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Section 1: Personal details

This information will be used to join together Part 1 and Part 3 of your application forms.

Name

William Mclean

Date of birth

Day Month Year

The next section asks you to write your statement of abuse.

Section 2: Your statement of abuse

Please refer to page 32 of the “Help to apply” guidance when filling in this form.

Please make sure that whatever way you provide your statement, you include all the information Redress Scotland needs to make a decision. You can find out more on page 35 of “Help to apply”.

You may find that writing this brings up feelings or memories. If you need support you can speak to a case worker who can refer you to further help:

- **Telephone:** 0808 175 0808 (freephone)
- **International:** +44 131 297 6500
Lines are open Monday to Thursday, from 10am to 4pm (except Scottish public holidays)
- **Email:** apply@redress-scheme.scot

Providing your statement of abuse

In Part 1, you will have provided information about any relevant care settings you were abused in.

In Part 3, you need to provide a statement about your abuse. You can choose how you want to provide your statement. You can complete Q1, Q2, Q3 and Q4. Or you can:

- submit a previous statement (for example, a copy of a statement given to the police)
- write your statement in another format that is better suited to you

How to complete this section

You may have been abused in one relevant care setting, or in several different ones.

For this part of the application form, please provide a statement about each care setting you were abused in.

For example, if you were abused in 3 relevant care settings, please provide 3 statements.

You can do this in any order that makes sense to you.

There are pages for 4 care settings included in this form. If you need more copies, you can:

- contact a case worker
- make a copy yourself
- print additional pages from mygov.scot/redress

Please remember:

- **there are no wrong answers - if Redress Scotland needs more or different information, your case worker will get in touch with you and let you know**
- **do not worry about your spelling**
- **use as much or as little space as you need to give your information - you can continue on additional pages if you want to**

Your statement for Care setting 1

Please read page 32 of the “Help to apply” guidance before you begin.

In Part 1, you will have already provided information about the care settings you were abused in. By providing this information here, your case worker can join together the name of the care setting with your statement of abuse.

Q1 | What is the name or location of the relevant care setting you were abused in?

(For example, the name of the care home, or the city or region where you lived in foster care or while boarded out).

Care home - Drylaw Edinburgh

Do not worry if you are uncertain about dates or time. Please provide your best estimate.

Q2 | When were you abused?

For example: a single date, an age, or an approximate time or time range.

1996 - 1996

You do not have to provide names, if you cannot remember or do not feel comfortable doing so. If you do provide a name it will be passed to Police Scotland.

Q3 | Who was involved in your abuse?

For example: a member of staff, a peer or someone outside the care setting.

Cant recall names

The information you provide will be used by Redress Scotland to make a decision about your application. Redress Scotland will use the “Assessment framework” to help them do this, available on [gov.scot](https://www.gov.scot). Please be aware that it contains graphic descriptions of abuse.

Q4 | On the next page, please provide as much information as you can about:

- the abuse you experienced while living in this care setting
- what life was like for you during this time
- how the people responsible for your care and welfare failed to carry out that duty (within or beyond your care setting)

You can continue on additional pages if you need to.

Please read page 36 of “Help to apply” to find out more about what information you may want to include.

The staff would physically restrain me, but the way they did it was completely over the top. Instead of using restraint as a last resort or in a safe way, they would sit on top of me and on top of other girls, putting their full weight on us. Being held down like that made me feel terrified and completely powerless. I remember the fear of not being able to move, not being able to breathe properly, and not knowing when it would stop. It didn't feel like protection or care — it felt like punishment and control. Those moments have stayed with me, and even now I struggle with the memories of being pinned down by adults who were supposed to keep me safe.

There was also the situation with Steven, who was in a relationship with one of the other girls in care. I witnessed this happening, and it was something no child should ever have to see or be involved in. Being exposed to that kind of behaviour at such a young age left me feeling confused, scared, and deeply uncomfortable. I didn't understand why it was allowed to happen or why no one stepped in to protect us. Having to go to court because of what I witnessed made everything even more frightening. I was young, overwhelmed, and completely unprepared for something so serious. The whole experience added another layer of fear and anxiety to an environment that already felt unsafe.

On top of the physical restraint and the things I witnessed, there was also emotional abuse. I would be locked in my room, left alone for long periods of time. Being shut away like that made me feel isolated, forgotten, and punished without reason. My room should have been the one place where I felt secure, but instead it became another source of fear. Being locked in made me feel like I had no control over anything in my life, and it took away any sense of stability I had.

All of these experiences — the excessive restraint, the inappropriate relationship I witnessed, the court involvement, and the emotional abuse — made me feel constantly scared and uncomfortable. They shaped how I saw myself and the world around me. Even now, the impact is still there. I struggle with trust, with feeling safe, and with managing the anxiety that comes from memories I never asked to carry. These were not small incidents; they were experiences that changed me and continue to affect my life today.

Your statement for Care setting 2

Please read page 32 of the “Help to apply” guidance before you begin.

In Part 1, you will have already provided information about the care settings you were abused in. By providing this information here, your case worker can join together the name of the care setting with your statement of abuse.

Q1 | What is the name or location of the relevant care setting you were abused in?

(For example, the name of the care home, or the city or region where you lived in foster care or while boarded out).

howden hall secure unit

Do not worry if you are uncertain about dates or time. Please provide your best estimate.

Q2 | When were you abused?

For example: a single date, an age, or an approximate time or time range.

1996 - 1997

You do not have to provide names, if you cannot remember or do not feel comfortable doing so. If you do provide a name it will be passed to Police Scotland.

Q3 | Who was involved in your abuse?

For example: a member of staff, a peer or someone outside the care setting.

cant recall

The information you provide will be used by Redress Scotland to make a decision about your application. Redress Scotland will use the “Assessment framework” to help them do this, available on gov.scot. Please be aware that it contains graphic descriptions of abuse.

Q4 | On the next page, please provide as much information as you can about:

- the abuse you experienced while living in this care setting
- what life was like for you during this time
- how the people responsible for your care and welfare failed to carry out that duty (within or beyond your care setting)

You can continue on additional pages if you need to.

Please read page 36 of “Help to apply” to find out more about what information you may want to include.

Throughout my entire time there, I was repeatedly physically restrained and manhandled by several staff members. This wasn't an occasional incident or something that happened only during serious situations — it was a pattern that continued the whole time I was in their care. The way they restrained me was excessive, frightening, and completely unnecessary. Being grabbed, held down, and overpowered by multiple adults made me feel terrified and completely out of control. Instead of helping or calming a situation, their actions made everything worse and left me feeling unsafe in a place where I should have been protected.

Each time it happened, I felt a mix of fear, confusion, and humiliation. I remember the feeling of being overpowered and not being able to move, and the panic that came with not knowing when it would stop. These weren't moments that passed quickly — they stayed with me, and they still affect me now. Being treated that way by people who were supposed to care for me created a deep sense of mistrust that I still struggle with today.

This constant physical handling wasn't just about the restraint itself — it was the message it sent. It made me feel like my feelings didn't matter, like I had no voice, and like I was a problem to be controlled rather than a young person who needed support. Living in that environment day after day had a huge impact on my mental health. I became anxious, constantly on edge, and always waiting for the next time it would happen. Even now, as an adult, I still carry that anxiety with me.

The long term effects of this have been significant. I struggle with flashbacks, especially when I feel trapped or overwhelmed. I find it difficult to trust people, particularly those in positions of authority. My mental health has been affected in ways that I am still trying to manage. The fear and helplessness I felt during those moments have stayed with me, shaping how I react to stress and how I cope with difficult situations.

This wasn't just physical restraint — it was a pattern of mistreatment that has left lasting emotional and psychological scars. Acknowledging it is difficult, but it is important for me to explain the reality of what I went through and how deeply it has affected my life.

Your statement for Care setting 3

Please read page 32 of the “Help to apply” guidance before you begin.

In Part 1, you will have already provided information about the care settings you were abused in. By providing this information here, your case worker can join together the name of the care setting with your statement of abuse.

Q1 | What is the name or location of the relevant care setting you were abused in?

(For example, the name of the care home, or the city or region where you lived in foster care or while boarded out).

Hillside residential school

Do not worry if you are uncertain about dates or time. Please provide your best estimate.

Q2 | When were you abused?

For example: a single date, an age, or an approximate time or time range.

1997- 2000

You do not have to provide names, if you cannot remember or do not feel comfortable doing so. If you do provide a name it will be passed to Police Scotland.

Q3 | Who was involved in your abuse?

For example: a member of staff, a peer or someone outside the care setting.

cant recall

The information you provide will be used by Redress Scotland to make a decision about your application. Redress Scotland will use the “Assessment framework” to help them do this, available on gov.scot. Please be aware that it contains graphic descriptions of abuse.

Q4 | On the next page, please provide as much information as you can about:

- the abuse you experienced while living in this care setting
- what life was like for you during this time
- how the people responsible for your care and welfare failed to carry out that duty (within or beyond your care setting)

You can continue on additional pages if you need to.

Please read page 36 of “Help to apply” to find out more about what information you may want to include.

During my time there, I suffered physical abuse repeatedly, and it was something that went on for the entire period I was in that place. It wasn't just a one off incident or something that happened occasionally — it was a constant part of my experience. I was manhandled and physically mistreated by staff in ways that were completely unnecessary and deeply frightening. Being handled like that by adults who were supposed to care for me left me feeling powerless and constantly on edge. I never knew when it might happen again, and that fear stayed with me every single day.

The physical abuse wasn't the only thing I had to deal with. There were times when I would miss meals as well. Sometimes it felt like I was being forgotten, and other times it felt like it was being used as a form of punishment. Either way, it made me feel unimportant and uncared for. Missing meals added to the sense of instability and uncertainty that already existed. As a child, not knowing when you will next eat or whether you will be allowed to join others at mealtimes creates a deep sense of insecurity. It made me feel isolated and different from everyone else, and it reinforced the idea that my needs didn't matter.

All of this — the physical abuse, the manhandling, the neglect around meals — has had a massive impact on my mental health. These experiences didn't just stay in the past. They followed me into adulthood and continue to affect me now. I have become anxious and withdrawn because of what I went through. I struggle to feel comfortable around people, especially in situations where I don't feel fully in control. Being social can feel overwhelming, and I often find myself avoiding situations that others might find easy.

The long term effects of the abuse have shaped the way I see myself and the world around me. I carry the emotional weight of those experiences every day. The fear, the uncertainty, and the lack of care I lived with have left lasting scars. Even now, I am still trying to understand and manage the impact it has had on my life. These were not small or forgettable moments — they were experiences that changed me and continue to influence how I cope, how I trust, and how I interact with others.

If you'd like, I can help you combine this with your other sections or adjust the tone to match the rest of your full statement.

Your statement for Care setting 4

Please read page 32 of the “Help to apply” guidance before you begin.

In Part 1, you will have already provided information about the care settings you were abused in. By providing this information here, your case worker can join together the name of the care setting with your statement of abuse.

Q1 | What is the name or location of the relevant care setting you were abused in?

(For example, the name of the care home, or the city or region where you lived in foster care or while boarded out).

Do not worry if you are uncertain about dates or time. Please provide your best estimate.

Q2 | When were you abused?
For example: a single date, an age, or an approximate time or time range.

You do not have to provide names, if you cannot remember or do not feel comfortable doing so. If you do provide a name it will be passed to Police Scotland.

Q3 | Who was involved in your abuse?
For example: a member of staff, a peer or someone outside the care setting.

The information you provide will be used by Redress Scotland to make a decision about your application. Redress Scotland will use the “Assessment framework” to help them do this, available on [gov.scot](https://www.gov.scot). Please be aware that it contains graphic descriptions of abuse.

Q4 | On the next page, please provide as much information as you can about:

- the abuse you experienced while living in this care setting
- what life was like for you during this time
- how the people responsible for your care and welfare failed to carry out that duty (within or beyond your care setting)

You can continue on additional pages if you need to.

Please read page 36 of “Help to apply” to find out more about what information you may want to include.



Do you want help
with this section?

If you want help before sending in the form, you can:

- read page 32 of the “Help to apply” guidance
- contact a case worker

The next section has questions about your supporting documents.

Section 3: Supporting documents

Please provide any supporting documents you have related to your abuse in care.

You can find out more about these types of documents on page 33 of the “Help to apply” guidance.

In some cases, it may be difficult to find supporting documents. To help with this part of the application, you can:

- include supporting documents when you send this part of the form, if you already have them
- send in your form without any supporting documents – your case worker will get in touch with you and have a conversation about what you can provide

Please tick which option you have chosen:

- I am including supporting documents with my form
- I am not including supporting documents
(if you tick this, a case worker will contact you)
- I am collecting my documents and will submit them a later date

Do you want help
with this section?

If you want help before sending in the form, you can:

- read page 33 of the “Help to apply” guidance
- contact a case worker

The next section has a declaration you must sign and details about how your information is kept and shared.

Section 4: Declaration and privacy notice

In this section, you must sign your form.

For information about how Scotland's Redress Scheme will record and protect your personal information, please read the Privacy Notice for Scotland's Redress Scheme. You can find this on mygov.scot/redress.

Before you send your application you must agree to these statements:

I confirm that the details and information I have given in this application form are true and accurate to the best of my knowledge and belief.

I understand that I must notify Scotland's Redress Scheme of changes in my circumstances that may affect my application.

I confirm that if any of the information I gave in Part 1, Section 8 (related to previous payments and convictions) changes, I must let my case worker know.

I confirm that any documents I have provided in support of my application are genuine and any copy is a true copy of the original. I understand that if I provide a document which is not genuine, I may be subject to court proceedings.

I understand that if I give false or misleading information in support of my application or make a fraudulent application I may:

- be subject to court proceedings
- have to re-pay any money I was not entitled to

I confirm I have read and understood the Privacy Notice for Scotland's Redress Scheme which explains how the information I provide will be lawfully used and stored.

Your signature

Date

Next steps

This is the end of Part 3. You do not need to submit your forms all at once. Once you are ready, you can submit your forms by email.

Afterwards, a case worker will contact you to confirm:

- they have received your application
- if they have any follow up questions
- next steps

By email

Please submit your application and any relevant documents to:

[**apply@redress-scheme.scot**](mailto:apply@redress-scheme.scot)

If you would like to contact a case worker

Please use these details to contact a case worker:

- **Telephone:** 0808 175 0808 (freephone)
- **International:** +44 131 297 6500
Lines are open Monday to Thursday, from 10am to 4pm
(except Scottish public holidays)
- **Email:** [**apply@redress-scheme.scot**](mailto:apply@redress-scheme.scot)