref: MC/CM
Job ID: 585350
Date: 11/10/2023

PRIVATE & CONFIDENTIAL

George Finnie
Flat 0/4 1 Bedford Street
Glasgow
G5 9BD

Mental Health
Florence Street Clinic
26 Florence Street
Glasgow
G5 0YZ

Tel: 0141 232 7000
www.nhsggc.org.uk

Dear George Finnie

Sorry you were unable to attend our appointment on 11th October 2023. As planned, I attended your home, however there was no answer at the door. I would like to inform you that as discussed, a shower stool and grab rail have been ordered, and these should hopefully be delivered on 19th December 2023. This would mean staying in your property between 8am and 4pm as the equipment service cannot give a more specific delivery time. I am aware that you have recently has some difficult personal circumstances with the sudden death of your elder sister and I hope that you were able to attend the funeral as you wanted.

Please remember that you can phone our duty system should you need support or Breathing Space on 0800 83 85 87 should you wish to have a confidential conversation about some of the things that are going on in your life:

To this end, I would like to offer you a further appointment for a home visit to check that the equipment is suitable for your use on:

Date: Thursday 9th November 2023
Time: Between 2pm and 3pm
Location: Your home

Apologies I am not able to be more specific with the time as I am coming straight from another appointment in order to see you as soon as possible.

Yours sincerely

Megan Cassidy



CHI: 2307656057

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11/10/2023



Susanne Millar
Chief Officer

Occupational Therapist

Authorised on 20/10/2023 09:54:58 by Megan Cassidy.



Susanne Millar
Chief Officer

Our Ref: MC/AC
Job ID: 569769
Date: 31/08/2023

PRIVATE & CONFIDENTIAL

George Finnie
Flat 0/4, 1 Bedford Street
Glasgow
G5 9BD

Community Mental Health Team
Florence Street Clinic
26 Florence Street
Glasgow
G5 0YZ

0141 232 7000
www.nhsggc.org.uk

Dear George

I am writing to inform you that your equipment should be delivered on Friday 8th September 2023; please be at home in order to receive delivery.

I would like to therefore visit you on:-

Date: Thursday 14th September 2023
Time: 2.30pm

I will be accompanied by fellow OT, Kaylee Davidson

If the appointment is unsuitable, please contact me on the above telephone number, so that an alternative appointment may be arranged.

Yours sincerely

Megan Cassidy
Community Psychiatric Nurse

Authorised on 04/09/2023 16:44:48 by Typist Alexandria Caldwell, on behalf of Megan Cassidy.



Susanne Millar
Chief Officer

Our Ref: MC/AC
Job ID: 553785
Date: 20/07/2023

PRIVATE & CONFIDENTIAL

George Finnie
Flat 0/4, 1 Bedford Street
Glasgow
G5 9BD

Mental Health
Florence Street Clinic
26 Florence Street
Glasgow
G5 0YZ

0141 232 7000
www.nhsggc.org.uk

Dear George

Sorry we were unable to have our last appointment. I hope that the family funeral went as well as could be expected.

As we discussed on the phone, I have reordered the equipment which will be delivered to your address on **Monday 31st July 2023**. Unfortunately, the Equipu service cannot give a more specific delivery time, **so I would ask that you are home between 8.00am and 4.00pm to allow for this delivery**. If you are not going to be able to be in for the delivery, please let me know and I will change the day it is coming.

I was sorry to hear in our conversation that you are continuing to have difficulties with your foot wound and I hope that next time we speak things are going better.

Looking forward to seeing you then.

Yours sincerely

Megan Cassidy
Occupational Therapist

Authorised on 21/07/2023 15:06:12 by Typist Alexandria Caldwell, on behalf of Megan Cassidy.

Glasgow City Health and Social Care Partnership
Florence Street Resource Centre
26 Florence Street
Glasgow
G5 0YZ
Tel: 0141 232 7200

www.glasgow.gov.uk
www.nhs.uk

Our Ref: MC/LB
Your Ref: 2307656057

Date Dictated: 27/04/2023
Date Typed: 28/04/2023

STRICTLY CONFIDENTIAL

George Finnie
Flat 0/4
1 Bedford Street
Glasgow
G5 9BD

Dear George

I have ordered the equipment which we agreed today at our home visit on the 27th April 2023. I have been given a delivery date of Thursday the 25th May between 8am – 4pm. Unfortunately this will mean you will need to wait in the new flat during these hours as a more specific delivery time cannot be given.

The company that deliver the equipment is called EQUIPU and they can be contacted on 0141 287-6300 on the day of delivery to see if they can give you more guidance on when they are likely to appear.

I would therefore like to offer you a further appointment with myself so we can check all this equipment is suitable for yourself. Appointment as follows:

Date: Wednesday 31st May 2023
Time: 3:00pm
Appointment with: Megan Cassidy
Location: At your home

In the meantime as we discussed today about taking care of your physical and mental health I would like to give you the number for Breathing Space Scotland they can be reached on 0800 838 587 and I would encourage you to use this as a method of venting your current anger and frustration due to the very sudden and shocking circumstances which you have found yourself in. As agreed today we feel this will help you communicate more harmoniously with family who are doing their best to support you at this difficult time.

I will inform Jim about the next court date and hope it all goes well.

If this time is not suitable please contact me on the number above as soon as possible to rearrange.

Yours sincerely

Megan Cassidy
Occupational Therapist



Susanne Millar
Chief Officer

Our Ref: MC/CM
Job ID: 511844
Date: 30/03/2023

PRIVATE & CONFIDENTIAL

George Finnie
Flat 0/4 1 Bedford Street
Glasgow
G5 9BD

Mental Health
Florence Street Clinic
26 Florence Street
Glasgow

G5 0YZ
Tel: 0141 232 7000
www.nhsggc.org.uk

Dear George

Sorry you were unable to make our appointment on 30th March 2023 due to being in hospital. I hope you are now feeling better. A follow up appointment has been made for you to be seen as follows:

Date: Thursday 27th April 2023
Time: 10.00am
Appointment with: Megan Cassidy, OT
Location: Your home

If this appointment is not suitable, please telephone the above number so alternative arrangements can be made.

Yours sincerely

Megan Cassidy
Occupational Therapist

Authorised on 03/04/2023 11:59:02 by Typist Cheryl McCue, on behalf of Megan Cassidy.



Susanne Millar
Chief Officer

Our Ref: MC/CF
Job ID: 494602
Date: 15/02/2023

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George Finnie
Flat 9C 305 Caledonia Road
Glasgow
G5 0JG

Mental Health
Florence Street Clinic
26 Florence Street
Glasgow

G5 0YZ
0141 232 7000
www.nhsggc.org.uk

Dear George Finnie

Due to covering our duty rota I need to cancel our appointment on the 15th March 2023 at 11.30am.

I would therefore like to offer you an appointment as follows:

Date: Thursday 30th March 2023
Time: 9.30am
Location: Florence St Resource Centre, 26 Florence St, Glasgow G5 0YZ

Apologies for this change and delay. Please let Florence Street Resource Centre know if you move address in this time so that we are able to communicate with you.

I have informed Jim regarding your upcoming court date and hope that he shall be in touch with you in order to arrange supporting you to this.

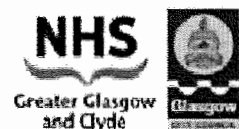
Yours sincerely

Megan Cassidy
Occupational Therapy

Authorised on 16/02/2023 09:47:03 by Megan Cassidy.

CHI: 2307656057

Page 1 of 2



15/02/2023



Susanne Millar
Chief Officer



Susanne Millar
Chief Officer

Our Ref: MC/CF
Job ID: 481066
Date: 12/01/2023

PRIVATE & CONFIDENTIAL

George Finnie
Flat 9C, 305 Caledonia Road
Glasgow
G5 0JG

Mental Health
Florence Street Clinic
26 Florence Street
Glasgow

G5 0YZ
0141 232 7000
www.nhsggc.org.uk

Dear George

Sorry you were unable to attend our appointment at Florence Street on the 12th January 2023.

I would like to offer you a further appointment as follows:

Date: Wednesday 8th February 2023
Time: 2.30pm
Location: Florence St Resource Centre, 26 Florence St, Glasgow G5 0YZ

If this appointment is not suitable, please telephone the above number so alternative arrangements can be made.

Yours sincerely

Megan Cassidy
Occupational Therapist

Authorised on 12/01/2023 15:02:18 by Typist Carol Ferns, on behalf of Megan Cassidy.



Susanne Millar
Chief Officer

Our Ref: MC/CF
Job ID: 460350
Date: 10/11/2022

PRIVATE & CONFIDENTIAL

George Finnie
Flat 9C, 305 Caledonia Road
Glasgow
G5 0JG

Mental Health
Florence Street Clinic
26 Florence Street
Glasgow

G5 0YZ
0141 232 7000
www.nhs.gov.uk

For the attention of George's Legal Team

I am writing to you at George's request to corroborate the fact that I am his Therapist from the Community Mental Health Team at Florence Street Resource Centre.

I have been working with George since approximately March 2022 and in this time I have only ever known George to mobilise with the assistance of one crutch. At all of my appointments I have noted that George has used his crutch and on the one occasion that we were unable to book a room downstairs, George was observed to struggle significantly with using the stairs to the first floor despite having handrail and crutch available to him.

It is my belief therefore that George regularly and consistency relies on his crutch for mobility and is never without this in order to prevent falls and difficulties.

I would be happy to provide further information should it be needed and/or relevant and can be contacted on Wednesdays and Thursdays at Florence Street Resource Centre on 0141 232 7000.

Yours sincerely

Megan Cassidy
Occupational Therapist

Authorised on 10/11/2022 13:45:48 by Megan Cassidy.



Susanne Millar
Chief Officer

Our Ref: MC/CF
Job ID: 452346
Date: 20/10/2022

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Gorbals Housing Association
200 Crown St
Glasgow
G5 9AY

Mental Health
Florence Street Clinic
26 Florence Street
Glasgow

G5 0YZ
0141 232 7000
www.nhsggc.org.uk

Dear Housing Association Colleagues

Re: George Finnie
DOB: 23/07/1965
Address: Flat 9C, 305 Caledonia Road, Glasgow, G5 0JG

I am writing to you with regards to my client Mr George Finnie. George has a number of serious ongoing medical conditions and as such informs me that he has been told he must be rehoused to a level access adapted property as and when the flats at Caledonia Road are demolished. George however is struggling significantly while continuing to live in his current property, he has been refused a prepayment energy meter due to the flats being cited for demolition and he also has an infestation of mice which is unable to be treated as the mice are living in the very many empty units around George's home. George is also finding his position increasingly isolating and this is unhelpful given his ongoing suicidal thinking.

With regards to both his physical and mental health I would fully support a move to an adapted property as quickly as possible and would be more than happy to give you any further information which may aid in doing this.

Yours sincerely

Megan Cassidy
Occupational Therapist

Authorised on 26/10/2022 16:45:37 by Megan Cassidy.





Susanne Millar
Chief Officer

Our Ref: MC/AB
Job ID: 100217329
Date: 13/10/2022

PRIVATE & CONFIDENTIAL

Mr James McArthur
Health Care Assistant
Florence St Resource Centre
26 Florence St
G5 0YZ

Mental Health
Florence Street Clinic
26 Florence Street
Glasgow

G5 0YZ
0141 232 7000
www.nhsggc.org.uk

Dear Mr McArthur,

Re: George Finnie DOB: 23/07/1965 CHI: 2307656057
Address: Flat 9C 305 Caledonia Road, Glasgow, G5 0JG

George has been depressed for a period of time and is currently feeling particularly low. As a result, he is struggling to take care of himself and has been missing a number of his physical health care appointments. The CMHT plan is that we try and build a relationship with him in the first instance as he has long history of disengaging with services. I believe that Jim would be helpful in engaging George on a more frequent basis than myself am able to. Thank you for your input.

Yours sincerely,

Megan Cassidy
Occupational Therapist



Susanne Millar
Chief Officer

?Our Ref: MC/AB
Job ID: 100211627
Date: 30/09/2022

PRIVATE & CONFIDENTIAL

Dr LM McIntyre
The Gordon Practice
New Gorbals Health & Care Centre
2 Sandiefield Road
Glasgow
G5 9AB

Mental Health
Florence Street Clinic
26 Florence Street
Glasgow

G5 0YZ
0141 232 7000
www.nhsggc.org.uk

Dear Dr McIntyre,

Re: George Finnie DOB: 23/07/1965 CHI: 2307656057
Address: Flat 9C 305 Caledonia Road, Glasgow, G5 0JG

I am writing to you regarding the aforementioned client. As we have previously corresponded about, George is currently struggling with his medication not taking the majority of it however, is consenting to remain on his painkillers for his ongoing difficulties with his neck pain. George reported to me today that he was prescribed his painkillers in a monthly amount resulting in being given four large boxes from pharmacy and is feeling at risk of overdose due to having these pills in the house. George has agreed today to give these painkillers to his daughter and pick them up from her on a weekly basis for the short-term. I wonder if it would be possible to change George to a weekly script for his painkillers to reduce any risk around this? George is happy to attend the pharmacy on a weekly basis to collect these himself.

George also reports that he has had ongoing difficulties with his diabetic related wound on his right foot. He stated that due to bumping it the other day, it bled profusely and is now more open. George states that he has not been given a further follow-up appointment for this wound and is uncertain of why. I wonder if it would be possible for him to see your treatment room team again for this on-going issue. I will endeavour to continue to keep you updated with regards to George's care.

Yours sincerely,

Megan Cassidy
Occupational Therapist





Susanne Millar
Chief Officer

Our Ref: MC/CF
Job ID: 442056
Date: 22/09/2022

PRIVATE & CONFIDENTIAL

Dr LM McIntyre
The Gordon Practice
New Gorbals Health & Care Centre
2 Sandiefield Road
Glasgow
G5 9AB

Community Mental Health Team
Florence Street Clinic
26 Florence Street
Glasgow

G5 0YZ
0141 232 7000
www.nhsggc.org.uk

Dear Dr McIntyre

Re: George Finnie DOB: 23/07/1965 CHI: 2307656057
Address: Flat 9C 305 Caledonia Road, Glasgow, G5 0JG

Thank you for your additional supplementary information which we received on the 22nd September 2022.

I offered George an urgent appointment to be seen by myself, his keyworker on that day and a further appointment for the following week.

I do feel from your description this is consistent with the suicidality that George has continued to report to ourselves for the duration of the time he has been seeing the CMHT, however I am also worried about the lack of shift or improvement in George's mood over this time.

I would appreciate if you would continue to keep in touch with us in this manner as avoidance of medication is a prominent feature in George's presentation. Currently we have agreed that he seems to be passively undertaking a slow suicide via self-neglect in this regard, therefore we appreciate your support and communication around this matter.

Yours sincerely

Megan Cassidy
Occupational Therapist

Authorised on 22/09/2022 15:54:38 by Megan Cassidy.



Susanne Millar
Chief Officer

Our Ref: MC/CF
Job ID: 442053
Date: 22/09/2022

PRIVATE & CONFIDENTIAL

George Finnie
Flat 9C 305 Caledonia Road
Glasgow
G5 0JG

Community Mental Health Team
Florence Street Clinic
26 Florence Street
Glasgow

G5 0YZ
0141 232 7000
www.nhsggc.org.uk

Dear George

A follow up appointment has been made for you to be seen as follows:

Date: Thursday 29th September 2022
Time: 12pm
At: Florence St Resource Centre, 26 Florence St, Glasgow G5 0YZ

If this appointment is not suitable, please telephone the above number so alternative arrangements can be made.

Yours sincerely

Megan Cassidy
Occupational Therapist

Authorised on 22/09/2022 11:41:43 by Typist Carol Ferns, on behalf of Megan Cassidy.

Hospital use only	Clinic	Day Date	Time	Hospital No.
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REFERRAL LETTER**MEDICAL IN CONFIDENCE**

GGC Mental Health Referral Protocol - Glasgow (Glasgow, v20.5)

Additional Support Needs:
No known ASN requirements

REFERRAL TO	
Florence Street Resource Centre - CMHT Adult GGC Mental Health	— Consultant / receiving practitioner and/or specialty clinic
Community Mental Health Team - Adult SCI Gateway Virtual Location code	— Hospital and hospital address
	Hospital location code. G002G
	Email address -
Urgency of referral	Urgent - within 5 working days
Date of referral	Date sent
21-Sep-2022	21-Sep-2022

PATIENT DETAILS		Patient's address
Surname	FINNIE	FLAT 9C 305 CALEDONIA ROAD GLASGOW G5 0JG
Forename(s)	GEORGE	
Title	MR	
Sex	Male	
Date of birth	23-Jul-1965	
CHI no.	2307656057	Contact number(s)
Area of Residence	-	Voice: 07555 093796

101027472007K

Unique Care Pathway Number: 101027472007K

REGISTERED GP DETAILS		Practice address
Name	Dr. Lisa McIntyre	GORBALS HEALTH AND CARE CENTRE 2 SANDIEFIELD ROAD GLASGOW G5 9AB
GMC code	4440729	
GP code	09601	
Practice name	Dr Gordon & Partners	
Practice code	49604	
		Contact number(s)
		Voice: 01412015100

REFERRING GP DETAILS		Practice address
Name	Dr. Lisa McIntyre	New Gorbals Health & Care Centre 2 Sandiefield Road Glasgow G5 9AB
GMC code	4440729	
GP code	09601	
Practice name	The Gordon Practice (49604)	
Practice code	49604	
		Contact number(s)
		Voice: 0141 201 5100

CLINICAL INFORMATION**History of presenting complaint****Presenting complaint**

Description: Suicidal

Comment: Mr Finnie is a 57 year old gentleman known to yourself with insulin dependant diabetes and depression. Occupational therapy wrote to us recently to say that George has not been taking any of his medications for the past 8 months and we wrote to him regarding this. I had a chat to him today and he tells me that in fact he has not been taking anything for the past few weeks including his insulin, the reason for this is that he is suicidal and in fact in the past few days he has thought about driving his car head on into a wall. His only protective factor is his daughter aged 21 but he says he rarely see's her and in fact when he discussed with her recently she says if he is going to do it then he will do it and she cant do anything about it but she would miss him a lot. He assures me he will be able to hold on until I have arranged some urgent review for him. I have not been able to persuade him to re-start his antidepressants or any of his tablets in the meantime. I would greatly appreciate your urgent input for him.

Reason for referral

Care type requested: Out Patient

Expected outcome: Not Specified

Past medical history**Pre-existing conditions** (High & medium priority - all)

<u>Description</u>	<u>Comment</u>	<u>Modifier</u>	<u>Date of onset</u>	<u>Date recorded</u>
Essential hypertension	-	-	23-Mar-2020	23-Mar-2020
Stroke and cerebrovascular accident unspecified	[TRUNCATED]States last Friday (23rd August) was with daughter, started off with some tingling in lips and speech reported as slightly slurred, then had numbness in left arm and leg. Thought was anot	-	04-Sep-2019	04-Sep-2019
Cervical spinal stenosis	in a lot of pain weighing up pro/ cons operation 1 in 500 change of paralysis	-	22-May-2018	22-May-2018
[X]Depressive episode	Agree fluoxetine	First ever	01-Dec-2017	01-Dec-2017
[X]Depressive episode	[TRUNCATED]No improvement with increased dose of Fluoxetine, still having suicidal ideation, states sister has taken insulin away from him at times as worried he may overdose. Has considered this a	Continuing	06-Oct-2014	06-Oct-2014
[X]Depressive episode	-	Continuing	03-Dec-2012	03-Dec-2012
[X]Depressive episode	-	Continuing	20-Jul-2012	20-Jul-2012
[X]Depressive episode	-	First ever	30-May-2012	30-May-2012
[X]Depressive episode	-	Continuing	11-Mar-2011	11-Mar-2011
[X]Depressive episode	-	First ever	02-Oct-2009	02-Oct-2009
Type 2 diabetes mellitus	random sugar 13.9 - symptomatic - thirst and urinary frequency.	-	02-Feb-2007	02-Feb-2007

Family conditions (All priorities)

<u>Description</u>	<u>Comment</u>	<u>Date of Onset</u>
[V]Family history of ischaemic heart disease	DAD	01-Nov-2007

FH: CVA/stroke	Read code of condition: Cerebrovascular disease [G6...00].	29-Mar-2007
No family history diabetes	Read code of condition: Diabetes mellitus [C10..00].	29-Mar-2007
FH: Ischaemic heart dis. >60	START_DATE=19990419	27-Apr-1999

Current medication (Active Repeat medication issued within the last 12 months)

<u>Drug name</u>	<u>Quantity</u>	<u>Formulation</u>	<u>Dosage</u>	<u>Frequency</u>	<u>Date started</u>	<u>Date last issued</u>
Atorvastatin 80mg tablets	28	tablet	TAKE ONE DAILY FOR CHOLESTEROL	-	08-Nov-2010	25-Aug-2022
Lansoprazole 15mg gastro-resistant capsules	28	capsule	1 CAP DAILY	-	05-Oct-2016	25-Aug-2022
Metformin 1g modified-release tablets	56	tablet	1 TAB TWICE A DAY WITH MEALS	-	17-Sep-2010	25-Aug-2022
Duloxetine 30mg gastro-resistant capsules	28	capsule	TAKE ONE CAPSULE DAILY FOR NE [more]	-	27-Aug-2020	25-Aug-2022
Pregabalin 150mg capsules	56	capsule	ONE CAPSULE TWICE A DAY FOR N [more]	-	01-Apr-2020	25-Aug-2022
Co-codamol 30mg/500mg tablets	224	tablet	TAKE ONE OR TWO UP TO FOUR TI [more]	-	22-Jun-2022	13-Sep-2022
Empagliflozin 10mg tablets	28	tablet	1 TABLET ONCE DAILY FOR DIABETES	-	20-Jan-2017	25-Aug-2022
Clopidogrel 75mg tablets	28	tablet	1 TABLET(S) DAILY	-	23-Jan-2015	25-Aug-2022
Trazodone 50mg capsules	86	capsule	1 CAPSULE AT NIGHT FOR 1 WEEK [more]	-	09-Nov-2018	25-Aug-2022
Humalog KwikPen 200units/ml solution for injection 3ml pre-filled pens (Eli Lilly and Company Ltd)	5	pre-filled disposable injection	AS PER DIABETIC CLINIC	-	28-Sep-2018	13-Jan-2022
Bisoprolol 2.5mg tablets	28	tablet	1 TABLET DAILY FOR HEART	-	17-Aug-2018	25-Aug-2022
Dulaglutide 1.5mg/0.5ml solution for injection pre-filled disposable devices	4	pre-filled disposable injection	AS DIRECTED BY DSN	-	01-Sep-2016	13-Jan-2022
Tresiba FlexTouch 200units/ml solution for injection 3ml pre-filled pens (Novo Nordisk Ltd)	3	pre-filled disposable injection	TAKE AS DIRECTED BY DIABETIC CLINIC	-	27-Mar-2019	19-Aug-2022

Recent medication (Any medication issued within last 90 days not shown above)

<u>Drug name</u>	<u>Quantity</u>	<u>Formulation</u>	<u>Dosage</u>	<u>Frequency</u>	<u>Date started</u>	<u>Date last issued</u>
Canesten HC cream (Bayer Plc)	30	gram	APPLY TWICE DAILY	-	29-Aug-2022	29-Aug-2022
Atorvastatin 80mg tablets	28	tablet	TAKE ONE DAILY FOR CHOLESTEROL	-	08-Nov-2010	25-Aug-2022
Lansoprazole 15mg gastro-resistant capsules	28	capsule	1 CAP DAILY	-	05-Oct-2016	25-Aug-2022
Metformin 1g modified-release tablets	56	tablet	1 TAB TWICE A DAY WITH MEALS	-	17-Sep-2010	25-Aug-2022
Metoclopramide 10mg tablets	28	tablet	1 TABLET THREE TIMES A DAY FO[more]	-	20-Jul-2022	20-Jul-2022
Clarithromycin 250mg tablets	14	tablet	1 TABLET TWICE A DAY	-	20-Jul-2022	20-Jul-2022
Laxido Orange oral powder sachets sugar free (Galen Ltd)	30	sachet	ONE UP TO THREE TIMES A DAY F[more]	-	22-Jun-2022	22-Jun-2022

Co-codamol 30mg/500mg tablets	112	tablet	1-2 TABLETS UP TO FOUR TIMES [more]	-	02-Apr-2020	20-Jun-2022
Metformin 1g modified-release tablets	56	tablet	1 TAB TWICE A DAY WITH MEALS	-	17-Sep-2010	20-Jul-2022
Lansoprazole 15mg gastro-resistant capsules	28	capsule	1 CAP DAILY	-	05-Oct-2016	20-Jul-2022
Atorvastatin 80mg tablets	28	tablet	TAKE ONE DAILY FOR CHOLESTEROL	-	08-Nov-2010	20-Jul-2022
Peptac liquid aniseed (Teva UK Ltd)	500	ml	10 ML AFTER MEALS AND AT BEDTIME	-	13-Jun-2022	13-Jun-2022
Co-trimoxazole 160mg/800mg tablets	56	tablet	TAKE 1 TABLET EVERY 12 HOURS [more]	-	13-Jun-2022	13-Jun-2022
Pregabalin 150mg capsules	56	capsule	ONE CAPSULE TWICE A DAY FOR N[more]	-	01-Apr-2020	20-Jul-2022
Atorvastatin 80mg tablets	28	tablet	TAKE ONE DAILY FOR CHOLESTEROL	-	08-Nov-2010	17-Jun-2022
Lansoprazole 15mg gastro-resistant capsules	28	capsule	1 CAP DAILY	-	05-Oct-2016	17-Jun-2022
Metformin 1g modified-release tablets	56	tablet	1 TAB TWICE A DAY WITH MEALS	-	17-Sep-2010	17-Jun-2022
Co-amoxiclav 500mg/125mg tablets	21	tablet	1 TABLET THREE TIMES A DAY FO[more]	-	05-May-2022	05-May-2022
Duloxetine 30mg gastro-resistant capsules	28	capsule	TAKE ONE CAPSULE DAILY FOR NE[more]	-	27-Aug-2020	17-Jun-2022
Metformin 1g modified-release tablets	56	tablet	1 TAB TWICE A DAY WITH MEALS	-	17-Sep-2010	20-May-2022
Lansoprazole 15mg gastro-resistant capsules	28	capsule	1 CAP DAILY	-	05-Oct-2016	20-May-2022
Atorvastatin 80mg tablets	28	tablet	TAKE ONE DAILY FOR CHOLESTEROL	-	08-Nov-2010	20-May-2022
Atorvastatin 80mg tablets	28	tablet	TAKE ONE DAILY FOR CHOLESTEROL	-	08-Nov-2010	22-Apr-2022
Lansoprazole 15mg gastro-resistant capsules	28	capsule	1 CAP DAILY	-	05-Oct-2016	22-Apr-2022
Metformin 1g modified-release tablets	56	tablet	1 TAB TWICE A DAY WITH MEALS	-	17-Sep-2010	22-Apr-2022
Co-codamol 30mg/500mg tablets	112	tablet	1-2 TABS UP TO FOUR TIMES DAI[more]	-	02-Apr-2020	20-May-2022
Pregabalin 150mg capsules	56	capsule	ONE CAPSULE TWICE A DAY FOR N[more]	-	01-Apr-2020	22-Apr-2022
Trazodone 50mg capsules	86	capsule	1 CAPSULE AT NIGHT FOR 1 WEEK[more]	-	09-Nov-2018	20-May-2022
Empagliflozin 10mg tablets	28	tablet	1 TABLET ONCE DAILY FOR DIABETES	-	20-Jan-2017	20-May-2022
Clopidogrel 75mg tablets	28	tablet	1 TABLET(S) DAILY	-	23-Jan-2015	20-May-2022

Blood Pressure

<u>Date Recorded</u>	<u>Systolic</u>	<u>Diastolic</u>
11-Aug-2022	117	75
11-Aug-2022	117	75
07-Jul-2022	136	87

Body Measurements

<u>Date Recorded</u>	<u>Height</u>	<u>Weight</u>	<u>BMI</u>
11-Aug-2022	1.77	110.6	35.3
17-Jun-2021	1.77	113	36
18-Sep-2020	1.77	118	37.6

Lifestyle Risks and Alerts / Examinations and Investigations

<u>Description/Question</u>	<u>Result/Comment</u>	<u>Date</u>
Never smoked tobacco:	Smoking status on date of event: Never smoked.	07-Jul-2022
Never smoked tobacco:	Smoking status on date of event: Never smoked.	26-May-2022
Never smoked tobacco:	Smoking status on date of event: Never smoked.	04-Apr-2022
Never smoked tobacco:	Smoking status on date of event: Never smoked.	09-Aug-2021
Never smoked tobacco:	Smoking status on date of event: Never smoked.	13-Feb-2020
Teetotaler:	Drinking status on eventdate: Life teetotaler.	13-Feb-2020
Teetotaler:	Drinking status on eventdate: Life teetotaler.	04-Mar-2019
Teetotaler:	Drinking status on eventdate: Life teetotaler.	13-Feb-2018
Alcohol intake within recommended sensible limits:	Drinking status on eventdate: Current drinker.	12-Nov-2014
Drinks rarely:	Drinking status on eventdate: Current drinker, Units of alcohol drank per week: 0.	12-Nov-2014
GPPAQ physical activity index: active:	Walking but limited by neck pain	19-Feb-2020
Exercise grading:	Type of exercise: Gentle.	13-Feb-2020
GPPAQ physical activity index: active:		14-Mar-2019
Exercise grading:	Type of exercise: Gentle. NOTES: walks.	04-Mar-2019
Exercise grading:	Type of exercise: Vigorous.	13-Feb-2018
Clinical warnings		
Additional Support Needs		
No known ASN requirements		
Additional relevant information		
Risk of Suicide:Yes		
If yes to Risk of Suicide, please give details:As per letter		
Past history of suicide attempt:Yes		
If yes to Past history of suicide attempt, please give details:Yes OD he tells me		
Risk of deliberate self harm:No		
Is patient responsible for children?:No		
Risk to others including children/dependents/clinicians/other:No		
Risk from others:No		
Risk of Self Neglect:No		
OK to send correspondence to home address?:Yes		
Patient will accept any site:Yes		
Patient will accept cancellation or short notice appointment (within 1-6 days):Yes		
Referred By:Referring GP		
Electronic Attachment Present:No		

Signature of referring doctor (or other professional) Date



Susanne Millar
Chief Officer

Our Ref: MC/AB
Job ID: 100200717
Date: 05/09/2022

PRIVATE & CONFIDENTIAL

George Finnie
Flat 9C 305 Caledonia Road
Glasgow
G5 0JG

Mental Health
Florence Street Clinic
26 Florence Street
Glasgow

G5 0YZ
0141 232 7000
www.nhsggc.org.uk

Dear George,

Thank you for attending your appointment with myself today on the 1st of September 2022. As agreed, I am writing with the information on Men's Shed and I would also like to inform you that I have written to your GP regarding the medication situation and hope that they will be able to offer you an appointment very soon. Please continue to phone your GP and request an appointment if you do not hear from them before. The nearest Men's Shed to your home is operating in Govan and can be found at 31st Arngask Road, Glasgow, G51 4TR. The phone number is 0782 117 8255. It would appear from their website that the Men's Shed in Govan have undertaken a number of very interesting projects. If you would like to look at their website, this can be found at: www.mensshedgovan.online. I would suggest that you give them a wee phone and find out what's on that you could attend.

Wishing you all the best.

Yours sincerely,

Megan Cassidy
Occupational Therapist



Susanne Millar
Chief Officer

Our Ref: LC/AB
Job ID: 100200698
Date: 05/09/2022

PRIVATE & CONFIDENTIAL

Dr WA Best
The Gordon Practice
New Gorbals Health & Care Centre
2 Sandiefield Road
Glasgow
G5 9AB

Mental Health
Florence Street Clinic
26 Florence Street
Glasgow

G5 0YZ
0141 232 7000
www.nhsggc.org.uk

Dear Dr Best,

Re: George Finnie DOB: 23/07/1965 CHI: 2307656057
Address: Flat 9C 305 Caledonia Road, Glasgow, G5 0JG

I am writing to you in my role as George's keyworker at Florence Street Resource Centre. George disclosed to me that he has not been taking any of his medication including his diabetic medication for a history of approximately eight months and therefore has quite a significant stockpile as he has continued to pick this up from the pharmacy. George and I have come to an agreement about removing this stockpile from his home and we will make arrangements to safely return this medication to the pharmacy. I am concerned however, that with the eight month history of having stopped a number of his medications, he may be in need of urgent review. George reports to me that although he does not feel currently he can restart his diabetic medication, he may be willing to restart some oral tablets. George also reports that he has a lump on his left shoulder which he has shown to his local pharmacist and been advised to seek assessment at GP for. George is quite concerned about this lump and I would be grateful if this could also be discussed at an upcoming appointment with yourself. George has had some trouble reaching the surgery to make an appointment, I wonder if it would be possible to offer him a planned slot. I am grateful for your input as I know currently your resources are stretched.

Yours sincerely,

Megan Cassidy
Occupational Therapist



Susanne Millar
Chief Officer

Our Ref: MC/AB
Job ID: 100193061
Date: 18/08/2022

PRIVATE & CONFIDENTIAL

George Finnie
Flat 9C 305 Caledonia Road
Glasgow
G5 0JG

Community Mental Health Team
Florence Street Clinic
26 Florence Street
Glasgow

G5 0YZ
0141 232 7000
www.nhsggc.org.uk

Dear George,

A follow up appointment has been made for you to be seen as follows:

Date: Thursday 1st September 2022
Time: 9:30 am
Appointment with: Megan Cassidy
Location: Florence Street Resource Centre

If this appointment is not suitable, please telephone the above number so alternative arrangements can be made.

Yours sincerely,

Megan Cassidy
Occupational Therapist



Susanne Millar
Chief Officer

Our Ref: MC/mf
Job ID: 100172153
Date: 25/06/2022

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PIP
To Whom It May Concern
NFA

Mental Health
Florence Street Clinic
26 Florence Street
Glasgow

G5 0YZ
0141-303-8900232-7000 EXT:
www.nhs.gov.uk

Dear Sir/Madam

Re: George Finnie DOB: 23/07/1965 CHI: 2307656057
Address: Flat 9C 305 Caldedonia Road, Glasgow, G5 0JG

I am writing this letter of medical evidence in order to support Mr George Finnie in his application for PIP. I am George's Occupational Therapist based at Florence Street Mental Health Resource Centre and I am seeing George due to his current depressive episode. George has longstanding and significant difficulty and trauma and at times addiction through his life which have had a significant impact on his mental health.

George also has a significant number of physical health difficulties which are impacting on his abilities and daily life. He has carpal tunnel syndrome, significant arthritis, diabetes type II (insulin dependent) as well as a number of other physical health difficulties. Currently as a result of his many co-morbidities he has an open ulcer on his legs which has now been lingering for a number of months and due to poor healing is a significant risk for amputation of lower limb. George currently walks with a crutch and is in significant pain daily.

George has significant difficulties in preparing food and cooking. Currently he is existing on infrequent microwave meals and or tinned soup. As a result he has had significant weight loss over the last 12 months and this is also impacting his diabetes management. George's inability to prepare food/cook is due to a combination of his low mood and also pain. George is able to eat and drink independently, however is struggling with the motivation to do so. George has multiple health conditions which he needs to take an active role in managing, particularly his diabetes but has missed according to clinical portal a number of scans, MRIs etc. needed for follow up treatment of injury in his neck and other co-morbid conditions.

George is consistently becoming overwhelmed with appointments and is unable to manage his health conditions. George is complaint with some of his medication, however significantly he has felt too low in mood to be able to take his diabetes medication for approximately 1 year. This is having a significant negative impact on his health.



Susanne Millar
Chief Officer

In terms of washing and bathing George is struggling to do this currently due to the ulcer on his leg, he is in significant pain with his mobility, the carpal tunnel syndrome in his hands makes it more difficult for him to grip rails. George is therefore having to take an altered wash at the sink and is finding this highly difficult.

George is able to independently manage his toileting needs. George is able to dress and undress with some difficulty independently, the difficulty arises from his pain and motivation and there is many days where George will not be able to get dressed.

George can communicate verbally, however is very lacking of hope when it comes to engaging with services. George is able to understand and read signs, symbols and words. George's mood is so low that he is unable to socialise with other people and will frequently become irritable and or angry due to his difficulty with this.

George is struggling significantly with managing money and budgeting. Recently his power was shut off due to arrears despite him making efforts to agree payment plan. George has been referred for assistance in this area, however it is felt that this is due to George's general sense of having been overwhelmed.

George struggles to plan and follow journey's however he does use his mobility car to take his daughter to work approximately 2 days a week. Without the mobility car George has very limited mobility. He uses one crutch to mobilise, however this has been recently increasingly compromised by the ulcer on his leg which is not healing due to diabetes.

Should you require any further medical evidence I would be more than happy to discuss this with you and can be contact at Florence Street Resource Centre on the number above on Monday's and Thursday's.

Yours faithfully

Megan Cassidy
Occupational Therapist

Authorised on 14/07/2022 12:01:21 by Megan Cassidy.

(P) George Finnie
Flat 9C 305 Caldedonia Road
Glasgow
G5 0JG

Glasgow City Health and Social Care Partnership
Florence Street Resource Centre
26 Florence Street
Glasgow
G5 0YZ

www.glasgow.gov.uk
www.nhs.uk

Our Ref: 2307656057/MC/CF
Date Dictated: 25th May 2022
Date Typed: 26th May 2022

STRICTLY CONFIDENTIAL

Mr George Finnie
Flat 9C
305 Caledonia Road
Glasgow
G5 0JG

Dear George

Apologies for the previous letter offering you an appointment for Tuesday 7th June 2022 at 9.30am, this was an administrative mix up on my part and I apologise.

I would like to offer you an appointment as follows:

on: Thursday 9th June 2022

at: 11.30am

at: Florence St Resource Centre, 26 Florence St, Glasgow G5 0YZ

If this time is not suitable please contact me on the number below as soon as possible to rearrange.

Yours sincerely

Megan Cassidy
Occupational Therapist

If phoning please ask for Megan Cassidy
Tel 0141 232 7000



Susanne Millar
Chief Officer

Our Ref: MC/AB
Job ID: 100161223
Date: 25/05/2022

PRIVATE & CONFIDENTIAL

George Finnie
Flat 9C 305 Caldedonia Road
Glasgow
G5 0JG

Mental Health
Florence Street Clinic
26 Florence Street
Glasgow

G5 0YZ
0141 232 7000
www.nhsggc.org.uk

Dear George,

As you will be aware, you have been referred to our service for an outpatient consultation.

Arrangements have been made for you to be seen on:

Date: Tuesday 7th June 2022
Time: 9:30 am
Appointment with: Megan Cassidy
Location: Florence Street Resource Centre

If this appointment is not suitable, please telephone me on the above number so alternative arrangements can be made.

Please see enclosed leaflets about the service, your appointment and how the NHS protects your personal health information (available online at <http://www.nhsggc.org.uk/patients-and-visitors/faqs/data-protection-privacy/>).

Yours sincerely,

Megan Cassidy
Occupational Therapist

Authorised on 25/05/2022 11:17:41 by Typist Ashley Brown, on behalf of Megan Cassidy.

NHS Greater Glasgow & Clyde – Adult Mental Health Initial Assessment Tool

CHI No:	230 765 6057	Date:	
Surname:	Finnie	Date of Birth:	23-Jul-1965
First Name:	George	Gender:	M
Address & Post Code:	Flat 9C 305 Caldedonia Road Glasgow G5 0JG		
Phone No:	07555093796	Legal Status (MHA, AWI, Guardianship):	Informal
Ethnicity:	Patient ethnicity unknown	Nationality:	British
Consent to sharing info:	yes		
Communication needs:	English, verbal.		
Next of Kin / Carer contact details:			
	Carer contact details listed below:		

Alerts (history of violence, offending history)

Historical police involvement after being charged, then the charges were dropped, around a neighbour accusing George of using a fishing pole as a weapon when returning from Fishing trip with brother. George has a historically poor relationship with this neighbour and feels this has motivated the charges.

Reason for referral (referrer's reason[s] for requesting assessment)

Description: Low mood, suicidal but no current intent

Comment: Dear CMHT,

This poor chap was previously known to your team but disengaged from follow up.

His mood has slipped once again to the extent where he had stopped taking his diabetic injectable medications for close to 1 year. His sleep is poor, concentration poor, tearful and voicing feelings of 'not wanting to be here' although no firm or actual intent.

He is currently on trazodone and duloxetine.

He has agreed to restart his DM medication today and I would be grateful if he could be linked in for support regarding his mood once more and your opinion on his medications and whether we should consider changing/adjusting:

Many thanks,

Dr C McCrossan

Reason for attendance (Description of individuals main concerns, their perceptions of difficulties and hopes from the service)

NHS Greater Glasgow & Clyde – Adult Mental Health Initial Assessment Tool

George reported that he feels he would like to be able to speak with others, particularly his daughter with out 'flaring up' / creating a 'fall out.'
 Currently not taking diabetic medication. this has been the case for 'quite a few months.' Stated that would like to be able to feel in the place where he was able to take this again but was very doubtful and somewhat sanguin about this.
 Has very limmited hopes for the service.

Psychiatric history (previous/ongoing mental health problems, diagnoses and interventions, via GP or mental health services, and their impact; h/o self harm/attempted suicide; previous admission/detentions)

Reports that had an assesment in 2018, however was discharged after non-attendance. Notes on Emis show;

URGENT referral to Eastvale CMHT via SCI Gateway on 18/01/2016: "Severe depressive symptoms with occasional suicidal ideation".

Past Psychiatric History

URGENT referral by GP to Florence Street Clinic on 10/01/200: suicidal ideation related to break up from wife and bereavement. Did not subsequently engage with services. Discharged (letter dated 15/02/2000).

GP requested a further appointment for patient who again did not attend and was discharged (letter dated 09/03/2000).

GP referral dated 26/06/2000 mentions overdose attempt. Assessed by Dr Muir (letter dated 27/06/200). Assessment mentions alleged childhood abuse. Patient denied any suicidal ideation. "Mr Finnie appeared no more than mild to moderately depressed". Further assessment (letter dated 07/09/2000) by Dr Morrison: "The impression was of a gentleman struggling with angry and frustrated feelings in the aftermath of a split from his partner. He finds it difficult to think out solutions for his problems and instead, as his rage intensifies, he is prone to acting out behaviour". THERE WAS NO SENSE OF A DEPRESSIVE OR OTHER PSYCHIATRIC ILLNESS. I am not sure that psychiatry has anything in particular to offer this gentleman". Patient broke contact with service and was discharged (letter dated 10/10/2000).

URGENT referral from GP 03/12/2012. Suicidal ideation. Assessed by CPN's Margaret Gallagher and Christine Russell on 12/12/2012. "George had only mild depressive symptoms but had certainly felt suicidal. He is not presently suicidal and we did not feel that psychiatric input was appropriate. We discussed counselling at the Tom Allan Centre and he agreed to consider this option". Discharged.

URGENT referral to Eastvale 14/03/2013: suicidal ideation, had jumped into a river in Dumfries (shallow water). Referred on to Crisis Team. Discharged from them after assessment as they had no ongoing concerns (report dated 19/03/2013).

ROUTINE referral to Eastvale by GP received 09/10/2014. "Low mood and suicidal ideation". Assessed by CPN Kenny Russell on 19/11/2014. Assessment concludes "depressive symptoms non pervasive". Treatment recommendations were to signpost George to services regarding the alleged childhood abuse (he felt this had an ongoing effect on him) and patient was encouraged to find permanent housing

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(he was homeless by choice and moving between friends houses). Letter to GP dated 23/12/2014 asked GP to refer patient to Homeless Services rather than Eastvale if he required future psychiatric assessment, since patient does not reside in Eastvale's catchment area (friends he lodges with live in Glasgow) and he told us the address the GP uses for him is only a "mail drop" agreed by his ex-wife.

George reported at writers assessment that he had been homeless for 15 years, from 2008 until 2019. Stated that no one helped him during this time.

Medical history (prior/pre-existing/ongoing physical health problems, diagnoses and interventions and their impact)

George has diabetes type 2 and is insulin dependent. However George admit to not taking this medication for 'quite a few months.' Is aware of the danger related to this. Attended assessment with crutch- reported has foot injury, stated fracture of toes, stated is not healing well due to diabetes. Attended his GP independently for help with this prior MH assessment.

Reported has Carpel tunnel syndrome, was observed to be wearing two splints on hands at time of the assessment. Stated that is unable to undergo treatment due to risks around anesthetic / diabetes.

Reported CVA in 2007 and stated that this was on the left side of his brain. Stated that he has ongoing weakness in right side as a result of this.

Did not report at the time of the assessment however clear from notes that problems with alcohol addiction in the past.

Current medication details as given by individual (prescribed, over-the-counter, complementary, drug allergies)

Medication	Dose	Frequency	Duration	Response
co-codamol	30/500mg	1-2 x4 daily		
Atorvastatin	80mg	one daily		
Lansoprazole	15mg	one daily		
Metformin	1g	1 tab twice daily with meals		
Pregabalin	150mg	x2 daily		
Trazodone	50mg	1 nightly	1 week	
Duloxetine	30mg	1 Daily		
Bisoprolol	2.5 mg	1 Daily		
Clopidogrel	75mg	1 Daily		
Empagliflozin	10mg	1 Daily		
Glucoject lancets Plus	0.2mm/33 gauge			

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GlucoMen Areo Sensor Testing Strips GlucoMen areo Ketone Sensor Testing Strips 48106 Dulaglutide 1.5mg/0.5ml solution for injection pre-filled disposable devices Tresiba FlexTouch 200units/ML solution for injecting pre filled pens (Novo Nordisk Ltd) Humalog KwikPen 200units/ml solution for injection 3ml pre-filled pens (Eli Lilly and Company Ltd)				
Allergies:	None reported			
Dispensing frequency:	See referral for details.	Medication concordance:	Currently not taking.	
Family History (relationships; h/o MH problems, medical, substance use problems; h/o suicide)				
Yongest of 7 children, mum died at birth- Other children held resentment due to this. Dose not maintain any relashionship with in current day. Family history of heart disease as noted Dad left at hospital, picked up (days later) by Aunt [REDACTED] (had no children of her own) lived with until 6/7 years. Reports this 'was the best part of my life.' Dad remarried, insisted George return 'for the money.' Aunt and Geroge, 'heartbroken.' Reports abuse ++ in fathers house. Spoke breifly about being 'drownd, tied to things, stamped on, underfed, locked in room. Reports was forced to where a dress and sent to school, 'hummiating', 13 years old battered so badly ribs, jaw broken, multiple injurys- Police at this point stated dad could 'put over to them or go to jail.' Entered foster system. Visted a farm a number fo time, couple considring for long term foster, on final visit Foster family involved in fatel car accident, Foster father died on scean. Stated was sent to Jailsland with the 'troubled boys,' stated he was a 'CP' meaning there for care and protection. Left Foster care and became homeless in aprox 1 year. Traveled with carnivals. Met first wife [REDACTED] had daughter [REDACTED] Recently learned [REDACTED] is not his child via facebook. Struggling with this, relashionship severly altered. Becan working in the Arches as a Janitor, did this job for 12 years and loved it. Achived some stability, Met partner [REDACTED] who he is now split from but remains ammacable with. [REDACTED] has daughter [REDACTED] and shared daughter [REDACTED] [REDACTED] appears to be Georges only biological cild and is the stongest protective factor in his life. Was homeless on and off during this time. From notes also had				

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contact with services on a few occasions due to alcohol use. Reconnected with his abusive father approx 2001 when daughter born. Stated he was a doting and loving Grandfather- can't understand this.	
Personal History:	
<i>Childhood / development / relationships</i>	Significant trauma in childhood related to attachment regarding death of mum and rejection by Father and Siblings. Significant neglect and abuse relating to returning to father's home at approx 6 yr, suffering significant neglect, violence (however reports no sexual trauma) Limited opportunities in education relating to unstable home circumstance. Stated did not enjoy school. Significant homelessness over approx 15 years. Difficulties with Alcohol Eldest daughter [REDACTED] with first wife [REDACTED] now known not to be his biological daughter. Feels was forced out of job at Archway which he enjoyed and did for 12 years. Difficulties with health ongoing. Struggles to manage there. Strong relationship with youngest daughter [REDACTED] with ex-partner [REDACTED]
<i>Childhood trauma / neglect / abuse</i>	
<i>Education / employment</i>	
<i>Adult relationships</i>	
<i>Adult trauma / abuse / vulnerability</i>	
<i>Personal strengths / Hopes for the future</i>	
Current social circumstances:	
<i>Housing</i>	Housing has been an ongoing challenge in George's life. Currently he has his own Flat with housing association tenancy. Is unemployed however supports Ex partner [REDACTED] and Daughter [REDACTED] by frequently driving them to work in his mobility car. Identifies [REDACTED] as his most positive relationship and best support however stated that he will often lose his temper, cause fall outs and have arguments. Financially reported some difficulties with electric bill, especially given recent increase. Thinks about £1300 in arrears however has been in touch with them about this. States that over the past year has significantly lost weight, however does not know exactly. Account this to having 'stopped eating' however later clarified that he is eating a diet of mainly soup, bread and butter, fizzy juice and the occasional cake. Significant reduction from previous eating habits, agrees is not eating in line with advice re diabetes. Identified interests as Football and Fishing. However no longer fit enough to play football used to be goal
<i>Employment / Employability</i>	
<i>Finances</i>	
<i>Support</i>	
<i>Interests / current activities</i>	

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	keeper.			
Any children/ dependents under the age of 18?				
	Child 1	Child 2	Child 3	Child 4
Name				
Age				
Address if different:				
Child protection concerns/agencies involved:				
Impact of mental health on parenting and/or potential risk to children:				
No direct responsibility in child rearing currently. Stated that feels his emotional state can cause problems in there relationships.				
Description of functioning before current difficulties:				
Feels there has never really been a time in his life where he has not struggled in some way. Reports On / off suicidal thoughts as far as he can remember. These are mainly passive in content 'I don't want to be heard,' however have at times lead to suicide attempts. Stated previously tried to jump off bridge when in 30's, more recently (2 year's ago) tried to OD on diabetic injections and these were removed from him by daughter for a time.				
Substance use: (caffeine, alcohol, tobacco, non-prescribed drugs, novel psychoactive substances)				
<i>Pattern of current use</i>	Reports Sober currently			
<i>Impact on individual</i>	Significant impact however reluctant to discuss at appointment.			
<i>Previous history</i>	Previous Alcohol addiction			
Forensic history: (charges, fines, convictions, h/o violence)				
Reports has been charged once however no significant Forensic history.				
Legal issues: (driving, capacity, detention, vulnerability, other orders)				
N/a				
Individual expectation of service:				
Feels would like to 'be in the place' to take his diabetic medication again. Stated that is unsure if this is possible. Agree this is like a slow act of self harm / suicide. Stated that doubtful can be trusted with it again.				
Mental State Examination:				
<i>Appearance</i>	Casual dress of Joggers and outdoor jacket. Crutch and hand splints.			
<i>Behaviour</i>	Engaged in assessment well, despite expressing reluctance to engage appeared to find some benefit in sharing story as appointment ran long.			

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<i>Mood & Affect</i>	Stated was low, rated 4/10 on day of assessment
<i>Speech</i>	Normal in rate and tone
<i>Thought form</i>	No issues identified at time of assessment
<i>Thought content</i>	No issues identified at time of assessment
<i>Perceptions</i>	No perceptual abnormalities
<i>Cognition</i>	No cognitive difficulties
<i>Insight</i>	Limited insight into C-Ptsd. Longstanding distrust of services.
Carers / Next of Kin / others views, concerns and expectations from services	
Not collected at time of assessment.	
Additional notes:	

Summary

Name: FINNIE, George (Mr)	CHI: 230 765 6057
Summary of assessment (Key findings, relevant negatives, initial formulation considering predisposing, precipitating, perpetuating and protective factors)	
Significant trauma in childhood related to attachment regarding death of mum and rejection by Father and Siblings. Significant neglect and abuse relating to returning to fathers home at approx 6 yr, suffering significant neglect, violence (however reports no sexual trauma) Limited opportunities in education relating to unstable home circumstance. Stated did not enjoy school. Significant homelessness over approx 15 years. Difficulties with Alcohol Elderly daughter [REDACTED] with first wife [REDACTED] now known not to be his biological daughter. Feels was forced out of job at Archd which he enjoyed and did for 12 years. Difficulties with health ongoing. Struggles to manage there. Strong relationship with youngest daughter [REDACTED] with ex-partner [REDACTED] Drives to work almost daily. Approx 2 years prior attempted OD with Diabetic medication, has not taken reliably since despite a number of agreements that he will do so in this time, agrees element of self harm / suicidality in these actions. Feels can be trusted not to OD again, however just 'doesn't want to take it.' Some additional self neglect with regards to diet- reduced to soup, bread, butter, fizzy juice and 'sometimes a wee cake' but has resulted in ongoing weightloss. Mood, sleep, concentration and appetite all poor.	

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Overall impression of risk (<i>CRAFT to be completed separately</i>)			
Craft completed on emis. Longstanding suicidality, significant complex trauma background with little / no therapeutic intervention. Risk appears to be building due to length of time with no diabetic medication / poor diet.			
Immediate actions (<i>including information provided</i>)			
Info given re CMHT duty / crisis / OOH.			
Outcome of MDT discussion/ Treatment plan (<i>including follow up arrangements if relevant</i>)			
Primary Diagnosis:			
Any additional diagnoses:			
Suitable for psychological therapies (Y/N):			
Name:	Megan Cassidy	Designation:	OT
Signature:		Date:	27/04/22

Glasgow City Health and Social Care Partnership
Florence Street Resource Centre
26 Florence Street
Glasgow
G5 0YZ

www.glasgow.gov.uk
www.nhsgc.org.uk

Our Ref: 2307656057/MC/CF
Date Dictated: 17th March 2022
Date Typed: 17th March 2022

STRICTLY CONFIDENTIAL

Mr George Finnie
Flat 9C
305 Caledonia Road
Glasgow
G5 0JG

Dear George

Sorry you were unable to attend our assessment appointment as arranged on Thursday 10th March 2022.

I would like to offer you an opt-in appointment as follows:-

on: Thursday 7th April 2022

at: 10am

Venue: Florence St Resource Centre, 26 Florence St, Glasgow G5 0YZ

As this is an opt-in appointment if you do not attend we shall presume that you no longer wish to be assessed by our service and shall close the referral.

If you are unable to make the allocated appointment time please get in contact with us on the number below so that a suitable appointment can be arranged, however if you do not attend the appointment and do not let us know in advance the reason why then we will close your referral on this day.

Yours sincerely

Megan Cassidy
Occupational Therapist

If phoning or visiting, please ask for
Telephone 0141 232 7000

Glasgow City Health and Social Care Partnership
Florence Street Resource Centre
26 Florence Street
Glasgow
G5 0YZ

www.glasgow.gov.uk
www.nhsgc.org.uk

Our Ref: MC/CM
Your Ref: 230 765 6057

Date Dictated: 16/02/2022
Date Typed: 18/02/2022

STRICTLY CONFIDENTIAL

Mr George Finnie
Flat 9C
305 Caldedonia Road
Glasgow
G5 0JG

Dear George

I have made a number of attempts to contact you on the 16th February 2022 for a telephone assessment, however we do not have a phone number on record for yourself. If possible please contact Florence Street on 0141 232 7000 and provide reception with a phone number. This would be greatly appreciated. I would like to offer you a further assessment appointment as follows:

on: Thursday 10th March 2022
at: 10.00am
at: Florence Street Resource Centre

If this time is not suitable please contact me on the number below as soon as possible to rearrange.

Yours sincerely

Megan Cassidy
Occupational Therapist

If phoning please ask for Megan Cassidy
Tel 0141 232 7000

Referral History and Patient Alerts

Patient Details

CHI Number: 2307656057

PIMS Number: 1041144

Patient Name: George Finnie

Patient DOB: 23/07/1965

Patient Address: 65 Cruachan Road, Rutherglen, GLASGOW, Lanarkshire G73 5HH

Referrals

Referral Date	Referral Source	Referred By	Referred To	Referral Closure Date
18/01/2016	GP Referral	Dr. RJ MCGONIGLE	Eastvale Adult CMHT	08/08/2016
09/10/2014	GP Referral	Dr. WA BEST	Eastvale Adult CMHT	21/11/2014
08/10/2014	GP Referral	Dr. WA BEST	Gorbals Govanhill CMHT	08/10/2014
14/03/2013	CMHT- Resource Centre	Eastvale Adult CMHT	Crisis South	19/03/2013
04/12/2012	GP Referral	Dr. WA BEST	Eastvale Adult CMHT	13/03/2013
03/12/2012	GP Referral	Dr. WA BEST	Gorbals Govanhill CMHT	04/12/2012
23/02/2000	GP Referral	Dr. WA BEST	Gorbals Govanhill CMHT	10/12/2000

Referral History and Patient Alerts**Patient Details**

CHI Number: 2307656057

PIMS Number: 1041144

Patient Name: George Finnie

Patient DOB: 23/07/1965

Patient Address: 65 Cruachan Road, Rutherglen, GLASGOW, Lanarkshire G73 5HH

Current Alerts

Alert Category	Active From	Recorded By	Comments

Patient Identifiers

Identifier Type	Identifier	Start DateTime	End DateTime
Casenote No SOUTH	L/0114045	16/11/2000	05/12/2012
CHI Number	2307656057	10/05/2000	
New NHS Number	2307656057	01/12/2011	

Patient Casenote Volumes**Patient Details**

CHI Number: 2307656057

PIMS Number: 1041144

Patient Name: George Finnie

Patient DOB: 23/07/1965

Patient Address: 65 Cruachan Road, Rutherglen, GLASGOW, Lanarkshire G73 5HH

Casenote Volumes

Casenote Volume Identifier	Vol	Last Activity Start Date	Current Location
T/1041144/1	1	20/04/2017	Tracked in EMIS - Contact local health records department

Hospital use only	Clinic	Day Date	Time	Hospital No.
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REFERRAL LETTER**MEDICAL IN CONFIDENCE**

GGC Mental Health Referral Protocol - Glasgow (Glasgow, v17.0)

Additional Support Needs:
No known ASN requirements

REFERRAL TO

Florence Street Resource Centre - CMHT Adult
GGC Mental Health

— **Consultant / receiving practitioner and/or specialty clinic**

Community Mental Health Team - Adult
SCI Gateway Virtual Location code

— **Hospital and hospital address**

Hospital location code.

G002G

Email address

-

Urgency of referral

Routine

Date of referral

13-Jan-2022

Date sent

13-Jan-2022

PATIENT DETAILS

Surname

FINNIE

Forename(s)

GEORGE

Title

MR

Sex

Male

Date of birth

23-Jul-1965

CHI no.

2307656057

Area of Residence

-

Patient's address

FLAT 9C
305 CALEDONIA ROAD
GLASGOW
G5 0JG

Contact number(s)

-

1010252865848

Unique Care Pathway Number: 1010252865848

REGISTERED GP DETAILS

Name

Dr W Best

GMC code

3166839

GP code

04448

Practice name

Dr Gordon & Partners

Practice code

49604

Practice address

GORBALS HEALTH AND CARE CENTRE
2 SANDIEFIELD ROAD
GLASGOW
G5 9AB

Contact number(s)

Voice: 01412015100

REFERRING GP DETAILS

Name

Dr. Colin McCrossan

GMC code

6103261

GP code

08966

Practice name

The Gordon Practice (49604)

Practice code

49604

Practice address

New Gorbals Health & Care Centre
2 Sandiefield Road
Glasgow
G5 9AB

Contact number(s)

Voice: 0141 201 5100

CLINICAL INFORMATION**History of presenting complaint****Presenting complaint**

Description: Low mood, suicidal but no current intent

Comment: Dear CMHT,

This poor chap was previously known to your team but disengaged from follow up.

His mood has slipped once again to the extent where he had stopped taking his diabetic injectable medications for close to 1 year. His sleep is poor, concentration poor, tearful and voicing feelings of 'not wanting to be here' although no firm or actual intent.

He is currently on trazodone and duloxetine.

He has agreed to restart his DM medication today and I would be grateful if he could be linked in for support regarding his mood once more and your opinion on his medications and whether we should consider changing/adjusting.

Many thanks,

Dr C McCrossan

Reason for referral

Care type requested: Out Patient

Expected outcome: Not Specified

Past medical history**Pre-existing conditions** (High & medium priority - all)

<u>Description</u>	<u>Comment</u>	<u>Modifier</u>	<u>Date of onset</u>	<u>Date recorded</u>
Essential hypertension	-	-	23-Mar-2020	23-Mar-2020
Stroke and cerebrovascular accident unspecified	[TRUNCATED]States last Friday (23rd August) was with daughter, started off with some tingling in lips and speech reported as slightly slurred, then had numbness in left arm and leg. Thought was anot	-	04-Sep-2019	04-Sep-2019
Cervical spinal stenosis	in a lot of pain weighing up pro/ cons operation 1 in 500 change of paralysis	-	22-May-2018	22-May-2018
[X]Depressive episode	Agree fluoxetine	First ever	01-Dec-2017	01-Dec-2017
[X]Depressive episode	[TRUNCATED]No improvement with increased dose of Fluoxetine, still having suicidal ideation, states sister has taken insulin away from him at times as worried he may overdose. Has considered this a	Continuing	06-Oct-2014	06-Oct-2014
[X]Depressive episode	-	Continuing	03-Dec-2012	03-Dec-2012
[X]Depressive episode	-	Continuing	20-Jul-2012	20-Jul-2012
[X]Depressive episode	-	First ever	30-May-2012	30-May-2012
[X]Depressive episode	-	Continuing	11-Mar-2011	11-Mar-2011
[X]Depressive episode	-	First ever	02-Oct-2009	02-Oct-2009
Type 2 diabetes	random sugar 13.9 - symptomatic - thirst and urinary	-	02-Feb-	02-Feb-

mellitus	frequency.	2007	2007			
Family conditions (All priorities)						
Description	Comment	Date of Onset				
[V]Family history of ischaemic heart disease	DAD	01-Nov-2007				
FH: CVA/stroke	Read code of condition: Cerebrovascular disease [G6...00].	29-Mar-2007				
No family history diabetes	Read code of condition: Diabetes mellitus [C10..00].	29-Mar-2007				
FH: Ischaemic heart dis. >60	START_DATE=19990419	27-Apr-1999				
Current medication (Active Repeat medication issued within the last 12 months)						
Drug name	Quantity	Formulation	Dosage	Frequency	Date started	Date last issued
Co-codamol 30mg/500mg tablets	112	tablet	1-2 TABS UP TO FOUR TIMES DAI [more]	-	02-Apr-2020	23-Dec-2021
Atorvastatin 80mg tablets	28	tablet	TAKE ONE DAILY FOR CHOLESTEROL	-	08-Nov-2010	22-Dec-2021
Lansoprazole 15mg gastro-resistant capsules	28	capsule	1 CAP DAILY	-	05-Oct-2016	22-Dec-2021
Metformin 1g modified-release tablets	56	tablet	1 TAB TWICE A DAY WITH MEALS	-	17-Sep-2010	22-Dec-2021
Pregabalin 150mg capsules	56	capsule	ONE CAPSULE TWICE A DAY FOR N[more]	-	01-Apr-2020	22-Dec-2021
Trazodone 50mg capsules	86	capsule	1 CAPSULE AT NIGHT FOR 1 WEEK [more]	-	09-Nov-2018	22-Dec-2021
Duloxetine 30mg gastro-resistant capsules	28	capsule	TAKE ONE CAPSULE DAILY FOR NE [more]	-	27-Aug-2020	22-Dec-2021
Bisoprolol 2.5mg tablets	28	tablet	1 TABLET DAILY FOR HEART	-	17-Aug-2018	22-Dec-2021
Clopidogrel 75mg tablets	28	tablet	1 TABLET(S) DAILY	-	23-Jan-2015	22-Dec-2021
Empagliflozin 10mg tablets	28	tablet	1 TABLET ONCE DAILY FOR DIABETES	-	20-Jan-2017	22-Dec-2021
Glucosject lancets PLUS 0.2mm/33gauge (A. Menarini Diagnostics Ltd)	200	lancet	AS DIRECTED BY DIABETIC SPECI [more]	-	22-Feb-2021	25-Mar-2021
GlucosMen areo Sensor testing strips (A. Menarini Diagnostics Ltd)	200	strip	AS DIRECTED BY DIABETIC SPECI [more]	-	22-Feb-2021	22-Feb-2021
GlucosMen areo Ketone Sensor testing strips 48106 (A. Menarini Diagnostics Ltd)	20	strip	AS DIRECTED BY DIABETIC SPECI [more]	-	22-Feb-2021	25-Mar-2021
Dulaglutide 1.5mg/0.5ml solution for injection pre-filled disposable devices	4	pre-filled disposable injection	AS DIRECTED BY DSN	-	01-Sep-2016	25-Mar-2021
Tresiba FlexTouch 200units/ml solution for injection 3ml pre-filled pens (Novo Nordisk Ltd)	3	pre-filled disposable injection	TAKE AS DIRECTED BY DIABETIC CLINIC	-	27-Mar-2019	25-Mar-2021
Humalog KwikPen 200units/ml solution for injection 3ml pre-filled pens (Eli Lilly and Company Ltd)	5	pre-filled disposable injection	AS PER DIABETIC CLINIC	-	28-Sep-2018	25-Mar-2021
Recent medication (Any medication issued within last 90 days not shown above)						
Drug name	Quantity	Formulation	Dosage	Frequency	Date	Date last

					<u>started</u>	<u>issued</u>
Flucloxacillin 500mg capsules	56	capsule	2 CAPSULES FOUR TIMES A DAY F[more]	-	06-Jan-2022	06-Jan-2022
Seal-Tight limb protector foot/ankle CV27105 (Autono-Med Ltd)	1	device	AS DIRECTED	-	06-Jan-2022	06-Jan-2022
Lansoprazole 15mg gastro-resistant capsules	28	capsule	1 CAP DAILY IN THE EVENING (A[more]	-	31-Dec-2021	31-Dec-2021
Flexitol 25% Urea Heel Balm (Thornton & Ross Ltd)	75	gram	APPLY TO DRY SKIN ON FEET ONC[more]	-	31-Dec-2021	31-Dec-2021
Flexitol 10% Urea cream (Thornton & Ross Ltd)	150	gram	APPLY ONCE DAILY TO DRY SKIN [more]	-	31-Dec-2021	31-Dec-2021
Atorvastatin 80mg tablets	28	tablet	TAKE ONE DAILY FOR CHOLESTEROL	-	08-Nov-2010	22-Dec-2021
Lansoprazole 15mg gastro-resistant capsules	28	capsule	1 CAP DAILY	-	05-Oct-2016	22-Dec-2021
Metformin 1g modified-release tablets	56	tablet	1 TAB TWICE A DAY WITH MEALS	-	17-Sep-2010	22-Dec-2021
Laxido Orange oral powder sachets sugar free (Galen Ltd)	56	sachet	ONCE SACHET ONCE OR TWICE DAI[more]	-	08-Nov-2021	08-Nov-2021
Famotidine 40mg tablets	28	tablet	ONE TABLET DAILY INSTEAD OF L[more]	-	08-Nov-2021	08-Nov-2021
Metformin 1g modified-release tablets	56	tablet	1 TAB TWICE A DAY WITH MEALS	-	17-Sep-2010	26-Nov-2021
Lansoprazole 15mg gastro-resistant capsules	28	capsule	1 CAP DAILY	-	05-Oct-2016	26-Nov-2021
Atorvastatin 80mg tablets	28	tablet	TAKE ONE DAILY FOR CHOLESTEROL	-	08-Nov-2010	26-Nov-2021
Atorvastatin 80mg tablets	28	tablet	TAKE ONE DAILY FOR CHOLESTEROL	-	08-Nov-2010	29-Oct-2021
Lansoprazole 15mg gastro-resistant capsules	28	capsule	1 CAP DAILY	-	05-Oct-2016	29-Oct-2021
Metformin 1g modified-release tablets	56	tablet	1 TAB TWICE A DAY WITH MEALS	-	17-Sep-2010	29-Oct-2021
Clarithromycin 500mg tablets	14	tablet	ONE TABLET TWICE A DAY FOR ON[more]	-	09-Sep-2021	09-Sep-2021
Amoxicillin 500mg capsules	28	capsule	TWO CAPSULES TWICE A DAY FOR [more]	-	09-Sep-2021	09-Sep-2021
Omeprazole 20mg gastro-resistant capsules	56	capsule	1 CAPSULE DAILY FOR ONE WEEK [more]	-	09-Sep-2021	09-Sep-2021
Co-codamol 30mg/500mg tablets	112	tablet	1-2 TABS UP TO FOUR TIMES DAI[more]	-	02-Apr-2020	26-Nov-2021
Pregabalin 150mg capsules	56	capsule	ONE CAPSULE TWICE A DAY FOR N[more]	-	01-Apr-2020	29-Oct-2021
Metformin 1g modified-release tablets	56	tablet	1 TAB TWICE A DAY WITH MEALS	-	17-Sep-2010	08-Oct-2021
Lansoprazole 15mg gastro-resistant capsules	28	capsule	1 CAP DAILY	-	05-Oct-2016	08-Oct-2021
Atorvastatin 80mg tablets	28	tablet	TAKE ONE DAILY FOR CHOLESTEROL	-	08-Nov-2010	08-Oct-2021
Ibuprofen 5% gel	50	gram	APPLY THREE TIMES DAILY TO TH[more]	-	27-Aug-2021	27-Aug-2021
Duloxetine 30mg gastro-resistant capsules	28	capsule	TAKE ONE CAPSULE DAILY FOR NE[more]	-	27-Aug-2020	08-Oct-2021
Atorvastatin 80mg tablets	28	tablet	TAKE ONE DAILY FOR CHOLESTEROL	-	08-Nov-2010	03-Sep-2021
Lansoprazole 15mg gastro-resistant capsules	28	capsule	1 CAP DAILY	-	05-Oct-2016	03-Sep-2021
Metformin 1g modified-release tablets	56	tablet	1 TAB TWICE A DAY WITH MEALS	-	17-Sep-2010	03-Sep-2021
Co-codamol 30mg/500mg tablets	112	tablet	1-2 TABS UP TO FOUR TIMES DAI[more]	-	02-Apr-2020	03-Sep-2021

Metformin 1g modified-release tablets	56	tablet	1 TAB TWICE A DAY WITH MEALS	-	17-Sep-2010	05-Aug-2021
Lansoprazole 15mg gastro-resistant capsules	28	capsule	1 CAP DAILY	-	05-Oct-2016	05-Aug-2021
Atorvastatin 80mg tablets	28	tablet	TAKE ONE DAILY FOR CHOLESTEROL	-	08-Nov-2010	05-Aug-2021
Trazodone 50mg capsules	86	capsule	1 CAPSULE AT NIGHT FOR 1 WEEK[more]	-	09-Nov-2018	26-Nov-2021
Pregabalin 150mg capsules	56	capsule	ONE CAPSULE TWICE A DAY FOR N[more]	-	01-Apr-2020	05-Aug-2021
Bisoprolol 2.5mg tablets	28	tablet	1 TABLET DAILY FOR HEART	-	17-Aug-2018	29-Oct-2021

Blood Pressure

<u>Date Recorded</u>	<u>Systolic</u>	<u>Diastolic</u>
12-Jan-2021	124	88
11-Jan-2021	130	92
13-Feb-2020	110	80

Body Measurements

<u>Date Recorded</u>	<u>Height</u>	<u>Weight</u>	<u>BMI</u>
17-Jun-2021	1.77	113	36
18-Sep-2020	1.77	118	37.6
13-Feb-2020	1.77	117	37.3

Lifestyle Risks and Alerts / Examinations and Investigations

<u>Description/Question</u>	<u>Result/Comment</u>	<u>Date</u>
Never smoked tobacco:	Smoking status on date of event: Never smoked.	09-Aug-2021
Never smoked tobacco:	Smoking status on date of event: Never smoked.	13-Feb-2020
Never smoked tobacco:	Smoking status on date of event: Never smoked.	03-Dec-2019
Never smoked tobacco:	Smoking status on date of event: Never smoked.	14-Oct-2019
Never smoked tobacco:	Smoking status on date of event: Never smoked.	04-Mar-2019
Teetotaler:	Drinking status on eventdate: Life teetotaler.	13-Feb-2020
Teetotaler:	Drinking status on eventdate: Life teetotaler.	04-Mar-2019
Teetotaler:	Drinking status on eventdate: Life teetotaler.	13-Feb-2018
Alcohol intake within recommended sensible limits:	Drinking status on eventdate: Current drinker.	12-Nov-2014
Drinks rarely:	Drinking status on eventdate: Current drinker, Units of alcohol drank per week: 0.	12-Nov-2014
GPPAQ physical activity index: active:	Walking but limited by neck pain	19-Feb-2020
Exercise grading:	Type of exercise: Gentle.	13-Feb-2020
GPPAQ physical activity index: active:		14-Mar-2019
Exercise grading:	Type of exercise: Gentle. NOTES: walks.	04-Mar-2019
Exercise grading:	Type of exercise: Vigorous.	13-Feb-2018

Additional Support Needs

No known ASN requirements

Additional relevant information

Risk of Suicide:Yes

Past history of suicide attempt:Don't Know

Risk of deliberate self harm:Don't Know

Is patient responsible for children?:No

Risk to others including children/dependents/clinicians/other:No

Risk from others:No

Risk of Self Neglect:Yes

OK to send correspondence to home address?:Yes

Patient will accept any site:Yes

Patient will accept cancellation or short notice appointment (within 1-6 days):Yes

Referred By:Referring GP

Electronic Attachment Present:No

Signature of referring doctor (or other professional) Date

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Independent Assessment Services
 C/O DWP PIP (1)
 Mail Handling Site A
 WOLVERHAMPTON
 WV98 1AA

Eastvale Resource Centre
 130a Stonelaw Road
 Rutherglen
 G73 2PQ
 Tel: 0141 531 4117
 Fax: 0141 531 4107

Date: 26th March 2018
 Ref: KR/JG/9NC
 CHI: 230 765 6057

Dear Colleague

RE: George Finnie, 23/07/65, 65 Cruachan Road, Rutherglen, G73 5HH

Your ref: NL045321A

I have received a Request for Information from you regarding this patient. Unfortunately I am not in a position to assist with this. I last saw him on 03/08/2016 when he was referred to our Community Mental Health Team for assessment. I did not feel he was suffering from any mental illness when I seen him and discharged him from our service. [REDACTED]

Yours sincerely

Kenny Russell
Community Psychiatric Nurse

The information contained within this document is private and confidential and should not be disclosed, amended or copied to a third party without consultation with and consent of the author or deputy / head of department



CONFIDENTIAL

Dr McGonigle
 Gorbals Health Centre
 45 Pine Place
 Glasgow
 G5 0BQ

Eastvale Resource Centre
 130a Stonelaw Road
 Rutherglen
 G73 2PQ

Tel: 0141 531 4117
 Fax: 0141 531 4107

Date: 09 August 2016
 Ref: KR/MF/1041144
 CHI: 230 765 6057

Dear Dr McGonigle

Re: George Finnie 65 Cruachan Road, Rutherglen, Lanarkshire G73 5HH
CHI 2307656057

Further to my letter of 09/06/16 I have met with George again and the situation remains stable. His main concerns are worsening diabetes and ongoing transient ischaemic attacks. He is not presenting as depressed and there is no suicidal/self harm ideation. I have assisted him with his housing application forms and our Money Matters worker is helping him with his PIP application.

I had told George previously that I would be discharging him following today's appointment if the situation remained stable from a psychiatric viewpoint. My recommendation is that you refer him to the Richmond Fellowship Scotland (0141 643 9522) if he finds permanent accommodation in the Rutherglen/Cambuslang area. I do not feel that he needs Community Mental Health Team support. However, should the occasion arise that you think he does need CMHT support, may I suggest that you refer him to the team which covers the Bridgeton area. He is living between friend's houses there and uses the Jobcentre in Muslin Street as his mail address. The Cruachan Road G73 address he gave you is an "address of convenience" which he uses, his ex-wife's address. He told me today that he no longer wants her to be "part of the picture" following recent domestic squabbles which he says resulted in his daughter allegedly assaulting him and breaking his nose.

Yours sincerely

Kenny Russell
Community Psychiatric Nurse

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Liz Grigor
 South Lanarkshire Housing
 Cambuslang Gate
 27 Main Street
 Cambuslang
 G72 7EX

Eastvale Resource Centre
130a Stonelaw Road
Rutherglen
G73 2PQ

Tel: 0141 531 4117
Fax: 0141 531 4107

Date: 19 August 2016
 Ref: KR/MF/104144
 CHI: 2307656057

Dear Liz

MR GEORGE FINNIE 23/07/65
c/o/ DSS, Muslin Street, Bridgeton

Thank you for your recent telephone call regarding Mr Finnie's housing application. I am writing this letter to support his application and provide some background details.

Mr Finnie has been referred to mental health services at least 7 times since 2000 due to recurrent depression. His most recent referral to our Community Mental Health Team was from his GP on an URGENT basis for "severe depression with occasional suicidal ideation". His GP continues to treat him for depression. Despite this, on assessment I did not find any need for continued CMHT involvement. After helping George to move his housing application forward and to have his benefits checked I was happy to discharge him back to the care of his GP. I have suggested to his GP that he can refer him to the Richmond Fellowship for support should he move into our catchment area on a permanent basis.

Mr Finnie has reported to me that he has suffered a recent stroke and has ongoing transient ischaemic attacks and worsening diabetes. The referral from the GP did not mention any of this, so I cannot verify it. I would expect his GP could clarify this.

The referral from the GP was accepted by our team as it had an address in our catchment area: 65 Cruachan Road, Rutherglen, G73 5HH. George told me that this was "an address of convenience, a mail drop", and was actually his ex-wife's house. On our last meeting George (03/08/2016) told me he wanted nothing more to do with his ex-wife or their daughter (who he alleged had recently broken his nose) and that his address for correspondence is the DSS office in Muslin Street, Bridgeton, this having been a longstanding arrangement. In addition, he told me that he lives between friends house ("sofa hopping") in the Bridgeton area.

I have now discharged Mr Finnie from the Eastvale caseload.

/contd.

George Finnie 2307656057

2

19 August 2017

I enclose the Homefinder Application Form and Medical Assessment Form which I helped him to complete and which he was supposed to pick up along with a supporting letter from me, however he has not returned to collect it.

Yours sincerely

Kenny Russell
Community Psychiatric Nurse

Cc Dr RJ McGonigle
Gorbals Health Centre
45 Pine Place
Gorbals
Glasgow G5 0BQ

Enc.

Completed by patient

Eastvale Resource Centre

Surname: Finnie		Forename: George		Telephone: 07547495422	
Address: 65 Cruachan Road, Rutherglen, G73 5HH					
Religion:		Date of Birth: 23/07/1965		Sex: Male	
Marital Status: Divorced		Maiden Name:		No. of Children: 2	
Name of Child: [REDACTED]		Age: 14		Name of Child:	
Name of Child:		Age: Adult		Name of Child:	
Occupation:					
Next of Kin:		Relationship:		Telephone:	
Address:					
GP Name: Dr McGonigle		GP Phone Number:			
GP Address: Gorbals Health Centre, 45 Pine Place, Glasgow, G5 0BQ					
When did you last see your GP?					
Are you currently employed?		Yes ☐ No ☒			
Do you receive benefits?		Yes ☒ No ☐			
If Yes, what are they?					
Do you have contact with other services?		Yes ☐ No ☒			
If yes, please inform us what services (Social Work, Health Visitor, Probation Officer)					
Do you have any existing medical condition?		Yes ☒ No ☐			
If yes, please inform us what it is: Recent Stroke, Diabetes					
Do you have any allergies?		Yes ☐ No ☒			
If yes, please inform us what they are:					
Do you smoke?		Yes ☐ No ☒			
If yes, how many per day?					
Are you on medication?		Yes ☒ No ☐			
If yes, please inform us what medication you are on and how often do you take it: See GP Referral					

Completed by staff

Consent to Share Information?	Yes ☒	No ☐
Consent to Share Information with the family?	Yes ☐	No ☒
If yes, indicate who on Consent Form		
Do you Drink Alcohol?	Yes ☐	No ☒
SCORE: NEVER (0) <MONTHLY (1) MONTHLY(2) WEEKLY (3) DAILY OR ALMOST DAILY (4)		
MEN: How often do you have EIGHT or more drinks on one occasion?	(0) 1 2 3 4	
WOMEN: How often do you have SIX or more drinks on one occasion?	(0) 1 2 3 4	
How often in the last year have you been unable to remember what happened the night before due to drink?	(0) 1 2 3 4	
How often during the last year have you failed to do what was normally expected of you because of drinking?	(0) 1 2 3 4	
In the last year has a relative or friend, or a doctor or other health worker been concerned about your drinking or suggested you cut down?	(0) 1 2 3 4	
TOTAL FAST SCORE		0
Have you used drugs other than those required for medical reasons?	Yes	(No)
Have you abused prescription drugs?	Yes	(No)
Do you abuse more than one drug at a time?	Yes	(No)
Can you get through the week without using drugs?	(Yes)	No
Have you ever gone to anyone for help with your drug problem?	Yes	(No)
Record illicit Drugs NIL		
Do you have any current or outstanding charges or convictions against you?	Yes ☐	No ☒
If yes, what are they?		
Have you ever been in prison?	Yes ☐	No ☒
If yes, what was the reason? How long was the sentence?		
Does anyone in your family currently experience Mental Health difficulties?	Yes ☒	No ☐
If yes, who and what are their difficulties? Ex Wife -- Depression, Daughter -- "Anger Issues"		
Have you ever been referred to mental health services before?	Yes ☒	No ☐
If yes, where, when and for what reason? Numerous referrals for depression and "suicidality"		
Do you currently have any thoughts of self harm?	Yes ☐	No ☒
If yes, what are they?		
Have you ever self harmed in the past?	Yes ☒	No ☐
If yes, what did you do? Jumped off bridge into shallow water		

Do you currently have suicidal thoughts?	Yes ☐	No ☒
If yes, what are they?		
Do you have a plan?	Yes ☐	No ☒
If yes, what is it?		
What are the protective factors? Daughter hopes to find a permanent tenancy and make successful benefits claim.		
Have you ever attempted suicide in the past?	Yes ☐	No ☒
If yes, what method was used?		
Why do you feel you have been referred to the service? Depression and Anxiety related to recent stroke		
What are your expectations of the Service (what has helped you in the past)? 1) Secure Tenancy 2) Get benefits sorted		
Clinicians Impression/Summary: Psychosis, depression, substance misuse, anxiety, sexual abuse, bereavement, social problems, other (specify):		
URGENT referral to Eastvale CMHT via SCI Gateway on 18/01/2016: "Severe depressive symptoms with occasional suicidal ideation".		
Past Psychiatric History		
URGENT referral by GP to Florence Street Clinic on 10/01/200: suicidal ideation related to break up from wife and bereavement. Did not subsequently engage with services. Discharged (letter dated 15/02/2000). GP requested a further appointment for patient who again did not attend and was discharged (letter dated 09/03/2000).		
GP referral dated 26/06/2000 mentions overdose attempt. Assessed by Dr Muir (letter dated 27/06/200). Assessment mentions alleged childhood abuse. Patient denied any suicidal ideation. "Mr Finnie appeared no more than mild to moderately depressed". Further assessment (letter dated 07/09/2000) by Dr Morrison: "The impression was of a gentleman struggling with angry and frustrated feelings in the aftermath of a split from his partner. He finds it difficult to think out solutions for his problems and instead, as his rage intensifies, he is prone to acting out behaviour". THERE WAS NO SENSE OF A DEPRESSIVE OR OTHER PSYCHIATRIC ILLNESS. I am not sure that psychiatry has anything in particular to offer this gentleman". Patient broke contact with service and was discharged (letter dated 10/10/2000).		
URGENT referral from GP 03/12/2012. Suicidal ideation. Assessed by CPN's Margaret Gallagher and Christine Russell on 12/12/2012. "George had only mild depressive symptoms but had certainly felt suicidal. He is not presently suicidal and we did not feel that psychiatric input was appropriate. We discussed counselling at the Tom		

Allan Centre and he agreed to consider this option". Discharged.

URGENT referral to Eastvale 14/03/2013: suicidal ideation, had jumped into a river in Dumfries (shallow water). Referred on to Crisis Team. Discharged from them after assessment as they had no ongoing concerns (report dated 19/03/2013).

ROUTINE referral to Eastvale by GP received 09/10/14. "Low mood and suicidal ideation". Assessed by CPN Kenny Russell on 19/11/2014. Assessment concludes "depressive symptoms non pervasive". Treatment recommendations were to signpost George to services regarding the alleged childhood abuse (he felt this had an ongoing effect on him) and patient was encouraged to find permanent housing (he was homeless by choice and moving between friends houses). Letter to GP dated 23/12/2014 asked GP to refer patient to Homeless Services rather than Eastvale if he required future psychiatric assessment, since patient does not reside in Eastvale's catchment area (friends he lodges with live in Glasgow) and he told us the address the GP uses for him is only a "mail drop" agreed by his ex-wife.

Current Presentation

Assessed by author on 15/02/2016 at Eastvale.

Presented as casually smart. No evidence of neglect. Remains homeless, however is now interested in securing a tenancy in Rutherglen.

Patient described suffering a stroke in January 2015 (no mention of this in GP referral), "a life changing event" which required hospitalisation for 5 days in the Victoria Infirmary. George told me that he suffered damage to his left hemisphere and has ongoing lack of feeling in his right leg (knee to hip) which has caused him recent falls for which he has asked his GP for a walking stick. George told me he has regular (every 2 months) transient ischaemic attacks where his face goes "numb and tingly", these lasting between 5 minutes and 2 hours, and ongoing pain in the left pectoral area. George told me his GP is aware of these symptoms. George told me he is living his life in fear because he has been told that the stroke was "a warning" and that he is to expect a major stroke in the future. George denied having had any follow up by cardiologists or psychologists or physiotherapists associated with the cardiology team.

Further current stressors include 2 recent bereavements, cousins aged 40 and 54 years, from cancer.

Regarding suicidal / self harm ideation as mentioned in the GP referral. We discussed this at length. George described only occasional fleeting suicidal ideation, related to "no family contact since (he) turned 50". He denied any current intent or plan.

Protective factors included his desire to find a permanent tenancy and make a successful claim for Disability Living Allowance. There was evidence of forward planning in relation to these goals.

Patient currently remains technically homeless, living with friends in Calton and the Gorbals. He does not wish to be placed in a homeless hostel, preferring instead to make a normal housing application.

Regarding the "severe depressive symptoms" mentioned in the GP referral. There was no evidence of this at time of interview. Patient described a normal appetite ("when I'm not skint!") and sleep.

Patient's ex-wife [REDACTED] accompanied him to the appointment and joined us for the last 20 minutes of the 90 minute session. She described a different presentation from what I was seeing. With me George was pleasant and jocular and rapport was easily established. [REDACTED] She blames him for their daughter [REDACTED], aged 14, developing anger issues and avoiding school. She told me [REDACTED] is open to psychiatric services. She was vague on this and our

systems show no record of this. [REDACTED] told me that George regularly threatens her with threats of suicidal. She feels he needs help related to the previous alleged abuse.

Action Plan

This case was discussed at the Eastvale CMHT multidisciplinary / multi-agency team on 16/02/2015. The team were surprised we had accepted a referral for a homeless person and suggested I refer patient to the Disablement And Resettlement Team (DART). Unfortunately DART told me they only take referrals from inpatient services. There are no other homeless mental health services in our catchment area, however as patient is not currently mentally ill (the team agreed on this), this is academic.

Action Plan: I have taken the following steps, agreed by the Team:

1. I have phoned South Lanarkshire Housing who will send a housing application form to the address George uses for his mail drops.
2. I have made an appointment for George to see Money Matters regarding his benefits application.
3. I have filled in a bus pass application form for George and await him handing in a photo to accompany it.
4. I will see George once more to ensure the situation remains stable, then discharge him after signposting him (again) to services who can deal with the issue of alleged abuse. George was very clear that he wishes to deal with his accommodation and financial concerns before he deals with alleged abuse issues.

Risk Assessment Completed	Yes ☒	No ☐	HONOS Completed	Yes ☐	No ☐
Consent to Share Information	Yes ☒	No ☐	ICD10 Completed	Yes ☐	No ☐
Letter sent to GP	Yes ☒	No ☐			

Consultant:

Keyworker Name:

Name of person completing assessment:

Kenny Russell

Date of Assessment:

15 February 2016

Has the patient been involved in the assessment?

Yes ☒ No ☐

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Dr McGonigle
Gorbals Health Centre
45 Pine Place
GLASGOW
G5 0BQ

Eastvale Resource Centre
130a Stonelaw Road
Rutherglen
GLASGOW
G73 2PQ

Date: 09/06/16
Ref: KR/MF/1041114
CHI: 2307656057

Tel: 0141-531 4117
Fax: 0141-531 4107

Dear Dr McGonigle

RE: GEORGE FINNIE 23/07/65
CHI: 65 CRUACHAN ROAD, RUTHERGLEN, G73 5HH

Your above named patient was assessed at Eastvale Resource Centre.

The assessment was completed by Kenneth Russell.

Following this assessment, the case was discussed at our Multi-Disciplinary Team Meeting and we enclose a copy of our assessment and outcome.

If you have any queries regarding this, please get in touch with Eastvale Resource Centre.

Yours sincerely

Kenny Russell
Community Psychiatric Nurse

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Travelcard Unit
Buchanan Bus Station
10 Killermont Street
Glasgow
G2 3NW

**Eastvale Resource Centre
130a Stonelaw Road
Rutherglen
G73 2PQ**

**Tel: 0141 531 4117
Fax: 0141 531 4107**

**Date: 15 March 2016
Ref: KR/DG/1041144
CHI: 230 765 6057**

Dear Sir or Madam

**GEORGE FINNIE, DOB 23/07/1965
65 CRAUCHAN ROAD, RUTHERGLEN, GLASGOW, G73 5HH**

Please find enclosed completed NCT001 and NCT002 forms for Mr Finnie. I do not have a proof of address to enclose, so I would be grateful if you could accept this letter as my verification that the above is indeed George's address.

Thank you for your assistance.

Yours sincerely

**Kenny Russell
Community Psychiatric Nurse**

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Mr George Finnie
65 Cruachan Road,
Rutherglen,
GLASGOW,
Lanarkshire
G73 5HH

Eastvale Resource Centre
130a Stonelaw Road
Rutherglen
G73 2PQ

Tel: 0141 531 4117
Fax: 0141 531 4107

Date: 30 March 2016
Ref: KR/DG/1041144
CHI: 230 765 6057

Dear Mr Finnie

An appointment has been arranged for you and will take place:

On: Friday 15 April 2016
With: Kenny Russell, Community Psychiatric Nurse
At: Eastvale Resource Centre at 2pm

Should you be unable to attend this appointment we would ask that you contact the above named person and a further appointment may be issued to suit.

Yours sincerely

D Grimwood

On behalf of the Multi-Disciplinary Team

CONFIDENTIAL

Mr George Finnie
65 Cruachan Road
Rutherglen
GLASGOW
G73 5HH

Eastvale Resource Centre
130a Stonelaw Road
Rutherglen
GLASGOW
G73 2PQ

Date: 26 January 2016
Ref: KR/LM/1041144
CHI: 2307656057

Tel: 0141-531 4117
Fax: 0141-531 4107

Dear Mr Finnie

You have been referred to our service by Dr R McGonigle. An appointment has been arranged for you and will take place:

On: Monday 15 February 2016

With: Kenny Russell, Community Psychiatrist Nurse

At: 10am within Eastvale Resource Centre

Should you be unable to attend this appointment we would ask that you contact the above named person and a further appointment may be issued to suit.

Yours sincerely

L Mauchin

From and on behalf of
Kenny Russell
Community Psychiatric Nurse

C.c Dr R McGonigle, Gorbals Health Centre

Completed by patient

Eastvale Resource Centre

Surname: Finnie		Forename: George		Telephone: 07547495422	
Address: N/A					
Religion: Roman Catholic		Date of Birth: 23/07/65		Sex: Male	
Marital Status: Single		Maiden Name: N/A		No. of Children: 1	
Name of Child: [REDACTED]				Name of Child: Age:	
Name of Child:		Age:		Name of Child: Age:	
Occupation:					
Next of Kin: [REDACTED]		Relationship: Sister		Telephone:	
Address: [REDACTED]					
GP Name: Dr Best		GP Phone Number: 0141-531-8290			
GP Address: 45 Pine Street. Gorbals					
Are you currently employed? Yes ☐ No ☒					
Do you receive benefits? Yes ☒ No ☐					
If Yes, what are they? Sick Benefit					
Do you have contact with other services? Yes ☐ No ☒					
If yes, please inform us what services (Social Work, Health Visitor, Probation Officer)					
Do you have any existing medical condition? Yes ☒ No ☐					
If yes, please inform us what it is: Diabetic					
Do you have any allergies? Yes ☐ No ☒					
If yes, please inform us what they are:					
Do you smoke? Yes ☐ No ☒					
If yes, how many per day?					
Are you on medication? Yes ☒ No ☐					
If yes, please inform us what medication you are on and how often do you take it: Sertraline 50mgs, Atorvastatin 80 mgs, Metformin MR 1000 mgs					

Completed by staff

Consent to Share Information?	Yes ☒	No ☐
Consent to Share Information with the family?	Yes ☐	No ☒
If yes, indicate who on Consent Form		
Do you Drink Alcohol?	Yes ☐	No ☒
SCORE: NEVER (0) <MONTHLY (1) MONTHLY(2) WEEKLY (3) DAILY OR ALMOST DAILY (4)		
MEN: How often do you have EIGHT or more drinks on one occasion?	(0) 1 2 3 4	
WOMEN: How often do you have SIX or more drinks on one occasion?		
How often in the last year have you been unable to remember what happened the night before due to drink?	(0) 1 2 3 4	
How often during the last year have you failed to do what was normally expected of you because of drinking?	(0) 1 2 3 4	
In the last year has a relative or friend, or a doctor or other health worker been concerned about your drinking or suggested you cut down?	(0) 1 2 3 4	
TOTAL FAST SCORE		0
Have you used drugs other than those required for medical reasons?	Yes	(No)
Have you abused prescription drugs?	Yes	(No)
Do you abuse more than one drug at a time?	Yes	(No)
Can you get through the week without using drugs?	(Yes)	No
Have you ever gone to anyone for help with your drug problem?	Yes	(No)
Record illicit Drugs N/A		
Do you have any current or outstanding charges or convictions against you?	Yes ☐	No ☒
If yes, what are they?		
Have you ever been in prison?	Yes ☐	No ☒
If yes, what was the reason? How long was the sentence?		
Does anyone in your family currently experience Mental Health difficulties?	Yes ☐	No ☒
If yes, who and what are their difficulties?		
Have you ever been referred to mental health services before?	Yes ☒	No ☐
If yes, where, when and for what reason?		
2012 December and 2013 March for depressive symptoms with suicidal ideas		
Do you currently have any thoughts of self harm?	Yes ☒	No ☐
If yes, what are they?		
Bite his fingers		
Have you ever self harmed in the past?	Yes ☐	No ☒
If yes, what did you do?		

Do you currently have suicidal thoughts?	Yes ☒	No ☐
If yes, what are they?		
Fleeting suicidal ideation		
Do you have a plan?	Yes ☐	No ☒
If yes, what is it?		
What are the protective factors? Not sure but possibly 13 year old daughter		
Have you ever attempted suicide in the past?	Yes ☐	No ☒
If yes, what method was used?		
Why do you feel you have been referred to the service?		
For the depressive symptoms and the suicidal thoughts		
What are your expectations of the Service (what has helped you in the past)?		
Not any expectations. However would like to be housed before Christmas		
Clinicians Impression/Summary: Psychosis, depression, substance misuse, anxiety, sexual abuse, bereavement, social problems, other (specify): Depressive symptoms non pervasive. George is homeless and of no fixed abode at present, address on file is for his ex who will give his post and also support him. There is ongoing family avoidance and for that reason he will not declare himself homeless in Rutherglen as the local area has too much bad history and seeing his family will be an issue. He currently has nowhere to go at night and wanders the streets and sometimes feels like just calling it a day. George's sister now keeps his Insulin a he said if going to go through with suicide he would overdose on his Insulin. George's eating is okay and its not good enough for diabetes.		

Action Plan:

To get George signposted to services that will assist with the physical abuse as this is currently having an effect on him. George told to call to get assistance if he felt he had changed his mind about housing.

Risk Assessment Completed	Yes ☒	No ☐	HONOS Completed	Yes ☐	No ☒
Consent to Share Information	Yes ☒	No ☐	ICD10 Completed	Yes ☐	No ☒
Letter sent to GP	Yes ☒	No ☐			

Consultant:

Keyworker Name:

Kenny Russell (CPN)

Name of person completing assessment:

Ranga Nyamupanda (student nurse)

Date of Assessment:

19/11/14

Has the patient been involved in the assessment?

Yes ☒No ☐

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Eastvale Resource Centre
130a Stonelaw Road
Rutherglen
GLASGOW
G73 2PQ

Date: 23/12/14
Ref: KR/KB/T/1041144
CHI: 2307656057
Tel: 0141-531 4117
Fax: 0141-531 4107

Dr Best
Gorbals Health Centre
45 Pine Place
Glasgow
G5 0BQ

Dear Dr Best

GEORGE FINNIE DOB 23/07/65
65 CRUACHAN ROAD GLASGOW G73 5HH

Thank you for the referral to the service. George was seen on the 19/11/14 by Kenny Russell, CPN, and Ranga Nyamupanda, Student Nurse. Upon assessment there were no pervasive biological depressive symptoms, and no pervasive suicidal or self harm ideation. There were issues of homelessness and interpersonal problems with the family. George has been signposted to services that can offer support for the past physical abuse and he will be discharged from the service as there is no more that we can offer him.

Should you think that George needs to be referred to Mental Health Services in the future, I would suggest that you refer him to the Homeless Service. He was adamant that the address above is a "mail drop" only and that he does not live there.

Yours sincerely

Kenny Russell
Community Psychiatric Nurse

CONFIDENTIAL

Mr George Finnie
65 Cruachan Road
Rutherglen
GLASGOW
G73 5HH

Eastvale Resource Centre
130a Stonelaw Road
Rutherglen
GLASGOW
G73 2PQ

Date: 14 October 2014
Ref: KR/JG/LM/1041144
CHI: 2307656057

Tel: 0141-531 4117
Fax: 0141-531 4107

Dear Mr Finnie

You have been referred to our service by Dr J Simpson. An appointment has been arranged for you and will take place:

On: Wednesday 19th November 2014
**With: Kenny Russell Community Psychiatric Nurse and
Jen Gordon Community Psychiatric Nurse**
At: 11.30am within Eastvale Resource Centre

Should you be unable to attend this appointment we would ask that you contact the above named person and a further appointment may be issued to suit.

Yours sincerely

L Mauchin

On behalf of the Multi-disciplinary Team

C.c Dr J Simpson Gorbals Health Centre

**Glasgow City
Community Health Partnership
South Sector**

STRICTLY CONFIDENTIAL

Florence Street Resource Centre
26 Florence Street
Glasgow
G5 0YZ
Phone : 0141 232 7000
Fax.: 0141 232 7003

Dr Simpson

Gorbals Health Centre
45 Pine Place
G5 0BQ

Our Ref: AA/RA/1041144
Date Dictated: 08.10.2014
Date Typed: 08.10.2014

Dear Dr Simpson

RE: GEORGE FINNIE, 65 CRUACHAN ROAD GLASGOW G73 5HH
CHI: 230 765 6057 DOB: 23.07.1965

Many thanks for your recent referral dated the 8th October 2014, for the above named patient.

I write to inform you that we have forwarded this referral to our colleagues at Eastvale Resource Centre, as this comes within their catchment area.

I trust they will keep you informed.

Yours sincerely .

Anne Arthur
Acting Nurse Team Leader
Glasgow City CHP

cc Eastvale Resource Centre, 130A Stonelaw Road, Rutherglen, Glasgow, G73

FINNIE, GEORGE (MR)

Mental Health Partnership 2307656057

Clinical Notes

19/03/2013 17:00:00

TELEPHONE CALL TO GEORGE TO INFORM HIM THAT CRISIS HAVE NO PLANS TO VISIT HIM AT HOME. EASTVALE ARE AWARE OF HIS DISCHARGED. GEORGE HAPPY TO WAIT FOR COUNSELLING SERVICES AT THE TOM ALAN CENTRE. ADVISED GEORGE THAT HE SHOULD CONTACT HIS GP ANY FURTHER PROBLEMS.

Date/Time Seen

Recorded on 19/03/2013 17:01:56 by Sharon O'Hara

18/03/2013 14:00:00

George was assessed by writer and Crisis Practitioner S O'Hara. He reported having spent the weekend with his sister who is married to a traveller. He reported difficult family dynamics which include him being held responsible by his siblings for the death of his mother who died following giving birth to him. He has had an extremely troubled upbringing in care for part of his life. He also alleges that his father and stepmother physically and psychologically abused him. He referred to his partner as being his partner [REDACTED] and then said that he did not live in the house we were visiting. When asked to explain he said that he had split up with his partner but was unable to say when. He states that she is supportive and allows him to stay a couple of nights a week. The other nights he says he goes visiting or wandering the town. He reports his 12 year old daughter [REDACTED]. He describes a close relationship with her and quotes her as a protective factor. He has diabetes and ?angina. He described an impulsive act of attempted suicide whereby he jumped into the river whilst out with his brother in law. He said that it was too shallow and he hurt his ankle. He did not seek assistance from services at this time saying that he went home and had a cup of tea. He told staff that he is appealing his ESA at present. He has no current thoughts of suicide or self harm and told us that he could act on impulsive thought of suicide as soon as they left. Writer explained that anyone could and that each of us has to take responsibility for ourselves and our actions. He showed an old scar on his upper lower arm which was clearly old and faded. He seemed to be showing this for effect. We discussed at length the type of service which may be appropriate to meet his needs. He has an appointment for Tom Allan Centre for counselling in June which he was strongly advised to keep. Plan is to inform Eastvale MDT tomorrow that he has been discharged from our service and to ascertain if they have any further plans to see him.

Date/Time Seen

Recorded on 18/03/2013 18:58:43 by Donna Wright

18/03/2013 09:40:00

Date/Time Seen

Recorded on 18/03/2013 09:48:09 by Sharon O'Hara

15/03/2013 19:00:00

TELEPHONE CALL TO ARRANGED A FURTHER HOME VISIT, AS GEORGE NOT AT HOME THIS AFTERNOON. GEORGE DECLINED STATING THAT HE WAS WITH HIS SISTER. HOWEVER HE DID AGREE TO A HOME VISIT

ON MONDAY.

PLAN....H/V MONDAY 2PM

Date/Time Seen

Recorded on 17/03/2013 13:46:07 by Sharon O'Hara

Clinical Notes Janice Hood on 25/03/2013 1

15/03/2013 13:00:00

HOME VISIT FOR PURPOSE OF ASSESSMENT. GEORGE NOT AT HOME HIS PARTNER TOLD US HE WAS OUT.

INFROMED HER THAT WE WOULD CONTACT GEORGE THIS AFTERNOON AGAIN.

PLAN....TELEPHONE CONTACT PM 15/3/13

Date/Time Seen

Recorded on 15/03/2013 13:40:46 by Sharon O'Hara

14/03/2013 19:00:00

Telephone call this evening to arrange home visit at 1pm tomorrow. No answer no message left, Crisis will phone back tomorrow.

Date/Time Seen

Recorded on 14/03/2013 19:47:24 by Andrea Brennan

Clinical Notes Janice Hood on 25/03/2013 2

FINNIE, GEORGE (MR)

Mental Health Partnership 2307656057

Clinical Notes

19/03/2013 17:00:00

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Clinical Notes Janice Hood on 20/03/2013 2

Glasgow City
Community Health Partnership
South Sector

STRICTLY CONFIDENTIAL

Dr W Best
Gorbals Health Centre
45 Pine Place
GLASGOW
G5 0BQ

Florence Street Resource Centre
26 Florence Street
Glasgow
G5 0YZ
Phone : 0141 232 7000
Fax.: 0141 232 7003

Our Ref: 1041144 PK/SC
Date Dictated:
Date Typed: 04 12 12

Dear Dr Best

RE: **GEORGE FINNIE** **65 CRUACHAN ROAD, GLASGOW, G73 5HH**
DOB: 23/07/65 **CHI 2307656057**

Many thanks for your recent referral dated the, for the above named patient.

I write to inform you that we have forwarded this referral by fax to our colleagues at Eastvale Resource Centre, as comes within their catchment area.

I trust they will keep you informed.

Yours sincerely

Paul Kerr
Nurse Team Leader

cc Eastvale Resource Centre, 130A Stonelaw Road, Rutherglen, Glasgow, G73