

Table of contents

Section 1: Personal details	page 2
Section 2: Your statement of abuse	page 3
Section 3: Supporting documents	page 12
Section 4: Declaration and privacy notice	page 13
Next steps	page 14

Section 1: Personal details

This information will be used to join together Part 1 and Part 3 of your application forms.

Name

Liza Anderson

Date of birth

Day Month Year

The next section asks you to write your statement of abuse.

Section 2: Your statement of abuse

Please refer to page 32 of the “Help to apply” guidance when filling in this form.

Please make sure that whatever way you provide your statement, you include all the information Redress Scotland needs to make a decision. You can find out more on page 35 of “Help to apply”.

You may find that writing this brings up feelings or memories. If you need support you can speak to a case worker who can refer you to further help:

- **Telephone:** 0808 175 0808 (freephone)
- **International:** +44 131 297 6500
Lines are open Monday to Thursday, from 10am to 4pm (except Scottish public holidays)
- **Email:** apply@redress-scheme.scot

Providing your statement of abuse

In Part 1, you will have provided information about any relevant care settings you were abused in.

In Part 3, you need to provide a statement about your abuse. You can choose how you want to provide your statement. You can complete Q1, Q2, Q3 and Q4. Or you can:

- submit a previous statement (for example, a copy of a statement given to the police)
- write your statement in another format that is better suited to you

How to complete this section

You may have been abused in one relevant care setting, or in several different ones.

For this part of the application form, please provide a statement about each care setting you were abused in.

For example, if you were abused in 3 relevant care settings, please provide 3 statements.

You can do this in any order that makes sense to you.

There are pages for 4 care settings included in this form. If you need more copies, you can:

- contact a case worker
- make a copy yourself
- print additional pages from mygov.scot/redress

Please remember:

- **there are no wrong answers - if Redress Scotland needs more or different information, your case worker will get in touch with you and let you know**
- **do not worry about your spelling**
- **use as much or as little space as you need to give your information - you can continue on additional pages if you want to**

Your statement for Care setting 1

Please read page 32 of the “Help to apply” guidance before you begin.

In Part 1, you will have already provided information about the care settings you were abused in. By providing this information here, your case worker can join together the name of the care setting with your statement of abuse.

Q1 | What is the name or location of the relevant care setting you were abused in?

(For example, the name of the care home, or the city or region where you lived in foster care or while boarded out).

FOSTER FAMILY

Do not worry if you are uncertain about dates or time. Please provide your best estimate.

Q2 | When were you abused?

For example: a single date, an age, or an approximate time or time range.

1998-2004

You do not have to provide names, if you cannot remember or do not feel comfortable doing so. If you do provide a name it will be passed to Police Scotland.

Q3 | Who was involved in your abuse?

For example: a member of staff, a peer or someone outside the care setting.

Ishbel and David- Foster Parents and Their children-Gillian, Mandy, and Em

The information you provide will be used by Redress Scotland to make a decision about your application. Redress Scotland will use the “Assessment framework” to help them do this, available on gov.scot. Please be aware that it contains graphic descriptions of abuse.

Q4 | On the next page, please provide as much information as you can about:

- the abuse you experienced while living in this care setting
- what life was like for you during this time
- how the people responsible for your care and welfare failed to carry out that duty (within or beyond your care setting)

You can continue on additional pages if you need to.

Please read page 36 of “Help to apply” to find out more about what information you may want to include.

See Attached

Your statement for Care setting 2

Please read page 32 of the “Help to apply” guidance before you begin.

In Part 1, you will have already provided information about the care settings you were abused in. By providing this information here, your case worker can join together the name of the care setting with your statement of abuse.

Q1 | What is the name or location of the relevant care setting you were abused in?

(For example, the name of the care home, or the city or region where you lived in foster care or while boarded out).

Do not worry if you are uncertain about dates or time. Please provide your best estimate.

Q2 | When were you abused?
For example: a single date, an age, or an approximate time or time range.

You do not have to provide names, if you cannot remember or do not feel comfortable doing so. If you do provide a name it will be passed to Police Scotland.

Q3 | Who was involved in your abuse?
For example: a member of staff, a peer or someone outside the care setting.

The information you provide will be used by Redress Scotland to make a decision about your application. Redress Scotland will use the “Assessment framework” to help them do this, available on [gov.scot](https://www.gov.scot). Please be aware that it contains graphic descriptions of abuse.

Q4 | On the next page, please provide as much information as you can about:

- the abuse you experienced while living in this care setting
- what life was like for you during this time
- how the people responsible for your care and welfare failed to carry out that duty (within or beyond your care setting)

You can continue on additional pages if you need to.

Please read page 36 of “Help to apply” to find out more about what information you may want to include.

A large, empty rectangular box with a thin blue border, intended for the user to write their statement for Care setting 2. The box occupies most of the page area below the header.

Your statement for Care setting 3

Please read page 32 of the “Help to apply” guidance before you begin.

In Part 1, you will have already provided information about the care settings you were abused in. By providing this information here, your case worker can join together the name of the care setting with your statement of abuse.

Q1 | What is the name or location of the relevant care setting you were abused in?

(For example, the name of the care home, or the city or region where you lived in foster care or while boarded out).

Do not worry if you are uncertain about dates or time. Please provide your best estimate.

Q2 | When were you abused?
For example: a single date, an age, or an approximate time or time range.

You do not have to provide names, if you cannot remember or do not feel comfortable doing so. If you do provide a name it will be passed to Police Scotland.

Q3 | Who was involved in your abuse?
For example: a member of staff, a peer or someone outside the care setting.

The information you provide will be used by Redress Scotland to make a decision about your application. Redress Scotland will use the “Assessment framework” to help them do this, available on [gov.scot](https://www.gov.scot). Please be aware that it contains graphic descriptions of abuse.

Q4 | On the next page, please provide as much information as you can about:

- the abuse you experienced while living in this care setting
- what life was like for you during this time
- how the people responsible for your care and welfare failed to carry out that duty (within or beyond your care setting)

You can continue on additional pages if you need to.

Please read page 36 of “Help to apply” to find out more about what information you may want to include.

A large, empty rectangular box with a thin blue border, intended for the user to write their statement for Care setting 3. The box occupies most of the page area below the header.

Your statement for Care setting 4

Please read page 32 of the “Help to apply” guidance before you begin.

In Part 1, you will have already provided information about the care settings you were abused in. By providing this information here, your case worker can join together the name of the care setting with your statement of abuse.

Q1 | What is the name or location of the relevant care setting you were abused in?

(For example, the name of the care home, or the city or region where you lived in foster care or while boarded out).

Do not worry if you are uncertain about dates or time. Please provide your best estimate.

Q2 | When were you abused?
For example: a single date, an age, or an approximate time or time range.

You do not have to provide names, if you cannot remember or do not feel comfortable doing so. If you do provide a name it will be passed to Police Scotland.

Q3 | Who was involved in your abuse?
For example: a member of staff, a peer or someone outside the care setting.

The information you provide will be used by Redress Scotland to make a decision about your application. Redress Scotland will use the “Assessment framework” to help them do this, available on [gov.scot](https://www.gov.scot). Please be aware that it contains graphic descriptions of abuse.

Q4 | On the next page, please provide as much information as you can about:

- the abuse you experienced while living in this care setting
- what life was like for you during this time
- how the people responsible for your care and welfare failed to carry out that duty (within or beyond your care setting)

You can continue on additional pages if you need to.

Please read page 36 of “Help to apply” to find out more about what information you may want to include.



Do you want help
with this section?

If you want help before sending in the form, you can:

- read page 32 of the “Help to apply” guidance
- contact a case worker

The next section has questions about your supporting documents.

Section 3: Supporting documents

Please provide any supporting documents you have related to your abuse in care.

You can find out more about these types of documents on page 33 of the “Help to apply” guidance.

In some cases, it may be difficult to find supporting documents. To help with this part of the application, you can:

- include supporting documents when you send this part of the form, if you already have them
- send in your form without any supporting documents – your case worker will get in touch with you and have a conversation about what you can provide

Please tick which option you have chosen:

- I am including supporting documents with my form
- I am not including supporting documents
(if you tick this, a case worker will contact you)
- I am collecting my documents and will submit them a later date

Do you want help
with this section?

If you want help before sending in the form, you can:

- read page 33 of the “Help to apply” guidance
- contact a case worker

The next section has a declaration you must sign and details about how your information is kept and shared.

Section 4: Declaration and privacy notice

In this section, you must sign your form.

For information about how Scotland's Redress Scheme will record and protect your personal information, please read the Privacy Notice for Scotland's Redress Scheme. You can find this on mygov.scot/redress.

Before you send your application you must agree to these statements:

I confirm that the details and information I have given in this application form are true and accurate to the best of my knowledge and belief.

I understand that I must notify Scotland's Redress Scheme of changes in my circumstances that may affect my application.

I confirm that if any of the information I gave in Part 1, Section 8 (related to previous payments and convictions) changes, I must let my case worker know.

I confirm that any documents I have provided in support of my application are genuine and any copy is a true copy of the original. I understand that if I provide a document which is not genuine, I may be subject to court proceedings.

I understand that if I give false or misleading information in support of my application or make a fraudulent application I may:

- be subject to court proceedings
- have to re-pay any money I was not entitled to

I confirm I have read and understood the Privacy Notice for Scotland's Redress Scheme which explains how the information I provide will be lawfully used and stored.

Your signature

Date

Next steps

This is the end of Part 3. You do not need to submit your forms all at once. Once you are ready, you can submit your forms by email.

Afterwards, a case worker will contact you to confirm:

- they have received your application
- if they have any follow up questions
- next steps

By email

Please submit your application and any relevant documents to:

[**apply@redress-scheme.scot**](mailto:apply@redress-scheme.scot)

If you would like to contact a case worker

Please use these details to contact a case worker:

- **Telephone:** 0808 175 0808 (freephone)
- **International:** +44 131 297 6500
Lines are open Monday to Thursday, from 10am to 4pm
(except Scottish public holidays)
- **Email:** [**apply@redress-scheme.scot**](mailto:apply@redress-scheme.scot)

Statement Addendum

Client Name: Liza Anderson
Date of Birth: 18/02/1980
Care Setting: FOSTER FAMILY
Dates: 1998-2004
Persons Involved: Ishbel and David- Foster Parents and Their children-Gillian, Mandy, and Emma,

Full Statement

ADDRESS- Prestonpans, East Lothian, into foster care with Ishbel and David

My earliest memories of being taken into care are extremely confusing and distressing. I was only a child and had already experienced sexual abuse at home. What should have been a time of safety and protection instead became the start of further trauma. I was taken away from my family and separated from my siblings, which caused deep emotional pain that has stayed with me throughout my life.

The first place I was taken to was 6 Craigwalker Avenue, Edinburgh, where I was placed with a foster family, Phyllis and Bob. I lived there until I was around 11 years old. At that age, I was already struggling badly with my emotions. I missed my siblings constantly and felt abandoned, confused, and alone. I did not understand why I had been taken from them, and no one explained things to me in a way I could understand. I felt unheard and unseen.

As I got older, I asked to be placed with my siblings. Eventually, this happened, but it did not bring the comfort or safety I had hoped for. I was moved to Prestonpans, East Lothian, into foster care with Ishbel and David, where my two siblings were already living. By this time, we had been separated for so long that our relationship was not the same. They also had their own three children, Gillian, Mandy, and Emma, and it was very clear from the start that we were treated differently.

This is where the abuse truly began.

From the beginning, me and my sisters were treated as less than their own children. We were mentally and emotionally abused, isolated, and controlled. We were often locked away in our rooms, sometimes for months at a time. We were grounded for long periods, sometimes up to two months, with no explanation that made sense to a child. The only form of entertainment we were allowed was one book, which I was forced to read over and over again.

We were made to eat separately from their children. Mealtimes were humiliating and cruel. We were not allowed to help ourselves to food. Instead, food would be deliberately prepared for us that they knew we did not like, while they and their children ate what they wanted and laughed and smiled while doing so. I was often left hungry. Packed lunches and food were completely controlled, and I had no choice or freedom.

Ishbel regularly called me names, including “vermin” and “ferret”, and her children would laugh at me. She would push me around, pull my hair, and humiliate me. The abuse was not just physical—it was psychological. She played mind games and tormented me daily. She controlled what I wore, when I showered, when I ate, and even took my clothes away from me. If I was grounded, she would take everything I owned and leave me isolated with nothing.

I was often thrown outside in the cold, with no care for my safety or wellbeing. Birthdays and special occasions meant nothing. They were treated as normal days. I had to watch their children live normal childhoods, with toys, presents, attention, and love—things I never received. I was denied the chance to be a child.

Family contact was also taken away from us. Visits that were meant to happen with our brothers were stopped. This caused even more emotional damage, as those visits were one of the few things I held onto. At the same time, I was involved in a rape case in court relating to the sexual abuse I had experienced at home before coming into care. I was still a child, deeply traumatised, confused, and scared. I had no emotional support, no guidance, and no one explaining what was happening to me. Social workers did not listen to me when I tried to speak up. I felt completely failed by the people who were meant to protect me. My mental health deteriorated badly. I began running away, not because I wanted to cause trouble, but because I could not cope anymore. I slept in fields, yet I still went to school in the mornings because I wanted an education and some sense of normality. That shows how desperate and unsupported I was. After I ran away, I was placed temporarily in respite care with Hazel and Jim. I stayed there for a few months. This was the safest I had ever felt in foster care. I felt calm, listened to, and protected for the first time. I wanted to stay there, but despite this, social workers did not allow it. Instead, I was sent back to Ishbel and David, the very place I had tried to escape from.

When I returned, the abuse became worse. Ishbel’s behaviour escalated, particularly towards me. David was less abusive and at times listened, but he always followed her lead. She was in complete control. By this point, my sisters were no longer there, and I was completely alone.

She continued pulling my hair, pushing me, calling me names, and deliberately isolating me. I was only allowed one sweet at the weekend. I was regularly excluded, controlled, and punished. The emotional cruelty was relentless and deliberate.

As soon as I turned 16, I left. I had no guidance, no support, and very little education. I was forced into independence far too young, carrying trauma that no child should have to live with.

Impact on My Mental Health

The effects of this abuse have followed me into adulthood. I struggle deeply with relationships, trusting anyone, I feel like my life has been ruined,