GRATTON, Leon

Date of Birth 17-Mar-1975 (45y)

CHI Number 170 375 1191

Gender Male

Continuous Care Notes (CPN) (Contact Record)

Centre of Care CPNs SEMI

Status Closed

Date of Activity 07 December 2016 15:00 by Brian Duffy

Form Items

Details

1. Contact type

Home visit

2. Status of contact

Routine

3. Duration of contact

30 minutes - 1 hour

4. Summary of contact

short home visit today , Leon had attempted to call the cpn early today . called round at 1500 his skin has deteriorated again over past 10 days , his house was once again untidy ,a lot of dead skin on the floor and carpets . CPN help with some hovering and suggested a plan to clean up a little this evening .

5. Contact outcome

Not recorded

6. Attendance

Not recorded

GRATTON, Leon

Date of Birth 17-Mar-1975 (45y)

CHI Number 170 375 1191

Gender Male

Continuous Care Notes (CPN) (Contact Record)

Centre of Care CPNs SEMI

Status Closed

Date of Activity 13 December 2016 13:32 by Brian Duffy

Form Items

Details

1. Contact type

1:1 Intervention

2. Status of contact

Routine

3. Duration of contact

1 - 2 hours

4. Summary of contact

Collect Leon from home to attend his dermatology appointment at st Andrews hospital , attended appointment antihistamines prescribed along with steroid creams . Leon was a poor historian while being asked about his home treatment and application of his creams , cpn had to interject several times explaining how negative symptoms and positive symptoms are stopping him from treating himself on a regular basis .In fact he had ran out of all his creams for almost a week , had creams to collect but did not go to pharmacy to collect , cpn eventually picked them up . Leon will be seen at the end of January if skin is not improved then will look to start on UV light therapy

5. Contact outcome

Continue assessment at next session

6. Attendance

Review - Attend

GRATTON, Leon

Date of Birth 17-Mar-1975 (45y)

CHI Number 170 375 1191

Gender Male

Continuous Care Notes (CPN) (Contact Record)

Centre of Care CPNs SEMI

Status Closed

Date of Activity 05 January 2017 17:00 by Brian Duffy

Form Items

Details

1. Contact type

Home visit

2. Status of contact

Routine

3. Duration of contact

Less than 30 minutes

4. Summary of contact

short visit today , Leon was about to go into the bath , His skin is looking much better following the intensive care from his mother over the Christmas period . Is running out of his creams and cannot find his repeat prescription , cpn has written out a list of his creams and handed it into GP this afternoon , will need to phone tomorrow to make a GP appointment to look at the skin on his feet which his mother is concerned about. Leon also said he thinks DR Olley is going to take him off his clozaril due to a raised pulse on his recent ECG test , GP is reluctant to consider a beta-blocker at the moment due to his poor physical state .

5. Contact outcome

Continue assessment at next session

6. Attendance

Review - Attend

GRATTON, Leon

Date of Birth 17-Mar-1975 (45y)

CHI Number 170 375 1191

Gender Male

Continuous Care Notes (CPN) (Contact Record)

Centre of Care CPNs SEMI

Status Closed

Date of Activity 10 January 2017 15:18 by Brian Duffy

Form Items

Details

1. Contact type

Home visit

2. Status of contact

Routine

3. Duration of contact

1 - 2 hours

4. Summary of contact

Home visit collected him and took him to Weston day hospital to have bloods taken for clozaril monitoring , also he has not collected his creams from the pharmacy which had been ordered last week . CPN collected creams then took leon home . has an app in two weeks to attend st Andrews dermatology clinic.

5. Contact outcome

Continue assessment at next session

6. Attendance

Review - Attend

RELEVANT EVIDENCE - see review schedule

GRATTON, Leon

Date of Birth 17-Mar-1975 (45y)

CHI Number 170 375 1191

Gender Male

Continuous Care Notes (CPN) (Contact Record)

Centre of Care CPNs SEMI

Status Closed

Date of Activity 24 January 2017 14:30 by Brian Duffy

Form Items

Details

1. Contact type

Community appointment

2. Status of contact

Routine

3. Duration of contact

1 - 2 hours

4. Summary of contact

Collected Leon from his house to take him to St Andrews Community Hospital for his dermatology outpatient appointment with Dr Daikin. After sitting down in the waiting room, Leon was told that Dr Daikin was running 30 minutes behind schedule. This created a lot of anxiety for Leon which resulted in him becoming very restless and wanting to reschedule the appointment as he felt this was too long to wait. After reassurance, Leon agreed to wait to be seen. Leon engaged well in conversation whilst in the waiting room and this helped distract Leon from his anxiety of waiting. When seen by Dr Daikin she advised Leon that he needs to use Fucibet cream on his skin twice daily as his skin is looking very red at present. She discussed with Leon the option of light therapy and Leon was keen to go ahead with this. Dr Daikin reminded Leon that once he starts the light therapy it is very important that he is consistent with attending 3 times per week as at each session the strength is increased, so if Leon was to miss a couple of sessions then they would need to go back to the start again with the lowered strength. The waiting time for light therapy is usually 4-6 weeks by Dr Daikin is going to put the referral through as urgent and someone will be in contact with Leon soon. Leon happy with the outcome of this. Request put in to GP for repeat prescription of fucibet cream. Leon has a clinic appointment at 3pm on 25/01/17 which CPN and student nurse will facilitate.

5. Contact outcome

Continue assessment at next session

6. Attendance

Review - Attend

GRATTON, Leon

Date of Birth 17-Mar-1975 (45y)

CHI Number 170 375 1191

Gender Male

Continuous Care Notes (CPN) (Contact Record)

Centre of Care CPNs SEMI

Status Closed

Date of Activity 01 February 2017 14:00 by Brian Duffy

Form Items

Details

1. Contact type

Home visit

2. Status of contact

Routine

3. Duration of contact

Less than 30 minutes

4. Summary of contact

Briefly visited Leon at home. Leon has received a letter regarding his first appointment for receiving light therapy. First appointment is on 14/02/17 @ 12pm.

5. Contact outcome

Continue assessment at next session

6. Attendance

Review - Attend

GRATTON, Leon

Date of Birth 17-Mar-1975 (45y)

CHI Number 170 375 1191

Gender Male

Continuous Care Notes (CPN) (Contact Record)

Centre of Care CPNs SEMI

Status Closed

Date of Activity 15 February 2017 09:01 by Brian Duffy

Form Items

Details

1. Contact type

1:1 Therapy session

2. Status of contact

Routine

3. Duration of contact

1 - 2 hours

4. Summary of contact

collected from home and taken to st andrews hospital for assessment and starting of Photo therapy . Staff bookeed him into have three sessions per week on a Monday , wednesday , Friday.for several weeks .

5. Contact outcome

Continue assessment at next session

6. Attendance

Review - Attend

GRATTON, Leon

Date of Birth 17-Mar-1975 (45y)

CHI Number 170 375 1191

Gender Male

Continuous Care Notes (CPN) (Contact Record)

Centre of Care CPNs SEMI

Status Closed

Date of Activity 20 February 2017 09:10 by Brian Duffy

Form Items

Details

1. Contact type

1:1 Therapy session

2. Status of contact

Routine

3. Duration of contact

1 - 2 hours

4. Summary of contact

Home visit ,collected from home at 0830 hours to attend photo therapy session at St Andrews hospital . To attend again wednesday morning.

5. Contact outcome

Continue assessment at next session

6. Attendance

Review - Attend

RELEVANT EVIDENCE - see review schedule

Staff Copy Printed 11/03/21

GRATTON, Leon

Date of Birth 17-Mar-1975 (45y)

CHI Number 170 375 1191

Gender Male

Continuous Care Notes (CPN) (Contact Record)

Centre of Care CPNs SEMI

Status Closed

Date of Activity 01 March 2017 10:19 by Brian Duffy

Form Items

Details

1. Contact type

Community appointment

2. Status of contact

Routine

3. Duration of contact

1 - 2 hours

4. Summary of contact

Leon has been attending for Photo Therapy on a Monday Wednesday and Friday . which started on the 15/2/17 . His cpn has been taking him to these appointments as he would be unable to attend on his own due to his psychosis and extreme anxiety and fear of going outside ,. Unfortunately as the time in the cubical increases he is becoming more anxious and on todays session he only managed 15 seconds instead of the 57 seconds he was to have . Each day the time increases by around 15 seconds which is something in his present state he is not able to cope with. Discussed with his key worker Trixi Heather today asking if she could speak to Dr Olley about the problem and ask if he would prescribe Diazepam 5mg to be taken an hour prior to treatment to help with his anxiety state . Also asked him to take some music to listen to while in the cubical .His mother has been in contact she is arranging for his bathroom to be decorated and a shower to be fitted in an attempt to promote better hygiene and more frequent washing to help with his psoriasis .Leon had no money at the end of last week this was because a former patient (Mr S Anderson) who lives close by has been borrowing money from him . Cpn is not keen for Leon to continue this friendship due to the other persons alcohol and drug taking activities, it appears leon is afraid of this man .Plan to continue visits on a Monday Wednesday Friday to take him to St Andrews hospital

5. Contact outcome

Continue assessment at next session

6. Attendance

Review - Attend

GRATTON, Leon

Date of Birth 17-Mar-1975 (45y)

CHI Number 170 375 1191

Gender Male

Continuous Care Notes (CPN) (Contact Record)

Centre of Care CPNs SEMI

Status Closed

Date of Activity 14 March 2017 17:13 by Brian Duffy

Form Items

Details

1. Contact type

Community appointment

2. Status of contact

Routine

3. Duration of contact

1 - 2 hours

4. Summary of contact

Leon continues to be taken to attend photo therapy at st Andrews on a Monday Wednesday and Friday morning , he has obtained a new supplies of creams last week . on the 13th of march Support worker Helen took him which appears to have gone well.Plan to continue with the PHOTO therapy

5. Contact outcome

Continue assessment at next session

6. Attendance

Review - Attend

GRATTON, Leon

Date of Birth 17-Mar-1975 (45y)

CHI Number 170 375 1191

Gender Male

Continuous Care Notes (CPN) (Contact Record)

Centre of Care CPNs SEMI

Status Closed

Date of Activity 17 March 2017 08:45 by Brian Duffy

Form Items

Details

1. Contact type

Community appointment

2. Status of contact

Routine

3. Duration of contact

1 - 2 hours

4. Summary of contact

attended for phototherapy session at ST Andrews hospital this morning, was waiting for cpn was up early as it was his birthday and his mother had called him to wish him happy birthday. Later today is getting picked up by his mothers partner and going over to spend a few days with them near Falkirk.

5. Contact outcome

Continue assessment at next session

6. Attendance

Review - Attend

GRATTON, Leon

Date of Birth 17-Mar-1975 (45y)

CHI Number 170 375 1191

Gender Male

Continuous Care Notes (CPN) (Contact Record)

Centre of Care CPNs SEMI

Status Closed

Date of Activity 20 March 2017 16:55 by Brian Duffy

Form Items

Details

1. Contact type

Community appointment

2. Status of contact

Routine

3. Duration of contact

1 - 2 hours

4. Summary of contact

Home visit to collect leon to take him for photo therapy session , also on return took him to back and then laundrette to pay an outstanding bill.

5. Contact outcome

Continue assessment at next session

6. Attendance

Review - Attend

GRATTON, Leon

Date of Birth 17-Mar-1975 (45y)

CHI Number 170 375 1191

Gender Male

Continuous Care Notes (CPN) (Contact Record)

Centre of Care CPNs SEMI

Status Closed

Date of Activity 21 March 2017 11:00 by Brian Duffy

Form Items

Details

1. Contact type

Community appointment

2. Status of contact

Routine

3. Duration of contact

1 - 2 hours

4. Summary of contact

home visit to take Leon for a review by the practice nurse , she will be referring him for a breathing assessment also prescribed more creams for his skin . Has lost weight since he was last seen at the practice year ago . Collected medication for two weeks from Weston day hospital along with his 6xdiazepam five mg to be used prior to photo therapy.

5. Contact outcome

Continue assessment at next session

6. Attendance

Review - Attend

GRATTON, Leon

Date of Birth 17-Mar-1975 (45y)

CHI Number 170 375 1191

Gender Male

Continuous Care Notes (CPN) (Contact Record)

Centre of Care CPNs SEMI

Status Closed

Date of Activity 22 March 2017 08:47 by Brian Duffy

Form Items

Details

1. Contact type

Home visit

2. Status of contact

Routine

3. Duration of contact

1 - 2 hours

4. Summary of contact

home visit , collected and taken for photo therapy , increased his time to 54 seconds . still having a fellow patient mr s Anderson visiting him and borrowing money have suggested that it is not a good idea to be lending money and he should seek assistance to stop this , he is not keen as he says he likes the company (unsure if this is true)

5. Contact outcome

Continue assessment at next session

6. Attendance

Review - Attend

GRATTON, Leon

Date of Birth 17-Mar-1975 (45y)

CHI Number 170 375 1191

Gender Male

Continuous Care Notes (CPN) (Contact Record)

Centre of Care CPNs SEMI

Status Closed

Date of Activity 27 March 2017 08:52 by Brian Duffy

Form Items

Details

1. Contact type

Home visit

2. Status of contact

Routine

3. Duration of contact

1 - 2 hours

4. Summary of contact

Home visit then off to st Andrews for his photo therapy , on way back stopped in cupar to collect his money , still very anxious while out accepts that by going out with cpn three times per week for photo therapy is also helping him work on his fear of going outside,

5. Contact outcome

Continue assessment at next session

6. Attendance

Review - Attend

GRATTON, Leon

Date of Birth 17-Mar-1975 (45y)

CHI Number 170 375 1191

Gender Male

Continuous Care Notes (CPN) (Contact Record)

Centre of Care CPNs SEMI

Status Closed

Date of Activity 28 March 2017 17:07 by Brian Duffy

Form Items

Details

1. Contact type

Home visit

2. Status of contact

Routine

3. Duration of contact

Less than 30 minutes

4. Summary of contact

collected Leon's creams and ventolin inhaler and delivered it to him at home , Leon was still asleep when we arrived at his home but did manage to get out of bed , still very anxious and paranoid .

5. Contact outcome

Continue assessment at next session

6. Attendance

Review - Attend

GRATTON, Leon

Date of Birth 17-Mar-1975 (45y)

CHI Number 170 375 1191

Gender Male

Continuous Care Notes (CPN) (Contact Record)

Centre of Care CPNs SEMI

Status Closed

Date of Activity 05 April 2017 13:07 by Brian Duffy

Form Items

Details

1. Contact type

Community appointment

2. Status of contact

Routine

3. Duration of contact

1 - 2 hours

4. Summary of contact

Continue to take Leon to his Photo therapy on a Monday Wednesday and Friday mornings . also took him for a spirometry test at Adamson hospital on 5/4/17, result is he has to see his GP for a chest examination and possible chest x-ray , still very anxious while out attending appointments . Attended Weston day hospital on the 4th to have bloods for clozaril monitoring staff did not attempt bloods as his skin was very raw looking with his psoriasis , was taken the following day by cpn following photo therapy bloods taken after several failed attempts sample also taken for fasting blood glucose and cholesterol as requested by gp nurse team who had completed hi medical review ,.

5. Contact outcome

Continue assessment at next session

6. Attendance

Review - Attend

RELEVANT EVIDENCE - see review schedule

GRATTON, Leon

Date of Birth 17-Mar-1975 (45y)

CHI Number 170 375 1191

Gender Male

Continuous Care Notes (CPN) (Contact Record)

Centre of Care CPNs SEMI

Status Closed

Date of Activity 07 April 2017 09:00 by Brian Duffy

Form Items

Details

1. Contact type

Other

2. Status of contact

Routine

3. Duration of contact

1 - 2 hours

4. Summary of contact

Collected from home and taken to st Andrews hospital for photo therapy , still having some problems with a chap Mr S Anderson borrowing money from him on a weekly basis , Leon insists the man always pays him back and he is not to worried by this arrangement . CPN pointed out that he often is leaving himself short of money and this is creating stress which wont be helping his on-going battle with psoriasis . Mr Anderson is known to forensic psychiatry and has a drug and alcohol problem, leon has spent many years trying to stay clean however now has this chap calling weekly also chapping at his window through the small hour of the night , also asking to come to visit with alcohol .Have contacted the forensic team informing of cpn concerns .They have advised that Richmond fellowship should be advised not to visit if Mr Anderson is with leon .

5. Contact outcome

Continue assessment at next session

6. Attendance

Review - Attend

GRATTON, Leon

Date of Birth 17-Mar-1975 (45y)

CHI Number 170 375 1191

Gender Male

Continuous Care Notes (CPN) (Contact Record)

Centre of Care CPNs SEMI

Status Closed

Date of Activity 10 April 2017 12:25 by Brian Duffy

Form Items

Details

1. Contact type

Home visit

2. Status of contact

Routine

3. Duration of contact

1 - 2 hours

4. Summary of contact

Collected and taken to photo therapy session at ST Andrews hospital , collected repeat prescription for his creams in order he has enough to last over the Easter holiday , his mother will be collecting him from home and taking him home with her for the easter holiday. Phototherapy will restart on Wednesday the 19th April

5. Contact outcome

Continue assessment at next session

6. Attendance

Review - Attend

GRATTON, Leon

Date of Birth 17-Mar-1975 (45y)

CHI Number 170 375 1191

Gender Male

Continuous Care Notes (CPN) (Contact Record)

Centre of Care CPNs SEMI

Status Closed

Date of Activity 12 April 2017 08:50 by Brian Duffy

Form Items

Details

1. Contact type

Community appointment

2. Status of contact

Routine

3. Duration of contact

1 - 2 hours

4. Summary of contact

Collected from his home to attend photo therapy session at ST Andrews hospital , discussed the person who has been visiting him and the fact Richmond Fellowship have to leave if he turns up to visit or not visit if he is already their. Collected his prescriptions for his creams for treating his psoriasis and delivered them to him . His mother will be supervising his creams over the Easter holidays as he will be spending it with her and her partner. Photo therapy will restart on Wednesday 19th following the Easter holiday

5. Contact outcome

Continue assessment at next session

6. Attendance

Review - Attend

GRATTON, Leon

Date of Birth 17-Mar-1975 (45y)

CHI Number 170 375 1191

Gender Male

Continuous Care Notes (CPN) (Contact Record)

Centre of Care CPNs SEMI

Status Closed

Date of Activity 20 April 2017 17:22 by Brian Duffy

Form Items

Details

1. Contact type

Home visit

2. Status of contact

Routine

3. Duration of contact

1 - 2 hours

4. Summary of contact

continue to take Leon to attend his photo therapy at ST. Andrews hospital on Monday Wednesday and Friday each week , today collected him at 0810 hours to attend a Gp appointment to discuss his breathing problems ? asthma , during the consultation he spoke of having long term chest pain for many years and heart burn as a result Gp has requested he attend the Victoria hospital Kirkcaldy for an E .C.G also give a chest x-ray request card to have a chest x-ray . He plans to attend music group at Weston day hospital today .

5. Contact outcome

Continue assessment at next session

6. Attendance

Review - Attend

GRATTON, Leon

Date of Birth 17-Mar-1975 (45y)

CHI Number 170 375 1191

Gender Male

Continuous Care Notes (CPN) (Contact Record)

Centre of Care CPNs SEMI

Status Closed

Date of Activity 26 April 2017 09:29 by Brian Duffy

Form Items

Details

1. Contact type

Home visit

2. Status of contact

Routine

3. Duration of contact

1 - 2 hours

4. Summary of contact

Home visit taken for photo therapy in ST Andrews hospital, talking about MR Stewart Anderson who is due to pay him back borrowed money today. Is getting low on his creams for his psoriasis ,repeat prescription handed in to GP this morning. Still to get his ecg and chest x ray.

5. Contact outcome

Continue assessment at next session

6. Attendance

Review - Attend

GRATTON, Leon

Date of Birth 17-Mar-1975 (45y)

CHI Number 170 375 1191

Gender Male

Continuous Care Notes (CPN) (Contact Record)

Centre of Care CPNs SEMI

Status Closed

Date of Activity 03 May 2017 17:34 by Brian Duffy

Form Items

Details

1. Contact type

Home visit

2. Status of contact

Routine

3. Duration of contact

30 minutes - 1 hour

4. Summary of contact

Home visit to collect him to attend Photo therapy. Leon claims not to be well said he has vomited and his bowel motions are very loose , Photo therapy contacted and informed he would not be attending today nor Friday. some assistance given cleaning his bedroom , discussed the need to buy mattress protector for his bed . Has attended ceres centre for annual clozaril review.

5. Contact outcome

Continue assessment at next session

6. Attendance

Review - Attend

GRATTON, Leon

Date of Birth 17-Mar-1975 (45y)

CHI Number 170 375 1191

Gender Male

Continuous Care Notes (CPN) (Contact Record)

Centre of Care CPNs SEMI

Status Closed

Date of Activity 08 May 2017 17:49 by Brian Duffy

Form Items

Details

1. Contact type

Community appointment

2. Status of contact

Routine

3. Duration of contact

1 - 2 hours

4. Summary of contact

home visit collected and taken to st Andrews hospital for photo therapy, following photo therapy was dropped off at Weston day hospital for a one to one guitar lesson. Unfortunately he had very grubby clothes on ? he slept in these clothes and was somewhat smelling of body Oder . Staff from Weston have commented on his B O . Collected prescription and put it in to his gp as he is once again running out of creams for his psoriasis , he is still having regular visits from a Mr s Anderson and he was in the house during the short visit to collect his prescription.

5. Contact outcome

Continue assessment at next session

6. Attendance

Review - Attend

GRATTON, Leon

Date of Birth 17-Mar-1975 (45y)

CHI Number 170 375 1191

Gender Male

Continuous Care Notes (CPN) (Contact Record)

Centre of Care CPNs SEMI

Status Closed

Date of Activity 11 May 2017 13:36 by Brian Duffy

Form Items

Details

1. Contact type

Home visit

2. Status of contact

Routine

3. Duration of contact

Less than 30 minutes

4. Summary of contact

Home visit , Leon had ran out of creams yesterday but cpn were able to obtain some at yesterdays photo therapy session . repeat prescriptions had been put in to the GP on Monday morning however they appear to have no record of receiving them as a result an urgent prescription was requested .

5. Contact outcome

Continue treatment at next session

6. Attendance

Review - Attend

GRATTON, Leon

Date of Birth 17-Mar-1975 (45y)

CHI Number 170 375 1191

Gender Male

Continuous Care Notes (CPN) (Contact Record)

Centre of Care CPNs SEMI

Status Closed

Date of Activity 12 May 2017 11:05 by Brian Duffy

Form Items

Details

1. Contact type

Home visit

2. Status of contact

Routine

3. Duration of contact

1 - 2 hours

4. Summary of contact

home visit collected from home and taken to ST Andrews community hospital for photo therapy for his psoriasis then on to the Adamson hospital Cupar to have a chest X-Ray. Discussed the fact that his photo therapy would take a long time if he continues only accepting 54 seconds treatment, also discussed the possibility of having a dermatology admission to speed his treatment recovery. Doiscussed music group he appears to be enjoying the group .

5. Contact outcome

Continue assessment at next session

6. Attendance

Review - Attend

GRATTON, Leon

Date of Birth 17-Mar-1975 (45y)

CHI Number 170 375 1191

Gender Male

Continuous Care Notes (CPN) (Contact Record)

Centre of Care CPNs SEMI

Status Closed

Date of Activity 17 May 2017 13:31 by Brian Duffy

Form Items

Details

1. Contact type

Community appointment

2. Status of contact

Routine

3. Duration of contact

1 - 2 hours

4. Summary of contact

collected from home and taken to ST Andrews community hospital on Monday and again today Wednesday for photo therapy , following todays visit took Leon to Cupar town centre to collect his money from Richmond fellowship also put a prescription in to gp for creams for his psoriasis also asked if the prescription could be increase as he is running out each week.

5. Contact outcome

Continue assessment at next session

6. Attendance

Review - Attend

GRATTON, Leon

Date of Birth 17-Mar-1975 (45y)

CHI Number 170 375 1191

Gender Male

Continuous Care Notes (CPN) (Contact Record)

Centre of Care CPNs SEMI

Status Closed

Date of Activity 24 May 2017 10:07 by Brian Duffy

Form Items

Details

1. Contact type

Home visit

2. Status of contact

Routine

3. Duration of contact

1 - 2 hours

4. Summary of contact

home visit collected from home and taken to st Andrews hospital for photo therapy skin starting to improve , unfortunately no one can take him on the 26th due to staff meetings taking place . have arranged a gp appointment next week to discuss his chest x-ray and to obtain a ventolin inhaler . Obtained a further supply of creams for his skin

5. Contact outcome

Continue assessment at next session

6. Attendance

Review - Attend

GRATTON, Leon

Date of Birth 17-Mar-1975 (45y)

CHI Number 170 375 1191

Gender Male

Continuous Care Notes (CPN) (Contact Record)

Centre of Care CPNs SEMI

Status Closed

Date of Activity 19 June 2017 16:53 by Brian Duffy

Form Items

Details

1. Contact type

Home visit

2. Status of contact

Routine

3. Duration of contact

1 - 2 hours

4. Summary of contact

continue to take Leon to photo therapy on a Monday Wednesday Friday. had a cpa meeting last week and decision made to put in a cause for concern re a neighbour who is intimidating him , form completed and posted today .

5. Contact outcome

Continue assessment at next session

6. Attendance

Review - Attend

GRATTON, Leon

Date of Birth 17-Mar-1975 (45y)

CHI Number 170 375 1191

Gender Male

Continuous Care Notes (CPN) (Contact Record)

Centre of Care CPNs SEMI

Status Closed

Date of Activity 10 July 2017 17:17 by Brian Duffy

Form Items

Details

1. Contact type

Home visit

2. Status of contact

Routine

3. Duration of contact

1 - 2 hours

4. Summary of contact

Home visit , went for photo therapy in st Andrews , his skin has improved during his holiday with his mother who ensured his creams were applied rigorously along with a coarse of antibiotics which she made sure he took as prescribed . later took him to Cupar to collect his money as he needed to put an order in for food .

5. Contact outcome

Continue assessment at next session

6. Attendance

Review - Attend

GRATTON, Leon

Date of Birth 17-Mar-1975 (45y)

CHI Number 170 375 1191

Gender Male

Continuous Care Notes (CPN) (Contact Record)

Centre of Care CPNs SEMI

Status Closed

Date of Activity 31 July 2017 10:03 by Brian Duffy

Form Items

Details

1. Contact type

1:1 Intervention

2. Status of contact

Routine

3. Duration of contact

1 - 2 hours

4. Summary of contact

Continue to collect Mr Gratton from home on a Monday Wednesday and Friday morning take him to the photo therapy at st Andrews community hospital . two weekends ago he had to contact police to have a man removed from outside his house who was trying to gain entry to his house , this is the same man that a cause for concern unfortunately his cpn could not attend due to prior engagements . Unsure of the outcome of this meeting Mr Gratton feels nothing will be done .Leon was away last weekend spending time with his father who visited , both stayed in a hotel in Glenrothes Leon was impressed with the big breakfasts served .More creams ordered today request handed into surgery by cpn . Leon has also had another book printed which has cost him a lot of money , money he has now he has stopped smoking for two years . Discussed smoking today and the fact that he still at times wants to have a cigarette , cpn using the fact that he has money in the bank is able to pay his bills eat well and pursue his intrest as a motivating factor also the cost of cigarettes is now over £10 a packet Leon smoked 40 a day in the past ie £140 per week (£560 per month)

5. Contact outcome

Continue assessment at next session

6. Attendance

Review - Attend

GRATTON, Leon

Date of Birth 17-Mar-1975 (45y)

CHI Number 170 375 1191

Gender Male

Continuous Care Notes (CPN) (Contact Record)

Centre of Care CPNs SEMI

Status Closed

Date of Activity 07 August 2017 08:49 by Brian Duffy

Form Items

Details

1. Contact type

Home visit

2. Status of contact

Routine

3. Duration of contact

1 - 2 hours

4. Summary of contact

home visit , to take Leon to see his GP , fucibet cream prescribed and added to his repeat prescriptions , GP has had a look at his arms and leg re psoriasis , following being seen , was taken to ST Andrews Photo therapy ,then home , Leon is having some minor money problems due to his inability to go outside and use public transport which results in him using taxi toi cupar which is £16 round trip . the other week staff at Weston day hospital forgot to do a blood test and he had to return the following day costing him £32 for the two visits , he has been missing the music group as he has not enough money for taxis . Some weeks he spends £64 on attending appointments.

5. Contact outcome

Continue assessment at next session

6. Attendance

Review - Attend

GRATTON, Leon

Date of Birth 17-Mar-1975 (45y)

CHI Number 170 375 1191

Gender Male

Continuous Care Notes (CPN) (Contact Record)

Centre of Care CPNs SEMI

Status Closed

Date of Activity 14 August 2017 15:01 by Brian Duffy

Form Items

Details

1. Contact type

Daily report

2. Status of contact

Routine

3. Duration of contact

1 - 2 hours

4. Summary of contact

Continue to take Mr Gratton to his photo therapy in st Andrews hospital on Monday Wednesday and Friday mornings @0930 hours his skin has improved dramatically over the past two weeks ,have also ordered a months creams plus taken Leon to see his gp to have more cream prescribed , unfortunately his cpn will be on holiday for 2 weeks and be unable to transport him to appointments , fortunately cpn support worker will be able to take him to 2 appointment's each week during cpns holiday thus he will only miss one per week . Plan to try to continue with treatment as it appears to be having a positive effect on his mental state.

5. Contact outcome

Continue assessment at next session

6. Attendance

Review - Attend

GRATTON, Leon

Date of Birth 17-Mar-1975 (45y)

CHI Number 170 375 1191

Gender Male

Continuous Care Notes (CPN) (Contact Record)

Centre of Care CPNs SEMI

Status Closed

Date of Activity 16 August 2017 09:09 by Brian Duffy

Form Items

Details

1. Contact type

Home visit

2. Status of contact

Routine

3. Duration of contact

1 - 2 hours

4. Summary of contact

Home visit collected from home and taken for his photo therapy , arrangement have been made with the support worker Helen to take him twice per week instead of the three visits to take him to his photo therapy.

5. Contact outcome

Continue assessment at next session

6. Attendance

Review - Attend

GRATTON, Leon

Date of Birth 17-Mar-1975 (45y)

CHI Number 170 375 1191

Gender Male

Continuous Care Notes (CPN) (Contact Record)

Centre of Care CPNs SEMI

Status Closed

Date of Activity 13 September 2017 10:52 by Brian Duffy

Form Items

Details

1. Contact type

Community appointment

2. Status of contact

Routine

3. Duration of contact

1 - 2 hours

4. Summary of contact

Continue to take Leon to his Photo therapy appointments at St Andrews hospital from his home , taken on the 4th 6th 8th 11th and 13th of September , at todays appointment skin appears to have deteriorated and staff have arranged for Leon to be seen at outpatient clinic at 1430 hours on the 19 th of September in ST Andrews Hospital.Case also discussed with S/W stewart Brown re cause for concern which had been raised over attention of a local man Mr Anderson.

5. Contact outcome

Continue assessment at next session

6. Attendance

Review - Attend

GRATTON, Leon

Date of Birth 17-Mar-1975 (45y)

CHI Number 170 375 1191

Gender Male

Continuous Care Notes (CPN) (Contact Record)

Centre of Care CPNs SEMI

Status Closed

Date of Activity 19 September 2017 11:30 by Brian Duffy

Form Items

Details

1. Contact type

Home visit

2. Status of contact

Routine

3. Duration of contact

1 - 2 hours

4. Summary of contact

Collected Leon to take him to dermatology O/P appointment at ST Andrews Hospital (DR Dacan) he has had his photo therapy discontinued as he has had 79 treatments with limited success she discussed possibility of having him admitted for a week but Leon was not keen on this suggestion , decided to try a different cream and review him in two months time . The photo therapy wasn't thought to be a success partly due to his inability to stay in the cabinet for more than 107 seconds . +

5. Contact outcome

Continue assessment at next session

6. Attendance

Review - Attend

Staff Copy Printed 11/03/21

GRATTON, Leon

Date of Birth 17-Mar-1975 (45y)

CHI Number 170 375 1191

Gender Male

Continuous Care Notes (CPN) (Contact Record)

Centre of Care CPNs SEMI

Status Closed

Date of Activity 27 September 2017 16:42 by Brian Duffy

Form Items

Details

1. Contact type

Home visit

2. Status of contact

Routine

3. Duration of contact

Less than 30 minutes

4. Summary of contact

Home visit Leon has been away at his mothers for a week , his skin has improved again following his visits , it confirms that if leon has someone 24 hr for a week reminding him to use his creams his skin improves . He is no longer having photo therapy and has been prescribed a new cream to try non steroid prescribed by his dermatologist , prescription handed in to gp a week ago but leon has still to collect it from pharmacy ,he will do so on the 28th while he is in cupar for the music group. He reports that he and his mother have had a falling out over his latest plans to write another book and pay for it to be printed .

5. Contact outcome

Continue assessment at next session

6. Attendance

Review - Attend

GRATTON, Leon

Date of Birth 17-Mar-1975 (45y)

CHI Number 170 375 1191

Gender Male

Continuous Care Notes (CPN) (Contact Record)

Centre of Care CPNs SEMI

Status Closed

Date of Activity 13 October 2017 09:33 by Brian Duffy

Form Items

Details

1. Contact type

Home visit

2. Status of contact

Routine

3. Duration of contact

30 minutes - 1 hour

4. Summary of contact

Several visits today due to him not having date for his next dermatology appointment also he still hasn't picked up his prescription for a new non steroid based cream , cpn attempted to collect cream from pharmacy only to be told it had been dispensed , cpn then went to gp to obtain a new prescription . Luckily staff from the gp made several phone calls and the cream and script found at the pharmacy it appears it was a computer glitch ! his dermatology appointment is on 21/10/17 @ 1500 hrs .

5. Contact outcome

Continue assessment at next session

6. Attendance

Review - Attend

GRATTON, Leon

Date of Birth 17-Mar-1975 (45y)

CHI Number 170 375 1191

Gender Male

Continuous Care Notes (CPN) (Contact Record)

Centre of Care CPNs SEMI

Status Closed

Date of Activity 04 October 2017 09:08 by Brian Duffy

Form Items

Details

1. Contact type

Home visit

2. Status of contact

Routine

3. Duration of contact

Less than 30 minutes

4. Summary of contact

Home visit had two failed visits past few weeks , today he appears up beat his house apart from his bedroom is clean , his skin has once again deteriorated . CPN has taken a repeat prescription request for his creams as he is running out .

5. Contact outcome

Continue assessment at next session

6. Attendance

Review - Attend

RELEVANT EVIDENCE - see review schedule

GRATTON, Leon

Date of Birth 17-Mar-1975 (45y)

CHI Number 170 375 1191

Gender Male

Continuous Care Notes (CPN) (Contact Record)

Centre of Care CPNs SEMI

Status Closed

Date of Activity 07 November 2017 16:07 by Brian Duffy

Form Items

Details

1. Contact type

Home visit

2. Status of contact

Routine

3. Duration of contact

Less than 30 minutes

4. Summary of contact

Home visit to drop of medicated creams for his psoriasis , cpn had visited last week several times eventually he answered and was seen ,cpn discovered that he has not ordered any creams for over a month and was running out. Leon has a meeting at social work later this week with regards to a vulnerable patient report sent in several months ago. Discussed how the person who had been causing him distress hasn't been around recently it is leons belief the man S A is in hospital .On leaving Leons home the S A was in the street one door away from Leons home , Leon quickly locked his door . Earlier he discussed his upcoming dermatology appointment and discussed if he would consider a short admission to a dermatology ward to have his skin treated as has been suggested in the past but rejected in favour of light therapy which failed due to Leon not being able to have any more than 65 seconds in the light booth due to his agoraphobia /anxiety /poor mental state.

5. Contact outcome

Continue assessment at next session

6. Attendance

Review - Attend

GRATTON, Leon

Date of Birth 17-Mar-1975 (45y)

CHI Number 170 375 1191

Gender Male

Continuous Care Notes (CPN) (Contact Record)

Centre of Care CPNs SEMI

Status Closed

Date of Activity 10 November 2017 10:58 by Brian Duffy

Form Items

Details

1. Contact type

Other

2. Status of contact

Routine

3. Duration of contact

30 minutes - 1 hour

4. Summary of contact

Initial adult case conference took place in room 5 county buildings ,st Catherine street cupar ,fife,KY154TA. . At meeting discussion took place on whether a banning order for a Mr S Anderson should be sought ,also discussed the possibility of Leon moving to Cupar to try and avoid MR S Anderson.Plan to meet again in three months also to do a cpa meeting at the same time .

5. Contact outcome

Continue assessment at next session

6. Attendance

Review - Attend

GRATTON, Leon

Date of Birth 17-Mar-1975 (45y)

CHI Number 170 375 1191

Gender Male

Continuous Care Notes (CPN) (Contact Record)

Centre of Care CPNs SEMI

Status Closed

Date of Activity 21 November 2017 15:39 by Brian Duffy

Form Items

Details

1. Contact type

Contact from other agencies

2. Status of contact

Routine

3. Duration of contact

1 - 2 hours

4. Summary of contact

collected Leon from home to see Dr dacan dermatologist for assessment , she has recommended he be prescribed a coarse of flucloxacillin and fucibet(steroid) cream twice daily for a week along side his usual creams . She is asking if he can find out when his patch test date is as he doesn't appear to be able to find the appointment. Appointments contacted at Ninewells he is to attend @ 1500hrs on 4/12/17.

5. Contact outcome

Continue assessment at next session

6. Attendance

Review - Attend

GRATTON, Leon

Date of Birth 17-Mar-1975 (45y)

CHI Number 170 375 1191

Gender Male

Continuous Care Notes (CPN) (Contact Record)

Centre of Care CPNs SEMI

Status Closed

Date of Activity 10 January 2018 10:07 by Brian Duffy

GRATTON, Leon

Date of Birth 17-Mar-1975 (45y)

CHI Number 170 375 1191

Gender Male

Details

1. Contact type

Home visit

2. Status of contact

Routine

3. Duration of contact

2 - 3 hours

4. Summary of contact

home visit to collect Leon and take him to Adamson hospital for bloods to be taken for Clozaril monitoring had taken him the previous day but Adamson staff were unable to obtain a sample , again today were unable to obtain a sample . Took Leon back to Weston day hospital in order that one final attempt be made ,some blood obtained but later found it had haemolysed and the sample has been discarded . Taken again in the afternoon to a meeting with his psychiatrist Dr Olley , discussed the on-going problems of obtaining blood which is the main requirement for being on his Clozaril ,also discussed his problems with anxiety and feeling dizzy at times Dr Olley attempted to look for signs of postural hypotension as the cause but seems to have ruled this out , has planned to increase Prozac to full dose of 60 mg and to look at stopping his pizotifen which he has been on for many years for migraine headaches which he hasn't experienced for many years .Leon is worried about this drug stopping but has been given reassurance that it would quickly be restarted should these headaches return. Continues to get twice daily support from Richmond fellowship and has spent two weeks at his mothers over Christmas and new year . during his break he went to see his sons halls of residence at Stirling university ,he said he is worried his son is drinking too much alcohol and commented on the amount of alcohol in his sons room .Dr Olley also talked about his physical fitness and will make a referral to the Stratheden Gymnasium to work with Steven the fitness instructor (someone Leon knows from his time as an inpatient). Still has positives symptoms of paranoia along with auditory hallucinations these are slightly less distressing he said he can mainly ignore them, also indicated that there is no particular pattern of occurrences of psychotic features/ phenomena they will occur any time day or night .Leon missed his skins patch testing at Ninewells hospital due to his cpn being unable to take him due to illness. Discussed on-going problems with a Mr S Anderson which hasn't been a problem over the past few months said this was due to Mr Anderson being busy with a relationship . Bloods to be re attempted on Tuesday 16th at 1230 on Weston.

5. Contact outcome

Continue assessment at next session

6. Attendance

Review - Attend

GRATTON, Leon

Date of Birth 17-Mar-1975 (45y)

CHI Number 170 375 1191

Gender Male

Continuous Care Notes (CPN) (Contact Record)

Centre of Care CPNs SEMI

Status Closed

Date of Activity 24 January 2018 09:58 by Brian Duffy

Form Items

Details

1. Contact type

Home visit

2. Status of contact

Routine

3. Duration of contact

Less than 30 minutes

4. Summary of contact

home visit ,assisted with measuring his kitchen as his mother has some lino which might fit the kitchen. Discussed Dr olley discontinuing his migraine tablets and increasing his Fluoxetine (Prozac) to a full dose in an attempt to reduce his periods of anxiety , thus far it seems to be helping according to Leon.

5. Contact outcome

Continue assessment at next session

6. Attendance

Review - Attend

GRATTON, Leon

Date of Birth 17-Mar-1975 (45y)

CHI Number 170 375 1191

Gender Male

Continuous Care Notes (CPN) (Contact Record)

Centre of Care CPNs SEMI

Status Closed

Date of Activity 08 February 2018 10:04 by Brian Duffy

Form Items

Details

1. Contact type

Home visit

2. Status of contact

Routine

3. Duration of contact

30 minutes - 1 hour

4. Summary of contact

Home visit , has a benefit form which needs to be completed cpn will do this for him as he doesn't have enough time to get help from another agency .Still feeling less anxious since Dr Olley reviewed and changed his medication , increasing Prozac to maximum dose 60mg, and stopping his migraine medication.

5. Contact outcome

Continue assessment at next session

6. Attendance

Review - Attend

GRATTON, Leon

Date of Birth 17-Mar-1975 (45y)

CHI Number 170 375 1191

Gender Male

Continuous Care Notes (CPN) (Contact Record)

Centre of Care CPNs SEMI

Status Closed

Date of Activity 15 February 2018 10:07 by Brian Duffy

Form Items

Details

1. Contact type

Home visit

2. Status of contact

Routine

3. Duration of contact

1 - 2 hours

4. Summary of contact

Unfortunately cpn had been off work and had not managed to complete benefit forms , forms speedily completed today and posted ,benefits office contacted to say forms in the post today and asked not to penalize him for late arrival , (still has two days to go before they are due) Understandably he has become very anxious about these forms and the delay which has a detrimental effect on his mental health .

5. Contact outcome

Continue assessment at next session

6. Attendance

Review - Attend

GRATTON, Leon

Date of Birth 17-Mar-1975 (45y)

CHI Number 170 375 1191

Gender Male

Continuous Care Notes (CPN) (Contact Record)

Centre of Care CPNs SEMI

Status Closed

Date of Activity 08 March 2018 10:15 by Brian Duffy

Form Items

Details

1. Contact type

Community appointment

2. Status of contact

Routine

3. Duration of contact

30 minutes - 1 hour

4. Summary of contact

Leon attended an outpatient appointment today with dermatology due to his severe psoriasis and was given various different sample moisturizers to try. He was told to continue his everyday routine with his creams and the doctor added an antihistamine. Leon will be seen again in four months by dermatology to see how his skin is getting on and appointment is to be made for GP for review of skin when he returns from his week holiday to his mums in Glasgow.

5. Contact outcome

Continue assessment at next session

6. Attendance

Review - Attend

Staff Copy Printed 11/03/21

GRATTON, Leon

Date of Birth 17-Mar-1975 (45y)

CHI Number 170 375 1191

Gender Male

Continuous Care Notes (CPN) (Contact Record)

Centre of Care CPNs SEMI

Status Closed

Date of Activity 19 April 2018 15:00 by Brian Duffy

Form Items

Details

1. Contact type

Community appointment

2. Status of contact

Routine

3. Duration of contact

30 minutes - 1 hour

4. Summary of contact

Leon was collected and supported to attend GP appointment as planned, Leon was articulate and appropriate discussing his concern with his new GP Dr Stewart requesting changes to his treatment. Decision was made to try a new emollientand try a course of anti biotics Fluclox. Leon was encouraged to contact dermatology in relation to a patch test and the GP has requested repeat bloods for Ferritins and HBA 1C . new prescription will be delivered to pharmacy and request for bloods passed onto Clozapine clinic

5. Contact outcome

Continue assessment at next session

6. Attendance

Review - Attend

GRATTON, Leon

Date of Birth 17-Mar-1975 (45y)

CHI Number 170 375 1191

Gender Male

Continuous Care Notes (CPN) (Contact Record)

Centre of Care CPNs SEMI

Status Closed

Date of Activity 20 April 2018 14:27 by Brian Duffy

Form Items

Details

1. Contact type

Home visit

2. Status of contact

Routine

3. Duration of contact

30 minutes - 1 hour

4. Summary of contact

collected new prescription and visited Weston to confirm blood repeats. Leon home visited and new prescription dropped of and discussed anti biotic is short and will be collected next week Leon happy with plan

5. Contact outcome

Continue assessment at next session

6. Attendance

Review - Attend

Staff Copy Printed 11/03/21

GRATTON, Leon

Date of Birth 17-Mar-1975 (45y)

CHI Number 170 375 1191

Gender Male

Continuous Care Notes (CPN) (Contact Record)

Centre of Care CPNs SEMI

Status Closed

Date of Activity 01 May 2018 09:14 by Brian Duffy

Form Items

Details

1. Contact type

Home visit

2. Status of contact

Routine

3. Duration of contact

30 minutes - 1 hour

4. Summary of contact

taken to day hospital by staff in order to have bloods taken for Clozaril monitoring unfortunately staff unable to obtain a sample and he has been asked to return tomorrow

5. Contact outcome

Continue assessment at next session

6. Attendance

Review - Attend

Staff Copy Printed 11/03/21

GRATTON, Leon

Date of Birth 17-Mar-1975 (45y)

CHI Number 170 375 1191

Gender Male

Continuous Care Notes (CPN) (Contact Record)

Centre of Care CPNs SEMI

Status Closed

Date of Activity 17 May 2018 13:01 by Brian Duffy

Form Items

Details

1. Contact type

Home visit

2. Status of contact

Routine

3. Duration of contact

30 minutes - 1 hour

4. Summary of contact

had seen leon on Tuesday delivering his medication ,he wanted to attend the music group on Thursday but didn't have enough money for a taxi ,cpn arranged to take him as he seldom gets out and really enjoys the group . His skin is looking slightly better following a coarse of antibiotics also the sunny weather might be helping. clozaril bloods due and latest cpa care plan in nursing paper notes.

5. Contact outcome

Continue assessment at next session

6. Attendance

Review - Attend

GRATTON, Leon

Date of Birth 17-Mar-1975 (45y)

CHI Number 170 375 1191

Gender Male

Continuous Care Notes (CPN) (Contact Record)

Centre of Care CPNs SEMI

Status Closed

Date of Activity 29 May 2018 17:07 by Brian Duffy

Form Items

Details

1. Contact type

Home visit

2. Status of contact

Routine

3. Duration of contact

30 minutes - 1 hour

4. Summary of contact

home visit collected Leon to take him to day hospital to have bloods taken for Clozaril monitoring , unfortunately the phlebotomist was unable to obtain a sample , plan to try again on Thursday failing that will ask Dr Kent to try next week .Discussed fact that Richmond fellowship appear to have put a cause for concern in for Leon , it has been due to the same person Mr S A calling on him again . His Social worker S Brown has been trying to speak with cpn about this . Discussed briefly at LMHT staff at Weston also have reported slightly more telephone contact from Leon recently feeling Anxious and feelings of panic ,.

5. Contact outcome

Continue assessment at next session

6. Attendance

Review - Attend

Staff Copy Printed 11/03/21

GRATTON, Leon

Date of Birth 17-Mar-1975 (45y)

CHI Number 170 375 1191

Gender Male

Continuous Care Notes (CPN) (Contact Record)

Centre of Care CPNs SEMI

Status Closed

Date of Activity 04 June 2018 09:06 by Brian Duffy

Form Items

Details

1. Contact type

Community appointment

2. Status of contact

Routine

3. Duration of contact

30 minutes - 1 hour

4. Summary of contact

collected from home to attend Weston day hospital in order that a further attempt be made for a blood sample , was taken their twice last week on Tuesday and Thursday but staff were unsuccessful in obtaining a sample , today Dr Kent made several attempts but was unsuccessful. Plan to discuss with Dr Olley , also dr kent has asked Dr Chigwada to make an attempt on Wednesday.

5. Contact outcome

Continue assessment at next session

6. Attendance

Review - Attend

GRATTON, Leon

Date of Birth 17-Mar-1975 (45y)

CHI Number 170 375 1191

Gender Male

Continuous Care Notes (CPN) (Contact Record)

Centre of Care CPNs SEMI

Status Closed

Date of Activity 06 June 2018 10:15 by Helen Maver

Form Items

Details

1. Contact type

Home visit

2. Status of contact

Routine

3. Duration of contact

30 minutes - 1 hour

4. Summary of contact

Home visit to collect and take Leon to Weston day hospital to have a blood test taken which was successful today. Leon was bright and chatty on the journey to and from the day hospital.

5. Contact outcome

Continue treatment at next session

6. Attendance

Review - Attend

Staff Copy Printed 11/03/21

GRATTON, Leon

Date of Birth 17-Mar-1975 (45y)

CHI Number 170 375 1191

Gender Male

Continuous Care Notes (CPN) (Contact Record)

Centre of Care CPNs SEMI

Status Closed

Date of Activity 12 June 2018 16:31 by Brian Duffy

Form Items

Details

1. Contact type

Home visit

2. Status of contact

Routine

3. Duration of contact

Less than 30 minutes

4. Summary of contact

home visit to give him his 2 week supply of medication collected from Weston day hospital as he could not afford a taxi to collect his medication .

5. Contact outcome

Continue assessment at next session

6. Attendance

Review - Attend

GRATTON, Leon

Date of Birth 17-Mar-1975 (45y)

CHI Number 170 375 1191

Gender Male

Continuous Care Notes (CPN) (Contact Record)

Centre of Care CPNs SEMI

Status Closed

Date of Activity 14 June 2018 16:34 by Brian Duffy

Form Items

Details

1. Contact type

Home visit

2. Status of contact

Routine

3. Duration of contact

Less than 30 minutes

4. Summary of contact

met Leon at weston day hospital ,he had been attending the music group and was in the company of a Richmond fellowship worker who had managed to get him to attend using local bus in her company and they are returning to his home on the bus . This is a major breakthrough as Leon has never had this service before from Richmond.

5. Contact outcome

Continue assessment at next session

6. Attendance

Review - Attend

GRATTON, Leon

Date of Birth 17-Mar-1975 (45y)

CHI Number 170 375 1191

Gender Male

Continuous Care Notes (CPN) (Contact Record)

Centre of Care CPNs SEMI

Status Closed

Date of Activity 12 July 2018 09:20 by Brian Duffy

Form Items

Details

1. Contact type

1:1 Psychology assessment

2. Status of contact

Routine

3. Duration of contact

Less than 30 minutes

4. Summary of contact

two short visits this week to deliver medication and to arrange his dermatology o/p appointment. Not going to the music group as he had a poor sleep last night awake till 4 am . Claims not to be having any more problems with Mr Anderson.

5. Contact outcome

Continue treatment at next session

6. Attendance

Review - Attend

Staff Copy Printed 11/03/21

GRATTON, Leon

Date of Birth 17-Mar-1975 (45y)

CHI Number 170 375 1191

Gender Male

Continuous Care Notes (CPN) (Contact Record)

Centre of Care CPNs SEMI

Status Closed

Date of Activity 19 July 2018 17:42 by Brian Duffy

Form Items

Details

1. Contact type

Home visit

2. Status of contact

Routine

3. Duration of contact

30 minutes - 1 hour

4. Summary of contact

short home visit , Leon was at home with his support worker from Richmond fellowship and was enjoying her visit , asked for assistance to attend Weston on Tuesday for blood testing , CPN support worker will take him at 0930 on Tuesday . Discussed music group and having Richmond support to attend using public transport which he has managed a few time , still getting very anxious at times worrying that something is going to happen to him , kept looking out of his window as he could hear his neighbours outside at their car. Skin is looking much better and discussed putting another order in for his creams soon.

5. Contact outcome

Continue treatment at next session

6. Attendance

Review - Attend

Staff Copy Printed 11/03/21

GRATTON, Leon

Date of Birth 17-Mar-1975 (45y)

CHI Number 170 375 1191

Gender Male

Continuous Care Notes (CPN) (Contact Record)

Centre of Care CPNs SEMI

Status Closed

Date of Activity 07 November 2018 14:29 by Brian Duffy

Form Items

Details

1. Contact type

Home visit

2. Status of contact

Routine

3. Duration of contact

30 minutes - 1 hour

4. Summary of contact

continue with weekly home visits , today Leon had asked for assistance attending his dentist in Cupar as he does not have enough money for a taxi and he is unable to use public transport by himself due to ongoing mental health problems.

5. Contact outcome

Continue assessment at next session

6. Attendance

Review - Attend

Staff Copy Printed 11/03/21

GRATTON, Leon

Date of Birth 17-Mar-1975 (45y)

CHI Number 170 375 1191

Gender Male

Continuous Care Notes (CPN) (Contact Record)

Centre of Care CPNs SEMI

Status Closed

Date of Activity 12 December 2018 15:24 by Brian Duffy

Form Items

Details

1. Contact type

Home visit

2. Status of contact

Routine

3. Duration of contact

30 minutes - 1 hour

4. Summary of contact

Home visit was seen on Tuesday re his medication two week supply delivered by cpn ,has to have bloods for Clozaril monitoring re arranged from Tuesday to today . collected from home by support worker and taken for blood testing and fasting glucose , Leon will collect a further two weeks supply of medication next week to last him over the Christmas and New year period , he will be going to stay with his mother from the 20th of December

5. Contact outcome

Continue treatment at next session

6. Attendance

Review - Attend

GRATTON, Leon

Date of Birth 17-Mar-1975 (45y)

CHI Number 170 375 1191

Gender Male

Continuous Care Notes (CPN) (Contact Record)

Centre of Care CPNs SEMI

Status Closed

Date of Activity 05 February 2019 17:39 by Brian Duffy

Form Items

Details

1. Contact type

Home visit

2. Status of contact

Routine

3. Duration of contact

30 minutes - 1 hour

4. Summary of contact

home visit to collect Leon and take him to his weston day hospital appointment today for the clozaril clinic in which bloods were taken for monthly monitoring , Leon appears to be coping at home with support ,still has positive symptoms ,paranoid thinking . Leon is keeping busy according to himself he is teaching himself guitar using you tube sites which cpn had been suggesting he should try, he said he has learned how to play three new songs .

5. Contact outcome

Continue assessment at next session

6. Attendance

Review - Attend

GRATTON, Leon

Date of Birth 17-Mar-1975 (45y)

CHI Number 170 375 1191

Gender Male

Continuous Care Notes (CPN) (Contact Record)

Centre of Care CPNs SEMI

Status Closed

Date of Activity 13 February 2019 17:22 by Brian Duffy

Form Items

Details

1. Contact type

Home visit

2. Status of contact

Routine

3. Duration of contact

1 - 2 hours

4. Summary of contact

Contacted Leon previous day re attending for his annual ECG test as part of his Clozaril monitoring , unfortunately he did not have money for transportation to day hospital so cpn arranged an earlier appointment today and took him for the ECG .

5. Contact outcome

Continue treatment at next session

6. Attendance

Review - Attend

GRATTON, Leon

Date of Birth 17-Mar-1975 (45y)

CHI Number 170 375 1191

Gender Male

Continuous Care Notes (CPN) (Contact Record)

Centre of Care CPNs SEMI

Status Closed

Date of Activity 05 March 2019 08:44 by Brian Duffy

Form Items

Details

1. Contact type

Home visit

2. Status of contact

Routine

3. Duration of contact

30 minutes - 1 hour

4. Summary of contact

collected Leon from home and took him to Weston day hospital for blood testing for his Clozaril monitoring . he is gong away next week for a week to his mothers for his birthday which is on 17th of this month .

5. Contact outcome

Continue treatment at next session

6. Attendance

Review - Attend

GRATTON, Leon

Date of Birth 17-Mar-1975 (45y)

CHI Number 170 375 1191

Gender Male

Continuous Care Notes (CPN) (Contact Record)

Centre of Care CPNs SEMI

Status Closed

Date of Activity 12 March 2019 17:49 by Brian Duffy

Form Items

Details

1. Contact type

Phone contact

2. Status of contact

Routine

3. Duration of contact

Less than 30 minutes

4. Summary of contact

Leon had phoned CPN asking for support in attending Dr Olleys outpatient clinic on the 14th , cpn will take him but will not be able to go in with him due to having a prior appointment , cpn has arranged to drop him off and collect him at 1500 .

5. Contact outcome

Continue treatment at next session

6. Attendance

Review - Attend

GRATTON, Leon

Date of Birth 17-Mar-1975 (45y)

CHI Number 170 375 1191

Gender Male

Continuous Care Notes (CPN) (Contact Record)

Centre of Care CPNs SEMI

Status Closed

Date of Activity 30 April 2019 08:55 by Helen Maver

Form Items

Details

1. Contact type

Home visit

2. Status of contact

Routine

3. Duration of contact

30 minutes - 1 hour

4. Summary of contact

Home visit to collect and take Leon to Weston to have bloods taken also collect his medication he was ready and waiting throughout the journey to Weston and home again he was bright in mood and conversed well.

5. Contact outcome

Not recorded

6. Attendance

Review - Attend

Staff Copy Printed 11/03/21

GRATTON, Leon

Date of Birth 17-Mar-1975 (45y)

CHI Number 170 375 1191

Gender Male

Continuous Care Notes (CPN) (Contact Record)

Centre of Care CPNs SEMI

Status Closed

Date of Activity 28 May 2019 09:57 by Brian Duffy

Form Items

Details

1. Contact type

Home visit

2. Status of contact

Routine

3. Duration of contact

30 minutes - 1 hour

4. Summary of contact

Short home visit today collect him to attend day hospital for Clozaril monitoring and fasting bloods , unfortunately staff could not get bloods and he has to attend again next Tuesday to try again.

5. Contact outcome

Continue treatment at next session

6. Attendance

Review - Attend

GRATTON, Leon

Date of Birth 17-Mar-1975 (45y)

CHI Number 170 375 1191

Gender Male

Continuous Care Notes (CPN) (Contact Record)

Centre of Care CPNs SEMI

Status Closed

Date of Activity 03 June 2019 09:46 by Brian Duffy

Form Items

Details

1. Contact type

Home visit

2. Status of contact

Routine

3. Duration of contact

Less than 30 minutes

4. Summary of contact

Home visit to arrange to take him for blood testing at Weston day hospital for Clozaril and glucose monitoring .

5. Contact outcome

Continue assessment at next session

6. Attendance

Review - Attend

GRATTON, Leon

Date of Birth 17-Mar-1975 (45y)

CHI Number 170 375 1191

Gender Male

Continuous Care Notes (CPN) (Contact Record)

Centre of Care CPNs SEMI

Status Closed

Date of Activity 08 July 2019 16:45 by Helen Maver

Form Items

Details

1. Contact type

Home visit

2. Status of contact

Routine

3. Duration of contact

Less than 30 minutes

4. Summary of contact

Medication collected from Weston staff and delivered to Leon he conversed well and appeared bright he informed me that he was going away for a week to stay with his parents.

5. Contact outcome

Continue treatment at next session

6. Attendance

Review - Attend

Staff Copy Printed 11/03/21

GRATTON, Leon

Date of Birth 17-Mar-1975 (45y)

CHI Number 170 375 1191

Gender Male

Continuous Care Notes (CPN) (Contact Record)

Centre of Care CPNs SEMI

Status Closed

Date of Activity 24 July 2019 09:00 by Helen Maver

Form Items

Details

1. Contact type

Home visit

2. Status of contact

Routine

3. Duration of contact

30 minutes - 1 hour

4. Summary of contact

Home visit to collect and take Leon to Weston to have bloods taken he also collected his medication he conversed well at time of visit and appeared bright.

5. Contact outcome

Continue treatment at next session

6. Attendance

Review - Attend

Staff Copy Printed 11/03/21

GRATTON, Leon

Date of Birth 17-Mar-1975 (45y)

CHI Number 170 375 1191

Gender Male

Continuous Care Notes (CPN) (Contact Record)

Centre of Care CPNs SEMI

Status Closed

Date of Activity 06 August 2019 16:30 by Brian Duffy

Form Items

Details

1. Contact type

Home visit

2. Status of contact

Routine

3. Duration of contact

Less than 30 minutes

4. Summary of contact

Short home visit today had his support worker from Richmond fellowship with him , CPN brought his medication supplied by Weston day hospital Clozaril clinic , his skin is starting to break down about his feet and ankles . Suggested that we look to make an appointment with his dermatologist .

5. Contact outcome

Continue treatment at next session

6. Attendance

Review - Attend

Staff Copy Printed 11/03/21

GRATTON, Leon

Date of Birth 17-Mar-1975 (45y)

CHI Number 170 375 1191

Gender Male

Continuous Care Notes (CPN) (Contact Record)

Centre of Care CPNs SEMI

Status Closed

Date of Activity 20 August 2019 16:32 by Brian Duffy

Form Items

Details

1. Contact type

Home visit

2. Status of contact

Routine

3. Duration of contact

30 minutes - 1 hour

4. Summary of contact

Collected from home and taken to weston day hospital to have bloods taken for clozaril monitoring which was successful , collected his medication from weston day hospital for two weeks .Has managed to make an appointment at dermatology as his skin problems are deteriorating again also cpn has attempted to suggest he doesn't have a new tattoo later in the week with his son due to deterioration in his skin , he doesn't think there is a problem as he has had many in the past,.

5. Contact outcome

Continue assessment at next session

6. Attendance

Review - Attend

GRATTON, Leon

Date of Birth 17-Mar-1975 (45y)

CHI Number 170 375 1191

Gender Male

Continuous Care Notes (CPN) (Contact Record)

Centre of Care CPNs SEMI

Status Closed

Date of Activity 17 September 2019 15:19 by Brian Duffy

Form Items

Details

1. Contact type

Home visit

2. Status of contact

Routine

3. Duration of contact

1 - 2 hours

4. Summary of contact

home visit to collect Leon to attend weston day hospital for his monthly blood test for Clozaril monitoring , unfortunately staff could not obtain a sample and he was asked to return at 1400 hr for another member of staff to attempt to obtain a sample . cpn asked to take him to this appointment as he did not have money for transport . Taken for appointment later in the day and sample obtained after several failed attempts .Earlier this month cpn had taken him to St Andrews hospital for a dermatology appointment in which he was started on new creams and oral antibiotics which have started to make a difference to his psoriasis his feet are worse effected . He has had a visit from his mother and her partner George last week he said she was critical of the state of his bedroom but the rest of the house she seemed to approve of the state of cleanliness . He remains paranoid and suspicious which leads him to appear very anxious while out , he has bought a new to him second hand guitar which he has been playing and intends to re start his attendance at the music group .Informed of his cpns intention to retire next April .

5. Contact outcome

Continue assessment at next session

6. Attendance

Review - Attend

Staff Copy Printed 11/03/21

GRATTON, Leon

Date of Birth 17-Mar-1975 (45y)

CHI Number 170 375 1191

Gender Male

Continuous Care Notes (CPN) (Contact Record)

Centre of Care CPNs SEMI

Status Closed

Date of Activity 07 January 2020 09:46 by Brian Duffy

Form Items

Details

1. Contact type

Home visit

2. Status of contact

Routine

3. Duration of contact

30 minutes - 1 hour

4. Summary of contact

Home visit to collect Leon from his home and take him to Weston day hospital for blood testing for Clozaril monitoring , he has been away over Christmas with his mother near Falkirk and appears to have had a good time , has had a shave and a hair cut while away (at his mothers insistence) He has been referred to Ninewells hospital dermatology to look to be trained on home based light therapy and has asked for support to attend the appointment once it comes .

5. Contact outcome

Continue assessment at next session

6. Attendance

Review - Attend

Staff Copy Printed 11/03/21

GRATTON, Leon

Date of Birth 17-Mar-1975 (45y)

CHI Number 170 375 1191

Gender Male

Continuous Care Notes (CPN) (Contact Record)

Centre of Care CPNs SEMI

Status Closed

Date of Activity 17 January 2020 15:30 by Brian Duffy

Form Items

Details

1. Contact type

Home visit

2. Status of contact

Routine

3. Duration of contact

Less than 30 minutes

4. Summary of contact

Mr Gratton had contacted the day hospital c/o of being anxious and hallucinated . cpn went out to see him he was describing some paranoid thinking and said at times he was having visual experiences of seeing bugs crawling up his walls , these experiences are intermittent not always present . Plan to discuss with his psychiatrist and his weston key worker , he is able to distract himself with music , playing his guitar and writing .Will explore the option at his next CPA meeting of possiblity of having a small amount of prn medication for use if he feels more psychotic .

5. Contact outcome

Continue assessment at next session

6. Attendance

Review - Attend

Fife MH CPA Template

Fife Health & Social Care Partnership
Supporting the people of Fife together

Patient Name	GRATTON, Leon
CHI	1703751191
DOB	17/03/1975

Service MH

Patient Details

Address
3 MAKGILL ROW
SPRINGFIELD
CUPAR
FIFE
KY15 5SA

Tel: 01334 769 473

Partner / Relative

Name Mr George Martin (Step-Father)

Address
114 Duke Street
Denny
FK6 6PR

Tel: 01324 310 958

Named Person

Name N/A

Address N/A

Tel: N/A

Relationship N/A

Share Info Yes ◉ No ○

Contacts

Contact Care-Coordinator

Name Amanda White

Address
Weston House
West Port
Cupar
KY15 4AN

Tel: 01334 652 163

Invited to meeting Yes ◉ No ○

Attending meeting Yes ◉ No ○

Contact Psychiatrist

Name Dr Christopher Olley

Address
Medical Offices
Stratheden Hospital
Cupar
KY15 5RR

Tel: 01334 696 353

Invited to meeting Yes ◉ No ○

Attending meeting Yes ◉ No ○

Patient Name	GRATTON, Leon
CHI	1703751191
DOB	17/03/1975

Contact	Social Worker	Invited to meeting	Yes	●	No	○
Name	Sade Aworinde	Attending meeting	Yes	●	No	○
Address	Adults East 3 Team County Buildings St Catherine Street Cupar KY15 4TA Email: cupar.swadult@fife.gov.uk					
Tel:	03451 555555 Ext. 474402					

Contact	Community Nurse	Invited to meeting	Yes	●	No	○
Name	Amanda White	Attending meeting	Yes	●	No	○
Address	Weston House West Port Cupar KY15 4AN					
Tel:	01334 652 163					

Contact	Other	Invited to meeting	Yes	●	No	○
Name	Graham Lumsden	Attending meeting	Yes	●	No	○
Address	Senior Support Worker Richmond Fellowship Unit S1, The Granary Coal Road Cupar KY15 5YQ					
Tel:	01334 657 517					

Contact	GP	Invited to meeting	Yes	●	No	○
Name	Kathryn MacLaren	Attending meeting	Yes	○	No	●
Address	Bank Street Medical Group Adamson Hospital Bank Street Cupar KY15 4JN					
Tel:	01334 651 201					

Basic Information

Crisis/out of hours arrangements

If Leon requires additional support during Mon-Fri 9-5pm, he should contact Weston House on 01334 652 163.

Patient Name	GRATTON, Leon
CHI	1703751191
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If Leon requires additional mental health support out with the above hours, he should contact crisis helplines or if necessary, NHS 24.
Samaritans: 116 123; Breathing Space: 0800 838 857; NHS24: 111; Community Police: 101

Date of Risk Assessment: 22/08/2024

Sensory requirements:
Wears spectacles for long and short sighted eyesight - Leon was last tested in January 2024 and has been issued with new glasses.
Attends routine diabetic eye appointments, last had in August 2024.

First Language: English Interpreter required? Yes ○ No ●

Ethnic Origin: White Scottish

AWIA applies: Yes ○ No ●
Details:

MHA applies: Yes ○ No ● For details see below:

Date of previous CPA review: 22/08/2024

Next CPA review: 27/02/2025

Time: 10:00

Venue: Weston House, Cupar

Advance Statement: Yes ○ No ●
Where held:

Admission to/discharge from hospital since last review

Hospital / Ward: No admissions.

Date from:

Date to:

Mental Health

Mental Health (Care and Treatment) (Scotland) Act 2003 Section 76 Details
To be completed by the RMO and ONLY to be used when the patient is subject to a Compulsory Treatment Order or a Compulsion Order.

Type of order: N/A Section No. N/A

Date of order:

Period of next statutory review

Date of last statutory review

Patient Name	GRATTON, Leon
CHI	1703751191
DOB	17/03/1975

Compulsory Measures:
N/A

Recorded Matters:
N/A

RMO Details:

Progress report:

Progress since last review

Leon continues to attend his appointments within Weston House for Clozapine monitoring and to collect his medication.

Leon has kept his regular engagement with CMHN appointments and has been working on identified goals. The frequency of contact at present is 4-6 weekly, face to face or via telephone contact.

Receives an hour of support on a daily basis from Richmond Fellowship.

Leon continues to maintain regular contact with his befriender.

Since last review Leon has had input from OT services, he was discharged from this in April due to a lack of engagement in the work required to move towards his goal of using public transport.

Issues arising/ Areas of concern

Ongoing issue remains that Leon is rarely leaving his house due to poor motivation, anxiety and physical health issues. He will only do so if getting in to someone's car or a taxi, which is very limiting for him. Discharged from OT in April due to lack of readiness to progress towards his goal. Leon could be referred back to this service in the future but needs to display positive changes and a readiness to engage in active work.

Leon is supported by Richmond staff, but there are ongoing concerns around motivating Leon to take more responsibility for his domestic chores. OT Shona McInnes has offered to do a supportive session for Richmond staff to develop strategies and skills in this area.

Ongoing issue remains that the allocation of hours for Leon from Richmond (one hour a day) are limiting in regards to supporting him with socialisation. Leon maintains that despite his difficulties he wants to be able to get out of the house more. Graham Lumsden has said there is scope to adjust the hours when necessary to allow for this.

CMHN and Leon will explore anxiety management strategies in order to work towards his goal of getting out of the house more.

Discussions had around a recent incident whereby Leon spent £1,300 in a day when money that he did not have had accidently become available to him due to a bank error. This money has had to be repaid to the bank from Leon's trust account, which now has severely depleted funds available to him. Leon continues to have difficulty managing his own finances and continues to be fully supported with this by Richmond.

Patient Name	GRATTON, Leon
CHI	1703751191
DOB	17/03/1975

Person completing review:	Amanda White
Designation:	Staff Nurse
Date signed	02/09/2024

Needs

Needs Identified	Medical review to assess mental health and review medication.
Plan of Action	Leon continues to receive medical outpatient appointments at Weston House. Leon prefers face to face appointments for this. Leon is and will be supported by Richmond staff to attend all medical reviews.
Person Responsible	Dr Olley and Leon.
Proposed Outcome	Annual medical review and 6 monthly CPA, in the company of Richmond staff.
Update	Next annual medical review due in November 2024. At CPA Leon was requesting that Clozapine medication be reduced. Dr Olley will check plasma levels and consider this request. Dr Olley intends to review anti-depressant medication at next review.

Needs Identified	Monitoring of mental health.
Plan of Action	Therapeutic sessions for ongoing monitoring of mental state and support for Leon's mental wellbeing. Regular 1:1 contact with CMHN, either face to face at home/Weston or via telephone. Frequency of contact to be agreed upon by CMHN and Leon, depending on his needs at the time.
Person Responsible	CMHN Amanda White and Leon. CMHN Amanda White and Leon.
Proposed Outcome	Reduce risk of relapse of mental health, support Leon in reaching his optimum level of mental health and wellbeing.
Update	Leon continues to contact Weston House between appointments for additional support when he requires this. CMHN to continue to support Leon with reducing anxiety levels, working collaboratively to develop anxiety management techniques.

Needs Identified	Clozapine monitoring.
Plan of Action	Leon to attend Weston every 4 weeks for blood monitoring, medication collection and physical healthcare checks in accordance with the guidelines for Clozapine monitoring.
Person Responsible	CMHN Amanda White and Leon.
Proposed Outcome	Follow Clozapine care plan and monitor for side effects of Clozapine.

Patient Name	GRATTON, Leon
CHI	1703751191
DOB	17/03/1975

Update	Leon has been attending all necessary Clozapine related appointments, he is fully compliant with his Clozapine care plan. Leon has recently requested a reduction in Clozapine due to feelings of intense fear that he experiences in the late evening, which he believes to be a side effect. Dr Olley will consider this at next medical review.

Needs Identified	Housing Support
Plan of Action	Richmond Fellowship provide 8 hrs per week to support Leon with: Budgeting, cleaning, cooking, shopping and attending appointments. Encourage and support Leon to go out for short walks and to work on his graded exposure plan as much as possible, to reach the goal of using public transport once more. Support workers to use key from key box (back door) when unable to access the house in an emergency situation.
Person Responsible	Richmond Fellowship and Leon.
Proposed Outcome	Assist Leon in maintaining his tenancy and giving support in the community to aid mental health, enabling Leon to achieve going out independently.
Update	Concerns were raised at CPA review in February regarding the condition of Leon's house being untidy to the extent it posed environmental risks to both Leon and staff attending his house, eg, risk of falling due to clutter on the floor. Graham Lumsden reported today that no improvements have been made in this area and the house remains in an untidy condition. Lengthy discussions had around this at today's CPA. Graham Lumsden has provided an email address for OT Shona McInnes to arrange an education session for Richmond Staff to support Leon in promoting motivation and independence.

Needs Identified	Physical health needs. Prescribed Methotrexate for Atopic Dermatitis. Diabetes Mellitus, type 2. Asthma.
Plan of Action	Leon to contact GP for any issues with his physical health. Blood monitoring at Weston 3 monthly for FBC, U&Es and LFTs due to Methotrexate prescription. Medical staff will monitor blood results and liaise with Dermatology Consultant via GP.
Person Responsible	GP, Dr Olley, CMHN Amanda White and Leon.
Proposed Outcome	Enable Leon to reach his optimum physical health and maintain his skin integrity.
Update	Next dermatology review in September 2024. Skin integrity has been variable over recent months, Leon maintains adequate personal hygiene,

Patient Name	GRATTON, Leon
CHI	1703751191
DOB	17/03/1975

bathing 3-4 times a week and applying all creams as prescribed. Richmond report that they do not think this is the case.
Leon attends all his diabetes related health check appointments - no current issues regarding this.

Needs Identified	Social Work Support.
Plan of Action	Assess Leon for social work support.
Person Responsible	Sade Aworinde
Proposed Outcome	Identify needs through annual social work reviews.
Update	Annual review is now due and will be arranged by the Adults East 3 Team in due course. Sade intends to explore community resources that are relevant to Leon's particular areas of interest. (Crossroads have made contact with Leon since the CPA meeting regarding looking in to finding a guitar player befriender for Leon)

Are there any unmet service needs? Yes ◉ No ○

Unmet Needs

It has been identified that a consistent approach needs to be taken by all staff supporting Leon, with an emphasis on promoting his independence and improving his motivation. Graham Lumsden has agreed for Richmond staff to attend an educational session with OT Shona McInnes to develop strategies to work towards this.

What action has been taken to address the need(s)?

Shona has Graham's email address and will contact him directly to arrange this.

Client/Patient	Leon
Date	05/09/2024
Care Coordinator	Amanda White
Designation	Staff Nurse
Date	02/09/2024

Fife MH CPA Template

Fife Health & Social Care Partnership
Supporting the people of Fife together

Patient Name	GRATTON, Leon
CHI	1703751191
DOB	17/03/1975

Service MH

Patient Details

Address
3 MAKGILL ROW
SPRINGFIELD
CUPAR
FIFE
KY15 5SA

Tel: 01334 769473

Partner / Relative

Name Mr George Martin (Step Father)

Address
114 Duke Street
Denny
FK6 6PR

Tel: 01324 310958

Named Person

Name

Address

Tel:

Relationship

Share Info Yes ◉ No ○

Contacts

Contact Care-Coordinator
Name Amanda White
Address
Weston House
Westport
Cupar
KY15 4AN
Tel: 01334 652163

Invited to meeting Yes ◉ No ○
Attending meeting Yes ◉ No ○

Contact Psychiatrist
Name Dr Olley
Address
Medical Offices
Stratheden Hospital
CUPAR
Fife
KY15 5RR
Tel: 01334 696353

Invited to meeting Yes ◉ No ○
Attending meeting Yes ◉ No ○

Patient Name	GRATTON, Leon
CHI	1703751191
DOB	17/03/1975

Contact	Social Worker	Invited to meeting	Yes	●	No	○
Name	Michael Ireland	Attending meeting	Yes	○	No	●
Address	Adults East 3 Team County Buildings St Catherine Street Cupar KY15 4TA					
Tel:	03451 555555 Ext 456825					

Contact	Community Nurse	Invited to meeting	Yes	●	No	○
Name	Amanda White	Attending meeting	Yes	●	No	○
Address	Weston House West Port Cupar KY15 4AN					
Tel:	01334 652 163					

Contact	GP	Invited to meeting	Yes	●	No	○
Name	Kathryn MacLaren	Attending meeting	Yes	○	No	●
Address	Bank Street Medical Group Adamson Hospital Bank Street Cupar KY15 4JN					
Tel:	01334 651 201					

Contact	Other	Invited to meeting	Yes	●	No	○
Name	Graham Lumsden	Attending meeting	Yes	○	No	●
Address	Senior Support Worker Richmond Fellowship Unit S1, The Granary Coal Road Cupar KY15 5YQ					
Tel:	01334 657 517					

Basic Information

Crisis/out of hours arrangements

If Leon requires additional support during Mon-Fri 9-5pm, he should contact Weston House on 01334 652 163. If his regular CMHNs are not available and it is an urgent matter, then Leon can access the Duty Worker on 01592 729765.

Patient Name	GRATTON, Leon
CHI	1703751191
DOB	17/03/1975

If Leon requires additional mental health support out with the above hours, he should contact crisis helplines or if necessary, NHS 24.
Samaritans: 116 123; Breathing Space: 0800 838 857; NHS24: 111; Community Police: 101

Date of Risk Assessment: 21/08/2025

Sensory requirements:
Wears spectacles for long and short sighted eyesight - Leon was last tested in January 2024 and has been issued with new glasses. Next check up 2026.
Attends annual routine diabetic eye appointments, last had in August 2024. Leon is chasing up his next annual review.

First Language: English Interpreter required? Yes ○ No ●

Ethnic Origin: White Scottish

AWIA applies: Yes ○ No ●
Details:

MHA applies: Yes ○ No ● For details see below:

Date of previous CPA review: 28/08/2025

Next CPA review: 05/02/2026

Time: 10:00

Venue: Weston House

Advance Statement: Yes ○ No ●
Where held:

Admission to/discharge from hospital since last review

Hospital / Ward: No admissions.

Date from:

Date to:

Mental Health

Mental Health (Care and Treatment) (Scotland) Act 2003 Section 76 Details
To be completed by the RMO and ONLY to be used when the patient is subject to a Compulsory Treatment Order or a Compulsion Order.

Type of order: Section No.

Date of order:

Period of next statutory review

Date of last statutory review

Patient Name	GRATTON, Leon
CHI	1703751191
DOB	17/03/1975

Compulsory Measures:

Recorded Matters:

RMO Details:

Progress report:

Progress since last review

Leon continues to attend his appointments within Weston House for Clozapine monitoring and to collect his medication.
Leon has kept his regular engagement with CMHN appointments and has been working on identified goals with CMHN Brougham. Some progress has been made in regards to Leon going fishing, twice with staff and once on his own but with support with transport. The hope is that there will be further opportunities for this with support from Richmond. It has been suggested that Leon use his own money for paying for a taxi to/from fishing lake.
Leon continues to receive an hour of support on a daily basis from Richmond Fellowship. Leon reports that he is trying hard to keep on top of housework with support.
Leon remains on the waiting list for a befriender through Crossroads, he has recently made enquiries to confirm this.

Issues arising/ Areas of concern

Ongoing issue remains that Leon is rarely leaving his house due to low motivation, anxiety and physical health issues. He will only do so by car or a taxi, which is very limiting for him. Reports that he has not been out at all over the summer. (Apart from a couple of trips to Burger King with Richmond Staff).
Discharged from OT in April 2024 due to lack of readiness to progress towards his goal. Leon could be referred back to this service in the future but needs to display positive changes and a readiness to engage in active work.
Leon does identify this as a goal of his and CMHN Brougham is now involved and will be taking forward some graded exposure type work to improve this situation. This work has been on hold recently due to staff absence.
Discussion's had about ongoing poor condition of Leon's tenancy, and how this poses environmental risks. Previous CPA review highlighted need for a deep clean, which SW Michael Ireland had agreed to look in to. There has been no feedback regarding this and as SW not present at this review CMHN will make contact to follow this up.

Person completing review:	Amanda White
Designation:	Staff Nurse
Date signed	11/09/2025

Needs

Needs Identified	Medical review to assess mental health and review medication.
Plan of Action	Leon continues to receive medical outpatient appointments at Weston House. Leon prefers face to face appointments for this. Leon is and will be supported by Richmond staff to attend all medical reviews.
Person Responsible	Dr Olley and Leon.
Proposed Outcome	Annual medical review and 6 monthly CPA, in the company of Richmond staff.

Patient Name	GRATTON, Leon
CHI	1703751191
DOB	17/03/1975

Update	At review Leon reports struggling with dark thoughts and voices in the evening time, this is a long standing issue that is thought to be anxiety related rather than a side effect of Clozapine. Next medical review is 06/11/25 at 1pm.

Needs Identified	Monitoring of mental health
Plan of Action	Therapeutic sessions for ongoing monitoring of mental state and support for Leon's mental wellbeing. Regular 1:1 contact with CMHN, either face to face at home/Weston or via telephone. Frequency of contact to be agreed upon by CMHN and Leon, depending on his needs at the time.
Person Responsible	CMHN Amanda White, CMHN Cameron Brougham and Leon.
Proposed Outcome	Reduce risk of relapse of mental health, support Leon in reaching his optimum level of mental health and wellbeing.
Update	Leon does contact Weston between scheduled appointments if he requires additional support, this has been noted to have lessened in frequency since last CPA. CMHNs continue to support Leon with reducing anxiety levels, working collaboratively to develop techniques for this. CMHN Brougham has supported Leon in engaging with leisure activities, however, sessions have stopped due to staff absence. CMHN White and Leon to consider input required going forward.

Needs Identified	Clozapine monitoring
Plan of Action	Leon to attend Weston every 4 weeks for blood monitoring, medication collection and physical healthcare checks in accordance with the guidelines for Clozapine monitoring.
Person Responsible	CMHNs White and Brougham and Leon.
Proposed Outcome	Follow Clozapine care plan and monitor for side effects of Clozapine.
Update	Leon has been attending all necessary Clozapine related appointments, he is fully compliant with his Clozapine care plan.

Needs Identified	Housing support
Plan of Action	Richmond Fellowship provide 8 hrs per week to support Leon with: Budgeting, cleaning, cooking, shopping and attending appointments. Encourage and support Leon to go out for short walks and to work on his graded exposure plan as much as possible, to reach the goal of using public transport once more. Support workers to use key from key box (back door) when unable to access the house in an emergency situation.
Person Responsible	Richmond Fellowship Support Workers and Leon.
Proposed Outcome	Assist Leon in maintaining his tenancy and giving support in the community

Patient Name	GRATTON, Leon
CHI	1703751191
DOB	17/03/1975

	to aid mental health, enabling Leon to achieve going out independently.
Update	No update from Richmond at this CPA review. Leon's house remains unkempt. CMHN to discuss this ongoing issue with Graham Lumsden about the condition of Leon's house and the nature of the sessions with Richmond Support Workers.

Needs Identified	Physical Health Needs. Atopic Dermatitis - prescribed Methotrexate. Diabetes Mellitus Type 2 Asthma
Plan of Action	Leon to contact GP for any issues with his physical health. Blood monitoring at Weston 3 monthly for FBC, U&Es and LFTs due to Methotrexate prescription. Medical staff will monitor blood results and liaise with Dermatology Consultant via GP.
Person Responsible	GP, Dr Olley, CMHN Amanda White and Leon.
Proposed Outcome	Enable Leon to reach his optimum physical health and maintain his skin integrity.
Update	Dermatology - last had a telephone review on 25/07/25 with no change to his treatment plan. Expectation is that review in October will be face to face. Leon maintains that he is having frequent baths (approx. 5 times a week). Diabetes - Leon has an upcoming annual diabetic review which he intends to chase up as unsure of the date. Asthma - Currently using 2 different inhalers, reporting no recent flare ups of Asthma and knows to contact 999 if experiencing severe breathing difficulties. 2 days after CPA review, Leon contacted ambulance services due to breathing difficulties and was admitted to VHK where he was treated for sepsis secondary to pneumonia. Successfully treated and discharged home.

Needs Identified	Social Work Support
Plan of Action	Assess Leon for social work support.
Person Responsible	Michael Ireland SW
Proposed Outcome	Identify needs through annual social work reviews.
Update	Leon is on the duty SW list for annual review. Annual review is over due. Michael Ireland intends to explore the possibility of organising a deep clean at Leon's house - no update since CPA in February about this.

Are there any unmet service needs? Yes ◉ No ◯

Unmet Needs