

# Statement Addendum

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**Client Name:** Tracy Adams  
**Date of Birth:** 14/02/1989  
**Care Setting:** craigallie- clyde bank  
**Dates:** 2001  
**Persons Involved:**

## Full Statement

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Firstly, I was taken from my home, and I remember feeling extremely confused, frightened, and emotional. I did not understand what was happening to me or why I was being removed from my home. There was no empathy shown towards me at all, and no one took the time to help me understand what was going on. I was left feeling scared, alone, and completely overwhelmed by the situation.

When I arrived, I was sent to my room and was secluded a lot of the time. I spent long periods on my own with my thoughts, which made everything feel even worse. There was no help, no emotional support, and no one checking in on how I was coping. I felt isolated and abandoned, as though I had been placed somewhere I did not belong, with no care or understanding for how I was feeling.

While I was there, I was bullied by the older girls. They would pick on me, call me names, and make me feel small and worthless. This behaviour was allowed by the staff, who did nothing to stop it or protect me. I felt completely unsafe and unsupported. Instead of being cared for, I was left in an environment where I was constantly targeted and made to feel like I did not matter.

I was left alone to do my own thing most of the time, without proper supervision or guidance. My clothes would be stolen, and I would be picked on repeatedly. The name-calling and bullying became a constant part of my daily life. Because of this, I started leaving the school throughout the day, as I felt like I had nowhere safe to turn and no one to protect me.

It was during one of these times, when I had left, that I was sexually abused by a man who lived near the care home. I was with another girl at the time, and he sexually abused both of us. This was an extremely traumatic and terrifying experience that has stayed with me ever since. At the time, I felt powerless, scared, and completely vulnerable.

Eventually, a man came and helped me, and the abuser ran away. He was later caught by the police. However, I strongly believe that this would never have happened if I had been properly looked after and supervised within the care home. I should not have been able to leave so easily, and I should have been protected from harm.

Although the abuser was charged, the care home did nothing to support me or help me process what had

happened. They did not explain anything to me, they did not ask if I was okay, and they did not offer me any form of emotional support or care. It felt as though what had happened to me did not matter at all.

No one helped me, and I was left to deal with everything on my own. This had a very serious impact on my mental health. I was badly affected by what happened, and I struggled to cope with the trauma. I felt lost, alone, and completely unsupported.

The impact of these experiences has stayed with me into my life now. I continue to struggle with the emotional and psychological effects of what I went through. It has affected my ability to trust others, my sense of safety, and my overall mental wellbeing. I often feel anxious, overwhelmed, and affected by the memories of what happened.

The way I was treated, and the lack of care, protection, and support I received, has had a lasting effect on me. I felt like no one cared about what had happened to me, and that feeling of being ignored and unsupported has stayed with me. I still carry that sense of loss, confusion, and emotional pain, and it continues to impact my life today I WAS SUFFERING HERE FOR SHORT OF A YEAR HERE AND THEN THEY MOVED ME CARE HOMES WHILST THE COURT CASE WAS ON GOING THEY KEPT ME FOR 3 DATS IN POLICE STTION WHILST MOVING ME FOR NO REASON