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## Section 1: Personal details

This information will be used to join together Part 1 and Part 3 of your application forms.

**Name**

Thomas Tarbett

**Date of birth**

Day  Month  Year

The next section asks you to write your statement of abuse.

## Section 2: Your statement of abuse

Please refer to page 32 of the “Help to apply” guidance when filling in this form.

Please make sure that whatever way you provide your statement, you include all the information Redress Scotland needs to make a decision. You can find out more on page 35 of “Help to apply”.

You may find that writing this brings up feelings or memories. If you need support you can speak to a case worker who can refer you to further help:

- **Telephone:** 0808 175 0808 (freephone)
- **International:** +44 131 297 6500  
Lines are open Monday to Thursday, from 10am to 4pm (except Scottish public holidays)
- **Email:** [apply@redress-scheme.scot](mailto:apply@redress-scheme.scot)

### Providing your statement of abuse

In Part 1, you will have provided information about any relevant care settings you were abused in.

In Part 3, you need to provide a statement about your abuse. You can choose how you want to provide your statement. You can complete Q1, Q2, Q3 and Q4. Or you can:

- submit a previous statement (for example, a copy of a statement given to the police)
- write your statement in another format that is better suited to you

### How to complete this section

You may have been abused in one relevant care setting, or in several different ones.

For this part of the application form, please provide a statement about each care setting you were abused in.

For example, if you were abused in 3 relevant care settings, please provide 3 statements.

You can do this in any order that makes sense to you.

There are pages for 4 care settings included in this form. If you need more copies, you can:

- contact a case worker
- make a copy yourself
- print additional pages from [mygov.scot/redress](https://mygov.scot/redress)

#### **Please remember:**

- **there are no wrong answers - if Redress Scotland needs more or different information, your case worker will get in touch with you and let you know**
- **do not worry about your spelling**
- **use as much or as little space as you need to give your information - you can continue on additional pages if you want to**

## Your statement for Care setting 1

Please read page 32 of the “Help to apply” guidance before you begin.

In Part 1, you will have already provided information about the care settings you were abused in. By providing this information here, your case worker can join together the name of the care setting with your statement of abuse.

**Q1 | What is the name or location of the relevant care setting you were abused in?**

(For example, the name of the care home, or the city or region where you lived in foster care or while boarded out).

Duncan Place

Do not worry if you are uncertain about dates or time. Please provide your best estimate.

**Q2 | When were you abused?**

For example: a single date, an age, or an approximate time or time range.

1978-1981

You do not have to provide names, if you cannot remember or do not feel comfortable doing so. If you do provide a name it will be passed to Police Scotland.

**Q3 | Who was involved in your abuse?**

For example: a member of staff, a peer or someone outside the care setting.

The information you provide will be used by Redress Scotland to make a decision about your application. Redress Scotland will use the “Assessment framework” to help them do this, available on [gov.scot](https://www.gov.scot). Please be aware that it contains graphic descriptions of abuse.

**Q4 | On the next page, please provide as much information as you can about:**

- the abuse you experienced while living in this care setting
- what life was like for you during this time
- how the people responsible for your care and welfare failed to carry out that duty (within or beyond your care setting)

You can continue on additional pages if you need to.

Please read page 36 of “Help to apply” to find out more about what information you may want to include.

I was placed in and out of care from a very young age. At the time, I was too young to understand what was happening or why I was being taken away. From around the age of five or six, I was moved repeatedly between different care placements. I was extremely vulnerable and frightened, and I remember feeling confused, abandoned, and unwanted.

Between the ages of approximately 5 to 8, I was placed in several different homes, often for short periods of time, sometimes only weeks. These included Duncan Place, Nihil Place in Perth, Ranock Moore, and Balgown Home. All of these placements were within a quarter of a mile of my family home, yet I was kept away from my family and siblings. Being so close physically but completely cut off emotionally was devastating. I was constantly passed from pillar to post, mistreated, and left feeling that I did not belong anywhere. I missed my siblings deeply, and this separation caused me lasting emotional pain.

Because of the constant moves and my young age, it is difficult for me to give an exact timeline, but I know this instability lasted until around the age of eight. During this time, I was neglected emotionally and physically, and I had no sense of safety or consistency.

## Your statement for Care setting 2

Please read page 32 of the “Help to apply” guidance before you begin.

In Part 1, you will have already provided information about the care settings you were abused in. By providing this information here, your case worker can join together the name of the care setting with your statement of abuse.

**Q1 | What is the name or location of the relevant care setting you were abused in?**

(For example, the name of the care home, or the city or region where you lived in foster care or while boarded out).

Nimil Place in Perth

Do not worry if you are uncertain about dates or time. Please provide your best estimate.

**Q2 | When were you abused?**

For example: a single date, an age, or an approximate time or time range.

1978-1981

You do not have to provide names, if you cannot remember or do not feel comfortable doing so. If you do provide a name it will be passed to Police Scotland.

**Q3 | Who was involved in your abuse?**

For example: a member of staff, a peer or someone outside the care setting.

The information you provide will be used by Redress Scotland to make a decision about your application. Redress Scotland will use the “Assessment framework” to help them do this, available on [gov.scot](http://gov.scot). Please be aware that it contains graphic descriptions of abuse.

**Q4 | On the next page, please provide as much information as you can about:**

- the abuse you experienced while living in this care setting
- what life was like for you during this time
- how the people responsible for your care and welfare failed to carry out that duty (within or beyond your care setting)

You can continue on additional pages if you need to.

Please read page 36 of “Help to apply” to find out more about what information you may want to include.

I was placed in and out of care from a very young age. At the time, I was too young to understand what was happening or why I was being taken away. From around the age of five or six, I was moved repeatedly between different care placements. I was extremely vulnerable and frightened, and I remember feeling confused, abandoned, and unwanted.

Between the ages of approximately 5 to 8, I was placed in several different homes, often for short periods of time, sometimes only weeks. These included Duncan Place, Nimil Place in Perth, Ranock Moore, and Balgowen Home. All of these placements were within a quarter of a mile of my family home, yet I was kept away from my family and siblings. Being so close physically but completely cut off emotionally was devastating. I was constantly passed from pillar to post, mistreated, and left feeling that I did not belong anywhere. I missed my siblings deeply, and this separation caused me lasting emotional pain.

Because of the constant moves and my young age, it is difficult for me to give an exact timeline, but I know this instability lasted until around the age of eight. During this time, I was neglected emotionally and physically, and I had no sense of safety or consistency.

## Your statement for Care setting 3

Please read page 32 of the “Help to apply” guidance before you begin.

In Part 1, you will have already provided information about the care settings you were abused in. By providing this information here, your case worker can join together the name of the care setting with your statement of abuse.

**Q1 | What is the name or location of the relevant care setting you were abused in?**

(For example, the name of the care home, or the city or region where you lived in foster care or while boarded out).

Ranock Moore

Do not worry if you are uncertain about dates or time. Please provide your best estimate.

**Q2 | When were you abused?**

For example: a single date, an age, or an approximate time or time range.

1978-1981

You do not have to provide names, if you cannot remember or do not feel comfortable doing so. If you do provide a name it will be passed to Police Scotland.

**Q3 | Who was involved in your abuse?**

For example: a member of staff, a peer or someone outside the care setting.

The information you provide will be used by Redress Scotland to make a decision about your application. Redress Scotland will use the “Assessment framework” to help them do this, available on [gov.scot](https://www.gov.scot). Please be aware that it contains graphic descriptions of abuse.

**Q4 | On the next page, please provide as much information as you can about:**

- the abuse you experienced while living in this care setting
- what life was like for you during this time
- how the people responsible for your care and welfare failed to carry out that duty (within or beyond your care setting)

You can continue on additional pages if you need to.

Please read page 36 of “Help to apply” to find out more about what information you may want to include.

I was placed in and out of care from a very young age. At the time, I was too young to understand what was happening or why I was being taken away. From around the age of five or six, I was moved repeatedly between different care placements. I was extremely vulnerable and frightened, and I remember feeling confused, abandoned, and unwanted.

Between the ages of approximately 5 to 8, I was placed in several different homes, often for short periods of time, sometimes only weeks. These included Duncan Place, Nimil Place in Perth, Ranock Moore, and Balgowen Home. All of these placements were within a quarter of a mile of my family home, yet I was kept away from my family and siblings. Being so close physically but completely cut off emotionally was devastating. I was constantly passed from pillar to post, mistreated, and left feeling that I did not belong anywhere. I missed my siblings deeply, and this separation caused me lasting emotional pain.

Because of the constant moves and my young age, it is difficult for me to give an exact timeline, but I know this instability lasted until around the age of eight. During this time, I was neglected emotionally and physically, and I had no sense of safety or consistency.

## Your statement for Care setting 4

Please read page 32 of the “Help to apply” guidance before you begin.

In Part 1, you will have already provided information about the care settings you were abused in. By providing this information here, your case worker can join together the name of the care setting with your statement of abuse.

**Q1 | What is the name or location of the relevant care setting you were abused in?**

(For example, the name of the care home, or the city or region where you lived in foster care or while boarded out).

Balgowen Home

Do not worry if you are uncertain about dates or time. Please provide your best estimate.

**Q2 | When were you abused?**

For example: a single date, an age, or an approximate time or time range.

1978-1981

You do not have to provide names, if you cannot remember or do not feel comfortable doing so. If you do provide a name it will be passed to Police Scotland.

**Q3 | Who was involved in your abuse?**

For example: a member of staff, a peer or someone outside the care setting.

The information you provide will be used by Redress Scotland to make a decision about your application. Redress Scotland will use the “Assessment framework” to help them do this, available on [gov.scot](http://gov.scot). Please be aware that it contains graphic descriptions of abuse.

**Q4 | On the next page, please provide as much information as you can about:**

- the abuse you experienced while living in this care setting
- what life was like for you during this time
- how the people responsible for your care and welfare failed to carry out that duty (within or beyond your care setting)

You can continue on additional pages if you need to.

Please read page 36 of “Help to apply” to find out more about what information you may want to include.

I was placed in and out of care from a very young age. At the time, I was too young to understand what was happening or why I was being taken away. From around the age of five or six, I was moved repeatedly between different care placements. I was extremely vulnerable and frightened, and I remember feeling confused, abandoned, and unwanted.

Between the ages of approximately 5 to 8, I was placed in several different homes, often for short periods of time, sometimes only weeks. These included Duncan Place, Nimil Place in Perth, Ranock Moore, and Balgowen Home. All of these placements were within a quarter of a mile of my family home, yet I was kept away from my family and siblings. Being so close physically but completely cut off emotionally was devastating. I was constantly passed from pillar to post, mistreated, and left feeling that I did not belong anywhere. I missed my siblings deeply, and this separation caused me lasting emotional pain.

Because of the constant moves and my young age, it is difficult for me to give an exact timeline, but I know this instability lasted until around the age of eight. During this time, I was neglected emotionally and physically, and I had no sense of safety or consistency.

Do you want help  
with this section?

If you want help before sending in the form, you can:

- read page 32 of the “Help to apply” guidance
- contact a case worker

The next section has questions about your supporting documents.

## Section 3: Supporting documents

Please provide any supporting documents you have related to your abuse in care.

You can find out more about these types of documents on page 33 of the “Help to apply” guidance.

In some cases, it may be difficult to find supporting documents. To help with this part of the application, you can:

- include supporting documents when you send this part of the form, if you already have them
- send in your form without any supporting documents – your case worker will get in touch with you and have a conversation about what you can provide

Please tick which option you have chosen:

- I am including supporting documents with my form
- I am not including supporting documents  
(if you tick this, a case worker will contact you)
- I am collecting my documents and will submit them a later date

Do you want help  
with this section?

If you want help before sending in the form, you can:

- read page 33 of the “Help to apply” guidance
- contact a case worker

The next section has a declaration you must sign and details about how your information is kept and shared.

## Section 4: Declaration and privacy notice

In this section, you must sign your form.

For information about how Scotland's Redress Scheme will record and protect your personal information, please read the Privacy Notice for Scotland's Redress Scheme. You can find this on [mygov.scot/redress](https://mygov.scot/redress).

**Before you send your application you must agree to these statements:**

I confirm that the details and information I have given in this application form are true and accurate to the best of my knowledge and belief.

I understand that I must notify Scotland's Redress Scheme of changes in my circumstances that may affect my application.

I confirm that if any of the information I gave in Part 1, Section 8 (related to previous payments and convictions) changes, I must let my case worker know.

I confirm that any documents I have provided in support of my application are genuine and any copy is a true copy of the original. I understand that if I provide a document which is not genuine, I may be subject to court proceedings.

I understand that if I give false or misleading information in support of my application or make a fraudulent application I may:

- be subject to court proceedings
- have to re-pay any money I was not entitled to

I confirm I have read and understood the Privacy Notice for Scotland's Redress Scheme which explains how the information I provide will be lawfully used and stored.

**Your signature**

**Date**

## Next steps

This is the end of Part 3. You do not need to submit your forms all at once. Once you are ready, you can submit your forms by email.

Afterwards, a case worker will contact you to confirm:

- they have received your application
- if they have any follow up questions
- next steps

### By email

Please submit your application and any relevant documents to:

[\*\*apply@redress-scheme.scot\*\*](mailto:apply@redress-scheme.scot)

### If you would like to contact a case worker

Please use these details to contact a case worker:

- **Telephone:** 0808 175 0808 (freephone)
- **International:** +44 131 297 6500  
Lines are open Monday to Thursday, from 10am to 4pm  
(except Scottish public holidays)
- **Email:** [\*\*apply@redress-scheme.scot\*\*](mailto:apply@redress-scheme.scot)

# Scotland's Redress Scheme

## Application form **Part 3**

### Additional statement pages

Name

Thomas Tarbett

Date of birth

Day  Month  Year

## Your statement for additional care settings

Please read page 32 of the “Help to apply” guidance before you begin.

In Part 1, you will have already provided information about the care settings you were abused in. By providing this information here, your case worker can join together the name of the care setting with your statement of abuse.

**Q1 | What is the name or location of the relevant care setting you were abused in?**

(For example, the name of the care home, or the city or region where you lived in foster care or while boarded out).

Burnside Care Home

Do not worry if you are uncertain about dates or time. Please provide your best estimate.

**Q2 | When were you abused?**

For example: a single date, an age, or an approximate time or time range.

1981

You do not have to provide names, if you cannot remember or do not feel comfortable doing so. If you do provide a name it will be passed to Police Scotland.

**Q3 | Who was involved in your abuse?**

For example: a member of staff, a peer or someone outside the care setting.

Ady

The information you provide will be used by Redress Scotland to make a decision about your application. Redress Scotland will use the “Assessment framework” to help them do this, available on [gov.scot](https://www.gov.scot). Please be aware that it contains graphic descriptions of abuse.

**Q4 | On the next page, please provide as much information as you can about:**

- the abuse you experienced while living in this care setting
- what life was like for you during this time
- how the people responsible for your care and welfare failed to carry out that duty (within or beyond your care setting)

You can continue on additional pages if you need to.

Please read page 36 of “Help to apply” to find out more about what information you may want to include.

## Your statement for additional care settings

At around eight years old, I was placed in Burnside Care Home, and my first memories there are horrific. From the very first night, I was locked away, and this continued regularly throughout my stay. I spent large amounts of time isolated, which caused severe distress and made me feel like I was going insane. We were not allowed out at weekends or after school, and I do not recall ever having free time or meaningful contact with my family. I was deliberately kept away from my siblings and told that I was unwanted and that nobody wanted to see me. At the time, I did not know whether this was true or lies, but it made me believe I was worthless.

Burnside felt like a real-life prison. It was terrifying and deeply traumatic. I remember a staff member called Ady, who would tell us stories and then threaten us if we spoke up. Staff were abusive, pushed me around, and laughed at me. I was regularly locked away and secluded, which had a severe impact on my mental health.

I was placed in rooms with older children who bullied and physically assaulted me. The staff knew this was happening but did nothing to protect me. Instead, they left me locked in rooms with these older children. Food was provided, but if we did not like it or could not eat it, we were forced to go hungry and sent back to our rooms. I was often extremely hungry and too frightened to ask for anything else because I knew better than to speak up.

I remained at Burnside for several months, close to a year, before being moved again.

# Scotland's Redress Scheme

## Application form **Part 3**

### Additional statement pages

Name

Thomas Tarbett

Date of birth

Day  Month  Year

## Your statement for additional care settings

Please read page 32 of the “Help to apply” guidance before you begin.

In Part 1, you will have already provided information about the care settings you were abused in. By providing this information here, your case worker can join together the name of the care setting with your statement of abuse.

**Q1 | What is the name or location of the relevant care setting you were abused in?**

(For example, the name of the care home, or the city or region where you lived in foster care or while boarded out).

Carlina House

Do not worry if you are uncertain about dates or time. Please provide your best estimate.

**Q2 | When were you abused?**

For example: a single date, an age, or an approximate time or time range.

1982-1991

You do not have to provide names, if you cannot remember or do not feel comfortable doing so. If you do provide a name it will be passed to Police Scotland.

**Q3 | Who was involved in your abuse?**

For example: a member of staff, a peer or someone outside the care setting.

The information you provide will be used by Redress Scotland to make a decision about your application. Redress Scotland will use the “Assessment framework” to help them do this, available on [gov.scot](https://www.gov.scot). Please be aware that it contains graphic descriptions of abuse.

**Q4 | On the next page, please provide as much information as you can about:**

- the abuse you experienced while living in this care setting
- what life was like for you during this time
- how the people responsible for your care and welfare failed to carry out that duty (within or beyond your care setting)

You can continue on additional pages if you need to.

Please read page 36 of “Help to apply” to find out more about what information you may want to include.

## Your statement for additional care settings

9 years old, I was placed in Carlina House, which first operated from Broughty Ferry Road in Dundee, and later moved to Strathmore Avenue. I remained within this care system until around 17 or 18 years old.

From my very first night at Carlina House, I knew it was worse. I was locked in my dorm on arrival. Although there was slightly more freedom to move around the building, this only exposed me to more abuse. Older children were allowed to prey on younger ones, and staff did nothing to stop it. I was threatened constantly by other children, who used fear, fists, and violence to control me. They would drag me out of bed, punch and kick me, and try to control everything I did. If I didn't obey, the beatings would start.

I was known as "the little one", and I was targeted purely for entertainment. Staff often laughed at me instead of protecting me. One child who practiced karate used me as a punching dummy, practicing his moves on me while staff stood by and watched. I was forced to endure this abuse.

Punishments were severe and unfair. My pocket money was often taken, I was sent to bed very early and locked away, and sometimes I was sent to bed without dinner. Family contact was again stopped, and I was told it was my fault, even though my only "crime" was being beaten by others.

Showers were always supervised by staff under the excuse that they needed to check we had washed properly. This made me extremely uncomfortable and confused. Food was again forced on us, and if we did not eat it, we were left hungry. I never felt safe or comfortable. Other children were allowed to smoke and drink, and their behavior was ignored or encouraged.

Later, I was moved to Strathmore Avenue, where the setup involved individual units and shared cooking responsibilities. I preferred this only because I could make my own food. However, staff left us alone far too often, and the bullying and violence continued unchecked. I was constantly bruised and injured, often black and blue.

During this time, my sister was also in care, but we were deliberately separated. This damaged and ultimately ruined our relationship. We were prevented from seeing each other, despite being siblings. I was a good child, but the more aggressive and violent children were treated better than me, praised daily, and rewarded. This encouraged them to continue abusing me.

My worker showed no interest in my life or wellbeing. He even encouraged me to misbehave so he could take me out for food, which went against my nature. My education suffered severely. I was never supported, encouraged, or guided. I was effectively left to raise myself. I was not taught basic self-care, hygiene, or life skills, and I received no emotional support at all.

Throughout my entire time in care, I was bullied, picked on, neglected, and physically assaulted on a daily basis. I struggled with my mental health from a very young age, with no guidance, no protection, and no one to turn to.

After leaving school, I stayed on longer in an attempt to get help with my education, as I was struggling badly. I had no support other than my sister, but by then our relationship had already been damaged by the care system. I do not have friendships or close relationships. Even my own children have noticed that I do not speak to or stay in touch with people. I struggle to communicate, to trust others, and to speak up for myself.

As a result of my experiences in care, I now suffer from severe PTSD, anxiety, and depression. These conditions have affected every aspect of my adult life, including my relationships, confidence, self-worth, and ability to function socially. I have recently been diagnosed with cancer, and this has forced me to reflect on my life. I feel that my life has been defined by trauma, neglect, and abuse, starting in childhood and continuing to affect me to this day.