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Section 1: Personal details

This information will be used to join together Part 1 and Part 3 of your application forms.

Name

Ruth Smith

Date of birth

Day Month Year

The next section asks you to write your statement of abuse.

Section 2: Your statement of abuse

Please refer to page 32 of the “Help to apply” guidance when filling in this form.

Please make sure that whatever way you provide your statement, you include all the information Redress Scotland needs to make a decision. You can find out more on page 35 of “Help to apply”.

You may find that writing this brings up feelings or memories. If you need support you can speak to a case worker who can refer you to further help:

- **Telephone:** 0808 175 0808 (freephone)
- **International:** +44 131 297 6500
Lines are open Monday to Thursday, from 10am to 4pm (except Scottish public holidays)
- **Email:** apply@redress-scheme.scot

Providing your statement of abuse

In Part 1, you will have provided information about any relevant care settings you were abused in.

In Part 3, you need to provide a statement about your abuse. You can choose how you want to provide your statement. You can complete Q1, Q2, Q3 and Q4. Or you can:

- submit a previous statement (for example, a copy of a statement given to the police)
- write your statement in another format that is better suited to you

How to complete this section

You may have been abused in one relevant care setting, or in several different ones.

For this part of the application form, please provide a statement about each care setting you were abused in.

For example, if you were abused in 3 relevant care settings, please provide 3 statements.

You can do this in any order that makes sense to you.

There are pages for 4 care settings included in this form. If you need more copies, you can:

- contact a case worker
- make a copy yourself
- print additional pages from mygov.scot/redress

Please remember:

- **there are no wrong answers - if Redress Scotland needs more or different information, your case worker will get in touch with you and let you know**
- **do not worry about your spelling**
- **use as much or as little space as you need to give your information - you can continue on additional pages if you want to**

Your statement for Care setting 1

Please read page 32 of the “Help to apply” guidance before you begin.

In Part 1, you will have already provided information about the care settings you were abused in. By providing this information here, your case worker can join together the name of the care setting with your statement of abuse.

Q1 | What is the name or location of the relevant care setting you were abused in?

(For example, the name of the care home, or the city or region where you lived in foster care or while boarded out).

Rimbleton House- Glenrothes

Do not worry if you are uncertain about dates or time. Please provide your best estimate.

Q2 | When were you abused?

For example: a single date, an age, or an approximate time or time range.

1986-1990

You do not have to provide names, if you cannot remember or do not feel comfortable doing so. If you do provide a name it will be passed to Police Scotland.

Q3 | Who was involved in your abuse?

For example: a member of staff, a peer or someone outside the care setting.

The information you provide will be used by Redress Scotland to make a decision about your application. Redress Scotland will use the “Assessment framework” to help them do this, available on gov.scot. Please be aware that it contains graphic descriptions of abuse.

Q4 | On the next page, please provide as much information as you can about:

- the abuse you experienced while living in this care setting
- what life was like for you during this time
- how the people responsible for your care and welfare failed to carry out that duty (within or beyond your care setting)

You can continue on additional pages if you need to.

Please read page 36 of “Help to apply” to find out more about what information you may want to include.

See Attached

Your statement for Care setting 2

Please read page 32 of the “Help to apply” guidance before you begin.

In Part 1, you will have already provided information about the care settings you were abused in. By providing this information here, your case worker can join together the name of the care setting with your statement of abuse.

Q1 | What is the name or location of the relevant care setting you were abused in?

(For example, the name of the care home, or the city or region where you lived in foster care or while boarded out).

Do not worry if you are uncertain about dates or time. Please provide your best estimate.

Q2 | When were you abused?
For example: a single date, an age, or an approximate time or time range.

You do not have to provide names, if you cannot remember or do not feel comfortable doing so. If you do provide a name it will be passed to Police Scotland.

Q3 | Who was involved in your abuse?
For example: a member of staff, a peer or someone outside the care setting.

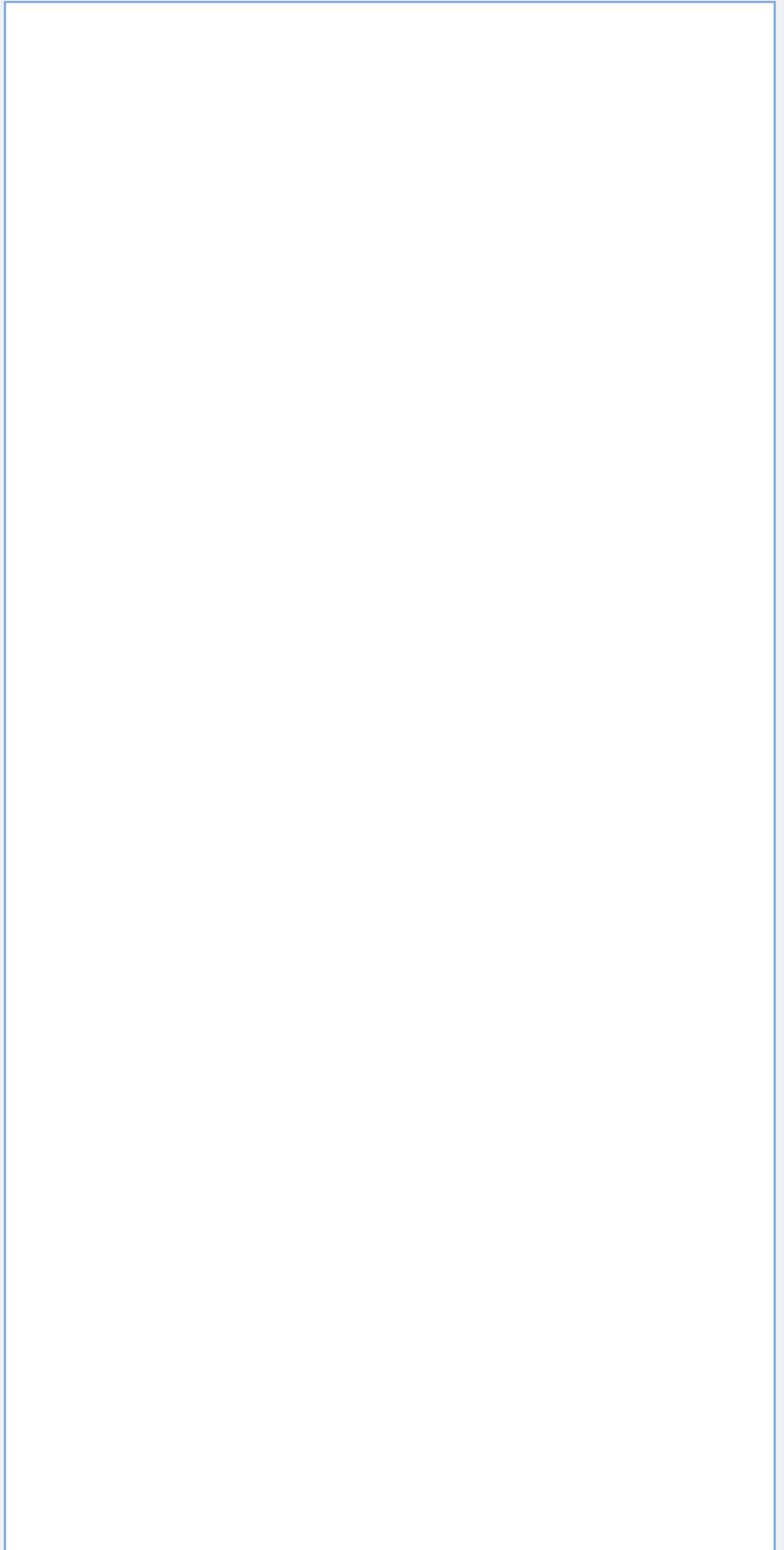
The information you provide will be used by Redress Scotland to make a decision about your application. Redress Scotland will use the “Assessment framework” to help them do this, available on [gov.scot](https://www.gov.scot). Please be aware that it contains graphic descriptions of abuse.

Q4 | On the next page, please provide as much information as you can about:

- the abuse you experienced while living in this care setting
- what life was like for you during this time
- how the people responsible for your care and welfare failed to carry out that duty (within or beyond your care setting)

You can continue on additional pages if you need to.

Please read page 36 of “Help to apply” to find out more about what information you may want to include.

A large, empty rectangular box with a thin blue border, intended for the user to write their statement for Care setting 2. The box occupies most of the page area below the header.

Your statement for Care setting 3

Please read page 32 of the “Help to apply” guidance before you begin.

In Part 1, you will have already provided information about the care settings you were abused in. By providing this information here, your case worker can join together the name of the care setting with your statement of abuse.

Q1 | What is the name or location of the relevant care setting you were abused in?

(For example, the name of the care home, or the city or region where you lived in foster care or while boarded out).

Do not worry if you are uncertain about dates or time. Please provide your best estimate.

Q2 | When were you abused?
For example: a single date, an age, or an approximate time or time range.

You do not have to provide names, if you cannot remember or do not feel comfortable doing so. If you do provide a name it will be passed to Police Scotland.

Q3 | Who was involved in your abuse?
For example: a member of staff, a peer or someone outside the care setting.

The information you provide will be used by Redress Scotland to make a decision about your application. Redress Scotland will use the “Assessment framework” to help them do this, available on [gov.scot](https://www.gov.scot). Please be aware that it contains graphic descriptions of abuse.

Q4 | On the next page, please provide as much information as you can about:

- the abuse you experienced while living in this care setting
- what life was like for you during this time
- how the people responsible for your care and welfare failed to carry out that duty (within or beyond your care setting)

You can continue on additional pages if you need to.

Please read page 36 of “Help to apply” to find out more about what information you may want to include.

A large, empty rectangular box with a thin blue border, intended for the user to write their statement for Care setting 3. The box occupies most of the page area below the header.

Your statement for Care setting 4

Please read page 32 of the “Help to apply” guidance before you begin.

In Part 1, you will have already provided information about the care settings you were abused in. By providing this information here, your case worker can join together the name of the care setting with your statement of abuse.

Q1 | What is the name or location of the relevant care setting you were abused in?

(For example, the name of the care home, or the city or region where you lived in foster care or while boarded out).

Do not worry if you are uncertain about dates or time. Please provide your best estimate.

Q2 | When were you abused?
For example: a single date, an age, or an approximate time or time range.

You do not have to provide names, if you cannot remember or do not feel comfortable doing so. If you do provide a name it will be passed to Police Scotland.

Q3 | Who was involved in your abuse?
For example: a member of staff, a peer or someone outside the care setting.

The information you provide will be used by Redress Scotland to make a decision about your application. Redress Scotland will use the “Assessment framework” to help them do this, available on [gov.scot](https://www.gov.scot). Please be aware that it contains graphic descriptions of abuse.

Q4 | On the next page, please provide as much information as you can about:

- the abuse you experienced while living in this care setting
- what life was like for you during this time
- how the people responsible for your care and welfare failed to carry out that duty (within or beyond your care setting)

You can continue on additional pages if you need to.

Please read page 36 of “Help to apply” to find out more about what information you may want to include.



Do you want help
with this section?

If you want help before sending in the form, you can:

- read page 32 of the “Help to apply” guidance
- contact a case worker

The next section has questions about your supporting documents.

Section 3: Supporting documents

Please provide any supporting documents you have related to your abuse in care.

You can find out more about these types of documents on page 33 of the “Help to apply” guidance.

In some cases, it may be difficult to find supporting documents. To help with this part of the application, you can:

- include supporting documents when you send this part of the form, if you already have them
- send in your form without any supporting documents – your case worker will get in touch with you and have a conversation about what you can provide

Please tick which option you have chosen:

- I am including supporting documents with my form
- I am not including supporting documents
(if you tick this, a case worker will contact you)
- I am collecting my documents and will submit them a later date

Do you want help
with this section?

If you want help before sending in the form, you can:

- read page 33 of the “Help to apply” guidance
- contact a case worker

The next section has a declaration you must sign and details about how your information is kept and shared.

Section 4: Declaration and privacy notice

In this section, you must sign your form.

For information about how Scotland's Redress Scheme will record and protect your personal information, please read the Privacy Notice for Scotland's Redress Scheme. You can find this on mygov.scot/redress.

Before you send your application you must agree to these statements:

I confirm that the details and information I have given in this application form are true and accurate to the best of my knowledge and belief.

I understand that I must notify Scotland's Redress Scheme of changes in my circumstances that may affect my application.

I confirm that if any of the information I gave in Part 1, Section 8 (related to previous payments and convictions) changes, I must let my case worker know.

I confirm that any documents I have provided in support of my application are genuine and any copy is a true copy of the original. I understand that if I provide a document which is not genuine, I may be subject to court proceedings.

I understand that if I give false or misleading information in support of my application or make a fraudulent application I may:

- be subject to court proceedings
- have to re-pay any money I was not entitled to

I confirm I have read and understood the Privacy Notice for Scotland's Redress Scheme which explains how the information I provide will be lawfully used and stored.

Your signature

Date

Next steps

This is the end of Part 3. You do not need to submit your forms all at once. Once you are ready, you can submit your forms by email.

Afterwards, a case worker will contact you to confirm:

- they have received your application
- if they have any follow up questions
- next steps

By email

Please submit your application and any relevant documents to:

apply@redress-scheme.scot

If you would like to contact a case worker

Please use these details to contact a case worker:

- **Telephone:** 0808 175 0808 (freephone)
- **International:** +44 131 297 6500
Lines are open Monday to Thursday, from 10am to 4pm
(except Scottish public holidays)
- **Email:** apply@redress-scheme.scot

Statement Addendum

Client Name: Ruth Smith
Date of Birth: 08/08/1974
Care Setting: Rimpleton House- Glenrothes
Dates: 1986-1990
Persons Involved:

Full Statement

I was taken away from my parents when I was 13 years old because I was skipping school. Instead of being supported or helped to understand why I was struggling, I was removed from my family and placed into the care system at Rimpleton House in Glenrothes. I remained there for around a year during my first placement.

Being taken away from my family was devastating. I was completely heartbroken. I was confused, terrified and hysterical with grief. I did not understand why this was happening to me. I remember crying uncontrollably — my face would be red raw from sobbing. I felt abandoned and alone. The adults around me could see how distressed I was, but instead of comforting me or explaining anything properly, I was treated as a problem.

On my arrival, I was shown very little care or compassion. When I became upset, which was understandable given the trauma of being removed from my home, I was sent to my room and left there alone until I “calmed myself down.” I was effectively secluded while in a highly distressed state. There was no emotional support, no reassurance, and no attempt to comfort a 13-year-old child who had just been taken from her parents. I felt punished for being upset.

During my time there, I did make a few friends with other children. However, I quickly realised that we were all shells of ourselves. We were withdrawn, frightened and emotionally damaged. It became clear why. Certain staff members would call us nasty names, belittle us and physically push us along the corridors. We were constantly on edge. We did as we were told because we were too scared not to. Even when we behaved, they would still find reasons to single us out.

I was frequently singled out and bullied in front of the other children. This was humiliating and degrading. Staff members would call me disgusting names and speak to me in a way that stripped me of my dignity. The name-calling was relentless. Over time, I began to internalise what they were saying. I started to believe I was what they called me. I felt ashamed of myself. I felt dirty, worthless and small. No child should ever be made to feel that way by the adults responsible for their care.

After around a year, I returned home for a few months. However, I was then placed back into care again for skipping school. This second placement was even worse. The mental and physical abuse escalated.

There was a female staff member in particular who targeted me. She would push me around and, on occasions, pull my hair. These were not accidents — they were deliberate acts of aggression meant to intimidate and control me. She constantly singled me out, mocked me and laughed at me for no reason. She repeatedly called me “dirty” and other degrading names in front of other children, deliberately humiliating me.

She would sometimes prevent me from having showers, then use that as a reason to call me dirty. This was cruel and degrading. On other occasions, when she decided I was to shower, she would physically drag me to the showers. I felt completely powerless. I had no control over my own body or basic hygiene. It was deeply humiliating and emotionally damaging.

I was frequently secluded and isolated. I tried to keep to myself to avoid further bullying and punishment, but that did not protect me. The isolation severely affected my mental health. I felt trapped, hopeless and alone. I had no one to turn to. I was separated from my siblings and had no family support around me. I felt completely cut off from the people who loved me.

The school was located on the same grounds, which meant I had no freedom whatsoever. I felt institutionalised. I was academically ahead of what they were teaching, but instead of being supported or challenged appropriately, I was left unstimulated and disengaged. Over time, I began falling behind. I started to feel stupid and incapable. My confidence in my intelligence was destroyed.

Physical restraint was also used frequently. Staff would use force to restrain us. These restraints were painful and frightening. Being held down by adults when you are a child is terrifying. It made me feel criminalised rather than cared for. There was nothing we could do about it. We had no voice and no protection.

The overall environment was one of fear, intimidation and control rather than care. I was bullied by those who were meant to protect me. I was emotionally abused, physically handled aggressively, humiliated and neglected. I was denied compassion at a time in my life when I needed it most.

The long-term impact of this has been severe. I feel that I never had a proper start in life. The trauma I experienced in care has followed me into adulthood. I have been a very anxious person ever since. I struggle deeply with trust. I find it hard to believe that people have good intentions. My self-esteem was shattered at a young age, and I have carried that damage with me throughout my life.

The abuse and neglect I experienced in care did not just hurt me at the time — it has shaped my entire life. It has affected my mental health, my relationships and my ability to feel safe in the world. I was a vulnerable child who needed understanding and support. Instead, I was bullied, degraded and physically mistreated by the very people entrusted with my care.

I believe the treatment I received was abusive, neglectful and deeply harmful, and it has had lifelong consequences for me.