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PROFESSIONAL SURVIVO...

Done

SECTION B — Professional Details

Name: Annette
Struttman

Role/Organisation: Social Prescribing linkworker (Denton,
Audenshaw and Droylsden PCN)/Droylsden Medical Practice

Relationship to Applicant: Social
Prescriber

Length of Contact: 1 month with myself and registered
with GP practice since 30/01/2013

Purpose of This Statement

This statement has been prepared to support the applicant's Redress Scotland application. It summarises the information they shared with me regarding their time in care, the abuse they experienced, and the impact it has had on them.

How Information Was Obtained

One to one appointments either over the phone or in person. Information taken from GP/mental health practitioner notes.

18-10-2016 – Lisa present at the GP with low mood, stress, difficulties with sleep, off food and tearful. She had been to see a private counsellor who advised she might have PTSD from childhood trauma.

05/01/2024 Lisa presents with difficulties sleeping, suffering with PTSD secondary to childhood abuse and abuse at hands of ex-partner 3 years ago.

19/04/2024 Lisa has appointment with Mental health Practitioner: tearful describing history of childhood sexual abuse – reports feeling traumatised, flashbacks and nightmares. Formulation: evidence of low mood/impact on functioning/distress in context of traumas-sexual abuse/working over COVID/recent fraud and marriage.

29/09/2025 – Lisa presented with low mood and sleep disturbances. Discussed EMDR and Talking Therapies.

12/02/2026 – Lisa presented with low mood, tearful and advised she is struggling with her sleep and daily functioning. Discussed childhood sexual abuse and to chase up referrals for therapy.

Summary of Time in Care