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Section 1: Personal details

This information will be used to join together Part 1 and Part 3 of your application forms.

Name

Karen Mccabe

Date of birth

Day Month Year

The next section asks you to write your statement of abuse.

Section 2: Your statement of abuse

Please refer to page 32 of the “Help to apply” guidance when filling in this form.

Please make sure that whatever way you provide your statement, you include all the information Redress Scotland needs to make a decision. You can find out more on page 35 of “Help to apply”.

You may find that writing this brings up feelings or memories. If you need support you can speak to a case worker who can refer you to further help:

- **Telephone:** 0808 175 0808 (freephone)
- **International:** +44 131 297 6500
Lines are open Monday to Thursday, from 10am to 4pm (except Scottish public holidays)
- **Email:** apply@redress-scheme.scot

Providing your statement of abuse

In Part 1, you will have provided information about any relevant care settings you were abused in.

In Part 3, you need to provide a statement about your abuse. You can choose how you want to provide your statement. You can complete Q1, Q2, Q3 and Q4. Or you can:

- submit a previous statement (for example, a copy of a statement given to the police)
- write your statement in another format that is better suited to you

How to complete this section

You may have been abused in one relevant care setting, or in several different ones.

For this part of the application form, please provide a statement about each care setting you were abused in.

For example, if you were abused in 3 relevant care settings, please provide 3 statements.

You can do this in any order that makes sense to you.

There are pages for 4 care settings included in this form. If you need more copies, you can:

- contact a case worker
- make a copy yourself
- print additional pages from mygov.scot/redress

Please remember:

- **there are no wrong answers - if Redress Scotland needs more or different information, your case worker will get in touch with you and let you know**
- **do not worry about your spelling**
- **use as much or as little space as you need to give your information - you can continue on additional pages if you want to**

Your statement for Care setting 1

Please read page 32 of the “Help to apply” guidance before you begin.

In Part 1, you will have already provided information about the care settings you were abused in. By providing this information here, your case worker can join together the name of the care setting with your statement of abuse.

Q1 | What is the name or location of the relevant care setting you were abused in?

(For example, the name of the care home, or the city or region where you lived in foster care or while boarded out).

Bonneyhill- Coatbridge

Do not worry if you are uncertain about dates or time. Please provide your best estimate.

Q2 | When were you abused?

For example: a single date, an age, or an approximate time or time range.

1989

You do not have to provide names, if you cannot remember or do not feel comfortable doing so. If you do provide a name it will be passed to Police Scotland.

Q3 | Who was involved in your abuse?

For example: a member of staff, a peer or someone outside the care setting.

The information you provide will be used by Redress Scotland to make a decision about your application. Redress Scotland will use the “Assessment framework” to help them do this, available on [gov.scot](https://www.gov.scot). Please be aware that it contains graphic descriptions of abuse.

Q4 | On the next page, please provide as much information as you can about:

- the abuse you experienced while living in this care setting
- what life was like for you during this time
- how the people responsible for your care and welfare failed to carry out that duty (within or beyond your care setting)

You can continue on additional pages if you need to.

Please read page 36 of “Help to apply” to find out more about what information you may want to include.

This was the first place I was taken to on my arrival. I remember very clearly that there was no empathy shown towards me at all, and there was no reassurance offered to help me understand where I was or what was happening. From the very beginning, I felt frightened, alone, and completely unsupported.

There was a lot of fighting among the other children, and the environment felt chaotic and out of control. It was a very feral place, where aggression and intimidation were common. I was frequently bullied by the older children. They would call me names, belittle me, and physically hit me. These incidents were not isolated—they happened regularly, and I lived in constant fear of being targeted.

What made this even more distressing was that the staff did nothing to stop it. They seemed to have their favourites among the children and would ignore the behaviour of those they preferred, even when it was clearly harmful. I felt invisible and unprotected, as though my safety and wellbeing did not matter.

As a result, I became very upset and withdrawn. I began to isolate myself from others because I did not feel safe around the other children or supported by the adults who were supposed to care for me. I remember being locked away on two separate occasions. During these times, I was kept alone all day without any food. The longest period I was locked away for lasted a week. Being confined like that, without basic care or human contact, was extremely distressing and frightening for me.

These experiences had a very serious impact on my mental health. Even though I was only there for a few months, the trauma I experienced during that time has stayed with me. I felt abandoned, powerless, and deeply unsafe, and those feelings have continued to affect me long after leaving that place. The lack of care, the violence, and the isolation have had lasting consequences on my emotional wellbeing and how I cope with situations in my life now.

Your statement for Care setting 2

Please read page 32 of the “Help to apply” guidance before you begin.

In Part 1, you will have already provided information about the care settings you were abused in. By providing this information here, your case worker can join together the name of the care setting with your statement of abuse.

Q1 | What is the name or location of the relevant care setting you were abused in?

(For example, the name of the care home, or the city or region where you lived in foster care or while boarded out).

Cardross Childrens Home

Do not worry if you are uncertain about dates or time. Please provide your best estimate.

Q2 | When were you abused?

For example: a single date, an age, or an approximate time or time range.

1990

You do not have to provide names, if you cannot remember or do not feel comfortable doing so. If you do provide a name it will be passed to Police Scotland.

Q3 | Who was involved in your abuse?

For example: a member of staff, a peer or someone outside the care setting.

The information you provide will be used by Redress Scotland to make a decision about your application. Redress Scotland will use the “Assessment framework” to help them do this, available on gov.scot. Please be aware that it contains graphic descriptions of abuse.

Q4 | On the next page, please provide as much information as you can about:

- the abuse you experienced while living in this care setting
- what life was like for you during this time
- how the people responsible for your care and welfare failed to carry out that duty (within or beyond your care setting)

You can continue on additional pages if you need to.

Please read page 36 of “Help to apply” to find out more about what information you may want to include.

See Attached

Your statement for Care setting 3

Please read page 32 of the “Help to apply” guidance before you begin.

In Part 1, you will have already provided information about the care settings you were abused in. By providing this information here, your case worker can join together the name of the care setting with your statement of abuse.

Q1 | What is the name or location of the relevant care setting you were abused in?

(For example, the name of the care home, or the city or region where you lived in foster care or while boarded out).

Do not worry if you are uncertain about dates or time. Please provide your best estimate.

Q2 | When were you abused?
For example: a single date, an age, or an approximate time or time range.

You do not have to provide names, if you cannot remember or do not feel comfortable doing so. If you do provide a name it will be passed to Police Scotland.

Q3 | Who was involved in your abuse?
For example: a member of staff, a peer or someone outside the care setting.

The information you provide will be used by Redress Scotland to make a decision about your application. Redress Scotland will use the “Assessment framework” to help them do this, available on [gov.scot](https://www.gov.scot). Please be aware that it contains graphic descriptions of abuse.

Q4 | On the next page, please provide as much information as you can about:

- the abuse you experienced while living in this care setting
- what life was like for you during this time
- how the people responsible for your care and welfare failed to carry out that duty (within or beyond your care setting)

You can continue on additional pages if you need to.

Please read page 36 of “Help to apply” to find out more about what information you may want to include.

A large, empty rectangular box with a thin blue border, intended for the user to write their statement for Care setting 3. The box occupies most of the page area below the header.

Your statement for Care setting 4

Please read page 32 of the “Help to apply” guidance before you begin.

In Part 1, you will have already provided information about the care settings you were abused in. By providing this information here, your case worker can join together the name of the care setting with your statement of abuse.

Q1 | What is the name or location of the relevant care setting you were abused in?

(For example, the name of the care home, or the city or region where you lived in foster care or while boarded out).

Do not worry if you are uncertain about dates or time. Please provide your best estimate.

Q2 | When were you abused?
For example: a single date, an age, or an approximate time or time range.

You do not have to provide names, if you cannot remember or do not feel comfortable doing so. If you do provide a name it will be passed to Police Scotland.

Q3 | Who was involved in your abuse?
For example: a member of staff, a peer or someone outside the care setting.

The information you provide will be used by Redress Scotland to make a decision about your application. Redress Scotland will use the “Assessment framework” to help them do this, available on [gov.scot](https://www.gov.scot). Please be aware that it contains graphic descriptions of abuse.

Q4 | On the next page, please provide as much information as you can about:

- the abuse you experienced while living in this care setting
- what life was like for you during this time
- how the people responsible for your care and welfare failed to carry out that duty (within or beyond your care setting)

You can continue on additional pages if you need to.

Please read page 36 of “Help to apply” to find out more about what information you may want to include.



Do you want help
with this section?

If you want help before sending in the form, you can:

- read page 32 of the “Help to apply” guidance
- contact a case worker

The next section has questions about your supporting documents.

Section 3: Supporting documents

Please provide any supporting documents you have related to your abuse in care.

You can find out more about these types of documents on page 33 of the “Help to apply” guidance.

In some cases, it may be difficult to find supporting documents. To help with this part of the application, you can:

- include supporting documents when you send this part of the form, if you already have them
- send in your form without any supporting documents – your case worker will get in touch with you and have a conversation about what you can provide

Please tick which option you have chosen:

- I am including supporting documents with my form
- I am not including supporting documents
(if you tick this, a case worker will contact you)
- I am collecting my documents and will submit them a later date

Do you want help
with this section?

If you want help before sending in the form, you can:

- read page 33 of the “Help to apply” guidance
- contact a case worker

The next section has a declaration you must sign and details about how your information is kept and shared.

Section 4: Declaration and privacy notice

In this section, you must sign your form.

For information about how Scotland's Redress Scheme will record and protect your personal information, please read the Privacy Notice for Scotland's Redress Scheme. You can find this on mygov.scot/redress.

Before you send your application you must agree to these statements:

I confirm that the details and information I have given in this application form are true and accurate to the best of my knowledge and belief.

I understand that I must notify Scotland's Redress Scheme of changes in my circumstances that may affect my application.

I confirm that if any of the information I gave in Part 1, Section 8 (related to previous payments and convictions) changes, I must let my case worker know.

I confirm that any documents I have provided in support of my application are genuine and any copy is a true copy of the original. I understand that if I provide a document which is not genuine, I may be subject to court proceedings.

I understand that if I give false or misleading information in support of my application or make a fraudulent application I may:

- be subject to court proceedings
- have to re-pay any money I was not entitled to

I confirm I have read and understood the Privacy Notice for Scotland's Redress Scheme which explains how the information I provide will be lawfully used and stored.

Your signature

Date

Next steps

This is the end of Part 3. You do not need to submit your forms all at once. Once you are ready, you can submit your forms by email.

Afterwards, a case worker will contact you to confirm:

- they have received your application
- if they have any follow up questions
- next steps

By email

Please submit your application and any relevant documents to:

[**apply@redress-scheme.scot**](mailto:apply@redress-scheme.scot)

If you would like to contact a case worker

Please use these details to contact a case worker:

- **Telephone:** 0808 175 0808 (freephone)
- **International:** +44 131 297 6500
Lines are open Monday to Thursday, from 10am to 4pm
(except Scottish public holidays)
- **Email:** [**apply@redress-scheme.scot**](mailto:apply@redress-scheme.scot)

Statement Addendum

Client Name: Karen Mccabe
Date of Birth: 10/06/1976
Care Setting: Cardross Childrens Home
Dates: 1990
Persons Involved:

Full Statement

I was very shaken up when I arrived here because of what I had already experienced in the previous place. I was already frightened, vulnerable, and in need of care and reassurance. However, when I arrived, there was again no empathy or understanding shown to me by the staff. I was given no comfort, no explanation, and no support. Instead, I was left to cope on my own, and I was locked away, which made my fear and confusion even worse.

It was here that the physical abuse began to escalate severely. The staff themselves would hit me and push me around. I was punched in the stomach and slapped around the head on multiple occasions. I remember curling up on the floor, crying in pain and distress, while staff stood over me and laughed. This treatment made me feel completely powerless and dehumanised.

The atmosphere in this place was one of fear. All of us children were scared of the staff. There were older children who were treated differently, and they appeared to have a relationship with the staff. These older children were allowed to bully and physically hurt us, and it often felt like this was done for the entertainment or approval of the staff. There was no protection for us, and no consequences for those who harmed us.

Food was also used as a form of control and punishment. There were times when we were not provided with food at all, and other times when we were force-fed food we did not like in a way that was painful and distressing. It felt degrading and cruel. Punishments were severe and inhumane. I was locked in my room for days at a time without food. During these periods, I was completely isolated, hungry, and frightened.

The staff would also physically assault me during punishments. I was beaten and dragged around by my hair. I remember my mum bringing me a small suitcase of clothes, which meant a lot to me, but the staff tried to take it away. I was constantly in pain, and my body was always sore from the repeated beatings. I was small and physically weak compared to the adults and older children, which made it impossible for me to defend myself.

On one occasion, when I was crying because of the bullying from the older children, I was punished by

being pushed into the showers. The staff laughed as they forced me, fully clothed, into a cold shower. This was humiliating, frightening, and physically shocking.

It was also in this place that the sexual abuse began. A staff member would come into my room at night, lock the door, and abuse me. This happened repeatedly and left me feeling terrified, trapped, and completely alone. I had no one to turn to, and I felt unable to speak out because of the fear of further punishment or not being believed.

I will never forget my time here. The experiences I went through have had a profound and lasting impact on my life. I feel that it has ruined my life in many ways. I struggle deeply with trust, both in other people and in myself. I find it extremely difficult to form and maintain relationships, as I constantly feel unsafe and guarded.

I suffer from severe anxiety, post-traumatic stress disorder (PTSD), and depression. These conditions affect my daily life in a significant way. I continue to take antidepressants to manage my mental health, and I still experience frequent nightmares related to what happened to me. Sleep is often disturbed, and I relive these experiences in ways that feel very real.

In addition to the psychological impact, I also suffer from various physical health issues which I believe are connected to the abuse I endured. The trauma I experienced has stayed with me for life it has ruined my whole life