

SUPPORT STATEMENT

SECTION A — SURVIVOR DETAILS

Survivor Name: Lynn Ralston

Date of Birth: 01/03/1969

SECTION B — Supporting Person Details

Name: James Stewart

Relationship to Survivor: Brother

Purpose of This Statement

I am providing this statement in support of the above survivors Redress Scotland application. I know them personally and wish to offer information about their experiences they shared with me, and the impact this has had on their life.

What the Survivor shared with me

We are brother and sister, and we were in care together. Lynn kept us together because they tried to separate us. I was only young I was around 1-5. It affected her really badly. Sometimes we will talk about. When we discuss it, Lynn doesn't speak nicely about the care home at all. Lynn won't open up to anybody else about it other than myself. I know stuff happened to her in there like sexual stuff and violent stuff. Even when I try to talk to her about it, she just puts a wall up and shuts it down. I encouraged Lynn to start recovery like I did and when she started it kind of opened this Pandora's box about her time in care. Lynn hasn't spoken directly to me about the physical abuse she suffered but I know it happened. I think she won't talk about that stuff to me because she thinks she will get embarrassed about it because I'm her brother. It is only recently I have managed to get her to open up about it at all. When Lynn came out of care, she tried to take an overdose that is how bad things were for her and she actually did take an overdose and ended up in hospital, and I went to see her.

Impact to the Survivor that I have observed

Lynn has abandonment issues due to her time in care. We both keep ourselves to ourselves we don't have aunts and uncles and all those sorts of things, we only have ourselves and our own children. Lynn thinks what happened to her is her fault and she

thinks it is her fault that we were placed into care. Since Lynn came out, she has been much more closed off and less confident in herself. We both came out of care and into abusive relationships with alcoholics, so things only got worse.

Supporting Statement confirmation

I offer this statement to support the above survivor's application. Everything I have written reflects what they have shared with me and what I have personally observed during the time I have known them.

Name: James Stewart

Date: 01/05/2026

Method: Taken over phone call