

Scottish Bowel Screening Centre
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00196/01116

JAMES BARR
50 Logan Tower
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Glasgow
G72 8XP



(10)



30700

Date: 03 Sep 2025
Reference No: 2812646233
Enquiries to: 0800 0121 833

Dear JAMES BARR

REMINDER

We recently sent you an invitation to take a bowel screening test.

If you still have your test kit and instructions, please complete your kit and post it back to us as soon as you can.

If you need another kit we will be happy to replace it for you. Just call the confidential helpline on 0800 0121 833 or email tay.scottishbowelscreening@nhs.scot
You'll need to tell us your reference number, shown at the top of this letter.

- We recommend a test every two years for everyone between 50 and 74
- The test is now **quicker and easier** to use and you do it in the privacy of your own home.
- Just send one small **sample of poo** and your results will be posted within two weeks. (Please contact us if your results aren't back within two weeks)
- The test works by finding hidden blood in your poo – this can be a sign of bowel cancer

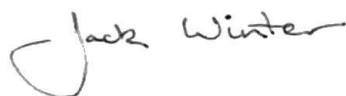
It's up to you whether to take the test or not. If you decide not to, you don't need to let us know. Your decision will not affect any health care you receive from your GP or hospital.

Your GP practice is notified of your result or if you choose not to take part in bowel screening. If you are still aged between 50 and 74 then we will invite you to take another bowel screening test in two years time.

We apologise if this letter comes at an inappropriate time or if you have health or other concerns that prevent you from taking part.

If you have **any** questions or you do not receive a result within 2 weeks then please contact us. Use our free confidential Helpline or email tay.scottishbowelscreening@nhs.scot.

Yours sincerely



**Dr Jack Winter, National Clinical Lead
Scottish Bowel Screening Programme**