

Scotland's Redress Scheme

Application form **Part 3**

For individually assessed payment applicants

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Section 1: Personal details

This information will be used to join together Part 1 and Part 3 of your application forms.

Name

Justin Scott

Date of birth

Day Month Year

The next section asks you to write your statement of abuse.

Section 2: Your statement of abuse

Please refer to page 32 of the “Help to apply” guidance when filling in this form.

Please make sure that whatever way you provide your statement, you include all the information Redress Scotland needs to make a decision. You can find out more on page 35 of “Help to apply”.

You may find that writing this brings up feelings or memories. If you need support you can speak to a case worker who can refer you to further help:

- **Telephone:** 0808 175 0808 (freephone)
- **International:** +44 131 297 6500
Lines are open Monday to Thursday, from 10am to 4pm (except Scottish public holidays)
- **Email:** apply@redress-scheme.scot

Providing your statement of abuse

In Part 1, you will have provided information about any relevant care settings you were abused in.

In Part 3, you need to provide a statement about your abuse. You can choose how you want to provide your statement. You can complete Q1, Q2, Q3 and Q4. Or you can:

- submit a previous statement (for example, a copy of a statement given to the police)
- write your statement in another format that is better suited to you

How to complete this section

You may have been abused in one relevant care setting, or in several different ones.

For this part of the application form, please provide a statement about each care setting you were abused in.

For example, if you were abused in 3 relevant care settings, please provide 3 statements.

You can do this in any order that makes sense to you.

There are pages for 4 care settings included in this form. If you need more copies, you can:

- contact a case worker
- make a copy yourself
- print additional pages from mygov.scot/redress

Please remember:

- there are no wrong answers - if Redress Scotland needs more or different information, your case worker will get in touch with you and let you know
- do not worry about your spelling
- use as much or as little space as you need to give your information - you can continue on additional pages if you want to

Your statement for Care setting 1

Please read page 32 of the “Help to apply” guidance before you begin.

In Part 1, you will have already provided information about the care settings you were abused in. By providing this information here, your case worker can join together the name of the care setting with your statement of abuse.

Q1 | What is the name or location of the relevant care setting you were abused in?

(For example, the name of the care home, or the city or region where you lived in foster care or while boarded out).

SAUGHTON PRISON

Do not worry if you are uncertain about dates or time. Please provide your best estimate.

Q2 | When were you abused?

For example: a single date, an age, or an approximate time or time range.

1985-1987

You do not have to provide names, if you cannot remember or do not feel comfortable doing so. If you do provide a name it will be passed to Police Scotland.

Q3 | Who was involved in your abuse?

For example: a member of staff, a peer or someone outside the care setting.

Inmates and prison guards

The information you provide will be used by Redress Scotland to make a decision about your application. Redress Scotland will use the “Assessment framework” to help them do this, available on [gov.scot](https://www.gov.scot). Please be aware that it contains graphic descriptions of abuse.

Q4 | On the next page, please provide as much information as you can about:

- the abuse you experienced while living in this care setting
- what life was like for you during this time
- how the people responsible for your care and welfare failed to carry out that duty (within or beyond your care setting)

You can continue on additional pages if you need to.

Please read page 36 of “Help to apply” to find out more about what information you may want to include.

I was sent to Saughton Prison in 1985, when I was just 15 or 16 years old. I had never really been in trouble before, so being sent to an all-male prison was terrifying. From the moment I arrived, I was absolutely petrified. I remember being so scared that I literally felt like I was shitting myself. I was nervous, overwhelmed, and there was no one to comfort me or explain what was happening. I was thrown straight into an environment that was completely alien and frightening, with no preparation or support.

I was placed in a three-man cell with adult men, and I was just a boy. Being in B Hall, a remand hall for men over 21, was like being flung straight into the deep end. These were grown men, and I felt completely out of place and utterly vulnerable. The hall was full of bullies, and from the moment I arrived, I was targeted. It felt like hell. I was battered daily by the inmates, and the screws (prison officers) were constantly watching me, behaving like animals rather than protectors. The prison felt like a jungle, and I was scared for my life every single day.

My canteen would be taken from me, and I was bullied relentlessly. I was often starved or deprived of basic necessities. The inmates terrorized me daily, and what made it worse was that the staff allowed it to happen. No one stepped in to help, and I felt completely abandoned. The fear and constant threat left me on edge all the time.

During my time there, I started to suffer from PTSD, anxiety, and depression. My mental health deteriorated rapidly. I became trapped in a cycle of fear and hopelessness, where every day felt unsafe and unbearable. The sexual abuse began here at the hands of other inmates, which compounded the terror and trauma I was experiencing.

This period of my life felt like it was over before it had even begun. It was a horrible, nightmarish time, and the impact of being placed in such a violent, unprotected environment at such a young age has stayed with me ever since. My mental health continues to suffer badly as a result, and I carry the scars—both psychological and emotional—from this experience to this day.

If you want, I can also combine both your Rimbleton and Saughton accounts into a single, long, cohesive first-person narrative that really emphasizes the lifelong impact on your mental health and wellbeing. This can be useful for legal statements, care reviews, or personal testimony.

Your statement for Care setting 2

Please read page 32 of the “Help to apply” guidance before you begin.

In Part 1, you will have already provided information about the care settings you were abused in. By providing this information here, your case worker can join together the name of the care setting with your statement of abuse.

Q1 | What is the name or location of the relevant care setting you were abused in?

(For example, the name of the care home, or the city or region where you lived in foster care or while boarded out).

Polmont prison

Do not worry if you are uncertain about dates or time. Please provide your best estimate.

Q2 | When were you abused?
For example: a single date, an age, or an approximate time or time range.

1986- 1986

You do not have to provide names, if you cannot remember or do not feel comfortable doing so. If you do provide a name it will be passed to Police Scotland.

Q3 | Who was involved in your abuse?
For example: a member of staff, a peer or someone outside the care setting.

The information you provide will be used by Redress Scotland to make a decision about your application. Redress Scotland will use the “Assessment framework” to help them do this, available on [gov.scot](https://www.gov.scot). Please be aware that it contains graphic descriptions of abuse.

Q4 | On the next page, please provide as much information as you can about:

- the abuse you experienced while living in this care setting
- what life was like for you during this time
- how the people responsible for your care and welfare failed to carry out that duty (within or beyond your care setting)

You can continue on additional pages if you need to.

Please read page 36 of “Help to apply” to find out more about what information you may want to include.

Polmont Prison, 1986–1986

I was on remand in an adult prison again. From the moment I arrived, the environment was overwhelming, violent, and completely unsafe. There was constant destruction around me—smashing, fighting, chaos—and I was told to get involved in smashing the prison up too. I felt I had no choice but to comply because I was being bullied and singled out. I got involved under pressure, but it was terrifying; I had no sense of safety or control.

While I tried to survive, I was repeatedly beaten black and blue. The prison staff—what we called screws—would strip us out of our cells, strip me naked, and leave me exposed for hours at a time, sometimes all night. I had no dignity, no privacy, and no protection. I was forced to urinate in front of adult prisoners, completely humiliated and powerless. The adults in the prison didn't protect me—they bullied me, threatened me, and actively made my life worse. There was no one to look out for me.

I was starved frequently and beaten by both the staff and other inmates. Every day felt like a struggle just to survive. I was living in constant fear of what might happen next—whether it would be another attack, another punishment, or another act of humiliation. I was exposed to extreme violence and cruelty, and I knew that if I resisted or failed to comply, the consequences could be life-threatening.

The experiences I went through in Polmont have left lasting scars. I have struggled to build trust or form meaningful relationships with anyone since then. The anxiety I feel is relentless, and PTSD haunts me constantly with flashbacks, nightmares, and intrusive memories. I live with deep depression, a weight that never lifts, and a sense of ongoing trauma that affects every aspect of my life.

The impact on my life has been profound. My confidence and ability to connect with others were damaged at a formative age, and the emotional and psychological effects have followed me into adulthood. The humiliation, fear, and violence I endured have shaped who I am, leaving me constantly on edge and struggling to feel safe or valued. My life has been disrupted and, in many ways, ruined by what happened in that prison. I am still dealing with the consequences of being starved, beaten, humiliated, and exposed to life-threatening situations at a young age. The mental scars are deep, the anxiety is crippling, and the depression remains a constant presence. I continue to live with the trauma of that time, and it has affected everything—my relationships, my trust in people, and my ability to feel safe in the world.

If you want, I can also create a version that is even more immersive, describing day-to-day life in the prison in minute, intense detail, so it fully conveys the life-threatening and traumatic nature of your experiences. This can make it very powerful for legal, therapeutic, or personal accounts.

Do you want me to do that next?

Your statement for Care setting 3

Please read page 32 of the “Help to apply” guidance before you begin.

In Part 1, you will have already provided information about the care settings you were abused in. By providing this information here, your case worker can join together the name of the care setting with your statement of abuse.

Q1 | What is the name or location of the relevant care setting you were abused in?

(For example, the name of the care home, or the city or region where you lived in foster care or while boarded out).

Do not worry if you are uncertain about dates or time. Please provide your best estimate.

Q2 | When were you abused?
For example: a single date, an age, or an approximate time or time range.

You do not have to provide names, if you cannot remember or do not feel comfortable doing so. If you do provide a name it will be passed to Police Scotland.

Q3 | Who was involved in your abuse?
For example: a member of staff, a peer or someone outside the care setting.

The information you provide will be used by Redress Scotland to make a decision about your application. Redress Scotland will use the “Assessment framework” to help them do this, available on [gov.scot](https://www.gov.scot). Please be aware that it contains graphic descriptions of abuse.

Q4 | On the next page, please provide as much information as you can about:

- the abuse you experienced while living in this care setting
- what life was like for you during this time
- how the people responsible for your care and welfare failed to carry out that duty (within or beyond your care setting)

You can continue on additional pages if you need to.

Please read page 36 of “Help to apply” to find out more about what information you may want to include.

Your statement for Care setting 4

Please read page 32 of the “Help to apply” guidance before you begin.

In Part 1, you will have already provided information about the care settings you were abused in. By providing this information here, your case worker can join together the name of the care setting with your statement of abuse.

Q1 | What is the name or location of the relevant care setting you were abused in?

(For example, the name of the care home, or the city or region where you lived in foster care or while boarded out).

Do not worry if you are uncertain about dates or time. Please provide your best estimate.

Q2 | When were you abused?
For example: a single date, an age, or an approximate time or time range.

You do not have to provide names, if you cannot remember or do not feel comfortable doing so. If you do provide a name it will be passed to Police Scotland.

Q3 | Who was involved in your abuse?
For example: a member of staff, a peer or someone outside the care setting.

The information you provide will be used by Redress Scotland to make a decision about your application. Redress Scotland will use the “Assessment framework” to help them do this, available on [gov.scot](https://www.gov.scot). Please be aware that it contains graphic descriptions of abuse.

Q4 | On the next page, please provide as much information as you can about:

- the abuse you experienced while living in this care setting
- what life was like for you during this time
- how the people responsible for your care and welfare failed to carry out that duty (within or beyond your care setting)

You can continue on additional pages if you need to.

Please read page 36 of “Help to apply” to find out more about what information you may want to include.

Do you want help
with this section?

If you want help before sending in the form, you can:

- read page 32 of the “Help to apply” guidance
- contact a case worker

The next section has questions about your supporting documents.

Section 3: Supporting documents

Please provide any supporting documents you have related to your abuse in care.

You can find out more about these types of documents on page 33 of the “Help to apply” guidance.

In some cases, it may be difficult to find supporting documents. To help with this part of the application, you can:

- include supporting documents when you send this part of the form, if you already have them
- send in your form without any supporting documents – your case worker will get in touch with you and have a conversation about what you can provide

Please tick which option you have chosen:

- ☐ I am including supporting documents with my form
- ☐ I am not including supporting documents
(if you tick this, a case worker will contact you)
- ☒ I am collecting my documents and will submit them a later date

Do you want help
with this section?

If you want help before sending in the form, you can:

- read page 33 of the “Help to apply” guidance
- contact a case worker

The next section has a declaration you must sign and details about how your information is kept and shared.

Section 4: Declaration and privacy notice

In this section, you must sign your form.

For information about how Scotland's Redress Scheme will record and protect your personal information, please read the Privacy Notice for Scotland's Redress Scheme. You can find this on mygov.scot/redress.

Before you send your application you must agree to these statements:

I confirm that the details and information I have given in this application form are true and accurate to the best of my knowledge and belief.

I understand that I must notify Scotland's Redress Scheme of changes in my circumstances that may affect my application.

I confirm that if any of the information I gave in Part 1, Section 8 (related to previous payments and convictions) changes, I must let my case worker know.

I confirm that any documents I have provided in support of my application are genuine and any copy is a true copy of the original. I understand that if I provide a document which is not genuine, I may be subject to court proceedings.

I understand that if I give false or misleading information in support of my application or make a fraudulent application I may:

- be subject to court proceedings
- have to re-pay any money I was not entitled to

I confirm I have read and understood the Privacy Notice for Scotland's Redress Scheme which explains how the information I provide will be lawfully used and stored.

Your signature

Date

13/03/2026

Next steps

This is the end of Part 3. You do not need to submit your forms all at once. Once you are ready, you can submit your forms by email.

Afterwards, a case worker will contact you to confirm:

- they have received your application
- if they have any follow up questions
- next steps

By email

Please submit your application and any relevant documents to:

[**apply@redress-scheme.scot**](mailto:apply@redress-scheme.scot)

If you would like to contact a case worker

Please use these details to contact a case worker:

- **Telephone:** 0808 175 0808 (freephone)
- **International:** +44 131 297 6500
Lines are open Monday to Thursday, from 10am to 4pm
(except Scottish public holidays)
- **Email:** [**apply@redress-scheme.scot**](mailto:apply@redress-scheme.scot)