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Section 1: Personal details

This information will be used to join together Part 1 and Part 3 of your application forms.

Name

Isabella Mccready

Date of birth

Day Month Year

The next section asks you to write your statement of abuse.

Section 2: Your statement of abuse

Please refer to page 32 of the “Help to apply” guidance when filling in this form.

Please make sure that whatever way you provide your statement, you include all the information Redress Scotland needs to make a decision. You can find out more on page 35 of “Help to apply”.

You may find that writing this brings up feelings or memories. If you need support you can speak to a case worker who can refer you to further help:

- **Telephone:** 0808 175 0808 (freephone)
- **International:** +44 131 297 6500
Lines are open Monday to Thursday, from 10am to 4pm (except Scottish public holidays)
- **Email:** apply@redress-scheme.scot

Providing your statement of abuse

In Part 1, you will have provided information about any relevant care settings you were abused in.

In Part 3, you need to provide a statement about your abuse. You can choose how you want to provide your statement. You can complete Q1, Q2, Q3 and Q4. Or you can:

- submit a previous statement (for example, a copy of a statement given to the police)
- write your statement in another format that is better suited to you

How to complete this section

You may have been abused in one relevant care setting, or in several different ones.

For this part of the application form, please provide a statement about each care setting you were abused in.

For example, if you were abused in 3 relevant care settings, please provide 3 statements.

You can do this in any order that makes sense to you.

There are pages for 4 care settings included in this form. If you need more copies, you can:

- contact a case worker
- make a copy yourself
- print additional pages from mygov.scot/redress

Please remember:

- **there are no wrong answers - if Redress Scotland needs more or different information, your case worker will get in touch with you and let you know**
- **do not worry about your spelling**
- **use as much or as little space as you need to give your information - you can continue on additional pages if you want to**

Your statement for Care setting 1

Please read page 32 of the “Help to apply” guidance before you begin.

In Part 1, you will have already provided information about the care settings you were abused in. By providing this information here, your case worker can join together the name of the care setting with your statement of abuse.

Q1 | What is the name or location of the relevant care setting you were abused in?

(For example, the name of the care home, or the city or region where you lived in foster care or while boarded out).

Eunbernkuld children's department

Do not worry if you are uncertain about dates or time. Please provide your best estimate.

Q2 | When were you abused?

For example: a single date, an age, or an approximate time or time range.

1980-1985

You do not have to provide names, if you cannot remember or do not feel comfortable doing so. If you do provide a name it will be passed to Police Scotland.

Q3 | Who was involved in your abuse?

For example: a member of staff, a peer or someone outside the care setting.

Staff

The information you provide will be used by Redress Scotland to make a decision about your application. Redress Scotland will use the “Assessment framework” to help them do this, available on [gov.scot](https://www.gov.scot). Please be aware that it contains graphic descriptions of abuse.

Q4 | On the next page, please provide as much information as you can about:

- the abuse you experienced while living in this care setting
- what life was like for you during this time
- how the people responsible for your care and welfare failed to carry out that duty (within or beyond your care setting)

You can continue on additional pages if you need to.

Please read page 36 of “Help to apply” to find out more about what information you may want to include.

See Attached

Your statement for Care setting 2

Please read page 32 of the “Help to apply” guidance before you begin.

In Part 1, you will have already provided information about the care settings you were abused in. By providing this information here, your case worker can join together the name of the care setting with your statement of abuse.

Q1 | What is the name or location of the relevant care setting you were abused in?

(For example, the name of the care home, or the city or region where you lived in foster care or while boarded out).

Do not worry if you are uncertain about dates or time. Please provide your best estimate.

Q2 | When were you abused?
For example: a single date, an age, or an approximate time or time range.

You do not have to provide names, if you cannot remember or do not feel comfortable doing so. If you do provide a name it will be passed to Police Scotland.

Q3 | Who was involved in your abuse?
For example: a member of staff, a peer or someone outside the care setting.

The information you provide will be used by Redress Scotland to make a decision about your application. Redress Scotland will use the “Assessment framework” to help them do this, available on [gov.scot](https://www.gov.scot). Please be aware that it contains graphic descriptions of abuse.

Q4 | On the next page, please provide as much information as you can about:

- the abuse you experienced while living in this care setting
- what life was like for you during this time
- how the people responsible for your care and welfare failed to carry out that duty (within or beyond your care setting)

You can continue on additional pages if you need to.

Please read page 36 of “Help to apply” to find out more about what information you may want to include.

A large, empty rectangular box with a thin blue border, intended for the user to write their statement for Care setting 2. The box occupies most of the page area below the header.

Your statement for Care setting 3

Please read page 32 of the “Help to apply” guidance before you begin.

In Part 1, you will have already provided information about the care settings you were abused in. By providing this information here, your case worker can join together the name of the care setting with your statement of abuse.

Q1 | What is the name or location of the relevant care setting you were abused in?

(For example, the name of the care home, or the city or region where you lived in foster care or while boarded out).

Do not worry if you are uncertain about dates or time. Please provide your best estimate.

Q2 | When were you abused?
For example: a single date, an age, or an approximate time or time range.

You do not have to provide names, if you cannot remember or do not feel comfortable doing so. If you do provide a name it will be passed to Police Scotland.

Q3 | Who was involved in your abuse?
For example: a member of staff, a peer or someone outside the care setting.

The information you provide will be used by Redress Scotland to make a decision about your application. Redress Scotland will use the “Assessment framework” to help them do this, available on [gov.scot](https://www.gov.scot). Please be aware that it contains graphic descriptions of abuse.

Q4 | On the next page, please provide as much information as you can about:

- the abuse you experienced while living in this care setting
- what life was like for you during this time
- how the people responsible for your care and welfare failed to carry out that duty (within or beyond your care setting)

You can continue on additional pages if you need to.

Please read page 36 of “Help to apply” to find out more about what information you may want to include.

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Your statement for Care setting 4

Please read page 32 of the “Help to apply” guidance before you begin.

In Part 1, you will have already provided information about the care settings you were abused in. By providing this information here, your case worker can join together the name of the care setting with your statement of abuse.

Q1 | What is the name or location of the relevant care setting you were abused in?

(For example, the name of the care home, or the city or region where you lived in foster care or while boarded out).

Do not worry if you are uncertain about dates or time. Please provide your best estimate.

Q2 | When were you abused?
For example: a single date, an age, or an approximate time or time range.

You do not have to provide names, if you cannot remember or do not feel comfortable doing so. If you do provide a name it will be passed to Police Scotland.

Q3 | Who was involved in your abuse?
For example: a member of staff, a peer or someone outside the care setting.

The information you provide will be used by Redress Scotland to make a decision about your application. Redress Scotland will use the “Assessment framework” to help them do this, available on [gov.scot](https://www.gov.scot). Please be aware that it contains graphic descriptions of abuse.

Q4 | On the next page, please provide as much information as you can about:

- the abuse you experienced while living in this care setting
- what life was like for you during this time
- how the people responsible for your care and welfare failed to carry out that duty (within or beyond your care setting)

You can continue on additional pages if you need to.

Please read page 36 of “Help to apply” to find out more about what information you may want to include.



Do you want help
with this section?

If you want help before sending in the form, you can:

- read page 32 of the “Help to apply” guidance
- contact a case worker

The next section has questions about your supporting documents.

Section 3: Supporting documents

Please provide any supporting documents you have related to your abuse in care.

You can find out more about these types of documents on page 33 of the “Help to apply” guidance.

In some cases, it may be difficult to find supporting documents. To help with this part of the application, you can:

- include supporting documents when you send this part of the form, if you already have them
- send in your form without any supporting documents – your case worker will get in touch with you and have a conversation about what you can provide

Please tick which option you have chosen:

- I am including supporting documents with my form
- I am not including supporting documents
(if you tick this, a case worker will contact you)
- I am collecting my documents and will submit them a later date

Do you want help
with this section?

If you want help before sending in the form, you can:

- read page 33 of the “Help to apply” guidance
- contact a case worker

The next section has a declaration you must sign and details about how your information is kept and shared.

Section 4: Declaration and privacy notice

In this section, you must sign your form.

For information about how Scotland's Redress Scheme will record and protect your personal information, please read the Privacy Notice for Scotland's Redress Scheme. You can find this on mygov.scot/redress.

Before you send your application you must agree to these statements:

I confirm that the details and information I have given in this application form are true and accurate to the best of my knowledge and belief.

I understand that I must notify Scotland's Redress Scheme of changes in my circumstances that may affect my application.

I confirm that if any of the information I gave in Part 1, Section 8 (related to previous payments and convictions) changes, I must let my case worker know.

I confirm that any documents I have provided in support of my application are genuine and any copy is a true copy of the original. I understand that if I provide a document which is not genuine, I may be subject to court proceedings.

I understand that if I give false or misleading information in support of my application or make a fraudulent application I may:

- be subject to court proceedings
- have to re-pay any money I was not entitled to

I confirm I have read and understood the Privacy Notice for Scotland's Redress Scheme which explains how the information I provide will be lawfully used and stored.

Your signature

Date

Next steps

This is the end of Part 3. You do not need to submit your forms all at once. Once you are ready, you can submit your forms by email.

Afterwards, a case worker will contact you to confirm:

- they have received your application
- if they have any follow up questions
- next steps

By email

Please submit your application and any relevant documents to:

[**apply@redress-scheme.scot**](mailto:apply@redress-scheme.scot)

If you would like to contact a case worker

Please use these details to contact a case worker:

- **Telephone:** 0808 175 0808 (freephone)
- **International:** +44 131 297 6500
Lines are open Monday to Thursday, from 10am to 4pm
(except Scottish public holidays)
- **Email:** [**apply@redress-scheme.scot**](mailto:apply@redress-scheme.scot)

Statement Addendum

Client Name: Isabella Mccready
Date of Birth: 13/09/1967
Care Setting: Eunbernkuld children's department
Dates: 1980-1985
Persons Involved: Staff

Full Statement

-I was around 13 years old when social services became involved in my life. At that age, I was vulnerable, confused, and emotionally immature. I had become involved with an older man, believing it was love, but I did not have the maturity, guidance, or understanding to recognise the risks or consequences of that relationship. I was described as an "unruly child," but in reality I was a child who lacked structure, support, protection, and clear boundaries. I did not have anyone properly guiding me or teaching me right from wrong.

One day I was told we were going "on a run." I did not understand what that meant. I did not realise that I was being taken to a residential assessment centre. I ended up at Cardross Assessment Centre. I remember the gates closing behind me. That moment has stayed with me all my life. I felt completely confused, frightened, emotional, and abandoned. No one properly explained to me what was happening, why I was there, how long I would be there, or what was going to happen next. I was just left.

From the day I arrived, I felt isolated and alone. There were shared dormitories, but I was placed in a single room on my own. Instead of feeling safe, I felt secluded and cut off. I had no emotional support, no comfort, and no reassurance. I was there for approximately eight months, and during that time I felt completely unsupported.

The staff spoke to us in a degrading and aggressive manner. They would scream and shout down the corridors, speaking to us as if we were animals rather than children in need of care. I was pushed along corridors. On occasions, my hair was pulled. I was physically handled in ways that were painful and humiliating. Physical punishment was used. Staff would hit us as a form of discipline. I lived in constant fear. I never knew when someone would shout at me, push me, or strike me. I was a child who felt constantly threatened.

We were allowed cigarettes, and I was given four a day. This created conflict among the children. There were times when we were effectively made to fight over cigarettes. Instead of being protected, we were placed in situations that increased aggression and tension. It felt like we were being set against each other

rather than cared for.

Food was provided, but it was poor quality. Supper was often withheld as punishment. Being locked in my room hungry was a regular experience. I remember lying awake with hunger pains, feeling unwanted and unworthy. Being denied food as punishment made me feel like I was less than human.

The verbal abuse was constant. Staff called me nasty names and belittled me. Some male members of staff made inappropriate, rude, and sexual comments towards me. This made me feel extremely uncomfortable, ashamed, and unsafe. As a young teenage girl, I did not understand how to process this behaviour. I only knew that it made me feel small and dirty. There was no one I could report this to, and I did not feel safe enough to speak up.

The showers were degrading. Depending on which staff were on shift, they would stand and watch with the doors open while we showered. I felt exposed, humiliated, and stripped of all dignity. I was a child who deserved privacy and protection, yet I was treated in a way that felt violating.

I was constantly scared. Many of us were too frightened to leave our rooms because of how we were treated. The atmosphere was hostile and intimidating. Instead of care, I experienced fear and control.

After approximately eight months, I was moved to Bloomhill Care Home in Cardross. I remained there until I turned 16. When I first arrived, I immediately noticed that the environment felt unclean and unpleasant. It did not feel like a home. It felt institutional and cold.

From the beginning, staff shouted at me and sent me straight to my room. Being locked in my room was a common punishment there as well. This deeply affected me emotionally. I felt isolated, rejected, and worthless. I struggled with my education during this time because I was emotionally overwhelmed and constantly anxious. There was no proper emotional or educational support provided to me.

The staff would call us names and belittle us. We were expected to do chores to gain approval and avoid punishment. Food was again used as control. Although there was a kitchen where we could usually access food, dinner would be taken away as punishment. I would be locked in my room hungry. This repeated pattern reinforced feelings of neglect and deprivation.

There were occasions where we were physically dragged to our bedrooms by the scruff of our necks or pulled by our ears, causing pain. While Bloomhill may have been less physically violent than the assessment centre, it was deeply mentally draining. Being ignored, isolated, and locked away repeatedly had a severe emotional impact on me. The emotional neglect was overwhelming.

There was no meaningful guidance or support. No one sat me down and explained healthy relationships, personal safety, boundaries, or consequences. I did not understand right from wrong because no one took the time to teach me. I was still involved with an older man, and weekend visits were allowed. The care home permitted me to go and stay with him. I did not understand that this was inappropriate or potentially exploitative. I believed it was normal because no adult in a position of responsibility told me otherwise.

When my mother discovered this, she tried to intervene and sought to have me moved through a panel process because she wanted to stop the relationship. I was aware that I might be moved. In my fear of losing the only relationship I believed I had, I made a life-altering decision. On the day I turned 16, I married this older man so that I could not be moved and could leave care. I was still a child in many ways. I did not fully understand the seriousness or long-term consequences of that decision. I was acting from fear, confusion, and lack of guidance.

Throughout my entire time in care, I felt neglected. I felt that I was not protected from harm. I was not taught right from wrong. I was not given emotional support, counselling, or stability. I was shouted at, physically hurt, humiliated, deprived of food, and exposed to inappropriate sexual comments. I was isolated and made to feel like I was a problem rather than a child in need of care.

The long-term impact on my mental health has been profound. I suffer from severe anxiety. I struggle to trust people and have difficulty building and maintaining relationships. I constantly fear abandonment and rejection. I experience symptoms consistent with post-traumatic stress, including intrusive memories, emotional distress when reminded of my time in care, and hypervigilance. I am always on edge, expecting something bad to happen.

I have low self-worth and long-standing feelings of shame. I often question my own judgement because I was never properly guided. I was failed by the very system that was supposed to protect me. The neglect and abuse I experienced during those formative years shaped my understanding of relationships, safety, and self-worth in deeply damaging ways.

To this day, I carry the emotional scars of being treated as less than human. I will never forget how neglected, frightened, and alone I felt throughout my time in care. I believe I was failed in every sense — emotionally, physically, and morally — and the consequences of that failure have affected me for my entire adult life.