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## PROFESSIONAL SURVIVO...

Done

### Impact as Described by the Applicant

Lisa says that she feels that Duncan has controlled her whole life. She reports self-harming and suicide attempts. She said that she cannot be around alcohol because the smell of it takes her straight back to the abuse. She also says that she freezes at the thought of dancing and to this day cannot dance because of the emotions it triggers in her. Lisa advised that she struggles to sleep. She also reports feelings of guilt about the abuse and about telling her mother about it as an adult. Lisa has a number of physical health conditions and she feels that her mental and emotional state has had a negative impact on them.

### Professional Observations (Optional)

Lisa has reported going through a period of her life when she turned to drugs and has also been through several abusive relationships. I feel that it is possible that the abuse she experienced as a child has impacted on her choices and self-esteem. Lisa was upset and tearful while talking about her childhood. Lisa has been let go by her employer due to physical and mental health issues which again might have been impacted by the abuse. Lisa appeared visibly distressed when talking about the sexual abuse that she suffered.

### Closing Statement

This statement reflects the information shared with me by the applicant to the best of my knowledge. I provide it in support of their Redress Scotland application.

Name:    Annette

Struttman

Signature:

   AStruttman

Date:

   12/02/2026