

Table of contents

Section 1: Personal details	page 2
Section 2: Your statement of abuse	page 3
Section 3: Supporting documents	page 12
Section 4: Declaration and privacy notice	page 13
Next steps	page 14

Section 1: Personal details

This information will be used to join together Part 1 and Part 3 of your application forms.

Name

John Campbell

Date of birth

Day Month Year

The next section asks you to write your statement of abuse.

Section 2: Your statement of abuse

Please refer to page 32 of the “Help to apply” guidance when filling in this form.

Please make sure that whatever way you provide your statement, you include all the information Redress Scotland needs to make a decision. You can find out more on page 35 of “Help to apply”.

You may find that writing this brings up feelings or memories. If you need support you can speak to a case worker who can refer you to further help:

- **Telephone:** 0808 175 0808 (freephone)
- **International:** +44 131 297 6500
Lines are open Monday to Thursday, from 10am to 4pm (except Scottish public holidays)
- **Email:** apply@redress-scheme.scot

Providing your statement of abuse

In Part 1, you will have provided information about any relevant care settings you were abused in.

In Part 3, you need to provide a statement about your abuse. You can choose how you want to provide your statement. You can complete Q1, Q2, Q3 and Q4. Or you can:

- submit a previous statement (for example, a copy of a statement given to the police)
- write your statement in another format that is better suited to you

How to complete this section

You may have been abused in one relevant care setting, or in several different ones.

For this part of the application form, please provide a statement about each care setting you were abused in.

For example, if you were abused in 3 relevant care settings, please provide 3 statements.

You can do this in any order that makes sense to you.

There are pages for 4 care settings included in this form. If you need more copies, you can:

- contact a case worker
- make a copy yourself
- print additional pages from mygov.scot/redress

Please remember:

- **there are no wrong answers - if Redress Scotland needs more or different information, your case worker will get in touch with you and let you know**
- **do not worry about your spelling**
- **use as much or as little space as you need to give your information - you can continue on additional pages if you want to**

Your statement for Care setting 1

Please read page 32 of the “Help to apply” guidance before you begin.

In Part 1, you will have already provided information about the care settings you were abused in. By providing this information here, your case worker can join together the name of the care setting with your statement of abuse.

Q1 | What is the name or location of the relevant care setting you were abused in?

(For example, the name of the care home, or the city or region where you lived in foster care or while boarded out).

ArmandBank House

Do not worry if you are uncertain about dates or time. Please provide your best estimate.

Q2 | When were you abused?

For example: a single date, an age, or an approximate time or time range.

1993-1994

You do not have to provide names, if you cannot remember or do not feel comfortable doing so. If you do provide a name it will be passed to Police Scotland.

Q3 | Who was involved in your abuse?

For example: a member of staff, a peer or someone outside the care setting.

The information you provide will be used by Redress Scotland to make a decision about your application. Redress Scotland will use the “Assessment framework” to help them do this, available on [gov.scot](https://www.gov.scot). Please be aware that it contains graphic descriptions of abuse.

Q4 | On the next page, please provide as much information as you can about:

- the abuse you experienced while living in this care setting
- what life was like for you during this time
- how the people responsible for your care and welfare failed to carry out that duty (within or beyond your care setting)

You can continue on additional pages if you need to.

Please read page 36 of “Help to apply” to find out more about what information you may want to include.

was placed in and out of care from a very young age due to serious issues within my family home. This had a profound and damaging effect on me emotionally and psychologically, even before I entered the care system. Being removed from my mother was deeply traumatic and something I did not understand at the time. I was a vulnerable child who needed safety, reassurance, and stability, but instead I experienced fear, confusion, and abandonment.

At around the age of 13–14, I was first placed at ArmandBank House in North Perth. My first memories of arriving there remain some of the most distressing and traumatic of my entire life. This period stands out as the worst time I have ever experienced. I was extremely emotional, heartbroken, and confused after being taken away from my mum. From the very beginning, I was left isolated and made to feel completely alone. The environment felt more like a prison than a place of care—doors were locked, movement was restricted, and I felt trapped and powerless.

I struggled immensely at ArmandBank House. I already had a poor educational background, and no effort was made to support or educate me. I was left to fall further behind, which made me feel stupid, worthless, and forgotten. The staff regularly used physical restraint on me in violent and excessive ways. They would sit on me, pull my arms and legs, bend my limbs into painful positions, and suspend me in ways that caused extreme pain and fear. These restraints were not carried out with care or concern—staff appeared to take enjoyment in my suffering. They would laugh, mock me, and deliberately torment me while I was restrained. This left me feeling humiliated, terrified, and completely dehumanised.

Staff would also deliberately cause conflict between me and other children, almost as if they enjoyed watching us suffer and turn against each other. There was a girl named Michelle who I remember as being deeply troubled herself. Looking back now, I realise we were all neglected and manipulated. Staff would encourage us to fight one another, creating an environment of fear, aggression, and survival rather than care or protection.

Food at ArmandBank House was often inedible, and there were times I went to bed hungry. Basic needs were neglected. Certain staff members made my life unbearable. In particular, a male staff member named David Craig and a female staff member named Paula. David Craig would hold me down, bend my arms back while restraining me, and repeatedly punch me in the head. These assaults were violent, frightening, and left me physically hurt and emotionally shattered. Paula sexually assaulted me on multiple occasions and in different ways. I am unable to fully describe these assaults at this time, as the memories are still too distressing. The sexual abuse severely damaged my mental health and sense of self. After these experiences, I was no longer the same person. I felt broken, ashamed, confused, and deeply traumatised

Your statement for Care setting 2

Please read page 32 of the “Help to apply” guidance before you begin.

In Part 1, you will have already provided information about the care settings you were abused in. By providing this information here, your case worker can join together the name of the care setting with your statement of abuse.

Q1 | What is the name or location of the relevant care setting you were abused in?

(For example, the name of the care home, or the city or region where you lived in foster care or while boarded out).

Kirlundy Crescent – Perthshire

Do not worry if you are uncertain about dates or time. Please provide your best estimate.

Q2 | When were you abused?

For example: a single date, an age, or an approximate time or time range.

1994-1995

You do not have to provide names, if you cannot remember or do not feel comfortable doing so. If you do provide a name it will be passed to Police Scotland.

Q3 | Who was involved in your abuse?

For example: a member of staff, a peer or someone outside the care setting.

The information you provide will be used by Redress Scotland to make a decision about your application. Redress Scotland will use the “Assessment framework” to help them do this, available on gov.scot. Please be aware that it contains graphic descriptions of abuse.

Q4 | On the next page, please provide as much information as you can about:

- the abuse you experienced while living in this care setting
- what life was like for you during this time
- how the people responsible for your care and welfare failed to carry out that duty (within or beyond your care setting)

You can continue on additional pages if you need to.

Please read page 36 of “Help to apply” to find out more about what information you may want to include.

Kirlundy Crescent – No. 1, the old police house in Perthshire, where I stayed for approximately 10 months. On my very first night there, I was locked alone in my bedroom, separated from everyone else. This was brutal and terrifying and immediately reinforced my feelings of isolation and abandonment.

While at Kirlundy Crescent, I witnessed a young boy named Adrian being physically assaulted by staff. He was also allowed to be violent towards other children, particularly me. He would lash out and hit me, and staff would ignore it or allow it to continue. I was constantly targeted and left unprotected. The staff at this placement were known sexual abusers, and I witnessed inappropriate behaviour towards children. Because of what I had already experienced, this caused me intense fear and anxiety. I lived in constant terror of being abused again.

I was mentally abused on a daily basis at Kirlundy Crescent. I was tormented, isolated, and left alone with my thoughts for long periods of time, which severely affected my mental health. I was never educated, never taught basic life skills, and never even properly taught about hygiene. Staff would restrain me by forcing my arms up behind my back until I was screaming in pain, dragging me around while laughing at my suffering. These experiences made me feel worthless, powerless, and invisible.

During this time, I was also placed with a family for weekends—two brothers living in Craigie, Perth. At the time, I believed this was a positive experience because they took me to a Celtic football match. However, looking back as an adult, I now believe I was being groomed. They behaved inappropriately towards me, including making me bathe every night without providing a towel. They would come into the bathroom, watch me bathe, and help dry me. I now understand that this behaviour was not normal and was deeply inappropriate. Realising this has caused further emotional distress and confusion in later life.

I was later placed at James Street in Perth for around four months, shortly before turning 16. Compared to previous placements, this was less overtly abusive, but I was largely left alone and unsupported. I learned nothing meaningful about life, independence, emotions, or relationships. The only practical skill I recall learning was how to make cheesy beans. I left this placement completely unprepared for adulthood, with no understanding of why I had been abused or how to process what had happened to me.

As a result of my experiences in care, my mental health has been severely and permanently affected. I now suffer from depression, anxiety, and post-traumatic stress disorder (PTSD). I struggle daily with intrusive memories, emotional numbness, fear, and hypervigilance. I do not trust people and am unable to form or maintain healthy relationships. The abuse, neglect, and isolation I endured throughout my time in care have destroyed my confidence, sense of safety, and ability to live a normal life. The effects of this trauma have followed me into adulthood and continue to impact every aspect of my life.

Your statement for Care setting 3

Please read page 32 of the “Help to apply” guidance before you begin.

In Part 1, you will have already provided information about the care settings you were abused in. By providing this information here, your case worker can join together the name of the care setting with your statement of abuse.

Q1 | What is the name or location of the relevant care setting you were abused in?

(For example, the name of the care home, or the city or region where you lived in foster care or while boarded out).

Do not worry if you are uncertain about dates or time. Please provide your best estimate.

Q2 | When were you abused?
For example: a single date, an age, or an approximate time or time range.

You do not have to provide names, if you cannot remember or do not feel comfortable doing so. If you do provide a name it will be passed to Police Scotland.

Q3 | Who was involved in your abuse?
For example: a member of staff, a peer or someone outside the care setting.

The information you provide will be used by Redress Scotland to make a decision about your application. Redress Scotland will use the “Assessment framework” to help them do this, available on [gov.scot](https://www.gov.scot). Please be aware that it contains graphic descriptions of abuse.

Q4 | On the next page, please provide as much information as you can about:

- the abuse you experienced while living in this care setting
- what life was like for you during this time
- how the people responsible for your care and welfare failed to carry out that duty (within or beyond your care setting)

You can continue on additional pages if you need to.

Please read page 36 of “Help to apply” to find out more about what information you may want to include.

A large, empty rectangular box with a thin blue border, intended for the user to write their statement for Care setting 3. The box occupies most of the page's vertical space below the header.

Your statement for Care setting 4

Please read page 32 of the “Help to apply” guidance before you begin.

In Part 1, you will have already provided information about the care settings you were abused in. By providing this information here, your case worker can join together the name of the care setting with your statement of abuse.

Q1 | What is the name or location of the relevant care setting you were abused in?

(For example, the name of the care home, or the city or region where you lived in foster care or while boarded out).

Do not worry if you are uncertain about dates or time. Please provide your best estimate.

Q2 | When were you abused?
For example: a single date, an age, or an approximate time or time range.

You do not have to provide names, if you cannot remember or do not feel comfortable doing so. If you do provide a name it will be passed to Police Scotland.

Q3 | Who was involved in your abuse?
For example: a member of staff, a peer or someone outside the care setting.

The information you provide will be used by Redress Scotland to make a decision about your application. Redress Scotland will use the “Assessment framework” to help them do this, available on [gov.scot](https://www.gov.scot). Please be aware that it contains graphic descriptions of abuse.

Q4 | On the next page, please provide as much information as you can about:

- the abuse you experienced while living in this care setting
- what life was like for you during this time
- how the people responsible for your care and welfare failed to carry out that duty (within or beyond your care setting)

You can continue on additional pages if you need to.

Please read page 36 of “Help to apply” to find out more about what information you may want to include.



Do you want help
with this section?

If you want help before sending in the form, you can:

- read page 32 of the “Help to apply” guidance
- contact a case worker

The next section has questions about your supporting documents.

Section 3: Supporting documents

Please provide any supporting documents you have related to your abuse in care.

You can find out more about these types of documents on page 33 of the “Help to apply” guidance.

In some cases, it may be difficult to find supporting documents. To help with this part of the application, you can:

- include supporting documents when you send this part of the form, if you already have them
- send in your form without any supporting documents – your case worker will get in touch with you and have a conversation about what you can provide

Please tick which option you have chosen:

- I am including supporting documents with my form
- I am not including supporting documents
(if you tick this, a case worker will contact you)
- I am collecting my documents and will submit them a later date

Do you want help
with this section?

If you want help before sending in the form, you can:

- read page 33 of the “Help to apply” guidance
- contact a case worker

The next section has a declaration you must sign and details about how your information is kept and shared.

Section 4: Declaration and privacy notice

In this section, you must sign your form.

For information about how Scotland's Redress Scheme will record and protect your personal information, please read the Privacy Notice for Scotland's Redress Scheme. You can find this on mygov.scot/redress.

Before you send your application you must agree to these statements:

I confirm that the details and information I have given in this application form are true and accurate to the best of my knowledge and belief.

I understand that I must notify Scotland's Redress Scheme of changes in my circumstances that may affect my application.

I confirm that if any of the information I gave in Part 1, Section 8 (related to previous payments and convictions) changes, I must let my case worker know.

I confirm that any documents I have provided in support of my application are genuine and any copy is a true copy of the original. I understand that if I provide a document which is not genuine, I may be subject to court proceedings.

I understand that if I give false or misleading information in support of my application or make a fraudulent application I may:

- be subject to court proceedings
- have to re-pay any money I was not entitled to

I confirm I have read and understood the Privacy Notice for Scotland's Redress Scheme which explains how the information I provide will be lawfully used and stored.

Your signature

Date

Next steps

This is the end of Part 3. You do not need to submit your forms all at once. Once you are ready, you can submit your forms by email.

Afterwards, a case worker will contact you to confirm:

- they have received your application
- if they have any follow up questions
- next steps

By email

Please submit your application and any relevant documents to:

[**apply@redress-scheme.scot**](mailto:apply@redress-scheme.scot)

If you would like to contact a case worker

Please use these details to contact a case worker:

- **Telephone:** 0808 175 0808 (freephone)
- **International:** +44 131 297 6500
Lines are open Monday to Thursday, from 10am to 4pm
(except Scottish public holidays)
- **Email:** [**apply@redress-scheme.scot**](mailto:apply@redress-scheme.scot)