

Assessment of Mental State	
<b>Appearance &amp; behaviour:</b>	44 year old man , pleasant and polite , happy to speak to me for the purpose of assessment. Patrick has recently sobered up and presented as the worse for wear as a result.
<b>Speech:</b>	normal rate and flow
<b>Mood:</b>	Patrick was frustrated that he has relapsed, he said that he wants to sort his life out so that he is a positive role model for his children. Subjectively - feeling sorry for himself due to relapsing Objectively able to cite protective factors and mood brightened when he spoke of his future goals.
<b>Suicidal Ideation:</b>	On assessment no evidence of any suicidal ideation or intent
<b>Sleep and Appetite:</b>	has recently been drinking alcohol excessively
<b>Thoughts:</b>	No Evidence of any thought disorder
<b>Perceptions:</b>	No evidence of any abnormal perceptions
<b>Cognitive function:</b>	Alert and orientated
<b>Capacity:</b>	Not lacking capacity
<b>Insight:</b>	Good insight - accepts he is alcohol dependent but is motivated to become abstinent through 12 steps.

Assessment of Risk	
If A&E / Street Triage: Car registration and brief physical description if indicated.	
<b>5 P's - Presenting, Precipitating, Predisposing, Perpetuating, Protective:</b>	<p><b>Presenting</b> Feeling frustrated as self for relapsing , Patrick was in rehab for 7 months and left in March 2022, he said that he has been drinking for the last 2months . Feels embarrassed that he has relapsed, in custody voiced vague suicidal ideation without any intent.</p> <p><b>Predisposing</b> Ex-prisoner Long history of substance misuse History childhood abuse Reported history of high-level violence Recent detox but has relapsed in last 2 months Lives alone in rented flat</p> <p><b>Precipitating</b> Contrasting presentations within a short time frame ?goal-seeking behaviour ?underlying and not immediately identifiable mental illness Guilt and shame related to the alleged offence</p> <p><b>Perpetuating</b> Contrasting presentations within a short time frame Relapsed Long reported history of violence, substance misuse and prison sentences</p> <p><b>Protective</b> No current thoughts, plans or intent to self-harm, end own life. Patrick was in agreement to contact his keyworker tomorrow and discuss with what has been happening in the last 2 months. protective factors are his accommodation and children.</p> <p>On assessment Low risk of suicide medium risk of violence when intoxicated Medium risk of neglect through Alcohol use</p>
<b>Are there any carer / family needs?</b>	No
<b>Is there any carer / family involvement?</b>	No
<b>Any other person involved that can be contacted to plan your care / help manage your risk?</b>	No
<b>Is a referral to Children &amp; Families Services or Safeguarding Adults needed?</b>	No

Impression and Action Taken	
<i>(consider using the 5 P's to formulate risk)</i>	
Has the patient been involved in the discussion about their problems and the different treatment options available?	Yes
Impression / Formulation:	Expressed vague suicidal ideation in custody - on assessment no evidence. Presenting issues appear to be related to alcohol relapse
Management Plan / Interim Care Plan:	For Patrick to re engage with CGL which he has agreed to do provided with MH support information
Outcome:	Remains in custody awaiting interview
Moved to 'Rapid Response Lounge' (East Sussex Urgent Care Service Only):	No
Has this assessment resulted in a facilitated discharge from Acute hospital?	No
Name & Designation of professionals completing the assessment	
Name:	Dylan Wright
Signature:	Date: 15/12/2020 Time: 19:04
Name:	
Signature:	Date: Time:
Risk Assessment	
All-Risk Assessment Universal completed?	Yes
Assessments sent to	
Sent to GP:	Yes Date: 15/12/2020 Time: 19:04
Sent to Lead Practitioner:	No Date: Time:
Copy given to patient:	No Date: Time:

A member of:  
Association of UK University Hospitals

**NHS**  
**Sussex Partnership**  
NHS Foundation Trust

**Our Ref:**

**Date:** 08 June 2022

**CONFIDENTIAL - Addressee Only**

Gp Practice Lead  
Ardingly Court Surgery [G81006]  
1 Ardingly Street  
Brighton  
East Sussex  
BN2 1SS

Return Address:  
7-SE-CTDIV-Criminal Justice Liaison  
THE FIRS  
THE DRIVE  
HELLINGLY  
HAILSHAM  
EAST SUSSEX  
BN27 4EP  
0300 304 0714

Dear Gp Practice Lead


**Re:** Mr Patrick Southern **DoB:** 15/12/1977 **NHS Number:** 651 087 8186 **Patient ID:** 1131413  
**Address:** 11 Kebbell Lodge, High Street, BN2 1SU

The above named person was assessed by the Sussex Liaison and Diversion Service after contact with the police/courts occurred today. The enclosed information is a copy of their assessment for your perusal and information which includes a copy of the plan made to address any identified after care needs.

Yours sincerely

Dylan Wright

Clinical Nurse Specialist

If you or a member of your family has served in the armed forces, please let us know. 

If you would like this letter or information in an alternative format, for example large print or easy read, or if you need help with communicating with us, for example because you use British Sign Language, please let us know.

Chair: Peter Molyneux

Chief Executive: Dr Jane Padmore

Head office: Sussex Partnership NHS Foundation Trust, Swandean, Arundel Road, Worthing, West Sussex, BN13 3EP  
[www.sussexpartnership.nhs.uk](http://www.sussexpartnership.nhs.uk)

A teaching trust of Brighton and Sussex Medical School

**Attachment**

**22-May-2022 Mr PCTItd DOCMAN (docman)**

**Additional:** Attachment

*Clinic Letter East Sussex Healthcare NHS Trust Accident & Emergency*

**File name:** D10\_G81006\_504333\_ac27d8f8-6e79-46fd-ab50-3532dc1dfd43.TIF.XX2

**Extension:** .tif

**Pages:**



**East Sussex Healthcare**  
NHS Trust

Emergency Department  
Eastbourne District General  
Kings Drive  
EASTBOURNE  
EAST SUSSEX BN21 2UD  
Telephone: 0300 131 4500  
22 May 2022

Ardingly Court Surgery At  
ARDINGLY COURT SURGERY  
1 ARDINGLY STREET  
BRIGHTON  
EAST SUSSEX  
BN2 1SS

Dear ARDINGLY COURT SURGERY AT,

<b>Patient</b>	SOUTHERN, Patrick	<b>Date of birth</b>	15-Dec-1977	<b>Address</b>	11 Kebbell Lodge High Street Brighton East Sussex BN2 1SU 07795625256
<b>Hospital No.</b>	XH72200	<b>Sex</b>	Male		
<b>NHS No.</b>	651 087 8186				

Your patient attended the Eastbourne District General Hospital Emergency Department at 22:15 on 21-May-2022.

<b>Presenting Complaint</b>	Head injury
<b>ED Investigations</b>	Investigation not indicated
<b>ED Diagnosis</b>	[C] Open wound of head [C] Injury of head
<b>ED Procedures</b>	Observation / cardiac monitor, pulse oximetry / head injury / trends
<b>Discharged At</b>	22-May-2022 04:40
<b>Departure Destination</b>	Home
<b>Follow-up</b>	General Practitioner
<b>Appointment Status</b>	Not Required
<b>Discharge Advice Given</b>	
<b>GP notes</b>	Minor head injury and scalp laceration  1. Clean and close: X4 sutures. For suture removal in 5-7 days 2. Head injury advice 3.Home

TTO / FP10

The patient has attended the Emergency Department on 3 occasions(s) in the last 2 years.

Yours Sincerely;



Edward Alagoa

THIRD PARTY COPY

Attachment  
01-Apr-2022 Mr PCTItd DOCMAN (docman)  
Additional: Attachment  
Email ANA Treatment Centres  
File name: D10\_G81006\_504333\_5463b601-8ea3-48c6-99ec-1e20650c5d83.TIF.XX2  
Extension: .tif  
Pages:

**SURGERY, Ardingly Court (ARDINGLY COURT SURGERY)**

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**From:** SURGERY, Ardingly Court (ARDINGLY COURT SURGERY)  
**Sent:** 01 April 2022 14:34  
**To:** 'Alan Rhoddan'  
**Subject:** RE: Mr. Patrick Southern DOB15/12/77

Dear Alan

Thank you for your email. I would be very grateful for a copy of the care plan for Patrick.

Kind regards

Dr Sean Mitchell

---

**From:** Alan Rhoddan <ARhoddan@anatreatmentcentres.com>  
**Sent:** 31 March 2022 14:07  
**To:** SURGERY, Ardingly Court (ARDINGLY COURT SURGERY) <ardinglycourt.surgery@nhs.net>  
**Subject:** Mr. Patrick Southern DOB15/12/77

To whom it may concern,

I sent an e-mail previously today with Mr. Southern's medication. I was just wondering if Mr. Southern's doctor would like a copy of his addiction treatment care plan and report. Please just let me know by e-mail or call the number below should this be required.

Best Wishes

Alan Rhoddan  
Senior Counsellor /  
EMDR Practitioner

**ANA TREATMENT CENTRES**

**T: 023 92 341444**  
**F: 023 92 640057**  
**E: [ARhoddan@anatreatmentcentres.com](mailto:ARhoddan@anatreatmentcentres.com)**  
**W: [www.anatreatmentcentres.com](http://www.anatreatmentcentres.com)**



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**Attachment****31-Mar-2022 Mr PCTLtd DOCMAN (docman)****Additional:**Attachment*Email ANA Treatment Centre Substance Misuse Service***Filename:** D10\_G81006\_504333\_511c40ae-ae38-4287-963c-bc0dfb59abc9.TIF.XX2**Extension:**.tif**Pages:**

**SURGERY, Ardingly Court (ARDINGLY COURT SURGERY)**

**From:** Alan Rhoddan <ARhoddan@anatreatmentcentres.com>  
**Sent:** 31 March 2022 13:00  
**To:** SURGERY, Ardingly Court (ARDINGLY COURT SURGERY)  
**Subject:** Patrick Southern DOB 15/12/77

To whom it may concern,

Mr. Patrick Southern DOB 15/12/77 has completed his residential addiction treatment program at ANA Treatment Centres in Portsmouth on the 28<sup>th</sup> March 2022 and has now returned to his home address in Brighton. I believe Mr. Southern is registered with your practice.

Mr Southern was being prescribed as bellow:

	Medical issue	Medication	Notes/staff initials
/21	Epilepsy	Levetiracetam 500mg Take 1 at 9am, 1 at 9pm	FP
/21	Epilepsy	Sanatogen A-Z complete tabs Take ONE daily at 8am	FP

Should you have any questions or need any further information please do not hesitate to contact us here at ANA Treatment Centres.

Best Wishes

Alan Rhoddan  
Senior Counsellor

**ANA TREATMENT CENTRES**

**T: 023 92 341444**  
**F: 023 92 640057**  
**E: [ARhoddan@anatreatmentcentres.com](mailto:ARhoddan@anatreatmentcentres.com)**  
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**Attachment****31-Mar-2022 Mr PCTI Ltd DOCMAN (docman)****Additional:** Attachment*Email ANA Treatment Centres***Filename:** D10\_G81006\_504333\_5134e08f-fbf1-46dc-9785-37e845f19000.TIF.XX2**Extension:** .tif**Pages:**

**SURGERY, Ardingly Court (ARDINGLY COURT SURGERY)**

---

**From:** Alan Rhodan <ARhodan@anatreatmentcentres.com>  
**Sent:** 31 March 2022 14:07  
**To:** SURGERY, Ardingly Court (ARDINGLY COURT SURGERY)  
**Subject:** Mr. Patrick Southern DOB15/12/77

To whom it may concern,

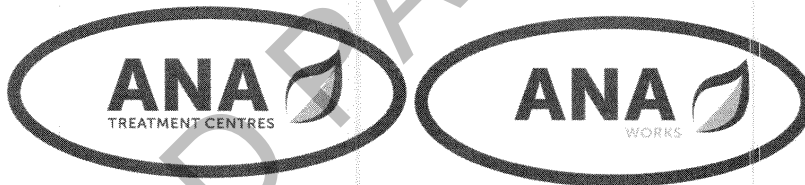
I sent an e-mail previously today with Mr. Southern's medication. I was just wondering if Mr. Southern's doctor would like a copy of his addiction treatment care plan and report. Please just let me know by e-mail or call the number below should this be required.

Best Wishes

Alan Rhodan  
Senior Counsellor /  
EMDR Practitioner

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**T: 023 92 341444**  
**F: 023 92 640057**  
**E: [ARhodan@anatreatmentcentres.com](mailto:ARhodan@anatreatmentcentres.com)**  
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**Attachment**

**04-Jan-2022 Mr PCTItd DOCMAN (docman)**

**Additional:**Attachment

*Neurology RSCH Clinic Brighton And Sussex University Hospitals NHS Trust Neurology*

**Filename:** D10\_G81006\_504333\_5e2a01ba-ac97-403c-bd7e-17b0716ad1bf.TIF.XX2

**Extension:**.tif

**Pages:**



**University Hospitals Sussex**  
NHS Foundation Trust

**Department of Neurology RSCH**

Royal Sussex County Hospital  
Eastern Road  
Brighton  
East Sussex  
BN2 5BE

Dictated: 4/1/2022  
Typed: 5/1/2022  
Transcribed by: FR

**PRIVATE AND CONFIDENTIAL**

Dr Samantha Barker  
Ardingly Court Surgery  
1 Ardingly Street  
Brighton  
East Sussex  
BN2 1SS

Tel: 01273 696955  
Fax Number: 01273 523265

Trust Patient ID: 3137898  
NHS No: 651 087 8186

*Dr Edina Bravo, Consultant Neurologist*  
*Secretary: Francine Rodriguez*  
*Tel. 01273-696955 Ext: 67985*

Dear Dr Barker,

**Re: Mr Patrick Francis Southern DOB: 15-12-1977**  
**11 Kebbell Lodge High Street Brighton BN2 1SU**

I had today a telephone follow-up with this pleasant 44-year-old patient who is known with epilepsy and alcoholism. I was very glad to hear that he now has been admitted to a rehabilitation unit called "Connect" in Portsmouth where he has been resident for the last 4 months. Therefore he has completely stopped drinking alcohol and his last seizure was at the beginning of September just before he was admitted to this unit.

He continues with his medication of Valproate 200mg morning and evening as well as Keppra 500mg bd.

I have encouraged him to completely stop drinking alcohol and I am booking him for his next follow-up appointment in 6 months' time.

Yours sincerely

*Electronically checked and signed by*

**Dr Edina Bravo FRCP**  
**Consultant Neurologist**

If I have requested investigations, then I will write to you when results are available to me. If for any reason you have not heard from me after 8 weeks of having the test, then do contact my secretary (details as per letterhead).

*For all appointment queries please ring the Bookings Hub on 0300 303 8360*

cc:  
Mr Patrick Francis Southern  
11 Kebbell Lodge  
High Street  
Brighton  
BN2 1SU

THIRD PARTY COPY

## Administration of vaccine

17-Dec-2021 External User ()

Additional:Administration of vaccine

Notification of Vaccination (17-Dec-2021)

Filename: 86fac71f-74fa-495d-a30a-aad6d09ba01a.html

Extension:.tif

Pages:

## Notification of Vaccination

Number of Attachments: 0

### Patient demographics

<b>Patient name</b>	Given Name: Patrick Family Name: Southern
<b>Date of birth</b>	15 December 1977
<b>Sex</b>	Male
<b>NHS Number</b>	6510878186
<b>Patient address</b>	PO4 8SB

### GP practice

<b>GP practice identifier</b>	ODS Site Code: G81006
<b>GP practice details</b>	GP practice name: ARDINGLY COURT SURGERY

### Consent

<b>Consent for treatment record</b>	Informed consent given for treatment
-------------------------------------	--------------------------------------

### Immunisations

<b>Vaccine product</b>	Spikevax COVID-19 mRNA (nucleoside modified) Vaccine 0.1mg/0.5ml dose dispersion for injection multidose vials (Moderna, Inc)	39326911000001101
<b>Manufacturer</b>	Moderna, Inc	
<b>Batch number</b>	3004732	
<b>Expiry date</b>	29 Dec 2021	
<b>Vaccine procedure</b>	Administration of second dose of SARS-CoV-2 (severe acute respiratory syndrome coronavirus 2) vaccine	1324691000000104
<b>Site</b>	Left upper arm structure	368208006
<b>Route</b>	Intramuscular	78421000
<b>Indication</b>	Disease outbreak	443684005
<b>Dose</b>	0.5 ml	258773002
<b>Date Time</b>	16-Dec-2021 12:25 (GMT)	
<b>Administered by</b>	Katherine Finch	
<b>NMC identifier</b>	79I0709E	


## Attachment

29-Nov-2021 Mr PCTIldt DOCMAN (docman)

Additional:Attachment

Clinical Report Department for Work and Pensions Universal Credit

UC 113



**UC** <sup>5M</sup> *Universal Credit*

Universal Credit

**RECEIVED**  
 - 1 DEC 2021

---

Dr Samantha Barker  
 ARDINGLY COURT SURGERY  
 1 ARDINGLY STREET  
 BRIGHTON  
 BN2 1SS

38500/61 40210

Our phone number is: 020 3285 6584

If you have a textphone,  
 you can call on: 18001 020 3285 6584

If you get in touch with us, tell us this  
 reference number: PW911903D

Date: 29th November 2021

---

**About your patient**

Full Name Mr Patrick Southern

NINo PW911903D

Date of birth 15th December 1977

Dear Doctor,

Your patient is being assessed for Universal Credit and we need to find out whether they are able to do any work. By completing this form and providing factual information you will help our Healthcare Professional staff decide whether your patient needs a face-to-face work capability assessment and if so support that assessment.

Please note

- NHS doctors have a **contractual obligation** to provide the information requested without charge.
- The form should be completed from your medical records. A separate examination is not necessary.
- It is acceptable for you to delegate completion of the form to your practice nurse but you must confirm your authorisation by signing at the end.
- Your patient has given consent to allow us to approach you for this information, in accordance with GMC guidelines.
- An online version of this report which can be completed electronically and printed is available at <https://www.gov.uk/government/publications/esa113-interactive-for-use-by-healthcare-practitioners>
- A fully completed form may help inform the face to face work capability assessment or may mean that your patient will not need a further assessment. It will also help us to make a more informed decision on benefit entitlement.

**COMPUTER PRINTOUTS**

You can send us a computer printout of the appropriate part of the patient record if you wish, but you will still have to complete any sections of the form where the answer is not clear from the printout. We are only able to accept information directly relevant to our enquiries. If a printout is available, please make sure it includes the following:

- Active problems;
- Current medication with last prescribed date;
- Details of the last three consultations. Please remove any third party data.

If you have any queries about this form please phone the number above. If you would like to discuss anything with our Healthcare Professional staff, please phone the number above and ask for a member of the Healthcare Professional staff on the customer service desk. If there is any medical evidence that you think would be harmful to your patient's health, please give us this information on a separate sheet of paper so that it can be withheld.

**Please reply within 5 working days.** A business reply envelope is enclosed for your use.

Thank you for your help.

Yours sincerely,

Ms Claire Hughson

Address 11 Kebbell Lodge, High Street, Brighton, BN2 1SU

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ON BEHALF OF THE DEPARTMENT FOR WORK AND PENSIONS

Version 10/17

UC113

**Client Name:**  
Mr Patrick Southern

**Client NINo:**  
PW911903D

**Client Date of Birth:**  
15.12.1977

**Your reply**

Please answer the following questions from the information which is currently available to you.

If you need more space for any of your answers, please continue at Part 7.

**1 When did your patient last see a GP?**

28/12/2021

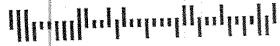
**2 Current conditions affecting ability to work:**

Please give us details of those conditions which may have significant effect on the person's capacity to work. Include:

- Relevant symptoms and signs, including side effects of medication, with dates. For mental health conditions, please provide brief mental state examination findings, if available.
- Past, present and planned investigations and management, including medication, where relevant.

If you are sending a computerised printout of current medication you do not need to list this here.

Please complete **both sides** of this form, and return the completed form in the supplied envelope - with the above address showing in the window



Freepost RLZG-ZRXG-LZTA  
1<sup>st</sup> Floor  
Centre for Health and Disability Assessments  
Stephenson House  
2 Cherry Orchard Road  
Croydon  
CR0 6BA

Condition and date of diagnosis	Symptoms and signs	Investigations & management, inc. medication
Alcohol Dependence Drug Misuse / Dependence		Please see notes attached
Complex partial epileptic seizures		
epilepsies		

P30249316/006308/2/2

UC113

About your patient - continued

NINo: PW911903D

3 Current conditions not affecting ability to work
Please list any other relevant conditions that do not affect the ability to work.

Empty box for listing conditions not affecting ability to work.

4 If known from your knowledge of the patient, please tick the boxes that apply and provide a brief explanation if your patient has difficulties with any of the following activities

- Walking or moving
Transferring between seats
Reaching
Picking up objects
Manual dexterity
Communicating with others
Contenance
Learning simple tasks
Awareness of hazards
Initiating and completing personal actions
Coping with changes or social engagement
Appropriateness of behaviour
Eating or drinking

Vertical column of checkboxes for activity difficulties.

Large box for providing brief explanations for activity difficulties.

5 Does the patient have a history of threatening or violent behaviour?

No [checked] Yes [ ]

Tell us about their behaviour within the last 5 years, and whether they have been identified by the Zero Tolerance (Violent Behaviour) Initiative. Use the space below at Part 7

6 Could your patient travel to an examination centre by public transport or taxi?

No [ ] Yes [checked]

Please tell us why at Part 7

7 Additional information

Please continue on a separate sheet if necessary.

Handwritten text: COL repair @ high risk of violence has a prohibition and restraining order

The information you have given us may be copied to the patient, their legal representative or the Tribunal Service.

Your Signature

Signature

Handwritten signature in a box.

Name IN CAPITALS

Dr Sean Mitchell GMC: 7451999

Date

9/12/21

Practice stamp

Practice stamp box containing contact information for Dr Sean Mitchell.

ON BEHALF OF THE DEPARTMENT FOR WORK AND PENSIONS

GP out of hours service administration
24-Sept-2021 Mrs Paula Fuller (PF)
Additional: GP out of hours service administration
GP out of hours service administration
Filename: NHS 111 Report2021-09-24.cdax
Extension: .tif
Pages:

<i>Patient demographics</i>				
<i>Patient name</i>	<i>Date of birth</i>	<i>Gender</i>	<i>NHS number</i>	<i>Other identifier</i>
<b>SOUTHERN, Patrick</b>	<b>15-Dec-1977</b>	<b>Male</b>	<b>Verified - 651 087 8186</b>	<b>Local identifier - DCA55B3F-C75D-42F4-BEC4-FE465E8F2335</b>
<i>Home Address</i>			<i>Home Phone</i> <b>02392373433</b>	
<b>Fleming House Waterworks Road Portsmouth Hampshire PO6 1NJ</b>				
<i>GP Practice</i> <b>TRAFALGAR MEDICAL GROUP PRACTICE</b>				
<i>GP Practice Code</i> <b>J82028</b>				

<i>Informant</i> <b>Matt Miller- Support Worker (Carer - Home) - Not specified</b>
<i>Home Phone</i> <b>02392373433</b>

<i>Document Created</i>	<b>24-Sep-2021, 22:03</b>
<i>Document Owner</i>	<b>SCAS111</b>
<i>Authored by</i>	<b>Louise Winter - Assessed by, 1.Southern House (SCAS111) on 24-Sep-2021, 21:00</b>
<i>Consent Status</i>	<b>Consent given for electronic record sharing</b>

<b>NHS 111 Report</b>	
<i>Encounter Type</i>	<b>NHS111 Encounter</b>
<i>Encounter Time</i>	<b>24-Sep-2021, 20:53 to 24-Sep-2021, 21:00</b>
<i>Case Reference</i>	<b>750B8447-051E-4EB2-B74D-57E45515AD07</b>
<i>Case ID</i>	<b>90052</b>
<i>Encounter Identifier</i>	<b>750B8447-051E-4EB2-B74D-57E45515AD07</b>
<i>Encounter Disposition</i>	<b>Emergency Ambulance Response for Acute Coronary Syndrome</b>
<i>Care Setting Location</i>	<b>Incident Location</b>
	<i>Visit Address</i>
<i>Care Setting Address</i>	<b>Fleming House Waterworks Road Portsmouth Hampshire PO6 1NJ</b>
<i>Care Setting Type</i>	
<i>Responsible Party</i>	<b>John Black - Medical Director, SCAS111</b>

### Patient's Reported Condition

feels dizzy and tired

### Case Summary

**Disposition:**

Emergency Ambulance Response for Acute Coronary Syndrome  
Dx0112

**Selected care service:**

No referral made.

**Rationale:**

Conscious  
 Appropriate to speak to the patient  
 Illness  
 Suspected fit/seizure in last 12 hours  
 Warm to touch  
 Chest pain prior to incident  
 Someone staying with individual  
 No indication scene unsafe  
 Individual responsive

**Pathways Assessment:**

An injury or health problem was the reason for the contact.  
 The individual was conscious at the time of the assessment.  
 It was appropriate to speak to the patient.  
 Heavy bleeding had not occurred in the previous 2 hours.  
 An illness or health problem was the main problem.  
 User Comments: feels dizzy and tired  
 The individual was not fighting for breath.  
 A probable fit or seizure within the previous 12 hours was the main reason for the assessment.  
 User Comments: suffers with seizures and is medicated - but medication not working. waking up and having pain in right eye ball and involuntary movements on left side -  
 The skin on the torso felt normal, warm or hot.  
 There had been no previous diagnosis of angina or heart attack.  
 There was chest pain just before the incident.  
 Instructions given were: An emergency ambulance is being arranged.  
 User Comments: shooting pain in heart before he had the seizure. patient said he doesnt feel as though he is having a heart attack- since 7th/8th september normally happens in morning nut tonight happened in evening - first time he has had the chest pain tonight  
 There was no further information to help with dispatch.  
 There was someone staying with the individual.  
 There was no safeguarding concern.  
 Risk of Coronavirus not declared.  
 The scene was safe.  
 Pre-arrival instructions were considered appropriate.  
 The individual was responsive.  
 Fit or Seizure  
 Closing instructions

**Advice given:**

Don't move them or put anything in their mouth while they are having a fit.  
 If a helmet is worn, open the visor. Do not attempt to take the helmet off.  
 If they have another seizure (fit):  
 Loosen any tight clothing at their neck.  
 Move any objects out of the way to protect the head so they don't hurt themselves.  
 Remove any glasses (spectacles).  
 WHEN FITTING STOPS: roll them onto their side if possible.  
 If there are any new symptoms, or their condition gets worse, changes or you have any other concerns call 999.  
 If you can, ask for someone to meet and direct the vehicle.  
 If you do need to contact somebody do so now, then try and keep the line free as we may need to call you back.  
 Shut any dogs away.

**Patient's Reported Condition**

feels dizzy and tired

**Information And Advice Given**

**Disposition**

Emergency Ambulance Response for Acute Coronary Syndrome

<i>Document ID</i>	<b>F1E56135-3597-4465-9546-E20DF0314832</b> Version 1
<i>Primary Recipient</i>	<b>TRAFALGAR MEDICAL GROUP PRACTICE</b>
<i>Copy Recipient</i>	<b>TRAFALGAR MEDICAL GROUP PRACTICE</b>

**Patient****demographics**

<i>Patient name</i>	<i>Date of birth</i>	<i>Gender</i>	<i>NHS number</i>	<i>Other identifier</i>
<b>SOUTHERN, Patrick</b>	<b>15-Dec-1977</b>	<b>Male</b>	<b>Verified - 651 087 8186</b>	<b>Local identifier - DCA55B3F-C75D-42F4-BEC4-FE465E8F2335</b>

**Home Address**

**Ana Treatment Centre  
Waterworks Road  
Portsmouth  
Hants  
PO6 1NJ**

**Home Phone 02392373433****GP Practice****ARDINGLY COURT SURGERY****GP Practice Code****G81006****Document Created 16-Sep-2021, 09:48****Document Owner SCAS111****Authored by Julie Hookey - Assessed by, 1.Milton Keynes (SCAS111) on 16-Sep-2021, 08:45****Consent Status Consent given for electronic record sharing****NHS 111 Report**

<b>Encounter Type</b>	<b>NHS111 Encounter</b>
<b>Encounter Time</b>	<b>16-Sep-2021, 08:40 to 16-Sep-2021, 08:45</b>
<b>Case Reference</b>	<b>39B88C86-B60A-4082-913A-240C9EC8163E</b>
<b>Case ID</b>	<b>33037</b>
<b>Encounter Identifier</b>	<b>39B88C86-B60A-4082-913A-240C9EC8163E</b>
<b>Encounter Disposition</b>	<b>Call is closed with no further action needed</b>
<b>Care Setting Location</b>	<b>Incident Location</b>
	<i>Visit Address</i>
<b>Care Setting Address</b>	<b>Ana Treatment Centre Waterworks Road Portsmouth Hants PO6 1NJ</b>
<b>Care Setting Type</b>	
<b>Responsible Party</b>	<b>John Black - Medical Director, SCAS111</b>

**Repeat Caller Information**

This patient has called 3 times or more in the past four days.

**Patient's Reported Condition**

looking for dentist

**Case Summary****Disposition:**Call is closed with no further action needed  
Dx108**Selected care service:**

No referral made.

**Rationale:**

Illness  
 Warm to touch  
 Assessment ended, system user or caller terminated call  
 No disposition accepted

**Pathways Assessment:**

An injury or health problem was the reason for the contact.  
 Heavy bleeding had not occurred in the previous 2 hours.  
 An illness or health problem was the main problem.  
 User Comments: looking for dentist  
 The individual was not fighting for breath.  
 The main reason for the assessment was not an allergic reaction, heart attack, chest/upper back pain, probable stroke, recent fit/seizure or suicide attempt.  
 The main reason for contact was not new confusion, declared diabetic hypo/hyperglycaemia, or ICD shock.  
 The skin on the torso felt normal, warm or hot.  
 Early Exit selected  
 User Comments: Early exit as advised by team leader Vicki, info from NHS choices  
 The assessment ended because the caller or the calltaker terminated the call.  
 User Comments: Early exit as advised by TL vicki and nhs choices info given no new or worsening  
 A disposition had not been accepted before the assessment ended.  
 The call is closed with no further action required.

**Advice given:**

Follow your operational policy for this situation.

**Patient's Reported Condition**

looking for dentist

**Information And Advice Given****Disposition**

Call is closed with no further action needed

Document ID	<b>2691D47E-B685-425C-A378-930D8A867A71</b>	Version 1
Primary Recipient	<b>ARDINGLY COURT SURGERY</b>	

## Attachment

16-Sept-2021 Mr PCTItd DOCMAN (docman)

Additional: Attachment

Clinic Letter Change Grow Live Substance Misuse Service

Filename: D10\_G81006\_504333\_fe8d78a9-f6cc-4dd8-8795-6ec4dd7b4c74.TIF.XX2

Extension: .tif

Pages:



<b>Care Coordinator Name:</b>	Joanna Hart		<b>Date Form Completed</b>	16/09/2021	
<b>SU Name:</b>	Patrick Southern	<b>DOB:</b>	15/12/1977	<b>Nebula Ref:</b>	3591
<b>GP Name:</b>	Dr Sean Mitchell				
<b>Surgery:</b>	Ardingly Court Surgery				
<b>Address:</b>	1 Ardingly Street, Brighton, BN2 1SS				

**Reason for Closure:** Patrick Southern has started a 3-6 month Residential Rehabilitation Programme out of area in Portsmouth, at ANA Rehab. This is funded by Brighton ASC and he will be returning to his home address in Brighton upon completion of this. Patrick has a long history of Alcohol misuse and Cannabis use. He has also had periods of using Cocaine, Crack Cocaine and some heroin use. His primary issue has been his alcohol use. Patrick has been alcohol free since mid August and went into Rehab on 7<sup>th</sup> September. He will remain in post treatment support with CGL so that I can continue to offer him some support when he returns to Brighton. Patrick has a sponsor via AA and I will be encouraging he engages with health care re any health issues.

**Management of any risks and/or safe guarding concerns:** Patrick was last risk assessed to be high risk of suicide, high risk of violence and medium risk of neglect. He can neglect to take his essential epilepsy medication when he is in a period of bingeing and has memory issues thought to be a result of his epilepsy and his many years of alcohol misuse. He is on a probation order and has a restraining order to not contact his ex partner or children- the children have a social worker. If Patrick wants to have contact with his children when he is more stable in his recovery then he needs to go via the official channels. Patrick made a suicide attempt in 2020 when in Lewes prison, and although there have been no recent attempts, his mood has been very low when waiting for his Rehab to start and when he has been in a cycle of bingeing. A significant protective factor is his desire for Recovery and his ability to ask for support when he requires it.

**BBV: Declined a recent test**

**Recent Prescribing History: Nil via CGL.**

**Exit TOP : Yes**



**Recovery support Plan: Refer to Post Treatment Worker? No- remain with Jo Hart**

**GP/Other Service Notification: Yes**

**Service User Notification: Yes**

**CC: Delete rows to keep on one page. ADMIN: Please photocopy & post this page to GP**

CGL Structured Treatment Closure Process and Form Dataset P

Page 2 of 8

## GP out of hours service administration

08-Sept-2021 Mrs Paula Fuller (PF)

Additional: GP out of hours service administration

GP out of hours service administration

Filename: OOH report (08-Sep-2021).txt

Extension: .tif

Pages:

OOH \*\*\*  
To: OOH Post Master  
From: OOH  
At: EMIS  
Subject: Patrick Southern 15-Dec-1977 (Age: 43 years)  
Priority: Less Urgent  
Call #: 68860302 Received: 08-Sep-2021 08:35

Patient's Name: Patrick Southern  
NHS Number: 651 087 8186  
Date of birth: 15-Dec-1977 (Age: 43 years)  
Gender: Male  
Address: 11 Kebbell Lodge  
High Street  
Brighton BN2 1SU  
Tel No: 01273 785311

Origin: PPCA Extended Access Service  
Cosham Park House  
Cosham Park Avenue  
Portsmouth PO6 3BG  
02392728870

Started: 08 Sep 2021 08:35  
Closed: 08 Sep 2021 08:42  
Sent: 08 Sep 2021 08:49

-----  
Assessment:  
-----

Clinician: Dr Perminder Sethi  
History: Bob 07740 777627  
Telephone consultation (Xalge)  
from Brighton, currently in Portsmouth living in residential drug and alcohol treatment  
centre  
hx of epilepsy  
seziure lasting approx 3mins this am  
had keppra approx 7.30am - vomited 2 mins later - witnessed by crew  
stopped drinking 6/52 ago  
multiple seizures in August, but not since  
no chnages to meds recently

Temp 36.5, BM 8.5  
Pulse 97reg, BP 110/74  
RR 16, sats 95%  
GCS 15  
Third party consultation (XalkK) - Bob (Paramedic)  
Patient given advice (8CA..)  
Plan (XalVg)

agreed can have further dose of Kepra  
 tca INBOW  
 Provision of advice, assessment or treatment limited due to coronavirus disease 19  
 caused by severe acute respiratory syndrome coronavirus 2 pandemic (situation)  
 (Y22b6)  
 Seen by ambulance crew (XaPCc)  
 Patient identity verified (XaXmW)  
 Telephone triage encounter (Xalvd)

-----  
 Consultation:  
 -----

Clinician: Dr Perminder Sethi

Clinician: Dr Perminder Sethi

Clinician: Dr Perminder Sethi

-----  
 Core Activity:  
 -----

Clinician Advice

-----  
 Follow ups:  
 -----

To Ring Own GP If No Better

-----  
 All Consultations (This may contain entries from above)  
 -----

08 Sep 2021 08:35  
 Clinician: Dr Perminder Sethi  
 History: Bob 07740 777627  
 Telephone triage encounter (Xalvd)  
 Patient identity verified (XaXmW)  
 Seen by ambulance crew (XaPCc)  
 Provision of advice, assessment or treatment limited due to coronavirus disease 19  
 caused by severe acute respiratory syndrome coronavirus 2 pandemic (situation)  
 (Y22b6)  
 Plan (XalVg)  
 agreed can have further dose of Kepra  
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 Patient given advice (8CA..)  
 Third party consultation (XalkK) - Bob (Paramedic)  
 Telephone consultation (Xalge)  
 from Brighton, currently in Portsmouth living in residential drug and alcohol treatment  
 centre  
 hx of epilepsy

seziure lasting approx 3mins this am  
had keppra approx 7.30am - vomited 2 mins later - witnessed by crew  
stopped drinking 6/52 ago  
multiple seizures in August, but not since  
no chnages to meds recently

Temp 36.5, BM 8.5  
Pulse 97reg, BP 110/74  
RR 16, sats 95%  
GCS 15

THIRD PARTY COPY

**Attachment****07-Sept-2021 Mr PCTItd DOCMAN (docman)****Additional:**Attachment*Temporary services***File name:** D10\_G81006\_504333\_770294ed-bc05-4ba4-a208-af4dc18194f6.TIF.XX2**Extension:**.tif**Pages:**

Exp 7/12/21

**NHS** Temporary services GMS3/99

Please complete in BLOCK CAPITALS and tick  as appropriate

Patient's details Date if claim sent electronically

Mr  Mrs  Miss  Ms Surname **SOUTHERN**

Date of birth **15.12.77** First names **PATRICK**

NHS No. **6510878186** Previous surname/s

Home address **11 KESSELL LODGE** Temporary address, if applicable **ANA**

**MIAM ST** **WATERWORKS RD**

**BRIGHTON** **PORTS MOUTH**

Postcode **BN2 1SU** Postcode **PO6 1NJ**

Telephone number **07795625256** Telephone number **02392 373433**

Details of treatment should be sent to

Doctor's name and full address **NOONING COURT SURGERY, KEMPTOWN, BRIGHTON BN2 1SS**

**To be completed by the doctor**

Emergency treatment  Immediately necessary treatment  Contraceptive services  non-IUD  IUD

Minor surgical operation  Temporary resident  Number of night visits

Treatment of fracture  Date of initial treatment

General anaesthetic  up to 15 days  Dental haemorrhage  Rate A  Rate B

Reduction of dislocation  over 15 days  Telephone advice only  Amended claim  Number of vaccinations & immunisations  fee A  fee B

Telephone advice only  Amended claim

Rural practice payment. Distance in miles from patient's temporary residence to my main surgery is

Rural practice payment. Distance in miles from patient's temporary residence to my main surgery is

I declare to the best of my belief this information is correct and I claim the appropriate payment as in the SFA. An audit trail is available at the practice for inspection by the HA's authorised officers and auditors appointed by the Audit Commission.

Authorized signature Dr J Price

 Postage Medical Group Practice

Name **Dr J Price** Date **7/9/21** 25 Osborne Road

Southsea

Hants PO6 3ND

02392 821371

082015\_002 Product Code: GMS3/99

THIRD PARTY COPY

007/12/21



Temporary services

GMS3/99

Please complete in BLOCK CAPITALS and tick  as appropriate

Patient's details

Date if claim sent electronically

Mr  Mrs  Miss  Ms

Surname

SOUTHERN

Date of birth

15.12.77

First names

PATRICK

NHS No.

6510876186

Previous surname/s

Home address

11 KESSELL LODGE

Temporary address, if applicable

ANA

HIGHST  
BRIGHTON

WATERLOO ROAD  
BRIGHTON

Postcode

BN2 1SU

Postcode

BN2 1MS

Telephone number

07793625256

Telephone number

02372 373433

Details of treatment should be sent to

Doctor's name and full address

ARDINGLY COURT SURGERY, KEMPTOWN, BRIGHTON, BN2 1SS

THIRD PARTY COPY

Trafalgar Medical Group Practice

1 of 4

**SOUTHERN, Patrick (Mr)**

**Patient Record**

Only clinical data between 15 Dec 2021 and 15 Mar 2022 is included in this printout

**SOUTHERN, Patrick (Mr)** NHS Number: 651 087 8166  
 Date of Birth: 15 Dec 1977 00:00 (44 y) Gender: Male  
 Place of Birth: UNKNOWN  
 Marital Status: Ethnic Origin: English Speaker Unknown  
 Language: English Speaker Unknown

**Contact Details**

Current Home Address: 11 Kebbelle Lodge High Street Brighton E Sussex BN2 1SU 11 May 2021 -  
 Amendment via PDS  
 Mobile Tel: 07795525256, Amendment via PDS  
 Home Tel. (preferred): 02392341444  
 Previous Home Address: 11 Kebbelle Lodge High Street Brighton BN2 1SU 28 Jul 2021 - 09 Sep 2021  
 Current Temporary Address: Ana Treatment Centre, 2 Maylands Avenue Southsea 15 Dec 2021 -  
 Hants PO4 8SB

**Registration Details**

Registration Date: 15 Dec 2021 Date of Removal: 15 Mar 2022  
 PDS Registered Practice: Ardingly Court Surgery (NHS Brighton and Hove CCG) (01273 688333) Usual Branch: Trafalgar Medical Group Practice (02392 821371)  
 Registered GP: TRAFALGAR MEDICAL GROUP, Practice (Dr) (DEDUCTED) Home GP: Dr Price  
 Usual GP: PRICE, Jonathan (Dr) HA: Hampshire  
 Registration Type: TR Medical Records: No records here  
 Dispensing: N Pharmacy: None

**Attendance Record**

	Last 12 Months (Total)				
Appointments	2 (2)		Attendance	2 (2)	100% (100%)
Visits	0 (0)	0% (0%)	DNAs	0 (0)	0% (0%)

**Journal**

15 Dec 2021 16:03 Surgery: BEARD, Joanna (Clerical Access Role)  
 Home GP - Dr Price  
 Current Temporary Address: Ana Treatment Centre, 2 Maylands Avenue, Southsea PO4 8SB

15 Dec 2021 15:04 Surgery: BEARD, Joanna (Clerical Access Role)  
 Levetiracetam 500mg tablets - 60 tablet - Take 1 at 8am, 1 at 9pm  
 Sanatogen Complete A-Z tablets (Bayer Plc) - 30 tablet - Take ONE daily at 8am  
 ETP2 FP10: Not Yet Printed - Signed

20 Dec 2021 11:18 Surgery: HOUSE, Jayne (Clerical Access Role)  
 Terbinafine 250mg tablets - 28 tablet - Take ONE daily at 8am  
 Thiamine 100mg tablets - 56 tablet - Take 1 at 8am 1 at 9pm  
 Vitamin B compound strong tablets - 56 tablet - Take ONE at 8am, 1 at 9pm  
 ETP2 FP10: Not Yet Printed - Signed

05 Jan 2022 09:10 Surgery: BEARD, Joanna (Clerical Access Role)  
 Nicotinel 2mg lozenges (GlaxoSmithKline Consumer Healthcare UK Ltd) - 192 lozenge - use as needed  
 ETP2 FP10: Not Yet Printed - Signed  
 Appliance Contractor - Amendment via PDS Previous data: Was previously unset

25 Jan 2022 08:20 Surgery: CHARMAN, Megan (Miss) (Clerical Access Role)

26 Jan 2022 14:49 Surgery: SHRUBSHOLE, Deanna (Clerical Access Role)  
 Nicotinel 2mg lozenges (GlaxoSmithKline Consumer Healthcare UK Ltd) - 192 lozenge - use as needed  
 (R) Sanatogen Complete A-Z tablets (Bayer Plc) - 30 tablet - Take ONE daily at 8am  
 (R) Terbinafine 250mg tablets - 28 tablet - Take ONE daily at 8am  
 (R) Thiamine 100mg tablets - 56 tablet - Take 1 at 8am 1 at 9pm  
 (R) Vitamin B compound strong tablets - 56 tablet - Take ONE at 8am, 1 at 9pm  
 Sanatogen Complete A-Z tablets (Bayer Plc) - 30 tablet - Take ONE daily at 8am

Thu 21 Jul 2022 12:52  
 Confidential: Personal Data

Mr Patrick Francis Southern  
 651 087 8166, 15 Dec 1977

Ended 15 Mar 2022 Patient Deducted (via Overnight Run)  
 Terbinafine 250mg tablets - 28 tablet - Take ONE daily at 8am  
 Ended 15 Mar 2022 Patient Deducted (via Overnight Run)  
 Thiamine 100mg tablets - 56 tablet - Take 1 at 8am 1 at 5pm  
 Ended 15 Mar 2022 Patient Deducted (via Overnight Run)  
 Vitamin B compound strong tablets - 56 tablet - Take ONE at 8am, 1 at 9pm  
 Ended 15 Mar 2022 Patient Deducted (via Overnight Run)  
 ETP2 FP10: Not Yet Printed - Signed  
 ETP2 FP10: Not Yet Printed - Signed

09 Feb 2022 09:11 Surgery: SINGH, Shruti (Dr) (Clinical Practitioner Access Role)  
 History: Lumps in testicles for >12/12 - would like checked out. Not painful.  
 Plan: tcl

09 Feb 2022 11:48 Surgery: SINGH, Shruti (Dr) (Clinical Practitioner Access Role)  
 History: See above. Lump in R sides scrotum looked at years ago - reassure it was only a cyst.  
 Noticed lump in L side months ago - not changed. NO previous hx of testicular lumps; no previous cancer hx. No sig FHx  
 Currently in recovery from drugs and alcohol abuse.  
 Examination: Chaperone declined.  
 Smooth firm lumps behind both testes.  
 Diagnosis: Cyst of epididymis (K28y6)  
 Plan: Explain diagnosis & reassure+++ rly if changes.

15 Feb 2022 10:05 Surgery: HOSNY, Amanda (Clerical Access Role)

16 Feb 2022 12:44 Surgery: HOUSE, Jayne (Clerical Access Role)  
 Levetiracetam 500mg tablets - 60 tablet - Take 1 twice a day  
 (R) Terbinafine 250mg tablets - 28 tablet - Take ONE daily at 8am  
 (R) Thiamine 100mg tablets - 56 tablet - Take 1 at 8am 1 at 5pm  
 ETP2 FP10: Not Yet Printed - Signed  
 ETP2 FP10: Not Yet Printed - Signed

25 Feb 2022 12:13 Eastney Health Centre, Surgery: BASS, Jodie (Miss) (Clerical Access Role)

25 Feb 2022 12:43 Surgery: SHORT, Louise (Mrs) (Clerical Access Role)  
 (R) Sanatogen Complete A-Z tablets (Bayer Plc) - 30 tablet - Take ONE daily at 8am  
 (R) Vitamin B compound strong tablets - 56 tablet - Take ONE at 8am, 1 at 9pm  
 ETP2 FP10: Not Yet Printed - Signed  
 Request for Nicotinell 2mg lozenges (GlaxoSmithKline Consumer Healthcare UK Ltd) by patient

25 Feb 2022 14:20 Surgery: GRIFFIN, Aimee (Miss) (Clerical Access Role)

Nicotinell 2mg lozenges (GlaxoSmithKline Consumer Healthcare UK Ltd) - 192 lozenge - use as needed  
 ETP2 FP10: Not Yet Printed - Signed

10 Mar 2022 08:23 Surgery: WADE, Julie (Clerical Access Role)

10 Mar 2022 14:47 Surgery: PRICE, Jonathan (Dr) (Clinical Practitioner Access Role)  
 eMED3 (2010) new statement issued. not fit for work (XaX1E)  
 PNG Image: MED3Statement.png  
 Pathology Request (Request Sent):  
 Cholesterol (Requested), FBC (Requested), HBA1c (Requested), HDL-Cholesterol (Requested), U&E (Requested),  
 Liver Profile (Requested), Triglyceride (Requested), Thyroid Function (TSH) (Requested)  
 New MED3 statement issued: Not fit for work - Valid from 01 Mar 2022 to 31 May 2022  
 Diagnosis: Rehabilitation after detox

10 Mar 2022 16:04 Surgery: WADE, Julie (Clerical Access Role)

Administration note (Xalg4) - Tried to ring re task - no answer from either number

**Medication**

A = Acute P = Private I = Instant Dispensed D = Dental H = Hospital O = Other

Date	Medication	Instructions	Quantity	Category
15 Dec 2021	Levetiracetam 500mg tablets	Take 1 at 8am, 1 at 9pm	60 tablet	A
15 Dec 2021	Sanatogen Complete A-Z tablets (Bayer Plc)	Take ONE daily at 8am	30 tablet	A
20 Dec 2021	Terbinafine 250mg tablets	Take ONE daily at 8am	28 tablet	A
20 Dec 2021	Thiamine 100mg tablets	Take 1 at 8am 1 at 5pm	56 tablet	A
20 Dec 2021	Vitamin B compound strong tablets	Take ONE at 8am, 1 at 9pm	56 tablet	A
05 Jan 2022	Nicotinell 2mg lozenges (GlaxoSmithKline Consumer Healthcare UK Ltd)	use as needed	192 lozenge	A
25 Jan 2022	Nicotinell 2mg lozenges (GlaxoSmithKline Consumer Healthcare UK Ltd)	use as needed	192 lozenge	A

Thu 21 Jul 2022 12:52  
 Confidential: Personal Data

Mr Patrick Francis Southern  
 651 087 8186, 15 Dec 1977

25 Jan 2022	Sanatogen Complete A-Z tablets (Bayer Plc)	Take ONE daily at 8am	30 tablet	
25 Jan 2022	Terbinafine 250mg tablets	Take ONE daily at 8am	28 tablet	
25 Jan 2022	Thiamine 100mg tablets	Take 1 at 8am 1 at 5pm	56 tablet	
25 Jan 2022	Vitamin B compound strong tablets	Take ONE at 8am, 1 at 9pm	56 tablet	
16 Feb 2022	Levetiracetam 500mg tablets	Take 1 twice a day	60 tablet	A
16 Feb 2022	Terbinafine 250mg tablets	Take ONE daily at 8am	28 tablet	
16 Feb 2022	Thiamine 100mg tablets	Take 1 at 8am 1 at 5pm	56 tablet	
25 Feb 2022	Nicotinell 2mg lozenges (GlaxoSmithKline Consumer Healthcare UK Ltd)	use as needed	192 lozenge	A
25 Feb 2022	Sanatogen Complete A-Z tablets (Bayer Plc)	Take ONE daily at 8am	30 tablet	
25 Feb 2022	Vitamin B compound strong tablets	Take ONE at 8am, 1 at 9pm	56 tablet	

**Repeat Templates**

25 Jan 2022	Sanatogen Complete A-Z tablets (Bayer Plc)	Take ONE daily at 8am	30 tablet	25 Feb 2022, Ended
Issues: 2		End Reason: Patient Deducted (via Overnight Run)		
25 Jan 2022	Terbinafine 250mg tablets	Take ONE daily at 8am	28 tablet	16 Feb 2022, Ended
Issues: 2		End Reason: Patient Deducted (via Overnight Run)		
25 Jan 2022	Thiamine 100mg tablets	Take 1 at 8am 1 at 5pm	56 tablet	16 Feb 2022, Ended
Issues: 2		End Reason: Patient Deducted (via Overnight Run)		
25 Jan 2022	Vitamin B compound strong tablets	Take ONE at 8am, 1 at 9pm	56 tablet	25 Feb 2022, Ended
Issues: 2		End Reason: Patient Deducted (via Overnight Run)		

**Drug Sensitivities**

No information recorded

**Allergies**

No information recorded

**Problem Substances**

No information recorded

**Recalls**

No information recorded

**Reminders**

No information recorded

**Vaccinations**

No information recorded

**Summary**

No information recorded

**Pathology Results**

No information recorded

**Active Problems**

No information recorded

**Inactive Problems**

No information recorded

Thu 21 Jul 2022 12:52  
Confidential: Personal Data

Mr Patrick Francis Southern  
651 087 8186, 15 Dec 1977

**Care Plans**

No information recorded

**Safeguarding Information**

No information recorded

**Social Services Contacts**

No information recorded

**Admissions**

No information recorded

**Communications**

No information recorded

THIRD PARTY COPY

Thu 21 Jul 2022 12:52  
Confidential: Personal Data

Mr Patrick Francis Southern  
661 087 8186, 15 Dec 1977

eMED3 (2010) new statement issued, not fit for work

28-July-2021 Dr Hilary Nash (HN251)

Additional:eMED3 (2010) new statement issued, not fit for work

Fit Note Document (Diagnosis: Drug and alcohol addiction - going to rehab for...; Duration 12-Oct-2020 - 12-Oct-2021)

Filename: FitNote\_9d436c86-345e-42d3-bacf-dbef7a4b2273.pdf

Extension:.tif

Pages:

Statement of Fitness for Work For social security or Statutory Sick Pay					
Patient's name	Mr, Mrs, Miss, Ms- Patrick Francis Southern				
I assessed your case on:	28 / 07 / 2021				
and, because of the following condition(s):	Drug and alcohol addiction - going to rehab for at least 6 months from September 2021				
I advise you that:	<input checked="" type="checkbox"/> you are not fit for work. <input type="checkbox"/> you may be fit for work taking account of the following advice:-				
If available, and with your employer's agreement, you may benefit from: <table border="0"> <tr> <td><input type="checkbox"/> a phased return to work-</td> <td><input type="checkbox"/> amended duties-</td> </tr> <tr> <td><input type="checkbox"/> altered hours-</td> <td><input type="checkbox"/> workplace adaptations-</td> </tr> </table>		<input type="checkbox"/> a phased return to work-	<input type="checkbox"/> amended duties-	<input type="checkbox"/> altered hours-	<input type="checkbox"/> workplace adaptations-
<input type="checkbox"/> a phased return to work-	<input type="checkbox"/> amended duties-				
<input type="checkbox"/> altered hours-	<input type="checkbox"/> workplace adaptations-				
Comments, including functional effects of your condition(s):					
This will be the case for _____ or from 12 / 10 / 2020 to 12 / 10 / 2021					
I will/will not need to assess your fitness for work again at the end of this period. (Please delete as applicable)					
Doctor's signature					
Date of statement	28 / 07 / 2021				
Doctor's address	Ardingly Court Surgery 1 Ardingly Street Brighton, BN2 1SS Telephone: 01273 688333				
Unique ID: Med 3 01/17 9D436C86-345E-42D3-BACF-DBEF7A4B2273					
Data from page 1 of this form may be collected to learn about national patterns of sickness absence. Individuals will not be identified. Find out more at <a href="http://www.gov.uk/dwp/fit-note-data">www.gov.uk/dwp/fit-note-data</a>					
<b>Help getting back to work if you are employed</b> If you've been off work or are likely to be off work sick for 4 weeks or more, you may be able to have a free occupational health assessment. You will be able to discuss what advice and support you need to help you go back to work sooner. You can ask your GP or employer to refer you. For further information: <ul style="list-style-type: none"> <li>in England and Wales visit <a href="http://www.fitforwork.org">www.fitforwork.org</a> or phone <b>0800 032 6235</b></li> <li>in Scotland please visit <a href="http://www.fitforworkscotland.scot">www.fitforworkscotland.scot</a> or phone <b>0800 019 2211</b>.</li> </ul>					
<b>What your doctor's advice means</b> <b>'You are not fit for work':</b> Your health condition means that you may not be able to work for the period shown. You can go back to work as soon as you feel able to and, with your employer's agreement, this may be before your fit note runs out. <b>'You may be fit for work':</b> You could go back to work with the support of your employer. Sometimes your employer cannot give you the support you need and if this happens your employer will treat this form as though you are 'not fit for work'. You don't need to get another of these forms from your doctor. For more information please visit <a href="http://www.gov.uk">www.gov.uk</a> and type 'patients and employees' into the search field.					
Fill in the <b>Your details</b> section. You can ask someone to do this for you if you cannot fill in your details yourself.					
<b>Your details – Please use BLOCK CAPITALS</b>					
Surname	Mr, Mrs, Miss, Ms- SOUTHERN				
Other names	PATRICK FRANCIS				
Address	11 KEBBELL LODGE, HIGH STREET				
	BRIGHTON Postcode BN2 1SU				
Date of birth	15 / 12 / 1977 Mobile				
NI number					
<b>What you need to do now</b> <ul style="list-style-type: none"> <li><b>If you are employed:</b> Please show this form to your employer. You could get Statutory Sick Pay (SSP) which is paid by your employer. If your employer cannot pay you SSP they will give you form <b>SSP1</b> to claim benefits.</li> <li><b>If you are self-employed:</b> You could claim benefits.</li> <li><b>If you are already claiming benefits:</b> Please send this form to the office dealing with your claim.</li> <li><b>If you need to make a claim to benefits:</b> Visit <a href="http://www.gov.uk/browse/benefits">www.gov.uk/browse/benefits</a> or phone <b>0800 055 6688</b> (8am to 6pm Monday to Friday). Textphone users call <b>0800 023 4888</b>.</li> </ul>					

Attachment

16-July-2021 Mr PCTIld DOCMAN (docman)

Additional:Attachment

Email ACS to Kamsons

Filename: D10\_G81006\_504333\_7c81082b-c526-4fc9-a7c5-d56a44e553dc.PDF.XX2

Extension:.tif

Pages:

**SURGERY, Ardingly Court (ARDINGLY COURT SURGERY)**

**From:** BAKER, Alison (ARDINGLY COURT SURGERY)  
**Sent:** 16 July 2021 13:03  
**To:** PHARMACY.FKE94 (KAMSONS PHARMACY - FKE94, BRIGHTON)  
**Cc:** SURGERY, Ardingly Court (ARDINGLY COURT SURGERY)  
**Subject:** New Blister FAO Amanda

Hi Amanda as discussed earlier this week Patrick Southern DOB 15/12/1977 has been approved for a new blister pack please. I have requested prescriptions the Levetiracetam is new for him and he needs to take One sodium valproate 200mg OD for 2 weeks when blister starts to ease transition, I will be writing to him and explaining that this will be in a separate box and only once daily. He is very forgetful hence the need for blisters but he says he will remember to collect from you on a weekly basis and if you could either let him know (07795 625256) or me when the first one is ready so we can let him know when to collect please. Any problems let me know, thank you

Ali Baker

Pharmacy tech Ardingly Court

## Attachment

14-July-2021 Mr PCTItd DOCMAN (docman)

Additional:Attachment

*Email Email from Sally-Ann Remnant Epilepsy*

Filename: D10\_G81006\_504333\_87d905eb-6f21-40b0-bbe8-97bc8c4c6703.TIF.XX2

Extension:.tif

Pages:

**SURGERY, Ardingly Court (ARDINGLY COURT SURGERY)**

**From:** REMNANT, Sally-ann (UNIVERSITY HOSPITALS SUSSEX NHS FOUNDATION TRUST)  
**Sent:** 14 July 2021 09:42  
**To:** BAKER, Alison (ARDINGLY COURT SURGERY)  
**Cc:** SURGERY, Ardingly Court (ARDINGLY COURT SURGERY); MILLAR, Irene (UNIVERSITY HOSPITALS SUSSEX NHS FOUNDATION TRUST)  
**Subject:** RE: Patrick Southern DOB 15/12/1977

Hi Irene

I'm sorry but I don't know this patient, I think he is one of John Young's?

Irene Please could you find out this and redirect this query to the secretary and consultant pls.

Best wishes

Sally

Kindest regards

*Sally-Ann Remnant MSc Epileptology*Part time CNS Epilepsy for **Hove and Portslade patients only****Mon-weds only** Phone clinics only until further notice.**My next annual leave is 2<sup>nd</sup> -16<sup>th</sup> August 2021****Our full time nurse colleage for Brighton (Niki Rayner) is currently out of office until further notice**Secretary- [Irene.millar1@nhs.net](mailto:Irene.millar1@nhs.net) on **01273-696955 ext 62965** voicemail.For Appointments – Please call **Bookings Team** on **01273 696955** (via switch).**Urgent issues** please ask GP to call Neurology on-call Hurstwood Park. **01444 441881****University Hospitals Sussex**

NHS Foundation Trust

**From:** BAKER, Alison (ARDINGLY COURT SURGERY)  
**Sent:** 13 July 2021 12:52  
**To:** REMNANT, Sally-ann (UNIVERSITY HOSPITALS SUSSEX NHS FOUNDATION TRUST)  
**Cc:** SURGERY, Ardingly Court (ARDINGLY COURT SURGERY)  
**Subject:** Patrick Southern DOB 15/12/1977

Hello we recently received a letter regarding the above patient asking us to provide Keppra medication, I am just a bit confused as to whether the Sossodium Valproate he takes is to stop? If you could let us know i will go ahead and prescribe, thank you

kind regards

Alison Baker

Pharmacy technician Ardingly Court Surgery Brighton

1

## Attachment

14-July-2021 Mr PCTItd DOCMAN (docman)

Additional:Attachment

*Email Email from Sally-Ann Remnant*

Filename: D10\_G81006\_504333\_82abf5c3-2c8b-4b78-a9c5-b8bdbb5153f9.TIF.XX2

Extension:.tif

Pages:

**SURGERY, Ardingly Court (ARDINGLY COURT SURGERY)**

**From:** REMNANT, Sally-ann (UNIVERSITY HOSPITALS SUSSEX NHS FOUNDATION TRUST)  
**Sent:** 14 July 2021 10:30  
**To:** BAKER, Alison (ARDINGLY COURT SURGERY); RODRIGUEZ, Francine (UNIVERSITY HOSPITALS SUSSEX NHS FOUNDATION TRUST); BRAVO, Edina (UNIVERSITY HOSPITALS SUSSEX NHS FOUNDATION TRUST)  
**Cc:** SURGERY, Ardingly Court (ARDINGLY COURT SURGERY); MILLAR, Irene (UNIVERSITY HOSPITALS SUSSEX NHS FOUNDATION TRUST)  
**Subject:** RE: Patrick Southern DOB 15/12/1977  
**Attachments:** 3137907\_Southern 06-Jul-2021\_EB.pdf

Hi again

I have just received a letter CC to me from Dr E Bravo, apologies.  
 I don't not cover Brighton pts and we are recruiting a new nurse for this area.

However for now, I can see from the letter that Epilim/Valproate is not working so therefore please add in Kepra 500mg bd as per letter, then slowly withdraw the Valproate by 200mg every two weeks until stopped.  
 I'm hoping this is available to the patient as a blister pack as this may be of more help with adherence.  
 Many thanks  
 Sally

Kindest regards

*Sally-Ann Remnant MSc Epileptology*

**Part time CNS Epilepsy for Hove and Portslade patients only**

**Mon-weds only** Phone clinics only until further notice.

**My next annual leave is 2<sup>nd</sup> -16<sup>th</sup> August 2021**

**Our full time nurse colleage for Brighton (Niki Rayner) is currently out of office until further notice**

Secretary- [Irene.millar1@nhs.net](mailto:Irene.millar1@nhs.net) on **01273-696955 ext 62965** voicemail.

For Appointments – Please call **Bookings Team** on **01273 696955** (via switch).

**Urgent issues** please ask GP to call Neurology on-call Hurstwood Park. **01444 441881**



**University Hospitals Sussex**

NHS Foundation Trust

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**From:** REMNANT, Sally-ann (UNIVERSITY HOSPITALS SUSSEX NHS FOUNDATION TRUST)  
**Sent:** 14 July 2021 09:42  
**To:** BAKER, Alison (ARDINGLY COURT SURGERY)  
**Cc:** SURGERY, Ardingly Court (ARDINGLY COURT SURGERY); MILLAR, Irene (UNIVERSITY HOSPITALS SUSSEX NHS FOUNDATION TRUST)  
**Subject:** RE: Patrick Southern DOB 15/12/1977

Hi Irene

I'm sorry but I don't know this patient, I think he is one of John Young's?

Irene Please could you find out this and redirect this query to the secretary and consultant pls.

Best wishes

Sally

Kindest regards

*Sally-Ann Remnant MSc Epileptology*

Part time CNS Epilepsy for **Hove and Portslade patients only**

**Mon-weds only** Phone clinics only until further notice.

**My next annual leave is 2<sup>nd</sup> -16<sup>th</sup> August 2021**

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Secretary- [Irene.millar1@nhs.net](mailto:Irene.millar1@nhs.net) on **01273-696955 ext 62965** voicemail.

For Appointments – Please call **Bookings Team** on **01273 696955** (via switch).

**Urgent issues** please ask GP to call Neurology on-call Hurstwood Park. **01444 441881**



**University Hospitals Sussex**

NHS Foundation Trust

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**From:** BAKER, Alison (ARDINGLY COURT SURGERY)

**Sent:** 13 July 2021 12:52

**To:** REMNANT, Sally-ann (UNIVERSITY HOSPITALS SUSSEX NHS FOUNDATION TRUST)

**Cc:** SURGERY, Ardingly Court (ARDINGLY COURT SURGERY)

**Subject:** Patrick Southern DOB 15/12/1977

Hello we recently received a letter regarding the above patient asking us to provide Keppra medication, I am just a bit confused as to whether the Soslodium Valproate he takes is to stop? If you could let us know i will go ahead and prescribe, thank you

kind regards

Alison Baker

Pharmacy technician Ardingly Court Surgery Brighton

**Attachment****13-July-2021 Mr PCTItd DOCMAN (docman)****Additional:Attachment***Email Email to Sally-Ann Remnant***Filename:** D10\_G81006\_504333\_1e473e02-3b54-4cb9-bf87-7219c16ef789.TIF.XX2**Extension:.**tif**Pages:****SURGERY, Ardingly Court (ARDINGLY COURT SURGERY)**

**From:** BAKER, Alison (ARDINGLY COURT SURGERY)  
**Sent:** 13 July 2021 12:52  
**To:** REMNANT, Sally-ann (UNIVERSITY HOSPITALS SUSSEX NHS FOUNDATION TRUST)  
**Cc:** SURGERY, Ardingly Court (ARDINGLY COURT SURGERY)  
**Subject:** Patrick Southern DOB 15/12/1977

Hello we recently received a letter regarding the above patient asking us to provide Kepra medication, I am just a bit confused as to whether the Soslodium Valproate he takes is to stop? If you could let us know i will go ahead and prescribe, thank you

kind regards  
Alison Baker  
Pharmacy technician Ardingly Court Surgery Brighton

THIRD PARTY COPY

1

**Attachment****06-July-2021 Mr PCTItd DOCMAN (docman)****Additional:Attachment***Clinical Letter Royal Sussex County Hospital Neurology***Filename:** D10\_G81006\_504333\_7616fe3d-78ab-430f-b107-4d45f98ae1c9.TIF.XX2**Extension:.**tif**Pages:**



**University Hospitals Sussex**  
NHS Foundation Trust

**Department of Neurology RSCH**

Royal Sussex County Hospital  
Eastern Road  
Brighton  
East Sussex  
BN2 5BE

Dictated: 6/7/2021  
Typed: 6/7/2021  
Transcribed by: FR

**PRIVATE AND CONFIDENTIAL**

Dr Samantha Barker  
Ardingly Court Surgery  
1 Ardingly Street  
Brighton  
East Sussex  
BN2 1SS

Tel: 01273 696955  
Fax Number: 01273 523265

Trust Patient ID: 3137898  
NHS No: 651 087 8186

*Dr Edina Bravo, Consultant Neurologist*  
*Secretary: Francine Rodriguez*  
*Tel. 01273-696955 Ext: 67985*

Dear Dr Barker,

**Re: Mr Patrick Francis Southern DOB: 15-12-1977**  
**11 Kebbell Lodge High Street Brighton BN2 1SU**

I had today a telephone follow-up with this 43-year-old man with epilepsy who is suffering with difficulties with alcohol abuse. He told me today that he managed to stop drinking alcohol only for the last 16 days. He admits that he is an alcoholic and that he needs quite significant help around this. He is waiting now, any day soon, to be admitted to a rehabilitation centre in Portsmouth.

He is on Valproate 200mg morning and evening but he tells me that he sometimes forgets to take this medication. He reports significant difficulties with memory. We again talked in detail and I have again encouraged him to try and abstain from alcohol, obviously this is a quite a big problem for him and the focus needs to be on rehabilitation and trying to stop drinking alcohol. I would very much appreciate if you could prescribe him with Keppra 500mg bd as further increasing Valproate I found not advisable in terms of him having days when he drinks alcohol and days when he doesn't. Therefore Keppra would be a much safer choice for him. I have again emphasised to him the possibility of SUDEP and urged him to stop drinking alcohol and to have his epilepsy medication regularly. I will call him again in 6 months' time. I am also copying his epilepsy nurse into this letter who will be his point of contact.

*For all appointment queries please ring the Bookings Hub on 0300 303 8360*

Yours sincerely

*Electronically checked and signed by*

**Dr Edina Bravo FRCP**  
**Consultant Neurologist**

cc:  
Mr Patrick Francis Southern  
11 Kebbell Lodge  
High Street  
Brighton  
BN2 1SU

Ms Sally-Ann Remnant  
Epilepsy Nurse Specialist  
Email: [sally-ann.remnant3@nhs.net](mailto:sally-ann.remnant3@nhs.net)  
Tel. 01273 696955 Ext 62965

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**Attachment**

21-Jun-2021 Mr PCTItd DOCMAN (docman)

**Additional:**Attachment

*Clininc Letter Royal Sussex County Hospital Neurology*

**File name:** D10\_G81006\_504333\_d3eb24f0-3fa7-4169-9044-182728680b10.TIF.XX2

**Extension:**.tif

**Pages:**



**University Hospitals Sussex**  
NHS Foundation Trust

**Department of Neurology RSCH**

Royal Sussex County Hospital  
Eastern Road  
Brighton  
East Sussex  
BN2 5BE

Dictated: 21/6/2021  
Typed: 21/6/2021  
Transcribed by: FR

**PRIVATE AND CONFIDENTIAL**

Dr Samantha Barker  
Ardingly Court Surgery  
1 Ardingly Street  
Brighton  
East Sussex  
BN2 1SS

Tel: 01273 696955  
Fax Number: 01273 523265

Trust Patient ID: 3137898  
NHS No: 651 087 8186

*Dr Edina Bravo, Consultant Neurologist*  
*Secretary: Francine Rodriguez*  
*Tel. 01273-696955 Ext: 67985*

Dear Dr Barker,

**Re: Mr Patrick Francis Southern DOB: 15-12-1977**  
**11 Kebbell Lodge High Street Brighton BN2 1SU**

This is just to let you know that the above patient failed to attend a scheduled follow-up with us today. However we will be rebooking him shortly.

Yours sincerely

*Electronically checked and signed by*

**Dr Edina Bravo FRCP**  
**Consultant Neurologist**

cc:  
Mr Patrick Francis Southern  
11 Kebbell Lodge  
High Street  
Brighton  
BN2 1SU

*For all appointment queries please ring the Bookings Hub on 0300 303 8360*

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**Attachment**

10-Jun-2021 Mr PCTltd DOCMAN (docman)

**Additional:**Attachment

*Clinic Letter Brighton and Hove City Council Children's Services*

**File name:** D10\_G81006\_504333\_349a90b7-dbfa-4e6d-b442-f34eb796efe9.TIF.XX2

**Extension:**.tif

**Pages:**

**SURGERY, Ardingly Court (ARDINGLY COURT SURGERY)**

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**From:** Roz McLean <Roz.McLean@brighton-hove.gov.uk>  
**Sent:** 10 June 2021 17:53  
**To:** SURGERY, Ardingly Court (ARDINGLY COURT SURGERY)  
**Cc:** Joanna Hart  
**Subject:** PS

Patrick Southern  
15.12.1977  
11 Kebbell Lodge High Street, BRIGHTON, Brighton & Hove, BN2 1SU

Hi

I am the social worker for Patrick Southern's twins who are currently subject to child protection plan. I've just received a telephone call from Patrick Southern. He informed me that he is really struggling to remember to take his medication for his epilepsy. He is having periods of laps in relation to his alcohol use and he states that when he has seizures he forgets that he is sober and this can be a time that can cause a lapse for him. He is LinkedIn with Joe's team and has had a referral for rehab which has been accepted for and is waiting in the place. I suggested that he give you a call to talk about potentially blister packing medication and whether or not there is any other aids that he could have in terms of jogging his memory around this. Patrick stated that he will give you a call tomorrow but I said that I would email to outline the discussions he's had with me.

Patrick talk to me as well that he has dabbled with heroin and crack recently. He did not state that this was ongoing but did state that he felt it wouldn't matter if he didn't wake up. I checked with him whether he had plans to harm himself and he stated no and we made plans for me to contact him early next week to check if things are gone in terms of being in touch with the GP.

I'm wondering whether potential adult needs assessment would be beneficial for Patrick unaware that he does have support in relation to his drug and alcohol issues both through CGL and through attendance at AA. It appears however that some of his other underlying health issues including memory functioning causes significant issues for him at times and this is the view that a potential adult needs assessment to look at what is required might be useful to explore.

Kind regards ..... Roz

Roz Mclean  
Senior Social Worker  
Childrens Social Work Services (pod 7)  
Lavender Street Hub,  
Lavender Street  
Brighton  
BN2 1JU  
01273 296751  
07900705282  
Direct Line Office 01273295400  
[Rosalie.mclean@brighton-hove.gov.uk](mailto:Rosalie.mclean@brighton-hove.gov.uk)  
Mon – Fri

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**Attachment****13-May-2021 Mr PCTItd DOCMAN (docman)****Additional:**Attachment*Email Change Grow Live Substance Misuse Service***Filename:** D10\_G81006\_504333\_6aaf1e0a-e277-4d10-a208-283754855f7b.TIF.XX2**Extension:**.tif**Pages:****SURGERY, Ardingly Court (ARDINGLY COURT SURGERY)**

**From:** BAKER, Alison (ARDINGLY COURT SURGERY)  
**Sent:** 13 May 2021 11:53  
**To:** joanna.hart@cgl.cjsm.net  
**Cc:** SURGERY, Ardingly Court (ARDINGLY COURT SURGERY)  
**Subject:** Patrick Southern DOB 15/12/21

Hello we received an email requesting that the above patient's epilepsy medication to be put into a blister pack, unfortunately this is no longer possible the manufacturers have now classed these meds as a special container as they are highly hygroscopic and as such not allowed to be in a blister pack, kind regards

Alison Baker pharmacy technician Ardingly Court Surgery Brighton

**Attachment****12-May-2021 Mr PCTItd DOCMAN (docman)****Additional:**Attachment*Email Change Grow Live Substance Misuse Service***Filename:** D10\_G81006\_504333\_9912f296-1f6b-4e5e-8583-bac610ca04d5.TIF.XX2**Extension:**.tif**Pages:**

**SURGERY, Ardingly Court (ARDINGLY COURT SURGERY)**

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**From:** Joanna Hart <joanna.hart@cgl.cjsm.net>  
**Sent:** 12 May 2021 09:07  
**To:** ardinglycourt.surgery@nhs.net.cjsm.net  
**Subject:** Re: [CJSM] PS 15/12/1977

Okay, that's great, thanks

On 2021-05-11 14:48, SURGERY, Ardingly Court (ARDINGLY COURT SURGERY) wrote:

Good Afternoon Jo,

I have reregistered Mr Southern as there seems to have been confusion as to where he was living. We can certainly amend his prescription and ask the pharmacist technician to set up the blister pack prescriptions. However we are aware a number of pharmacy are at capacity with blister pack patients. I can ask our pharmacist technician to see if she is aware who would take one another. But if it is just the one tablet that he is taking, I'm not entirely sure that pharmacies will take that on.

Kind Regards,

*Katy Hume*

Administrator/Receptionist

Ardingly Court Surgery

Tel 01273 688333

Fax 01273 671128

---

**From:** Joanna Hart <joanna.hart@cgl.cjsm.net>  
**Sent:** 11 May 2021 14:04

**To:** ardinglycourt.surgery@nhs.net.cjsm.net  
**Subject:** Re: [CJSM] PS 15/12/1977

Hi, yes he is at 11 Kebbel Lodge BN2 1SU still. Eastbourne was just a temporary thing last year. It is important that he still has a p/x running for his epilepsy meds.

Thanks, Jo

On 2021-05-11 13:14, SURGERY, Ardingly Court (ARDINGLY COURT SURGERY) wrote:

Dear Joanna

The last address we had for him was in Eastbourne which he advised us about and a letter was sent to him asking him to register with a GP in that area.

Can you confirm the address that he is living at.

Kind Regards,

Paula Fuller

Ardingly Court Surgery

---

**From:** Joanna Hart <[joanna.hart@cgl.cjsm.net](mailto:joanna.hart@cgl.cjsm.net)>  
**Sent:** 11 May 2021 13:10  
**To:** [ardinglycourt.surgery@nhs.net.cjsm.net](mailto:ardinglycourt.surgery@nhs.net.cjsm.net)  
**Subject:** Re: [CJSM] PS 15/12/1977

Hi again, Mr Southern does not appear to be aware of this, are you sure? He has not moved house recently- he is still in Brighton locality.

On 2021-05-11 09:10, SURGERY, Ardingly Court (ARDINGLY COURT SURGERY) wrote:

Dear Joanna

Unfortunately Mr Southern is no longer registered at this surgery because he is no longer living in our area.

Kind Regards,

Paula fuller

Ardingly Court Surgery

---

**From:** Joanna Hart <[joanna.hart@cgl.cjsm.net](mailto:joanna.hart@cgl.cjsm.net)>

**Sent:** 11 May 2021 09:04

**To:** [ardinglycourt.surgery@nhs.net](mailto:ardinglycourt.surgery@nhs.net)

**Subject:** Re: [CJSM] PS 15/12/1977

Note for the GP: we are completing paper work to refer Mr Southern to an out of area Residential Rehab and will keep you updated once he is accepted and the funding is approved. I wondered if his epilepsy medication could be given to him in a blister pack? I think due to his memory he often struggles to remember if he has taken the medication, and a blister pack may help?

Thanks, Jo

On 2021-03-26 11:07, SURGERY, Ardingly Court (ARDINGLY COURT SURGERY) wrote:

Dear Jo

Please find attached a summary for Mr Southern

Kind Regards

*Liz Mason*

Administrator/Receptionist

Ardingly Court Surgery

1 Ardingly Street

Brighton

BN2 1SS

Tel 01273 688333

Fax 01273 671128

**From:** Joanna Hart <[joanna.hart@cgl.cjsm.net](mailto:joanna.hart@cgl.cjsm.net)>  
**Sent:** 25 March 2021 16:12  
**To:** [ardinglycourt.surgery@nhs.net](mailto:ardinglycourt.surgery@nhs.net); [cjsm.net](mailto:cjsm.net)  
**Subject:** [CJSM] PS 15/12/1977

Hello. I am currently supporting Patrick Southern DOB 15/12/1977 re his alcohol use. I have referred him to our social work team for an assessment for Residential Rehab and we will keep you informed in due course.

I am aware he has epilepsy and you prescribe to him. He tells me he is complying with his medication. Would you be able to send me an up to date copy of his GP summary please? Currently he is alcohol free, although when he relapses, his binges are heavy and he has had 2 hospital admissions in recent months. He has details of MH services if his mH deteriorates. I am aware of a suicide attempt last year when he was in prison briefly.

Thanks, Jo Hart

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\*\*\* This email has been transmitted via the **Criminal Justice Secure eMail** service. \*\*\*

\*\*\* Anfonwyd y neges ebost hon drwy wasanaeth **ebost Diogel Cyfiawnder Troseddol** \*\*\*

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\*\*\* Anfonwyd y neges ebost hon drwy wasanaeth **ebost Diogel Cyfiawnder Troseddol** \*\*\*

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\*\*\* Anfonwyd y neges ebost hon drwy wasanaeth **ebost Diogel Cyfiawnder Troseddol** \*\*\*

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\*\*\* Anfonwyd y neges ebost hon drwy wasanaeth **ebost Diogel Cyfiawnder Troseddol** \*\*\*

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\*\*\* Anfonwyd y neges ebost hon drwy wasanaeth **ebost Diogel Cyfiawnder Troseddol** \*\*\*

THIRD PARTY COPY

## Attachment

13-Apr-2021 Mr PCTItd DOCMAN (docman)

Additional: Attachment

*Email Brighton and Hove City Council Adult Health & Social Care*

Filename: D10\_G81006\_504333\_0b5fd6fc-0121-4764-ae6e-714c1b6aa85f.TIF.XX2

Extension: .tif

Pages:

**SURGERY, Ardingly Court (ARDINGLY COURT SURGERY)**

---

**From:** Alastair Shearer <Alastair.Shearer@brighton-hove.gov.uk>  
**Sent:** 13 April 2021 15:26  
**To:** SURGERY, Ardingly Court (ARDINGLY COURT SURGERY)  
**Subject:** Adult Social Care request for patient summary.

✓ Sent 13/4/21 KH.

Hi,

Re; Mr Patrick Southern. D.O.B – 15/12/1977

I would like to request a patient summary for the purposes of completing an assessment for out of area rehab. The rehab will require medical information to accept the referral.

Mr Southern has given verbal consent for this request.

Many thanks

Alastair Shearer  
Social Worker  
Adult Health and Social Care  
2nd Floor Bartholomew House  
Brighton  
BN1 1JE  
T: 01273 296705  
M: 07802873596

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Thank you in anticipation of your co-operation.

You can visit our website at <http://www.brighton-hove.gov.uk>

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**Appointment****26-Mar-2021 Mrs Paula Fuller (PF)****Additional:**Appointment*Out of area letter***File name:** Appointment SOUTHERN, Patrick (Mr) 1625 26-Mar-2021.rtf**Extension:**.tif**Pages:****Ardingly Court Surgery**

Dr S Barker - Dr E Turlini – Dr E Howard – Dr S Mitchell

1 Ardingly Street  
Brighton  
BN2 1SSTelephone 01273 688333  
Fax 01273 671128[www.ardinglycourt.surgery.co.uk](http://www.ardinglycourt.surgery.co.uk)

26-Mar-2021

PRIVATE &amp; CONFIDENTIAL

Mr P Southern  
15-17 Lascelles Terrace  
Eastbourne  
BN21 4BJ

Dear Mr Southern

Thank you very much for notifying us of your recent change of address.

Unfortunately it appears that you have now moved outside our practice area. I regret to inform you that it will therefore be necessary for you to register with a doctor nearer to your new address as soon as possible.

We understand that it will take you a little time to find a new doctor and will not inform the Primary Care Support England (PCSE) of your change of address for one month. However at that stage the PCSE will remove you from our lists.

Should you have any difficulty in finding a new surgery the PCSE will be able to help you. Their telephone number is 0333 014 2884 or visit [www.nhs.uk](http://www.nhs.uk) for further information. You will need your NHS number when registering at new GP surgery which is: 651 087 8186 .

If you have any queries about this letter, please do not hesitate to contact the surgery.

Yours sincerely

Practice Manager

## Attachment

22-Mar-2021 Mr PCTItd DOCMAN (docman)

Additional: Attachment

Clinic Letter Royal Sussex County Hospital Accident &amp; Emergency

Filename: D10\_G81006\_504333\_b29704b6-a4b9-4e9a-b9a0-cd9c40464b97.TIF.XX2

Extension: .tif

Pages:

Dr SJ BARKER  
ARDINGLY COURT SURGERY  
1 ARDINGLY STREET  
BRIGHTON  
EAST SUSSEX  
BN2 1SS

A&E DEPARTMENT  
ROYAL SUSSEX COUNTY HOSPITAL  
EASTERN ROAD  
BRIGHTON BN2 5RF

Dear Dr BARKER

Re: Patrick Southern  
11 KEBBELL LODGE  
HIGH STREET  
BRIGHTON  
BN2 1SU

Date of Birth : 15 Dec 1977  
NHS Number : 651 087 8186  
Hospital No : 3137898  
A&E Number : RSCH-21-014709-1  
Date : 23 Mar 2021

This patient attended the Emergency Department at this hospital at 09:59 on 22 Mar 2021  
The recorded COMPLAINT was : **vomiting**  
The SOURCE OF THE REFERRAL was : **Hospital Staff**

**PATHOLOGY :**

1. Upper Abdominal Pain (FBC, U&amp;E, LFT, Amylase, Calcium, CRP) - Venous Blood

**OTHER TESTS:**

Urinalysis, ECG, Blood Sugar, Blood Gases -NAD

**DIAGNOSIS:**

1. Alcohol (ethanol) intoxication
2. Epilepsy : generalised

**ALLERGIES:** Penicillins

**Discharge Outcome:** Community Psychiatric Team  
If you have any queries, please contact us.

Yours sincerely,  
Dr. Alice Rigg, A&E Registrar

Consultants: F.Barratt, D.Bootland, E.Coughlan, M.Duff, M.Finn  
R.Galloway, M.McKenzie, M.Nelson, S.O'Riordan  
A.Ogilvie, S.Parker, N.Parmar, P.A.Ransom



**Attachment****21-Mar-2021 Mr PCTItd DOCMAN (docman)****Additional:**Attachment*Clinic Letter Royal Sussex County Hospital Accident & Emergency***Filename:** D10\_G81006\_504333\_b7e097fa-abbf-4817-8c18-29a1199bc18c.TIF.XX2**Extension:**.tif**Pages:**

Dr SJ BARKER  
ARDINGLY COURT SURGERY  
1 ARDINGLY STREET  
BRIGHTON  
EAST SUSSEX  
BN2 1SS

Dear Dr BARKER

**Re:** Patrick Southern  
11 KEBBELL LODGE  
HIGH STREET  
BRIGHTON  
BN2 1SU

Date of Birth : 15 Dec 1977  
NHS Number : 651 087 8186  
Hospital No : 3137898  
A&E Number : RSCH-21-014614-1  
Date : 21 Mar 2021

This patient attended the Emergency Department at this hospital at 17:00 on 21 Mar 2021  
The recorded COMPLAINT was : **intoxicated**  
The SOURCE OF THE REFERRAL was : **Unknown source**

**OTHER TESTS:**

Blood Gases

**DIAGNOSIS:**

1. Alcohol (ethanol) intoxication

**ALLERGIES:** Penicillins

**Discharge Outcome:** Home - no follow up  
If you have any queries, please contact us.

Yours sincerely,

Dr. Jonathan Leung, A&amp;E Consultant

Consultants: F.Barratt, D.Bootland, E.Coughlan, M.Duff, M.Finn  
R.Galloway, M.McKenzie, M.Nelson, S.ORiordan  
A.Ogilvie, S.Parker, N.Parmar, P.A.Ransom

RECEIVED  
23 MAR 2021

**Attachment****11-Jan-2021 Mr PCTItd DOCMAN (docman)****Additional:**Attachment*Clinical Letter Royal Sussex County Hospital Neurology***Filename:** D10\_G81006\_504333\_a4ac6ee2-c696-46e3-80e9-dda413de27f3.TIF.XX2**Extension:**.tif**Pages:**

**Department of Neurology RSCH**

Royal Sussex County Hospital  
Eastern Road  
Brighton  
East Sussex  
BN2 5BE

Dictated: 11/1/2021  
Typed: 11/1/2021  
Transcribed by: FR

**PRIVATE AND CONFIDENTIAL**

Dr Samantha Barker  
Ardingly Court Surgery  
1 Ardingly Street  
Brighton  
East Sussex  
BN2 1SS

Tel: 01273 696955  
Fax Number: 01273 523265

Trust Patient ID: 3137898  
NHS No: 651 087 8186

*Dr Edina Bravo, Consultant Neurologist  
Secretary: Francine Rodriguez  
Tel. 01273-696955 Ext: 67985*

Dear Dr Barker,

**Re: Mr Patrick Francis Southern DOB: 15-12-1977  
11 Kebbell Lodge High Street Brighton BN2 1SU**

I am writing to let you know that today we had a telephone follow-up with this patient. He is a patient known with epilepsy and difficulties with alcohol use. I was very pleased to hear today that he has been completely abstaining from alcohol for the last 34 days.

He continues with a small dose of Valproate 200mg bd. His last seizure was in December. I was very glad to hear this news and I have encouraged him to continue abstaining from alcohol. However as he is quite a vulnerable patient and he did have relapses with alcohol in the past etc. I will keep him under our follow-ups and I am booking him for a follow-up in 6 months' time.

Yours sincerely

*Electronically checked and signed by*

**Dr Edina Bravo FRCP  
Consultant Neurologist**

*For all appointment queries please ring the Bookings Hub on 0300 303 8360*

2  
Patient ID:3137898  
Patient NHS No: 651 087 8186

cc:

Mr Patrick Francis Southern  
11 Kebbell Lodge  
High Street  
Brighton  
BN2 1SU

THIRD PARTY COPY

**Attachment**

23-Dec-2020 Mr PCTItd DOCMAN (docman)

**Additional:**Attachment

*Discharge Summary Worthing Hospital Hospital Discharge*

**File name:** D10\_G81006\_504333\_d72359f0-f763-401c-8510-f271088a4133.TIF.XX2

**Extension:**.tif

**Pages:**



## Western Sussex Hospitals

NHS Foundation Trust

Worthing Hospital

Lyndhurst Road

Worthing

West Sussex

BN11 2DH

## Discharge Summary

[www.westernsussexhospitals.nhs.uk](http://www.westernsussexhospitals.nhs.uk)

To: Dr. EM Howard (Electronically) Telephone No: 01273 688333  
 Ardingly Court Surgery  
 1 Ardingly Street  
 Brighton  
 East Sussex  
 BN2 1SS

Re: **Patrick Francis Southern**  
**Date of Birth:** 15 Dec 1977  
 11 Kebbell Lodge  
 High Street  
 BRIGHTON  
 BN2 1SU

**NHS No:** 651 087 8186  
**Hospital No:** C2410186  
**Admitted:** 07 Dec 2020 **Source of Referral:** A&E Department  
**Discharged:** 23 Dec 2020  
**Consultant:** Kush K Narang  
**Ward:** Coombes **Discharge Destination:** Usual residence  
 (Not Care Home with Nursing)  
**Results Awaited:** No **Further letter to Follow:** No

Incision and drainage of left hand abcess overlying index MCPJ

Co-existing Medical Conditions

**TTO DRUGS:**

acamprosate calcium 333 mg EC Tablets	Oral	666 mg at 08:00 and 12:00 and 22:00	GP to continue: Y	Verified by Pharmacy
codeine phosphate 30 mg Tablets	Oral	60 mg every FOUR hours	GP to continue: N	Verified by Pharmacy
doxycycline 100 mg Capsules	Oral	200 mg at BREAKFAST time; 08:00 for 14 day(s)	GP to continue: N	Verified by Pharmacy
2020-12-22 12:43:00 Last dose AM 23.12.2020				
lactulose - 3.35 g in 5 mL - Oral Liquid	Oral	15 mL at 08:00 and 22:00 PRN	GP to continue: N	Verified by Pharmacy
multivitamin Tablets	Oral	1 Tablet at BREAKFAST time; 08:00	GP to continue: N	Verified by Pharmacy
nicotine 7 mg in 24 hours Patches - nicotinell TTS 10	Topical	1 Patch at BREAKFAST time; 08:00	GP to continue: Y	Verified by Pharmacy
paracetamol 500 mg Tablets	Oral	1000 mg every SIX hours PRN Relief of pain/pyrexia max four times daily for 60 dose(s)	GP to continue: N	Verified by Pharmacy
sodium valproate 200 mg EC Tablets	Oral	200 mg at 08:00 and 22:00	GP to continue: Y	Verified by Pharmacy
thiamine 100 mg Tablets	Oral	300 mg at BREAKFAST time; 08:00	GP to continue: Y	Verified by Pharmacy

**Patient Drug Notes**

Patrick Francis Southern NHS No: 651 087 8186  
 Hospital No: C2410186 Date of Birth: 15 Dec 1977 Page 2 of 3 Date Printed: 23/12/2020 14:20

<b>Patient Allergies</b> Allergy: PENICILLINS, Reaction: Reaction Unknown;	<b>Patient Sensitivities</b>
<b>Drugs Started</b>	
<b>Drugs Stopped, Altered &amp; Brief Explanation</b>	
<b>Any Allergies or Adverse Reactions</b>	
<b>History - Reason for Admission</b>	
Admitted with swollen red area on left hand over index MCPJ. Seen to have a wound overlying but patient unsure how he got the injury. Raised inflammatory markers. Clinically well otherwise and no other systemic symptoms. Hand XR was clear with no features of osteomyelitis or fractures.	
Had I+D procedure in theatres. Well post-operatively. Sent home with 2 weeks of oral antibiotics and will need wound check at GP in 2 weeks and for stitches to come out then also.	
Patient explained that he is known to the social services and he is currently in emergency accommodation; he has liaised with them to restart his accommodation.	
<b>Special Requirements</b>	
<b>Have you Issued a MED 3 &amp; Period Signed Off?</b>	
<b>Blood Test Results</b>	

**Planned Management** Discharged to care of GP

**Request for GP** Sent home with 2 weeks of oral antibiotics and will need wound check at GP in 2 weeks and for stitches to come out then also

**Information to Patient**

**Preventing blood clots after discharge**

The risk of developing blood clots can persist for some weeks after discharge. Immobility & dehydration can be a contributory factor.

Drink plenty of fluids if your medical condition allows you to & keep as mobile as possible.

Please follow the advice you were given if discharged with any anti-embolism stockings or anticoagulant drugs/Injections.

There are certain signs to look out for that could mean that you have a blood clot. You should contact your doctor immediately if you develop any of the following symptoms while you are in hospital or after you go home.

- Leg pain
- Leg swelling
- Warm or discoloured skin on the legs
- Enlarged or more noticeable veins near the surface of the skin on your legs
- New onset shortness of breath
- Unexplained chest pain
- Coughing up blood

Further information: Please phone your GP, NHS 111 service or in the event of Emergency Telephone 999

Dr Joseph Ayathamattam, Junior Doctor

23 Dec 2020

If you have any questions or concerns regarding this Discharge summary please contact Dr Joseph Ayathamattam.

Patrick Francis Southern NHS No: 651 087 8186

Hospital No: C2410186 Date of Birth: 15 Dec 1977 Page 3 of 3 Date Printed: 23/12/2020 14:20

**Attachment**

15-Dec-2020 Mr PCTItd DOCMAN (docman)

Additional: Attachment

Clinical Letter Worthing Hospital Accident & Emergency

File name: D10\_G81006\_504333\_05fa9e47-1277-4cf3-a334-8c50de927961.TIF.XX2

Extension: .tif

Pages:

**SURGERY, Ardingly Court (ARDINGLY COURT SURGERY)**

---

**From:** MHLT.WORTHING (SUSSEX PARTNERSHIP NHS FOUNDATION TRUST)  
**Sent:** 17 December 2020 10:06  
**To:** SURGERY, Ardingly Court (ARDINGLY COURT SURGERY)  
**Subject:** PS 1131413  
**Attachments:** SOUTHERN Patrick 15.12.2020.pdf

Hello all

Please find attached MHL assessment for this pt. Pt was assessed at Worthing Hospital A&E on 15.12.2020

Regards  
Lorraine

Mental Health Liaison Team  
A&E Department  
Worthing Hospital  
Lyndhurst Road  
Worthing  
BN11 2DH  
Tel: 01903 285252

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## ADULTS - MHLS Assessment

Send-e Recipient [GP]:	G81006001 - Ardingly Court Branch Surgery, Wellsbourne Health Centre, 179 Whitehawk Road, Brighton, East Sussex, BN2 5FL, Tel:		
Send-e Recipient [Other]:			
<b>Service User Details</b>			
Full Name:	Mr Patrick Southern	Date of Birth:	15/12/1977
NHS Number:*	6510878186	Other Identifier: [CIS ID]	1131413
<b>Medically fit</b>			
Medically fit to be assessed?	Yes		
<b>Presenting Complaint / History of Presenting Complaint</b>			
Presenting Complaint:	ATSP because Patrick had expressed in a text to social worker that he was feeling life not worth living. He is due to go to interim placemen and discharge team wanted to make sure this was a safe discharge.		
History of Presenting Complaint:	Patrick was admitted with an infected finger -and is now ready for discharge.		
<b>Past Psychiatric / Medical / Family / Social / Finance / Forensic History</b>			
Psychiatric:	Presents with ambivalence about life - because life has been and is so difficult - however no expression of intent to harm himself or to try and end his life.		
Working Diagnosis:	1. Alcohol dependence - has had a detox - currently abstinent. 2. Given h/o childhood trauma - complex trauma within formulation		
Medical:	NK		
Family:	Living on his own though has ex-partner and they have 2 15 month old children - he has supervised contact with them.		
Social:	Lives on his own - does not want to return to his council flat in B'ton.		
Finance:	NK		
Forensic history:	Extensive forensic history - custodial sentences - offences include stabbing in his 20s.		
<b>Substance Misuse History</b>			
Alcohol / Drugs:	Yes		
Has had a detox - h/o alcohol dependency			
Does the patient smoke cigarettes?	Don't Know		
<b>Assessment of Mental State</b>			
Appearance & behaviour:	Pleasant gentleman - seen in day room - he needed a zimmer - bumping into things a bit - though largely on track. Good eye contact, honest. Warm rapport.		
Speech:	Strong scots accent, articulate, normal rate and flow		
Mood:	Mood was sl low - but his affect was reactive - he laughed appropriately.		
Suicidal Ideation:	No suicidal ideation expressed when interviewed.		
Sleep and Appetite:	NK		
Thoughts:	Rational and sensible		
Perceptions:	Normal		
Cognitive function:	Alert and orientated, reasonable memory demonstrated though his said his memory was poor.		
Capacity:	Capacitous to consent to discharge plan.		
Insight:	Good insight - accepts he is alcohol dependent but is motivated to become abstinent through 12 steps.		

Assessment of Risk	
<i>If A&amp;E / Street Triage: Car registration and brief physical description if indicated.</i>	
<b>5 P's - Presenting, Precipitating, Predisposing, Perpetuating, Protective:</b>	P1 - ATSP - suicidal ideation - this was not found to be present - he was forward thinking, wanting to be part of children's life P2 - sent a text saying expressing possible suicidal ideation to social worker - hence referral P3 - complex trauma, alcohol and h/o substance misuse P4 - complex trauma, alcohol and h/o substance misuse P5 - wats to live, wants to do 12 step, wats to be around for children - does not think there are obstacles to hi having supervised contact and he wants this.
Are there any carer / family needs?	No
Is there any carer / family involvement?	No
Any other person involved that can be contacted to plan your care / help manage your risk?	No
Is a referral to Children & Families Services or Safeguarding Adults needed?	Yes
<b>If Yes, Reason / Details:</b>	
He has 2 children - aged 15 months who live with their mother Gaby - there is already a children's social worker aware of situation - Roz Mclean tel 01273296751	
Impression and Action Taken	
<i>(consider using the 5 P's to formulate risk)</i>	
Has the patient been involved in the discussion about their problems and the different treatment options available?	Yes
Impression / Formulation:	ATSP - ?suicidal ideation Found not to have suicidal ideation, was forward thinking
Management Plan / Interim Care Plan:	I have informed the d/c team that I do not find him at risk of suicide when assessed today
Outcome:	d/c team can access interim placement with discharge to assess.
Moved to 'Rapid Response Lounge' (East Sussex Urgent Care Service Only):	No
Has this assessment resulted in a facilitated discharge from Acute hospital?	Yes
Name & Designation of professionals completing the assessment	
Name:	Jackie Gordon
Signature:	Date: 15/12/2020 Time: 12:43
Name:	
Signature:	Date: Time:
Risk Assessment	
All-Risk Assessment Universal completed?	No
Assessments sent to	
Sent to GP:	Yes Date: 15/12/2020 Time: 12:46
Sent to Lead Practitioner:	No Date:
Copy given to patient:	No Date: Time:

ADULTS - MHLS Assessment



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17/12/2020 10:02:43

Page 3 of 3

**Attachment**

**14-Dec-2020 Mr PCTLtd DOCMAN (docman)**

**Additional:Attachment**

*Neurology RSCH Clinic Royal Sussex County Hospital Neurology Currently an inpatient at Worthing Hospital*

**Filename:** D10\_G81006\_504333\_13e0e528-8828-4c5b-a3ef-8df560491170.TIF.XX2

**Extension:** .tif

**Pages:**

**Department of Neurology RSCH**

Royal Sussex County Hospital  
Eastern Road  
Brighton  
East Sussex  
BN2 5BE

Dictated: 14/12/2020  
Typed: 14/12/2020  
Transcribed by: FR

**PRIVATE AND CONFIDENTIAL**

Dr Samantha Barker  
Ardingly Court Surgery  
1 Ardingly Street  
Brighton  
East Sussex  
BN2 1SS

Tel: 01273 696955  
Fax Number: 01273 523265

Trust Patient ID: 3137898  
NHS No: 651 087 8186

*Dr Edina Bravo, Consultant Neurologist  
Secretary: Francine Rodriguez  
Tel. 01273-696955 Ext: 67985*

Dear Dr Barker,

**Re: Mr Patrick Francis Southern DOB: 15-12-1977  
11 Kebbell Lodge High Street Brighton BN2 1SU**

This is just to let you know that the above patient failed to attend a scheduled follow-up appointment with us today. I understand he is currently an inpatient in Worthing hospital. Therefore we will be rebooking him shortly.

Yours sincerely

*Electronically checked and signed by*

**Dr Edina Bravo FRCP  
Consultant Neurologist**

cc:  
Mr Patrick Francis Southern  
11 Kebbell Lodge  
High Street  
Brighton BN2 1SU

*For all appointment queries please ring the Bookings Hub on 0300 303 8360*

2  
Patient ID:3137898  
Patient NHS No: 651 087 8186

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**Attachment**

07-Dec-2020 Mr PCTItd DOCMAN (docman)

Additional:Attachment

Clinical Letter Worthing Hospital Accident and Emergency

File name: D10\_G81006\_504333\_71a2f86f-9d3b-4669-8dc5-2006de1c64c1.TIF.XX2

Extension:.tif

Pages:



## Western Sussex Hospitals

NHS Foundation Trust

Worthing Hospital

Lyndhurst Road

Worthing

West Sussex

BN11 2DH

## A &amp; E Discharge Summary

Our ref: 2,090,689/07/12/2020 1 2/C2410186  
08/12/2020

www.westernsussexhospitals.nhs.uk

To: **Dr E Howard** **GP Tel No: 01273 688333**  
Ardingly Court Surgery,  
1 Ardingly Street,  
Brighton,  
East Sussex  
BN2 1SS

Re: **Mr Patrick Francis Southern**  
11 Kebbell Lodge  
High Street  
BRIGHTON  
BN2 1SU

**NHS No: 651 087 8186**  
**Hospital No: C2410186**  
**Date of Birth: 15/12/1977**  
**Attendance Date: 07/12/2020 at 11:10 am**  
**Source of Referral: Self-referral to accident and  
emergency department**

Dear Dr Howard

The above patient presented to the A &amp; E Department on 07/12/2020. The details of which follow:

**Chief Complaint:**

Puncture wound - injury

**Investigations:****Diagnosis:**

No abnormality detected [Suspected diagnosis]

**Treatment:****Outcome:**

Treatment completed

**Destination:**

Emergency department discharge to emergency department short stay ward

**Additional Comments**

On behalf of

Dr Samy Sadek, Consultant

If you require further information, please contact the Accident and Emergency Department.

**Attachment**

30-Nov-2020 Mr PCTItd DOCMAN (docman)

Additional:Attachment

SCARF Sussex Police Eastbourne, Wealden and Lewes

## SCARF

## Incident details

Incident number	SXP-20201130-1245	
Log number		
Incident date	30-11-2020	
Officer	Surname	BROAD
	Forename	DANIEL
	Collar number	EA349
	Rank	PC
	District	
Task number		
Owning Force	Sussex	
Supervisor	Username	thorp_th
	Force	Sussex
	Forename	THOMAS
	Rank	PS
	Division	ESD
	PoliceGroup	Sergeant
	Surname	THORPE
	CollarNumber	CT069
Force Area	Eastborne, Wealden and Lewes	
SCARF Type	Vulnerable Adult	

## Occurrence Details

Niche occurrence ID	47200205803
Occurrence type	CRIME OTHER
Officer account	CAD 1245 of Monday 30th November relates;  On Monday 30th November 2020 officers were called to a male who had called 999 stating that he was going to commit a murder and needed police to attend. Officers arrived at Lascelles Terrace to find Patrick SOUTHERN sat on the steps outside of 15-17 Fairways, with a noticeable wound to his right eyebrow, with blood down the side of his face.  He was shouting that he wanted to go to hospital and that he wanted to kill someone if he wasn't arrested there and then. Officers took SOUTHERN to hospital to be seen by the nurse. He then refused to be seen and stated he was going to 'kick off' if he

wasn't arrested, storming out of the hospital and threatening the hospital security guard.

SOUTHERN began threatening to burn the hotel down that he was staying in, plus cause damage to the police car he was sat in, so was further arrested for threats to cause criminal damage.

SOUTHERN explained he had been 55 days clean from alcohol until yesterday. His mental health deteriorates after alcohol. He claimed he had consumed 4 bottles of 35cl Vodka today and had an alcohol related seizure which has caused the cut to his eyebrow. He claimed he needed locking up and he was going to do whatever he could to make this happen.

Throughout the interaction with officers, SOUTHERN was saying words to the effect of "IF YOU'RE NOT GOING TO ARREST ME THEN I'M GOING TO DO SOMETHING STUPID". He again said words to the effect of "I WILL BURN DOWN THE HOTEL I'M STAYING IN, HOMELESS PEOPLE ARE THE SCUM OF THE EARTH AND I INCLUDE MYSELF IN THAT".

SOUTHERN also began saying words to the effect of "THIS IS TAKING TOO LONG, I'M GOING TO DO SOMETHING STUPID, and I'M GOING TO BURN MY HOTEL DOWN". He then turned around and began walking in the direction of the hospital security guard and said "LOOK AT THAT CUNT, WALKING AROUND WITH HIS HANDS IN HIS VEST, HE LOOKS FUCKING PRETENTIOUS".

SOUTHERN further said "THIS IS GOING TO TAKE TOO FUCKING LONG, I'M GOING TO START SMASHING UP THIS POLICE CAR, I DON'T WANT TO BE SEEN BY THE NURSE I JUST WANT TO GO TO CUSTODY, AND I WILL SMASH THE WINDOWS IN THIS CAR IF I HAVE TO".

Looking at Police systems, I cannot see any previous referrals for SOUTHERN. However I do believe he needs support with his alcohol addiction and mental health.

SOUTHERN was taken to Eastbourne Hospital for his injuries.

**Persons**  
**PRIMARY SCARF PERSON**  
**PATRICK SOUTHERN - Person reporting**

**Person Details**

Niche person search time	02:59 1/12/2020
Create new or link existing Niche person	Link existing
Title	Mr
Forename	PATRICK
Surname	SOUTHERN
Middle name 1	FRANCIS
Has additional names?	No
Date of birth known?	Yes
Date of birth	15/12/1977
Age	42
Gender	Male
Place of birth	GLASGOW
Country of birth	UK
Translator needed?	No
Address known?	Yes
Create new or link existing Niche address	Link existing

**Home Address**

Common name	MOTEL SCHMOTEL
House number	37
Street name	RUSSELL SQUARE
Town	BRIGHTON
County	EAST SUSSEX
Postcode	BN1 2EF
Country	UK

**Description**

Add person description?	No
-------------------------	----

**Photographs**

Photographs	None
-------------	------

**SCARF Details**

printed 1/12/2020 at 3:02

Page 3 of 8

<b>Does this person have a safe contact method?</b>	No
<b>Safe contact method</b>	No safe contact method provided
<b>Vulnerabilities</b>	Mental Illness, Alcohol/Substance Misuse
<b>Does this person have knowledge of the referrals?</b>	Yes
<b>Report made by?</b>	Third Party
<b>Do they have children?</b>	No
<b>Are there any passport or legal status issues?</b>	No
<b>Is there a communication barrier?</b>	No

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**Locations**  
**Occurrence address**

Niche location search time	03:01 1/12/2020
Create new or link existing Niche location	Link existing

**Location Details**

House name	ROAD ONLY, EE1001		
Street name	LASCELLES TERRACE		
Town	EASTBOURNE		
County	EAST SUSSEX		
Country	UK		
Grid reference	<b>Easting</b>	561335	
	<b>Northing</b>	98443	

**Photographs**

Photographs	None
-------------	------

Vulnerable Adult	
Type of Referral	Adult Safeguarding
Type of Risk	Psychological/Emotional Abuse, Self Neglect
Accomodation Type	Hostel / bed and breakfast
Do you want to record an additional usual home address?	No
Is the abuser vulnerable themselves?	No
Any additional comment	<p>SOUTHERN lives in a hostel for the homeless. He has been sober if alcohol for 55 days however he started drinking again 29/11.</p> <p>SOUTHERN has had previous engagement with AA for his alcohol.</p> <p>Looking at previous involvement, SOUTHERN has not had any referrals to adult services.</p>
BRAG Status	Blue

Risk Management	
Action Taken	SOUTHERN has been arrested therefore immediate safeguarding has been considered.  Vaar submitted for adult social services.

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## Supervisor Comments

--

## Specialist Unit Comments

<u>VAAR TRIAGE TEMPLATE</u>	
<b>3: ADULT Social Care (SCARF SENT FOR REVIEW):</b>	
Date triaged 01/12/20	Name of Mash staff sharing = Martyn MILLIGAN
FREE TEXT DIRECTIONS (if any):	ASC not available to triage sent to Social Care direct to undertake triage, review and refer to relevant agencies to ensure safeguarding.
<input type="checkbox"/>	SAFEGUARDING ASSESSMENT REQUESTED (RED)
<input type="checkbox"/>	MENTAL HEALTH ASSESSMENT REQUESTED (AMBER)
<input type="checkbox"/>	HEALTH / SUPPORT ASSESSMENT REQUESTED (AMBER)
<input checked="" type="checkbox"/>	FOR INFO ONLY (GREEN)
SCARF FOR TRIAGE WITH ASC (For B&H to complete)	
Date triaged :	Name of ASC triage staff:
POLICE HELD - SCARF NOT SHARED with agencies – no apparent Safeguarding concerns	

printed 1/12/2020 at 3:02

Page 8 of 8

## Attachment

30-Nov-2020 Mr PCTItd DOCMAN (docman)

Additional: Attachment

Clinic Letter Eastbourne General Hospital A &amp; E

File name: D10\_G81006\_504333\_40a2d8db-4a38-4b52-809b-2ab5461a18b1.TIF.XX2

Extension: .tif

Pages:

High Priority

East Sussex Healthcare  
NHS TrustDr At Ardingly Court Surgery  
Ardingly Court Surgery  
1 Ardingly Street  
Brighton  
East Sussex  
BN2 1SSEastbourne District General Hospital  
Kings Drive  
Eastbourne  
East Sussex  
BN21 2UDTel: 01323 417400  
Website: www.esht.nhs.ukRef No: 20E56501  
PATIENT HOSPITAL NUMBER :XH72200  
PATIENT NHS NUMBER: 651 087 8186

Dear Dr At Ardingly Court Surgery

Your patient: Mr Patrick Southern 15-Dec-1977  
Fairlands Hotel 15-17 Lascelles Terrace Eastbourne East Sussex BN21 4BJ

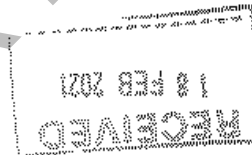
Outcome: DISCHARGED - GP REVIEW

Your patient was seen in the Emergency Department at 22.37 on 30-Nov-2020, with presenting complaint of ALCOHOL RELATED SEIZURE / HEAD INJ.

## Diagnosis:

ECS Diagnosis Entry Sequence	ECS Diagnosis	ECDS Diagnosis Qualifier
01	Wound : lac / incised / bite : face	Confirmed diagnosis
02	Neuro : Epilepsy : generalised	Suspected diagnosis

## Investigations:

No Bedside Tests  
Full Blood Count  
Liver Function Tests (LFTs)  
C Reactive Protein (CRP)  
Urea and Electrolytes (Biochemistry)  
No Microbiology tests  
No Microbiology tests  
Computerised Tomography

## Treatments:

ECS Procedure	ECS Procedure Date Time
Observation / cardiac monitor, pulse oximetry / head injury / trends	01-Dec-2020 05:16
Guidance / advice - written	01-Dec-2020 05:16
Administration of medication	01-Dec-2020 05:16
Prescription / medicines prepared to take away	01-Dec-2020 05:16
Anaesthesia : local anaesthetic	01-Dec-2020 05:16
Sutures : primary	01-Dec-2020 05:16
Dressing : wound / burn / eye	01-Dec-2020 05:16

**Instructions to GP:** Please note 3x sutures used for wound closure - please perform wound review and remove sutures in 5-7 days. I have also advised Patrick to collect with prescription epilepsy medication tomorrow and to see his GP for ongoing epilepsy management. Many thanks for your ongoing care

**Safeguarding Concerns:** No safeguarding issues identified      **Referred to:**





East Sussex Healthcare  
NHS Trust

Dr At Ardingly Court Surgery  
Ardingly Court Surgery  
1 Ardingly Street  
Brighton  
East Sussex  
BN2 1SS

Eastbourne District General Hospital  
Kings Drive  
Eastbourne  
East Sussex  
BN21 2UD

Tel: 01323 417400  
Website: [www.esht.nhs.uk](http://www.esht.nhs.uk)

Ref No: **20E56501**  
PATIENT HOSPITAL NUMBER :XH72200  
PATIENT NHS NUMBER: 651 987 8196

Dear Dr At Ardingly Court Surgery

**Significant Findings:** presented after unwitnessed seizure and head injury, sustaining 2-3cm deep laceration to right eyebrow  
Under arrest, seen with police. History of ETOH excess, recent relapse and 2 bottles of vodka consumed in last 24 hours  
non compliant with epilepsy medication  
no infective precipitating symptoms  
head injury cleaned and closed with 3x 3.0 nylon stitches  
CT head: nil acute, no fractures. Bloods: NAD  
advice given: keep wound clean and dry, stitches out in 5-7 days. To collect prescription and see GP for follow up with epilepsy management.

Medications administered: YES

Yours sincerely  
**LEWIS, Anna**  
Emergency Department



**Administrative procedure****08-Nov-2020 Ms Joy Benzie (JB)****Additional:**Administrative procedure*Book tele app with doctor letter sent to temp address***Filename:** Administrative procedure SOUTHERN, Patrick (Mr) 0942 08-Nov-2020.rtf**Extension:**.tif**Pages:****Ardingly Court Surgery**

Dr S Barker - Dr E Turlini – Dr E Howard – Dr S Mitchell

1 Ardingly Street  
Brighton  
BN2 1SSTelephone 01273 688333  
Fax 01273 671128  
[www.ardinglycourt.surgery.co.uk](http://www.ardinglycourt.surgery.co.uk)

08-Nov-2020

PRIVATE &amp; CONFIDENTIAL

Mr P Southern  
Hotel Schmotel  
37 Russell Square  
Brighton  
East Sussex  
BN1 2EF

Dear Mr Southern

Please call the surgery on the number above to book a telephone appointment with your doctor.

Yours sincerely

Ardingly Court Surgery

**Appointment**

13-Oct-2020 Mrs Paula Fuller (PF)

**Additional:**Appointment

*Book tele app with doctor requested by SM*

**Filename:** Appointment SOUTHERN, Patrick (Mr) 1254 13-Oct-2020.rtf

**Extension:**.tif

**Pages:**

**Ardingly Court Surgery**

Dr S Barker - Dr E Turlini – Dr E Howard – Dr S Mitchell

1 Ardingly Street  
Brighton  
BN2 1SS

Telephone 01273 688333  
Fax 01273 671128  
[www.ardinglycourt.surgery.co.uk](http://www.ardinglycourt.surgery.co.uk)

13-Oct-2020

PRIVATE & CONFIDENTIAL

Mr P Southern  
11 Kebbell Lodge  
High Street  
Brighton  
East Sussex  
BN2 1SU

Dear Mr Southern

Please call the surgery on the number above to book a telephone appointment with your doctor.

Yours sincerely

Ardingly Court Surgery

**Attachment**

12-Oct-2020 Mr PCTIldt DOCMAN (docman)

**Additional:**Attachment

*Patient Summary HMP Lewes*

**Filename:** D10\_G81006\_504333\_42fac163-4e81-4cae-9abb-b424eebd0cd7.TIF.XX2

**Extension:**.tif

**Pages:**



Ardingly Court Surgery  
1 Ardingly Street  
Brighton  
BN2 1SS

HMP Lewes  
1 Brighton Road  
Lewes  
E Sussex  
BN7 1EA

12 Oct 2020

Dear Doctor

Re: Mr Patrick Southern 15 Dec 1977 651 087 8186

Your patient has recently been under our care; please see the attached summary which may be useful to you.

If you require any further information please do not hesitate to call us on 01273 785131.

**Healthcare**  
**HMP Lewes**

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[www.careuk.com](http://www.careuk.com)

**Mr Patrick Francis Southern****Client ID: A6398AA****Patient Summary: HMP LEWES DISCHARGE SUMMARY**

<b>Mr Patrick Francis Southern</b>		<b>NHS Number: 651 087 8186</b>	
Date of Birth	15 Dec 1977 00:00 (42 y)	Gender	Male
Language	Main spoken language English (XaG5t)	English Speaker	Unknown

<b>Contact Details</b>			
Current Home Address	HMP Lewes, 1 Brighton Road Lewes E Sussex BN7 1EA	02 Oct 2020 -	
Home Tel. (preferred)	01273785311		
No Fixed Abode		30 Sep 2020 - 02 Oct 2020	
Current Temporary Address	10 St James Avenue Brighton East Sussex	22 Oct 2015 -	
	Amendment via PDS		

<b>Registration Details</b>	
PDS Registered Practice	Ardingly Court Surgery (NHS Brighton and Hove CCG) (01273 688333)
Usual Branch	HMP Lewes (01273785138)

<b>Pending Appointments</b>			
Thu 15 Oct 2020 09:40	Booked	Miss Deborah Keegan	NURSE LED
Details	New Reception		
Location	HMP Lewes		
Last Amended	06 Oct 2020 08:01		
Amended By	Mr Steven Corden		
Fri 16 Oct 2020 09:40	Booked	1 Dentist	Dental
Details	severe pain		
Location	HMP Lewes		

<b>Common Measurements</b>			
Quick Glance Template Overview			
BP	114/74 mmHg - (15.2/9.87 kPa)	07 Oct 2020	
Pulse rate	78 bpm	01 Oct 2020	(3)
BMI	25.61 Kg/m <sup>2</sup>	30 Sep 2020	(1)
Weight	74 Kg (11 st 9 lb)	30 Sep 2020	(1)
Height	1.7 m (5' 7")	30 Sep 2020	(1)
Smoking Status	Smoker (137R.)	30 Sep 2020	(1)

<b>Outstanding Recalls</b>	
No information recorded	

<b>Last 3 Consultations</b>	
07 Oct 2020 17:33	Surgery: Ms Farai Badze (Health Professional Access Role)
History: IMHT Triage - Referral fro PSO McDonald stating that Patrick disclosed that he struggles with his mental health and is "going through a period of great mental instability" but did not provide any specific details. At his reception screening he reports that he is a recent father of twins he did not want and that he could not look after them. He is an alcoholic and has recently been treated with Chloridiazepoxide for alcohol withdrawal. He will be released on 9 Oct 2020. He has not reported thoughts of DSH or suicidal ideation. Plan: Send Depression self help tool and letter advising he assess GP support upon release. End Referral	
07 Oct 2020 21:01	Surgery: Johnson Oreyeni (Nurse Access Role)
07 Oct 2020 21:26	Surgery: Johnson Oreyeni (Nurse Access Role)
History: Hotel 6: Officer rang to say Patrick had attempted to ligature and he will need nurse assessment. On arrival Patrick reported that the bed linen snapped. He said he did not sustain any injury, and no discomfort.	
Mon 12 Oct 2020 07:50	Mr Patrick Francis Southern (A6398AA)
Confidential: Personal Data	651 087 8186, 15 Dec 1977

Printed by Mr Steven Corden (Clerical Access Role) HMP Lewes

2 of 2

He said he is being released on Friday 09/10/2010. He arrived last week 30th September 2020 for couple of days, he was charged with "Threats to kill".

He said he became anxious because of parental responsibility. (Father of twins). He does not want to be taking his role seriously.

He consented to monitoring his vital sign . 114 / 74mmHg, Pulse 78, Satz 98%. Resp:17.

Patrick is on ACCT to managed risk to self.

Risk of suicide is still present but he gave guarantee of good behaviour.

Risk to self is still present, level is medium to low after SO Danmans had a chat with him to encourage him of his role and responsibility.

Form 312 completed.

Plan: Patrick is on ACCT.

ACCT review in 24 hours.

Low suicide risk (XaleX)

Low suicide risk (XaleX) - Attempted Ligature but snapped

Note Marked in Error: Incorrect entry

07 Oct 2020 21:01, History: he reported to have twins, he become anxious and getting himself worked up parental responsibility.

Hence, the threats to kill Patrick consented to monitoring his vital obs.

Patrick is on ACCT,

BP=114/74

Pulse=78 Satz 98% , Resp18.

SO Danmans had a chat with Patrick and normalise his psycho-social issue.

Form 312 completed.

### Contents of the 'Medication Current' view

No information recorded

### Current Prescriptions

A = Acute P = Private I = Instalment Dispensed D = Dental H = Hospital O = Other

09 Oct 2020	Levetiracetam 500mg tablets	Take ONE tablet TWICE daily	56 tablets	
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### Prescription Summary

30 Sep 2020	Chlordiazepoxide 10mg capsules	3 capsule	36 capsules	A
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When to give: if alcohol withdrawal signs seen

30 Sep 2020	Thiamine 100mg tablets	Variable Dose	Total: 5,800 mg Quantity: 16 tablets	A
-------------	------------------------	---------------	--	---

Administrative notes: This includes the stat dose ( day 1) + 7 days 800 mg

### Known Allergies

No information recorded

Mon 12 Oct 2020 07:50  
Confidential: Personal Data

Mr Patrick Francis Southern (A6398AA)  
651 087 8186, 15 Dec 1977

### Attachment

09-Oct-2020 Mr PCTLtd DOCMAN (docman)

Additional: Attachment

Clinic Letter Sussex Partnership NHS Foundation Trust Sussex Liaison and Diversion Service

Filename: D10\_G81006\_504333\_0889dfa1-38ff-405a-ad81-048735478ffa.TIF.XX2

Extension: .tif

Pages:

A member of:  
Association of UK University Hospitals

*High Priority*



**Sussex Partnership**  
NHS Foundation Trust

**Our Ref: SLDS/PS**

**9th October 2020**

**CONFIDENTIAL – ADDRESSEE ONLY**

F.A.O. Surgery Doctors  
Ardingly Court Branch Surgery  
Wellsbourne Health Centre  
179 Whitehawk Road  
Brighton, East Sussex  
BN2 5FL

Sussex Liaison and Diversion Service  
The Firs  
The Drive  
Hellingly  
Hailsham  
East Sussex  
BN27 4EP  
Tel: 0300 304 0714

Web: <http://www.sussexpartnership.nhs.uk>

Dear Doctor,

**Re: Patrick Southern, 11 Kebbell Lodge, High Street, Brighton, East Sussex, BN2 1SU**  
**DOB: 15/12/1977, NHS Number: 651 087 8186, Hospital Number: 1131413**

The above named person was assessed by the Sussex Liaison and Diversion Service following contact with the police/courts on 09/10/2020.

I have enclosed a copy of the above person's assessment for your records and a copy of the plan made to address their identified health and social care needs. The above person is aware that this information has been shared with you. Our service will contact your surgery in the near future to confirm that the above person has engaged with the attached plan, and to inform outcomes collection for NHS England.

If you require any further information please do not hesitate to contact me directly.

Yours faithfully,

Andy Morrison  
Liaison and Diversion Practitioner



Chair: Peter Molyneux

Chief Executive: Samantha Allen

Head office: Sussex Partnership NHS Foundation Trust, Swandean, Arundel Road, Worthing, West Sussex, BN13 3EP

[www.sussexpartnership.nhs.uk](http://www.sussexpartnership.nhs.uk)

A teaching trust of Brighton and Sussex Medical School

Page 1 of 1

## Sussex Liaison &amp; Diversion Service

## Screening &amp; Assessment Document

<b>Name:</b> Mr Patrick Southern	<b>DOB:</b> 15/12/1977
<b>Date :</b> 09/10/2020	<b>Gender:</b> Male
<b>Ethnicity:</b> White British	<b>Contact Declined:</b> No
<b>Referred by:</b> Self/Family	<b>CR/VA Number:</b> CR4720019399
	<b>CIS:</b> 1131413
<b>Consent given to share information :</b> Yes	<b>Location:</b> Brighton Police Custody
<b>Armed Services Veteran:</b> No prior service	
<b>Allegation/offence:</b> Patrick was arrested for alleged threats to kill, criminal damage and send letter/communication/article conveying indecent/offensive message. Police report that "Detained Person was initially arrested on the 21/09/2020 for threats to kill and released. Since his release new evidence of threats to kill and criminal damage has come to light. Detained Person is arrested".	
He has been interviewed and admitted the offence however has not been charged at the time of writing.	

**Social Vulnerabilities:****Accommodation Need:**

Reports to have temporary accommodation at Motel Schmotel, 37 Russell Square, BN1 2EF. He reports he is able to stay here for the next eight days. He reports he is then hoping to go onto to rehab. I noted that Patrick had a small tent in his property when I dropped off his support information.

**Financial Need:**

Not in receipt of benefits at present due to having been recently released from prison, reports to have the paperwork to apply for benefits in his bag and intends on applying when he is out of custody.

**Employment/ Educational Need:**

Reports to be a qualified personal trainer and is going to pursue this again.

**Is a Carer / has Carer:**

n/a

**Abuse Victim:**

Previous disclosure of childhood physical and sexual abuse

**Safeguarding Concerns:**

Social services involved regarding his initial arrest for threats to kill his partner and two 13 month old children. No new safeguarding concerns at present.

**Others involved -Social Services / YOS :**

Reports to be engaging with CGL Brighton and is hoping for a placement at rehab.

**Health Vulnerabilities:****Mental Health:**

Patrick is known but not open to Sussex mental health services. He was assessed in A+E on the 27/09/2020 following admission for seizure and disclosing low mood, thoughts to harm others and reporting he was psychotic. He had asked for hospital admission or arrest. He left declining any intervention other than admission and made threats to kill homeless people. He then self-presented again on the 28/09/2020 but left before being assessed. Notes recorded in A+E queried alcohol related dementia or epilepsy.

**Self-Harm:**

Denied current thoughts, plans or intent to self-harm.

**Suicide:**

Disclosed to the police he attempted to hang himself two days ago whilst in prison. When asked about this he reported the ligature snapped and he now feels remorseful for trying, when asked why he had hung himself he reports due to feeling ashamed about his actions towards his ex-partner and 2 children.

He reported to the custody staff earlier today that he wished to speak with SLDS due to feeling suicidal.

When seen by myself he stated he no longer feels suicidal due to having had some food and a Nicorette, when asked why he had felt suicidal he reports because the interview had reminded him of the actions of which he feels shameful for.

He reports he had taken an overdose when he was younger, he maintained that he no longer has any thoughts, plans or intent to end his own life and demonstrated clear and concise evidence of positive future planning and hopes for the future.

**Risk to Others:**

Denied having current thoughts, plans or intent to harm others, acknowledged having had such thoughts recently and admitted to the alleged offence. However reports no longer feels this way. Disclosed having thoughts to kill others when assessed in A+E including accommodation residents, homeless people, but not good people or nurses.

**Mental Health Medication:**

none

**Social or Communication Difficulty Identified:**

none

**Learning Disability:**

none

**Substance Misuse:****Substance Abuse:**

Reported during A+E assessment to have stopped using alcohol one week prior to A+E assessment but using cannabis daily. Had also disclosed "using anything and everything" historically. Today reports to be abstinent from both cannabis and alcohol due to wanting to be part of his daughters life, reports to be engaging with CGL with a view to attend rehab. Reports has been before but only lasting 30 hours due to engaging in too many groups on the first day.

**Alcohol Abuse:**

Reports to have been alcohol dependent but has not consumed alcohol for over one week now. Intends on engaging with CGL with a view to go to rehab.

**Physical Health Issues:****Physical Health Issues:**

none

**Physical Health Medication**

Disclosed during A+E assessment to have been diagnosed with alcohol related epilepsy and was prescribed Epilim 2 years ago. Reports has stopped taking Epilim reporting he felt it made his mental health deteriorate and as he is no longer drinking does not feel he needs to take it.

**Outcome/ Referrals****Name of Screener**

Practitioner Andy Morrison

**Is referral to practitioner required?** By default, as practitioner screening

**(please note all practitioners must complete part B)**

Part B (if required Practitioner only)

### Practitioner Assessment

#### **Presentation during assessment:**

I introduced myself to Patrick and explained the role of SLDS. He has asked to see me whilst in police custody due to having suicidal thoughts and agreed to come out and discuss his health and wellbeing. Whilst waiting for a free consultation room he was complimentary about my beard and asked how long I'd taken to grow it, he also joked about the fact no one appeared to know the consultation room door code however was appropriate in doing so.

Patrick reported he no longer felt suicidal due to having had some food and a Nicorette whilst in custody. He reports he had felt suicidal due to being reminded of his actions during the police interview.

He reports he had been struggling with his mental health but puts this down to the side effects of Epilim, cannabis and alcoholism. He reports he has stopped his Epilim and has been abstinent from alcohol for over a week.

He reports he has just come out of prison (unclear if yesterday or today) and he plans to engage with CGL with a view to go to rehab. He reports he has been given temporary accommodation in Brighton for one week and is not sure where to go from there but would like to go to rehab. He reports he has the paperwork he needs to apply for benefits.

He reports he used to be a personal trainer and intends on pursuing this again. He reports prior to going to prison he was given the furlough business payment and was living off of this for a while.

I commented on his radical change in presentation and he reports he wants to change his ways for his children, as he grew up without having a relationship with his own parents he now wants to be there for his own children. He reports having no intentions of reconciling with his ex-partner.

I asked if there was any support he felt he needed upon release from custody and he said no. I asked what he would do if he felt suicidal in future and he stated he would call Samaritans. I advised I could also give him information on additional services should his mental health deteriorate again and he was accepting of this information.

#### **Appearance and Behaviour**

Dressed in own clean clothing, appeared well kempt although unshaven. Behaviour was polite and appropriate throughout our entire engagement, at times charming, complimentary and able to use humour. I saw no overt gestures, ritualistic or self-soothing behaviours.

#### **Speech**

Spoke with a thick Scottish accent and spoke rapidly but was able to clarify himself when not understood. His speech was otherwise of normal rhythm and tone.

#### **Sleep**

Reports sleep has been ok recently.

#### **Appetite.**

Reports having an increased appetite, has eaten whilst in custody

**Mood**

Acknowledged his mood has been up and down but attributes this towards substance misuse and Epilim. Objectively presented as euthymic in mood and reactive in affect. He maintained fairly intense eye contact and had an open and relaxed body language.

**Insight**

Appeared insightful of his stressors and substance misuse however was either unaware of minimising about his recent presentations. Reports feeling shameful for his actions for which he was arrested for and wants to make amends.

**Thought**

No evidence of thought disorder, paranoia or delusional thinking. No evidence of negative thinking patterns, anger, hostility, suicidality or homicidal thoughts. Evidence of positive future planning and hopes for the future.

**Perception**

No evidence of perceptual abnormalities and none reported.

**Cognition**

Appears intact although not formally tested. Orientated to time, place and person and aware of his current circumstances in custody.

**Other.**

Throughout the assessment and after I was left with a gut feeling I could not identify. I believe the cause for this was the rapid change of suicidality over the course of the past few weeks which was allegedly resolved by having food a Nicorette tablet, and finding a new motivating factor in life to be there for his children. I do wonder if initially Patrick was going to seek hospital admission but for a reason unknown to me changed his mind. Given he has no formal or established diagnosis or risk history and was not presenting with any indication of acute mental health problems I was required to accept Patrick's explanations at face-value.

**The 5 P's**

<b>Presenting</b>	<i>"Statement of emotions ,thoughts and behaviours"</i>
	<ul style="list-style-type: none"> <li>• Suicidal ideation resolved by food and Nicorette</li> <li>• Recent attempt to hang self in prison</li> <li>• Recently abstinent from cannabis and alcohol</li> <li>• Has temporary accommodation</li> <li>• Plans to engage with CGL and go to rehab</li> <li>• Plans to apply for benefits- has the paperwork</li> <li>• Wants to change his life for his children</li> <li>• Does not wish to reconcile with ex-partner</li> <li>• Wants to find employment</li> <li>• ?Epilim a contributing factor to mental deterioration</li> <li>• Contrasting presentations within a short time frame</li> </ul>
<b>Predisposing</b>	<i>"Factors that make the person vulnerable"</i>
	<ul style="list-style-type: none"> <li>• Ex-prisoner</li> <li>• Long history of substance misuse</li> <li>• History childhood abuse</li> <li>• Reported history of high-level violence</li> </ul>
<b>Precipitating</b>	<i>" Factors that have triggered the risk"</i>
	<ul style="list-style-type: none"> <li>• Contrasting presentations within a short time frame</li> <li>• ?goal-seeking behaviour</li> <li>• ?underlying and not immediately identifiable mental illness</li> <li>• Guilt and shame related to the alleged offence</li> </ul>
<b>Perpetuating</b>	<i>"Factors that maintain the risk"</i>
	<ul style="list-style-type: none"> <li>• Contrasting presentations within a short time frame</li> <li>• Relapse into substance misuse</li> <li>• Long reported history of violence, substance misuse and prison sentences</li> </ul>
<b>Protective</b>	<i>"Factors that lower the risk"</i>
	<ul style="list-style-type: none"> <li>• Recently abstinent from cannabis and alcohol</li> <li>• Has temporary accommodation</li> <li>• Plans to engage with CGL and go to rehab</li> <li>• Plans to apply for benefits- has the paperwork</li> <li>• Wants to change his life for his children</li> <li>• Does not wish to reconcile with ex-partner</li> <li>• Wants to find employment</li> <li>• No current thoughts, plans or intent to self-harm, end own life, or harm others</li> </ul>

**Assessment Formulation**

42 year old white Scottish male. Presenting initially with suicidal ideation but denying current thoughts, plans or intent when seen for assessment. Contrasting presentations within a short time frame, my gut feeling is that Patrick's request to see me was somehow goal-orientated, similar to his presentation at A+E on the 27/09/2020 where he was requesting hospital admission however Patrick is not previously known to Sussex mental health services before 27/09/2020. I know of no formal diagnosis or established risk history therefore I must take what Patrick is currently saying at face value.

Given how quickly Patrick appears to have changed his mind about wanting to end his own life, I have

discussed with the principle sergeant that it may be worth considering a Pre-Release Risk Assessment to contain the possible risk of Patrick changing his mind again regarding suicidality.

For consideration: Due to the ongoing COVID-19 pandemic, it is likely that access to support services; ability to for clients and professionals to effectively engage, the levels of risk, and thresholds for precipitating risk will change or fluctuate beyond the reasonable, predictable or practicable level of action which might previously have been expected.

#### **Management Plan**

- GP to be informed of contact with SLDS
- Information on MHRRS, Sussex mental Healthline, Community Roots, MENDOS Counselling, useful information on homelessness, Services operating during COVID-19 for homeless, Families Need Fathers, and SLDS resources for men, money, employment, housing and finances left in property.

**Assessment Completed by Practitioner Andy Morrison**  
Friday, 09 October 2020

**Attachment****08-Oct-2020 Mr PCTItd DOCMAN (docman)****Additional:** Attachment*Clinical Letter HMP Prison Lewes***Filename:** D10\_G81006\_504333\_f0c5dccc-b060-4a62-9909-1623d68646a9.TIF.XX2**Extension:** .tif**Pages:**

Ardingly Court Surgery

1 Ardingly Street

Brighton

BN2 155

8/10/2020

Re: Patrick Francis Southern DOB 15 December 1977

Dear GP,

Patrick was supported today by the Integrated Mental Health Team as he tied a ligature on 9/10/2020 stating that his needs were not being met on the Wing he is located on. The issues have since been resolved and he reports he has no ongoing thoughts to suicide or deliberate self-harm. However he may benefit from additional emotional support upon his release on 9/10/2020.

Patrick explained that he suffers from seizures and has stopped taking his medication as he feels they will not return as they are alcohol induced and he does not plan on consuming alcohol. This may need monitoring or additional support. I have advised him that he present to you at his earliest convenience.

If you require any additional information please contact the team on 01273785140

Integrated Mental Health Team

HMP Lewes

Tel: 01273-785140

RECEIVED

10/10/2020

**Appointment**

**30-Sept-2020 Mrs Paula Fuller (PF)**

**Additional:**Appointment

*Book tele app with doctor re neurology letter 22/9/20*

**Filename:** Appointment SOUTHERN, Patrick (Mr) 0937 30-Sep-2020.rtf

**Extension:**.tif

**Pages:**

**Ardingly Court Surgery**

Dr S Barker - Dr E Turlini – Dr E Howard – Dr S Mitchell

1 Ardingly Street  
Brighton  
BN2 1SS

Telephone 01273 688333  
Fax 01273 671128  
[www.ardinglycourt.surgery.co.uk](http://www.ardinglycourt.surgery.co.uk)

30-Sep-2020

PRIVATE & CONFIDENTIAL

Mr P Southern  
11 Kebbell Lodge  
High Street  
Brighton  
East Sussex  
BN2 1SU

Dear Mr Southern

Please call the surgery on the number above to book a telephone appointment with your doctor.

Yours sincerely

Ardingly Court Surgery

THIRD PARTY COPY

## Attachment

28-Sept-2020 Mr PCTItd DOCMAN (docman)

Additional: Attachment

Clinic Letter Eastbourne General Hospital Accident &amp; Emergency

Filename: D10\_G81006\_504333\_35a4297c-5bb4-459b-8b7c-47fc73a64a8a.TIF.XX2

Extension: .tif

Pages:



East Sussex Healthcare  
NHS Trust

Dr At Ardingly Court Surgery  
Ardingly Court Surgery  
1 Ardingly Street  
Brighton  
East Sussex  
BN2 1SS

Eastbourne District General Hospital  
Kings Drive  
Eastbourne  
East Sussex  
BN21 2UD

Tel: 01323 417400  
Website: www.esht.nhs.uk

Ref No: 20E44966

PATIENT HOSPITAL NUMBER :XH72200

PATIENT NHS NUMBER:

Dear Dr At Ardingly Court Surgery

Your patient: **Mr Patrick Southern 15-Dec-1977**  
11 Kebell Lodge High Street Brighton BN2 1SU

**Outcome:** LEFT BEFORE TREATMENT

Your patient was seen in the Emergency Department at 16.48 on 28-Sep-2020 , with presenting complaint of MH Issues. Referred by Residential Home..

**Diagnosis:**

ECS Diagnosis Entry Sequence	ECS Diagnosis	ECDS Diagnosis Qualifier
01	Mental health : Personality disorder	Suspected diagnosis

**Investigations:**

No Bedside Tests  
None  
No Biochemistry Tests  
No Microbiology tests  
No Microbiology tests  
No Radiology Tests (only choose if no films required)

**Treatments:**

ECS Procedure	ECS Procedure Date Time
Observation / cardiac monitor, pulse oximetry / head injury / trends	28-Sep-2020 17:00

**Instructions to GP:** reported as missing

**Safeguarding Concerns:** Adult safeguarding concern  
Mental Health / CAMHS

**Referred to:** Referred to Adult**Significant Findings:**

Medications administered: NO

Yours sincerely

**MENTAL HEALTH**  
**Emergency Department**



## Attachment

27-Sept-2020 Mr PCTItd DOCMAN (docman)

Additional:Attachment

Clinic Letter Eastbourne General Hospital A &amp; E

Filename: D10\_G81006\_504333\_75b53875-88a6-4641-aa11-c1f67401963c.TIF.XX2

Extension:.tif

Pages:



**East Sussex Healthcare**  
NHS Trust

Dr At Ardingly Court Surgery  
Ardingly Court Surgery  
1 Ardingly Street  
Brighton  
East Sussex  
BN2 1SS

Eastbourne District General Hospital  
Kings Drive  
Eastbourne  
East Sussex  
BN21 2UD

Tel: 01323 417400  
Website: www.esht.nhs.uk

Ref No: **20E44713**

PATIENT HOSPITAL NUMBER :XH72200

PATIENT NHS NUMBER:

Dear Dr At Ardingly Court Surgery

Your patient: **Mr Patrick Southern 15-Dec-1977**  
11 Kebbell Lodge High Street Brighton BN2 1SU

**Outcome:** DISCHARGED - NO REVIEW

Your patient was seen in the Emergency Department at 09.45 on 27-Sep-2020 , with presenting complaint of SEIZURES / GROIN PAIN / MH ISSUE.

**Diagnosis:**

ECS Diagnosis Entry Sequence	ECS Diagnosis	ECDS Diagnosis Qualifier
01	Mental health : Depressive disorder	Suspected diagnosis

**Investigations:**

No Bedside Tests  
Clotting Studies  
Full Blood Count  
Liver Function Tests (LFTs)  
Creatine Kinase  
C Reactive Protein (CRP)  
Urea and Electrolytes (Biochemistry)  
No Microbiology tests  
No Microbiology tests  
No Radiology Tests (only choose if no films required)

**Treatments:**

ECS Procedure	ECS Procedure Date Time
Observation / cardiac monitor, pulse oximetry / head injury / trends	27-Sep-2020 13:31
Administration of medication	27-Sep-2020 13:31
Guidance / advice - written	27-Sep-2020 15:33

**Instructions to GP:**

**Safeguarding Concerns:** Adult safeguarding concern  
Mental Health / CAMHS

**Referred to:** Referred to Adult**Significant Findings:**

Medications administered:

Yours sincerely

**MENTAL HEALTH**

## Attachment

22-Sept-2020 Mr PCTItd DOCMAN (docman)

Additional:Attachment

Neurology RSCH Clinic Royal Sussex County Hospital Neurology

Filename: D10\_G81006\_504333\_23eb7f64-1888-41eb-b247-3642d7b3fafa.TIF.XX2

Extension:.tif

Pages:

**Department of Neurology RSCH**

Royal Sussex County Hospital  
Eastern Road  
Brighton  
East Sussex  
BN2 5BE

Dictated: 22/9/2020  
Typed: 24/9/2020  
Transcribed by: FR

**PRIVATE AND CONFIDENTIAL**

Dr Samantha Barker  
Ardingly Court Surgery  
1 Ardingly Street  
Brighton  
East Sussex  
BN2 1SS

Tel: 01273 696955  
Fax Number: 01273 523265

Trust Patient ID: 3137898  
NHS No: 651 087 8186

Dear Dr Barker,

**Re: Mr Patrick Francis Southern DOB: 15-12-1977  
11 Kebbell Lodge High Street Brighton BN2 1SU**

**Epilepsy Clinic held 21st September 2020**

I reviewed today this gentleman who is known to suffer from seizures since 2015.

Today also in on the telephone conference was his partner Gabriella. He is a patient who is suffering from generalised tonic-clonic seizures and he is known to drink alcohol on a daily basis. He tells me that he has been actually abstaining for almost 5 weeks and that he relapsed yesterday. He started to drink alcohol at the age of 12. He reports to me that he is getting these seizures with alcohol and also without.

He used to work as a road worker and is now unemployed due to seizures. His partner Gabriella tells me that he is getting his seizures on a daily basis. She reports he would have minor seizures as well as fully blown ones. She describes that *'he would have smacking lips together, would not have any memory of what was happening for about half an hour, he would be walking around in circles, he would be trying to say something, he would be always turning to the right side, becoming stiff and with the major seizures he would bite his tongue and he would be throwing his arms etc.'*

Yesterday the paramedics were called after having a generalised tonic-clonic seizure. He did have MRI head in the past which showed probable left mesial temporal sclerosis which would be consistent with a diagnosis of temporal lobe epilepsy.

He is a father of 10 month old twins and he is desperate to address both his alcoholism as well as his seizures. We discussed today in detail further possibilities and it looks like

*For all appointment queries please ring the Bookings Hub on 0300 303 8360*

Keppra is not so much a help and he also continues to drink. Therefore I have advised him that certainly there is a possibility of another anti-epileptic drug for him, however, **he needs to abstain form alcohol.**

Very possibly the best treatment for him actually would be a small dose of: **Valproate 200mg bd. However, to emphasize again he needs to abstain from alcohol if he is to commence on Valproate.** He is aware that he must not take Valproate if he is drinking alcohol. He agrees with this.

I would strongly advise you to firstly refer him to inpatient treatment for alcoholism. I will see him in 3 months time.

Yours sincerely

*Electronically checked and signed by*

**Dr Edina Bravo FRCP  
Consultant Neurologist**

cc:  
Mr Patrick Francis Southern  
11 Kebbell Lodge  
High Street  
Brighton BN2 1SU

THIRD PARTY COPY

**Attachment****21-Sept-2020 Mr PCTItd DOCMAN (docman)****Additional:**Attachment*Clinic Letter Royal Sussex County Hospital Accident & Emergency***Filename:** D10\_G81006\_504333\_2aeed51b-9766-4952-a63a-db8add67fd31.TIF.XX2**Extension:**.tif**Pages:**

Dr SJ BARKER  
 ARDINGLY COURT SURGERY  
 1 ARDINGLY STREET  
 BRIGHTON  
 EAST SUSSEX  
 BN2 1SS

Dear Dr BARKER

**Re: Patrick Southern**  
**11 KEBBELL LODGE**  
**HIGH STREET**  
**BRIGHTON**  
**BN2 1SU**

Date of Birth : **15 Dec 1977**  
 NHS Number : 651 087 8186  
 Hospital No : 3137898  
 A&E Number : RSCH-20-056879-1  
 Date : 21 Sep 2020

This patient attended the Emergency Department at this hospital at **21:38** on **21 Sep 2020**  
 The recorded COMPLAINT was : **Head inj - DSH**  
 The SOURCE OF THE REFERRAL was : **Self**

**OTHER TESTS:**  
 (none)

**DIAGNOSIS:**  
 1. Minor traumatic brain injury (GCS more than 12) : no LOC

**ALLERGIES:** Penicillins

**Discharge Outcome:** Police / Security **GP Comments**  
 Discharged into custody  
 If you have any queries, please contact us.

Yours sincerely,  
 Dr. Alison Ogilvie, A&E Consultant

Consultants: F.Barratt, D.Bootland, E.Coughlan, M.Duff, M.Finn  
 R.Galloway, M.McKenzie, M.Nelson, S.ORiordan  
 A.Ogilvie, S.Parker, N.Parmar, P.A.Ransom

RECEIVED  
 23 SEP 2020

**Referral for further care****16-Sept-2020 Mrs Alison Culmer (ACU)****Additional:**Referral for further care*referral ltr to neuro via ERS***Filename:** Referral for further care SOUTHERN, Patrick (Mr) 0925 16-Sep-2020.tif**Extension:**.tif**Pages:**

**Ardingly Court Surgery**

Dr S Barker - Dr E Turlini – Dr E Howard – Dr S Mitchell

1 Ardingly Street

Brighton

BN2 1SS

Telephone 01273 688333

Fax 01273 671128

[www.ardinglycourt.surgery.co.uk](http://www.ardinglycourt.surgery.co.uk)

Dictated: 15 Sept 2020

Typed: 16-Sep-2020

Ref: SQ/ac

PRIVATE &amp; CONFIDENTIAL

Neurology

Dear Colleagues

**SOUTHERN, Patrick (Mr)****Date of Birth: 15-Dec-1977, NHS Number: 651 087 8186****11 Kebbell Lodge, High Street, Brighton, East Sussex, BN2 1SU****Home Telephone: Mobile Telephone: 07950267766**

Thank you very much for seeing this 42 year old gentleman who has a previous diagnosis of epilepsy as well as alcohol excess. He was seen by your team back in April 2019, however was discharged as Mr Southern at that time wasn't keen on any investigations and wasn't keen on medication at that time.

Since then he has been in hospital multiple times with alcohol excess, as well as seizures. His last notable admission being in July 2020 in Worthing Hospital, where he had a significant head injury following a seizure and the CT scan showed diffuse involutions changes noted, minimal scalp haematoma noted in the right frontal and parietal region. He was treated by them on Chlordiazepoxide regime, Diazepam, Pabrinex and vitamins and needed IV Keppra at that time to stop his seizures. He has been on Keppra ever since, with him having recently increased his dose to 1g bd at the

moment. He still however continues to have seizures and is very worried and concerned about this as his memory has deteriorated with this.

He currently is unable to work and I would be very grateful if you could kindly review him and his medication regime to be able to improve his quality of life.

He has been sober since his hospital detox for alcohol. He is currently living with his partner and has 1 year old twins and there is significant concern in the family regarding his wellbeing.

Many thanks.

Yours sincerely

Dictated but not signed to avoid delay

Dr Shirjilla Qazi – Locum GP

#### Allergies

Date	Description	Associated Text
20-Apr-2006	Adverse reaction to penicillins	

#### Problems

##### Active

Date	Problem	Associated Text	Date Ended
04-Aug-2019	Complex partial epileptic seizure		
12-Feb-2019	Epilepsy		
15-Mar-2010	[D]Restlessness and agitation		

##### Significant Past

Date	Problem	Associated Text	Date Ended
13-Jul-2020	Alcohol withdrawal-induced convulsion		10-Aug-2020
22-Jun-2020	Seizure		14-Sep-2020
18-Jun-2019	[D]Seizure NOS		27-Jun-2019
25-Oct-2018	[D]Seizure NOS		18-Jan-2019

18-Oct-2018	Primary repair of tendon	- ruptured distal bicep - left	23-Jul-2019
09-Oct-2018	Rupture biceps tendon	left distal	12-Jul-2019
02-Jun-2009	Alcohol problem drinking		

**Medication****Acute**

Drug	Dosage	Quantity	Last Issued On
------	--------	----------	----------------

**Repeat**

Drug	Dosage	Quantity	Last Issued On
Levetiracetam 500mg tablets	Take 1 tablet (500mg) twice a day.	120 tablet	11-Sep-2020
Acamprosate 333mg gastro-resistant tablets	Two To Be Taken Three Times A Day	336 tablet	04-Aug-2020
Valupak Multivitamin One A Day tablets (BR Pharmaceuticals Ltd)	One To Be Taken Daily	56 tablet	28-Jul-2020
Thiamine 100mg tablets	Three to be taken with breakfast	84 tablet	28-Jul-2020
Sertraline 100mg tablets	One To Be Taken Each Day	56 tablet	03-Sep-2019

THIRD PARTY COPY

**e-RS Letter (16-Sep-2020)**

**16-Sept-2020 Mrs Alison Culmer (ACU)**

**Additional:**e-RS Letter (16-Sep-2020)

*NHS e-Referral UBRN 000352425282 for Neurology referral*

**Filename:** 2009160933\_NHS e-RS Letter.rtf

**Extension:**.tif

**Pages:**

## Clinical Information Summary

Patient: **Southern, Mr Patrick**  
 UBRN: **000352425282**  
 NHS: **651 087 8186**

Date of Birth: **15-Dec-1977**  
 Age: **42y**  
 Gender: **M**

### UBRN Information

Date:	<b>16-Sep-2020</b>	UBRN Created	
Priority:	<b>Urgent</b>	Referral letter created	
Referred by:	<b>BARKER, Samantha (Dr)</b>	Letter last modified	<b>16-Sep-2020</b>
Referring org:		Named clinician	
Address:	<b>1 Ardingly Street Brighton East Sussex BN2 1SS</b>	Allocated clinician	
Clinical Context:	<b>NHS e-Referral Service</b>		
Location:			
Problem:			
Requested procedure	-		

### Patient Information

Patient Address	<b>11 Kebbell Lodge High Street Brighton East Sussex BN2 1SU</b>	Registered practice: Address	<b>Ardingly Court Surgery 1 Ardingly Street Brighton East Sussex BN2 1SS</b>
Contact Information	Contact details available when reviewing online		

### Risk to others

**Risk to others**  
 No risk to others recorded / selected.

### Problem being referred

### Requested action

Requested action                      **Management Advice**  
 Request action Comments

### **Medication**

#### **Medication**

##### **Repeat**

<b>Drug</b>	<b>Dosage</b>	<b>Quantity</b>	<b>Last Issued On</b>
Levetiracetam 500mg tablets	Take 1 tablet (500mg) twice a day.	120 tablet	11-Sep-2020
Acamprosate 333mg gastro-resistant tablets	Two To Be Taken Three Times A Day	336 tablet	04-Aug-2020
Valupak Multivitamin One A Day tablets (BR Pharmaceuticals Ltd)	One To Be Taken Daily	56 tablet	28-Jul-2020
Thiamine 100mg tablets	Three to be taken with breakfast	84 tablet	28-Jul-2020
Sertraline 100mg tablets	One To Be Taken Each Day	56 tablet	03-Sep-2019

##### **Past**

<b>Drug</b>	<b>Dosage</b>	<b>Quantity</b>	<b>Last Issued On</b>
Nicotine 10mg/16hours transdermal patches	Apply One Patch Each Day As Directed	28 patch	28-Jul-2020
Lactulose 3.1-3.7g/5ml oral solution	15ml to be taken at 8am and at 22pm	500 ml	28-Jul-2020

### **Clinical record details**

#### **Consultations**

#### **Problems**

##### **Active**

<b>Date</b>	<b>Problem</b>	<b>Associated Text</b>	<b>Date Ended</b>
04-Aug-2019	Complex partial epileptic seizure		
12-Feb-2019	Epilepsy		

15-Mar-2010 [D]Restlessness and agitation

### Allergies and intolerances

#### Allergies

Date	Description	Associated Text
20-Apr-2006	Adverse reaction to penicillins	

### Findings

#### All Patient Observations

#### Investigations And Values

Date	Description	Value	Units	Range
22-Oct-2015	O/E - blood pressure reading	129/81	mmHg	

### Family History

#### Family History

### Social Context

#### Alcohol Consumption

Date	Description	Value	Units	Range
22-Oct-2015	Alcohol consumption	2	U/week	

#### Smoking

Date	Description
22-Oct-2015	Cigarette smoker

**Non-Therapeutic Drug Use**

**Employment**

Date	Description
09-Nov-2018	Discharged from services

Referral for further care SOUTHERN, Patrick (Mr) 0925 16-Sep-2020.rtf

THIRD PARTY COPY

eMED3 (2010) new statement issued, not fit for work

15-Sept-2020 Dr Shirjilla Qazi (SQ251)

Additional:eMED3 (2010) new statement issued, not fit for work

Fit Note Document (Diagnosis: Epilepsy; Duration 15-Sep-2020 - 15-Oct-2020)

Filename: FitNote\_20ca65eb-648e-448d-89d8-3557f6d61c3f.pdf

Extension:.tif

Pages:

**Statement of Fitness for Work**  
**For social security or Statutory Sick Pay**

Patient's name: Mr, Mrs, Miss, Ms- Patrick Francis Southern

I assessed your case on: 15 / 09 / 2020

and, because of the following condition(s): Epilepsy

I advise you that:  you are not fit for work.  
 you may be fit for work taking account of the following advice:-

If available, and with your employer's agreement, you may benefit from:  
 a phased return to work-  amended duties-  
 altered hours-  workplace adaptations-

Comments, including functional effects of your condition(s):

This will be the case for 1 Month(s)  
 or from / / to / /

I will/will not need to assess your fitness for work again at the end of this period.  
 (Please delete as applicable)

Doctor's signature: [Signature]

Date of statement: 15 / 09 / 2020

Doctor's address: Ardingly Court Surgery  
 1 Ardingly Street  
 Brighton, BN2 1SS  
 Telephone: 01273 688333

Unique ID: Med 3 01/17 20CA65EB-648E-448D-89D8-3557F6D61C3F

Data from page 1 of this form may be collected to learn about national patterns of sickness absence. Individuals will not be identified. Find out more at [www.gov.uk/dwp/fit-note-data](http://www.gov.uk/dwp/fit-note-data)

**Help getting back to work if you are employed**  
 If you've been off work or are likely to be off work sick for 4 weeks or more, you may be able to have a free occupational health assessment. You will be able to discuss what advice and support you need to help you go back to work sooner. You can ask your GP or employer to refer you. For further information:  
 • in England and Wales visit [www.fitforwork.org](http://www.fitforwork.org) or phone **0800 032 6235**  
 • in Scotland please visit [www.fitforworkscotland.scot](http://www.fitforworkscotland.scot) or phone **0800 019 2211**.

**What your doctor's advice means**  
**'You are not fit for work':** Your health condition means that you may not be able to work for the period shown. You can go back to work as soon as you feel able to and, with your employer's agreement, this may be before your fit note runs out.  
**'You may be fit for work':** You could go back to work with the support of your employer. Sometimes your employer cannot give you the support you need and if this happens your employer will treat this form as though you are 'not fit for work'. You don't need to get another of these forms from your doctor.  
 For more information please visit [www.gov.uk](http://www.gov.uk) and type 'patients and employees' into the search field.

Fill in the **Your details** section. You can ask someone to do this for you if you cannot fill in your details yourself.

**Your details – Please use BLOCK CAPITALS**

Surname: Mr, Mrs, Miss, Ms- SOUTHERN

Other names: PATRICK FRANCIS

Address: 11 KEBBELL LODGE, HIGH STREET  
 BRIGHTON Postcode: BN2 1SU

Date of birth: 15 / 12 / 1977 Mobile: [ ] [ ] [ ] [ ] [ ] [ ]

NI number: [ ] [ ] [ ] [ ] [ ] [ ] [ ] [ ] [ ] [ ]

**What you need to do now**  
 • **If you are employed:** Please show this form to your employer. You could get Statutory Sick Pay (SSP) which is paid by your employer. If your employer cannot pay you SSP they will give you form **SSP1** to claim benefits.  
 • **If you are self-employed:** You could claim benefits.  
 • **If you are already claiming benefits:** Please send this form to the office dealing with your claim.  
 • **If you need to make a claim to benefits:** Visit [www.gov.uk/browse/benefits](http://www.gov.uk/browse/benefits) or phone **0800 055 6688** (8am to 6pm Monday to Friday). Textphone users call **0800 023 4888**.

Attachment

31-July-2020 Mr PCTIldt DOCMAN (docman)

Additional:Attachment

Clinical Letter Change Grow Live Brighton Substance Misuse Service

Filename: D10\_G81006\_504333\_251c216c-c60a-497a-bfe6-889e0a764c6e.TIF.XX2

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Pages:

GP/Alc B.


**Recovery  
Service**

Brighton and Hove

**Change Grow Live Brighton**

Richmond House, Richmond Road, Brighton, BN2 3RL

T: 01273 731900

E: [Brighton.info@cgl.org.uk](mailto:Brighton.info@cgl.org.uk)W: [www.changegrowlive.org.uk](http://www.changegrowlive.org.uk)

DR Zoe Ballantyne,  
Ardingly Court Surgery  
1 Ardingly Street  
BN2 1SS

31 July 2020

Dear Dr Ballantyne,

**Re: Patrick Southern (15/12/1977), 11 Kebbell Lodge, High Street, Brighton, East Sussex, BN2 1SU**

I completed a brief assessment with Patrick over the phone this afternoon to discuss relapse prevention medication.

Patrick has been in treatment with our service since the 10<sup>th</sup> July 2020. Patrick at this time had been drinking 40 units of vodka daily and at this level for the past 8 months, however reported an alcohol history of approx. 2 years. Patrick denied any other drug use. On the 15<sup>th</sup> July Patrick was admitted to Worthing hospital after experiencing a tonic clonic seizure. Patrick was admitted and completed an alcohol detox during his stay and was subsequently discharged on 27<sup>th</sup> July. Patrick has remained alcohol free since this time.

Patrick has been experiencing seizures for the past 2 years. Patrick has been informed that they are alcohol related. Patrick has not experienced a seizure when alcohol free. Patrick was commenced on Levetiracetam 1000mg daily 18 months ago and is compliant with this medication. Patrick is not prescribed any other medications and is allergic to penicillin, unsure of the reaction as diagnosed as a child.

Patrick described his current mental health as "ok" with some periods of low mood. Patrick denied any previous involvement with a CMHT and denied any current suicidal ideation or plans.

**Believe in people**

Change Grow Live Registered Office: 3rd Floor, Tower Point, 44 North Road, Brighton BN1 1YR. Registered Charity Number 1079327 (England and Wales) and SC039861 (Scotland) Company Registration Number 3861209 (England and Wales)



Recovery  
Service

Brighton and Hove

Since leaving hospital Patrick has been staying with a friend in West Sussex for support and hopes to relocate.

We spoke at length about ways we can support Patrick to maintain his abstinence from alcohol. Patrick has been engaging in our relapse prevention online groups and find these beneficial.

I spoke with Patrick regarding Acamprosate and how this can help reduce the cravings for alcohol. Patrick would like to try the Acamprosate to give himself the best chance at remaining alcohol free.

I have prescribed Patrick a 14-day supply of Acamprosate 666mg TDS. I would be grateful if you could take over this prescription after this.

Yours sincerely

*KTanner*

Kristy Tanner

RMN, Clinical Team Leader, Non medical prescriber (NMP)

Pavilions Drug and Alcohol Service

C/C Will Docherty

**Believe in people**

Change Grow Live Registered Office: 3rd Floor, Tower Point, 44 North Road, Brighton BN1 1YR. Registered Charity Number 1079327 (England and Wales) and SC039861 (Scotland). Company Registration Number 3861209 (England and Wales)

**Referral for further care**

**23-July-2020 Mrs Alison Culmer (ACU)**

**Additional:**Referral for further care

*ltr to Will Docherty at cgl via Email*

**Filename:** Referral for further care SOUTHERN, Patrick (Mr) 1612 23-Jul-2020.rtf

**Extension:**.tif

**Pages:**

**Ardingly Court Surgery**

Dr S Barker - Dr E Turlini -- Dr E Howard -- Dr S Mitchell

1 Ardingly Street

Brighton

BN2 1SS

Telephone 01273 688333

Fax 01273 671128

[www.ardinglycourt.surgery.co.uk](http://www.ardinglycourt.surgery.co.uk)

Dictated: 21 Jul 2020

Typed: 23-Jul-2020

Ref: SM/ac

PRIVATE &amp; CONFIDENTIAL

Mr W Docherty

Recovery Co-ordinator

Dear Will

**SOUTHERN, Patrick (Mr)****Date of Birth: 15-Dec-1977, NHS Number: 651 087 8186****11 Kebbell Lodge, High Street, Brighton, East Sussex, BN2 1SU****Home Telephone: Mobile Telephone: 07950267766**

Thank you for your email with regard to Patrick Southern. My understanding is that you are unable to start the Acamprosate as he is in Worthing Hospital and not in the Brighton area, is this correct? If this is the case, I would suggest you contact Worthing hospital and ask them to prescribe the Acamprosate prior to his discharge.

As you are aware, Acamprosate cannot be initiated by GPs as it is a blue drug and needs to be started by a specialist service. I wonder if you can discuss this with your counterpart at Worthing hospital.

Obviously once the decision has been made to start Patrick on Acamprosate, then we will be more than happy to continue this.

Please do not hesitate to contact me should you require any further information.

Yours sincerely

Dictated but not signed to avoid delay

**Dr Sean Mitchell**

THIRD PARTY COPY

**Attachment**

13-July-2020 Mr PCTI Ltd DOCMAN (docman)

Additional: Attachment

Accident and Emergency Worthing Hospital Accident and Emergency

File name: D10\_G81006\_504333\_244bb344-4aa6-442b-874d-2e1e625b1262.TIF.XX2

Extension: .tif

Pages:



## Western Sussex Hospitals

NHS Foundation Trust

Worthing Hospital

Lyndhurst Road

Worthing

West Sussex

BN11 2DH

## A &amp; E Discharge Summary

Our ref: 2,031,989/13/07/2020 0 1/C2410186  
13/07/2020

www.westernsussexhospitals.nhs.uk

To: **Dr E Howard** **GP Tel No: 01273 688333**  
Ardingly Court Surgery,  
1 Ardingly Street,  
Brighton,  
East Sussex  
BN2 1SS

Re: **Mr Patrick Francis Southern**  
11 Kebbell Lodge  
High Street  
BRIGHTON  
BN2 1SU

**NHS No: 651 087 8186**  
**Hospital No: C2410186**  
**Date of Birth: 15/12/1977**  
**Attendance Date: 13/07/2020 at 5:51 pm**  
**Source of Referral: Self-referral to accident and  
emergency department**

Dear Dr Howard

The above patient presented to the A &amp; E Department on 13/07/2020. The details of which follow:

**Chief Complaint:**

Seizure

**Investigations:**

Biochemistry Haematology Electrocardiogram Venous blood gas X-ray plain film

**Diagnosis:**

Epilepsy : generalised [Confirmed diagnosis]

**Treatment:**

Administration of medication

**Outcome:**

Treatment completed

**Destination:**

Discharge to ward

**Additional Comments**

On behalf of

Dr Gaurav Gupta, Trust Doctor

If you require further information, please contact the Accident and Emergency Department.

**Attachment**

13-July-2020 Mr PCTI Ltd DOCMAN (docman)

Additional: Attachment

Discharge Summary Worthing Hospital Epilepsy



## Western Sussex Hospitals

NHS Foundation Trust  
 Worthing Hospital  
 Lyndhurst Road  
 Worthing  
 West Sussex  
 BN11 2DH

## Discharge Summary

www.westernsussexhospitals.nhs.uk

To: Dr. EM Howard (Electronically) Telephone No: 01273 688333  
 Ardingly Court Surgery  
 1 Ardingly Street  
 Brighton  
 East Sussex  
 BN2 1SS

Re: Patrick Francis Southern  
 11 Keppell Lodge  
 High Street  
 BRIGHTON  
 BN2 1SU

NHS No: 651 087 8186  
 Hospital No: C2410186  
 Date of Birth: 15 Dec 1977  
 Admitted: 13 Jul 2020 Source of Referral: A&E Department  
 Discharged: 27 Jul 2020  
 Consultant: Numbere Numbere  
 Ward: Eastbrook Discharge Destination: Usual residence  
 (Not Care Home with Nursing)  
 Results Awaited: No Further letter to Follow: No

<b>Diagnosis</b>
ETOH withdrawal with consequent seizure
<b>Clinic Frailty Score =</b>
<b>Co-existing Medical Conditions</b> ETOH excess Epilepsy on keppra
<b>Procedure</b>

**TTO DRUGS:**

lactulose - 3.35 g in 5 mL - Oral Liquid	Oral	15 mL at 08:00 and 22:00	GP to continue: Y	Verified by Pharmacy
levetiracetam 500 mg Tablets	Oral	500 mg at 08:00 and 22:00	GP to continue: Y	Verified by Pharmacy
multivitamin Tablets	Oral	1 Tablet at BREAKFAST time; 08:00	GP to continue: Y	Verified by Pharmacy
nicotine 7 mg in 24 hours Patches - nicotinell TTS 10	Topical	1 Patch at BREAKFAST time; 08:00	GP to continue: Y	Verified by Pharmacy
sertraline 100 mg Tablets	Oral	100 mg at BREAKFAST time; 08:00	GP to continue: Y	Verified by Pharmacy
thiamine 100 mg Tablets	Oral	300 mg at BREAKFAST time; 08:00	GP to continue: N	Verified by Pharmacy
2020-07-24 13:17:27 10 days supply on discharge				

**Patient Drug Notes****Patient Allergies**

Allergy: PENICILLINS, Reaction: Reaction Unknown;

**Patient Sensitivities****Drugs Started**

- Lactulose started for constipation
- Multivitamin tablets started
- Nicotine patches started to aid smoking cessation

**Drugs Stopped, Altered & Brief Explanation**

- Thiamine dose increased

**Any Allergies or Adverse Reactions**

- Penicillin

Patrick Francis Southern NHS No: 651 087 8186

Hospital No: C2410186 Date of Birth: 15 Dec 1977 Page 2 of 3 Date Printed: 27/07/2020 15:50

**History - Reason for Admission**

Admitted with seizure on background of ETOH and epilepsy. Had reduced alcohol intake from 40 units/day to 6units/day over preceding few days following family break down. Had self terminating tonic-clonic seizures whilst on the phone. Sustained head injury. BIBA and had further seizures in ED - treated with IV kepra.

CTH - No intra or extra-axial haemorrhage seen. Diffuse involuntional changes noted. Minimal scalp haematoma is noted in the right frontal and parietal region.

Treated with chlordiazepoxide regime, diazepam, pabrinex and vitamins. Continued to have hallucinations - required 9 days of pabrinex.

Reviewed by ALN - known to services already in Brighton (CGL), community support in place. Will be followed up.

**Special Requirements****Have you Issued a MED 3 & Period Signed Off?****Blood Test Results**

**Planned Management** Discharged, no follow up CGL will follow up - key worker is Will

**Request for GP****Information to Patient****Preventing blood clots after discharge**

The risk of developing blood clots can persist for some weeks after discharge. Immobility & dehydration can be a contributory factor.

Drink plenty of fluids if your medical condition allows you to & keep as mobile as possible.

Please follow the advice you were given if discharged with any anti-embolism stockings or anticoagulant drugs/Injections.

There are certain signs to look out for that could mean that you have a blood clot. You should contact your doctor immediately if you develop any of the following symptoms while you are in hospital or after you go home.

- Leg pain
- Leg swelling
- Warm or discoloured skin on the legs
- Enlarged or more noticeable veins near the surface of the skin on your legs
- New onset shortness of breath
- Unexplained chest pain
- Coughing up blood

Further information: Please phone your GP, NHS 111 service or in the event of Emergency Telephone 999

Dr Rosemary Roberts, Junior Doctor

27 Jul 2020

If you have any questions or concerns regarding this Discharge summary please contact Dr Rosemary Roberts.

Patrick Francis Southern NHS No: 651 087 8186

Hospital No: C2410186 Date of Birth: 15 Dec 1977 Page 3 of 3 Date Printed: 27/07/2020 15:50

**Referral for further care**

**07-July-2020 Mrs Alison Culmer (ACU)**

**Additional:**Referral for further care

*referral ltr to neuro via ERS*

**Filename:** Referral for further care SOUTHERN, Patrick (Mr) 1126 07-Jul-2020.rtf

**Extension:**.tif

**Pages:**

**Ardingly Court Surgery**

Dr S Barker - Dr E Turlini – Dr E Howard – Dr S Mitchell

1 Ardingly Street

Telephone 01273 688333

Brighton

Fax 01273 671128

BN2 1SS

[www.ardinglycourt.surgery.co.uk](http://www.ardinglycourt.surgery.co.uk)

Dictated: 03 Jul 2020

Ref: SM/ac

Typed: 07-Jul-2020

PRIVATE &amp; CONFIDENTIAL

Neurology

Dear Colleagues

**SOUTHERN, Patrick (Mr)****Date of Birth: 15-Dec-1977, NHS Number: 651 087 8186****11 Kebbell Lodge, High Street, Brighton, East Sussex, BN2 1SU****Home Telephone: Mobile Telephone: 07950267766**

I would be very grateful if you would consider seeing this 42 year old gentleman in your clinic. He has previously been under Dr John Young, Consultant Neurologist and the last letter we have on the system is for 8<sup>th</sup> April 2019.

At the time it appeared he was refusing to take any of his anti-epileptic medication, although I can confirm that he is on Levetiracetam 500 mg twice a day and is collecting the scripts. I think he started taking these following a hospital admission in August last year.

His diagnosis is complex with partial seizures and I note that he has not had an EEG done as he declined. To add to the complexity he does have an alcohol dependence problem, for which he recently referred himself to CGL as he now has 10 month old twins and is keen to improve his lifestyle so that he can help raise them.

To this end, I would be very grateful if you would consider seeing him in clinic to ensure we are optimising his medication with the aim of getting him seizure free if possible.

Thank you for your expert advice.

Yours sincerely

Dictated but not signed to avoid delay

**Dr Sean Mitchell**

#### Allergies

Date	Description	Associated Text
20-Apr-2006	Adverse reaction to penicillins	

#### Problems

##### Active

Date	Problem	Associated Text	Date Ended
22-Jun-2020	Seizure		
04-Aug-2019	Complex partial epileptic seizure		
12-Feb-2019	Epilepsy		
15-Mar-2010	[D]Restlessness and agitation		

##### Significant Past

Date	Problem	Associated Text	Date Ended
18-Jun-2019	[D]Seizure NOS		27-Jun-2019
25-Oct-2018	[D]Seizure NOS		18-Jan-2019
18-Oct-2018	Primary repair of tendon	- ruptured distal bicep - left	23-Jul-2019
09-Oct-2018	Rupture biceps tendon	left distal	12-Jul-2019
02-Jun-2009	Alcohol problem drinking		

**Medication****Acute**

Drug	Dosage	Quantity	Last Issued On
------	--------	----------	----------------

**Repeat**

Drug	Dosage	Quantity	Last Issued On
Thiamine 100mg tablets	One To Be Taken Twice A Day	56 tablet	03-Jul-2020
Levetiracetam 500mg tablets	Take 1 tablet (500mg) twice a day.	120 tablet	02-Jun-2020
Sertraline 100mg tablets	One To Be Taken Each Day	56 tablet	03-Sep-2019

THIRD PARTY COPY

e-RS Letter (07-Jul-2020)

07-July-2020 Mrs Alison Culmer (ACU)

Additional:e-RS Letter (07-Jul-2020)

NHS e-Referral UBRN 000349198279 for Neurology referral

Filename: 2007071132\_NHS e-RS Letter.rtf

Extension:.tif

Pages:

## Clinical Information Summary

Patient: **Southern, Mr Patrick**  
 UBRN: **000349198279**  
 NHS: **651 087 8186**

Date of Birth: **15-Dec-1977**  
 Age: **42y**  
 Gender: **M**

### UBRN Information

Date:	<b>07-Jul-2020</b>	UBRN Created	
Priority:	<b>Routine</b>	Referral letter created	
Referred by:	<b>BARKER, Samantha (Dr)</b>	Letter last modified	<b>07-Jul-2020</b>
Referring org:		Named clinician	
Address:	<b>1 Ardingly Street Brighton East Sussex BN2 1SS</b>	Allocated clinician	
Clinical Context:	<b>NHS e-Referral Service</b>		
Location:			
Problem:			
Requested procedure	<b>-</b>		

### Patient Information

Patient Address	<b>11 Kebbell Lodge High Street Brighton East Sussex BN2 1SU</b>	Registered practice: Address	<b>Ardingly Court Surgery 1 Ardingly Street Brighton East Sussex BN2 1SS</b>
Contact Information	<b>Contact details available when reviewing online</b>		

### Risk to others

**Risk to others**  
 No risk to others recorded / selected.

### Problem being referred

### Requested action

Requested action                    **Management Advice**  
 Request action Comments

### Medication

#### Medication

##### Repeat

Drug	Dosage	Quantity	Last Issued On
Thiamine 100mg tablets	One To Be Taken Twice A Day	56 tablet	03-Jul-2020
Levetiracetam 500mg tablets	Take 1 tablet (500mg) twice a day.	120 tablet	02-Jun-2020
Sertraline 100mg tablets	One To Be Taken Each Day	56 tablet	03-Sep-2019

### Clinical record details

#### Consultations

#### Problems

##### Active

Date	Problem	Associated Text	Date Ended
22-Jun-2020	Seizure		
04-Aug-2019	Complex partial epileptic seizure		
12-Feb-2019	Epilepsy		
15-Mar-2010	[D]Restlessness and agitation		

### Allergies and intolerances

#### Allergies

Date	Description	Associated Text
20-Apr-2006	Adverse reaction to penicillins	

**Findings****All Patient Observations****Investigations And Values**

Date	Description	Value	Units	Range
22-Oct-2015	O/E - blood pressure reading	129/81	mmHg	

**Family History****Family History****Social Context****Alcohol Consumption**

Date	Description	Value	Units	Range
22-Oct-2015	Alcohol consumption	2	U/week	

**Smoking**

Date	Description
22-Oct-2015	Cigarette smoker

**Non-Therapeutic Drug Use****Employment**

Date	Description
09-Nov-2018	Discharged from services

Referral for further care SOUTHERN, Patrick (Mr) 1126 07-Jul-2020.rtf

THIRD PARTY COPY

**Administrative procedure**

**03-July-2020 Mrs Paula Fuller (PF)**

**Additional:**Administrative procedure

*Book blood test*

**Filename:** Administrative procedure SOUTHERN, Patrick (Mr) 1531 03-Jul-2020.rtf

**Extension:**.tif

**Pages:**

### **Ardingly Court Surgery**

Dr S Barker - Dr E Turlini – Dr E Howard – Dr S Mitchell

1 Ardingly Street  
Brighton  
BN2 1SS

Telephone 01273 688333  
Fax 01273 671128  
[www.ardinglycourt.surgery.co.uk](http://www.ardinglycourt.surgery.co.uk)

---

03-Jul-2020

PRIVATE & CONFIDENTIAL

Mr P Southern  
11 Kebbell Lodge  
High Street  
Brighton  
East Sussex  
BN2 1SU

Dear Mr Southern

Please call the surgery on the number above to book an appointment for a blood test with a Health Care Assistant.

**If possible please call the surgery after 10:30AM as our phone lines are busiest in the morning.**

Yours sincerely

Ardingly Court Surgery

**Appointment****25-Jun-2020 Mrs Paula Fuller (PF)****Additional:**Appointment*Book tele app with doctor with SM re recent a&e admission***Filename:** Appointment SOUTHERN, Patrick (Mr) 0919 25-Jun-2020.rtf**Extension:**.tif**Pages:****Ardingly Court Surgery**

Dr S Barker - Dr E Turlini – Dr E Howard – Dr S Mitchell

1 Ardingly Street  
Brighton  
BN2 1SSTelephone 01273 688333  
Fax 01273 671128  
[www.ardinglycourt.surgery.co.uk](http://www.ardinglycourt.surgery.co.uk)

25-Jun-2020

PRIVATE &amp; CONFIDENTIAL

Mr P Southern  
11 Kebbell Lodge  
High Street  
Brighton  
East Sussex  
BN2 1SU

Dear Mr Southern

Please call the surgery on the number above to book a telephone appointment with your doctor.

Yours sincerely

Ardingly Court Surgery

## Attachment

22-Jun-2020 Mr PCTItd DOCMAN (docman)

Additional: Attachment

Clinic Letter Royal Sussex County Hospital Accident &amp; Emergency

Filename: D10\_G81006\_504333\_f10ca13f-4d01-454c-bc8e-ca967f43f074.TIF.XX2

Extension: .tif

Pages:

High Priority

Dr SJ BARKER  
ARDINGLY COURT SURGERY  
1 ARDINGLY STREET  
BRIGHTON  
EAST SUSSEX  
BN2 1SS

A&E DEPARTMENT  
ROYAL SUSSEX COUNTY HOSPITAL  
EASTERN ROAD  
BRIGHTON BN2 5BF

Dear Dr BARKER

Re: Patrick Southern  
11 KEBBELL LODGE  
HIGH STREET  
BRIGHTON  
EAST SUSSEX  
BN2 1SU

Date of Birth : 15 Dec 1977  
NHS Number : 651 087 8186  
Hospital No : 3137898  
A&E Number : RSCH-20-035958-1  
Date : 22 Jun 2020

This patient attended the Emergency Department at this hospital at 10:00 on 22 Jun 2020  
The recorded COMPLAINT was : seizure  
The SOURCE OF THE REFERRAL was : Relative

**PATHOLOGY :**

1. Magnesium, Coagulation Test, C-Reactive Protein, Calcium, Full Blood Count, Urea & Electrolytes, Liver Function Tests, Amylase - Venous Blood

**OTHER TESTS:**

ECG, Blood Gases

**DIAGNOSIS:**

1. Other nervous system disorder (see free text), h/o alcohol related seizures on keppra and compliant. Witnessed seizure by partner today, longer post ictal period than usual and called 999. Lfts deranged, other bloods unremarkable. d/w patient regarding alcohol consumption, advised contact CGL for help with detox in the community. Has been advised to SLOWLY reduced consumption. Paramedic concern regarding living conditions, awaiting new council property as family cramped in 1 bed flat. Safeguarding raised.

**ALLERGIES:** Penicillins

**Discharge Outcome:** GP Follow up needed **GP Comments**  
please ensure patient f/u by neurology and referral to CGL  
If you have any queries, please contact us.

Yours sincerely,  
Dr. Naoko McCabe, A&E Registrar

Consultants: F.Barratt, D.Bootland, E.Coughlan, M.Duff, M.Finn  
R.Galloway, M.McKenzie, M.Nelson, S.ORiordan  
A.Ogilvie, S.Parker, N.Parmar, P.A.Ransom

RECEIVED  
24 JUN 2020

## Administration

06-Aug-2019 Dr Neil Singh (NSINGH251)

Additional:Administration

GAD PHQ\_GP referral 150329

Filename: Administration SOUTHERN, Patrick (Mr) 0910 06-Aug-2019.rtf

Extension:.tif

Pages:

Brighton and Hove Wellbeing  
Service

0300 002 0060

BICS.brighton-and-hove-wellbeing@nhs.net

Name: \_\_\_SOUTHERN, Patrick (Mr) \_

NHS Number: \_\_651 087 8186

## GAD7

Over the last 2 weeks, how often have you been bothered by any of the following problems?		Not at all	Sever al days	More than half the days	Nearly every day
1	Feeling nervous, anxious or on edge	0	1	2	3
2	Not being able to stop or control worrying	0	1	2	3
3	Worrying too much about different things	0	1	2	3
4	Trouble relaxing	0	1	2	3
5	Being so restless that it is hard to sit still	0	1	2	3
6	Becoming easily annoyed or irritable	0	1	2	3
7	Feeling afraid as if something awful might happen	0	1	2	3
		GAD7 Total Score			

## PHQ 9

Over the last 2 weeks, how often have you been bothered by any of the following problems?		Not at all	Sever al days	More than half the days	Nearly every day
1	Little interest or pleasure in doing things	0	1	2	3
2	Feeling down, depressed, or hopeless	0	1	2	3
3	Trouble falling or staying asleep, or sleeping too much	0	1	2	3
4	Feeling tired or having little energy	0	1	2	3
5	Poor appetite or overeating	0	1	2	3
6	Feeling bad about yourself — or that you are a failure or have let yourself or your family down	0	1	2	3
7	Trouble concentrating on things, such as reading the newspaper or watching television	0	1	2	3
8	Moving or speaking so slowly that other people could have noticed? Or the opposite — being so fidgety or restless that you have been moving around a lot more than usual	0	1	2	3
9	Thoughts that you would be better off dead or of hurting yourself in some way	0	1	2	3
		PHQ9 total score			

		Not at all	Occasio	Sometim	Often	Most/All of the time
10	Over the last week I made plans to end my life	0	1	2	3	4

## GP out of hours service administration

05-Aug-2019 Mrs Paula Fuller (PF)

Additional:GP out of hours service administration

GP out of hours service administration

Filename: OOH report (03-Aug-2019).txt  
Extension: .tif  
Pages:

OOH \*\*\*  
To: OOH Post Master  
From: OOH  
At: EMIS  
Subject: Patrick SOUTHERN 15-Dec-1977 (Age: 41 yrs)  
Priority: Urgent  
Call #: 1904353765 Received: 03/08/2019 08:50:57

Patients Name: Patrick SOUTHERN  
NHS No: 6510878186  
Date of Birth: 15-Dec-1977  
Gender: Male  
Address: FLAT 9  
GREENACRES  
CENTRAL AVENUE  
TELSCOMBE CLIFFS  
PEACEHAVEN  
BN10 7LY

Tel No: 07796 944836  
Origin: Paramedic on Scene  
Urgency: Urgent  
Call-Type: Advice  
Own Doctor: UNKNOWN  
Consulted by: None

Received: 03/08/2019 08:50:57 Passed:  
Advised: 09:06 Arrived PCC:  
Cons Start: Cons End:

=====  
Message to surgery:  
=====

Reported Condition:

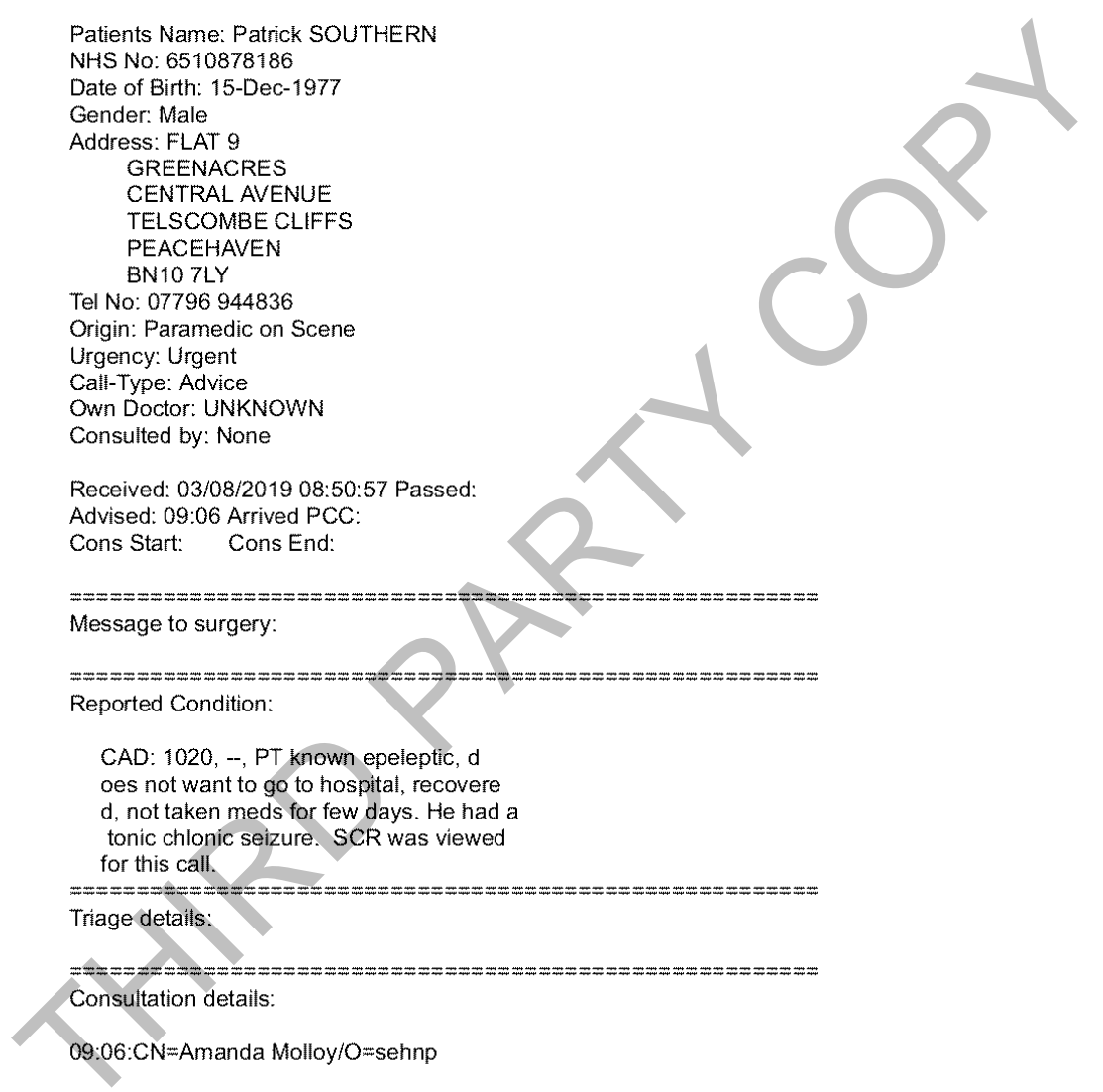
CAD: 1020, --, PT known epeleptic, d  
oes not want to go to hospital, recovere  
d, not taken meds for few days. He had a  
tonic chlonic seizure. SCR was viewed  
for this call.

=====  
Triage details:  
=====

Consultation details:

09:06:CN=Amanda Molloy/O=sehnp

History:  
Spoke to Hannah - paramedic on scene.[BR



]Patrick is a known epileptic and is on levetiracetam., He stopped taking it a few days ago to go drinking and now had a big fit this am., Partner is 8 mths pregnant with twins and they have come out of Brighton to peacehaven for the weekend and left meds behind, staying with family., , Crew assessing say he was fine, obs normal and GCS 15 but I have asked to speak with im and when they have gone to pass me over he is "having an absence", Adv convey him to A&E because he has the double whammy of anticonvulsent withdrawal and alcohol withdrawal., There is a small but significant death rate still associated with epilepsy., , PMH GM epilepsy.[BR]Meds Levetiracetam, on an increasing course, had got up to 500mg bd, stopped it 3-4 d ago., , NKDA

Examination:

With amb crew

Diagnosis:

Poorly controlled epilepsy.

Treatment:

They will try and persuade him to go to A&E, I will send script to local pharmacy so he has supplies bfor rest of weekend as their flat is inaccessible during Brighton Pride weekend., , Kamsons, Telscome Cliffs., , GP - DOES THERE NEED TO BE A SAFEGUARDING ASSESSMENT FOR THE UNBORN TWINS??

Prescription(s):

=====

Follow Up: None

**Attachment**

04-Aug-2019 Mr PCTItd DOCMAN (docman)

Additional:Attachment

*Discharge Letter/Summary Royal Sussex County Hospital Hospital Discharge*

File name: D10\_G81006\_504333\_e2cac28a-a7f8-4bdb-b574-2266ec1694cc.TIF.XX2

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Pages:



**Brighton and Sussex  
University Hospitals**

NHS Trust

«HCOAddress\_1»

**eSummary for** Patrick Southern **NHS No:** 651 087 8186 **Trust ID:**3137898

**GPs requiring urgent clinical advice in regards to this discharge summary:** Please contact the clinical team directly.

Other GP queries relating to this discharge should be addressed to [bsu-tr.IQTeam@nhs.net](mailto:bsu-tr.IQTeam@nhs.net)

Dr Sj Barker

**Ardingly Court Surgery**

1 Ardingly Street

Brighton

East Sussex

BN2 1SS

**G81006 / 09D**

\*Information for patient: please see Medication section below

**Patient queries regarding this discharge:** Please contact the discharging ward on 01273 696955 ext. TBC

<b>Patient Details</b>		<b>NHS No:</b> 651 087 8186	<b>Trust ID:</b> 3137898
Patrick Southern		Mr (Male)	15 Dec 1977 Age: 41
<b>Patient's Permanent Address</b> 11 Kebbell Lodge High Street Brighton EAST SUSSEX  BN2 1SU		<b>Temporary Address:</b>   <b>Phone:</b> <b>From: To:</b>	
<b>BSUH Discharge Details</b>		<b>Spell ID :</b> I1900072744S	
<b>Admission Date:</b>	03-Aug-2019 13:53	<b>Discharge Date:</b> 04-Aug-2019 10:20	
<b>Discharged To:</b>	Not set Usual place of residence		
<b>Consultant:</b>	Dr Vijay HAJELA/Acute Medicine		
<b>Discharge Ward:</b>	<b>RSCH Acute Admissions Unit (AAU Ward) - Level 5</b>	Loc:Bed B2	
<b>DIAGNOSES (Relevant to this admission)</b>			
<b>Clinical Diagnosis (Presenting Complaints)</b>	Complex partial seizures on background of epilepsy		
<b>Clinical Narrative</b> <i>[Brief clinical notes relevant to this admission]</i>	Mr Southern was admitted to RSCH A&E on 3/8/19. He has a background of epilepsy. He awoke that day feeling vague and confused and so felt he had had a seizure. Ambulance was called. Whilst with crew he had a seizure of 2 minutes duration, with tongue biting. When in A&E he had a further seizure with a violent post-ictal phase. Seizure was terminated with IM lorazepam and he was loaded with Keppra. He admits to being non-compliant with anti-epileptic medicine and drinking alcohol ++ every day for last 5/7. We restarted regular keppra. He is a builder by trade and needs to drive for work but we advised it would be illegal for him to drive at this point, and he should inform the DVLA. We also advised to reduce alcohol intake as this may benefit seizure frequency positively. He agreed to this. He is now MRFD		
<b>Relevant Past Medical History:</b>	EtOH excess Epilepsy		
<b>Social History (Health Status Factors):</b>	Independent		
<b>Current Alerts</b>			

One copy to be inserted into the Correspondence section of Hospital Records

Page 1 of 5

Print Date: «CreatedOn» «CreatedAt» by:«CreatedBy»



**Brighton and Sussex  
University Hospitals**

NHS Trust

«HCOAddress\_1»

**eSummary for** Patrick Southern

**NHS No:** 651 087 8186

**Trust ID:**3137898

**GPs requiring urgent clinical advice in regards to this discharge summary:** Please contact the clinical team directly.

Other GP queries relating to this discharge should be addressed to [bsu-tr.IQTeam@nhs.net](mailto:bsu-tr.IQTeam@nhs.net)

TREATMENT	
Operation/Procedure/Therapy	Anti-epileptic medicines Advised not to drive

One copy to be inserted into the Correspondence section of Hospital Records

Print Date: «CreatedOn» «CreatedAt» by:«CreatedBy»

Page 2 of 5

THIRD PARTY COPY





**Brighton and Sussex  
University Hospitals**  
NHS Trust

«HCOAddress\_1»

**eSummary for** Patrick Southern

**NHS No:** 651 087 8186

**Trust ID:**3137898

**GPs requiring urgent clinical advice in regards to this discharge summary:** Please contact the clinical team directly.

Other GP queries relating to this discharge should be addressed to [bsu-tr.IQTeam@nhs.net](mailto:bsu-tr.IQTeam@nhs.net)

Community Pharmacy Details	
Name	
Telephone	
Fax	
Email	

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**Brighton and Sussex  
University Hospitals**  
NHS Trust

«HCOAddress\_1»

**eSummary for** Patrick Southern      **NHS No:** 651 087 8186      **Trust ID:**3137898

**GPs requiring urgent clinical advice in regards to this discharge summary:** Please contact the clinical team directly.  
Other GP queries relating to this discharge should be addressed to [bsu-tr.IQTeam@nhs.net](mailto:bsu-tr.IQTeam@nhs.net)

Patrick Southern	<b>NHS No:</b> 651 087 8186	<b>Trust ID:</b> 3137898
------------------	-----------------------------	--------------------------

<b>FUTURE MANAGEMENT</b>	
Secondary Care Follow Up Plan	Nil hospital FU required
Advice for Primary Care Follow Up	Many thanks for your ongoing care. Please see this gentleman in 2-3/52 time to assess antiepileptic medicine response. Please review MH and EtOH intake.
<b>Information given to Patient/Carer</b>	<b>Please arrange an appointment with your GP for 2-3 weeks time. This is to assess response to antiepileptic medicine and your wellbeing.</b>
<p>** You should leave hospital with written advice about your risk of DEEP VEIN THROMBOSIS. Should you need a further copy of this advice please contact the ward to which you were admitted. You can also download this information at <a href="http://www.bsuh.nhs.uk">www.bsuh.nhs.uk</a> , select: Patient Leaflets and search for "prevent blood clots"</p>	

<b>DISCHARGE CONTACT INFORMATION</b>	
Consultant	
Discharge To Location	Not set
Additional Discharge Comment	
Additional Multi-Disciplinary notes	

<b>PRESCRIBER'S DETAILS</b>	
John Castle FY1	
Contact Details	RSCH bleep 8528

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## Attachment

03-Aug-2019 Mr PCTItd DOCMAN (docman)

Additional: Attachment

Clinic Letter Royal Sussex County Hospital Accident &amp; Emergency

Filename: D10\_G81006\_504333\_77b739f4-8e36-48b1-8248-8325e95efd9b.TIF.XX2

Extension: .tif

Pages:

Dr SJ BARKER  
THE SURGERY  
ARDINGLY COURT  
1 ARDINGLY STREET  
BRIGHTON  
BN2 1SS

Dear Dr BARKER

Re: Patrick Southern  
11 KEBBELL LODGE  
HIGH STREET  
BRIGHTON  
EAST SUSSEX  
BN2 1SU

Date of Birth 15 Dec 1977  
NHS Number 651 087 8186  
Hospital No 3137898  
A&E Number: RSCH-19-054306-1  
Date : 03 Aug 2019

This patient attended the Emergency Department at this hospital at 09:56 on 03 Aug 2019  
The recorded COMPLAINT was : ?seizure  
The SOURCE OF THE REFERRAL was : Self

**PATHOLOGY :**

1 Coagulation Test, First Time Seizure (FBC, U&E, Calcium, Magnesium, Gamma GT) - Venous Blood

**OTHER TESTS:**

Urinalysis, ECG, Blood Sugar, Blood Gases

**DIAGNOSIS:**

1 Direct admit to a specialty, Seizures

**ALLERGIES:** Penicillins**Discharge Outcome:** Admission**Discharge Outcome**

RSCH - AAU

If you have any queries, please contact us.

Yours sincerely,

Dr. Rachel Tresman, A&E S.H.O

Consultants: F Barratt, D Bootland, E Coughlan, M Duff, M Finn  
R Galloway, M McKenzie, M Nelson, S O'Riordan  
A. Ogilvie, S. Parker, N. Parmar, P A. Ransom

RECEIVED

6 AUG 2019

**Administration****10-July-2019 Mrs Victoria Harman (VH251)****Additional:**Administration*Book app with doctor : re task 4.7.19 to book app for 3 wks time with NS***File name:** Administration SOUTHERN, Patrick (Mr) 0927 10-Jul-2019.rtf**Extension:**.tif**Pages:****Ardingly Court Surgery**

Dr S Barker - Dr E Turlini – Dr N Singh – Dr L Howard

1 Ardingly Street  
Brighton  
BN2 1SSTelephone 01273 688333  
Fax 01273 671128  
[www.ardinglycourt.surgery.co.uk](http://www.ardinglycourt.surgery.co.uk)

10-Jul-2019

PRIVATE &amp; CONFIDENTIAL

Mr P Southern  
11 Kebbell Lodge  
High Street  
Brighton  
East Sussex  
BN2 1SU

Dear Mr Southern

Please call the surgery on the number above to book an appointment with your doctor.

Yours sincerely

Ardingly Court Surgery

## Attachment

18-Jun-2019 Mr PCTItd DOCMAN (docman)

Additional:Attachment

Clinic Letter Royal Sussex County Hospital Accident &amp; Emergency

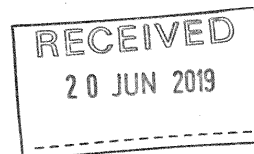
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Extension:.tif

Pages:

High Priority

Dr E TURLINI  
THE SURGERY  
ARDINGLY COURT  
1 ARDINGLY STREET  
BRIGHTON  
BN2 1SS



Dear Dr TURLINI

Re: Patrick Southern  
11 KEBBELL LODGE  
HIGH STREET  
BRIGHTON  
BN2 1SU

Date of Birth : 15 Dec 1977  
NHS Number :  
Hospital No : 3137907  
A&E Number : RSCH-19-042200-2  
Date : 18 Jun 2019

This patient attended the Emergency Department at this hospital at 17:01 on 18 Jun 2019  
The recorded COMPLAINT was : **abdo pain**  
The SOURCE OF THE REFERRAL was : **GP**

**HISTORY:**

seen overnight yesterday with seizure ? new diagnosis of epilepsy. was complaining of Left lower abdominal pain and ? discussion as to whether he had torsion. was discharged, went to see gp this afternoon due to left lower abdominal pain and was advt cb for urology review in case he has a torred L testicle. been with partner for 5y, she has had recent sti screen as pregnant with twins nad.pmh - epilepsydh - levetiracetam, allergy penicillin

**EXAMINATION:**

appears well, normal gait. normal lie of testes, move up with coughing. no scrotal swelling or oedema. tender more in the lower L abominal wall, no testicle or epididymal discomfort. urine dip nad. no dysuria/frequency/haematuria.reassured, no evidence torsion, more likely muscular ? related to seizure activity. tto analgesia.

**OTHER TESTS:**

Urinalysis

**DIAGNOSIS:**

1. Torsion of hydatid of Morgagni, see free text

**PRESCRIPTIONS:**

Co-codamol 30/500 , Tablets / Capsules, Oral, 2 tablets, QDS for 7 days  
Naproxen , Tablets / Capsules, Oral, 500 mg, BD for 7 days, after food

**ALLERGIES:** Penicillins

**Discharge Outcome:** GP Follow up if required  
If you have any queries, please contact us.

Yours sincerely,  
Dr. Russell Donald, Primary Care Doctor

Consultants: F.Barratt, D.Bootland, E.Coughlan, M.Duff, M.Finn  
R.Galloway, M.McKenzie, M.Nelson, S.ORiordan  
A.Ogilvie, S.Parker, N.Parmar, P.A.Ransom

## Attachment

18-Jun-2019 Mr PCTItd DOCMAN (docman)

Additional:Attachment

Clinical Letter Royal Sussex County Hospital Hospital Discharge

Filename: D10\_G81006\_504333\_b81f0967-e17d-4fda-b1f9-e1211bb09438.TIF.XX2

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Pages:



**Brighton and Sussex  
University Hospitals**  
NHS Trust

«HCOAddress\_1»

**eSummary for** Patrick Southern      **NHS No:**      **Trust ID:**3137907

**GPs requiring urgent clinical advice in regards to this discharge summary:** Please contact the clinical team directly.

Other GP queries relating to this discharge should be addressed to [bsu-tr.IQTeam@nhs.net](mailto:bsu-tr.IQTeam@nhs.net)

Dr E Turlini

**Ardingly Court Surgery**

1 Ardingly Street

Brighton

East Sussex

BN2 1SS

G81006 / 09D

\*Information for patient: please see Medication section below

**Patient queries regarding this discharge:** Please contact the discharging ward on 01273 696955 ext. TBC

<b>Patient Details</b>		<b>NHS No:</b>	<b>Trust ID:</b> 3137907
Patrick Southern		Mr (Male)	15 Dec 1977 Age: 41
<b>Patient's Permanent Address</b> 11 Kebbell Lodge High Street Brighton  BN2 1SU		<b>Temporary Address:</b>    <b>Phone:</b> <b>From: To:</b>	
<b>BSUH Discharge Details</b>		<b>Spell ID :</b> I1900055509S	
<b>Admission Date:</b>	17-Jun-2019 20:51	<b>Discharge Date:</b> 18-Jun-2019 14:33	
<b>Discharged To:</b>	04 NON-HOSPITAL DESTINATION WITHIN THE UK (E.G. HOME AS CODED IN LOCATION) Usual place of residence		
<b>Consultant:</b>	Dr Abarna RATNARAJAH/Acute Medicine		
<b>Discharge Ward:</b>	<b>RSCH Acute Admissions Unit (AAU Ward) - Level 5</b>	Loc:Bed D4	
<b>DIAGNOSES (Relevant to this admission)</b>			
<b>Clinical Diagnosis (Presenting Complaints)</b>	Seizure		
<b>Clinical Narrative</b> <i>[Brief clinical notes relevant to this admission]</i>	This gentleman presented after 2 seizures. He has previously been seen in neurology clinic for complex partial seizures secondary to hippocampal sclerosis seen on MR imaging. He has not been taking his Keppra. He has agreed to now commence anti epileptic therapy and is aware of driving rules.		
<b>Relevant Past Medical History:</b>			
<b>Social History (Health Status Factors):</b>	Independent		
<b>Current Alerts</b>			
<b>TREATMENT</b>			
Operation/Procedure/Therapy	As above		

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**Brighton and Sussex  
University Hospitals**

NHS Trust

«HCOAddress\_1»

**eSummary for** Patrick Southern

**NHS No:**

**Trust ID:**3137907

**GPs requiring urgent clinical advice in regards to this discharge summary:** Please contact the clinical team directly.

Other GP queries relating to this discharge should be addressed to [bsu-tr.IQTeam@nhs.net](mailto:bsu-tr.IQTeam@nhs.net)

medications, the hospital encourages you to share a copy of this discharge summary with them directly

Community Pharmacy Details	
Name	
Telephone	
Fax	
Email	

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**Brighton and Sussex  
University Hospitals**  
NHS Trust

«HCOAddress\_1»

**eSummary for** Patrick Southern      **NHS No:**      **Trust ID:**3137907

**GPs requiring urgent clinical advice in regards to this discharge summary:** Please contact the clinical team directly.  
Other GP queries relating to this discharge should be addressed to [bsu-tr.IQTeam@nhs.net](mailto:bsu-tr.IQTeam@nhs.net)

Patrick Southern	<b>NHS No:</b>	<b>Trust ID:</b> 3137907
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<b>FUTURE MANAGEMENT</b>	
Secondary Care Follow Up Plan	None planned
Advice for Primary Care Follow Up	Many thanks for your continued care Please titrate Keppra 2 weekly as tolerated
<b>Information given to Patient/Carer</b>	<b>Informed throughout</b>
<p>** You should leave hospital with written advice about your risk of DEEP VEIN THROMBOSIS. Should you need a further copy of this advice please contact the ward to which you were admitted. You can also download this information at <a href="http://www.bsuh.nhs.uk">www.bsuh.nhs.uk</a> , select: Patient Leaflets and search for “prevent blood clots”</p>	

<b>DISCHARGE CONTACT INFORMATION</b>	
Consultant	
Discharge To Location	04 NON-HOSPITAL DESTINATION WITHIN THE UK (E.G. HOME AS CODED IN LOCATION)
Additional Discharge Comment	
Additional Multi-Disciplinary notes	

<b>PRESCRIBER'S DETAILS</b>	
Donnelly FY2	
Contact Details	8980

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**Attachment**

08-Apr-2019 Mr PCTIld DOCMAN (docman)

Additional:Attachment

BSUH - Clinical Letter Brighton and Sussex University Hospitals NHS Trust Epilepsy

File name: D10\_G81006\_504333\_745f0d5e-d0c0-4ad0-a9b1-8c673172c184.TIF.XX2

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**Brighton and Sussex**   
**University Hospitals**

NHS Trust

**DEPARTMENT OF NEUROSCIENCES**

Ref: JY/AE/3011577

Dr S Barker  
Ardingly Court Surgery  
1 Ardingly Street  
Brighton  
BN2 1SS

Dictated: 08-Apr-2019

Typed: 11-Apr-2019

**Electronically Delivered**

Dear Dr Barker

**Re: Patrick Southern, DOB: 15/12/1977**  
**11 Kebbell Lodge, High Street, Brighton, East Sussex BN2 1SU**

I saw this gentleman at the general Neurology Clinic at Hurstwood Park, four months since he was last seen, with his girlfriend present. As you recall he had described four years of complex partial seizures and there had been a flurry of major convulsions in October, with his girlfriend witnessing one of the convulsions evolving from the complex partial seizure. This was entirely consistent with a diagnosis of epilepsy and I arranged an MRI scan of the brain and EEG to be performed, as well as prescribing Carbamazepine.

He has undergone the MRI brain scan which demonstrated probable left mesial temporal sclerosis, which would certainly be consistent with a diagnosis of temporal lobe epilepsy. Unfortunately the EEG has not been performed. Even more unfortunately, he has decided against taking the anti-epileptic medication, feeling that these events are more likely to be panic attacks and related to his previous drug and alcohol use.

The events still continue - there have been 3-4 events over the last four weeks, sometimes related to alcohol but at other times when sober. His girlfriend disagrees with his opinion but he is adamant that these events are not those of epilepsy.

We have discussed whether he would undertake an EEG. Quite reasonable he asked whether the EEG would alter my opinion. I explained that this would not. An abnormal EEG would hopefully provide some further localising evidence of which temporal lobe was involved. A normal EEG would not dissuade me from the otherwise convincing description of complex partial seizures and major convulsions. Thus he does not think an EEG would be of any benefit to him and a "waste of tax payer's money". He has declined to undertake it.