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Section 1: Personal details

This information will be used to join together Part 1 and Part 3 of your application forms.

Name

Jane Shanto

Date of birth

Day Month Year

The next section asks you to write your statement of abuse.

Section 2: Your statement of abuse

Please refer to page 32 of the “Help to apply” guidance when filling in this form.

Please make sure that whatever way you provide your statement, you include all the information Redress Scotland needs to make a decision. You can find out more on page 35 of “Help to apply”.

You may find that writing this brings up feelings or memories. If you need support you can speak to a case worker who can refer you to further help:

- **Telephone:** 0808 175 0808 (freephone)
- **International:** +44 131 297 6500
Lines are open Monday to Thursday, from 10am to 4pm (except Scottish public holidays)
- **Email:** apply@redress-scheme.scot

Providing your statement of abuse

In Part 1, you will have provided information about any relevant care settings you were abused in.

In Part 3, you need to provide a statement about your abuse. You can choose how you want to provide your statement. You can complete Q1, Q2, Q3 and Q4. Or you can:

- submit a previous statement (for example, a copy of a statement given to the police)
- write your statement in another format that is better suited to you

How to complete this section

You may have been abused in one relevant care setting, or in several different ones.

For this part of the application form, please provide a statement about each care setting you were abused in.

For example, if you were abused in 3 relevant care settings, please provide 3 statements.

You can do this in any order that makes sense to you.

There are pages for 4 care settings included in this form. If you need more copies, you can:

- contact a case worker
- make a copy yourself
- print additional pages from mygov.scot/redress

Please remember:

- **there are no wrong answers - if Redress Scotland needs more or different information, your case worker will get in touch with you and let you know**
- **do not worry about your spelling**
- **use as much or as little space as you need to give your information - you can continue on additional pages if you want to**

Your statement for Care setting 1

Please read page 32 of the “Help to apply” guidance before you begin.

In Part 1, you will have already provided information about the care settings you were abused in. By providing this information here, your case worker can join together the name of the care setting with your statement of abuse.

Q1 | What is the name or location of the relevant care setting you were abused in?

(For example, the name of the care home, or the city or region where you lived in foster care or while boarded out).

The Corvent in Dundee

Do not worry if you are uncertain about dates or time. Please provide your best estimate.

Q2 | When were you abused?

For example: a single date, an age, or an approximate time or time range.

1981

You do not have to provide names, if you cannot remember or do not feel comfortable doing so. If you do provide a name it will be passed to Police Scotland.

Q3 | Who was involved in your abuse?

For example: a member of staff, a peer or someone outside the care setting.

here for a year

The information you provide will be used by Redress Scotland to make a decision about your application. Redress Scotland will use the “Assessment framework” to help them do this, available on [gov.scot](https://www.gov.scot). Please be aware that it contains graphic descriptions of abuse.

Q4 | On the next page, please provide as much information as you can about:

- the abuse you experienced while living in this care setting
- what life was like for you during this time
- how the people responsible for your care and welfare failed to carry out that duty (within or beyond your care setting)

You can continue on additional pages if you need to.

Please read page 36 of “Help to apply” to find out more about what information you may want to include.

I was very scared, emotional, and upset when I was placed here. Me and my siblings were together, and it felt like we were being punished for my mum's mistakes. We were placed into this environment with very strict restrictions, and from the beginning there was no empathy shown towards us.

The nuns in this place were brutal in the way they treated us. They spoke to us in a disgusting and degrading manner, and their behaviour was extremely harsh. They would hit us, and we lived in constant fear of them. Every day we would wake up, go to school like normal children, and then be forced to come straight back and clean and complete chores. There was no sense of care or understanding — only control and punishment.

We had to eat at very specific times, and if we missed those times, we would not be given food for the rest of the night. This happened on many occasions, and it left us feeling hungry, neglected, and uncared for. We were often secluded in our bedrooms, and we were too scared to leave our rooms because of how strict and intimidating the staff were. What they said went without question, and we lived in fear of the consequences.

Physical punishment was also used. I remember that they used a belt as a form of punishment, which was extremely frightening and painful. This added to the fear and trauma we were already experiencing.

Although me and my siblings were in the same place, our rooms were separated. The only comfort I had was knowing that we were still together in some way, even though we could not be with each other all the time. That small sense of connection meant a lot to me during such a difficult time.

We lived in fear, were manipulated, and were mentally affected by everything we were experiencing. I was there for around a year, and during that time my mental health was already being impacted. After that year, me and my siblings were separated, and I was sent somewhere else. This separation had a further and more serious impact on my mental health, as it took away the only sense of support I had, which was my siblings.

Looking back, this experience has had a lasting effect on me. It contributed to my ongoing struggles with anxiety, PTSD, and depression. It also affected my ability to feel safe, trust others, and build relationships. These experiences have stayed with me throughout my life and continue to impact me to this day.

Your statement for Care setting 2

Please read page 32 of the “Help to apply” guidance before you begin.

In Part 1, you will have already provided information about the care settings you were abused in. By providing this information here, your case worker can join together the name of the care setting with your statement of abuse.

Q1 | What is the name or location of the relevant care setting you were abused in?

(For example, the name of the care home, or the city or region where you lived in foster care or while boarded out).

Carolina House childrens home

Do not worry if you are uncertain about dates or time. Please provide your best estimate.

Q2 | When were you abused?

For example: a single date, an age, or an approximate time or time range.

1982

You do not have to provide names, if you cannot remember or do not feel comfortable doing so. If you do provide a name it will be passed to Police Scotland.

Q3 | Who was involved in your abuse?

For example: a member of staff, a peer or someone outside the care setting.

a few years in here

The information you provide will be used by Redress Scotland to make a decision about your application. Redress Scotland will use the “Assessment framework” to help them do this, available on gov.scot. Please be aware that it contains graphic descriptions of abuse.

Q4 | On the next page, please provide as much information as you can about:

- the abuse you experienced while living in this care setting
- what life was like for you during this time
- how the people responsible for your care and welfare failed to carry out that duty (within or beyond your care setting)

You can continue on additional pages if you need to.

Please read page 36 of “Help to apply” to find out more about what information you may want to include.

Your statement for Care setting 2 continued

When I arrived here, the abuse continued immediately. There was a young boy in the placement who began bullying me from the start. I was already vulnerable, and I was quickly targeted. The bullying escalated to the point where he physically assaulted me and broke my arm in two places. Despite the seriousness of this injury, the staff did not respond appropriately. They did not care for my needs, and they showed no concern for my wellbeing. Instead of protecting me, they laughed and did not punish him. This made me feel completely unprotected and worthless.

The environment in the home was chaotic and unsafe. The children were left to run wild, and there was no proper supervision. Many of the children were aggressive, and I was targeted because I was small and had no family around me. I was bullied daily, being punched and kicked regularly. This constant abuse had a severe impact on me both physically and emotionally.

I remember times when we would all be sitting watching television, and the staff would sit and watch as children fought and wrestled, beating each other. Instead of stopping it, they would laugh and treat it as entertainment. This showed a complete lack of care and responsibility towards us as children.

A lot of the time, we were secluded in our rooms. I began to prefer being alone because it felt safer than being around others. That in itself shows how unsafe the environment was. Isolation became my way of coping, but it also had a damaging effect on my mental health.

The staff would regularly scream at us and call us names. I was often targeted with name-calling because I had no family. This deeply affected me mentally. I was already struggling, and there was no support offered to help me cope. Instead, I was tormented further, and staff would laugh at me for having no one to turn to.

I missed my brothers deeply during this time, and the separation added to my emotional distress. I felt angry, disappointed, scared, and confused. The bullying I experienced because I did not have a father was constant. I was reminded of this daily, which added to my feelings of rejection and abandonment.

I was in this placement for around two years, and during that time I struggled significantly. I was not allowed out at weekends, and I was excluded from free time and activities. I was not able to enjoy a normal childhood or take part in entertainment like other children.

Eventually, I was moved on to Dr Guthrie's placement, but by that point, the damage had already been done. The experiences I went through here had a lasting impact on my mental health. I continue to suffer from anxiety, PTSD, and depression, and I struggle with trust, relationships, and feeling safe. These experiences have stayed with me and continue to affect my life every day.

Your statement for Care setting 3

Please read page 32 of the “Help to apply” guidance before you begin.

In Part 1, you will have already provided information about the care settings you were abused in. By providing this information here, your case worker can join together the name of the care setting with your statement of abuse.

Q1 | What is the name or location of the relevant care setting you were abused in?

(For example, the name of the care home, or the city or region where you lived in foster care or while boarded out).

Dr Guthrie in Edinburgh

Do not worry if you are uncertain about dates or time. Please provide your best estimate.

Q2 | When were you abused?

For example: a single date, an age, or an approximate time or time range.

1984

You do not have to provide names, if you cannot remember or do not feel comfortable doing so. If you do provide a name it will be passed to Police Scotland.

Q3 | Who was involved in your abuse?

For example: a member of staff, a peer or someone outside the care setting.

The information you provide will be used by Redress Scotland to make a decision about your application. Redress Scotland will use the “Assessment framework” to help them do this, available on [gov.scot](https://www.gov.scot). Please be aware that it contains graphic descriptions of abuse.

Q4 | On the next page, please provide as much information as you can about:

- the abuse you experienced while living in this care setting
- what life was like for you during this time
- how the people responsible for your care and welfare failed to carry out that duty (within or beyond your care setting)

You can continue on additional pages if you need to.

Please read page 36 of “Help to apply” to find out more about what information you may want to include.

Your statement for Care setting 3 continued

When I arrived here, it was the worst time of my life. The environment was terrible, and we were locked away and secluded for much of the time. I felt trapped and completely cut off from the outside world.

We were not provided with a proper education. Instead, we were forced to get up early and carry out tasks such as scrubbing floors, cleaning, and cooking. As a young child, I was already being bullied and tormented, and at the same time I was being forced to do things I did not understand or want to do. This made me feel overwhelmed, powerless, and distressed.

Staff would restrain us in painful ways, bending our arms back and causing physical pain. I lived in fear of these restraints, as they were used frequently and without care. There was also a points system in place, and I felt that I was deliberately targeted. My points would often be taken away, which meant I was not allowed any privileges at the weekend. This felt unfair and added to my emotional distress.

Food was strictly controlled. We were only allowed to eat at certain times, and we were not allowed to help ourselves. If we were late or unwell, we would not be given food that night. If we were found near the kitchen, we would be punished severely. This created a constant sense of fear and deprivation.

There were seclusion rooms used as punishment. I was placed in these rooms for long periods, sometimes all day, often without food. Sometimes this would be in a sitting room, and other times it would be in a dark room. Being left alone in these conditions was extremely frightening and had a lasting emotional impact on me.

Staff were physically and emotionally abusive. They would push and prod us and slap us in the corridors if we were in their way. They would laugh at me because I had no family and call me names. This made me feel very small, embarrassed, and worthless. As a young girl, this treatment deeply affected me, and these memories have stayed with me ever since.

I was in this environment until I was around 16 years old, and during that time I experienced ongoing bullying and mistreatment. The impact on my mental health has been severe. I now suffer from anxiety, depression, and PTSD, and I require medication to manage these conditions.

I also have a deep fear of men and of new people. I struggle to trust others and find it very difficult to build relationships. Day-to-day activities can be challenging for me, and I often feel overwhelmed. I also struggle to control my thoughts at times, which I believe is directly linked to the trauma I experienced.

Looking back, I feel that I was completely failed during this time. The experiences I went through have had a long-lasting and damaging effect on my life, and I continue to suffer the consequences every day.

Your statement for Care setting 4

Please read page 32 of the “Help to apply” guidance before you begin.

In Part 1, you will have already provided information about the care settings you were abused in. By providing this information here, your case worker can join together the name of the care setting with your statement of abuse.

Q1 | What is the name or location of the relevant care setting you were abused in?

(For example, the name of the care home, or the city or region where you lived in foster care or while boarded out).

Do not worry if you are uncertain about dates or time. Please provide your best estimate.

Q2 | When were you abused?
For example: a single date, an age, or an approximate time or time range.

You do not have to provide names, if you cannot remember or do not feel comfortable doing so. If you do provide a name it will be passed to Police Scotland.

Q3 | Who was involved in your abuse?
For example: a member of staff, a peer or someone outside the care setting.

The information you provide will be used by Redress Scotland to make a decision about your application. Redress Scotland will use the “Assessment framework” to help them do this, available on [gov.scot](https://www.gov.scot). Please be aware that it contains graphic descriptions of abuse.

Q4 | On the next page, please provide as much information as you can about:

- the abuse you experienced while living in this care setting
- what life was like for you during this time
- how the people responsible for your care and welfare failed to carry out that duty (within or beyond your care setting)

You can continue on additional pages if you need to.

Please read page 36 of “Help to apply” to find out more about what information you may want to include.



Do you want help
with this section?

If you want help before sending in the form, you can:

- read page 32 of the “Help to apply” guidance
- contact a case worker

The next section has questions about your supporting documents.

Section 3: Supporting documents

Please provide any supporting documents you have related to your abuse in care.

You can find out more about these types of documents on page 33 of the “Help to apply” guidance.

In some cases, it may be difficult to find supporting documents. To help with this part of the application, you can:

- include supporting documents when you send this part of the form, if you already have them
- send in your form without any supporting documents – your case worker will get in touch with you and have a conversation about what you can provide

Please tick which option you have chosen:

- I am including supporting documents with my form
- I am not including supporting documents
(if you tick this, a case worker will contact you)
- I am collecting my documents and will submit them a later date

Do you want help
with this section?

If you want help before sending in the form, you can:

- read page 33 of the “Help to apply” guidance
- contact a case worker

The next section has a declaration you must sign and details about how your information is kept and shared.

Section 4: Declaration and privacy notice

In this section, you must sign your form.

For information about how Scotland's Redress Scheme will record and protect your personal information, please read the Privacy Notice for Scotland's Redress Scheme. You can find this on mygov.scot/redress.

Before you send your application you must agree to these statements:

I confirm that the details and information I have given in this application form are true and accurate to the best of my knowledge and belief.

I understand that I must notify Scotland's Redress Scheme of changes in my circumstances that may affect my application.

I confirm that if any of the information I gave in Part 1, Section 8 (related to previous payments and convictions) changes, I must let my case worker know.

I confirm that any documents I have provided in support of my application are genuine and any copy is a true copy of the original. I understand that if I provide a document which is not genuine, I may be subject to court proceedings.

I understand that if I give false or misleading information in support of my application or make a fraudulent application I may:

- be subject to court proceedings
- have to re-pay any money I was not entitled to

I confirm I have read and understood the Privacy Notice for Scotland's Redress Scheme which explains how the information I provide will be lawfully used and stored.

Your signature

Date

Next steps

This is the end of Part 3. You do not need to submit your forms all at once. Once you are ready, you can submit your forms by email.

Afterwards, a case worker will contact you to confirm:

- they have received your application
- if they have any follow up questions
- next steps

By email

Please submit your application and any relevant documents to:

[**apply@redress-scheme.scot**](mailto:apply@redress-scheme.scot)

If you would like to contact a case worker

Please use these details to contact a case worker:

- **Telephone:** 0808 175 0808 (freephone)
- **International:** +44 131 297 6500
Lines are open Monday to Thursday, from 10am to 4pm
(except Scottish public holidays)
- **Email:** [**apply@redress-scheme.scot**](mailto:apply@redress-scheme.scot)