NHS Fife

Community Assessment

Name Leon Gratton	CHI	1	7	0	3	7	5	1	1	9	1
Clinical Area Weston	Date of Assessment	2	6	0	4	2	0	1	6		

re-assessed.

Location

Please list all those present
S/N Heather
ST/N Massey
Leon Gratton.

Individual's and Carer's Perspective

Attends Weston for clozapine monitoring and medication. Has insight into his illness.

Previous Contact with Mental Health Services

Well known to the mental health services. previous admissions to the Royal Edinburgh young peoples unit. Edinburgh psychiatric services, Lancashire and previous admission to Stratheden hospital.

Physical Health

Severe eczema
osteo arthritis
Tachycardia

Name Leon Gratton	CHI 1 7 0 3 7 5 1 1 9 1	NHS Fife

Medication

clozapine

Family and Personal History

Born in Manchester. parents separated. was in a children home. Mother supportive. limited contact with father.
Has a son.

Social Circumstances
Including social connectedness

lives alone in a council flat
Has Richmond fellowship support 20.5 hours a week to help with budgeting, cleaning, cooking, shopping and attending appointments

Spirituality

Denies any problems or concerns regarding spirituality.

Name Leon Crotton	CHI 1 7 0 3 7 5 1 1 1 9 1	NHS Fife

Mental State Assessment
(e.g. appearance, behaviour, speech, affect, mood, depersonalisation, derealisation, obsessional phenomena, self-harm thoughts and suicidal ideation, violent thoughts, perceptions, cognitive function, judgement, sleep, motivation, biological symptoms and insight)

casually dressed.
Behaviour appropriate though noticeably anxious.
Speech of normal rate and rhythm.
Describes mood as stable.
Tends to over sleep.
No problems with appetite.
Difficulty with motivation.
Has occasionally suicidal thoughts no plans. Tends to phone the Samaritans or distracts himself and thinks about his son.
Described auditory hallucinations which are worse in the evenings.
Has insight into his illness.

Strengths and Potential for Positive Risk Taking

Engages with the mental health services.
Has a CPA.
compliant with medication

Name Leon Gatton	CHI 1 7 0 3 7 5 1 1 9 1	NHS File

Alcohol and Drug Screen

1. Do you drink alcohol NO
2. Do you misuse any substances? NO
3. Are you concerned about your alcohol intake or substance misuse? NO

Further assessment required? ☐ Yes ☑ No

Forensic and Legal Issues

None known

Individual's and Carer's Expectations

To attend the clozapine clinic and collect medication
To get support when required.

Summary

A pleasant gentleman with a long history of mental health problems.
Prescribed clozapine.

Agreed Initial Plan

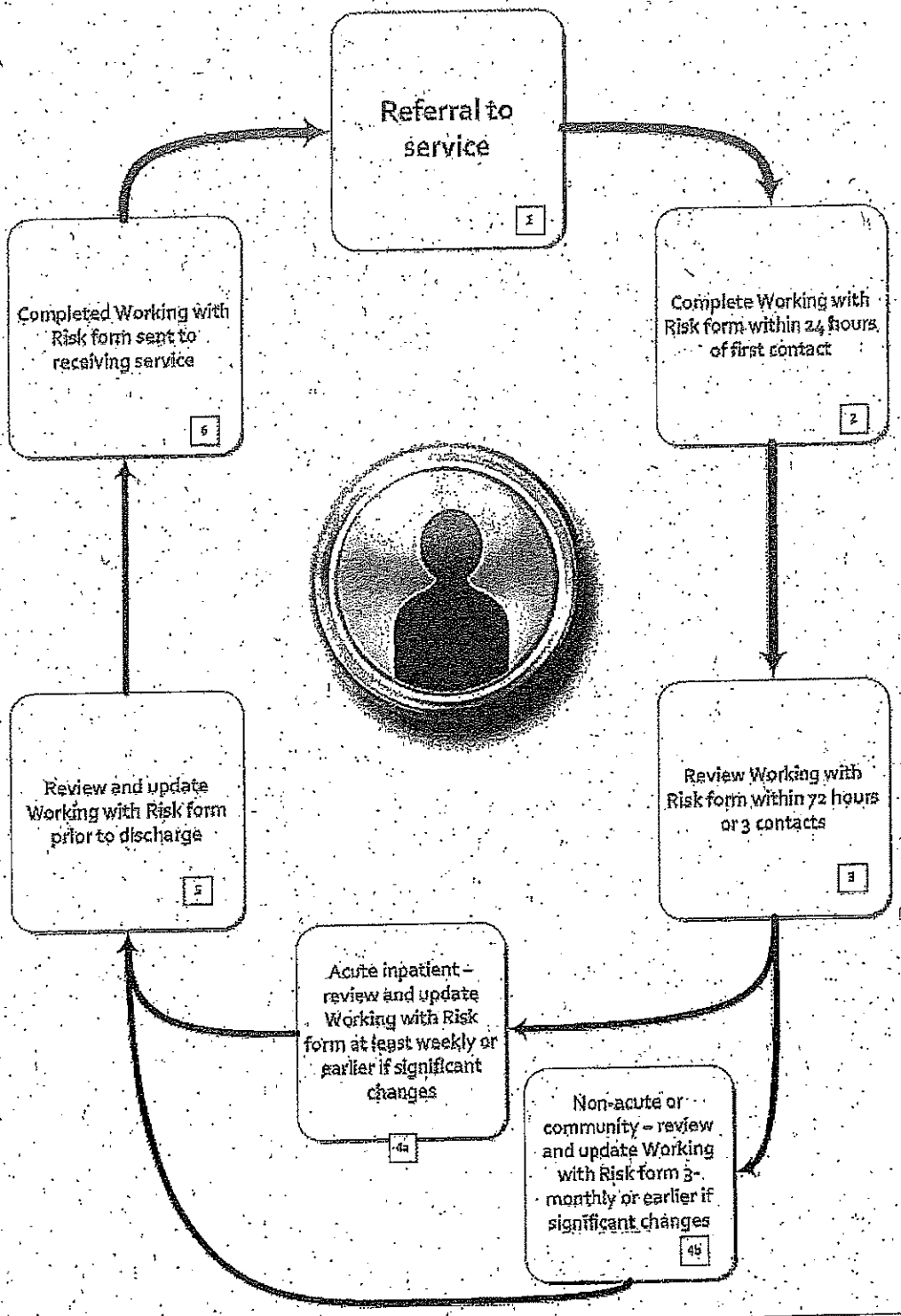
Collects medication fortnightly
monthly clozapine blood monitoring.

Signed T. Heather	Designation S/N
Print T. HEATHER	Completion Date 26 04 2016

Working with Risk

NHS Fife

Name	Leon Crouton	CHI	1 7 0 3 7 5 1 1 9 1



Working with Risk

NHS Fife

Name	Leon Crotton	CHI	1 7 0 3 7 5 1 1 9 1

Notes

08/07/2020 - reviewed and rewritten
S/N Heather
S/N HEATHER

30/12/2020 - reviewed. No further risks identified. mental health has been stable since last review S/N Heather S/N HEATHER

Working with Risk

NHS Fife

Name	Leon Crutton	CHI	1 7 0 3 7 5 1 1 9 1

Risk Indicators

The following are lists of common risk factors to be used to assist in the completion of the *Working with Risk* form and should **not** be used as a checklist.

Risks to Self

- Attempts on their life
- Expressing high levels of distress
- Use of violent methods
- Helplessness or hopelessness
- Misuse of drugs and/or alcohol
- Family history of suicide
- Recent publicity or clusters of suicides
- Major psychiatric diagnoses
- Separated/widowed/divorced
- Expressing suicidal ideas
- Unemployed/retired
- Periods of neglect
- Failing to drink or eat properly
- Considered/planned intent
- Significant life events
- Believe no control over their life
- A sense /feeling of hopelessness
- Difficulty communicating needs
- Denies problems perceived by others
- Unable to shop for self
- Insufficient/inappropriate clothing
- Difficulty managing physical health
- Difficulty maintaining hygiene

Environmental Risks

- Ligature points, e.g. hinges, door handles
- Access to hazardous substances, e.g. cleaning fluid, drugs, alcohol, boiling water
- Access to ignition sources, e.g. lighters, matches, pressured aerosols
- Presence of vulnerable adults
- Presence of children
- Access to objects that could be used as weapons e.g. plant pots, fire extinguishers, unsecured furniture
- Access to weapons, e.g. knives, guns, etc.
- Hazardous escape route for staff
- Presence of drug paraphernalia, e.g. syringes
- Presence of antisocial peers
- Living in inadequate accommodation
- No amenities, e.g. water, gas, electricity
- Living alone (without support)
- Lack of personal supports, e.g. relatives, friends
- Pressure of eviction/repossession

Risks to Others

- Supervision failures, e.g. non-compliance
- Incidents of violence
- Psychosis, e.g. paranoid delusions about others, violent command hallucinations
- Use of weapons – carrying or using
- Misuse of drugs and/or alcohol
- Signs of anger and frustration
- Sexually aggressive behaviour
- Preoccupation with violent fantasy
- Expressing intent to harm others
- Admissions to secure settings
- Dangerous impulsive acts
- Cruelty to animals
- History of employment problems
- Diagnosis of Personality Disorder
- Relationship problems

Risks Associated with Disability

- Sensory impairments
- Intellectual impairments
- Memory/cognitive impairment
- Physical suitability of home
- Mobility inside/outside the home
- Risk of falls
- Risk of wandering
- Risk of accidental injury
- Communication difficulties
- Inappropriate expression of sexuality
- Impulsivity
- Inappropriate demands on services
- Driving

Physical Medical Risks

- Physical impairments
- Medical conditions
- Self-managing medication
- Monitoring medication side-effects
- Withdrawal from drugs/alcohol
- Self-injury (e.g. cutting, burning)
- Other self-harm (e.g. eating disorder)
- Risks from smoking (e.g. health, fire)
- Manual handling risks
- Incontinence

Other Risks

- Lack of positive social contacts
- Experiencing financial difficulties
- Exploitation by/of others
- Stated abuse by others (e.g. physical, sexual)
- Abuse of others
- Harassment by/to others (e.g. racial, physical)
- Risk to child(ren)
- Risk to vulnerable others
- Culturally isolated
- Religious or spiritual persecution
- Wilful fire raising
- Risk to staff including threats
- Staff conveying clients in own transport
- Sexually inappropriate behaviour

Working with Risk

NHS Fife

Name Leon Crotton	CHI 1 7 0 3 7 5 1 1 9 1

Name Leon Crotton	CHI/Social Work Number 1703751191
Address 3 Makgill Row	Date of Birth 17/03/75
Springfield	Gender Male
Cupar, Fife	Post Code KY15

Information sources

Discussion with Leon well known to mental health services.

Assessment date Reviewed and rewritten 08/07/2020	Review date (minimum of 3-monthly or if inpatient at clinical meeting) 30/12/2020

Continue overleaf to complete details of any identified risk

Working with Risk

NHS Fife

Name Leon Gratton	CHI 1703751191

❊ WHERE RISK IS UNKNOWN, DETAIL ACTION PLAN INCLUDING REPSONSIBLE PARTIES ❊

REFER TO RISK INDICATORS WHEN COMPLETING

1. Risk from others	Historical (over 6 months)	Current (in last 6 months)
can be vulnerable with another known person to mental health services requesting money.	(Yes)/No/Unknown	(Yes)/No/Unknown
Action plan 1) Leon to report any incidences to Richmond fellowship staff, CPN or Weston.	**Responsible parties** Leon	

2. Risk to self	Historical (over 6 months)	Current (in last 6 months)
Took an overdose 11 + years ago.	(Yes)/No/Unknown	Yes/(No)/Unknown
Action plan 1) monitor mental health 2) Has crisis phone numbers	**Responsible parties** CPN, weston staff. Leon	

3. Risk to others (Name any specific persons, including staff members)	Historical (over 6 months)	Current (in last 6 months)
Aggressive towards mother when mentally unwell and taking illicit substances 29 years ago	(Yes)/No/Unknown	Yes/(No)/Unknown
Action plan 1) monitor mental health	**Responsible parties** CPN weston staff	

Working with Risk

NHS Fife

Name: Leon Crutton	CHI: 1 7 0 3 7 5 1 1 9 1

4. Risk to children (Name any specific persons, including staff members)	Historical (over 6 months)	Current (in last 6 months)
	Yes/No/Unknown	Yes/No/Unknown
Action plan	**Responsible parties**	

5. Risk from physical and/or cognitive impairment	Historical (over 6 months)	Current (in last 6 months)
presented clozapine atopic dermatitis obese tachycardia	Yes/No/Unknown	Yes/No/Unknown
Action plan	**Responsible parties**	
1) Attend GP for physical health. 2) physical health care as per clozapine policy.	Leon GP or other western staff.	

6. Risks associated with engagement with services	Historical (over 6 months)	Current (in last 6 months)
MAS forgotten appointments in the past otherwise engages well	Yes/No/Unknown	Yes/No/Unknown
Action plan	**Responsible parties**	
1) MS Martin reminds Leon of appointment times. 2) Remind Leon of appointments	Leon MS Martin CPN Western staff	

Working with Risk

NHS Fife

Name Leon Crabton	CHI 1 7 0 3 7 5 1 1 9 1

7. Risk from drug and/or alcohol abuse	Historical (over 6 months)	Current (in last 6 months)
Historical drug and alcohol Abuse	Yes/No/Unknown	Yes/No/Unknown
Action plan	**Responsible parties**	
1) observe for signs of alcohol or drug abuse	CPN weston staff	

8. Environmental risk	Historical (over 6 months)	Current (in last 6 months)
In the past when unwell and taking illicit drugs and alcohol	Yes/No/Unknown	Yes/No/Unknown
Action plan	**Responsible parties**	
1) monitor mental health.	CPN weston staff	

9. Potential for positive risk taking	Historical (over 6 months)	Current (in last 6 months)
Engages well with mental health service, compliant with medication	Yes/No/Unknown	Yes/No/Unknown
Action will make contact if any worries or concerns		

Working with Risk

NHS Fife

Name	Leon Crouton	CHI	1 7 0 3 7 5 1 1 9 1

Forensic history			
Nil			
Client involved?	Yes/No	Carer involved?	Yes/No
Client agreed?	Yes/No	Carer agreed?	Yes/No
If no, please give details			
Discussed/shared with other agencies? (please specify)			

Is there a need for a more detailed assessment?	Yes/No	If YES, detail actions including responsible parties
Actions	Responsible parties	

Where the assessment is not complete	What actions have you taken to ensure completion within the required timescales?
Actions	Responsible parties

Working with Risk

NHS Fife

Name Leon Gratton	CHI 1703751191

Consent has been given to share this information	yes/no

Distribution List (copies sent to, for example):			
GP	yes/no		yes/no
Social Worker	yes/no		yes/no
MHO	yes/no		yes/no
Housing	yes/no		yes/no

Patient:		
Print Name	Signed	Date/Time

Staff			
Print Name	Signed	Designation	Date/Time
T. HEATHER	T. Heather	S/N	03/07/2020

Rewritten 09/12/16

Kirkcaldy & Levenmouth CHP - Mental Health Services

Clozapine Monitoring (M1-1) (North Fife)

NHS Fife

Care Pathways

Name: Leon Gratton	Ward / Dept: Weston	Care Plan Number 2
C.H.I. Number 1703751191		Date Commenced 13/08/13 updated 09/12/16.
Consultant/G.P. Dr Hawson	Care Pathway initiated by: T - Heather S/N	Date Resolved

Description of Need:
Patients treated with clozapine, require close monitoring due to the risk of adverse effects particularly during the early stages of treatment.
Haematological monitoring is mandatory as set out by the Zaponex Treatment Access System (ZTAS).
Additional clinical monitoring is required to identify other serious side effects and less serious side effects which can be minimised by dose reduction, reducing the rate of dose increase, adjusting the timing of the doses, or by prescription of additional medication to treat the side effect.

Objective/Expected Outcome:
To optimise the benefits and minimise the risks of treatment with clozapine by monitoring for and reporting side effects.

Actual Outcome

Evaluation/Review No	Date Due	Evaluation/Review No	Date Due
1	08/11/17	9	
2	~~13/11/18~~	10	
3	21/11/18	11	
4	/11/19	12	
5	December 2020	13	
6	December 2021	14	
7		15	
8		16	

ACTION TO BE TAKEN	Date	Signature	Variance
Patient education Prior to commencing treatment with clozapine, patients will be provided with information on clozapine including blood sampling requirements, benefits of treatment and possible side effects. This may be presented in various forms. For example: Zaponex Patient Handbook and DVD (available from ZTAS); Patient Information Leaflet (available on the ZTAS website www.ztas.co.uk Select "download forms" then "Zaponex Patient Information Leaflet (PIL)") Patient information leaflets available from Choice and medication http://www.choiceandmedication.org/nhs24/	9/12/6	TH	
Nursing staff education Nursing staff will familiarise themselves with the information contained within "Zaponex- your guide" and the background information contained in Appendix 1 of this Care Pathway. For comprehensive information refer to the Zaponex Summary of Product Characteristics (SPC) which is available on the ZTAS website www.ztas.co.uk On Homepage select "download forms" then "Summary of Product Characteristics"	9/12/6	TH	
Patient Consent to registration with ZTAS The consultant is responsible for informing the patient and/or carer(s) that patients' personal details will be saved on the ZTAS database and on the Central Non Re-challenge Database, if applicable. A "Consent Form" for obtaining a patient's consent for registration with ZTAS can be downloaded from the information section of the ZTAS website by healthcare providers who are registered with ZTAS. All personal information as received by ZTAS is handled in accordance with the Data Protection Act 1998. For patients with T2/T3 Treatment Plans clozapine must be specifically listed in the Treatment Plan.	9/12/6	TH	

Registration
Medical staff must register the patient with ZTAS.

Date of registration	ZTAS PIN Number
05/06/2012	10278890

Venepuncture for mandatory full blood count (FBC) monitoring
Nursing staff will ensure that the patient attends for venepuncture according to monitoring frequency and record current monitoring frequency below.

Monitoring frequency	Date
Weekly monitoring (date clozapine commenced)	08/06/12
Fortnightly monitoring commenced (advised by ZTAS)	15/10/12
Four weekly monitoring commenced (advised by ZTAS)	18/06/13
Any further changes in monitoring frequency to be recorded below	

Leon Gatton
1703751191

Kirkcaldy & Levenmouth CHP - Mental Health Services

Clozapine Monitoring (M1-1) **(North Fife)**

Parameter/test	Frequency	Action if outside reference range			
BMI	Baseline, weight during initiation, 3 monthly for one year then annually	Offer lifestyle advice	10/12/19 TH		
Plasma glucose (fasting)	Baseline, 1 month, then from 3 months, 3 monthly up to 1 year, then 6 monthly.	Offer lifestyle advice. Obtain HbA_{1c} Consult with GP or specialist as appropriate		25/6/2020	08/12/2020
Blood lipids	Baseline, 3 monthly for 1 year then 6 monthly	Offer lifestyle advice. Refer to GP or specialist for consideration of treatment e.g. statin therapy.	10/12/19 TH	25/6/2020	08/12/2020
Blood pressure	Baseline and as per initiation protocol, 3 monthly for 1 year then annually. Also following dose changes.	If hypotensive; consider slower titration or dose reduction. If hypertensive: offer lifestyle advice and consult with GP and/or specialist for consideration of treatment	10/12/19 TH	24/11/2020	
Pulse	Baseline and as per initiation protocol, at 3 months then annually.	Consider slower titration or dose reduction. If tachycardia persistent, observe for other indicators of myocarditis or cardiomyopathy.	10/12/19 TH	24/11/2020	
ECG	Baseline, at 3 months and then annually	Act on abnormality according to clinical significance. Refer to cardiologist if in doubt.	29/10/19 TH	24/11/2020	
Urea & electrolytes	Baseline then as clinically indicated	Investigate as clinically appropriate.	10/12/19	25/6/2020	08/12/2020 TH
Liver function tests	Baseline then annually or more frequently if clinically indicated.	Investigate as clinically appropriate.	10/12/19 TH	25/6/2020	08/12/2020 TH
Side effects	"Glasgow antipsychotic side effects scale (GASS) for Clozapine" or other recognised side-effect questionnaire for antipsychotic medication during initiation and regularly thereafter, with general side-effect enquiry at least at any point of blood sampling, with specific reference to constipation	As clinically appropriate	29/10/19	24/11/2020	
Smoking status Non smoker	On initiation and at regular intervals thereafter, at least annually. Warn patient regarding effect of changes in smoking status on clozapine levels and side-effects.	Check clozapine level and GASS for clozapine if change of status. Discuss any changes with consultant	10/12/19	24/11/2020	
Women of reproductive age	Pregnancy/contraceptive status on initiation and at regular intervals thereafter, at least annually	In all cases: Pre-pregnancy discussion of pregnancy intentions. Offer advice/signposting on contraception. Early discussion of options if unplanned pregnancy	N/A TH		

21/07/2020 - Assay level
08/12/2020 - Troponin

Continuous Care Record

NHS Fife

Name: Leon Grattan Ward: Weston House CHI: 1 7 0 3 7 5 1 1 9 1

Date / Time of Entry	Record of Care	Signature, Print Name, Designation
15/11/17 1425	Contacted Leon via telephone to determine if bloods were obtained, unfortunately Leon had eaten, therefore bloods not taken and a further appointment was arranged for 16/11/17 @ 1030am	[illegible]
16/11/17 15 50	Blood collected at GP surgery entered onto Ztas system green result.	S/N HEATHER, S/N Heather
20/11/17 13 40	14/11/17 (written in retrospect) attended for annual clozapine physical health checks, unable to obtain bloods. completed the warwick-edinburgh mental well being scale, GASS and the passport to health documentation. Leon to return to weston on 15/11/17 as documented for bloods.	S/N HEATHER, S/N Heather
21/11/17 16:00	Leon had an appointment at dermatology today prescribed flucloxacillin 500mg qds and fucibet ointment 2-3 times a day for two weeks. CPN Duffy will contact GP re prescription	S/N Heather, S/N HEATHER
21/11/17 15 55	Letter sent to Leon for ECG appointment on 29/11/17.	E Wilson NA, E Wilson NA
23/11/17 1600	Leon telephoned to inform staff he would be unable to attend his ECG appointment on 29/11/17 due to workmen going to his house. Appointment rearranged for 3.30pm on 28/11/17.	[illegible], E Wilson NA, E Wilson NA
28/11/17 15 35	Leon attended for ECG today. Same obtained and [illegible] day	[illegible] NA

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Name Leon Grattar CHI 1703751191 NHS Fife

Date / Time of Entry	Record of Care	Signature Print Name Designation
	medication given as per kardex. skin remains dry broken and inflamed even though he has been applying his cream.	A Bloomfield A BLOOMFIELD NA
4/12/17 14-10	reviewed working with risk document. identified as a vulnerable adult following initial care conference on 09/11/17.	S/N HEATHER S/N Heather
12/12/17 11-15	Attended clozapine clinic, unable to obtain a blood sample. Appointment made with GP surgery for a FBC 13/12/17 11-30. weighed Bp/P and waist circumference taken.	S/N Heather S/N HEATHER
11-20	Given 14 days supply of medication.	S/N HEATHER S/N Heather
15-55	Leon has telephoned trying to organise transport to the surgery tomorrow. He plans to contact Richmond Fellowship for a lift.	S/N HEATHER S/N Heather
13/12/17 15 50	Leon contacted Weston by telephone this afternoon to inform staff he had attended the surgery for bloods but they were unable to obtain same. Leon informed staff he has a further appointment on Friday.	S/N Heather S/N HEATHER E Wilson NA E WILSON NA
16-10	Boots informed of last entry	S/N Heather S/N HEATHER
15/12/17 1545	Blood results from sample obtained by GP practice 15/12/17 submitted on to ZTAS, GREEN RESULT	AW [illegible]
20/12/17 10 50	Leon attended today for medication Fourteen days given as per kardex.	A Bloomfield A BLOOMFIELD NA

Continuous Care Record

NHS Fife

Name Leon Gratton	Ward Weston	CHI 1703751191

Date / Time of Entry	Record of Care	Signature: Print Name Designation
04/1/18 11.35	Appointment made at GP Surgery 9/01/18 for a FBC for clozapine monitoring at 10.35. Leon telephoned by S/N Heather, informed of appointment and agreed to same. CPN Duffy also informed	S/N HEATHER S/N Heather
9/01/18 11-00	Leon attended clozapine clinic. Bp, P and weight taken. No problems with constipation. Bright in mood. Left with CPN Duffy to go to GP Surgery for bloods. Given seven days supply of medication	S/N Heather S/N HEATHER
11.15	CPN Duffy informed phlebotomist at GP Surgery unable to obtain bloods. Leon to return for further blood test tomorrow.	S/N HEATHER S/N Heather
10/1/18 12 35	Leon attended for bloods with CPN Brian Duffy as GP surgery were unable to obtain same. Clozapine Bloods taken today and sent by post for testing.	S/N Heather S/N HEATHER E Wilson N E Wilson N
16.05	Seen by Dr Oliver, pizotifen discontinued and fluoxetine increased to 60mg from next order. Leon due to receive next order on 23/1/18.	S/N HEATHER S/N Heather
11/1/18 12 00	Telephone call from ~~Denzapine~~ ZTAS to inform staff they were unable to test Leon's blood sample due to it having clotted in the vacutainer. CPN Brian Duffy informed of same. Contacted Leon who has agreed to	

Page 81 Name Leon Grattan CHI 1703751191 NHS Fife

Date / Time of Entry	Record of Care	Signature Print Name Designation
11/1/18 12.00.	attend for bloods on Tuesday 16/1/18.	[signature] S/N Heather S/N HEATHER
16.10	Leon telephoned stating he was struggling, described anxiety symptoms. Seemed less anxious at end of conversation. S/N Heather spoke with Maxine Easte pharmacy assistant regarding a medication history to look at alternatives to clozapine if required	S/N HEATHER S/N Heather
16/1/18 10.20	Bloods taken for clozapine monitoring FBC Troponin level Bright in mood.	S/N HEATHER S/N Heather
16.15	Bloods entered onto Ztas system, green result.	S/N HEATHER S/N Heather
18/01/18 1535.	Leon attended Weston for the Music Group this afternoon, appeared bright in manner. Appeared to have enjoyed participating in group playing bass guitar, interacted well with others in the group. No concerns to note.	[signature] TRACEY WHITTON C Billett STN [signature]
31/1/18 16.30	Leon telephoned to confirm when his bloods for clozapine monitoring are due. The police were also giving advice on health and safety when S/N Heather returned Leons call.	S/N HEATHER S/N Heather
6/2/18	Leon attended the clozapine clinic unable to obtain blood. Leon will return tomorrow morning. BP & weight taken. Leon reports	

Continuous Care Record

NHS Fife

Name Leon Grattan	Ward Weston	CHI 1703751191

Date / Time of Entry	Record of Care	Signature, Print Name Designation
	Leon anxiety and dizzyness since the discontinuation of Pizotifen and increase in Fluoxetine. Given fourteen days supply of medication	S/N Heather S/N HEATHER
7/2/18 1615	Leon attended for clozapine bloods same obtained and sent for analysis	L Gibbs NA E Wilson NA
8/2/18 1455	Leon did not attend the music group this afternoon - no contact made	G Blackwood S/N L Gibbs NA E Wilson NA
15/2/18 15.20	Leon attended the music group this afternoon. Noted to be cheerful in mood interacting with others. Leon was interested in learning to read the music and learn more about his guitar playing.	S/N Heather S/N HEATHER L Gibbs NA E Wilson NA
19/2/18 15.55	Telephone call received from Stuart Brown S/W. Agreed to plan a CPA at Weston. Adult protection order has been down graded. Stuart will attend the CPA to update everyone. Date to be arranged	S/N Heather S/N HEATHER
20/2/18 10.05	MEDICATION - Richmond Fellowship Support Worker Rachael Johnson collecting fourteen day medication supply on behalf of Leon who was unable to attend in person. Richmond office contacted to confirm identity and role - STAFF NURSE	U ST ICC V. ST ICC
22/2/18 1445	Leon did not attend the music group this afternoon - no contact made	L Gibbs NA E Wilson NA S/N Heather S/N HEATHER
28/2/18 1345	Contacted Leon by telephone to inform him that due to adverse weather	

Page 83 Name. LEON GRATTON. CHI 1703751191

NHS Fife

Date / Time of Entry	Record of Care	Signature Print Name Designation
28/2/18 13 45	conditions the music group will be cancelled tomorrow. Leon stated he was fine today no concerns offered.	A.Walsh A.WALSH E.Wilson NA E.WILSON NA
6/3/18 0920	Leon attended this Morning for Clozapine bloods to be obtained. 14 days Supply of Medication also provided as per Kardex. BP and pulse obtained along with Leon's weight. All within Normal limits. further appointment Confirmed for 3/4/18 for Next bloods to be obtained.	C.Whitehead HCA C.Whitehead
15/3/18 15.15	Leon support worker from Richmond attended to collect fourteen days medication as per kardex. Same given as badge was shown	A.Walsh A.WALSH A.Bloomfield A.BLOOMFIELD NA
27/3/18 14 38	Leon telephoned as he has received a letter from his GP requesting he make an appointment for a mental health / physical health check. S/N Heather advised Leon to arrange an appointment	S/N HEATHER S/N Heather
3/4/18 10 05	Leon attended weston unable to obtain bloods for clozapine monitoring. Bloods to be taken on 5/4/18. BP, P and weight taken. Denies constipation and does not smoke. Bright in mood plans to go to the gym at Strathedin	S/N HEATHER S/N Heather
5/4/18 16 25	Bloods taken for FBC, U+E'S, LFT'S, glucose and cholesterol as requested by	

Continuous Care Record

NHS Fife

Name Leon Gratton	Ward Weston	CHI 170375/191

Date / Time of Entry	Record of Care	Signature Print Name Designation
	Gp. FBC ~~count~~ Therefore entered onto Ztas system for clozapine monitoring. Green result	S/N HEATHER S/N Heather
16:30	CPA went well. There has been an improvement it Leon's mood and ~~has~~ a reduction in anxiety since an increase in fluoxetine in January 2018. John MacDonald informed Leon is up and dressed when ~~they attend~~ the Richmond fellowship attend. Leon is addressing his debt. He plans to go to appointment with fitness instructor Steven Adamiah at Stratheden. S/W Stuart Brown informed the adult at risk had been downgraded to vulnerable adult. main problem is the ongoing issue with Leons excema has a dermatology appointment in July may require an admission for intensive treatment. Next CPA to be arranged in six months.	S/N HEATHER S/N Heather
6/4/18 4am	Phone call from Leon to say the GP surgery has been on the phone to ask him to attend on Wed 1pm to have his bloods repeated. Reassurance given and accepted.	S/N LSimpson LSIMPSON ABloomfield ABLOOMFIELD NA

Page 85 Name: Leon Gre[illegible] CHI 1703751191 NHS Fife

Date / Time of Entry	Record of Care	Signature Print Name Designation
19/4/18 15:30	Fourteen days medication issued to support worker as agreed by Leon. Enquiring when 'bloods' were to be taken. Staff unsure of situation so advised that Leon contact Weston. Informed by Leon that GP has requested further bloods (Glucose and lipids but unsure of request). Advised to attend Wed 25th April @ 10 am and staff will clarify blood request with GP. Leon content with situation.	TRACY WATT
20/4/18 1215	CPN B Wotherspoon requesting ferritin and HbA1c bloods to be taken 1/5/18 for GP.	A McAlay ANDREW
1/5/18 9:30.	Leon attended for clozapine and repeat bloods. Unable to obtain same. Leon to attend tomorrow for same. BP and height taken. Leons skin noted to be improved. Leon stated he was taking antibiotics for this. Denies any constipation.	TRACY WATT E Wilson N E WILSON N
2/5/18 10:45	Leon attended for bloods as planned. Only able to obtain enough to send to Ztas for clozapine levels. Leon will return on Tuesday 8th for Ferritin and HbA1c.	C Nicholl / C Muirhead E Wilson N E WILSON N
3/5/18 14:40.	Leon attended the music group this afternoon. Cheerful in mood enjoying playing his bass guitar. Leon stated he has been using YouTube to learn his bass. Leon stated he is unsure if he will be attending on Tuesday for his bloods or Thursday as his CPN	

Continuous Care Record

NHS Fife

Name: Leon Gratton | Ward: Weston | CHI: 1 7 0 3 7 5 1 1 9 1

Date / Time of Entry	Record of Care	Signature Print Name Designation
3/5/18 14.40	has spoken to Dr Kent who has said she would take Leon's blood. Dr Kent will not be at Weston until Thursday 10th May.	E Gibbon NA E Wilson NA
3/5/18 16.10	Contacted CPN Brian Duffy to confirm a date for Leon's bloods to be taken. Brian will bring Leon for bloods on Wednesday 9/5/18 and will arrange for them to be taken by Dr Kent when she is at Weston in the morning.	staff nurse V Bell V Still E Gibbon NA E Wilson NA
9/5/18 11am	Leon attended for repeat bloods HBAC, Ferritin. Same obtained and sent to labs.	G Underwood S/N E Gibbon NA E Wilson NA
15/5/18 15.20	CPN Duffy collected fourteen days supply of medication on behalf of Leon. S/N Heather	S/N HEATHER S/N Heather
17/5/18 15.20	Leon attended today having been given a lift to Weston from his CPN Brian Duffy as Leon has no money to get a taxi. Leon participated fully in the lesson encouragement given to learn new technique. Leon noted to be cheerful in mood engaging well with fellow clients.	S/N Heather S/N HEATHER E Gibbon NA E Wilson NA
29.5.18	Leon attended for clozapine bloods. Unable to obtain so will return on Thursday. Fourteen days medication given as per Kardex.	V Still V Still A Bloomfield A Bloomfield NA
31/5/18 11.55	Leon attended with CPN Duffy for clozapine bloods. unable to get blood. Email sent to Dr Kent requesting she taken blood on 6/6/18. Leon plans to wait until the music group at 13.00.	S/N HEATHER S/N Heather

Page 87 Name Leon Cratton CHI 1703751191 NHS Fife

Date / Time of Entry	Record of Care	Signature Print Name Designation
31/5/18	CPN Duffy informed Richmond Fellowship put a cause for concern into Social work due to Leon being hassered for money by the person who has caused Leon anxiety in the past. S/W Stuart Brown is looking into same.	S/N Heather S/N Heather
31/5/18 1605	Leon attended the music group. Noted to be cheerful in mood engaging well and fully participated in learning and practicing the techniques shown.	E Wilson NA E Wilson NA
4/6/18 9:42	Dr Trent will take blood for clozapine monitoring. CPN Duffy will bring Leon into Weston at 12:00.	S/N Heather S/N Heather
11-00	Telephone call received from Stuart Brown S/W re a cause of concern as documented in earlier entry 31/5/18. Stuart Brown is completing an IRD.	S/N Heather S/N Heather
16-00	Dr Trent unable to obtain blood. Dr Chigwada contacted, he will see Leon on Wednesday. Dr Olley to review medication due to increasing difficulty in obtaining blood.	S/N Heather S/N Heather
5/6/18 1400	Leon telephoned re blood test tomorrow. Time to be confirmed with Dr Chigwada.	S/N Heather S/N Heather
15 50	Leon contacted to attend 10-30 6/6/18 for clozapine blood test.	S/N Heather S/N Heather

Continuous Care Record

NHS Fife

Name Leon Gratton	Ward Weston	CHI 1703751191

Date / Time of Entry	Record of Care	Signature Print Name Designation
6/6/18 4.08	Bloods taken for clozapine monitoring by Dr Chigwada. Blood results entered onto Ztas system green result.	S/N HEATHER S/N Heather
7/6/18 14.54	Leon attended one to one tution for guitar and stated he enjoyed this, he then attended the music group and put into practice what he had learned in his tution. Leon engaged with other members of the group, participating fully	S/N Heather S/N HEATHER STUDENT NURSE SHANNON DIFOLCO SDifolco
12/6/18 13.09	Fourteen days supply of medication given to CPN Brian Duffy on behalf of Leon	S/N HEATHER S/N Heather
14/6/18 14.55	Leon attended the music group this afternoon. Spent time on a 1-1 basis learning bass guitar techniques putting them into practice in the group. Noted to have improved in his playing. Leon stated he could not stand up to play his guitar as he becomes dizzy when he is standing. Leon travelled by bus to Cupar today and met his Richmond worker after the group to get the bus back home. Leon stated he is enjoying the group and learning his guitar.	AMurdoch AMOSW E Wilson NA E WILSON NA
18/6/18 11.15	Leon contacted Weston to inform staff he is feeling very dizzy/light headed. Advised Leon he should contact his GP if this was a concern. Leon stated he has an appointment on Wednesday with his GP. Advised	

Date / Time of Entry	Record of Care	Signature Print Name Designation
18/6/18 11.15	Leon if he was concerned then to contact his GP practice to see if he could be seen earlier. Contacted CPN Brian Duffy regarding Leon. Brian stated he would visit Leon today.	E Wilson N, E WILSON N
18/6/18 12.05	Feedback from CPN Brian Duffy. Leon informed Brian he had not slept last night. He had watched a violent film and recognises this may not have been beneficial. Brian stated Leon is having paranoid thoughts, hearing derogatory voices and hallucinations. Leon informed Brian that another patient Stewart Anderson has been coming to his house on a daily basis. Stewart came to Leons house while CPN was visiting this morning. Brian confirmed Leon has a GP appointment on Wednesday but this was not arranged by Leon due to concerns about feeling dizzy but was arranged by the GP to discuss medication/creams. Brian took Leons BP noted to be 142/92 when lying down and 150/100 when sitting. Brian will visit Leon tomorrow to monitor same.	Tracy [illegible], E Wilson N, E WILSON N
21/6/18 1515	Attended today for clozapine bloods medication and the music group. Collected medication, clozapine bloods obtained and sent to [illegible]. Participated fully in music group - noted to be improving on his playing skills. Leon stated he enjoys attending. Leon has been	E Wilson N, E WILSON N

Continuous Care Record

NHS Fife

Name: LEON GRATTAN	Ward: WESTON	CHI: 1703751191

Date / Time of Entry	Record of Care	Signature Print Name Designation
21/6/18 1515	getting the bus to Weston with support from his Richmond worker.	[signature] ASW E Wilson NA E WILSON NA
28/6/18 15.20	Leon did not attend the Music group this afternoon as he was away visiting his Mother.	S/N GEDDES [signature]
3/7/18 1450	Leon contacted Weston House via telephone this afternoon to inform us that he would be unable to attend to collect his weekly medication this afternoon as he has no money for a Taxi. Advised that his support worker would attend on his behalf, which she did. Weekly medication issued to her	S/N GEDDES [signature]
5/7/18 15.35	Leon did not attend the music group today, did not make contact with Weston	S/N [signature] Staff Nurse E Wilson NA E WILSON NA
10/7/18 10.20	Fourteen days supply of medication collected by CPN B. Duffy on Leon's behalf.	S/N HEATHER S/N Heather
12/7/18 1450	Leon did not attend the music group today - no contact made.	E Wilson NA E WILSON NA S/N Heather S/N HEATHER
19/7/18 1415	Leon did not attend the music group today. No contact made.	E Wilson NA E WILSON NA S/N Geddes [signature]
23/7/18 12.40	message from Boots one week supply of medication to be supplied due to blood validity for clozapine.	S/N HEATHER S/N Heather
24/7/18 9.45	Leon attended for clozapine bloods same obtained. BP taken 143/88 p104.	E Wilson NA E WILSON NA S/N GEDDES

Page 91 Name: LEON GLATTON CHI 1703751191 NHS Fife

Date / Time of Entry	Record of Care	Signature Print Name Designation
23/7/18	Leon was issued with 7 days medication	
0920	As only 7 days sent by Boots Pharmacy	
	due to bloods been taken late last	
	week & therefore only given Leon for 1	
	week. Asked to come back next week	S/N Goods
	which he informs me he will	
26/7/18	Leon did not attend the music	R Gibson NA
1505	group today. No contact made.	E Wilson NA
		S/N Goods
31/7/18	Brian Duffy (CPN) in to pick up Leon's	Staff Nurse
0915	medication one week issued last week and	S/N
	one week issued this week so 7 days given.	S Skinner
2/8/18	Leon did not attend the music	R Gibson NA
1605	group today no contact made.	E Wilson NA
		S/N Heather
		S/N Heather
9/8/18	CPN Duffy collected fourteen	
15.00	days supply of medication	S/N Heather
	on Leon's behalf.	S/N Heather
9/8/18	Leon telephoned requesting an	
	appointment. Same given	
	for 14/8/18 13.00. Leon	
	informed he had not	
	attended the music group	
	today as he has spent	S/N Heather
	the day cleaning	S/N Heather
16.03.18	Did not attend the music group and no	R Robinson S/N
15.00	contact was made.	Kirsty Wilkinson
		S/N Goods
21/8/18	Leon attended for clozapine bloods	
9.25	same obtained. Collected fourteen	
	days medication as per Kardex.	
	Leon's skin noted to be dry today.	S/N Goods
	Leon cheerful in presentation no	R Gibson NA
	problems noted or offered.	E Wilson NA
23/8/18	Dr Olley telephoned Leon's	
15.30	WBC is high indicating	

Continuous Care Record

NHS Fife

Name Leon Craton | Ward Weston | CHI 1 7 0 3 7 5 1 1 9 1

Date / Time of Entry	Record of Care	Signature Print Name Designation
27/8/18	an infection. A message	
C/F	has been left for CPN Duty	
	to arrange an appointment	S/N HEATHER
	with GP for Leon.	S/N Heather
27/8/18	S/N Heather returned call to	
15.30	Leon whilst he was on	
	the telephone Stuart	
	Anderson knocked the door	
	and asked Leon for £10.	
	Leon informed him he	
	has no money today	
	and to come back in 10	
	minutes. Leon will	
	telephone the GP surgery	S/N Heather
	tomorrow for an appointment	S/N HEATHER
29/8/18	Discussed at Cupar LMHT	
13.27	informed of the incident	
	on 27/8/18 entry. Advised	
	to put in a cause for	S/N HEATHER
	concern to S/W.	S/N Heather
16.15	contacted Stuart Brown	S/N HEATHER
	S/W re cause for concern	S/N Heather
30/8/18	the police attended to	
13.10	get information on Stuart	
	Anderson asking for money	S/N HEATHER
	on 27/8/18.	S/N Heather
15.00	Richmond fellowship	
	telephoned informing S/N	
	Heather that Leon was	
	wanting to speak about	
	past abuse issues. Leon's	
	mother states it has	
	been dealt with in the past	
	Richmond fellowship	
	staff are hoping Leon	
	will attend the express group.	

Page 93 Name: Leon Gratton CHI 1703751191 NHS Fife

Date / Time of Entry	Record of Care	Signature Print Name Designation
	If CPN Duffy does not do a referral S/N Heather will do one on her return from A/L	S/N Heather S/N Heather
13/9/18 15:00	Leon did not attend the music group this afternoon. No contact made. EWilson	E Wilson AN E Wilson AN AN Wood
18/9/18 16:25	Leon attended the clozapine clinic, brought in by CPN Duffy. Bloods taken for clozapine monitoring. BP and weight completed a GASS for side effects and the Warwick-Edinburgh mental well being scale. Leon was unstable and noted to be anxious.	S/N Heather S/N Heather
19/9/18 13:25	Leon telephoned yesterday leaving a message stating he wanted to discuss his memory. No answer when S/N Heather returned his call. CPN Duffy informed Leon had left a message regarding his memory	S/N Heather S/N Heather
20/9/18 14:35	Leon did not attend the music group this afternoon. No contact made	E Wilson AN E Wilson AN
		S/N Heather S/N Heather
3/10/18 1120	CPN B. Duffy collected fourteen days medication on behalf of Leon as per Kardex.	S/N Coone A Bloomfield A Bloomfield PNA
16/10/18	Leon attended clozapine clinic. Unable to collect Blood. Leon will return	

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NHS Fife

Name Leon Cration	Ward Weston	CHI 1703751191

Date / Time of Entry	Record of Care	Signature Print Name Designation
	on 18/10/18 for clozapine Blood monitoring BP and weight taken.	S/N HEATHER S/N Heather
15/10/18 16.10	Leon attended. Bloods taken for clozapine monitoring and troponin levels. Attended the CPA S/W Stuart Brown informed Richmond fellowship hours will be reviewed. Discussed Stuart Anderson who does not seem to be a problem for Leon at this time. Leon is isolating himself only going out if he has to due to anxiety. Next CPA arranged for 18/4/19 @ 12.30pm	S/N Heather S/N HEATHER
	Blood results from sample obtained this morning entered on to ZTAS, GREEN RESULT	[illegible]
16/11/18	Leon attended today for clozapine bloods unable to obtain advised to return on Tuesday next week.	[illegible]
20/11/18	Fourteen days medication given as per kardex.	A Bloomfield A BLOOMFIELD NA
20/11/18 9.15	Leon attended for clozapine bloods as planned. Same obtained.	E Wilson NA
27/11/18 15.20	Leon attended for clozapine physical health checks. unable to obtain ECG at this time due to a technical problem. weight, height BMI and completed the GASS and the Warwick Edinburgh mental wellbeing	

Page 95 Name Leon Cratton CHI 1703751191 NHS Fife

Date / Time of Entry	Record of Care	Signature Print Name Designation
	Scale ECG rearranged for 27/11/18. Leon scored 31 for GASS some of the symptoms he described is linked to anxiety.	S/N HEATHER S/N Heather
21/11/18 16-00	working with RSH reviewed There has been a further S/W investigation re another patient asking Leon for money. Leon informs the person is his friend and is happy with the current situation. Leon to be encouraged to discuss any worries or concerns with Richmondfellowship or Weston staff. No further risks identified care plan 2 reviewed. No change continue as planned	S/N Heather S/N HEATHER
27/11/18 11:43	CPN attended today to collect medication for Leon. Fourteen days given as per Kardex. Leon attended for ECG same obtained	A Bowtheler A BOOTHERDON
10/12/18 16-00	CPN Duffy will bring Leon into Weston on 12/12/18 for clozapine bloods.	S/N HEATHER S/N Heather
11/12/18 11-00	CPN Duffy collected fourteen days supply of medication on Leon's behalf	S/N HEATHER S/N Heather
12/12/18 9.15	Leon attended for clozapine bloods FBC LFT U+E Fasting Glucose and Cholesterol Same obtained BP taken noted to be 146/92 p125.	E Gibson HA E GIBSON HA
15-05	Blood results entered onto ztas system WBC 9.9,	

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NHS Fife

Date / Time of Entry	Record of Care	Signature Print Name Designation
	PLT 212, Neut 5.00, EOS 0.68	S/N HEATHER
	green result.	S/N Heather
18/12/18	Fourteen days medication	S/N Heather
13:50	taken to Leon by CPN Duffy	S/N HEATHER
8/01/19	Leon attended clozapine	
0900	clinic. Bloods taken,	
	weight and BP. Leon denies	
	any problems with constipation	
	continues to abstain from	
	smoking. Given fourteen days	S/N HEATHER
	supply of medication.	S/N Heather
24/1/19	Numerous telephone calls received	
1455	from Leon over the past two weeks	
	enquiring if the music group is on	
	then does not attend. Also looking	
	to get new strings put on his guitar	
	and help to sell one of his bass guitars.	
	Suggested to Leon he take is guitars	
	to local Luthier in Pitreavie. Leon	
	stated he would discuss same with	E Wilson
	his CPN Brian Duffy	E Wilson
5/2/19	Leon attended today to have his Clozapine	
0915	bloods obtained. Same sent to Zoptrex	
	Also issued with 14 days Medication	
	as per Kardex. Bright & jovial in general	S/N Geddes
	appearance chatting freely.	[signature]
12/2/19	Leon telephoned stating	
16.00	he would attend tomorrow	
	morning for an ECG and	
	requesting a one to one	S/N HEATHER
	appointment	S/N Heather
13/2/19	Leon attended for his	
14:00	ECG. one to one with	
	S/N Heather. Leon states	
	he is experiencing flash	
	backs in the mornings	
	as he is waking up.	

Continuous Care Record

NHS Fife

Name Leon Crolton	Ward Weston	CHI 1703751191

Date / Time of Entry	Record of Care	Signature Print Name Designation
	Leon describes the flashbacks as being hurt by a group of boys when he was younger, he states he does not know what happened but didn't like it. Leon is unaware of any triggers and denies any contact with the person who has been mentioned in the adult protection discussions previously. Leon also states he was lonely and feels he required to go out but finds it difficult. Discussed the possibility of a befriender Leon thinks is might be on a befrienders waiting list. S/N Heather to check same. Leon would like to restart ~~Lunch~~ TI CH which he has enjoyed in the past. Also discussed attending the music group, Leon states he would try and save up for taxi fare to attend. Working with risk reviewed NO S/N HEATHER NEW RISKS identified S/N Heather	
13.2.19 15.20	Leon attended for ECG as required due to medication. Also struggling when lying down breathing so reassurance given and accepted	AG

Continuous Care Record

NHS Fife

Name Leon Gratton	Ward Weslar	CHI 1 7 0 3 7 5 2 1 9 1

Date / Time of Entry	Record of Care	Signature Print Name Designation
13.2-19 cont	Explained that it would be passed on to Dr Olley to read - left to go home with CPN	S/N Gaar / A Broomhead / A Broomhead
14-2-19	CPA rearranged to 25/04/19 12-30 at Dr Olley's request	S/N Heather / S/N HEATHER
14/2/19 13.50	S/N Heather contacted LINK befriending service Sonya Smith. Leon is not on their waiting list. Referral to be sent	S/N HEATHER / S/N Heather
16.10	Leon telephoned to ask about results of ECG. Leon informed the ECG would have to be repeated due to too much interferance. Leon will try and come in on 19/02/19.	S/N HEATHER / S/N Heather
19/2/19 13 45	Leon attended this morning for a repeat ECG and collected fourteen days medication as per kardex. No problems noted or offered.	S/N Heather / S/N HEATHER / E Wilson N / E WILSON N
16:15	Referral for LINK befriending completed.	S/N HEATHER / S/N Heather
5/3/19 09-55	Leon attended the clozapine clinic. Bloods taken for clozapine monitoring weight and BP taken. Given fourteen days supply of medication. No problems noted	S/N HEATHER / S/N Heather
15:20	Leon telephoned he is going away to his mothers house for a week on 14th march. fourteen days supply of	

Page 99 Name Leon Gratton CHI 1703751191

NHS Fife

Date / Time of Entry	Record of Care	Signature Print Name Designation
	medication to be ordered on 8/03/19.	S/N Heather S/N HEATHER
6/03/19 11-25	S/N Heather telephoned Leon to inform Sonya Smith from Link befriending Service will phone Leon this afternoon to arrange a meeting Leon happy with same	S/N HEATHER S/N Heather
13/3/19 10:30	Phone call received from Leon stating that he is dizzy all the time whether standing sitting or lying in bed. Encouraged to try and get appointment for the GP to have it checked. Leon states he couldn't get appointment and he didn't have money for the taxi fare. He is going away tomorrow so will collect his med in the morning when his mum picks him up as he is staying there. Leon also mentioned that his house is being decorated when he is away.	S/N Heather S/N HEATHER A Bloomfield A BLOOMFIELD NA
12-15	S/N Heather telephoned Leon he stated he had spoken with his GP, to wait a few days to see if dizziness subsides. Leon to get BP checked when he collects his medication tomorrow	S/N HEATHER S/N Heather
15-30	CPN Duffy has visited Leon, he has advised him to stop an anti itch tablet recently started.	S/N Heather S/N HEATHER
14/3/19 14.15.	Leon attended early for appointment with Dr Olley. BP taken sitting	

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NHS Fife

Name Leon Cralton	Ward Weston	CHI 1703751191

Date / Time of Entry	Record of Care	Signature Print Name Designation
	and standing with little change. Noted to be anxious and tense. Given fourteen days supply of medication. Leon is going to his mothers today	
2/4/19 0940	Leon attended today to have his bloods obtained (Clozapine). Same obtained & sent to Zerts. Bright & jovial in general demeanour chatting freely to staff & fellow patients. Issued with 14 days medication, as per kardex. Blood pressure 145/69 P 120. No complaints. No physical health changes to glucose/diabetes	S/N [illegible]
25/4/19 16.00.	CPA – present Dr Alley, S/N Heather, Leon, Mrs Martin and partner. Rhona Smith and John MacDonald Richmond Fellowship. Stuart Brown S/W. Apologies CPN Brian Duffy. Discussed and agreed care plan. main difficulties are Leon experiencing severe anxiety stopping him from going out and socialising. Positive feedback that Leon is motivated to help Richmond Fellowship staff in his house. Has been introduced to a befriender which is a positive step. Next CPA to be arranged for six months. 24/10/19 12.30	S/N Heather S/N HEATHER
29/4/19	multi agency MSH management	

Page 101 Name Leon Cratton CHI 1703751191

Date / Time of Entry	Record of Care	Signature Print Name Designation
	plan received from S/W Stuart Brown in relation to S.A. only.	S/N Heather S/N HEATHER
30/4/19 09-20	Leon attended the clozapine clinic, brought in by support worker. Bloods taken for clozapine monitoring and troponin. Denied any problems with constipation weight, BP, P taken. Advised a letter will be sent as fasting bloods due on 28/05/19. Given fourteen days supply of medication	S/N Heather S/N HEATHER
21/5/19 14-00	letter sent to [illegible] Leon informing of fasting bloods due on 28/5/19	S/N Heather S/N HEATHER
14-05	Dr Olley is requesting LFT's for 28/5/19	S/N Heather S/N HEATHER
28/5/19 16-15	Leon attended the clozapine clinic unable to obtain blood, to return on 4/6/19 for bloods. weight and waist circumference taken. Blood pressure not taken as Leon was feeling panicky. Given fourteen days supply of medication.	S/N Heather S/N HEATHER.
04/06/19 9.35	Attended Weston to have blood taken for Clozapine monitoring. Also had fasting glucose, lipids and full blood count. Interacting well with staff, signed his CPA form and completed the Warwick-Edinburgh scale and GASS.	S/N Heather S/N HEATHER, [illegible] Student
16:05	Blood results entered onto Ztas Green result	S/N Heather S/N HEATHER,

Continuous Care Record

NHS Fife

Name Leon Gratton	Ward Weston	CHI 170375 1191

Date / Time of Entry	Record of Care	Signature Print Name Designation
10/6/19 16:03	Leon telephoned to ask how he was getting his medication tomorrow S/N Heather returned call informing Support worker Helen matters will take Leon's medication to him this afternoon S/N Heather	S/N HEATHER
24/6/19 13:10	Leon telephoned to ask how he was going to get to Weston tomorrow to have his bloods taken. Returned call advising Leon he would have to get the bus or a taxi into Cupar. Leon stated he only has £10.50 would get a taxi into Cupar and take the bus home. Suggested Leon get the bus both ways to save him money. Leon agreeable to same	Elliban NA E Wilson NA
25/6/19 11:10	Contacted Leon by telephone to discuss attendance at Weston for monthly bloods. Leon stated he would not be able to attend today due to the carpet fitters coming. Leon stated he would get the bus in tomorrow to have his bloods taken and collect medication. Leon stated he has enough medication for tonight.	S/N Heather S/N HEATHER Elliban NA E Wilson NA
26/6/19 09:25	Leon attended the for clozapine monitoring. Bloods taken BP, P, weight and waist circumference. Leon reports no constipation does not smoke. Leon informed	

Name: Leon Gratton CHI 1203751191

NHS Fife

Date / Time of Entry	Record of Care	Signature Print Name Designation
	he has an appointment for a 24hr heart trace on 23/07/19.	S/N HEATHER
04/07/19 15-00	Dr Alex emailed re planned heart trace.	S/N Heather S/N Heather S/N HEATHER
8/7/19	fourteen days supply of medication collected by support worker Helen Mowers	S/N Heather S/N HEATHER
23/7/19 1300	Telephone call from Leon, unable to attend due to lack of finances, discussed importance of same, Leon will contact his mother re finances and contact Weston later today to inform of planned attendance 24/7/19 if unable to attend, to be discussed with Support Worker & Mowers re transport.	Ann AMRSN
24/7/19 10 45	Leon attended for clozapine monitoring. Bloods taken, BP, Pulse Weight and waist circumference Leon reports no problems with constipation, does not smoke. Leon stated he is feeling "good" at the moment. Collected fourteen days medication as per kardex.	S/N Heather S/N HEATHER Elinor E Wilson
5/8/19 16-00	Leon telephoned to ask if CPN Duffy had returned to work.	S/N Heather S/N HEATHER
6/8/19 1210	fourteen days supply of medication collected by CPN Duffy on behalf of Leon.	S/N Heather S/N HEATHER
20/8/19 14-55	Leon attended the clozapine clinic brought in by CPN Duffy.	

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NHS Fife

Name	Leon Cratton	Ward	Weston	CHI	1703751191

Date / Time of Entry	Record of Care	Signature Print Name Designation
DF 20/8/19	Bloods taken for clozapine monitoring, weight, BP/P. Denies difficulties with constipation. informed of change of supplier from Ztas to Clozaril. Given fourteen days supply of medication. Plans to take son for a tatoo this afternoon for his birthday	S/N Heather S/N HEATHER
3/9/19 D-26	fourteen days supply of medication collected by CPN Duffy on Leon's behalf	S/N Heather S/N HEATHER
17/9/19 09.45	Leon attended today to have his Clozapine bloods obtained. S/N Geddes & S/N Whittan attempted to obtain this, with no success. Leon in agreement to return this afternoon & have these repeated by N/a Nilsat. All physical health checks completed & no significant changes detected. No constipation. Leon does not smoke	S/N GEDDES
14.15	Leon attended again and monthly bloods obtained for Clozaril. Informed staff that he thought he could smell cannabis but recognises that this is one of his olfactory hallucinations. CPN informed of same. Leon denies any auditory hallucinations	TRACY CUMMINS
30/09/19 16:00	fourteen days supply of medication collected on Leon's behalf by CPN Duffy.	S/N Heather S/N HEATHER

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Name LEON GRATTON CHI 1 7 0 3 7 5 1 1 9 1

NHS Fife

Date / Time of Entry	Record of Care	Signature Print Name Designation
15/10/19	Leon attended for clozapine	
1540	bloods prior to the music group this	
	afternoon. Same obtained and	
	given medication as per Kardex.	
	Leon attended the music group,	
	engaged well with fellow clients.	
	Leon played his bass guitar in	
	a way he has learned from	
	watching heavy rock bands on You	
	Tube. He is unable to follow the	
	songs/chords as he does not know	
	them and doesn't practice them at	
	home. Encouragement given during	
	the group. Leon stating he enjoyed	
	the session.	
23/10/19	Social worker Paula White	
11-00	telephoned. Stuart Brown	
	is on AL. Social worker	
	may not be able to attend	
	CPA tomorrow. Informed	
	Richmond fellowship hours	
	have been reduced to	
	eight hours a week. S/N Heather	
24/10/19	CPA held as arranged.	
16-00	only changes to care plan	
	is the reduction in Richmond	
	fellowship hours. Next CPA	S/N Heather
	to be arranged for six months.	S/N HEATHER
29/10/19	Leon attended for an ECG	
15-20	for clozapine monitoring.	
	Given fourteen days supply	S/N Heather
	of medication	S/N HEATHER
01/11/19	Working with risk reviewed	
	mental health remains stable	
	no recent notifications of	
	hassle from a previous	
	patient. multi-agency risk	

Continuous Care Record

NHS Fife

Name Leon Gratton	Ward Weston	CHI 1 7 0 3 7 5 1 1 9 1

Date / Time of Entry	Record of Care	Signature Print Name Designation
	management in place. No other risks identified.	S/N Heather S/N HEATHER
5/11/19 14:30	Leon attended the music group today. He joined in with the rest of the group playing his acoustic bass. Leon appeared well and engaged appropriately with the rest of the group. L Simpson	R McPike S/N Lorry McPike S/N
12/11/19 15:40	Leon attended the clozapine clinic. Bloods taken for clozapine monitoring, troponin and CRP. BP, P, weight and waist circumference taken. Leon stated he had a 24 hour BP monitor on 8/11/19. No abnormalities detected. Given fourteen days supply of medication.	S/N HEATHER S/N Heather
10/12/19 16:25	Leon attended the clozapine clinic late morning. Bloods taken for physical health checks, FBP, FBC, U&E'S, LFT'S, fasting glucose and lipids. Weight, waist circumference. Leon c/o constipation he has discussed with Dr Piho last week and increased his Laxido to three per day. S/N Heather asked him to increase to four sachet's per day and contact GP if no result. Given fourteen days supply of medication.	S/N HEATHER S/N Heather
11/12/19	Bloods entered onto Clozaril	

Name: Leon Gratton CHI: 1 7 0 3 7 5 1 1 9 1

NHS Fife

Date / Time of Entry	Record of Care	Signature Print Name Designation
	site. Green result.	S/N Heather
		S/N HEATHER
17/12/19 16.00	Fourteen days supply of medication collected by cpn Duffy on behalf of Leon	S/N HEATHER S/N Heather
07/01/2020 10.30	Leon attended the clozapine clinic. Bloods taken for clozapine monitoring and fasting glucose. Denies constipation or changes to smoking. BP, P, weight waist circumference. Given fourteen days supply of medication	S/N HEATHER S/N Heather
9/01/2020 16.30	Leon telephoned to ask about his blood test and when his next CPA is.	S/N Heather S/N HEATHER
04/02/2020 15.20	Leon attended this morning for Clozapine Clinic. Bloods obtained for Clozapine monitoring purposes. Weight, BP, pulse, waist circumference recorded. Leon reported no concerns. Collected 14 days supply of medications as per kardex.	S/N LSimpson LSimpson
11.2.20 14.25	LEON ATTENDED THE MUSIC GROUP TODAY. LEON WAS DRESSED ~~APPROPRIATELY FOR~~ AS APPROPRIATELY FOR TIME + WEATHER. LEON PARTICIPATED FULLY IN THE GROUP + COMMENTED THAT HE WOULD BE BACK NEXT WEEK.	LBlack LBlack S/N LSimpson LSimpson
18.2.20 14.25	LEON ATTENDED THE MUSIC GROUP TODAY. LEON PARTICIPATED FULLY WITH THE GROUP + SAID HE HAD A GOOD TIME + WOULD BE BACK NEXT WEEK	LSimpson LSimpson S/N L Black L Black
25.2.20 14.00	LEON ATTENDED MUSIC GROUP TO AS PLANNED. LEON PARTICIPATED FULLY WITH THE GROUP + SAID HE HAD ENJOYED HIMSELF. LSimpson L SIMPSON S/N	L Black S/N L Black S/N

Continuous Care Record

NHS Fife

Name Leon Crutton | Ward Weston | CHI 170375 1191

Date / Time of Entry	Record of Care	Signature Print Name Designation
03/03/20 3.15pm	Leon attended the music group and played on his bass guitar stating "I'll try my best to follow along". He ~~showed~~ also sang along to the songs played. Leon sat next to student nurse Lauren and did not become anxious. Leon's ~~[illegible]~~ mood seemed to dip slightly when he heard the music group was coming to an end, however his mood picked up again after getting into the session.	LARMetcalfe Student nurse. LARMetcalfe
03/03/20 16.30	Leon attended for clozapine ~~bloods~~ clinic. Bloods taken for clozapine monitoring, BP, P, weight and waist circumference taken. Leon became irritable and anxious when asked for bloods as he said that he is "fed up". Leon had to calm down by inhaling and exhaling deep breaths.	S/N Heather S/N HEATHER S/N Student nurse LARMetcalfe LARMetcalfe
3/3/2020 12.20	Leon telephoned 4/3/2020 informing staff he was going away to his mothers on 12/3/2020. A further fourteen days supply of medication ordered from QMHS dispensary	S/N HEATHER S/N Heather
25/03/2020 15.05	Appointment letter sent to Leon for clozapine monitoring on 31/03/2020 09.40	S/N HEATHER S/N Heather
31/3/2020 09.50	unable to obtain Leons bloods for clozapine monitoring. No signs of physical illness. Bloods to be taken on 07/04/2020. Given fourteen days supply	

Page 109 Name Leon Gratton CHI 1703751191

NHS Fife

Date / Time of Entry	Record of Care	Signature Print Name Designation
	of medication	S/N Heather S/N Heather
03/04/2020 1615	Bloods obtained at GP practice this morning for clozapine monitoring. Results transferred on to CPMS, GREEN result.	A McROACH [illegible] SN
14/04/2020 16 20	Visit to Leon home to deliver his Clozapine prescription. Leon met me at his front door and fully practice social distancing. Leon was in good spirits and is keeping himself occupied with music and movies. Plan - The team will contact Leon by telephone week commencing 20/04/2020. Leon encouraged to contact team if any concerns arise.	S/N [signature]
27/04/2020 14 00	Telephone call to Leon. Leon in good spirits and was bright and appropriate. Has decided to invest in a turntable and he discussed good places for 2nd vinyls. No concerns voiced. Plan - Team will contact week commencing 27/04/2020.	S/N [signature]
28/04/2020 [illegible]	Leon attended today to have his Clozapine bloods obtained and sent to local labs. Leon reported feeling physically well at present no Covid symptoms, no constipation & no changes to smoking habits. Leon reported concerns regarding the music group being cancelled. He reports feeling unhappy about this. Continues to play bass at home regularly. Issued with 14 days medication as per today.	S/N [signature]
29/04/2020 14.05	Blood results entered onto CPMS. Green result	S/N Heather S/N HEATHER
19/5/2020 15.20	Leon telephoned. He is	

Page 110 | Name: Leon Gratten | CHI: 1703751191 | NHS Fife

Date / Time of Entry	Record of Care	Signature Print Name Designation
19/5/2020 C/F	requesting a telephone call from Dr Olley due to his CPA being cancelled. Leon states he is experiencing an increase in anxiety in the middle of the day	S/N Heather S/N HEATHER
20/5/2020 15:00	telephone consultation arranged with Dr Olley and Leon for 28th May 2020 at 11am. Leon informed a telephone appointment will be sent.	S/N HEATHER S/N Heather
21/05/2020 10am	Leon attended today to give his Clozapine & TROPONIN Bloods obtained. Weight also obtained 135.6kg. Leon reports feeling physically & mentally well. Appeared a little preoccupied today, however chatting freely with staff. Issued with 2 weeks medication as per Kardex	S/N [illegible]
09/06/2020 10:30	fourteen days medication delivered to Leon by S/N Witherspoon	S/N Heather S/N HEATHER
15/06/2020	Appointment letter sent to Leon re fasting bloods and clozapine monitoring due on 23/06/2020 at 09:[illegible]	S/N Heather S/N HEATHER
15:42	Above appointment cancelled due to Leon having a planned appointment for bloods with GP on 25/06/2020 at 11:30	S/N HEATHER S/N Heather
24/06/2020 14:40	Discussed with S/N Witherspoon Leon is not happy with the way some Richmond Fellowship staff are speaking to him. Leon also has appointments for light treatment	

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Continuous Care Record

NHS Fife

Name	Leon Gratton	Ward	Weston	CHI	170375 1191

Date / Time of Entry	Record of Care	Signature Print Name Designation
	at St Andrews hospital S/N Wotherspoon has had a discussion with the manager John McDonald re getting Leon to his appointment. S/N Heather plans to arrange a virtual CPA, email sent to Dr Olley re same.	S/N Heather S/N HEATHER
25/6/2020 15-40	GP surgery unable to get bloods. Bloods taken at Weston for U+E'S, LFT'S, FBC fasting glucose and lipids. CPA to be arranged for 06/07/2020 11-00 professional 11-30 CPA.	S/N HEATHER S/N Heather
16-05	Blood results [illegible] onto CPMS [illegible]	S/N Heather S/N HEATHER
29/6/2020	[illegible] Leon [illegible] to near me in preparation for virtual CPA planned for 06/07/2020 at 11-30	S/N HEATHER S/N Heather
01/07/2020 16-30	spoke with Leon via near me. Leon explained Richmond fellowship help him with shopping, tidy up, hanging out the washing. Leon would like Richmond staff to help him go to appointments. Grahame from Richmond telephoned, they will make contact re CPA tomorrow.	S/N Heather S/N HEATHER
06/07/2020 16-20	virtual CPA via near me	

Fife Health & Social Care Partnership

Continuous Care Record

Name Leon Cratton	Ward Weston	CHI 1703751191

Date / Time of Entry	Record of Care	Signature Print Name Designation
06/07/18 CIF	present for professional meeting S/N B Waterspoon, Dr Olley, S/N Heather and Rachel Johnstone Richmond Fellowship. S/W Kathleen McGlone was unable to attend discussed the importance of getting Leon to his hospital appointments Richmond Fellowship are unable to take Leon to appointments, they would be able to accompany them. Rachel informed Leon had been c/o headaches and dizziness. Rachel will document how many times Leon is experiencing headaches and when. CPA included Leon, Dr Olley, Rachel, Mrs Martin, S/N Waterspoon and S/N Heather. Leon in agreement with Richmond Fellowship staff supporting him going out for short walks. Leon and Mrs Martin are in agreement with Leon paying for a voluntary driver to hospital appointments. Discussed with S/W Kathleen McGlone, she will liaise with Richmond Fellowship re Leon paying for transport.	S/N Heather S/N HEATHER

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Name. Leon GRATTON CHI 1703751191

Fife Health & Social Care Partnership

Date / Time of Entry	Record of Care	Signature Print Name Designation
21/07/2020 11:05	Leon attended today to have Clozapine & Assay bloods obtained. Negative to all Covid 19 screening. Weight obtained & 3.8kg weight gain noted. Leon was conversing freely with staff today & reports feeling well. Issued with 14 days medication as per kardex.	S/N Geddes
22/7/2020 11:00	Blood results entered onto CPMS, green result	S/N Heather S/N HEATHER
29/7/2020 14:30	Next CPA arranged for 14/01/21 11:00 near me or Weston to be decided nearer the time depending on covid 19 situation.	S/N Heather S/N HEATHER
04/08/2020 14:00	Leon contacted Weston regards his medication. Same delivered to Leon this afternoon by S/N Brian Wotherspoon.	A Murdoch [illegible] E Wilson NA E Wilson NA
11/08/2020 15:34	Appointment letter sent for clozapine clinic 18/08/2020 12:00. Copy sent to John McDonald Richmond Fellowship and CPN Coughlin.	S/N Heather S/N HEATHER
18/8/2020 14:45	Leon attended for clozapine bloods - same obtained. Leon stated he was given a lift to Weston by John from Richmond after having attended the skin clinic at the Adamson. Leon informed me that his skin has broken out again and has been asked to return to the clinic tomorrow. Could not specify what treatment he was getting at this time. BP Weight Temp taken see clozapine records for same. Collected 14 days medication as per kardex.	S/N Heather S/N HEATHER E Wilson NA E Wilson NA

Fife Health & Social Care Partnership

Continuous Care Record

Name	Ward	CHI
Leon Crawton	Weston	1703751191

Date / Time of Entry	Record of Care	Signature Print Name Designation
26/08/2020 16:00	Leon telephoned asking how he was going to get to his skin clinic appointments next week. Richmond Fellowship contacted and given information regarding continuing care patient transport information. Copy of information sent to Leon.	S/N HEATHER S/N Heather
01/09/2020 13:50	Leon telephoned, a support worker will collect his medication tomorrow. Leon states he has enough medication until then. Leon will be sent his CPA care plan to sign. A volunteer driver through continuing care has been arranged for Leon to get to his hospital appointments.	S/N Heather S/N HEATHER
8/09/2020 16:00	Telephone call received from Leon's mother. She is frustrated due to Richmond Fellowship not returning her call, difficulty getting Leon to his hospital appointments. Agreed to contact S/W re same	S/N Heather S/N HEATHER
08/09/2020 12:25	Email sent to S/W Kathleen McGlone re above	S/N Heather S/N HEATHER
13:50	S/W McGlone is going to speak with her manager	

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Name.... Leon Cratton.... CHI 1703751191

Fife Health & Social Care Partnership

Date / Time of Entry	Record of Care	Signature Print Name Designation
	re funding and service provided by Richmond fellowship. CPA to be arranged. mrs martin informed of same	S/N Heather S/N HEATHER
15.20	CPA arranged for 08/10/2020 10.30 via microsoft teams	S/N Heather S/N HEATHER
09/09/2020 16.25	Telephoned Leon to inform informed of planned CPA. email given to send link for CPA on teams contact mrs martin for email addess. Leon informed of keyworker's A/L.	S/N Heather S/N HEATHER
15/09/2020 12.53	Monthly Clozapine bloods obtained. Mood bright. fourteen days medication dispensed as per kardex	TRACY [illegible]
29/09/2020 15.25	Leon attended and collected fourteen days medication as per kardex.	[illegible] E [illegible] AN
06/10/2020 16.30	Leon telephone re CPA planned for 8/10/2020 a link for teams has been sent	S/N Heather S/N HEATHER
09/10/2020 15.38	interim CPA with kathleen McGlone S/W, Ged laughlin CPN, S/N Heather, Dr o'ley and mrs martin via teams. Leon and Richmond fellowship were unable to connect with teams. mrs martin has arranged voluntary workers to take Leon to his hospital appointment	

Fife Health & Social Care Partnership

Continuous Care Record

Name Leon Crolton	Ward Weston	CHI 1703751191

Date / Time of Entry	Record of Care	Signature Print Name Designation
	Mrs Martin is concerned that Leon's mental health will deteriorate as he is not going out and having limited contact with different people. Mrs Martin asked CPN Coughlin to leave the meeting as she is frustrated by reduced CPN support due to covid. Agreed S/N Heather would have regular near me appointments with Leon to enable him to discuss any recent concerns or frustrations. Same discussed with Leon and agreed same. Next near me appointment will be arranged with Leon when he attends the clozapine clinic on 13/10/2020.	S/N Heather S/N HEATHER
12/10/2020 14:00	Returned call to Mrs Martin. Leon had a befriender visit him at home on 9/10/2020, against current covid 19 guidelines. Link befriending service co ordinator telephoned message left on answer machine to return call.	S/N Heather S/N HEATHER
13/10/2020	Leon attended the clozapine clinic. Bloods and weight obtained. ~~Reported constipation~~, does not smoke. given fourteen	

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Name..... Leon Gratton

CHI 1703751191

Fife Health & Social Care Partnership

Date / Time of Entry	Record of Care	Signature Print Name Designation
	days supply of medication. offered a near me appointment for 20/10/2020 1pm. Leon has experienced constipation over the past three days. S/N Heather	S/N HEATHER
13/10/2020 16:00	Link Befriending co ordinator telephoned. Befrienders are not to go into peoples houses She has discussed with the befriender	S/N Heather S/N HEATHER
15/10/2020 15:00	Leon telephoned to ask if his clozapine blood results were fine. He was informed the befriender is not allowed in his house though can meet in a cafe or outside mrs martin informed of same.	S/N Heather S/N HEATHER
20/10/2020 13:25	Telephone contact with Leon he was unable to access near me. Leon states he has been attending all his hospital appointments though finds it anxiety provoking. Discussed breathing techniques and accessing U Tube video for anxiety ~~Further~~ Further near ~~me~~ me appointment arranged for 28/10/2020 1pm. Near me information sent to Leon.	S/N Heather S/N HEATHER
27/10/2020 16:20	Leon attended Weston today and collected fourteen days of	S/N A. [illegible]

Continuous Care Record (CCR)	Mental Health Quality Improvement	NHS Fife Community Services Mental Health Service
Nursing Documentation and Continuous Care Record	April 2017	Page 2 of 2

Fife Health & Social Care Partnership

Continuous Care Record

Name LEON GRATTON | Ward WEOTON | CHI 1 7 0 3 7 5 1 1 9 1

Date / Time of Entry	Record of Care	Signature Print Name Designation
27/10/2020 cont.	medication as per kardex	S/N GOODS S/N AMARLEY
28/10/2020 13:22	Telephone contact, Leon unable to connect to near me. interacting well on the phone. Leon states he sometimes forgets what he is wanting to say and stutters. No evidence of same whilst speaking today. continues to attend appointments for light treatment. States sleep pattern good. Agreed to further telephone contact on 05/10/2020 at 1pm. Remains in contact with befriender	S/N Heather S/N HEATHER
4/11/2020 14:45	Leon telephone requesting a near me appointment tomorrow at 1pm instead of a telephone call. same agreed.	S/N Heather S/N HEATHER
5/11/2020 16:20	Telephone contact with Leon he asked to arrange his near me appointment. Rearranged to 17/11/2020 1pm	S/N Heather S/N HEATHER
10/11/2020 11:10	Leon attended to have his Clozapine bloods obtained. Sample sent to laboratory for testing. Leon was issued with 14 days medication as per kardex. Reports feeling well at present & conversed well throughout. Weight obtained today with a loss of 1.24kg today. Covid screening negative on all diagnosis	S/N GOODS S/N GOODS
17/11/2020 14:15.	near me appointment with Leon. Leon states he feels	

 Name Leon Gratton CHI 1705751191

Fife Health & Social Care Partnership

Date / Time of Entry	Record of Care	Signature Print Name Designation
	low in mood at times He states his skin is improving with the light treatment continues to enjoy his music and contact with befriender Leon has ordered some miniature characters to paint. Reminded of ECG appointment on 24/11/2020	S/N Heather S/N HEATHER
24/11/2020 14:06	Attended clozapine clinic for annual physical health checks ECG, weight, BP, P taken completed the GASS for side effects of medication. Interacting well mental health remains stable next appointment for clozapine fasting bloods 08/12/2020.	S/N Heather S/N HEATHER
25/11/2020 15:30	Added to MORSE.	S/N Heather S/N HEATHER

Magna Laboratories Ltd
Unit 5 Chase Industrial Estate
Alton Road
Ross-on-Wye
HR9 5WA

Magna Laboratories

UKAS MEDICAL 8321

Pharmacist:

Clozapine Pharmacist
Stratheden Hospital Pharmacy
Stratheden

Cupar
Fife
KY15 5RR

Consultant:

Dr George Howson
Stratheden Hospital
Stratheden

Cupar
Fife
KY15 5RR

Firstname: Leon
Surname: Gratton
Gender: MALE

Date of Birth: 17/Mar/1975
PIN: 988817
NHS Number: 1703751191

Clozapine Results:

Results	Value	Reference Intervals (mg/L)
Clozapine (mg/L)	0.38	0.35 - 0.60
Nor-clozapine (mg/L)	0.20	
Clozapine / Nor-Clozapine ratio	1.9	Target: 1.3

* - outside therapeutic range
** - cannot be calculated

Comment:

Sample Details

Laboratory Number:	40275174
Total daily dose of Clozapine (mg):	300
Date / time of last dose taken:	08/12/2025 22:00:00
Split dose:	No
Date / time blood sample taken:	09/12/2025 12:00:00
Type of blood sample taken:	EDTA

Report

Status: Final
Received Date: 11/Dec/2025
Analysis Date: 11/Dec/2025

Verified by: Sarah Marney

Reporting Date: 11/Dec/2025

This page displays the patient's clozapine and nor-clozapine result. The result has been validated appropriately by trained laboratory personnel.

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(Tel: 01989 763333, E-mail: info@magnalabs.co.uk, OR magnalabs.info@nhs.net if message contains patient information)
Treat this as personal data and destroy appropriately.

Magna Laboratories Ltd
Unit 5 Chase Industrial Estate
Alton Road
Ross-on-Wye
HR9 5WA

Magna Laboratories

UKAS MEDICAL
8321

Consultant:

Dr George Howson
Stratheden Hospital
Stratheden

Cupar
Fife
KY15 5RR

Pharmacist:

Clozapine Pharmacist
Stratheden Hospital Pharmacy
Stratheden

Cupar
Fife
KY15 5RR

Firstname:	Leon	Date of Birth:	17/Mar/1975
Surname:	Gratton	PIN:	988817
Gender:	MALE	NHS Number:	1703751191

Clozapine Results:

Results	Value	Reference Intervals (mg/L)
Clozapine (mg/L)	0.46	0.35 - 0.60
Nor-clozapine (mg/L)	0.24	
Clozapine / Nor-Clozapine ratio	1.92	Target: 1.3

* - outside therapeutic range
** - cannot be calculated

Comment:

Non-smoker.

Sample Details

Laboratory Number:	40239445
Total daily dose of Clozapine (mg):	300
Date / time of last dose taken:	09/12/2024 22:00:00
Split dose:	No
Date / time blood sample taken:	10/12/2024 11:15:00
Type of blood sample taken:	EDTA

Report

Status:	Final	Verified by:	Sarah Davies
Received Date:	12/Dec/2024		
Analysis Date:	12/Dec/2024	Reporting Date:	12/Dec/2024

This page displays the patient's clozapine and nor-clozapine result. The result has been validated appropriately by trained laboratory personnel.

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Magna Laboratories Ltd
Unit 5 Chase Industrial Estate
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Magna Laboratories

UKAS MEDICAL 8321

Pharmacist:

Clozapine Pharmacist
Stratheden Hospital Pharmacy
Stratheden

Cupar
Fife
KY15 5RR

Consultant:

Dr George Howson
Stratheden Hospital
Stratheden

Cupar
Fife
KY15 5RR

Firstname: Leon
Surname: Gratton
Gender: MALE

Date of Birth: 17/Mar/1975
PIN: 988817
NHS Number: 1703751191

Clozapine Results:

Results	Value	Reference Intervals (mg/L)
Clozapine (mg/L)	0.41	0.35 - 0.60
Nor-clozapine (mg/L)	0.17	
Clozapine / Nor-Clozapine ratio	2.41	Target: 1.3

* - outside therapeutic range
** - cannot be calculated

Comment:

Smoker.

Sample Details

Laboratory Number:	40200259
Total daily dose of Clozapine (mg):	300
Date / time of last dose taken:	11/12/2023 22:00:00
Split dose:	No
Date / time blood sample taken:	12/12/2023 11:20:00
Type of blood sample taken:	EDTA

Report

Status: Final
Received Date: 15/Dec/2023
Analysis Date: 18/Dec/2023

Verified by: Sarah Davies
Reporting Date: 18/Dec/2023

This page displays the patient's clozapine and nor-clozapine result. The result has been validated appropriately by trained laboratory personnel.

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Treat this as personal data and destroy appropriately.

GRATTON, Leon

Date of Birth 17-Mar-1975 (45y)

CHI Number 170 375 1191

Gender Male

Care Plan Contact Record

Centre of Care CPNs SEMI

Status Closed

Date of Activity 23 August 2016 12:16 by Brian Duffy

Form Items

Contact Record Details

Summary of contact

Cpn took mr gratton to his gp on 29 july as psoriasis continues to be causing problems , gp prescribed antibiotics but also chased up a dermatology referral. Cpn took leon to vhk later that day for treatment to be started. cpn visited following week twice daily to apply treatments as Leon due to negative symptoms appears not to be applying creams correctly or as often as he should be returning to dermatology 0n 1st 5th 8th12th15thand the 19th of august , unfortunatly his skin condition is not responding as it should be mainly due to leon not being able to comply with the treatment plan , his Richmond support workers are not allowed to put creams on him and there dosnt appear to be service that would do this . the staff at the victoria would like to have leon attend daily inorder to ensure he is receiving the correct treatment bandaging his arms and torso and legs . Unfortunately leons mental state does not allow him to use public transport to attend their on a daily basis . Staff at dermatology have referred leon urgently to be seen by a visiting dermatology consultant(from ninewells) at the adamson hospital to try to facilitate a more robust treatment plan which can be carried out in the local area or at the adamson hospital . Again the problem will be getting him their as his mental heath problem of paranoia restrict him from venturing out of the house. Unfortunately his cpn is on holiday for next three weeks .

GRATTON, Leon

Date of Birth 17-Mar-1975 (45y)

CHI Number 170 375 1191

Gender Male

Continuous Care Notes (CPN) (Contact Record)

Centre of Care CPNs SEMI

Status Closed

Date of Activity 12 September 2016 12:00 by Brian Duffy

Form Items

Details

1. Contact type

Home visit

2. Status of contact

Routine

3. Duration of contact

Less than 30 minutes

4. Summary of contact

Short home visit to find out what has been happening with his skin treatment during the cpns absence , Leons skin still very inflamed several areas are bleeding , he has been seen by Dr Olley and is due to attend a dermatology appointment tomorrow afternoon , staff from Richmond fellowship will be taking him to the appointment.Leon reports he is sleeping well still wakening on occasion through the night , he reports he is eating well and still not smoking .Leon will phone cpn with result of dermatology appointment later in the week.He is due at Weston day hospital tomorrow to have bloods taken for clozaril monitoring.

5. Contact outcome

Continue assessment at next session

6. Attendance

Review - Attend

GRATTON, Leon

Date of Birth 17-Mar-1975 (45y)

CHI Number 170 375 1191

Gender Male

Continuous Care Notes (CPN) (Contact Record)

Centre of Care CPNs SEMI

Status Closed

Date of Activity 14 September 2016 16:00 by Brian Duffy

Form Items

Details

1. Contact type

Home visit

2. Status of contact

Routine

3. Duration of contact

Less than 30 minutes

4. Summary of contact

Mr Gratton attended a dermatology out patient appointment at st Andrews hospital with a Dr Dakin on Tuesday the 13th of September , Leons skin is much worse now than it had been prior to his attending the VHK on a regular basis several weeks ago . he was given a prescription for Epaderm cream twice daily , Dermol 200 daily , oilatum bath oil twice weekly , fucibet ointment 100g. DR Dakin will see him again next tuesday afternoon. Leon informed cpn he has also been seen by Dr Olley over the past few weeks . noticed today that his feet are swollen looks like inflammation from his eczema . unfortunately Leon has not handed the request for medication into his gp CPN attempted to do this late on the 14 however the surgery was closed for staff training ,plan to deliver the prescription early on the 15th which will mean he will be unlikely to receive his treatment until early next week. CPN will try to speed this process along.,

5. Contact outcome

Not recorded

6. Attendance

Not recorded

GRATTON, Leon

Date of Birth 17-Mar-1975 (45y)

CHI Number 170 375 1191

Gender Male

Continuous Care Notes (CPN) (Contact Record)

Centre of Care CPNs SEMI

Status Closed

Date of Activity 19 September 2016 09:56 by Brian Duffy

Form Items

Details

1. Contact type

Home visit

2. Status of contact

Routine

3. Duration of contact

30 minutes - 1 hour

4. Summary of contact

Cpn had put in prescription for creams last Thursday morning which had beenprescribed by st andrews dermatologist , today monday while at pharacist cpn enquired if the medication had been collected . Unfortunately it had not been collected and indeed was not ready for collection , cpn waited collected and delivered creams copy of script in case notes , Leon has a followup appointment on the 20 th (tomorrow) Cpn will take him to this appointment.Helped Leon with some of his washing up as his hands were bleeding due to his skin condition also suggested he not use the laundry service he has been using as he dosnt know what kind of powder they use , or give them a powder which he would normally use .

5. Contact outcome

Continue assessment at next session

6. Attendance

Review - Attend

GRATTON, Leon

Date of Birth 17-Mar-1975 (45y)

CHI Number 170 375 1191

Gender Male

Continuous Care Notes (CPN) (Contact Record)

Centre of Care CPNs SEMI

Status Closed

Date of Activity 22 September 2016 14:39 by Brian Duffy

Form Items

Details

1. Contact type

Home visit

2. Status of contact

Not recorded

3. Duration of contact

Not recorded

4. Summary of contact

Not Recorded

5. Contact outcome

Not recorded

6. Attendance

New - DNA

GRATTON, Leon

Date of Birth 17-Mar-1975 (45y)

CHI Number 170 375 1191

Gender Male

Continuous Care Notes (CPN) (Contact Record)

Centre of Care CPNs SEMI

Status Closed

Date of Activity 26 September 2016 14:40 by Brian Duffy

Form Items

Details

1. Contact type

Home visit

2. Status of contact

Not recorded

3. Duration of contact

Less than 30 minutes

4. Summary of contact

Not Recorded

5. Contact outcome

Not recorded

6. Attendance

New - DNA

GRATTON, Leon

Date of Birth 17-Mar-1975 (45y)

CHI Number 170 375 1191

Gender Male

Continuous Care Notes (CPN) (Contact Record)

Centre of Care CPNs SEMI

Status Closed

Date of Activity 30 September 2016 16:20 by Brian Duffy

Form Items

Details

1. Contact type

Home visit

2. Status of contact

Routine

3. Duration of contact

30 minutes - 1 hour

4. Summary of contact

home visit today . have had a failed visit every day this week . Today Leon answered the door this afternoon , he did not answer this morning , as suspected he has not handed in his prescription and is running out of his creams for his skin condition , CPN has put script in in the hope it might be ready early next week . Leon has stopped using his E cigarette now , c/o of sleeping too much during the day and being awake through the night .skin very dry today advised to use his creams , also house very untidy carpet hasn't been hovered in some time lots of dead skin covering the carpet .

5. Contact outcome

Continue assessment at next session

6. Attendance

Review - Attend

GRATTON, Leon

Date of Birth 17-Mar-1975 (45y)

CHI Number 170 375 1191

Gender Male

Continuous Care Notes (CPN) (Contact Record)

Centre of Care CPNs SEMI

Status Closed

Date of Activity 05 October 2016 15:30 by Brian Duffy

Form Items

Details

1. Contact type

Home visit

2. Status of contact

Routine

3. Duration of contact

1 - 2 hours

4. Summary of contact

home visit to take Leon to his out patients appointment with Dr Olley at Weston day hospital , Leon claimed to not know about the appointment and refused to go as he had no clean clothes to put on , C/O pain in his skin all over same looks painfully inflamed , cpn found some cloths for him to put on and persuaded him to attend the appointment . Taken to appointment and was seen by Dr Olley who has made a few adjustments to his prescribed psychiatric medication but advised to make a GP appointment for a review with a view to starting antibiotics . Leon stated he would make appointment next day. Returned home with cpn who helped him with some cleaning ,

5. Contact outcome

Continue assessment at next session

6. Attendance

Review - Attend

GRATTON, Leon

Date of Birth 17-Mar-1975 (45y)

CHI Number 170 375 1191

Gender Male

Continuous Care Notes (CPN) (Contact Record)

Centre of Care CPNs SEMI

Status Closed

Date of Activity 14 October 2016 15:35 by Brian Duffy

Form Items

Details

1. Contact type

Home visit

2. Status of contact

Routine

3. Duration of contact

30 minutes - 1 hour

4. Summary of contact

Home visit today . CPN has had several failed visits from previous week but was answering door today , he has been seen by GP and started on antibiotics 500mg four times per day , CPN arranged to call back next monday to collect prescriptions for creams and lotions to treat his skin condition also to check the date of his next dermatology appointment in st Andrews hospital .

5. Contact outcome

Continue assessment at next session

6. Attendance

Review - Attend

GRATTON, Leon

Date of Birth 17-Mar-1975 (45y)

CHI Number 170 375 1191

Gender Male

Continuous Care Notes (CPN) (Contact Record)

Centre of Care CPNs SEMI

Status Closed

Date of Activity 18 October 2016 13:30 by Brian Duffy

Form Items

Details

1. Contact type

Home visit

2. Status of contact

Routine

3. Duration of contact

30 minutes - 1 hour

4. Summary of contact

Home visit leon reports he is sleeping much more since he has had the small increase in his anti-psychotic abilify , his house was very untidy with clothes scattered around the room and the flooring and carpet doesnt look like it has been hovered for many weeks. Discussed cleaning and hovering and discovered his hover wasnt working well , on investigation it had a blockage and the rollers were clogged with hair and string , leon and cpn worked to clear blockage and then he was able to do a little hovering .Has a dermatology appointment for next Tuesday at 1520 hours at St Andrews hospital , CPN will take him to the appointment . Has lost his repeat prescription for his creams and has asked cpn to try to assist .

5. Contact outcome

Continue assessment at next session

6. Attendance

Review - Attend

GRATTON, Leon

Date of Birth 17-Mar-1975 (45y)

CHI Number 170 375 1191

Gender Male

Continuous Care Notes (CPN) (Contact Record)

Centre of Care CPNs SEMI

Status Closed

Date of Activity 25 October 2016 15:00 by Brian Duffy

Form Items

Details

1. Contact type

Home visit

2. Status of contact

Routine

3. Duration of contact

Not recorded

4. Summary of contact

Attempted a home visit but no answer at the door will try again tomorrow , notice some post in the door which is needing to be picked up . had left a voice mail last friday suggesting he contact his GP on 01334 651206 (bank street prescriptions) as he has lost his repeat prescriptions slip.

5. Contact outcome

Continue assessment at next session

6. Attendance

Review - DNA

GRATTON, Leon

Date of Birth 17-Mar-1975 (45y)

CHI Number 170 375 1191

Gender Male

Continuous Care Notes (CPN) (Contact Record)

Centre of Care CPNs SEMI

Status Closed

Date of Activity 28 October 2016 15:00 by Brian Duffy

Form Items

Details

1. Contact type

Home visit

2. Status of contact

Routine

3. Duration of contact

30 minutes - 1 hour

4. Summary of contact

home visit Leon had been at home on tuseday but did not hear the door or windows being chapped by cpn as a result has missed his dermatology review . Cpn had also left phone number to call for a repeat prescription for his creams the previous week again he indicated he would call but as yet has not , cpn sat with him and made him phone and put an order in over the telephone.He has bought a new plug in hover and intends to use it more regularly about the home , cpn suggested that they could work for a few hours together getting his bedroom and living room back into a livable condition.

5. Contact outcome

Continue assessment at next session

6. Attendance

Review - Attend

GRATTON, Leon

Date of Birth 17-Mar-1975 (45y)

CHI Number 170 375 1191

Gender Male

Continuous Care Notes (CPN) (Contact Record)

Centre of Care CPNs SEMI

Status Closed

Date of Activity 16 November 2016 17:11 by Brian Duffy

Form Items

Details

1. Contact type

Home visit

2. Status of contact

Incident

3. Duration of contact

30 minutes - 1 hour

4. Summary of contact

Weston day hospital having problems getting blood from leon and him attending inorder that they can try again to obtain bloods . Cpn contacted Leon on te Tuesday to arrange to take him into weston in order that bloods could be taken , also went to chemist to see if medication for his psoriasis was their . Pharmacist have not had a request for more creams ,cpn on returning leon home found a repeat prescription sheet which was filled out and cpn later handed it in to Gp practice. Leon has a CPA meeting due next month ,his house remains very untidy with lots of dishes and rubbish and cloths scattered about the floors . He has bought a new hover which works well .

5. Contact outcome

Continue assessment at next session

6. Attendance

Review - Attend

GRATTON, Leon

Date of Birth 17-Mar-1975 (45y)

CHI Number 170 375 1191

Gender Male

Continuous Care Notes (CPN) (Contact Record)

Centre of Care CPNs SEMI

Status Closed

Date of Activity 22 November 2016 13:00 by Brian Duffy

Form Items

Details

1. Contact type

Home visit

2. Status of contact

Routine

3. Duration of contact

30 minutes - 1 hour

4. Summary of contact

Short home visit today , Leon has been cleaning today house for the first time this year is looking slightly tidy .was seen by GP at home last week , has been started in a salbutamol inhaler, antibiotic .

5. Contact outcome

Continue assessment at next session

6. Attendance

Review - Attend

GRATTON, Leon

Date of Birth 17-Mar-1975 (45y)

CHI Number 170 375 1191

Gender Male

Care Plan Contact Record

Centre of Care CPNs SEMI

Status Closed

Date of Activity 07 December 2016 15:00 by Brian Duffy

Form Items

Contact Record Details

Summary of contact

Not Recorded