

Scotland's Redress Scheme

Application form **Part 2**

Additional statement pages

Name

Jennifer Froude

Date of birth

Day 26

Month 07

Year 1960

Your statement for additional care settings

In Part 1, you will have already provided information about the care settings you were abused in. By providing this information here, your case worker can join together the name of the care setting with your statement of abuse.

Q1 | What is the name or location of the relevant care setting you were abused in?

(For example, the name of the care home, or the city or region where you lived in foster care or while boarded out).

Dr Guthrie's Girls' School

Do not worry if you are uncertain about dates or time. Please provide your best estimate.

Q2 | When were you abused?

For example: a single date, an age, or an approximate time or time range.

1974 - 1976

You do not have to provide names, if you cannot remember or do not feel comfortable doing so. If you do provide a name it will be passed to Police Scotland.

Q3 | Who was involved in your abuse?

For example: a member of staff, a peer or someone outside the care setting.

The information you provide will be used by Redress Scotland to make a decision about your application. Redress Scotland will use the "Assessment framework" to help them do this, available on [gov.scot](https://www.gov.scot). Please be aware that it contains graphic descriptions of abuse.

Q4 | On the next page, please provide as much information as you can about:

- the abuse you experienced while living in this care setting
- what life was like for you during this time
- how the people responsible for your care and welfare failed to carry out that duty (within or beyond your care setting)

You can continue on additional pages if you need to.

Part 2 of the application form provides more information about what you may want to include.

Your statement for additional care settings

Looking back, I believe everything I was experiencing was a result of the trauma I had been through in care. I became so overwhelmed that I did not want to go to school, and instead of recognising that I needed help, I was placed in another institution. I was terrified from the moment I arrived. I was constantly frightened and felt completely helpless.

I believe the adults around me knew that something was wrong, but no one tried to understand why I was struggling or gave me the support I desperately needed. I kept crying out for help, but nobody listened. I felt ignored, abandoned, and left to cope with my trauma on my own. Looking back now, I believe I was a traumatised child who needed care, compassion, and treatment, but instead I was left feeling scared and unsupported.

The experiences I had in care had a lasting impact on my mental health. Over the years, I developed severe anxiety and obsessive-compulsive disorder (OCD). Looking back, I believe there were clear signs that I was struggling, but I do not feel that anyone recognised what I had been through or offered me the support I needed.

The trauma stayed with me throughout my life. Around 10 to 20 years ago, I reached the point where I sought help from the Royal Edinburgh Hospital and saw a psychiatrist because I needed support to cope with everything that had happened to me. I have since come to understand that many of the difficulties I have lived with stem from the trauma I experienced as a child in care.

Even now, those experiences continue to affect my daily life. The anxiety, OCD, and emotional distress have never truly gone away, and I believe they are a direct result of the abuse, fear, and lack of care I experienced during my childhood.