

Consultations

<u>30/05/2024 15:55</u>	<u>Mrs Morag Devitt at Sandyford Surgery</u> Hypertension/Asthma A/R - bloods taken. No issues with medication. Weight steady. Not able to do much exercise at the moment as caring for partner and not getting a lot of free time. Trying to home cook and eat well for him also. Asthma review - Using a bit more reliever just now but thinks may be stress and a bit of hayfever. Only using ICS in morning so encouraged to use 2PBD and monitor reliever use. Can get back to us if still having regular symptoms and could consider add in LABA. Encouraged to use spacer and oral care advice reinforced.
Comment	
Test Request	Urea and Electrolytes - <i>Completed</i> , Liver Function Tests - <i>Completed</i> , Lipid profile (inc. HDL) - <i>Completed</i> , Thyroid function tests - <i>Completed</i> , HbA1c - <i>Completed</i> , Full Blood Count - <i>Completed</i>
Examination	Blood pressure reading 122/78 mm Hg O/E - weight, 87 Kg Body Mass Index, 31.57
Social	Ex smoker
Follow up	Alcohol consumption, 4 units/week (diary entry deleted) (Not Known) (diary entry deleted) (Not Known)
Additional	Asthma medication review Spacer device in use Asthma accident and emergency attendance since last visit, 0 Asthma monitoring Medication review done Hypertension monitoring Lifestyle counselling

<u>29/05/2024</u>	<u>at MJog</u> SMS text sent to patient Type: Appointment Reminder Status: Message Delivered Message: Janice Convery Don't forget your appointment at 16:00 on Thursday 30 of May at Sandyford Surgery. If you can't attend call 01412483698 - DO NOT REPLY TO THIS TEXT.
Additional	

<u>15/05/2024</u>	<u>at MJog</u> SMS text sent to patient Type: Appointment Reminder Status: Message Delivered Message: Janice Convery Don't forget your appointment at 16:00 on Thursday 16 of May at Sandyford Surgery. If you can't attend call 01412483698 - DO NOT REPLY TO THIS TEXT.
Additional	

<u>09/05/2024 14:49</u>	<u>Dr Roderick MacNeill at Telephone Consultation</u> Partner terminal terminal. Issues with his side of the family and no help from his two children. Her daughter is great and supportive and has lots of friends who are close. Teaches English as a foreign language in Shawlands and Head is fine with her being off. We will continue to furnish Med3 as long as they are needed. Loves her job and sees the importance of returning when she can. Diazepam Tablets 2 mg 21 TABLET ONE TO BE TAKEN THREE TIMES A DAY WHEN REQUIRED FOR ANXIETY eMED3 (2010) new statement issued, not fit for work FitNote.pdf, (Diagnosis: Family Illness and Stress; Duration: 09/05/2024 - 06/06/2024)
History	
Medication	
Additional	

<u>01/05/2024</u>	<u>at MJog</u> Asthma monitor phone invite Asthma Invite (Text sent)
Additional	

<u>30/04/2024</u>	<u>at MJog</u> Asthma monitor phone invite Asthma Invite (Text sent)
Additional	

<u>11/04/2024 11:20</u>	<u>Dr Mairi Scullion at Telephone Consultation</u> Stress at home See below. Spoke w Janice. Remains under a lot of understandable strain at the moment. Partner palliative and unclear if / when he will deteriorate further. Needing Med 3 for work - dates as below. Also requesting further DPM to use when anxiety bad - aware to try and keep use sparing where possible. Supportive chat. Review PRN Diazepam Tablets 2 mg 21 TABLET ONE TO BE TAKEN THREE TIMES A DAY WHEN REQUIRED FOR ANXIETY Aerochamber Plus Spacer device standard (blue) 1 INVAL (STATUS=C)
Problem (FIRST)	
History	
Medication	

Additional
 Amlodipine Tablets 5 mg 56 TABLET ONE TO BE TAKEN EACH DAY
 Clenil Modulite Cfc-free inhaler 100 micrograms/actuation 1 INHAL 2 Puffs
 Twice daily
 Duloxetine Gastro-resistant Capsules 60 mg 56 CAPSULE ONE TO BE
 TAKEN EACH DAY
 Nortriptyline Capsules 10 mg 56 capsule 1 CAPSULE TO BE TAKEN AT
 NIGHT
 Salbutamol Cfc-free inhaler 100 micrograms/puff 1 op 2 PUFFS QID IF REQ
 eMED3 (2010) new statement issued, not fit for work FitNote.pdf, (Diagnosis:
 family illness and stress; Duration: 11/04/2024 - 09/05/2024)

19/03/2024 13:38 Dr Fiona Clarey at Data Entry
 Additional
 eMED3 (2010) new statement issued, not fit for work FitNote.pdf, (Diagnosis:
 Family illness and stress; Duration: 19/03/2024 - 02/04/2024)

07/03/2024 17:18 Dr Roderick MacNeill at Data Entry
 Additional
 eMED3 (2010) new statement issued, not fit for work FitNote.pdf, (Diagnosis:
 Family illness and Stress; Duration: 07/03/2024 - 21/03/2024)

22/02/2024 12:07 Dr Gail Henderson at Telephone Consultation
 History
 [REDACTED], her partner is terminal, oncologist not giving him any more chemo.
 Janice feeling quite anxious and overwhelmed. His family being pushy re
 Janice and saying she is after his money and flat eventhough she has her own
 flat. She is working and that is her lifeline, her job is 9am-3pm in Shawlands
 Primary and keen to keep working. Nurses come in twice weekly to see
 him. Asking for something to use prn for anxiety. Similar situation in 2022 and
 diazepam helped then.
 Medication
 Salbutamol Cfc-free inhaler 100 micrograms/puff 1 op 2 PUFFS QID IF REQ
 Clenil Modulite Cfc-free inhaler 100 micrograms/actuation 1 INHAL 2 Puffs
 Twice daily
 Duloxetine Gastro-resistant Capsules 60 mg 56 CAPSULE ONE TO BE
 TAKEN EACH DAY
 Nortriptyline Capsules 10 mg 56 capsule 1 CAPSULE TO BE TAKEN AT
 NIGHT
 Amlodipine Tablets 5 mg 56 TABLET ONE TO BE TAKEN EACH DAY
 Aerochamber Plus Spacer device standard (blue) 1 INVAL (STATUS=C)
 Additional
 Medication review done by doctor